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CABLE GUIDE

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August 2000



How Rene Russo went further than ever
before to seduce Pierce Brosnan in ...

The Thomas Crown Affair

Premiering on Front Row

ntl

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*NOP Research, 1998

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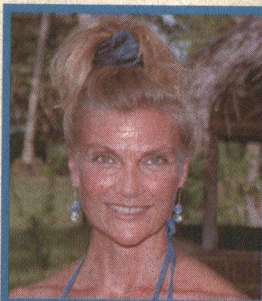
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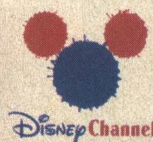


'THERE HAS BEEN
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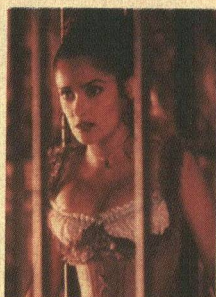
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**DON'T FORGET – DISNEY CHANNEL'S HOURS
ARE EXTENDED THROUGHOUT THIS MONTH**



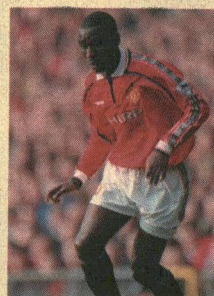
Film

Will Smith, Kevin Kline
and Salma Hayek team
up for comic adventure
in **WILD WILD WEST**
(Front Row, from
Monday 21st); Hugh
Grant gets a crash
course in Mafia manners
as he meets his
prospective in-laws in
crime comedy **MICKEY
BLUE EYES** (Front Row,
from Friday 11th)



Sport

The curtain-raiser to the
new football season
sees Manchester United
and Chelsea contesting
the **FA CHARITY
SHIELD** (Sky Sports 2,
Sunday 13th); Tiger
Woods and Sergio
Garcia go head to head
in the **BATTLE AT
BIGHORN** (Sky Sports 1,
Monday 28th) from
Palm Desert, California



Comedy

Hit US sitcom **KING OF
QUEENS** returns for a
new series (Paramount
Comedy Channel,
weekdays from
Wednesday 23rd);
MTV's **THE RICHARD
BLACKWOOD
COMEDY WEEKEND**
(Saturday 5th-Sunday
6th) showcases the very
best of the channel's
comedy output



Drama

Ross Kemp plays cynical
barrister Sam Lucas in
the legal drama **IN
DEFENCE** (ITV2,
Sundays from 13th);
Warren Clarke and Colin
Buchanan are **DALZIEL
AND PASCOE**
(Saturdays from 5th);
**XENA: WARRIOR
PRINCESS** reaches a
season finale (Sky One,
Wednesday 16th)



Factual/Lifestyle

Geri Halliwell takes a
whirlwind tour of South
East Asia, North and
South America and
Europe in **GERI'S
WORLD WALKABOUT**
(UK Horizons, Sunday
13th and Sunday 20th);
CENTURY IN MOTION
(Discovery, from
Tuesday 8th) examines
the most significant
innovations in transport



Music

Moby is one of the acts
performing over the
V2000 WEEKEND
(MTV, Saturday 26th-
Sunday 27th); Duran
Duran are showcased in
STORYTELLERS (VH1,
Friday 25th); **CITY IN
THE PARK** (ITV2,
Saturday 12th) features
live performances from
All Saints, Stephen
Gately and Atomic Kitten



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Brian Viner's Cable Stars

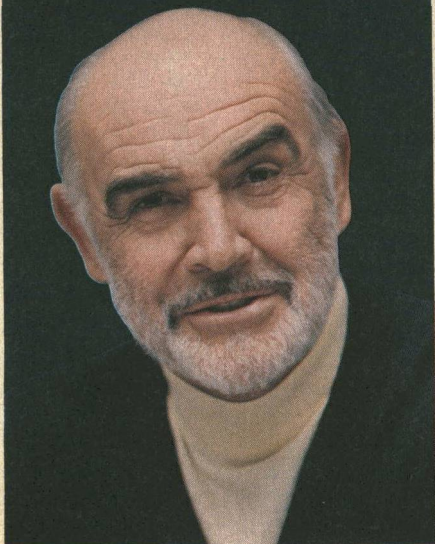
Congratulations, 007(0)

In *The Hunt for Red October*, one of the films being shown in a 70th-birthday tribute to Sean Connery – sorry, Sir Sean Connery – the great man plays a Russian submarine captain. He is a Russian submarine captain of rare bravery and resourcefulness, but there is something even more unusual about him, for he speaks English with a working-class Edinburgh accent.

The same is true of James Bond in Connery's seven 007 films, although this is at least faintly plausible, as Bond was supposedly educated at Fettes, the Edinburgh public school. It is less plausible of the medieval English monk in *The Name of the Rose*, or the ageing Robin Hood in *Robin and Marian*, or the Irish-American police officer in *The Untouchables*, for which the actor won an Oscar.

But Connery's genius is that none of this matters. One thinks of Kenneth Branagh and his ilk, switching accents with consummate ease, yet none of them have half the screen presence of Connery, once a milkman, a labourer, once even a coffin-polisher, yet now one of the world's most famous septuagenarians, and surely its sexiest. Besides, Connery knows that he is bigger than his accent, as does Michael Caine, his co-star in *The Man Who Would Be King*. Long may they both reign.

Sean at 70, Sky Cinema, Friday 25th from 4.00pm



PHOTOS: ALL ACTION, EDDIE BASKIN/OUTLINE/KATZ, ARMANDO GALLO/RETNA, UK PLAY

Grooming Jamie Oliver for the perfect partnership

Whoever first had the idea of serving fish with chips, or introducing Laurel to Hardy, has a kindred spirit in Patricia Llewellyn, the astute TV producer whose brainwave it was to combine the late Jennifer Paterson with Clarissa Dickson-Wright, making *Two Fat Ladies*. Arguably, though, a more impressive bit of talent-spotting was yet to come in the form of Jamie Oliver (above with new bride, Jools).

Inspired by the enormous success of *Two Fat Ladies*, Llewellyn began to look for another embryonic TV cook. 'But I didn't want posh people, fat people or people over 50,' she recalls. 'At the time Sophie Grigson was the youngest TV cook, and she was 38. I thought there was room for someone younger.'

Then, in a BBC documentary about the River Cafe, one of London's trendiest restaurants, Llewellyn spotted a young kitchen hand in the background, looking serious while doing something complicated with spinach. 'For some reason he grabbed me,' she tells me. 'He looked about 14 but seemed so accomplished. And I wondered whether he could do what he was doing and smile at the same time.'

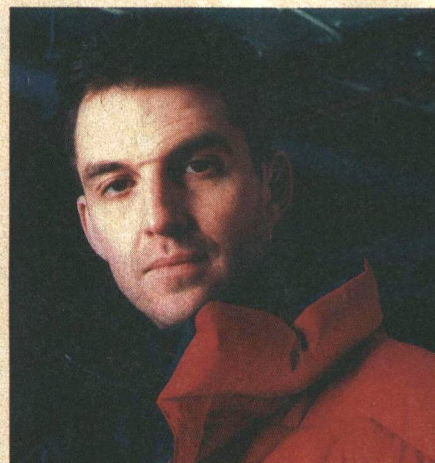
Thus was a TV phenomenon conceived, and *The Naked Chef* became television's highest-rated cookery programme by far. Her relationship with the Essex wunderkind, however, got off to a potentially tricky start, when he told her he thought all TV cookery programmes were awful. He singled out for particular disdain one in which a pair of well-upholstered women went Morris-dancing. 'Don't worry,' said Llewellyn, swallowing her pride. 'I'd never do anything like that.'

Naked Jamie Night, UK Style, Monday 28th from 9.00pm

I've never met a Gellar like you before ...

There is a pub in the Westminster area of London, probably not frequented too much by MPs, although on reflection you never know, which regularly holds *Buffy the Vampire Slayer* theme evenings. It holds *Star Trek* theme evenings too, indeed it is not at all uncommon to find a Klingon ordering two pints of lager and a packet of smoky bacon crisps, and doubtless asking the barman whether he can change a 20 zob note. Anyway, the Buffy nights apparently attract a younger, more innocent type of punter than the *Star Trek* nights. But no less dedicated. Because there is an impressionable generation – here, but especially in America – for whom Buffy, and her alter ego, Sarah Michelle Gellar, are icons. And if you doubt me, you should watch the edition of *FANatic*, the MTV show which introduces fans to their idols, devoted to Gellar. In it she meets a teenage fan, Alexis, who is so smitten that she can hardly bring herself to speak. 'I can, like, totally connect to you,' says a teary Alexis, when she finally forces some words out. It's moving stuff.

FANatic: Sarah Michelle Gellar, MTV, Sunday 6th, 8.00pm



Rapping with DJ Tim

When I call the Radio 1 DJ Tim Westwood in New York, where he is conducting interviews for his series on hip-hop, I confess that what I know about hip-hop could fit on the back of a plectrum, and he is most understanding. When he identifies some of his hip-hop heroes, such as Dr Dre, Funkmaster Flex and Marley Marl, I ask whether it bothers him that he is a middle-aged, white, clergyman's son called Tim, when most of the hip-hop and rap fraternity are young, black dudes called anything but Tim. He says he is happy with who he is and where he's at, man, adding that most people call him plain Westwood.

We talk about his collection of hip-hop, R&B and reggae records, so vast that he rents six lock-up garages and storage units to house it. And about his favourite New York nightclubs, The Tunnel (on Sundays) and Speed, where 'Wednesday is the hot night'. He tells me, too, about his enthusiasm for cars, exceeded only by his passion for music. In London, he drives an imported Yukon truck, not to mention his 'real hot street-team van', complete with TV, video, fridge and PlayStation. Some might say that the bishop's son has never really grown up. Others would add, what's wrong with that, man? *Westwood Presents, UK Play, Fridays from 25th, 2.00am*

Sorbo's back ... to the future

Famed as Hercules, Kevin Sorbo is this time set to journey through space

ONE OF the surefire ways to create publicity for a new television show is to involve a name that alone impels the audience to find out more.

The new science fiction series *Gene Roddenberry's Andromeda* (as it's known in the US), coming to Sky One later this year, has gone one better – it has two such names. Firstly, Roddenberry himself, famed as the creator of *Star Trek*, and secondly its star, Kevin Sorbo, who has gained a legion of fans worldwide for his role as the star of *Hercules: The Legendary Journeys*.

Although Roddenberry died in 1991, his legacy has lived on in the recently ended *Star Trek: Deep Space Nine*, and in the continuing adventures of *Star Trek: Voyager*, as well as the fifth *Trek* series currently in the pipeline Stateside. His widow, Majel, an actress who herself has starred in many of his creations, kept all of her husband's notes and papers, allowing different producers to develop his ideas. From these sprang *Earth: Final Conflict*, as well as *Andromeda*.

This new series sees Kevin Sorbo travelling a great distance from his previous role. While *Hercules* was shot in New Zealand and set some two thousand years ago, *Andromeda* takes him to Vancouver, Canada, and the far future.

Executive Producer Robert Hewitt Wolfe sets the scene: 'Kevin Sorbo plays Dylan Hunt, captain of the *Andromeda Ascendant*, a High Guard ship to which some bad things happen, after which he takes off on a mission, which is the core of this show: to rebuild civilisation.'



From *Hercules to Hunt*: the 41-year-old Sorbo gets a new lease of life, and a new outfit, in *Andromeda*

However, Hunt is not quite on his own. He has as his principal ally his ship itself, the *Andromeda Ascendant*. Like the *Lexx*, or *Farscape*'s starship *Moya*, the *Andromeda Ascendant* has intelligence – amply brought to life on screen by former *CIS: The New Professionals* star Lexa Doig. 'I don't like the word "sentient starship" – it sounds like a big fish or something like that,' Wolfe explains. "Living starship" implies there were these two starships who fell in love and they had this baby and that was the *Andromeda Ascendant*. No, there was a shipyard, and there they built this ship. Two artificial intelligences shared their programming and skills, building a new artificial intelligence, and dropped that core intelligence into the ship.

'She is basically an AI. She has multiple bodies, the largest of which is the ship herself. She can control any number of different bodies: she has thousands of them ranging from little nanites, which you can't even see with a microscope, to huge battledroids. She's got a benevolent form of multiple personality disorder. It's helpful, it's good. She's a huge part of the show.'

Along the way, Hunt and the *Andromeda* encounter numerous other characters – including an alien creature whose appearance is being kept under wraps at present – who alternately help and hinder them in their quest.

The 44 visits already planned to the Systems Commonwealth will hopefully allow yet another fictional universe from Roddenberry's agile mind to bring viewers under its spell.

PAUL SIMPSON

WATCH OUT!



● Created by John Cleese (pictured in exasperated Basil mode, with Andrew Sachs as the hapless Manuel) and co-star Connie Booth, *Fawlty Towers* has been part of our comic heritage for 25 years, and remains one of British comedy's all-time classics. To celebrate this anniversary, UK Gold is showing all 12 episodes (yes, there really were only 12) next month, so you can savour the hotelier from hell's legendary approach to customer care all over again!

● Another candidate worthy of a candle-topped cake is *Sci-Fi*, as the channel turns five years old in November. While still a relative youngster among its contemporaries,

Sci-Fi has come a long way since its 1995 launch, and we have it on good authority that viewers will be in for a treat, as Sci-Fi plans to mark the occasion in style! Over a week of special programming will include a season of seminal sci-fi films, including *Barbarella*, *This Island Earth* and Fritz Lang's *Metropolis*.

● Previewed in April's *Cable Guide*, *Buzz Lightyear of Star Command* will premiere on Disney Channel in January 2001. In this spin-off of the fantastically successful *Toy Story* films, the have-a-go hero really does battle it out against his enemies – this time with his gadgets in full working order!

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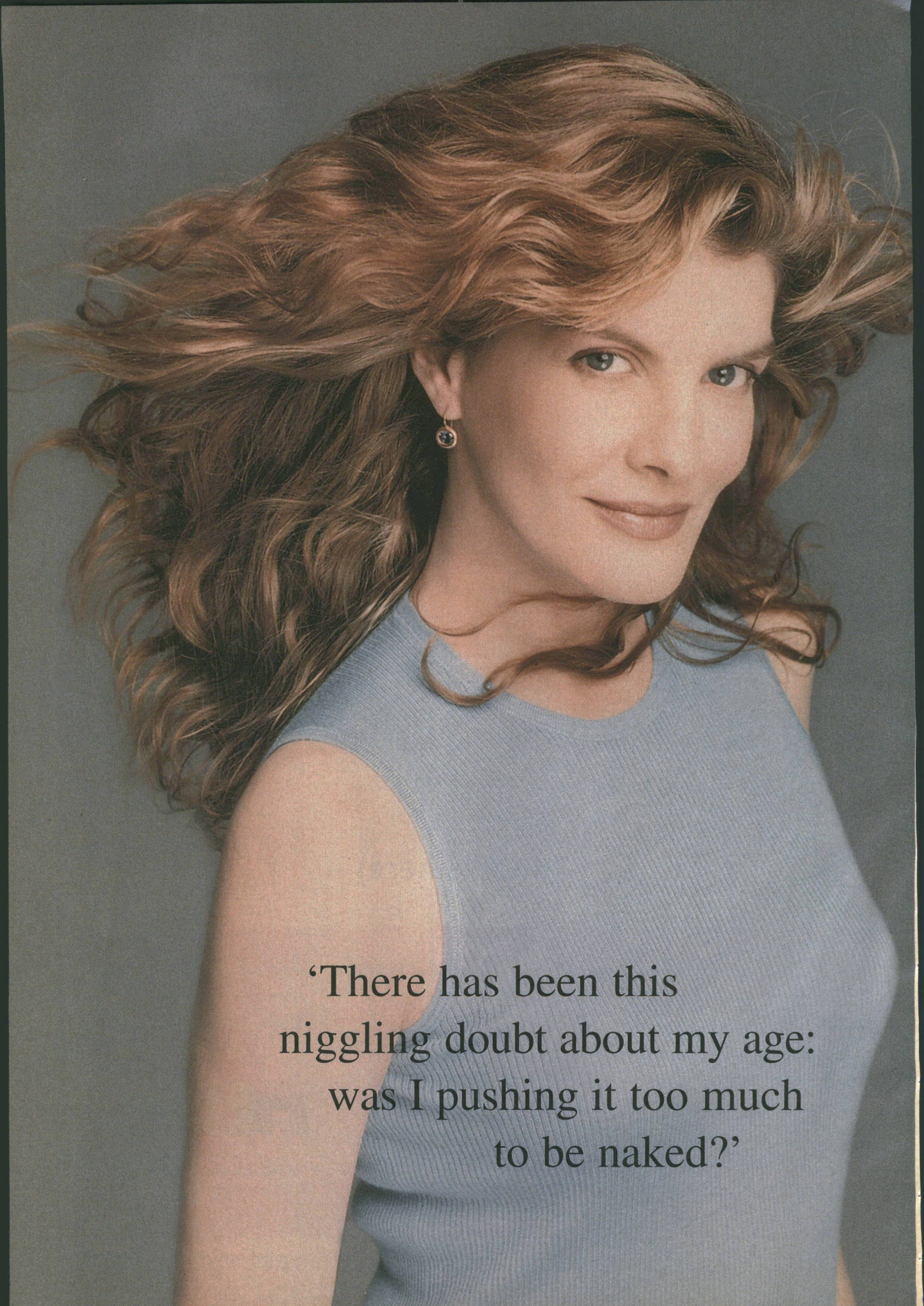
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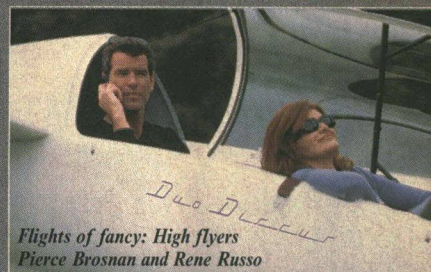
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‘There has been this
niggling doubt about my age:
was I pushing it too much
to be naked?’

Rene's naked truth

Hollywood star Rene Russo is what you might call a late starter in the acting game – she made her movie debut aged 35 and waited until her mid-forties before she shed her clothes for the camera, in this month's premiere of *The Thomas Crown Affair*. Interview: **Garth Pearce**



Flights of fancy: High flyers
Pierce Brosnan and Rene Russo

RENE RUSSO has spent her film career avoiding sex on screen. Yet she waited until the age of 45 to ditch her kit in a remake of *The Thomas Crown Affair*, alongside Pierce Brosnan. And she suddenly became the talk of Hollywood.

'It is unusual enough for anyone over the age of 40 to show the world that they still enjoy sex,' observes Russo. 'The fact that I'm with a man of my own age [Brosnan was 46] is virtually unheard of these days. I thought to myself: "Well, if they have the courage to go with me, rather than someone in their twenties, I should give it my best shot." And I did.'

But such remarks deflect from her true feelings. 'I was petrified,' she says. 'I was questioning my sanity and ability to deliver throughout. I did not quite realise that Pierce and the director, John McTiernan, wanted my character to use sexuality in such a powerful way.' Russo was much reassured by the reaction. The original 1968 version of the film, starring Steve McQueen, then 38, and 27-year-old Faye Dunaway, is remembered more for a scene in which a chess game stands in for sexual foreplay than for any steamy bedroom romps.

'It was a big relief,' admits Russo. 'Having taken the risk, I was even more nervous about the day of judgement. There has

been this nagging doubt about my age: was I pushing it too much to be naked?'

With age gaps between lovers on screen stretching to the ridiculous, it's a welcome surprise that co-producer Brosnan did not go for a woman young enough to be his daughter. Though, having had an on-screen romance with a 27-year-old Denise Richards in the most recent 007 adventure, *The World Is Not Enough*, he can probably still get away with it.

Brosnan took a pragmatic view: 'When Rene Russo's name came up, I thought, "Yeah, this is a woman who has had relationships in movies with every leading man on the map." She was beautiful, capable and witty. But would she go with the sex scenes that are so important to the story?'

The answer came with much uncertainty as I watched them filming in New York, with Russo playing an insurance investigator who is convinced that Brosnan's tycoon is an art thief.

'There were scenes I was confused about,' she says. 'I did not want to wear a garter belt, because I thought it was tacky. But Pierce and John McTiernan convinced me that she would use her sexuality to put men off their game. I saw her as classier than that.'

'Then I was filming a beach scene and John came over and suggested she would sunbathe

nude. At first, I said: "Oh, come on!" Then I realised that this is a sophisticated woman who has been to the Riviera and probably wouldn't think twice about it.'

There's only a brief use of body-doubles – the well-toned stand-ins who earn their living imitating the bodies of stars – but not, apparently, for reasons of vanity. 'We were on a hard floor for too long ... and we both said: "We're too old for this,"' laughs Russo.

If she thought modelling was a silly business – she made a name for herself when she was 17 after being discovered by an agency talent scout at a Rolling Stones concert – then it's fairly obvious that she thinks acting is daft too. 'Hollywood seems to be ruled by people who believe that women don't get certain roles when they are in their forties,' she observes. 'We are at our sexiest and most beautiful. I don't think you can take a business that makes such judgments too seriously.'

Even so, she has done an effective job since making her film debut at the age of 35 in *Major League*. Brosnan's point about her being a prolific and reliable female sidekick is a good one. She's partnered most of Hollywood's leading men. There has been Mel Gibson in *Lethal Weapon 3*, *Lethal Weapon 4* and *Ransom*; Kevin Costner in *Tin Cup*; John Travolta in *Get*

Shorty; and Clint Eastwood in *In the Line of Fire*.

So who were the best kissers? 'Pierce and Mel ... they kiss how I like to be kissed: soft at first, then a little harder. Not too hard, though.'

Russo's screenwriter husband, Dan Gilroy, is not in the least bit envious over such observations. 'In fact, he's the least jealous person on the planet,' she says. Russo's light manner masks a tough upbringing. Her father left home when she was two and the family remained in a tiny rented apartment in Los Angeles. At ten, Russo was diagnosed with scoliosis – curvature of the spine – and for four years wore a body cast to correct it. The taunts of her classmates, in addition to increasing money problems at home, led to her quitting school at 15. 'I can feel satisfaction with what I have done with my life,' she says. 'I have learned never to be afraid of taking risks and trying new things. *The Thomas Crown Affair* was one of them.'

FRONT ROW

THE THOMAS CROWN
AFFAIR
FROM FRIDAY 25TH

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PHOTO: ANDREW MACHERSON/CORBIS OUTLINE

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FRANCK GODDIO, a Paris-based adventurer with a twin passion for history and the sea, will never forget the excitement he felt at a discovery he made back in 1985. At the bottom of the South China Sea, Goddio identified the three-metre anchor of British merchant ship *The Royal Captain*, which had foundered on uncharted rocks in 1773.

Lying some 350 metres down on the bed of a lagoon off the Philippines, this was a major find not just in historical and scientific terms but also because, according to records, the ship had gone down with 150,000 pieces of porcelain, spices, silk, gold and jewellery on board. After a year at sea, *The Royal Captain* had gone to a watery grave three days out of Canton while carrying its precious cargo on the first leg of the 17,000 mile voyage home to London.

However, the fact that one half of the vessel had sunk to an intimidating depth of 1000 metres created a major problem in terms of salvaging the cargo. Never before had an archaeological recovery been performed at such a depth.

'I never thought it would be possible,' says Goddio, who waited a long time for technology to provide a solution to his problem. 'I thought it was too big a logistical challenge. But I never gave up hope and last year I decided it was feasible, with the help of two specially designed little five-and-a-half ton submarines. After dreaming about it for 14 years I was so elated when I went down in one of the subs and saw, at last, the remains of the ship and the cargo for the first time.'

The sight which greeted Goddio's eyes was astonishing. 'It was as if the contents of a vast china cupboard had been emptied into the ocean,' he says. 'It was unbelievable. The china had lain there for over 200 years and yet it was so clean and much of it in perfect condition.'

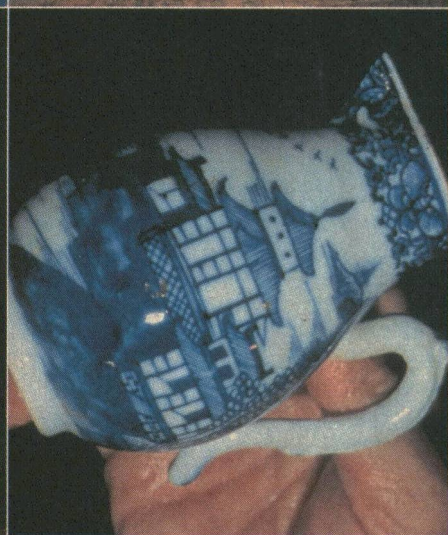
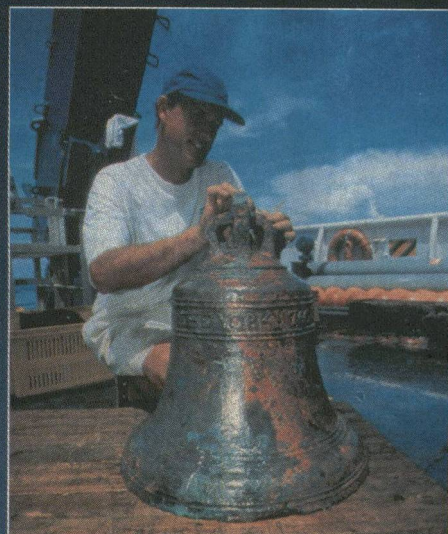
In *Treasures of the Royal Captain*, the extraordinary story unfolds of how Goddio achieved his long-held ambition, with the help of his 50-strong expedition team, to mine the site painstakingly for eight hours a day using remote-controlled 'arms' on the sub to pluck cups, bowls, vases and figurines from the depths. The priceless items he recovered are now in the National Museum of the Philippines.

The ship's log reports that a party of men failed to rescue three crew members who 'had so much liquor they just could not get them off'.

Fittingly, among the artifacts Goddio recovered was a 226-year-old bottle of wine, a souvenir of the trio who perished with the ship. 'It was strange,' he says, 'because when I was mapping the site of the wreck I found three big rocks. So I've named them after those three seamen who died with the ship.'

How Franck's ship came in

Merchant ship *The Royal Captain* sank in the South China Sea more than 200 years ago. But the discovery of its anchor led Franck Goddio (right) on a quest to recover the vessel's precious cargo. Interview: **Tim Ewbank**



Clockwise from above, left: a model of British merchant ship *The Royal Captain*; Franck Goddio with the salvaged ship's bell; an example of the precious porcelain that was recovered from the wreck; one of the specially designed submarines goes into action

PREMIERE

DISCOVERY

**TREASURES OF THE
ROYAL CAPTAIN
SUNDAY 27TH 8.00PM**

'Nothing would persuade me to be in their shoes'

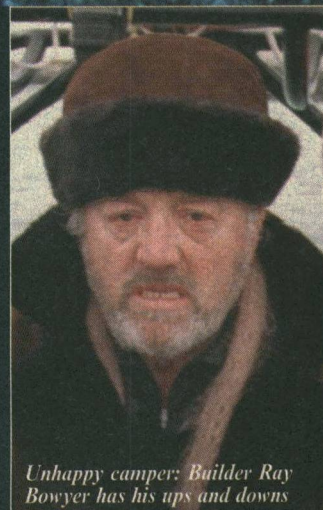


She was the original castaway, whose experiences made a best-selling book and film. So **Lucy Irvine** (above) was a natural choice as an expert adviser on the *Castaway 2000* project. Here she reflects on the differences between her isolated existence in the Pacific and those of the community being established on the Scottish island of Taransay.

MY CHILDREN and I spent a year on a very remote island in the Outer Solomons and returned to the UK in summer 1999. Swags of mail awaited me, among it something from Lion Television about a 'social experiment' on an island off the north-west coast of Scotland to be filmed for the BBC. It sounded vaguely interesting, but hardly my scene: no palm trees, too many cameras. One way or another, however, I got pulled aboard in the guise of 'consultant expert' and invited to help sift

through likely castaway types from the thousands of applicants. The production team made the final selection, but I'll admit I gave the thumbs up to gung-ho Ben Fogle and wee Tammy Huff, with whom he obviously had a rapport. I was less certain about Ray Bowyer, but he proved to be 'good telly'.

Roger Stephenson, the doctor chosen with his family, seemed a pleasant chap, but was he tough enough, I wondered? I watched him during one selection weekend, lovingly guarding his children from going too near calm, shallow water. My kids were derisive about having to



Unhappy camper: Builder Ray Bowyer has his ups and downs

wear life jackets for paddling and being fussed over by a safety trainer – after the 'relaxed rules' in the Outer Solomons – and confided how 'boring' all the grown-ups' worries were. Adult fear transmits to children, and I did suspect that Roger might be too much of a worrier for the venture. I also thought it strange that he wanted to have access to the Internet in case any diseases he didn't know about cropped up, and as an educational 'must' for his kids. I thought the whole point of the exercise was to be 'cut off' to a degree – not be on-line to the rest of the world.

Welcome supplies: Tammy (left) and Julie meet the boat, the castaways' link with the outside world





Taransay troupe: They come from all walks of life and are trying to build a community in a remote corner of the British Isles. How will they cope ... ?

Roger did not get his Internet link, but I'm sorry my suggestion that the castaways do without news – except local weather reports – was overruled.

I was only on Taransay for an hour or so (in bleak weather), spending much of the time in the comfortable main house that is better appointed than my own Highland cottage. However, I shouldn't snipe: the castaways have to share that space, an insulated barn and a few weird 'pods' between them. Again, not my scene, but undeniably interesting. The only thing I found upsetting when I saw the early programmes was the adults basically behaving badly when small children were present. I'm glad my sons weren't around to see that. When we, as a family, go on a venture, it is in the most positive of spirits.

The initial crises on Taransay, including the bad weather and the mini flu epidemic, could have been foreseen, but I suppose that wouldn't have made such good docu-soap material. I actually think the castaways were lucky to have anything at all prepared for them. In 1981, my partner Gerald Kingsland

and I, on the original castaway island, Tuin, half-way between Papua New Guinea and northern Australia, had zilch. But we did have sun, which these poor fellows didn't, at least for the first few months. Having said that, though, excessive sun and a shortage of water can be just as troubling as very cold weather and inter-factional strife.

The major difference between my castaway experiences and those of the Taransay volunteers is that the BBC is obliged to offer a safety net. They even have a counsellor organised for when they return to 'civilisation' in case the move from 'life in

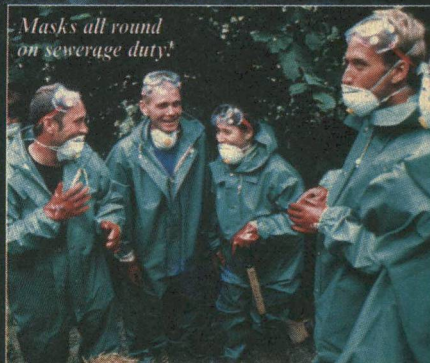
the raw' proves traumatic. I like 'remote' to mean peace and space – nothing would persuade me to be in their shoes. I don't mean to denigrate what they're doing, they're a brave bunch, but I think they were ill-prepared.

For a start, no Highlander in their right mind would start a year in the Western Isles in winter. I live a little further south, and I start chopping logs in September, but these innocents went out to that slab of rock, in the path of ferocious winds, at New Year. The island was made habitable for them, but they weren't ready for its harsh realities – including having to live with each other at such close quarters because of the cold.

On Tuin, Gerald and I were lucky. Our island may only have been a mile long, but there were only two of us on it. Pigeon Island was tiny – a five-acre coral atoll – but there were 21 miles of reef encircling it, and everyone had a kayak or canoe. I wasn't allowed to suggest providing the Taransay castaways with kayaks – they have to stay on the island for us to see how they cope.

I have never 'adjusted' to being back in 'civilisation'. Truly

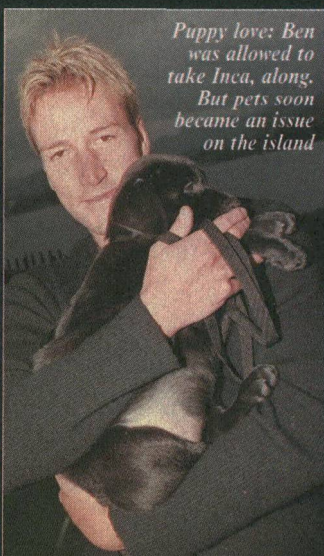
Masks all round on sewerage duty!



remote island living throws up new perspectives which make 'normality' look bizarre. But I think the worst thing the *Castaway 2000* volunteers will have to put up with on their return is the media attention. There should be one or two polished actors among them by the end of the year! I have to say, gripes about mollycoddling of the wannabe Crusoes apart, most people I talk to about it have been thoroughly entertained by the programme. Compared to my two 'desert islands' Taransay is not remote, but that's not the point, is it?

UK HORIZONS

**CASTAWAY 2000
FROM SATURDAY 5TH
9.35PM**

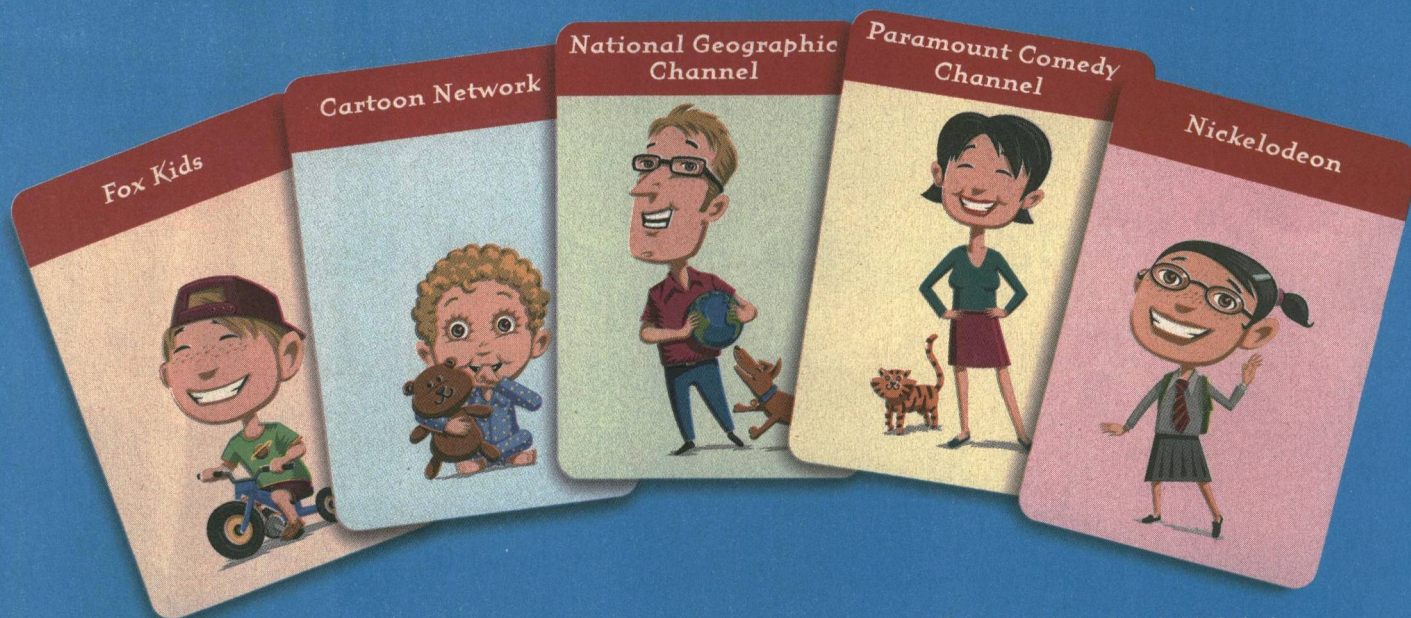


Puppy love: Ben was allowed to take Inca, along. But pets soon became an issue on the island

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And when you finally get the chance to put your feet up, you can lose yourself in the National Geographic Channel, with documentaries such as Who's Aping Who and To the Moon. Alternatively, you can switch on to Paramount Comedy Channel and laugh your socks off with Frasier, Cheers, Cybill and Harry Hill.

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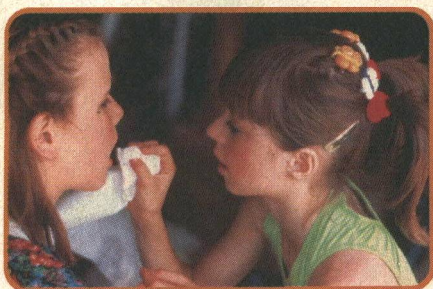
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CABLE & WIRELESS
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*Any upgrade of service will be effective for a minimum period of one month and will be charged for accordingly. Tailored TV Packs are only available with our current TV and telephone packaging which is not available in New Ash Green. For full details please see our price guide or phone 0800 068 2612. All information is correct as of 1 July 2000 and applicable to residential customers only. Service prices and savings subject to change. For quality of service purposes we may monitor or record calls to our Call Centres. ntl Communication Services Limited acts as agent for associated companies including those holding telecommunications licences. Its registered office address is ntl House, Bartley Wood Business Park, Hook, Hampshire RG27 9UP and is registered in England with number 3403985. We may change our channel line up from time to time.

ROLL UP, ROLL UP!

The dream of running off to join the circus became a reality for three English youngsters who spent last summer touring with Circus Smirkus, the internationally renowned youth circus. As Disney Channel's new series captures the progress of the 37-strong troupe, **Pauline McLeod** talks to the homegrown stars



★ SIAN FLATT

The cute, shy and pixie-high Sian, from Ashford in Middlesex, was only ten years old when she was chosen as last year's Circus Smirkus mascot.

'I was the youngest person at the circus and it was a bit scary at first because they were all older and I was so far away from home. At the beginning I was a bit lonely, but because I was training a lot and I made friends, I forgot about being homesick.'

Mesmerised by the Moscow State Circus and Circus Oz when they visited London, she's on her way to fulfilling her dream of becoming a circus performer. Now 11, she's in Vermont for another season of tumbling, acrobatics and leaping from shoulder to shoulder to the top of the human pyramid.

★ JOE WAUDBY

Joe, aged 14, has his big brother, Jamie, to thank for the magical trip of a lifetime. Both boys have been regulars at the Magic Carpet Theatre Company in Sutton, Humberside, near their home in Hull, since their dad taught them juggling when they were both little.

'Jamie had the audition form but he couldn't go because the visit clashed with his GCSEs, so I filled it in instead. Dad videoed me showing some of my skills – unicycling, walking on a globe, juggling, tightrope walking – plus me talking and doing some magic tricks.' One of the best things about the whole experience – apart from fall-about

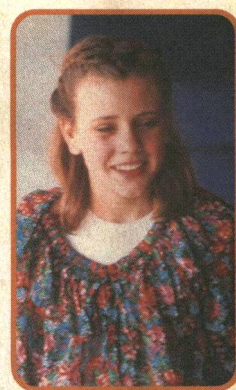
clowning, which Joe loves – was 'meeting everyone and making new friends'. So much so that he's going back this month to catch up with some of his old buddies.



★ NERIDA DAWKIN

Nerida, 14, from North London, heard about the auditions through a friend. Like Sian, the pretty teenager managed to fight off her homesickness pretty rapidly.

'I had loads of fun and didn't write a single letter,' says Nerida, who now takes trapeze classes. 'I bought all these stamps but ended up not even sending a postcard to Mum and Dad!' A bit of a lost soul when she arrived, after rehearsing several acts Nerida found her feet and plumped for the swinging trapeze. 'It wasn't dangerous really – I wore a safety harness.'



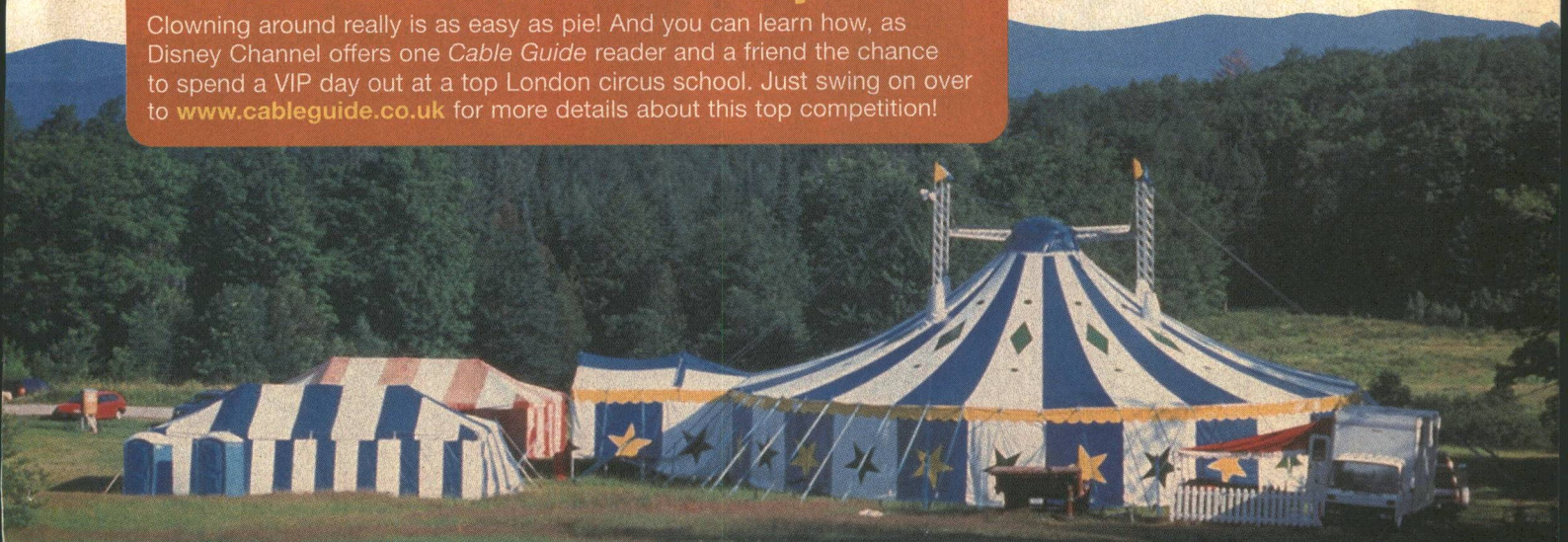
NEW SERIES

DISNEY CHANNEL

CIRCUS KIDS
WEEKDAYS FROM
1ST TO 22ND AT 12NOON

Become a Circus Kid for a day!

Clowning around really is as easy as pie! And you can learn how, as Disney Channel offers one *Cable Guide* reader and a friend the chance to spend a VIP day out at a top London circus school. Just swing on over to www.cableguide.co.uk for more details about this top competition!



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Front Row delivers great movies right into your home.

Only £2.95 per movie

Front Row brings you exciting movies for just £2.95 each. You'll find all the big premieres listed here every month – and you can view start times as well as exciting previews and interviews with the stars on Channel 50. So take a look at what's on offer – then sit back and enjoy the best seats in the house. Movies on-demand is not yet available in Millharbour.

How to order

It's easy to order any of this month's great movies with your remote control. Simply select Channel 50 and follow the instructions on your TV. If you have any questions, you can phone the free Front Row help line on **0500 60 10 50**. The hardest thing is selecting which great movie to watch.

Remote control ordering is not yet available in all areas. It will become available when digital is launched in your area.



This month's movies on-demand



Wild Wild West – Premiere

Special agent Will Smith and his partner Kevin Kline are sent to deal with a diabolical genius who is plotting to assassinate the US President with the aid of a huge walking weapon-cum-vehicle called The Tarantula.



Theme/contents: Comedy Western
Language: Occasional, mild
Sex/nudity: Some moderate references
Violence: Frequent, moderate

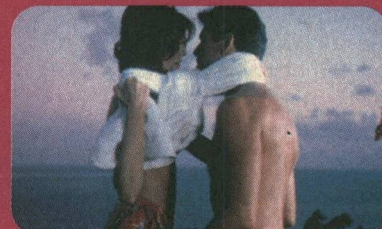


Mickey Blue Eyes – Premiere

When an English auctioneer working in New York (Hugh Grant) proposes to his girlfriend, she turns him down flat. But when he tries to find out why, he discovers she's a member of a famous crime family.



Theme/contents: Comedy, Mafia
Language: Infrequent, strong
Sex/nudity: None
Violence: Infrequent, moderate



The Thomas Crown Affair – Premiere

Pierce Brosnan and Rene Russo star in this update of the 1968 crime caper. Brosnan is the millionaire who steals art for the challenge. Russo is the insurance investigator on the trail of the thief.



Theme/contents: Thriller, art theft
Language: Occasional, strong
Sex/nudity: Infrequent
Violence: None

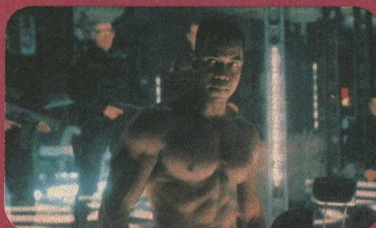


The Match – Premiere

There's a lot riding on the annual football match between the two pubs of a small Highland village. Benny's has lost for the last 99 years. But if it loses again, it must close, because of a feud between the two owners.



Theme/contents: Comedy, drama, football
Language: Some, strong
Sex/nudity: Some comic references
Violence: Infrequent, mild

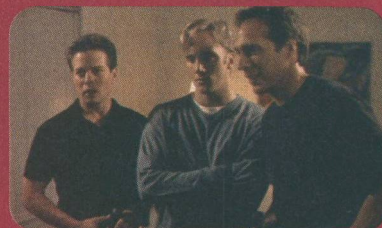


Universal Soldier: The Return – Premiere

Jean-Claude Van Damme reclaims his role of Luc Deveraux. Now a caring father and widower, he's the technical expert on a project to build a sophisticated new breed of soldier.



Theme/contents: Action, sci-fi
Language: Occasional, strong
Sex/nudity: Some moderate nudity
Violence: Frequent, strong



Go – Premiere

Welcome to the adventures of a group of crazy characters in this hip comedy which involves a botched drug deal, down-on-their-luck supermarket checkout girls, a couple of soap actors and a mad Brit driving a stolen car.



Theme/contents: Black comedy, drugs
Language: Frequent, coarse
Sex/nudity: Occasional, strong
Violence: Occasional, strong

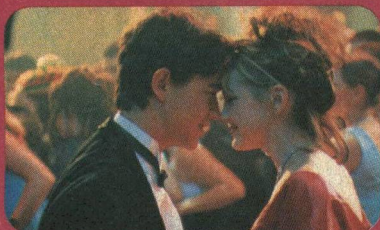
Terms & Conditions: Prices are correct as at 01/08/00 and inclusive of VAT at 17.5%. The price of each movie/event will be added to your monthly bill. For technical and operational reasons it is not possible to cancel any ordered movie/event. You will be responsible for payment for all movies/events ordered whether or not with your knowledge or consent. We therefore advise you to use the passcode facility to prevent unauthorised booking of these services. Purchase of the movie/event is for broadcast on the set-top box for which it has been ordered. It is not possible to transfer purchases from one set-top box to another.

WIN £1000 AND THE HOLIDAY OF YOUR DREAMS*



Front Row, as part of its Hollywood Heatwave promotion, is giving away £1000 every day in a prize draw, plus the chance to win a holiday of a lifetime! All you have to do is access your Front Row guide on Channel 50, where the name of the prize-winning movie will be announced at regular intervals. Simply purchase the prize-winning movie and you'll automatically be entered into the prize draw. Each day a name will be picked out of the hat and the lucky winner will be sent £1000! At the end of August, all those who have purchased or sent in the names of prize-winning movies will be entered into a grand draw and the winner will be offered the holiday of a lifetime, to the destination of their choice, worth around £10,000.

Terms and Conditions: *No purchase of movie necessary. 1. Entrants for either prize draw may apply for an entry form to: Front Row Hollywood Heatwave Prize Draw, PO Box 495, Crawley, West Sussex RH10 1WB and must include an S.A.E. 2. All entrants do not need to subscribe to any cable service to enter this competition. 3. All entrants must be resident in the UK and Channel Islands. All entrants must be over the age of 18. 4. Employees of Front Row, their families, relatives or any person associated with this promotion are not eligible to enter the competition. 5. £1000 a day Prize Draw: There will be a total of 31 prizes, each for the amount of £1000. The prize will be a cheque made payable only to the name entered into the draw. Strictly no cash alternative. 6. Holiday of a Lifetime Prize Draws: Winner receives a holiday package to the value of a maximum of £10,000 of which no more than £2000 can be allocated to the purchase of Travellers Cheques. The Holiday must be booked directly with the Promoter's appointed Travel Agency and the word of this travel agency, as to what is included within the final agreed holiday package, is final. All additional expenses incurred during the holiday (including meals, drinks, petrol, travel insurance, telephone calls) are the responsibility of the prizewinner and must be settled direct. Holiday must be taken before 31 December 2001. Winners are responsible for having a valid passport and for all visa and inoculation requirements. 7. Closing date for receipt of applications for entry forms is 8 September 2000. All applications for entry forms received after that date will not be entered. The draw will take place on 14 October 2000. The winner will be contacted by letter no later than 31 October 2000. 8. We cannot accept responsibility for entries not received by 8 October 2000 due to set top boxes not being connected to cable networks for polling of Front Row purchases. 9. We cannot accept any responsibility for any entries that are lost or damaged in the post. Proof of posting is not taken as proof of receipt. Incomplete or illegible entries will not be accepted. 10. The winning entries will be drawn under the supervision of an independent observer. 11. Entries will become the property of the Promoter and will not be returned. 12. Only one entry per day per household will be counted towards either of the two prizes. 13. The Promoter reserves the right to offer an alternative prize at the Promoter's discretion. 14. The Promoter's decision is final and no correspondence will be entered into. 15. Details of the names and counties of the prizewinners and of the name of the independent judge can be obtained by sending a S.A.E. to Hollywood Heatwave Winning Details, PO Box 495, Crawley, West Sussex RH10 1WB. 16. By entering the competition, it will be deemed all entrants agree to abide by the Terms and Conditions. 17. Names and photos of winners may be used for publicity and winners may be asked to take part in any promotion resulting from this competition. 18. The Promoter will not be liable for damage, or loss to persons or property resulting from this prize. The Promoter: Front Row Television, 64 Newman Street, London W1P 3PG



10 Things I Hate About You – Premiere

Bianca is pretty and popular, but has never had a date; her sister Kat is attractive but bad-tempered. The rule is that Bianca can't date until her sister does, and somehow that doesn't seem very likely! So they'll just have to find Kat a boyfriend.



Theme/contents: Teen romance
Language: Occasional, mild
Sex/nudity: Some mild references
Violence: Once, mild



Notting Hill

If you liked *Four Weddings and a Funeral*, you'll love this heartwarming romantic comedy from the same team. Hugh Grant plays a bookshop owner who embarks on an unlikely relationship with a top Hollywood star (Julia Roberts).



Theme/contents: Romantic comedy
Language: Infrequent, strong
Sex/nudity: Some comic references
Violence: None

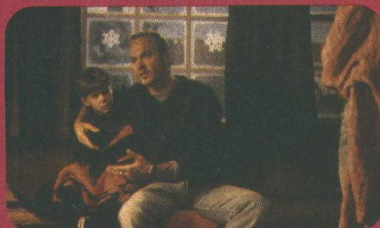


The Matrix

A mind-blowing sci-fi epic with Oscar-winning effects and exciting fight scenes. Neo (Keanu Reeves) discovers he has been living in a computer-generated dreamworld. He is told that he is the chosen one who can save the world from its cyber-nightmare.



Theme/contents: Sci-fi adventure, virtual reality
Language: Occasional, mild
Sex/nudity: None
Violence: Frequent, strong, fantasy

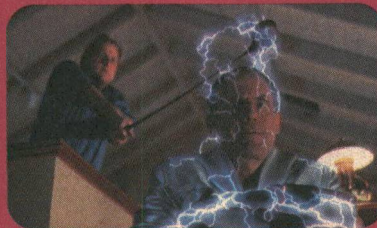


Jack Frost

Jack Frost (Michael Keaton) is a busy musician who struggles to find time for his son. But one year after Jack's death in a car accident, he comes back to life as a snowman to help console his heartbroken boy.



Theme/contents: Fantasy, children
Language: Occasional, mild
Sex/nudity: Occasional, mild
Violence: None



My Favourite Martian

Here's a comedy that's out of this world – or at least its star is! He's a displaced Martian who befriends a mild-mannered TV news producer. Christopher Lloyd, of the *Back to the Future* movies, plays the Martian with exuberance.



Theme/contents: Comedy, sci-fi fantasy
Language: Infrequent, mild
Sex/nudity: Once, mild comic nudity
Violence: Infrequent, mild horror

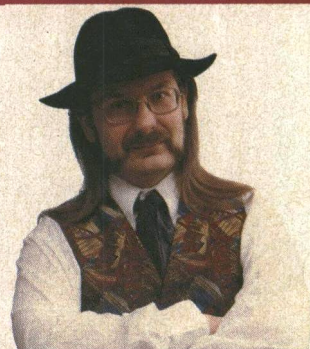
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FILMS ON CA

Let's face the music



KIM NEWMAN ON ...
MUSICALS

Hollywood may have successfully breathed new life into out-of-favour genres such as the Western and the sword and sandal epic, but it's forgotten how to make a hit musical

THE WESTERN came back with *Unforgiven*. The World War II movie returned with *Saving Private Ryan*.

And the ancient world epic was resurrected with *Gladiator*. But there hasn't been a hit Hollywood musical since *Grease* in 1978. Every so often, the studios turn out interesting flops like Francis Coppola's *One From the Heart*, Broadway/West End transplants like *Evita*, or curios like Woody Allen's *Everyone Says I Love You* and Kenneth Branagh's *Love's Labour's Lost*. But they simply don't make bona fide, crowd-pleasing musicals any more.

While film historians argue about what constitutes the first Western or horror film, there's a consensus on the first musical. Though silent movies were accompanied in picture houses by live music, the musical genre wasn't possible until *The Jazz Singer* in 1927, when new technology enabled Al Jolson to belt out minstrel numbers. The decade that followed saw the musical explode as a form, evolving into the creation of cinematic fantasy worlds as removed from reality as the cartoon. Importing composing, singing and dancing talent from New York, the studios were quick to embrace the musical. Sound was the hot new development and audiences wanted Hollywood to



make good on Jolson's promise of 'you ain't heard nothin' yet', though film-makers quickly cottoned that a great song needed a great production to sell it. *Singin' in the Rain*, for instance, was first heard on screen in *The Hollywood Revue of 1929*, but nobody hummed the tune until Gene Kelly used it as a movie title and the basis for a classic solo routine in 1952.

Two specific musical styles of the Thirties remain especially evocative. RKO made dancing demigods of Fred Astaire and Ginger Rogers, setting them often in a fantasised high society world that must have seemed impossibly out of reach to Depression-era audiences. Over at the more proletarian Warner Bros., song-and-dance movies such as *42nd Street* were rooted in a real world of out-of-work showgirls walking the streets looking for a

job. But when the 'go out an unknown and come back a star' plot ran out of steam, Warners musicals entered even more fantastical worlds than Astaire-Rogers pictures, as visionary choreographer Busby Berkeley staged routines in which girls become components in vast flesh kaleidoscopes.

Later decades saw crazes for adapting the shows that transformed musical theatre (*Oklahoma!*, *West Side Story*), though the purely cinematic musical had a renaissance back in the Fifties, thanks to talents

like Gene Kelly and Frank Sinatra. But the colossus shuddered to a halt a few years after box office champ *The Sound of Music* with such expensive flops as *On a Clear Day You Can See Forever*.

The only recent film to have any sense of the history or possibilities of the musical is *South Park: Bigger, Longer & Uncut*, which has the best original song score since *The Jungle Book* and manages merciless but affectionate parodies of every major style of musical from *The Jazz Singer* to *The Lion King*.

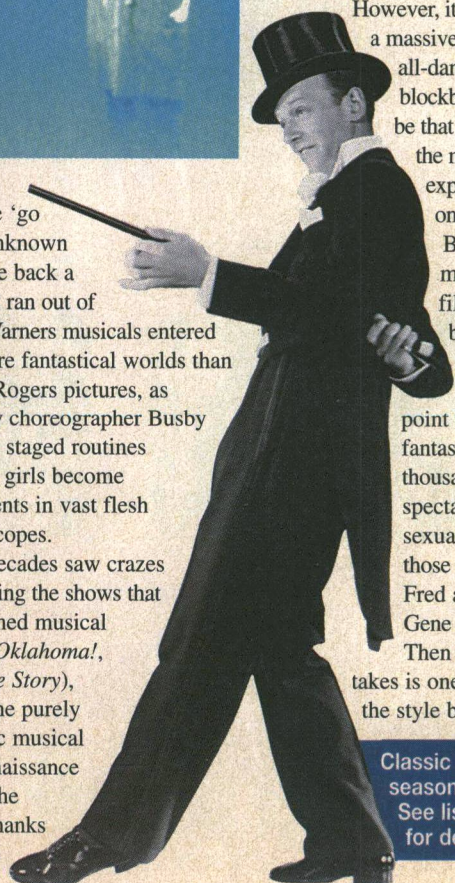
However, it hasn't led to a massive all-singing, all-dancing blockbuster. It may be that the point of

the musical was to express sexuality on a grand scale.

But since mainstream films can now be shockingly explicit, there's no

point in the fantasies of those thousand-girl spectacles or the sexual undertow in those scenes with Fred and Ginger or Gene and Cyd.

Then again, all it takes is one hit to bring the style back.



Classic musicals season on TCM. See listings for details

BLE

Here's our alphabetical at-a-glance planner to August's films on Front Row, Sky Premier, Sky MovieMax, Sky Cinema, FilmFour, Carlton Cinema, TCM and Disney. For full details and times, please refer to the daily listings. **PREMIERE:** first showing on British TV.

WIDESCREEN: a film shown in letterbox format. **LAST PLAY:** last showing on the channel indicated. **TEXT:** a film subtitled on Page 888 of SKYTEXT. **DS:** Dolby Surround. Figures denote date of the month.

★★★★★ Unmissable ★★★★ Good ★★★ Quite good ★★ Average ★ Awful

ANIMATION

A **ALICE IN WONDERLAND** 1, 17 Disney TEXT ★★★
ANASTASIA 27 Voice of Meg Ryan Sky Premier TEXT ★★★
ANTZ 2, 30 Sky Premier TEXT DS ★★★
B **BAD BABY** 4, 27 Disney TEXT ★★
BARTOK THE MAGNIFICENT Voice of Kelsey Grammer 16, 27 Sky Premier TEXT DS ★★
BASIL THE GREAT MOUSE DETECTIVE 5, 10, 23 Disney TEXT ★★★
THE BRAVE LITTLE TOASTER GOES TO MARS 31 Disney TEXT ★★★
C **CARE BEARS MOVIE II: A NEW GENERATION** 15 Sky Premier ★★
L **LAND BEFORE TIME VI: THE SECRET OF SAURUS** 20 Sky Premier DS ★★
LION KING II: SIMBA'S PRIDE 2, 12, 18, 29 Disney TEXT ★★★
M **THE MAGIC SWORD: QUEST FOR CAMELOT** 8 Sky Premier TEXT ★★★
N **THE NIGHTMARE BEFORE CHRISTMAS** 24 Disney TEXT ★★★
P **PETER PAN** 2, 11, 28 Disney TEXT ★★
POCAHONTAS 3, 22 Disney TEXT ★★★
R **THE RESCUERS** 8, 30 Disney TEXT ★★
THE RESCUERS DOWN UNDER Voice of Bob Newhart 7, 19 Disney TEXT ★★
S **SECRET OF NIMH 2 - TIMMY TO THE RESCUE** 24 Disney TEXT ★★
SONG OF THE SOUTH 16, 22 Disney TEXT ★★
T **TOY STORY** 6, 14 Disney TEXT ★★★

COMEDY

A **THE ABSENT MINDED PROFESSOR** 6, 19 Sky Cinema ★★
ADDAMS FAMILY REUNION 29 Sky Premier TEXT ★★
THE ADVENTURES OF RAG-TIME 8 Sky Premier ★★
ALEX IN WONDERLAND Donald Sutherland 27 TCM ★★
THE ALL NEW ADVENTURES OF LAUREL & HARDY IN FOR LOVE OR MUMMY 9 Sky Premier ★
ALL OF ME 20 Carlton Cinema ★★
ALMOST HEROES 9 Sky MovieMax TEXT DS ★★
ARRIVEDERCI, BABY! 6 Sky Cinema ★★
AUSTIN POWERS: INTERNATIONAL MAN OF MYSTERY 12 FilmFour ★★
B **BACHELOR PARTY** 4 Sky MovieMax ★★
BACK ROADS Sally Field 5 Carlton Cinema ★★
THE BEAUTICIAN AND THE BEAST Fran Drescher 5 Sky Premier TEXT ★★
BEDAZZLED Dudley Moore 17 FilmFour TEXT ★★
BEST MEN Drew Barrymore 19 Sky MovieMax TEXT ★★
BLOCK-HEADS Stan Laurel 10 Sky Cinema ★★
BLUES BROTHERS 2000 20 Sky MovieMax TEXT DS ★★
THE BOHEMIAN GIRL 8 Sky Cinema ★★

BON VOYAGE! Fred MacMurray 5 Carlton Cinema ★★
BOOGIE NIGHTS 4, 21 Sky Premier TEXT ★★
BOOTY CALL Tommy Davidson 28 Carlton Cinema ★★
BOYS WILL BE BOYS 9 Sky MovieMax ★★
THE BUSY BODY 11 Sky Cinema ★★
C **CHARLIE BUBBLES** 8 Sky Cinema ★★
CHUBBY GOES DOWN UNDER 5, 24 Sky MovieMax TEXT ★★
A CHUMP AT OXFORD 11 Sky Cinema ★★
CLEAN SLATE Dana Carvey 18 Carlton Cinema ★★
THE CONEHEADS Jane Curtin 25 Sky MovieMax DS ★★
CURTAIN CALL 4, 13, 23 Sky Premier TEXT ★★
D **DANCE 'TIL DAWN** 11, 17 Sky MovieMax ★★
DELICATESSEN 9 FilmFour ★★
DESK SET Spencer Tracy 20 Carlton Cinema ★★
DOCTOR DETROIT 7 Carlton Cinema ★★
DON'T GO BREAKING MY HEART 4, 22 Sky Premier TEXT DS ★★
DR. STRANGELOVE OR: HOW I LEARNED TO STOP WORRYING AND LOVE THE BOMB 26 Sky Cinema ★★
THE DUKE James Doohan 14 Sky MovieMax DS ★★
E **THE EGG AND I** 28 Carlton Cinema ★★
18 AGAIN! George Burns 14 Carlton Cinema ★★
THE ENTERTAINERS 2, 16, 21 Sky MovieMax ★★
ENTROPY Stephen Dorff 7 Sky Premier TEXT DS ★★
EXCESS BAGGAGE 20 Sky MovieMax TEXT ★★
THE EXPERTS 1 Sky MovieMax LAST PLAY DS ★★
F **FATHER OF THE BRIDE** 9, 25 Disney TEXT ★★
FATHERS' DAY 2, 30 Sky Premier TEXT DS ★★
FIRST MONDAY IN OCTOBER 17 Sky Cinema ★★
THE FLAMINGO KID 5 Carlton Cinema ★★
FOOLS RUSH IN 1, 10, 19, 25, 31 Sky Premier TEXT DS ★★
FORCES OF NATURE Sandra Bullock 14-20 Front Row ★★
THE FORTUNE Warren Beatty 7 Sky Cinema TEXT ★★
FORTUNE HUNTERS 8 Sky Premier ★★
FREAKY FRIDAY Jodie Foster 12 Sky Premier ★★
THE FRESHMAN 20 FilmFour ★★
G **GAMBIT** 4 Sky Cinema TEXT ★★
GEORGE OF THE JUNGLE 20 Disney TEXT ★★
GET SHORTY John Travolta 23 FilmFour ★★
GHOSTBUSTERS Bill Murray 4 FilmFour TEXT ★★
GHOSTBUSTERS II Bill Murray 6 Sky MovieMax DS ★★
GO 25-31 Front Row ★★
GREETINGS Robert De Niro 22 Carlton Cinema ★★
H **HAROLD AND MAUDE** 16 Sky Cinema ★★
HEAD 12 FilmFour ★★
HEATHERS Winona Ryder 30 FilmFour TEXT ★★
HI HONEY, I'M DEAD 15, 25 Sky MovieMax ★★

H **HOME ALONE 3** Alex D Linz 18 Sky Premier TEXT DS ★★
HOME FRIES 21 Sky MovieMax TEXT DS ★★
HOUSE PARTY Christopher Reid 19 FilmFour TEXT ★★
HOUSEKEEPING Christine Lahti 24 Carlton Cinema ★★
HOW STELLA GOT HER GROOVE BACK Angela Bassett 15, 24 Sky Premier PREMIERE DS TEXT ★★
I **I'LL NEVER FORGET WHAT'S 'IS NAME** 4 Sky Cinema ★★
I'M GONNA GIT YOU SUCKA 18 FilmFour ★★
IN GOD WE TRUST 16 Sky MovieMax ★★
ISHTAR Warren Beatty 3, 29 Carlton Cinema ★★
IT RUNS IN THE FAMILY 26 Carlton Cinema ★★
ITS LOVE AGAIN 22 Carlton Cinema ★★
J **JOUR DE FETE** 7 FilmFour ★★
JUST LIKE DAD 16, 21 Sky Premier ★★
K **KINGPIN** Bill Murray 12 FilmFour ★★
KISS ME GUIDO Nick Scotti 19 Sky MovieMax TEXT ★★
L **THE LEMON SISTERS** 16 Carlton Cinema ★★
LES VISITEURS 12 FilmFour ★★
LET'S RUIN DAD'S DAY 16, 26 Sky Premier ★★
LIFE SIZE 5, 20 Disney PREMIERE ★★
THE LITTLE GHOST 16 Sky Premier ★★
LOOK WHO'S TALKING John Travolta 8, 18, 26 Sky Premier DS ★★
LOOK WHO'S TALKING TOO 6, 12 Sky Premier DS ★★
M **MAD DOG AND GLORY** Robert De Niro 13 Sky MovieMax TEXT DS ★★
MAFIA! Jay Mohr, Billy Burke 13 Sky MovieMax TEXT ★★
MAJOR LEAGUE: BACK TO THE MINORS 29 Sky MovieMax PREMIERE TEXT DS ★★
THE MATCH Max Beesley 7-13 Front Row ★★
MCHALE'S NAVY 3, 19 Sky MovieMax TEXT DS ★★
MEDICINE RIVER 7, 17, 26 Sky MovieMax ★★
MEET JOHN DOE Gary Cooper 11 Carlton Cinema ★★
MEET THE DEEDLES 4 Sky MovieMax TEXT ★★
MEMORIES OF ME 23 Carlton Cinema ★★
MERMAIDS Cher 7, 30 Carlton Cinema ★★
MICKEY BLUE EYES Hugh Grant 11-20 Front Row ★★
MODEL BEHAVIOUR 12, 30 Disney TEXT ★★
MONKEY BUSINESS 5 Sky Cinema ★★
THE MORE THE MERRIER 22 Carlton Cinema ★★
MR MAGOO Leslie Nielsen 27 Sky Premier TEXT ★★
MY COUSIN VINNY 13 Sky MovieMax TEXT DS ★★
MY FAVOURITE BRUNETTE 2 Sky Cinema ★★
MY FAVOURITE MARTIAN 7-13 Front Row ★★
MY LITTLE CHICKADEE 9 Sky Cinema ★★
MYRA BRECKINRIDGE 18 FilmFour TEXT ★★
MYSTIC PIZZA Julia Roberts 29 Carlton Cinema ★★

IN THE FRAME



CRAIG CHARLES

What's your favourite movie?

I'm really into *The Fifth Element*. It got panned by the critics but I think it's one of the best science fiction films ever made. I'm a Bruce Willis fan. You know it's gonna be a bad day when he gets into the lift wearing a dirty T-shirt.

What sort of films inspired you when you were growing up?

I loved *Star Wars* and the *Star Trek* movies. My mum used to make me watch all the old religious dramas like *The Robe*, *Cleopatra* and *Spartacus*. Which reminds me, I saw Kirk Douglas's youngest son, who's a stand-up comic, when he played The Comedy Store in London. He was getting heckled left, right and centre and he lost it and said, "Do you know who I am? I'm Kirk Douglas's son!" And someone from the audience [in homage to a celebrated scene in *Spartacus*, starring Kirk Douglas] shouted, "No, I'm Kirk Douglas's son," and then everybody else started saying, "No, I'm Kirk Douglas's son".

What's your first movie memory?

One Hundred and One Dalmatians. I remember it was in the old Odeon building in Liverpool and my older brother Jimmy took me. We could either get chips or the bus back so we got the chips and walked the three miles home.

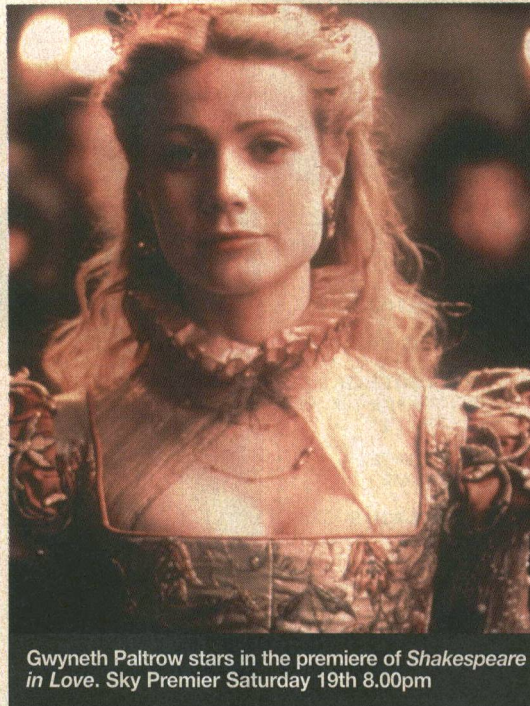
What's your favourite movie quote?

"Show me the money!" Cuba Gooding Jr in *Jerry Maguire*.

Do you have any movie ideas of your own?

I've been working on this idea called "Dollies", which is set in the future. Dolly was the first cloned sheep and so now in the future the slang for clones is Dollies. It's all about the Clone Wars. All these clones are fighting for equal rights. The judges rule that the clones are the property of the original DNA donors. So in the end a lot of people end up beating themselves to death in the Clone Riots.

NADINE Jeff Bridges 5
Sky Cinema ***
NATIONAL LAMPOON'S EUROPEAN VACATION
 15 **Sky MovieMax** ***
NATIONAL LAMPOON'S GOLF PUNKS Tom Arnold
 6 **Sky MovieMax DS** **
NATIONAL LAMPOON'S MEN IN WHITE Tom Wilson
 9 **Sky MovieMax** **
THE NIGHT BEFORE 8
Carlton Cinema ***
NIGHT SHIFT Henry Winkler
 11 **Sky Cinema** ***
92 IN THE SHADE
 1 **Sky Cinema** ***
1941 Dan Ackroyd 7 **Sky Cinema** TEXT ***
NOTTING HILL Hugh Grant
 1-10 **Front Row** ****
THE OBJECT OF MY AFFECTION 11, 23
Sky Premier TEXT ***
OH, HEAVENLY DOG!
 4 **Sky Premier** DS **
ON THIN ICE 31 **Sky MovieMax** PREMIERE ***
ONCE UPON A HONEYMOON
 2 **Carlton Cinema** ***
OUR RELATIONS
 9 **Sky Cinema** ***
OVERNIGHT DELIVERY
 16 **Sky MovieMax** TEXT ***
PACK UP YOUR TROUBLES 7, 13
Sky Cinema ***
THE PALM BEACH STORY
 31 **Sky Cinema** ***
PARDON US Stan Laurel, Oliver Hardy 7 **Sky Cinema** ***
PAT AND MIKE 11 **TCM** ***
PECKER Edward Furlong 7, 17
Sky Premier TEXT DS ***
THE PENTAGON WARS 20, 28
Sky MovieMax DS ***
PETE 'N' TILLIE 13, 21
Carlton Cinema ***
THE PHILADELPHIA STORY
 22 **TCM** ***
PICTURE PERFECT 6, 14
Sky Premier TEXT DS ***
PIRATES OF THE PLAIN
 26 **Sky Premier** DS ***
POLICE ACADEMY: BACK IN TRAINING 13, 30
Sky MovieMax **
POLISH WEDDING 10, 22
Sky Premier TEXT DS ***
THE POPE MUST DIE
 12 **Sky Cinema** DS ***
PRACTICAL MAGIC 24
Sky Premier TEXT DS ***
PRET A PORTER Kim Basinger
 16 **FilmFour** ****
PROMISE HER ANYTHING
 Warren Beatty 5 **TCM** ***
PENELOPE 5 **TCM** ***
RIDE Malik Yoba 31 **Sky MovieMax** TEXT ***
ROMANTIC UNDERTAKING
 William Katt 4, 13, 21, 30
Sky MovieMax ***
SAFE MEN Sam Rockwell
 22 **Sky MovieMax DS** **
SAPS AT SEA Stan Laurel 11
Sky Cinema ***
SEEMS LIKE OLD TIMES
 16 **Carlton Cinema** ***
SENSELESS Marlon Wayans
 9 **Sky MovieMax** TEXT ***
SHAKESPEARE IN LOVE
 19, 29 **Sky Premier** PREMIERE TEXT DS ****
SHIRLEY VALENTINE 2, 8, 13
Sky MovieMax DS ****
SIBLING RIVALRY Kirsty Alley
 9 **Sky Premier** ***
THE SILENCERS
 13 **FilmFour** TEXT ***
SISTER ACT 2: BACK IN THE HABIT 13 **Disney** TEXT **
SMART HOUSE
 9 **Disney** TEXT **
A SMILE LIKE YOURS 25
Sky Premier TEXT **
SOCCER DOG: THE MOVIE
 4 **Sky Premier** **
SONS OF THE DESERT
 8, 26 **Sky Cinema** ***
SOUR GRAPES Stephen Weber
 8 **Sky MovieMax** PREMIERE TEXT DS ***
SPECIAL DELIVERY 8, 17, 25
Sky MovieMax **



Gwyneth Paltrow stars in the premiere of *Shakespeare in Love*. **Sky Premier** Saturday 19th 8.00pm

SPLITTING HEIRS Eric Idle
 4 **Sky Cinema** ***
SPRUNG Tisha Campbell
 24 **Sky MovieMax** TEXT **
STILL CRAZY Stephen Rea
 5 **Sky MovieMax** TEXT ***
STRICTLY BALLROOM
 15 **FilmFour** TEXT ****
SULLIVAN'S TRAVELS
 25 **Carlton Cinema** **
THE SUNSHINE BOYS Walter Matthau 23 **TCM** ***
THE SUPER Joe Pesci
 1 **Sky Cinema** DS ***
SWEET REVENGE
 13 **Carlton Cinema** ***
SWINGERS 8 **FilmFour** ***
SWISS MISS Stan Laurel
 10 **Sky Cinema** **
SWITCHING CHANNELS
 6, 19 **Sky Premier** **
THAT CERTAIN FEELING
 10 **Sky Cinema** ***
THAT OLD FEELING 4, 13, 23
Sky Premier TEXT ***
THERE'S SOMETHING ABOUT MARY Cameron Diaz, Matt Dillon 11 **Sky Premier** TEXT ****
THEY ALL LAUGHED Audrey Hepburn 12 **TCM** ***
TO BE OR NOT TO BE
 16 **Sky Cinema** **
TO CATCH A YETI 3, 22, 30
Sky MovieMax **
TOOTHLESS
 16 **Disney** TEXT **
TRIAL AND ERROR
 6, 8, 11 **Sky MovieMax** LAST PLAY TEXT ***
TROOP BEVERLY HILLS 8, 20
Sky MovieMax DS **
TWO GIRLS AND A GUY
 29 **Sky Premier** PREMIERE TEXT ***
WAG THE DOG 8, 26
Sky Premier TEXT ***
THE WATERBOY Henry Winkler
 1-6 **Front Row** ***
WAY OUT WEST Stan Laurel
 9 **Sky Cinema** ***
A WEEKEND IN THE COUNTRY Dudley Moore 22, 28
Sky Premier TEXT ***
WHAT A CARVE UP!
 5 **Sky Cinema** **
WHAT RATS WON'T DO 18
Sky Premier TEXT ***
THE WHEELER DEALERS
 3 **TCM** ***
WHICH WAY IS UP?
 11 **Sky Cinema** **
WHO'S HARRY CRUMB?
 28 **Sky Cinema** ***
WILD WILD WEST 21-31
Front Row ***
WITH FRIENDS LIKE THESE
 19 **Sky MovieMax** DS ***

WITHOUT A CLUE
 28 **Sky Cinema** **
WORKING GIRL Melanie Griffith
 27 **Sky Cinema** ***
WRONGFULLY ACCUSED
 9, 21 **Sky MovieMax** PREMIERE TEXT DS ***
YOU'RE TELLING ME
 27 **Sky Cinema** ***
YOU'VE GOT MAIL Tom Hanks, Meg Ryan 26 **Sky Premier** PREMIERE TEXT DS ***
YOUNG DOCTORS IN LOVE
 21 **Carlton Cinema** **
YOUNG HEARTS UNLIMITED
 6, 26 **Sky Premier** **

DOCUMENTARY

A ALIEN CONTACT: ARE WE ALONE? 15
Sky MovieMax ***
CRUMB 4 **FilmFour** TEXT ***
DIAL H FOR HITCHCOCK
 13 **Sky Cinema** ***
JOHN FORD: AN AMERICAN VISION 24
Carlton Cinema ***
MARLENE 1, 10
Sky MovieMax ****
THAT'S DANCING!
 6 **TCM** ****
TONITE LET'S ALL MAKE LOVE IN LONDON
 16 **FilmFour** ***
UNIVERSAL HORROR
 30 **Sky Cinema** ****

DRAMA

A THE ADVENTURERS
 5 **Sky Cinema** ***
AGAINST HER WILL 27
Carlton Cinema ***
AGNES OF GOD 14, 31
Carlton Cinema ***
AIRSPED Joe Mantegna 12, 21, 30
Sky MovieMax DS **
THE ALAMO: 13 DAYS TO GLORY Alec Baldwin
 17 **Sky Premier** ***
ALBINO ALLIGATOR
 26 **Carlton Cinema** ***
ALEX AND THE GYPSY
 22 **Sky Cinema** ***
ALIVE Ethan Hawke
 19 **Sky Cinema** DS ***
ALL ABOUT EVE
 21 **Sky Cinema** TEXT ****
ALL I DESIRE Barbara Stanwyck
 10 **Carlton Cinema** ***
ALL OF IT 16, 29
Sky MovieMax **
ALL THE PRESIDENT'S MEN
 9 **Sky Cinema** ****

ALONE WITH A STRANGER
 Priscilla Barnes 1 **Sky MovieMax** PREMIERE ***
ALWAYS Richard Dreyfuss 6, 19
Sky Premier DS ***
ALWAYS OUTNUMBERED 7, 23
Sky MovieMax DS ***
AMERICAN FLYERS 7 **Sky Cinema** DS ***
AN AFFAIR TO REMEMBER
 4 **Carlton Cinema** ****
AN UNEXPECTED LIFE 3
Sky MovieMax ***
... AND JUSTICE FOR ALL
 4, 29 **Carlton Cinema** ***
AND THE BEAT GOES ON: THE SONNY & CHER STORY
 28 **Sky MovieMax** LAST PLAY TEXT ***
ANOTHER TIME, ANOTHER PLACE 25 **Sky Cinema** ***
THE ART OF MURDER
 26 **Sky MovieMax** DS **
ARTIFICIAL LIES 8 **Sky MovieMax** PREMIERE ***
AS GOOD AS IT GETS 3
Sky Premier TEXT ****
L'ATALANTE Michel Simon, Jean Dasté 1 **FilmFour** ***
ATLANTIC CITY Burt Lancaster
 18 **Carlton Cinema** ***
ATOMIC DOG 23 **Sky MovieMax** **
ATTACK FORCE Z Mel Gibson
 15 **Sky Cinema** **
AU REVOIR LES ENFANTS
 25 **FilmFour** ****
THE AUDREY HEPBURN STORY 14 **Sky Cinema** ***
AVALON Aidan Quinn 13, 25
Carlton Cinema ***
THE AVENGERS Ralph Fiennes
 3 **Sky Premier** TEXT **
BACK TO BATAAN 15
Sky Cinema TEXT ***
BACKSTREET DREAMS
 23 **Sky Cinema** **
BAD BOYS Sean Penn 29
Sky Cinema ***
BAD TO THE BONE 5, 10, 17
Sky MovieMax LAST PLAY **
BANDE A PART 23
FilmFour ***
BARBARA TAYLOR BRADFORD'S SECRET AFFAIR 11, 23
Sky MovieMax **
BARTON FINK John Turturro
 22 **FilmFour** ***
THE BASE 16, 28
Sky MovieMax TEXT PREMIERE ***
BATMAN RETURNS
 Michael Keaton
 5 **Sky Cinema** DS ***
THE BATTLE OF THE BULGE
 13 **Sky Cinema** ***
THE BEARS AND I 9
Sky MovieMax **
BEAUTY Janine Turner 15, 28
Sky MovieMax **
BEEFCAKE Daniel MacLvor
 27 **FilmFour** TEXT ***
THE BEGUILLED Clint Eastwood
 26 **Sky Cinema** ***
BEHOLD A PALE HORSE 24
Carlton Cinema ***
THE BENIKER GANG 14, 31
Sky Premier ***
BEN-HUR Charlton Heston 7
TCM WIDESCREEN ****
BEVERLY HILLS NINJA
 21 **Carlton Cinema** **
BEYOND THE PRAIRIE
 31 **Sky Premier** **
BEYOND THE VALLEY OF THE DOLLS Dolly Read
 15 **FilmFour** TEXT ***
THE BIG BLUE Jean-Marc Barr
 29 **FilmFour** ****
THE BIG CHILL Glenn Close, William Hurt, Tom Berenger
 1 **Carlton Cinema** ****
THE BIG PICTURE 9, 26
Carlton Cinema ***
BIGGER THAN LIFE
 14 **FilmFour** TEXT ****
BILLY HOLLYWOOD'S SCREEN KISS 6 **FilmFour** **
BILOXI BLUES 1, 27
Carlton Cinema ***
BIRD MAN OF ALCATRAZ
 23 **TEXT** **FilmFour** ****
BLACK MOON RISING
 24 **Carlton Cinema** ***

BLADE Wesley Snipes 28
Sky Premier TEXT DS ***
BLOODSPORT Jean-Claude Van Damme 24 **Sky MovieMax** **
BLUE DESERT Courtney Cox
 19 **Carlton Cinema** ***
BLUE VALLEY SONGBIRD
 12, 20 **Sky MovieMax** **
BLUE VELVET Kyle MacLachlan
 7 **FilmFour** TEXT ***
A BLUEPRINT FOR MURDER
 6 **Sky Cinema** **
BORDER LINE 25 **Sky MovieMax** **
LE BOSSU Daniel Auteuil
 2, 20 **Sky Premier** WIDESCREEN ***
THE BORDER Jack Nicholson
 8, 25 **Carlton Cinema** ***
BOUND Jennifer Tilly 20
FilmFour ***
BOYZ N THE HOOD 1 **Sky Cinema** TEXT DS ****
BREACH OF TRUST 2
Sky MovieMax ***
BREAKING THE WAVES
 21 **FilmFour** ***
BREAKING UP 12 **Sky MovieMax** TEXT ***
BRIGHT ANGEL 6, 25
Sky Cinema ***
BRUTE FORCE Burt Lancaster
 11 **Carlton Cinema** ***
BUFFALO 66 Vincent Gallo 27
Sky Premier TEXT ***
BULWORTH Warren Beatty
 1, 25 **Sky Premier** PREMIERE TEXT DS ***
BUS RILEY'S BACK IN TOWN 2 **Sky Cinema** **
BUTTERFIELD 8 Elizabeth Taylor
 9 **TCM WIDESCREEN** ***
C CALIFORNIA SPLIT
 27 **Sky Cinema** ***
CALL NORTHSIDE 777 James Stewart 4 **Sky Cinema** ***
CAREER Dean Martin 31
Sky Cinema TEXT ***
CASTLE KEEP Burt Lancaster
 24 **Sky Cinema** TEXT ***
CAT ON A HOT TIN ROOF
 30 **TCM** ****
CELINE AND JULIE GO BOATING Juliet Berto
 16 **FilmFour** ***
THE CHALLENGE Scott Glenn
 12 **Carlton Cinema** **
CHANGE OF A LIFETIME
 4 **Sky MovieMax** **
CHANGE OF HABIT Elvis Presley 16 **Sky Cinema** **
CHANDLER 12 **TCM** ***
CHARLEY AND THE ANGEL
 7, 18 **Sky MovieMax** ***
THE CHASE Marlon Brando
 3 **Sky Cinema** ****
CHIPS '99 12, 20, 28
Sky MovieMax **
CHOCOLAT Cécile Ducasse
 18 **FilmFour** **
CITIZEN KANE Orson Welles
 7 **FilmFour** TEXT ****
CITY OF ANGELS 7 **Sky Premier** TEXT ***
CLASS ACTION 9, 18, 24, 29
Sky Premier ****
CLEAN AND SOBER
 23 **Sky Cinema** **
COBRA Sylvester Stallone
 26 **Sky MovieMax** **
COLD WATER Virginie Ledoyan
 17 **FilmFour** ***
COLOR ME PERFECT
 8 **Sky MovieMax** ****
THE COLOR OF COURAGE
 7 **Sky MovieMax** ***
COLUMBO: ASHES TO ASHES
 29 **Sky MovieMax** **
CORKY 28 **TCM** ***
CONVICTS 4 Ben Gazzara
 14 **Sky Cinema** ***
COOL HAND LUKE 14
Sky Cinema ****
COPLAND 6, 18 **Sky Premier** TEXT ****
COUNTER ATTACK
 30 **Sky Cinema** ***
COURAGE MOUNTAIN
 21 **Sky Premier** **
THE CREATOR'S GAME 2, 23
Sky MovieMax PREMIERE ***
THE CRIMSON PIRATE
 21 **Sky Cinema** **
CROSSROADS Ralph Macchio
 14 **Sky Cinema** ***

FILMS ON CABLE FILMS ON CABLE FILMS ON CABLE

CROWNED AND DANGEROUS 1 Sky MovieMax TEXT DS ★★
CRUEL INTENTIONS 1-6 Front Row ★★★★★
CYRANO DE BERGERAC 20 FilmFour ★★★★★
DADDY'S LITTLE ANGEL 9 Sky MovieMax ★★
DANCE LITTLE LADY 4 Carlton Cinema ★★
DANCING AT LUGHANSA Meryl Streep 13 FilmFour ★★★★★
DANGEROUS MOONLIGHT 30 Carlton Cinema ★★
DANIELLE STEEL'S CHANGES 7 Sky MovieMax ★★
DANIELLE STEEL'S DADDY 8, 18, 29 Sky MovieMax ★★
DANIELLE STEEL'S FINE THINGS DW Moffett 9, 31 Sky MovieMax ★★
DANIELLE STEEL'S HEARTBEAT John Ritter 1, 10 Sky MovieMax ★★
DANIELLE STEEL'S PALOMINO 11 Sky MovieMax ★★
DANIELLE STEEL'S SECRETS Christopher Plummer 13, 26 Sky MovieMax ★★
THE DARK AVENGER Errol Flynn 20 Sky Cinema ★★
THE DARKLINGS Martin Sheen 12 Carlton Cinema ★★
DEADLINE USA Humphrey Bogart 15 Sky Cinema ★★
DESERT HEARTS Helen Shaver 31 FilmFour ★★
DESPERATE HOURS 6, 19 Sky Cinema DS ★★
DETOUR Tom Neal 11 Carlton Cinema ★★
DIRTY HARRY Clint Eastwood 28 Sky Cinema ★★
DOBERMANN Vincent Cassel 18 FilmFour ★★
DON'T GO BREAKING MY HEART Jenny Seagrove 4, 22 Sky Premier TEXT DS ★★
DON'T LOOK BEHIND YOU 6, 31 Sky MovieMax ★★
DYING YOUNG Julia Roberts 17 Sky Premier ★★
EAGLE AND THE HAWK 13 Sky Cinema ★★
EARTHLY POSSESSIONS Susan Sarandon 10, 26 Sky Premier TEXT DS ★★
EAT DRINK MAN WOMAN 22 FilmFour ★★
ED WOOD Johnny Depp, Martin Landau 7 FilmFour TEXT ★★
THE EDGE 9, 21 Sky Premier TEXT DS ★★
THE EDUCATION OF LITTLE TREE James Cromwell 30 Sky Premier TEXT ★★
ELIZABETH Cate Blanchett 14 FilmFour TEXT ★★
ENCHANTED Sydney Penny 19 Sky MovieMax ★★
ENEMY OF THE STATE 6, 25 Sky Premier TEXT DS ★★
ERASERHEAD John Nance 11 FilmFour TEXT ★★
EVER AFTER 13 Sky Premier TEXT ★★
THE FABULOUS BAKER BOYS 10 Sky Cinema ★★
FALLING DOWN 26 FilmFour TEXT ★★
FAMILY RESCUE George C. Scott 10 Carlton Cinema ★★
FAREWELL, MY LOVELY 1 Carlton Cinema ★★
FAREWELL TO THE KING 21 Sky Cinema ★★
FAST TIMES AT RIDGEMONT HIGH Sean Penn 8 Carlton Cinema ★★
A FATHER'S SON 14 Sky MovieMax ★★
FEAR AND LOATHING IN LAS VEGAS Johnny Depp 14 Sky Premier DS ★★
FIELD OF DREAMS 11 Sky Premier DS ★★
LA FILLE DE D'ARTAGNAN 28 FilmFour ★★
FINAL DESCENT Robert Urich 7, 24 Sky MovieMax ★★
FINDING KELLY 10, 19, 29 Sky MovieMax ★★
FIRE DOWN BELOW 18 Sky MovieMax TEXT ★★

FIRESTORM Howie Long 4 Sky MovieMax TEXT ★★
FIRST TO FIGHT Chad Everett 15 Sky Cinema ★★
FLOWERS FOR ALGERNON 4 Sky Premier ★★
THE FLYING LEATHER-NECKS John Wayne, Robert Ryan 23 Sky Cinema ★★
FLYPAPER Robert Loggia 15, 27 Sky MovieMax DS ★★
FOR QUEEN AND COUNTRY 2 Carlton Cinema ★★
THE FOUR HUNDRED BLOWS 3 FilmFour ★★
THE FOURTH MAN Jeroen Krabbé 22 FilmFour ★★
FRIENDS TILL THE END Jennifer Blanc 8, 14 Sky MovieMax LAST PLAY TEXT ★★
THE FUGITIVE Henry Fonda 31 Sky Cinema ★★
THE FUNERAL Christopher Walken 4 FilmFour ★★
THE GALLANT BLADE 29 Sky Cinema ★★
GET CARTER Michael Caine 14 TCM WIDESCREEN ★★
THE GIFT OF LOVE 18 Disney PREMIERE ★★
THE GINGERBREAD MAN Kenneth Branagh 5 Sky Premier TEXT ★★
GO TELL THE SPARTANS 10 Carlton Cinema ★★
GODZILLA Matthew Broderick 14 Sky Premier ★★
GOING HOME 30 TCM ★★
GOOD WILL HUNTING 11 Sky Premier TEXT ★★
THE GOODBYE BIRD 3, 14 Sky Premier ★★
THE GRADUATE 13 FilmFour TEXT ★★
GRANDVIEW, USA Jamie Lee Curtis 10 Carlton Cinema ★★
LA GRANDE BOUFFE 11 FilmFour ★★
GREAT EXPECTATIONS 9, 31 Sky Premier TEXT ★★
GUADALCANAL DIARY 15 Sky Cinema ★★
GUMMO Jacob Reynolds 1 Sky Premier TEXT ★★
GUMSHOE Albert Finney 8 Sky Cinema ★★
THE GUNRUNNER 18 Carlton Cinema ★★
H LA HAINE Vincent Cassel 18 FilmFour ★★
HARD TO KILL 10 Sky MovieMax ★★
THE HARRAD EXPERIMENT 14 FilmFour ★★
HARVEST Ted Shackelford 14 Sky MovieMax ★★
HAVANA Robert Redford 18 Sky Cinema ★★
HAWKS Timothy Dalton 11 Sky MovieMax ★★
HE'S NOT YOUR SON 18 Sky MovieMax ★★
HEARTWOOD 15 Sky Premier PREMIERE DS ★★
HEAVENLY CREATURES 1 FilmFour ★★
HER OWN RULES 31 Sky MovieMax LAST PLAY DS ★★
HEROES 11 Sky Cinema ★★
HIGH ART 27 FilmFour ★★
THE HILL 21 TCM WIDESCREEN ★★
HOPE FLOATS 5, 15, 28 Sky Premier TEXT DS ★★
THE HORSE WHISPERER 23 Sky Premier TEXT ★★
HOUSE OF 1,000 DOLLS 17 Carlton Cinema ★★
HOUSE OF BAMBOO Robert Ryan 26 Sky Cinema ★★
THE HUNTERS Robert Mitchum 6, 22 Sky Cinema ★★
THE HURRICANE ANDREW STORY 14 Sky MovieMax ★★
I CAN'T SLEEP Katerina Golubeva 1 FilmFour ★★
I'LL BE HOME FOR CHRISTMAS Hal Holbrook 6, 16, 27 Sky MovieMax ★★
IN GOLD WE TRUST 14 Sky MovieMax ★★
IN THIS OUR LIFE Bette Davis, George Brent 1 TCM ★★
IN YOUR WILDEST DREAMS 15 Sky MovieMax ★★

INDISCRETION OF AN AMERICAN WIFE Jennifer Jones 17 Carlton Cinema ★★
INFERNO 24 Sky MovieMax PREMIERE TEXT DS ★★
INFINITY Matthew Broderick 7 Sky Premier TEXT ★★
INTO THIN AIR: DEATH ON EVEREST Peter Horton 4, 13, 24 Sky MovieMax TEXT ★★
INVENTING THE ABBOTTS 29 Sky Premier TEXT ★★
INVISIBLE CHILD 4, 22 Sky Premier ★★
INVISIBLE MOM 222 Sky MovieMax ★★
ISLAND IN THE SUN James Mason 7 Sky Cinema ★★
ISLAND OF DESIRE 29 Carlton Cinema ★★
IT HAPPENED HERE Pauline Murray 2 FilmFour ★★
JACK FROST Michael Keaton 1-6 Front Row ★★
JAILHOUSE ROCK Elvis Presley 13 TCM WIDESCREEN ★★
JACKIE BROWN 7 Sky Premier TEXT ★★
JAMAICA INN Charles Laughton 6 Carlton Cinema ★★
JEAN DE FLORETTE Gérard Depardieu 5 FilmFour ★★
J'EMBRASSE PAS Manuel Blanc 6 FilmFour ★★
JOLSON SINGS AGAIN 19 Sky Cinema ★★
THE JOLSON STORY 19 Sky Cinema ★★
JOSEPH CONRAD'S THE SECRET AGENT Bob Hoskins 31 Sky Premier TEXT ★★
JULES ET JIM Jeanne Moreau 6 FilmFour ★★
JULES VERNE'S 800 LEAGUES DOWN THE AMAZON 22 Sky MovieMax ★★
JULIA AND JULIA 6 Carlton Cinema ★★
JUNGLE BOY David Fox 10 Sky Premier ★★
THE KARATE KID II 15, 19 Sky Premier ★★
THE KARATE KID PART III 20 Sky Premier ★★
KES 13 Carlton Cinema ★★
KID COP Alexandra Paul 9, 17 Sky Premier ★★
KIDNAPPED 26 Sky MovieMax ★★
KIDNAPPED IN PARADISE 24 Sky MovieMax ★★
A KILLING AFFAIR 15 Carlton Cinema ★★
A KIND OF LOVING Alan Bates 8, 20 Sky Cinema ★★
KNIGHTRIDERS Ed Harris 10 Carlton Cinema ★★
KNOCK ON ANY DOOR 23 Sky Cinema ★★
KRAMER VS KRAMER 2 Carlton Cinema ★★
KUNDUN Tenzin Thuthob Tsarong 6, 15 Sky Premier TEXT ★★
LADY CAROLINE LAMB 23 Sky Cinema ★★
THE LAKER GIRLS 24 Sky MovieMax ★★
LAND OF THE PHAROHS 9 Sky Cinema ★★
THE LAST BOY SCOUT 11 Sky MovieMax TEXT DS ★★
THE LAST DAYS OF DISCO Kate Beckinsale 22 Sky Premier TEXT DS ★★
THE LAST GREAT RIDE 27 Sky MovieMax ★★
LEAVING NORMAL 4, 30 Carlton Cinema ★★
THE LEGEND OF WOLF MOUNTAIN Bo Hopkins 26 Sky MovieMax ★★
LES DIABOLQUES Vera Clouzet 10 FilmFour ★★
LES MISERABLES 14 Carlton Cinema ★★
LES MISERABLES Liam Neeson 15 Sky Premier DS ★★
LES VOLEURS Laurence Côte 9 FilmFour ★★
LESS THAN ZERO 30 Sky Cinema ★★
LET IT BE ME 4 Sky MovieMax DS ★★
LETHAL WEAPON 3 Mel Gibson, 3 Sky MovieMax ★★

LETHAL WEAPON 4, 5, 21 Sky Premier TEXT ★★
THE LION IN WINTER 2 Sky Cinema ★★
THE LION OF AFRICA 23 Sky MovieMax ★★
LIONHEART Eric Stoltz 2, 11, 25 Sky Premier DS ★★
LITTLE CAESAR Edward G. Robinson 21 TCM ★★
LITTLE MEN 3, 15, 21, 26 Sky Premier ★★
LIVING OUT LOUD Holly Hunter 8, 16 Sky Premier PREMIERE TEXT DS ★★
LOLITA 23 TCM WIDESCREEN ★★
LORD OF THE FLIES 7, 17, 27 Sky Premier ★★
LOVE AFTER DEATH 10, 31 Sky Premier ★★
LUCKY LADY Gene Hackman 17 Carlton Cinema ★★
LUMIERE ET COMPAGNIE 9 FilmFour ★★
LURED George Sanders 26 Carlton Cinema ★★
MA VIE EN ROSE 22 FilmFour ★★
MA VIE SEXUELLE Mathieu Amalric 31 FilmFour ★★
MACAO Robert Mitchum 10 Carlton Cinema ★★
MACBETH Orson Welles 19 Sky Cinema ★★
MAD CITY John Travolta 10, 28 Sky Premier TEXT ★★
MAKING WAVES 1 Sky MovieMax PREMIERE ★★
A MAN AND A WOMAN - 20 YEARS LATER 6 Sky MovieMax ★★
MANON DES SOURCES 5 FilmFour ★★
MARILYN AND ME 15, 26 Sky MovieMax ★★
MARVIN'S ROOM Diane Keaton 7 FilmFour ★★
THE MASK OF ZORRO 28 Sky Premier TEXT DS ★★
MASTERMINDS 27 Sky MovieMax TEXT ★★
MEANTIME Phil Daniels, Tim Roth 27 FilmFour ★★
MEET JOE BLACK 5, 15 Sky Premier PREMIERE DS ★★
MELANIE DARROW 9, 25 Sky MovieMax ★★
MEN OF WAR Dolph Lundgren 19 Sky MovieMax ★★
MERRILL'S MARAUDERS 15 Sky Cinema ★★
METROLAND Christian Bale 20 Sky Cinema ★★
MIDNIGHT EXPRESS 17 Carlton Cinema ★★
MILES TO GO BEFORE I SLEEP Martin Balsam, Mackenzie Phillips 5 Carlton Cinema ★★
MIRACLE MILE Anthony Edwards 26 Sky Cinema ★★
MIRACLE ON THE 17TH GREEN Robert Urich 1 Sky MovieMax PREMIERE ★★
MISTER FROST Jeff Goldblum 5 Sky MovieMax ★★
MOJO Ian Hart, Ewen Bremner 2 Sky MovieMax ★★
MOONRISE Dane Clark 21 Carlton Cinema ★★
MORE 19 FilmFour ★★
MRS DALLOWAY 6, 16 Sky Premier ★★
MY AIN FOLK Stephen Archibald 22 FilmFour TEXT ★★
MY BEAUTIFUL LAUNDRETTE Daniel Day Lewis 21 FilmFour ★★
MY CHILDHOOD 22 FilmFour TEXT ★★
MY MOTHER THE SPY Dyan Cannon 22 Sky MovieMax PREMIERE ★★
MY NAME IS JOE Peter Mullan 11 FilmFour ★★
MY TUTOR Matt Lattanzi 25 Carlton Cinema ★★
MY WAY HOME Paul Lermack 22 FilmFour TEXT ★★
MY WICKED WICKED WAYS: THE LEGEND OF ERROL FLYNN 28 Sky Premier ★★
THE MYTH OF FINGER-PRINTS 3, 13, 21, 31 Sky Premier TEXT ★★

NAKED CITY 2: KILLER CHRISTMAS Scott Glenn 17 Sky MovieMax ★★
NAKED LUNCH Peter Weller 2 Sky Cinema ★★
THE NEGOTIATOR 12, 23 Sky Premier TEXT DS ★★
NELLY AND MONSIEUR ARNAUD 13 FilmFour ★★
NENETTE ET BONI Alice Hourie 2 FilmFour ★★
NEVER TELL ME NEVER 5, 19, 29 Sky MovieMax DS ★★
NEVER TO LOVE Maureen O'Hara 8 Carlton Cinema ★★
NICO Steven Seagal 18 Sky MovieMax DS ★★
NIGHT OF THE HUNTER 30 FilmFour TEXT ★★
NIGHT OF THE WARRIOR 29 Sky MovieMax ★★
NIGHTMARE IN BIG SKY COUNTRY Patricia Wettig 20 Sky MovieMax TEXT ★★
NIL BY MOUTH 2 Sky MovieMax TEXT DS ★★
NORTH DALLAS FORTY 3 Sky Cinema ★★
NOTHING IN COMMON 2 Carlton Cinema ★★
NOWHERE LAND 16 Sky MovieMax DS ★★
OBJECTIVE, BURMA! Errol Flynn 28 TCM ★★
THE ODESSA FILE 12 Sky Cinema ★★
OKLAHOMA CITY: A SURVIVOR'S STORY 19, 27 Sky MovieMax TEXT ★★
OLD GRINGO Jane Fonda 14 Carlton Cinema DS ★★
ONCE AROUND Richard Dreyfuss 17 Sky Cinema ★★
ONCE WE WERE STRANGERS 2 FilmFour ★★
ONE IS A LONELY NUMBER 15 TCM ★★
ONE NIGHT STAND 1, 9, 27 Sky Premier TEXT ★★
OPERATION AMSTERDAM 31 Carlton Cinema ★★
THE OPPOSITE OF SEX Lisa Kudrow 22, 31 Sky Premier PREMIERE TEXT DS ★★
OSCAR AND LUCINDA 8 Sky Premier TEXT ★★
THE OUTSIDER 2 Sky Cinema ★★
THE PANIC IN NEEDLE PARK Al Pacino, Kitty Winn 26 Sky Cinema ★★
PARADISE ROAD 19 Sky Premier TEXT ★★
PASSING GLORY 3 Sky MovieMax PREMIERE ★★
PAYBACK 5, 16, 25 Sky Premier ★★
PEGGY SUE GOT MARRIED 1 Carlton Cinema ★★
PENNY SERENADE 1 Carlton Cinema ★★
PERDITA DURANGO Rosie Perez 8 FilmFour ★★
PERFECT John Travolta 3 Carlton Cinema ★★
PERFECT BODY 31 Sky MovieMax LAST PLAY ★★
PERFECT PREY 19 Carlton Cinema ★★
A PERFECT TRIBUTE 13, 23, 31 Sky MovieMax ★★
THE PHILADELPHIA EXPERIMENT Michael Paré 26 Carlton Cinema ★★
PICNIC AT HANGING ROCK 6 FilmFour TEXT ★★
PIMPERNEL SMITH 12 Sky Cinema ★★
THE PIRATES OF BLOOD RIVER 27 Sky Cinema ★★
PIT PONY 1, 7, 16, 24, 29 Sky Premier ★★
PLACES IN THE HEART 9 Sky Cinema ★★
PONETTE 20 FilmFour ★★
PONY SOLDIER 26 Sky Cinema ★★
THE PRESIDENT'S MAN 31 Sky MovieMax ★★
THE PRIMROSE PATH 23 Carlton Cinema ★★
PRINCE VALIANT 10 Sky Premier TEXT ★★
PULP FICTION John Travolta 23 FilmFour TEXT ★★

FILMS ON CABLE FILMS ON CABLE FILMS ON CABLE

PUNCHLINE Sally Field 6
Carlton Cinema ***

A RAGE IN HARLEM 24
R Sky Cinema DS ***

RAGTIME James Cagney 28
Carlton Cinema ***

THE RAINMAKER 20 Sky
Premier TEXT *****

THE RAINS CAME 23
Carlton Cinema ***

RED KING, WHITE KING
14 Carlton Cinema ***

REGARDING HENRY
9 Sky Premier DS ***

RENEGADES Kiefer Sutherland
4, 19, 28 Sky Cinema ***

LA REINE MARGOT Isabelle
Adjani 14 FilmFour ***

RESTLESS SPIRITS Michel
Monty 2 Disney PREMIERE **

RESURRECTION 28
Sky MovieMax *****

THE RETURN OF MARTIN
GUERRE 2 FilmFour ***

THE REVOLUTIONARY 19
Carlton Cinema ***

RIVER'S EDGE 9 Sky
MovieMax ***

ROADRACERS David Arquette
5 FilmFour ***

THE ROSE 18 Carlton
Cinema ***

RUN WILD, RUN FREE
12, 18 Sky Cinema ***

RUNNING BRAVE 24
Sky MovieMax DS ***

RUSH HOUR Jackie Chan 7
Sky MovieMax TEXT DS ***

SAVING PRIVATE RYAN
Tom Hanks 14 Sky Premier
TEXT DS *****

SCARECROW Gene Hackman
5 Sky Cinema *****

THE SCARLET TUNIC 5, 20,
28 Sky Premier ***

SCHOOL TIES 16 Sky
MovieMax DS ***

THE SEA WOLVES 20
Sky Cinema ***

THE SECRET OF THE
PURPLE REEF Jeff Richards
9 Sky Cinema ***

SEE THE SEA Sasha Hails,
Marina De Van 6 FilmFour ***

SENSE AND SENSIBILITY
1 FilmFour TEXT *****

SERGEANT RYKER
1 Sky Cinema ***

SEVEN MILES FROM
ALCATRAZ James Craig
19 Sky Cinema *****

THE SEVEN SAMURAI
27 FilmFour *****

SEVEN YEARS IN TIBET 2,
11, 26 Sky Premier TEXT ***

SHARKY'S MACHINE 28
Sky Cinema DS ***

SHATTERED HEARTS 1, 10,
21 Sky MovieMax **

SHELTER John Allen Nelson
15 Sky MovieMax DS ***

SHILOH 3 Sky Premier ***

SHINE Noah Taylor, Geoffrey
Rush 6 FilmFour TEXT *****

SHOOT THE PIANIST Charles
Aznavor 1 FilmFour ***

THE SIEGE 12, 22 Sky Premier
PREMIERE TEXT DS ***

SILENCING MARY 27
Sky MovieMax ***

SINBAD THE SAILOR 22
Sky Cinema ***

SIROCCO Humphrey Bogart
5 Sky Cinema ***

SITCOM 4 FilmFour ***

SLAVES OF NEW YORK
10 Sky Cinema DS ***

SLEEP WITH ME Eric Stoltz,
Meg Tilly 1 FilmFour ***

SOCCER DOG: THE MOVIE
23 Sky Premier ***

SO DARK THE NIGHT
5 Sky Cinema ***

SOLDIER OF FORTUNE Clark
Gable 17 Sky Cinema ***

A SOLDIERS TALE 30
Carlton Cinema ***

SOME CAME RUNNING 11
TCM WIDESCREEN ***

SOMEONE TO LOVE ME
7, 18 Sky MovieMax ***

SOMMERSBY Richard Gere
2 FilmFour TEXT ***

THE SOUL COLLECTOR
5, 13, 26 Sky MovieMax **

SOUTHERN HEART 10, 22
Sky MovieMax DS ***

THE SOUTHERN STAR
12 Sky Cinema ***

STATE OF GRACE Sean Penn
17 Sky Cinema DS ***

STELLA DALLAS 7 Carlton
Cinema ***

THE STORY ON PAGE ONE
23 Sky Cinema ***

A STREETCAR NAMED
DESIRE Ann-Margret 17
Carlton Cinema *****

STREETS OF FIRE 5, 22
Carlton Cinema ***

THE SUBTERRANEANS
George Peppard 10 TCM ***

SWEETIE Genevieve Lemon
3, 30 Sky Cinema ***

SWORD OF SHERWOOD
FOREST 20 Sky Cinema **

SWORD OF THE VALIANT
25 Sky Cinema DS ***

TAFFIN Pierce Brosnan 2, 10
Sky Cinema ***

TAKE MY ADVICE: THE ANN
AND ABBY STORY 2, 14, 26
Sky MovieMax **

TAKEN Dabney Coleman 15
Sky MovieMax DS **

THE TALK OF THE TOWN 3
Carlton Cinema ***

TAPS 20 Sky Cinema ***

TAXI DRIVER Robert De Niro
3 FilmFour TEXT *****

THE TEMP Timothy Hutton 1
Sky MovieMax DS ***

10 MILLION DOLLAR GET-
AWAY 9 Sky MovieMax ***

TEN NORTH FREDERICK
15 Carlton Cinema ***

10 RILLINGTON PLACE 25
FilmFour TEXT *****

10 THINGS I HATE ABOUT
YOU 7-17 Front Row ***

TENDER MERCIES
29 Sky Cinema *****

THIS BOY'S LIFE Leonardo
DiCaprio 24 FilmFour ***

THIS HAPPY BREED 6
Carlton Cinema ***

THIS IS THE SEA 12
Sky Premier DS ***

THIS WORLD, THEN THE
FIREWORKS Billy Zane 26
Sky MovieMax TEXT ***

A THOUSAND HEROES 5
Sky MovieMax ***

THREE SECRETS 14 Sky
MovieMax PREMIERE ***

TICK-TOCK 28 Sky
MovieMax PREMIERE ***

A TIME TO HEAL Gary Cole
17 Sky MovieMax **

THE TIN SOLDIER Jon Voight
30 Sky Premier *****

TITANIC 2, 14, 27
Sky Premier TEXT ***

TO LIVE AGAIN 2, 23
Sky MovieMax **

TORPEDO RUN 16 TCM **

TOUGH ENOUGH Dennis Quaid
28 Carlton Cinema **

TRADER HORNEE 12
FilmFour TEXT ***

TRAINSPOTTING Ewan
McGregor, Ewen Bremner
30 FilmFour TEXT *****

TRAITOR WITHIN 17 Sky
MovieMax ***

TREACHEROUS CROSSING
26 Sky MovieMax ***

THE TRIP TO BOUNTIFUL 27
Carlton Cinema ***

TROUBLE IN MIND 1, 23
Carlton Cinema ***

TRUE ROMANCE Brad Pitt 15
Carlton Cinema *****

TURBULENCE II: FEAR OF
FLYING Tom Berenger 27
Sky MovieMax ***

TWILIGHT Paul Newman 20
Sky Premier TEXT *****

TWO LANE BLACKTOP 12,
31 Carlton Cinema ***

TWO WEEKS IN ANOTHER
TOWN 8 TCM ***

UNDER SUSPICION 9, 25
Carlton Cinema ***

UNDER THE SKIN 21
FilmFour TEXT ***

UNDERCOVER ANGEL 13,
29 Sky Premier DS ***

UNDERTOW Scott Brady
10 Sky Cinema ***

U-TURN Sean Penn 27
Sky MovieMax TEXT ***

THE VALLEY OBSCURED
BY CLOUDS Bulle Ogier
12 FilmFour ***

VALLEY OF THE DOLLS
15 FilmFour TEXT **

THE VERDICT Paul Newman 3
FilmFour TEXT ***

W THE WAGES OF FEAR
5 FilmFour **

WALTER Ian McKellen 30
Carlton Cinema ***

A WAR OF CHILDREN
15 Carlton Cinema *****

THE WEDDING Halle Berry
1, 18 Sky MovieMax ***

WELCOME HOME JoBeth
Williams 16 Sky Cinema **

THE WHALES OF AUGUST
22 Sky Cinema ***

WHAT PRICE HOLLYWOOD?
13 Carlton Cinema **

WHATEVER HAPPENED TO
BABY JANE? Bette Davis, Joan
Crawford 22 Sky Cinema ***

WHEN TRUMPETS FADE 7,
20 Sky MovieMax DS **

WHERE EAGLES DARE 19
TCM WIDESCREEN *****

WHERE THE RED FERN
GROWS James Whitmore 16, 31
Sky MovieMax **

WHERE THE TRUTH LIES 1,
11, 20, 28 Sky MovieMax ***

WHERE'S JACK? 21 Sky
MovieMax TEXT ***

WHIRLPOOL Gene Tierney
9 FilmFour TEXT ***

WHITE NIGHTS 7, 31
Carlton Cinema ***

THE WHITE PONY Olivier
Gruner 27 Sky Premier ***

THE WHITE TOWER 19
Carlton Cinema ***

WITHOUT WARNING:
TERROR IN THE TOWERS
3 Sky MovieMax ***

WHO DARES WINS 20
Carlton Cinema *****

WHOSE LIFE IS IT ANYWAY?
Richard Dreyfuss 28 TCM ***

THE WHOLE WIDE WORLD
28 FilmFour *****

WILD AMERICA Devon Sawa
12 Sky Premier **

WILD AT HEART Nicolas Cage
8 FilmFour *****

THE WILD GESE 9 Carlton
Cinema *****

THE WILD REEDS Elodie
Bouchez 13 FilmFour ***

WILD RIVER Montgomery Clift
17 Sky Cinema **

WILDE 15 FilmFour *****

WIND DANCER 8, 30
Sky MovieMax **

WIND RIVER Karen Allen 11
Sky Premier ***

WINDY CITY Kate Capshaw
21 Carlton Cinema ***

WINTER PEOPLE Kurt Russell
16 Carlton Cinema ***

Y2K 30 Sky MovieMax
PREMIERE DS **

YOUNG IVANHOE 6, 21, 30
Sky MovieMax ***

YOUR FRIENDS &
NEIGHBORS 16 Sky Premier
PREMIERE TEXT DS *****

ZABRISKIE POINT 4 TCM
WIDESCREEN *****

ZORBA THE GREEK Alan
Bates 24 Sky Cinema *****

EROTIC DRAMA

B BETTY BLUE Beatrice Dalle
6 FilmFour ***

BLISS Craig Sheffer 10 Sky
Premier TEXT **

G GAZON MAUDIT Alain
Chabat 15 FilmFour **

FAMILY

A THE ADVENTURES OF
SLAPPY THE SEA LION
13, 22 Sky Premier TEXT **

AIR BUD Michael Jeter 1, 24
Sky Premier TEXT DS **

AIR BUD 2 Kevin Zegers 2 Sky
Premier DS **

ARTHUR'S QUEST Arne Gross
10 Sky Premier **

AU PAIR 5, 13, 23, 31
Sky MovieMax DS **

B THE B.R.A.T. PATROL
7 Disney TEXT **

BABE: PIG IN THE CITY 5, 21
Sky Premier DS ***

BEDKNOBS AND BROOM-
STICKS Angela Lansbury 3, 30
Sky Premier ****

BEETHOVEN Charles Grodin
31 Sky Premier DS **

BLACKBEARD'S GHOST 9,
19 Sky Premier *****

BREAKOUT Robert Carradine
8, 18 Sky Premier **

BUDDY Rene Russo 5, 22 Sky
Premier TEXT DS ***

C CANDLESHOE 19
Sky Premier ***

CANNONBALL RUN II 12
Sky MovieMax ***

COP AND A HALF 17
Sky Premier **

D THE DARK AVENGER 20
Sky Cinema ***

DOCTOR DOLITTLE 20, 25
Sky Premier TEXT ***

E ESCAPE TO WITCH
MOUNTAIN Eddie Albert
25 Sky Premier *****

F WIND RIVER 11
Sky Premier ***

FLUBBER 20, 29 Sky
Premier TEXT **

G GENIUS 11, 21
Disney TEXT ***

GETTING EVEN WITH DAD
27 Disney TEXT **

H H.E.DOUBLE HOCKEY
STICKS 6, 16, 24
Disney TEXT ***

HOME ALONE 3 18
Sky Premier TEXT **

HOME TEAM Steve Guttenberg
7 Sky Premier DS **

HOOK Robin Williams 28
Carlton Cinema ***

I IN THE DOGHOUSE Matt
Frewer 2 Sky Premier **

THE INCREDIBLE GENIE 24
Sky Premier DS ***

INCREDIBLE JOURNEY 9, 17
Disney TEXT ***

IT TAKES TWO 28
Disney TEXT ***

J JOEY 15 Disney
TEXT **

THE JOURNEY OF NATTY
GANN 9 Sky Premier **

JUST LIKE DAD 16
Sky Premier **

L LET'S RUIN DAD'S DAY
16 Sky Premier ***

M MADELINE 6, 15, 28 Sky
Premier PREMIERE TEXT
DS ***

MCCINSEY'S ISLAND 15
Sky Premier TEXT ***

MEL Julie Hagerty 12, 18, 24
Sky Premier ***

MOUSEHUNT 23, 31
Sky Premier TEXT ***

THE MUPPETS TAKE
MANHATTAN Joan Rivers 12
Sky Premier ***

N THE NEW ADVENTURES
OF SPIN & MARTY
10 Disney TEXT **

NEW SWISS FAMILY
ROBINSON Jane Seymour 7
Sky Premier DS **

O OLIVER AND COMPANY
15, 31 Disney TEXT ***

ONE OF OUR DINOSAURS IS
MISSING Peter Dinkov 20
Disney TEXT ***

P THE PARENT TRAP 13, 18
Sky Premier TEXT ***

PARENT TRAP 15
Disney TEXT ***

PAULIE Gena Rowlands 25
Sky Premier TEXT ***

PETE'S DRAGON 11, 25
Disney TEXT ***

THE PHOENIX AND THE
CARPET 10, 23
Disney TEXT ***

PIRATES Walter Matthau 8
Carlton Cinema ***

PIT PONY Richard Donat 24
Sky Premier ***

PRINCE VALIANT 10
Sky Premier TEXT ***

R RATZ 1, 26
Disney TEXT ***

RENT-A-COP Burt Reynolds
27 Carlton Cinema **

RUSTY: THE GREAT RESCUE
3, 27 Sky Premier DS **

S SABRINA DOWN UNDER
9, 26 Sky Premier ***

SALLY MARSHALL IS NOT
AN ALIEN 7 Disney
PREMIERE ***

THE SECOND JUNGLE
BOOK: MOWGLI & BALOO
8, 17, 23, 29 Sky Premier
TEXT DS **

SPIRIT OF THE EAGLE 3, 11,
22 Sky MovieMax ***

STAR KID Joseph Mazzello 14
Sky Premier TEXT DS ***

T THAT DARN CAT 21 Sky
Premier DS ***

THE THIRTEENTH YEAR
3, 27 Disney TEXT ***

3 NINJAS: HIGH NOON ON
MEGA MOUNTAIN Hulk Hogan
7 Sky Premier TEXT **

TOYS 26 FilmFour ***

TREEHOUSE HOSTAGE 14
Sky Premier ***

20,000 LEAGUES UNDER
THE SEA Kirk Douglas, James
Mason 22 Sky Cinema *****

U UP, UP AND AWAY 4, 21
Disney TEXT ***

W WHEN DINOSAURS
RULED THE EARTH
Victoria Vetri 26 TCM ***

WILLY WONKA AND THE
CHOCOLATE FACTORY 20,
28 Sky Premier ***

THE WOLVES OF
WILLOUGHBY CHASE 12
Carlton Cinema *****

HORROR

A AN AMERICAN WERE-
WOLF IN PARIS 3 Sky
MovieMax TEXT *****

THE AWAKENING 26 Carlton
Cinema ***

C CHILD OF DARKNESS,
CHILD OF LIGHT 7
Sky MovieMax ***

THE CURSE OF THE
MUMMY'S TOMB Terence
Morgan 5 Sky Cinema **

D DEEP RISING 27 Sky
MovieMax TEXT ***

DEMON SEED 18 TCM
WIDESCREEN **

DRACULA HAS RISEN FROM
THE GRAVE Christopher Lee
7 Sky Cinema ***

E THE ENTITY 3 Sky
MovieMax DS ***

EYES WITHOUT A FACE
25 FilmFour ***

F THE FEARLESS VAMPIRE
KILLERS 18 TCM
WIDESCREEN ***

FRIDAY THE 13TH 10, 25
Sky MovieMax ****

THE FURY WITHIN 15 Sky
MovieMax PREMIERE ***

H HALLOWEEN: H20 Jamie
Lee Curtis 12 Sky
MovieMax TEXT ***

I I KNOW WHAT YOU DID
LAST SUMMER 22 Sky
MovieMax TEXT *****

L THE LAST BROADCAST
29 FilmFour ***

LORD OF ILLUSIONS 11
Carlton Cinema ***

N NIGHT OF THE LIVING
DEAD 21 FilmFour ***

NIGHTBREED 19 Carlton
Cinema ***

A NIGHTMARE ON ELM
STREET PART 2: FREDDY'S
REVENGE Robert Englund
29 Sky MovieMax ***

P THE PEOPLE UNDER THE
STAIRS Brandon Adams
22 Sky MovieMax **

PET SEMATORY II 14, 30 Sky
MovieMax TEXT DS **

PHANTOMS 6 Sky
MovieMax TEXT ***

POLTERGEIST Craig T Nelson
25 TCM WIDESCREEN *****

PSYCHO Vince Vaughn 8, 18
Sky Premier ***

FILMS ON CABLE FILMS ON CABLE FILMS ON CABLE

R THE REPTILE 25
Sky Cinema ★★
R RETURN OF THE LIVING
DEAD 4 Sky MovieMax ★★
S SCREAM 2 14, 31 Sky
MovieMax TEXT ★★
S THE SERVANTS OF
TWILIGHT Bruce Greenwood 5
Sky MovieMax ★★
T THE TEXAS CHAINSAW
MASSACRE Gunnar Hansen
29 FilmFour ★★
T THEATRE OF DEATH 13
Carlton Cinema ★★
V VISITING HOURS 13, 31
Sky Cinema ★★
W WISHMASTER 6 Sky
MovieMax TEXT ★★

MUSICAL

A ANNIE 13, 26
Disney TEXT ★★
A AN AMERICAN IN PARIS
Gene Kelly 17 TCM ★★
B THE BAND WAGON
29 TCM ★★
B THE BARKLEYS OF
BROADWAY 15 TCM ★★
C CINDERELLA
21 Disney DS ★★
D DADDY LONG LEGS 15
Carlton Cinema ★★
D DOWN ARGENTINE WAY
17 Carlton Cinema ★★
E EASTER PARADE Judy
Garland 8 TCM ★★
F FAME Irene Cara, Lee Curreri
31 TCM WIDESCREEN ★★
T THE 5,000 FINGERS OF DR T
6 FilmFour ★★
F FOOTLIGHT PARADE
James Cagney 13 TCM ★★
F FOR ME AND MY GAL Judy
Garland 20 TCM ★★
G 42ND STREET 6 TCM ★★
G GIGI 24 TCM
WIDESCREEN ★★
G GUYS AND DOLLS 16
Carlton Cinema ★★
H HIGH SOCIETY Frank
Sinatra 3 TCM ★★
H HIGHER AND HIGHER
3 Sky Cinema ★★
J JESUS CHRIST SUPER-
STAR Ted Neeley 20
Carlton Cinema ★★
L LONDON TOWN 31
Carlton Cinema ★★
M MACK THE KNIFE 11
Sky Cinema ★★
O ON THE TOWN Gene Kelly
24 TCM WIDESCREEN ★★
P PHANTOM OF THE
PARADISE William Finley
16 FilmFour ★★
R ROBERTA Irene Dunne, Fred
Astaire 1 TCM ★★
R RODGERS AND HAMMER-
STEIN'S CINDERELLA
13 Disney TEXT ★★
R ROYAL WEDDING
22 TCM ★★
R ROUSTABOUT 16 Sky
Cinema ★★
S SEVEN BRIDES FOR
SEVEN BROTHERS
Howard Keel 10 TCM
WIDESCREEN ★★
S SHALL WE DANCE 16
Carlton Cinema ★★
S A SONG IS BORN 14
Carlton Cinema ★★
S SINGIN' IN THE RAIN
10 TCM WIDESCREEN ★★
S SUMMER HOLIDAY
Cliff Richard 19 FilmFour ★★
T TAKE ME OUT TO THE
BALL GAME 27 TCM ★★
T TAMMY AND THE
BACHELOR Debbie Reynolds
13 Sky Cinema ★★
T THAT MIDNIGHT KISS
Kathryn Grayson 17 TCM ★★
T THERES NO BUSINESS LIKE
SHOW BUSINESS 18
Carlton Cinema ★★
U LES PARAPLUIES DE
CHERBOURG Catherine
Deneuve 8 FilmFour ★★
V VIVA LAS VEGAS
Elvis Presley 31 TCM ★★
V VICTOR/VICTORIA
Julie Andrews 2 TCM ★★

W THE WIZARD OF OZ
3 TCM ★★
Y THE YOUNG ONES
13 FilmFour ★★

THRILLER

A AGATHA CHRISTIE'S
ENDLESS NIGHT Hayley
Mills 4, 30 Sky Cinema ★★
A ALMOST DEAD 13 Sky
MovieMax TEXT ★★
A APPRENTICE TO MURDER
15 Carlton Cinema ★★
A THE ASSIGNMENT 12 Sky
MovieMax TEXT ★★
B BADLANDS Sissy Spacek
14 Sky Cinema ★★
B THE BIG CLOCK 8
Sky Cinema ★★
B BLACK RAIN Michael Douglas
29 Sky Premier ★★
B THE BLACK WINDMILL 22
Carlton Cinema ★★
B BODY DOUBLE Melanie Griffith
4 FilmFour TEXT ★★
B BODY HEAT William Hurt 16
Sky Cinema ★★
B BOSTON BLACKIE BOOKED
ON SUSPICION Chester Morris
16 Sky Cinema ★★
B BUNNY LAKE IS MISSING
Laurence Olivier 20 Carlton
Cinema ★★
C THE CAREY TREATMENT
James Coburn 9 TCM ★★
C CIRCLE OF DECEPTION
21 Sky MovieMax ★★
C CLOCKERS Harvey Keitel
8 FilmFour ★★
C THE COLLECTOR 11, 29
Carlton Cinema ★★
C THE CONVERSATION 31
Sky Cinema ★★
C CRIME OF PASSION 8
Carlton Cinema ★★
C CRUISING Al Pacino, Paul
Sorvino 24 Sky Cinema ★★
D DANGEROUS EVIDENCE
5, 27 Sky MovieMax ★★
D DEAD RINGERS Jeremy Irons
29 Sky Premier ★★
D DEATH TRAIN Pierce Brosnan
7 Carlton Cinema ★★
D DESPERADO Antonio Banderas
11 FilmFour ★★
D DOUBLE TEAM 29
Sky MovieMax TEXT ★★
D THE DRIVER Bruce Dern, Ryan
O'Neal 5 FilmFour ★★
E ETERNAL REVENGE
17 Sky MovieMax ★★
E EXILED Christopher Noth 10
Sky MovieMax ★★
E EXPERIMENT IN TERROR
29 Carlton Cinema ★★
F FALLEN 24 Sky Premier
TEXT DS ★★
F FINAL ANALYSIS Richard Gere
2 Sky Cinema DS ★★
F FIREPOWER Sophia Loren
16 Sky Cinema ★★
F FOREIGN CORRESPONDENT
24 Carlton Cinema ★★
G GORKY PARK 4, 23
Carlton Cinema ★★

H HARD CONTRACT 3
Sky Cinema ★★
H HARPER 28 Sky Cinema ★★
H HOODLUM 28 Sky
MovieMax TEXT DS ★★
H THE HUNT FOR RED OCTO-
BER 25 Sky Cinema ★★
I IMMINENT DANGER 2, 12,
124 Sky MovieMax ★★
I INCOGNITO 14, 24, 30 Sky
Premier TEXT DS ★★
I IRON MAZE Bridget Fonda
18 Sky Cinema ★★
L A LADY IN QUESTION 10
Sky MovieMax
PREMIERE ★★
L THE LAST RUN 20 TCM ★★
L THE LAUGHING POLICEMAN
21 Sky Cinema ★★
L LEON 19 FilmFour ★★
L LOVE WALKED IN Denis Leary
31 Sky MovieMax TEXT ★★
M MANIAC 14, 31 Sky
Cinema ★★
M MOST WANTED 4 Sky
MovieMax TEXT ★★
M MURDER ON A HONEYMOON
20 Carlton Cinema ★★
M MURDER ON THE ORIENT
EXPRESS Albert Finney 30
Carlton Cinema ★★
N THE NAKED EDGE 5
Carlton Cinema ★★
N THE NARROW MARGIN
1 Sky Cinema ★★
N NIGHT GAME Roy Scheider 21
Sky Cinema ★★
O THE OCTOBER MAN 27
Carlton Cinema ★★
O OUT FOR JUSTICE 18 Sky
MovieMax DS ★★
P THE PATRIOT 18 Sky
MovieMax TEXT ★★
P A PERFECT MURDER 17
Sky Premier TEXT ★★
P PLAYING GOD 23 Sky
Premier TEXT ★★
P POINT BLANK 4 TCM
WIDESCREEN ★★
R REBECCA 27 Carlton
Cinema ★★
R ROADGAMES Stacy Keach
25 Sky Cinema ★★
R RONIN Robert De Niro 10, 30
Sky Premier ★★
S SACRED CARGO 25 Sky
MovieMax TEXT ★★
S SAPPHIRE 7 Carlton
Cinema ★★
S SCISSORS Sharon Stone 12, 23
Sky Premier ★★
S THE SEVENTH SIGN 2
Carlton Cinema ★★
S SIGNPOST TO MURDER
Joanne Woodward 2 TCM ★★
S THE SILENCE OF THE LAMBS
6, 24 Carlton Cinema ★★
S THE SLAMS 14 TCM ★★
S SNAKE EYES Nicolas Cage 31
Sky Premier TEXT ★★
S SLIVER 12 Sky Cinema ★★
S SOMEONE TO WATCH OVER
ME 3 Carlton Cinema ★★
S THE SPIRAL STAIRCASE 29
Sky MovieMax DS ★★
S STORM 5 Sky MovieMax ★★
S STRANGERS ON A TRAIN
13 Sky Cinema ★★

S SWITCHBACK 21, 30 Sky
MovieMax TEXT ★★
T TENNESSEE NIGHTS 12,
22 Sky MovieMax ★★
T THINGS TO DO IN DENVER
WHEN YOU'RE DEAD
5 FilmFour ★★
T THREE DAYS OF THE CON-
DOR 18 Sky Cinema ★★
T TWO DAYS IN THE VALLEY 9
Carlton Cinema ★★
W WEB OF LIES 26 Sky
MovieMax DS ★★

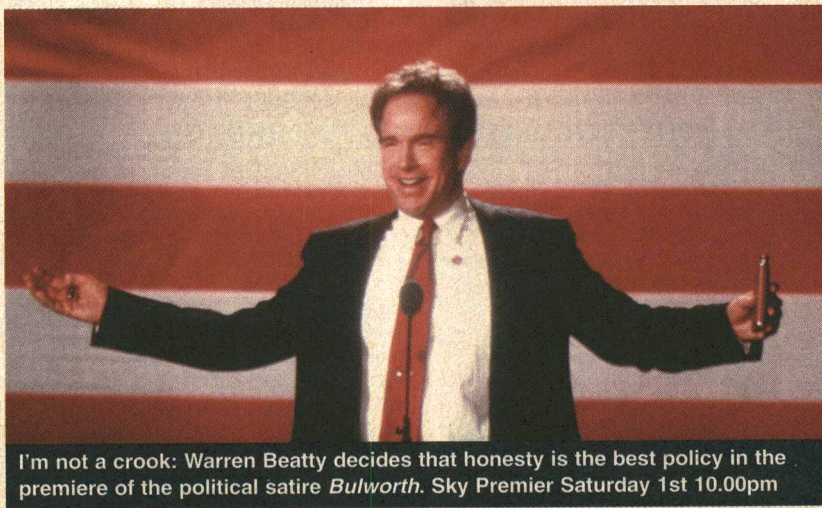
SCIENCE FICTION FANTASY

A ALIEN CARGO 23
Sky MovieMax PREMIERE
TEXT ★★
A ARMAGEDDON Bruce Willis 26
Sky Premier TEXT ★★
A ARTHUR'S QUEST 10, 20
Sky Premier ★★
B BARB WIRE 28
FilmFour TEXT ★★
B BRAINSTORM 16 TCM ★★
B BRAVE NEW WORLD Bud Cort
29 Sky Cinema ★★
C CHAMELEON 23 Sky
MovieMax PREMIERE
TEXT ★★
C CLOSE ENCOUNTERS OF
THE THIRD KIND - SPECIAL
EDITION 3 FilmFour ★★
C CONAN THE DESTROYER 11
Sky MovieMax ★★
C CUBE Nicole de Boer 19
Sky MovieMax TEXT ★★
C CYBORG 30 Sky MovieMax ★★
D DAMNATION ALLEY 13
Sky MovieMax ★★
D DUNE 9 FilmFour TEXT ★★
E THE EARTH DIES
SCREAMING 7 Sky
Cinema ★★
E ESCAPE FROM THE PLANET
OF THE APES Roddy McDowell
27 FilmFour TEXT ★★
F FIRST MEN IN THE MOON
27 Sky Cinema ★★
G GATTACA 13, 25 Sky
Premier TEXT ★★
I MARRIED A MONSTER 25
Sky MovieMax TEXT ★★
I INVADERS FROM MARS 8
FilmFour ★★
K KULL THE CONQUEROR
9, 17 Sky MovieMax
TEXT ★★
L LOST IN SPACE Sky
Premier TEXT ★★
M THE MATRIX
18-24 Front Row ★★
M METEORITES 25 Sky
MovieMax ★★
M MORTAL KOMBAT -
ANNIHILATION Robin Shou
16 Sky MovieMax TEXT ★★
M MYSTERY MONSTERS 6, 12,
22 Sky MovieMax ★★
N NEON CITY 20 Sky
MovieMax ★★
N NUDES ON THE MOON
15 FilmFour ★★
O OUTLAND Sean Connery
25 Sky Cinema DS ★★

P PLANET OF THE APES 11
FilmFour TEXT ★★
Q QUATERMASS AND THE
PIT Andrew Keir 11
Carlton Cinema ★★
S THE 7th VOYAGE OF
SINBAD 2 FilmFour TEXT ★★
S SINBAD AND THE EYE OF
THE TIGER 27 Patrick Wayne
Sky Cinema ★★
S SOLDIER 2, 20 Sky MovieMax
PREMIERE TEXT DS ★★
S SPACEMASTER X-7 3
FilmFour TEXT ★★
S SPECIES II Michael Madsen
25 Sky MovieMax DS ★★
S STAR TREK: INSURRECTION
1, 13 Sky Premier TEXT ★★
S STARMAN Jeff Bridges 12
Carlton Cinema ★★
S SUPERMAN Christopher Reeve
27 Sky Premier DS ★★
T TEENAGE MUTANT
NINJA TURTLES II: THE
SECRET OF THE OOZE
20 Sky Premier DS ★★
T THESE ARE THE DAMNED
21 Sky Cinema ★★
T THEY LIVE 3 FilmFour ★★
T THE THOMAS CROWN
AFFAIR Pierce Brosnan, Rene
Russo 25-31 Front Row ★★
T THX 1138 11 Sky Cinema ★★
T TRON Jeff Bridges 8, 19, 29
Disney TEXT ★★
T 20 MILLION MILES TO EARTH
27 Sky Cinema ★★
U UFORIA Cindy Williams
12 Sky Cinema ★★
U UNIVERSAL SOLDIER:
THE RETURN 14-24 Front
Row ★★
W WESTWORLD Yul Brynner
25 TCM ★★
W WHEN WORLDS COLLIDE
24 Sky Cinema ★★
W WHO? 6 Carlton Cinema ★★
X THE X FILES 19 Sky
Premier TEXT ★★

WESTERN

A ABILENE TOWN
A2 Carlton Cinema ★★
A ALONG THE GREAT DIVIDE
29 Sky Cinema ★★
B THE BEAUTIFUL
BLONDE FROM
BASHFUL BEND Betty Grable
28 FilmFour TEXT ★★
B BUFFALO BILL 21 Carlton
Cinema ★★
B BUTCH CASSIDY AND THE
SUNDANCE KID Paul Newman,
Robert Redford, Katharine Ross,
Sother Martin 18 Sky Cinema
TEXT ★★
C CATLOW Yul Brynner
26 TCM ★★
D DAKOTA INCIDENT 3
Carlton Cinema ★★
G GUNFIGHT AT THE OK
CORRAL 18
Sky Cinema TEXT ★★
H HEARTS OF THE WEST
29 TCM ★★
H HOMBRE Paul Newman 12
Carlton Cinema ★★
H THE HORSE SOLDIERS
19 Carlton Cinema ★★
M MAN OF CONQUEST
18 Carlton Cinema ★★
P PAINTED ANGELS 30 Sky
Premier PREMIERE ★★
R RANCHO DELUXE
23 Carlton Cinema ★★
T THE RETURN OF A MAN
CALLED HORSE Richard Harris
22 Carlton Cinema ★★
R RIO CONCHOS Richard Boone
4, 16 Carlton Cinema ★★
S SAM WHISKEY Burt
Reynolds 31 Carlton
Cinema ★★
T THE SEARCHERS 31
Sky Cinema ★★
S SHE WORE A YELLOW
RIBBON John Wayne 25
Carlton Cinema ★★
U UNION PACIFIC 9
Carlton Cinema ★★
Y YOUNG GUNS II - BLAZE
OF GLORY Emilio Estevez
3 Carlton Cinema ★★



I'm not a crook: Warren Beatty decides that honesty is the best policy in the premiere of the political satire *Bulworth*. Sky Premier Saturday 1st 10.00pm

FOUR-PAGE FOOTBALL PREVIEW

Club-by-club guide to the Premier League

By Simon Johnson and Aaron Weeks

Here we review last season's performances and preview the new season

ARSENAL

Manager: Arsène Wenger
Cost of squad: £74.5m
Significant new signings: Robert Pires £6.5m (Marseille), Lauren £7m (Real Mallorca), Edu £6m (Corinthians)
Largest victory: 5-1 v Middlesbrough (home)
Heaviest defeat: 4-2 v Newcastle (away)
Position last season: Runners-up
Prediction for this season: Runners-up
The Arsenal defence was not so solid last season but the Gunners still secured second place. Expect another great challenge this season.

CHELSEA

Manager: Gianluca Vialli
Cost of squad: £78.4m
Significant new signings: Jimmy Floyd Hasselbaink £15m (Atletico Madrid), Eidur Gudjohnsen £4m (Bolton), Mario Stanic £5.6m (Parma)
Largest victory: 5-0 v Manchester United (home)
Heaviest defeat: 4-1 v Sunderland (away)
Position last season: 5
Prediction for this season: 4
With the signings of Hasselbaink and Gudjohnsen, Manchester United can expect a strong challenge from the Blues.

IPSWICH TOWN

Manager: George Burley
Cost of squad: £7.3m
Significant new signings: Martijn Reuser £1m (Vitesse Arnhem), John Scales free (Spurs)
Largest victory in Division One: 6-1 v Barnsley (home)
Heaviest defeat in Division One: 4-1 v QPR (home)
Position last season: 3 in Division One, promoted via play-offs
Prediction for this season: 19
The Suffolk side are likely to find the gulf in class too large to bridge.

MANCHESTER CITY

Manager: Joe Royle
Cost of squad: £13.3m
Significant new signings: Alfe-Inge Haaland £2.5m (Leeds)
Largest victory in Division One: 6-0 v Sheffield United (home)
Heaviest defeat in Division One: 4-1 v Wolves (away)
Position last season: Runners-up in Division One – promoted via play-offs
Prediction for this season: 17
Joe Royle has worked wonders guiding City through two divisions in two years. Now in the top flight, the size of the club should ensure they stay there – just.

ASTON VILLA

Manager: John Gregory
Cost of squad: £44m
Significant new signings: Luc Nilis (PSV Eindhoven)
Largest victory: 4-0 twice
Heaviest defeat: 3-0 v Manchester United (away)
Position last season: 6
Prediction for this season: 8
Villa did well to finish sixth and reach the FA Cup Final and Worthington Cup semi-final, but the summer brought unrest. The squad is weaker and so are their chances.

COVENTRY CITY

Manager: Gordon Strachan
Cost of squad: £30m
Significant new signings: None at time of going to press
Largest victory: 4-0 twice
Heaviest defeat: 5-0 v West Ham (away)
Position last season: 14
Prediction for this season: 14
Gordon Strachan has built a squad strong enough to avoid relegation but won't climb higher than last season's 14th place finish unless they can drastically improve on their away form, which, last term, saw them fail to win a single league game.

LEEDS UNITED

Manager: David O'Leary
Cost of squad: £48.6m
Significant new signings: Olivier Dacourt £7.2m (Lens), Mark Viduka £7m (Celtic)
Largest victory: 4-1 v Wimbledon (home)
Heaviest defeat: 4-0 v Arsenal (home)
Position last season: 3
Prediction for this season: 6
David O'Leary's side thrilled the nation last season, with Australia's Harry Kewell emerging as a world-class performer. Leeds' Champions League aspirations could take their toll this time around.

MANCHESTER UNITED

Manager: Sir Alex Ferguson
Cost of squad: £62.5m
Significant new signings: Fabien Barthez £7.8m (Monaco)
Largest victory: 7-1 v West Ham (home)
Heaviest defeat: 5-0 v Chelsea (away)
Position last season: Champions
Prediction for this season: Champions
Such was their superiority last season United start clear favourites this time round. They set a Premier League record by winning the title by 18 points, but Ferguson was still not satisfied. The signing of Fabien Barthez ensured United's squad remains the strongest in the division.

BRADFORD CITY

Manager: Chris Hutchings
Cost of squad: £9.5m
Significant new signings: Peter Atherton, Ian Nolan – both free from Sheffield Wednesday, David Hopkin £2.5m (Leeds United)
Largest victory: 3-0 v Wimbledon (home)
Heaviest defeat: 4-0 five times
Position last season: 17
Prediction for this season: 20
The loss of manager Paul Jewell is a crucial blow and one a weak squad will struggle to recover from.

DERBY COUNTY

Manager: Jim Smith
Cost of squad: £24.75m
Significant new signings: Giorgi Kinkladze (Ajax), Simo Valakari (Motherwell), Danny Higginbotham £2m (Manchester United)
Largest victory: 4-0 v Wimbledon (home)
Heaviest defeat: 5-0 v Sunderland (home)
Position last season: 16
Prediction for this season: 18
Last season almost saw Derby relegated. This term, they will rely on young striker Malcolm Christie and the trickery of Giorgi Kinkladze to provide the goals, but these are worrying times for the Rams.

LEICESTER CITY

Manager: Peter Taylor
Cost of squad: £20.1m
Significant new signings: Gary Rowett £3m (Birmingham City), Callum Davidson £1.7m (Blackburn Rovers)
Largest victory: 5-2 v Sunderland (home)
Heaviest defeat: 4-0 v Sheffield Wednesday (away)
Position last season: 8
Prediction for this season: 13
Martin O'Neill has left but his replacement, former England Under-21 coach Peter Taylor, is rated highly. Leicester may not match last season's position.

MIDDLESBROUGH

Manager: Bryan Robson
Cost of squad: £29.7m
Significant new signings: Christian Karembeu £2.1m (Real Madrid), Paul Okon free (Fiorentina)
Largest victory: 3-1 twice
Heaviest defeat: 5-1 v Arsenal (away)
Position last season: 12
Prediction for this season: 12
Bryan Robson could be under pressure if Boro fail to improve on last year. Defeats in both cup competitions by lower league teams and an average league finish was cause for concern. An undistinguished effort seems likely this time too.

CHARLTON ATHLETIC

Manager: Alan Curbishley
Cost of squad: £7.3m
Significant new signings: None at time of going to press
Largest victory in Division One: 4-0 twice
Heaviest defeat in Division One: 4-2 v Ipswich (away)
Position last season: Champions of Division One
Prediction for this season: 15
Curbishley has assembled a squad that is renowned for its good football and may stay clear of relegation.

EVERTON

Manager: Walter Smith
Cost of squad: £36.8m
Significant new signings: Alessandro Pistone £3m (Newcastle United), Steve Watson £2.5m (Aston Villa)
Largest victory: 5-0 v Sunderland (away)
Heaviest defeat: 5-1 v Manchester United (away)
Position last season: 13
Prediction for this season: 10
Slowly but surely Walter Smith is turning things round. Last year Everton were briefly in the running for a top six finish. Eventually their league position slipped but expect more progress this season.

LIVERPOOL

Manager: Gérard Houllier
Cost of squad: £54.4m
Significant new signings: Markus Babbel free (Bayern Munich), Gary McAllister free (Coventry), Bernard Diomède £3m (Auxerre)
Largest victory: 4-1 v Sheffield Wednesday (home)
Heaviest defeat: 2-0 twice
Position last season: 4
Prediction for this season: 3
Under Houllier, Liverpool look as if they can really challenge for the championship they last won back in 1990.

NEWCASTLE UNITED

Manager: Bobby Robson
Cost of squad: £75.7m
Significant new signings: Christian Bassetas £3.5m (Vélez Sarsfield), Carl Cort £7m (Wimbledon)
Largest victory: 8-0 v Sheffield Wednesday (home)
Heaviest defeat: 5-1 v Manchester United (away)
Position last season: 11
Prediction for this season: 9
Last season saw Newcastle struggle, before Bobby Robson managed to turn it around. Their continued progress this season could see them in the top half.

SOUTHAMPTON

Manager: Glenn Hoddle
Cost of squad: £9m
Significant new signings: Uwe Rosler free (Tennis Borussia Berlin), Patrice Tano free (Monaco)
Largest victory: 4-2 v Newcastle (home)
Heaviest defeat: 7-2 v Tottenham (away)
Position last season: 15
Prediction for this season: 16
Southampton are one of the favourites to be relegated. Strong home form, Marian Pahars's goals and former England manager Glenn Hoddle's experience, are needed for survival.

SUNDERLAND

Manager: Peter Reid
Cost of squad: £15.2m
Significant new signings: None at time of going to press
Largest victory: 5-0 v Derby (away)
Heaviest defeat: 5-0 v Everton (away)
Position last season: 7
Prediction for this season: 11
The Sunderland team and supporters were a breath of fresh air to the Premier League last season. The Black Cats finished as the North-East's top club and will be competing with rivals Newcastle for that honour again this season.

TOTTENHAM HOTSPUR

Manager: George Graham
Cost of squad: £61.2m
Significant new signings: Sergei Rebrov £11m (Dynamo Kiev), Ben Thatcher £5m (Wimbledon), Neil Sullivan free (Wimbledon)
Largest victory: 7-2 v Southampton (home)
Heaviest defeat: 4-2 v Aston Villa (home)
Position last season: 10
Prediction for this season: 5
George Graham did great business by signing Sergei Rebrov from under the noses of some of Europe's top clubs, but he needs more players of the Ukrainian's quality if Tottenham are to mount a challenge for honours. Could be a good bet in the cups though – they always win when the year ends in 1.

WEST HAM UNITED

Manager: Harry Redknapp
Cost of squad: £27.3m
Significant new signings: Davor Suker, Nigel Winterburn – both free from Arsenal
Largest victory: 5-0 v Coventry (home)
Heaviest defeat: 7-1 v Manchester United (away)
Position last season: 9
Prediction for this season: 7
One of the most exciting and unpredictable sides in the league. The Hammers are blessed with an array of young talent, such as Joe Cole, Frank Lampard and Rio Ferdinand, but the mercurial Paolo Di Canio sums up their ability – they can be brilliant or awful on any given day.

SKY SPORTS' LIVE FIXTURES

CHARITY SHIELD

■ Chelsea v Manchester United Sky Sports 2 Sunday 13th 2.30pm

FA PREMIER LEAGUE

AUGUST

■ Manchester United v Newcastle Sky Sports 1 Sunday 20th 3.00pm
■ Arsenal v Liverpool Sky Sports 1 Monday 21st 7.00pm
■ Aston Villa v Chelsea Sky Sports 1 Sunday 27th 3.00pm

SEPTEMBER

■ Chelsea v Arsenal Wednesday 6th
■ Derby County v Charlton Athletic Sunday 10th
■ Tottenham v West Ham United Monday 11th
■ Manchester City v Middlesbrough Sunday 17th
■ Manchester United v Chelsea Saturday 23rd
■ Leicester City v Everton Sunday 24th

OCTOBER

■ Arsenal v Manchester United Sunday 1st
■ Derby County v Liverpool Sunday 15th
■ Middlesbrough v Newcastle United Monday 16th
■ Manchester United v Leeds United Saturday 21st
■ Aston Villa v Sunderland Sunday 22nd
■ Southampton v Manchester City Monday 23rd
■ Bradford City v Leeds United Sunday 29th

NOVEMBER

■ Leeds United v Liverpool Saturday 4th
■ Everton v Aston Villa Sunday 5th
■ Derby County v West Ham United Monday 6th
■ Chelsea v Leeds United Sunday 12th
■ Manchester City v Manchester United Saturday 18th
■ Tottenham v Liverpool Sunday 19th
■ Coventry City v Ipswich Town Monday 20th
■ Leeds United v Arsenal Sunday 26th

DECEMBER

■ Chelsea v Manchester City Sunday 3rd
■ Sunderland v Everton Monday 4th
■ Coventry v Leicester Sunday 10th

■ Manchester United v Liverpool Sunday 17th
■ Tottenham v Arsenal Monday 18th
■ Liverpool v Arsenal Saturday 23rd
■ Aston Villa v Manchester United Tuesday 26th
■ Southampton v Tottenham Wednesday 27th

NATIONWIDE LEAGUE

AUGUST

■ Wolverhampton Wanderers v Sheffield Wednesday Sky Sports 2 Sunday 13th 12noon
■ Birmingham v Fulham Sky Sports 3 Friday 18th 7.00pm
■ Crystal Palace v QPR Sky Sports 2 Sunday 20th 12noon
■ Gillingham v Portsmouth Sky Sports 3 Friday 25th 7.00pm
■ First Division Football Sky Sports 2 Sunday 27th 12noon
■ Sheffield Wednesday v Blackburn Rovers Sky Sports 1 Monday 28th 7.00pm

SEPTEMBER

■ Tranmere v Stockport County Friday 1st
■ Nottingham Forest v Huddersfield Town Sunday 3rd
■ Wycombe Wanderers v Oxford United Friday 8th
■ Fulham v Barnsley Sunday 10th
■ Huddersfield Town v Wimbledon Tuesday 12th
■ Sheffield United v Blackburn Rovers Friday 15th
■ Port Vale v Stoke City Sunday 17th
■ Macclesfield Town v Darlington Friday 22nd
■ Wolverhampton Wanderers v Norwich City Sunday 24th
■ Kidderminster Harriers v Blackpool Friday 29th

OCTOBER

■ Watford v Birmingham Sunday 1st
■ Blackburn Rovers v Preston North End Friday 6th
■ QPR v Fulham Sunday 8th
■ Fulham v Blackburn Rovers Sunday 15th
■ West Bromwich v Wolverhampton Wanderers Tuesday 17th
■ Sheffield Wednesday v Birmingham Sunday 22nd
■ Watford v Bolton Wanderers Tuesday 24th
■ Preston North End v Barnsley Friday 27th
■ Grimsby Town v West Bromwich Albion Sunday 29th

NOVEMBER

■ Barnsley v Wimbledon Sunday 5th
■ Preston v Crewe Friday 10th
■ Gillingham v Nottingham Forest Sunday 12th
DECEMBER
■ Sheffield United v Sheffield Wednesday Saturday 16th
■ Burnley v Blackburn Rovers Saturday 17th
■ Bristol City v Bristol Rovers Friday 22nd

WORTHINGTON CUP

AUGUST

■ Worthington Cup Football Sky Sports 2 Tuesday 22nd 7.30pm

SCOTTISH PREMIER LEAGUE

AUGUST

■ St Johnstone v Hearts Sky Sports 1 Sunday 6th 6.00pm
■ St Mirren v Rangers Sky Sports 1 Sunday 13th 5.30pm
■ Dundee v Dundee United Sky Sports 1 Tuesday 15th 7.30pm

■ Celtic v Rangers Sky Sports 1 Sunday 27th 12noon

SEPTEMBER

■ Dunfermline v Celtic Sunday 6th
■ Hearts v Kilmarnock Sunday 24th

OCTOBER

■ Rangers v Dundee United Sunday 1st
■ Hibernian v Hearts Sunday 22nd
■ Motherwell v Celtic Sunday 29th

NOVEMBER

■ Dundee v Hibernian Sunday 5th
■ Aberdeen v Rangers Sunday 12th
■ Rangers v Celtic Sunday 26th

WORLD CUP QUALIFIERS

OCTOBER

■ England v Germany Saturday 7th
■ Ireland v Estonia Wednesday 11th

MARCH 2001

■ England v Finland Saturday 24th
■ Scotland v Belgium Saturday 24th
■ Scotland v San Marino Wednesday 27th

APRIL 2001

■ Ireland v Andorra Tuesday 25th
JUNE 2001
■ Ireland v Portugal Saturday 2nd

A league of their own

As the Premiership kicks off, Nick Callow speaks to some of the Euro stars involved in the title race

MANCHESTER UNITED will again be the team to beat in the Premier League this season, but this time their rivals believe they can be stopped. Alex Ferguson's Old Trafford side were hardly challenged as they powered their way to their sixth title in eight years last May. But Ferguson is never satisfied and has again strengthened his squad with signings such as their Euro 2000-winning French international goalkeeper Fabien Barthez.

So what makes leading rivals such as Arsenal, Liverpool and Chelsea believe they can close the gap this year? Arsenal's Dennis Bergkamp claims his team-mates are not prepared to finish runners-up for a third season running. Bergkamp said: 'One of our aims this season will be to do well in the Champions League because we have let ourselves down there in the past. But our manager (Arsène Wenger) always makes the Premier League a priority and we are determined to show that we can repeat our success of 1998. There is very little gap between us and United, and I believe we can challenge them by improving on our away form. That was the only difference between our clubs last season.'

Liverpool manager Gérard Houllier had an eye on second spot before a late blow out last season. But he is building on that. Houllier already boasts a powerful attack in England internationals Michael Owen, Robbie Fowler and Emile Heskey, and this summer has enlisted Bayern Munich defender Markus Babel. The German will team up with Anfield's Finnish sensation Sami Hyypiä, who believes

his side have a realistic chance of ousting the Red Devils. 'I think we have enough quality to challenge United,' declares Hyypiä, 'because our side has improved and we are certainly closing the gap. We will have to be at our best to achieve that, but it is not beyond us. The side suffered a number of injuries last season and everyone was having to work harder. I just hope everyone can stay fit.'

The big Finn, who was one of the surprise packages of last season, is totally focused on the 2000/01 campaign, and states, 'Every successful team has a number of quality players in their squad, and it will be very interesting to see how Gérard Houllier keeps everyone happy. But those

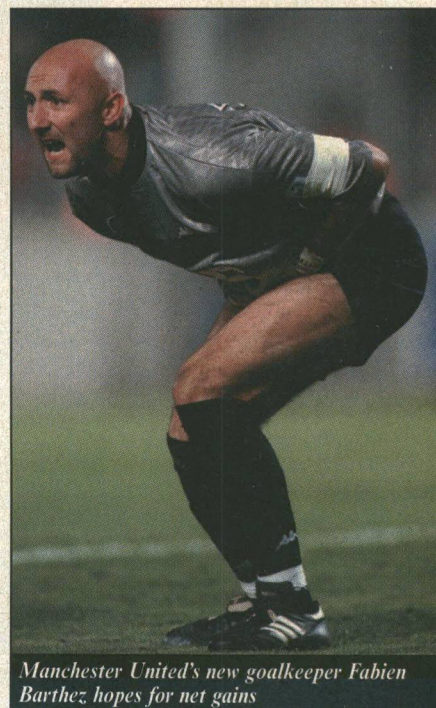
are the problems you want at a top club, and our target next season must be to finish higher than we did last year.'

Chelsea have been billed as the most likely club to succeed at the top for the past few seasons. Always up for the big occasion, they have also seemed to lack the stomach to battle just as strongly against so-called smaller clubs. That is partly

why manager Gianluca Vialli had already spent £25 million on new players barely a month into the close season. Jimmy Floyd Hasselbaink has been drafted in to get goals in a £15 million switch from Atletico Madrid and Croatia's Mario Stanic was bought from Parma for £5.6 million to add steel to the midfield. 'The added competition for places can only be good for us,' said Chelsea's French defender Frank Leboeuf. 'We were hurt by the criticism last season and know we could have done better in the league. We suffered from a bad start and cannot afford to do the same again.'

But it is easy to talk a good game before a ball has been kicked, and Alex Ferguson and his United players are used to such a jaw-war. It is all new, however, to their £7.8 million goalkeeper Fabien

Dennis Bergkamp will be gunning for the title with Arsenal



Manchester United's new goalkeeper Fabien Barthez hopes for net gains

Barthez, the man Ferguson believes will finally end his search to replace Peter Schmeichel. Monaco signing Barthez was a World Cup winner with France two years ago, and was instrumental in his country's triumph at Euro 2000. Like his Old Trafford predecessor, Barthez is a master of his art, combining dramatic saves and setting rapid counterattacks in motion with a strong throw. He believes United's rivals are wasting their breath and their time as he has come to England for one reason. Barthez said: 'I'm going to Manchester to win things and to stay a long, long time to win even more. Everybody knows Manchester United are the big club, the big team and are very impressive. They play football how it should be played, and my impression is that the desire of the players is as strong as ever. That is certainly the case with me and it is not a club to settle for second best.'

So the time for talking is over, and now it is down to the players to live up to their predictions. Only time will tell, but history suggests the Premier League title race could go right to the wire.



Chasing Rangers

Des Kane previews the Old Firm derby

MARTIN O'NEILL'S first major test as Celtic manager arrives in the first Old Firm game of the season. After last term's disastrous league campaign which saw John Barnes sacked as coach and Rangers win the title by a record 21-point margin, the importance of winning this one won't be lost on O'Neill. Rangers are aiming for their third successive title success under Dick Advocaat and with Dutch internationals Arthur Numan, Giovanni van Bronckhorst and Bert Konterman at the core of their side, they start as favourites to continue their domination of the Scottish game.

However, O'Neill will take heart from the success he enjoyed at Leicester City and has a number of talented individuals to assist his silverware bid, with Swedish striker Henrik Larsson (pictured)

again their biggest threat. Larsson suffered a horrific leg break during a Uefa Cup tie in Lyon last season, but was back to his best at Euro 2000 this summer.

Scotland midfielder Paul Lambert is another who can be a key player for Celts, having played a big role in their last league triumph two years ago.

O'Neill is certainly not daunted by the prospect of facing Rangers, even though he admires their achievements. 'Rangers are a mile in front at this time and I want to bridge the gap,' he said. 'Dick Advocaat has done brilliantly, he knows the scene in Scotland and is strengthening for Europe. We need to bridge the gap as quickly as possible. Rangers have done it over the years and now we are determined to emulate that.'

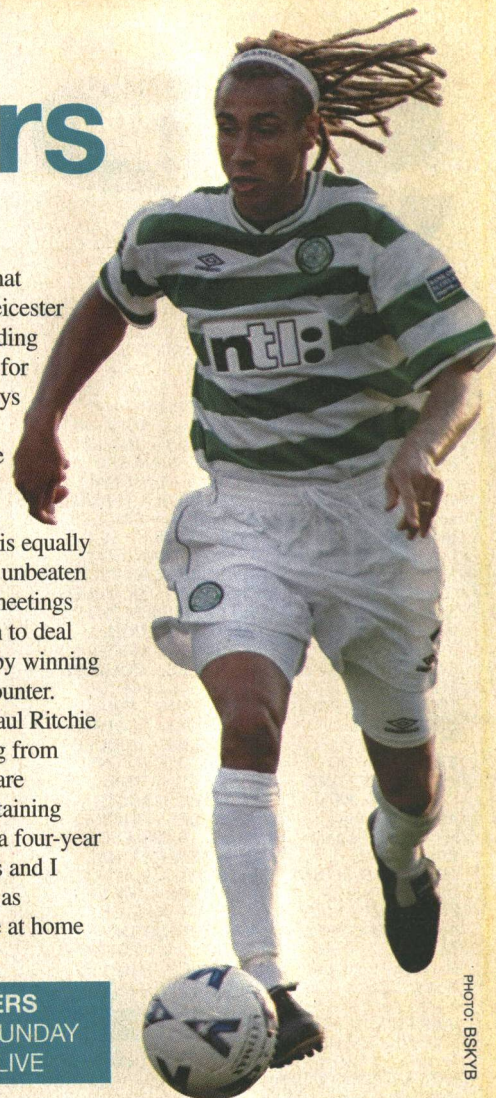
Former Bolton defender Alan Stubbs is relishing working with

O'Neill. He said: 'What Martin achieved at Leicester was phenomenal. Finding the right replacement for John Barnes was always going to be hard, but Martin can give us the kind of leadership we require.'

The Rangers' camp is equally as upbeat. They were unbeaten in all four Old Firm meetings last term and are keen to deal Celtic an early blow by winning the season's first encounter.

Scotland defender Paul Ritchie – a pre-season signing from Bolton – insists they are confident about maintaining success. 'I've signed a four-year contract with Rangers and I want to help them be as successful as possible at home and in Europe.'

CELTIC V RANGERS
SKY SPORTS 1 SUNDAY
27TH 12NOON – LIVE



Game on!

Sky Sports' Richard Keys and Rob Hawthorne look forward to the new season with **Simon Johnson**

FROM the Sky Sports studio, presenter Richard Keys has one of the best views to judge the challengers for the Premier League. His expert opinion, not surprisingly, is that it will be a straight fight between two familiar names. 'There will be no change at the top,' he says. 'I can see it being another race between Arsenal and Manchester United.'

Keys finds it difficult to find a fault in the champions' squad, but admits United need to improve defensively. 'Even then,' he claims, 'their only real weakness will be themselves, if they take their foot off the gas.'

As for Arsenal, the Sky frontman believes they will

narrow the 18-point gap that separated the pair last season. 'They should have been closer to United but suffered from a mid-season blip. Arsenal have the squad to overcome United this season, though.'

Of the remaining challengers, Keys rates Chelsea as the strongest outsiders. 'They are better equipped to take on United this season,' he says. 'In Jimmy Floyd Hasselbaink they have a great signing, but more importantly it is Chelsea's change in attitude that has been improved.'

According to Keys, the top five will be completed by a more experienced Leeds squad and Liverpool. These five have broken away from the rest according to the accomplished

presenter and will not be troubled by any dark horses. 'Newcastle will be pleased if they finish in the top half, and Tottenham may possibly get sixth,' Keys explains.

And he thinks that the clubs who avoided relegation last season will struggle again. 'All those with limited budgets will struggle, so expect those that just survived last season to be joined by the clubs promoted from Division One,' says Keys.

Rob Hawthorne, commentator on all Sky Sports Nationwide League coverage, runs the rule over the Premier League newcomers Charlton Athletic, Ipswich Town and Manchester City and finds only the latter has cause for real optimism.

Hawthorne saw plenty of all three teams in Division One last season and thinks City have an advantage over their rivals. 'In Joe Royle they have a manager with Premier League experience. Despite having limited resources he helped Oldham Athletic survive at the top level for a few years,' he explains.

'At City though, Royle has financial support and a large supporter-base to provide funds for new players to get them out of trouble,' Hawthorne explains.

Of Charlton, who finished above City as Division One champions, Hawthorne says: 'The team has not changed that much from the one that was relegated two seasons ago. I just think that goalscoring could be a problem. 'They are relying too much on Andy Hunt. There is no doubt that they have players like Richard Rufus, Shaun Newton and Mark Kinsella who will flourish at this level. They certainly deserve another bash at the top,' he says.

And although Hawthorne rates Ipswich Town as an impressive team he thinks they are the most likely to be relegated. 'I am pleased that they overcame the hurdle of the play-offs, it showed great spirit and doggedness. I just feel it will be asking too much of them to stay up,' admits the commentator.

SPORTS

ATHLETICS

IAAF GRAND PRIX
LIVE 1 5.30PM ESP
Coverage of the IAAF meeting in Stockholm.
IAAF GRAND PRIX
1 8.30PM ESP
MODERN PENTATHLON
4 10.30AM ESP
World Championship action from Pesaro, Italy.
IAAF GRAND PRIX
LIVE 5 3.30PM ESP
Coverage of the British Grand Prix from the National Sports Centre.
IAAF GRAND PRIX
8 8.00PM ESP
Coverage from Linz.
TRIATHLON: TRIATHLON SPRINT CHAMPIONSHIP
13 5.30PM SK3
EAA OUTDOOR PERMIT MEETING
LIVE 23 6.00PM ESP
Action from the meeting in Cottbus, Germany.
TRIATHLON: TRIATHLON SPRINT CHAMPIONSHIP
27 12.30PM SK2
IAAF GRAND PRIX
28 7.00PM ESP
Coverage from the Norwich Union Classic meeting at Gateshead.
IAAF PERMIT MEETING
LIVE 30 6.30PM ESP
Action from Thessaloniki.

AUSTRALIAN RULES FOOTBALL

AUSTRALIAN RULES FOOTBALL
5 11.00PM SK2
AUSTRALIAN RULES FOOTBALL
7 2.00PM SK3
AUSTRALIAN RULES FOOTBALL
12 12NOON SK2
AUSTRALIAN RULES FOOTBALL
12 6.00PM SK2
AUSTRALIAN RULES FOOTBALL
12 1.30AM SK2
AUSTRALIAN RULES FOOTBALL
19 1.00PM SK2
AUSTRALIAN RULES FOOTBALL
19 4.00AM SK1
AUSTRALIAN RULES FOOTBALL
21 2.30PM SK2
AUSTRALIAN RULES FOOTBALL
26 2.00PM SK3
AUSTRALIAN RULES FOOTBALL
26 6.30PM SK3
AUSTRALIAN RULES FOOTBALL
26 1.00AM SK2
AUSTRALIAN RULES FOOTBALL
27 3.00AM SK2
AUSTRALIAN RULES FOOTBALL
31 10.00PM SK3

BOWLS

INTERNATIONAL BOWLS: AUSTRALIA V SCOTLAND - TRIPLES
1 1.00PM SK1
Australia's latest encounter with Scotland reaches the triples stage.
INTERNATIONAL BOWLS: AUSTRALIA V WALES - SINGLES
7 3.00PM SK2

INTERNATIONAL BOWLS: AUSTRALIA V WALES - SINGLES
7 8.00PM SK3
Action from the Tweed Heads Bowls Club.
INTERNATIONAL BOWLS: AUSTRALIA V WALES - SINGLES
7 1.00AM SK2
INTERNATIONAL BOWLS: AUSTRALIA V WALES - SINGLES
8 11.00AM SK2
INTERNATIONAL BOWLS: AUSTRALIA V WALES - DOUBLES
14 8.00PM SK3
INTERNATIONAL BOWLS: AUSTRALIA V WALES - DOUBLES
15 3.00PM SK3
INTERNATIONAL BOWLS: AUSTRALIA V WALES - TRIPLES
21 6.30PM SK3
INTERNATIONAL BOWLS: AUSTRALIA V WALES - TRIPLES
21 2.00AM SK1
INTERNATIONAL BOWLS: AUSTRALIA V WALES - TRIPLES
22 11.00AM SK2

BOXING

FIGHT NIGHT: CALZAGHE V SHEIKA
LIVE 12 8.00PM SK1
World title action as WBO super-middleweight champion Joe Calzaghe takes on Omar Sheika.
FIGHT NIGHT: CALZAGHE V SHEIKA
12 1.00AM SK1
FIGHT NIGHT: CALZAGHE V SHEIKA
13 10.00AM SK1
BIG FIGHT SPECIAL
26 8.30PM SK1
The latest action from the ring, presented by Paul Dempsey.
BIG FIGHT SPECIAL
26 4.00AM SK2
BIG FIGHT SPECIAL
27 9.00AM SK1
TUESDAY LIVE BOXING
LIVE 29 8.00PM ESP
Top-class action.

CRICKET

NATIONAL CRICKET LEAGUE: NOTTINGHAMSHIRE V WARWICKSHIRE
LIVE 1 4.00PM SK1
Trent Bridge hosts the Norwich Union National Cricket League Division clash between Nottinghamshire and Warwickshire.
NATIONAL CRICKET LEAGUE: NOTTINGHAMSHIRE V WARWICKSHIRE
LIVE 1 7.30PM SK1
NATIONAL CRICKET LEAGUE: NORTHAMPTONSHIRE V WORCESTERSHIRE
LIVE 2 4.00PM SK1
Northamptonshire take on Worcestershire at the County Ground.
NATIONAL CRICKET LEAGUE: NORTHAMPTONSHIRE V WORCESTERSHIRE
LIVE 2 7.30PM SK1
Coverage continues.

TEST CRICKET: ENGLAND V WEST INDIES - THIRD TEST
3 9.30PM SK1
Highlights of the first day's play in the third Test between England and West Indies at Old Trafford.
TEST CRICKET: ENGLAND V WEST INDIES - THIRD TEST
4 9.30PM SK1
TEST CRICKET: ENGLAND V WEST INDIES - THIRD TEST
5 9.30PM SK1
TEST CRICKET: ENGLAND V WEST INDIES - THIRD TEST
6 8.30PM SK1
TEST CRICKET: ENGLAND V WEST INDIES - THIRD TEST
7 8.30PM SK1
The crucial third Test between England and West Indies reaches its climax at Old Trafford.
COSTCUTTER U-15 WORLD CHALLENGE
LIVE 8 10.30AM SK1
Action from the semi-final stage. The event originally began with seven teams: hosts England, India, Pakistan, West Indies, South Africa, Holland and Zimbabwe. A place at Lord's awaits the winners.
COSTCUTTER U-15 WORLD CHALLENGE
LIVE 8 3.00PM SK1
NATIONAL CRICKET LEAGUE: YORKSHIRE V LANCASHIRE
LIVE 9 4.00PM SK1
The trans-Pennine rivals meet at Headingley in this Division One clash where more than regional pride is at stake.
NATIONAL CRICKET LEAGUE: YORKSHIRE V LANCASHIRE
9 7.30PM SK1
INTERACTIVE CRICKET: COSTCUTTER UNDER-15 WORLD CHALLENGE - FINAL
LIVE 10 10.30AM SK3
Coverage from the final at Lord's where some of the stars of the future may be in action.
INTERACTIVE CRICKET: COSTCUTTER UNDER-15 WORLD CHALLENGE - FINAL
LIVE 10 3.00PM SK3
NATWEST TROPHY: SEMI-FINAL
12 8.30PM SK3
Highlights from the first semi-final in the NatWest trophy, the premier one-day knock-out trophy.
NATWEST TROPHY: SEMI-FINAL
13 8.45PM SK3
Action from the second semi-final.
NATIONAL CRICKET LEAGUE: LANCASHIRE V KENT
LIVE 15 4.00PM SK1
Lancashire - last year's league champions - face Kent at Old Trafford.
NATIONAL CRICKET LEAGUE: LANCASHIRE V KENT
LIVE 15 7.30PM SK3

NATIONAL CRICKET LEAGUE: WARWICKSHIRE V MIDDLESEX
LIVE 16 4.00PM SK1
Coverage of the Division Two encounter between Warwickshire and Middlesex at Edgbaston.
NATIONAL CRICKET LEAGUE: WARWICKSHIRE V MIDDLESEX
LIVE 16 7.30PM SK1
TEST CRICKET: ENGLAND V WEST INDIES - FOURTH TEST
17 10.00PM SK3
Highlights from the opening day's play in the Cornhill Insurance fourth Test at Headingley.
TEST CRICKET: ENGLAND V WEST INDIES - FOURTH TEST
18 10.15PM SK3
TEST CRICKET: ENGLAND V WEST INDIES - FOURTH TEST
19 8.30PM SK1
Highlights from the third day's play at Headingley.
TEST CRICKET: ENGLAND V WEST INDIES - FOURTH TEST
20 8.30PM SK3
TEST CRICKET: ENGLAND V WEST INDIES - FOURTH TEST
21 8.30PM SK3
Highlights from the fifth and final day of the fourth Test.
CRICKET: PPP HEALTHCARE COUNTY CHAMPIONSHIP
LIVE 22 11.00AM SK1
Action from the opening day's play in a top PPP Healthcare County Championship match. Surrey are the defending champions.
PPP HEALTHCARE COUNTY CHAMPIONSHIP
LIVE 22 1.45PM SK1
Coverage continues.
PPP HEALTHCARE COUNTY CHAMPIONSHIP
LIVE 23 11.00AM SK1
PPP HEALTHCARE COUNTY CHAMPIONSHIP
LIVE 23 1.45PM SK1
PPP HEALTHCARE COUNTY CHAMPIONSHIP
LIVE 24 11.00AM SK1
PPP HEALTHCARE COUNTY CHAMPIONSHIP
LIVE 24 1.45PM SK1
PPP HEALTHCARE COUNTY CHAMPIONSHIP
LIVE 25 1.30PM SK1
NATWEST TROPHY: FINAL
26 8.30PM SK3
Highlights from the final of this year's NatWest Trophy which takes place at Lord's. Gloucestershire were last year's winners.
NATIONAL CRICKET LEAGUE: GLOUCESTERSHIRE V LEICESTERSHIRE
LIVE 28 4.00PM SK3
Gloucestershire face Leicestershire at Bristol in the First Division of the National Cricket League.

NATIONAL CRICKET LEAGUE: GLOUCESTERSHIRE V LEICESTERSHIRE
LIVE 28 7.30PM SK3
NATIONAL CRICKET LEAGUE: DURHAM V HAMPSHIRE
LIVE 29 4.00PM SK1
Action as Durham take on Hampshire at Chester-Le-Street.
NATIONAL CRICKET LEAGUE: DURHAM V HAMPSHIRE
LIVE 29 7.30PM SK1
NATIONAL CRICKET LEAGUE: SOMERSET V LEICESTERSHIRE
LIVE 30 4.00PM SK1
Taunton hosts the match between Somerset and Leicestershire.
NATIONAL CRICKET LEAGUE: SOMERSET V LEICESTERSHIRE
LIVE 30 7.30PM SK1
Coverage continues.
TEST CRICKET: ENGLAND V WEST INDIES - FIFTH TEST
31 8.30PM SK3
Highlights from the final Test match between England and West Indies at The Oval.

CYCLING

WORLD CUP
6 6.30PM ESP
Coverage from the HEW Classics in Hamburg.
VUELTA CICLISTA A BURGOS
7 6.00PM ESP
Action from the first stage of this Spanish four-stage race.
VUELTA CICLISTA A BURGOS
8 6.00PM ESP
VUELTA CICLISTA A BURGOS
10 6.00PM ESP
WORLD CUP
LIVE 12 3.30PM ESP
Action from the seventh round of the World Cup - the San Sebastian Classic, featuring many of the world's top riders.
LA GRAND BOUCLE
12 4.30PM ESP
The International Women's Grande Boucle is one of the leading female competitions. Diana Ziliute of Lithuania was last year's winner.
WORLD CUP
LIVE 20 2.00PM ESP
Action from the Zurich Championship.
LA GRAND BOUCLE
20 5.00PM ESP
Action from the 14th and final stage from Pierrelaye to Paris.
TOUR OF SPAIN
LIVE 26 6.00PM ESP
Action from the first stage of the Vuelta, one of cycling's three major tours. Abraham Olano was last year's winner, but a top-class field is likely to contend for honours this time round.
TOUR OF SPAIN
LIVE 27 2.00PM ESP
Coverage of the 169km second stage from Malaga to Cordoba.
TOUR OF SPAIN
LIVE 28 2.00PM ESP
Action from the third stage from Montoro to Valdepeñas.

TOUR OF SPAIN
LIVE 29 2.00PM ESP
Fourth stage racing from Valdepeñas to Albacete.
LE GRAND BOUCLE
29 4.30PM ESP
TOUR OF SPAIN
LIVE 30 11.00AM ESP
Fifth stage action from Albacete to Xorret de Catí.
TOUR OF SPAIN
LIVE 31 2.00PM ESP
Coverage of the sixth stage from Benidorm to Valencia.

DARTS

INTERNATIONAL OPEN AND SPEED DARTS CHALLENGE
18 10.15PM ESP

EQUESTRIANISM

SHOWJUMPING
1 1.00PM ESP
Coverage from Aachen.
WORLD CUP SHOWJUMPING
1 12MIDNIGHT SK2
WORLD CUP SHOWJUMPING: ROCKY MOUNTAIN GRAND PRIX
2 12NOON SK2
SAMSUNG NATIONS CUP
2 1.00PM ESP
The competition continues in Sofia, Bulgaria and Gijon, Spain.
PULSAR CROWN SERIES
8 1.00PM ESP
Action from the Grand Prix at Cannes, the first of three in the Pulsar Crown Series.
SHOWJUMPING: SPRUCE MEADOWS - TRANS CANADA PARCOURS DE CHASSE
8 5.00PM SK3
Highlights from the Spruce Meadows event.
WORLD CUP SHOWJUMPING: OAKS INTERNATIONAL
8 10.00PM SK2
SHOWJUMPING: TRANS CANADA PARCOURS DE CHASSE
8 11.00PM SK2
WORLD CUP SHOWJUMPING: OAKS INTERNATIONAL
8 3.30AM SK2
SHOWJUMPING: SPRUCE MEADOWS - TRANS CANADA PARCOURS DE CHASSE
9 12NOON SK3
PULSAR CROWN SERIES
9 1.00PM ESP
Action from Aachen.
PULSAR CROWN SERIES
10 1.00PM ESP
Coverage from the third and final Grand Prix in Valkenswaard, the Netherlands.
WORLD CUP SHOWJUMPING: OAKS INTERNATIONAL
11 12NOON SK2
SAMSUNG NATIONS CUP
11 6.00PM ESP
Action from Dublin.
POLO: PRINCE PHILIP POLO TOURNAMENT
13 8.00AM SK2

DIARY

KEY TO CHANNEL CODES

ESP: Eurosport
SK1: Sky Sports 1
SK2: Sky Sports 2
SK3: Sky Sports 3
ITV2: ITV2

**POLO: PRINCE PHILIP
POLO TOURNAMENT**

13 2.00PM SK3
POLO: PRINCE PHILIP
POLO TOURNAMENT
13 6.00PM SK2
SHOWJUMPING:
SPRUCE MEADOWS –
CANADIAN PACIFIC
WORLD CUP
14 3.00PM SK2
SHOWJUMPING:
SPRUCE MEADOWS –
CANADIAN PACIFIC
WORLD CUP
14 2.00AM SK2
SHOWJUMPING:
SPRUCE MEADOWS –
CANADIAN PACIFIC
WORLD CUP
15 12NOON SK2
WORLD CUP
SHOWJUMPING:
GRAND PRIX OF
DENVER
15 10.30PM SK2
WORLD CUP
SHOWJUMPING:
15 2.15AM SK1
WORLD CUP
SHOWJUMPING:
GRAND PRIX OF
DENVER
16 12NOON SK3
SAMSUNG
NATIONS CUP
16 1.30PM ESP
Coverage from events in
Budapest and Bratislava.
POLO: CARTIER
POLO TOURNAMENT
20 8.00AM SK2
POLO: CARTIER
POLO TOURNAMENT
20 12.30PM SK3
POLO: CARTIER
POLO TOURNAMENT
20 5.00PM SK3
POLO: CARTIER
POLO TOURNAMENT
20 10.30PM SK3
POLO: CARTIER
POLO TOURNAMENT
20 2.00AM SK2
POLO: CARTIER
POLO TOURNAMENT
21 2.30PM SK3
SHOWJUMPING:
SPRUCE MEADOWS –
ATCO STRUCTURES
DOUBLE SLALOM
22 4.00PM SK3
WORLD CUP
SHOWJUMPING:
SHOWPARK
RACING SPECIAL
22 10.00PM SK2
WORLD CUP
SHOWJUMPING:
SHOWPARK
RACING SPECIAL
23 4.00PM SK3
SHOWJUMPING:
SPRUCE MEADOWS –
ATCO STRUCTURES
DOUBLE SLALOM
23 12.30AM SK2
SHOWJUMPING:
SPRUCE MEADOWS –
ATCO STRUCTURES
DOUBLE SLALOM
24 12NOON SK3
WORLD CUP
SHOWJUMPING: LAKE
TAHOE GRAND PRIX
26 5.00PM SK3
SAMSUNG
NATIONS CUP
27 5.00PM ESP
WORLD CUP
SHOWJUMPING:
OLYMPIC TRIALS
27 5.00PM SK3
WORLD CUP
SHOWJUMPING
28 6.00AM SK2
WORLD CUP
SHOWJUMPING
28 11.00PM SK2

FOOTBALL

**AC MILAN V
REAL MADRID**
1 9.00PM ESP
Action from a friendly.
UEFA
CHAMPIONS LEAGUE
LIVE 2 8.00PM ESP
Coverage of the second
leg of the second
qualifying round.
FRIENDLY
LIVE 3 7.00PM ESP
Action from a tournament
featuring Juventus, Inter
Milan and Bari.
FRIENDLY
7 8.00PM ESP
UEFA
CHAMPIONS LEAGUE
LIVE 9 8.00PM ESP
Action from the first leg
of the latest round of
qualifying matches.
UEFA CUP
LIVE 10 8.00PM ESP
Action from the first
round of qualifiers.
FRIENDLY
16 9.30PM ESP
FRIENDLY
17 9.30PM ESP
UEFA
CHAMPIONS LEAGUE
LIVE 23 7.30PM ESP
UEFA CUP
LIVE 24 5.30PM ESP
Coverage from the
second leg of the
qualifying round.

GOLF

LPGA GOLF: GIANT EAGLE LPGA CLASSIC
1 10.00PM SK2
Coverage from Avalon Lakes in Ohio.

US PGA TOUR: JOHN DEERE CLASSIC
1 11.00PM ESP
Action from Silvis, Illinois.

BEAZER HOMES CHALLENGE TOUR CHAMPIONSHIPS
2 10.30PM SK2
BEAZER HOMES CHALLENGE TOUR CHAMPIONSHIPS
3 11.00AM SK2

EURO TOUR GOLF: VOLVO SCANDINAVIAN MASTERS
LIVE 3 1.00PM SK1
Action from Kungsängen in Stockholm. Colin Montgomerie is the defending champion.

EURO TOUR GOLF: VOLVO SCANDINAVIAN MASTERS
3 7.00PM SK2

FORD GOLF USA: THE INTERNATIONAL PRESENTED BY QWEST
LIVE 3 9.00PM SK2
Action from an event which is won on points awarded for the number of shots taken on each hole – the player with the top score after four days wins.

EURO TOUR GOLF: VOLVO SCANDINAVIAN MASTERS
LIVE 4 1.00PM SK1

EURO TOUR GOLF: VOLVO SCANDINAVIAN MASTERS
4 7.00PM SK2

FORD GOLF USA: THE INTERNATIONAL PRESENTED BY QWEST
LIVE 4 9.00PM SK2

EURO TOUR GOLF:
VOLVO SCANDINAVIAN
MASTERS
LIVE 5 12NOON SK1
EURO TOUR SENIORS'
GOLF: ENERGIS
SENIOR MASTERS
LIVE 5 4.00PM SK2
 Coverage from day two at Wentworth.
EURO TOUR GOLF:
VOLVO SCANDINAVIAN
MASTERS
6 6.30PM SK2
FORD GOLF USA:
THE INTERNATIONAL
PRESENTED
BY QWEST
LIVE 5 9.00PM SK2
EURO TOUR GOLF:
VOLVO SCANDINAVIAN
MASTERS
LIVE 6 11.30AM SK1
EURO TOUR SENIORS'
GOLF: ENERGIS
SENIOR MASTERS
LIVE 6 3.30PM SK2
EURO TOUR GOLF:
VOLVO SCANDINAVIAN
MASTERS
6 6.30PM SK2
FORD GOLF USA:
THE INTERNATIONAL
PRESENTED
BY QWEST
LIVE 6 8.00PM SK2
FORD GOLF USA:
THE INTERNATIONAL
PRESENTED
BY QWEST
7 11.00AM SK2
EURO TOUR GOLF:
VOLVO SCANDINAVIAN
MASTERS
7 4.00PM SK3
LADIES' EURO
TOUR GOLF:
BRITISH MASTERS
8 7.00PM SK2
LPGA GOLF:
MICHELOB
LIGHT CLASSIC
8 8.00PM SK2
 Action from Fox Run Golf Club in St Louis.
US PGA TOUR: THE
INTERNATIONAL
8 11.00PM ESP
LADIES' EURO
TOUR GOLF:
BRITISH MASTERS
8 2.30AM SK2
LADIES' EURO TOUR
GOLF: BRITISH
MASTERS
9 10.30AM SK1
LPGA GOLF:
MICHELOB
LIGHT CLASSIC
9 1.00PM SK2
EUROCARD
CHALLENGE 2000
9 7.30PM SK3
EUROCARD
CHALLENGE 2000
9 10.30PM SK2
EUROCARD
CHALLENGE 2000
9 2.30AM SK2
EUROCARD
CHALLENGE
10 9.30AM SK1
EURO TOUR GOLF:
VICTOR CHANDLER
BRITISH MASTERS
LIVE 10 10.30AM SK1
 The Duke's course at Woburn plays host. Bob May won here last year.
EURO TOUR GOLF:
VICTOR CHANDLER
BRITISH MASTERS
LIVE 10 3.00PM SK1
FORD GOLF USA:
BUICK OPEN
LIVE 10 9.00PM SK2
 Coverage from Warwick Hills Golf & Country Club in Grand Blanc, Michigan.

EURO TOUR GOLF:
VICTOR CHANDLER
BRITISH MASTERS
 10 11.30PM SK2
FORD GOLF USA:
BUICK OPEN
 10 3.00AM SK2
EURO TOUR GOLF:
VICTOR CHANDLER
BRITISH MASTERS
LIVE 11 10.30AM SK1
EURO TOUR GOLF:
VICTOR CHANDLER
BRITISH MASTERS
LIVE 11 3.00PM SK1
FORD GOLF USA:
BUICK OPEN
LIVE 11 9.00PM SK2
EURO TOUR GOLF:
VICTOR CHANDLER
BRITISH MASTERS
 11 11.30PM SK2
FORD GOLF USA:
BUICK OPEN
 11 3.30AM SK2
FORD GOLF USA:
BUICK OPEN
 12 11.00AM SK3
EURO TOUR GOLF:
VICTOR CHANDLER
BRITISH MASTERS
LIVE 12 1.30PM SK3
FORD GOLF USA:
BUICK OPEN
LIVE 12 8.00PM SK2
EURO TOUR GOLF:
VICTOR CHANDLER
BRITISH MASTERS
 12 11.00PM SK2
FORD GOLF USA:
BUICK OPEN
 13 7.00AM SK1
FORD GOLF USA:
BUICK OPEN
LIVE 13 8.00PM SK2
FORD GOLF USA:
BUICK OPEN
 14 12NOON SK2
EURO SENIORS' GOLF:
BAD RAGAZ PGA
SENIORS' OPEN
 15 7.30PM SK2
LPGA GOLF: DU
MAURIER CLASSIC
 15 8.30PM SK2
 Action from one of four
 major tournaments that
 make up the PGA
 Grand Slam, at the Royal
 Ottawa Golf Club in
 Aylmer, Quebec. Karrie
 Webb won last year.
US PGA TOUR:
THE BUICK OPEN
 15 11.00PM ESP
EURO SENIORS' GOLF:
BAD RAGAZ PGA
SENIORS' OPEN
 15 11.15PM SK1
LPGA GOLF: DU
MAURIER CLASSIC
 15 3.30AM SK2
EURO SENIORS' GOLF:
BAD RAGAZ PGA
SENIORS' OPEN
 16 12NOON SK2
LPGA GOLF: DU
MAURIER CLASSIC
 16 1.00PM SK2
FORD GOLF USA: US
PGA CHAMPIONSHIP
LIVE 17 5.30PM SK2
 Coverage of the final
 major event of the year
 from the Valhalla Golf
 Club in Louisville,
 Kentucky. American fans
 will be hoping that Tiger
 Woods can regain the
 title he won in 1999.
FORD GOLF USA: US
PGA CHAMPIONSHIP
 18 10.00AM SK2
FORD GOLF USA: US
PGA CHAMPIONSHIP
LIVE 18 5.30PM SK2
FORD GOLF USA: US
PGA CHAMPIONSHIP
 19 9.00AM SK1

FORD GOLF USA: US PGA CHAMPIONSHIP
LIVE 19 3.00PM SK2
FORD GOLF USA: US PGA CHAMPIONSHIP
20 9.00AM SK1
FORD GOLF USA: US PGA CHAMPIONSHIP
LIVE 20 3.00PM SK2
Action from Valhalla Golf Club in Louisville, Kentucky.
FORD GOLF USA: US PGA CHAMPIONSHIP
21 8.00AM SK2
EURO TOUR: WEST OF IRELAND OPEN
22 6.00PM SK2
Coverage from the Slieve Russell Hotel Golf & Country Club in Cavan.
STAR GOLF OPEN
22 7.00PM SK3
Action from Europe's Premier Developmental Tour, featuring some of the up-and-coming stars.
INTERNATIONAL TROPHY
22 11.00PM ESP
MASTERCARD BRITISH PROFESSIONAL TOUR: HAWKSTONE PARK TOURNAMENT
22 11.00PM SK2
Hawkstone Park hosts the latest event on the MasterCard tour.
EURO TOUR: WEST OF IRELAND OPEN
22 12.30AM SK1
STAR GOLF OPEN
22 1.30AM SK1
MASTERCARD BRITISH PROFESSIONAL TOUR: HAWKSTONE PARK TOURNAMENT
22 2.30AM SK1
MASTERCARD BRITISH PROFESSIONAL TOUR: HAWKSTONE PARK TOURNAMENT
23 12NOON SK3
EURO TOUR: WEST OF IRELAND OPEN
23 2.00PM SK2
FORD GOLF USA: NEC INVITATIONAL
LIVE 24 7.00PM SK2
First day action from Akron, Ohio. The field is limited to the world's elite.
FORD GOLF USA: NEC INVITATIONAL
25 10.00AM SK3
FORD GOLF USA: NEC INVITATIONAL
LIVE 25 7.00PM SK2
FORD GOLF USA: NEC INVITATIONAL
26 10.00AM SK3
FORD GOLF USA: NEC INVITATIONAL
LIVE 26 8.00PM SK2
FORD GOLF USA: US AMATEUR 2000
26 11.00PM SK2
FORD GOLF USA: NEC INVITATIONAL
27 10.00AM SK3
FORD GOLF USA: US AMATEUR 2000
27 11.00PM SK2
BATTLE AT BIGHORN: WOODS V GARCIA
LIVE 28 1.00AM SK1
Coverage of a showcase event, as Tiger Woods meets Sergio Garcia in a head-to-head duel.
BATTLE AT BIGHORN: WOODS V GARCIA
29 1.30PM SK1
BATTLE AT BIGHORN: WOODS V GARCIA
29 7.30PM SK3
LPGA GOLF: OLDSMOBILE CLASSIC
29 10.00PM SK2

Walnut Hills Country
Club plays host.
LPGA GOLF:
OLDSMOBILE CLASSIC
29 1.00AM SK1
EURO TOUR GOLF:
SCOTTISH PGA
CHAMPIONSHIP
30 11.00AM SK1
LADIES' EURO TOUR
GOLF: COMPAQ
SWEDISH OPEN
30 12NOON SK3
Laura Davies defends
her title in Malmö.
LPGA GOLF:
OLDSMOBILE CLASSIC
30 1.00PM SK1
LADIES' EURO TOUR
GOLF: COMPAQ
SWEDISH OPEN
30 10.00PM SK2
EURO TOUR GOLF:
SCOTTISH PGA
CHAMPIONSHIP
30 11.00PM SK2
EURO TOUR GOLF:
BMW INTERNATIONAL
LIVE 31 1.00PM SK1
Action from the opening
day's play at Golfclub
München
Nord-Eichenried.
EURO TOUR GOLF:
BMW INTERNATIONAL
31 1.00AM SK1
FORD GOLF USA:
AIR CANADA OPEN
31 10.00PM SK2

**GREYHOUND
RACING**

GREYHOUNDS:
OXFORD
LIVE 8 7.30PM SK1

HORSE RACING

THE WINNING POST:
KEMPTON/LEICESTER
LIVE 2 6.30PM SK2
THE WINNING POST:
NEWMARKET/AYR
LIVE 4 6.30PM SK3
THE WINNING POST:
WINDSOR/CARLISLE
LIVE 7 6.30PM SK1
THE WINNING POST:
SANDOWN/
YARMOUTH
LIVE 9 6.30PM SK2
THE WINNING POST:
NEWMARKET/
HAYDOCK
LIVE 11 6.30PM SK2
THE WINNING POST:
KEMPTON / THIRSK
LIVE 14 6.30PM SK2
THE WINNING POST:
EPSOM/HAMILTON
LIVE 16 6.30PM SK2
THE WINNING POST:
HAYDOCK/
WOLVERHAMPTON
LIVE 19 6.30PM SK1
THE WINNING POST:
CHESTER/
PONTEFRAC
LIVE 20 2.00PM SK3
THE WINNING POST:
BRIGHTON/PERTH
LIVE 23 6.30PM SK2
THE WINNING POST:
REDCAR/WINDSOR
LIVE 26 6.00PM SK1

MOTOR CYCLING

MOTOCROSS
3 1.00PM ESP
Coverage of the 12th
round of the World
Championship.
SPEEDWAY: ELITE
SPEEDWAY LEAGUE
EASTBOURNE V
PETERBOROUGH
LIVE 3 7.00PM SK1

SUPERBIKE
5 6.00PM ESP
World Championship practice at Brands Hatch.

SUPERSPORT
5 7.00PM ESP

MOTOCROSS
LIVE 6 10.30AM ESP
Action from the 13th round of the World Championship.

SUPERBIKE
LIVE 6 12NOON ESP

SUPERSPORT
LIVE 6 1.00PM ESP

SUPERBIKE
LIVE 6 3.30PM ESP
Action from the second race at Brands Hatch.

SIDECAR
LIVE 6 4.30PM ESP

MOTOCROSS
6 5.30PM ESP

SPEEDWAY: ELITE
SPEEDWAY LEAGUE
LIVE 10 7.30PM SK1

MOTOCROSS
11 1.30PM ESP

MOTOCROSS
LIVE 13 10.45AM ESP
Action from Luxembourg.

MOTOCROSS
13 3.30PM ESP

BRITISH SUPERBIKE:
KNOCKHILL LEG
16 10.30PM SK2

BRITISH SUPERBIKE:
KNOCKHILL LEG
16 2.30AM SK2

BRITISH SUPERBIKE:
KNOCKHILL LEG
17 11.30AM SK2

MOTOCROSS
17 11.30AM ESP

BRITISH SUPERBIKE:
KNOCKHILL LEG
17 3.00PM SK3

SPEEDWAY: ELITE
SPEEDWAY LEAGUE
LIVE 17 7.30PM SK1

SPEEDWAY: ELITE
SPEEDWAY LEAGUE
17 12.30AM SK1

CZECH GRAND PRIX
LIVE 18 12NOON ESP
Action from the qualifying rounds in Brno.

CZECH GRAND PRIX
LIVE 18 1.00PM ESP

CZECH GRAND PRIX
LIVE 18 2.15PM ESP

CZECH GRAND PRIX
LIVE 19 12NOON ESP

CZECH GRAND PRIX
LIVE 19 1.00PM ESP

CZECH GRAND PRIX
LIVE 19 2.15PM ESP

CZECH GRAND PRIX
LIVE 20 10.00AM ESP
Action from the 125cc race in Brno.

CZECH GRAND PRIX
LIVE 20 11.15AM ESP

CZECH GRAND PRIX
LIVE 20 12.30PM ESP

CZECH GRAND PRIX
20 5.30PM ESP

ENDURANCE WORLD CHAMPIONSHIP
21 4.00PM ESP
Action from the fifth round in Oschersleben in Germany.

BRITISH SUPERBIKE:
FULL THROTTLE
24 10.00AM SK1

SPEEDWAY: ELITE
SPEEDWAY LEAGUE
LIVE 24 7.30PM SK3

THQ BRITISH MOTOCROSS
27 7.00PM SK3
Round six action from Cookstown.

MOTOCROSS
LIVE 27 10.45AM ESP
World Championship racing from Teutschenthal, Germany.

THQ BRITISH MOTOCROSS
27 2.30PM SK3

MOTOCROSS
LIVE 27 4.00PM ESP

THQ BRITISH MOTOCROSS
29 12MIDN'T SK2

SPEEDWAY: ELITE
SPEEDWAY LEAGUE
LIVE 30 7.30PM SK3

BRITISH SUPERBIKE:
CADWELL PARK LEG
30 10.00PM SK3

BRITISH SUPERBIKE:
CADWELL PARK LEG
31 12NOON SK2

MOTOCROSS
31 12NOON ESP
Action from the penultimate round of the World Championship in Teutschenthal, Germany.

MOTOR RACING

AUSTRALIAN RALLY CHAMPIONSHIPS
2 4.30PM SK2

CART
2 7.00PM ESP
The latest FedEx Championship action.

AUSTRALIAN RALLY CHAMPIONSHIPS
2 11.30PM SK2

AUSTRALIAN RALLY CHAMPIONSHIPS
2 2.00AM SK2

AUSTRALIAN RALLY CHAMPIONSHIPS
3 9.30AM SK1

AUSTRALIAN RALLY CHAMPIONSHIPS
3 2.00PM SK2

AUSTRALIAN RALLY CHAMPIONSHIPS
4 7.45AM SK1

RALLY
4 6.30PM ESP
Coverage of the Paris to Istanbul rally.

MOTOR RACING:
NASCAR WINSTON CUP - BRICKYARD 400
LIVE 5 6.00PM SK3
Coverage from the Indianapolis Motor Speedway.

MOTOR RACING:
NASCAR WINSTON CUP - BRICKYARD 400
6 12NOON SK2

CAR RACING
6 10.45PM ESP
American Le Mans Series racing from Bowmanville, Canada.

CAR RACING
8 4.00PM ESP
Coverage of the Spa 24-Hour Race.

GRAND TOURING
8 7.00PM ESP
Action from the seventh round of the FIA GT Championship.

AUSTRALIAN RALLY CHAMPIONSHIPS
9 4.30PM SK3

AUSTRALIAN RALLY CHAMPIONSHIPS
9 1.00AM SK2

AUSTRALIAN RALLY CHAMPIONSHIPS
10 2.30PM SK3

SPORTS CAR RACING
10 4.00PM ESP
World Cup racing from Brno, Czech Republic.

AUSTRALIAN RALLY CHAMPIONSHIPS
10 10.45PM SK1

AUSTRALIAN RALLY CHAMPIONSHIPS
11 7.45AM SK1

FORMULA 3000
11 3.45PM ESP
FIA International Championship action from Hungary.

FORMULA 3000
LIVE 11 4.30PM ESP

MOTOR RALLY:
LONDON-SYDNEY MARATHON
11 11.00PM SK3

RALLY
12 10.30AM ESP
Highlights of the Paris to Istanbul race.

FORMULA 3000
LIVE 12 1.30PM ESP

MOTOR RALLY:
LONDON-SYDNEY MARATHON
12 11.00PM SK3

EUROPEAN DRAG RACING:
ALASTARO LEG
13 10.30PM SK3

MOTOR RALLY:
LONDON-SYDNEY MARATHON
13 10.45PM SK3

FORMULA 1:
HUNGARIAN GP
14 7.00PM ITV2

CART
16 5.00PM ESP

AUSTRALIAN RALLY CHAMPIONSHIPS
16 6.00PM SK2

AUSTRALIAN RALLY CHAMPIONSHIPS
17 1.30PM SK2

RALLY
18 9.45PM ESP
FIA World Rally Championship action from Finland.

MOTOR RACING:
NASCAR BUSCH - NAPA ONLINE.COM
19 6.30PM SK3

RALLY
19 9.45PM ESP

MOTOR RACING:
NASCAR BUSCH - NAPA ONLINE.COM
19 11.30PM SK2

EUROPEAN DRAG RACING:
ALASTARO LEG
20 1.30PM SK3

EUROPEAN DRAG RACING:
ALASTARO LEG
20 8.00PM SK3

RALLY
20 9.45PM ESP

MOTOR RACING:
NASCAR BUSCH - NAPA ONLINE.COM
21 12NOON SK2

RALLY
21 9.00PM ESP

CART
23 5.00PM ESP

AUSTRALIAN RALLY CHAMPIONSHIPS
23 9.30PM SK3

AUSTRALIAN RALLY CHAMPIONSHIPS
23 11.30PM SK2

AUSTRALIAN RALLY CHAMPIONSHIPS
24 8.30AM SK2

AUSTRALIAN RALLY CHAMPIONSHIPS
24 1.00PM SK2

FORMULA 3000
LIVE 25 3.00PM ESP
FIA International Championship action from Spa-Francorchamps.

FORMULA 3000
LIVE 25 4.30PM ESP

FORMULA 3000
LIVE 26 1.30PM ESP

MOTOR RACING:
INDY RACING LEAGUE - BELTERRA RESORT
INDY 300
LIVE 27 7.30PM SK3
Action from Kentucky.

MOTOR RACING:
INDY RACING LEAGUE - BELTERRA RESORT
INDY 300
27 10.45PM SK1

FORMULA 1:
BELGIAN GRAND PRIX
28 7.00PM ITV2

SPORTS CAR RACING
30 4.30PM ESP

AUSTRALIAN RALLY CHAMPIONSHIPS
31 8.30AM SK2

AUSTRALIAN RALLY CHAMPIONSHIPS
31 10.30AM SK2

AUSTRALIAN RALLY CHAMPIONSHIPS
31 1.30PM SK2

RUGBY LEAGUE

SUPER LEAGUE
LIVE 4 7.00PM SK1
Action from the Tetley's Bitter Super League. Last year's league champions, Bradford Bulls, along with Wigan Warriors and play-off winners St Helens, are the title favourites.

SUPER LEAGUE
4 12MIDN'T SK1

AUSTRALIAN RUGBY LEAGUE: PLAY-OFFS
LIVE 5 10.30AM SK3

AUSTRALIAN RUGBY LEAGUE: PLAY-OFFS
5 7.30PM SK1

AUSTRALIAN RUGBY LEAGUE: PLAY-OFFS
6 9.30AM SK1

AUSTRALIAN RUGBY LEAGUE: PLAY-OFFS
6 4.30PM SK3

SUPER LEAGUE
LIVE 6 6.30PM SK3

SUPER LEAGUE
6 10.30PM SK1

SUPER LEAGUE
LIVE 11 7.00PM SK1

SUPER LEAGUE
11 12.30AM SK1

AUSTRALIAN RUGBY LEAGUE: PLAY-OFFS
12 10.30AM SK1

AUSTRALIAN RUGBY LEAGUE: PLAY-OFFS
12 3.30AM SK2

AUSTRALIAN RUGBY LEAGUE: PLAY-OFFS
13 10.30AM SK3

AUSTRALIAN RUGBY LEAGUE: PLAY-OFFS
13 3.00PM SK3

SUPER LEAGUE
LIVE 13 6.30PM SK3

SUPER LEAGUE
13 1.00AM SK1

AUSTRALIAN RUGBY LEAGUE: PLAY-OFFS
14 12.30PM SK3

SUPER LEAGUE
14 2.30PM SK3

SUPER LEAGUE
LIVE 18 7.30PM SK1
Action from a clash as the season heats up.

SUPER LEAGUE
18 2.00AM SK1

AUSTRALIAN RUGBY LEAGUE: PLAY-OFFS
LIVE 19 10.30AM SK3

AUSTRALIAN RUGBY LEAGUE: PLAY-OFFS
20 10.30AM SK3

SUPER LEAGUE
LIVE 20 6.30PM SK1

SUPER LEAGUE
20 1.45AM SK1

AUSTRALIAN RUGBY LEAGUE: PLAY-OFFS
21 12.30PM SK3

SUPER LEAGUE
LIVE 25 7.00PM SK1

SUPER LEAGUE
25 12MIDN'T SK1

AUSTRALIAN RUGBY LEAGUE: GRAND FINAL
LIVE 27 6.00AM SK1
Chris Warren presents live action from the 2000 NRL Grand Final. Last year the Melbourne Storm beat St George Illawarra Dragons.

AUSTRALIAN RUGBY LEAGUE: GRAND FINAL
27 1.00PM SK2

SUPER LEAGUE
LIVE 27 6.30PM SK1

AUSTRALIAN RUGBY LEAGUE: GRAND FINAL
27 10.00PM SK3

SUPER LEAGUE
27 1.00AM SK2

RUGBY UNION

FORD INTERNATIONAL RUGBY UNION: TRI-NATIONS - NEW ZEALAND V AUSTRALIA
LIVE 4 3.25AM SK1
The defending champions take on world champions Australia.

FORD INTERNATIONAL RUGBY UNION: TRI-NATIONS - NEW ZEALAND V AUSTRALIA
5 8.00AM SK1

RUGBY WORLD SEVENS
15 7.00PM ITV2

RUGBY WORLD SEVENS
16 7.00PM ITV2

RUGBY WORLD SEVENS
17 7.00PM ITV2

RUGBY WORLD SEVENS
18 7.00PM ITV2

RUGBY WORLD SEVENS
19 12NOON ITV2

FORD RUGBY UNION: ALLIED DUNBAR PREMIERSHIP
LIVE 19 1.30PM SK3
Action from the Allied Dunbar Premiership, won again by Leicester Tigers last year.

FORD INTERNATIONAL RUGBY UNION: TRI-NATIONS - SOUTH AFRICA V NEW ZEALAND
LIVE 19 4.00PM SK3
Coverage featuring two of the world's best teams.

RUGBY WORLD SEVENS
19 7.00PM ITV2

FORD RUGBY UNION SPECIAL: ALLIED DUNBAR PREMIERSHIP
19 2.00AM SK2

RUGBY WORLD SEVENS
21 7.00PM ITV2

RUGBY WORLD SEVENS
21 12.50AM ITV2

RUGBY WORLD SEVENS
22 7.00PM ITV2

RUGBY WORLD SEVENS
23 7.00PM ITV2

RUGBY WORLD SEVENS
24 7.00PM ITV2

RUGBY WORLD SEVENS
25 7.00PM ITV2

FORD RUGBY UNION: RUGBY WORLD SEVENS
26 10.00AM SK3

SNOOKER

PREMIER SNOOKER LEAGUE
1 8.00PM SK3
Coverage of a showcase for seven of the world's best players.

PREMIER SNOOKER LEAGUE
1 12MIDN'T SK1

PREMIER SNOOKER LEAGUE
8 8.00PM SK3

PREMIER SNOOKER LEAGUE
8 12MIDN'T SK1

PREMIER SNOOKER LEAGUE
9 10.00AM SK2

PREMIER SNOOKER LEAGUE
9 2.00PM SK1

PREMIER SNOOKER LEAGUE
15 11.30PM SK2

PREMIER SNOOKER LEAGUE
16 10.00AM SK2

PREMIER SNOOKER LEAGUE
22 8.00PM SK3

PREMIER SNOOKER LEAGUE
22 2.00AM SK2

PREMIER SNOOKER LEAGUE
23 9.00AM SK2

PREMIER SNOOKER LEAGUE
23 6.30PM SK3

TABLE TENNIS

BRAZIL OPEN
5 5.00PM SK3
Catch up with the latest from the ITTF Pro Tour.

BRAZIL OPEN
5 11.00PM SK3

BRAZIL OPEN
5 4.30AM SK2

BRAZIL OPEN
6 8.00AM SK2

BRAZIL OPEN
6 12.30AM SK2

BRAZIL OPEN
7 2.00PM SK2

BRAZIL OPEN
8 12NOON SK3

TENNIS

WTA SAN DIEGO
5 12NOON ESP
Coverage of the Acura Classic. Martina Hingis is the current champion.

WTA SAN DIEGO
5 7.30PM ESP

WTA SAN DIEGO
6 7.30PM ESP

WTA SAN DIEGO
LIVE 6 9.00PM ESP

WTA LOS ANGELES
LIVE 11 7.30PM ESP
Quarter-final action.

WTA LOS ANGELES
LIVE 12 7.30PM ESP

WTA LOS ANGELES
LIVE 13 7.30PM ESP

WTA MONTREAL
LIVE 14 6.00PM ESP
Action from the du Maurier Open - the premier women's tennis event in Canada.

WTA MONTREAL
LIVE 15 6.00PM ESP

WTA MONTREAL
16 2.30PM ESP

WTA MONTREAL
LIVE 16 6.00PM ESP
Action from the WTA Tournament in Montreal, Canada.

WTA MONTREAL
17 2.30PM ESP

WTA MONTREAL
LIVE 17 6.00PM ESP

WTA MONTREAL
18 3.30PM ESP

WTA MONTREAL
LIVE 18 6.00PM ESP

WTA MONTREAL
19 3.30PM ESP

WTA MONTREAL
LIVE 19 6.00PM ESP

WTA MONTREAL
LIVE 20 7.00PM ESP

WTA NEW HAVEN
LIVE 24 7.30PM ESP
Action from Connecticut.

WTA NEW HAVEN
LIVE 25 7.30PM ESP

WTA NEW HAVEN
26 3.30PM ESP

WTA NEW HAVEN
LIVE 26 7.30PM ESP

US OPEN
LIVE 28 4.00PM SK2
The National Tennis Center, better known as Flushing Meadows, plays host to the first US Open tennis championship of the new millennium.

US OPEN
29 2.00PM SK2

US OPEN
LIVE 29 4.00PM SK2

US OPEN
LIVE 29 12.30AM SK2

US OPEN
30 2.00PM SK2

US OPEN
LIVE 30 4.00PM SK2

US OPEN
LIVE 30 12.30AM SK2

US OPEN
31 2.00PM SK2

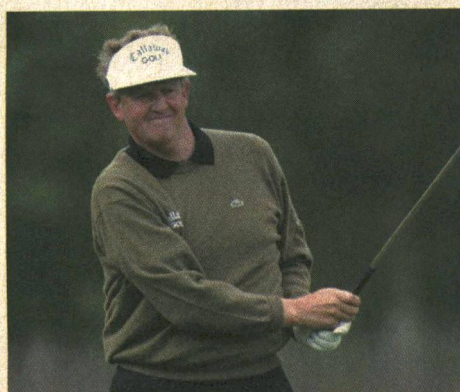
US OPEN
LIVE 31 4.00PM SK2

US OPEN
LIVE 31 12.30AM SK2



Aussie rules sci-fi

Those of you who think Australia's only forays into the sci-fi genre were the *Mad Max* films might like to take a look at the teen-oriented *Thunderstone*, the second season of which continues on Disney Channel this month. The first series followed the adventures of young scientist Noah Daniels, who lived with his family in an underground community after a comet had collided with Earth, destroying everything that lived on its surface. Noah discovered a means of time-travelling, and journeyed 60 years into the future to the tropical idyll of Haven, where he met some youngsters called Nomads. Travelling back in time to the present day, Noah and his Nomad friend Arushka saw animals for the first time and brought them back to Haven, where they had to protect them from the evil Tao, who wanted to mine thunderstone, a powerful mineral brought to Earth by the comet. In this second series, a drought is afflicting Haven, threatening the very existence of the animals, and Noah and the Nomads have to confront a new organisation with an unhealthy interest in the powers of thunderstone. *Disney Channel, weekends, see listings for times*



Swedish full Monty

Europe's leading golfers descend on Kungsängen in Stockholm to tee off in the Volvo Scandinavian Masters. Scotland's Colin Montgomerie (pictured) will be hoping to retain his title – he won last year's tournament by nine strokes – but will be up against a formidable opponent, home favourite Jesper Parnevik.

Sky Sports 1, Thursday 3rd, 1.00pm – LIVE



Beatty tells it like it is

In Sidney Lumet's Seventies classic, *Network*, Peter Finch set the mould for the professional having a mid-life crisis, playing the fading newsman, Howard Beale. Now, 24 years on, *Bulworth* treads similar ground as actor-director Warren Beatty plays a disillusioned US senator seeking re-election and finding himself unable to regurgitate the tried and tested party lines. The film delivers a compact, purposeful assault on modern American politics and, although flawed, it nevertheless remains an uplifting tale of liberation.

Sky Premier, Tuesday 1st, 10.00pm

	SKY PREMIER PREMIUM CHANNEL	SKY MOVIEMAX PREMIUM CHANNEL	MOVIE RATINGS Sky U: Suitable for viewing by all Sky PG: Parental Guidance suggested Sky 12: Suitable for viewers aged 12 years and over Sky 15: Suitable for viewing by people of 15 years or over Sky 18: Suitable for viewing by adults only Text: film is subtitled on page 888 of Fastext Widescreen: shown in cinema (letterbox) format	
MORNING	6.00am Pit Pony 1997, rating Sky PG, 88 mins 8.00 A Dog's Tale 1999, rating Sky U, 88 mins 10.00 Air Bud Michael Jeter, Kevin Zegers Family comedy. Text 1997, rating Sky U, DS, 94 mins 12noon Star Trek: Insurrection Patrick Stewart, Jonathan Frakes Text 1998, rating Sky PG, 99 mins 2.00pm Fools Rush In Matthew Perry, Salma Hayek Romantic comedy. A Manhattan yuppie and a fiery Latino agree to marry after a night of passion in Las Vegas leaves her pregnant. But married life proves problematic. Text 1997, rating Sky PG, DS, 105 mins	6.00am Shattered Hearts 1998, rating Sky PG, 86 mins 8.00 Where the Truth Lies 1999, rating Sky PG, 87 mins 10.00 Marlene 1983, rating Sky PG, 91 mins 12noon Danielle Steel's Heartbeat John Ritter, Polly Draper 1992, rating Sky PG, 88 mins 2.00pm The Wedding Halle Berry, Lynn Whitfield, Shirley Knight, Marianne Jean-Baptiste Romantic drama. A young bride-to-be finds herself the subject of another man's advances just days before her wedding to a jazz musician her parents disapprove of. 1997, rating Sky PG, 108 mins		
3.00 PM			SKY CINEMA PREMIUM CHANNEL	
4.00 PM	4.00 A Dog's Tale Gordon Jump, Clayton Taylor, David Bowe, Finola Hughes Family comedy. A young boy is desperate to have a dog of his own. Hope comes in the form of a genie who seems able to grant wishes. But, unfortunately, thanks to a misunderstanding, his wish goes awry and the boy finds himself transformed into a dog. 1999, rating Sky U, 88 mins	4.00 Shattered Hearts Beth Broderick, Scott Vickaryous, Katie Herrod, Malcolm Stewart Drama about the fairy tale romance between a popular high school football star and his devoted girlfriend. However, their happiness is marred and their love tested when they discover that the young man is suffering from cancer. 1998, rating Sky PG, 86 mins	4.00pm Sergeant Ryker Lee Marvin, Vera Miles, Bradford Dillman, Peter Graves Wartime drama. An army sergeant is court-martialled as a traitor during the Korean War – an offence that carries the ultimate penalty. 1968, rating Sky U, 82 mins	
5.00 PM				
6.00 PM	6.00 Air Bud Michael Jeter, Kevin Zegers, Wendy Makkena, Bill Cobbs Family comedy. When a lonely boy finds a golden retriever on the streets, he decides to adopt it and discovers the animal has an amazing talent for basketball. Soon the canine's skills on the court help the young boy rediscover his lust for life. Text 1997, rating Sky U, DS, 94 mins	6.00 Making Waves Brett Rice, Michael Hartson, Christina Rumore PREMIERE Action. A single-minded woman enters the male-dominated and chauvinistic world of jet skiing. With a display of skill and gritty determination, she sets out to prove that she can hold her own against the tough competition. 1999, rating Sky PG, 88 mins	5.30 The Directors: The Films of Robert Wise An insider's guide to the work of the director of West Side Story and Blood on the Moon. 6.30 The Narrow Margin Charles McGraw, Marie Windsor, Gordon Gebert, Queenie Leonard Thriller. Two detectives escort a gangster's moll across the United States to testify at the trial of another mobster. But they meet various villains along the way who want her to remain silent. 1952, rating Sky PG, 68 mins	FILMFOUR ADD-ON CHANNEL
7.00 PM				Create your own personal TV diary: www.cableguide.co.uk
8.00 PM	8.00 Star Trek: Insurrection Patrick Stewart, Jonathan Frakes, Brent Spiner, Michael Dorn Sci-fi adventure. The charismatic captain uncovers a plot to drive out the population from a planet that holds the secret of eternal youth. This leads him to oppose the direct instructions of the Federation. Text 1998, rating Sky PG, 99 mins	8.00 Miracle on the 17th Green Robert Ulrich, Meredith Baxter, Ernie Hudson, Matthew Walker PREMIERE Drama about a middle-aged man who suddenly finds himself out of a job. He seeks solace on the golf course, but his new-found sporting success threatens to ruin the harmony of his family life. 1999, rating Sky U, 90 mins	6.00pm L'Atalante Jean Dasté, Dita Parlo, Michel Simon, Gilles Margaritis French romantic drama following the journey of a man and his new wife aboard a barge on the Seine. Balancing the realism of hard work and the abstract beauty of the passing landscape, the film follows the toll that the bleak barge life takes on their relationship. 1934, 86 mins	CARLTON CINEMA LIFESTYLE PACK
9.00 PM				
10.00 PM	10.00 Bulworth Warren Beatty, Halle Berry, Don Cheadle, Paul Sorvino PREMIERE Political satire. A high-profile senator creates chaos in the cosmetic world of American politics when he gives up election-winning double talk in favour of speaking the truth. Text 1998, rating Sky 18, 104 mins	10.00 Alone with a Stranger William Moses, Scotty Cox, Barbara Niven, Priscilla Barnes PREMIERE Drama. A man locates his successful, long-lost twin and tries to take over his life to seal a business deal. 1999, rating Sky 15, 89 mins	8.00 Sense and Sensibility Emma Thompson, Hugh Grant, Kate Winslet, Alan Rickman Oscar-winning adaptation of Jane Austen's novel about love and marriage. Two impoverished sisters are cast out into the cruel world in search of husbands. Unfortunately, their lack of a fortune affects their chances of marriage. But, despite a series of hardships and heartbreaks, romance and love endeavour to triumph. Text 1995, 136 mins	7.00pm Penny Serenade Cary Grant, Irene Dunne, Edgar Buchanan, Beulah Bondi Drama. Through a series of flashbacks, a woman reflects on her past and her happy marriage to a charismatic newspaper reporter. But their bliss begins to sour when an accident leaves her unable to have children and a tragic subsequent adoption finds them on the point of separation. 1941, 125 mins
11.00 PM	11.50 One Night Stand Wesley Snipes, Nastassja Kinski Erotically charged examination of infidelity. Text 1997, rating Sky 18, 99 mins	11.35 The Temp Timothy Hutton, Lara Flynn Boyle Thriller about an ambitious temp. 1993, rating Sky 15, DS, 93 mins	10.30 Heavenly Creatures Melanie Lynskey, Kate Winslet, Sarah Peirse, Diana Kent Dark drama based on a true story. The obsessive relationship between two New Zealand teenagers leads to the murder of one of their mothers when she threatens to separate the pair. 1994, 97 mins	9.15 The Big Chill Glenn Close, Tom Berenger, William Hurt, Jeff Goldblum Comedy drama. A successful couple host a reunion with some fellow university graduates after the funeral of a mutual friend who has committed suicide. What follows is an exploration of the hopes and fears of a group of thirty-somethings going through a mid-life crisis. 1983, 103 mins
NIGHT TIME	1.35am Gummo Jacob Reynolds, Nick Sutton Text 1997, rating Sky 18, 85 mins 3.05 Nowhere Text 1997, rating Sky 18, 78 mins 4.30-6.00am Pit Pony 1997, rating Sky PG, 88 mins	2.45 The Experts Comedy. Last Play 1989, rating Sky 15, DS, 89 mins 4.20-6.00am Marlene 1983, rating Sky PG, 91 mins	12.10am Mary, Mary 12.30 I Can't Sleep Katerina Golubeva, Richard Courcet French drama. 1994, 110 mins 2.25 Bloody Dawn 2.35 Sleep with Me Eric Stolz, Meg Tilly, Craig Sheffer Dark romantic drama. 1994, 83 mins 4.00-6.00am Shoot the Pianist Dark comedy drama. 1960, 78 mins	11.15 Biloxi Blues Matthew Broderick, Matt Mulhern Comedy drama about a New York City boy's coming-of-age on a remote military base at the end of World War II. 1988, 106 mins 1.15am Trouble in Mind Kris Kristofferson, Keith Carradine Drama. 1985, 112 mins 3.15 Peggy Sue Got Married Kathleen Turner, Nicolas Cage Drama. Text 1986, 104 mins 5.15-7.00am Farewell, My Lovely Film noir. 1945, 95 mins



Warren Beatty dresses to impress – homeboy style – in the premiere of 'Bulworth'. Sky Premier 10.00pm

FRONT ROW

SCREENING WHEN YOU'RE GOOD AND READY

WITH CABLE & WIRELESS

See channel 50 or your Front Row spread on pages 14, 15 for further details.

KEY TO FILM CONTENT

T/C: Theme/Content
BL: Bad Language
S/N: Sex/Nudity
V: Violence

Channel 51 Matinee	Channel 51 Evening	Channel 52	Channel 53
JACK FROST Rating PG, 98 mins Drama. A man who doesn't spend much time with his son gives him a harmonica which subsequently turns out to have unexpected powers. Stars Michael Keaton and Kelly Preston. T/C: Fantasy, children. BL: Occasional, moderate. S/N: Occasional, mild references. V: None. 5.00am, 7.00am, 9.00am, 11.00am, 1.00pm	NOTTING HILL Rating 15, 119 mins Romantic comedy. The world's most famous movie actress falls for a struggling and rather shy bookseller who lives in West London. Stars Hugh Grant and Julia Roberts. T/C: Romantic comedy. BL: Infrequent, strong. S/N: Some comic references. V: None. 3.30pm, 5.45pm, 8.00pm, 10.15pm, 12.30am, 2.45am	CRUEL INTENTIONS Rating 15, 94 mins Drama. A spoiled rich girl challenges her stepbrother to seduce a headmaster's virginial daughter. Stars Sarah Michelle Gellar and Ryan Phillippe. T/C: Drama, sexual relationships. BL: Occasional, strong. S/N: Some moderate, strong references. V: Once, mild. 6.30pm, 8.30pm, 10.30pm, 12.30am, 2.30am	THE WATERBOY Rating 12, 87 mins Comedy. A student takes a job as a janitor and is mocked by his fellows. However, one day he retaliates – with unexpected results. Stars Adam Sandler and Henry Winkler. T/C: Comedy, American football. BL: Once strong, some mild. S/N: Some mild references. V: Infrequent, mild. 7.15pm, 9.00pm, 10.45pm, 12.30am, 2.15am, 4.00am

SKY ONE ACTION/ SELECTION PACKS	UK GOLD LIFESTYLE/ SELECTION PACKS	LIVING LIFESTYLE PACK	GRANADA PLUS ACTION PACK	DISNEY CHANNEL ADD-ON/ PREMIUM CHANNEL	
6.00am Long Play 7.30 Mega Babies 8.00 Godzilla 8.30 Mummies Alive 9.00 Pokémon 9.30 Pokémon 10.00 Pokémon 10.30 The Simpsons Text 11.00 WWF – Live Wire 12noon The New Adventures of Superman Text 1.00pm Dream Team Text 2.00 Mega Babies 2.30 Godzilla	6.00am The Liver Birds Text 6.40 Bread 7.15 Birds of a Feather 7.50 Open All Hours 8.25 EastEnders Text 9.00 The Bill Text 9.30 The Bill Text 10.00 Bergerac 11.00 Knots Landing 11.55 Neighbours 12.25pm EastEnders Text 1.00 Dangerfield 2.00 Knots Landing	6.00am Ready, Steady, Cook 6.30 Can't Cook, Won't Cook 7.00 Tiny Living 9.00 Brookside 9.30 Home and Away 10.00 The Jerry Springer Show 10.50 Forgive or Forget 11.40 Maury Povich 12.30pm Special Babies 1.00 Reality Slot 1.30 Judge Judy 2.00 Streetmate 2.30 Maury Povich	6.00am Hawaii Five-0 7.00 Plus on Plus 7.30 Jokers Wild 8.00 Hogan's Heroes 8.30 George and Mildred 9.00 Classic Coronation Street Text 9.30 Emmerdale Text 10.00 Mission: Impossible 11.00 Only When I Laugh 11.30 Batman 12noon Classic Coronation Street Text 12.30pm Emmerdale Text 1.00 George and Mildred 1.30 Robin's Nest 2.00 Hawaii Five-0	4.30am Winnie the Pooh 4.45 Music Time 4.50 Olie 5.00 Bear 5.25 Art Play 5.30 PB and J 5.45 Bite Size 6.00 Toons 6.05 Circle Time 6.10 Olie 6.20 Spot 6.30 Out of the Box 7.00 Mickey Mouseworks 7.30 101 Dalmatians 8.00 Aladdin 8.30 Recess 9.00 Art Attack 9.35 Sabrina 10.00 FILM: Alice in Wonderland Text 1951 11.15 Recess 11.30 Miami 7 12noon Circus Kids	6.00 AM
3.00 Mummies Alive <i>Desert Chic</i> Nefertina falls for a biker. 3.30 Pokémon <i>Go West, Young Meowth</i> More adventures for Ash. 4.00 Pokémon <i>To Master the Onixpected</i> Where are the Elite Four Trainers? 4.30 Pokémon <i>The Ancient</i> Puzzle of Pokéopolis 5.00 Star Trek More adventures in deep space and far-flung new worlds in the popular science fiction series.	3.00 The Bill <i>Last Respects</i> A funeral lures some thieves. Text 3.30 The Bill <i>Too Much to Lose</i> A parole is threatened. Text 4.00 EastEnders Ian has big news for Cindy, while Sharon and Phil get angry. Text 4.35 Neighbours Jeffrey finally gets his just desserts – thanks to Mark. 5.00 The Liver Birds <i>Honey</i> Classic Liverpool sitcom. 5.40 Bread Joey's relationship with Roxy continues to develop and Freddie comes home in plaster. Text 6.20 The Brittas Empire <i>At the Double</i> Brittas invites two of the Ruthenian State Circus to perform at the leisure centre. 7.00 Just Good Friends All is not running smoothly in the Pinner household. 7.40 Birds of a Feather <i>Money</i> Sitcom set in Essex. Dorien tries to play the fairy stepmother. 8.20 Open All Hours Northern-based sitcom about a miserly, old-fashioned shopkeeper and his downtrodden nephew and assistant. 9.00 The Royle Family Jim has got to foot the bill for his daughter's impending wedding. 9.40 Men Behaving Badly <i>Bed</i> It's the middle of the night and Gary has been sent out to find indigestion tablets for Dorothy. 10.20 Absolutely Fabulous <i>Death</i> After her father's death, Edina seeks mortality through art.	3.20 Party of Five The first ever episode of the American drama series about five siblings who lose their parents in a car accident. After their deaths, the eldest is appointed guardian of the rest of the family. 4.20 Mystic Challenge A gameshow testing psychics and astrologers. 4.50 Forgive or Forget Host Mother Love deals with real problems in a variety of troubled or strained relationships. 5.30 Ready, Steady, Cook Fern Britton hosts the cookery show in which two top chefs compete against the clock to create exciting recipes. 6.10 The Jerry Springer Show Outrageous American talk show about relationship issues and shocking alternative lifestyles. 7.00 Judge Judy The New York family court judge presides over real-life cases 7.30 Will and Grace Sitcom about two roommates, one straight and one gay. 8.00 Charmed Drama series about three sisters who move into a San Francisco house left to them by their grandmother and inherit her powers of witchcraft as well. 9.00 FILM: <i>The Haunting of Lisa</i> Cheryl Ladd, Duncan Regehr Psychological thriller in which a nine-year-old girl begins to have disturbing visions related to a massacre. But the massacre happened 30 years before and there seems no reason why the girl should be haunted now. 1995 10.50 Secret Suburbia A look at some seemingly ordinary suburban residents and their sometimes very far from ordinary private lives and passions behind the net curtains. 11.20-12midnight Eden Late-night adult drama.	3.00 Mission: Impossible <i>Nitro</i> Action series. The team find themselves only a second away from eternity when they intercept a nitro-glycerine expert. 4.00 Kojak <i>No Licence to Kill</i> In pursuit of a professional assassin, Kojak must regain the co-operation of a police officer who mistrusts his motives. 5.00 Hart to Hart <i>Death Set</i> The adventure-seeking husband and wife Jonathan and Jennifer Hart live for passion and danger, but above all, for each other. 6.00 Emmerdale Betty hears unhappy news. Text 6.30 Classic Coronation Street Bet has finished with Frank and may need some help. Text 7.00 Batman <i>Hi Diddle Riddle</i> The Riddler tricks Batman again. 7.30 Robin's Nest <i>The Candidate</i> The local elections begin. 8.00 Boon <i>Do Not Forsake Me</i> Comedy-drama series. The ex-fireman is hired as a bodyguard and his friend has environmental problems with a neighbour. 9.00 Kojak <i>The Halls of Terror</i> A psychiatrist fears that one of his patients is a murderer. Stars Telly Savalas. 10.00-11.00pm Taggart <i>Death Without Dishonour – Part III</i>	NEW SERIES ● FEATURE: page 13 12.30pm Boy Meets World 1.00 FILM: Ratz Text 2000 2.30 Mickey Mouseworks 3.00 101 Dalmatians Canine cartoon capers. 3.15 100 Deeds of Eddie McDowd Text 3.45 The Famous Jett Jackson A 13-year-old TV star leaves Hollywood to return home. 4.15 Honey, I Shrank the Kids: The TV Show <i>Honey, You're Living in the Past</i> Nick re-lives his own birth. Text 5.00 Recess Animated series about the problems of growing up. Text 5.30 Smart Guy TJ's a smart kid in tenth grade instead of the fourth. Text 6.00 Teen Angel <i>Date with an Angel</i> Text 6.30 Home Improvement <i>It's My Party</i> Randy's boring first boy-girl party goes from bad to worse. Text 7.00 FILM: Alice in Wonderland <i>Voices of Kathryn Beaumont, Ed Wynn, Sterling Holloway</i> Charming animated version of Lewis Carroll's children's classic. After following a rabbit down a hole, a young girl enters a fantasy world. Text 1951 8.15 Honey, I Shrank the Kids: The TV Show <i>Honey, I'm Streakin'</i> Text 9.00 Flipper Live action marine adventure in Florida with TV's most famous dolphin. Text 9.45 Dinosaurs Prehistoric animatronics. Text 10.10 Home Improvement Comedy double bill. Text 11.00 Dr Quinn: Medicine Woman Text 11.50-12midnight Toons	3.00 PM
11.00 Toughman <i>Bay City</i> Ordinary men take up the boxing challenge by stepping into a ring for three intense one-minute rounds of fighting. 12midnight Star Trek 1.00am New York Undercover Text 2.00 In the Heat of the Night Mississippi police drama. 2.50 In the Heat of the Night 3.40 In the Heat of the Night 4.30 In the Heat of the Night 5.20 The Newlywed Game 5.40-6.00am The Newlywed Game	11.00 Gimme, Gimme, Gimme <i>The Big Break</i> Tom auditions for a TV crime reconstruction. Text 11.40 The Bill <i>Last Respects</i> Text 12.15am The Bill Text 12.45 Live at Jongleurs 1.20 The Royle Family 2.00 Men Behaving Badly 2.35 Monty Python 3.15 EastEnders Text 3.45 Casualty 4.40 Dynasty 5.30-6.00am Angels		GRANADA MEN & MOTORS ACTION PACK		
			11.00pm Jo <i>Guest's Private Parts</i> Jo Guest meets Miss World supremo, Eric Morley. 11.30 Extreme Wet T Shirt A wet T-shirt contest in Mexico has nine models doing whatever they can to win over the crowd. 12.30am Centrefolds A fly-on-the-wall documentary about the adventures of touring centrefolds. 1.00 El Wild On... <i>The Mexican Riviera</i> From Acapulco to Cabo San Lucas. 1.50-2.00am Hot Body		
CABLE CHECK Some of the channels listed may not be available in your area				THE BOX MUSIC & GAMES PACK	
				Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.	
				TUESDAY CONTINUES OVERLEAF...	

CABLE CHOICE

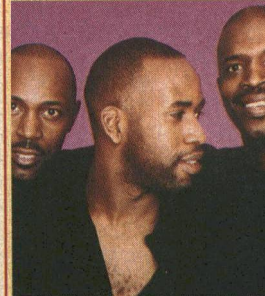
FILM by Gareth Hargreaves **GENERAL** by Sally O'Shaughnessy

Star Trek: Insurrection
Sky Premier 12noon, 8.00pm
The latest addition to the *Star Trek* saga. Patrick Stewart is on hand as Captain Jean-Luc Picard, who, along with the crew of the *USS Enterprise*, encounter Federation skulduggery and exploitation on a developing planet with a fabulous natural resource.

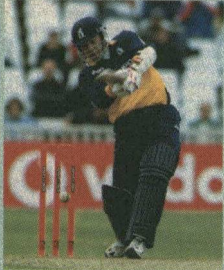
Fighting the G-Force
Discovery 8.00pm
A revealing documentary looking at the dilemma facing the US Air Force over G-force. The very future of the jet fighter pilot is at stake. In the last ten years an estimated 20 pilots have died in combat largely due to their inability to cope with increasing G-force levels.

ADVERTISEMENT

UK PLAY



TREVOR NELSON IN AYAI NAPA
4.00PM
Exclusive to UK Play, Radio 1 DJ Trevor Nelson hosts this insiders guide to Ayai Napa. Each week we follow a main weekend in Ayai Napa's calendar and find out why garage music is becoming the biggest sound of 2000. Featuring the Dream Team and Fabio & Grooverider.

	EUROSPORT NEWS & SPORT/ SELECTION PACKS	SKY SPORTS 1 PREMIUM CHANNEL	SKY SPORTS 2 PREMIUM CHANNEL	SKY SPORTS 3 PREMIUM CHANNEL	SCI-FI ACTION PACK	MTV MUSIC & GAMES PACK
6.00 AM	7.30am Triathlon 8.30 Motorsports 9.30 Football 11.00 Adventure 12.00 Triathlon Coverage of the European Championships from Stein in the Netherlands. 1.00pm Equestrianism Show jumping action from Aachen, Germany. 2.00 Football Coverage of a friendly match.	7.00am Sports Centre 7.15 WWF - Livewire 8.15 Sky Sports Centre 8.30 Racing News 9.00 Aerobics Oz Style 9.30 World Football Show 10.00 World Cup Football: 1978 World Cup 11.55 Premiership Shorts: Man Utd v Arsenal 12.00 Aerobics Oz Style 12.30pm World Football Show 1.00 Bowls: Australia v Scotland	7.00am Aerobics Oz Style 7.30 Sky Sports Centre 7.45 Racing News 8.15 Asian Sports 8.45 Sports Centre 9.00 Telegraph Action Sport 9.30 Total Sport 10.00 World Corporate Games 11.00 Horsepower 11.30 Asian Sports 12.00 Golf: Professional Footballers Golf Classic 1.00pm World Corporate Games 2.00 World Motor Sports	12.00 Wheelbase Club The motor sport programme includes rallying and karting. 1.00pm Telegraph Action Sport A brand new adventure into the world of action sports. 1.30 Total Sport A round-up of sport action. 2.00 Shell's Wonderful World of Golf: De Vincenzo v Weiskopf v Stockton.	8.00am Buck Rogers in the 25th Century 9.00 The Time Tunnel 10.00 Project UFO 11.00 The Incredible Hulk 12.00 Babylon 5 1.00pm Highlander: The Raven Cloak and Dagger 2.00 Buck Rogers in the 25th Century Awakening - Part II	6.00am Select MTV 8.00 MTV Hits 9.00 Bytesize MTV 11.00 MTV Hits 12.30pm Daily Edition Catch up with all the latest showbiz news and gossip. 1.00 MTV Hits More back-to-back chartbusting smashes. 2.00 Hit List UK With Cat Deeley.
3.00 PM		3.00 Wheelbase Club Featuring club rallying, karting, sprints and hill climbs and drag racing, plus a look at memorable motor racing events.	Action and news from the heart of the race world with an essential guide to who is racing where, when and how. From a very comprehensive round-up of the biggest and most exciting meetings, to a preview of the major events, this programme takes you out on the track and on the road with some of the fastest drivers in the world.	3.00 World Cup Football: Official FIFA Film - 1978 World Cup Some of the treasured memories from Argentina in 1978 are brought back from the year of Dutch skill.	3.00 Robocop Midnight Minus One RoboCop and Officer Madigan race to prove a killer is innocent before he is executed on live TV.	3.00 Bytesize MTV A fast-cut music television compilation presented in the form of soundbites.
4.00 PM	4.00 Xtreme Sports Action from the fast world of alternative sports.	4.00 Cricket: National Cricket League - Nottinghamshire v Warwickshire - LIVE Trent Bridge is the venue for domestic action from the Norwich Union National Cricket League as Nottinghamshire take on Warwickshire. The visitors are the bookies' favourites for promotion back to the First Division but the home team are set to provide tough opposition. Presented by Charles Colville.	5.00 World Wrestling Federation - Livewire Michael Cole presents coverage of the latest World Wrestling Federation bouts.	4.55 Premiership Shorts: Favourite Game - Manchester United v Arsenal 5.00 Rugby League Academy A look at tomorrow's stars of the game, with match action involving the best young players.	4.00 The Time Tunnel Raiders from Outer Space At Khartoum during an historic battle, an alien tries to destroy the world.	3.55 MTV's Pop Single of the Week. 4.00 Select MTV Viewers make MTV their personal jukebox. Ring the special number and choose the video you want to see from the on-screen menu. Live from London everyday with two hours of chat, videos and guest appearances from some of the most promising new names in pop.
5.00 PM	5.30 Athletics - LIVE Action from the IAAF Grand Prix I Meeting in Stockholm, Sweden. The DN Galan is the eighth IAAF Grand Prix of the season. Some of the top names in the sport will be competing as part of their preparation for the Sydney Olympics.	7.00 Sky Sports Centre Catch the latest results.	6.00 Sky Sports Centre Catch the latest sports news and results.	6.00 World Corporate Games Thousands of competitors compete in Aberdeen, tackling everything from dragon boat racing to golf.	5.00 Project UFO The Pipeline Incident A cargo plane navigator mysteriously decides to change his story about a UFO sighting.	6.00 Bytesize MTV A fast cut window onto the world of music television with highlights from MTV presented in the form of short soundbites.
6.00 PM		7.30 Cricket: National Cricket League - Nottinghamshire v Warwickshire - LIVE The evening action continues from the second session as Nottinghamshire face Warwickshire at Trent Bridge in the Norwich Union National Cricket League Division Two.	7.00 Sports Unlimited A comprehensive look at the world of alternative sports, whether on the ground or up in the air.	7.00 Inside Scottish Football All the goals, all the transfers, all the news and all the views from the Scottish Premier Division.	6.00 The Incredible Hulk Dark Side The transforming scientist tries to reverse the effects of gamma ray exposure.	7.00 MTV Hits Another hour of back-to-back chart smash hits.
7.00 PM		8.00 Football Special - AC Milan v Real Madrid - LIVE Featuring two of Europe's biggest clubs in this Coppa Del Centenario match between AC Milan and this year's Champions League winners, Real Madrid.	8.00 Football Special - AC Milan v Real Madrid - LIVE Featuring two of Europe's biggest clubs in this Coppa Del Centenario match between AC Milan and this year's Champions League winners, Real Madrid.	8.00 Premier Snooker League A prestigious showcase for seven of the world's best players. The defending champion is John Higgins, who beat the fans' favourite Jimmy White in a nail-biting final in 1999. Also competing are Stephen Hendry, Ronnie O'Sullivan and Marco Fu.	7.00 Highlander: The Raven Cloak and Dagger A simple break-in is soon complicated by blackmail and murder.	
8.00 PM	8.30 Athletics Highlights of the IAAF Grand Prix I Meeting in Stockholm, Sweden.	10.00 Sky Sports Centre 10.15 Inside Scottish Football All the goals, all the transfers, all the news and all the views from the Scottish Premier Division.	10.00 LPGA Golf: Giant Eagle LPGA Classic The 2000 Giant Eagle LPGA Classic takes place at Avalon Lakes in Ohio and offers a total purse of \$1m to the leading ladies. Jackie Gallagher-Smith posted a career-best 65 in the final round in 1999 to secure her win.	8.00 Premier Snooker League A prestigious showcase for seven of the world's best players. The defending champion is John Higgins, who beat the fans' favourite Jimmy White in a nail-biting final in 1999. Also competing are Stephen Hendry, Ronnie O'Sullivan and Marco Fu.	8.00 Twin Peaks Episode 12 Cooper reveals Audrey Horne's whereabouts to Truman. Leland Palmer attends his court hearing.	8.00 European Top 20 A rundown of the singles currently topping the charts on the Continent.
9.00 PM	9.00 Football AC Milan and Real Madrid play a friendly match as part of their summer preparation.	11.15 Fastrax Action from motor sport.	11.00-11.30pm A to Z of Motorsport Trace the roots and history of the motor racing circuit.	10.00 Big Fights: Barney Ross Ross became the third boxer in history to win world titles at three different weight classes.	9.00 Millennium Gehenna The ashen remains of seven murder victims are discovered in a San Francisco park.	9.00 Daily Edition Catch up with the latest showbiz news.
10.00 PM		11.45 Sky Sports Centre 12midnight Premier Snooker League 2.00am World Cup Football: Official FIFA Film - 1978 World Cup 3.55 Premiership Shorts: Favourite Game - Manchester United v Arsenal 4.00-4.15am Sky Sports Centre	12midnight World Cup Showjumping - Rocky Mountain Grand Prix 1.00am World Corporate Games 2.00 AC Milan v Real Madrid 4.00 Sports Unlimited 5.00-5.15am Sky Sports Centre	10.00 FILM: The Tower Paul Reiser, Susan Norman A man becomes the target for elimination by the sophisticated computer-controlled skyscraper in which he works. 1993	9.30 The Story So Far: The Backstreet Boys 10.00 The Tom Green Show Comedy on the streets.	9.30 The Story So Far: The Backstreet Boys 10.00 The Tom Green Show Comedy on the streets.
11.00 PM	11.00 Golf Coverage of the US PGA Tour John Deere Classic in Silvis, Illinois.			11.00-11.30pm A to Z of Motorsport Trace the roots and history of the motor racing circuit.	10.00 Sci-Focus Special A look behind the scenes of a blockbuster movie. 12midnight Lexx 1.00am Film: Leprechaun Warwick Davies A man steals an Irish leprechaun's gold. 1993. 2.45 Sci-Focus Special A look at a sci-fi movie. 3.00-4.00am Babylon 5 Conflicts of Interest	11.00 brand:new Zane Lowe takes a look at some of the best new music around, and chats to the hottest young acts of the moment.
12.00	12midnight-12.30am Sailing Sailing World Coverage of competitive sailing events.				11.40 Sci-Focus Special A look behind the scenes of a blockbuster movie. 12midnight Lexx 1.00am Film: Leprechaun Warwick Davies A man steals an Irish leprechaun's gold. 1993. 2.45 Sci-Focus Special A look at a sci-fi movie. 3.00-4.00am Babylon 5 Conflicts of Interest	12midnight Alternative Nation A look at the latest alternative bands and releases. 1.00-6.00am Night Videos Music through the night.
NIGHT TIME						
	LIVE CRICKET: NOTTINGHAMSHIRE V WARWICKSHIRE SKY SPORTS 1 4.00PM, 7.30PM by Ross Biddiscombe				PLAYBOY TV/ ADULT CHANNEL ADD-ON CHANNEL	TELEVISION X ADD-ON CHANNEL
	 The best National Cricket League Second Division action today comes from Trent Bridge, where Nottinghamshire take on near neighbours Warwickshire. The East Midlands side boast the batting talents of men like Darren Bicknell (pictured, left) as well as new overseas star Shoaib Akhtar, the fast bowler from Pakistan. Warwickshire, the West Midlands outfit, rely on team spirit with match winners like Dominic Ostler (pictured, right) ready to dominate any game. 				10.00pm Freeview 10.06 FILM: Dangerous Invitation 11.45 Sneak Peek 12midnight Freeview 12.10am Sam Gets Her Girl 12.25 Adult Feature 12.55 FILM: No Man's Land 2.25 Lesbian Fantasies 2.40 Black Domination 3.10-4.00am Girls Who Like Girls Adult Nightview is now available as a TV on-demand service between 10.00pm and 4.00am at £4.95. See channel 50 for details	12midnight Ten Minute Preview Tonight's highlights. 12.10am The Omar Show 12.40 FILM: More Precious 1.00 Five Minute Freeview 1.05 FILM continues 1.55 Fantasy Night Calls 2.55-4.00am FILM: Legacy Adult entertainment. Adult Nightview is now available as a TV on-demand service between 12midnight and 4.00am at £4.95. See channel 50 for details

VH1 MUSIC & GAMES PACK	ANIMAL PLANET WORLD PACK	 Meet Nick the House Band on 'The Chris Moyles Show'. UK Play 4.30am	UK STYLE LIFESTYLE PACK	UK HORIZONS WORLD/ ACCESS PACKS	CARLTON FOOD NETWORK LIFESTYLE PACK	
6.00am Power Breakfast 8.00 Pop-Up Video 9.00 Upbeat 12noon Behind the Music: Blondie Featuring rare footage and interviews with Deborah Harry and the band. 1.00pm Greatest Hits: INXS All the band's top hits. 1.30 Pop-Up Video 2.00 Jukebox The show that turns your TV into a music video jukebox.	12noon Croc Files 12.30pm Going Wild with Jeff Corwin <i>Kenya, Africa</i> 1.00 All Bird TV <i>Songbirds</i> 1.30 All Bird TV <i>Connecticut Nests</i> 2.00 Pet Rescue With Wendy Turner. 2.30 Kratt's Creatures <i>The Where Show</i> 3.00 Breed All About It Basset Hound 3.30 Breed All About It Spinone Italiano 4.00 Animal Planet Unleashed Featuring more from the vet's open surgery. 4.30 Croc Files Wildlife series. 5.00 Pet Rescue Follow the fortunes of abandoned animals. 5.30 Going Wild with Jeff Corwin <i>Sonoran Desert, Arizona</i> 6.00 The Aquanauts Featuring diving for gold in a sunken treasure galleon. 6.30 Croc Files Steve and Terri encounter an array of lizards. 7.00 A Passion for Nature <i>Cagou</i> 7.30 Rhino Conservation A look at the white rhino. 8.00 Wildlife ER Critical animal care from the US Wildlife Centre. 8.30 Wildlife ER Critical animal care from the US Wildlife Centre. 9.00 Crocodile Hunter <i>Africa's Deadliest Snakes</i> Steve Irwin travels to Kenya in search of Africa's most venomous snakes. 10.00 The Last Paradises <i>Gir</i> 10.30 The Last Paradises <i>Alaska</i> 11.00 Country Vets There is a sticky situation in the surgery with a cat who has swallowed glue. 11.30-12midnight Country Vets CABLE CHECK Some of the channels listed may not be available in your area	ITV2 ACCESS PACK 4.00pm Trisha A double bill of heartwarming and hair-raising true stories with Trisha Goddard and a studio audience. Text 6.00 The Extremists Series about hair-raising sports and activities. 6.30 Feature 7.00 Monster Truck: Thrillennium High-speed monster truck racing and crushing in the ultimate battle of the muscle machines. 8.00 Sunset Beach Ricardo confronts Ben and Meg about why he suspects they were involved in Annie's escape. 8.50 Chart Choice 9.00 Supply and Demand <i>Golden Goose</i> A series of sex scandals threatens to topple the government. Text 10.00 Emmerdale A chance to catch tonight's episode from ITV. Text 10.30 Nuts and Bolts Richey may have blown it with Carys. 11.00 The Jerry Springer Show Outrageous US chat show with lively discussion. 11.50 The Late Show with David Letterman Top-rated chat show with celebrity guests. 12.40am Freaky Stories Ghoulish animation. 12.50 The Extremists Series about hair-raising sports and activities. 1.20-1.50am Feature	7.00am Spa Trek 7.30 Spa Trek 8.00 Ready, Steady, Cook 8.30 Can't Cook, Won't Cook 9.00 Changing Rooms: New Zealand 9.30 Real Rooms 10.00 Change That 10.30 A Room with a Clue 11.00 Big Strong Girls 11.30 The House Doctor 12noon Good Living 12.30pm Style Challenge 1.00 A Taste of Africa 1.30 Ready, Steady, Cook 2.00 Gardening from Scratch 2.30 Learn to Garden with Stefan Buczacki 3.00 Gardeners' World Gardening show presented by Alan Titchmarsh. 3.30 Gardening Neighbours 4.00 Stefan's Garden Roadshow Help and advice on gardening dilemmas. 4.30 Good Living Lifestyle series. 5.00 Can't Cook, Won't Cook Cookery challenge. 5.30 Changing Rooms: New Zealand Room makeover show. 6.00 Antiques Roadshow <i>Brecon</i> Members of the public bring along their antiques for examination. 7.00 Real Rooms <i>Edinburgh Hall</i> The experts transform the hallway of a bungalow. 7.30 Change That Interior design roadshow. 8.00 Style Challenge Experts give people the makeover of their dreams. 8.30 The Green Room Solutions for tiny gardens. 9.00 Home Front Featuring an alternative to the fitted kitchen. 9.30 Big Strong Girls The team helps to put up an arbour in a garden. 10.00 The House Doctor Home improvement series. 10.30 House Invaders DIY show in which homes are given a free facelift. 11.00 Ground Force The team creates a garden fit for children of any age. 11.30 BBC Gardener of the Year <i>Scotland</i> 12midnight Garden Stories <i>Therapy</i> Examine the therapeutic benefits of gardening. 12.30am-1.00am Stefan's Garden Roadshow Stefan Buczacki offers help and advice on gardening dilemmas.	7.00am Tomorrow's World Plus 7.50 Dream House 8.20 Animals in Uniform 8.50 Vets to the Rescue 9.20 Tomorrow's World Plus 10.15 Life on Earth 11.15 T-Rex Exposed 12.15pm Animals in Uniform 12.45 City Hospital 1.45 The Shop 2.15 The Shop 2.45 A Very Special Baby Explore surrogacy through the experiences of infertile couples using another woman to carry their child. 3.45 Vets to the Rescue Heartwarming stories of pets in need. 4.20 Animal Hospital Rolf Harris drops into the busy RSPCA hospital. 4.50 Zoo Behind-the-scenes at London Zoo. A baby monkey faces starvation. 5.25 The Cruise <i>Scotty to the Rescue</i> It's New Year at sea. 5.55 City Hospital Gaby Roslin reports on all the drama for the patients and staff at Southampton General Hospital. 6.55 Future Fantastic <i>Starman</i> A look at the possibility of time travel. 7.30 Chimpanzee Diary Tanzanian chimpanzee life. 8.00 Animal Hospital More RSPCA action. 8.30 What Went Wrong? Featuring a wilderness trek which turned to disaster. 9.00 The Cruise <i>Scotty to the Rescue</i> It's New Year at sea. 9.35 HMS Brilliant <i>Watchman Nine-Zero</i> The crew searches potential gun-runners near the former Yugoslavia. 10.35 The Secret Life of Twins Discover whether telepathy between twins or genetics account for the uncanny, parallel lives of twins who were separated at birth. 11.30 Paddington Green 12.05am-1.00am 999 UK PLAY: 1.00am Shooting Stars 1.30 League of Gentlemen 2.05 Vic Reeves Examines 2.35 Reeves and Mortimer 3.10 DJ Anthems 3.40 Soundtrack 4.05 Bally Dung Radio 4.30 Chris Moyles 4.55 Phil Kay 5.20 Cherry Pop 5.35 Sound of Play 6.30-7.00am Phone Zone	7.00am Tessa's Tastebuds 7.30 Coxon's Kitchen College 8.00 Network Daily 8.45 Quick Cooks 9.00 Country Cooking 9.30 Classic Dishes 10.00 Barbecue Party 10.30 Simply Puddings 11.00 Flash in the Pan 11.30 Power Food 12noon Four Burners and a Grill 12.30pm West Country Kitchen 1.00 Kitchen College 1.30 Use Your Loaf 2.00 Food Network Daily 2.45 Quick Cooks 3.00 Jenny Bristow's Country Cooking <i>The Flavours of France</i> 3.30 Tessa's Tastebuds <i>Apples</i> 4.00 Simply Puddings <i>Pies</i> With Lotte Duncan. 4.30 Classic Dishes With Anton Edelmann. 5.00 A to Z of Food and Beauty 5.30 Four Burners and a Grill 6.00 Coxon's Kitchen College 6.30-7.00pm Picture This NATIONAL GEOGRAPHIC CHANNEL FAMILY PACK 7.00pm Blue Vortex A look at the underground world of glaciers. 7.30 Yanomami Homecoming A return to the rainforest. 8.00 Walk on the Wildside: Wild Horses Observe the behaviour of one of the last remaining groups of wild horses in the United States. 9.00 Return of the Kings How the Tswalu Desert Reserve is being repopulated with some of the kings of the wild. 10.00 African Shark Safari Venture into some of the most treacherous waters on Earth to witness the great white shark. 11.00 Survive the Sahara Join a two-month expedition to the harsh environment of the Central Sahara in northern Chad. 12midnight-1.00am Buried in Ash How an enormous eruption 10 million years ago preserved almost perfect wildlife skeletons in Nebraska.	6.00 AM MORNING 3.00 PM 4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00 NIGHT TIME
CHALLENGE TV MUSIC & GAMES PACK	DISCOVERY HOME & LEISURE WORLD PACK		RAPTURE BONUS CHANNEL	LOCAL CHANNEL ACCESS PACK		
5.00pm Cross Wits 5.30 Sale of the Century 6.00 Family Fortunes 6.30 100% 7.00 Stars in Their Eyes 7.30 Beadle's About 8.00 Gladiators Another quartet of plucky challengers take on the might of the gladiators. 9.00 Whittle 9.30 Strike it Lucky 10.00 Sale of the Century 10.30 Family Fortunes	11.00 Stars in Their Eyes 11.30 Endurance II 12midnight Beadle's About Jeremy Beadle's hidden camera pranks. 12.30am Gladiators 1.30 The Cooler 2.00 Karaoke Challenge 2.30 3-2-1 3.30 The Krypton Factor 4.00 Say the Word 4.30 Whittle 5.00-6.00am Shopping with Screenshop	6.00am The Joy of Painting 6.30 Garden Calendar 7.00 Great Gardening Plot 7.30 Doorstep DIY 8.00 How to with B & Q 8.05 The House Doctor 8.35 Our House Down Under 9.05 The Joy of Painting 9.35 Garden Calendar 10.05 How to with B & Q 10.10 Great Gardening Plot 10.40 Two's Country 11.10 Space Invaders 11.40 Home Savvy	12.10pm How to with B & Q 12.15 Hometime 12.45 Classic This Old House 1.15 Home Again with Bob Vila 1.45 Wood Wizard 2.15 How to with B & Q 2.20 New Yankee Workshop 2.50 Kingsbury Square 3.20 Rex Hunt Fishing Adventures 3.50-4.00pm How to with B & Q	10.00am Byte Me 10.30am World Wind Surf 11.00 Fearless 11.30 Freesport Special 12noon Chilli Factor 12.30pm Adrenalize 1.00 Fearless 1.30 Boardstupid 2.00 World Wind Surf 2.30 High Adrenaline Action 3.00 Chilli Factor 3.30 Freesport Special 4.00 Byte Me 4.30 World Wind Surf 5.00pm Fearless 5.30-6.00pm Freesport Special	6.00pm LLTV - Local Life A daily magazine programme featuring local news, events and lifestyle features. 6.30 What's On TV 7.00 LLTV - Local Life 7.30 YCTV Programmes made by the stars of tomorrow featuring the stars of today. 8.00 Student Showcase 8.30 What's On TV 9.00-9.30pm LLTV - Local Life	

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME

CABLE CHECK
Some of the channels listed may not be available in your area

DISCOVERY WORLD PACK

4.00pm Rex Hunt Fishing Adventures
Lake Tolondo
Rex takes his son Matthew fishing for English perch.

4.30 Discovery Today

5.00 Eye on the World
The Camera in Entertainment
Featuring an insight into developments such as 3-D and holographic film.

6.00 Wild Asia
Kingdom of the Coast
See how, in India, land becomes sea and sea reverts to land in a seasonal cycle of rainfall.

7.00 Secret Mountain
Chris Bonington sets out to climb Sepu Kangri in north-eastern Tibet.

7.30 Discovery Today
Science magazine.

8.00 Fighting the G-Force
A look at how jet fighter technology may have outstripped human physiological endurance.

9.00 Breaking the Sound Barrier
Relive the race of 50 years ago to break the sound barrier and the eventual US victory.

10.00 Gangsters
The Bootleg Years
Discover the background to Prohibition in America and its exploitation by the likes of Al Capone.

11.00 Tanks
Fall of France
Trace the role of armoured forces on both sides in the battles that led to the German victory of 1940.

12midnight Time Team
Isle of Islay
Another test for the team's archaeological acumen.

1.00am Future Tense
Sea
Study the fundamental effects of water on the planet.

1.30-2.00am
Discovery Today

THE HISTORY CHANNEL WORLD PACK

12noon
Naked Warriors of Europe

12.55pm
Photos for the Future II

1.00
Merlin the Wizard

1.30
The Tragic Queen

2.00
Royal Lovers

3.00
World War I

3.30
From the Bomb to the Beatles

4.00
Gettling By

4.00
Fighters

5.00
The Brooklyn Bridge

CARTOON NETWORK FAMILY PACK

5.00am Flying Rhino Junior
6.00 Fat Dog Mendoza
7.00 Tom and Jerry
8.00 Dexter's Laboratory
9.00 Angela Anaconda
10.00 The Powerpuff Girls
11.00 Dragonball Z
12noon Scooby-Doo
12.30pm Looney Tunes
1.00 Scooby-Doo
1.30 Cow and Chicken
2.00 Scooby-Doo
2.30 Mike, Lu and Og

3.00 Scooby-Doo
The big mutt and his pals foil another spooky scheme.

3.30 Dexter's Laboratory
More chemical chaos.

4.00 Scooby-Doo
The big mutt and his pals foil another spooky scheme.

4.30 The Powerpuff Girls
Superheroine shenanigans.

5.00 Scooby-Doo
The big mutt and his pals foil another spooky scheme.

5.30 Pinky and the Brain
Animated comedy.

6.00 Tom and Jerry
Madcap comic antics with the sparring cat and mouse.

6.30 The Flintstones
Hang out with the cavemen behaving badly in Bedrock.

7.00 Scooby-Doo
Snack-fuelled canine fun.

7.30 Looney Tunes

8.00 Angela Anaconda

8.30-9.00pm Courage the Cowardly Dog

9.00pm Roberta
Irene Dunne, Ginger Rogers, Fred Astaire

9.30pm Musical comedy about a football player who inherits half of a Parisian fashion business, co-owned by a deposed Russian princess.

10.00 Also involved in the proceedings are a bandleader and his girlfriend, who is posing as a Polish countess.

10.30 *1935*

11.05-1.00am

In This Our Life
Bette Davis, George Brent

Drama. 1942

CARTOON NETWORK:
1.00am The Moomins
1.30 The Magic Roundabout
2.00 Tabaluga
2.30 Blinky Bill
3.00 The Tidings
3.30 The Fruitties
4.00 The Moomins
4.30-5.00am The Magic Roundabout

6.00 The Greek Gods
6.55 Photos for the Future II
7.00 King Arthur
7.30 The Myrtles Plantation
8.00 Learn the tragic story behind one of America's most haunted houses.
8.30-10.00pm Biography
Princess Margaret

NICKELODEON FAMILY PACK

7.00am Transylvania Pet Shop
7.30 Transylvania Pet Shop
8.00 Ren and Stimpy
8.30 Ren and Stimpy
9.00 Kenan and Kel
9.30 Kenan and Kel
10.00 Sister Sister
10.30 Sister Sister
11.00 Cousin Skeeter
11.30 Cousin Skeeter
12noon Rugrats
12.30pm Rugrats
1.00 Rocket Power
1.30 Rocket Power
2.00 Rocket Power
2.30 Rocket Power

3.00 Rocket Power
Animation following a group of friends who indulge in extreme sports.

3.30 Rocket Power
California cartoon.

4.00 Kenan and Kel
The wild adventures of two funky friends.

4.30 Kenan and Kel
With Kenan Thompson and Kel Mitchell.

5.00 Sabrina the Teenage Witch

5.30 Sabrina the Teenage Witch

6.00 Are You Afraid of the Dark?

6.30-7.00pm Are You Afraid of the Dark?

PARAMOUNT COMEDY CHANNEL FAMILY PACK

7.00pm Grace Under Fire

7.30 King of Queens

7.30 Richie's Song

8.00 Ellen
A Deer Head for Joe

8.00 Ellen's new boss decides that Joe must go.

8.30 Just Shoot Me

The Kiss

9.00 Married... With Children

9.30 Cybill

Dream Date

10.00 Frasier

Bad Dog
Bulldog is hailed as a hero after foiling a robbery.

10.30 Harry Hill

Surreal comedy show.

11.00 Jack Dee

Acerbic humour with the deadpan comedian.

11.30 Cheers

Bad Neighbour Sam

12midnight Roseanne

12.30am Clive Anderson

Talks Back 1.10 NewsRadio

1.35 Duckman

2.00 Hitz

2.30 Encore! Encore!

3.00 It's Garry Shandling's Show

3.30-4.00am Abbott and Costello

FOX KIDS FAMILY PACK

6.00am Oggy
6.10 Bad Dog
6.30 Bobby's World
6.55 Jim Button
7.15 Walter Melon
7.40 Inspector Gadget
8.00 Oggy
8.10 Biker Mice
8.30 Dennis and Gnasher
8.55 Sailor Moon
9.15 Sailor Moon
9.40 Digimon
10.00 Monster Rancher
10.45 Masked Rider
11.05 X-Men
11.30 Spy Dogs
11.50 Ace Ventura
12.15pm Walter Melon
12.35 Inspector Gadget
1.00 Woody
1.10 Casper
1.30 Donkey Kong
1.55 Dennis and Gnasher
2.20 Life with Louie
2.40 Princess Sissi

3.00 Princess Starla and the Jewel Riders

3.20 Sailor Moon
Cult Japanese animation.

3.45 Mighty Morphin' Power Rangers
Live action adventures.

4.05 Mighty Morphin' Power Rangers

4.30 Digimon
Another adventure for the teenage alien superhero.

5.15 Monster Rancher
Fun with Genki and Holly.

5.35 Biker Mice from Mars

6.00 The New Addams Family

6.25 Casper

6.35-7.00pm Goosebumps

SHOP! LIFESTYLE/ SELECTION PACKS

6.00am Shop! Selection

7.00 Holiday Shop!

8.00 Home Shop!

9.00 Clothes Shop!

10.00 Jewellery Shop!

11.00 Entertainment Shop!

An hour of offers on the latest camcorder technology.

12noon Shop! Outlet

1.00pm Shop! Special

2.00 Shop! Selection

3.00 Home Shop!

4.00 Kitchen Shop!

5.00 Shop! Preview

6.00 Shop! Selection

Another round-up of the bestsellers on the channel.

7.00-7.30pm Jewellery Shop!

GMTV 2 ACCESS PACK

GMTV2 offers pre-school and lifestyle shows between 6.00am and 9.25am.

Weekdays: The News Hour at 6.00am followed by children's shows.

Saturdays: Children's programming and a round-up of the week's news in The Review.

Sundays: Highlights include a Pokémon triple bill and The Review.

QVC LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day - so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Discover Silver Diamonique at 5.00pm.

NEWS AND INTERNATIONAL

BBC NEWS 24 NEWS & SPORT/ ACCESS PACKS

6.00am News
7.00 News
8.00 News
9.00 News
9.30 World News
10.00 News
11.00 News
12noon News
1.00pm News
2.00 News
3.00 News
4.00 News
5.00 News
6.00 News
7.00 News
7.30 Sportsday
8.00 News
9.00 News
9.30 HARDtalk
10.00 News
11.00 News
11.30 World Business Report
12midnight News
1.00am News
2.00 News
2.30 World Business Report
3.00 News
3.30 HARDtalk
4.00 News
4.45 Asia Today
5.00-6.00am News

CNN INTERNATIONAL NEWS & SPORT PACK

News throughout the day, plus:
5.00am This Morning
5.30 World Business
6.00 This Morning
6.30 World Business
7.00 This Morning
7.30 World Business
8.00 This Morning
8.30 Sport
9.00 Larry King
10.30 Sport
11.30 Biz Asia
12.30pm Hotspots
1.15 Asian Edition
1.30 World Report
2.30 Showbiz
3.00 Science & Technology
3.30 Sport
4.30 World Beat
5.00 Larry King Live
7.30 World Business Today
8.30 Q&A
9.30 Insight
10.00 World Business Today
10.30 Sport
11.00 WorldView
11.30 Asia Business Morning
12midnight Moneyline
12.30am Showbiz
1.00 This Morning
1.15 Asia Business
2.00 Larry King
4.30-5.00am American Edition

SKY NEWS NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus:
6.00am Sunrise
10.30 Sky World News
11.30 Money
12noon Sky News Today
2.30pm Your Call
3.00 Sky News Today
4.30 Sky World News
5.00 Live at Five
8.30 Sky Business Report
9.30 Technoflextra
10.00 Sky News at Ten
10.30 Sportsline
12.30am CBS Evening News
1.30 Your Call
2.30 Sky Business Report
3.30 The Book Show
4.30 Technoflextra
5.30-6.00am CBS Evening News

INTERNATIONAL

TV5 5.00am Journal 5.15
Journal des Journaux 5.30
Télématin et Le Journal du Temps 7.00
Journal 7.30
Découverte 8.00
Infos 8.05
Zig Zag Café 9.00
Journal Télévisé 9.15
Idéités 10.00
Claire Lamarche 11.00
Infos 11.05 Questions
11.30 Journal Télévisé
12noon Infos
12.05pm Documentaire
1.00 Journal Télévisé
1.15 Cinéma: L'Œuvre au Noir
3.00 Journal 3.15
Questions 3.30
Taxi pour l'Amérique 4.00
Infos 4.05
Pyramide 4.30
Questions pour un Champion 5.00
Journal Télévisé 5.15
Cinéma: L'Œuvre au Noir 7.00
Journal Télévisé 7.30
Journal 8.00
Infos 8.05
Temps Présent 9.00
Journal Télévisé 9.15
Police Judiciaire 11.00
Journal Télévisé 11.30-12midnight
Soir 3

ASIANET ADD-ON CHANNEL CABLE EXCLUSIVE

7.30am Kachwa Aur Kargosh
8.00 News
8.30 DD Programme
9.00 FILM
11.30 News
12noon Kabhi Yeh Kabhi Woh
12.30pm Galatnaama
1.00 Katha Sagar
1.30 FILM
4.00 Rajni Gandha
4.30 Aarthi
5.00 Majdhaar
6.00 Main Anari
6.30 MTV India
7.00 Katha Sagar
7.30 News
8.00 Kabhie
8.30 FILM
11.30 News
12midnight MTV
12.30am Kabhie Kabhie
1.00 FILM
4.00 Main Anari
Tu Anari 4.30
Kabhi Kabhie 5.00
Majdhaar 6.00
Rajni 6.30
DD Programme 7.00-7.30am
Vishwamitra

ZEE TV ADD-ON CHANNEL

6.00am Aap Ki Farmaish
6.30 Bhakti Songs
7.00 Faith: Iskcon
7.30 News
8.00 Out and About
8.30 Kartavya
9.00 Aashiana
9.30 Lakeerein
10.00 Rehne Do
11.00 Khana Khazana
11.30 Aangan
12noon FILM
3.00pm Hadd Kar Di
3.30 Top of the Tops
4.00 Kartavya
4.30 Callmate
Top Ten 5.30
Aangan 6.00
Gubbare 7.00
Alvida Darling
7.30 Zee Premiere Show
8.00 News
8.30 Koshish
9.00 A Day Out with a Star
9.30 Daayre
10.00 Thriller at 10
10.30 Mahabharat
11.30 Nagin
12midnight Punjabi News
12.30am FILM
3.30 Hum Paanch
4.00 Daraar
4.30 Campus
5.00-6.00am VCD Zabardast

CHRISTIAN CHANNEL EUROPE WORLD PACK

5.00am Good News
5.30 Gospel Truth - Andrew Wommack
6.00 Hour of Deliverance
6.30 Changing Your World
7.00 Believers' Voice of Victory
7.30 This is Your Day
8.00 CMTV
8.20 Thought for the Day
8.30 Life in the Word
9.00 Rhema Praise
9.30 Winning Ways - Matthew Ashimolowo
10.00 CMTV
10.30-11.00am 700 Club Replay

BLOOMBERG WORLD PACK

2.00am Asian Market Report
2.30 Wall Street Report
2.45 Focus on Eastern Europe
5.45-6.00am Kavanagh's Picks

BBC PARLIAMENT NEWS & SPORT PACK

11.45am-12midnight
Republican Party Convention
Live coverage of the US Republican Party Convention from Philadelphia.



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MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME

SKY PREMIER PREMIUM CHANNEL

6.00am Lionheart
Epic adventure. 1986, rating Sky PG, DS, 100 mins

8.00 In the Doghouse
1998, rating Sky U, 87 mins

9.30 Buzz News: M:I-2 Special

10.00 Air Bud 2
Family sequel. 1998, rating Sky U, DS, 86 mins

12noon Antz
Animated adventure. **Text** 1998, rating Sky PG, DS, 80 mins

1.45pm Seven Years in Tibet
Brad Pitt, David Thewlis, BD Wong
Lavish spectacle based on the true story of an Austrian mountain-climber who became an unlikely mentor to the Dalai Lama. **Text** 1997, rating Sky PG, 130 mins

4.00 In the Doghouse
Matt Frewer, Rhea Perlman
Animal-themed family comedy in which a pet dog ends up costing his unfortunate owner his job. His owner has a family to feed but, just when things look bleak for the family, the dog saves the day. 1998, rating Sky U, 87 mins

5.30 Buzz News: M:I-2 Special

6.00 Air Bud 2
Kevin Zegers, Cynthia Stevenson, Gregory Harrison
Sequel to the successful family film about a custody battle over a dog. In this instalment, a young boy is now the legal owner of the golden retriever who can play football and together they turn their sporting skills from basketball to football 1998, rating Sky U, DS, 86 mins

8.00 Antz
Voices of Woody Allen, Sharon Stone, Gene Hackman
Animated adventure. A neurotic ant is struggling to express his individuality in a colony of conformists but he finally becomes a hero. **Text** 1998, rating Sky PG, DS, 80 mins

9.30 Titanic
Leonardo DiCaprio, Kate Winslet, Billy Zane, Kathy Bates
A blockbusting romantic drama which won 11 Oscars. The events of the *Titanic's* inaugural and fateful voyage are retold through the relationship between hard-up young rogue and an unwilling society bride who are passengers on the doomed liner. The young girl is captivated by his lust for life and they begin an intense affair cut short by a tragic maritime disaster. **Text** 1997, rating Sky 12, 187 mins

12.45am Fathers' Day
Paternal crisis comedy. **Text** 1997, rating Sky 12, 95 mins

2.25 Le Bossu
Period adventure. **Widescreen** 1998, rating Sky 15, 123 mins

4.35-6.20am Lionheart
Epic adventure. 1986, rating Sky PG, DS, 100 mins

SKY MOVIEMAX PREMIUM CHANNEL

6.00am To Live Again
1998, rating Sky PG, 86 mins

8.00 Imminent Danger
Wilderness-set action thriller. 1998, rating Sky PG, 89 mins

10.00 Take My Advice: The Ann and Abby Story
1999, rating Sky PG, 87 mins

12noon The Entertainers
Comedy drama about a comedian. 1991, rating Sky U, 87 mins

2.00pm To Live Again
Bonnie Bedelia, Annabeth Gish
Tense drama about parental abuse. A mother locks up her daughter, thinking she is mentally ill. Ten years later, the girl is freed and attempts are made to rehabilitate her. 1998, rating Sky PG, 86 mins

4.00 Imminent Danger
Connie Sellecca, Matt McCoy, Alana Austin, Anthony DeFilippo
Action thriller in which an expert wilderness guide takes her children on a rafting adventure so that they can get to know her new boyfriend. But, they find themselves caught up in a hostage situation with a dangerous escaped convict. 1998, rating Sky PG, 89 mins

6.00 The Creator's Game
Dakota House, Matt Falcone, S Bryce Chamberlain
PREMIERE Sporting drama with a very unusual setting in the world of lacrosse. The story follows a Native American who takes up the fast-moving sport and becomes a hero outside of his reservation when his talent for the game becomes apparent. 1999, U, 103 mins

8.00 Breach of Trust
Roma Downey, William Russ, Jamie Rose, Jed Millar
Drama about a woman whose seemingly perfect life is shattered. After 20 years of marriage, she discovers that her husband has been living a secret life with another woman and a daughter. She is forced to reassess all that she held dear. 1999, rating Sky PG, 86 mins

10.00 Soldier
Kurt Russell, Jason Scott Lee
PREMIERE Futuristic thriller about a part-man, part-machine fighter who is banished to a remote planet when a newer generation is created. **Text** 1998, rating Sky 18, DS, 94 mins

11.40 Mojo
Ian Hart, Hans Matheson
British gangland drama about a young nightclub singer. 1997, rating Sky 18, 89 mins

1.15am Shirley Valentine
1989, rating Sky 15, DS, 104 mins

3.05 Nil by Mouth
Powerful drama. **Text Last Play** 1997, rating Sky 18, DS, 123 mins

5.15-6.45am Take My Advice: The Ann & Abby Story
1999, rating Sky PG, 87 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

SKY CINEMA

PREMIUM CHANNEL

4.00pm My Favourite Brunette
Bob Hope, Dorothy Lamour, Peter Lorre, Lon Chaney Jr
Light-hearted caper in which a photographer finds himself the victim of mistaken identity. He is suddenly entangled in a sinister crime plot perpetrated by mobsters who have him as the prime target on their hit list. 1947, rating Sky PG, 84 mins

6.00 The Outsider
Tony Curtis, James Franciscus, Gregory Walcott, Bruce Bennett
Fact-based tale of an American Indian who becomes a celebrity, but finds it difficult to adjust to the white man's world. He fights alongside white Americans in World War II and helps to raise the flag at the battle of two Jima. 1962, rating Sky PG, 104 mins

8.00 Final Analysis
Richard Gere, Kim Basinger, Uma Thurman, Eric Roberts
Psychological thriller set in present day San Francisco. A psychiatrist treating a patient decides to meet her married older sister in order to probe further into the patient's past. They begin a highly covert affair, which is an unethical relationship that compromises them. 1992, rating Sky 15, DS, 119 mins

10.05 Naked Lunch
Peter Weller, Judy Davis, Ian Holm, Julian Sands
Outrageous drama based on the novel by William Burroughs. An ex-drug addict, who makes a living from exterminating cockroaches, is transported to a seedy and surreal underworld known only as Interzone. 1991, rating Sky 18, 110 mins

12midnight The Lion in Winter
Katharine Hepburn, Peter O'Toole
1968, rating Sky 15, 129 mins

2.15am Taffin
Pierce Brosnan, Ray McAnally, 1987, rating Sky 15, 92 mins

3.55-6.00am Bus
Riley's Back in Town
Michael Parks, Ann-Margret
1965, rating Sky PG, 89 mins



Sci-fi GI: Jason Scott Lee plays a cyborg fighting machine in the premiere of 'Soldier'. Sky MovieMax 10.00pm

FILMFOUR ADD-ON CHANNEL

6.00pm The Seventh Voyage of Sinbad
Kerwin Matthews, Kathryn Grant
When an adventuring sailor's bride-to-be is shrunk by an evil magician, he has no choice but to head for the island of Colossa. There he must overcome a series of adversaries and obstacles on a quest that will restore his fiancée to size. **Text** 1958, 85 mins

8.00 The Return of Martin Guerre
Gérard Depardieu, Nathalie Baye
Thriller based on a true story, set in 16th century France. When a husband returns from war to the village and wife he left nine years ago, his return is met with disbelief by some who claim that he is an imposter. Soon he faces a tough fight to prove his real identity. 1982, 106 mins

10.00 Sommersby
Richard Gere, Jodie Foster, Bill Pullman, James Earl Jones
A released prisoner returns home a new man seven years after a leaving to fight in the Civil War. He is no longer a brutal and bad businessman. But is he who he claims to be? 1993, 109 mins

12midnight Nénette et Boni
Alice Hour, Grégoire Colin
Drama about teenage siblings. 1996, 103 mins

1.50am Once We Were Strangers
Jessica Whitney Gould
1997, 92 mins

3.25-5.15am It Happened Here
Pauline Murray, Reginald Marsh
Drama. 1961, 96 mins

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CARLTON CINEMA LIFESTYLE PACK

7.00pm Once Upon a Honeymoon
Cary Grant, Ginger Rogers, Walter Slezak, Albert Dekker
Lighthearted drama. An American showgirl marries a wealthy Austrian, unaware of his Nazi connections. 1942, 117 mins

9.00 For Queen and Country
Denzel Washington, Dorian Healy, Amanda Redman
Taut drama about racism in contemporary England. A black, working-class soldier has served his country loyally in the armed forces abroad. Returning home to civilian life, he finds there is little justice or gratitude waiting for him. 1988, 105 mins

11.00 Kramer vs Kramer
Dustin Hoffman, Meryl Streep, Justin Henry, Jane Alexander
Oscar-winning drama about the fallout from a broken marriage and bitter custody battle. **Text** 1979, 105 mins

1.00am Nothing in Common
Tom Hanks, Jackie Gleason
Divorce comedy. 1986, 113 mins

3.15 The Seventh Sign
Demi Moore, Michael Blehn
Supernatural thriller. 1988, 98 mins

5.00-7.00am Abilene Town
Randolph Scott, Ann Dvorak
Western 1946, 91 mins

FRONT ROW

SCREENING WHEN YOU'RE
GOOD AND READY
WITH CABLE & WIRELESS

See channel 50 or your Front Row spread on pages 14, 15 for further details.

KEY TO FILM CONTENT

T/C: Theme/Content
BL: Bad Language
S/N: Sex/Nudity
V: Violence

Channel 51 Matinee

JACK FROST
Rating PG, 98 mins
Drama. A man who doesn't spend much time with his son gives him a harmonica which subsequently turns out to have unexpected powers. Stars Michael Keaton and Kelly Preston.
T/C: Fantasy, children.
BL: Occasional, moderate.
S/N: Occasional, mild references. V: None
5.00am, 7.00am, 9.00am, 11.00am, 1.00pm

Channel 51 Evening

NOTTING HILL
Rating 15, 119 mins
Romantic comedy. The world's most famous movie actress falls for a struggling and rather shy bookseller who lives in West London. Stars Hugh Grant and Julia Roberts.
T/C: Romantic comedy.
BL: Infrequent, strong.
S/N: Some comic references.
V: None
3.30pm, 5.45pm, 8.00pm, 10.15pm, 12.30am, 2.45am

Channel 52

CRUEL INTENTIONS
Rating 15, 94 mins
Drama. A spoiled rich girl challenges her stepbrother to seduce a headmaster's virginal daughter. Stars Sarah Michelle Gellar and Ryan Phillippe.
T/C: Drama, sexual relationships.
BL: Occasional, strong.
S/N: Some moderate, strong references.
V: Once, mild.
6.30pm, 8.30pm, 10.30pm, 12.30am, 2.30am

Channel 53

THE WATERBOY
Rating 12, 87 mins
Comedy. A student takes a job as a janitor and is mocked by his fellows. However, one day he retaliates - with unexpected results. Stars Adam Sandler and Henry Winkler.
T/C: Comedy, American football.
BL: Once strong, some mild.
S/N: Some mild references.
V: Infrequent, mild.
7.15pm, 9.00pm, 10.45pm, 12.30am, 2.15am, 4.00am

SKY ONE ACTION/ SELECTION PACKS	UK GOLD LIFESTYLE/ SELECTION PACKS	LIVING LIFESTYLE PACK	GRANADA PLUS ACTION PACK	DISNEY CHANNEL ADD-ON/ PREMIUM CHANNEL	
6.00am Long Play 7.30am Mega Babies 8.00 Godzilla 8.30 Mummies Alive 9.00 Pokémon 9.30 Pokémon 10.00 Pokémon 10.30 The Simpsons Text 11.00 World Wrestling Federation – Superstars 12noon The New Adventures of Superman Text 1.00pm Dream Team Text 2.00 Mega Babies 2.30 Godzilla	6.00am The Liver Birds 6.40 Bread 7.15 Birds of a Feather 7.50 Open All Hours 8.25 EastEnders Text 9.00 The Bill Text 9.30 The Bill Text 10.00 Bergerac 11.00 Knots Landing 11.55 Neighbours 12.25pm EastEnders Text 1.00 Dangerfield 2.00 Knots Landing	6.00am Ready, Steady, Cook 6.30 Can't Cook, Won't Cook 7.00 Tiny Living 9.00 Brookside 9.30 Home and Away 10.00 The Jerry Springer Show 10.50 Forgive or Forget 11.40 Maury Povich 12.30pm Special Babies 1.00 Reality Slot 1.30 Judge Judy 2.00 Streetmate 2.30 Maury Povich Compelling and personal talk show dealing with emotional conflicts.	6.00am Hawaii Five-0 7.00 Plus on Plus 7.30 Jokers Wild 8.00 Hogan's Heroes 8.30 George and Mildred 9.00 Classic Coronation Street Text 9.30 Second Thoughts 10.00 Mission: Impossible 11.00 Only When I Laugh 11.30 Batman 12noon Classic Coronation Street Text 12.30pm Second Thoughts 1.00 George and Mildred 1.30 Robin's Nest 2.00 Hawaii Five-0	4.30am Pooh 4.45 Music Time 4.50 Ole 5.00 Bear 5.25 Art Play 5.30 PB and J Otter 5.45 Bite Size 6.00 Toons 6.05 Circle Time 6.10 Ole 6.20 Spot 6.30 Out of the Box 7.00 Mickey Mouseworks 7.30 101 Dalmatians 8.00 Aladdin 8.30 Recess 9.00 Art Attack 9.35 Sabrina 10.00 FILM: Lion King II: Simba's Pride 1998 11.15 Recess 11.30 Miami 7 12noon Circus Kids 12.30pm Boy Meets World 1.00 FILM: Peter Pan 1953 2.15 Mickey Mouseworks 2.45 Disney's 101 Dalmatians	6.00 AM
3.00 Mummies Alive <i>High Nuhn</i> 3.30 Pokémon <i>Bad to the Bone</i> Ash faces a challenge where he could lose all his badges. 4.00 Pokémon <i>All Fired Up</i> Ash is excited on the day before the League Tournament. 4.30 Pokémon <i>Round One – Begin</i> 5.00 Star Trek Long-running sci-fi adventure series following the explorers as they reach new worlds and face fresh dilemmas.	3.00 The Bill <i>Do Unto Others</i> A severe case of bullying leads to the stabbing of a schoolboy. Text 3.30 The Bill <i>Mid-Life Crisis</i> Text 4.00 EastEnders Natalie becomes fed up with her role as a stooge. Text 4.35 Neighbours Brad is shocked when he learns the truth about his new girlfriend. 5.00 The Liver Birds <i>The Never-Ending</i> Classic sitcom featuring the antics of two Liverpudlian lasses. 5.40 Bread A cousin of the Boswells is released from prison and comes to stay with Grandad. Text 6.20 The Brittas Empire <i>A Walk on the Wild Side</i> A bright idea from Brittas becomes a European directive. 7.00 Just Good Friends Sitcom about two ex-lovers who it seems can't live with or without each other. With Paul Nicholas. 7.40 Birds of a Feather <i>Ghost</i> When the video displays a mind of its own, Sharon and Tracey suspect supernatural forces. 8.20 Open All Hours Sitcom about a shopkeeper and his downtrodden nephew. 9.00 The Royle Family Comedy series about a working-class family from Manchester. 9.40 Men Behaving Badly <i>Casualties</i> Deborah is fed up so she decides to sell her flat and go travelling. 10.20 Absolutely Fabulous <i>Morocco</i> Edina and Patsy explore ethnic fashions in Moropcco, while Bubble disables the computer. 11.00 Gimme, Gimme, Gimme <i>Legs and Co</i> Linda scores with a hunky motorcycle courier. Text 11.40 The Bill Text 12.15am The Bill Text 12.45 Live at Jingleurs 1.20 The Royle Family 2.00 Men Behaving Badly 2.35 Monty Python's Flying Circus 3.15 EastEnders Text 3.45 Casualty 4.40 Dynasty 5.30-6.00am Angels	3.20 Party of Five Bailey develops a crush on Kirsten while Julia strives to be popular. Claudia tries to trace the family's long lost grandfather. 4.10 Mystic Challenge Game show where mystics are invited to reveal the personal details of hidden celebrities. 4.40 Forgive or Forget Exuberant host Mother Love deals with real-life problems. 5.30 Ready, Steady, Cook Fern Britton hosts the cookery show in which two top chefs compete against the clock to create exciting recipes. 6.10 The Jerry Springer Show US talk show in which Jerry Springer and his guests engage in lively discussion. 7.00 Judge Judy The outspoken New York City family court judge presides. 7.30 Will and Grace US sitcom about two roommates – one straight, the other gay. 8.00 Charmed Drama series about three sisters who move to a San Francisco house left to them by their grandmother, only to find they've also inherited powers of witchcraft. 9.00 FILM: Shattering the Silence Joanna Kerns, Michael Brandon, Tony Roberts, George Grizzard A happily married woman begins to recall repressed memories of being abused as a child. With the help of a psychiatrist, she realises that she and her sister were raped by her well-respected father. 1992 10.50 Secret Suburbia A look behind the net curtains. 11.20-12midnight Eden Late-night erotic series.	3.00 Mission: Impossible <i>The Controller – Part 1</i> Cult action adventure. The specialist agents must fight a mind-destroying drug that could enslave the free world. 4.00 Kojak <i>The Halls of Terror</i> A psychiatrist on the staff of a major hospital fears that one of his patients is responsible for murdering several staff. 5.00 Hart to Hart <i>Murder, Murder on the Wall</i> Detective series in which an adventure-seeking super-couple jetset around the world investigating intriguing mysteries. 6.00 Bullseye Dart quiz show hosted by funnyman Jim Bowen. 6.30 Classic Coronation Street Bet offers Jack his old job back. 7.00 Batman <i>Smack in the Middle</i> The Riddler transforms his assistant into a Robin imposter. 7.30 Robin's Nest <i>Just Desserts</i> 8.00 Boon <i>Arms and the Dog</i> A young, black amateur boxer has gone AWOL from the army and his father hires Boon to find him. With Michael Elphick. 9.00 Kojak <i>May the Horse Be with You</i> Kojak finds himself involved in the unusual case of the theft of a valuable race horse. 10.00-11.00pm Taggart <i>Instrument of Justice – Part I</i>	3.15 100 Deeds for Eddie McDowd Text 3.45 The Famous Jett Jackson The adventures of a 13-year-old ex-Hollywood superstar. 4.15 Honey, I Shrunk the Kids: The TV Show <i>Honey, Meet the Barbarians</i> Diane decides to run for the school board, to try to stop budget cuts. 5.00 Recess Animated series from the creators of <i>Rugrats</i> . Text 5.30 Smart Guy Comedy about a clever kid in a class of older children. Text 6.00 Teen Angel <i>Sings Like an Angel</i> Marty turns his friend Steve into a modern-day Sinatra. Text 6.30 Home Improvement <i>Super Bowl Fever</i> Text 7.00 FILM: Restless Spirits <i>Lothaire Bluteau, Michel Monty</i> PREMIERE Family fantasy about a young girl who sees the ghosts of two airmen from 1927. She discovers they are restless spirits who must find their plane or they are doomed forever. 1999 8.30 Honey, I Shrunk the Kids: The TV Show <i>Honey, You Drained My Brain</i> Wayne discovers his new thinking turns its user into a megalomaniac. Text 9.15 Flipper Marine adventure with TV's most famous dolphin. Text 10.00 Home Improvement Comedy double bill. Text 11.00 Touched by an Angel Text 11.50-12midnight Toons	3.00 PM
			GRANADA MEN & MOTORS ACTION PACK	THE BOX MUSIC & GAMES PACK	4.00 PM
			11.00pm SexTV Late-night series which goes under the covers of the steamy world of adult movie making. 11.30 Sexy Shorts Late-night music show. 12midnight G Spot The show which takes a peek into the naughty side of life. 12.30am El Wild On... <i>Champs Elysées</i> 1.20 Sexy Shorts Late night music show. 1.50-2.00am Crash of the Titans Spectacular footage of cars, bikes, dragsters and stock cars crashing.	Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.	5.00 PM
				WEDNESDAY CONTINUES OVERLEAF...	6.00 PM
					7.00 PM
					8.00 PM
					9.00 PM
					10.00 PM
					11.00 PM
					12.00
					NIGHT TIME

CABLE CHOICE

FILM

The Lion in Winter
Sky Cinema 12midnight
A bristling classic of British cinema adapted by James Goldman from his own stage play. Peter O'Toole and Katharine Hepburn sparkle as the scheming Henry II and Eleanor of Aquitaine playing their greedy heirs off against each other.

GENERAL

Absolutely Fabulous
UK Gold 10.20pm
The first of a daily dose of *Ab Fab* featuring the inspired comic partnership of Jennifer Saunders and Joanna Lumley. Today, Edina, Patsy and Saffron go to Morocco for a fashion shoot. Edina and Patsy look into local fashions; Saffron is more interested in the local people.

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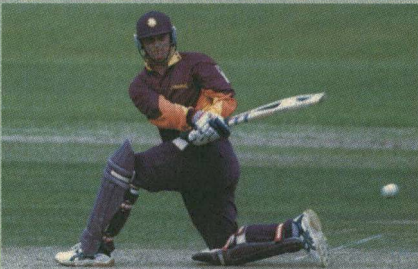
UK GOLD

SUMMER NIGHTS OF COMEDY FROM 9.00PM

I don't believe it! This month UK Gold is devoting weekday evenings to some of the nation's favourite comedy programmes. From *One Foot in the Grave* and *Only Fools and Horses* to *Men Behaving Badly* and *Absolutely Fabulous*, there's something here for everyone.



Wednesday 2 August

	EUROSPORT NEWS & SPORT/ SELECTION PACKS	SKY SPORTS 1 PREMIUM CHANNEL	SKY SPORTS 2 PREMIUM CHANNEL	SKY SPORTS 3 PREMIUM CHANNEL	SCI-FI ACTION PACK	MTV MUSIC & GAMES PACK
MORNING	6.00 AM 7.30am Triathlon Action from the European Championships in Stein, the Netherlands. 8.30 Olympic Games 9.00 Football 11.00 Free Climbing 11.30 Sailing 12.00 Golf 1.00pm Equestrianism 2.00 Athletics Coverage of the IAAF Grand Prix I Meeting in Stockholm.	7.00am Sky Sports Centre 7.15 WWF – Metal 8.15 Sky Sports Centre 8.30 Racing News 9.00 Aerobics Oz Style 9.30 Asian Sports Show 10.00 World Cup Football: Official FIFA Film – 1982 World Cup 12noon Aerobics Oz Style 12.30pm Fastrax 1.00 Inside Scottish Football 2.00 Football Special – AC Milan v Real Madrid Featuring two of Europe's biggest clubs in this Coppa Del Centenario match between AC Milan and this year's Champions League winners, Real Madrid. 4.00 Cricket: National Cricket League – Northamptonshire v Worcestershire – LIVE Norwich Union National	7.00am Aerobics Oz Style 7.30 Sky Sports Centre 7.45 Racing News 8.15 Fastrax 8.45 Sky Sports Centre 9.00 Sports Unlimited 10.00 World Corporate Games 11.00 Rugby League Academy 12noon Show Jumping: Rocky Mountain Grand Prix 1.00pm World Corporate Games 2.00 Asian Sports Show 2.30 Golf Extra Dominik Hoyer hosts the show that keeps golf fans up to date with all the latest news from the golfing circuit. With a look ahead to forthcoming events, behind-the-scenes features and interviews with the stars. 4.30 Australian Rally Championships Fast-paced rally action from down under.	12noon World Ten Pin Masters Bowling alley antics from Milton Keynes. 1.00pm Sports Unlimited A truly comprehensive look at the world's wackier sports. 2.00 Big Fights: Barney Ross Focus on the boxer who won world titles at three different weight classes. 3.00 World Cup Football: Official FIFA Film – 1982 World Cup Football fans will enjoy the official film from the 1982 World Cup Finals – a tournament eventually won by Italy.	8.00am Buck Rogers in the 25th Century 9.00 Land of the Giants 10.00 Swamp Thing 10.30 Swamp Thing 11.00 The Six Million Dollar Man 12noon Babylon 5 1.00pm Amazing Stories 1.30 Amazing Stories 2.00 Buck Rogers in the 25th Century 3.00 Sightings Extraordinary and mysterious real-life stories involving luck, superstition, UFOs or near-death experiences. 4.00 Land of the Giants Sabotage The travellers get involved in a battle between two giants. 5.00 Swamp Thing Easy Prey 5.30 Swamp Thing The Handyman The creature uncovers a murdered man's body. 6.00 The Six Million Dollar Man Steve Austin, Fugitive Steve Austin becomes a fugitive after being charged with murder. 7.00 Amazing Stories Hell Toupee 7.30 Amazing Stories The Doll A man's life changes after being a toy doll. 8.00 Quantum Leap A Single Drop of Rain Sam leaps into the body of a con man posing as a travelling rain-maker in his home town. 9.00 The Burning Zone A Secret in the Neighborhood A unit in the US military wants a chemical weapon. 10.00 FILM: Escape Velocity Patrick Bergin, Wendy Crewson, Peter Gutteridge A team of astrophysicists, stationed in a stellar laboratory, intercept a life-pod containing a mysterious young man who has been in suspended animation for 15 years. 1998 12midnight Lexx Tunnels Xev and Stan encounter psycho killers on planet Fire. 1.00am FILM: Sleeping Dogs C Thomas Howell Action adventure. 1997 3.00-4.00am Babylon 5	6.00am Select MTV 8.00 MTV Hits 9.00 Bytesize MTV 11.00 MTV Hits 12.30pm Daily Edition 1.00 MTV Hits Another hour of back-to-back smash hits and videos. The Lick R&B Chart Show Trevor Nelson counts down the hottest tunes. 3.00 Bytesize MTV A constant barrage of bizarre moments from the global MTV network. 3.55 MTV's Pop Single of the Week 4.00 Select MTV Viewers make MTV their personal jukebox. Live from London every day, Richard Blackwood hosts the show which includes two hours of chat, videos and guest appearances from some of the most promising names in the pop industry. 6.00 Bytesize MTV A constant barrage of bizarre moments from the global MTV network. 7.00 MTV Hits Another hour of back-to-back smash hits and bubbling videos. 8.00 The Lick R&B Chart Show Brand new videos, news and interviews with the heavyweights of the R&B scene. With Trevor Nelson. 9.00 Daily Edition Emma Ledden and Edith Bowman deliver stories from the world of showbiz. 9.30 Biorhythm: Jennifer Lopez 10.00 The Tom Green Show More offbeat humour from the Canadian comic. 10.30 Celebrity Death Match 11.00 The Late Lick Brand new videos, news and interviews with the heavyweights of R&B, presented by Trevor Nelson. 12midnight Yo! Hip-hop show that enters the world of rap music from Grandmaster Flash through to Busta Rhymes. 1.00am-6.00am Night Videos An eclectic mix of music and videos in the small hours.
3.00 PM						
4.00 PM						
5.00 PM	5.00 Triathlon Action from the Klagenfurt event held in Austria. Watch some of the fittest inhabitants of the planet in this most gruelling event. 6.00 Start Your Engines High-speed action from a variety of motorsport events, from NASCAR to Euro drag to Indy car. 7.00 CART Coverage of the 12th round of the FedEx Championship Series in Chicago.	Cricket League action as Northamptonshire Steelbacks take on Worcestershire Royals at the County Ground. The Steelbacks were promoted to the top flight last season and so consolidation is very much a priority. Meanwhile, the Royals were runners-up and are looking to go one better. 7.00 Sky Sports Centre The latest sport news. 7.30 Cricket: National Cricket League – Northamptonshire v Worcestershire – LIVE The ball-by-ball action continues from the County Ground as Northamptonshire face Worcestershire in the National Cricket League Division One.	5.00 Watersports World A comprehensive guide to the best action on the water, from powerboating to canoeing. 6.00 Sky Sports Centre Up-to-the-minute news. 6.30 The Winning Post: Kempton/Leicester – LIVE The Winning Post team are back, this time focusing on the latest live meetings from Kempton and Leicester.	5.00 World Wrestling Federation – Metal Catch the WWF at its best, as Michael Cole and Kevin Kelly provide up-to-the-minute news. 6.00 World Corporate Games Talented athletes from around the world tackle everything from dragon boat racing to golf. 7.00 Telegraph Action Sport A new adventure into the world of action sports. 7.30 Wild Spirits The extreme sports show. 8.00 Euro Tour Weekly The essential guide to the latest news on Tour. 8.30 Rugby League World Up-to-date news of all the latest rugby league developments around the world, from the Super League to the Australian National Rugby League. 10.00 Steve Davis and Friends: Barry Hearn Snooker legend Steve Davis chats with the charismatic Barry Hearn. 11.00-11.30pm Brian Moore Interviews: Ronnie Clayton Brian Moore chats with the Blackburn Rovers stalwart.	5.00 Swamp Thing Easy Prey 5.30 Swamp Thing The Handyman The creature uncovers a murdered man's body. 6.00 The Six Million Dollar Man Steve Austin, Fugitive Steve Austin becomes a fugitive after being charged with murder. 7.00 Amazing Stories Hell Toupee 7.30 Amazing Stories The Doll A man's life changes after being a toy doll. 8.00 Quantum Leap A Single Drop of Rain Sam leaps into the body of a con man posing as a travelling rain-maker in his home town. 9.00 The Burning Zone A Secret in the Neighborhood A unit in the US military wants a chemical weapon. 10.00 FILM: Escape Velocity Patrick Bergin, Wendy Crewson, Peter Gutteridge A team of astrophysicists, stationed in a stellar laboratory, intercept a life-pod containing a mysterious young man who has been in suspended animation for 15 years. 1998 12midnight Lexx Tunnels Xev and Stan encounter psycho killers on planet Fire. 1.00am FILM: Sleeping Dogs C Thomas Howell Action adventure. 1997 3.00-4.00am Babylon 5	two hours of chat, videos and guest appearances from some of the most promising names in the pop industry. 6.00 Bytesize MTV A constant barrage of bizarre moments from the global MTV network. 7.00 MTV Hits Another hour of back-to-back smash hits and bubbling videos. 8.00 The Lick R&B Chart Show Brand new videos, news and interviews with the heavyweights of the R&B scene. With Trevor Nelson. 9.00 Daily Edition Emma Ledden and Edith Bowman deliver stories from the world of showbiz. 9.30 Biorhythm: Jennifer Lopez 10.00 The Tom Green Show More offbeat humour from the Canadian comic. 10.30 Celebrity Death Match 11.00 The Late Lick Brand new videos, news and interviews with the heavyweights of R&B, presented by Trevor Nelson. 12midnight Yo! Hip-hop show that enters the world of rap music from Grandmaster Flash through to Busta Rhymes. 1.00am-6.00am Night Videos An eclectic mix of music and videos in the small hours.
6.00 PM						
7.00 PM						
8.00 PM	8.00 Football – LIVE Action from a UEFA Champions League qualifying round match. This year the Champions League uses the new format adopted last year which gives the opportunity for more sides to enter the elite league.		8.30 Golf Extra Dominik Hoyer hosts the show that keeps golf fans up to date with all the latest news from the major tours on the current golfing circuit. With a look ahead to forthcoming events, behind-the-scenes features and interviews with the major stars.			
9.00 PM			10.30 Golf: Beazer Homes Challenge Tour Championships Wiltshire's Bowood Golf & Country Club welcomes the stars of the Beazer Homes Challenge Tour to its testing fairways. 11.30 Australian Rally Championships 12midnight World Corporate Games 1.00am Telegraph Action Sport 1.30 Wild Spirits 2.00 Australian Rally Championships 2.30 Watersports World 3.30-4.45am Sky Sports Centre			
10.00 PM	10.00 Boxing Punch-by-punch coverage of a world-class international contest.	10.00 Sky Sports Centre 10.15 Futbol Mundial Global football action. 10.45 Trans World Sport The latest, ground-breaking sports stories from across the world with some humour thrown in. 11.45 Sky Sports Centre 12midnight Rugby League World World rugby league news. 1.30am Futbol Mundial 2.00 World Cup Football: Official FIFA Film – 1982 World Cup 4.00-4.15am Sky Sports Centre				
11.00 PM	11.00-12.30am Xtreme Sports High-adrenalin action from the world of fast and dangerous sports.					
12.00						
NIGHT TIME						
	LIVE CRICKET: NORTHAMPTONSHIRE V WORCESTERSHIRE SKY SPORTS 1 4.00PM, 7.30PM Worcestershire were runners-up in last year's National Cricket League First Division and won't settle for anything less, after this campaign, than the top spot itself. Today Graeme Hick's men visit Northamptonshire's County Ground, and the home crowd favourite David Sales (pictured) will need to be on his best form as his newly-promoted team look to consolidate their top-flight status. Sales, though, will have to face the visitor's Glenn McGrath, who is Australia's No 1 fast bowler. 				PLAYBOY TV/ADULT CHANNEL ADD-ON CHANNEL 10.00pm Freeview 10.06 Stripsearch: Minneapolis 11.15 FILM: Passion Cove 12midnight Freeview 12.00am The Sex Clinic with Dr Jenny Tulls 12.40 Adult Feature 1.10 FILM: Gold Diggers 2 2.25 Panties 2.55-4.00am FILM: My Evil Twin Adult Nightview is now available as a TV on-demand service between 10.00pm and 4.00am at £4.95. See channel 50 for details	TELEVISION X ADD-ON CHANNEL 12midnight Ten Minute Preview 12.10am FILM: Diamonds 1.00 Five Minute Freeview 1.05 FILM continues 1.20 FILM: Wild Widow Erotic drama. 2.30 FILM: Hard at Work Adult drama. 3.40-4.00am Fast Delivery Adult Nightview is now available as a TV on-demand service between 12midnight and 4.00am at £4.95. See channel 50 for details

VH1 MUSIC & GAMES PACK		ANIMAL PLANET WORLD PACK		 Lisa Davis and Toby Buckland create a little 'Garden Magic'. UK Style 3.00pm		UK STYLE LIFESTYLE PACK		UK HORIZONS WORLD/ ACCESS PACKS		CARLTON FOOD NETWORK LIFESTYLE PACK		MORNING	
6.00am Power Breakfast 8.00 Pop-Up Video 9.00 Upeat 12noon Behind the Music: Milli Vanilli The story of the chart-topping band whose voices were replaced on all their records. 1.00pm Greatest Hits: David Bowie 1.30 Pop-Up Video 2.00 Jukebox The phone-in request show which lets viewers turn their TV sets into interactive, video hit jukeboxes		12noon Croc Files. A crocodile is rescued. 12.30pm Going Wild with Jeff Corwin Sonoran Desert, Arizona 1.00 Aspinall's Animals Fly-on-the-wall documentary. 1.30 Aspinall's Animals 2.00 Pet Rescue The RSPCA in action. 2.30 Kratt's Creatures Around Africa in Eight Hours 3.00 K-9 to 5 Series profiling dogs around the world. 3.30 K-9 to 5 A look at a dog which acts as a tour guide.		4.00pm Trisha A double bill of the popular UK chat show. Trisha Goddard and a studio audience discuss moving and sometimes hair-raising true stories. Text		7.00am Holiday on a Shoestring 7.30 Holiday Swaps 8.00 Ready, Steady, Cook 8.30 Can't Cook, Won't Cook 9.00 Changing Rooms: New Zealand 9.30 Real Rooms 10.00 Change That 10.30 A Room with a Clue 11.00 Home Front: Inside Out 12noon Good Living 12.30pm Style Challenge 1.00 Gary Rhodes 1.30 Ready, Steady, Cook 2.00 BBC Gardener of the Year 2.30 Garden Stories 3.00 Garden Magic Instant solutions to gardening dilemmas. 3.30 Front Gardens New Estate Garden Brighten up a garden. 4.00 Stefan's Garden Roadshow Help with garden dilemmas. 4.30 Good Living Pudding recipes and ways to spruce up living rooms. 5.00 Can't Cook, Won't Cook Young cooks create a meal. 5.30 Changing Rooms: New Zealand The room makeover show. 6.00 Antiques Roadshow US This programme visits San Antonio and experts see Mexican silver and American Indian artefacts. 7.00 Real Rooms Leeds Bedroom More interior makeovers. 7.30 Change That Mark Curry takes the roadshow to Buxton. 8.00 Style Challenge Leading fashion experts give people makeovers. 8.30 A Room with a Clue The food and style quiz. 9.00 Your Money or Your Life Personal finance advice. 9.30 The House Doctor Home-improvement series. 10.00 All the Right Moves A property advice series. 10.30 House Invaders Shirley DIY makeover show. 11.00 Learn to Garden with Stefan Buczacki 11.30 Garden Magic Instant solutions to tricky gardening dilemmas. 12midnight Gardeners' World The long-running show hosted by Alan Titchmarsh. 12.30am-1.00am Stefan's Garden Roadshow Stefan Buczacki offers help and advice on difficult gardening dilemmas.		7.00am Tomorrow's World Plus 7.50 Dream House 8.20 Animals in Uniform 8.50 Vets to the Rescue 9.20 Tomorrow's World Plus 10.15 Life on Earth 11.15 The Deep 12.15pm Animals in Uniform 12.45 City Hospital 1.45 The Shop 2.15 The Shop 2.45 Cheating Hearts A profile of the seedy world of a New York private eye and his clients who mistrust their partners. 3.45 Vets to the Rescue Heartwarming stories of pets in need. 4.20 Animal Hospital Rolf Harris visits the busy RSPCA Harmsworth Hospital for Sick Pets. 4.50 Zoo Behind the scenes at London Zoo. 5.25 The Cruise Life's a Beach The audiences rate Jane. 5.55 City Hospital Series in which Gaby Roslin and her team of co-presenters report on the patients and staff at Southampton Hospital. 6.55 Future Fantastic Gillian Anderson presents a glimpse into the future. 7.30 Local Heroes South West The stories of the unsung heroes of invention. 8.00 Animal Hospital Rolf Harris visits the Harmsworth Hospital. 8.30 What Went Wrong? Investigating disasters. 9.00 The Cruise Life's a Beach The audiences rate Jane. 9.35 HMS Brilliant Rocking the Boat Tensions increase on board as the Wrens plan to let the sailors know just how they feel. 10.35 The Secret Life of Twins A documentary on twins and human genetics. 11.30 Paddington Green Documentary series. 12.05am-1.00am Hole in the Head UK PLAY: 1.00am Shooting Stars 1.30 Reeves and Mortimer 2.05 Vic Reeves Examines 2.35 Bang, Bang 3.10 DJ Anthems 3.40 Soundtrack to My Life 4.05 Bally Dung 4.30 Chris Moyles 4.55 Phil Kay 5.20 Cherry Pop 5.35 Sound of Play 6.30-7.00am Phone Zone		7.00am Tessa's Tastebuds 7.30 Kitchen College 8.00 Network Daily 8.45 Quick Cooks 9.00 Country Cooking 9.30 Classic Dishes 10.00 Cocktail Challenge 10.30 Simply Puddings 11.00 Flash in the Pan 11.30 Chef for a Day 12noon Four Burners and a Grill 12.30pm The Spice Trail 1.00 Coxon's Kitchen College 1.30 Spice World 2.00 Network Daily 2.45 Quick Cooks 3.00 Jenny Bristow's Country Cooking Home Grown 3.30 Tessa's Tastebuds Bananas 4.00 Simply Puddings Cheese Puddings 4.30 Classic Dishes Aldo Zilli demonstrates how to make carbonara. 5.00 A to Z of Food and Beauty 5.30 Four Burners and a Grill 6.00 Coxon's Kitchen College 6.30-7.00pm Newman Meets		6.00 AM 3.00 PM 4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00	
4.00 VH1 to One: Eurythmics Annie and Dave discuss reuniting for a new tour. 4.30 Greatest Hits: David Bowie 5.00 Ten of the Best: UB40 From the dole queue to international acclaim, the reggae band pick their 10 favourite videos of all time. 6.00 Talk Music Pip Dann and Mark Ellen with the latest music news and live performances. 6.30 Greatest Hits: David Bowie 7.00 Top Ten Only the biggest and the best current hits make it onto the top ten play list.		4.00 Animal Planet Unleashed With Howie Watkins. 4.30 Croc Files A return to a region where rogue crocodiles lurked. 5.00 Pet Rescue Abandoned animals are rescued by the RSPCA. 5.30 Going Wild with Jeff Corwin Yellowstone National Park 6.00 The Aquanauts Featuring reports on the ancient art of wayfinding. 6.30 Croc Files Steve and Terri Irwin rescue an orphaned camel. 7.00 Australia Wild River Red An insight into the survival of the river red gum tree. 7.30 Australia Wild Rivers of Fire 8.00 Wildlife ER Stories from the American-based Wildlife Centre which tackles emergencies. 8.30 Wildlife ER More emergency cases. 9.00 Crocodile Hunter Steve's Story A peek into the private life of fearless wild crocodile hunter Steve Irwin. 10.00 Man-Eating Tigers Although such cases are rare, some tigers repeatedly kill and devour people on their territory. 11.00 Country Vets The vets deal with an accident-prone horse. 11.30-12 midnight Country Vets A dog visits the fat clinic.		6.00 The Extremists Hair-raising sports and activities. 6.30 Feature 7.00 Rodeo 8.00 Sunset Beach Glossy US soap. Ricardo tells Ben and Meg why he suspects they were involved in Annie's escape. 8.50 Chart Choice 9.00 Supply and Demand Golden Goose - Part I A series of sex scandals threatens to topple the government. Text 10.00 Coronation Street Mancunian soap. Text 10.30 Emmerdale 11.00 The Jerry Springer Show Outrageous revelations and love confrontations. 11.50 The Late Show with David Letterman Host and humorist David Letterman talks irreverently to big name celebrities. 12.40am Freaky Stories Ghoulish animation. 12.50 The Extremists Hair-raising sports. 1.20-1.50am Feature		8.00 Style Challenge Leading fashion experts give people makeovers. 8.30 A Room with a Clue The food and style quiz. 9.00 Your Money or Your Life Personal finance advice. 9.30 The House Doctor Home-improvement series. 10.00 All the Right Moves A property advice series. 10.30 House Invaders Shirley DIY makeover show. 11.00 Learn to Garden with Stefan Buczacki 11.30 Garden Magic Instant solutions to tricky gardening dilemmas. 12midnight Gardeners' World The long-running show hosted by Alan Titchmarsh. 12.30am-1.00am Stefan's Garden Roadshow Stefan Buczacki offers help and advice on difficult gardening dilemmas.		8.00 Animal Hospital Rolf Harris visits the Harmsworth Hospital. 8.30 What Went Wrong? Investigating disasters. 9.00 The Cruise Life's a Beach The audiences rate Jane. 9.35 HMS Brilliant Rocking the Boat Tensions increase on board as the Wrens plan to let the sailors know just how they feel. 10.35 The Secret Life of Twins A documentary on twins and human genetics. 11.30 Paddington Green Documentary series. 12.05am-1.00am Hole in the Head UK PLAY: 1.00am Shooting Stars 1.30 Reeves and Mortimer 2.05 Vic Reeves Examines 2.35 Bang, Bang 3.10 DJ Anthems 3.40 Soundtrack to My Life 4.05 Bally Dung 4.30 Chris Moyles 4.55 Phil Kay 5.20 Cherry Pop 5.35 Sound of Play 6.30-7.00am Phone Zone		7.00pm Return of the Lynx How the lynx has come back from near extinction. 7.30 Mountains of the Maya 8.00 Mystery Tomb of Abusir The opening of an ancient sarcophagus is filmed. 8.30 Pharaohs and Filmmakers 9.00 Fires of War Texas firefighters battle Kuwait's oil well blazes. 9.30 Diving the Deep A unique group of women dive without oxygen. 10.00 Tornado A team of scientists risk their lives to chart deadly tornadoes in an effort to learn more about this deadly phenomenon. 11.00 Seize the Day The inspirational crew of the Carpe Diem consisted entirely of sailors with disabilities and set out to make history. 12midnight-1.00am The Jason Project Dr Bob Ballard goes on another remarkable underwater adventure, exploring shipwrecks at the bottom of the Mediterranean.		7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00	
8.00 The Millennium Classic Years: 1998 A look back at the music and events of 1998. 9.00 Egos and Icons: Kiss NEW First airing of a profile on the rockers who took make-up to new heights. 10.00 Behind the Music: The Police The personal footage in this documentary includes the Police's impromptu reunion at Sting's wedding. 11.00 Radiohead: Meeting People is Easy A view from the inside out of the Radiohead story and footage of new material from the band. 12.30am Greatest Hits: Radiohead 1.00 Storytellers: The Black Crowes The band play for a specially invited VH1 audience. 2.00 VH1 Flipside 3.00-6.00am VH1 Late Shift		CABLE CHECK Some of the channels listed may not be available in your area		ITV2 ACCESS PACK		DISCOVERY HOME & LEISURE WORLD PACK		RAPTURE BONUS CHANNEL		LOCAL CHANNEL ACCESS PACK		NIGHT TIME	
5.00pm Cross Wits 5.30 Sale of the Century 6.00 Family Fortunes 6.30 100% 7.00 Stars in Their Eyes Amateur singers get the chance to be their favourite star for the night. 7.30 Beadle's About 8.00 Gladiators 9.00 Whittle 9.30 Strike it Lucky 10.00 Sale of the Century 10.30 Family Fortunes		11.00 Stars in Their Eyes 11.30 Endurance 12midnight Beadle's About 12.30am Gladiators 1.30 The Cooler 2.00 Karaoke Challenge Blackpool 2.30 3-2-1 Shakespeare at the Globe 3.30 The Krypton Factor 4.00 Say the Word 4.30 Whittle 5.00-6.00am Shopping with Screenshop		6.00am The Joy of Painting 6.30 Dig it with Den 7.00 The Great Gardening Plot 7.30 Doing it Up 8.00 How to with B & Q 8.05 House Doctor 8.35 Our House Down Under 9.05 The Joy of Painting 9.35 Dig it with Den 10.05 How to with B & Q 10.10 The Great Gardening Plot 10.40 Two's Country 11.10 Last in the League 11.40 Home Savvy 12.10pm How to with B & Q		12.15 Hometime 12.45 Classic This Old House 1.15 Home Again with Bob Vila 1.45 Wood Wizard 2.15 How to with B & Q 2.20 The New Yankee Workshop 2.50 Kingsbury Square 3.20 Rex Hunt Fishing Adventures 3.50-4.00pm How to with B & Q		10.00am Mountain Bikes 10.30 Fearless 11.00 Freesport Special 11.30 Byte Me 12noon FILM 1.00 World Wild Surf 1.30 Fearless 2.00 Chili Factor 2.30 Adrenalize 3.00 High Adrenalin Action 3.30 Byte Me 4.00 Mountain Bikes 4.30 Fearless 5.00 Freesport Special 5.30-6.00pm Byte Me		6.00pm LLTV - Local Life A daily magazine programme featuring local news, events and lifestyle features. 6.30 What's On TV 7.00 LLTV - Local Life 7.30 YCTV Programmes made by the stars of tomorrow featuring the stars of today. 8.00 Student Showcase 8.30 What's On TV 9.00-9.30pm LLTV - Local Life		6.00 AM 3.00 PM 4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00	

Wednesday 2 August

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME

CABLE CHECK
Some of the channels listed may not be available in your area

DISCOVERY WORLD PACK

4.00pm Rex Hunt Fishing Adventures
Holland's Landing
Featuring how to fish for bream using sand worms.
4.30 Discovery Today

5.00 Egypt
Post Mortem
How advanced computer scanning techniques can provide detailed images of mummified bodies.

6.00 Wild Asia
Island Magic
Visit Java, Anak Krakatoa and Sulawesi - three of the 30,000 islands along the southern rim of Asia.

7.00 Diving School
The students begin the deep-water phase of their diving course.

7.30 Discovery Today
Science magazine series.

8.00 Death Letters
NEW An analytical investigation of the death penalty in the United States exploring the issue from different viewpoints.

9.00 Super Structures
Kansai International - Airport on the Sea
A look at the Japanese airport built on an island.

10.00 Gangsters
The Mob Underground
Investigate the growth of organised crime in America during the late 1920s and 1930s.

11.00 A Need for Speed
A look at one man's attempt to find out what speeds can be achieved by a conventional car.

12midnight Time Team
Sunderland
The team sheds more fascinating light on important aspects of Britain's past.
1.00am Secret Mountain
Follow the team's first attempt to scale the peak.
1.30-2.00am
Discovery Today

CARTOON NETWORK FAMILY PACK

5.00am Flying Rhino Junior
High 6.00 Fat Dog
Mendoza 7.00 Tom and Jerry 8.00 Dexter's Laboratory 9.00 Angela Anaconda 10.00 The Powerpuff Girls 11.00 Dragonball Z 12noon Ed, Edd 'n' Eddy 12.30pm Looney Tunes 1.00 Ed, Edd 'n' Eddy 1.30 Cow and Chicken 2.00 Ed, Edd 'n' Eddy 2.30 Mike, Lu and Og

3.00 Ed, Edd 'n' Eddy
More namesake nonsense.

3.30 Dexter's Laboratory
Chemical chaos with the bedroom professor.
4.00 Ed, Edd 'n' Eddy
More namesake nonsense.
4.30 The Powerpuff Girls
The heroines save Townsville once again.

5.00 Ed, Edd 'n' Eddy
More namesake nonsense with the three pals.

5.30 Pinky and the Brain
Animated comedy.

6.00 Tom and Jerry
Madcap comic antics with the cat and mouse duo.

6.30 The Flintstones

7.00 Scooby-Doo

7.30 Looney Tunes

8.00 Angela Anaconda

8.30-9.00pm Courage the Cowardly Dog

TCM FAMILY PACK

9.00pm Victor/Victoria
Julie Andrews, James Garner, Robert Preston
Musical comedy set in Paris during the 1930s. An out-of-work singer manages to find work by masquerading as a man posing as a woman and becomes the toast of Paris cabarets. 1982

11.30-1.00am Signpost to Murder
Joanne Woodward, Stuart Whitman, Edward Mulhare
Political drama. 1965

CARTOON NETWORK:
1.00am The Moomins 1.30 The Magic Roundabout 2.00 Tabaluga 2.30 Blinky Bill 3.00 The Tidings 3.30 The Fruitties 4.00 The Moomins 4.30-5.00am The Magic Roundabout

NICKELODEON FAMILY PACK

7.00am Transylvania Pet Shop 7.30 Transylvania Pet Shop 8.00 Ren and Stimpy 8.30 Ren and Stimpy 9.00 Kenan and Kel 9.30 Kenan and Kel 10.00 Sister Sister 10.30 Sister Sister 11.00 Cousin Skeeter 11.30 Cousin Skeeter 12noon Rugrats 12.30pm Rugrats 1.00 The Wild Thornberrys 1.30 The Wild Thornberrys 2.00 The Wild Thornberrys 2.30 The Wild Thornberrys

3.00 The Wild Thornberrys
More antics and adventures in the jungle.

3.30 The Wild Thornberrys

4.00 Kenan and Kel
The adventures of two funky friends

4.30 Kenan and Kel
Starring Kenan Thompson and Kel Mitchell.

5.00 Sabrina the Teenage Witch

5.30 Sabrina the Teenage Witch

6.00 Are You Afraid of the Dark?

6.30-7.00pm Are You Afraid of the Dark?

PARAMOUNT COMEDY CHANNEL FAMILY PACK

7.00pm Grace Under Fire

7.30 King of Queens

8.00 Ellen

8.30 Just Shoot Me

9.00 Married... With Children

9.30 Cybill

10.00 Frasier

10.30 Harry Hill

11.00 Jack Dee

11.30 Cheers

12midnight Roseanne

12.30am Clive Anderson

1.10 NewsRadio

1.35 Whose Line is it Anyway?

2.05 Hitz

2.30 Encore! Encore!

3.00 It's Garry Shandling's Show

3.30-4.00am Abbott and Costello

FOX KIDS FAMILY PACK

6.00am Oggy 6.10 Bad Dog 6.30 Bobby's World 6.55 Jim Button 7.15 Walter Melon 7.40 Inspector Gadget 8.00 Oggy 8.10 Biker Mice 8.30 Dennis and Gnasher 8.55 Sailor Moon 9.15 Sailor Moon 9.40 Digimon 10.00 Power Rangers 10.20 Monster Rancher 10.45 Masked Rider 11.05 X-Men 11.30 Spy Dogs 11.50 Ace Ventura 12.15pm Walter Melon 12.35 Inspector Gadget 1.00 Woody 1.10 Casper 1.30 Donkey Kong 1.55 Dennis and Gnasher 2.20 Life with Louie 2.40 Princess Sissi

3.00 Princess Starla and the Jewel Riders
More magical adventures.

3.20 Sailor Moon

3.45 Mighty Morphin' Power Rangers

4.05 Mighty Morphin' Power Rangers

4.30 Digimon

4.50 Masked Rider
More adventures with the teenage alien superhero.

5.15 Monster Rancher
Genki and Holly try to save Monster Rancher world.

5.35 Biker Mice from Mars

6.00 The New Addams Family

6.25 Casper

6.35-7.00pm Goosebumps

SHOP! LIFESTYLE/ SELECTION PACKS

6.00am Shop! Selection

7.00 Entertainment Shop!

8.00 Jewellery Shop!

9.00 Kitchen Shop!

10.00 Sports Shop!

11.00 Home Shop!

12noon Shop! Outlet

1.00pm Shop! Special

2.00 Shop! Selection

A round-up of the best-sellers on offer.

3.00 Jewellery Shop!

4.00 Entertainment Shop!

A wide selection of televisions and VCRs.

5.00 Shop! Preview

6.00 Shop! Selection

7.00-7.30pm Home Shop!

GMTV 2 ACCESS PACK

GMTV2 offers pre-school and lifestyle shows between 6.00am and 9.25am.

Weekdays: *The News Hour* at 6.00am followed by children's shows.

Saturdays: Children's programming and a round-up of the week's news in *The Review*.

Sundays: Highlights include a *Pokémon* triple bill and *The Review*.

QVC LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day - so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Arts and Crafts with Carol Smith at 6.00pm.

NEWS AND INTERNATIONAL

BBC NEWS 24 NEWS & SPORT/ ACCESS PACKS

6.00am News 7.00 News 8.00 News 9.00 News 9.30 World News 10.00 News 11.00 News 12noon News 1.00pm News 2.00 News 3.00 News 4.00 News 5.00 News 6.00 News 7.00 News 7.30 Sportsday 8.00 News 9.00 News 9.30 HARDtalk 10.00 News 11.00 News 11.30 World Business Report 12midnight News 1.00am News 2.00 News 2.30 World Business Report 3.00 News 3.30 HARDtalk 4.00 News 4.45 Asia Today 5.00-6.00am News

CNN INTERNATIONAL NEWS & SPORT PACK

News throughout the day, plus:
5.00am This Morning 5.30 World Business 6.00 This Morning 6.30 World Business 7.00 This Morning 7.30 World Business 8.00 This Morning 8.30 Sport 9.00 Larry King 10.30 Sport 11.30 Biz Asia 12.30pm World Beat 1.15 Asian Edition 1.30 World Report 2.30 Showbiz 3.00 Business Unusual 3.30 Sport 4.30 Style 5.00 Larry King Live 7.30 World Business Today 8.30 Q&A 9.30 Insight 10.00 World Business Today 10.30 Sport 11.00 WorldView 11.30 Asia Business Morning 12midnight Moneyline 12.30am Showbiz 1.00 This Morning 1.15 Asia Business 2.00 Larry King 4.30-5.00am American Edition

SKY NEWS NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise 10.30 Sky World News 11.30 Money 12noon Sky News Today 2.30pm Your Call 3.00 Sky News Today 4.30 Sky World News 5.00 Live at Five 8.30 Sky Business Report 9.30 The Book Show 10.00 Sky News at Ten 10.30 Sportsline 12.30am CBS Evening News 1.30 Your Call 2.30 Sky Business Report 3.30 Technoflextra 4.30 Fashion TV 5.30-6.00am CBS Evening News

INTERNATIONAL

TV5 5.00am Journal 5.15 Journal des Journaux 5.30 Télématin et le Journal du Temps 7.00 Journal 7.30 Magellan 8.00 Infos 8.05 Zig Zag Café 9.00 Journal 9.15 Police Judiciaire 11.00 Infos 11.05 100% Questions 11.30 Journal 12noon Infos 12.05pm Temps Présent 1.00 Journal Télévisé 1.15 Police Judiciaire 3.00 Journal Télévisé 3.15 Questions 3.30 Grands Gourmands 4.00 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal 5.15 Police Judiciaire 7.00 Journal 7.30 Journal Télévisé et le Journal du Temps 8.00 Infos 8.05 Pulsations 9.00 Journal Télévisé 9.15 La Comète 11.00 Journal 11.30-12midnight Soir 3

ASIANET ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am DD News 8.00 DD Programmes 9.00 FILM 11.30 News 12noon Non Stop Hungama 12.30pm Suzhal 1.00 Sansar 1.30 FILM 4.00 Inspector Vijay 4.30 Kakaji Kahen 5.00 Is Hafte Ki Kahani 5.30 Eik Raat 6.30 Asianet Aur Aap 7.15 Sansar 7.40 News 8.00 Aarzo 8.30 FILM 11.30 News 12midnight MTV Fresh 12.30am Asianet Aur Aap 1.15 FILM 4.00 Aainey 5.00 Sansar 5.30 Nashaib 6.00 Inspector Vijay 6.30 DD News 7.00-7.30am Satsang Sudha

ZEE TV ADD-ON CHANNEL

6.00am Out and About 6.30 Bhakti Songs 7.00 Faith: Christianity 7.30 Daily News 8.00 Gufftuq 8.30 Kartavya 9.00 Rishy the Love Stories 10.00 Ibrat 11.00 Khoobsurat 11.30 Aangan 12noon FILM 3.00pm Yeh Hai Mere Ape 3.30 Footloose 4.00 Kartavya 4.30 Alvida Darling 5.00 Muskan 5.30 Aangan 6.00 Sa Re Ga Ma 7.00 Lakeerein 7.30 Saath Saath 8.00 News Bulletin 8.30 Amanat 9.00 Tum Hi To Ho 10.00 Thriller at 10 10.30 Nagin 11.00 Agni Chakra 11.30 Making of a Legend 12midnight Punjabi News 12.30am FILM 3.30 Hum Paanch 4.00 Daraar 4.30 Campus 5.00 Filmi Deewane 5.30-6.00am Hit Thi Hit Hai

CHRISTIAN CHANNEL EUROPE WORLD PACK

5.00am CMTV 5.30 Gospel Truth - Andrew Wommack 6.00 Life is for Living 6.30 Changing Your World 7.00 Believers' Voice of Victory 7.30 This is Your Day 8.00 CMTV 8.20 Thought for the Day 8.30 Life in the Word 9.00 Winning in Life 9.30 Winning Ways 10.00 Deciding Your Destiny 10.30-11.00am 700 Club Replay

BLOOMBERG WORLD PACK

2.00am Asian Market Report 3.00 Tokyo Live 3.45 Kavanagh's Picks 4.30 Wall Street Report 5.05-6.00am Tokyo Live

BBC PARLIAMENT NEWS & SPORT PACK

11.45am-12midnight Republican Party Convention Live coverage of the Republican Party Convention.

THE HISTORY CHANNEL WORLD PACK

12noon The Greek Gods 12.55pm Photos for the Future II 1.00 King Arthur 1.30 The Myrtles Plantation 2.00 Biography Princess Margaret 3.00 World War I 3.30 From the Bomb to The Beatles Joining Up 4.00 Helicopters 5.00 Tales of the Gun AK47

6.00 The Real Robinson Crusoe 6.55 Photos for the Future II 7.00 Richard the Lionheart 7.30 Port Arthur Convict Settlement 8.00 Biography Wallis Simpson 9.00 Great Crimes and Trials Ku Klux Klan 9.30-10.00pm Great Crimes and Trials The Boston Strangler

TV TRAVEL SHOP BONUS CHANNEL

A total travel service in your own home. Video brochures give a guided tour of resorts around the world, with regular bulletins and programmes featuring late holidays and special offers. Viewers can then book holidays 24-hours-a-day, seven-days-a-week, by calling 0870 60 60 747. For more information and full listings turn to TV Travel Shop Text, from page 200.

Viewing Choices

Specially designed Packs with channels to suit individual tastes ...

Access

Access includes:

Set Top Box rental, Telephone Line rental
BBC1, BBC2, ITV, ITV2, C4 and C5
BBC News 24*, Sky News, UK Horizons, UK Play**, GMTV2*** Local Channel. Rapture, TV Travel Shop, QVC and Shop! are 'Free Bonus' Channels†

*As funded by your TV licence **1.00am-7.00am ***Not available in Ashford and Millharbour †We will from time to time offer 'Free Bonus' Channels in ACCESS. However, we reserve the right to change or withdraw these monthly.

And gives you the choice of the following:

Access to our flexible TV packs
Access to TV On-Demand services
Access to Sky Premium channels
Access to Add-On channels
Access to our range of tailored telephone packages
Access to our Internet Lite Services

TV Packs

Music and Games

MTV
The Box
VH1
Challenge TV

Family

TNT
Cartoon Network
Fox Kids
National Geographic Channel
Nickelodeon
Paramount Comedy Channel

Action

Sky One
Granada Men & Motors
Granada Plus
Sci-Fi Channel

Lifestyle

UK Gold
Carlton Food Network
Carlton Cinema
Living
UK Style

†† Availability varies on a regional basis

World

Animal Planet
Discovery Channel
Discovery Home & Leisure
The History Channel
Christian Channel Europe
UK Horizons
Bloomberg

News and Sport

Eurosport
CNN
BBC Parliament*
Sky News
BBC News 24*

*As funded by your TV licence

♦ BBC Parliament is available with any Pack, free of charge, on request

We may change our channel line-up from time to time.

Calculating your choice of viewing

Premium channels	Access	Access plus one pack	Access plus two packs	Access plus three packs	Access plus four packs	Access plus five packs	Access plus six packs
No Premium Channels	£9.99	£12.99	£14.99	£15.99	£17.99	£19.99	£20.99
Plus one Premium Channel	£25.99	£25.99	£27.99	£28.99	£30.99	£32.99	£33.99
Plus two Premium Channels	£28.99	£28.99	£30.99	£31.99	£33.99	£35.99	£36.99
Plus three Premium Channels	£32.49	£32.49	£34.49	£35.49	£37.49	£39.49	£40.49
Plus four Premium Channels	£34.49	£33.49	£35.49	£36.49	£38.49	£40.49	£41.49

Example: Access, plus two TV Packs, plus two Premium Channels per month = £30.99

In addition to the Packs, you can choose the following channels individually

Sky Premium Channels

Sky Sports 1
Sky Sports 2
Sky Sports 3^Δ
Sky Premier
Sky MovieMax
Sky Cinema^{ΔΔ}
Disney Channel^{♦♦}

Single Add-On Channels

FilmFour £5.99
Disney Channel^{♦♦} £6.99
Adult Channel/Playboy £7.99
Television X £7.99
The After Dark Pack (Adult Channel/Playboy & Television X) £10.99
Asian Language Channels^{***} £7.99
European Language Channels^{***} £1

^Δ Sky Sports 3 is available as a 'Free Bonus' Channel if you take either Sky Sports 1 or Sky Sports 2

^{ΔΔ} Sky Cinema is available as a 'Free Bonus' Channel if you take both Sky Premier and Sky MovieMax

^{***} See your Channel Guide for the Asian Language Channel and European Language Channels in your area, or call Customer Services

^{♦♦} Disney Channel is available as an Add-On channel at £6.99 or as a 'Free Bonus' Channel when you take both Sky Premier and Sky MovieMax

The prices listed are based on Direct Debit payment. If you choose to pay by another method such as cheque, Switch, or credit card, an additional £1 administration fee will be charged each month.

Cable telephone services are not available in the Millharbour service area.

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CABLE & WIRELESS
UK Consumer Division

Thursday 3 August

	SKY PREMIER PREMIUM CHANNEL	SKY MOVIEMAX PREMIUM CHANNEL	MOVIE RATINGS		
			Sky U: Suitable for viewing by all Sky PG: Parental Guidance suggested Sky 12: Suitable for viewers aged 12 years and over Sky 15: Suitable for viewing by people of 15 years or over Sky 18: Suitable for viewing by adults only Text: film is subtitled on page 888 of Fastext Widescreen: shown in cinema (letterbox) format		
MORNING	6.00 AM 6.20am Rusty: The Great Rescue 1997, rating Sky U, DS, 88 mins 8.00 Bedknobs and Broomsticks 1971, rating Sky PG, 112 mins 10.00 Shiloh 1997, rating Sky U, 87 mins 11.30 'Stuart Little' Making it Big 12noon Little Men 1997, rating Sky PG, 94 mins 2.00pm Bedknobs and Broomsticks Angela Lansbury, David Tomlinson Musical Disney film about an amateur witch who plans to help the British war effort during World War II. It takes her and the children she is caring for on a magical adventure to the bottom of the sea. 1971, rating Sky PG, 112 mins	6.45am To Catch a Yeti 1993, rating Sky PG, 88 mins 8.15 Spirit of the Eagle 1989, rating Sky U, 89 mins 10.00 McHale's Navy Text 1996, rating Sky PG, 104 mins 12noon An Unexpected Life Stephen Collins, Christine Ebersole 1998, rating Sky PG, 88 mins 2.00pm To Catch a Yeti Meat Loaf, Chantalle Kent, Jim Gordon, Leigh Lewis Children's adventure. When trailed by two hunters, a miniature yeti hides in a rucksack and ends up being carried to New York, where he is befriended by a young girl. But the hunters are still on the trail. 1993, rating Sky PG, 88 mins	SKY CINEMA PREMIUM CHANNEL	Cary Grant and Ronald Colman are 'The Talk of the Town' in this legal comedy. Carlton Cinema 7.00pm	
3.00 PM					
4.00 PM	4.00 Shiloh Michael Moriarty, Scott Wilson Family drama about an abused beagle who runs away into the loving arms of a young boy. His father insists the dog is returned to his rightful owner but, after further mistreatment, the boy decides to hide the animal. 1997, rating Sky U, 87 mins 5.30 'Start Little' Making it Big 6.00 Rusty: The Great Rescue Hal Holbrook, Rue McClanahan, Laraine Newman, Blake Foster Children's tale in which a menagerie of talking animals join forces to tackle an evil couple who use dogs to lure children into their custody. 1997, rating Sky U, DS, 88 mins 7.30 Barry Norman Interview with Alan Parker 8.00 The Avengers Ralph Fiennes, Uma Thurman, Sean Connery, Jim Broadbent Adaptation of the cult 1960s quirky spy series. A dastardly villain is out to control the weather but the English eccentric won't let him get away with it. Text 1997, rating Sky 12, 86 mins 9.30 As Good as It Gets Jack Nicholson, Helen Hunt Romantic comedy in which a sharp-tongued misanthrope falls for a feisty waitress. When he is forced to look after his gay neighbour's dog, he begins to bond with the creature and thus begins an escape from his self-imposed isolation, leading to a new awareness of the love still inside him. Text 1997, rating Sky 15, 133 mins 11.50 Midnight in the Garden of Good and Evil John Cusack, Kevin Spacey Crime drama. Text 1997, rating Sky 15, DS, 149 mins 2.25am The Myth of Fingerprints Noah Wyle, Julianne Moore Text 1997, rating Sky 15, 87 mins 3.55-5.40am The Goodbye Bird Cindy Pickett, Christopher Pettiet 1993, rating Sky U, 87 mins	4.00 Spirit of the Eagle Dan Haggerty, Ken Carpenter, William Smith, Jeri Arredondo Family adventure story in which a map-maker and his son arrive in the mountainous wilderness together with their pet eagle. When the son is kidnapped and sold to an Indian tribe, their feathered friend proves instrumental in rescuing him. 1989, rating Sky U, 89 mins 6.00 McHale's Navy Tom Arnold, Tim Curry, Ernest Borgnine, Dean Stockwell Comedy adventure based on the 1960s US series. A Naval Commander and his men lead a charmed life stationed on a sleepy Caribbean island until a maniacal major invades a nearby island, putting a damper on the sailor's easy lifestyle. Text 1996, rating Sky PG, 104 mins 8.00 Passing Glory André Braugher, Rip Torn, Sean Squire, Ruby Dee, Bill Nunn PREMIERE Fact-based drama about a black priest who lobbies for his unbeaten, all-black basketball team to play a championship in America's Deep South in the 1960s, where racism is rife and segregation the norm. 1999, rating Sky PG, 90 mins 9.40 Eviction 10.00 Lethal Weapon 3 Mel Gibson, Danny Glover, Gary Busey, Mitchell Ryan Riggs and Murtaugh return for another action comedy adventure. Murtaugh is about to retire but an ex-cop has set himself up as a major crime lord. 1992, rating Sky 15, 116 mins 12midnight An American Werewolf in Paris Comedy horror. Text Last Play 1997, rating Sky 15, 94 mins 1.40am The Entity 1983, rating Sky 18, 120 mins 3.45 Without Warning: Terror in the Towers 1993, rating Sky 15, 92 mins 5.25-7.10am An Unexpected Life	4.00pm Higher and Higher Frank Sinatra, Michele Morgan, Jack Haley, Leon Errol Musical comedy about a rich man fallen on hard times who relies on the help of his servants to regain his lost fortune. He tries all manner of slippery get-rich-quick schemes until he finds the answer to his problem right under his nose. 1943, rating Sky U, 86 mins 6.00 The Slender Thread Anne Bancroft, Sidney Poitier, Steven Hill, Telly Savalas Tense tale of a young woman who attempts suicide by overdosing on sleeping pills. But, a last minute change of heart leads to her calling a crisis centre, where a volunteer tries to keep her on the line until a rescue team can reach her. 1966, rating Sky PG, 94 mins 8.00 The Chase Marlon Brando, Robert Redford, Jane Fonda, Angie Dickinson Southern gothic melodrama in which all hell breaks loose in a Texan town when a dangerous escaped convict heads home. The inhabitants squirm with nervous unrest in anticipation of the anger and revenge he'll wield, as do the lawmen who must bring him in unharmed. 1966, rating Sky 15, 128 mins 10.15 North Dallas Forty Nick Nolte, Charles Durning, Mac Davis, Dayle Haddon Sports drama about a scandal within America's National Football League. Political and commercial conflicts expose the darker side of the game through the cynical eyes of a disenchanted receiver. 1979, rating Sky 18, 113 mins 12.15am Hard Contract James Coburn, Lee Remick 1969, rating Sky 15, 101 mins 2.05 Sweetie Genevieve Lemon, Karen Colston 1989, rating Sky 15, 95 mins 3.45 The Slender Thread 1966, rating Sky PG, 94 mins 5.25-6.00am Hollywood Hall of Fame: Marlon Brando	FILMFOUR ADD-ON CHANNEL 6.00pm The 400 Blows Jean-Pierre Leaud, Claire Maurier, Albert Rémy Documentary-like semi-autobiographical tale directed by François Truffaut. It follows a troubled teenager's antics to escape the bleakness of his family life which eventually lands him in prison and a psychiatrist's chair. 1959, 95 mins 7.40 Une Histoire d'eau 8.00 The Verdict Paul Newman, Charlotte Rampling, Jack Warden Powerful courtroom drama about an alcoholic Boston lawyer who tries to redeem his personal and professional reputation by tackling a difficult medical malpractice suit. The victim, a beautiful woman in a coma, draws an emotional response from him, inspiring him to passionately battle for victory. Text 1982, 123 mins 10.15 Taxi Driver Robert De Niro, Cybill Shepherd, Jodie Foster, Harvey Keitel Drama directed by Martin Scorsese. An ex-Vietnam soldier slowly slips into insanity as he witnesses whoring, pimping, violence and political trading on the streets of New York. Text 1976, 109 mins 12.05am Broadway by Light 12.25 Close Encounters of the Third Kind - Special Edition Cult sci-fi about a man's alien obsession. Text 1977, 132 mins 2.40 Herd 2.55 They Live Sci-fi thriller. 1988, 94 mins 4.35-6.00am Spacemaster X-7 Sci-fi thriller. Text 1958, 70 mins	
5.00 PM				Create your own personal TV diary: www.cableguide.co.uk	
6.00 PM				CARLTON CINEMA LIFESTYLE PACK	
7.00 PM				7.00pm Talk of the Town Cary Grant, Ronald Colman, Jean Arthur, Edgar Buchanan Comedy drama exporing attitudes towards the law. The innocent defendant in an arson and murder trial absconds and hides out with a school teacher and her lodger, a law professor. Together they bring the true perpetrator of the crime to justice. 1942, 118 mins 9.00 Young Guns II Emilio Estevez, Kiefer Sutherland, Christian Slater Western action sequel in which Billy the Kid and his gang are wanted men, heading for Mexico with government agents in pursuit. On the way, they enlist some new recruits to join their final shoot-out with the law. Widescreen 1990, 100 mins 11.00 Ishtar Warren Beatty, Dustin Hoffman, Isabelle Adjani, Charles Grodin Madcap comedy about two hopelessly untalented entertainers. 1987, 103 mins 1.00am Someone to Watch Over Me Tom Berenger, Mimi Rogers, Lorraine Bracco, Jerry Orbach Romantic thriller. 1987, 102 mins 3.00 Perfect John Travolta, Jamie Lee Curtis Widescreen 1985, 115 mins 5.15-7.00am Dakota Incident 1956, 86 mins	
8.00 PM					
9.00 PM					
10.00 PM					
11.00 PM					
12.00					
NIGHT TIME					

FRONT ROW	Channel 51 Matinee	Channel 51 Evening	Channel 52	Channel 53
SCREENING WHEN YOU'RE GOOD AND READY WITH CABLE & WIRELESS See channel 50 or your Front Row spread on pages 14, 15 for further details. KEY TO FILM CONTENT T/C: Theme/Content BL: Bad Language S/N: Sex/Nudity V: Violence	JACK FROST Rating PG, 98 mins Drama. A man who doesn't spend much time with his son gives him a harmonica which subsequently turns out to have unexpected powers. Stars Michael Keaton and Kelly Preston. T/C: Fantasy, children. BL: Occasional, moderate. S/N: Occasional, mild references. V: None 5.00am, 7.00am, 9.00am, 11.00am, 1.00pm	NOTTING HILL Rating 15, 119 mins Romantic comedy. The world's most famous movie actress falls for a struggling and rather shy bookseller who lives in West London. Stars Hugh Grant and Julia Roberts. T/C: Romantic comedy. BL: Infrequent, strong. S/N: Some comic references. V: None 3.30pm, 5.45pm, 8.00pm, 10.15pm, 12.30am, 2.45am	CRUEL INTENTIONS Rating 15, 94 mins Drama. A spoiled rich girl challenges her stepbrother to seduce a headmaster's virgin daughter. Stars Sarah Michelle Gellar and Ryan Phillippe. T/C: Drama, sexual relationships. BL: Occasional, strong. S/N: Some moderate, strong references. V: Once, mild. 6.30pm, 8.30pm, 10.30pm, 12.30am, 2.30am	THE WATERBOY Rating 12, 87 mins Comedy. A student takes a job as a janitor and is mocked by his fellows. However, one day he retaliates - with unexpected results. Stars Adam Sandler and Henry Winkler. T/C: Comedy, American football. BL: Once strong, some mild. S/N: Some mild references. V: Infrequent, mild. 7.15pm, 9.00pm, 10.45pm, 12.30am, 2.15am, 4.00am

SKY ONE ACTION/ SELECTION PACKS	UK GOLD LIFESTYLE/ SELECTION PACKS	LIVING LIFESTYLE PACK	GRANADA PLUS ACTION PACK	DISNEY CHANNEL ADD-ON/ PREMIUM CHANNEL	
6.00am Long Play 7.30 Mega Babies 8.00 Godzilla 8.30 Mummies Alive 9.00 Pokémon 9.30 Pokémon 10.00 Pokémon 10.30 The Simpsons Text 11.00 World Wrestling Federation – Metal 12noon The New Adventures of Superman Text 1.00pm Dream Team Text 2.00 Mega Babies 2.30 Godzilla 3.00 Mummies Alive <i>Dead Man Walking</i> Rath suffers from amnesia. Text 3.30 Pokémon <i>Fire and Ice</i> Ash faces a foe on the Rock field. 4.00 Pokémon <i>A Friend in Deed</i> Ash battles in the Pokémon League Tournament. 4.30 Pokémon <i>Friend and Foe Alike</i> 5.00 Star Trek Another episode of the popular science fiction drama series set in a future where the planet Earth is just one of many inhabited worlds. 6.00 Veronica's Closet <i>Veronica's Model Search</i> A cover model is needed. Text 6.30 Friends <i>The One with the Girl Who Hits Joey</i> Text 7.00 The Simpsons <i>You Only Move Twice</i> Text 7.30 The Simpsons <i>Brother from Another Series</i> Sideshow Bob is released from jail in his brother's custody. Text 8.00 Popular <i>The Slumber Party Massacre</i> Comedy drama series. A slumber party leads to trauma for Carmen on her 16th birthday. With Leslie Bibb and Carly Pope. 9.00 Friends <i>The One with Frank Jr</i> Phoebe tries to be more friendly towards her half-brother. Text 9.30 ER <i>Make a Wish/One More for the Road</i> The condition of Dr Benton's baby improves, Dr Carter wants to change his residency programme and Nurse Hathaway and Dr Ross share a kiss. With Anthony Edwards, George Clooney, Eriq La Salle and Julianna Margulies. 11.30 Friends <i>The One with the Girl Who Hits Joey</i> Text 12midnight Star Trek 1.00am New York Undercover <i>The Last Hurrah</i> Text 2.00 In the Heat of the Night <i>An Occupational Hazard</i> 2.50 In the Heat of the Night 3.40 In the Heat of the Night 4.30 In the Heat of the Night 5.20 The Newlywed Game 5.40-6.00am The Newlywed Game	6.00am The Liver Birds 6.40 Bread Text 7.15 Birds of a Feather 7.50 Open All Hours 8.25 EastEnders Text 9.00 The Bill Text 9.30 The Bill Text 10.00 Bergerac 11.00 Knots Landing 11.55 Neighbours 12.25pm EastEnders Text 1.00 Dangerfield 2.00 Knots Landing 3.00 The Bill <i>Performing</i> A former porn actress finds her past returning to haunt her. Text 3.30 The Bill <i>Playing with Fire</i> Text 4.00 EastEnders Pat has her hands full with babies. Text 4.35 Neighbours Pam discovers the truth about Doug's new job. 5.00 The Liver Birds <i>Badgers and Otters</i> Classic sitcom about the antics of two flat-sharing Liverpudlians. 5.40 Bread Shifty tries to get rid of a gold brooch, while Adrian signs up as a model. Text 6.20 The Brittas Empire <i>We All Fall Down</i> Whitby celebrates World Peace and Hunger Day. 7.00 The Good Life <i>Plough Your Own Furrow</i> Tom Good becomes tired of the commuter's life. 7.40 Birds of a Feather <i>Mummies and Daddies</i> Sharon agrees to be Tracey's birthing partner. 8.20 Open All Hours Sitcom about a miserly shopkeeper and his downtrodden nephew and assistant. 9.00 The Royle Family Comedy series. It is Dad's birthday and the rest of the family won't let him ignore it. 9.40 Men Behaving Badly <i>Weekend</i> Gary and Dorothy try to spice up their sex life. 10.20 Absolutely Fabulous <i>New Best Friend</i> Edina and Patsy's friendship hits a rocky patch. Text 11.00 Gimme, Gimme, Gimme <i>Do They Take Sugar?</i> Linda's long-lost sister takes refuge in the flat. Text 11.40 The Bill <i>Performing</i> Text 12.10am The Bill Text 12.45 Live at Jinglelours 1.20 The Royle Family 2.00 Men Behaving Badly 2.30 Monty Python's Flying Circus 3.10 EastEnders Text 3.45 Casualty Text 4.40 Dynasty 5.30-6.00am Angels	6.00am Ready, Steady, Cook 6.30 Can't Cook, Won't Cook 7.00 Tiny Living 9.00 Brookside 9.30 Home and Away 10.00 The Jerry Springer Show 10.50 Forgive or Forget 11.40 Maury Povich 12.30pm Special Babies 1.00 Reality Slot 1.30 Judge Judy 2.00 Streetmate 2.30 Maury Povich More emotional conflicts discussed. 3.20 Party of Five <i>Good Sports</i> Bailey's loyalty to his team-mates gets him into trouble at school, while Julia's desire to impress her new friends leads to problems. 4.10 Mystic Challenge Psychics, astrologers and palmists put their powers to the test. 4.40 Forgive or Forget Host Mother Love attempts to resolve a variety of problems by giving guests the opportunity to show forgiveness. 5.30 Ready, Steady, Cook Two top chefs compete against the clock to create exciting recipes from mystery ingredients. 6.10 The Jerry Springer Show Outrageous US talk show in which Jerry and his guests discuss relationship issues. 7.00 Judge Judy The outspoken New York family court judge presides over more real-life cases and conflicts. 7.30 Will and Grace US sitcom about two flatmates. 8.00 Charmed Drama series about a trio of sisters who find that they have inherited their grandmother's powers of witchcraft. With Shannen Doherty. 9.00 FILM: Deceived <i>Goldie Hawn, John Heard, Ashley Peldon, Robin Bartlett</i> Thriller. A New York art restorer unravels a web of deceit and murder following the death of her apparently perfect husband. As one shocking disclosure follows another, she discovers an increasing number of harsh truths about the man she once loved. 1991 11.00 Secret Suburbia Another peep at what goes on behind the net curtains. 11.20-12midnight Eden Adult drama.	6.00am Hawaii Five-0 7.00 Plus on Plus 7.30 Jokers Wild 8.00 Hogan's Heroes 8.30 George and Mildred 9.00 Classic Coronation Street Text 9.30 Second Thoughts 10.00 Mission: Impossible 11.00 Only When I Laugh 11.30 Batman 12noon Classic Coronation Street Text 12.30pm Second Thoughts 1.00 George and Mildred 1.30 Robin's Nest 2.00 Hawaii Five-0 3.00 Mission: Impossible <i>The Controller – Part II</i> The team has to contend with a mind-destroying drug that could enslave the free world. With Peter Graves and Martin Landau. 4.00 Kojak <i>May the Horse Be With You</i> Kojak investigates when a retired police officer gets assaulted while trying to prevent the theft of a valuable racehorse. 5.00 Hart to Hart <i>What Murder?</i> Light-hearted mystery series about a glamorous husband and wife sleuthing team. With Robert Wagner and Stefanie Powers. 6.00 Bullseye Darts quiz hosted by Jim Bowen. 6.30 Classic Coronation Street Audrey persuades Alf to take her out for lunch. Text 7.00 Batman <i>Fine Feathered Finks</i> 7.30 Robin's Nest <i>Away from All What?</i> Robin and Vicky decide to take a well-earned holiday. 8.00 Boon <i>Sickness and Health</i> Comedy drama series. Helen helps an old friend and gives shelter to a battered wife – whose husband then turns up. 9.00 Kojak <i>Photo Must Credit Joe Paxton</i> A photographer comes under suspicion after the mysterious disappearance of an actress. 10.00-11.00pm Taggart <i>Instrument of Justice – Part II</i>	4.30am New Adventures of Winnie the Pooh 4.45 Music Time 4.50 Rolie Polie Olie 5.00 Bear 5.25 Art Play 5.30 PB and J Otter 5.45 Bite Size 6.00 Toons 6.05 Circle Time 6.10 Rolie Polie Olie 6.20 The Adventures of Spot 6.30 Out of the Box 7.00 Mickey Mouseworks 7.30 101 Dalmatians 8.00 Aladdin 8.30 Recess 9.00 Double Art Attack 9.35 Sabrina 10.00 FILM: Pocahontas 1995 11.15 Recess 11.30 Miami 7 12noon Circus Kids 12.30pm Boy Meets World 1.00 FILM: The Thirteenth Year 1999 2.30 Mickey Mouseworks 3.00 101 Dalmatians 3.15 100 Deeds for Eddie McDowd <i>A Dog's Life</i> Text 3.45 The Famous Jett Jackson A child star returns home. Text 4.15 Honey, I Shrunk the Kids: The TV Show <i>Honey, He's Not Abominable, He's Just Misunderstood</i> Amy meets a friendly Yeti. Text 5.00 Recess Animated series from the creators of <i>Rugrats</i>. Text 5.30 Smart Guy More fun with the super-intelligent child prodigy. Text 6.00 Teen Angel <i>Honest Abe and Popular Steve</i> Marty continues his mission to make Steve popular. Text 6.30 Home Improvement <i>A House Divided</i> Text 7.00 FILM: Pocahontas <i>Voices of Irene Bedard, Mel Gibson, David Ogden Stiers</i> Animated drama telling the story of a Native American princess and her ill-fated love for an English sea captain. Text 1995 8.20 Honey, I Shrunk the Kids: The TV Show <i>Honey, I'm in the Mood for Love</i> Wayne concocts an aphrodisiac from chocolate. Text 9.00 Flipper Another live action marine adventure in Florida with TV's most famous dolphin. Text 9.45 Dinosaurs Prehistoric fun. Text 10.10 Home Improvement Comedy double bill. Text 11.00 Dr Quinn: Medicine Woman Text 11.50-12midnight Toons	6.00 AM MORNING 3.00 PM 4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00 NIGHT TIME
CABLE CHECK Some of the channels listed may not be available in your area			GRANADA MEN & MOTORS ACTION PACK 11.00pm Motor Week Magazine series taking a look at the motoring industry. 11.30 Motorsport Mundial Coverage of worldwide motorsport championships. 12midnight Carfile <i>Volvo V70</i> 12.30am Kits 'n' Cruising Magazine for fans of kit cars, hot-rods and other specialist vehicles. 1.00 Motomania! Motoring magazine. 1.30-2.00am The Big Bang More spectacular motoring stunts, crashes and amazing escapes.	THE BOX MUSIC & GAMES PACK Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXfresh – latest videos available; BOXtalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions. THURSDAY CONTINUES OVERLEAF...	

CABLE CHOICE

FILM

Young Guns II
Carlton Cinema 9.00pm
Emilio Estevez reprises his role of Billy the Kid in this engaging Western sequel. Snappy modern dialogue and good old-fashioned shoot-em-up action gels well as Estevez and his brat pack accomplices attempt to stay one step ahead of the law.

GENERAL

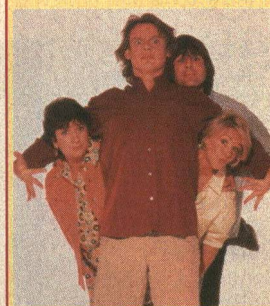
Food from the Village
Carlton Food Network 1.30pm
A new series, filmed on location in Cyprus, which takes a look at the tastes and flavours of this historic island. Thane Prince and head chef of the renowned Hotel Annabelle, Polycarpus Demetriou, dish up simple and healthy dishes such as today's traditional Cypriot buffet.

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UK GOLD

SUMMER NIGHTS OF COMEDY FROM 9.00PM

I don't believe it! This month UK Gold is devoting weekday evenings to some of the nation's favourite comedy programmes. From One Foot in the Grave and Only Fools and Horses to Men Behaving Badly and Absolutely Fabulous, there's something here for everyone.

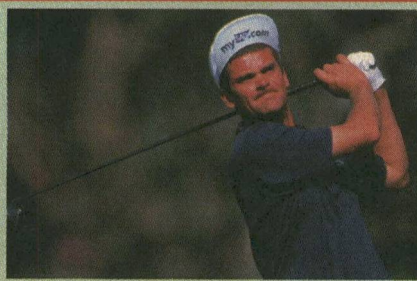


Thursday 3 August

	EUROSPORT NEWS & SPORT/ SELECTION PACKS	SKY SPORTS 1 PREMIUM CHANNEL	SKY SPORTS 2 PREMIUM CHANNEL	SKY SPORTS 3 PREMIUM CHANNEL	SCI-FI ACTION PACK	MTV MUSIC & GAMES PACK
MORNING	6.00 AM 7.30am Equestrianism 8.30 Sailing 9.00 Football 11.00 Start Your Engines 12noon Motorsports 1.00pm Motocross World Championship action from Grobbendonk, Belgium. 1.30 Superbike 2.00 Football Coverage of the second leg of the Uefa Champions' League second qualifying round.	7.00am Sports Centre 7.15 WWF - Superstars 8.15 Sports Centre 8.30 Racing News 9.00 Aerobics Oz Style 9.30 Australian Rally Championships 10.00 World Cup Football: 1986 11.45 Sky Sports Classics: Rugby Union - England v South Africa 12noon Aerobics Oz Style 12.30pm Euro Tour Weekly 1.00 Euro Tour Golf: Volvo Scandinavian Masters - LIVE Putt-by-putt golfing action from day one of this year's tournament. It is staged at Kungsängen in Stockholm, Sweden where a total prize fund of 1.6m euros is on offer. Last year, Colin Montgomerie collected his fourth title of the season with an incredible nine-stroke winning margin.	7.00am Aerobics Oz Style 7.30 Sports Centre 7.45 Racing 8.15 Futbol Mundial 8.45 Sports Centre 9.00 Telegraph Action Sport 9.30 Wild Spirits 10.00 World Corporate Games 11.00 Golf: Beazer Homes Challenge Tour Championships 12noon Futbol Mundial 12.30pm Horsepower 1.00 World Corporate Games 2.00 Australian Rally Championships 2.30 Rugby League World All the latest rugby league developments from around the world, from the battlefields of the Super League to the intensity of the Australian National Rugby League.	12noon Watersports World 1.00pm Telegraph Action Sport A brand new adventure into the world of action sports. 1.30 Wild Spirits Extreme sports action. 2.00 Steve Davis and Friends: Barry Hearn Snooker legend and former world champion Steve Davis chats with Barry Hearn.	8.00am Buck Rogers in the 25th Century 9.00 The Time Tunnel 10.00 Project UFO 11.00 The Incredible Hulk 12noon Babylon 5 1.00pm Highlander: The Raven 2.00 Buck Rogers in the 25th Century <i>Planet of the Slave Girls - Part II</i>	6.00am Select MTV 8.00 MTV Hits 9.00 Bytesize MTV 11.00 MTV Hits A roller coaster of uninterrupted music videos. 12.30pm Daily Edition Emma Ledden and Edith Bowman deliver the latest showbiz stories. 1.00 MTV Hits Smash hits and videos.
3.00 PM				3.00 World Cup Football: Official FIFA Film - 1986 World Cup World Cup action from Mexico in 1986.	3.00 Robocop <i>Public Enemies</i> RoboCop must save the President and First Gentleman from an assassination plot.	3.00 Bytesize MTV A constant barrage of bizarre moments from the global MTV network. 3.55 MTV's Pop Single of the Week 4.00 Select MTV Viewers make MTV their personal jukebox. Live from London every day, Richard Blackwood hosts the request show which includes chat, videos and guest appearances from some of the most promising names in the pop industry.
4.00 PM	4.00 Strongest Man Coverage of the Polish Grand Prix.		4.00 Trans World Sport All the latest, ground-breaking sports stories from across the world with some humour thrown in.	4.45 Sky Sports Classics: Rugby Union - England v South Africa	4.00 The Time Tunnel <i>Town of Terror</i> The travellers land in a New England town that has been taken over by aliens.	
5.00 PM	5.00 Truck Sports Action from the fourth round of the Europa Truck Trial in Pécs, Hungary.	5.00 World Wrestling Federation - Superstars Join Kevin Kelly as he hosts an action-packed sporting programme.	5.00 Wild Spirits 5.30 Gaelic Games Action from the annual summer festival, one of the last truly amateur sporting festivals in the world.	5.00 TVR Tuscan Challenge Action from the 12th TVR Tuscan Challenge season.	5.00 Project UFO <i>The Incident of the Cliffs</i> A young woman with a history of mental illness sees four bright blue and white UFOs.	
6.00 PM	6.00 Racing Line Formula 3000 highlights from Hockenheim.	6.00 Sky Sports Centre Stories and reports. 6.30 FIFA TV The show that examines football philosophies.	6.30 Inside the PGA Tour Behind the scenes. 7.00 Euro Tour Golf: Volvo Scandinavian Masters The majestic King's course at Kungsängen Golf Club welcomes the stars of the European Tour to its greens for the 2000 Volvo Scandinavian Masters. Highlights from the first day's play will no doubt focus on Colin Montgomerie as he begins the defence of his title.	6.30 Tight Lines Bruno Brookes hosts the show for fishing fanatics and offers advice to viewers phoning in with their questions.	6.00 The Incredible Hulk <i>Deep Shock</i> David Banner tries to reverse the effects of an experiment.	6.00 Bytesize MTV A non-stop mix of some of the highlights from the MTV global network.
7.00 PM	7.00 Football - LIVE Coverage of a friendly tournament from Bari in Italy. The competition features three of the Serie A sides with Juventus, Inter Milan and Bari each taking part. All the clubs meet the other two in a total of three matches.	7.00 Speedway: Elite Speedway League - Eastbourne v Peterborough - LIVE Arlington Stadium is the venue for the latest action from the Elite Speedway League as Eastbourne take on Peterborough.		7.30 Five-a-Side Football: National Five-a-Side Football Championship Youngsters out to impress and veterans who still have dreams of being plucked from obscurity compete in the National Five-a-Side Football Championship. Teams from around Britain, representing a variety of age groups, compete at Hackney Marshes.	7.00 Highlander: The Raven <i>Passion Play</i> Thirty years ago Lucy Becker was used, now it's her turn to seek revenge.	7.00 MTV Hits Another hour of back-to-back smash hits.
8.00 PM				10.00-11.30pm World Cup Classics: Argentina v Haiti Today's <i>World Cup Classics</i> focuses on a must-win Group Four match from the 1974 World Cup finals as Argentina and Haiti play out a five-goal thriller.	8.00 Babylon 5 <i>Exogenesis</i> Space sci-fi series. Marcus and Franklin investigate a series of deaths caused by a parasite.	8.00 MTV Dance Floor Chart Show Dance diva June Sarpong has all the biggest tunes hitting the dance floors around the UK.
9.00 PM	9.00 Boxing Action from a top class international contest.	9.30 Test Cricket: England v West Indies - Third Test Highlights of the first day's play in the third Test at Old Trafford. These two former Goliaths of the world cricket stage are looking for a good convincing victory at this crucial stage of the series.	9.00 Ford Golf USA: The International Presented by Qwest - LIVE One of the more novel events on the US PGA Tour swings into action today. Points are awarded for the number of shots taken on each hole and the player with the top score after four days wins.		9.00 Babylon 5 <i>Messages from Earth</i> Sheridan discovers a terrifying new alliance between the Shadows and another race.	9.00 Daily Edition Emma Ledden and Edith Bowman deliver stories from the world of showbiz. 9.30 FANatic: Spice Girls/Cindy Crawford 10.00 The Tom Green Show More offbeat humour from the Canadian comic.
10.00 PM					10.00 FILM: Witchboard - The Possession <i>David Nerman, Locky Lambert, Cedric Smith</i> Lured by a spirit, a man passes through a portal connecting the physical world and a parallel universe. 1995	10.30 Celebrity Death Match 11.00 MTV Dance Floor Chart Show Dance diva June Sarpong has all the biggest tunes hitting the dance floors around the UK.
11.00 PM	11.00 Racing Line Magazine show with Formula 3000 action from Hockenheim.	11.30 Sky Sports Centre 11.45 TVR Tuscan Challenge Motor racing action. 12.15am World Cup Football: Official FIFA Film - 1986 World Cup 2.00 Sky Sports Classics: Italy v England 2.15-2.30am Sky Sports Centre	11.00 Gaelic Games Action from the annual summer festival, one of the last truly amateur sporting festivals in the world.		11.45 Sci-Focus Special <i>12midnight Lexx The Key</i> 1.00am FILM: <i>House of William Katt, George Wendt</i> Horror. An author moves to the house where his aunt lived. 1986 2.40 Sci-Focus Special 3.00-4.00am Babylon 5	10.30 Celebri-ty Death Match 11.00 MTV Dance Floor Chart Show Dance diva June Sarpong has all the biggest tunes hitting the dance floors around the UK. 12midnight Partyzone Club culture show with an in-depth look at the current dance scene. 1.00am-6.00am Night Videos Music and videos to keep you company through the small hours.
NIGHT TIME	12midnight-12.30am Superbike Magazine show.		12midnight World Corporate Games 1.00am TVR Tuscan Challenge 1.30 Elite Speedway League - Eastbourne v Peterborough 4.00-4.15am Sky Sports Centre			

LIVE EURO TOUR GOLF: VOLVO SCANDINAVIAN MASTERS SKY SPORTS 1 1.00PM

Colin Montgomerie was in full flow at the Scandinavian Masters last year, when he won by nine strokes from home favourite Jesper Parnevik (pictured) at the Barseback GC, Malmö. Monty will have his work cut out this week at Kungsängen GC, Stockholm, because Parnevik would love to go one better this year, and joining him in the Scandinavian contingent contesting the 1.6m euros title, will be compatriots Mathias Grönberg and Fredrik Jacobson, and also Thomas Björn of Denmark.



PLAYBOY TV/ ADULT CHANNEL ADD-ON CHANNEL

10.00pm Freeview 10.06 Amy Lynn Baxter 11.15 Rendezvous 12midnight Freeview 12.10am Banged Up 12.40 Debutantes 1.00 FILM: No Man's Land 2.20 Our First Time 2.40 Kinky Clubbers 2.55-4.00am FILM: First Time Ever - The New Harvest

Adult Nightview is now available as a TV on-demand service between 10.00pm and 4.00am at £4.95. See channel 50 for details

TELEVISION X ADD-ON CHANNEL

12midnight Ten Minute Preview 12.10am Voyeur 12.40 FILM: Diggin' The Dirt 1.00 Five Minute Freeview 1.05 FILM continues 1.55 Search for a Star 2.20 FILM 3.30-4.00am Golightly

Adult Nightview is now available as a TV on-demand service between 12midnight and 4.00am at £4.95. See channel 50 for details

VHI MUSIC & GAMES PACK	ANIMAL PLANET WORLD PACK	 Join this comedian on his bus tour in 'Next Stop, Phil Kay'. UK Play 4.55am	UK STYLE LIFESTYLE PACK	UK HORIZONS WORLD/ ACCESS PACKS	CARLTON FOOD NETWORK LIFESTYLE PACK	
6.00am Power Breakfast 8.00 Pop-Up Video 9.00 Upbeat 12noon Ten of the Best: The Corrs The Irish pop family pick their ten favourite videos. 1.00pm Greatest Hits: The Corrs 1.30 Pop-Up Video 2.00 Party in the Park 99 Last July, around 100,000 people gathered in Hyde Park to witness one of the biggest concerts of the year. Among the many luminaries performing were The Corrs, Eurythmics, Steps and Ricky Martin. 4.00 VH1 to One: The Corrs NEW Kate Thornton gets the low-down on The Corrs. 4.30 Greatest Hits: The Corrs 5.00 Ten of the Best Irish Artists: Presented by The Corrs The Corrs pick their best, including U2 and Boyzone. 6.00 VH1 to One: The Corrs 6.30 Greatest Hits: The Corrs A collection of their biggest-selling tracks. 7.00 Top Ten The biggest and best chart-topping tunes. 8.00 Fleadh 2000 Highlights of the top festival held in Finsbury Park earlier this year, featuring a prestigious array of Irish, Celtic and international talent. Among the performers are The Corrs, Billy Bragg, Suzanne Vega, Richard Thompson, Lonnie Donegan and Cathal Coughlan. 10.00 VH1 to One: The Corrs Get the low-down on the talented Irish family band. 10.30 Greatest Hits: The Corrs 11.00 Ten of the Best: The Corrs The talented Irish family band choose their 10 favourite tracks of all time. 12midnight Ten of the Best Irish Artists: Presented by The Corrs 1.00am Storytellers: Billy Joel Billy Joel talks about his life and career. 2.00 VH1 Flipside 3.00-6.00am VH1 Late Shift	12noon Croc Files 12.30pm Going Wild with Jeff Corwin Yellowstone National Park 1.00 Jack Hanna's Zoo Life Riverbanks Zoo 1.30 Jack Hanna's Zoo Life Willie B Zoo 2.00 Pet Rescue 2.30 Kratt's Creatures Arribada I - the Sea Turtle Invasion 3.00 Zig and Zag A gameshow and sports competition for dogs. 3.30 Zig and Zag More doggy displays of agility and intelligence. 4.00 Animal Planet Unleashed Howie Watkins learns how to spin rabbit fur. 4.30 Croc Files Kids' wildlife series. 5.00 Pet Rescue Follow RSPCA rescues. 5.30 Going Wild with Jeff Corwin Glacier National Park, Montana 6.00 The Aquanauts A journey across Egypt's Sinai Peninsula. 6.30 Croc Files Steve and Terri Irwin explore Tasmania. 7.00 The Whole Story Spiders A detailed look at arachnids, the supreme predators of the invertebrate world. 8.00 Wildlife ER A look at life in a US wildlife centre. 8.30 Wildlife ER A look at life in a US wildlife centre. 9.00 Crocodile Hunter Steve's Most Dangerous Adventures Highlights from the making of the series. 10.00 Champions of the Wild Sharks with Sam Gruber and Tim Calver 10.30 Two Worlds World of the Reef Shark 11.00 Country Vets A German shepherd has a mystery illness. 11.30-12midnight Country Vets Real-life animal stories.	ITV2 ACCESS PACK	7.00am Holiday in Style 8.00 Ready, Steady, Cook 8.30 Can't Cook, Won't Cook 9.00 Changing Rooms: New Zealand 9.30 Real Rooms 10.00 Change That 10.30 A Room with a Clue 11.00 Repair to Remember 11.30 Fantasy Rooms 12noon Good Living 12.30pm Style Challenge 1.00 Delia Smith's Summer Collection 1.30 Ready, Steady, Cook 2.00 Gardening Neighbours 2.30 Gardeners' World 3.00 Garden Magic Instant solutions to gardening dilemmas. 3.30 Gardening from Scratch Novice gardening show. 4.00 Stefan's Garden Roadshow With Stefan Buczaczi. 4.30 Good Living Tips for taking the stress out of children's parties. 5.00 Can't Cook, Won't Cook Cookery challenge. 5.30 Changing Rooms: New Zealand Find out what colours and styles lie within the imagination of New Zealand's designers. 6.30 Antiques Roadshow Canterbury 7.00 Real Rooms London Narrow Boat Makeover show. 7.30 Change That Mark Curry presents the interior design roadshow. 8.00 Style Challenge Fashion experts give people dream makeovers. 8.30 Which Craft? A look at the ancient art of basket weaving. 9.00 Looking Good Lowri Turner presents the fashion and beauty series. 9.30 How Does Your Wallpaper Hang? More problem solving and DIY help with Mark Jeffries and a team of experts. 10.30 House Invaders Caversham A trunk is turned into a window seat. 11.00 Front Gardens New Estate Garden How to brighten up a communal garden. 11.30 Garden Magic Instant gardening solutions. 12midnight Gardeners' World Gardening show presented by Alan Titchmarsh. 12.30am-1.00am Stefan's Garden Roadshow Stefan Buczaczi offers help and advice on a variety of gardening dilemmas.	7.00am Tomorrow's World Plus 7.50 Dream House 8.20 Animals in Uniform 8.50 Vets to the Rescue 9.20 Tomorrow's World Plus 10.15 Killing for a Living 11.15 The Deep 2 12.15pm Animals in Uniform 12.45 City Hospital 1.45 The Shop 2.15 The Shop 2.45 Conspicuous Consumption A look at the expansion of Harvey Nichols as it opens its first branch in Leeds. 3.45 Vets to the Rescue Heartwarming stories of pets in need. 4.20 Animal Hospital Rolf Harris catches up with the action at RSPCA Harmsworth Hospital. 4.50 Zoo A new arrival is expected at London Zoo. 5.25 The Cruise Double or Quits 5.55 City Hospital Gaby Roslin and her team report on the triumphs and trials of patients and staff at the busy Southampton General Hospital. 6.55 Future Fantastic Brave New Body A realistic look at the first step towards building a bionic man. 7.30 Local Heroes South 8.00 Animal Hospital Rolf Harris catches up with the action at RSPCA Harmsworth Hospital. 8.30 What Went Wrong? 9.00 The Cruise Double or Quits A look at life on a liner. 9.35 HMS Brilliant Mickey Gets a Message Istanbul is the setting for the officers' cocktail party. 10.35 Making Marines Training elite soldiers. 11.30 Paddington Green Follow the daily goings-on of London residents. 12.05am-1.00am Dark Angels A film on an elite corp of the French police, responsible for top secret missions.	7.00am Tessa's Tastebuds 7.30 Kitchen College 8.00 Food Network Daily 8.45 Quick Cooks 9.00 Cooking in the Kitchen 9.30 Classic Dishes 10.00 The Green Gourmet 10.30 Simply Puddings 11.00 Flash in the Pan 11.30 Loyd's Louisiana 12noon Four Burners and a Grill 12.30pm Waitrose in Season 1.00 Kitchen College 1.30 Food from the Village 2.00 Food Network Daily 2.45 Quick Cooks 3.00 Jenny Bristow Cooking in the Kitchen 3.30 Tessa's Tastebuds Oats and Oatmeal 4.00 Simply Puddings Special Occasions 4.30 Classic Dishes Top chef Henry Harris cooks sausage and mash. 5.00 A to Z of Food and Beauty 5.30 Four Burners and a Grill 6.00 Coxon's Kitchen College 6.30-7.00pm Cocktail Challenge	6.00 AM MORNING 3.00 PM 4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00 PM
8.00 The Extremists Series about hair-raising sports and activities. 6.30 Boxing First	8.00 The Extremists Series about hair-raising sports and activities. 6.30 Boxing First	8.00 The Extremists Series about hair-raising sports and activities. 6.30 Boxing First	8.00 The Extremists Series about hair-raising sports and activities. 6.30 Boxing First	8.00 The Extremists Series about hair-raising sports and activities. 6.30 Boxing First	8.00 The Extremists Series about hair-raising sports and activities. 6.30 Boxing First	8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00 PM
12midnight Ten of the Best Irish Artists: Presented by The Corrs 1.00am Storytellers: Billy Joel Billy Joel talks about his life and career. 2.00 VH1 Flipside 3.00-6.00am VH1 Late Shift	12midnight Ten of the Best Irish Artists: Presented by The Corrs 1.00am Storytellers: Billy Joel Billy Joel talks about his life and career. 2.00 VH1 Flipside 3.00-6.00am VH1 Late Shift	12midnight Ten of the Best Irish Artists: Presented by The Corrs 1.00am Storytellers: Billy Joel Billy Joel talks about his life and career. 2.00 VH1 Flipside 3.00-6.00am VH1 Late Shift	12midnight Ten of the Best Irish Artists: Presented by The Corrs 1.00am Storytellers: Billy Joel Billy Joel talks about his life and career. 2.00 VH1 Flipside 3.00-6.00am VH1 Late Shift	12midnight Ten of the Best Irish Artists: Presented by The Corrs 1.00am Storytellers: Billy Joel Billy Joel talks about his life and career. 2.00 VH1 Flipside 3.00-6.00am VH1 Late Shift	12midnight Ten of the Best Irish Artists: Presented by The Corrs 1.00am Storytellers: Billy Joel Billy Joel talks about his life and career. 2.00 VH1 Flipside 3.00-6.00am VH1 Late Shift	12.00 PM 1.00 PM 2.00 PM 3.00 PM 4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00 PM
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CHALLENGE TV MUSIC & GAMES PACK	CHALLENGE TV MUSIC & GAMES PACK	CHALLENGE TV MUSIC & GAMES PACK	CHALLENGE TV MUSIC & GAMES PACK	CHALLENGE TV MUSIC & GAMES PACK	CHALLENGE TV MUSIC & GAMES PACK	CHALLENGE TV MUSIC & GAMES PACK
5.00pm Cross Wits 5.30 Sale of the Century Presented by Keith Chegwin. 6.00 Family Fortunes 6.30 100% Fast-paced quiz show. 7.00 Stars in Their Eyes 7.30 Beadle's About 8.00 Gladiators 9.00 Whittle 9.30 Strike it Lucky 10.00 Sale of the Century 10.30 Family Fortunes 11.00 Stars in Their Eyes	11.30 Endurance II 12midnight Beadle's About 12.00am Gladiators 1.30 The Cooler 2.00 Karaoke Challenge 2.30 3-2-1 3.30 The Krypton Factor Gordon Burns hosts the gruelling test of physical stamina and mental agility. 4.00 Say the Word 4.30 Whittle 5.00-6.00am Shopping with Screenshop	6.00am The Joy of Painting 6.30 Garden Calendar 7.00 The Great Gardening Plot 7.30 Doing It Up 8.00 How to with B & Q 8.05 The House Doctor 8.35 Our House Down Under 9.05 The Joy of Painting 9.35 Garden Calendar 10.05 How to with B & Q 10.10 The Great Gardening Plot 10.40 Two's Country 11.10 Last in the League 11.40 Home Savvy	12.10pm How to with B & Q 12.15 Hometime 12.45 Classic This Old House 1.15 Home Again with Bob Vila 1.45 Wood Wizard 2.15 How to with B & Q 2.20 The New Yankee Workshop 2.50 Kingsbury Square 3.20 Rex Hunt Fishing Adventures 3.50-4.00pm How to with B & Q	10.00am World Wind Surf 11.30 Boardstupid 11.00 Mountain Bikes 11.30 Byte Me 12noon Chili Factor 12.30pm World Wind Surf 1.00pm High Adrenalin Action 1.30 Boardstupid 2.00 Mountain Bikes 2.30 Chili Factor 3.00 Skateboard Special 3.30 Adrenalize 4.00 World Wind Surf 4.30 Boardstupid 5.00 Mountain Bikes 5.30-6.00pm Byte Me	6.00pm LITV - Local Life A daily magazine programme featuring local news, events and lifestyle features. 6.30 What's On TV 7.00 LITV - Local Life 7.30 YCTV Programmes made by the stars of tomorrow featuring the stars of today. 8.00 Student Showcase 8.30 What's On TV 9.00-9.30pm LITV - Local Life	12.00 PM 1.00 PM 2.00 PM 3.00 PM 4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00 PM
CHALLENGE TV MUSIC & GAMES PACK	CHALLENGE TV MUSIC & GAMES PACK	CHALLENGE TV MUSIC & GAMES PACK	CHALLENGE TV MUSIC & GAMES PACK	CHALLENGE TV MUSIC & GAMES PACK	CHALLENGE TV MUSIC & GAMES PACK	CHALLENGE TV MUSIC & GAMES PACK

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME

CABLE CHECK
Some of the channels listed may not be available in your area

DISCOVERY WORLD PACK

4.00pm Rex Hunt Fishing Adventures
Mersey River
4.30 Discovery Today
Another edition of the magazine programme.

5.00 Century of Discoveries
Mysteries of the Universe - Part I
Discoveries about the workings of everyday life.

6.00 Wild Asia
The Arid Heart
More from the series which explores the amazing diversity of flora and fauna that abounds across Asia.

7.00 Great Escapes
Deadline
The events that unfolded when six gunmen seized the Iranian Embassy.

7.30 Discovery Today
8.00 Medical Detectives
The Talking Skull
8.30 Medical Detectives
Killer Fog

9.00 The FBI Files
A Killer Abroad
A look into how the bodies of prostitutes who had been strangled started appearing in Vienna.

10.00 Forensic Detectives
Traces of Guilt
How the smallest of clues can help to solve some of the largest cases.

11.00 Weapons of War
The Stuka
Examination of the Stuka, thought to be obsolete after World War II.

12midnight Time Team
The Lost Villa
1.00am Diving School
Series following a group of trainee divers undertaking an intensive commercial deep-sea diving course near Plymouth in Devon.
1.30-2.00am
Discovery Today

THE HISTORY CHANNEL WORLD PACK

12noon
The Real Robinson Crusoe
12.55pm
Photos for the Future II
1.00 Richard the Lionheart
1.30 Port Arthur
Convict Settlement
2.00 Biography
Wallis Simpson
3.00 World War I
3.30 From the Bomb to The Beatles
Moving Pictures
4.00 Air Defence

CARTOON NETWORK FAMILY PACK

5.00am Flying Rhino Junior
High 6.00 Fat Dog Mendoza
7.00 Tom and Jerry 8.00
Dexter's Laboratory 9.00
Angela Anaconda 10.00
The Powerpuff Girls 11.00
Dragonball Z 12noon Tom
and Jerry 12.30pm Looney
Tunes 1.00 Tom and Jerry
1.30 Cow and Chicken
2.00 Tom and Jerry
2.30 Mike, Lu and Og

3.00 Tom and Jerry
Madcap comic antics.
3.30 Dexter's Laboratory
Chemical chaos with the junior scientist.

4.00 Tom and Jerry
Madcap comic antics with the cat and mouse.
4.30 The Powerpuff Girls
Trouble in Townsville.

5.00 Tom and Jerry
Comedy capers with the sparring cat and mouse.
5.30 Pinky and the Brain
Laboratory larks.

6.00 Tom and Jerry
Cat and mouse capers.
6.30 The Flintstones
Prehistoric men behaving badly, with Fred and his best friend Barney.

7.00 Scooby-Doo
Canine capers.
7.30 Looney Tunes
8.00 Angela Anaconda
8.30-9.00pm Courage the Cowardly Dog

TCM FAMILY PACK

9.00pm The Wizard of Oz
Judy Garland, Ray Bolger, Frank Morgan
Fantasy adventure based on the fairytale by L. Frank Baum. A Kansas girl is swept away from her house to a magical land by a tornado. 1939
10.55 Close-up with Elizabeth McGovern
11.00-1.00am High Society
Frank Sinatra, Grace Kelly
Musical reworking of *The Philadelphia Story*. 1956

CARTOON NETWORK:
1.00am The Moomins 1.30
The Magic Roundabout
2.00 Tabaluga 2.30 Blinky
Bill 3.00 The Tidings
3.30 The Fruities
4.00 The Moomins
4.30-5.00am
The Magic Roundabout

5.00 Classic Cars
6.00 Legends of the Werewolves
6.55
Photos for the Future II
7.00 Bonnie Prince Charlie
7.30 The Battle of Verdun
8.00 Biography
When Diana Died
9.00
Great Crimes and Trials
9.30-10.00pm
Great Crimes and Trials
The Yorkshire Ripper

NICKELODEON FAMILY PACK

7.00am Transylvania Pet Shop
7.30 Transylvania Pet Shop 8.00
Ren and Stimpy 8.30 Ren and Stimpy 9.00 Kenan and Kel 9.30
Kenan and Kel 10.00 Sister
Sister 10.30 Sister Sister
11.00 Cousin Skeeter
11.30 Cousin Skeeter
12noon Rugrats
12.30pm Rugrats
1.00 Hey Arnold!
1.30 Hey Arnold!
2.00 Hey Arnold!
2.30 Hey Arnold!

3.00 Hey Arnold!
Adventures with the kid with the cool quiff.
3.30 Hey Arnold!
More adventures with the coolest kid in town.

4.00 Kenan and Kel
The adventures of two funky friends.
4.30 Kenan and Kel
Stars Kenan Thompson and Kel Mitchell.

5.00 Sabrina the Teenage Witch
5.30 Sabrina the Teenage Witch
6.00 Are You Afraid of the Dark?
6.30-7.00pm Are You Afraid of the Dark?

PARAMOUNT COMEDY CHANNEL FAMILY PACK

7.00pm Grace Under Fire
7.30 King of Queens
Head First
8.00 Ellen
Looking out for Number One
8.30 Just Shoot Me
Brave Finch
Jack hires an assistant.

9.00 Married... With Children
Buck Can Do It
9.30 Cybill
Daddy
Stars Cybill Shepherd.

10.00 Frasier
First Date
Niles decides to take Daphne out for dinner.
10.30 Harry Hill
More big-collared chaos.

11.00 Jack Dee
Deadpan humour.
11.30 Cheers
Norm and Cliff's Excellent Adventure

12midnight Roseanne
12.30am Clive Anderson
Talks Back 1.10 NewsRadio
1.35 Whose Line is it Anyway? 2.05 Hitz
2.30 Encore! Encore!
3.00 It's Garry Shandling's Show
3.30-4.00am
Abbott and Costello

TV TRAVEL SHOP BONUS CHANNEL

A total travel service in your own home. Video brochures give a guided tour of resorts around the world, with regular bulletins and programmes featuring late holidays and special offers. Viewers can then book holidays 24-hours-a-day, seven-days-a-week, by calling 0870 60 60 747. For more information and full listings turn to TV Travel Shop Text, from page 200.

FOX KIDS FAMILY PACK

6.00am Oggy 6.10 Bad Dog 6.30
Bobby's World 6.55 Jim Button
7.15 Walter Melon 7.40 Inspector
Gadget 8.00 Oggy 8.10 Biker Mice
8.30 Dennis 8.55 Sailor Moon 9.15
Sailor Moon 9.40 Digimon 10.00
Power Rangers 10.20 Monster
Rancher 10.45 Masked Rider
11.05 X-Men 11.30 Spy Dogs
11.50 Ace Ventura 12.15pm Walter
Melon 12.35 Inspector Gadget
1.00 Woody Woodpecker
1.10 Casper 1.30 Donkey Kong
1.55 Dennis 2.20 Life with Louie
2.40 Princess Sissi

3.00 Princess Starla and the Jewel Riders
3.20 Sailor Moon
3.45 Mighty Morphin' Power Rangers
The original Power Rangers series returns.

4.05 Mighty Morphin' Power Rangers
4.30 Digimon
4.50 Masked Rider
The adventures of Dex, a handsome teenage alien superhero.

5.15 Monster Rancher
5.35 Biker Mice from Mars
6.00 The New Addams Family
6.25 Casper
6.35-7.00pm Goosebumps

SHOP! LIFESTYLE/ SELECTION PACKS

6.00am Shop! Selection
7.00 Sports Shop!
Fitness equipment.
8.00 Home Shop!
Ideas for the bedroom.
9.00 Jewellery Shop!
10.00 Kitchen Shop!
Essential equipment.
11.00 Clothes Shop!
12noon Shop! Outlet
Today's offers.
1.00pm Shop! Special
2.00 Shop! Selection
3.00 Technology Shop!
PCs and software.
4.00 Jewellery Shop!
5.00 Shop! Preview
6.00 Shop! Selection
7.00-7.30pm Sports Shop!

GMTV 2 ACCESS PACK

GMTV2 offers pre-school and lifestyle shows between 6.00am and 9.25am. Weekdays: *The News Hour* at 6.00am followed by children's shows. Saturdays: Children's programming and a round-up of the week's news in *The Review*. Sundays: Highlights include a *Pokémon* triple bill and *The Review*.

QVC LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day - so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Pet Care at 2.00pm.

NEWS AND INTERNATIONAL

BBC NEWS 24 NEWS & SPORT/ ACCESS PACKS

6.00am News 7.00 News
8.00 News 9.00 News 9.30
The World Today 10.00
News 11.00 News 12noon
News 1.00pm News 2.00
News 3.00 News 4.00
News 5.00 News 6.00
News 7.00 News 7.30
Sportsday 8.00 News 9.00
News 9.30 HARDtalk 10.00
News 11.00 News 11.30
World Business Report
12midnight News 1.00am
News 2.00 News 2.30
World Business Report
3.00 News 3.30 HARDtalk
4.00 News 4.45 Asia Today
5.00-6.00am News

CNN INTERNATIONAL NEWS & SPORT PACK

News throughout the day, plus:
5.00am This Morning 5.30
World Business 6.00 This
Morning 6.30 World Business
7.00 This Morning 7.30 World
Business 8.00 This Morning
8.30 Sport 9.00 Larry King 10.30
Sport 11.30 Biz Asia 12.30pm
Artclub 1.15 Asian Edition 1.30
World Report 2.30 Showbiz 3.00
Movers with Jan Hopkins 3.30
Sport 4.30 CNN Hotspots 5.00
Larry King Live 7.30 World
Business Today 8.30 Q&A 9.30
Insight 10.00 World Business
Today 10.30 Sport 11.00
WorldView 11.30 Asia Business
Morning 12midnight Moneyline
12.30am Showbiz 1.00 This
Morning 1.15 Asia Business 1.45
Asia Business 2.00 Larry King
4.30-5.00am American Edition

SKY NEWS NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am
Sunrise 10.30 Sky World
News 11.30 Money
2.30pm Your Call
4.30 Sky World News
5.00 Live at Five
8.30 Sky Business Report
9.30 Fashion TV
10.00 Sky News at Ten
10.30 Sportsline
12.30am
CBS Evening News
1.30 Your Call
2.30 Sky Business Report
3.30 Fashion TV
4.30 The Book Show
5.30-6.00am
CBS Evening News

INTERNATIONAL

TV5 5.00am Journal 5.15
Journal des Journaux 5.30
Télématin 7.00 Journal
Télévisé 7.30 A Bon
Entendeur 8.00 Infos 8.05
Zig Zag Café 9.00 Journal
9.15 La Comète 11.00 Infos
11.05 100% Questions
11.30 Journal 12noon Infos
12.05pm Dunia 1.00
Journal 1.15 La Comète
3.00 Journal 3.15
Questions 3.30
Télétourisme 4.00 Infos
4.05 Pyramide 4.30
Question pour un
Champion 5.00 Journal
5.15 La Comète 7.00
Journal 7.30 Journal
8.00 Infos
8.05 Les Aventuriers
de la Science
9.00 Journal
9.15 Des Trains pas
Commes les Autres
10.00 Les Conflits Verts
11.00 Journal
11.30- 12midnight Soir 3

ASIANET ADD-ON CHANNEL CABLE EXCLUSIVE

7.30am Akhir Kyon 8.00 DD
News 8.30 DD Programme
9.00 FILM 11.30 News
12noon Fuldani Forum
12.30pm Thekikaat 1.00
Katha Sagar 1.30 FILM
4.00 Take 2 4.30 Music
Fusion 5.00 Kaala Daira
6.00 Mumkin 6.30 Doorsa
Kewal 7.00 Katha Sagar
7.30 News 8.00 Wilaytee
Babu 8.30 FILM 11.30
News 12midnight Wilaytee
Babu 12.30am MTV 123
1.15 FILM
4.00 Thekikaat
4.30 Mumkin
5.00 Doorian
6.00 Holy Quran
6.30 DD Programme
7.00-7.30am
Bhule Bisre Geet

ZEE TV ADD-ON CHANNEL

6.00am Kal Bhi Aaj Bhi 6.30
Bhakti Songs 7.00 Faith:
Sai Baba 7.30 Daily News
8.00 Karabari Duniya 8.30
Kartavya 9.00 Daayre 9.30
Bodymatters 10.00 Tum Hi
To Ho 11.00 Dear Women
11.30 Aangan 12noon FILM
3.00pm Hum Paanch 3.30
Sampat Aur Sampat 4.00
Kartavya 4.30 Pride
Antakshari 5.00 Chingari
5.30 Aangan 6.00 Banegi
Apni 7.00 Hotel Hindustani
7.30 Aashiqui
8.00 News Bulletin
8.30 Pride Ka Aashirwad
9.00 Yehi To Pyar Hai
9.30 Kasak
10.00 Thriller at 10
10.30 Pakistan News Link
11.00 Saath Saath
11.30 Woh
12midnight Punjabi News
12.30am FILM
3.30 Hum Paanch
4.00 Daraar
4.30 Campus
5.00 V3
5.30-6.00am Hey Ha Ho

CHRISTIAN CHANNEL EUROPE WORLD PACK

5.00am CMTV 5.30 Gospel
Truth - Andrew Wommack
6.00 Winning Edge 6.30
Changing Your World 7.00
Believers' Voice of Victory
7.30 This is your Day 8.00
CMTV 8.20 Thought for the
Day 8.30 Life in the Word
9.00 Potters House 9.30
Winning Ways - Matthew
Ashimolowo 10.00 CMTV
10.30-11.00am
700 Club Replay

BLOOMBERG WORLD PACK

2.00am Asian Market
Report 3.00 Tokyo Live
3.15 Food for Thought 4.30
Wall Street Report 5.05-
6.00am US Market Report

BBC PARLIAMENT NEWS & SPORT PACK

11.45am-12midnight
Republican
Party Convention

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	30,000	279.95	313.56	388.46	321.95	360.59	446.72
	25,000	233.29	261.30	323.71	268.29	300.49	372.27
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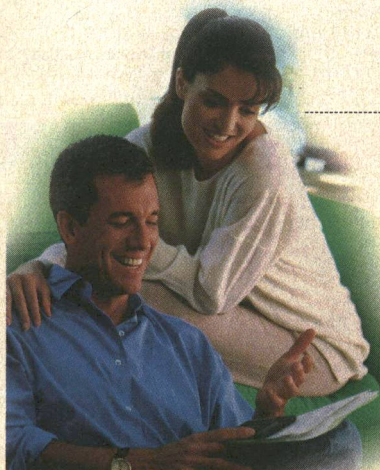
Date of birth _____

Telephone Numbers (please include your dialling code) Home _____

Work _____

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Friday 4 August

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME

SKY PREMIER PREMIUM CHANNEL

6.00am
Don't Go Breaking My Heart
1998, rating Sky PG, 87 mins
7.45 Invisible Child
1998, rating Sky PG, 87 mins
9.15 Soccer Dog: The Movie
11.00 **Curtain Call**
Text 1998, rating Sky PG, 90 mins
12.45pm
Don't Go Breaking My Heart
Romantic comedy. Text 1998, rating Sky PG, DS, 90 mins
2.30 Flowers for Algernon
Matthew Modine, Kelli Williams
Drama. A young man with learning difficulties is chosen to be a guinea pig in a ground-breaking new medical procedure that may be able to boost his mental powers. 1999, rating Sky PG, 88 mins

4.00
Soccer Dog: The Movie
James Marshall, Olivia D'Abo, Jeremy Foley, Sam McMurray
Family comedy. An adopted boy finds it difficult to fit into his new home – and harder still to live up to his new father's expectations of him on the football field. But, when he is befriended by a strange dog, things start to look up. 1998, rating Sky PG, 94 mins
6.00 Oh, Heavenly Dog!
Chevy Chase, Jane Seymour, Omar Sharif, Robert Morley
Comedy adventure about a private eye who suffers the misfortune of being killed while investigating a case. Finding himself reincarnated in canine form, he immediately sets out to solve his own murder and bring the guilty party to justice. 1980, rating Sky PG, DS, 99 mins
8.00 Mercury Rising
Bruce Willis, Alec Baldwin, Miko Hughes, Chi McBride
Action thriller. A former FBI agent protects a young autistic boy who has deciphered a top secret government code. The lives of the pair are threatened by a ruthless official who wants the code to stay secret – and will stop at nothing to safeguard it. 1998, rating Sky 15, DS, 107 mins
10.00 Lock, Stock and Two Smoking Barrels
Jason Flemyng, Nick Moran, Dexter Fletcher, Vinnie Jones
Crime drama. Owing big money to a local gangster, a quartet of Cockney wide boys plan to filch the necessary funds from their drug-dealer neighbours. Text 1998, rating Sky 18, 103 mins
11.50 Boogie Nights
Mark Wahlberg, Burt Reynolds
Comedy drama about a young man with the perfect credentials for porn stardom. Text 1997, rating Sky 18, 149 mins
2.25am That Old Feeling
Bette Midler, Dennis Farina
Text 1997, rating Sky 12, 100 mins
4.10-6.00am Curtain Call
Text 1998, rating Sky PG, 90 mins

SKY MOVIE MAX PREMIUM CHANNEL

7.00am Romantic Undertaking
1995, rating Sky PG, 95 mins
8.40 Chance of a Lifetime
1998, rating Sky PG, 87 mins
10.15 Meet the Deedles
Steve Van Wormer, Paul Walker
Text 1998, rating Sky PG, 90 mins
12noon
Into Thin Air: Death on Everest
Peter Horton, Christopher McDonald
Text 1997, rating Sky PG, 86 mins
2.00pm Romantic Undertaking
William Katt, Valerie Buhagiar
Romantic comedy. A young woman takes on the challenge of running her late father's funeral parlour. To make ends meet, she rents out part of her home to a male tenant. 1995, rating Sky PG, 95 mins

4.00 Chance of a Lifetime
David Naughton, John Ritter, Jean Stapleton, Katey Sagal
Romantic drama centring on the relationship between a female magazine editor and a flirtatious bachelor. Through necessity, the pair arrange to tie the knot in a marriage of convenience – only to find themselves gradually beginning to fall in love. 1998, rating Sky PG, 87 mins
6.00 Meet the Deedles
Steve Van Wormer, Paul Walker, Dennis Hopper, Robert Englund
Family comedy. A couple of surfers are mistaken for park ranger recruits and find themselves having to contend with a villainous former ranger and his sidekick. Text 1998, rating Sky PG, 90 mins
7.35 UK Top Ten
British box office rundown.
8.00 Firestorm
Howie Long, Scott Glenn, William Forsythe, Suzy Amis
Action adventure. An imprisoned sociopath escapes into a burning forest, taking along a hostage. In hot pursuit is the leader of an elite team of firefighters. Text 1997, rating Sky 15, 85 mins
9.30 Most Wanted
Keenen Ivory Wayans, Jon Voight, Jillian Hennessy
Action thriller. A jailed army officer, blackmailed into joining a covert team of assassins, is forced to go on the run after refusing to carry out a hit for which he is later framed. Text 1997, rating Sky 15, 95 mins
11.10 Bachelor Party
Tom Hanks, Tawny Kitaen
Comedy. A man's friends arrange a stag night for him. 1984, rating Sky 18, 101 mins
12.55am
Return of the Living Dead
Clu Gulager, James Karen
1984, rating Sky 18, 88 mins
2.30 Let it Be Me
Romantic drama. Last Play 1995, rating Sky 12, 92 mins
4.05-6.00am
Into Thin Air: Death on Everest
Text 1997, rating Sky PG, 86 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

SKY CINEMA PREMIUM CHANNEL

4.00pm Gambit
Shirley MacLaine, Michael Caine, Herbert Lom, Roger C Carmel
Comedy thriller. In Hong Kong, a bumbling English cat burglar solicits the aid of a beautiful Eurasian dancer to help steal a priceless ancient art treasure from the impregnable mansion of a billionaire recluse. But the scheme soon goes awry. Text 1966, rating Sky U, 104 mins
6.00 Call Northside 777
James Stewart, Richard Conte, Lee J Cobb, EG Marshall
Crime drama based on a true story. When two men are sentenced to life imprisonment for the murder of a police officer, a newspaper reporter gradually becomes convinced that they are innocent of the crime – and sets about trying to prove it. 1948, rating Sky PG, 106 mins
8.00 I'll Never Forget What's 'Is Name
Oliver Reed, Orson Welles, Carol White, Harry Andrews
Satirical comedy about a man who wakes up one day with an urge to rebel against his wealthy lifestyle. However, his attempt to return to an impoverished existence has a number of surprising consequences. 1969, rating Sky 15, 94 mins
10.00 Renegades
Kiefer Sutherland, Lou Diamond Phillips, Jami Gertz, Rob Knepper
Action thriller. A renegade cop and a Native American must put aside their differences and team up to catch a criminal who has made off with a fortune in diamonds and a priceless ancient Indian artefact. 1989, rating Sky 18, 101 mins
11.50 Agatha Christie's Endless Night
Suspense thriller. 1972, rating Sky 15, 100 mins
1.30am Splitting Heirs
1993, rating Sky 15, DS, 84 mins
3.00 Renegades
1989, rating Sky 18, 101 mins
4.50-6.00am The Directors: The Films of Joel Schumacher



Seeing red: William Hurt encounters murder in Moscow in 'Gorky Park'. Carlton Cinema 11.15pm

FILMFOUR ADD-ON CHANNEL

6.00pm Short Attention Span Cinema - Short Films
A two-hour selection of short films, commercials and music videos, plus interviews, reports and insights into the world of short film-making. View various examples of the form from all around the world and gain an introduction to some of the directors who are currently working in this field.
8.00 Ghostbusters
Bill Murray, Signourney Weaver, Dan Aykroyd, Harold Ramis
Supernatural action comedy about a trio of unemployed New York parapsychology professors who hire themselves out as eliminators of spooks. Before long, they find their work well and truly cut out when they are called in to get rid of a malevolent spirit. Text 1984, 101 mins
10.00 Body Double
Craig Wasson, Melanie Griffith, Deborah Shelton, Gregg Henry
Hitchcock-style suspense thriller about a struggling actor who, betrayed by his girlfriend, becomes obsessed with an erotic dancer. When she is suddenly and mysteriously murdered, he joins forces with a female porn star to find out what happened to her. Text 1984, 109 mins
12midnight Sitcom
François Marthouret, Evelyne Dandry
Black comedy. 1998, 77 mins
1.30am A Summer Dress
1.50 **Crumb**
Robert Crumb, Aline Kominsky
Documentary. Text 1995, 116 mins
3.55-6.00am The Funeral
Christopher Walken, Chris Penn
Comedy thriller. 1996, 95 mins

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CARLTON CINEMA LIFESTYLE PACK

7.00pm
An Affair to Remember
Cary Grant, Deborah Kerr, Richard Denning, Nena Patterson
Romantic drama. A man and a woman fall in love aboard an ocean liner. To determine whether their feelings for each other will stand the test of time, they agree to meet again after a six-month separation. Widescreen 1957, 115 mins
9.00 ... And Justice for All
Al Pacino, Jack Warden, John Forsythe, Lee Strasberg
Satirical courtroom drama which puts the spotlight on judicial corruption. An obnoxious judge appoints an idealistic lawyer to defend him on a rape charge. The latter finds himself facing a moral and legal dilemma – especially when the judge admits that he is guilty. 1979, 119 mins
11.15 Gorky Park
William Hurt, Lee Marvin, Brian Dennehy, Ian Bannen
Thriller. A police investigation follows the discovery of three faceless bodies in Moscow's Gorky Park. Text 1983, 128 mins
1.30am Rio Conchos
Richard Boone, Stuart Whitman
Widescreen 1964, 107 mins
3.30 Leaving Normal
Christine Lahti, Meg Tilly
Drama. Text 1992, 105 mins
5.30-7.00am Dance Little Lady
Mai Zetterling, Terence Morgan
Drama. 1954, 87 mins

FRONT ROW

SCREENING WHEN YOU'RE
GOOD AND READY
WITH CABLE & WIRELESS

See channel 50 or your Front Row spread on pages 14, 15 for further details.

KEY TO FILM CONTENT

T/C: Theme/Content
BL: Bad Language
S/N: Sex/Nudity
V: Violence

Channel 51 Matinee

JACK FROST
Rating PG, 98 mins
Drama. A man who doesn't spend much time with his son gives the boy a harmonica which subsequently turns out to have quite unexpected powers. Stars Michael Keaton and Kelly Preston. T/C: Fantasy, children. BL: Occasional, moderate. S/N: Occasional, mild references. V: None
5.00am, 7.00am, 9.00am, 11.00am, 1.00pm

Channel 51 Evening

NOTTING HILL
Rating 15, 119 mins
Romantic comedy. The most famous movie actress in the world falls in love with a struggling, diffident bookseller who lives in West London. Stars Hugh Grant and Julia Roberts. T/C: Romantic comedy. BL: Infrequent, strong. S/N: Some comic references. V: None
3.30pm, 5.45pm, 8.00pm, 10.15pm, 12.30am, 2.45am

Channel 52

CRUEL INTENTIONS
Rating 15, 94 mins
Drama. A spoilt rich girl challenges her stepbrother to seduce a headmaster's virgin daughter. Stars Sarah Michelle Gellar and Ryan Phillippe. T/C: Drama, sexual relationships. BL: Occasional, strong. S/N: Some moderate, strong references. V: Once, mild.
6.30pm, 8.30pm, 10.30pm, 12.30am, 2.30am

Channel 53

THE WATERBOY
Rating 12, 87 mins
Comedy. A student takes a job as a janitor and is mocked by his fellows. However, one day he retaliates – with unexpected results. Stars Adam Sandler and Henry Winkler. T/C: Comedy, American football. BL: Once strong, some mild. S/N: Some mild references. V: Infrequent, mild.
7.15pm, 9.00pm, 10.45pm, 12.30am, 2.15am, 4.00am

SKY ONE ACTION/ SELECTION PACKS	UK GOLD LIFESTYLE/ SELECTION PACKS	LIVING LIFESTYLE PACK	GRANADA PLUS ACTION PACK	DISNEY CHANNEL ADD-ON/ PREMIUM CHANNEL	
6.00am Long Play 7.30 Mega Babies 8.00 Godzilla 8.30 Mummies Alive 9.00 Pokémon 9.30 Pokémon 10.00 Pokémon 10.30 The Simpsons Text 11.00 The Best of Star Trek 1.00pm Dream Team Text 2.00 Mega Babies 2.30 Godzilla	6.00am The Liver Birds 6.40 Bread Text 7.15 The Good Life 7.50 Open All Hours 8.25 EastEnders Text 9.00 The Bill Text 9.30 The Bill Text 10.00 Bergerac 11.00 Knots Landing 11.55 Neighbours 12.25pm EastEnders Text 1.00 Dangerfield 2.00 Knots Landing	6.00am Ready, Steady, Cook 6.30 Can't Cook, Won't Cook 7.00 Tiny Living 9.00 Brookside 9.30 Home and Away 10.00 The Jerry Springer Show 10.50 Forgive or Forget 11.40 Maury Povich 12.30pm Special Babies 1.00 Reality Slot 1.30 Judge Judy 2.00 Streetmate 2.30 Maury Povich Compelling and personal talk show dealing with emotional conflicts.	6.00am Hawaii Five-0 7.00 Plus on Plus 7.30 Jokers Wild 8.00 Hogan's Heroes 8.30 George and Mildred 9.00 Classic Coronation Street Text 9.30 Second Thoughts 10.00 Mission: Impossible 11.00 Only When I Laugh 11.30 Batman 12noon Classic Coronation Street Text 12.30pm Second Thoughts 1.00 George and Mildred 1.30 Robin's Nest 2.00 Hawaii Five-0	4.30am Pooh 4.45 Music Time 4.50 Olie 5.00 Bear 5.25 Art Play 5.30 PB and J Oter 5.45 Bite Size 6.00 Toons 6.05 Circle Time 6.10 Olie 6.20 Spot 6.30 Out of the Box 7.00 Mickey Mouseworks 7.30 101 Dalmatians 8.00 Aladdin 8.30 Recess 9.00 Double Art Attack 9.35 Sabrina 10.00 FILM: Bad Baby 1997 11.20 Recess 11.30 Miami 7 12noon Circus Kids 12.30pm Boy Meets World 1.00 FILM: Up, Up and Away 2000 2.20 Mickey Mouseworks 2.45 101 Dalmatians	6.00 AM
3.00 Mummies Alive <i>Good Bye Mr Cheops</i> 3.30 Pokémon <i>Friends to the End</i> Ash learns a valuable lesson as a Pokémon trainer.	3.00 The Bill <i>No Guarantees</i> A loan shark causes terror. Text 3.30 The Bill <i>Gentleman Jim</i> Blake joins CID. Text 4.00 EastEnders Ricky surprises an intruder at the car lot. Text 4.35 Neighbours Lauren comes under the spell of her new religious friends.	3.20 Party of Five <i>Worth Waiting For</i> Julia is tempted by sex, Kirsten gives Charlie another chance and Bailey falls in love. 4.10 Mystic Challenge Psychics, astrologers and palmists are invited to put their powers to the test. 4.40 Forgive or Forget Host Mother Love tries to resolve problems by giving guests the opportunity to forgive each other.	3.00 Mission: Impossible <i>The Code</i> The IMF must help to crack a vital code by hijacking a plane so that the enemy can capture one of its passengers. 4.00 Kojak <i>Photo Must Credit Joe Paxton</i> A photographer who has been hounding a film star for years finds himself the object of pursuit when she disappears. 5.00 Hart to Hart <i>This Lady is Murder</i> More mystery and intrigue with the husband and wife detective team. With Robert Wagner and Stephanie Powers.	3.15 100 Deeds for Eddie McDowd Text 3.45 The Famous Jett Jackson The adventures of a 13-year-old TV superstar.	3.00 PM
4.00 Pokémon <i>Pallet Party Panic</i> Ash, Brock and Misty must find a mysterious looking Pokéball. 4.30 Pokémon <i>A Scare in the Air</i> 5.00 Star Trek More intergalactic trials, adventures and alien encounters in the deep space of the future with the ever-popular science fiction drama series.	5.00 Going Straight <i>Going Home</i> Fletcher stands on the verge of freedom as he faces release. 5.40 Bread Billy gets a shock when he reads Julie's letter. Text 6.20 The Brittas Empire <i>Mr Brittas Falls in Love</i> Brittas believes that swimming with Wally the dolphin will bring happiness to the town.	5.30 Ready, Steady, Cook Fern Britton hosts the cookery show in which two top chefs compete against the clock. 6.10 The Jerry Springer Show Jerry Springer and his guests engage in lively and heated discussion about relationships.	5.00 Bullseye Darts quiz show. 6.30 Classic Coronation Street Deirdre has a chat with Susan over her feelings for Mike. Text 7.00 Batman <i>Penguin's a Jinx</i> Love is in the air when an actress falls for Batman. 7.30 Robin's Nest <i>England Expects</i> 8.00 Boon <i>In it for the Monet</i> Boon must sort out a quarrel between two brothers who have inherited equal shares in a classic car. With Michael Elphick.	4.15 Honey, I Shrunk the Kids: The TV Show <i>Honey, it's No Fun</i> <i>Being an Illegal Alien</i> Wayne helps his pal Ar'Nox retrieve his space cruiser. Text 5.00 Recess Animated series from the creators of <i>Rugrats</i> . Text 5.30 Smart Guy More antics and adventures from the super-bright kid. Text	4.00 PM
6.00 Early Edition <i>Deadline</i> Gary's newspaper leads him to try and stop the execution of a man unjustly convicted of murder. With Kyle Chandler.	7.00 The Good Life <i>Say Little Hen...?</i> Tom paints the greenhouse pink to cater for some chickens. 7.40 Birds of a Feather <i>Sunday</i> Sharon and Tracy hunt for a wedding present for Garth. Text 8.20 Open All Hours Sitcom about a miserly shopkeeper and his downtrodden nephew and assistant.	7.00 Will and Grace American flatshare sitcom. 7.55 Her Majesty Queen Elizabeth The Queen Mother A special programme to commemorate the centenary of the Queen Mother.	6.00 Bullseye Darts quiz show. 6.30 Classic Coronation Street Deirdre has a chat with Susan over her feelings for Mike. Text 7.00 Batman <i>Penguin's a Jinx</i> Love is in the air when an actress falls for Batman. 7.30 Robin's Nest <i>England Expects</i> 8.00 Boon <i>In it for the Monet</i> Boon must sort out a quarrel between two brothers who have inherited equal shares in a classic car. With Michael Elphick.	6.00 Teen Angel <i>Wrestling with an Angel</i> Marty helps Steve get onto the wrestling team. Text 6.30 Home Improvement <i>Talk to Me Text</i>	6.00 PM
7.00 The Simpsons <i>Black Widower</i> Selma's pen pal visits. Text 7.30 The Simpsons <i>Bart Star</i> Bart hits the football field. Text 8.00 The Best of Star Trek A chance to see some of the highlights from the ever-popular science fiction drama series, with a selection of the best deep space adventures and alien encounters.	9.00 The Royle Family Dave is accused of flirting with Beverley Macca and Denise is not best pleased. Text 9.40 Men Behaving Badly <i>Cleaning Lady</i> Dorothy insists that Gary and Tony hire a cleaner. 10.20 Absolutely Fabulous <i>Poor</i> Edina struggles with a few cost- cutting measures.	9.00 Profiler Suspense thriller series about Dr Sam Waters, a brilliant forensic psychologist with a gift for understanding the criminal mind. With Robert Davi. 10.00 FILM: Voices from Within JoBeth Williams, Corbin Bernsen, Stephanie Zimbalist Psychological thriller in which a woman is called to identify the body of her murdered sister. On her arrival, she meets a stranger who claims that the dead woman is his wife. 1994 11.50-12midnight Sex Bites	9.00 Kojak <i>In Full Command</i> A police officer sees Kojak's current case as a chance to restore his credibility. 10.00-11.00pm Taggart <i>Instrument of Justice - Part III</i>	7.00 FILM: Bad Baby <i>Voices of Kathleen Turner, James Belushi, Debi Derryberry</i> Animated adventure. Long- suffering parents do their best to cope with their terrible tot who has become a childstar and hyperactive horror. Text 1997 8.20 Honey, I Shrunk the Kids: The TV Show <i>Honey, the Bear is Bad News</i> Killer teddy bears abound. Text 9.00 Flipper Live action marine adventure in Florida with TV's most famous dolphin. Text 9.45 Dinosaurs Prehistoric fun. Text 10.10 Home Improvement Sitcom double bill. Text 11.00 Touched by an Angel Text 11.50-12midnight Toons	7.00 PM
10.00 The Outer Limits <i>The Grell</i> Science fiction series which explores the darkest reaches of the imagination and beyond with state-of-the-art special effects.	11.00 Gimme, Gimme, Gimme <i>Saturday Night Diva</i> Tom meets an Italian. Text 11.40 The Bill <i>No Guarantees Text</i> 12.10am The Bill Text 12.45 Live at Jongleurs 1.20 The Royle Family Text 2.00 Men Behaving Badly 2.35 Monty Python's Flying Circus 3.10 EastEnders Text 3.45 Casualty 4.45 The Two Ronnies 5.30-6.00am Angels	CABLE CHECK Some of the channels listed may not be available in your area	11.00pm Strippers Fly-on-the-wall documentary about the world of lap dancing and stripping across the UK. 11.30 Beaver Espana With Danni Hunt. 12midnight SexTV Late-night series that goes under the covers of the steamy world of movie making. 12.30am Girls on Film <i>Wild Bikini</i> Series of lingerie and bikini contests. 1.00 E! Wild On... Carnival 1.50-2.00am Wicked Willie	THE BOX MUSIC & GAMES PACK Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh - latest videos available; BOXTalk - unique interviews with artists/bands; Breakin' Out of THE BOX - videos tipped for the top. Plus weekly competitions.	8.00 PM
11.00 Cops <i>Las Vegas</i> A double bill in which officers arrest a man driving a stolen truck who is armed with a gun and in possession of drugs. Text 12midnight Star Trek 1.00am LAPD 1.30 LAPD 2.00 In the Heat of the Night 2.50 In the Heat of the Night 3.40 In the Heat of the Night 4.30 In the Heat of the Night 5.20 The Newlywed Game 5.40-6.00am The Newlywed Game				FRIDAY CONTINUES OVERLEAF...	9.00 PM

CABLE CHOICE

FILM	GENERAL
Boogie Nights Sky Premier 11.50pm A surprise box office hit directed by Paul Thomas Anderson exploring the rise and fall of the US adult movie scene in the 1970s and 1980s. Colourful, tuneful and containing some well-observed performances, notably Burt Reynolds as a porn movie producer.	The Tom Green Show: Cancer Special MTV 10.30pm 'It's gonna be crazy. You get to see my intestines and everything,' says anarchic US comic Tom Green about this episode of his cult show, which charts his own treatment for testicular cancer. Candid footage of his operation and visits from celebrity friends provide grim laughs.

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I don't believe it! This month
UK Gold is devoting
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of the nation's favourite
comedy programmes. From
One Foot in the Grave and
Only Fools and Horses to
Men Behaving Badly and
Absolutely Fabulous, there's
something here for everyone.

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME

EUROSPORT NEWS & SPORT/ SELECTION PACKS

7.30am Golf
8.30 Football
10.30 Modern Pentathlon
11.30 Racing Line
12.30pm Mountain Bike
1.00 Triathlon
Coverage of the World Long Distance Championship from Nice.
2.00 Athletics
Action from the IAAF Grand Prix I Meeting in Stockholm.

3.00 Football
Coverage of the AC Milan v Real Madrid friendly match.

5.00 Football
Soccer action from the friendly tournament held in Bari, Italy, involving Serie A clubs Juventus, Inter Milan and Bari.

6.30 Rally
Coverage of the Master Rally, the sixth round of the FIA World Cup for Cross Country Rallies, proceeding from Paris to Istanbul.
7.30 Cliff Diving
Action from the World Tour in Brontallo, Switzerland.

8.00 Aerobics
World Championships coverage from Riesa in Germany, with finalists qualifying for the 2001 World Games in Japan.

9.00 Boxing
Hard-hitting ringside action from an international bout.

10.00 SportsCentre
Sports news bulletin.
10.15 Sumo
Coverage of the Grand Sumo Tournament from Tokyo.

11.15 Sumo
Further coverage from Tokyo, taking in the final three days.

12.15am-12.30am SportsCentre
Sports news bulletin.

SKY SPORTS 1 PREMIUM CHANNEL

7.00am Sky Sports Centre
7.15 TVR Tuscan Challenge
7.45 Australian Rally Championships
8.15 Sky Sports Centre
8.30 Racing News
9.00 Aerobics Oz Style
9.30 TVR Tuscan Challenge
10.00 Football: Official FIFA Film - 1990 World Cup
12noon Aerobics Oz Style
12.30pm FIFA TV
1.00 Euro Tour Golf: Volvo Scandinavian Masters - LIVE
The action continues from Kungsängen in Stockholm, Sweden on day two of the Volvo Scandinavian Masters as some of the finest talent on the European Tour aims to make the cut and progress to the third round.

5.00 TVR Tuscan Challenge
Motorsports action.
5.30 Futbol Mundial
Get an insight into today's global soccer scene.

6.00 Sky Sports Centre
The latest sports news.
6.30 Gillette World Sport Special
Alternative sports show.

7.00 Super League - LIVE
Coverage of the pick of the week's games in the Tetley's Bitter Super League, won last year by Bradford Bulls, who are favourites to retain their title. Hosted by regular stalwarts Eddie Hemmings and Mike Stephenson.

9.30 Test Cricket: England v West Indies - Third Test
Action from day two of the second Test as England continue their latest battle against the West Indies at Old Trafford. Commentary comes from David Gower, Ian Botham, Paul Allott, Bob Willis, Michael Holding and David Lloyd.
11.30 Sky Sports Centre
The latest sports news.

12midnight Super League
1.30am World Cup Football: Official FIFA Film - 1990 World Cup
3.25 Ford International Rugby Union: Tri-Nations - New Zealand v Australia - LIVE
5.30-6.00am Gillette World Sport Special

SKY SPORTS 2 PREMIUM CHANNEL

7.00am Aerobics Oz Style
7.30 Sky Sports Centre
7.45 Racing News
8.15 FIFA TV
8.45 Sky Sports Centre
9.00 Tight Lines
10.00 World Corporate Games
11.00 Gaelic Games
12noon TVR Tuscan Challenge
12.30pm Inside the Senior PGA Tour
1.00 World Corporate Games
2.00 Total Sport
2.30 Elite Speedway
League: Eastbourne v Peterborough
See Eastbourne and Peterborough battle it out at the Arlington Stadium in the latest Elite Speedway League spectacular.
Repeat from Thursday

5.00 Gillette World Sports Special
5.30 Extreme Sailing
Observe the most daring seafarers in action, risking life and limb for their craft.
6.00 Moto Plus
Motorsport news.
6.30 Inside the Senior PGA Tour

7.00 Euro Tour Golf: Volvo Scandinavian Masters
Find out whether Colin Montgomerie can put on the sort of sublime display he produced in 1999, when he won by an astonishing nine strokes to wrap up his fourth title of the season.

9.00 Ford Golf USA: The International Presented by Qwest - LIVE
Coverage from Castle Pines Golf Club in Colorado as the stars of the US PGA Tour compete. Previous winners include Greg Norman, Davis Love III, José María Olazábal and Vijay Singh.

11.00 Moto Plus
Motoring show for lovers of life in the fast lane.
11.30 Extreme Sailing
Aquatic action.
12midnight World Corporate Games
1.00am World Wrestling Federation: Late Night - Raw
3.00 Euro Tour Golf: Volvo Scandinavian Masters
5.00 Moto Plus
5.30-6.00am Sky Sports Centre

SKY SPORTS 3 PREMIUM CHANNEL

12noon Trans World Sport
Eclectic sports show.
1.00pm Tight Lines
Bruno Brookes hosts the show for fishing fanatics and offers advice to viewers phoning in with questions. With regular studio guest and angling expert Keith Arthur.
2.00 World Cup Classics: Argentina v Haiti
Today's edition focuses on a must-win Group Four match from the 1974 World Cup finals as Argentina and Haiti play out a five-goal thriller.

3.30 World Cup Football: Official FIFA Film - 1990 World Cup
Take a trip down memory lane to a tournament that produced many memorable moments and turned the likes of Paul Gascoigne and David Platt into international stars.

5.30 World Corporate Games
Coverage from Aberdeen as talented athletes from around the world tackle a range of sports from dragon boat racing to golf, karting and football.
6.30 The Winning Post: Newmarket/ Ayr - LIVE
More live summer horse racing action, this time focusing on the meetings at Newmarket and Ayr.

8.30 Sky Sports Centre
Keep up to date with the very latest sports news.

9.00 Futbol Mundial
Get an insight into today's global soccer scene.
9.30 World Wrestling Federation: Late Night - Raw
Jim Ross, Kevin Kelly and Michael Cole deliver another report on the latest action and adventure from the World Wrestling Federation circuit. Featuring classic matches and celebrity guests.
11.30-12midnight Gillette World Sport Special
Alternative sports show.

SCI-FI ACTION PACK

8.00am Buck Rogers in the 25th Century
9.00 Land of the Giants
10.00 Swamp Thing
10.30 Swamp Thing
11.00 The Six Million Dollar Man
12noon Babylon 5
1.00pm Amazing Stories
1.30 Amazing Stories
2.00 Buck Rogers in the 25th Century

3.00 Sightings
More extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences.

4.00 Land of the Giants Shell Game
The space travellers must build a hearing aid for a giant deaf boy.

5.00 Swamp Thing Hide in the Night
Arcane is transformed into a killer monster.
5.30 Swamp Thing Pay Day

6.00 The Six Million Dollar Man
The Price of Liberty
The Liberty Bell is stolen by a disgruntled scientist who threatens to destroy it.

7.00 Amazing Stories One for the Books
7.30 Cybernet
A weekly look at what's new and what's hot in the world of computer games.

8.00 Quantum Leap Unchained
Sam leaps into the life of a man who has been sentenced to nine months on a county jail road gang.

9.00 The Hunger
The Secret of the Shih Tan
A young master chef must prepare a unique meal.
9.30 The Hunger
The Other Woman

10.00 FILM: Fright Night
Chris Sarandon, William Ragsdale, Roddy McDowall
Horror thriller. A teenager discovers that he is living next door to a vampire. When nobody believes him, he turns to a washed-out horror film actor for assistance in vanquishing the fiend. 1985
12midnight FILM: Razor Blade Smile
Eileen Daly, David Warbeck
Horror thriller. 1998
2.00am Cybernet
2.30 100 Years of Horror
Scream Queens
3.00-4.00am Babylon 5
No Surrender, No Retreat

MTV MUSIC & GAMES PACK

6.00am Select MTV
8.00 MTV Hits
9.00 Bytesize MTV
Highlights from MTV stations around the world.
11.00 MTV Hits
12.30pm Daily Edition
The latest stories from the world of showbiz.
1.00 MTV Hits
More top chart hits from the MTV playlist.

3.00 Bytesize MTV
Another parade of highlights from MTV stations around the world.
3.55 MTV's Pop Single of the Week
4.00 Select MTV
Another edition of the show that allows viewers to make MTV their personal jukebox.

6.00 Bytesize MTV
Another barrage of highlights from different MTV stations all over the globe, delivered as a series of short soundbites.

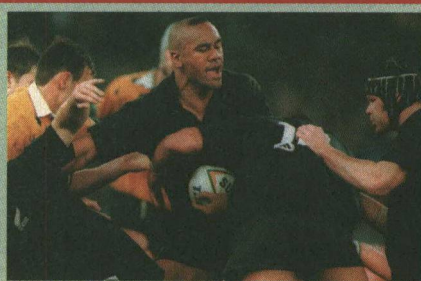
7.00 MTV Hits
More back-to-back hits and music videos.

9.00 News Weekend Edition
All the latest showbiz stories and gossip.
9.30 Essential Boyzone
10.00 The Tom Green Show
10.30 The Tom Green Show: Cancer Special
NEW Highlighting the comedian's real-life illness.

11.00 Singled Out
Four back-to-back episodes of the dating show in which youngsters battle to win the hearts of eager contestants. Hosted by Richard Blackwood and Sarah Cawood.
1.00am MTV Dance Floor Chart Show
June Sarpong presents all the biggest tracks hitting the dancefloor in the UK.
2.00-6.00am Night Videos
Music through the night.

LIVE TRI-NATIONS - NEW ZEALAND V AUSTRALIA SKY SPORTS 1 3.25AM

So England have beaten the South Africans this summer in the Springboks' own backyard - but what of the other Tri-Nations giants, New Zealand and Australia? Well, these two rugby union powerhouses do battle again for the glory of southern hemisphere domination today. Both sides are packed with muscle, invention and bewildering power, and each has a weapon worth waiting for - All Black Jonah Lomu (pictured) and counterpart Wallaby winger Joe Roff who both score blistering tries.



PLAYBOY TV/ ADULT CHANNEL ADD-ON CHANNEL

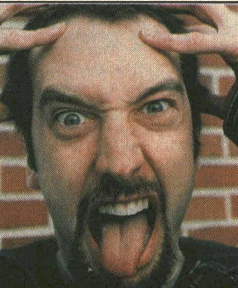
10.00pm Freeview
10.06 Farrah Fawcett: All of Me
11.15 Compromising Situations
12midnight Freeview
12.10am Adult Feature
12.35 Sex Clinic with Dr Jenny Tulls
12.55 FILM: Show Me the Money
2.00 New Model File
2.25-4.00am FILM: Haunted Nights

Adult Nightview is now available as a TV on-demand service between 10.00pm and 4.00am at £4.95. See channel 50 for details

TELEVISION X ADD-ON CHANNEL

12midnight Preview
12.10am Stripper of the Year
12.20 Extreme Close Up
12.45 FILM: Voodoo Lounge
1.05 FILM continues
2.00 Freeview
2.05 Adult Feature
2.30 FILM: Sex
3.00 Five Minute Freeview
3.05 FILM continues
3.40-4.00am Night Visitor

Adult Nightview is now available as a TV on-demand service between 12midnight and 4.00am at £4.95. See channel 50 for details

VHI MUSIC & GAMES PACK	ANIMAL PLANET WORLD PACK		UK STYLE LIFESTYLE PACK	UK HORIZONS WORLD/ ACCESS PACKS	CARLTON FOOD NETWORK LIFESTYLE PACK	6.00 AM MORNING
6.00am Power Breakfast 8.00 Pop-Up Video 9.00 Upbeat 12noon Behind the Music: Meat Loaf A look at the incredible life story of the huge rock star. 1.00pm Greatest Hits: Simply Red The band's biggest hits. 1.30 Pop-Up Video 2.00 Fleadh 2000 A prestigious array of Irish, Celtic and international talent from the London Fleadh. The Corrs headline once again while Billy Bragg, the master of the personal and political song, headlines stage two.	12noon Croc Files 12.30pm Going Wild with Jeff Corwin Glacier National Park, Montana 1.00 Zoo Chronicles 1.30 Zoo Chronicles 2.00 Pet Rescue with Wendy Turner. 2.30 Kratt's Creatures Arribada II - Running the Gauntlet 3.00 Woof! It's a Dog's Life Curbing canine aggression. 3.30 Woof! It's a Dog's Life Starting puppy training. 4.00 Animal Planet Unleashed Howie finds out what it is like to shear a sheep. 4.30 Croc Files A look at the wild pig. 5.00 Pet Rescue Follow the fortunes of abandoned animals. 5.30 Going Wild with Jeff Corwin Los Angeles 6.00 The Aquanauts How dolphins are helping sick children in Florida. 6.30 Croc Files Learn how to trap rogue crocodiles in the wild. 7.00 Survivors Orang-utans A look at an orphanage for orang-utans that are being found abandoned in Borneo's forest region. 8.00 Wild Rescues An adopted golden retriever aids sick children. 8.30 Wild Rescues Featuring a look at a home for old and abused horses. 9.00 Crocodile Hunter Steve's Greatest Crocodile Captures Steve's most hair-raising crocodile encounters. 10.00 Savannah Cats A look at how the lion and the cheetah rear their young and how they hunt food for their families on the African plains. 11.00 Emergency Vets A three-year-old shepherd mix is hit by a car. 11.30-12midnight Emergency Vets	<i>The comedian deals with illness in 'The Tom Green Show: Cancer Special'. MTV 10.30pm</i> ITV2 ACCESS PACK 4.00pm Trisha A double bill of heartwarming and hair-raising true stories with Trisha Goddard and a studio audience. Text 6.00 The Extremists Series about hair-raising sports and activities. 6.30 Feature 7.00 Feature 7.30 Feature 8.00 Sunset Beach Olivia and Bette are haunted by events from their past and Ricardo tries to make amends. 8.50 Chart Choice 9.00 Supply and Demand Blood Ties - Part II Natalasha is forced to call the shots and Roger's identity is revealed. Text 10.00 Coronation Street A chance to catch tonight's episode from ITV. Text 10.30 Nuts and Bolts Dave is on the war path. 11.00 The Jerry Springer Show Outrageous American talk show with Jerry Springer. 11.50 The Late Show with David Letterman Top-rated chat show with host and humourist David Letterman and guests. 12.40am Freaky Stories Ghoulish animation. 12.50 The Extremists Extreme sports and activities. 1.20-1.50am Feature	7.00am Holiday in Style 8.00 Ready, Steady, Cook 8.30 Can't Cook, Won't Cook 9.00 Changing Rooms Down Under 9.30 Real Rooms 10.00 Change That 10.30 A Room with a Clue 11.00 How Does Your Wallpaper Hang? 12noon Good Living 12.30pm Style Challenge 1.00 Rick Stein's Seafood Odyssey 1.30 Ready, Steady, Cook 2.00 Ground Force 2.30 Gardening Neighbours 3.00 Learn to Garden with Stefan Buczacki Horticultural lessons for the novice gardener. 3.30 Gardeners' World 4.00 Stefan's Garden Roadshow 4.30 Good Living Lifestyle series featuring a makeover with a canine twist. With Jane Asher. 5.00 Can't Cook, Won't Cook Cookery challenge. 5.30 Changing Rooms: New Zealand Room makeover show. 6.00 Antiques Roadshow Cannock Members of the public bring along their antiques for examination. 7.00 Real Rooms The experts transform a girl's playroom. 7.30 Change That Interior design roadshow with Mark Curry. 8.00 Style Challenge Fashion experts give people dream makeovers. 8.30 Antiques Treasure Trail Antiques buying in France. 9.00 Ground Force Newport, Gwent The team create an ultra-modern garden. 9.30 Home Front: Inside Out Design and interiors show. 10.30 House Invaders DIY makeover show. Linda Barker and the team tackle a run-down house in Croydon, Surrey. 11.00 BBC Gardener of the Year Scotland With Alan Titchmarsh. 11.30 Garden Stories Therapy 12midnight Garden Magic Toby Buckland and Lisa Davis offer instant solutions to gardening dilemmas. 12.30am-1.00am Stefan's Garden Roadshow Stefan Buczacki offers help and advice on gardening dilemmas.	7.00am Tomorrow's World Plus 7.50 Dream House 8.20 Molly's Zoo 8.50 Vets to the Rescue 9.20 Tomorrow's World Plus 10.15 Killing for a Living 11.15 The Deep 12.15pm Zoo's Company 12.45 City Hospital 1.45 Joanna Lumley in the Kingdom of the Thunder Dragon 3.15 Molly's Zoo An insight into life at Twycross Zoo. 3.45 Vets to the Rescue Heartwarming stories of pets in need. 4.20 Animal Hospital Rolf Harris catches up with the action at the busy 24-hour RSPCA hospital. 4.50 Zoo At Whipsnade Zoo, a newcomer is making a stir. 5.25 The Cruise Stormin' Norman Trouble stirs in the casino. 5.55 City Hospital Gaby Roslin and her team report on the triumphs and trials of life for the patients and staff at Southampton General Hospital. 6.55 Future Fantastic Weird Science A look at invisibility, telepathy, limitless energy and anti-gravity. 7.30 Local Heroes Scotland 8.00 Animal Hospital More RSPCA action. 8.30 What Went Wrong? Fire engulfs a 13-storey building in New Delhi. 9.00 The Cruise Stormin' Norman Trouble stirs in the casino. 9.35 HMS Brilliant Gladys Takes the Rap HMS Brilliant is back at sea and caught up in a maritime courtroom drama. 10.35 HMS Brilliant Homeward Bounders After seven long months away from home, the crew are on their way home. 11.30 Paddington Green Docusoap. 12.05am-1.00am High on Crack Street UK PLAY: 1.00am The Joy of Decks 2.15 Uncut Funk 3.00 Mark and Lard's Pop Upstairs Downstairs 3.30 Bod 3.45-7.00am The Joy of Decks	7.00am Tessa's Tastebuds 7.30 Kitchen College 8.00 Network Daily 8.45 Quick Cooks 9.00 Jenny Bristow Cooking in the Kitchen 9.30 Classic Dishes 10.00 Caribbean Kitchen 10.30 Simply Puddings 11.00 Flash in the Pan 11.30 Newman Meets 12noon Four Burners and a Grill 12.30pm Pacific Food 1.00 Kitchen College 1.30 Aldo's Italian Job 2.00 Network Daily 2.45 Quick Cooks 3.00 Jenny Bristow Cooking in the Kitchen Perfecting the Pasta 3.30 Tessa's Tastebuds 4.00 Simply Puddings Children's Puddings 4.30 Classic Dishes James Martin prepares fish and chips. 5.00 A to Z of Food and Beauty 5.30 Four Burners and a Grill 6.00 Coxon's Kitchen College 6.30-7.00pm Peter Gordon's Pacific Food NATIONAL GEOGRAPHIC CHANNEL FAMILY PACK 7.00pm The Invisible World Take an absorbing look at realms beyond man's sight with the use of special photographic equipment. 8.00 Treasure Seekers: Africa's Forgotten Kingdom Uncover the site of a great 8th-century civilisation in southern Africa. 9.00 The Face of Genius Explore the minds of the brilliant, including computer hackers, master magicians and dictators. 10.00 In Search of Human Origins Part one of a three part series exploring the beginnings and expansion of the human race. 11.00 The Abyss A look at Low's Gully in south-east Asia - one of the greatest ravines on Earth and described as an inverted Mount Everest. 12midnight-1.00am Mustang Man Discover how a real-life horse whisperer has developed a way of taming the wild horses of Nevada to help preserve the species.	3.00 PM 4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00 NIGHT TIME
CHALLENGE TV MUSIC & GAMES PACK	DISCOVERY HOME & LEISURE WORLD PACK	RAPTURE BONUS CHANNEL	LOCAL CHANNEL ACCESS PACK			
5.00pm Cross Wits 5.30 Sale of the Century 6.00 Family Fortunes 6.30 100% 7.00 Stars in Their Eyes 7.30 Beadle's About 8.00 Gladiators More challenges between super-fit members of the public and the Gladiators. 9.00 Whittle 9.30 Strike it Lucky 10.00 Sale of the Century 10.30 Family Fortunes	11.00 Stars in Their Eyes 11.30 Endurance II 12midnight Beadle's About 12.30am Gladiators 1.30 The Cooler 2.00 Karaoke Challenge 2.30 3-2-1 3.30 The Krypton Factor The gruelling test of mental agility and physical stamina. 4.00 Say the Word 4.30 Whittle 5.00-6.00am Shopping with Screenshop	6.00am The Joy of Painting 6.30 Grassroots 7.00 The Great Gardening Plot 7.30 Doing it Up 8.00 How to with B & Q 8.05 The House Doctor 8.35 Our House Down Under 9.05 The Joy of Painting 9.35 Grassroots 10.05 How to with B & Q 10.10 The Great Gardening Plot 10.40 Two's Country 11.10 Last in the League 11.40 Home Savvy 12.10pm How to with B & Q	12.15 Hometime 12.45 Classic This Old House 1.15 Home Again with Bob Vila 1.45 Wood Wizard 2.15 How to with B & Q 2.20 The New Yankee Workshop 2.50 Kingsbury Square 3.20 Rex Hunt Fishing Adventures 3.50-4.00pm How to with B & Q	10.00am Freesport 10.30 World Wind Surf 11.00 High Adrenalin Action 11.30 Adrenalize 12noon Chilli Factor 12.30pm Mountain Bikes 1.00 World Wind Surf 1.30 Byte Me 2.00 Adrenalize 2.30 High Adrenaline Action 3.00 Fearless 3.30 Mountain Bikes 4.00 Freesport 4.30 World Wind Surf 5.00 High Adrenaline Action 5.30-6.00pm Adrenalize	6.00pm LLTV - Local Life 6.30 What's On TV *London area: Blue Tomorrow Chelsea FC fanzine. *Derby area: Vision Rams Derby County FC fanzine. 7.00 LLTV - Local Life 7.30 YCTV 8.00 Student Showcase 8.30 What's On TV 9.00-9.30pm LLTV - Local Life * Repeated Saturday 9.30am	

Friday 4 August

6.00 AM
MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00 PM

NIGHT TIME

CARTOON NETWORK FAMILY PACK

5.00am Flying Rhino Junior High
6.00 Fat Dog Mendoza
7.00 Tom and Jerry
8.00 Dexter's Laboratory
9.00 Angela Anaconda
10.00 The Powerpuff Girls
11.00 Dragonball Z
12.00 Fiddle Your Friday
12.30pm Looney Tunes
1.00 Fiddle Your Friday
1.30 Cow and Chicken
2.00 Fiddle Your Friday
2.30 Mike, Lu and Og

3.00 Fiddle Your Friday
3.30 Dexter's Laboratory
Chemical chaos with the bedroom professor.

4.00 Fiddle Your Friday
4.30 The Powerpuff Girls
The flighty threesome deal with more villains.

5.00 Fiddle Your Friday
5.30 Pinky and the Brain
The lab mice return with another insane plan.

6.00 Tom and Jerry
Madcap antics with the sparring cat and mouse.
6.30 The Flintstones
Prehistoric men behaving badly in Bedrock.

7.00 Scooby-Doo
More spooky goings-on.
7.30 Looney Tunes
8.00 Angela Anaconda
8.30-9.00pm Courage the Cowardly Dog

TCM FAMILY PACK

9.00pm Point Blank
Lee Marvin, Angie Dickinson, Keenan Wynn
Thriller following a tough law-breaker who returns to LA two years after his partner stole \$93,000, his wife and shot him. He begins an unstoppable mission to exact brutal revenge. 1967

10.45-1.00am Zabriskie Point
Mark Frechette, Daria Halprin, Paul Fix
Road-movie about youth rebellion in the US. 1970

CARTOON NETWORK:
1.00am The Moomins 1.30 The Magic Roundabout
2.00 Tabaluga 2.30 Blinky Bill 3.00 The Tidings
3.30 The Fruitties
4.00 The Moomins
4.30-5.00am The Magic Roundabout

THE HISTORY CHANNEL WORLD PACK

12.00 Legends of the Werewolves
12.55pm Photos for the Future II
1.00 Bonnie Prince Charlie
1.30 The Battle of Verdun
2.00 Biography When Diana Died
3.00 World War I
3.30 From the Bomb to The Beatles
Aftermath
4.00 Bombers

5.00 Submarines
6.00 Master Spies
6.55 Photos for the Future II
7.00 The Warrior Queen
7.30 Witchfinder General
8.00 Biography The Queen Mother
9.00 Great Crimes and Trials The Rosenbergs
9.30-10.00pm Great Crimes and Trials The Black Panther

5.00am Transylvania Pet Shop
7.30 Transylvania Pet Shop 8.00 Ren and Stimpy 8.30 Ren and Stimpy 9.00 Kenan and Kel 9.30 Kenan and Kel 10.00 Sister Sister 10.30 Sister Sister 11.00 Cousin Skeeter 11.30 Cousin Skeeter 12.00 Rugrats 12.30pm Rugrats
1.00 Rocko's Modern Life
1.30 Rocko's Modern Life
2.00 Rocko's Modern Life
2.30 Rocko's Modern Life

3.00 Rocko's Modern Life
Cartoon satire on consumer society.
3.30 Rocko's Modern Life
The adventures of two funky friends.
4.00 Kenan and Kel
The adventures of two funky friends.
4.30 Kenan and Kel
More adventures with the two funky friends.
5.00 Sabrina the Teenage Witch
5.30 Sabrina the Teenage Witch
6.00 Are You Afraid of the Dark?
6.30-7.00pm Are You Afraid of the Dark?

NICKELODEON FAMILY PACK

7.00am Transylvania Pet Shop
7.30 Transylvania Pet Shop 8.00 Ren and Stimpy 8.30 Ren and Stimpy 9.00 Kenan and Kel 9.30 Kenan and Kel 10.00 Sister Sister 10.30 Sister Sister 11.00 Cousin Skeeter 11.30 Cousin Skeeter 12.00 Rugrats 12.30pm Rugrats
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6.30-7.00pm Are You Afraid of the Dark?

PARAMOUNT COMEDY CHANNEL FAMILY PACK

7.00pm Grace Under Fire
7.30 King Of Queens
8.00 Ellen
Ellen attempts to reunite her mother and father.
8.30 Just Shoot Me
9.00 Married... With Children
9.30 Cybill
10.00 FILM: Postcards From the Edge
Meryl Streep, Shirley Maclaine, Dennis Quaid
Comedy about a drug-addicted actress who, after rehab, must go and live with her mother - an alcoholic ex-film star - in order to keep her job. 1990
11.55 Cheers
12.25am Cheers 12.55 Rex The Runt 1.05 NewsRadio 1.30
Whose Line is it Anyway? 2.00 Hitz
2.30 Encore! Encore!
3.00 It's Garry Shandling's Show
3.30-4.00am Abbott and Costello

7.00pm Grace Under Fire
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9.00 Married... With Children
9.30 Cybill
10.00 FILM: Postcards From the Edge
Meryl Streep, Shirley Maclaine, Dennis Quaid
Comedy about a drug-addicted actress who, after rehab, must go and live with her mother - an alcoholic ex-film star - in order to keep her job. 1990
11.55 Cheers
12.25am Cheers 12.55 Rex The Runt 1.05 NewsRadio 1.30
Whose Line is it Anyway? 2.00 Hitz
2.30 Encore! Encore!
3.00 It's Garry Shandling's Show
3.30-4.00am Abbott and Costello

7.00pm Grace Under Fire
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FOX KIDS FAMILY PACK

6.00am Oggy 6.10 Bad Dog 6.30 Bobby's World 6.55 Jim Button 7.15 Walter Melon 7.40 Inspector Gadget 8.00 Oggy 8.10 Biker Mice 8.30 Dennis and Gnasher 8.55 Sailor Moon 9.15 Sailor Moon 9.40 Digimon 10.00 Power Rangers 10.20 Monster Rancher 10.45 Masked Rider 11.05 X-Men 11.30 Spy Dogs 11.50 Ace Ventura 12.15pm Walter Melon 12.35 Inspector Gadget 1.00 Woody 1.10 Casper 1.30 Donkey Kong 1.55 Dennis and Gnasher 2.20 Life with Louie 2.40 Princess Sissi

3.00 Princess Starla and the Jewel Riders
3.20 Sailor Moon
Cult Japanese cartoon.
3.45 Mighty Morphin' Power Rangers
4.05 Mighty Morphin' Power Rangers
4.30 Digimon
The adventures of seven kids in a bizarre world.
4.50 Masked Rider
The adventures of Dex, a teenage alien superhero.

5.15 Monster Rancher
5.35 Biker Mice from Mars
6.00 The New Addams Family
6.25 Casper
6.35-7.00pm Goosebumps

SHOP! LIFESTYLE/ SELECTION PACKS

6.00am Shop! Selection
7.00 Kitchen Shop! Kitchen equipment.
8.00 Jewellery Shop!
9.00 Clothes Shop!
10.00 Home Shop!
Style ideas for the home.
11.00 Kitchen Shop!
12.00 Shop! Outlet
1.00pm Shop! Special
2.00 Shop! Selection
3.00 Clothes Shop!
20 fashion ideas.
4.00 Jewellery Shop!
A selection of jewellery.
5.00 Shop! Preview
6.00 Shop! Selection
7.00-7.30pm Jewellery Shop!

GMTV 2 ACCESS PACK

GMTV2 offers pre-school and lifestyle shows between 6.00am and 9.25am. Weekdays: The News Hour at 6.00am followed by children's shows. Saturdays: Children's programming and a round-up of the week's news in The Review. Sundays: Highlights include a Pokémon triple bill and The Review.

QVC LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day - so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Fashion at 5.00pm.

QVC LIFESTYLE/ SELECTION PACKS

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NEWS AND INTERNATIONAL

BBC NEWS 24 NEWS & SPORT/ ACCESS PACKS

6.00am News 7.00 News 8.00 News 9.00 News 9.30 World News 10.00 News 11.00 News 12.00 News 1.00pm News 2.00 News 3.00 News 4.00 News 5.00 News 6.00 News 7.00 News 7.30 Sportsday 8.00 News 9.00 News 9.30 HARDtalk 10.00 News 11.00 News 11.30 World Business Report 12midnight News 1.00am News 2.00 News 2.30 World Business Report 3.00 News 3.30 HARDtalk 4.00 News 4.45 Asia Today 5.00 News 5.30-6.00am Talking Movies

CNN INTERNATIONAL NEWS & SPORT PACK

News throughout the day, plus:
5.00am This Morning 5.30 World Business 6.00 This Morning 6.30 World Business 7.00 This Morning 7.30 World Business 8.00 This Morning 8.30 Sport 9.00 Larry King 10.30 Sport 11.30 Biz Asia 12.30pm Style 1.15 Asian Edition 1.30 World Report 2.30 Showbiz 3.00 Pinnacle 3.30 Sport 4.30 Inside Europe 5.00 Larry King Live 7.30 World Business Today 8.30 Q&A 9.30 Insight 10.00 World Business Today 10.30 Sport 11.00 WorldView 11.30 Asia Business Morning 12midnight Moneyline 12.30am Showbiz 1.00 World News Americas 1.30 Inside Europe 2.00 Larry King 4.30-5.00am American Edition

SKY NEWS NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus:
6.00am Sunrise 10.30 Sky World News 11.30 Money 12.00 Sky News Today 2.30pm Your Call 3.00 Sky News Today 4.30 Sky World News 5.00 Live at Five 8.30 Sky Business Report 9.30 Answer the Question 10.00 Sky News at Ten 10.30 Sportsline 12.30am CBS Evening News 1.30 Your Call 2.30 Sky Business Report 3.30 Answer the Question 4.30 Week in Review 5.30-6.00am CBS Evening News

INTERNATIONAL

TV5 5.00am Journal 5.15 Journal des Journaux 5.30 Télématin et le Journal du Temps 7.00 Journal 7.30 Fête des Bébés 8.00 Infos 8.05 Zig Zag Café 9.00 Journal 9.15 Des Trains pas Comme les Autres 10.00 Les Conflits Verts 11.00 Infos 11.05 100% Questions 11.30 Journal 12.00 Infos 12.05pm Passe-moi les Jumelles 1.00 Journal 1.15 Fort en Tête 2.15 C'est Mon Choix 3.00 Journal 3.15 Questions 3.30 Les Carnets du Bourlingueur 4.00 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal 5.15 Les Années Belges 6.00 Des Trains pas Comme les Autres 7.00 Journal 7.30 Journal 8.00 Infos 8.05 Diva 9.00 Journal 9.15 Fous d'Humour/Parlez-moi d'Amour 11.00 Journal 11.30-12midnight Soir 3

ASIANET ADD-ON CHANNEL CABLE EXCLUSIVE

7.30am Juke Box 8.00 DD News 8.30 DD Programme 9.00 FILM 11.30 News 12.00 Rajni 12.30pm Baaje Payal 1.00 Swabimaan 1.30 FILM 4.00 Jaldi Jaldi 4.30 Juke Box 5.00 Agar 6.00 Tiger 6.30 Asianet Legal Live 7.15 Swabimaan 7.40 News 8.00 Aarzoo 8.30 Dard 9.00 FILM 11.30 News 12midnight MTV Fresh 12.30am Asianet Legal Show 1.15 FILM 4.00 Music Box 4.30 Dard 5.00 MTV 123 6.00 Jaldi Jaldi 6.30 DD Programme 7.00-7.30am DD Programme

ZEE TV ADD-ON CHANNEL

6.00am Beegi Ki Pg 6.30 Bhakti Songs 7.00 Faith: Islam 7.30 Daily News 8.00 Pakistan News Link 8.30 Kartavya 9.00 Sanskar 10.00 Deewangi 11.00 Zaike Ka Safar 11.30 Making of a Legend 12.00 FILM 3.00pm Dear Women 3.30 Zee Premiere Show 4.00 Kartavya 4.30 Aashiqui 5.00 Sare Jahan Se Acha 5.30 Amanat 6.00 Yehi To Pyar Hai 6.30 Footloose 7.00 Net Asia Up Beat 7.30 Entertainment Express 8.00 News Bulletin 8.30 Muskan 9.00 Sampat Aur Sampat 9.30 Mehendi Tere Naam Ki 10.00 Thriller at 10 10.30 The X Zone 11.30 Kasak 12midnight Punjabi News 12.30am FILM 3.30 Hum Paanch 4.00 Daraar 4.30 Campus 5.00 Commander 5.30-6.00am Flu

CHRISTIAN CHANNEL EUROPE WORLD PACK

5.00am 700 Club 5.30 Gospel Truth - Andrew Wommack 6.00 Good News 6.30 Changing Your World 7.00 Believers' Voice of Victory 7.30 This is Your Day 8.00 Behind the Screens 8.20 Thought for the Day 8.30 Life in the Word 9.00 The Messenger 9.30 Winning Ways - Matthew Ashimolowa 10.00 CMTV 10.30-11.00am 700 Club Replay

BLOOMBERG WORLD PACK

2.00am Asian Market Report 2.30 Wall Street Report 3.00 Tokyo Live 4.45 Clarke's Chronicles 5.05-6.00am US Market Report

BBC PARLIAMENT NEWS & SPORT PACK

Parliament is in recess.

WIN A TV!

PRIZE CROSSWORD

SPONSORED BY **ChallengeTV**

FOR MORE BRAINTEASERS, TUNE INTO CHALLENGE TV NIGHTLY FROM 5.00PM



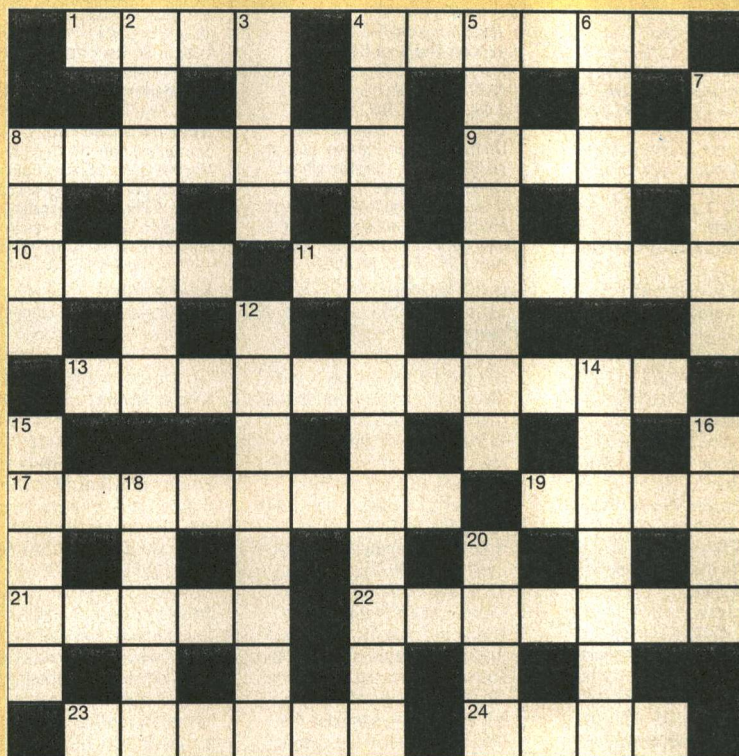
Your crossword know-how could win you a fabulous 21in Teletext television! When you've completed the puzzle, send it to us with your name and address by 21 August. The first correct entry drawn wins.

Across

1. How they put a performance on TV (4)
4. The Man of (electronic) parts (6)
8. Ms Quirk takes a line up and twists it (7)
9. Sheepdog competition on television may be a bit of an ordeal (5)
10. Without an ending, 6 is quite an eyeful (4)
11. Roughly draws comedy scenes for the shows maybe (8)
13. As a star she may have written diary on Wren (6,5)
17. If Clint's upset he does some damage (8)
19. Bridges a man attentive to fashion? (4)
21. Well done for joining Juliet on a police series (5)
22. Have a close look when Maxine's turn goes east (7)
23. Turning point where credit is repeated (6)
24. It sounds as if Elaine's playing Buttons (4)

Down

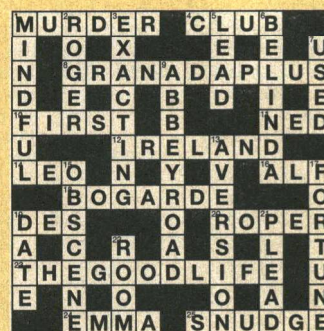
2. The great escapologist who hid in Open University somehow (7)
3. Stay where you are and a carol singer may appear (4)
4. The bulletins with the corn flakes (9,4)
5. Says tout is wrong and oversteps his welcome (8)
6. Like Liam to spell whisky with an 'e' (5)
7. Glenn must be near the top of the star list (5)
8. Replenish, one is told, an *Eastenders* character (4)
12. They're as far as UK can see on this channel (8)
14. A time for Front Row viewing on Channel 51 (7)
15. I'm Bob, and put out by an attractive young woman (5)
16. John Wayne made a fist of it (4)
18. Natural aptitude shows up in a pictorial fashion (5)
20. The rising trouble Rigsby was in (4)



The first correct entry drawn at random wins. There is no cash alternative to the prize. If the prizewinner cannot take up the prize, *Cable Guide* reserves the right to award it to a runner-up. The Editor's decision is final. No employees of *Cable Guide*, Challenge TV or associated companies are eligible to enter.

JULY SOLUTION

Send completed crosswords (only one per household) to:
Prize Crossword No 8,
Cable Guide, PO Box 2176,
London W1A 5TW, and
please include a daytime
telephone number
● Congratulations to
June's TV winner,
Mrs Kilmister, from Gloucester



No 8 by Peter Knight

LOVE STARS

BY MARGIE THILLART

AUGUST BIRTHDAYS

7th David Duchovny 9th Gillian Anderson
17th Sean Penn 19th Matthew Perry
25th Sean Connery 28th Shania Twain

Sensational ★★★ Stimulating ★ Satisfactory ★

Aries

21 March-20 April ★★★
MARS is your salvation, providing the impetus to heal emotional wounds and meet major challenges. Without any of the fanfare usually associated with your sign, you'll come up with some very clever solutions in this action-packed month.

Libra

24 September-23 October ★★
EXPECT the unexpected this month and be prepared to make an on-the-spot decision. A romantic proposal or tempting offer could come out of the blue and you'll have to make judgments based on instinct rather than logic.

Taurus

21 April-21 May ★★
LOOK at life in a light-hearted way and you'll survive the ups and downs of this chaotic month. Mayhem and madness are predicted for your sign, and rather than being alarmed by events, you must learn to roll with the punches.

Scorpio

24 October-22 November ★
YOU may feel as if you're on an emotional see-saw, when the actions of others impact on your personal life. The major lesson for your sign this month is learning how to look at life and love more objectively.

Gemini

22 May-21 June ★★
SATURN alerts you to the seriousness of a situation and unless you change your childlike ways, you may lose something or someone you love. Stop telling those little white lies and be totally honest with yourself and others.

Sagittarius

23 November-22 December ★★
SUN in Leo sets you free and puts you in touch with your innermost feelings. Some of you may connect with a person from the past soon and rekindle a romance. Others will get a lucky break that leads to a more comfortable lifestyle.

Cancer

22 June-23 July ★★
MATTERS of conscience may arise and you'll be torn between telling the truth and protecting yourself. Trouble and temptation are predicted for your sign this month and unless you take the moral highground, there could be a backlash later.

Capricorn

23 December-20 January ★★
YOU always strive to do the right thing by others, often to the detriment of your own emotional health and wellbeing. However, in the weeks ahead you'll be more inclined to act out of self-interest and nurture your own needs.

Leo

24 July-23 August ★★
SOMEONE in your life may unintentionally hurt you with their offhand remarks or lack of empathy. However, while aggressive Mars highlights potential problems with the opposite sex, it also makes you strong, confident and ready to retaliate.

Aquarius

21 January-19 February ★★
WITH so much happening during the first half of the year, you'll be happy just to cruise along for the next few months. This is a great time to nurture relationships and look for new ways to spend your leisure time.

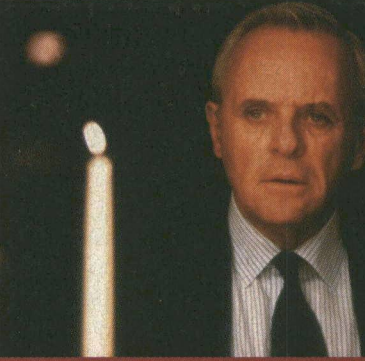
Virgo

24 August-23 September ★★
IN AN effort to keep the peace, you'll be inclined to give in without a fight this month. Your sign has had its fair share of ups and downs this year, and now you're looking for greater stability in relationships and your field of work.

Pisces

20 February-20 March ★★
YOUR patience will pay off this month and you'll celebrate a successful outcome with loved ones. With powerful planets beaming positive energy your way, a cherished dream may at last come true and your life will finally be back on track.

Saturday 5 August

	SKY PREMIER PREMIUM CHANNEL	SKY MOVIE MAX PREMIUM CHANNEL	SKY CINEMA PREMIUM CHANNEL		
MORNING	6.00am The Scarlet Tunic 1997, rating Sky PG, 88 mins 7.35 Buddy Text 1997, rating Sky U, 80 mins 9.00 The Karate Kid: Part II 1986, rating Sky PG, 113 mins 10.55 Hope Floats Romantic comedy. Text 1998, rating Sky PG, DS, 110 mins 12.50pm Babe: Pig in the City 1998, rating Sky PG, DS, 92 mins 2.25 Buddy Rene Russo, Robbie Coltrane Family comedy. Text 1997, rating Sky U, DS, 80 mins 3.50 The Beautician and the Beast Fran Drescher, Timothy Dalton Comedy about an ambitious beautician who, on her travels to Eastern Europe, is mistaken for an academic and hired as a tutor for the children of an Eastern European dictator. The woman soon bonds with the kids and brings some much-needed colour to the castle. Text 1997, rating Sky PG, 102 mins 5.50 Babe: Pig in the City James Cromwell, Mickey Rooney, Mary Stein Sequel to the family film <i>Babe</i> continuing the adventures of the lovable pig who thinks he is a sheepdog. When the porker travels to the big city to help his human friends, he encounters a whole new world out there. 1998, rating Sky PG, DS, 92 mins 7.30 Preview Show A look at what's coming up on Sky's movie channels. 8.00 Meet Joe Black Brad Pitt, Anthony Hopkins, Claire Forlani, Jake Weber PREMIERE Romantic drama about a mysterious young man who arrives at the household of a media mogul and falls in love with his sophisticated and beautiful daughter, much to her father's annoyance. Unfortunately, matters become even more complicated when it transpires the handsome, but mysterious, young man is not who he claims to be but is instead the personification of Death himself. 1998, rating Sky 12, DS, 173 mins 11.00 Lethal Weapon 4 Mel Gibson, Danny Glover, Rene Russo, Jo Pesi, Chris Rock Action comedy. The duo are back, this time investigating the Chinese Triads. Text 1997, rating Sky 15, 121 mins 1.05am The Gingerbread Man Kenneth Branagh, Embeth Davidtz Text 1998, rating Sky 15, 109 mins 3.00 The Directors: The Films of John Frankenheimer 4.00-6.00am Payback Corey Michael Eubanks Hard-hitting action drama. 1990, rating Sky 15, 91 mins	6.00am A Thousand Heroes 1992, rating Sky PG, 88 mins 8.00 Never Tell Me Never 1997, rating Sky U, DS, 96 mins 10.00 Dangerous Evidence Lynn Whitfield, Richard Lineback 1999, rating Sky PG, 86 mins 12noon The Soul Collector Melissa Gilbert, Bruce Greenwood 1999, rating Sky PG, 87 mins 2.00pm Never Tell Me Never Claudia Karvan, Diane Craig Drama based on the true story of an Olympic hopeful skier whose career dreams are shattered after an accident. Rendered paraplegic, she summons up the willpower and strength to defy the odds. 1997, rating Sky U, DS, 96 mins 4.00 Au Pair Gregory Harrison, Jane Sibbett, Heidi Noelle Lenhart Comedy. A graduate believes she has landed the job of her dreams, only to discover that she has been employed as a nanny to the boss' children. However, she quickly warms to her new position and gradually the children grow fond of her. 1999, rating Sky U, DS, 90 mins 6.00 Dangerous Evidence Lynn Whitfield, Richard Lineback, Richard Yearwood Drama based on a true story. A lawyer takes up the case of a marine accused of a brutal rape she believes he did not commit. Going head-to-head with the military system, she uses the media's interest in the case to her client's advantage. 1999, rating Sky PG, 86 mins 8.00 Storm Luke Perry, Martin Sheen, Robert Knott, David Moses Thriller about a meteorologist who must save Los Angeles from a destructive hurricane – the result of a government experiment gone wrong. 1999, rating Sky 12, 86 mins 9.30 Still Crazy Stephen Rea, Billy Connolly, Jimmy Nail, Timothy Spall British comedy in which Strange Fruit, a once-successful 1970s rock band, attempt to stage a reunion in the 1990s to re-capture lost glory. Text 1998, rating Sky 15, 92 mins 11.05 Chubby Goes Down Under Roy 'Chubby' Brown Live recording of the stand-up comedian in Australia. Text 1998, rating Sky 18, 82 mins 12.35am The Servants of Twilight Bruce Greenwood, Grace Zabriskie 1991, rating Sky 15, 91 mins 2.10 Bad to the Bone 1997, rating Sky 12, 86 mins 3.40 Mister Frost 1990, rating Sky 15, 85 mins 5.10-6.45am Au Pair 1999, rating Sky U, DS, 90 mins	11.00am Monkey Business Cary Grant, Ginger Rogers, Charles Coburn, Marilyn Monroe Comedy in which a professor and his wife find themselves regressing to a state of childhood. 1952, rating Sky U, 93 mins 1.00pm So Dark the Night Steven Geray, Ann Codee French-set murder mystery. 1946, rating Sky PG, 67 mins 2.15 What a Carve Up! Sid James, Kenneth Connor, Michael Gough, Shirley Eaton Comedy set in an allegedly haunted house, following the ghostly goings-on when a dead man's family is summoned to the reading of his will. 1961, rating Sky PG, 84 mins 4.00 Nadine Jeff Bridges, Kim Basinger, Rip Torn, Glenn Headly Deep South comedy in which two divorcees team up to help solve a murder mystery – and to rebuild their shattered love lives. 1987, rating Sky PG, 80 mins 5.30 Hollywood Hall of Fame: Marilyn Monroe A series of fascinating shows featuring the greatest stars. 6.00 Monkey Business Cary Grant, Ginger Rogers, Charles Coburn, Marilyn Monroe Chaotic comedy. An absent-minded professor, his beautiful wife, his boss and his secretary find themselves regressing to a state of childhood when a laboratory monkey accidentally dumps an elixir-of-youth potion into their water supply. 1952, rating Sky U, 93 mins 8.00 Batman Returns Michael Keaton, Michelle Pfeiffer, Danny DeVito, Pat Hingle The world's most enigmatic superhero resurfaces for another adventure. This time, he's pitted against a villainous feathered freak and a devious, sexually-charged feline femme fatale, both of whom are out for revenge against the world which has treated them so cruelly. 1992, rating Sky 15, DS, 121 mins 10.10 Scarecrow Gene Hackman, Al Pacino, Dorothy Tristan, Eileen Brennan Drama. A pair of slackers – one who has just split from his wife, and the other who wants to start a car-wash business – wind up hitch-hiking together, and while on they road they start to learn a good deal about life. 1973, rating Sky 18, 108 mins 12.05am The Adventurers Bekim Fehmiu, Charles Aznavour Adventure drama. 1970, rating Sky 18, 169 mins 3.00 The Curse of the Mummy's Tomb Terence Morgan, Ronald Howard 1964, rating Sky 15, 77 mins 4.20-6.00am Sirocco 1951, rating Sky PG, 94 mins	 Anthony Hopkins makes a deal with Death in the premiere of 'Meet Joe Black'. Sky Premier 8.00pm	
	3.00 PM				
	4.00 PM				MOVIE RATINGS Sky U: Suitable for viewing by all Sky PG: Parental Guidance suggested Sky 12: Suitable for viewers aged 12 years and over Sky 15: Suitable for viewing by people of 15 years or over Sky 18: Suitable for viewing by adults only Text: film is subtitled on page 888 of Fastext Widescreen: shown in cinema (letterbox) format
	5.00 PM				
6.00 PM				FILMFOUR ADD-ON CHANNEL 6.00pm Jean De Florette Gérard Depardieu, Elisabeth Depardieu, Yves Montand French drama which was the prequel to <i>Manon Des Sources</i> . A city dweller inherits a picturesque plot of land in Provence and, dreaming of the country life, he moves there with his family but soon finds that greed and jealousy exist as much in the country as they do in the town. 1986, 120 mins 8.05 Manon Des Sources Emmanuelle Béart, Yves Montand, Daniel Auteuil Conclusion to the story begun in <i>Jean De Florette</i> . A young girl is transformed into a beautiful shepherdess and learns the truth behind her father's untimely death. She then sets out to find those responsible. 1986, 113 mins 10.00 Things to Do in Denver When You're Dead Andy Garcia, Christopher Walken, Gabrielle Anwar Thriller. A former gangster tries to go straight until the Mob boss asks him to do one last job – to frighten off the guy dating the girl his son likes. Reluctantly, the former gangster agrees to do the deed but things go horribly wrong. 1995, 111 mins 12midnight The Driver Ryan O'Neal, Bruce Dern Film noir. 1978, 87 mins 1.35am The Wages of Fear Yves Montand, Charles Vanel Thriller. 1953, 140 mins 4.00-6.00am Roadracers David Arquette, Salma Hayek Re-make of one of the early 1950s AIP shorts. 1993, 89 mins	Create your own personal TV diary: www.cableguide.co.uk CARLTON CINEMA LIFESTYLE PACK 7.00pm Miles to Go Before I Sleep Martin Balsam, Mackenzie Phillips, James Keach Family drama. An older man tries to keep busy in his retirement by taking a job at a rehabilitation centre for troubled teens. There he meets numerous problematic delinquents but one of them in particular tugs on his heartstrings. Text 1974, 90 mins 9.00 The Flamingo Kid Matt Dillon, Richard Crenna, Hector Elizondo, Jessica Walter Teen-angst drama about a boy from Brooklyn who takes a summer job at a beach club while waiting to go to college. But, soon after taking the job, he begins to idolise a slick player and starts to experience the glamorous lifestyle, making him rethink his future. 1984, 100 mins 11.00 Streets of Fire Michael Pare, Diane Lane, Rick Moranis, Amy Madigan Stylish adventure in which a female rock star is abducted by bikers. 1984, 94 mins 12.45am The Naked Edge Deborah Kerr, Gary Cooper Suspense thriller about a blackmail plot. 1961, 99 mins 2.45 Back Roads Sally Field, Tommy Lee Jones Road comedy about a hooker and a drifter. Text 1981, 94 mins 4.30-7.00am Bon Voyage! Comedy. 1962, 130 mins
8.00 PM					
9.00 PM					
10.00 PM					
11.00 PM					
12.00					
NIGHT TIME					

Anthony Hopkins makes a deal with Death in the premiere of 'Meet Joe Black'. Sky Premier 8.00pm

MOVIE RATINGS

Sky U: Suitable for viewing by all
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Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

FILMFOUR ADD-ON CHANNEL

6.00pm Jean De Florette
Gérard Depardieu, Elisabeth Depardieu, Yves Montand
French drama which was the prequel to Manon Des Sources. A city dweller inherits a picturesque plot of land in Provence and, dreaming of the country life, he moves there with his family but soon finds that greed and jealousy exist as much in the country as they do in the town. 1986, 120 mins
8.05 Manon Des Sources
Emmanuelle Béart, Yves Montand, Daniel Auteuil
Conclusion to the story begun in Jean De Florette. A young girl is transformed into a beautiful shepherdess and learns the truth behind her father's untimely death. She then sets out to find those responsible. 1986, 113 mins
10.00 Things to Do in Denver When You're Dead
Andy Garcia, Christopher Walken, Gabrielle Anwar
Thriller. A former gangster tries to go straight until the Mob boss asks him to do one last job – to frighten off the guy dating the girl his son likes. Reluctantly, the former gangster agrees to do the deed but things go horribly wrong. 1995, 111 mins
12midnight The Driver
Ryan O'Neal, Bruce Dern
Film noir. 1978, 87 mins
1.35am The Wages of Fear
Yves Montand, Charles Vanel
Thriller. 1953, 140 mins
4.00-6.00am Roadracers
David Arquette, Salma Hayek
Re-make of one of the early 1950s AIP shorts. 1993, 89 mins

Create your own
personal TV diary:
www.cableguide.co.uk

CARLTON CINEMA LIFESTYLE PACK

7.00pm Miles to Go Before I Sleep
Martin Balsam, Mackenzie Phillips, James Keach
Family drama. An older man tries to keep busy in his retirement by taking a job at a rehabilitation centre for troubled teens. There he meets numerous problematic delinquents but one of them in particular tugs on his heartstrings. Text 1974, 90 mins
9.00 The Flamingo Kid
Matt Dillon, Richard Crenna, Hector Elizondo, Jessica Walter
Teen-angst drama about a boy from Brooklyn who takes a summer job at a beach club while waiting to go to college. But, soon after taking the job, he begins to idolise a slick player and starts to experience the glamorous lifestyle, making him rethink his future. 1984, 100 mins
11.00 Streets of Fire
Michael Pare, Diane Lane, Rick Moranis, Amy Madigan
Stylish adventure in which a female rock star is abducted by bikers. 1984, 94 mins
12.45am The Naked Edge
Deborah Kerr, Gary Cooper
Suspense thriller about a blackmail plot. 1961, 99 mins
2.45 Back Roads
Sally Field, Tommy Lee Jones
Road comedy about a hooker and a drifter. Text 1981, 94 mins
4.30-7.00am Bon Voyage!
Comedy. 1962, 130 mins

FRONT ROW

SCREENING WHEN YOU'RE
GOOD AND READY
WITH CABLE & WIRELESS

See channel 50 or your Front Row spread on pages 14, 15 for further details.

KEY TO FILM CONTENT

T/C: Theme/Content
BL: Bad Language
S/N: Sex/Nudity
V: Violence

Channel 51 Matinee

JACK FROST
Rating PG, 98 mins
Drama. A man who doesn't spend much time with his son gives him a harmonica which subsequently turns out to have unexpected powers. Stars Michael Keaton and Kelly Preston.
T/C: Fantasy, children.
BL: Occasional, moderate.
S/N: Occasional, mild references. V: None
5.00am, 7.00am, 9.00am, 11.00am, 1.00pm

Channel 51 Evening

NOTTING HILL
Rating 15, 119 mins
Romantic comedy. The world's most famous movie actress falls for a struggling and rather shy bookseller who lives in West London. Stars Hugh Grant and Julia Roberts.
T/C: Romantic comedy.
BL: Infrequent, strong.
S/N: Some comic references.
V: None.
3.30pm, 5.45pm, 8.00pm, 10.15pm, 12.30am, 2.45am

Channel 52

CRUEL INTENTIONS
Rating 15, 94 mins
Drama. A spoiled rich girl challenges her stepbrother to seduce a headmaster's virginial daughter. Stars Sarah Michelle Gellar and Ryan Phillippe.
T/C: Drama, sexual relationships.
BL: Occasional, strong.
S/N: Some moderate, strong references.
V: Once, mild.
6.30pm, 8.30pm, 10.30pm, 12.30am, 2.30am

Channel 53

THE WATERBOY
Rating 12, 87 mins
Comedy. A student takes a job as a janitor and is mocked by his fellows. However, one day he retaliates – with unexpected results. Stars Adam Sandler and Henry Winkler.
T/C: Comedy, American football.
BL: Once strong, some mild.
S/N: Some mild references.
V: Infrequent, mild.
7.15pm, 9.00pm, 10.45pm, 12.30am, 2.15am, 4.00am

SKY ONE ACTION/ SELECTION PACKS	UK GOLD LIFESTYLE/ SELECTION PACKS	LIVING LIFESTYLE PACK	GRANADA PLUS ACTION PACK	DISNEY CHANNEL ADD-ON/ PREMIUM CHANNEL	
6.00am Long Play 7.30 Mega Babies 8.00 Godzilla 8.30 Mummies Alive 9.00 Pokémon 9.30 Pokémon 10.00 Pokémon 10.30 The Simpsons Text 11.00 World Wrestling Federation – Smackdown 1.00pm World Wrestling Federation – Livewire 2.00 AXN Text 2.30 Storm Warning Text 3.00 Melrose Place <i>The Trojan Stork</i> The lives and loves of trendy young adults in Los Angeles. Dr 'Coop' Cooper moves into one of the apartments. 4.00 Star Trek: Deep Space Nine <i>Trials and Tribble-Ations</i> Sisko and the crew travel back in time to the original <i>Starship Enterprise</i>. 5.00 Star Trek Long-running sci-fi action adventure series. 6.00 Pokémon <i>Pokeball Peril</i> Brock realises that Professor Ivy is a Pokémon breeder like him. 6.30 The Simpsons <i>A Milhouse Divided</i> Text 7.00 Futurama <i>The Fry and the Slurm Factory</i> 7.30 The Simpsons <i>Lisa the Sceptic</i> Townpeople believe Lisa has unearthed an angel. Text 8.00 Futurama <i>A Bicyclops Built for Two</i> Leela finally encounters another member of her race. Text 8.30 Suddenly Susan <i>Not in this Life</i> Text 9.00 Xena: Warrior Princess <i>The Return of Callisto</i> Surrounded by enemies, the princess is on a mission to help people free themselves. Text 10.00 Cops <i>Albuquerque</i> A prostitute solicits an undercover officer. Text 10.30 Cops <i>Fort Myers</i> Text 11.00 Hot Summer Downunder Real-life documentary series focusing on the antics of the residents, visitors and workers of Australia. Text 12midnight Showbiz Weekly 12.30am Tekwar Text 1.30 Manhunter 2.30 In the Heat of the Night 3.20 In the Heat of the Night 4.10 In the Heat of the Night 5.00 The Newlywed Game 5.20 The Newlywed Game 5.40-6.00am The Newlywed Game	6.00am Going Straight 6.40 Bread Text 7.15 Neighbours Omnibus Update on the street's gossip. 9.20 Dynasty Omnibus Omnibus edition of the soap about the lives of the oil-rich Carrington clan. Stars John Forsythe, Linda Evans and John James. 12.05pm EastEnders Omnibus A chance to catch up with the week's activities in Albert Square. 3.00 The Bill Omnibus The omnibus edition of the popular police drama series sees Meadows hoping a family funeral will lure a pair of jewellery thieves out into the open. Stamp tries to persuade a disgruntled convict not to blow his chances of release and a severe case of bullying leading to the stabbing of a 15-year-old boy. Starring Billy Murray, Eric Richard, Ben Roberts and Kevin Lloyd. 5.30 The Good Life <i>Sweet and Sour Charity</i> Tom and Barbara discover oil in Surbiton. Richard Briers, Felicity Kendal and Penelope Keith star. 6.05 Due South <i>Mojo Rising</i> Frasier and Ray arrest a Voodoo priest, who subsequently dies in the lock-up and then his body disappears. Their investigation leads them to a secret Haitian community. Stars Paul Gross. 7.10 FILM: Perry Mason – The Case of the Heartbroken Bride <i>Raymond Burr, Barbara Hale</i> Murder mystery featuring the ace attorney. The hottest social event of the season – the wedding of a pop star and an actor – is rudely interrupted by the groom's drunken uncle. 1993 9.00 Dalziel and Pascoe <i>A Clubbable Woman</i> Mystery series, adapted from the award-winning novels by Reginald Hill, in which Detective Superintendent Dalziel – an experienced officer – is teamed up with whizz-kid graduate Sergeant Pascoe. The wife of a local rugby star is found murdered at her home. Text 10.55 Silent Witness <i>Blood, Sweat and Tears – Part I</i> Sam has to work with an old flame to investigate the death of an apparently fit and healthy young boxer. Amanda Burton and Mick Ford star. 12midnight Silent Witness <i>Blood, Sweat and Tears – Part II</i> Stars Amanda Burton. 1.05am Red Dwarf 1.45 Red Dwarf 2.25 Red Dwarf 3.00 Red Dwarf 3.35 Silent Witness 4.30 Silent Witness 5.30-6.00am Angels	6.00am Ready, Steady, Cook 6.30 Can't Cook, Won't Cook 7.00 Tiny Living 9.00 Forgive or Forget 9.50 Relationship S.O.S. 10.25 Home and Away Omnibus 12.30pm FILM: Family Blessings <i>Lynda Carter, Ari Meyers</i> Drama about a caring mother who finds love and romance in the face of untold tragedy. 1999 2.20 FILM: The Man with Three Wives <i>Beau Bridges, Joanna Kerns, Pam Dawber, Kathleen Lloyd</i> Fact-based drama. A respected doctor falls victim to his own tangled web of obsession and deceit after it is discovered he is married to three different women. 1993 4.10 Special Babies 4.40 Maury Povich Double bill of the compelling and personal talk show dealing with mentally and emotional conflicts, hosted by veteran broadcast journalist Maury Povich. 6.20 Chat's Moral Dilemmas Julia Bradbury hosts the talk show which offers advice to people who are in a dilemma. 7.10 Forgive or Forget Host Mother Love deals with real problems in a variety of relationships. Mother Love tries to resolve them by giving guests the opportunity to forgive each other. 8.00 Judge Judy Double bill of the show in which outspoken New York City family court judge Judy Sheindlin presides over a series of real-life cases and conflicts. 9.00 Profiler Suspense thriller series about a brilliant forensic psychologist with a gift for understanding the criminal mind. Ally Walker and Robert Davi star. 10.00 Jerry Springer Double bill of the outrageous American talk show in which Jerry Springer and his guests engage in lively – and sometimes heated – discussion about relationship issues. 11.45-12midnight Sex Bites Raunchy fun with Katrina Buchanan.	6.00am On the Buses 6.30 On the Buses 7.00 Plus on Plus 7.30 Mind Your Language 8.00 Bowler 8.30 Supersonic 9.00 Mission: Impossible 10.00 Charlie's Angels 11.00 Terry and June 11.30 Terry and June 12noon Please Sir 12.30pm Plus on Plus 1.00 On the Buses 1.30 On the Buses 2.00 Agatha Christie's Partners in Crime 3.00 Emmerdale Omnibus A chance to catch up with the past week's events in this celebrated soap set in the Yorkshire Dales. Betty hears some upsetting news. Text 4.00 Charlie's Angels <i>Angel on my Mind</i> After witnessing a robbery and murder of a beach front restaurateur, Kris attempts to halt the assailant. 5.00 Cagney and Lacey <i>I'll be Home for Christmas</i> It's Christmas Eve and the 14th precinct comes to the rescue of a Santa Claus, who attempts to drive away in a stolen police car. 6.00 Watching <i>Faltering</i> Malcolm and his mother go to a London show. 6.30 George and Mildred <i>My Husband Next Door</i> 7.00 Agatha Christie's Partners in Crime <i>Affair of the Pink Pearl</i> The husband and wife team attempt to solve the theft of a valuable pink pearl. 8.00 The Chief A member of Stafford's force is accused of sexual assault and Anne tries for a reconciliation with her husband. With Tim Pigott-Smith and Karen Archer. 9.00 The New Statesman <i>Sex is Wrong</i> Satirical comedy series. 9.30 Shelley <i>Gainfully Employed</i> Comedy series. 10.00-11.00pm The Knock	6.00am PB and J Otter 6.20 Music Time 6.25 Pooh 6.40 Art Play 6.45 Toons 6.55 Spot 7.05 Bite Size 7.20 Circle Time 7.25 Bear 7.50 Olie 8.00 Boy Meets World 8.30 Teen Angel 8.55 Art Attack 9.35 Sabrina 10.00 Doug 10.30 Pepper Ann 11.00 Smart Guy 11.30 Miami 7 12noon Boy Meets World 12.30pm Incredible Story Studio 1.00 FILM: Your Choice Your Voice 2.30 Mickey Mouseworks 3.00 101 Dalmatians Canine capers. Text 3.30 Timon and Pumbaa Crazy capers with the characters from <i>The Lion King</i>. Text 4.00 FILM: Life Size <i>Tyra Banks, Lindsay Lohan, Jere Burns, Tom Butler</i> PREMIERE Comedy about a doll that's brought to life by a young girl who's mourning her recently deceased mother. 1999 5.30 Honey, I Shrunk the Kids: The TV Show <i>Honey, I Know What You're Thinking</i> Amy uses a new invention. Text 6.10 Smart Guy Intellectual capers. 6.35 Boy Meets World <i>Brothers</i> Shawn meets his half-brother, Jack. Ben Savage stars. Text 7.00 FILM: Basil the Great Mouse Detective <i>Voices of Vincent Price, Val Bettin, Barrie Ingham</i> Delightful classic about a mouse detective who embarks on the greatest case of his career when London's master toymaker is kidnapped. Text 1986 8.15 Honey, I Shrunk the Kids: The TV Show <i>From Honey, with Love</i> Text 9.00 Thunderstone Myah and her brothers decide to help the Nomads convert an old truck into a time machine. 9.30 Dinosaurs Prehistoric fun. Text 10.00 Home Improvement Comedy double. Text 11.00 Dr Quinn: Medicine Woman Text 11.50-12midnight Toons	MORNING 6.00 AM 3.00 PM 4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00 PM
CABLE CHECK Some of the channels listed may not be available in your area			GRANADA MEN & MOTORS ACTION PACK 11.00pm Sexy Shorts Late-night music show. 11.30 Sunny Hotspots and Girls The holiday show with a difference returns. 12midnight Centrefolds Documentary about the adventures of a troupe of touring centrefolds. 12.30am Beaver Espana Danni Hunt slaps on the suntan lotion and travels to the beaches of Magaluf in this series. 1.00-2.00am Bikinis & Bikes Erotic late-night series. With John Cross and the Hot Body Crew.	THE BOX MUSIC & GAMES PACK Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions. SATURDAY CONTINUES OVERLEAF...	NIGHT TIME 11.00 PM 12.00 PM

CABLE CHOICE

FILM

The Flamingo Kid
Carlton Cinema 9.00pm
An enjoyable coming-of-age drama set in the early 1960s and charting one golden summer in the life of a young New Jersey youth. Matt Dillon is blinded by the wealth at an exclusive country club and is determined to put himself up there with the social elite.

GENERAL

Castaway 2000
UK Horizons 9.35pm
What happens when 36 British people try to create a new society on the remote Outer Hebridean island of Taransay? Compulsive television viewing for scoffing couch potatoes, that's what. Today, we witness the initial selection process from 4000 willing applicants.

ADVERTISEMENT UK HORIZONS

CASTAWAY 2000 9.35PM

28 adults and eight children representing a cross-section of society volunteer for this social experiment on the island of Taransay. Amidst gale force winds and incomplete living quarters they face up to a year of survival in extreme conditions, but can the group survive each other?



Saturday 5 August

6.00 AM
MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME

CABLE CHECK
Some of the channels listed may not be available in your area

DISCOVERY WORLD PACK

4.00pm The Great Commanders
Ulysses S Grant
A profile of Ulysses S Grant, a great general of the American Civil War.

5.00 Battlefield
The Battle of Normandy
A report which looks at the risky Allied landing at Normandy, known as Operation Overlord.

6.00 Battlefield
The Battle of Normandy
A look at the crucial military decisions that determined the outcome of the D-day landings.

7.00 Konkordski
Documentary about the race between the Soviet Union and the West to build the first supersonic passenger airliner.

8.00 Scrapheap
Powerboats
Two teams are asked to build a powerboat in just ten hours using junk from a scrapheap.

9.00 Super Structures
Kansai International - Airport on the Sea
A report on the airport that is sinking into the sea.

10.00 Tornado
The Chasers
Follow a group of storm chasers during 1999 as they record some of their greatest successes.

11.00 Speedway Survival
A look at racing car accidents and their survivors. Plus, interviews with racing drivers.

12midnight Trailblazers
Down the Ganges
Travel writer Martin Buckley makes a personal pilgrimage down the Ganges River.

1.00am-2.00am Tanks
Fall of France
The role of the armoured forces in Germany's victory.

THE HISTORY CHANNEL WORLD PACK
12noon Master Spies 12.55pm
Photos For The Future II 1.00
The Warrior Queen 1.30
Witchfinder General 2.00
Biography The Queen Mother 3.00
Great Crimes and Trials The Rosenbergs 3.30
Great Crimes and Trials The Black Panther

CARTOON NETWORK FAMILY PACK

5.00am Tabaluga 5.30 Blinky Bill 6.00 Fly Tales 6.30 Flying Rhino Junior High 7.00 Fat Dog Mendoza 7.30 Ned's Newt 8.00 Mike, Lu and Og 8.30 Ed, Edd 'n' Eddy 9.00 Dexter's Laboratory 9.30 The Powerpuff Girls 10.00 Angela Anaconda 10.30 Cow and Chicken 11.00 Dragonball Z 12noon Tom and Jerry 12.30pm Looney Tunes 1.00 The Flintstones 1.30 Scooby-Doo 2.00 Animaniacs 2.30 The Mask

3.00 I Am Weasel
More madcap antics with the friendly rodent.

3.30 Dexter's Laboratory
Chemical chaos.

4.00 Cow and Chicken

4.30 The Powerpuff Girls
Trouble in Townsville calls out the three heroines.

5.00 Ed, Edd 'n' Eddy
More namesake nonsense with the three friends.

5.30 Johnny Bravo
The bequipped egomaniac returns for more preening.

6.00 Tom and Jerry
More madcap, comic adventures with the sparring cat and mouse.

6.30 FILM: The Man Called Flintstone
Voices of Alan Reed, Mel Blanc, Jean Vander Pyl.

Animated comedy based on the TV series about Stone Age life. 1966

8.30-9.00pm Courage the Cowardly Dog

TCM FAMILY PACK

9.00pm Promise Her Anything
Warren Beatty, Leslie Caron, Bob Cummings
Comedy about a blue-movie-maker who volunteers to mind a baby in the hope that he will be able to win the mother's heart. But she has already fallen for her boss. 1966

11.00-1.00am Penelope
Natalie Wood, Peter Falk
Drama about a neglected wife. 1966

CARTOON NETWORK:
1.00am The Moomins 1.30
The Magic Roundabout 2.00
Tabaluga 2.30 Blinky Bill 3.00
The Tidings 3.30
The Fruitties 4.00
The Moomins 4.30-5.00am
The Magic Roundabout

4.00 The Spying Game 4.30 Spies
5.00 Project Cancelled Tupelov TU-144
6.00 The Korean War 7.00 Biography Princess Margaret 8.00 When The Century Was Young 9.00
The Roman Catacombs 9.00-10.00pm
Ernest Hemingway

NICKELODEON FAMILY PACK

7.00am The Three Friends... and Jerry 7.30 The Three Friends... and Jerry 8.00 Kenan and Kel 8.30 Kenan and Kel 9.00 Rugrats 9.30 Rugrats 10.00 Hey Arnold! 11.00 CatDog 11.30 CatDog 12noon Angry Beavers 12.30pm Angry Beavers 1.00 Rocko's Modern Life 1.30 Rocko's Modern Life 2.00 Renford Rejects 2.30 Renford Rejects

3.00 The Secret World of Alex Mack
More from the schoolgirl with extraordinary powers.

3.30 The Secret World of Alex Mack

4.00 Sister Sister
Tia and Tamera and their respective single parents all try to live together.

4.30 Sister Sister
Fun with Tia and Tamera.

5.00 Sabrina the Teenage Witch

5.30 Sabrina the Teenage Witch

6.00 Are You Afraid of the Dark?

6.30-7.00pm Are You Afraid of the Dark?

PARAMOUNT COMEDY CHANNEL FAMILY PACK

7.00pm Grace Under Fire

7.30 King of Queens

8.00 Cheers
Achilles Hills

8.30 Just Shoot Me
The Emperor

Maya gets drunk at a fashion show.

9.00 FILM: Hanky Panky
Gene Wilder, Gilda Radner, Kathleen Quinlan

Comedy. An innocent architect finds himself involved in a web of government intrigue and mystery when the sister of a man who has just committed suicide gets into a taxi with him. 1982

11.00 Monty Python Live at the Hollywood Bowl
An historic performance of the team's greatest sketches recorded live.

12.30am FILM: I Love You To Death
Kevin Kline, Tracey Ullman

Black comedy. 1990

2.20 Rex The Runt

2.30 Hitz

3.30-4.00am It's Garry Shandling's Show

TV TRAVEL SHOP BONUS CHANNEL
A total travel service in your own home. Video brochures give a guided tour of resorts around the world, with regular bulletins and programmes featuring late holidays and special offers. Viewers can then book holidays 24-hours-a-day, seven-days-a-week, by calling 0870 60 60 747. For more information and full listings turn to TV Travel Shop Text, from page 200.

FOX KIDS FAMILY PACK

6.00am Oggy 6.10 Bad Dog 6.30 Bobby's World 6.55 Jim Button 7.15 Walter Melon 7.40 Inspector Gadget 8.00 Oggy 8.10 Biker Mice 8.30 Dennis and Gnasher 8.55 Sailor Moon 9.15 Sailor Moon 9.40 Digimon 10.00 Power Rangers 10.20 Monster Rancher 10.45 Masked Rider 11.05 X-Men 11.30 Spy Dogs 11.50 Ace Ventura 12.15pm Walter Melon 12.35 Inspector Gadget 1.00 Woody 1.10 Casper 1.30 Donkey Kong 1.55 Dennis and Gnasher 2.20 Life with Louie 2.40 Princess Sissi

3.00 Princess Starla and the Jewel Riders
More mystical adventures.

3.20 Sailor Moon
Cult Japanese cartoon.

3.45 Mighty Morphin' Power Rangers

4.05 Mighty Morphin' Power Rangers

4.30 Digimon
The teenage alien returns for more adventures.

4.50 Masked Rider

5.15 Monster Rancher

5.35 Biker Mice from Mars
The heroic rodents return.

6.00 The New Addams Family

6.25 Casper

6.35-7.00pm Goosebumps

SHOP! LIFESTYLE/ SELECTION PACKS

6.00am Shop! Selection

7.00 Kitchen Shop! Mediterranean cooking.

8.00 Clothes Shop! 9.00 Sports Shop! 10.00 Home Shop! 11.30 Sports Shop! New season top brand clothing and footwear.

12noon Shop! Outlet 1.00pm Shop! Special 2.00 Shop! Selection 3.00 Kitchen Shop! Expert cooking tips from top chef Paul Brodel.

4.00 Entertainment Shop! 5.00 Shop! Preview 6.00 Shop! Selection 7.00-7.30pm Clothes Shop!

GMTV 2 ACCESS PACK

GMTV2 offers pre-school and lifestyle shows between 6.00am and 9.25am.

Weekdays: *The News Hour* at 6.00am followed by children's shows.

Saturdays: Children's programming and a round-up of the week's news in *The Review*.

Sundays: Highlights include a *Pokemon triple bill* and *The Review*.

QVC LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day - so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Richard Jackson's Garden at 9.00am and The Laundry Room at 5.00pm

NEWS AND INTERNATIONAL

BBC NEWS 24 NEWS & SPORT/ ACCESS PACKS

6.00am News 7.00 News 8.00 Weekend 24 News 9.30 World News 10.00 News 10.30 Click Online 11.00 News 11.30 Simpson's World 12noon News 12.30pm Correspondent 1.00 News 2.00 News 2.30 Click Online 3.00 News 3.30 Reporters 4.00 News 4.30 Talking Movies 5.00 News 5.30 Scoreline 6.00 News 6.30 Scoreline 7.00 News 7.30 Sportsday 8.00 News 10.00 News 10.30 Talking Movies 11.00 News 12midnight News 12.30am Correspondent 1.00 News 2.00 News 2.30 Simpson's World 3.00 News 3.30 Talking Movies 4.00 News 4.30 Reporters 5.00 News 5.30-6.00am Click Online

CNN INTERNATIONAL NEWS & SPORT PACK

News, plus: 5.00am World News 5.30 Your Health 6.30 World Business This Week 7.30 World Beat 8.30 World Sport 9.00 Larry King 9.30 Larry King 10.30 World Sport 11.30 CNNdotCOM 12.30pm Moneyweek 1.00 News Update/World Report 2.30 Your Health 3.30 World Sport 4.30 Golf Plus 5.00 Inside Africa 5.30 Business Unusual 6.30 CNN hotspots 7.30 World Beat 8.30 Style 9.00 Arclube 10.30 World Sport 11.00 CNN WorldView 11.30 Inside Europe 12.30am Showbiz This Weekend 1.00 CNN WorldView 1.30 Diplomatic License 2.00 Larry King Weekend 3.00 CNN WorldView 3.30 Both Sides 4.30-5.00am Evans, Novak, Hunt & Shields

SKY NEWS NEWS & SPORT PACK

News on the hour, plus: 6.00am Sunrise 9.30 Technoflextra 10.30 Showbiz Weekly 11.30 Fashion TV 12noon Sky News Today 1.30pm Answer the Question 2.00 Sky News Today 2.30 Week in Review 3.30 Showbiz Weekly 4.30 Technoflextra 5.00 Live at Five 7.30 Sportsline 8.30 Answer the Question 9.30 Technoflextra 10.00 Sky News at Ten 12.30am Fashion TV 1.30 Showbiz Weekly 2.30 Technoflextra 3.30 Week in Review 4.30 Answer the Question 5.30-6.00am Showbiz Weekly

INTERNATIONAL

SAT1 5.00am Blitz 5.40 Jason King 6.35 Jumanji 7.05 Fantastic Max 7.35 Schlumpfe 8.05 Rugrats 8.35 Der Regenbogenfisch 9.05 Scooby-Doo Show 9.35 Tom and Jerry Kids Show 10.05 Familie Feuerstein 10.35 Bugs Bunny 11.05 Men In Black 11.35 Die Peanuts 12.05pm Heartbreak High 1.05 Star Trek Raumschiff Enterprise 2.00 Star Trek Raumschiff Voyager 3.00 The Net 4.00 Echt Wahr! 4.30 Nachrichten 5.00 Verrückte Welt 5.45 Alf 6.15 Der Dicke und der Belgier 6.45 Hausmeister Krause 7.15 Star Trek V 9.30 Die Wochenshow - Classics 11.00 Der Dicke und der Belgier 12midnight-2.00am Freeze **TV5** 5.00am Journal 5.15 Journal des Journaux 6.00 Infos 6.05 Les Zaps 7.00 Journal 7.30 Les Zaps 8.00 Infos 8.05 Archimède 8.45 De Cause à Effet 9.00 Journal 9.15 Silence ça Pousse 9.30 Branché 10.00 Montagne 11.00 Infos 11.05 D Comme Design

11.30 Journal 12noon Infos 12.05pm Reflets 1.00 Journal 1.15 Un Siècle d'Ecrivains 2.00 Portraits 3.00 Journal 3.15 Questions 3.30 Sport Africa 4.00 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal 5.15 Quatre Histoires de Femmes 7.00 Journal 7.30 Journal et le Journal du Temps 8.00 Infos 8.05 Thalassa 9.00 Journal 9.15 La Vie à l'Endroit 11.00 Journal 11.30-12midnight Soir 3

ASIANET ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am News 8.00 Sant Darshan 9.00 Cultural Heritage 11.00 Interactive Live 12noon News 12.30pm Sansaar 1.00 Pakistan This Week 1.30 FILM 4.00 Dil Dariya 4.30 Circus 5.00 MTV 123 6.00 Ek Mulaqat 6.30 Music Fusion 7.00 MTV Hitlist 8.00 Kabhie Kabhie 8.30 Junoon 9.00 FILM 12midnight MTV Hitlist 1.00am FILM 4.00 Kabhie Kabhie 4.30 Junoon 5.00 Circus 5.30 Dil Dariya 6.00 Balcony 6.30 DD Programme 7.00-7.30am Mehfil

ZEE TV ADD-ON CHANNEL

6.00am Mrs Madhuri Dixit 6.30 Shabads 7.00am Faith: Swami Narayan 7.30 News 8.00 Business 8.30 Gubbare 9.30 Quiz Contest 10.00 Entertainment 10.30 Request Slot 11.30 Khana Khazana 12noon FILM 3.00pm Show Time 4.00 Sanskar 5.00 Khoobsurat 5.30 Rishrey 6.30 Hum Paanch 7.00 Top Ten 8.00 News 8.30 FILM 11.30 Super 7 12midnight News 12.30am FILM 3.30 Hum Paanch 4.00 Daraar 4.30 Campus 5.00 Aur Ek Minute 5.30-6.00am Gane Anjane

CHRISTIAN CHANNEL EUROPE WORLD PACK

5.00am CMTV 5.30 700 Club 6.00 CMTV 7.00 Jack Van Impe Presents 7.30 Kids Club 8.00 Donut Man 8.10 Colby's Clubhouse 8.40 Gospel Bill 9.00 This Generation 9.30 Jesse 10.00 CMTV Scene Dock 10.30-11.00am Fast Forward

BLOOMBERG WORLD PACK

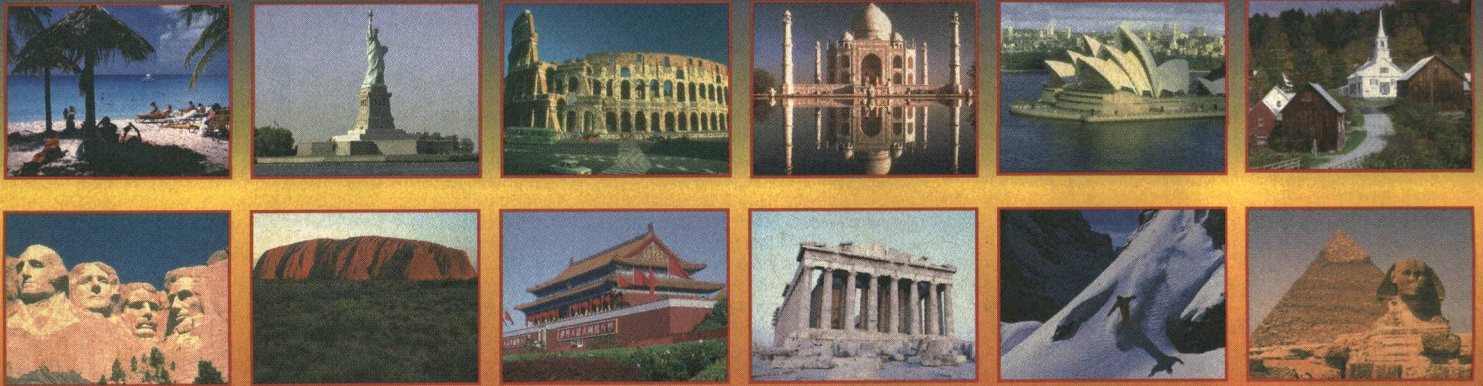
2.15am City Diary 3.15 Spread Your Bets 4.15 Bloomberg Money 5.00am Market Movers 5.45-6.00am Spread Your Bets

BBC PARLIAMENT NEWS & SPORT PACK

Parliament is in recess.

FREE VIDEO

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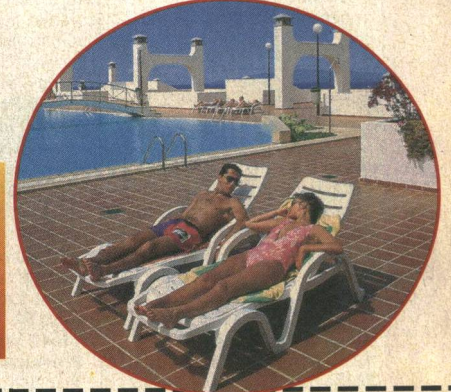
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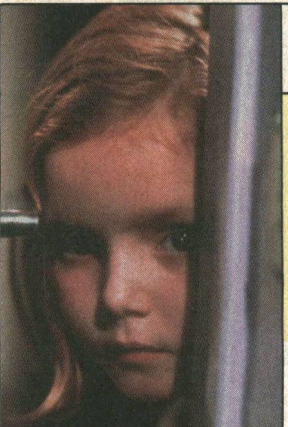
Tel (Home) (_____) _____

Tel (Work) (_____) _____

E-mail Address (if applicable) _____

CGT0800

Sunday 6 August

	SKY PREMIER PREMIUM CHANNEL	SKY MOVIEMAX PREMIUM CHANNEL	SKY CINEMA PREMIUM CHANNEL	FILMFOUR ADD-ON CHANNEL	
MORNING	6.00am The Directors: The Films of Zucker, Abrahams and Zucker 1997, rating Sky PG, 93 mins 8.40 Picture Perfect Romantic comedy. Text 1997, rating Sky PG, DS, 98 mins 10.25 Switching Channels 1987, rating Sky PG, 100 mins 12.10pm Look Who's Talking Too 1990, rating Sky PG, DS, 76 mins 1.30 Always Richard Dreyfuss, Holly Hunter Romantic comedy about a firefighter who's killed in action and watches over his wife's fortunes from the spirit world. 1989, rating Sky PG, DS, 117 mins 3.45 Picture Perfect Jennifer Aniston, Jay Mohr Romantic comedy. An ad agency executive has a man pose as her fiancé to create a better image for herself at work. Suddenly, with the attention of a man in her life, she finds that everything else changes. Text 1997, rating Sky PG, DS, 98 mins 5.30 Look Who's Talking Too Kirstie Alley, John Travolta, Bruce Willis, Rosanne Arnold Comedy about life through the eyes of a toddler who has to contend with a baby sister and the conflicts of his parents. 1990, rating Sky PG, DS, 77 mins 7.00 Madeline Frances McDormand, Nigel Hawthorne, Hatty Jones PREMIERE Family adventure. An orphan, who decides to join the circus when she learns her school is to be closed, stumbles across a kidnapping plot. Text 1998, rating Sky U, 85 mins 8.30 Enemy of the State Will Smith, Gene Hackman, Jon Voight, Lisa Bonet Thriller about a lawyer who unknowingly receives key evidence to a serious political crime by bumping into the wrong guy at the wrong time. He then finds his life destroyed and he is being by unknown forces who seem to know his every move. Text 1998, rating Sky 15, DS, 127 mins 10.40 Copland Sylvester Stallone, Harvey Keitel, Ray Liotta, Robert De Niro Thriller. A small-town sheriff, in awe of a group of New York cops, has to re-evaluate his opinion when he's recruited to investigate their activities. Text 1997, rating Sky 18, 101 mins 12.25am Kundun Tenzin Thuthob Tsarong Text 1997, rating Sky 12, 129 mins 2.40 Mrs Dalloway 1997, rating Sky 12, 93 mins 4.20-6.00am Young Hearts Unlimited Family comedy. 1997, rating Sky PG, 92 mins	6.45am Don't Look Behind You 1999, rating Sky PG, 88 mins 8.20 Mystery Monsters 1997, rating Sky PG, 83 mins 10.00 Young Ivanhoe 1995, rating Sky PG, 88 mins 12noon I'll Be Home for Christmas Hal Holbrook, Nancy Travis 1988, rating Sky PG, 91 mins 2.00pm Ghostbusters II Bill Murray, Dan Aykroyd, Sigourney Weaver, Harold Ramis Comedy sequel. The ghostbusters' business is revived by the discovery of a river of slime and the attempts of an ancient evil warrior to re-enter the world through a new-born baby. 1989, rating Sky PG, DS, 104 mins 4.00 Don't Look Behind You Patrick Duffy, Pam Dawber, Anne Marie Loder Action thriller about a witness to a money laundering scam, who is pushed into the FBI's witness relocation programme, only for it to fail to protect his family. 1999, rating Sky PG, 88 mins 5.45 UK Top Ten The latest British box office hits. 6.00 National Lampoon's Golf Punks Tom Arnold, James D Kirk An unemployed pro takes on the task of teaching a bunch of misfit kids how to play golf. He is determined to turn his bunch of troublesome tots into the cream of the crop and prove, once and for all, to his arch rival that he himself is not a loser. 1998, rating Sky U, DS, 89 mins 8.00 Ghostbusters II Bill Murray, Dan Aykroyd, Sigourney Weaver Comedy sequel. The ghostbusters find that their business is revived by the discovery of a river of slime and by the attempts of an ancient evil warrior, trapped in a painting, to re-enter the world through a new-born baby. 1989, rating Sky PG, DS, 104 mins 10.00 Phantoms Peter O'Toole, Joanna Going, Rose McGowan, Ben Affleck Suspense thriller. Two sisters arrive in a tiny mountain town to find everyone has died. The sheriff, who arrives to investigate, doesn't have any answers but it seems there is a terrible force at work. Text 1998, rating Sky 15, DS, 92 mins 11.40 Wes Craven Presents Wishmaster Text 1997, rating Sky 18, 86 mins 1.10am A Man and a Woman - 20 Years Later 1986, rating Sky 15, 107 mins 3.05 Trial and Error Text 1997, rating Sky 12, 94 mins 4.45-6.20am Mystery Monsters 1997, rating Sky PG, 83 mins	11.00am Arrivederci, Baby! Tony Curtis, Rosanna Schiaffino Comedy about a man who inherits a fortune every time one of his rich wives dies. 1966, rating Sky U, 96 mins 12.40pm A Blueprint for Murder Joseph Cotten, Jean Peters Drama about a man who suspects that a poisoner may be at work. 1953, rating Sky PG, 73 mins 2.00 The Hunters Robert Mitchum, Robert Wagner War drama about a United States airforce pilot who arrives in Korea to execute a top secret mission, but finds that there are plenty of problems in store for him. 1958, rating Sky PG, 103 mins 4.00 The Absent Minded Professor Fred MacMurray, Nancy Olson, Keenan Wynn, Tommy Kirk Family comedy. A bumbling professor accidentally invents a substance that makes objects bounce to incredible heights. Unfortunately, a corrupt businessman wants to steal the material for himself. 1961, rating Sky U, 92 mins 6.00 Arrivederci, Baby! Tony Curtis, Rosanna Schiaffino, Lionel Jeffries, Zsa Zsa Gabor Comedy about a man who inherits a fortune every time one of his rich wives is killed in dubious circumstances. He marries an Italian widow who is not so easy to get rid of, especially when she learns of his plans and tries to turn the tables. 1966, rating Sky U, 96 mins 8.00 Harold and Maude Ruth Gordon, Bud Cort, Vivian Pickles, Cyril Cusack Comedy. A 20-year-old man befriends a 79-year-old woman at a funeral. Rejecting his mother's attempts to find him a wife, he announces that the couple are to marry. 1972, rating Sky 15, 88 mins 9.30 Desperate Hours Mickey Rourke, Anthony Hopkins, Mimi Rogers Thriller. A psychopath escapes from prison and invades the house of a weak-willed man, who manages to muster up incredible strength and cunning to protect his family. 1990, rating Sky 15, DS, 101 mins 11.30 Bright Angel Dermot Mulroney, Lili Taylor Drama. A teenager picks up a young drifter. 1991, rating Sky 15, 89 mins 1.05am Harold and Maude Ruth Gordon, Bud Cort 1972, rating Sky 15, 88 mins 2.40 Desperate Hours 1990, rating Sky 15, DS, 101 mins 4.25-6.00am A Blueprint for Murder 1953, rating Sky PG, 73 mins	2.00pm Picnic at Hanging Rock Rachel Roberts, Dominic Guard, Helen Morse, Jacki Weaver Drama, based on a novel by Joan Linsey, about a school trip to a Hanging Rock beauty spot in the Outback of Australia. A teacher and three students suddenly disappear, apparently into the rock itself. The film follows what happens to those who disappeared and those who stayed behind. This film is thought to have been based on a true story about an outing to Hanging Rock, in Victoria, on Valentine's Day 1900. Text 1975, 111 mins 4.00 Jules Et Jim Henri Serre, Oskar Werner Romantic drama. Two friends fall for the same woman but she loves only one of them. When they meet again after World War I, she starts to love the other one. This is the story of three people in love, and about how their relationship and friendship evolves over the years. 1961, 102 mins 6.00 The 5,000 Fingers of Dr T Tommy Rettig, Hans Conried A young boy would rather play baseball than practice the piano. But then one night, he dreams he's one of 5,000 reluctant pianists held captive by his stern piano teacher in a fortress, and ordered to play a giant piano concerto for 24 hours a day. 1953, 85 mins 8.00 Shine Noah Taylor, Lynn Redgrave Drama based on the life of pianist David Helfgott, a child prodigy who was abused by his father, had a breakdown and was institutionalised. Many years later he is released and, through several twists of fate, he starts playing a piano in a bar before returning to the concert hall. Text 1996, 99 mins 10.00 Billy Hollywood's Screen Kiss Sean Hayes, Brad Rowe Drama. A gay Los Angeles photographer, who re-creates classic Hollywood clutches using drag queens, gets sidetracked when he meets a gorgeous man - there's only one problem he's straight. 1998, 85 mins 11.35 Betty Blue Béatrice Dalle, Jean-Hughes Anglade, Gérard Darmon Erotic drama about an affair between a handyman and a would be writer. 1986, 177 mins 2.35am J'Embrasse Pas Philippe Noiret, Emmanuelle Béart Drama. 1991, 111 mins 4.20-6.00am See the Sea Drama. 1998, 52 mins	 Hatty Jones is the plucky orphan 'Madeline' in this family premiere. Sky Premier 7.00pm Find your favourite TV shows in seconds: www.cableguide.co.uk CARLTON CINEMA LIFESTYLE PACK 7.00pm Who? Elliot Gould, Joseph Bova Sci-fi action. A US scientist is hurt in a car accident while visiting the Soviet Union and undergoes life-saving surgery, where most of his own parts are replaced by electronic devices. Upon returning to the US he finds himself suspected of being a Russian spy. Text 1974, 95 mins 9.00 This Happy Breed Celia Johnson, John Mills, Robert Newton, Kay Walsh Drama about a middle-class Londoner who moves his family to a nice house in the suburbs just after World War I. Twenty years of triumphs and disasters go by and finally, left alone after all their children move on, the couple decide to leave the house. 1944, 114 mins 11.00 The Silence of the Lambs Jodie Foster, Anthony Hopkins Crime thriller about a female FBI agent assigned to catch a serial killer. She tries to get an insight into his mind by talking to another psychopath. Text 1991, 114 mins 1.15am Punchline Drama. Widescreen 1988, 128 mins 3.30 Julia and Julia Thriller. 1987, 97 mins 5.15-7.00am Jamaica Inn Crime drama. 1939, 98 mins

FRONT ROW	Channel 51 Matinee	Channel 51 Evening	Channel 52	Channel 53
SCREENING WHEN YOU'RE GOOD AND READY WITH CABLE & WIRELESS See channel 50 or your Front Row spread on pages 14, 15 for further details. KEY TO FILM CONTENT T/C: Theme /Content BL: Bad Language S/N: Sex/Nudity V: Violence	JACK FROST Rating PG, 98 mins Drama. A man who doesn't spend much time with his son gives him a harmonica which subsequently turns out to have unexpected powers. Stars Michael Keaton and Kelly Preston. T/C: Fantasy, children. BL: Occasional, moderate. S/N: Occasional, mild references. V: None 5.00am, 7.00am, 9.00am, 11.00am, 1.00pm	NOTTING HILL Rating 15, 119 mins Romantic comedy. The world's most famous movie actress falls for a struggling and rather shy bookseller who lives in West London. Stars Hugh Grant and Julia Roberts. T/C: Romantic comedy. BL: Infrequent, strong. S/N: Some comic references. V: None. 3.30pm, 5.45pm, 8.00pm, 10.15pm, 12.30am, 2.45am	CRUEL INTENTIONS Rating 15, 94 mins Drama. A spoilt rich girl challenges her stepbrother to seduce a headmaster's virginial daughter. Stars Sarah Michelle Gellar and Ryan Phillippe. T/C: Drama, sexual relationships. BL: Occasional, strong. S/N: Some moderate, strong references. V: Once, mild. 6.30pm, 8.30pm, 10.30pm, 12.30am, 2.30am	THE WATERBOY Rating 12, 87 mins Comedy. A student takes a job as a janitor and is mocked by his fellows. However, one day he retaliates - with unexpected results. Stars Adam Sandler and Henry Winkler. T/C: Comedy, American football. BL: Once strong, some mild. S/N: Some mild references. V: Infrequent, mild. 7.15pm, 9.00pm, 10.45pm, 12.30am, 2.15am, 4.00am

SKY ONE ACTION/ SELECTION PACKS	UK GOLD LIFESTYLE/ SELECTION PACKS	LIVING LIFESTYLE PACK	GRANADA PLUS ACTION PACK	DISNEY CHANNEL ADD-ON/ PREMIUM CHANNEL	
6.00am Long Play 6.30 Hour of Power 7.30 Mega Babies 8.00 Godzilla 8.30 Mummies Alive 9.00 Pokémon 9.30 Pokémon 10.00 Pokémon 10.30 The Simpsons Text 11.00 World Wrestling Federation – Metal 12noon World Wrestling Federation – Superstars 1.00pm America's Dumbest Criminals Text 1.30 America's Dumbest Criminals Text 2.00 Beverly Hills, 90210 Text 3.00 Earth: Final Conflict Resurrection Jonathan Doors launches a media attack against the Taelons – and leaves Boone to deal with the ramifications. Text 4.00 Star Trek: Deep Space Nine <i>He Who is without Sin</i> While on holiday Worf falls under the influence of a group of traditionalist extremists. Text 5.00 Star Trek Popular sci-fi series where the crew of a peaceful craft explore space looking for new discoveries and having adventures along the way. Text 6.00 The Simpsons Animated comedy about a nuclear family. Text 6.30 The Simpsons Another look at Springfield's most dysfunctional family. Text 7.00 The Simpsons The enduring cartoon comedy continues to roll on. Text 7.30 The Simpsons Matt Groening's creations on view once more. Text 8.00 Buffy the Vampire Slayer <i>Nightmares</i> Buffy and her friends discover that their worst nightmares have become a reality. Text 9.00 The X-Files <i>Je Souhaite</i> A man without a mouth and an invisible corpse lead the agents to a genie who grants Mulder three wishes. 10.00 V.I.P. Pamela Anderson Lee produces and stars in this action comedy series about the female head of a bodyguard agency who gets into various scrapes. 11.00 Forever Knight An ancient vampire in modern times struggles to regain his humanity and is forced to make an agonising choice. Last in the present series. 12midnight LAPD 1.00am Stand and Deliver 1.30 Chicago Hope Text 2.30 In the Heat of the Night 3.20 In the Heat of the Night 4.10 In the Heat of the Night 5.00 The Newlywed Game 5.20 The Newlywed Game 5.40-6.00am The Newlywed Game	6.00am The Good Life 6.35 Waiting for God 7.10 Due South 8.00 Blake's 7 9.00 Dr Who Omnibus 10.55 Dynasty Omnibus 12.50pm FILM: Herbie Goes to Monte Carlo Comedy about a Beetle model car with a life of its own. 1977 2.50 The Bill Omnibus Popular police drama. A chance to catch up with all the latest events occurring at Sun Hill station. This omnibus kicks off with Meadows hoping a funeral will lure a pair of jewellery thieves into the open. Meanwhile, a former porn star finds that her past comes back to haunt her when Boyden and Page fear that her sister is risking a similar fate. Meadows and Lines are also kept busy when they suspect the owner of a beauty salon burnt down her own place to try and claim the insurance. Another episode sees women being terrorised by a local loan shark. 5.20 The Good Life <i>The Anniversary</i> Sitcom from the 1970s about a self sufficient couple. 6.00 Lovejoy <i>The Galloping Major</i> Lovejoy disagrees with a Major over the value of an old cannon. With Ian McShane, Phyllis Logan, Dudley Sutton. 7.05 Yes, Prime Minister <i>A Diplomatic Incident</i> Classic sitcom. Jim Hacker's address changes to Number Ten. 7.45 Goodnight Sweetheart <i>And Mother Came Too</i> 8.25 Birds of a Feather 1989 Christmas Special <i>Sailing</i> The prospects of a happy Christmas are slim for the girls. 9.05 FILM: Murder in the First Kevin Bacon, Christian Slater, Gary Oldman, Brad Dourif Harrowing fact-based prison drama. A small-time criminal in Alcatraz is charged with murder and defended by a hotshot lawyer who claims that the brutal treatment his client received drove him mad. The sadistic prison Warden bristles with outrage as he is forced to defend his actions in court. 1995 11.30 Red Dwarf <i>Blue</i> Lister decides to seek psychiatric help from Kryten. 12.10am Red Dwarf <i>Beyond a Joke</i> 12.50 Red Dwarf 1.30 Red Dwarf 2.10 Casualty 3.10 Lovejoy 4.05 Waiting for God 4.40 Dynasty 5.30-6.00am Angels	6.00am Ready, Steady, Cook 6.30 Shopping Across the UK 7.00 Tiny Living 9.00 Forgive or Forget 9.50 Relationship SOS 10.30 Brookside Omnibus 12.30pm FILM: Grace Kelly Cheryl Ladd, Lloyd Bridges, Diane Ladd, Alejandro Rey Biopic telling the story of Grace Kelly from teenager to star. 1983 2.20 FILM: Miss America – Behind the Crown Aki Aleong, Jack Blessing, Ray Bumatai, Betty Carvalho Biopic. Based on the true story of a Miss America contest winner. A look behind-the-scenes, from the contestant's viewpoint, at the pressure and worry that the girls have to endure to try and succeed. 1992 4.20 Maury Povich A double helping of this compelling and personal talk show dealing with emotional conflicts and everyday human issues that cause people stress and anxiety. Hosted with compassion by broadcast journalist Maury Povich. 6.00 Plastic Fantastic Series about people who choose to undergo plastic surgery. 6.30 Little Miracles Fly-on-the-wall glimpse of life on a children's ward in Toronto. 7.00 Real Romance Nostalgic accounts of enduring love from real couples. 7.30 Family Confidential Up-close fly-on-the-wall documentary series. 8.00 Judge Judy A double bill of the show in which outspoken New York City family court judge Judy Sheindlin presides over a series of real-life cases and conflicts. 9.00 Profiler Suspense thriller series about Dr Sam Waters, a forensic psychologist with a feeling for the criminal mind. Stars Ally Walker and Robert Davi. 10.00 Jerry Springer A double bill of the outrageous American talk show in which Jerry Springer and his guests engage in lively – and sometimes heated – discussion about relationship issues. 11.45-12midnight Sex Bites Rauchy late night fun with Katrina Buchanan.	6.00am Nearest and Dearest 6.30 Nearest and Dearest 7.00 Plus on Plus 7.30 Please Sir 8.00 How's Your Father? 8.30 Supersonic 9.00 The Persuaders 10.00 The Darling Buds of May 11.00 The Rag Trade 11.30 Bless This House 12noon Nearest and Dearest 12.30pm Nearest and Dearest 1.00 Maggie and Her 1.30 Second Thoughts 2.00 Bonanza 3.00 Classic Coronation Street – The Omnibus A chance to catch up with all the latest comings and goings in the most famous street in Britain. Ken gets upset when he finds out Deirdre has gone to see Mike while Terry and Curly are still at loggerheads with Jack. Deirdre aslo manages to have a chat with Susan and reveals more about her feelings for Mike. There's even more tension when Ken decides to give Susan an ultimatum. Text 5.30 Bullseye Relaxed darts gameshow with Jim Bowen. 6.00 The Darling Buds of May <i>A Season of Heavenly Gifts – Part I</i> Pop worries he may be unwittingly involved in smuggling. 7.00 The Benny Hill Show Saucy comedy from Benny Hill which sees the rotund comic take his escapades onto a cruise liner and wreak havoc all around him in the process. 8.00 In Suspicious Circumstances <i>Who's Sorry Now?/The Women in Grey</i> Edward Woodward presents two unsolved true-crime mysteries. 9.00 Agatha Christie's Why Didn't They Ask Evans? Classic comedy thriller. 10.00 Tales of the Unexpected 10.30-11.00pm Tales of the Unexpected	6.00am PB and J Otter 6.20 Music Time 6.25 Pooh 6.40 Art Play 6.45 Toons 6.55 Spot 7.05 Bite Size 7.20 Circle Time 7.25 Bear 7.50 Olie 8.00 Boy Meets World 8.30 Boy Meets World 9.00 Boy Meets World 9.25 Kids' Awards Update 9.30 Boy Meets World 10.00 Boy Meets World 10.30 Boy Meets World 10.55 Kids' Awards Update 11.00 Boy Meets World 11.30 Boy Meets World 12noon Boy Meets World 12.30pm Boy Meets World 1.00 FILM: H.E. Double Hockey Sticks! 1999 2.30 Mickey Mouseworks 3.00 101 Dalmatians Canine capers and daring doggy deeds. Text 3.30 Timon and Pumbaa Animated comedy action with The Lion King characters. Text 4.00 FILM: Toy Story <i>Voices of Tom Hanks, Tim Allen</i> Full length computer animated film about the rivalry between two toys; one of whom doesn't realise he is a toy, and another that's jealous of losing all the attention. Text 1995 5.20 Honey, I Shrunk the Kids: The TV Show Wayne accidentally activates one of his inventions. Text 6.05 Smart Guy TJ's a smart kid who's put in grade ten instead of four. Text 6.30 Boy Meets World <i>Boy Meets Real World</i> Cory shoots a documentary. Text 7.00 FILM: Toy Story <i>Voices of Tom Hanks, Tim Allen</i> Full length computer animated film about the rivalry between two toys; one of whom doesn't realise he is a toy, and another that's jealous of losing all the attention. Text 1995 8.20 Honey, I Shrunk the Kids: The TV Show <i>Honey, The Garbage is Taking Us Out</i> Text 9.00 Thunderstone Myah tells Noah the truth, but is unsure of his reaction. 9.30 Dinosaurs Prehistoric puppet comedy about a dinosaur family. Text 10.00 Home Improvement Comedy double bill. Text 11.00 Touched by an Angel Text 11.50-12midnight Toons	MORNING 6.00 AM 3.00 PM 4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00 PM
CABLE CHECK Some of the channels listed may not be available in your area			GRANADA MEN & MOTORS ACTION PACK 11.00pm 2 Wheels Weekly biking magazine programme. 11.30 Kits 'n' Cruising Motoring magazine show for motor enthusiasts. 12midnight Ice with Jordan Motoring series presented by ex-rapper Vanilla Ice and glamour model Jordan. 12.30am Drivetime The programme that covers every aspect of motoring. 1.30-2.00am Motor Week Magazine series that takes a look at the motoring industry.	THE BOX MUSIC & GAMES PACK Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions. SUNDAY CONTINUES OVERLEAF...	NIGHT TIME 11.00 PM 12.00 PM

CABLE CHOICE

FILM

Always
Sky Premier 1.30pm
Amiable romantic comedy from Steven Spielberg telling the story of a pilot who is killed and has to help his fiancée find new love before he can move on through the pearly gates. Released a year before box office smash *Ghost*, *Always* is an uplifting little yarn.

GENERAL

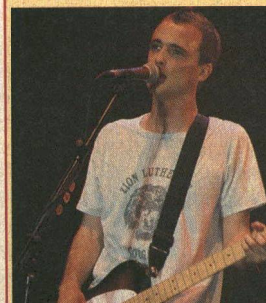
King of Queens
Paramount Comedy Channel 7.30pm
The appearance of guest star Ray Romano as Ray Barone allows viewers a taster to a new comedy series beginning in September entitled *Everybody Loves Raymond*. Today, New York postman Doug (Kevin James) encounters Ray when he's renewing his driver's licence.

ADVERTISEMENT

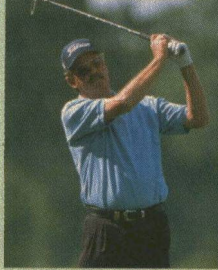
UK PLAY

PRESENTS GLASTONBURY 2000 FROM 5.00PM

It's now the biggest outdoor music festival in the world. With David Bowie, Chemical Brothers, Travis and the Stereophonics, you won't want to miss any of it. UK Play presents an eight-part series comprising the very best of Glastonbury 2000.



Sunday 6 August

	EUROSPORT NEWS & SPORT/ SELECTION PACKS	SKY SPORTS 1 PREMIUM CHANNEL	SKY SPORTS 2 PREMIUM CHANNEL	SKY SPORTS 3 PREMIUM CHANNEL	SCI-FI ACTION PACK	MTV MUSIC & GAMES PACK
6.00 AM	7.30am Mountain Bike 8.00 Athletics 9.30 Superbike - LIVE 10.00 Supersport - LIVE 10.30 Motocross - LIVE 12noon Superbike - LIVE 1.00pm Supersport - LIVE 2.00 Ski Jumping - LIVE Action from the Summer Grand Prix taking place in Hinterzarten, Germany.	6.00am Aerobics Oz Style 6.30 Gaelic Games 7.30 Sega Beach Soccer 8.30 Test Cricket: England v West Indies - Third Test 9.30 Australian Rugby League 11.30 Euro Tour Golf: Volvo Scandinavian Masters - LIVE Colin Montgomerie will be hoping lightning strikes twice at this event, as he won last year's tournament by a massive nine strokes.	6.00am Watersports World 7.00 Aerobics Oz Style 7.30 European Drag Racing: Santa Pod 8.00 Table Tennis: Brazil Open 9.00 Soccer Extra 12noon Motor Racing: NASCAR Winston Cup - Brickyard 400 Highlights of the action from this year's NASCAR Winston Cup - the Brickyard 400 event at the 2.5-mile Indianapolis Motor Speedway.	9.30am Ford Golf USA: The International Presented by Qwest 11.30 Ford Football Special: How the 2000 FA Cup Was Won 1.30pm Ford Football Special: How the 2000 Premiership Was Won Richard Keys and Andy Gray discuss the matches, managers and players that mattered	8.00am Destination Space 8.30 Cybernet 9.00 The Incredible Hulk 10.00 Lost in Space 11.00 The Six Million Dollar Man 12noon Mystery Science Theatre 3000 1.45pm FILM: Earth Versus the Spider Ed Kremmer, June Kenny A giant spider is apparently killed but rock and roll music stirs it back to life. 1958	6.00am Select MTV 9.00 Hit List UK Cat Deeley delivers the UK chart action from London. 10.00 Road Rules 12noon Weekend Edition 12.25pm MTV's Pop Single of the Week 12.30 Select MTV Richard Blackwood presents a three hour edition of the music request show
3.00 PM	3.30 Superbike - LIVE Two-wheeled action from the second race of the day at the World Championship at Brands Hatch.	3.30pm Women's Football: Women's Charity Shield Final - Croydon v Arsenal - LIVE Live coverage of the curtain-raiser to the women's domestic football season as Croydon (AXA FA Women's Premier League winners) take on Arsenal (AXA FA Women's Premier League Cup winners) at Craven Cottage.	3.30pm Euro Tour Seniors' Golf: Energis Senior Masters - LIVE The live coverage of the Energis Senior Masters competition continues on day three at the Wentworth Club in Surrey, where players are competing for a huge prize.	3.30 European Drag Racing - Santa Pod	3.10 FILM: Invasion of the Body Snatchers Kevin McCarthy A doctor returns to his small town practice to find several of his patients convinced that their friends and families are not who they seem to be. 1956	3.30 Weekend Edition Get all the top stories from the world of showbiz, as they break across Europe.
4.00 PM	4.30 Sidcar - LIVE The eighth round of the World Cup series at Brands Hatch.			4.00 Extreme Canoeing: Sydney Harbour Surf Ski Marathon 4.30 Australian Rugby League		4.00 Bytesize MTV A constant barrage of bizarre moments from different MTVs around the world, in short soundbites.
5.00 PM	5.30 Motocross World Championship action from Namur, Belgium.	6.00 Ford Scottish Football: St Johnstone v Hearts - LIVE The latest instalment from the new Scottish Premier League season.	6.30 Euro Tour Golf: Volvo Scandinavian Masters Highlights from the fourth and final day of this year's competition, taking place at Kungsängen in Stockholm. Will Colin Montgomerie be able to match his win of last year?	6.30 Super League - LIVE	6.00 Babylon 5 Exogenesis Marcus and Franklin investigate a series of deaths caused by a mysterious parasite.	
6.00 PM	6.30 Cycling The latest action from this year's World Cup: the HEW-Cyclastics-Cup is taking place in Hamburg.		8.00 Ford Golf USA: The International Presented by Qwest - LIVE Live putt-by-putt action from the Castle Pines Golf Club in Castle Rock, Colorado, as the remaining players in this year's tournament compete for the trophy and the winner's share of \$630,000.	8.45 Goals on Sunday	7.00 Babylon 5 Messages from Earth Sheridan discovers a terrifying new alliance between the Shadows and another race.	7.00 Weekend Edition
7.00 PM	7.30 Tennis Semi-final coverage from the WTA Tournament in San Diego, USA, as the cream of the world's female tennis players battle it out for a place in the final of this world-renowned competition.	8.30 Test Cricket: England v West Indies - Third Test Highlights from the penultimate day's play in the third Test match between England and West Indies. David Gower introduces all the action from Old Trafford.			8.00 PSI Factor: Chronicles of the Paranormal Chiaroscuro An angry spirit torments a house full of painters.	7.30 Essential All Saints The lives of one of Britain's favourite pop acts.
8.00 PM	9.00 Tennis - LIVE The final of the WTA Tournament in San Diego. Last year, Martina Hingis and Venus Williams battled for the coveted title and it was Hingis who won.	10.30 Super League Highlights from the latest match in Super League V. With Eddie Hemmings and Mike Stephenson.	11.00 Inside the Senior PGA Tour An insight into life behind the scenes on the Tour. 11.30 Beach Soccer		9.00 Welcome to Paradox The Extra An ageing magnate puts his brain into the body of his young clone.	8.00 FANatic - Sarah Michelle Gellar NEW SERIES Fans' show. 8.30 Making the Video: Christina Aguilera 9.00 The Best of the Tom Green Show More comedy featuring the outrageous Canadian.
9.00 PM	10.30 SportsCentre All the latest sports news.				10.00 Fortean TV Strange stories presented by Father Lionel Fanthorpe.	10.00 Richard Blackwood's Comedy Weekend Richard Blackwood introduces an hour of comic clips from the last 19 years.
10.00 PM	10.45 Car Racing The sixth round of the American Le Mans Series taking place at Mosport International Raceway in Bowmanville, Canada.			11.15 Extreme Canoeing - Sydney Harbour Surf Ski Marathon 11.45-12midnight Sky Sports Classics	10.30 Perversions of Science Anatomy Lesson 11.00 Millennium Gehenna The ashen remains of seven murder victims are discovered in a San Francisco park. 12midnight Twin Peaks Cooper reveals Audrey's whereabouts to Truman. With Kyle MacLachlan. 1.00am FILM: Asylum Horror anthology. 1972 2.45 Sci-Focus Special 3.00-4.00am Lost in Space Wish Upon a Star	11.00 Bytesize MTV A constant barrage of bizarre moments from different MTVs around the world, in short soundbites.
11.00 PM						12midnight brand:new 1.00am The Lick R&B Chart Show 2.00-6.00am Night Videos
12.00	12.15am-12.30am SportsCentre	12.30am-3.00am Goals on Sunday	12.30am Table Tennis International table tennis action from Rio. 1.30-3.00am Euro Tour Golf: Volvo Scandinavian Masters			
NIGHT TIME						
	LIVE EURO TOUR GOLF: ENERGIS SENIOR MASTERS SKY SPORTS 2 3.30PM				PLAYBOY TV/ ADULT CHANNEL ADD-ON CHANNEL	TELEVISION X ADD-ON CHANNEL
	 The ever-popular wise old men of European golf are at the fabulous Wentworth Club for the Senior Masters and new faces are starting to emerge to challenge the Tour's long-time No 1 Tommy Horton (pictured, right). These include Australia's Bob Shearer (pictured, left) and Brian Huggert of Wales who are leaders in the order of merit. There's no better inland course in Britain than Wentworth for these golfing giants to test their skills on this final day of the tournament. The prize fund tops £180,000. 				10.00pm Freeview 10.06 FILM: On the Edge 11.40 Adult Feature 12midnight Freeview 12.10am FILM: A Seller's Market 1.30 Adult Feature 1.40 FILM: A Taste of Evil 2.45 Caught at Home 2.55-4.00am FILM: Bad Side of Town Adult Nightview is now available as a TV on-demand service between 10.00pm and 4.00am at £4.95. See channel 50 for details	12midnight The Ten Minute Preview 12.10am FILM: Make My Wife 1.00 The Five Minute Free View 1.05 FILM continues 1.20 Adult Feature 2.30 FILM: Guilty as Sin Crime thriller. 3.40-4.00am Her Fantasy Adult Nightview is now available as a TV on-demand service between 12midnight and 4.00am at £4.95. See channel 50 for details

VH1 MUSIC & GAMES PACK	ANIMAL PLANET WORLD PACK	ITV2 ACCESS PACK	UK STYLE LIFESTYLE PACK	UK HORIZONS WORLD/ ACCESS PACKS	CARLTON FOOD NETWORK LIFESTYLE PACK	6.00 AM MORNING
6.00am Breakfast in Bed 10.00 Behind the Music: TLC A look at some of R&B band TLC's biggest hits including <i>Waterfalls</i>, <i>Creep</i>, <i>Unpretty</i> and <i>No Scrubs</i>. 11.00 Top 40 of the 1980s VH1 rewinds the clock to those halcyon days that were the 1980s – the decade of decadence.	12noon Croc Files A visit to North Queensland. 12.30pm Croc Files 1.00 Emergency Vets Stories from Alameda East Veterinary Hospital in Denver, which works round the clock to save animals. 1.30 Emergency Vets 2.00 Vets on the Wildside Magazine-style series. 2.30 Vets on the Wildside	9.25am Sunset Beach Omnibus Another chance to see last week's episodes of the glossy drama series set in a Californian community. 1.10pm Home and Away Spend two hours in the company of Summer Bay's residents.	7.00am Can't Cook, Won't Cook 7.30 Ready, Steady, Cook 8.00 House Invaders 8.30 The House Doctor 9.00 All the Right Moves 9.30 Antiques Treasure Trail 10.00 The Cable Guide Awards 11.30 Spa Trek 12noon Style World 12.30pm Your Money or Your Life 1.00 Looking Good 1.30 Della Smith's Summer Collection 2.00 Della's How to Cook 2.30 Gary Rhodes	7.00am Badlands 8.00 Piranhas 8.30 Scorpion 9.00 Zoo 9.30 Zoo 10.00 Clash of the Titans 11.00 Clash of the Titans 11.55 Top Gear GTI 1.00pm Top Gear Special 1.30 Top Gear Special <i>Blood, Salt and Tears</i> 2.00 Badlands	7.00am Food Factory 7.30 Coxon's Kitchen College 8.00 Food Network Daily 8.45 More Simply Antony 9.30 Newman Meets 10.00 Spice World 10.30 Simply Puddings 11.00 Flash in the Pan 11.30 From the Ground Up 12noon Four Burners and a Grill 12.30pm Pacific Food 1.00 Coxon's Kitchen College 1.30 Gordon Ramsay's Passion for Flavour 2.00 Food Network Daily 2.45 Quick Cooks	3.00 PM
3.00pm Top 40 Male Artists The male gender are fighting it out to be the supreme number one artist in the top 40 male singers of all time.	3.00 Wild Rescues Tales of people saving animals and vice versa. 3.30 Wild Rescues The relationship between animals and people. 4.00 Lassie: The Great Escape Lassie is found injured. 4.30 Lassie: The Great Escape Timmy helps Lassie. 5.00 Monkey Business 5.30 Monkey Business A look at Charlie and Pacito moving house. 6.00 Animal Legends The story of a terrier who, for 14 years, kept vigil on its master's grave. 6.30 Animal Legends Amazing animal stories. 7.00 ESPU Series which chronicles the work of an elite police force in Southern Africa. 7.30 ESPU Illegal dealing in rhino horn.	3.10 Emmerdale Omnibus Another chance to see all the drama and excitement from last week's episodes. 4.35 Coronation Street Omnibus Another chance to catch up on all the gossip and drama from Weatherfield, as featured in last week's episodes. Text	3.00 Party of a Lifetime 3.30 Two Fat Ladies <i>Lock Keepers</i> A blend of cookery and comic exploits. 4.00 Can't Cook, Won't Cook Cookery challenge. 4.30 Ready, Steady, Cook Cookery show. 5.00 House Invaders Hosted by Linda Barker. 5.30 The House Doctor Home improvement series.	3.00 Piranhas David Attenborough tells the story of the South American piranha. 3.30 Scorpion A look at the arachnid. 4.00 Zoo The baby of an endangered species of monkey, rejected by its mother, faces starvation. 4.30 Zoo 5.00 Top Gear GTI The Top Gear team test the latest models and cast an experienced eye over the hottest motoring news in this extended show.	3.00 Cocktail Challenge 3.30 Cucina Valentina <i>Fish</i> With Valentina Harris. 4.00 Simply Puddings <i>Quick and Easy</i> Hosted by Lotte Duncan. 4.30 Picture This Magazine series. 5.00 A to Z of Food and Beauty 5.30 Four Burners and a Grill 6.00 Coxon's Kitchen College 6.30-7.00pm Use Your Loaf	4.00 PM
7.00 The VH1 Album Chart Show Paul King presents the latest rundown of the UK's best-selling albums.	6.00 Animal Legends The story of a terrier who, for 14 years, kept vigil on its master's grave. 6.30 Animal Legends Amazing animal stories. 7.00 ESPU Series which chronicles the work of an elite police force in Southern Africa. 7.30 ESPU Illegal dealing in rhino horn.	6.30 Heartbeat Nostalgic police drama series set in a 1960s Yorkshire village. Text	6.00 All the Right Moves Quentin Willson presents. 6.30 Antiques Treasure Trail Tips and advice. 7.00 The Cable Guide Awards The winners and the losers from this year's Cable Guide TV Awards from the Hilton Hotel, Park Lane. Alan Titchmarsh and Carol Smillie are the hosts. 8.30 Spa Trek <i>Utah – Snowbird Ski and Summer Resort</i> A tour of the world's spas. 9.00 Style World <i>Mexico City</i> A look at all that's new in the world of interiors. 9.30 Your Money or Your Life 10.00 Looking Good With Lowri Turner. 10.30 Della Smith's Summer Collection <i>Green Leaves and Gooseberries</i> 11.00 Della's How to Cook Della Smith creates quick and easy recipes. 11.30 Gary Rhodes <i>East End Doctors</i> 12midnight Party of a Lifetime Ainsley Harriott travels the country with the aim of creating a surprise party. 12.30am-1.00am Two Fat Ladies <i>Lock Keepers</i> Cookery and comedy.	6.00 Return with Honour Tom Hanks presents this powerful story of American pilots who were shot down over North Vietnam. 7.00 Romans in Britain <i>Fact and Fable</i> 7.30 A Rough History Of... Blenheim Palace 8.00 Love Town 8.30 Love Town Documentary series about couples who choose to tie the knot in Gretna Green.	6.00 National Geographic Channel Family Pack 7.00pm Africa from the Ground Up: Crocodiles in the Nursery 7.30 Call of the Coyote 8.00 In Wildest Africa This series captures a huge cast of wildlife to play out one of this planet's most interesting dramas.	5.00 PM
8.00 Egos and Icons: U2 A look at U2, featuring a profile of Bono from idealistic young rocker to mega star. 9.00 Classic Albums: Fleetwood Mac – Rumours A look at the making of one of the most popular albums of all time. 10.00 Behind the Music: Def Leppard An insight into the lives of the Sheffield lads and the consequences of their various excesses. 11.00 Top 40 of Soul The latest chart countdown in VH1's Top 40 month, as Brinsley Forde reveals the biggest and best soul records of all time. 1.00am VH1 Country 2.00 VH1 Soul Vibration 3.00-4.00am VH1 Late Shift	8.00 Wild Rescues The relationship between humans and animals. 8.30 Wild Rescues A look at the animals that protect people. 9.00 The Last Paradises <i>Kakadu – Aboriginal Nature</i> 9.30 The Last Paradises <i>Namib</i> 10.00 Animal Hospital Animals of every ilk line up for treatments as the frontiers of veterinary medicine are explored. 11.00-12midnight Untamed Africa <i>Legacy</i> How young animals are able to survive in the wild.	7.30 CD: UK The music chart show with the latest acts coming to you live in the studio. 8.30 Trevor McDonald Meets... Britain's most popular newscaster talks to a wide range of guests. 9.00 Metropolis Drama series following the complex lives of six university friends, now struggling to find their adult selves in London. 10.00 Coronation Street Text 10.30 The Railway Children A new dramatisation of E Nesbit's classic novel. Three children have their lives dramatically changed after they move to a Yorkshire cottage near a railway line. Learning to fend for themselves in the absence of their father, the children make friends with the local station porter. Stars Jenny Agutter and Richard Attenborough. 12.30am A Week on the Wild Side 1.30-2.30am Trisha More true stories. Text	11.00 Della's How to Cook Della Smith creates quick and easy recipes. 11.30 Gary Rhodes <i>East End Doctors</i> 12midnight Party of a Lifetime Ainsley Harriott travels the country with the aim of creating a surprise party. 12.30am-1.00am Two Fat Ladies <i>Lock Keepers</i> Cookery and comedy.	9.00 Royal Watchers Documentary which goes behind the press lines with Colin Edwards. 9.35 Castaway 2000 Series documenting a social experiment set on a remote Scottish island. 10.35 Firefighters A behind-the-scenes look at two of Liverpool's busiest fire crews. 11.05 Firefighters Fly-on-the-wall show. 11.35 Firefighters Life with a Liverpool crew. 12.05am-1.00am Taxicab Confessions	9.00 Born Among Orang-Utans A visit to primate specialist Birute Galdikas' rescue centre for orang-utans in Kumai, Borneo. 10.00 Bringing up Baby Follow the development of ape and human babies from birth to language. 11.00 Comrades of the Kalahari The story of a family of yellow mongooses in one of the greatest deserts on Earth, the Kalahari. 12midnight-1.00am Rainforest A breathtaking unveiling of the mystical beauty and splendour of the lush and densely populated rainforests of Costa Rica, including graphic footage of lizards, snakes and toads.	6.00 PM
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6.00 AM MORNING	CABLE CHECK Some of the channels listed may not be available in your area	CARTOON NETWORK FAMILY PACK 5.00am Tabaluga 5.30 Blinky Bill 6.00 Fly Tales 6.30 Flying Rhino Junior High 7.00 Fat Dog Mendoza 7.30 Ned's Newt 8.00 Mike, Lu and Og 8.30 Ed, Edd 'n' Eddy 9.00 Dexter's Laboratory 9.30 The Powerpuff Girls 10.00 Angela Anaconda 10.30 Cow and Chicken 11.00 Dragonball Z 12.00 Tom and Jerry 12.30pm Looney Tunes 1.00 Flintstones 1.30 Scooby-Doo 2.00 Animaniacs 2.30 The Mask 3.00 I Am Weasel 3.30 Dexter's Laboratory Chemical chaos with the bedroom professor and his sister DeeDee. 4.00 Cow and Chicken 4.30 The Powerpuff Girls Trouble in Townsville calls out the three heroines. 5.00 Ed, Edd 'n' Eddy More namesake nonsense with the three pals. 5.30 Johnny Bravo More posturing and posing from the egomaniac. 6.00 Tom and Jerry Madcap comic antics with the cat and mouse duo. 6.30 FILM: Scooby-Doo Goes Hollywood Animated mystery adventure with the hungry hound and his band of young detectives. The kids encounter strange goings-on in Tinseltown. 1972 8.30-9.00pm Courage the Cowardly Dog	NICKELODEON FAMILY PACK 7.00am The Three Friends... and Jerry 7.30 The Three Friends... and Jerry 8.00 Kenan and Kel 8.30 Kenan and Kel 9.00 Rugrats 9.30 Rugrats 10.00 Hey Arnold! 10.30 Hey Arnold! 11.00 CatDog 11.30 CatDog 12.00 Angry Beavers 12.30pm Angry Beavers 1.00 Rocko's Modern Life 1.30 Rocko's Modern Life 2.00 Renford Rejects 2.30 Renford Rejects 3.00 The Secret World of Alex Mack More from the schoolgirl with extraordinary powers. 3.30 The Secret World of Alex Mack 4.00 Sister Sister There's twice the comedy and four times the fun with Tia and Tamera. 4.30 Sister Sister More twin trouble and fun. 5.00 Sabrina the Teenage Witch 5.30 Sabrina the Teenage Witch 6.00 Are You Afraid of the Dark? 6.30-7.00pm Are You Afraid of the Dark?	FOX KIDS FAMILY PACK 6.00am Oggy 6.10 Bad Dog 6.30 Bobby's World 6.55 Jim Button 7.15 Walter Melon 7.40 Inspector Gadget 8.00 Oggy 8.10 Biker Mice 8.30 Dennis and Gnasher 8.55 Sailor Moon 9.15 Sailor Moon 9.40 Digimon 10.00 Power Rangers 10.20 Monster Rancher 10.45 Masked Rider 11.05 X-Men 11.30 Spy Dogs 11.50 Ace Ventura 12.15pm Walter Melon 12.35 Inspector Gadget 1.00 Woody 1.10 Casper 1.30 Donkey Kong 1.55 Dennis and Gnasher 2.20 Life with Louie 2.40 Princess Sissi 3.00 Princess Starla and the Jewel Riders More magical adventures. 3.20 Sailor Moon 3.45 Mighty Morphin' Power Rangers 4.05 Mighty Morphin' Power Rangers 4.30 Digimon 4.50 Masked Rider The adventures of the teenage alien superhero. 5.15 Monster Rancher Genki and Holly try to save Monster Rancher world. 5.35 Biker Mice from Mars 6.00 The New Addams Family 6.25 Casper 6.35-7.00pm Goosebumps	NEWS AND INTERNATIONAL BBC NEWS 24 NEWS & SPORT/ ACCESS PACKS 6.00am News 9.30 World News 10.00 News 10.30 Reporters 11.00 News 11.10 Dateline London 12.00 News 12.30pm Talking Movies 1.00 News 2.30 Simpson's World 3.00 News 3.30 Correspondent 4.00 News 4.30 Click Online 5.00 News 7.30 Sportsday 8.00 News 10.30 Dateline London 11.00 News 11.30 Reporters 12.00 News 12.30am Simpson's World 1.00 News 2.30 Agenda 3.00 News 3.30 Dateline London 4.00 News 4.45 Asia Today 5.00-6.00am News CNN INTERNATIONAL NEWS & SPORT PACK News throughout the day, plus: 5.00am News 5.30 CNNdotCOM 6.30 World Business 7.30 Inside Europe 8.30 World Sport 9.30 World Beat 10.30 World Sport 11.30 CNN Hotspots 12.30pm Diplomatic License 1.00 World Report 2.30 Inside Africa 3.30 World Sport 4.30 Showbiz This Weekend 5.00 Late Edition 6.30 Business Unusual 7.30 Inside Europe 8.30 The Artclub 9.30 CNNdotCOM 10.30 World Sport 11.00 CNN WorldView 11.30 Style 12.00am CNN WorldView 12.30am Science & Technology Week 1.00 CNN WorldView 1.30 Asian Edition 1.45 Asia Business Morning 2.00 CNN & TIME 3.30 The Artclub 4.30-5.00am Pinnacle SKY NEWS NEWS & SPORT PACK News on the hour, every hour, plus: 6.00am Sunrise 9.30 Week in Review 10.00 Sunday with Adam Boulton 11.30 The Book Show 12.00am Sky News 1.30pm Fashion TV 2.00 Sky News 2.30 Showbiz Weekly 3.30 Technoflextra 4.30 Sunday with Adam Boulton 5.00 Live at Five 7.30 Sportsline 8.30 The Book Show 9.30 Showbiz Weekly 10.00 Sky News 12.30am CBS Evening News 1.30 Sunday with Adam Boulton 2.30 Fashion TV 3.30 The Book Show 4.30 Week in Review 5.30-6.00am CBS Evening News INTERNATIONAL SAT1 6.00am Moving - Rückwärts ins Chaos 7.00 Weck Up 8.00 Die Wochenshow 9.00 Alf 9.30 Hausmeister Krause 10.00 Zwei zum Verlieben 11.00 Baywatch Hawaii 12.00 V.I.P. - Die Bodyguards 1.00pm MacGyver 2.00 J.A.G. 3.00 Radrennen 5.00 Blitz 5.30 Wetter 5.45 Die Barilla Comedy-Küche 6.00 Nur die Liebe zählt 7.15 Die Wochenshow Live 9.15 Danke Anke! 9.45 Planetopia 10.30 News & Stories 11.20 So Gesehen 11.25-12.25am MacGyver TV5 5.00am Journal Télévisé 5.15 Journal des Journaux 6.00 Infos 6.05 Les Zaps 6.30 Les Zaps 7.00 Journal Télévisé 7.30 Les Zaps 8.00 Infos 8.05 Découverte 8.30 Les Carnets du Bourlingueur 9.00 Journal Télévisé 9.15 La Fête des Bébés 9.30 Va Savoir 10.00 Thalassa 11.00 Infos 11.05 Grands Gourmands		11.30 Journal Télévisé 12.00 Infos 12.05pm Géopolis 1.00 Journal Télévisé 1.15 Théâtre: Jean III 3.00 Journal 3.15 Questions 3.30 Gros Plan 4.00 Union Libre 5.00 Journal 5.15 Nature des Champions 7.00 Journal 7.30 Journal Télévisé et le Journal du Temps 8.00 Infos 9.00 Journal 9.15 Une Semaine au Salon 11.00 Journal 11.30-12.00am Soir 3 ASIANET ADD-ON CHANNEL CABLE EXCLUSIVE 7.30am Sant Darshan 8.30 Swami Vishvas 9.30 In Search of Peace 10.00 Holy Quran 10.30 Vishwanitra 11.30 Health 12.30pm Pakistan This Week 1.00 Khiladi 1.30 FILM 4.00 MTV 12.30 4.45 MTV Hitlist 5.45 Na Kaam Na Ziade 6.30 Aur Aap 7.00 Close Up 7.30 MTV India 8.00 Wilaytee Babu 8.30 FILM 11.30 Toofan TV 12.00night MTV 12.30am Aur Aap 1.00 FILM 4.00 Wilaytee Babu 4.30 Na Kaam Na Ziade 5.30 Geet Baney Sangeet 6.00 Khiladi 6.30 DD Programme 7.00-7.30am Bhule Bisre Geet ZEE TV ADD-ON CHANNEL 6.00am Kya Scene Hai 6.30 Shabads 7.00 Faith: Sikhism 7.30 News 8.00 Karobar Duniya 8.30 Sare Jahan Se Acha 9.00 Guffuggu 9.30 Out 10.00 Mahabharat 11.00 Bodymatters 11.30 Zee in Europe 12.00am FILM 3.00pm Sa Re Ga Ma 4.00 Zee and You 4.30 Ibrat 5.30 Super 7 6.00 Day Out 6.30 Yeh Hain 7.00 Antakshari 7.30 Basera 8.00 News 8.30 FILM 11.30 Agni Chakra 12.00night News 12.30am FILM 3.30 Hum Paanch 4.00 Daaar 4.30 Campus 5.00 Mama Miya 5.30-6.00am Sa Re Ga Ma CHRISTIAN CHANNEL EUROPE WORLD PACK 5.00am CMTV Ballads 5.30 Life is for Living 6.00 Life in the Word 6.30 A Voice to the Nations 7.00 Changing Your World 7.30 CMTV 8.00 In Touch 9.00 Order My Steps 9.30 A Voice to the Nations 10.00 Life is for Living 10.30-11.00am A Word From God BLOOMBERG WORLD PACK 2.00am Market Movers 2.45 Market Review 3.15 European Weekly Review 3.45 Food for Thought 4.30 Market Movers 5.54-6.00am Bloomberg Helpdesk BBC PARLIAMENT NEWS & SPORT PACK Parliament is in recess.
		DISCOVERY WORLD PACK 4.00pm Ultimate Aircraft <i>Sea Wings</i> Follow US Navy pilots aboard an aircraft carrier on duty in the Gulf. 5.00 Firepower 2000 <i>High Tech Battlefield</i> Chart the evolutionary course of military strategy, tactics and the technology of land warfare. 6.00 Extreme Contact <i>Beauty and the Beast</i> 6.30 O'Shea's Big Adventure <i>Nemesis</i> 7.00 Breaking the Sound Barrier Discover new revelations about the race between Britain and America to break the sound barrier. 8.00 The Ultimate Race <i>The Hope</i> NEW The definitive story of efforts made to break the landspeed record. 9.00 The Ultimate Race <i>The Glory</i> A look at the lives and careers of men obsessed with speed. 10.00 Pile Up An investigation into multi-vehicle road accidents using aftermath and police footage, re-creations and computer animation. 11.00 Medical Detectives <i>The Talking Skull</i> 11.30 Medical Detectives <i>Killer Fog</i> 12.00 Planet Ocean <i>The Song of Whales</i> A look at how whales use sound to communicate over vast distances. 1.00am-2.00am Seawings F-8: The Last Nightfighter A look at the seaplane and its role in war and peacetime.	TCM FAMILY PACK 9.00pm 42nd Street Warner Baxter, Bebe Daniels, George Brent Musical about the backstage life at a Broadway show. 1933 10.40-1.00am That's Dancing! A compilation of some of the best song and dance numbers from the unforgettable Hollywood greats. 1985 CARTOON NETWORK: 1.00am The Moomins 1.30 The Magic Roundabout 2.00 Tabaluga 2.30 Blinky Bill 3.00 The Tidings 3.30 The Fruitties 4.00 The Moomins 4.30-5.00am The Magic Roundabout	PARAMOUNT COMEDY CHANNEL FAMILY PACK 7.00pm Grace Under Fire 7.30 King of Queens <i>Road Rage</i> 8.00 Cheers <i>Days of Wine and Neuroses</i> 8.30 Just Shoot Me <i>War and Sleaaze</i> Maya has a double date. 9.00 Frasier <i>Roz and the Schnoz</i> 9.30 Frasier <i>Life of the Party</i> Frasier and Niles try hosting a singles party. 10.00 FILM: The Adventures of Baron Munchausen John Neville, Eric Idle Fantasy comedy which chronicles the bizarre adventures of the eponymous aristocrat and a motley band of followers as they endeavour to save a town from defeat by the Turks. 1988 12.25am Tavaré Time 12.55 Clive Anderson Talks Back 1.10 NewsRadio 1.35 Whose Line is it Anyway? 2.05 Hitz 2.30 Encore! Encore! 3.00 It's Garry Shandling's Show 3.30-4.00am Abbott and Costello	SHOP! LIFESTYLE/ SELECTION PACKS 6.00am Shop! Selection A selection of the best-sellers on the channel. 7.00 Home Shop! 8.30 Sports Shop! Sports clothing and footwear. 9.00 Technology Shop! 10.00 Entertainment Shop! 11.00 Home Shop! A selection of tools and equipment for the home. 12.00 Shop! Outlet 1.00pm Shop! Special 2.00 Shop! Selection 3.00 Technology Shop! 4.00 Kitchen Shop! 5.00 Shop! Preview 6.00 Shop! Selection 7.00-7.30pm Kitchen Shop! GMTV 2 ACCESS PACK GMTV2 offers pre-school and lifestyle shows between 6.00am and 9.25am. Weekdays: <i>The News Hour</i> at 6.00am followed by children's shows. Saturdays: Children's programming and a round-up of the week's news in <i>The Review</i> . Sundays: Highlights include a <i>Pokémon</i> triple bill and <i>The Review</i> .	QVC LIFESTYLE/ SELECTION PACKS QVC The Shopping Channel is at your service 24-hours-a-day - so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlights are DIY with Harry Greene at 10.00am and Liz Earle's Beauty Regime at 10.00pm.	
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VH1 MUSIC & GAMES PACK	ANIMAL PLANET WORLD PACK	ITV2 ACCESS PACK	UK STYLE LIFESTYLE PACK	UK HORIZONS WORLD/ ACCESS PACKS	CARLTON FOOD NETWORK LIFESTYLE PACK	
6.00am Breakfast in Bed 10.00 Behind the Music: TLC A look at some of R&B band TLC's biggest hits including <i>Waterfalls</i>, <i>Creep</i>, <i>Unpretty</i> and <i>No Scrubs</i>. 11.00 Top 40 of the 1980s VH1 rewinds the clock to those halcyon days that were the 1980s – the decade of decadence. 3.00pm Top 40 Male Artists The male gender are fighting it out to be the supreme number one artist in the top 40 male singers of all time.	12noon Croc Files A visit to North Queensland. 12.30pm Croc Files 1.00 Emergency Vets Stories from Alameda East Veterinary Hospital in Denver, which works round the clock to save animals. 1.30 Emergency Vets 2.00 Vets on the Wildside Magazine-style series. 2.30 Vets on the Wildside 3.00 Wild Rescues Tales of people saving animals and vise versa. 3.30 Wild Rescues The relationship between animals and people. 4.00 Lassie: The Great Escape Lassie is found injured. 4.30 Lassie: The Great Escape Timmy helps Lassie. 5.00 Monkey Business 5.30 Monkey Business A look at Charlie and Pacito moving house. 6.00 Animal Legends The story of a terrier who, for 14 years, kept vigil on its master's grave. 6.30 Animal Legends Amazing animal stories. 7.00 ESPU Series which chronicles the work of an elite police force in Southern Africa. 7.30 ESPU Illegal dealing in rhino horn. 8.00 Wild Rescues The relationship between humans and animals. 8.30 Wild Rescues A look at the animals that protect people. 9.00 The Last Paradises <i>Kakadu – Aboriginal Nature</i> 9.30 The Last Paradises <i>Namib</i> 10.00 Animal Hospital Animals of every ilk line up for treatments as the frontiers of veterinary medicine are explored. 11.00-12midnight Untamed Africa <i>Legacy</i> How young animals are able to survive in the wild.	9.25am Sunset Beach Omnibus Another chance to see last week's episodes of the glossy drama series set in a Californian community. 1.10pm Home and Away Spend two hours in the company of Summer Bay's residents. 3.10 Emmerdale Omnibus Another chance to see all the drama and excitement from last week's episodes. 4.35 Coronation Street Omnibus Another chance to catch up on all the gossip and drama from Weatherfield, as featured in last week's episodes. Text 6.30 Heartbeat Nostalgic police drama series set in a 1960s Yorkshire village. Text 7.30 CD: UK The music chart show with the latest acts coming to you live in the studio. 8.30 Trevor McDonald Meets... Britain's most popular newscaster talks to a wide range of guests. 9.00 Metropolis Drama series following the complex lives of six university friends, now struggling to find their adult selves in London. 10.00 Coronation Street Text 10.30 The Railway Children A new dramatisation of E Nesbit's classic novel. Three children have their lives dramatically changed after they move to a Yorkshire cottage near a railway line. Learning to fend for themselves in the absence of their father, the children make friends with the local station porter. Stars Jenny Agutter and Richard Attenborough. 12.30am A Week on the Wild Side 1.30-2.30am Trisha More true stories. Text	7.00am Can't Cook, Won't Cook 7.30 Ready, Steady, Cook 8.00 House Invaders 8.30 The House Doctor 9.00 All the Right Moves 9.30 Antiques Treasure Trail 10.00 The Cable Guide Awards 11.30 Spa Trek 12noon Style World 12.30pm Your Money or Your Life 1.00 Looking Good 1.30 Delia Smith's Summer Collection 2.00 Delia's How to Cook 2.30 Gary Rhodes 3.00 Party of a Lifetime 3.30 Two Fat Ladies <i>Lock Keepers</i> A blend of cookery and comic exploits. 4.00 Can't Cook, Won't Cook Cookery challenge. 4.30 Ready, Steady, Cook Cookery show. 5.00 House Invaders Hosted by Linda Barker. 5.30 The House Doctor Home improvement series. 6.00 All the Right Moves Quentin Willson presents. 6.30 Antiques Treasure Trail Tips and advice. 7.00 The Cable Guide Awards The winners and the losers from this year's Cable Guide TV Awards from the Hilton Hotel, Park Lane. Alan Titchmarsh and Carol Smillie are the hosts. 8.30 Spa Trek <i>Utah – Snowbird Ski and Summer Resort</i> A tour of the world's spas. 9.00 Style World <i>Mexico City</i> A look at all that's new in the world of interiors. 9.30 Your Money or Your Life 10.00 Looking Good With Lowri Turner. 10.30 Delia Smith's Summer Collection <i>Green Leaves and Gooseberries</i> 11.00 Delia's How to Cook Delia Smith creates quick and easy recipes. 11.30 Gary Rhodes <i>East End Doctors</i> 12midnight Party of a Lifetime Ainsley Harriott travels the country with the aim of creating a surprise party. 12.30am-1.00am Two Fat Ladies <i>Lock Keepers</i> Cookery and comedy.	7.00am Badlands 8.00 Piranhas 8.30 Scorpion 9.00 Zoo 9.30 Zoo 10.00 Clash of the Titans 11.00 Clash of the Titans 11.55 Top Gear GTI 1.00pm Top Gear Special <i>Blood, Salt and Tears</i> 2.00 Badlands 3.00 Piranhas David Attenborough tells the story of the South American piranha. 3.30 Scorpion A look at the arachnid. 4.00 Zoo The baby of an endangered species of monkey, rejected by its mother, faces starvation. 4.30 Zoo 5.00 Top Gear GTI The Top Gear team test the latest models and cast an experienced eye over the hottest motoring news in this extended show. 6.00 Return with Honour Tom Hanks presents this powerful story of American pilots who were shot down over North Vietnam. 7.00 Romans in Britain <i>Fact and Fable</i> 7.30 A Rough History Of... Blenheim Palace 8.00 Love Town 8.30 Love Town Documentary series about couples who choose to tie the knot in Gretna Green. 9.00 Royal Watchers Documentary which goes behind the press lines with Colin Edwards. 9.35 Castaway 2000 Series documenting a social experiment set on a remote Scottish island. 10.35 Firefighters A behind-the-scenes look at two of Liverpool's busiest fire crews. 11.05 Firefighters Fly-on-the-wall show. 11.35 Firefighters Life with a Liverpool crew. 12.05am-1.00am Taxicab Confessions	7.00am Food Factory 7.30 Coxon's Kitchen College 8.00 Food Network Daily 8.45 More Simply Antony 9.30 Newman Meets 10.00 Spice World 10.30 Simply Puddings 11.00 Flash in the Pan 11.30 From the Ground Up 12noon Four Burners and a Grill 12.30pm Pacific Food 1.00 Coxon's Kitchen College 1.30 Gordon Ramsay's Passion for Flavour 2.00 Food Network Daily 2.45 Quick Cooks 3.00 Cocktail Challenge 3.30 Cucina Valentina <i>Fish</i> With Valentina Harris. 4.00 Simply Puddings <i>Quick and Easy</i> Hosted by Lotte Duncan. 4.30 Picture This Magazine series. 5.00 A to Z of Food and Beauty 5.30 Four Burners and a Grill 6.00 Coxon's Kitchen College 6.30-7.00pm Use Your Loaf	6.00 AM MORNING 3.00 PM 4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00 NIGHT TIME
CABLE CHECK Some of the channels listed may not be available in your area						
CHALLENGE TV MUSIC & GAMES PACK	DISCOVERY HOME & LEISURE WORLD PACK	RAPTURE BONUS CHANNEL	LOCAL CHANNEL ACCESS PACK			
5.00pm Strike it Lucky 5.30 Sale of the Century 6.00 Family Fortunes 6.30 100% 7.00 Beadle's About 7.30 Winner Takes All Bobby Davro hosts. 8.00 Stars in Their Eyes The show that gives amateur singers the chance to be their favourite star. 8.30 Candid Camera 9.00 Whittle 9.30 Strike it Lucky	10.00 Endurance UK 10.30 Family Fortunes 11.00 Gladiators 12midnight Beadle's About 12.30am Stars in Their Eyes 1.00 Candid Camera 1.30 Absolute Cobblers 2.00 Karaoke Challenge 2.30 3-2-1 3.30 The Krypton Factor 4.00 Say the Word 4.30-5.00am Whittle 5.00-6.00am Screenshop	6.00am Set in Stone 6.30 The Diceman 7.00 Screaming Reels 7.30 Hooked on Fishing with Paul Young 8.00 How to with B & Q 8.05 A Car is Born 8.35 Our House Down Under 9.05 This Old House with Steve and Norm 9.35 This Old House with Steve and Norm 10.05 How to with B & Q 10.10 Total Fishing with Matt Hayes 10.40 Fishing Australia 11.10 Rex Hunt Fishing Adventures 11.40 Wood Wizard 12.10pm How to with B & Q 12.15 The House Doctor 12.45 The House Doctor 1.15 Home Again with Bob Vila 1.45 New Yankee Workshop 2.15 How to with B & Q 2.20 Village Green 2.50 Time Team 3.50-4.00pm How to with B & Q	10.00am Freesport Special 10.30 World Wind Surf 11.00 High Adrenalin 11.30 Adrenalize 12noon Chilli Factor 12.30pm Fearless 1.00 Mountain Bikes 1.30 Freesport Special 2.00 World Wind Surf 2.30 Chilli Factor 3.00 Fearless 3.30 Adrenalize 4.00 Freesport Special 4.30 World Wind Surf 5.00 High Adrenalin Action 5.30-6.00pm Adrenalize	6.00pm LLTV – Local Life A daily magazine programme featuring local news, events and lifestyle features. 6.30 What's On TV 7.00 LLTV – Local Life 7.30 YCTV Programmes made by the stars of tomorrow featuring the stars of today. 8.00 Student Showcase 8.30 What's On TV 9.00-9.30pm LLTV – Local Life		

6.00 AM
MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME

CABLE CHECK
Some of the channels listed may not be available in your area

DISCOVERY WORLD PACK

4.00pm Ultimate Aircraft
Sea Wings
Follow US Navy pilots aboard an aircraft carrier on duty in the Gulf.

5.00 Firepower 2000
High Tech Battlefield
Chart the evolutionary course of military strategy, tactics and the technology of land warfare.

6.00 Extreme Contact
Beauty and the Beast
6.30 O'Shea's Big Adventure
Nemesia

7.00 Breaking the Sound Barrier
Discover new revelations about the race between Britain and America to break the sound barrier.

8.00 The Ultimate Race
The Hope
NEW The definitive story of efforts made to break the land speed record.

9.00 The Ultimate Race
The Glory
A look at the lives and careers of men obsessed with speed.

10.00 Pile Up
An investigation into multi-vehicle road accidents using aftermath and police footage, re-creations and computer animation.

11.00 Medical Detectives
The Talking Skull
11.30 Medical Detectives
Killer Fog
12midnight Planet Ocean
The Song of Whales
A look at how whales use sound to communicate over vast distances.

1.00am-2.00am Seawings F-8: The Last Gunfighter
A look at the seaplane and its role in war and peacetime.

CARTOON NETWORK FAMILY PACK

5.00am Tabaluga 5.30 Blinky Bill 6.00 Fly Tales 6.30 Flying Rhino Junior High 7.00 Fat Dog Mendoza 7.30 Ned's Newt 8.00 Mike, Lu and Og 8.30 Ed, Edd 'n' Eddy 9.00 Dexter's Laboratory 9.30 The Powerpuff Girls 10.00 Angela Anaconda 10.30 Cow and Chicken 11.00 Dragonball Z 12noon Tom and Jerry 12.30pm Looney Tunes 1.00 Flintstones 1.30 Scooby-Doo 2.00 Animaniacs 2.30 The Mask

3.00 I Am Weasel 3.30 Dexter's Laboratory
Chemical chaos with the bedroom professor and his sister DeeDee.

4.00 Cow and Chicken 4.30 The Powerpuff Girls
Trouble in Townsville calls out the three heroines.

5.00 Ed, Edd 'n' Eddy
More namesake nonsense with the three pals.

5.30 Johnny Bravo
More posturing and posing from the egomaniac.

6.00 Tom and Jerry
Madcap comic antics with the cat and mouse duo.

6.30 FILM: Scooby-Doo Goes Hollywood
Animated mystery adventure with the hungry hound and his band of young detectives. The kids encounter strange goings-on in Tinseltown. 1972

8.30-9.00pm Courage the Cowardly Dog

TCM FAMILY PACK

9.00pm 42nd Street
Warner Baxter, Bebe Daniels, George Brent
Musical about the backstage life at a Broadway show. 1933

10.40-1.00am That's Dancing!
A compilation of some of the best song and dance numbers from the unforgettable Hollywood greats. 1985

CARTOON NETWORK:
1.00am The Moomins 1.30 The Magic Roundabout 2.00 Tabaluga 2.30 Blinky Bill 3.00 The Tidings 3.30 The Fruitties 4.00 The Moomins 4.30-5.00am The Magic Roundabout

NICKELODEON FAMILY PACK

7.00am The Three Friends... and Jerry 7.30 The Three Friends... and Jerry 8.00 Kenan and Kel 8.30 Kenan and Kel 9.00 Rugrats 9.30 Rugrats 10.00 Hey Arnold! 10.30 Hey Arnold! 11.00 CatDog 11.30 CatDog 12noon Angry Beavers 12.30pm Angry Beavers 1.00 Rocko's Modern Life 1.30 Rocko's Modern Life 2.00 Renford Rejects 2.30 Renford Rejects

3.00 The Secret World of Alex Mack
More from the schoolgirl with extraordinary powers.

3.30 The Secret World of Alex Mack

4.00 Sister Sister
There's twice the comedy and four times the fun with Tia and Tamera.

4.30 Sister Sister
More twin trouble and fun.

5.00 Sabrina the Teenage Witch 5.30 Sabrina the Teenage Witch

6.00 Are You Afraid of the Dark? 6.30-7.00pm Are You Afraid of the Dark?

PARAMOUNT COMEDY CHANNEL FAMILY PACK

7.00pm Grace Under Fire 7.30 King of Queens
Road Rage

8.00 Cheers
Days of Wine and Neuroses

8.30 Just Shoot Me
War and Szeaze
Maya has a double date.

9.00 Frasier
Roz and the Schnoz

9.30 Frasier
Life of the Party
Frasier and Niles try hosting a singles party.

10.00 FILM: The Adventures of Baron Munchausen
John Neville, Eric Idle
Fantasy comedy which chronicles the bizarre adventures of the eponymous aristocrat and a motley band of followers as they endeavour to save a town from defeat by the Turks. 1988

12.25am Tavaré Time 12.55 Clive Anderson Talks Back 1.10 NewsRadio 1.35 Whose Line is it Anyway? 2.05 Hitz 2.30 Encore! Encore! 3.00 It's Garry Shandling's Show 3.30-4.00am Abbott and Costello

FOX KIDS FAMILY PACK

6.00am Oggy 6.10 Bad Dog 6.30 Bobby's World 6.55 Jim Button 7.15 Walter Melon 7.40 Inspector Gadget 8.00 Oggy 8.10 Biker Mice 8.30 Dennis and Gnasher 8.55 Sailor Moon 9.15 Sailor Moon 9.40 Digimon 10.00 Monster Rancher 10.20 Masked Rider 11.05 X-Men 11.30 Spy Dogs 11.50 Ace Ventura 12.15pm Walter Melon 12.35 Inspector Gadget 1.00 Woody 1.10 Casper 1.30 Donkey Kong 1.55 Dennis and Gnasher 2.20 Life with Louie 2.40 Princess Sissi

3.00 Princess Starla and the Jewel Riders
More magical adventures.

3.20 Sailor Moon 3.45 Mighty Morphin' Power Rangers

4.05 Mighty Morphin' Power Rangers 4.30 Digimon

4.50 Masked Rider
The adventures of the teenage alien superhero.

5.15 Monster Rancher
Genki and Holly try to save Monster Rancher world.

5.35 Biker Mice from Mars 6.00 The New Addams Family 6.25 Casper 6.35-7.00pm Goosebumps

SHOP! LIFESTYLE/ SELECTION PACKS

6.00am Shop! Selection
A selection of the best-sellers on the channel.

7.00 Home Shop! 8.30 Sports Shop!
Sports clothing and footwear.

9.00 Technology Shop! 10.00 Entertainment Shop! 11.00 Home Shop!
A selection of tools and equipment for the home.

12noon Shop! Outlet 1.00pm Shop! Special 2.00 Shop! Selection 3.00 Technology Shop! 4.00 Kitchen Shop! 5.00 Shop! Preview 6.00 Shop! Selection 7.00-7.30pm Kitchen Shop!

GMTV 2 ACCESS PACK

GMTV2 offers pre-school and lifestyle shows between 6.00am and 9.25am. Weekdays: *The News Hour* at 6.00am followed by children's shows. Saturdays: Children's programming and a round-up of the week's news in *The Review*. Sundays: Highlights include a *Pokémon* triple bill and *The Review*.

QVC LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day - so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlights are DIY with Harry Greene at 10.00am and Liz Earle's Beauty Regime at 10.00pm.

NEWS AND INTERNATIONAL

BBC NEWS 24 NEWS & SPORT/ ACCESS PACKS

6.00am News 9.30 World News 10.00 News 10.30 Reporters 11.00 News 11.10 Dateline London 12noon News 12.30pm Talking Movies 1.00 News 2.30 Simpson's World 3.00 News 3.30 Correspondent 4.00 News 4.30 Click Online 5.00 News 7.30 Sportsday 8.00 News 10.30 Dateline London 11.00 News 11.30 Reporters 12midnight News 12.30am Simpson's World 1.00 News 2.30 Agenda 3.00 News 3.30 Dateline London 4.00 News 4.45 Asia Today 5.00-6.00am News

CNN INTERNATIONAL NEWS & SPORT PACK

News throughout the day, plus: 5.00am News 5.30 CNNdotCOM 6.30 World Business 7.30 Inside Europe 8.30 World Sport 9.30 World Beat 10.30 World Sport 11.30 CNN Hotspots 12.30pm Diplomatic License 1.00 World Report 2.30 Inside Africa 3.30 World Sport 4.30 Showbiz This Weekend 5.00 Late Edition 6.30 Business Unusual 7.30 Inside Europe 8.30 The Artclub 9.30 CNNdotCOM 10.30 World Sport 11.00 CNN WorldView 11.30 Style 12midnight CNN WorldView 12.30am Science & Technology Week 1.00 CNN WorldView 1.30 Asian Edition 1.45 Asia Business Morning 2.00 CNN & TIME 3.30 The Artclub 4.30-5.00am Pinnacle

SKY NEWS NEWS & SPORT PACK

News on the hour, every hour, plus: 6.00am Sunrise 9.30 Week in Review 10.00 Sunday with Adam Boulton 11.30 The Book Show 12noon Sky News 1.30pm Fashion TV 2.00 Sky News 2.30 Showbiz Weekly 3.30 Technoflextra 4.30 Sunday with Adam Boulton 5.00 Live at Five 7.30 Sportsline 8.30 The Book Show 9.30 Showbiz Weekly 10.00 Sky News 12.30am CBS Evening News 1.30 Sunday with Adam Boulton 2.30 Fashion TV 3.30 The Book Show 4.30 Week in Review 5.30-6.00am CBS Evening News

INTERNATIONAL

SAT1 6.00am Moving - Rückwärts ins Chaos 7.00 Week Up 8.00 Die Wochenshow 9.00 Aff 9.30 Hausmeister Krause 10.00 Zwei zum Verlieben 11.00 Baywatch Hawaii 12noon V.I.P. - Die Bodyguards 1.00pm MacGyver 2.00 J.A.G. 3.00 Radrennen 5.00 Blitz 5.30 Wetter 5.45 Die Barilla Comedy-Küche 6.00 Nur die Liebe zählt 7.15 Die Wochenshow Live 9.15 Danke Anke! 9.45 Planetopia 10.30 News & Stories 11.20 So Gesehen 11.25-12.25am MacGyver

TV5 5.00am Journal Télévisé 5.15 Journal des Journaux 6.00 Infos 6.05 Les Zaps 6.30 Les Zaps 7.00 Journal Télévisé 7.30 Les Zaps 8.00 Infos 8.05 Découverte 8.30 Les Carnets du Bourlingueur 9.00 Journal Télévisé 9.15 La Fête des Bébés 9.30 Va Savoir 10.00 Thalassa 11.00 Infos 11.05 Grands Gourmands

11.30 Journal Télévisé 12noon Infos 12.05pm Géopolis 1.00 Journal Télévisé 1.15 Théâtre: Jean III 3.00 Journal 3.15 Questions 3.30 Gros Plan 4.00 Union Libre 5.00 Journal 5.15 Nature des Champions 7.00 Journal 7.30 Journal Télévisé et le Journal du Temps 8.00 Infos 8.05 Faut pas Réver 9.00 Journal 9.15 Une Semaine au Salon 11.00 Journal 11.30-12midnight Soir 3

ASIANET ADD-ON CHANNEL CABLE EXCLUSIVE

7.30am Sant Darshan 8.30 Swami Vishvas 9.30 In Search of Peace 10.00 Holy Quran 10.30 Vishwamitra 11.30 Health 12.30pm Pakistan This Week 1.00 Khiladi 1.30 FILM 4.00 MTV 123 4.45 MTV Hitlist 5.45 Na Kaam Na Ziade 6.30 Aur Aap 7.00 Close Up 7.30 MTV India 8.00 Wilaytee Babu 8.30 FILM 11.30 Toofan TV 12midnight MTV 12.30am Aur Aap 1.00 FILM 4.00 Wilaytee Babu 4.30 Na Kaam Na Ziade 5.30 Geet Baney Sangeet 6.00 Khiladi 6.30 DD Programme 7.00-7.30am Bhule Bisre Geet

ZEE TV ADD-ON CHANNEL

6.00am Kya Scene Hai 6.30 Shabads 7.00 Faith: Sikhism 7.30 News 8.00 Karobari Duniya 8.30 Sare Jahan Se Acha 9.00 Guftugu 9.30 Out 10.00 Mahabharat 11.00 Bodymatters 11.30 Zee in Europe 12noon FILM 3.00pm Sa Re Ga Ma 4.00 Zee and You 4.30 Ibrat 5.30 Super 7 6.00 Day Out 6.30 Yeh Hain 7.00 Antakshari 7.30 Basera 8.00 News 8.30 FILM 11.30 Agni Chakra 12midnight News 12.30am FILM 3.30 Hum Paanch 4.00 Daraar 4.30 Campus 5.00 Mama Miya 5.30-6.00am Sa Re Ga Ma

CHRISTIAN CHANNEL EUROPE WORLD PACK

5.00am CMTV Ballads 5.30 Life is for Living 6.00 Life in the Word 6.30 A Voice to the Nations 7.00 Changing Your World 7.30 CMTV 8.00 In Touch 9.00 Order My Steps 9.30 A Voice to the Nations 10.00 Life is for Living 10.30-11.00am A Word From God

BLOOMBERG WORLD PACK

2.00am Market Movers 2.45 Market Review 3.15 European Weekly Review 3.45 Food for Thought 4.30 Market Movers 5.54-6.00am Bloomberg Helpdesk

BBC PARLIAMENT NEWS & SPORT PACK

Parliament is in recess.

THE HISTORY CHANNEL WORLD PACK

12noon The Korean War Bitter Stand-off 1.00pm Biography Princess Margaret 2.00 When the Century Was Young A Golden Time An examination of the historical differences between rich and poor.

3.00 The Roman Catacombs
Explore Rome's tunnels.

4.00 Ernest Hemingway
A look at the writer's life.

6.00 Rome - The Great Empire
The Age of Emperors

7.00 King Herod's Lost City
A search for a lost city.

8.00 Rain of Ruin - The Atomic Bombing of Japan
A look at the first atomic bomb to be used in war.

9.30-10.00pm Spies
The A-Bomb Spy Ring

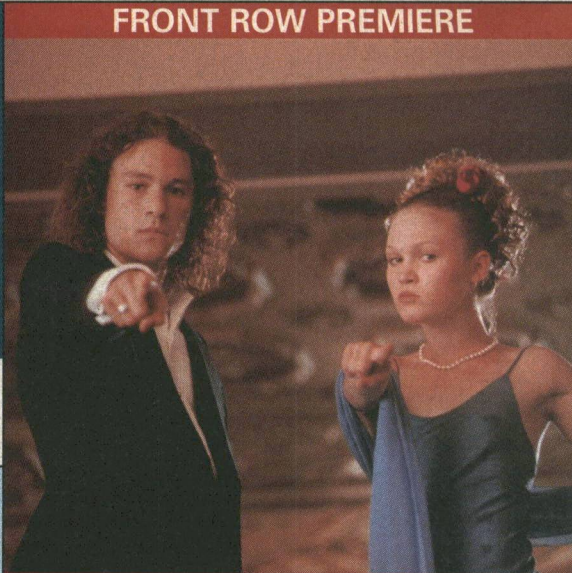
TV TRAVEL SHOP BONUS CHANNEL

A total travel service in your own home. Video brochures give a guided tour of resorts around the world, with regular bulletins and programmes featuring late holidays and special offers. Viewers can then book holidays 24-hours-a-day, seven-days-a-week, by calling 0870 60 60 747. For more information and full listings turn to TV Travel Shop Text, from page 200.

SOMETHING
STUNG MY LEG, AND
I TURNED TO SEE
A HUGE JELLYFISH
STRETCHING ITS
DEADLY TENTACLES
OUT TO GRAB ME...



Whatever monsters your kids discover in your kitchen, at least you can be sure they won't be germs.
Domestos protects. Even in the world you can't see.

	SKY PREMIER PREMIUM CHANNEL	SKY MOVIEMAX PREMIUM CHANNEL	MOVIE RATINGS	FRONT ROW PREMIERE
MORNING	6.00am Pit Pony 1997, rating Sky PG, 88 mins 8.00 3 Ninjas: High Noon on Mega Mountain Text 1998, rating Sky PG, 87 mins 10.00 New Swiss Family Robinson 1998, rating Sky PG, DS, 97 mins 12noon Infinity Text 1996, rating Sky PG, 95 mins 2.00pm Home Team Steve Guttenberg, Sophie Lorain Family comedy. A former soccer star, whose gambling addiction landed him in jail, has to perform community service at a children's home - teaching unruly boys how to play football. 1999, rating Sky PG, DS, 88 mins	6.20am Medicine River 1993, rating Sky PG, DS, 96 mins 8.00 The Color of Courage 1999, rating Sky PG, 88 mins 10.00 Final Descent 1997, rating Sky PG, 88 mins 12noon Charley and the Angel 1974, rating Sky U, 91 mins 2.00pm Medicine River Graham Greene, Sheila Tousey, Janet-Laine Green, Tom Jackson Romantic comedy about a man caught between two women and two very different worlds. A photo-journalist returns home after hearing his mother has died and finds himself drawn to the town that he never previously missed. 1993, rating Sky PG, DS, 96 mins	Sky U: Suitable for viewing by all Sky PG: Parental Guidance suggested Sky 12: Suitable for viewers aged 12 years and over Sky 15: Suitable for viewing by people of 15 years or over Sky 18: Suitable for viewing by adults only Text: film is subtitled on page 888 of Fastext Widescreen: shown in cinema (letterbox) format	 Making a point: Heath Ledger and Julia Stiles star in '10 Things I Hate About You'. Front Row, see below
	4.00 3 Ninjas: High Noon on Mega Mountain Hulk Hogan, Lori Anderson, Jim Varney, Mathew Botuchis Children's adventure sequel about three young karate experts who team up with a veteran TV hero to save their local theme park which is being held to ransom by an evil woman and her horde of ninjas. Text 1998, rating Sky PG, 87 mins	4.00 Danielle Steel's Changes Cheryl Ladd, Michael Nouri Romantic drama. A successful TV news anchorwoman falls for a heart surgeon, who she marries after a whirlwind romance. They both have children from previous marriages and attempts to blend a family jeopardise their happiness. 1991, rating Sky PG, 91 mins 6.00 Final Descent Robert Ulrich, Annette O'Toole, Jim Byrnes, Ken Pogue Drama in which two planes have a mid-air collision. The force sends the passenger airliner on a potentially deadly descent and, in the process, the crew must put aside their personal differences and pull together to avert catastrophe. 1997, rating Sky PG, 88 mins	4.00pm Pardon Us Stan Laurel, Oliver Hardy Feature-length comedy in which Laurel and Hardy star as a pair of prison inmates during the prohibition era who stage a hilarious break-out. 1931, rating Sky U, 68 mins 5.15 Pack Up Your Troubles Stan Laurel, Oliver Hardy Comic adventure in which Laurel and Hardy must care for the daughter of a friend who dies during World War I. 1932, rating Sky PG, 64 mins 6.25 The Earth Dies Screaming Willard Parker, Virginia Field Thriller. An astronaut returns to Earth to find it's been torn apart by alien robots and joins the few human survivors to fight back. 1964, rating Sky PG, 60 mins	
	6.00 New Swiss Family Robinson Jane Seymour, David Carradine, James Keach, John Asher Adventure. A re-working of the classic shipwreck story which sees the modern-day Robinson family struggling to survive on a desert island while fending off the pirates who caused their ship to sink. 1998, rating Sky PG, DS, 97 mins	8.00 Rush Hour Jackie Chan, Chris Tucker, Ken Leung, Tom Wilkinson Comedy adventure. A Hong Kong cop is called in when the Chinese consul's daughter is kidnapped. But the FBI don't want any help and assign a cop to keep him away so they can start investigating the case on their own. Text 1998, rating Sky 12, DS, 94 mins	8.00 1941 Dan Aykroyd, John Belushi, Lorraine Gary, Murray Hamilton Comedy, set six days after the bombing of Pearl Harbour in December 1941, following the adventures of a group of American GIs who manage to destroy Hollywood and wreak havoc throughout southern California. Text 1979, rating Sky PG, 114 mins	
	8.00 City of Angels Nicolas Cage, Meg Ryan Romantic drama in which an angel falls in love with a beautiful heart surgeon. He presents himself to her as an enigmatic stranger and finally, when they've fallen in love, he considers renouncing his immortality - an angel's ultimate act of love. Text 1998, rating Sky 12, 109 mins	10.00 When Trumpets Fade Ron Eldard, Frank Whaley, Zak Orth, Dylan Bruno World War II drama. A soldier hoping to be sent home is promoted to sergeant. 1998, rating Sky 15, DS, 89 mins 11.35 Child of Darkness, Child of Light Anthony John Dennis Drama. A virgin birth spawns a modern-day Antichrist. 1991, rating Sky 15, 82 mins	10.00 Dracula Has Risen from the Grave Christopher Lee, Rupert Davies, Veronica Carlson, Barbara Ewing Horror. When Dracula's castle is exorcised, he attempts to exact revenge by making the bishop's niece his bride. 1968, rating Sky 15, 88 mins 11.35 American Flyers Kevin Costner, David Grant Drama focusing on brothers who enter a cycling race only to learn of their father's illness. 1985, rating Sky PG, DS, 106 mins	
	10.00 Jackie Brown Pam Grier, Samuel L Jackson, Robert De Niro, Bridget Fonda Crime drama directed by Quentin Tarantino. An air stewardess is caught smuggling money from Mexico. The police expect her to talk but instead she embarks on a scheme which keeps her ahead of the police, her old boss and away from her old life. Text 1997, rating Sky 15, 148 mins	12.00 12.35am Pecker Comedy. Text 1998, rating Sky 15, DS, 83 mins 2.05 Lord of the Flies 1990, rating Sky 15, 87 mins 3.35 Entropy Text 1999, rating Sky 15, DS, 105 mins 5.25-6.00am Femmes Fatales: Michelle Pfeiffer	1.25am The Fortune Text 1975, rating Sky 15, 84 mins 2.55 The Earth Dies Screaming 1964, rating Sky PG, 60 mins 4.00-6.00am Island in the Sun 1957, rating Sky PG, 114 mins	
	12.00			
NIGHT TIME				
				FILMFOUR ADD-ON CHANNEL
				6.00pm Jour de Fête Jacques Tati, Guy Decomble, Santa Relli Comedy. A contented postman in a small French village perks up when a travelling carnival arrives. One of the attractions is a film depicting the US Postal Service's fast and efficient postal delivery system which inspires him to Americanise his work style. 1949, 77 mins 8.00 Marvin's Room Diane Keaton, Meryl Streep, Leonardo DiCaprio Drama. A woman who's spent 20 years looking after her father is diagnosed with cancer. She needs her estranged sister and her family for their father's day-to-day nursing - and also for a possible bone marrow transplant that might just save her own life. 1996, 94 mins 10.00 Blue Velvet Kyle MacLachlan, Dennis Hopper, Isabella Rossellini Mystery drama. A man discovers a severed ear in a field. Not satisfied with the police's pace, he leads his own investigation which leads him into the world of extreme violence and weird sex, and confrontation with an out-of-control criminal and a damsel in distress seemingly in his thrall. Text 1986, 120 mins 12.10am Ed Wood Johnny Depp, Martin Landau Comedy drama. A biopic of the life of director Edward D Wood Jr. Text 1994, 121 mins 2.15 Citizen Kane Text 1941, 114 mins 4.15-6.00am It Happened Here Drama. 1961, 96 mins
				Create your own personal TV diary: www.cableguide.co.uk
				CARLTON CINEMA LIFESTYLE PACK
				7.00pm Stella Dallas Barbara Stanwyck, John Boles, Anne Shirley, Barbara O'Neil Drama about a divorcee and her daughter to whom she is determined to give all the advantages in life. They visit an expensive resort and, after an embarrassing incident, she realises that her daughter would go further in life without her. 1937, 106 mins 9.00 Mermaids Cher, Winona Ryder, Bob Hoskins, Christina Ricci Drama. After a failed relationship, a mother decides to move to the other side of the country and start over again. Reluctantly her daughter, who wants to become a nun, goes and falls in love with a quiet, mild-mannered church employee, to the mixed response of her mother. 1990, 106 mins 11.00 Death Train Pierce Brosnan, Patrick Stewart, Alexandra Paul, Christopher Lee Action thriller in which a team of hand-picked agents from around the world must stop a hijacker on a train with a nuclear bomb. Text 1993, 95 mins 12.45am Doctor Detroit Dan Aykroyd, Donna Dixon Comedy. 1983, 95 mins 2.30 White Nights Drama. 1985, 131 mins 5.00-7.00am Sapphire Mystery. 1959, 92 mins

Making a point: Heath Ledger and Julia Stiles star in '10 Things I Hate About You'. Front Row, see below

FILMFOUR ADD-ON CHANNEL

6.00pm Jour de Fête
Jacques Tati, Guy Decomble, Santa Relli
Comedy. A contented postman in a small French village perks up when a travelling carnival arrives. One of the attractions is a film depicting the US Postal Service's fast and efficient postal delivery system which inspires him to Americanise his work style. 1949, 77 mins
8.00 Marvin's Room
Diane Keaton, Meryl Streep, Leonardo DiCaprio
Drama. A woman who's spent 20 years looking after her father is diagnosed with cancer. She needs her estranged sister and her family for their father's day-to-day nursing - and also for a possible bone marrow transplant that might just save her own life. 1996, 94 mins
10.00 Blue Velvet
Kyle MacLachlan, Dennis Hopper, Isabella Rossellini
Mystery drama. A man discovers a severed ear in a field. Not satisfied with the police's pace, he leads his own investigation which leads him into the world of extreme violence and weird sex, and confrontation with an out-of-control criminal and a damsel in distress seemingly in his thrall. Text 1986, 120 mins
12.10am Ed Wood
Johnny Depp, Martin Landau
Comedy drama. A biopic of the life of director Edward D Wood Jr. Text 1994, 121 mins
2.15 Citizen Kane
Text 1941, 114 mins
4.15-6.00am It Happened Here
Drama. 1961, 96 mins

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CARLTON CINEMA LIFESTYLE PACK

7.00pm Stella Dallas
Barbara Stanwyck, John Boles, Anne Shirley, Barbara O'Neil
Drama about a divorcee and her daughter to whom she is determined to give all the advantages in life. They visit an expensive resort and, after an embarrassing incident, she realises that her daughter would go further in life without her. 1937, 106 mins
9.00 Mermaids
Cher, Winona Ryder, Bob Hoskins, Christina Ricci
Drama. After a failed relationship, a mother decides to move to the other side of the country and start over again. Reluctantly her daughter, who wants to become a nun, goes and falls in love with a quiet, mild-mannered church employee, to the mixed response of her mother. 1990, 106 mins
11.00 Death Train
Pierce Brosnan, Patrick Stewart, Alexandra Paul, Christopher Lee
Action thriller in which a team of hand-picked agents from around the world must stop a hijacker on a train with a nuclear bomb. Text 1993, 95 mins
12.45am Doctor Detroit
Dan Aykroyd, Donna Dixon
Comedy. 1983, 95 mins
2.30 White Nights
Drama. 1985, 131 mins
5.00-7.00am Sapphire
Mystery. 1959, 92 mins

FRONT ROW

SCREENING WHEN YOU'RE
GOOD AND READY

WITH CABLE & WIRELESS

See channel 50 or your Front Row spread on pages 14, 15 for further details.

KEY TO FILM CONTENT

T/C: Theme/Content

BL: Bad Language

S/N: Sex/Nudity

V: Violence

Channel 51 Matinee

MY FAVOURITE MARTIAN

Rating PG, 90 mins
Comedy. A martian crash-lands his spaceship on Earth and is pursued by an ambitious, Pulitzer Prize-winning reporter. Stars Jeff Daniels, Elizabeth Hurley and Christopher Lloyd.
T/C: Comedy, sci-fi fantasy.
BL: Infrequent, mild.
S/N: Once, mild, comic nudity.
V: Infrequent, mild horror.
7.30am, 9.30am, 11.30am, 1.30pm

Channel 51 Evening

NOTTING HILL

Rating 15, 119 mins
Romantic comedy. The world's most famous movie actress falls for a struggling and rather shy bookseller who lives in West London. Stars Hugh Grant and Julia Roberts.
T/C: Romantic comedy.
BL: Infrequent, strong.
S/N: Some comic references.
V: None.
3.30pm, 5.45pm, 8.00pm, 10.15pm, 12.30am, 2.45am

Channel 52

THE MATCH

Rating 15, 93 mins
Romantic comedy. A traditional village pub faces closure if it loses a football match against its modern rival. Stars Max Beesley and Laura Fraser.
T/C: Comedy, drama, football.
BL: Some, strong.
S/N: Some, strong comic references.
V: Infrequent, mild.
6.30pm, 8.30pm, 10.30pm, 12.30am, 2.30am

Channel 53

10 THINGS I HATE ABOUT YOU

Rating 12, 94 mins
Teen comedy, derived from Shakespeare's *The Taming of the Shrew*, about two very different sisters and their romantic trials and tribulations. Stars Larisa Oleynik and Julia Stiles.
T/C: Teen romance.
BL: Occasional, moderate.
S/N: Some mild references.
V: Once, mild.
7.00pm, 9.00pm, 11.00pm, 1.00am, 3.00am

SKY ONE ACTION/ SELECTION PACKS

6.00am Long Play 7.30 Mega Babies 8.00 Godzilla 8.30 Mummies Alive 9.00 Pokémon 9.30 Pokémon 10.00 Pokémon 10.30 The Simpsons **Text** 11.00 World Wrestling Federation - Smackdown 1.00pm Dream Team **Text** 2.00 Mega Babies 2.30 Godzilla

3.00 Mummies Alive
The Curse of Sekhmet
Scarab and mummies team up.
3.30 Pokémon
Shell Shock
The group follows a news crew.

4.00 Pokémon
Stage Fight
Ash, Misty and Tracey buy tickets to a Pokémon carnival.

4.30 Pokémon
Bye Bye Psyduck

5.00 Star Trek
This popular sci-fi series continues as the crew seek out new life, explore space, and have strange adventures on alien worlds along the way.

6.00 Hercules: The Legendary Journeys
Twilight
Hercules visits his ailing mother which stirs up memories of his first time in battle.

7.00 The Simpsons
Flaming Moe's
Moe steals Homer's idea. **Text**

7.30 The Simpsons
The Canine Mutiny
Bart gets a new dog. **Text**

8.00 Star Trek Voyager
Ashes to Ashes
A crew member believed to be long dead returns to the shock and confusion of everyone on board.

9.00 Cheating Spouse: Caught on Tape
Private investigators reveal the antics of unfaithful spouses captured on camera.

10.00 Red Light Girls
A documentary series accessing the hidden lives of vice girls in different countries, providing a unique insight into their strange world. **Text**

11.00 Coppers
Middlesbrough
Follows real-life police at work.

11.30 Coppers
Swindon

Police at work in Swindon.

12midnight Star Trek

1.00am LAPD

1.30 LAPD

2.00 In the Heat of the Night

2.50 In the Heat of the Night

3.40 In the Heat of the Night

4.30 In the Heat of the Night

5.20 The Newlywed Game

5.40-6.00 am

The Newlywed Game

UK GOLD LIFESTYLE/ SELECTION PACKS

6.00am The Good Life 6.40 Birds of a Feather 7.15 Yes, Prime Minister 7.50 Goodnight Sweetheart 8.25 EastEnders 9.00 The Bill **Text** 9.30 The Bill **Text** 10.00 Bergerac 11.00 Knots Landing 11.55 Neighbours 12.25pm EastEnders 1.00 Dangerfield 2.00 Knots Landing

3.00 The Bill

Rift

A catfight snowballs. **Text**

3.30 The Bill

Stand by Your Man

Daly investigates a prison. **Text**

4.00 EastEnders

Carol has some home truths to tell David.

4.35 Neighbours

Annalise comes face to face with a dangerous indiscretion.

5.00 Going Straight

Going to be Alright

Fletcher starts to get to know his family again.

5.40 Bread

Yizzel and Shifty are involved in a plot to get rid of a car. **Text**

6.20 The Brittas Empire

Snap Happy

Gordon wants a commemorative staff photograph, but the staff aren't enthusiastic.

7.00 The Good Life

The Weaker Sex?

Barbara is bored and tired.

7.40 Birds of a Feather

Nuptials

The day of Garth's wedding has finally arrived.

8.20 Open All Hours

Classic comedy about a shop keeper and his nephew. Stars Ronnie Barker, David Jason and Lynda Baron.

9.00 The Royle Family

It's the morning of the wedding and Denise is on edge. **Text**

9.40 Men Behaving Badly

Marriage

Gary proposes marriage to Dorothy while drunk. **Text**

10.20 Absolutely Fabulous

Birth

Award-laden sitcom set in the world of fashion and PR.

11.00

Gimme Gimme Gimme

I Do, I Do, I Do

Tom announces that he is getting married. **Text**

11.40 The Bill **Text**

12.15am The Bill **Text**

12.45 Live at Jinglelurs

1.20 The Royle Family **Text**

2.00 Men Behaving Badly

2.35

Monty Python's Flying Circus

3.10 EastEnders **Text**

3.45 Casualty

4.40 Dynasty

5.30-6.00am Angels

LIVING LIFESTYLE PACK

6.00am Ready, Steady, Cook 6.30 Can't Cook, Won't Cook 7.00 Tiny Living 9.00 Brookside 9.30 Home and Away 10.00 The Jerry Springer Show 10.50 Forgive or Forget 11.40 Maury Povich 12.30pm Special Babies 1.00 Reality Slot 1.30 Judge Judy 2.00 Streetmate 2.30 Maury Povich

Compelling and personal talk show hosted by Maury Povich.

3.20 Party of Five

All's Fair

American drama series about five orphaned siblings.

4.10 Mystic Challenge

Paul Ross presents a game show that tests the abilities of various psychic performers.

4.40 Forgive or Forget

Mother Love tries to resolve conflict in couples' relationships by giving guests the opportunity to forgive each other.

5.30 Ready, Steady, Cook

Fern Britton hosts this popular cookery show.

6.10

The Jerry Springer Show

Outrageous American talk show in which Jerry Springer and his guests engage in lively - and sometimes heated - discussions.

7.00 Judge Judy

New York family court judge Judy Sheindlin presides over a series of real-life cases.

7.30 Streetmate

Random street-date show.

8.00 Charmed

Three sisters move into their grandmother's house and discover they have inherited her powers of witchcraft. Stars Holly Marie Combs.

9.00 FILM: Betrayed

Tom Berenger, Debra Winger, Betsy Blair, John Mahoney.

An FBI agent is sent undercover to investigate a group of white supremacists. She is shocked by their fanatical conviction but still finds herself reluctantly falling for their leader. 1988

10.50 Secret Suburbia

A look at the goings-on behind the net curtains of suburbia

11.20-12midnight Eden

Adult drama.

CABLE CHECK

Some of the channels listed may not be available in your area

GRANADA PLUS ACTION PACK

6.00am Hawaii Five-0 7.00 Plus on Plus 7.30 Jokers Wild 8.00 Hogan's Heroes 8.30 George and Mildred 9.00 Classic Coronation Street **Text** 9.30 Emmerdale **Text** 10.00 Mission: Impossible 11.00 Only When I Laugh 11.30 Batman 12noon Classic Coronation Street **Text** 12.30pm Emmerdale **Text** 1.00 George and Mildred 1.30 Robin's Nest 2.00 Hawaii Five-0

3.00 Mission: Impossible

Mastermind

The IMF sets up a bizarre experiment to convince a nuclear syndicate leader that he is being double-crossed.

4.00 Kojak

In Full Command

A police officer sees Kojak's current case as a chance to restore his credibility. With Telly Savalas and Dan Frazer.

5.00 Hart to Hart

Murder is Man's Best Friend

The crime fighting couple search for adventure in exotic locations.

With Robert Wagner and Stefanie Powers.

6.00 Emmerdale

David's illicit shoot doesn't go quite as he planned. **Text**

6.30

Classic Coronation Street

The factory is cold for Ida. **Text**

7.00 Batman

Zelda The Great

With Adam West and Burt Ward.

7.30 Robin's Nest

Once Two is Three

With Richard O'Sullivan.

8.00 Boon

Love Letters from a Dead Man

Barbara Lake hires Boon to find out why she is receiving letters from her dead husband. Comedy drama with Michael Elphick.

9.00 Kojak

Sixty Miles to Hell

Kojak goes to Las Vegas to help find Crocker, who has been kidnapped.

10.00-11.00pm Taggart

Killer - Part I

GRANADA

MEN & MOTORS

ACTION PACK

11.00pm The Big Bang

Spectacular motoring stunts.

11.30 Madder Maxx

All-action motoring series focussing on the more bizarre areas of motor sport.

12midnight 2 Wheels

Weekly biking magazine programme.

12.30am Motor Week

Magazine series.

1.00 Motorsport Mundial

A look at the motor industry.

1.30-2.00am Carfile

Audi A6/Avant

The Audi A6 and its rivals.

DISNEY CHANNEL ADD-ON/ PREMIUM CHANNEL

4.30am Pooh 4.45 Music Time 4.50 Olle 5.00 Bear 5.25 Art Play 5.30 PB and J Otter 5.45 Bite Size 6.00 Toons 6.05 Circle Time 6.10 Olle 6.20 Spot 6.30 Out of the Box 7.00 Mickey Mouseworks 7.30 101 Dalmatians 8.00 Aladdin 8.30 Recess 9.00 Art Attack 9.35 Sabrina 10.00 FILM: The Rescuers Down Under 1990 11.15 Recess 11.30 Miami 7 12noon Circus Kids 12.30pm Boy Meets World 1.00 FILM: Sally Marshall is Not an Alien **PREMIERE** Drama. 2000 2.30 Mickey Mouseworks

3.00 101 Dalmatians

3.15 100 Deeds for Eddie McDowd

3.45

The Famous Jett Jackson

Series about a former superstar who wants a normal life.

4.15 Honey, I Shrank the Kids: The TV Show

Honey, You're So Transparent

Amy takes on apprenticeship at Jantech. **Text**

5.00 Recess

Animated series from the creators of *Rugrats*. **Text**

5.30 Smart Guy

TJ is put in his brother's class in school. **Text**

6.00 Teen Angel

Jeremiah was a Bullfrog

Marty makes a frog talk.

6.30 Home Improvement

The Naked Truth

Tim gets himself in trouble again.

7.00

FILM: The B.R.A.T. Patrol

Sean Astin, Tim Thomerson, Brian Keith, Joe Wright

Family comedy. An army Colonel forces his children to join a junior version of the army and compete with other military children. 1986

8.30 Honey, I Shrank the Kids: The TV show

Honey, It's Quarkzilla

The Szalinski's dog feeds on Wayne's super veggies. **Text**

9.15 Flipper

Live action marine adventure in Florida with TV's most famous dolphin in action, showing off his repertoire of tricks.

10.00 Home Improvement

Comedy double bill. **Text**

11.00

Touched by an Angel **Text**

11.50-12midnight Toons

THE BOX

MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh - latest videos available; BOXTalk - unique interviews with artists/bands; Breakin' Out of THE BOX - videos tipped for the top. Plus weekly competitions.

MONDAY CONTINUES OVERLEAF...

CABLE CHOICE

FILM

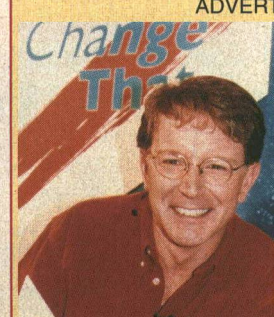
Jackie Brown
Sky Premier 10.00pm
Seventies blaxploitation queen Pam Grier steals the show in Quentin Tarantino's adaptation of crime writer Elmore Leonard's *Rum Punch*. Grier plays an air hostess who is caught between a gunrunner and the law after a cash smuggling operation goes wrong.

GENERAL

The Princes in the Tower
History Channel 6.00pm
The first in a week of programmes investigating infamous disappearances. This documentary goes in search of the missing princes King Edward V and his younger brother. Last seen in 1483, two skeletons buried under the stairs at the Tower of London may hold the key.

ADVERTISEMENT

UK STYLE



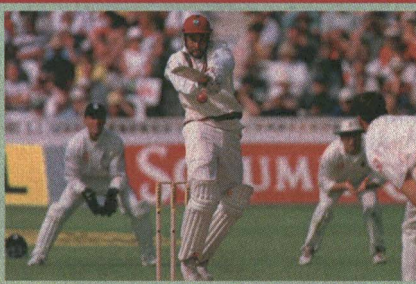
CHANGE THAT 7.30PM

Mark Curry takes the interior design roadshow to more locations around the UK, inviting visitors to challenge a team of designers to rejuvenate their furniture and household items.

	EUROSPORT NEWS & SPORT/ SELECTION PACKS	SKY SPORTS 1 PREMIUM CHANNEL	SKY SPORTS 2 PREMIUM CHANNEL	SKY SPORTS 3 PREMIUM CHANNEL	SCI-FI ACTION PACK	MTV MUSIC & GAMES PACK
MORNING	6.00 AM 7.30am Motocross 8.30 Athletics 10.00 Superbike 11.00 Ski Jumping Coverage of the FIS Summer Grand Prix in Hinterzarten, Germany. 12.30pm Tennis Women's tennis action from the WTA Tournament in San Diego, USA. 2.00 Athletics Track and field action from the IAAF Grand Prix athletics meeting in London.	7.00am Gillette World Sport Special 7.30 World Wrestling Federation - Classics 8.30 Racing News 9.00 Aerobics Oz Style 9.30 Goals on Sunday 12.00 Aerobics Oz Style 12.30pm Super League Rugby league action from Super League V. 2.30 Goals on Sunday	7.00am Aerobics Oz Style 7.30 Racing News 8.00 Extreme Canoeing: Sydney Harbour Surf Ski Marathon 8.30 Beach Soccer: Sega Beach Soccer 9.30 Euro Tour Golf: Volvo Scandinavian Masters 11.00 Ford Golf USA: The International Presented by Qwest 2.00pm Table Tennis: Brazil Open	12.00 Australian Rugby League: Play-Offs Action from the world of Australian rugby league. 2.00pm Australian Rules Football Dynamic action from the rough and tumble world of the Australian Football League. In this tough league, 16 teams - including the Brisbane Lions, Western Bulldogs and the mighty Kangaroos - compete in an exhausting 22-match Premiership season.	8.00am Buck Rogers in the 25th Century 9.00 Land of the Giants 10.00 Swamp Thing 10.30 Swamp Thing 11.00 The Six Million Dollar Man 12.00 Babylon 5 1.00pm Amazing Stories 1.30 Amazing Stories 2.00 Buck Rogers in the 25th Century	6.00am Select MTV 9.00 Bytesize MTV 11.00 MTV Hits 12.30pm Weekend Edition 1.00 MTV Hits Chart smashes and exclusives, with all the latest from the favourite stars. 2.00 European Top 20 A chart rundown of the biggest and latest hits from all over the continent.
3.00 PM			3.00 International Bowls: Australia v Wales - Singles International bowls action as Australia's latest encounter with Wales		3.00 Max Headroom <i>Blipverts</i> Edison Carter stumbles upon a dangerous conspiracy to use deadly 'blipverts' on television.	3.00 Bytesize MTV A constant barrage of bizarre moments from the global MTV network 3.55 MTV's Pop Single of the Week 4.00 Select MTV Viewers make MTV their personal jukebox. Live from London every day, the show includes two hours of chat, videos and guest appearances from some of the most new promising names in the music industry.
4.00 PM	4.00 Triathlon Highlights from the European Championships in Stein, the Netherlands, in this test of endurance and multi-discipline event.		continues with the singles at Tweed Heads Bowls Club. Mark Jacobsen, Kelvin Kerkow and Andrew Smith are out to continue an unbeaten Aussie run.	4.00 Euro Tour Golf: Volvo Scandinavian Masters Scotsman Colin Montgomerie will be hoping for a re-run of last year's event which he won by an impressive nine strokes.	4.00 Land of the Giants <i>Rescue</i> The travellers help rescue two giant children trapped in an abandoned shaft.	
5.00 PM	5.00 Sidecar High-speed motorcycling action from the World Cup at the historic Brands Hatch racing circuit.	5.00 World Wrestling Federation - Classics Another chance to see classic action at the World Wrestling Federation's events of recent years.	5.00 World Ten Pin Masters Bowling alley action from the World Ten Pin Masters, at the spacious Milton Keynes Shopping Centre.	5.30 Wheelbase Club Action, news and driver interviews from rallying, karting, sprints and hill climbs and drag racing.	5.00 Swamp Thing <i>The Return of the La Roche</i> 5.30 Swamp Thing <i>Rites of Passage</i> A spirit is summoned.	
6.00 PM	6.00 Cycling Coverage of the first stage from the Vuelta Ciclista a Burgos event in Spain.	6.00 Sky Sports Centre Catch up with the latest sports news and results. 6.30 The Winning Post: Windsor/Carlisle - LIVE Summer evening horse racing action focusing on the meetings at Windsor and Carlisle.	6.00 X-Zone 2000 Action from the National Watersports Centre. 6.30 World Football Show Global highlights.	6.30 Horsepower Action and news from racing and other equestrian sports.	6.00 The Six Million Dollar Man <i>The Return of the Bionic Woman - Part I</i> Austin is shocked to learn that his fiancée is alive.	6.00 Bytesize MTV A fast-cut window onto the world of music television, with all the highlights from the global MTV network.
7.00 PM	7.00 Truck Sports The giants go racing with action from the 2000 Europa Truck Trial in Pecs, Hungary.		7.00 World Motor Sport Action and news from the heart of the race world which provides an essential guide to who is racing where, when and how. A comprehensive round-up of the biggest and most exciting meetings and previews of the major events in store.	7.00 Telegraph Action Sport Footage of action sports. 7.30 Total Sport Extreme sporting action from around the globe.	7.00 Amazing Stories <i>The Wedding Ring</i> A ring has a strange effect. 7.30 Amazing Stories <i>Miscalculations</i> A boy tries a magic potion.	7.00 MTV Hits Another hour of back-to-back hits and videos.
8.00 PM	8.00 Football Coverage of a friendly match as part of the summer's preparation for the next season.	8.30 Test Cricket: England v West Indies - Third Test The crucial third Test between England and West Indies reaches a climax at Old Trafford. David Gower introduces the action. England have been pressed hard so far in this series. By now, it will be clear if they can gain a winning hold.		8.00 International Bowls: Australia v Wales - Singles International bowls action as Australia's latest encounter with Wales	8.00 Fantasy Island <i>Fantasy Island</i> Roarke welcomes a new batch of unsuspecting guests to the unusual island resort.	8.00 Hit List UK Cat Deeley presents the up-to-the-minute rundown of the movers, the new entries and the latest number one.
9.00 PM		continues in the singles phase at Tweed Heads Bowls Club. Australia are on an unbeaten run against Wales, following victories in 1998 and 1999.		8.00 International Bowls: Australia v Wales - Singles International bowls action as Australia's latest encounter with Wales	9.00 First Wave <i>All About Eddie</i> The aliens search for Eddie at his high school reunion, hoping he will lead them to Foster.	9.00 Daily Edition News and stories from the world of showbiz. 9.30 Making the Video: Mariah Carey and Westlife
10.00 PM	10.00 Boxing Superfit action in the ring with an international boxing contest.	in this series. By now, it will be clear if they can gain a winning hold. 10.30 Sky Sports Centre 10.45	10.00 Wheelbase Club Action, news and interviews from rallying, karting, sprints and hill climbs and drag racing.	10.00 Shell's Wonderful World of Golf: Murphy v Sikes Jr v Barber Vintage play on the Mount Irvine Tobago Golf Course.	10.00 FILM: Babylon 5: In the Beginning <i>Bruce Boxenleitner</i> A prologue to the TV series revealing how the Earth-Minbari war began and the part that the crew of <i>Babylon 5</i> played. 1998	10.00 The Tom Green Show 10.30 The Blame Game Ex-lovers sue each other for a tropical holiday.
11.00 PM	11.00 Supersport World Championship action from Brands Hatch.	World Football Show A round-up of the best action across the globe. 11.15 World Ten Pin Masters Bowling action from Milton Keynes Shopping Centre. 12.15am Sky Sports Centre 12.30am Test Cricket: England v West Indies - Third Test 2.30 Wheelbase Club 3.30-3.45am Sky Sports Centre	11.00 Horsepower Action and news from Irish equestrian sports. 11.30 Telegraph Action Sport An action sports round-up. 12midnight Total Sport Extreme sporting action. 12.30am X-Zone 2000 1.00 International Bowls: Australia v Wales - Singles 3.00-3.15am Sky Sports Centre	11.00-11.30pm Cue Masters: Wattana v White Classic snooker action from the 1994 Asian Open.	11.45 Sci-Focus Special A look behind the scenes of a blockbuster movie. 12midnight Lexx Garden 1.00am Film: <i>Babylon 5: In the Beginning</i> <i>Bruce Boxenleitner</i> Prologue to the series. 1998 2.45 Sci-Focus Special 3.00-4.00am <i>Babylon 5</i> <i>The Exercise of Vital Powers</i>	11.00 brand:new Zane Lowe introduces live performances from the very best acts at V99. Featuring Suede, Travis, and the Manics. 12midnight Superrock A round-up of new releases from the world of rock. 1.00-6.00am Night Videos Music through the night.
NIGHT TIME	11.30-12.30am Sidecar High speed motorcycling action from the World Cup at the historic Brands Hatch racing circuit.					

TEST CRICKET: ENGLAND V WEST INDIES - THIRD TEST SKY SPORTS 1 8.30PM

Old Trafford hosts the final day of the third Test match between England and the West Indies as the five-match series reaches its midpoint. Whoever holds sway by now will be tough to beat and, while England have reintroduced Dominic Cork to strengthen the opening batting line-up, West Indies captain Jimmy Adams (pictured) is bound to counter with a few more tricks of his own. Courtney Walsh and Curtley Ambrose were in formidable form during the Windies' crushing first Test victory.



PLAYBOY TV/ ADULT CHANNEL ADD-ON CHANNEL

10.00pm Freeview
10.06 FILM: Killing for Love
1.45 Adult Stars Close Up
12midnight Freeview
12.10am Rude Not To!
12.30 First Timers 12.55
FILM: Journey Through My Heart 2.20 Girls About Town 2.35-4.00am
FILM: Corporate Affairs

Adult Nightview is now available as a TV on-demand service between 10.00pm and 4.00am at £4.95. See channel 50 for details

TELEVISION X ADD-ON CHANNEL

12midnight
Ten Minute Preview
12.10am Vice World
12.40 FILM: Striptease
1.00 Five Minute Freeview
1.05 FILM continues
1.55 Bad Fellas
2.20 FILM:
New Wave Hookers
3.30-4.00am Caroline

Adult Nightview is now available as a TV on-demand service between 12midnight and 4.00am at £4.95. See channel 50 for details

VHI MUSIC & GAMES PACK	ANIMAL PLANET WORLD PACK	UK STYLE LIFESTYLE PACK	UK HORIZONS WORLD/ ACCESS PACKS	CARLTON FOOD NETWORK LIFESTYLE PACK	
6.00am Power Breakfast 8.00 Pop-Up Video 9.00 Upbeat 12noon Behind the Music: Genesis The story of the chart-topping rock band that had decades of hit songs. 1.00pm Greatest Hits: The Jam 1.30 Pop-Up Video 2.00 Jukebox The phone-in request show that lets viewers turn their TV sets into interactive, video hit jukeboxes.	12noon Croc Files 12.30pm Going Wild with Jeff Corwin <i>Los Angeles</i> 1.00 Harry's Practice Series following the work of Tasmanian vet, Harry Cooper. 1.30 Harry's Practice 2.00 Pet Rescue RSPCA animal rescues. 2.30 Kratt's Creatures <i>Around Australia in 8 Days</i> 3.00 Good Dog U Training tips with expert handler, Joel Silverman. 3.30 Good Dog U Training tips with expert handler, Joel Silverman.	 <i>Valentina Harris cooks Italian-style in 'Cucina Valentina'. Carlton Food Network 12.30pm</i> ITV2 ACCESS PACK	7.00am Holiday in Style 8.00 Ready, Steady, Cook 8.30 Can't Cook, Won't Cook 9.00 Changing Rooms Down Under 9.30 Real Rooms 10.00 Change That 10.30 A Room with a Clue 11.00 Changing Rooms 11.30 Repair to Remember 12noon Good Living 12.30pm Style Challenge 1.00 Wine World 1.30 Ready, Steady, Cook 2.00 Front Gardens 2.30 BBC Gardener of the Year 3.00 Garden Stories <i>Therapy</i> This programme examines the benefits of gardening. 3.30 Ground Force Garden makeover show. 4.00 Stefan's Garden Roadshow Gardening advice. 4.30 Good Living Lifestyle and cooking series with Jane Asher. 5.00 Can't Cook, Won't Cook Reluctant cooks get help. 5.30 Changing Rooms: New Zealand Home makeover show. 6.00 The Antiques Inspectors Carol Vorderman and the team visit the smallest stately home in England, Ebberston Hall. 7.00 Real Rooms <i>Stourbridge Lounge</i> Revamping a lounge. 7.30 Change That The roadshow visits the Pavilion Gardens, Buxton. 8.00 Style Challenge Leading fashion experts present makeovers. 8.30 à la Mode Shebah Ronay checks out Burberry's latest designs. 9.00 Rick Stein's Seafood Odyssey Rick tries Thai flavours. 9.30 Antiques Roadshow US This edition comes from Southfield, Michigan's local civic centre. 10.30 House Invaders The DIY makeover show in which homes are given a facelift for no money. 11.00 Garden Magic Solutions to viewers' gardening dilemmas. 11.30 Gardeners' World With Alan Titchmarsh. 12midnight Ground Force Alan Titchmarsh, Charlie Dimmock and Tommy Walsh makeover viewers' gardens. 12.30am-1.00am Stefan's Garden Roadshow Stefan Buczacki offers help and advice on gardening problems and dilemmas.	7.00am Tessa's Tastebuds 7.30 Kitchen College 8.00 Network Daily 8.45 Quick Cooks 9.00 Jenny Bristow 9.30 Classic Dishes 10.00 Slice of Life 10.30 Simply Puddings 11.00 Flash in the Pan 11.30 Passion for Flavour 12noon Four Burners and a Grill 12.30pm Cucina Valentina 1.00 Kitchen College 1.30 Five-Star Cooking 2.00 Network Daily 2.45 Quick Cooks 3.00 Jenny Bristow Cooking in the Kitchen <i>Going with the Grain</i> 3.30 Tessa's Tastebuds 4.00 Simply Puddings <i>Flans and Tansies</i> 4.30 Classic Dishes Paul Rankin shows how to make a hamburger. 5.00 A to Z of Food and Beauty 5.30 Four Burners and a Grill 6.00 Coxon's Kitchen College 6.30-7.00pm Waitrose in Season	6.00 AM MORNING 3.00 PM 4.00 PM 5.00 PM 6.00 PM
4.00 The Millennium Classic Years: 1986 Paul King introduces the music and news that made 1986. 5.00 Ten of the Best: Belinda Carlisle The pin-up American singer picks her ten favourite videos of all time. 6.00 Video Timeline: Sting A look at Sting's career, through his music. 6.30 Greatest Hits: The Jam 7.00 VH1 Hits The latest chart hits.	4.00 Animal Planet Unleashed How to attract butterflies. 4.30 Croc Files Tracking the fearsome freshwater crocodile. 5.00 Pet Rescue RSPCA rescue stories of abandoned animals. 5.30 Going Wild with Jeff Corwin <i>Baja</i> 6.00 The Aquanauts A look at a whale watch project in New Zealand. 6.30 Croc Files How mice and rats can plague Australia's outback. 7.00 Champions of the Wild <i>Swift Foxes</i> 7.30 Champions of the Wild <i>Humpback Whales</i> 8.00 Wild Rescues Tales of people and animals saving each other. 8.30 Wild Rescues The rescue of beagle puppies from a farm. 9.00 Crocodile Hunter <i>Crocodile Hunter - Part I</i> 9.30 Crocodile Hunter <i>Crocodile Hunter - Part II</i> 10.00 The Big Animal Show <i>Mountain Animals</i> 10.30 The Big Animal Show <i>Lake and Swamp Birds</i> 11.00 Emergency Vets Stories from Alameda East Veterinary Hospital. 11.30-12midnight Emergency Vets	4.00pm Trisha Another double bill of the chat show. Trisha Goddard and a studio audience discuss moving and sometimes hair-raising true stories. Text 6.00 International Motor Racing Coverage of the latest motor racing action. 6.30 Feature 7.00 Feature 7.30 Feature 8.00 Sunset Beach An emotional Ben attacks Ricardo and Gregory gets sent a revealing fax. 8.50 Chart Choice Two top music videos. 9.00 Metropolis Drama series following the complex relationships of six university friends, now struggling to establish their adult lives in London. 10.00 Coronation Street Tonight's episode of the hit soap from ITV. Text 10.30 Nuts and Bolts Drama about life in Wales. 11.00 The Jerry Springer Show Outrageous revelations and love confrontations. 11.50 The Late Show with David Letterman Chat show host and humorist, David Letterman talks irreverently to big name celebrity guests. 12.40am Freaky Stories Ghoulish animation. 12.50 Feature 1.20-1.50am Feature	3.45 Vets to the Rescue Stories of pets in need, with vet Trude Mostue. 4.20 Animal Hospital Rolf Harris visits the busy RSPCA Harmsworth Hospital for Sick Pets. 4.50 Zoo The ape house awaits the arrival of a new huge inhabitant - a male gorilla. 5.25 What Went Wrong? 5.55 The Cruise <i>Break a Leg</i> Jack takes over Philip's role in the show. 6.25 Passport to the Sun 6.55 Future Fantastic <i>Brainstorm</i> A look at creating artificial experiences. 7.30 Local Heroes <i>Birmingham</i> More heroes of invention. 8.00 Animal Hospital Rolf Harris visits the busy RSPCA Harmsworth Hospital for Sick Pets. 8.30 What Went Wrong? 9.00 The Cruise <i>Break a Leg</i> 9.35 Castaway 2000 Thirty-six people are chosen to try and establish a new community on a remote Scottish island. 10.35 A Life of Grime The team investigate a tiny council flat housing 15 cats and dogs. They also visit a rubbish-filled home. 11.05 Top Gear Special 11.35 Paddington Green 12.05am-1.00am The Dome - Trouble at the Big Top	NATIONAL GEOGRAPHIC CHANNEL FAMILY PACK 7.00pm Brothers in Arms Discover how the Masai Mara has been changed by the often detrimental arrival of tourism. 8.00 Riding the Waves Witness some daredevil surfing footage. 8.30 Treks in a Wild World: Wyoming, New Mexico 9.00 Antarctic Challenge An attempt to scale the Drygalski Mountains. 9.30 Deep Flight Deep-sea diving stories. 10.00 The Adventurer Steve Fossett tries to cross the Southern Atlantic, Southern Pacific and Indian Ocean by hot air balloon. 11.00 Rescue At Sea How two ships collided in 1909 off the coast of Nantucket Island, and 1,500 lives became reliant on wireless telegraphy. 12midnight-1.00am Truk Lagoon Formed by one of the largest atolls in the world, the West Pacific lagoon was virtually lifeless until World War II. Living reefs were formed after the US Navy sank 50 Japanese ships there.	4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00 PM
9.00 The VH1 Album Chart Show A rundown of the top-selling albums in the UK this week. 10.00 Behind the Music: Shania Twain A spotlight on country music smash, Shania Twain, featuring interviews with family and friends. 11.00 The Velvet Underground - Curious NEW This film focuses on the band's 1993 European tour and shows previously unseen footage. 12.30am Pop-Up Video 1.00 Storytellers: Lyle Lovett The Texan troubadour and ex-husband of Julia Roberts shares his gentle songs. 2.00 VH1 Country 2.30 Soul Vibration 3.00-6.00am VH1 Late Shift	CABLE CHECK Some of the channels listed may not be available in your area	DISCOVERY HOME & LEISURE WORLD PACK 6.00am The Joy of Painting 6.30 Grassroots 7.00 The Great Gardening Plot 7.30 Doing it Up 8.00 How to with B & Q 8.05 The House Doctor 8.35 Our House Down Under 9.05 The Joy of Painting 9.35 Grassroots 10.05 How to with B & Q 10.10 The Great Gardening Plot 10.40 Two's Country 11.10 Last in the League 11.40 Home Savvy 12.10pm How to with B & Q	RAPTURE BONUS CHANNEL 10.00am Freesport Special 10.30 Mountain Bikes 11.00 High Adrenalin Action 11.30 Adrenalin 12noon World Wind Surf 12.30pm Byte Me 1.00 FILM 2.00 Board Stupid 2.30 Freesport Special 3.00 Fearless 3.30 Byte Me 4.00 Freesport Special 4.30 Mountain Bikes 5.00 High Adrenalin Action 5.30-6.00pm Adrenalinize	LOCAL CHANNEL ACCESS PACK 6.00pm LLTV - Local Life A daily magazine programme featuring local news, events and lifestyle features. 6.30 What's On TV 7.00 LLTV - Local Life 7.30 YCTV Programmes made by the stars of tomorrow featuring the stars of today. 8.00 Student Showcase 8.30 What's On TV 9.00-9.30pm LLTV - Local Life	NIGHT TIME

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME

CABLE CHECK
Some of the channels listed may not be available in your area

DISCOVERY WORLD PACK

4.00pm Rex Hunt Fishing Adventures
Solomon Islands - Part I
Rex provides a historical perspective on the area.

4.30 Discovery Today
5.00 Lost Treasures of the Ancient World
Ancient Egypt
Study ancient Egyptian architecture with the help of animated 3-D graphics.

6.00 Ultimate Guide Bears
A look at the bear family, from the polar bear to the tiny but agile sun bear of South East Asia.

7.00 Future Tense
Ageing
An investigation into the ageing process.

7.30 Discovery Today
Science magazine.

8.00 Lonely Planet
World History - UK
Justine Shapiro explores the wealth of history and culture that abounds in the United Kingdom.

9.00 Great Quakes
San Francisco
Documentary examining the devastation caused by a moderate earthquake close to the city in 1989.

10.00 The Last Great Adventure of the Century
Danger in the Jetstream
The story of the first round-the-world balloon flight.

11.00 Firepower 2000
Digital Dogfight
The future of AWACS command centres, missiles and jet fighter designs.

12midnight Time Team
The Saxon Graves
The team investigates a Saxon burial ground in a small Wiltshire village.

1.00am Wonders of Weather
Things That Fall from the Sky
1.30-2.00am
Discovery Today

CARTOON NETWORK FAMILY PACK

5.00am Flying Rhino Junior
High 6.00 Fat Dog Mendoza
7.00 Tom and Jerry 8.00
Dexter's Laboratory 9.00
Angela Anaconda 10.00
The Powerpuff Girls 11.00
Dragonball Z 12.00
Johnny Bravo 12.30pm
Looney Tunes 1.00 Johnny
Bravo 1.30 Cow and
Chicken 2.00 Johnny Bravo
2.30 Mike, Lu and Og

3.00 Johnny Bravo
More preening and posing.

3.30 Dexter's Laboratory
Chemical chaos with the bedroom professor.

4.00 Johnny Bravo
More preening and posing.

4.30 The Powerpuff Girls
The young heroines save Townsville once again.

5.00 Johnny Bravo
More fun with the bequipped egomaniac.

5.30 Pinky and the Brain
Animated comedy.

6.00 Tom and Jerry
Madcap comic antics with the sparring cat and mouse.

6.30 The Flintstones
Hang out with the cavemen behaving badly in Bedrock.

7.00 Scooby-Doo
The big mutt and his pals foil another spooky scheme.

7.30 Looney Tunes
8.00 Angela Anaconda
8.30-9.00pm Courage the Cowardly Dog

TCM FAMILY PACK

9.00pm-1.00am Ben-Hur
Charlton Heston, Jack Hawkins, Stephen Boyd
Oscar-winning epic drama which focuses on the adventures of a proud Jewish prince at the time of Jesus. When he is betrayed by his former childhood friend, who has gone on to become an ambitious Roman tribune, the eponymous hero sets out to exact his revenge and seek his lost family.

Widescreen 1959

CARTOON NETWORK:
1.00am The Moomins 1.30
The Magic Roundabout
2.00 Tabaluga 2.30 Blinky
Bill 3.00 The Tidings
3.30 The Fruitties
4.00 The Moomins
4.30-5.00am
The Magic Roundabout

THE HISTORY CHANNEL WORLD PACK

12noon
Rome - The Great Empire
1.00pm
King Herod's Lost City
2.00 Biography
The Earp Brothers
3.00 World War I
Verdun the Inferno
3.30 From the
Bomb to The Beatles
4.00 Infantry
5.00 Classic Aircraft
5.30 Classic Aircraft
6.00 Princes in the Tower

6.55 Photos for the Future II
7.00 Crown and Country
St Paul's NEW SERIES
7.30
Gardens of the Millennium
8.00 Biography
Scott of the Antarctic
8.55
A Small Piece of History
9.00 Great Crimes and Trials
Jimmy Hoffa
9.30-10.00pm
Great Crimes and Trials
The McKay Kidnapping

NICKELODEON FAMILY PACK

7.00am Transylvania Pet Shop
7.30 Transylvania Pet Shop 8.00
Ren and Stimpy 8.30 Ren and
Stimpy 9.00 Kenan and Kel 9.30
Kenan and Kel 10.00 Sister
Sister 10.30 Sister Sister
11.00 Cousin Skeeter
11.30 Cousin Skeeter
12.00 Rugrats
12.30pm Rugrats
1.00 Rugrats
1.30 Rugrats
2.00 Rugrats
2.30 Rugrats

3.00 Rugrats
Fun with the tousle-headed nippers and their over-fertile imaginations.

3.30 Rugrats
More infantile antics.

4.00 Kenan and Kel
The adventures of two funky friends.

4.30 Kenan and Kel
The adventures of two funky friends.

5.00 Sabrina the Teenage Witch
5.30 Sabrina the Teenage Witch

6.00 Are You Afraid of the Dark?
6.30-7.00pm Are You Afraid of the Dark?

PARAMOUNT COMEDY CHANNEL FAMILY PACK

7.00pm Grace Under Fire
7.30 King of Queens
Supermarket
8.00 Ellen
Bubble Gum
Incident of 1976
Ellen attends a reunion.

8.30 Just Shoot Me
Rescue Me

9.00 Married... With Children
Girls Just Wanna Have Fun - Part II

9.30 Cybill
Cybill in the Morning

10.00 Frasier
Party Party
Frasier needs to be in three places at once.

10.30 Harry Hill
Surreal comedy show.

11.00 Jack Dee
More dry humour.

11.30 Cheers
Wedding Bell Blues
Sam tries to persuade Rebecca to ditch Robin.

12midnight Roseanne
12.30am Clive Anderson
Talks Back 1.10 NewsRadio
1.35 Whose Line is it Anyway? 2.05 Hitz
2.30 Encore! Encore!
3.00 It's Garry Shandling's Show
3.30-4.00am
Abbott and Costello

TV TRAVEL SHOP BONUS CHANNEL

A total travel service in your own home. Video brochures give a guided tour of resorts around the world, with regular bulletins and programmes featuring late holidays and special offers. Viewers can then book holidays 24-hours-a-day, seven-days-a-week, by calling 0870 60 60 747. For more information and full listings turn to TV Travel Shop Text, from page 200.

FOX KIDS FAMILY PACK

6.00am Oggy 6.10 Bad Dog 6.30
Bobby's World 6.55 Jim Button
7.15 Walter Melon 7.40 Inspector
Gadget 8.00 Oggy 8.10 Biker Mice
8.30 Dennis and Gnasher 8.55
Sailor Moon 9.15 Sailor Moon 9.40
Digimon 10.00 Power Rangers
10.20 Monster Rancher 10.45
Masked Rider 11.05 X-Men 11.30
Spy Dogs 11.50 Ace Ventura
12.15pm Walter Melon 12.35
Inspector Gadget 1.00 Woody
1.10 Casper 1.30 Donkey Kong
1.55 Dennis and Gnasher 2.20 Life
with Louie 2.40 Princess Sissi

3.00 Princess Starla and the Jewel Riders
More magical adventures.

3.20 Sailor Moon
3.45 Mighty Morphin' Power Rangers

4.05 Mighty Morphin' Power Rangers
4.30 Digimon
Adventure in a world-full of digital monsters.

4.50 Masked Rider
Alien superhero antics.

5.15 Monster Rancher
5.35 Biker Mice from Mars
The rodents battle it out.

6.00 The New Addams Family
6.25 Casper
6.35-7.00pm Goosebumps

SHOP! LIFESTYLE/ SELECTION PACKS

6.00am Shop! Selection
7.00 Home Shop!
8.00 Technology Shop!
Sixty minutes of the latest communications equipment.

9.00 Jewellery Shop!
10.00 Home Shop!
11.00 Clothes Shop!
12noon Shop! Outlet
1.00pm Shop! Special
An opportunity to see some of the best-selling items.

2.00 Shop! Selection
3.00 Jewellery Shop!
4.00 Kitchen Shop!
5.00 Shop! Preview
6.00 Shop! Selection
7.00-7.30pm Home Shop!
Tips on DIY jobs.

GMTV 2 ACCESS PACK

GMTV2 offers pre-school and lifestyle shows between 6.00am and 9.25am. Weekdays: *The News Hour* at 6.00am followed by children's shows. Saturdays: Children's programming and a round-up of the week's news in *The Review*. Sundays: Highlights include a *Pokémon* triple bill and *The Review*.

QVC LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day - so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Fashion at 3.00pm.

NEWS AND INTERNATIONAL

BBC NEWS 24 NEWS & SPORT/ ACCESS PACKS

6.00am News 7.00 News
8.00 News 9.00 News
9.30 World News
10.00 News 11.00 News
12noon News 1.00pm
News 2.00 News
3.00 News 4.00 News
5.00 News 6.00 News
7.00 News 7.30 Sportsday
8.00 News 9.00 News
9.30 HARDtalk 10.00 News
11.00 News 11.30 World
Business Report
12midnight News
1.00am News 2.00 News
3.00 News
4.00 News
5.00-6.00am News

CNN INTERNATIONAL NEWS & SPORT PACK

News throughout the day, plus:
5.00am This Morning 5.30
World Business 6.00 This
Morning 6.30 World Business
7.00 This Morning 7.30 World
Business 8.00 This Morning
8.30 Sport 9.00 CNN & TIME
10.30 Sport 11.30 Biz Asia
12.30pm Inside Europe 1.15
Asian Edition 1.30 World Report
2.30 Showbiz 3.00 CNNdotCOM
3.30 Sport 4.30 Artclub 5.00
CNN & TIME 7.30 World
Business Today 8.30 Q&A 9.30
Insight 10.00 World Business
Today 10.30 Sport 11.00
WorldView 11.30 Moneyline
12.30am Showbiz 1.00 This
Morning 1.15 Asia Business
1.45 Asia Business
2.00 Larry King
4.30-5.00am American Edition

SKY NEWS NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus:
6.00am Sunrise 10.30 Sky
World News 11.30 Money
12noon Sky News 2.30pm
Your Call 3.00 Sky News
Today 4.30 Sky World News
5.00 Live at Five
A look at the day's top stories and issues.

8.30 Sky Business Report
9.30 Showbiz Weekly
10.00 Sky News 10.30
Sportsline 12.30am CBS
News 1.30 Your Call 2.30
Sky Business Report 3.30
Showbiz Weekly 4.30 The
Book Show 5.30-6.00am
CBS Evening News

INTERNATIONAL

TV5 5.00am Journal
Télévisé 5.15 Journal des
Journaux 5.30 Télématin et
le Journal du Temps
7.00 Journal 7.30 Sindbad
8.00 Infos 8.05 Zig Zag
Café 9.00 Journal 9.15 Une
Semaine au Salon
11.00 Infos 11.05 100%
Questions 11.30 Journal
12noon Infos 12.05pm
Mise au Point
1.00 Journal 1.15 Une
Semaine au Salon
3.00 Journal 3.15 Questions
3.30 Méditerranée 4.00 Infos
4.05 Pyramide 4.30
Questions pour un
Champion 5.00 Journal
5.15 Une Semaine au Salon
7.00 Journal 7.30 Journal
et le Journal du Temps
8.00 Infos 8.05 Le Point
9.00 Journal 9.15 Cinéma:
L'Année des Méduses
11.00 Journal
11.30-12midnight Soir 3

ASIANET ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am Chote Babu 8.00
DD News 8.30 DD
Programme 9.00 FILM
11.30 News 12noon Geet
Baney Sangeet 12.30pm
Junoon 1.00 Swabimaan
1.30 FILM 4.00 Darpan 4.30
Kachwa Aur Khargosh 5.00
Music Box 5.30 MTV Fresh
6.00 Tiger 6.30 Rajni 7.00
Swabimaan 7.30 News 8.00
Aarzo 8.30 FILM 11.30
News 12midnight MTV
Hitlist 1.00am FILM 4.00
Kachwa Aur Khargosh 4.30
Music Box 5.00 Chand
Grehan 6.00 Bhakti Sagar
6.30 DD News 7.00-7.30am
Bhule Bisre Geet

ZEE TV ADD-ON CHANNEL

6.00am Yaadein 6.30 Bhakti
Songs 7.00 Faith: Hindu
7.30 News 8.00 Zaika Ka
Safar 8.30 Kartavya 9.00
Mehendi Tere Naam Ki 9.30
Basera 10.00 Karb 11.00
Jhat Pat Khana 11.30
Aangan 12noon FILM
3.00pm Hotel Hindustani
3.30 Pride Ka Aashirwad
4.00 Kartavya 4.30 Quiz
Contest 5.00 Koshish 5.30
Aangan 6.00 Pakistan
Show Time 7.00 Hadd Kar
Di 7.30 Top of the Tops
8.00 News Bulletin 8.30
Chingari 9.00 Sa Re Ga Ma
10.00 Thriller at 10
10.30 Net Asia Up Beat
11.00 Zee in Europe
11.30
Pakistan Business Week
12midnight News
12.30am FILM
3.30 Hum Paanch
4.00 Daraar
4.30 Campus
5.00-6.00am
Lollypop Showcase

CHRISTIAN CHANNEL EUROPE WORLD PACK

5.00am CMTV 5.30 Gospel
Truth - Andrew Wommack
6.00 CMTV 6.30 Changing
Your World 7.00 Believers'
Voice of Victory 7.30 This is
Your Day 8.00 Money
Matters 8.15 Thought for
the Day 8.30 Life in the
Word 9.00 CMTV 9.30
Winning Ways - Matthew
Ashimolowo
10.00 CMTV 10.30-11.00am
The Dream Replay
Cross Rhythms Edition

BLOOMBERG WORLD PACK

2.00am Asian Market
Report 3.00 Tokyo Live
3.30 Wall Street Report
5.00 US Market Report
5.05-6.00am Tokyo Live

BBC PARLIAMENT NEWS & SPORT PACK

Parliament is in recess.



To celebrate the life of the nation's favourite Royal
The Queen Mother Centenary Crown



Coin shown not actual size

*An heirloom for a new millennium,
struck by the master craftsmen of the Royal Mint*

Available from most banks and Post Offices from June 26th 2000 for the face value price of £5.

Alternatively complete the coupon below and send in an envelope to Royal Mint, FREEPOST, PO Box 500, Cardiff CF1 1YY, **OR** phone **01443 623311** and quote Ref. QH00G to order direct.

Return to Royal Mint, FREEPOST, PO Box 500, Cardiff CF1 1YY. No stamp is required. Don't forget to include your cheque or postal order, payable to Royal Mint, or your credit card details. Alternatively, contact us on our ROYAL MINT DIRECT LINE: 01443 623311. Please quote Ref. QH00G when you call.

I would like you to send me my £5 coin(s) at a cost of £5 each (inc. postage and packaging). (Tick where necessary)

Quantity _____ (Max. order size is 3 coins.) Total Payment £ _____

I'd like to pay by credit card ☐ Visa ☐ MasterCard ☐ Expiry Date _____

Card No. Signature (essential for credit card payment) _____

OR: I enclose my cheque/postal order made payable to Royal Mint (name and address on back please) ☐

Mr/Mrs/Miss/Ms _____ Forename _____ Surname _____

Address _____

Postcode _____ Daytime Telephone Number _____ Date _____

NO HIDDEN CHARGES! £5 FOR £5 GUARANTEED! Please allow 14 days from receipt of your application for delivery. All orders are subject to availability. Offer applies in UK only. **QH00G**

Tuesday 8 August

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME

SKY PREMIER PREMIUM CHANNEL

6.00am
The Adventures of Ragtime
1998, rating Sky U, 95 mins
8.00 The Second Jungle
Book: Mowgli and Baloo
Text 1997, rating Sky PG, DS, 86 mins
10.00 The Magic Sword: Quest for Camelot
Text 1998, rating Sky U, 82 mins
12noon Fortune Hunters
1999, rating Sky PG, 86 mins
2.00pm Breakout
Robert Carradine, J Evan Bonifant
Adventure. An inventor devises a way to make electric vehicles a viable option. But an oil company tries to sabotage the project. 1998, rating Sky PG, 86 mins

4.00 The Second Jungle
Book: Mowgli and Baloo
Jamie Williams, Roddy McDowall
Family adventure. A jungle boy gets to civilisation pursued by a circus scout. He hires a local grandee to help track down the boy. But it turns out the jungle boy is the bigwig's nephew and could stop him claiming his late brother's rich estate. **Text** 1997, rating Sky PG, DS, 86 mins
6.00 The Magic Sword: Quest for Camelot
Voices of Andrea Corr, Gary Oldman, Eric Idle, Jane Seymour
Animated adventure. A young girl and a blind hermit embark on a mission to reclaim the magical sword Excalibur before it falls into the hands of a wicked knight. **Text** 1998, rating Sky U, 82 mins
7.30 Buzz News: M1-2 Special
8.00 Psycho
Vince Vaughn, Anne Heche, Julianne Moore, William H Macy
Horror. A remake of the Hitchcock classic in which a female embezzler checks into a motel and is murdered in the shower. It's then down to her sister, her lover and a private investigator to solve the crime before becoming victims. 1998, rating Sky 15, 103 mins
10.00 Living Out Loud
Holly Hunter, Danny DeVito, Queen Latifah, Martin Donovan
PREMIERE Drama. An elevator operator suffering from personal tragedies meets a woman whose marriage has just ended. The pair share wine and confidences and a relationship begins. **Text** 1998, rating Sky 15, DS, 96 mins
11.40 Wag the Dog
Robert De Niro, Anne Heche
Political satire. The US President makes up an invasion of Albania. **Text** 1997, rating Sky 15, 93 mins
1.20am Oscar and Lucinda
Period drama. **Text** 1997, rating Sky 15, 126 mins
3.30 Look Who's Talking
1989, rating Sky PG, DS, 90 mins
5.05-6.00am
Action Heroes: Bruce Willis

SKY MOVIE MAX PREMIUM CHANNEL

6.00am Wind Dancer
1993, rating Sky PG, 90 mins
8.00 Color Me Perfect
1996, rating Sky PG, 88 mins
10.00 Special Delivery
1999, rating Sky PG, DS, 95 mins
12noon Troop Beverly Hills
Scouting comedy. 1989, rating Sky PG, DS, 102 mins
2.00pm Wind Dancer
Mel Harris, Matt McCoy, Raeann Simpson, Nicholas Guest
Drama which tells the true story of a young girl who falls silent after a horse-riding accident. She is referred to a specialist who uses zoo-medicine and sends her to live on a ranch with a horse. 1993, rating Sky PG, 90 mins

4.00 Danielle Steel's Daddy
Patrick Duffy, Kate Mulgrew
Drama about a successful advertising executive whose life is thrown into turmoil when his wife decides that she needs to get in touch with herself and walks out on the family, leaving him struggling to pick up the pieces. 1991, rating Sky PG, 91 mins
6.00 Special Delivery
Sean Young, Brett Cullen, Paul Dooley, Penny Marshall
Supernatural drama about a successful lawyer and mother whose life seems to be complete until she meets an angel who delivers some unbelievable news. This pushes the woman's faith, and that of those close to her, to the limit. 1999, rating Sky PG, DS, 95 mins
8.00 Sour Grapes
Craig Bierko, Steven Weber, Jennifer Leigh Warren
PREMIERE Madcap comedy. Two cousins head to Atlantic City with their girlfriends for a weekend of fun and gambling. But they've soon gambled away all their money – apart from one last quarter, which wins them the jackpot on a slot machine. **Text** 1998, rating Sky 15, DS, 88 mins
10.00 Artificial Lies
Jack Warden, Daphne Zuniga
PREMIERE Thriller. A woman who stands accused of murder is advised to enter a plea of insanity by her boyfriend, who is a psychiatrist – but things are not all that they seem. 1999, rating Sky 15, 90 mins
11.35 Trial and Error
Jeff Daniels, Michael Richards
Comedy. An out-of-work actor pretends to be a lawyer after his friend gets drunk. **Text** 1997, rating Sky 12, 94 mins
1.15am Friends Till the End
Text 1997, rating Sky 15, 90 mins
2.50 Shirley Valentine
1989, rating Sky 15, DS, 104 mins
4.40-6.10am Color Me Perfect
1996, rating Sky PG, 88 mins

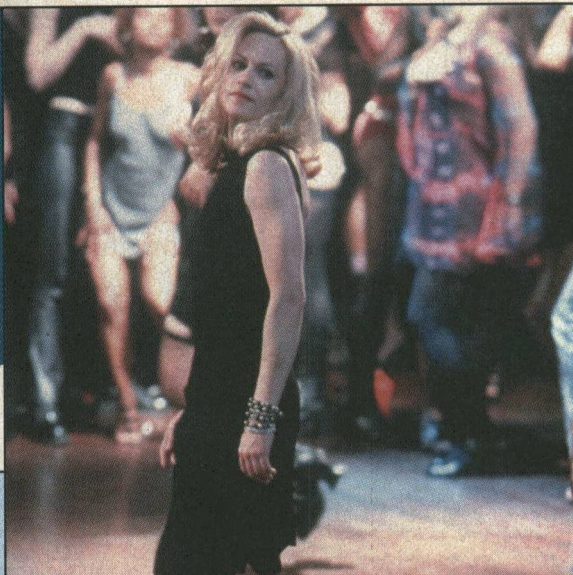
MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

SKY CINEMA PREMIUM CHANNEL

4.00pm Sons of the Desert
Stan Laurel, Oliver Hardy
Comedy in which the bumbling duo spin a web of lies in order to go to a convention which their wives disapprove of. 1933, rating Sky U, 63 mins
5.05 The Bohemian Girl
Stan Laurel, Oliver Hardy
Comedy about a pair of Gypsies who become involved with a woman of noble descent who is unaware of her true origins. 1936, rating Sky U, 69 mins
6.20 The Big Clock
Charles Laughton, Ray Milland, Maureen O'Sullivan
Thriller about a publishing tycoon who kills his mistress and then covers his tracks by framing an innocent man for the murder. He then sends one of his own editors to get the story. 1948, rating Sky PG, 91 mins
8.00 Charlie Bubbles
Albert Finney, Liza Minnelli, Billie Whitelaw, Colin Blakely
Comedy drama about a trendy and wealthy novelist who becomes bored with indulging his wildest fancies. He embarks on an affair with his secretary before reappraising his life and attempting to return to his roots. 1967, rating Sky 12, 85 mins

10.00 Gumshoe
Albert Finney, Billie Whitelaw, Frank Finlay, Jane Rule
Comedy mystery. An old music hall performer becomes an unorthodox private eye when he finds a dead body in his apartment. 1971, rating Sky 15, 82 mins
11.30 A Kind of Loving
Alan Bates, June Ritchie
Drama about a troubled man forced to live with his mother-in-law. 1962, rating Sky 15, 107 mins
1.25am Charlie Bubbles
1967, rating Sky 12, 85 mins
2.55 Gumshoe
1971, rating Sky 15, 82 mins
4.25-5.45am Sons of the Desert
1933, rating Sky U, 63 mins



Holly Hunter plays a divorcée coping with loneliness in the premiere of 'Living Out Loud'. Sky Premier 10.00pm

FILMFOUR ADD-ON CHANNEL

6.00pm Invaders from Mars
Jimmy Hunt, Helena Carter
Science fiction. A young boy finds that all the adults in town begin acting strangely shortly after he sees strange lights settling behind a hill near his home. As more adults become affected, he turns to a pretty doctor for protection and then sets about confronting his worst fears. 1953, 75 mins
8.00 Swingers
Jon Favreau, Vince Vaughn, Ron Livingston, Patrick Van Horn
Comedy drama about an out-of-work comedian who leaves his girlfriend in New York to become a star in LA. She ends their six year relationship and he becomes a recluse. So, his pals attempt to get him back into the social scene with a trip to Vegas. 1996, 93 mins
10.00 Wild At Heart
Nicolas Cage, Laura Dern
Romantic drama in which two young lovers take off for California after the boy's release from jail. However, his hysterical mother hires both a detective and a hitman to track them down. Unaware of this, the two enjoy their journey and being together until they witness a young woman dying in the road after a car accident. 1990, 119 mins
12.10am Perdita Durango
Rosie Perez, Javier Bardem
Drama. 1997, 124 mins
2.20 Clockers
Drama. 1995, 121 mins
4.25-6.00am
Les Parapluies De Cherbourg
Musical drama. 1964, 87 mins

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CARLTON CINEMA LIFESTYLE PACK

7.00pm Crime of Passion
Barbara Stanwyck, Sterling Hayden, Raymond Burr
Drama. A newspaper columnist wife of a Los Angeles detective will stop at nothing to further her husband's career – including getting romantically involved with a police inspector. It leads to murder – and the unambitious detective is assigned to the case. 1957, 86 mins
9.00 Pirates
Walter Matthau, Damien Thomas, Charlotte Lewis
Sea adventure about a hardy pirate ship captain who's captured and taken aboard a Spanish galleon. But he's saved thanks to a French sailor who raises the crew to mutiny, takes over the ship and kidnaps the daughter of the governor of Maracaibo. 1986, 124 mins
11.00 The Night Before
Keanu Reeves, Lori Loughlin
Teen comedy. The most popular girl in school embarks upon the worst date of her life with a nerd after she loses a bet and gets stranded on the wrong side of town. 1988, 87 mins
1.00am The Border
Drama thriller. 1982, 107 mins
3.00
Fast Times at Ridgemont High
Comedy. 1982, 92 mins
5.00-7.00am Never to Love
Drama. 1940, 80 mins

FRONT ROW

SCREENING WHEN YOU'RE
GOOD AND READY

WITH CABLE & WIRELESS

See channel 50 or your Front Row spread on pages 14, 15 for further details.

KEY TO FILM CONTENT

T/C: Theme/Content

BL: Bad Language

S/N: Sex/Nudity

V: Violence

Channel 51 Matinee

MY FAVOURITE MARTIAN

Rating PG, 90 mins
Comedy. A martian crash-lands his spaceship on Earth and is pursued by an ambitious, Pulitzer Prize-winning reporter. Stars Jeff Daniels, Elizabeth Hurley and Christopher Lloyd.
T/C: Comedy, sci-fi fantasy.
BL: Infrequent, mild.
S/N: Once, mild, comic nudity.
V: Infrequent, mild horror.
7.30am, 9.30am, 11.30am, 1.30pm

Channel 51 Evening

NOTTING HILL

Rating 15, 119 mins
Romantic comedy. The world's most famous movie actress falls for a struggling and rather shy bookseller who lives in West London. Stars Hugh Grant and Julia Roberts.
T/C: Romantic comedy.
BL: Infrequent, strong.
S/N: Some comic references.
V: None.
3.30pm, 5.45pm, 8.00pm, 10.15pm, 12.30am, 2.45am

Channel 52

THE MATCH

Rating 15, 93 mins
Romantic comedy. A traditional village pub faces closure if it loses a football match against its modern rival. Stars Max Beesley and Laura Fraser.
T/C: Comedy, drama, football.
BL: Some, strong.
S/N: Some, strong comic references.
V: Infrequent, mild.
6.30pm, 8.30pm, 10.30pm, 12.30am, 2.30am

Channel 53

10 THINGS I HATE ABOUT YOU

Rating 12, 94 mins
Teen comedy, based on Shakespeare's *The Taming of the Shrew*, about two very different sisters and their romantic trials and tribulations. Stars Larisa Oleynik and Julia Stiles.
T/C: Teen romance.
BL: Occasional, moderate.
S/N: Some mild references.
V: Once, mild.
7.00pm, 9.00pm, 11.00pm, 1.00am, 3.00am

SKY ONE ACTION/ SELECTION PACKS	UK GOLD LIFESTYLE/ SELECTION PACKS	LIVING LIFESTYLE PACK	GRANADA PLUS ACTION PACK	DISNEY CHANNEL ADD-ON/ PREMIUM CHANNEL	
6.00am Long Play 7.30 Mega Babies 8.00 Godzilla 8.30 Mummies Alive 9.00 Pokémon 9.30 Pokémon 10.00 Pokémon 10.30 The Simpsons Text 11.00 World Wrestling Federation - Live Wire 12noon The New Adventures of Superman Text 1.00pm Dream Team Text 2.00 Mega Babies 2.30 Godzilla	6.00am Going Straight 6.40 Bread 7.15 The Good Life 7.50 Open All Hours 8.25 EastEnders 9.00 The Bill Text 9.30 The Bill Text 10.00 Bergerac 11.00 Knots Landing 11.55 Neighbours 12.25pm EastEnders 1.00 Ballykissangel 2.00 Knots Landing	6.00am Ready, Steady, Cook 6.30 Can't Cook, Won't Cook 7.00 Tiny Living 9.00 Brookside 9.30 Home and Away 10.00 The Jerry Springer Show 10.50 Forgive or Forget 11.40 Maury Povich 12.30pm Special Babies 1.00 Reality Slot 1.30 Judge Judy 2.00 Streetmate 2.30 Maury Povich Compelling and personal talk show.	6.00am Hawaii Five-0 7.00 Plus on Plus 7.30 Jokers Wild 8.00 Hogan's Heroes 8.30 George and Mildred 9.00 Classic Coronation Street Text 9.30 Emmerdale Text 10.00 Mission: Impossible 11.00 Only When I Laugh 11.30 Batman 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 George and Mildred 1.30 Robin's Nest 2.00 Hawaii Five-0	4.30am Pooh 4.45 Music Time 4.50 Rolie Polie Olie 5.00 Bear 5.25 Art Play 5.30 Otter 5.45 Bite Size 6.00 Toons 6.05 Circle Time 6.10 Rolie Polie Olie 6.20 Spot 6.30 Box 7.00 Mickey Mouseworks 7.30 101 Dalmatians 8.00 Aladdin 8.30 Recess 9.00 Art Attack 9.35 Sabrina 10.00 FILM: Tron 1982 11.30 Miami 7 12noon Circus Kids 12.30pm Boy Meets World 1.00 FILM: The Rescuers 1977 2.15 Mickey Mouseworks 2.45 101 Dalmatians	6.00 AM
3.00 Mummies Alive Dog Bites Mummy A girl tracks Presley. 3.30 Pokémon The Joy Of Pokémon Nurse Joy is being kept busy. 4.00 Pokémon Navel Manoeuvres Ash is tested. 4.30 Pokémon Snack Attack The Grapefruit Islands are found. 5.00 Star Trek Sci-fi adventure in which a space crew go out into unexplored space to seek out new planets, lifeforms and experience many strange adventures. 6.00 Veronica's Closet Veronica's Dog Day Afternoon Ronnie's dog causes trouble. 6.30 Friends The One With the Cop Joey thinks he loves Monica. 7.00 The Simpsons Dancin' Homer Homer becomes a mascot. Text 7.30 The Simpsons Homer Alone Marge leaves Homer after a row. 8.00 JAG Rogue A former SEAL, employed to test military security measures, steals a battle class submarine - but Bud is on board. 9.00 World Wrestling Federation - Smackdown Uncut Jim Ross, Michael Cole and Kevin Kelly host the latest event from the World Wrestling Federation, with all the usual crazy, crowd entertaining antics, from all of the biggest stars, established and up-and-coming, in World Wrestling. 11.00 Toughman Real-life test of endurance. Courageous men step into a boxing ring and fight for three fast, intense one-minute rounds determined to win. 12midnight Star Trek 1.00am LAPD 1.30 LAPD 2.00 In the Heat of the Night 2.50 In the Heat of the Night 3.40 In the Heat of the Night 4.30 In the Heat of the Night 5.20 The Newlywed Game 5.40-6.00am The Newlywed Game	3.00 The Bill Replica Loxton confiscates a gun. Text 3.30 The Bill Mr Friday Night Page grills a witness. Text 4.00 EastEnders Adam, Cindy and Gita have a fun day out together. Text 4.35 Neighbours Rick thinks he's got the ultimate way to get revenge. Text 5.00 Going Straight Going Sour Fletcher tries to go straight. 5.40 Bread Sitcom about the Boswells, a family of loveable rogues. Starring Jean Boht and Nick Conway. Text 6.20 The Brittas Empire The Elephant's Child Brittas arranges a sponsored bungee jump. 7.00 The Good Life Pig's Lib Margo is horrified to learn Tom and Barbara plan to keep pigs. 7.40 Birds of a Feather Nicked The very first episode of the popular sitcom. Text 8.20 Open All Hours Sitcom about a miserly shopkeeper. Starring Ronnie Barker and David Jason. 9.00 The Royle Family Dave and Denise have some important news. 9.40 Men Behaving Badly Stag Night Tony finds himself delivering a baby. With Martin Clunes and Neil Morrissey. 10.20 Absolutely Fabulous Door Handle Edina sets out to find the perfect door handle. 11.00 Gimme, Gimme, Gimme Millennium Linda's found a new idol. Text 11.45 The Bill Replica Text 12.20am The Bill Text 12.50 Live at Jongleurs 1.25 The Royle Family 2.05 Men Behaving Badly 2.40 Monty Python's Flying Circus 3.15 EastEnders Text 3.45 Dangerfield 4.40 Dynasty 5.30-6.00am Angels	3.20 Party of Five Fathers and Sons Charlie begins to balk at the constant comparisons with his own dad. Starring Matthew Fox and Scott Wolf. 4.10 Mystic Challenge Paul Ross presents a game show that tests various psychics. 4.40 Forgive or Forget Host Mother Love deals with real problems and encourages couples to forgive each other. 5.30 Ready, Steady, Cook Fern Britton hosts the cookery show in which two top chefs compete against the clock to create exciting recipes. 6.10 The Jerry Springer Show Outrageous American talk show in which Jerry Springer and his guests engage in lively debate. 7.00 Judge Judy Judge Judy Sheindlin presides over real-life cases. 7.30 Streetmate Davina McCall finds partners for single people. 8.00 Charmed Three sisters find they have inherited their grandmothers powers of witchcraft. Starring Shannen Doherty, Holly Marie Combs and Alyssa Milano. 9.00 FILM: Stanley and Iris Robert De Niro, Jane Fonda Swoosie Kurtz, Martha Plimpton Moving drama about a recently widowed cake factory worker who befriends a shy, withdrawn baker and learns that his reticence is due to his inability to read - a secret he has kept throughout his life. 1989 10.50 Secret Suburbia A look at some seemingly ordinary suburban residents and their extraordinary lives. 11.20-12midnight Eden	3.00 Mission: Impossible The Numbers Game The IMF sets out to find the vital number of a Swiss bank account by coning its owner that World War III has started. 4.00 Kojak Sixty Miles to Hell Kojak finds himself going on a rescue mission to Las Vegas. Starring Telly Savalas, Dan Frazer and Kevin Dobson. 5.00 Hart to Hart Tis the Season to be Murdered Series about an adventure-seeking husband and wife team. Starring Robert Wagner and Stefanie Powers. 6.00 Emmerdale Jessica's hopes for a romantic Valentine's Day are ruined. Text 6.30 Classic Coronation Street Ken hits Mike. Text 7.00 Batman Death Worse Than Fate Zelda sets a trap for Batman. 7.30 Robin's Nest Dinner Date An old flame turns up. 8.00 Boon Big Game Hunt Boon uncovers the secret life of Nina, the wife of the unpleasant Sergeant Brack. With Michael Elphick and David Daker. 9.00 The Sweeney Ringer Regan and Carter are assigned to carry out surveillance. Stars John Thaw. 10.00-11.00pm Taggart Killer - Part II	3.15 100 Deeds for Eddie McDowd 3.45 The Famous Jett Jackson Series about a former child superstar who returns to his hometown. 4.15 Honey, I Shrunk the Kids: The TV Show Honey, I'm Rooting for the Home Team More crazy scientific antics. Text 5.00 Recess Animated series about fourth grade kids. Text 5.30 Smart Guy TJ is confused by the way his brother is behaving. Text 6.00 Teen Angel Feathers Day Steve has a disaster. Text 6.30 Home Improvement No, No, Godot Tim ends up in jail. Text 7.00 FILM: Tron Jeff Bridges, Bruce Boxleitner, David Warner, Cindy Morgan A computer genius finds himself trapped inside a video game, where he's forced to play for the highest stakes - his own life. Text 1982 8.35 Honey, I Shrunk the Kids: The TV Show Honey, She's Like a Fish Out of Water Amy uses an untested swim fish cream to show off. Text 9.20 Flipper Sea Horse Flipper is involved in a thrilling race against time. Text 10.05 Home Improvement Comedy double bill. Text 11.00 Dr Quinn: Medicine Woman Text 11.50-12midnight Toons	3.00 PM 4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM
			GRANADA MEN & MOTORS ACTION PACK	THE BOX MUSIC & GAMES PACK	
			11.00pm Jo Guest's Private Parts An introduction to exotic modelling. 11.30 Miniskirt Madness in Beverley Hills Erotic late-night series. 12.30am Centrefolds Documentary series about models on one of their average days. 1.00 El Wild On... Key West With Jules Asner. 1.50-2.00am Hot Body Take a sneaky peak at some of the best bits from the current series.	Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh - latest videos available; BOXTalk - unique interviews with artists/bands; Breakin' Out of THE BOX - videos tipped for the top. Plus weekly competitions.	12.00 NIGHT TIME
		CABLE CHECK Some of the channels listed may not be available in your area		TUESDAY CONTINUES OVERLEAF...	

CABLE CHOICE

FILM

Sons of the Desert Sky Cinema 4.00pm Quite simply the best Laurel and Hardy feature ever made. Stan and Ollie are desperate to attend a convention in Chicago and dupe their wives into thinking they are taking a cruise for health reasons. Predictably, the dimwits' hare-brained scheme comes to grief.

GENERAL

Ballykissangel UK Gold 1.00pm Stephen Tompkinson and Dervla Kirwan captured the nation's hearts (as well as each other's offscreen) as the English priest and local girl who fall in love against the backdrop of rural Ireland. Enjoy every episode of the series screened weekdays from today.

ADVERTISEMENT

UK PLAY

THE COMEDY ZONE FROM 1.00AM

Get your laughing gear around this lot as UK Play presents The Comedy Zone, featuring cult essentials such as The League of Gentlemen, Vic Reeves Examines and Shooting Stars.



	EUROSPORT NEWS & SPORT/ SELECTION PACKS	SKY SPORTS 1 PREMIUM CHANNEL	SKY SPORTS 2 PREMIUM CHANNEL	SKY SPORTS 3 PREMIUM CHANNEL	SCI-FI ACTION PACK	MTV MUSIC & GAMES PACK
6.00 AM MORNING	7.30am Motorcycling 8.30 Football 10.30 Sidecar 11.30 Water Skiing 12.30pm Triathlon 1.00 Equestrianism Action from the Pulsar Crown series in France, where competitors gain points over three separate events. 2.00 Football Action from a friendly.	7.00am Sky Sports Centre 7.15 World Wrestling Federation – Livewire 8.15 Sky Sports Centre 8.30 Racing News 9.00 Aerobics Oz Style 9.30 World Football Show 10.00 Asian Sports Show 10.30 Cricket: Costcutter Under-15 World Challenge – LIVE 2.30pm World Football Show	7.00am Aerobics Oz Style 7.30 Sky Sports Centre 7.45 Racing News 8.15 Asian Sports Show 8.45 Sky Sports Centre 9.00 Telegraph Action Sport 9.30 Total Sport 10.00 World Ten Pin Masters 11.00 International Bowls: Australia v Wales – Singles 1.00pm World Motor Sport Motorsports show which offers a comprehensive round-up of the biggest and most exciting meetings plus a preview of the major events in store.	11.30am X-Zone 2000 12noon Table Tennis: Brazil Open 1.00pm Telegraph Action Sport 1.30 Total Sport 2.00 Shell's Wonderful World of Golf: Murphy v Sikes Jr v Barber Bob Murphy, Dan Sikes Jr and Miller Barber in a head-to-head clash.	8.00am Buck Rogers in the 25th Century 9.00 The Time Tunnel 10.00 Project UFO 11.00 The Incredible Hulk <i>Bring Me the Head of the Hulk</i> 12noon Babylon 5 1.00pm Highlander: The Raven 2.00 Buck Rogers in the 25th Century	6.00am Select MTV 8.00 MTV Hits 9.00 Bytesize MTV 11.00 MTV Hits 12.30pm Daily Edition 1.00 MTV Hits An hour of the hottest hits from the charts and tracks that are bubbling under from the best new artists. 2.00 Hit List UK The latest chart rundown.
3.00 PM		3.00 Cricket: Costcutter Under-15 World Challenge – LIVE Further live coverage of Under-15 World Challenge semi-finals. Among the favourites for the overall title are hosts England, with some badly needed fresh young talent coming through and looking to make names for themselves. The West Indies and India also field teams recognised by experts as having great potential to do well.	4.00 Beach Soccer: Sega Beach Soccer A look at many diverse sports in Asia.	3.00 Cue Masters: Wattana v White Classic snooker action. 3.30 World Ten Pin Masters Bowling alley antics from the World Ten Pin Masters, at Milton Keynes. 4.30 Horsepower The show that keeps viewers up to date with the latest horse racing news.	3.00 Sightings Real-life stories of the paranormal involving either luck, UFOs, or people involved in near-death experiences. 4.00 The Time Tunnel <i>Rendezvous with Yesterday</i> An experimental subject tries to change	3.00 Bytesize MTV A window onto the world of music television, featuring highlights from MTV. 3.55 MTV's Pop Single of the Week 4.00 Select MTV Viewers make MTV their personal jukebox – call the special number, pick your favourite video from the on-screen menu, and MTV will do the rest!
4.00 PM	4.00 Car Racing Action from the Spa 24-hour race in Belgium. This race includes famous drivers David Leslie and Tom Kristensen.	5.00 Xtreme Sports Action from an extreme sports meeting in Munich including events such as skateboarding and motorcross biking.	5.00 World Wrestling Federation – Livewire Michael Cole presents coverage of the latest spectacular bouts.	5.00 Showjumping: Spruce Meadows – Trans Canada Part of the Spruce Meadows show.	5.00 Project UFO <i>The Wild Blue Yonder Incident</i> Kay Galloway faces expulsion after recklessly chasing an alien.	
5.00 PM	6.00 Cycling Second stage action from the Vuelta Ciclista a Burgos event from Spain.	6.00 Sky Sports Centre Up-to-the-minute news. 6.30 Inside Scottish Football A look at the Scottish Premier League with in-depth analysis. Presented by Jim White. 7.30 Greyhounds – LIVE Jeff Stelling introduces the action as dogs compete for the Oxford Gold Cup.	6.00 X-Zone 2000 Gruelling swimming, cycling and running event. 6.30 Fastrax A unique blend of news, action and profile features. 7.00 Ladies' Euro Tour Golf: British Masters The trophy, plus valuable Solheim Cup points, are up for grabs.	6.00 Rugby League Academy Takes a look at tomorrow's stars of the game, including match action involving the youngsters. 7.00 Sports Unlimited A truly comprehensive look at the world of alternative sports, including spectacular footage.	6.00 The Incredible Hulk <i>Bring Me the Head of the Hulk</i> A million dollars is offered for the head of the Hulk. 7.00 Highlander: The Raven <i>The Devil You Know</i> A handsome Immortal charms Amanda and enlists her help.	6.00 Bytesize MTV A constant barrage of bizarre moments from different MTVs around the world, in short soundbites.
6.00 PM			8.00 LPGA Golf: Michelob Light Classic LPGA action from the Michelob Light Classic, staged at Fox Run Golf Club in St Louis, Missouri. Annika Sörenstam defends her title against a strong field of competitors, playing for a share of the \$800,000 prize money.	8.00 Premier Snooker League The Premier Snooker League is a showcase for seven of the world's best players. The defending champion is John Higgins, who beat the fans' favourite Jimmy White in a tense final in 1999 and hopes to repeat the feat.	8.00 Twin Peaks Cooper and Truman stage a daring raid on One-Eyed Jack's. Harold Smith has Donna Hayward and Maddy, at his mercy.	
7.00 PM	7.00 Grand Touring Action from the seventh round of the FIA GT Championship from the A1 Ring in Austria.		10.00 World Cup Showjumping: Oaks International Top riders from around the world compete against the clock, and each other. 11.00 Showjumping: Trans Canada A highlight of the annual Spruce Meadows equestrian extravaganza.	10.00 Big Fights: British Compilation Featuring the best of British boxing over the past few years with some of boxing's biggest names. 11.00-11.30pm A to Z of Motorsport A look at the history of the motor racing circuit.	9.00 Millennium <i>Dead Letters</i> Frank works with a Millennium Group candidate determined to capture a serial killer. 10.00 FILM: Encounter at Raven's Gate <i>Celine O'Leary</i> During a drought in Australia, the sky rains dead birds, family pets begin to attack their owners and people start to go crazy. 1988 11.40 Sci-Focus Special 12midnight Lexx 1.00am FILM: Turkey Shoot <i>Steve Railsback</i> In a futuristic society, criminals are hunted. 1995 2.35 Perversions of Science 3.00-4.00am Babylon 5	7.00 MTV Hits A roller coaster of uninterrupted music featuring the latest from the MTV playlist plus a number of exclusives. 8.00 European Top 20 Chart rundown of the singles that are dominating the charts on the Continent.
8.00 PM	8.00 Athletics Coverage from the IAAF Grand Prix meeting in Linz, Austria. Big names such as Michael Johnson in the 400m and Maurice Greene in the 100m will be competing. Greene was defeated in a field he was expected to beat last month, so will be looking to improve on that outing.	10.00 Sky Sports Centre 10.15 Inside Scottish Football All the news and all the views from the Scottish Premier division. 11.15 Fastrax An in-depth look at the lives of the competitors. 11.45 Sky Sports Centre 12midnight Premier Snooker League 2.00am Inside Scottish Football Presented by Jim White. 3.00-3.15am Sky Sports Centre A comprehensive round-up of the latest events.				9.00 Daily Edition Showbiz news. 9.30 Ricky Martin The self-styled king of Latino reveals exactly what makes him tick. 10.00 The Tom Green Show Anarchic comedy and variety show. 10.30 The Blame Game Zane Lowe takes a look at some of the best new music around, and chats to the hottest alternative acts of the moment.
9.00 PM						11.00 brand:new Zane Lowe takes a look at some of the best new music around, and chats to the hottest alternative acts of the moment.
10.00 PM	10.00 Boxing Action from an international contest.					12midnight Alternative Nation A journey into the musical leftfield of MTV. 1.00am-6.00am Night Videos Music videos, charts and features to keep you going through the night.
11.00 PM	11.00 Golf US PGA tour action with the International in Castle Rock, Colorado.					
12.00 NIGHT TIME	12midnight-12.30am Sailing Aquatic action.					
LPGA GOLF: MICHELOB LIGHT CLASSIC SKY SPORTS 2 8.00PM Another chance to see LPGA golf action, this time from the Michelob Light Classic, staged at the Fox Run Golf Club in St Louis, Missouri. Sweden's Annika Sörenstam (pictured) defends the title against a strong field playing for a share of the \$800,000 prize money. However, her form and the form of the other Europeans in the field before the Solheim Cup in October will be even more closely scrutinised as both sides vie for an advantage before that battle even commences. 					PLAYBOY TV/ ADULT CHANNEL ADD-ON CHANNEL 10.00 Freeview 10.06 FILM: Killing for Love 11.45 Stars 12midnight Freeview 12.10am Sam Gets Her Girl 12.25 Banged Up 12.55 FILM: No Man's Land 2.10 Lesbian Fantasies 2.30 Black Domination 3.00-4.00am FILM: Dirty Black Movie Adult Nightview is now available as a TV on-demand service between 10.00pm and 4.00am at £4.95. See channel 50 for details	TELEVISION X ADD-ON CHANNEL 12midnight Ten Minute Preview 12.10am Extreme Close-Up 12.40 FILM: Rear-View Mirror 1.00 Five Minute Free View 1.05 FILM continues 1.55 Fantasy Night Calls 2.55 FILM: Dreamers 4.05 Belinda 4.10-5.30am FILM: Climax 2000 II Adult Nightview is now available as a TV on-demand service between 12midnight and 4.00am at £4.95. See channel 50 for details

VH1 MUSIC & GAMES PACK	ANIMAL PLANET WORLD PACK	 UK STYLE LIFESTYLE PACK	UK HORIZONS WORLD/ ACCESS PACKS	CARLTON FOOD NETWORK LIFESTYLE PACK	
6.00am Power Breakfast 8.00 Pop-Up Video 9.00 Upbeat 12noon Behind the Music: Shania Twain A look at the brightest new country music talent. 1.00pm Greatest Hits: Whitney Houston 1.30 Pop-Up Video 2.00 Jukebox VH1 viewers call in and choose their favourite music videos to play.	12noon Croc Files 12.30pm Going Wild with Jeff Corwin 1.00 All Bird TV 1.30 All Bird TV 2.00 Pet Rescue Wendy Turner and Mark Evans follow the fortunes of abandoned animals as the RSPCA rescues them. 2.30 Kratt's Creatures Hyras Are Cool 3.00 Breed All About It Weimaraners 3.30 Breed All About It Poodles 4.00 Animal Planet Unleashed Magazine programme. 4.30 Croc Files Wildlife series aimed at young animal-lovers. 5.00 Pet Rescue 5.30 Going Wild with Jeff Corwin Rincon de la Vieja, Costa Rica With biologist Jeff Corwin. 6.00 The Aquanauts Series exploring underwater landscapes. 6.30 Croc Files The next generation of animal lovers. 7.00 The Creature of the Full Moon A look at the horseshoe crab, which is actually the descendant of another extinct species. 8.00 Wild Rescues Incredible tales of people saving animals – and animals saving people. 8.30 Wild Rescues More amazing tales. 9.00 Crocodile Hunter The Crocodile Hunter Goes West – Part I 9.30 Crocodile Hunter Exploring the world of microscopic insects, creatures who adapt to all conditions – earth, air and even water. 11.00 Emergency Vets Watch vets in action. 11.30-12midnight Emergency Vets More vets in action.	7.00am Spa Trek 7.30 Spa Trek 8.00 Ready, Steady, Cook 8.30 Can't Cook, Won't Cook 9.00 Changing Rooms Down Under 9.30 Real Rooms 10.00 Change That 10.30 A Room with a Clue 11.00 Big Strong Girls 11.30 The House Doctor 12noon Good Living 12.30pm Style Challenge 1.00 A Taste of Africa 1.30 Ready, Steady, Cook 2.00 Gardening from Scratch 2.30 Learn to Garden with Stefan Buczaccki 3.00 Gardeners' World Presented by Alan Titchmarsh. 3.30 Gardening Neighbours 4.00 Stefan's Garden Roadshow Help and advice on gardening dilemmas. 4.30 Good Living Lifestyle series. 5.00 Can't Cook, Won't Cook Culinary challenge. 5.30 Changing Rooms: New Zealand Home makeover show. 6.00 Antiques Roadshow County Clare Members of the public bring along their antiques to Dromoland Castle. 7.00 Real Rooms This edition's challenge is a small narrow kitchen in Wimbledon. 7.30 Change That Alexandra Palace 8.00 Style Challenge Fashion experts give people a dream makeover. 8.30 The Green Room Solutions for tiny gardens. 9.00 Home Front Tessa Shaw presents the home decorating programme. 9.30 Big Strong Girls DIY instruction show. 10.00 The House Doctor Home improvement series. 10.30 House Invaders The show where homes are given a facelift for free. 11.00 Ground Force Quick garden makeovers. 11.30 BBC Gardener of the Year The search Britain's best amateur gardener. 12midnight Garden Stories A series exploring the British passion for gardens. 12.30-1.00am Stefan's Garden Roadshow Stefan Buczaccki offers help and advice on gardening dilemmas.	7.00am Tomorrow's World Plus 7.50 Dream House 8.20 The Essential Guide to Rocks 8.50 Vets to the Rescue 9.20 Tomorrow's World Plus 10.15 Ocean Peril 11.15 Top Gear GTI 12.15pm The Air Show 12.45 City Hospital 1.45 Doctors to Be 2.45 Fat Files Fixing Fat Documentary examining the phenomenon of dieting, and looking at scientists' hunt for drugs that reduce appetite. 3.45 Vets to the Rescue Stories of pets in need. 4.20 Animal Hospital The action at the busy RSPCA Harmsworth Hospital for Sick Pets. 4.50 Zoo Focus on London and Whipsnade zoos. 5.25 What Went Wrong? Worldwide disasters. 5.55 The Cruise Dancing with Dolphins The ship visits Mexico. 6.25 Passport to the Sun Look at life in Majorca. 6.55 Future Fantastic Looking at the colonisation of space by man. 7.30 Local Heroes Northern Ireland Examining the often unsung heroes of science. 8.00 Animal Hospital The busy 24-hour RSPCA Harmsworth Hospital. 8.30 What Went Wrong? Worldwide disasters. 9.00 The Cruise Dancing with Dolphins The ship visits Mexico. 9.35 Castaway 2000 Series following a community founded on a remote island. 10.35 A Life of Grime The exploits of the environmental health officers at London's Haringey council. 11.05 Top Gear Special 11.35 Paddington Green 12.05am-1.00am The Dome: Trouble at the Big Top UK PLAY: 1.00am Shooting Stars 1.30 League of Gentlemen 2.05 Vic Reeves 2.35 We Are History 2.50 DJ Anthems 3.20 Soundtrack 3.50 Pop's Dream Performances 4.30 Chris Moyles 4.40 Footage and Mouth 4.55 Phil Kay 5.20 Cherry Pop 5.35-6.30am Sound of Play	7.00am Tessa's Tastebuds 7.30 Kitchen College 8.00 Network Daily 8.45 Quick Cooks 9.00 Cooking in the Kitchen 9.30 Classic Dishes 10.00 Barbecue Party 10.30 Simply Puddings 11.00 Flash in the Pan 11.30 Alive and Cooking 12noon Four Burners and a Grill 12.30pm West Country Kitchen 1.00 Coxon's Kitchen College 1.30 Use Your Loaf 2.00 Network Daily 2.45 Quick Cooks 3.00 Jenny Bristow Cooking in the Kitchen A range of soups. 3.30 Tessa's Tastebuds 4.00 Simply Puddings Lotte Duncan and more British desserts. 4.30 Classic Dishes Culinary favourites cooked by top chefs. 5.00 A to Z of Food and Beauty 5.30 Four Burners and a Grill 6.00 Kitchen College 6.30-7.00pm Picture This 7.00pm Refuge of the Wolf The endangered wolf of Italy's Apennines. 7.30 Play: The Nature of the Game 8.00 Rhinowatch Visit the Kalahari Desert, where volunteers are testing a new tracking device to monitor the endangered black rhino. 9.00 Wolves of the Sea A dramatic film which looks at the world of the killer whale from the point of view of the whale. 10.00 Deep Water, Deadly Game For the first time, it is possible to study sharks up close with divers in chain mail suits. 11.00 Dash for the South Pole Follow the fortunes of a brave woman as she retraces the footsteps of Ronald Amundsen. 12midnight-1.00am Bali: Masterpiece of the Gods Discover the culture of the Indonesian island of Bali, whose people accept the modern world but are not overwhelmed by it.	6.00 AM MORNING 3.00 PM 4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00 NIGHT TIME
4.00 The VH1 Album Chart Show A look at what's going up and what's coming down in the album charts.	4.00 Animal Planet Unleashed Magazine programme. 4.30 Croc Files Wildlife series aimed at young animal-lovers. 5.00 Pet Rescue 5.30 Going Wild with Jeff Corwin Rincon de la Vieja, Costa Rica With biologist Jeff Corwin. 6.00 The Aquanauts Series exploring underwater landscapes. 6.30 Croc Files The next generation of animal lovers. 7.00 The Creature of the Full Moon A look at the horseshoe crab, which is actually the descendant of another extinct species. 8.00 Wild Rescues Incredible tales of people saving animals – and animals saving people. 8.30 Wild Rescues More amazing tales. 9.00 Crocodile Hunter The Crocodile Hunter Goes West – Part I 9.30 Crocodile Hunter Exploring the world of microscopic insects, creatures who adapt to all conditions – earth, air and even water. 11.00 Emergency Vets Watch vets in action. 11.30-12midnight Emergency Vets More vets in action.	4.00pm Trisha Another double bill of heartwarming and hair-raising true stories with Trisha Goddard and a studio audience. Text 6.00 The Extremists Extreme sports. 6.30 Feature 7.00 Feature 7.30 Feature	4.00 Stefan's Garden Roadshow Help and advice on gardening dilemmas. 4.30 Good Living Lifestyle series. 5.00 Can't Cook, Won't Cook Culinary challenge. 5.30 Changing Rooms: New Zealand Home makeover show. 6.00 Antiques Roadshow County Clare Members of the public bring along their antiques to Dromoland Castle. 7.00 Real Rooms This edition's challenge is a small narrow kitchen in Wimbledon. 7.30 Change That Alexandra Palace 8.00 Style Challenge Fashion experts give people a dream makeover. 8.30 The Green Room Solutions for tiny gardens. 9.00 Home Front Tessa Shaw presents the home decorating programme. 9.30 Big Strong Girls DIY instruction show. 10.00 The House Doctor Home improvement series. 10.30 House Invaders The show where homes are given a facelift for free. 11.00 Ground Force Quick garden makeovers. 11.30 BBC Gardener of the Year The search Britain's best amateur gardener. 12midnight Garden Stories A series exploring the British passion for gardens. 12.30-1.00am Stefan's Garden Roadshow Stefan Buczaccki offers help and advice on gardening dilemmas.	4.00 Simply Puddings Lotte Duncan and more British desserts. 4.30 Classic Dishes Culinary favourites cooked by top chefs. 5.00 A to Z of Food and Beauty 5.30 Four Burners and a Grill 6.00 Kitchen College 6.30-7.00pm Picture This 7.00pm Refuge of the Wolf The endangered wolf of Italy's Apennines. 7.30 Play: The Nature of the Game 8.00 Rhinowatch Visit the Kalahari Desert, where volunteers are testing a new tracking device to monitor the endangered black rhino. 9.00 Wolves of the Sea A dramatic film which looks at the world of the killer whale from the point of view of the whale. 10.00 Deep Water, Deadly Game For the first time, it is possible to study sharks up close with divers in chain mail suits. 11.00 Dash for the South Pole Follow the fortunes of a brave woman as she retraces the footsteps of Ronald Amundsen. 12midnight-1.00am Bali: Masterpiece of the Gods Discover the culture of the Indonesian island of Bali, whose people accept the modern world but are not overwhelmed by it.	4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00 NIGHT TIME
5.00 Ten of the Best: Katrina and the Waves The band pick their ten favourite videos.	5.00 Pet Rescue 5.30 Going Wild with Jeff Corwin Rincon de la Vieja, Costa Rica With biologist Jeff Corwin. 6.00 The Aquanauts Series exploring underwater landscapes. 6.30 Croc Files The next generation of animal lovers. 7.00 The Creature of the Full Moon A look at the horseshoe crab, which is actually the descendant of another extinct species. 8.00 Wild Rescues Incredible tales of people saving animals – and animals saving people. 8.30 Wild Rescues More amazing tales. 9.00 Crocodile Hunter The Crocodile Hunter Goes West – Part I 9.30 Crocodile Hunter Exploring the world of microscopic insects, creatures who adapt to all conditions – earth, air and even water. 11.00 Emergency Vets Watch vets in action. 11.30-12midnight Emergency Vets More vets in action.	6.00 The Extremists Extreme sports. 6.30 Feature 7.00 Feature 7.30 Feature	5.00 Can't Cook, Won't Cook Culinary challenge. 5.30 Changing Rooms: New Zealand Home makeover show. 6.00 Antiques Roadshow County Clare Members of the public bring along their antiques to Dromoland Castle. 7.00 Real Rooms This edition's challenge is a small narrow kitchen in Wimbledon. 7.30 Change That Alexandra Palace 8.00 Style Challenge Fashion experts give people a dream makeover. 8.30 The Green Room Solutions for tiny gardens. 9.00 Home Front Tessa Shaw presents the home decorating programme. 9.30 Big Strong Girls DIY instruction show. 10.00 The House Doctor Home improvement series. 10.30 House Invaders The show where homes are given a facelift for free. 11.00 Ground Force Quick garden makeovers. 11.30 BBC Gardener of the Year The search Britain's best amateur gardener. 12midnight Garden Stories A series exploring the British passion for gardens. 12.30-1.00am Stefan's Garden Roadshow Stefan Buczaccki offers help and advice on gardening dilemmas.	5.00 A to Z of Food and Beauty 5.30 Four Burners and a Grill 6.00 Kitchen College 6.30-7.00pm Picture This 7.00pm Refuge of the Wolf The endangered wolf of Italy's Apennines. 7.30 Play: The Nature of the Game 8.00 Rhinowatch Visit the Kalahari Desert, where volunteers are testing a new tracking device to monitor the endangered black rhino. 9.00 Wolves of the Sea A dramatic film which looks at the world of the killer whale from the point of view of the whale. 10.00 Deep Water, Deadly Game For the first time, it is possible to study sharks up close with divers in chain mail suits. 11.00 Dash for the South Pole Follow the fortunes of a brave woman as she retraces the footsteps of Ronald Amundsen. 12midnight-1.00am Bali: Masterpiece of the Gods Discover the culture of the Indonesian island of Bali, whose people accept the modern world but are not overwhelmed by it.	5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00 NIGHT TIME
6.00 VH1 to One: The Corrs Kate Thornton interviews the pop family. 6.30 Greatest Hits: Whitney Houston 7.00 VH1 Hits Only the biggest and the best make it onto the top-ten play list.	6.00 The Aquanauts Series exploring underwater landscapes. 6.30 Croc Files The next generation of animal lovers. 7.00 The Creature of the Full Moon A look at the horseshoe crab, which is actually the descendant of another extinct species. 8.00 Wild Rescues Incredible tales of people saving animals – and animals saving people. 8.30 Wild Rescues More amazing tales. 9.00 Crocodile Hunter The Crocodile Hunter Goes West – Part I 9.30 Crocodile Hunter Exploring the world of microscopic insects, creatures who adapt to all conditions – earth, air and even water. 11.00 Emergency Vets Watch vets in action. 11.30-12midnight Emergency Vets More vets in action.	6.00 The Extremists Extreme sports. 6.30 Feature 7.00 Feature 7.30 Feature	6.00 Antiques Roadshow County Clare Members of the public bring along their antiques to Dromoland Castle. 7.00 Real Rooms This edition's challenge is a small narrow kitchen in Wimbledon. 7.30 Change That Alexandra Palace 8.00 Style Challenge Fashion experts give people a dream makeover. 8.30 The Green Room Solutions for tiny gardens. 9.00 Home Front Tessa Shaw presents the home decorating programme. 9.30 Big Strong Girls DIY instruction show. 10.00 The House Doctor Home improvement series. 10.30 House Invaders The show where homes are given a facelift for free. 11.00 Ground Force Quick garden makeovers. 11.30 BBC Gardener of the Year The search Britain's best amateur gardener. 12midnight Garden Stories A series exploring the British passion for gardens. 12.30-1.00am Stefan's Garden Roadshow Stefan Buczaccki offers help and advice on gardening dilemmas.	6.00 Kitchen College 6.30-7.00pm Picture This 7.00pm Refuge of the Wolf The endangered wolf of Italy's Apennines. 7.30 Play: The Nature of the Game 8.00 Rhinowatch Visit the Kalahari Desert, where volunteers are testing a new tracking device to monitor the endangered black rhino. 9.00 Wolves of the Sea A dramatic film which looks at the world of the killer whale from the point of view of the whale. 10.00 Deep Water, Deadly Game For the first time, it is possible to study sharks up close with divers in chain mail suits. 11.00 Dash for the South Pole Follow the fortunes of a brave woman as she retraces the footsteps of Ronald Amundsen. 12midnight-1.00am Bali: Masterpiece of the Gods Discover the culture of the Indonesian island of Bali, whose people accept the modern world but are not overwhelmed by it.	6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00 NIGHT TIME
9.00 Classic Albums: Stevie Wonder – Songs in The Key of Life The story behind Stevie Wonder's classic album. 10.00 Behind the Music: 1984 Reminiscing about the artists and events of a year that forever changed the face of pop. 11.00 Elvis: The Great Performances The King in a number of seminal appearances, from the 1950s right up to the 1970s. 12midnight Pop-Up Video 12.30am Greatest Hits: 60s The hits of one of the most important pop decades. 1.00 Storytellers: David Bowie 2.00 Soul Vibration 2.30 VH1 Country 3.00-6.00am VH1 Late Shift	9.00 Crocodile Hunter The Crocodile Hunter Goes West – Part I 9.30 Crocodile Hunter Exploring the world of microscopic insects, creatures who adapt to all conditions – earth, air and even water. 11.00 Emergency Vets Watch vets in action. 11.30-12midnight Emergency Vets More vets in action.	8.00 Sunset Beach Sean tells Mark that it is his fault that Annie is dead, and Rae has a revelation for Casey. 8.50 Chart Choice 9.00 Metropolis Matthew drowns his sorrows by turning to drugs. Still under the influence, he ends up sleeping with Sophie. 10.00 Emmerdale Tonight's episode of the rural soap from ITV. Text 10.30 Nuts and Bolts The wedding of Lisa and Lloyd takes place. 11.00 The Jerry Springer Show Jerry Springer hosts more outrageous revelations and confrontations. 11.50 The Late Show with David Letterman Top-rated chat show with host and humorist David Letterman and more celebrity guests. 12.40am Freaky Stories Ghoulish animation. 12.50 The Extremists 1.20-1.50am Feature	8.00 Style Challenge Fashion experts give people a dream makeover. 8.30 The Green Room Solutions for tiny gardens. 9.00 Home Front Tessa Shaw presents the home decorating programme. 9.30 Big Strong Girls DIY instruction show. 10.00 The House Doctor Home improvement series. 10.30 House Invaders The show where homes are given a facelift for free. 11.00 Ground Force Quick garden makeovers. 11.30 BBC Gardener of the Year The search Britain's best amateur gardener. 12midnight Garden Stories A series exploring the British passion for gardens. 12.30-1.00am Stefan's Garden Roadshow Stefan Buczaccki offers help and advice on gardening dilemmas.	9.00 Wolves of the Sea A dramatic film which looks at the world of the killer whale from the point of view of the whale. 10.00 Deep Water, Deadly Game For the first time, it is possible to study sharks up close with divers in chain mail suits. 11.00 Dash for the South Pole Follow the fortunes of a brave woman as she retraces the footsteps of Ronald Amundsen. 12midnight-1.00am Bali: Masterpiece of the Gods Discover the culture of the Indonesian island of Bali, whose people accept the modern world but are not overwhelmed by it.	9.00 PM 10.00 PM 11.00 PM 12.00 NIGHT TIME
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CHALLENGE TV MUSIC & GAMES PACK		DISCOVERY HOME & LEISURE WORLD PACK	RAPTURE BONUS CHANNEL	LOCAL CHANNEL ACCESS PACK	
5.00pm Cross Wits 5.30 Sale of the Century General knowledge quiz show presented by Keith Chegwin. 6.00 Family Fortunes 6.30 100% 7.00 Stars in Their Eyes 7.30 Beadle's About 8.00 Gladiators 9.00 Whittle 9.30 Strike it Lucky 10.00 Sale of the Century 10.30 Family Fortunes	11.00 Stars in Their Eyes 11.30 Endurance II 12midnight Beadle's About Jeremy Beadle plays more pranks. 12.30am Gladiators 1.30 The Cooler 2.00 Karaoke Challenge 2.30 3-2-1 3.30 The Krypton Factor 4.00 Say the Word 4.30 Whittle 5.00-6.00am Shopping with Screenshop	6.00am The Joy of Painting 6.30 Garden Calendar 7.00 The Great Gardening Plot 7.30 Doing It Up 8.00 How to with B & Q 8.05 The House Doctor 8.35 Our House Down Under 9.05 The Joy of Painting 9.35 Garden Calendar 10.05 How to with B & Q 10.10 The Great Gardening Plot 10.40 Two's Country 11.10 Last in the League 11.40 Home Savvy	12.10pm How to with B & Q 12.15 Hometime 12.45 This Old House 1.15 Home Again with Bob Vila 1.45 Wood Wizard 2.15 How to with B & Q 2.20 The New Yankee Workshop 2.50 Kingsbury Square 3.20 Rex Hunt Fishing Adventures 3.50-4.00pm How to with B & Q	10.00am Byte Me 10.30 World Wind Surf 11.00 Fearless 11.30 Freesport Special 12noon Chilli Factor 12.30pm Adrenalize 1.00 Fearless 1.30 Boardstupid 2.00 World Wind Surf 2.30 High Adrenalin Action 3.00 Chilli Factor 3.30 Freesport Special 4.00 Byte Me 4.30 World Wind Surf 5.00 Fearless 5.30-6.00pm Freesport Special	6.00pm LLTV – Local Life A daily magazine programme featuring local news, events and lifestyle features. 6.30 What's On TV 7.00 LLTV – Local Life 7.30 YCTV Programmes made by the stars of tomorrow featuring the stars of today. 8.00 Student Showcase 8.30 What's On TV 9.00-9.30pm LLTV – Local Life

CABLE CHECK
Some of the channels listed may not be available in your area

UK PLAY: 1.00am Shooting Stars 1.30 League of Gentlemen 2.05 Vic Reeves 2.35 We Are History 2.50 DJ Anthems 3.20 Soundtrack 3.50 Pop's Dream Performances 4.30 Chris Moyles 4.40 Footage and Mouth 4.55 Phil Kay 5.20 Cherry Pop 5.35-6.30am Sound of Play

Tuesday 8 August

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME

CABLE CHECK
Some of the channels listed may not be available in your area

CARTOON NETWORK FAMILY PACK

5.00am Flying Rhino Junior High
6.00 Fat Dog Mendoza
7.00 Tom and Jerry
8.00 Dexter's Laboratory
9.00 Angela Anaconda
10.00 The Powerpuff Girls
11.00 Dragonball Z
12.00 Scooby-Doo
12.30pm Looney Tunes
1.00 Scooby-Doo
1.30 Cow and Chicken
2.00 Scooby-Doo
2.30 Mike, Lu and Og

3.00 Scooby-Doo

More spooky schemes.

3.30 Dexter's Laboratory

Chemical chaos with the bedroom professor.

4.00 Scooby-Doo

The gang uncover more spooky schemes.

4.30 The Powerpuff Girls

Trouble in Townsville.

5.00 Scooby-Doo

More spooky schemes.

5.30 Pinky and the Brain

The lab mice return with another insane plan.

6.00 Tom and Jerry

Madcap antics with the sparring cat and mouse.

6.30 The Flintstones

Prehistoric men behaving badly in Bedrock.

7.00 Scooby-Doo

Classic cartoons.

7.30 Looney Tunes

Classic cartoons.

8.00 Angela Anaconda

8.30-9.00pm Courage the Cowardly Dog

TCM FAMILY PACK

9.00pm Easter Parade

Judy Garland, Fred Astaire, Peter Lawford

Musical on a grand scale, with some of Irving Berlin's finest compositions, following a man who has taken it upon himself to turn a chorus girl into a star, just to show up his former lover. 1948

11.00-1.00am Two Weeks in Another Town

Kirk Douglas, Cyd Charisse

Showbiz drama. 1962

CARTOON NETWORK:

1.00am The Moomins 1.30 The Magic Roundabout

2.00 Tabaluga 2.30 Blinky Bill 3.00 The Tidings

3.30 The Fruitties 4.00 The Moomins 4.30-5.00am The Magic Roundabout

NICKELODEON FAMILY PACK

7.00am Transylvania Pet Shop
7.30 Transylvania Pet Shop 8.00 Ren and Stimpy 8.30 Ren and Stimpy 9.00 Kenan and Kel 9.30 Kenan and Kel 10.00 Sister Sister 10.30 Sister Sister 11.00 Cousin Skeeter 11.30 Cousin Skeeter 12.00 Rugrats 12.30pm Rugrats 1.00 Rocket Power 1.30 Rocket Power 2.00 Rocket Power 2.30 Rocket Power

3.00 Rocket Power

Extreme adventures with the surfing buddies.

3.30 Rocket Power

More extreme sporting fun with the far-out friends.

4.00 Kenan and Kel

The adventures of two funky friends.

4.30 Kenan and Kel

More adventures with the two cool customers.

5.00 Sabrina the Teenage Witch

5.30 Sabrina the Teenage Witch

6.00 Are You Afraid of the Dark?

6.30-7.00pm Are You Afraid of the Dark?

PARAMOUNT COMEDY CHANNEL FAMILY PACK

7.00pm Grace Under Fire

7.30 King of Queens

Noel Cowards

8.00 Ellen

Harold and Ellen Ellen tries desperately to bond with her father.

8.30 Just Shoot Me

What the Teddy Bear Saw

9.00 Married... With Children

For Whom the Bell Tolls The Bundy phone is cut off.

9.30 Cybill

Kaboom

10.00 Frasier

Frasier refuses to comply with a new company rule.

10.30 Harry Hill

The surreal British comic in his own television show.

11.00 Jack Dee 11.30 Cheers

I'm Getting My Act Together and Sticking it in Your Face

12midnight Roseanne

12.30am Clive Anderson Talks Back 1.10 NewsRadio 1.35 Whose Line is it Anyway? 2.05 Hitz 2.30 Encore! Encore! 3.00 It's Garry Shandling's Show 3.30-4.00am Abbott and Costello

FOX KIDS FAMILY PACK

6.00am Oggy 6.10 Bad Dog 6.30 Bobby's World 6.55 Jim Button 7.15 Walter Melon 7.40 Inspector Gadget 8.00 Oggy 8.10 Biker Mice 8.30 Dennis and Gnasher 8.55 Sailor Moon 9.15 Sailor Moon 9.40 Digimon 10.00 Power Rangers 10.20 Monster Rancher 10.45 Masked Rider 11.05 X-Men 11.30 Spy Dogs 11.50 Ace Ventura 12.15pm Walter Melon 12.35 Inspector Gadget 1.00 Woody 1.10 Casper 1.30 Donkey Kong 1.55 Dennis and Gnasher 2.20 Life with Louie 2.40 Princess Sissi

3.00 Princess Starla and the Jewel Riders

Cult Japanese cartoon.

3.45 Mighty Morphin' Power Rangers

4.05 Mighty Morphin' Power Rangers

4.30 Digimon

Seven kids adventure in a dangerous digital world.

4.50 Masked Rider

The adventures of Dex, a teenage alien superhero.

5.15 Monster Rancher

5.35 Biker Mice from Mars

6.00 The New Addams Family

6.25 Casper

6.35-7.00pm Goosebumps

SHOP! LIFESTYLE/ SELECTION PACKS

6.00am Shop! Selection Round-up of the best-sellers.

7.00 Jewellery Shop! 8.00 Home Shop! Novel ideas for the home.

9.00 Clothes Shop! 10.00 Jewellery Shop! 11.00 Entertainment Shop! Hi-fi equipment.

12noon Shop! Outlet 1.00pm Kitchen Shop! Expert cooking tips from chef, Paul Brodel.

2.00 Shop! Selection 3.00 Home Shop! 4.00 Clothes Shop! 5.00 Shop! Preview

6.00 Shop! Selection 7.00-7.30pm Kitchen Shop!

GMTV 2 ACCESS PACK

GMTV2 offers pre-school and lifestyle shows between 6.00am and 9.25am.

Weekdays: The News Hour at 6.00am followed by children's shows.

Saturdays: Children's programming and a round-up of the week's news in The Review.

Sundays: Highlights include a Pokémon triple bill and The Review.

QVC LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day - so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is In The Kitchen at 5.00pm.

NEWS AND INTERNATIONAL

BBC NEWS 24 NEWS & SPORT/ ACCESS PACKS

6.00am News 7.00 News 8.00 News 9.00 News 9.30 World News 10.00 News 11.00 News 12noon News 1.00pm News 2.00 News 3.00 News 4.00 News 5.00 News 6.00 News 7.00 News 7.30 Sportsday 8.00 News 9.00 News 9.30 HARDtalk 10.00 News 11.00 News 11.30 World Business Report 12midnight News 1.00am News 2.00 News 2.30 World Business Report 3.00 News 3.30 HARDtalk 4.00 News 4.45 Asia Today 5.00-6.00am News

CNN INTERNATIONAL NEWS & SPORT PACK

News throughout the day, plus: 5.00am This Morning 5.30 World Business 6.00 This Morning 6.30 World Business 7.00 This Morning 7.30 World Business 8.00 This Morning 8.30 Sport 9.00 Larry King 10.30 Sport 11.30 Biz Asia 12.30pm CNN Hotspots 1.15 Asian Edition 1.30 World Report 2.30 Showbiz 3.00 Science & Technology 3.30 Sport 4.30 World Beat 5.00 Larry King Live 7.30 World Business Today 8.30 Q&A 9.30 Insight 10.00 World Business Today 10.30 Sport 11.00 CNN WorldView 11.30 Moneyline 12.30am Showbiz 1.00 This Morning 1.15 Asia Business 1.45 Asia Business 2.00 Larry King 4.30-5.00am American Edition

SKY NEWS NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise 10.30 Sky World News 11.30 Money 12noon Sky News Today 2.30pm Your Call 3.00 Sky News Today 4.30 Sky World News 5.00 Live at Five 8.30 Sky Business Report 9.30 Technoflextra 10.00 Sky News at Ten 10.30 Sportsline 12.30am CBS Evening News 1.30 Your Call 2.30 Sky Business Report 3.30 The Book Show 4.30 Technoflextra 5.30-6.00am CBS Evening News

INTERNATIONAL

TV5 5.00am Journal 5.15 Journal des Journaux 5.30 Télématin et le Journal du Temps 7.00 Journal 7.30 Découverte 8.00 Infos 8.05 Zig Zag Café 9.00 Journal 9.15 Inédits 10.00 Claire Lamarche 11.00 Infos 11.05 100% Questions 11.30 Journal 12noon Infos 12.05pm Documentaire ARTE 1.00 Journal Télévisé 1.15 Programme à Communiquer 3.00 Journal Télévisé 3.15 Questions 3.30 Taxi pour l'Amérique 4.00 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal Télévisé 5.15 Programme à Communiquer 7.00 Journal Télévisé 7.30 Journal Télévisé 8.00 Infos 8.05 Temps Présent 9.00 Journal Télévisé 9.15 Police Judiciaire 11.00 Journal Télévisé 11.30-12midnight Soir 3

ASIANET ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am Kachwa Aur Khargosh 8.00 News 8.30 DD Programme 9.00 FILM 11.30 News 12noon Kabhi Yeh 12.30pm Galatnaama 1.00 Katha Sagar 1.30 FILM 4.00 Rajni Gandha 4.30 Aarthi 5.00 Majdhaar 6.00 Main Anari Tu Anari 6.30 MTV India 7.00 Katha Sagar 7.30 News 8.00 Kabhie 8.30 FILM 11.30 News 12midnight MTV India 12.30am Kabhie 1.00 FILM 4.00 Main Anari 4.30 Kabhie 5.00 Majdhaar 6.00 Rajni Gandha 6.30 DD Programme 7.00-7.30am Vishwamitra

ZEE TV ADD-ON CHANNEL

6.00am Aap Ki Farmaish 6.30 Bhakti Songs 7.00 Faith: Iskon 7.30 Daily News 8.00 Out and About 8.30 Kartavya 9.00 Aashiana 9.30 Lakeerein 10.00 Parchain 11.00 Khana Khazana 11.30 Aangan 12noon FILM 3.00pm Hadd Kar Di 3.30 Top of the Tops 4.00 Kartavya 4.30 Callmate Top Ten 5.30 Aangan 6.00 Gubbare 7.00 Alvida Darling 7.30 Zee Premiere Show 8.00 News Bulletin 8.30 Koshish 9.00 A Day Out with a Star 9.30 Daayre 10.00 Thriller at 10 10.30 Mahabharat 11.30 Nagin 12midnight Punjabi News 12.30am FILM 3.30 Hum Paanch 4.00 Daraar 4.30 Campus 5.00-6.00am VCD Zabardast

CHRISTIAN CHANNEL EUROPE WORLD PACK

5.00am Good News 5.30 Gospel Truth - Andrew Wommack 6.00 Hour of Deliverance 6.30 Changing Your World 7.00 Believers' Voice of Victory 7.30 This is Your Day 8.00 CMTV 8.20 Thought for the Day 8.30 Life in the Word 9.00 Rhema Praise 9.30 Winning Ways - Matthew Ashimolowo 10.00 CMTV 10.30-11.00am 700 Club Replay

BLOOMBERG WORLD PACK

2.00am Asian Market Report 2.30 Wall Street Report 2.45 Focus on Eastern Europe 5.45-6.00am Kavanagh's Picks

BBC PARLIAMENT NEWS & SPORT PACK

Parliament is in recess.

THE HISTORY CHANNEL WORLD PACK

12noon Prices in the Tower 12.55pm Photos for the Future II 1.00 Crown and Country 1.30 Gardens of the Millennium 2.00 Biography 2.55 A Small Piece of History 3.00 World War I 3.30 From the Bomb to The Beatles 4.00 Tanks 5.00 Thomas Edison - Phonograph

6.00 The Mysterious Howard Hughes 6.55 Photos for the Future II 7.00 Crown and Country 7.30 Gardens of the Millennium 8.00 The Nixon Resignation 8.55 A Small Piece of History 9.00 Great Crimes and Trials 9.30-10.00pm Great Crimes and Trials

TV TRAVEL SHOP BONUS CHANNEL

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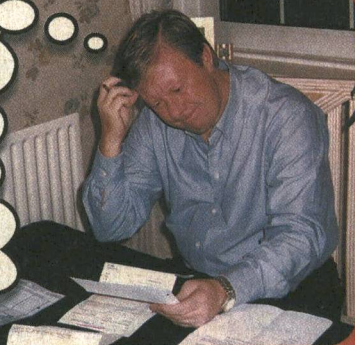
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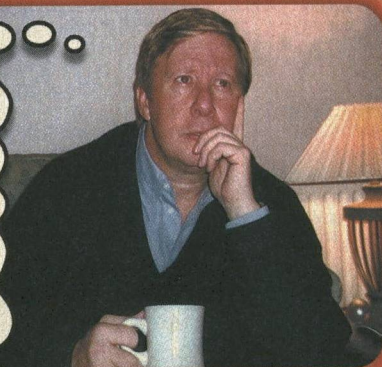
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Channel 5 p444

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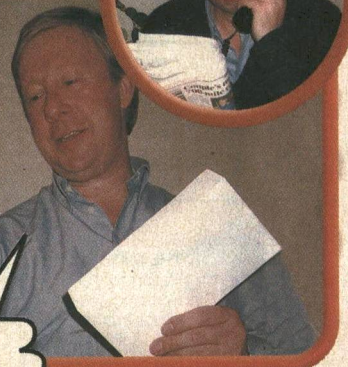


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40,000	366.61	446.83	561.31	OTHER TERMS & AMOUNTS AVAILABLE ASK FOR DETAILS		NO FEES
30,000	244.41	297.89	374.21			8-9%
25,000	203.67	248.24	311.84			
20,000	164.79	198.59	249.47			
17,500	162.94	193.06	235.78	294.73	375.84	NO FEES
15,000	141.24	165.48	202.10	252.63	322.14	10-9%
12,500	117.70	137.90	168.42	210.52	268.45	
10,000	94.16	110.32	134.73	168.42	214.76	
8,000	80.38	92.83	111.91	138.42	175.44	NO FEES
7,000	70.34	81.22	97.92	121.11	153.51	11-9%
6,000	60.29	69.62	83.93	103.81	131.58	
5,000	50.24	58.02	69.94	86.51	109.65	

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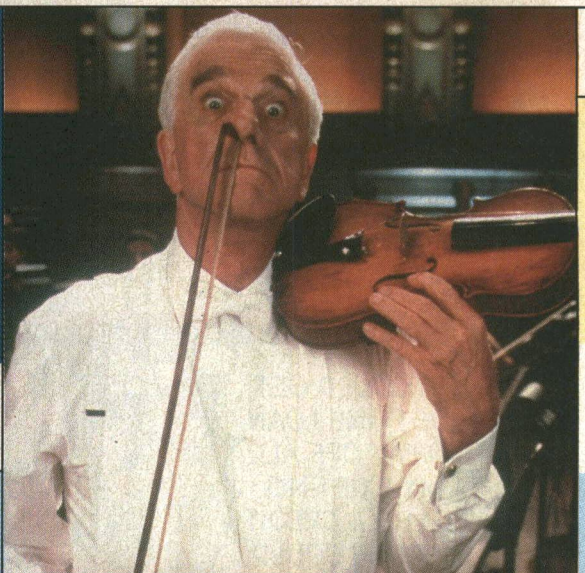
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	SKY PREMIER PREMIUM CHANNEL	SKY MOVIEMAX PREMIUM CHANNEL	MOVIE RATINGS			
MORNING	6.00am Class Action 1991, rating Sky PG, 105 mins 7.45 The Journey of Natty Gann 1985, rating Sky PG, 97 mins 9.45 Sabrina Down Under 1999, rating Sky PG, 83 mins 11.15 Blackbeard's Ghost 1967, rating Sky U, 103 mins 1.00pm Kid Cop Alexandra Paul, Edward Albert 1996, rating Sky U, 89 mins 2.30 The All New Adventures of Laurel and Hardy: For Love or Mummy Bronson Pinchot, Gailard Sartain, F. Murray Abraham Comedy about the nephews of Hollywood's fictional comic duo. 1999, rating Sky PG, DS, 84 mins	6.10am Melanie Darrow 1997, rating Sky PG, 83 mins 8.00 Daddy's Little Angel Laila Dagher, Gary Imhoff 1998, rating Sky PG, 86 mins 10.00 The Bears and I Patrick Wayne, Andrew Duggan 1974, rating Sky PG, 85 mins 12noon Boys Will Be Boys Randy Travis, James Williams 1997, rating Sky U, 87 mins 2.00pm Melanie Darrow Delta Burke, Brian Bloom Murder trial drama. 1997, rating Sky PG, 83 mins	Sky U: Suitable for viewing by all Sky PG: Parental Guidance suggested Sky 12: Suitable for viewers aged 12 years and over Sky 15: Suitable for viewing by people of 15 years or over Sky 18: Suitable for viewing by adults only Text: film is subtitled on page 888 of Fastext Widescreen: shown in cinema (letterbox) format			
	4.00 The Journey of Natty Gann Meredith Salenger, John Cusack Family adventure set during the American Depression. A young girl's father must leave home to search for work some 2000 miles away. His daughter can't bear to be parted from him and sets off on the long journey to find him, accompanied by a wolf. 1985, rating Sky PG, 97 mins 6.00 Sabrina Down Under Melissa Joan Hart, Peter O'Brien, Remi Broadway Family adventure adapted from the hit TV series about a teenage witch. In this story, the young heroine with the unpredictable magical powers visits Australia. Her trip turns into no ordinary holiday when she falls in love with a merman. 1999, rating Sky PG, 83 mins 8.00 Great Expectations Ethan Hawke, Gwyneth Paltrow, Anne Bancroft, Chris Cooper An adaptation of the novel by Charles Dickens transplanted to contemporary America. An orphan from a fishing village is haunted by memories of a young girl he knew as a child. When he grows up and goes to New York, she reappears in his life. Text 1997, rating Sky 15, 107 mins 10.00 One Night Stand Wesley Snipes, Nastassja Kinski, Kyle MacLachlan An erotic examination of infidelity in which a man travels to New York to visit an HIV positive friend and falls into bed with a beautiful stranger for a passionate one-night stand. Text 1997, rating Sky 18, 99 mins 11.45 The Edge Anthony Hopkins, Alec Baldwin, Wilderness adventure. Text 1997, rating Sky 15, DS, 113 mins 1.45am Sibling Rivalry Kirstie Alley, Bill Pullman 1990, rating Sky 15, 84 mins 3.15 Regarding Henry Harrison Ford, Annette Bening 1991, rating Sky 15, DS, 103 mins 5.15-6.00am Action Heroes: Harrison Ford	3.35 Danielle Steel's Fine Things DW Moffett, Tracy Pollan, Cloris Leachman, Noley Thornton Heart-wrenching drama by the romantic novelist about a man who thinks all his dreams have come true when he meets and marries a beautiful divorcee. Their life together with her young daughter is filled with joy until a devastating blast from the past threatens to wreck their newly found happiness. 1995, rating Sky PG, 137 mins 6.00 National Lampoon's Men in White Tom Wilson, Karim Prince Slapstick comedy about two garbage men who are picked up by aliens to be experimented upon. However, they defy their alien captors and take the lead in stopping the ultimate alien invasion planned by a Dr Strangelove clone. 1998, rating Sky PG, 83 mins 8.00 Wrongfully Accused Leslie Nielsen, Richard Crenna, Kelly LeBrock, Melinda McGraw PREMIERE Slapstick spoof of <i>The Fugitive</i> about a superstar violinist who is found guilty of a murder he did not commit. However, he escapes and goes on the run. Text 1998, rating Sky PG, DS, 82 mins 9.30 Almost Heroes Chris Farley, Matthew Perry, Eugene Levy, Kevin Dunn Period comedy about a hopeless frontiersman who is hired as a tracker on an expedition to the Pacific coast. Text 1998, rating Sky 15, DS, 87 mins 11.00 Senseless Marlon Wayans, David Spade Comedy about an economics graduate who takes part in a drug trial and develops new supersenses. Text 1998, rating Sky 15, 89 mins 12.35am 10 Million Dollar Getaway John Mahoney, Karen Young 1991, rating Sky 15, 90 mins 2.10 Kull the Conqueror Text 1996, rating Sky 12, 92 mins 3.45-5.35am River's Edge Crispin Glover, Keanu Reeves 1987, rating Sky 18, 96 mins	SKY CINEMA PREMIUM CHANNEL 4.00pm Our Relations Stan Laurel, Oliver Hardy, Daphne Pollard, Betty Healy Vintage Hollywood comedy in which the bumbling duo encounter all manner of comic chaos when they unexpectedly run into their long-lost twins. 1936, rating Sky U, 71 mins 5.15 Way Out West Stan Laurel, Oliver Hardy, Sharon Lynne, Stanley Fields Comedy in which the accident prone duo get involved with the ownership of a gold mine. 1937, rating Sky U, 63 mins 6.20 My Little Chickadee Mae West, WC Fields, Joseph Calleja, Dick Foran Comedy Western about a femme fatale and a card trickster who scam their way across the Wild, Wild West of America. 1939, rating Sky PG, 80 mins 8.00 All the President's Men Robert Redford, Dustin Hoffman, Jason Robards Jr Gripping thriller based on fact about two <i>Washington Post</i> journalists who uncovered a connection between the Watergate break-in and the White House. Their very public press investigation led to the resignation of Richard Nixon. 1976, rating Sky 15, 133 mins 10.20 Shining Through Michael Douglas, Melanie Griffith, Liam Neeson Period drama in which a half-Jewish secretary working in New York in 1940 discovers that her boss is a spy for US military intelligence. When an agent in Germany is murdered, she is determined to fill the vacancy and find her family. 1991, rating Sky 15, DS, 127 mins 12.35am Places in the Heart Sally Field, John Malkovich 1984, rating Sky PG, 107 mins 2.30 The Secret of the Purple Reef 1960, rating Sky 12, 77 mins 3.55-6.00am Land of the Pharaohs 1955, rating Sky PG, 100 mins		Bow jest: Leslie Nielsen stars in the premiere of the crime spoof 'Wrongfully Accused'. Sky MovieMax 8.00pm	
	3.00 PM				FILMFOUR ADD-ON CHANNEL 6.00pm Whirlpool Gene Tierney, Jose Ferrer, Richard Conte, Barbara O'Neil Thriller in which a kleptomaniac is caught stealing but rescued by a fortune-teller and hypnotist. However, her rescuer plans to use her as a dupe in a plot to murder his former mistress. But a policeman smells a rat, despite the well-laid plans. Text 1949, 93 mins 8.00 Delicatessen Jean Claude Dreyfus, Dominique Pinon, Marie-Laure Dougnac Very black comedy set in the future about the bizarre characters inhabiting a house owned by a butcher. Cannibalism and strange events break out when a young man falls in love with the butcher's daughter. 1990, 95 mins 9.40 Fatales 10.00 Dune Kyle MacLachlan, Sting, Francesca Annis, Brad Dourif Surreal science fiction epic based on the cult novels by Frank Herbert. The story begins on the planet Dune where a precious spice is the richest prize in the universe and there are eternal battles and conspiracies to control the mining rights. There is a prophecy that one man will come to bring peace. Text 1984, 131 mins 12.20am Lumière Et Compagnie A collection of short films by various directors. 1995, 88 mins 1.50 Les Voleurs Crime drama. 1996, 110 mins 3.45-6.00am Once We Were Strangers Comedy. 1997, 92 mins	Create your own personal TV diary: www.cableguide.co.uk
	4.00 PM				CARLTON CINEMA LIFESTYLE PACK 7.00pm Barbara Stanwyck: Straight Down the Line A profile of one of Hollywood's great leading ladies. 7.30 Union Pacific Barbara Stanwyck, Joel McCrea, Robert Preston, Akim Tamiroff Large-scale, Hollywood Western set around the construction of the Union Pacific Railroad. The overseer of the railroad's construction falls in love with a postmistress, but she is secretly involved with another man. At the same time, the railroad's progress is hindered by Indians and other people trying to cause problems. 1939, 135 mins 10.00 2 Days in the Valley Danny Aiello, Jeff Daniels, James Spader, Eric Stoltz Crime thriller spoof. A loser hitman and a cool assassin are involved in an insurance scam; a washed-up director turns suicidal; a grungy deranged vice cop is partnered with a rookie and two jealous women get entangled in their own schemes. 1996, 105 mins 12midnight The Big Picture Widescreen 1989, 101 mins 1.45am Under Suspicion Widescreen 1992, 95 mins 3.30 The Wild Geese War. 1978, 134 mins 5.45-7.00am Barbara Stanwyck: Straight Down the Line	
5.00 PM						
6.00 PM						
7.00 PM						
8.00 PM						
9.00 PM						
10.00 PM						
11.00 PM						
12.00						
NIGHT TIME						

FRONT ROW	Channel 51 Matinee	Channel 51 Evening	Channel 52	Channel 53
SCREENING WHEN YOU'RE GOOD AND READY WITH CABLE & WIRELESS See channel 50 or your Front Row spread on pages 14, 15 for further details. KEY TO FILM CONTENT T/C: Theme/Content BL: Bad Language S/N: Sex/Nudity V: Violence	MY FAVOURITE MARTIAN Rating PG, 90 mins Comedy. A martian crash-lands his spaceship on Earth and is pursued by an ambitious, Pulitzer Prize-hunting reporter. Stars Jeff Daniels, Elizabeth Hurley and Christopher Lloyd. T/C: Comedy, sci-fi fantasy. BL: Infrequent, mild. S/N: Once, mild, comic nudity. V: Infrequent, mild horror. 7.30am, 9.30am, 11.30am, 1.30pm	NOTTING HILL Rating 15, 119 mins Romantic comedy. The world's most famous movie actress falls for a struggling and rather shy bookseller who lives in West London. Stars Hugh Grant and Julia Roberts. T/C: Romantic comedy. BL: Infrequent, strong. S/N: Some comic references. V: None. 3.30pm, 5.45pm, 8.00pm, 10.15pm, 12.30am, 2.45am	THE MATCH Rating 15, 93 mins Romantic comedy. A traditional village pub faces closure if it loses a football match against its modern rival. Stars Max Beesley and Laura Fraser. T/C: Comedy, drama, football. BL: Some, strong. S/N: Some, strong comic references. V: Infrequent, mild. 6.30pm, 8.30pm, 10.30pm, 12.30am, 2.30am	10 THINGS I HATE ABOUT YOU Rating 12, 94 mins Teen comedy, based on Shakespeare's <i>The Taming of the Shrew</i> , about two very different sisters and their romantic trials and tribulations. Stars Larisa Oleynik and Julia Stiles. T/C: Teen romance. BL: Occasional, moderate. S/N: Some mild references. V: Once, mild. 7.00pm, 9.00pm, 11.00pm, 1.00am, 3.00am

SKY ONE ACTION/ SELECTION PACKS	UK GOLD LIFESTYLE/ SELECTION PACKS	LIVING LIFESTYLE PACK	GRANADA PLUS ACTION PACK	DISNEY CHANNEL ADD-ON/ PREMIUM CHANNEL	
6.00am Long Play 7.30 Mega Babies 8.00 Godzilla 8.30 Mummies Alive 9.00 Pokémon 9.30 Pokémon 10.00 Pokémon 10.30 The Simpsons Text 11.00 World Wrestling Federation – Superstars 12noon The New Adventures of Superman Text 1.00pm Dream Team Text 2.30 Godzilla	6.00am Going Straight 6.35 Bread Text 7.15 The Good Life Text 7.50 Open All Hours Text 8.25 EastEnders Text 9.00 The Bill Text 9.30 The Bill Text 10.00 Bergerac 11.00 Knots Landing 11.55 Neighbours 12.25pm EastEnders Text 1.00 Ballykissangel 2.00 Knots Landing	6.00am Ready, Steady, Cook 6.30 Can't Cook, Won't Cook 7.00 Tiny Living 9.00 Brookside 9.30 Home and Away 10.00 The Jerry Springer Show 10.50 Forgive or Forget 11.40 Maury Povich 12.30pm Special Babies 1.00 Reality Slot 1.30 Judge Judy 2.00 Streetmate 2.30 Maury Povich	6.00am Hawaii Five-0 7.00 Plus on Plus 7.30 Jokers Wild 8.00 Hogan's Heroes 8.30 George and Mildred 9.00 Classic Coronation Street Text 9.30 Second Thoughts 10.00 Mission: Impossible 11.00 Only When I Laugh 11.30 Batman 12noon Classic Coronation Street Text 12.30pm Second Thoughts 1.00 George and Mildred 1.30 Robin's Nest 2.00 Hawaii Five-0	4.30am Winnie the Pooh 4.45 Music Time 4.50 Rolie Polie Olie 5.00 Bear in the Big Blue House 5.25 Art Play 5.30 PB & J Otter 5.45 Bite Size 6.00 Classic Toons 6.05 Circle Time 6.10 Olie 6.20 Spot 6.30 Out of the Box 7.00 Mickey Mouseworks 7.30 101 Dalmatians 8.00 Aladdin 8.30 Recess 9.00 Double Art Attack 9.35 Sabrina 10.00 FILM: Incredible Journey 1963 11.20 Recess 11.30 Miami 7 12noon Circus Kids 12.30pm Boy Meets World 1.00 FILM: Smart House 1999 2.20 Mickey Mouseworks 2.45 101 Dalmatians	6.00 AM
3.00 Mummies Alive Reunion Presley learns more about Rapses' real father. 3.30 Pokémon A Shipful of Shivers 4.00 Pokémon Meowth Rules Team Rocket encounters natives waiting for an ancient prophecy. 4.30 Pokémon Tracey Gets Bugged 5.00 Star Trek Another vintage stellar adventure across the galaxy.	3.00 The Bill Hitting the Mark Meadows goes head-to-head with Burnside. Text 3.30 The Bill Thicker than Mud Text 4.00 EastEnders Nigel is worried about the new loan shark in the Square. 4.35 Neighbours Lauren's religious devotion threatens her job and family life. 5.00 Going Straight Going to Work Comedy sequel to Porridge. 5.40 Bread Sitcom about a family of loveable rogues and their ability to survive in today's world. Text 6.20 The Brittas Empire Reviewing the Situation Brittas organises a staff review, with all his employees reporting on their juniors. 7.00 The Good Life The Thing in the Cellar Tom builds a generator fuelled by pig dung. 7.40 Birds of a Feather Just Visiting Sharon and Tracey try to come to terms with their husbands' imprisonment. Text 8.20 Open All Hours Sitcom about a miserly shopkeeper and his nephew. 9.00 The Royle Family The Royles sit down to Sunday lunch. 9.40 Men Behaving Badly Wedding The big day arrives, complete with last-minute doubts. 10.20 Absolutely Fabulous Happy New Year Edina and Patsy's plans have to change when news comes of the arrival of Patsy's sister, Jackie. 11.00 Gimme, Gimme, Gimme Tom's acting career is in the doldrums, so he decides to set up his own acting school. Text 11.40 The Bill Text 12.15am The Bill Text 12.45 Live at Jongleurs 1.20 The Royle Family 2.00 Men Behaving Badly 2.35 Monty Python's Flying Circus 3.10 EastEnders Text 3.45 Dangerfield 4.40 Dynasty 5.30-6.00am Angels	3.20 Party of Five Much Ado about Nothing Charlie's infidelity jeopardises his relationship with Kirsten, while Bailey's preoccupation with Kate angers Claudia. 4.10 Mystic Challenge A gameshow in which psychics, astrologers and palmists put their powers to the test. 4.40 Forgive or Forget Host Mother Love deals with real problems in a variety of troubled relationships, trying to help resolve them. 5.30 Ready, Steady, Cook The cookery show in which two chefs compete against the clock. 6.10 The Jerry Springer Show American talk show in which Jerry Springer and his guests engage in lively discussion. 7.00 Judge Judy The family court judge presides over a series of real-life cases. 7.30 Streetmate Matchmaking show presented by Davina McCall. 8.00 Charmed Three sisters move into a San Francisco house inherited from their grandmother – only to find they have inherited her powers of witchcraft as well. 9.00 FILM: Scattered Dreams Tyne Daly, Gerald McRaney Moving drama set in the American South of the 1950s. A family of tenant farmers falsely accused of a crime fight to prove their innocence. After being wrongly arrested and charged over an unpaid debt, they spend six months in a local jail. 1993 10.50 Secret Suburbia Another chance to peer behind the net curtains. 11.20-12midnight Eden Late night adult drama.	3.00 Mission: Impossible The Crane After rescuing a prisoner from execution by a dictator, the IMF has to put him somewhere where he'll be safe from his hunters. 4.00 The Sweeney Ringer Regan and Carter are assigned to carry out surveillance on a garage, suspected to be the base for criminal activities. 5.00 Hart to Hart Murder Wrap Adventure-seeking husband and wife Jonathan and Jennifer Hart live for passion and danger, but above all, for each other. 6.00 Bullseye Darts quiz show. 6.30 Classic Coronation Street Another vintage trip to Weatherfield. Text 7.00 Batman Instant Freeze Mr Freeze is raising havoc with his flame-freeze gun. 7.30 Robin's Nest Everything You Wish Yourself 8.00 Boon Don't Buy from Me Argentina An Argentinean polo team comes to practice at Woodcote, and the captain takes a shine to Helen. 9.00 The Sweeney Jackpot Police drama series. A tip-off helps DI Regan. Starring John Thaw. 10.00-11.00pm Taggart Killer – Part III	3.15 100 Deeds for Eddie McDowd 3.45 The Famous Jett Jackson A former child superstar returns to his hometown. 4.15 Honey, I Shrunk the Kids: The TV Show Honey, I've Joined the Big Top Nick is held hostage by a circus boss. Text 5.00 Recess Animated series from the creators of Rugrats. Text 5.30 Smart Guy The Code TJ gets Mo into trouble. Text 6.00 Teen Angel The Play's the Thing Steve wins the lead role in the school play. Text 6.30 Home Improvement Wilson's Girlfriend Text 7.00 FILM: Father of the Bride Steve Martin, Diane Keaton, Martin Short, Kimberly Williams Romantic comedy. An over-protective father becomes troubled by the prospect of seeing his daughter marry. But, he is soon caught up in all of the arrangements. Text 1991 8.45 Honey, I Shrunk the Kids: The TV Show Honey, it's Doomsday An asteroid is on a collision course with Earth. Text 9.30 Dinosaurs Prehistoric animatronics from the Jim Henson studio. 10.00 Home Improvement Comedy double bill. Text 11.00 Touched by an Angel Text 11.50-12midnight Toons	3.00 PM 4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM
6.00 Xena: Warrior Princess Looking Death in the Eye Xena and Gabrielle's attempt to trick the Fates is brought into the open. 7.00 The Simpsons Stark Raving Dad Homer is sent to a mental institution. Text 7.30 The Simpsons Dog of Death Text 8.00 The Best of Stargate SG-1 Crystal Skull When Daniel appears to vanish, SG-1 must turn to his eccentric grandfather for help. Text 9.00 Good vs Evil Ambulance Chaser Chandler and Henry must persuade a newspaper reporter not to print his story about the battle between good and evil. 10.00 We Can Rebuild You A mix of real-life stories and medical revelations provide an insight into the world of medical trauma, as seen from the patients' point of view. 11.00 America's Dumbest Criminals An employee chooses to steal a car rather than be late. Text 11.30 America's Dumbest Criminals Text 12midnight Star Trek 1.00am LAPD 1.30 LAPD 2.00 In the Heat of the Night 2.50 In the Heat of the Night 3.40 In the Heat of the Night 4.30 In the Heat of the Night 5.20 The Newlywed Game 5.40-6.00am The Newlywed Game			11.00pm Sex TV Late-night series that goes under the covers of the steamy world of adult movie-making. 11.30 Sexy Shorts Late night music show. 12midnight G Spot Late night entertainment show. 12.30am El Wild On... A dynamic tour of the most exotic locations around the globe. 1.20 Sexy Shorts 1.50-2.00am Crash of the Titans A compilation of some of the best footage of cars, bikes, dragsters and stock cars crashing.		
			GRANADA MEN & MOTORS ACTION PACK		
				THE BOX MUSIC & GAMES PACK	
				Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.	
				WEDNESDAY CONTINUES OVERLEAF...	

CABLE CHOICE

FILM	GENERAL
2 Days in the Valley Carlton Cinema 10.00pm This is an inventive and funny slice-of-life following several characters whose paths cross. Its hitmen and cops may be standard thriller elements, but writer-director John Herzfeld's quirky peek at LA's social underbelly yields rich rewards.	Circus Kids Disney Channel 12noon Follow the fortunes of three young British circus hopefuls, Joe from Hull, Nerida from London and Sian from Middlesex. Having passed an exhaustive series of auditions, they are now part of the fantastic travelling Circus Smirkus and will perform their acts all over the world.



ADVERTISEMENT UK HORIZONS

CASTAWAY 2000
9.35PM

28 adults and eight children representing a cross-section of society volunteer for this social experiment on the island of Taransay. Amidst gale force winds and incomplete living quarters they face up to a year of survival in extreme conditions, but can the group survive each other?

Wednesday 9 August

	EUROSPORT NEWS & SPORT/ SELECTION PACKS	SKY SPORTS 1 PREMIUM CHANNEL	SKY SPORTS 2 PREMIUM CHANNEL	SKY SPORTS 3 PREMIUM CHANNEL	SCI-FI ACTION PACK	MTV MUSIC & GAMES PACK
6.00 AM	7.30am Motorsports 8.30 Equestrianism 9.30 Xtreme Sports Action from the YOZ Ispo Summer Games in Munich. 10.30 Grand Touring 11.30 Sailing 12noon Golf Coverage of the US PGA Tour from Colorado. 1.00pm Equestrianism 2.00 Athletics Coverage of the IAAF Grand Prix meeting in Linz, Austria.	7.00am Sky Sports Centre 7.15 WWF - Metal 8.15 Sky Sports Centre 8.30 Racing News 9.00 Aerobics 9.30 Rugby League Academy 10.30 Ladies' Euro Tour Golf: British Masters 11.30 Horsepower 12noon Aerobics 12.30pm Inside Scottish Football 1.30 Fastrax 2.00 Premier Snooker League The defending champion is John Higgins, who beat the fans' favourite Jimmy White in a nail-biting final in 1999.	7.00am Aerobics Oz Style 7.30 Sky Sports Centre 7.45 Racing News 8.15 Fastrax 8.45 Sky Sports Centre 9.00 Sports Unlimited 10.00 Premier Snooker League 12noon Wheelbase Club 1.00pm LPGA Golf: Michelob Light Classic From St Louis, Missouri.	11.30am X-Zone 2000 12noon Showjumping: Spruce Meadows - Trans Canada Parcours De Chasse The Trans Canada Parcours De Chasse is one of the highlights of the Spruce Meadows extravaganza. 1.00pm Sports Unlimited 2.00 Big Fights: British Compilation	8.00am Buck Rogers in the 25th Century 9.00 Land of the Giants 10.00 Swamp Thing 10.30 Swamp Thing 11.00 The Six Million Dollar Man 12noon Babylon 5 1.00pm Amazing Stories 1.30 Amazing Stories 2.00 Buck Rogers in the 25th Century	6.00am Select MTV 8.00 MTV Hits 9.00 Bytesize MTV 11.00 MTV Hits 12.30pm Daily Edition The latest news from the world of showbiz. 1.00 MTV Hits 2.00 The Lick R&B Chart Show A look at the hottest tracks from the UK R&B scene.
MORNING						
3.00 PM			3.00 Golf Extra Dominik Hoyer hosts the show that keeps golf fans up-to-date with all the latest news from the major tours on the current golfing circuit. With a look ahead to forthcoming events, behind-the-scenes features and interviews with some of the top stars.	3.00 A to Z of Motorsport 3.30 Inside Scottish Football	3.00 Max Headroom Rakers Carter investigates the promoter behind the newly televised sport of rakeboarding. 4.00 Land of the Giants The Chase The space travellers are forced to help Inspector Kobick with his plans.	3.00 Bytesize MTV Featuring some of the highlights from MTV stations around the world. 3.55 MTV's Pop Single of the Week 4.00 Select MTV Viewers choose videos they want to hear. Plus top pop names dropping into the studio for a chat.
4.00 PM	4.00 Start Your Engines Highlights from the Indy Lights Championship race in Chicago and the FIA Sportsracing World Cup. 5.00 Xtreme Sports Action from the YOZ Ispo Summer Games in Munich, Germany.	4.00 Cricket: National Cricket League - Yorkshire V Lancashire - LIVE With the threat of relegation and regional pride at stake, this Yorkshire versus Lancashire National Cricket League Division One clash promises to be a classic. The old rivals are among the favourites for the title and both sets of players are world beaters on their day. The live action comes from Headingley.	5.00 World Wrestling Federation - Metal Up-to-the-minute news, along with match classics and in-depth commentary on the featured bouts. 6.00 X-Zone 2000 From the National Watersport Centre in Nottingham. 6.30 The Winning Post: Sandown/Yarmouth - LIVE Horse racing action from the evening's meetings at Sandown and Yarmouth.	4.30 Australian Rally Championships The Australians compete against the world's best. 5.00 Watersport World The show that provides an insight into a number of watersports.	5.00 Swamp Thing Never Alone 5.30 Swamp Thing The Curse Arcane searches for rare Egyptian artifacts.	
5.00 PM						
6.00 PM	6.00 Ski Jumping - LIVE Coverage from the FIS Summer Grand Prix in Kuopio, Finland.	7.00 Sky Sports Centre The latest sports news. 7.30 Cricket: National Cricket League - Yorkshire V Lancashire - LIVE Further coverage of the National Cricket League encounter between Yorkshire and Lancashire from Headingley.	6.00 X-Zone 2000 From the National Watersport Centre in Nottingham. 6.30 The Winning Post: Sandown/Yarmouth - LIVE Horse racing action from the evening's meetings at Sandown and Yarmouth.	6.00 Euro Tour Weekly The essential roundup of Euro Tour golf. 6.30 Trans World Sport	6.00 The Six Million Dollar Man The Return of the Bionic Woman - Part II Steve Austin goes on a dangerous mission. 7.00 Amazing Stories Magic Saturday 7.30 Amazing Stories Welcome to My Nightmare Harry steps into a scene from the film Psycho. 8.00 Quantum Leap The Play's the Thing Sam is drawn into the lives of a struggling actor and an ageing singer. Starring Scott Bakula.	6.00 Bytesize MTV A constant barrage of bizarre moments from different MTVs around the world, in short soundbites.
7.00 PM						
8.00 PM	8.00 Football - LIVE Action from the Uefa Champions' League qualifying round. The new format of the competition has legislated for the participation of the third-, and fourth-placed teams in Europe's strongest eight domestic championships in the qualifying phase.	10.00 Sky Sports Centre 10.15 Trans World Sport The latest news, features and interviews from around the world. 11.15 Futbol Mundial Football action from across the globe. 11.45 Sky Sports Centre 12midnight Rugby League World All the latest developments. 1.30am Trans World Sport In-depth news. 2.30-2.45am Sky Sports Centre The latest sporting news.	8.30 Golf Extra Dominik Hoyer hosts the show that keeps golf fans up-to-date with all the latest news from the major tours on the current golfing circuit. With a look ahead to forthcoming events, behind-the-scenes features and interviews with some of the top stars.	7.30 Golf: Eurocard Challenge 2000 8.30 Rugby League World	7.00 Amazing Stories Magic Saturday 7.30 Amazing Stories Welcome to My Nightmare Harry steps into a scene from the film Psycho. 8.00 Quantum Leap The Play's the Thing Sam is drawn into the lives of a struggling actor and an ageing singer. Starring Scott Bakula.	7.00 MTV Hits Uninterrupted music videos featuring the latest from the MTV play list plus a number of exclusives, and chart busting hits. 8.00 The Lick R&B Chart Show A look at the hottest tracks from the front-line of the UK R&B scene presented by Trevor Nelson.
9.00 PM						
10.00 PM	10.00 Boxing Hard-hitting action from a top international contest.	10.00 Sky Sports Centre 10.15 Trans World Sport The latest news, features and interviews from around the world. 11.15 Futbol Mundial Football action from across the globe. 11.45 Sky Sports Centre 12midnight Rugby League World All the latest developments. 1.30am Trans World Sport In-depth news. 2.30-2.45am Sky Sports Centre The latest sporting news.	10.30 Golf: Eurocard Challenge 2000 Action from the fairways.	10.00 Steve Davis and Friends: Joe Johnson	9.00 The Burning Zone Wild Fires Pearls smuggled from the South Pacific cause an outbreak of cholera. 10.00 FILM: Escape from New York Kurt Russell, Lee Van Cleef, Ernest Borgnine Futuristic adventure. The whole of Manhattan has been turned into a prison. When the president's plane crashes on the island it is up to a convict to find him and bring him back. 1981 12midnight Lexx 1.00am FILM: Night of the Creeps Jason Lively, Steve Marshall Horror about college students who are turned into zombies. 1985 2.35 Cybernet 3.00-4.00am Babylon 5	9.00 Daily Edition The latest showbiz news. 9.30 Making the Video: Christina Aguilera - I Turn To You 10.00 The Tom Green Show Tom Green on the streets for more anarchic humour. 10.30 The Blame Game 11.00 The Late Lick Brand new videos, news and interviews with the heavyweights of the R&B scene, presented by MTV's Trevor Nelson. 12midnight Yo! Music from the world of rap music from Grandmaster Flash through to Busta Rhymes and beyond. 1.00-6.00am Night Videos A selection of music videos through the night.
11.00 PM	11.00 Superbike Two-wheeled action from the World Championship at Brands Hatch. 11.30-12.30am Xtreme Sports Action from the YOZ Ispo Summer Games in Munich, Germany.		11.30 Watersports World A comprehensive guide to some of the best action on the water. 12.30am X-Zone 2000 1.00 Australian Rally Championships 1.30 Telegraph Action Sport 2.00 Wild Spirits 2.30 Golf: Eurocard Challenge 2000 3.30-3.45am Sky Sports Centre	11.00-11.30pm Brian Moore Interviews: Steve Daley Brian Moore talks to an old professional.		
12.00						
NIGHT TIME						
LIVE NATIONAL CRICKET LEAGUE: YORKSHIRE V LANCASHIRE SKY SPORTS 1 4.00PM, 7.30PM Yorkshire against Lancashire in any sport is going to be a battle but, in cricket, it gets personal too. Today's National Cricket League First Division fixture will have all the usual rivalries at stake with old hands like Lancashire's Neil Fairbrother (pictured) hoping to pile on the runs, while young guns such as Yorkshire's new paceman Matthew Hoggard will be trying to rip out the stumps. Both teams have aspirations to win this league, so points as well as pride are at stake.					PLAYBOY TV/ ADULT CHANNEL ADD-ON CHANNEL 10.00pm Freeview 10.06 Stripsearch 11.15 Passion Cove 12midnight Freeview 12.10am The Sex Clinic with Dr Jenny Tulls 12.35 Adult Feature 1.10 FILM: Women on Top 2.35 Panties 3.05-4.00am Nude Wives Bedtime Extras Adult Nightview is now available as a TV on-demand service between 10.00pm and 4.00am at £4.95. See channel 50 for details	TELEVISION X ADD-ON CHANNEL 12midnight Ten Minute Preview 12.10am FILM: Dangerous Tides 1.00 Five Minute Free View 1.05 FILM continues 1.20 FILM: Hollywood Hookers 2.30 FILM: Centrefold Girls 3.40 Vicky Lee 4.10-5.30am FILM: Naked Stranger Adult Nightview is now available as a TV on-demand service between 12midnight and 4.00am at £4.95. See channel 50 for details



VHI MUSIC & GAMES PACK	ANIMAL PLANET WORLD PACK	 Colin Corrigan gets back to the soil in 'Castaway 2000'. <i>UK Horizons 9.35pm</i>	UK STYLE LIFESTYLE PACK	UK HORIZONS WORLD/ ACCESS PACKS	CARLTON FOOD NETWORK LIFESTYLE PACK	
6.00am Power Breakfast 8.00 Pop-Up Video 9.00 Upbeat 12noon Behind the Music: Stevie Nicks 1.00pm Greatest Hits: Kraftwerk NEW 1.30 Pop-Up Video 2.00 Jukebox Pop favourites chosen by viewers phoning in their choices.	12noon Croc Files 12.30pm Going Wild with Jeff Corwin <i>Rincon de la Vieja, Costa Rica</i> 1.00 Aspinall's Animals 1.30 Aspinall's Animals 2.00 Pet Rescue Follow the progress of more RSPCA rescue cases. 2.30 Kratt's Creatures <i>Mungu's Revenge</i> 3.00 K-9 to 5 Series profiling dogs around the world and their amazing vocations. 3.30 K-9 to 5 More fantastic canines.	ITV2 ACCESS PACK	7.00am Holiday on a Shoestring 7.30 Holiday Swaps 8.00 Ready, Steady, Cook 8.30 Can't Cook, Won't Cook 9.00 Changing Rooms Down Under 9.30 Real Rooms 10.00 Change That 10.30 A Room with a Clue 11.00 Home Front: Inside Out 12noon Good Living 12.30pm Style Challenge 1.00 Gary Rhodes 1.30 Ready, Steady, Cook 2.00 BBC Gardener of the Year 2.30 Garden Stories 3.00 Ground Force The series in which experts perform speedy garden makeovers. 3.30 Front Gardens <i>Cottage Garden</i> 4.00 Stefan's Garden Roadshow Help and advice on gardening dilemmas. 4.30 Good Living Lifestyle series. 5.00 Can't Cook, Won't Cook Cookery challenge. 5.30 Changing Rooms Down Under Presented by Suzie Wilks. 6.00 Antiques Roadshow US The US edition of the popular BBC series. This edition comes from Southfield, Michigan. 7.00 Real Rooms Bath Bedroom 7.30 Change That The interior design roadshow goes to Ragley Hall in Warwickshire. 8.00 Style Challenge People get a makeover from the experts. 8.30 A Room with a Clue Quiz show with Fi Glover. 9.00 Your Money or Your Life Finance expert Alvin Hall offers money advice. 9.30 House Doctor Real estate advice. 10.00 All the Right Moves Consumer property series with advice on moving. 10.30 House Invaders DIY makeover show. 11.00 Learn to Garden with Stefan Buczacki Lessons in fundamental gardening skills. 11.30 Ground Force 12midnight Gardeners' World Presented by Alan Titchmarsh. 12.30am-1.00am Stefan's Garden Roadshow Stefan Buczacki offers help and advice on more gardening dilemmas.	7.00am Tomorrow's World Plus 7.50 Out of This World 8.20 The Essential Guide to Rocks 8.50 Vets to the Rescue 9.20 Tomorrow's World Plus 10.15 Rivers of Life, Rivers of Death 11.15 Top Gear GTI 12.15pm The Air Show 12.45 City Hospital 1.45 Doctors to Be 2.45 Fat Files <i>Living on Air</i> An examination of anorexia. 3.45 Vets to the Rescue Heartwarming stories of pets in need. 4.20 Animal Hospital Action from RSPCA Harmsworth Hospital. 4.50 Zoo Series looking at London and Whipsnade zoos. 5.25 What Went Wrong? Global disasters. 5.55 The Cruise <i>Lights, Camera, Action!</i> Cruise liner docu-soap. 6.25 Passport to the Sun A look at life in Majorca. 6.55 Future Fantastic <i>Immortals</i> A focus on man's quest for immortality. 7.30 Local Heroes <i>North West</i> Heroes of science. 8.00 Animal Hospital More action from RSPCA Harmsworth Hospital. 8.30 What Went Wrong? Disaster programme. 9.00 The Cruise <i>Lights, Camera, Action!</i> 9.35 Castaway 2000 Continuing the series which follows an experimental community founded on a remote Scottish island. 10.35 A Life of Grime The work of environmental health officers in London. 11.05 Top Gear Special 11.35 Paddington Green 12.05am-1.00am The Dome - Trouble at the Big Top	7.00am Tessa's Tastebuds 7.30 Kitchen College 8.00 Food Network Daily 8.45 Quick Cooks 9.00 Jenny Bristow 9.30 Classic Dishes 10.00 Cocktail Challenge 10.30 Simply Puddings 11.00 Flash in the Pan 11.30 Chef for a Day 12noon Four Burners and a Grill 12.30pm The Spice Trail 1.00 Kitchen College 1.30 Spice World 2.00 Food Network Daily 2.45 Quick Cooks 3.00 Jenny Bristow Cooking in the Kitchen <i>A Good Roasting</i> 3.30 Tessa's Tastebuds 4.00 Simply Puddings <i>Mousses and Blancmanges</i> 4.30 Classic Dishes Top chefs demonstrate cooking and presentation of classic dishes. 5.00 A to Z of Food and Beauty 5.30 Four Burners and a Grill 6.00 Kitchen College 6.30-7.00pm Newman Meets	6.00 AM MORNING 3.00 PM 4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00 PM
4.00 VH1 to One: Ronan Keating A chat with the Boyzone singer and TV presenter. 4.30 Greatest Hits: Boyzone 5.00 Ten of the Best: Phil Collins The diminutive singer-drummer and recent Oscar winner picks his ten favourite videos of all time. 6.00 Video Timeline: Celine Dion The career of the French-Canadian songstress. 6.30 Greatest Hits: Kraftwerk 7.00 VH1 Hits A collection of hit records.	4.00 Animal Planet Unleashed Featuring a lesson on the omithology of the area around Mudchute Farm. 4.30 Croc Files 5.00 Pet Rescue Follow the fortunes of more abandoned animals. 5.30 Going Wild with Jeff Corwin <i>Corcovado, Costa Rica</i> 6.00 The Aquanauts Series exploring aquatic landscapes and creatures. 6.30 Croc Files Presented by Steve and Terri Irwin. 7.00 Cousins Beneath the Skin Examine the evidence that chimpanzees are able to make their own primitive stone tools. 8.00 Wild Rescues Tales of people and animals saving each other. 8.30 Wild Rescues More incredible tales of rescues.	4.00pm Trisha Another double bill of heartwarming and hair-raising true stories with Trisha Goddard and a studio audience. Text 6.00 The Extremists Extreme sports action. 6.30 Feature 7.00 Feature 7.30 Feature	4.00 Stefan's Garden Roadshow Help and advice on gardening dilemmas. 4.30 Good Living Lifestyle series. 5.00 Can't Cook, Won't Cook Cookery challenge. 5.30 Changing Rooms Down Under Presented by Suzie Wilks. 6.00 Antiques Roadshow US The US edition of the popular BBC series. This edition comes from Southfield, Michigan. 7.00 Real Rooms Bath Bedroom 7.30 Change That The interior design roadshow goes to Ragley Hall in Warwickshire. 8.00 Style Challenge People get a makeover from the experts. 8.30 A Room with a Clue Quiz show with Fi Glover. 9.00 Your Money or Your Life Finance expert Alvin Hall offers money advice. 9.30 House Doctor Real estate advice. 10.00 All the Right Moves Consumer property series with advice on moving. 10.30 House Invaders DIY makeover show. 11.00 Learn to Garden with Stefan Buczacki Lessons in fundamental gardening skills. 11.30 Ground Force 12midnight Gardeners' World Presented by Alan Titchmarsh. 12.30am-1.00am Stefan's Garden Roadshow Stefan Buczacki offers help and advice on more gardening dilemmas.	3.45 Vets to the Rescue Heartwarming stories of pets in need. 4.20 Animal Hospital Action from RSPCA Harmsworth Hospital. 4.50 Zoo Series looking at London and Whipsnade zoos. 5.25 What Went Wrong? Global disasters. 5.55 The Cruise <i>Lights, Camera, Action!</i> Cruise liner docu-soap. 6.25 Passport to the Sun A look at life in Majorca. 6.55 Future Fantastic <i>Immortals</i> A focus on man's quest for immortality. 7.30 Local Heroes <i>North West</i> Heroes of science. 8.00 Animal Hospital More action from RSPCA Harmsworth Hospital. 8.30 What Went Wrong? Disaster programme. 9.00 The Cruise <i>Lights, Camera, Action!</i> 9.35 Castaway 2000 Continuing the series which follows an experimental community founded on a remote Scottish island. 10.35 A Life of Grime The work of environmental health officers in London. 11.05 Top Gear Special 11.35 Paddington Green 12.05am-1.00am The Dome - Trouble at the Big Top	4.00 Simply Puddings <i>Mousses and Blancmanges</i> 4.30 Classic Dishes Top chefs demonstrate cooking and presentation of classic dishes. 5.00 A to Z of Food and Beauty 5.30 Four Burners and a Grill 6.00 Kitchen College 6.30-7.00pm Newman Meets	4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00 PM
9.00 Classic Albums: Fleetwood Mac - Rumours Go behind-the-scenes for one of the most popular studio albums of all time. 10.00 Behind the Music: Lenny Kravitz Looking at one of the most popular musicians of the Nineties, examining his life and career so far. 11.00 Phil Lynott - The Rocker A documentary about the life of Thin Lizzy's lead singer, from his early days up to his tragic death. 12midnight Pop-Up Video 12.30am Greatest Hits 1.00 Storytellers: Wyclef Jean The former Fugee muses about music's role in society. 2.00 VH1 Flipside 3.00-6.00am VH1 Late Shift Music all through the night.	8.00 Wild Rescues Tales of people and animals saving each other. 8.30 Wild Rescues More incredible tales of rescues. 9.00 Crocodile Hunter <i>Sleeping with Crocodiles</i> 9.30 Crocodile Hunter With Steve and Terri Irwin. 10.00 Hunters A programme that examines closely the role that predators play in the natural world, both on land and in the sea. 11.00 Emergency Vets Witness vets in action. 11.30-12midnight Emergency Vets More vets in practice.	8.00 Sunset Beach It is the day of Annie's memorial service and temperatures are running very high. 8.50 Chart Choice 9.00 Metropolis Charlotte tells Sophie of Milton's proposal. 9.30 The Planet's Funniest Animals Video clips of pets. 10.00 Coronation Street Tonight's episode. Text 10.30 Emmerdale Another chance to see tonight's episode. Text 11.00 The Jerry Springer Show More outrageous revelations and confrontations. 11.50 The Late Show with David Letterman Chat show with host and humorist David Letterman and celebrity guests. 12.40am Freaky Stories Ghoulish animation. 12.50 The Extremists 1.20-1.50am Feature	8.00 Sunset Beach It is the day of Annie's memorial service and temperatures are running very high. 8.50 Chart Choice 9.00 Metropolis Charlotte tells Sophie of Milton's proposal. 9.30 The Planet's Funniest Animals Video clips of pets. 10.00 Coronation Street Tonight's episode. Text 10.30 Emmerdale Another chance to see tonight's episode. Text 11.00 The Jerry Springer Show More outrageous revelations and confrontations. 11.50 The Late Show with David Letterman Chat show with host and humorist David Letterman and celebrity guests. 12.40am Freaky Stories Ghoulish animation. 12.50 The Extremists 1.20-1.50am Feature	8.00 Animal Hospital More action from RSPCA Harmsworth Hospital. 8.30 What Went Wrong? Disaster programme. 9.00 The Cruise <i>Lights, Camera, Action!</i> 9.35 Castaway 2000 Continuing the series which follows an experimental community founded on a remote Scottish island. 10.35 A Life of Grime The work of environmental health officers in London. 11.05 Top Gear Special 11.35 Paddington Green 12.05am-1.00am The Dome - Trouble at the Big Top	7.00pm South African Wildlife This programme asks whether man can save 20 threatened species from habitat loss and poaching. 8.00 Adventures in Time This series demonstrates how exploration has helped man to understand the evolution of the world. 9.00 World of Risk A profile of award-winning photographer Ron Haviv and what it takes to survive in some of the most dangerous war zones. 10.00 Mountains of Fire A profile of two volcanologists who captured close-up views of active volcanoes. 11.00 The Secret Underworld An exploration of the Molecule cave in Romania which, was discovered in 1996. 12midnight-1.00am Treasures from the Past Take an in-depth look at such treasures as a classic car, a vintage aircraft, a carousel, a Tsarist palace and a tall ship, as well as meeting the dedicated people who lovingly restore these items.	8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00 PM NIGHT TIME
CHALLENGE TV MUSIC & GAMES PACK	CABLE CHECK Some of the channels listed may not be available in your area	DISCOVERY HOME & LEISURE WORLD PACK	RAPTURE BONUS CHANNEL	LOCAL CHANNEL ACCESS PACK	LOCAL CHANNEL ACCESS PACK	12.00 PM 1.00 PM 2.00 PM 3.00 PM 4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00 PM
5.00pm Cross Wits 5.30 Sale of the Century 6.00 Family Fortunes 6.30 100% 7.00 Stars in Their Eyes 7.30 Beadle's About 8.00 Gladiators Muscle-bashing challenges between super-fit members of the public and the legendary Gladiators. 9.00 Whittle 9.30 Strike it Lucky 10.00 Sale of the Century	10.30 Family Fortunes 11.00 Stars in Their Eyes 11.30 Endurance II 12midnight Beadle's About 12.30am Gladiators 1.30 The Cooler 2.00 Karaoke Challenge Hosted by Mike Read. 2.30 3-2-1 With Ted Rogers. 3.30 The Krypton Factor 4.00 Say the Word 4.30-5.00am Whittle	6.00am The Joy of Painting 6.30 Dig it with Den 7.00 The Great Gardening Plot 7.30 Doing it Up 8.00 How to with B & Q 8.05 The House Doctor 8.35 Our House Down Under 9.05 The Joy of Painting 9.35 Dig it with Den 10.05 How to with B & Q 10.10 The Great Gardening Plot 10.40 Two's Country 11.10 Model Magic 11.40 Home Savvy	12.10pm How to with B & Q 12.15 Hometown 12.45 This Old House 1.15 Home Again with Bob Vila 1.45 Wood Wizard 2.15 How to with B & Q 2.20 The New Yankee Workshop 2.50 Kingsbury Square 3.20 Rex Hunt Fishing Adventures 3.50-4.00am How to with B & Q	10.00am Mountain Bikes 10.30 Fearless 11.00 Freesport Special 11.30 Byte Me 12noon Film 1.00pm World Wind Surf 1.30 Fearless 2.00 Chilli Factor 2.30 Adrenalize 3.00 High Adrenaline Action 3.30 Byte Me 4.00 Mountain Bikes 4.30 Fearless 5.00 Freesport Special 5.30 Byte Me 6.00 Film	6.00pm LLTV - Local Life A daily magazine programme featuring local news, events and lifestyle features. 6.30 What's On TV 7.00 LLTV - Local Life 7.30 YCTV Programmes made by the stars of tomorrow featuring the stars of today. 8.00 Student Showcase 8.30 What's On TV 9.00-9.30pm LLTV - Local Life	1.00 PM 2.00 PM 3.00 PM 4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00 PM

Wednesday 9 August

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME

CARTOON NETWORK FAMILY PACK

5.00am Flying Rhino Junior High
6.00 Fat Dog Mendoza
7.00 Tom and Jerry
8.00 Dexter's Laboratory
9.00 Angela Anaconda
10.00 The Powerpuff Girls
11.00 Dragonball Z
12noon Ed, Edd 'n' Eddy
12.30pm Looney Tunes
1.00 Ed, Edd 'n' Eddy
1.30 Cow and Chicken
2.00 Ed, Edd 'n' Eddy
2.30 Mike, Lu and Og

3.00 Ed, Edd 'n' Eddy
Namesake nonsense.

3.30 Dexter's Laboratory
Chemical chaos with the bedroom professor.

4.00 Ed, Edd 'n' Eddy
Namesake nonsense with the three friends.

4.30 The Powerpuff Girls
More trouble in Townsville.

5.00 Ed, Edd 'n' Eddy
More jawbreaker quests from the three friends.

5.30 Pinky and the Brain
Rodent comedy.

6.00 Tom and Jerry
Madcap antics with the sparring cat and mouse.

6.30 The Flintstones
Prehistoric men behaving badly in Bedrock.

7.00 Scooby-Doo
7.30 Looney Tunes
Classic capers from some top cartoon characters.

8.00 Angela Anaconda
8.30-9.00pm Courage the Cowardly Dog

TCM FAMILY PACK

9.00pm Butterfield 8
Elizabeth Taylor
Melodrama. A high-class prostitute stumbles across what she thinks is her ideal man while working in the hotels of New York.

Widescreen 1960
The Carey Treatment
James Coburn, Pat Hingle
Medical drama in which a pathologist sets out to clear a colleague arrested after an illegal abortion he performed goes tragically wrong. 1972

CARTOON NETWORK:
1.00am The Moomins 1.30 The Magic Roundabout
2.00 Tabaluga 2.30 Blinky Bill 3.00 The Tidings
3.30 The Fruitties
4.00 The Moomins
4.30-5.00am The Magic Roundabout

THE HISTORY CHANNEL WORLD PACK

12noon The Mysterious Howard Hughes
12.55pm Photos for the Future II
1.00 Crown and Country
1.30 Gardens of the Millennium
2.00 The Nixon Resignation
2.55 A Small Piece of History
3.00 World War I
The Trenches
3.30 I, Witness from Bomb to Beatie
4.00 Artillery

5.00 Tales of the Gun
6.00 The Mysteries of Amelia Earhart
6.55 Photos for the Future II
7.00 Crown and Country
7.30pm Gardens of the Millennium
8.00 Biography
Richard Nixon
8.55 A Small Piece of History
9.00 Great Crimes and Trials
The Ghandi Assassination
9.30-10.00pm Great Crimes and Trials

TV TRAVEL SHOP BONUS CHANNEL

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SHOP! LIFESTYLE/ SELECTION PACKS

6.00am Shop! Selection
7.00 Home Shop!
8.00 Entertainment Shop!
Round-up of the best in hi-fi equipment around.
9.00 Jewellery Shop!
10.00 Sports Shop!
11.00 Home Shop!
12noon Shop! Outlet
1.00pm Shop! Special
2.00 Shop! Selection
Round-up of the best-sellers.
3.00 Entertainment Shop!
4.00 Kitchen Shop!
Cookery essentials.
5.00 Shop! Preview
6.00 Shop! Selection
7.00-7.30pm Home Shop!
Focus on sewing machines.

3.00 Princess Starla and the Jewel Riders
3.20 *Sailor Moon*
Cult Japanese cartoon.
3.45 Mighty Morphin' Power Rangers
The original series returns.
4.05 Mighty Morphin' Power Rangers
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4.30 Digimon
4.50 Masked Rider
The adventures of a teenage alien superhero.
5.15 Monster Rancher
5.35 Biker Mice from Mars
Rock'n'roll rodents.
6.00 The New Addams Family
6.25 Casper
6.35-7.00pm Goosebumps

PARAMOUNT COMEDY CHANNEL FAMILY PACK

7.00pm Grace Under Fire
7.30 King Of Queens
Fixer Upper
8.00 Ellen
The Pregnancy Test
8.30 Just Shoot Me
Steamed
Jack want to build a new steam room.
9.00 Married... With Children
Born to Walk
Kelly gets her licence.
9.30 Spin City
Pilot
10.00 Frasier
Good Grief
The shrink goes into denial after being fired.
10.30 Harry Hill
Surreal comedy.
11.00 Jack Dee
Stand-up comedy.
11.30 Cheers
Sam Time Next Year
Sam gets laid up with a back problem.
12midnight Roseanne
12.30am Clive Anderson
Talks Back 1.10 NewsRadio
1.35 Whose Line Is It Anyway? 2.05 Hitz
2.30 Encore! Encore!
3.00 It's Garry Shandling's Show
3.30-4.00am Abbott and Costello

NICKELODEON FAMILY PACK

7.00am Transylvania Pet Shop
7.30 Transylvania Pet Shop 8.00
Ren and Stimpy 8.30 Ren and Stimpy 9.00
Kenan and Kel 9.30 Kenan and Kel 10.00
Sister 10.30 Sister 11.00
Cousin Skeeter 11.30
Cousin Skeeter 12.00
Rugrats 12.30pm
Rugrats 1.00
The Wild Thornberrys 1.30
The Wild Thornberrys 2.00
The Wild Thornberrys 2.30
The Wild Thornberrys

3.00 The Wild Thornberrys
Jungle adventures.

3.30 The Wild Thornberrys
More jungle fun.

4.00 Kenan and Kel
The adventures of two funky friends.

4.30 Kenan and Kel
Starring Kenan Thompson and Kel Mitchell.

5.00 Sabrina the Teenage Witch
5.30 Sabrina the Teenage Witch

6.00 Are You Afraid of the Dark?
6.30-7.00pm Are You Afraid of the Dark?

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FOX KIDS FAMILY PACK

6.00am Oggy 6.10 Bad Dog 6.30
Bobby's World 6.55 Jim Button
7.15 Walter Melon 7.40 Inspector
Gadget 8.00 Oggy 8.10 Biker Mice
8.30 Dennis and Gnasher 8.55
Sailor Moon 9.15 Sailor Moon 9.40
Digimon 9.50 Power Rangers
10.20 Monster Rancher 10.45
Masked Rider 11.05 X-Men 11.30
Spy Dogs 11.50 Ace Ventura
12.15pm Walter Melon 12.35
Inspector Gadget 1.00 Woody
1.10 Casper 1.30 Donkey Kong
Country 1.55 Dennis and Gnasher
2.20 Louie 2.40 Princess Sissi

3.00 Princess Starla and the Jewel Riders
3.20 *Sailor Moon*
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NEWS AND INTERNATIONAL

BBC NEWS 24 NEWS & SPORT/ ACCESS PACKS

6.00am News 7.00 News
8.00 News 9.00 News 9.30
World News 10.00 News
11.00 News 12noon News
1.00pm News 2.00 News
3.00 News 4.00 News 5.00
News 6.00 News 7.00
News 7.30 Sportsday 8.00
News 9.00 News 9.30
HARDtalk 10.00 News
11.00 News 11.30 World
Business Report
12midnight News 1.00am
News 2.00 News 2.30
World Business Report
3.00 News 3.30 HARDtalk
4.00 News 4.45 Asia Today
5.00-6.00am News

CNN INTERNATIONAL NEWS & SPORT PACK

News throughout the day, plus:
5.00am This Morning 5.30
World Business 6.00 This
Morning 6.30 World Business
7.00 This Morning 7.30 World
Business 8.00 This Morning
8.30 Sport 9.00 Larry King
10.30 Sport 11.30 Biz Asia
12.30pm World Beat 1.15 Asian
Edition 1.30 World Report 2.30
Showbiz 3.00 Business Unusual
3.30 Sport 4.30 Style 5.00 Larry
King Live 7.30 World Business
Today 8.30 Q&A 9.30 Insight
10.00 World Business Today
10.30 Sport 11.00 WorldView
11.30 Moneyline 12.30am
Showbiz 1.00 This Morning
1.15 Asia Business
2.00 Larry King
4.30-5.00am
American Edition

SKY NEWS NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus:
6.00am Sunrise 10.30 Sky
World News 11.30 Money
12noon Sky News Today
2.30pm Your Call 3.00 Sky
News Today 4.30 Sky
World News 5.00 Live at
Five 8.30 Sky Business
Report 9.30 The Book
Show 10.00 Sky News at
Ten 10.30 Sportsline
12.30am CBS Evening
News 1.30 Your Call
2.30 Sky Business Report
3.30 Technoflextra
4.30 Fashion TV
5.30-6.00am
CBS Evening News

INTERNATIONAL

TV5 5.00am Journal 5.15
Journal des Journaux 5.30
Télématin et le Journal du
Temps 7.00 Journal 7.30
Magellan 8.00 Infos 8.05
Zig Zag Café 9.00 Journal
Télévisé 9.15 Police
Judiciare 11.00 Infos 11.05
100% Questions 11.30
Journal 12noon Infos
12.05pm Temps Présent
1.00 Journal Télévisé 1.15
Police Judiciare 3.00
Journal Télévisé 3.15
Questions 3.30 Grands
Gourmands 4.00 Infos 4.05
Pyramide 4.30 Questions
pour un Champion 5.00
Journal Télévisé 5.15
Police Judiciare 7.00
Journal Télévisé 7.30
Journal Télévisé et le
Journal du Temps 8.00
Infos 8.05 Pulsations 9.00
Journal Télévisé 9.15 Le
Cri Coupé 11.00 Journal
11.30-12midnight Soir 3

ASIANET ADD-ON CHANNEL CABLE EXCLUSIVE

7.30am DD News 8.00 DD
Programmes 9.00 FILM
11.30 News 12noon Non
Stop Hungama 12.30pm
Suzhal 1.00 Sansar 1.30
FILM 4.00 Inspector Vijay
4.30 Kakaji Kahen 5.00 Is
Hafte Ki Kahani 5.30 Eik
Raat 6.30 Asianet Aur Aap
7.15 Sansar 7.40 News 8.00
Aarzoo 8.30 FILM 11.30
News 12midnight MTV
Fresh 12.30am Asianet Aur
Aap 1.15 FILM 4.00 Aainey
5.00 Sansar 5.30 Nashaib
6.00 Inspector Vijay
6.30 DD News
7.00-7.30am
Satsang Sudha

ZEE TV ADD-ON CHANNEL

6.00am Out and About
6.30 Bhakti Songs
7.00 Faith: Christianity
7.30 Daily News
8.00 Gufgufgu 8.30 Kartavya
9.00 Rishrey the Love Stories
10.00 Ibbat
11.00 Khoosurat
11.30 Aangan 12noon FILM
3.00pm Yeh Hain Mere Apne
3.30 Footloose 4.00 Kartavya
4.30 Alvda Darling
5.00 Muskan 5.30 Aangan
6.00 Sa Re Ga Ma
7.00 Lakeerein 7.30 Saath
Saath 8.00 News Bulletin
8.30 Amanat 9.00 Tum Hi to
Ho 10.00 Thriller at 10
10.30 Nagin 11.00 Agni
Chakri 11.30 Making of a
Legend 12midnight Punjabi
News 12.30am FILM
3.30 Hum Paanch
4.00 Daraar 4.30 Campus
5.00 Filmi Deewane
5.30-6.00am Hit Thi Hit Hai

CHRISTIAN CHANNEL EUROPE WORLD PACK

5.00am CMTV 5.30 Gospel
Truth - Andrew Wommack
6.00 Life is for Living 6.30
Changing Your World 7.00
Believers' Voice of Victory
7.30 This is Your Day 8.00
CMTV 8.20 Thought for the
Day 8.30 Life in the Word
9.00 Winning in Life 9.30
Winning Ways - Matthew
Ashimolowo 10.00
Deciding your Destiny
10.30-11.00am
700 Club Replay

BLOOMBERG WORLD PACK

2.00am Asian Market
Report 2.45 Focus on
Eastern Europe 3.45
Kvanagh's Picks 5.05-
6.00am Tokyo Live

BBC PARLIAMENT NEWS & SPORT PACK

Parliament is in recess.

PowerCable kids

COMPILED by
PHILIPPA PROBERT

Mission: Scooby-Dooable

Your mission, should you choose to accept it, is to tune in to a week-long marathon of *Scooby-Doo* capers on Cartoon Network! Every episode of *Scooby-Doo*, and some of the *Scooby* movies, will feature. To prepare all you doting *Doo* fanatics for your daring quest, first check out some spooky *Scooby* facts about the ghost-busting hound ...

 Scooby-Doo, undoubtedly one of the most famous cartoon canines ever, has been around for more than 30 years, first appearing in America in 1969.

 The series, originally called *Who's Scared*, was to be about four teen detectives who solved mysteries, accompanied by a Great Dane. But the artwork was considered too frightening and the idea was rejected.

 Singer Frank Sinatra can be thanked for the name Scooby-Doo after TV mogul Fred Silverman heard the phrase 'scooby-dooby-doo' in Sinatra's classic

Strangers in the Night. The character of the dog became the cartoon's lead, and the rest, as they say, is hound history!

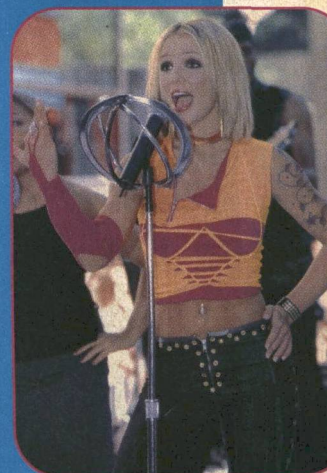
 The voice of Scooby-Doo, the late Don Messick, summed up why he thought the show had remained so popular: 'Scooby is not the perfect dog, in fact you might say he's a coward. Yet with everything he does, he seems to land on his four feet!'



Scooby-Doo Marathon
Cartoon Network
Monday 14th-Friday
18th, 8.00am-8.00pm

Teen queen of pop!

SHE'S a mega celebrity with chart success around the globe and scores of fans to boot – she's so famous that fans in her home town are even planning to open a museum dedicated to her! Britney Spears made her screen debut aged 11 on Disney Channel's *The Mickey Mouse Club*, so it's only fitting that a special concert should be filmed at Walt Disney World in Florida. This premiere on Disney Channel sees Britney perform alongside ex-New Kid on the Block Joey McIntyre, and includes fascinating new interview footage of the singing sensation!



Britney Spears in Concert,
Disney Channel, Sunday 13th, 11.00am

Get dunked, drenched and splattered!

Nickelodeon's *Red Hot Lobster Tour* is coming to a town near you this month ...

Friday 4th Southsea, Hampshire
Sunday 6th Birmingham
Saturday 12th and Sunday 13th Mansfield
Saturday 19th Greater Manchester
Sunday 20th Wirral
Monday 21st and Tuesday 22nd Co Kerry
Sunday 27th Sheffield
Tuesday 29th Ballycastle, Northern Ireland
and in September ...
Saturday 2nd and Sunday 3rd Bristol
Saturday 9th Hull

Find out more on the web at:

www.redhotlobster.co.uk

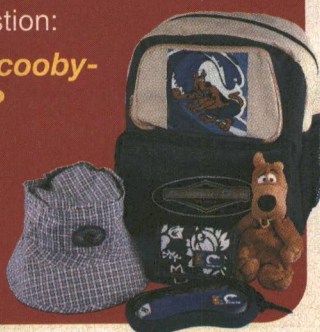
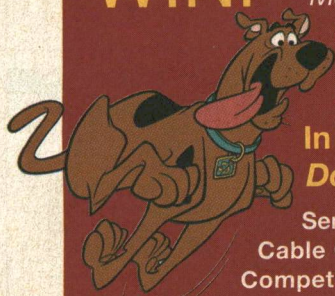
WIN!

To celebrate Cartoon Network's *Scooby-Doo* Marathon, we have ten Doo-lightful prize packages for you to get your paws on! To be in with the chance to win one, just answer this question:

In which year was *Scooby-Doo* first broadcast?

Send your answer to:
Cable Guide/Scooby-Doo
Competition, PO BOX 2176,
London W1A 5TW

The first ten correct entries drawn will win. Closing date 31 August 2000. Full competition rules on page 216



PHOTOS: DAVID ATLAS/REINA, CARTOON NETWORK, NICKELODEON

SKY PREMIER PREMIUM CHANNEL

SKY MOVIE MAX PREMIUM CHANNEL

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

SKY CINEMA PREMIUM CHANNEL

FRONT ROW



He thinks it's all over: Max Beesley lives and breathes football in 'The Match'. Front Row, see below

FILMFOUR ADD-ON CHANNEL

Create your own
personal TV diary:
www.cableguide.co.uk

CARLTON CINEMA LIFESTYLE PACK

6.00pm Ghostbusters

Bill Murray, Dan Aykroyd, Sigourney Weaver
Three discredited scientists get thrown out of their jobs and go into business, dealing with paranormal events. One of their jobs leads them to discover a gateway to another dimension which could destroy the city and so they have to work out a way of closing it. 1984, 101 mins

8.00 Les Diaboliques

Simone Signoret, Véra Clouzot, Paul Meurisse, Charles Vanel
Creepy classic French horror. The wife and mistress of a school headmaster kill their lover and dump his body in the school swimming pool. But his body disappears and the pair are plagued by reported sightings of the supposedly deceased man. 1955, 111 mins

10.00 Lost Highway

Bill Pullman, Patricia Arquette, Balthazar Getty
A saxophonist is accused of murdering his wife, but when he reaches Death Row, he mysteriously morphs into another man. When the other man is released, the two men's lives intersect in a surreal, disturbing web of intrigue, orchestrated by a gangster. 1997, 129 mins

12.15am Pretty as a Picture

A profile of director David Lynch, following the screening of *Lost Highway*. 1.15 Shine

3.00 Shoot the Pianist

Film noir. 1960, 78 mins

4.25-6.00am Jour de Fête

Comedy. 1949, 77 mins

7.00pm All I Desire

Barbara Stanwyck, Richard Carlson, Lyle Bettger
Ormate drama that begins in 1900. An itinerant actress returns to her home town a decade after her divorce to watch her daughter in her high school play and decides to reform and get acquainted with her. But it isn't that easy, as her reputation is hard to shake. 1953, 79 mins

9.00 Family Rescue

George C Scott, Rachel Leigh Cook, Dom Diamont
Taut family drama. A tough grandfather, at the end of his tether, is forced to protect his granddaughter from the brutal man who raped her. He has to resort to some very dramatic measures to keep her safe from the man who brutalised her. 1995, 89 mins

11.00 Knightriders

Ed Harris, Gary Lahti, Tom Savini, Amy Ingersoll
Action. Drama about a group of bikers who dress up as knights and joust around the country, taking the Arthurian legends and realising them in a modern setting. 1981, 145 mins

1.15am Grandview USA

Drama. 1984, 97 mins

3.00 Go Tell the Spartans

War drama. Text 1978, 92 mins

5.00-7.00am Macao

Adventure. 1952, 80 mins

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME

6.00am Love After Death
1998, rating Sky U, 87 mins
8.00 Arthur's Quest
1998, rating Sky U, 84 mins
9.30 'Stuart Little' Making it Big
10.00 Prince Valiant
Text 1998, rating Sky PG, 88 mins
12noon Jungle Boy
Adventure movie. 1993, rating Sky PG, 85 mins
2.00pm Fools Rush In
Matthew Perry, Salma Hayek
Romantic comedy. A yuppie travels to Las Vegas to build a nightclub for his company. But a night of passion with a fiery Latino woman results in her getting pregnant - and the pair having to get married. Text 1997, rating Sky PG, DS, 105 mins

4.00 Arthur's Quest
Arye Gross, Alexandra Paul
Fantasy adventure. The child King Arthur is transported by Merlin to modern-day America to escape an evil sorceress. A decade later, Merlin returns to take him back to Camelot, but Arthur has become a typical teen. 1998, rating Sky U, 84 mins
5.30 'Stuart Little' Making it Big

6.00 Prince Valiant
Stephen Moyer, Edward Fox
Arthurian adventure. A young squire masquerades as a knight and convinces King Arthur to send him on a dangerous but exciting mission after the Vikings steal the legendary sword Excalibur. Text 1998, rating Sky PG, 88 mins

7.30 Barry Norman Interview

8.00 Ronin
Robert De Niro, Jean Reno
Thriller. A team of international special agents is hired to carry out a mysterious mission: to steal a heavily guarded briefcase, the contents of which will remain top secret. The team quickly learns that some of them will die for the mission - but all are willing to kill to succeed. 1998, rating Sky 15, 116 mins

10.00 Mad City
John Travolta, Dustin Hoffman
Drama. A museum guard resorts to taking weapons to work in order 'to get attention' from his boss. This results in a hostage situation with him as the unwilling captor and, among those captured, a newsman, who turns it to his own advantage. Text 1997, rating Sky 12, 110 mins

12midnight Earthly Possessions
Comedy drama. Text 1999, rating Sky 15, DS, 99 mins

1.45am Polish Wedding
Comedy. Text 1998, rating Sky 15, DS, 101 mins

3.30 Bliss

Text 1997, rating Sky 18, 99 mins

5.15-6.00am Femmes Fatales: Uma Thurman

4.00 Danielle Steel's Heartbeat
John Ritter, Polly Draper, Nancy Morgan, Kevin Kilner
Touching romantic drama, based on Danielle Steel's book of the same name, about how love can be found where and when you least expect it. A lonely television writer falls in love with a pregnant woman. 1992, rating Sky PG, 88 mins

6.00 Southern Heart
Peter DeLuise, Emily Carpenter, Jamie Hendrix Collins
Romantic drama. The head of a New York-based coal mining company must oversee the development of a new mine. But when he travels to the small town that's affected, he is struck by the beauty of the landscape and is forced to make a decision. 1998, rating Sky U, DS, 91 mins

8.00 A Lady in Question
Gene Wilder, Mike Starr, Cherry Jones, Barbara Sukowa
PREMIERE Mystery thriller. Set in the United States in 1938, a theatre director and amateur sleuth teams up with a professional detective and they set out to find the killer of a pro-Jewish activist. 1999, rating Sky PG, 94 mins

9.40 Green Monkey

10.00 Exiled
Christopher Noth, Dabney Coleman, Ice T
Crime drama. A former homicide detective is exiled after an assault. But he soon senses that he has an ideal opportunity to earn back his old position. 1998, rating Sky 15, 84 mins

11.30 Hard to Kill
Steven Seagal, Kelly LeBrock
An LA cop and his family are left for dead by a vicious drug gang. 1990, rating Sky 18, 92 mins

1.05am Bad to the Bone

1997, rating Sky 12, 86 mins

2.35 Friday the 13th

Cult horror movie. 1980, rating Sky 18, 91 mins

4.10-6.00am Finding Kelly

1998, rating Sky PG, 84 mins

4.00pm Swiss Miss
Stan Laurel, Oliver Hardy, Eric Blore, Della Lind
Vintage comedy. Comic mayhem in Switzerland with a pair of touring mousetrap salesmen. 1938, rating Sky U, 71 mins

5.15 Block-Heads

Stan Laurel, Oliver Hardy
Vintage comedy. A soldier is found to be still guarding a French trench some 20 years after the end of World War I. 1938, rating Sky U, 56 mins

6.30 Undertow

Scott Brady, John Russell, Dorothy Hart, Peggy Dow
Powerful drama. A former GI must prove himself innocent of murder when his girlfriend's uncle is slain and he, therefore, enlists the help of a policeman friend to clear his name. 1949, rating Sky PG, 68 mins

8.00 The Fabulous Baker Boys

Jeff Bridges, Beau Bridges, Michelle Pfeiffer
Adult drama. The eponymous duo are a long-standing piano-playing lounge act who are moderately well-known but choose to hire a beautiful and independent ex-escort girl to rejuvenate their performance. 1989, rating Sky 15, 109 mins

10.00 Slaves of New York

Bernadette Peters, Chris Sarandon, Steve Buscemi
Drama based upon Tama Janowitz's cult book looking at the lives, loves and aspirations of some of the struggling artists in New York's creative community. The film centres on a couple who spend much of their time fighting and waiting for a break. 1989, rating Sky 15, DS, 120 mins

12.05am Taffin

Pierce Brosnan, Ray McAnally
Drama in which a debt collector in a small Irish town becomes a local hero. 1987, rating Sky 15, 92 mins

1.45 The Fabulous Baker Boys

1989, rating Sky 15, 109 mins

3.40 That Certain Feeling

1956, rating Sky U, 99 mins

5.25-6.00am Elizabeth Taylor

Channel 51 Matinee

MY FAVOURITE MARTIAN

Rating PG, 90 mins
Comedy. A martian crash-lands his spaceship on Earth and is pursued by an ambitious, Pulitzer Prize-winning reporter. Stars Jeff Daniels, Elizabeth Hurley and Christopher Lloyd.
T/C: Comedy, sci-fi fantasy.
BL: Infrequent, mild.
S/N: Once, mild, comic nudity.
V: Infrequent, mild horror.
7.30am, 9.30am, 11.30am, 1.30pm

Channel 51 Evening

NOTTING HILL

Rating 15, 119 mins
Romantic comedy. The world's most famous movie actress falls for a struggling and rather shy bookseller who lives in West London. Stars Hugh Grant and Julia Roberts.
T/C: Romantic comedy.
BL: Infrequent, strong.
S/N: Some comic references.
V: None.
3.30pm, 5.45pm, 8.00pm, 10.15pm, 12.30am, 2.45am

Channel 52

THE MATCH

Rating 15, 93 mins
Romantic comedy. A traditional village pub faces closure if it loses a football match against its modern rival. Stars Max Beesley and Laura Fraser.
T/C: Comedy, drama, football.
BL: Some, strong.
S/N: Some, strong comic references.
V: Infrequent, mild.
6.30pm, 8.30pm, 10.30pm, 12.30am, 2.30am

Channel 53

10 THINGS I HATE ABOUT YOU

Rating 12, 94 mins
Teen comedy, derived from Shakespeare's *The Taming of the Shrew*, about two very different sisters and their romantic trials and tribulations. Stars Larisa Oleynik and Julia Stiles.
T/C: Teen romance.
BL: Occasional, moderate.
S/N: Some mild references.
V: Once, mild.
7.00pm, 9.00pm, 11.00pm, 1.00am, 3.00am

FRONT ROW

SCREENING WHEN YOU'RE
GOOD AND READY

WITH CABLE & WIRELESS

See channel 50 or your Front Row spread on pages 14, 15 for further details.

KEY TO FILM CONTENT

T/C: Theme/Content

BL: Bad Language

S/N: Sex/Nudity

V: Violence

SKY ONE ACTION/ SELECTION PACKS	UK GOLD LIFESTYLE/ SELECTION PACKS	LIVING LIFESTYLE PACK	GRANADA PLUS ACTION PACK	SUNSHINE CHANNEL ADD-ON/ PREMIUM CHANNEL
6.00am Long Play 7.30am Mega Babies 8.00 Godzilla 8.30 Mummies Alive 9.00 Pokémon 9.30 Pokémon 10.00 Pokémon 10.30 The Simpsons Text 11.00 World Wrestling Federation - Metal 12noon The New Adventures of Superman Text 1.00pm Dream Team Text 2.00 Mega Babies 2.30 Godzilla	6.00am Going Straight 6.40 Bread 7.15 The Good Life 7.50 Open All Hours 8.25 EastEnders 9.00 The Bill Text 9.30 The Bill Text 10.00 Bergerac 11.00 Knots Landing 11.55 Neighbours 12.25pm EastEnders 1.00 Ballykissangel 2.00 Knots Landing	6.00am Ready, Steady, Cook 6.30 Can't Cook, Won't Cook 7.00 Tiny Living 9.00 Brookside 9.30 Home and Away 10.00 The Jerry Springer Show 10.50 Forgive or Forget 11.40 Maury Povich 12.30pm Special Babies 1.00 Reality Slot 1.30 Judge Judy 2.00 Streetmate 2.30 Maury Povich Personal talk show.	6.00am Hawaii Five-0 7.00 Plus on Plus 7.30 Jokers Wild 8.00 Hogan's Heroes 8.30 George and Mildred 9.00 Classic Coronation Street Text 9.30 Second Thoughts 10.00 Mission: Impossible 11.00 Only When I Laugh 11.30 Batman 12noon Classic Coronation Street Text 12.30pm Second Thoughts 1.00 George and Mildred 1.30 Robin's Nest 2.00 Hawaii Five-0	4.30am Pooh 4.45 Music Time 4.50 Olie 5.00 Bear 5.25 Art Play 5.30 PB and J Otter 5.45 Bite Size 6.00 Toons 6.05 Circle Time 6.10 Olie 6.20 Spot 6.30 Out of the Box 7.00 Mickey Mouseworks 7.30 101 Dalmatians 8.00 Aladdin 8.30 Recess 9.00 Art Attack 9.35 Sabrina 10.00 FILM: Basil the Great Mouse Detective 1986 11.15 Recess 11.30 Miami 7 12noon Circus Kids 12.30pm Boy Meets World 1.00 FILM: The Phoenix and the Carpet 1997 2.35 Mickey Mouseworks
3.00 Mummies Alive The Prince and the Presley Scarab causes an explosion. 3.30 Pokémon A Way Off Day Off Ash and the gang explore. 4.00 Pokémon The Mandarin Island Miss Match Ash meets his match in Prima. 4.30 Pokémon Wherefore Art Thou, Pokémon The team become peacemakers. 5.00 Star Trek Popular sci-fi action series in which a space crew go out into unexplored space seeking new life and having many strange adventures along the way. Text 6.00 Veronica's Closet Veronica's Crushed Is Ronnie in love with Alec? Text 6.30 Friends The One with Rachel's Inadvertent Kiss 7.00 The Simpsons The Twisted World of Marge Simpson Text 7.30 The Simpsons Miracle on Evergreen Terrace Bart's lie is believed. Text 8.00 Popular Truth or Consequences Brooke and Sam's dislike of each other grows when they discover their parents have been sneaking around together. 9.00 Friends The One with the Ultimate Fighting Champion 9.30 ER Ground Zero/Fathers and Sons Nurse Hathaway's clinic receives financial support from Dr Carter's grandmother, Dr Ross suffers a family tragedy and, following a budget conference, Weaver makes a shocking decision. Starring Maria Bello as Dr Anna Del Amico and Alex Kingston as Dr Elizabeth Corday. 11.30 Friends The One with Rachel's Inadvertent Kiss Rachel kisses her boss. Text 12.midnight Star Trek 1.00am LAPD 1.30 LAPD 2.00 In the Heat of the Night 2.50 In the Heat of the Night 3.40 In the Heat of the Night 4.30 In the Heat of the Night 5.20 The Newlywed Game 5.40-6.00am The Newlywed Game	3.00 The Bill Alternative Therapies Text 3.30 The Bill Foxed Daly and Carver investigate a burglary in an antique shop. Text 4.00 EastEnders Geoff kindly gives Pat some personal tutoring. Text 4.35 Neighbours The reconciliation between Brad and Beth is accidentally ruined. 5.00 Going Straight Going-Going-Gone More post-prison antics. 5.40 Bread A special edition featuring Paul and Linda McCartney. Text 6.20 The Brittas Empire Wake up the Lion Within Brittas returns from a course in Miami that teaches executives how to release their latent inner power by roaring like a lion. 7.00 The Good Life The Pagan Rite Jerry and Margo try to bring the Goods to their senses. 7.40 Birds of a Feather Shift Sharon is enjoying her new life in Tracey's home while Tracey is having money troubles. Text 8.20 Open All Hours Sitcom about a miserly shopkeeper and his nephew. 9.00 The Royle Family The Royles have a quiet night in front of the telly. 9.40 Men Behaving Badly Jealousy A cramped weekend away in a small caravan has the potential for disaster. 10.20 Absolutely Fabulous Sex Edina decides that her bedroom isn't big enough. Text 11.00 Gimme Gimme Gimme Stiff There's a corpse in the flat. Text 11.40 The Bill Alternative Therapies Text 12.15am The Bill Text 12.45 Live at Jongleurs 1.20 The Royle Family 2.00 Men Behaving Badly 2.35 Monty Python's Flying Circus 3.10 EastEnders Text 3.45 Dangerfield 4.40 Dynasty 5.30-6.00am Angels	3.20 Party of Five Kiss Me Kate Charlie makes a desperate attempt to get a job for some money. Stars Matthew Fox, Scott Wolf and Neve Campbell. 4.10 Mystic Challenge Paul Ross presents a game show that tests psychics. 4.40 Forgive or Forget Host Mother Love deals with resolving real problems for people in various situations. 5.30 Ready, Steady, Cook Fern Britton hosts the cookery show in which two top chefs compete against the clock. 6.10 The Jerry Springer Show Outrageous American talk show in which Jerry Springer and his guests engage in lively – and sometimes heated – discussion. 7.00 Judge Judy A New York judge presides over a series of real-life cases. 7.30 Streetmate Davina McCall endeavours to find single people dates. 8.00 Charmed Drama series about three sisters who find they have inherited their grandmother's powers of witchcraft. Stars Shannen Doherty and Alyssa Milano. 9.00 FILM: Punchline Sally Field, Tom Hanks, John Goodman, Mark Rydell Two aspiring comics, one a brash youngster, the other a housewife, put themselves through a gruelling apprenticeship at a comedy club in order to set themselves on the road to stand-up stardom. 1988 10.50 Secret Suburbia A look at some seemingly ordinary suburban residents and their extraordinary lives. 11.20-12midnight Eden Adult drama series.	3.00 Mission: Impossible Death Squad Phelps leads the IMF team to help one of their own when Barney is arrested. With Peter Graves and Barbara Bain. 4.00 The Sweeney Jackpot A tip off enables Detective Inspector Regan to intercept a security van heist. With John Thaw and Dennis Waterman. 5.00 Hart to Hart Murder in Paradise Adventure-seeking husband and wife action series with exotic locations. Starring Robert Wagner and Stefanie Powers. 6.00 Bullseye Darts quiz show. 6.30 Classic Coronation Street The social worker tackles the Barlows about Susan. Text 7.00 Batman Rats Like Cheese Batman takes on Mr Freeze. 7.30 Robin's Nest Be it Ever so Humble Albert resigns from the Bistro. 8.00 Boon All in a Days Pork Boon uncovers a clever scheme to import pornographic material. With Michael Elphick, David Daker and Neil Morrissey. 9.00 The Sweeney Thin Ice Regan gets Bishop, a top crook, back into the country by using the dog he loves as an incentive. 10.00-11.00pm Taggart Dead Ringer – Part I	4.30am Pooh 4.45 Music Time 4.50 Olie 5.00 Bear 5.25 Art Play 5.30 PB and J Otter 5.45 Bite Size 6.00 Toons 6.05 Circle Time 6.10 Olie 6.20 Spot 6.30 Out of the Box 7.00 Mickey Mouseworks 7.30 101 Dalmatians 8.00 Aladdin 8.30 Recess 9.00 Art Attack 9.35 Sabrina 10.00 FILM: Basil the Great Mouse Detective 1986 11.15 Recess 11.30 Miami 7 12noon Circus Kids 12.30pm Boy Meets World 1.00 FILM: The Phoenix and the Carpet 1997 2.35 Mickey Mouseworks 3.00 101 Dalmatians Canine animation. 3.15 100 Deeds for Eddie McDowd 3.45 The Famous Jett Jackson Series about a former superstar. 4.15 Honey, I Shrunk the Kids: The TV Show Honey, We're Young at Heart The McGanns receive some youthful energy. Text 5.00 Recess Animated series about fourth grade kids. Text 5.30 Smart Guy A Little Knowledge TJ goes on a gameshow. Text 6.00 Teen Angel Living Doll Marty makes a doll come alive. 6.30 Home Improvement A Marked Man Mark is suspected of theft. 7.00 FILM: The New Adventures of Spin and Marty Judd Nelson, Charles Shaughnessy, Jeremy Foley. Two children befriend each other and begin to investigate suspicious people in their neighbourhood. 1999 8.30 Honey, I Shrunk the Kids: The TV Show Honey, Let's Trick-or-Treat Wayne ruins Halloween. 9.15 Flipper White Dolphin Cap is a new arrival to Bay Harbour who crashes his boat when he sees Flipper. Text 10.00 Home Improvement Comedy double bill. Text 11.00 Dr Quinn: Medicine Woman Text 11.50-12midnight Toons
			GRANADA MEN & MOTORS ACTION PACK 11.00pm Motor Week Magazine series that takes a look at the motoring industry. 11.30 Motorsport Mundial A behind-the-scenes look at multiple motorsport events. 12midnight Carfile Audi A6/Avant The Audi A6 and its rivals. 12.30am Kits 'n' Cruising Motoring magazine series focusing on specialist vehicles. 1.00 Motormanial! Why people are passionate about their machines. 1.30-2.00am The Big Bang	THE BOX MUSIC & GAMES PACK Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions. THURSDAY CONTINUES OVERLEAF...

MORNING

6.00 AM

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

NIGHT TIME

12.00

CABLE CHECK Some of the channels listed may not be available in your area

CABLE CHOICE

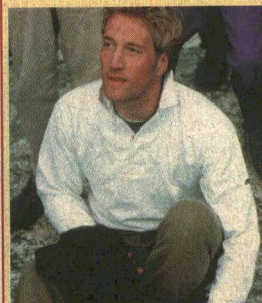
FILM

Seven Brides for Seven Brothers
TCM 11.00pm
 Widescreen presentation of the classic musical. Howard Keel stars as the eldest of seven hillbilly brothers who are on the lookout for brides. Subtlety is not their forte, but singing and dancing come as second nature as each of the good ole boys kidnaps himself a wife.

GENERAL

Crime Squad
UK Horizons 6.55pm
Sue Lawley and her intrepid panel of experts investigate crimes that really matter to the public in the first of this issue-based series. Today they turn their attention to the threat to personal safety posed by violent crimes such as rape, assault and muggings.

ADVERTISEMENT **UK HORIZONS**



CASTAWAY 2000
9.35PM
28 adults and eight children representing a cross-section of society volunteer for this social experiment on the island of Taransay. Amidst gale force winds and incomplete living quarters they face up to a year of survival in extreme conditions, but can the group survive each other?

Thursday 10 August

	EUROSPORT NEWS & SPORT/ SELECTION PACKS	SKY SPORTS 1 PREMIUM CHANNEL	SKY SPORTS 2 PREMIUM CHANNEL	SKY SPORTS 3 PREMIUM CHANNEL	SCI-FI ACTION PACK	MTV MUSIC & GAMES PACK
MORNING	6.00 AM 7.30am Sailing 8.00 Triathlon 8.30 Equestrianism 9.30 Xtreme Sports 10.30 Motorsports 11.30 Ski Jumping 1.00pm Equestrianism 2.00 Football The first leg of the third qualifying round of the Uefa Champions' League.	7.00am Sky Sports Centre 7.15 World Wrestling Federation - Superstars 8.15 Sky Sports Centre 8.30 Racing News 9.00 Aerobics Oz Style 9.30 Golf: Eurocard Challenge 10.30 Euro Tour Golf: Victor Chandler British Masters - LIVE 1.30pm Futbol Mundial 2.00 Trans World Sport	7.00am Aerobics 7.30 Sky Sports Centre 7.45 Racing News 8.15 Futbol Mundial 8.45 Sky Sports Centre 9.00 Football Special: How the Premiership Was Won - 92/93 Season 12noon Telegraph Action Sport 12.30pm Rugby League World 2.00 Football Special: How the Premiership Was Won - 92/93 Season A look back at the inaugural Premiership season.	10.00am X-Zone 2000 10.30 Interactive Cricket: Costcutter Under-15 World Challenge Final - LIVE Future stars from England, India, Pakistan and West Indies have competed in this tournament at Lords with just two nations left to battle for the trophy. 2.30pm Australian Rally Championships	8.00am Buck Rogers in the 25th Century 9.00 The Time Tunnel 10.00 Project UFO 11.00 The Incredible Hulk 12noon Babylon 5 1.00pm Highlander: The Raven A Matter of Time 2.00 Buck Rogers in the 25th Century Unchained Woman	6.00am Select MTV 8.00 MTV Hits 9.00 Bytesize MTV Small soundbites. 11.00 MTV Hits 12.30pm Daily Edition All the latest music news and gossip from Edith Bowman and Emma Ledden. 1.00 MTV Hits A roller coaster of uninterrupted music videos.
3.00 PM		3.00 Euro Tour Golf: Victor Chandler British Masters - LIVE Further live coverage from the Duke's course at Woburn as Montgomerie, Garcia, Langer and company compete in this world class contest.		3.00 Interactive Cricket: Costcutter Under-15 World Challenge Final - LIVE The action continues with coverage of the second session from the conclusion of the tournament at Lords.	3.00 Sightings A look at some extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences. 4.00 The Time Tunnel One Way to the Moon The travellers land in a spaceship bound for Mars, and put the trip in danger. 5.00 Project UFO The Believe It or Not Incident A student claims that aliens will take over unless the world is cleaned up.	3.00 Bytesize MTV Bizarre moments from different MTV stations around the world. 3.55 MTV's Pop Single of the Week 4.00 Select MTV Video jukebox. Call the special hotline, pick your video from the on-screen menu and let MTV do the rest.
4.00 PM	4.00 Sports Car Racing Sixth round of the FIA Sports Racing World Cup from Brno taking place in the Czech Republic.					
5.00 PM	5.00 Xtreme Sports More on the edge sports action, this time from the YOZ Ispo Summer Games in Munich.		5.00 World Wrestling Federation - Superstars More riveting, action-packed entertainment from the world of WWF.			
6.00 PM	6.00 Cycling The fourth and final stage of the Vuelta Ciclista a Burgos, from the Burgos region in Spain.	6.00 Sky Sports Centre The latest sports news. 6.30 FIFA TV An insight into all areas and levels of football.	6.00 X-Zone 2000 Three-pronged sporting action from Nottingham, as four teams take part. 6.30 Porsche Cup Manic motorsport action.	6.30 Inside the PGA Tour An insight into life behind the scenes on the Tour.	6.00 The Incredible Hulk Fast Lane Banner unknowingly hires a car that has been used to hide a mob's stash.	6.00 Bytesize MTV Bizarre moments from different MTV stations around the globe, in the form of short soundbites.
7.00 PM	7.00 Racing Line Action from the FIA GT Championship at the A1-Ring in Austria and the Porsche Supercup in Hockenheim, Germany.	7.00 Futbol Mundial All the action from the world game. 7.30 Elite Speedway League - LIVE Live rip-roaring race action focusing on another titanic clash. With its specialist ovals and pick of the Grand Prix riders, Britain's league is undoubtedly the best in the world. At the half-way point in the current season, Kings Lynn were at the top of the table, with Eastbourne and Coventry chasing hard on their heels.	7.00 Tight Lines Bruno Brookes hosts the show for fishing fanatics and offers advice to viewers phoning in with their questions.	7.00 Beach Soccer: Sega Beach Soccer	7.00 Highlander: The Raven A Matter of Time Amanda is warned of a deadly threat. Starring Elizabeth Gracen.	7.00 MTV Hits A roller coaster of uninterrupted music videos featuring the latest from the MTV play list.
8.00 PM	8.00 Football - LIVE The Uefa Cup is back this evening for the 2000-2001 season. Watch some of Europe's best clubs compete in the first leg of the qualifying round.		8.00 Gaelic Games Action from the last truly amateur sporting games.	8.00 Football Special: How the Premiership Was Won - 92/93 Season A look back at the inaugural Premiership season and the teams that made the headlines.	8.00 Babylon 5 Point of No Return Sheridan goes head to head with Nightwatch when martial law is imposed on the station.	8.00 MTV Dance Floor Chart Show MTV's dance music expert June Sarpong hits the clubs and counts down the tracks.
9.00 PM		10.00 Sky Sports Centre 10.15 FIFA TV Football magazine. 10.45 Australian Rally Championships Action from the event down under. 11.15 Porsche Cup Manic motorsport action. 11.45 Sky Sports Centre 12midnight Gaelic Games Action from one of the last truly amateur sporting festivals in the world. 1.00am Elite Speedway League 3.30-3.45am Sky Sports Centre	9.00 Ford Golf USA: Buick Open - LIVE Golfing coverage from the breathtaking fairways of Warwick Hills Golf & Country Club in Grand Blanc, Michigan, as this year's Buick Open swings into action. Last year, Tom Pernice Jr shot a final round of 65 to clinch an emotional victory, and his first PGA Tour title. 11.30 Euro Tour Golf: Victor Chandler British Masters Highlights of the first day's play. 1.30am X-Zone 2000 2.00 Tight Lines The fishing magazine show. 3.00 Ford Golf USA: Buick Open Today's action from the course in Michigan. 5.30-5.45am Sky Sports Centre	11.00-11.30pm Futbol Mundial	9.00 Babylon 5 Severed Dreams Earthforce sends destroyers to seize control of Babylon 5, but Sheridan rallies the crew. 10.00 FILM: The Clown at Midnight Christopher Plummer, James Duval, Tatyana Ali Renovating an old opera house, a group of students become trapped with a murderous clown intent on mayhem and they have to try to survive. 1998 11.40 Sci-Focus Special 12midnight Lexx The Beach 1.00am FILM: House II: The Second Story Fantasy horror. 1987 2.40 Sci-Focus Special 3.00-4.00am Babylon 5 Between the Darkness and the Light	9.00 Daily Edition Music and showbiz news. 9.30 FANatic The show that brings the stars face to face with their most ardent fans. 10.00 The Tom Green Show Anarchic comedy and variety show. 10.30 The Blame Game 11.00 MTV Dance Floor Chart Show MTV hits the clubs of the UK and links up with the sunny Balearics to bring you the latest tracks. 12midnight Partyzone Award-winning club culture show that takes an in-depth look at the dance scene. 1.00am-6.00am Night Videos A selection of music videos, charts and features to take you through the night.
10.00 PM	10.00 Boxing Another bout of top quality fighting.					
11.00 PM	11.00 Racing Line Motor racing action.					
12.00	12midnight-12.30am Superbike Magazine show.					

LIVE EURO TOUR GOLF: VICTOR CHANDLER BRITISH MASTERS SKY SPORTS 1 10.30AM

One of the best courses in the south of England - Woburn - is the venue for the £800,000 British Masters, which tees off today. Unlikely hero Bob May of America took the title last year from Colin Montgomerie's grasp to secure his first success as a professional. May is now back on the US PGA Tour, so a new winner is inevitable. Darren Clarke (pictured) of Northern Ireland, who has headed the Volvo Order of Merit this year, will be one of the favourites.



PLAYBOY TV/ ADULT CHANNEL ADD-ON CHANNEL

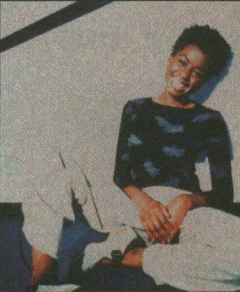
10.00pm Freeview 10.06
Amy Lynn Baxter 11.15
Rendezvous 12midnight
Freeview 12.10am
Banged Up 12.35 Fraulein
Debutantes 12.50 FILM: No
Man's Land 2.10 Our First
Time 2.35 Kinky Clubbers
2.50-4.00am FILM:
Farrah's All-Girl Adventure

Adult Nightview is now available as a TV on-demand service between 10.00pm and 4.00am at £4.95. See channel 50 for details

TELEVISION X ADD-ON CHANNEL

12midnight The Ten Minute
Preview 12.10am Voyeur
12.20 Digg'in' the Dirt 12.40
FILM: Baby Please 1.00
The Five Minute Free View
1.05 FILM continues
1.55 Search for a Porn Star
2.20 FILM: Cable Girl
3.30 Labh 4.10-5.30am
FILM: Dorie Gray

Adult Nightview is now available as a TV on-demand service between 12midnight and 4.00am at £4.95. See channel 50 for details

VH1 MUSIC & GAMES PACK	ANIMAL PLANET WORLD PACK	 June Sarpong hosts the 'MTV Dance Floor Chart Show'. MTV 8.00pm, 11.00pm	UK STYLE LIFESTYLE PACK	UK HORIZONS WORLD/ ACCESS PACKS	CARLTON FOOD NETWORK LIFESTYLE PACK	
6.00am Power Breakfast 8.00 Pop-Up Video 9.00 Upbeat 12.00 Ten of the Best: Paul McCartney 1.00pm Greatest Hits: Paul McCartney 1.30 Pop-Up Video Pop trivia from the irreverent pop-up-video collection. 2.00 Paul McCartney: Live in the New World The superstar in spectacular form live from Charlotte, USA, performing Beatles classics as well as his solo smashes. Recorded in 1993.	12.00m Croc Files 12.30pm Going Wild with Jeff Corwin <i>Corcovado, Costa Rica</i> 1.00 Jack Hanna's Zoo Life <i>Primate Special</i> 1.30 Jack Hanna's Zoo Life <i>Great Smoky Mountains</i> 2.00 Pet Rescue RSPCA animal rescues. 2.30 Kratt's Creatures <i>Creature Rescue</i>		7.00am Holiday in Style 8.00 Ready, Steady, Cook 8.30 Can't Cook, Won't Cook 9.00 Changing Rooms Down Under 9.30 Real Rooms 10.00 Change That 10.30 A Room with a Clue 11.00 Repair to Remember 11.30 Changing Rooms 12.00 Good Living 12.30pm Style Challenge 1.00 Delia Smith's Summer Collection 1.30 Ready, Steady, Cook 2.00 Gardening Neighbours 2.30 Gardeners' World	7.00am Tomorrow's World Plus 7.50 Out of This World 8.20 The Essential Guide to Rocks 8.50 Vets to the Rescue 9.20 Tomorrow's World Plus 10.15 Flight to the Death 11.15 Top Gear GTi 12.15pm The Air Show 12.45 City Hospital 1.45 Doctors to Be 2.45 Dazzled An inside look at the modelling industry which follows a group of hopefuls as they hit New York.	7.00am Tessa's Tastebuds 7.30 Kitchen College 8.00 Network Daily 8.45 Quick Cooks 9.00 Jenny Bristow 9.30 Classic Dishes 10.00 The Green Gourmet 10.30 Simply Puddings 11.00 Flash in the Pan 11.30 Loyd's Louisiana 12.00 Four Burners and a Grill 12.30pm Waitrose in Season 1.00 Kitchen College 1.30 Food from the Village 2.00 Network Daily 2.45 Quick Cooks	6.00 AM MORNING
4.30 Greatest Hits: Wings Top tunes from the 1970s group formed by Paul McCartney. 5.00 Ten of the Best: Paul McCartney The knighted former Beatle picks his ten favourite videos of all time.	3.00 Zig and Zag A gameshow and sports competition for dogs. 3.30 Zig and Zag A game show and sports competition for dogs. 4.00 Animal Planet Unleashed Howie gets a riding lesson. 4.30 Croc Files Steve and Terri Irwin explore Fraser Island. 5.00 Pet Rescue Abandoned animals are rescued by the RSPCA. 5.30 Going Wild with Jeff Corwin <i>Venezuela</i>	ITV2 ACCESS PACK 4.00pm Trisha A double bill of the popular UK chat show. Trisha Goddard and a studio audience discuss moving and sometimes hair-raising true stories. Text	3.00 Garden Magic Gardening advice show. 3.30 Gardening from Scratch <i>Designs on Your Garden and Troubleshooting</i> 4.00 Stefan's Garden Roadshow With Stefan Buczaccki. 4.30 Good Living Tips for taking the stress out of children's parties. 5.00 Can't Cook, Won't Cook Cookery challenge. 5.30 Changing Rooms Down Under Room makeover show. 6.00 Antiques Roadshow <i>Weston-Super-Mare</i> Members of the public bring along their antiques for expert valuation. 7.00 Real Rooms <i>Bradford Cottage</i> Makeover show. 7.30 Change That <i>Rugby School</i> Interior design roadshow.	3.45 Vets to the Rescue Heartwarming stories of pets in need. 4.20 Animal Hospital Rolf Harris catches up with the action at RSPCA Harmsworth Hospital. 4.50 Zoo Series featuring the keepers and animals at London Zoo. 5.25 What Went Wrong? 5.55 The Cruise <i>First Night Nerves</i> The new show opens after only three days rehearsing. 6.25 Passport to the Sun 6.55 Crime Squad <i>Living Safely</i> A look at the threat posed by crimes of violence. 7.30 Meet the Ancestors <i>Warrior</i>	3.00 Jenny Bristow Cooking in the Kitchen <i>Perfecting the Pasta</i> 3.30 Tessa's Tastebuds 4.00 Simply Puddings <i>Traditional Puddings</i> 4.30 Classic Dishes How to make a risotto. 5.00 A to Z of Food and Beauty <i>Keep Fit</i> 5.30 Four Burners and a Grill 6.00 Coxon's Kitchen College 6.30-7.00pm Cocktail Challenge	3.00 PM 4.00 PM 5.00 PM 6.00 PM
6.00 VH1 to One: Paul McCartney A profile of his successful career. 6.30 Greatest Hits: Paul McCartney 7.00 VH1 Hits The latest chart hits.	6.00 The Aquanauts A dive in the Red Sea Marine Peace Park. 6.30 Croc Files How animals with hard hooves affect their habitats. 7.00 Death of Bison Bull Chronicling the struggle for survival of a bison herd during a winter in Lamar Valley, Yellowstone Park. 8.00 Wild Rescues A horsewoman must be rescued after a serious fall. 8.30 Wild Rescues How a colt communicates with other horses.	6.00 The Extremists Series about hair-raising sports and activities. 6.30 Feature 7.00 Feature 7.30 Feature	8.00 Sunset Beach Ben has a surprise visitor. Meanwhile Ricardo has something to ask of Paula. 8.50 Chart Choice Two top music videos. 9.00 Metropolis Final part of the London-based drama. Tanya discovers that Nathan has been stalking her and Frank is seduced. 10.00 Emmerdale Tonight's episode of the rural soap from ITV. Text 10.30 Nuts and Bolts Drama about life in the South Wales valleys. 11.00 The Jerry Springer Show Outrageous revelations and love confrontations. 11.50 The Late Show with David Letterman Irreverent US chat show. 12.40am Freaky Stories 12.50 The Extremists Hair-raising sports. 1.20 Feature 1.50-3.20am Emmerdale Three episodes of the rural soap back-to-back. Text	8.00 Animal Hospital Rolf Harris catches up with the action at RSPCA Harmsworth Hospital. 8.30 What Went Wrong? 9.00 The Cruise <i>First Night Nerves</i> The new show opens after only three days rehearsing. 9.35 Castaway 2000 An experimental new community is founded on a remote Scottish island. 10.35 A Life of Grime Series following the work of London environmental health officers. 11.05 Top Gear Special 11.35 Paddington Green 12.05am-1.00am The Dome - Trouble at the Big Top	NATIONAL GEOGRAPHIC CHANNEL FAMILY PACK 7.00pm Islands of the Iguana Discover Fiji, the only natural habitat of the multi-coloured, banded iguana. 8.00 Search for the Jewish Gene A British anthropologist and linguist samples the DNA of groups of people claiming Jewish descent. 9.00 The Sun This programme explores Earth's closest star, from its momentous birth to its predicted end in five billion years' time. 10.00 Sun Storm Explore magnetic storms which are taking place on the surface of the sun and wreaking electronic havoc back on the Earth. 11.00 Armed and Missing The story of a USAF jet, which mysteriously crashed in Colorado about 90 minutes after takeoff. 12midnight-1.00am Wilds of Madagascar Why Madagascar is one of the most unique islands in the world. Separated from the mainland some 165 million years ago, its vegetation and wildlife evolved in isolation.	7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00
9.00 Ten of the Best: Paul McCartney The knighted former Beatle picks his ten favourite videos of all time.	9.00 Crocodile Hunter <i>Dinosaurs Down Under</i> 9.30 Crocodile Hunter <i>Hidden River</i> 10.00 African River Goddess The life story of a female Nile crocodile, filmed at close range above and below the water's surface. 11.00 Emergency Vets Stories from Alameda East Veterinary Hospital. 11.30-12midnight Emergency Vets	10.00 Emmerdale Tonight's episode of the rural soap from ITV. Text 10.30 Nuts and Bolts Drama about life in the South Wales valleys. 11.00 The Jerry Springer Show Outrageous revelations and love confrontations. 11.50 The Late Show with David Letterman Irreverent US chat show. 12.40am Freaky Stories 12.50 The Extremists Hair-raising sports. 1.20 Feature 1.50-3.20am Emmerdale Three episodes of the rural soap back-to-back. Text	10.00 Looking Good Lowri Turner presents the fashion and beauty series. 9.30 How Does Your Wallpaper Hang? More problem solving and DIY help with Mark Jeffries and a team of experts. 10.30 House Invaders The DIY show in which homes are given a fresh facelift for no money. 11.00 Front Gardens <i>Cottage Garden</i> Chelsea winner Ryl Nowell creates a cottage garden. 11.30 Garden Magic Instant gardening solutions. 12midnight Gardeners' World Gardening show presented by Alan Titchmarsh. 12.30am-1.00am Stefan's Garden Roadshow Stefan Buczaccki offers help and advice on a variety of gardening dilemmas.	UK PLAY: 1.00am Shooting Stars 1.30 People like Us 2.05 Vic Reeves 2.35 We Are History 2.50 DJ Anthems 3.20 Soundtrack to My Life 3.50 The Spice Girls 4.30 Chris Moyles Show 4.55 Phil Kay 5.20 Cherry Pop 5.35 The Sound of Play 6.30-7.00am Phone Zone	10.00 Sun Storm Explore magnetic storms which are taking place on the surface of the sun and wreaking electronic havoc back on the Earth. 11.00 Armed and Missing The story of a USAF jet, which mysteriously crashed in Colorado about 90 minutes after takeoff. 12midnight-1.00am Wilds of Madagascar Why Madagascar is one of the most unique islands in the world. Separated from the mainland some 165 million years ago, its vegetation and wildlife evolved in isolation.	11.00 PM 12.00 NIGHT TIME
CHALLENGE TV MUSIC & GAMES PACK 5.00pm Cross Wits 5.30 Sale of the Century 6.00 Family Fortunes 6.30 100% 7.00 Stars in Their Eyes 7.30 Beadle's About 8.00 Gladiators Muscle-bashing challenges between super-fit members of the public and the legendary Gladiators. 9.00 Whittle 9.30 Strike it Lucky 10.00 Sale of the Century	10.30 Family Fortunes 11.00 Stars in Their Eyes 11.30 Winner Takes All 12midnight Beadle's About 12.30am Gladiators 1.30 The Cooler 2.00 Karaoke Challenge <i>Porthcawl</i> 2.30 3-2-1 3.30 The Krypton Factor 4.00 Say the Word 4.30 Whittle 5.00-6.00am Shopping with Screenshop	DISCOVERY HOME & LEISURE WORLD PACK 6.00am The Joy of Painting 6.30 Garden Calendar 7.00 The Great Gardening Plot 7.30 Doing it Up 8.00 How to with B & Q 8.05 The House Doctor 8.35 Our House Down Under 9.05 The Joy of Painting 9.35 Garden Calendar 10.05 How to with B & Q 10.10 The Great Gardening Plot 10.40 Two's Country 11.10 Model Magic 11.40 Home Savvy	12.10pm How to with B & Q 12.15 Hometime 12.45 This Old House 1.15 Home Again with Bob Vila 1.45 Wood Wizard 2.15 How to with B & Q 2.20 The New Yankee Workshop 2.50 Kingsbury Square 3.20 Rex Hunt Fishing Adventures 3.50-4.00pm How to with B & Q	RAPTURE BONUS CHANNEL 10.00am World Wind Surf 10.30 Boardstupid 11.00 Mountain Bikes 11.30 Byte Me 12.00 Chilli Factor 12.30pm World Wind Surf 1.00 High Adrenalin Action 1.30 Boardstupid 2.00 Mountain Bikes 2.30 Chilli Factor 3.00 Skateboard Special 3.30 Adrenalize 4.00 World Wind Surf 4.30 Boardstupid 5.00 Mountain Bikes 5.30-6.00pm Byte Me	LOCAL CHANNEL ACCESS PACK 6.00pm LLTV - Local Life A daily magazine programme featuring local news, events and lifestyle features. 6.30 What's On TV 7.00 LLTV - Local Life 7.30 YCTV Programmes made by the stars of tomorrow featuring the stars of today. 8.00 Student Showcase 8.30 What's On TV 9.00-9.30pm LLTV - Local Life	

CABLE CHECK
Some of the channels listed may not be available in your area

Thursday 10 August

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME

CARTOON NETWORK FAMILY PACK

5.00am Flying Rhino Junior
High 6.00 Fat Dog Mendoza
7.00 Tom and Jerry 8.00
Dexter's Laboratory 9.00
Angela Anaconda 10.00
The Powerpuff Girls 11.00
Dragonball Z 12.00 Tom
and Jerry 12.30pm Looney
Tunes 1.00 Tom and Jerry
1.30 Cow and Chicken
2.00 Tom and Jerry
2.30 Mike, Lu and Og

3.00 Tom and Jerry
Cat and mouse games.

3.30 Dexter's Laboratory
Chemical chaos with the
bedroom professor.

4.00 Tom and Jerry
Cat and mouse games.

4.30 The Powerpuff Girls
The young heroines save
Townsville once again.

5.00 Tom and Jerry
Madcap comic antics with
the sparring cat and mouse.

5.30 Pinky and the Brain
Animated comedy.

6.00 Tom and Jerry
Madcap comic antics with
the sparring cat and mouse.

6.30 The Flintstones
Hang out with the cavemen
behaving badly in Bedrock.

7.00 Scooby-Doo
The big mutt and his pals
foil another spooky scheme.

7.30 Looney Tunes
8.00 Angela Anaconda
8.30-9.00pm Courage
the Cowardly Dog

TCM FAMILY PACK

9.00pm Singin' in the Rain
Gene Kelly, Debbie
Reynolds, Donald O'Connor
Classic musical comedy
drama set during

Hollywood's transition to
sound films. An actor falls
for an aspiring actress
brought in to dub a silent
film star's dialogue.

Widescreen 1952

11.00-1.00am Seven Brides
for Seven Brothers

Howard Keel, Jane Powell
Musical. Widescreen 1954

CARTOON NETWORK:
1.00am The Moomins 1.30
The Magic Roundabout
2.00 Tabaluga 2.30 Blinky
Bill 3.00 The Tidings
3.30 The Fruitties
4.00 The Moomins
4.30-5.00am
The Magic Roundabout

THE HISTORY CHANNEL WORLD PACK

12.00 The Mysteries
of Amelia Earhart
12.55pm
Photos for the Future II
1.00 Crown and Country
1.30
Gardens of the Millennium
2.00 Biography
Richard Nixon - Part I
2.55
A Small Piece of History
3.00 World War I
3.30 I, Witness
from Bomb to Beatle

4.00 Air War in Vietnam
5.00 Classic Cars
6.00 The Mysteries
of Amelia Earhart
6.55 Photos for the Future II
7.00 Crown and Country
7.30
Gardens of the Millennium
8.00 Biography
Richard Nixon - Part II
8.55 A Small Piece of History
9.00 Great Crimes and Trials
9.30-10.00pm
Great Crimes and Trials

NICKELODEON FAMILY PACK

7.00am Transylvania Pet Shop
7.30 Transylvania Pet Shop 8.00
Ren and Stimpy 8.30 Ren and
Stimpy 9.00 Kenan and Kel 9.30
Kenan and Kel 10.00 Sister
Sister 10.30 Sister Sister
11.00 Cousin Skeeter
11.30 Cousin Skeeter
12.00 Rugrats
12.30pm Rugrats
1.00 Hey Arnold!
1.30 Hey Arnold!
2.00 Hey Arnold!
2.30 Hey Arnold!

3.00 Hey Arnold!
More adventures with the
kid with the cool quiff.

3.30 Hey Arnold!
More adventures with the
kid with the cool quiff.

4.00 Kenan and Kel
The adventures of two
funky friends.

4.30 Kenan and Kel
The adventures of two
funky friends.

5.00 Sabrina
the Teenage Witch
5.30 Sabrina
the Teenage Witch

6.00 Are You
Afraid of the Dark?

6.30-7.00pm Are You
Afraid of the Dark?

PARAMOUNT COMEDY CHANNEL FAMILY PACK

7.00pm Grace Under Fire
7.30 King of Queens

Best Man
8.00 Ellen
Not So Great Expectations

Ellen is distraught when her
mother starts dating.

8.30 Just Shoot Me
The Mask

9.00 Married...
With Children
Alley of the Dolls

The Bundys go bowling.

9.30 Spin City
The Great Pretender

10.00 Frasier
Frasier's Curse

Frasier is hesitant to attend
his high school reunion.

10.30 Harry Hill
Surreal comedy show.

11.00 Jack Dee
11.30 Cheers

Clash of the Titans
Rebecca flirts with a
neighbouring restaurateur.

12.00 Roseanne
12.30am Clive Anderson
Talks Back 1.10 NewsRadio

1.35 Whose Line is it
Anyway? 2.05 Hitz
2.30 Desmond's
3.00 It's
Garry Shandling's Show

3.30-4.00am
Abbott and Costello

TV TRAVEL SHOP BONUS CHANNEL

A total travel service in
your own home. Video
brochures give a guided
tour of resorts around the
world, with regular bulletins
and programmes featuring
late holidays and special
offers. Viewers can then
book holidays 24-hours-a-
day, seven-days-a-week,
by calling 0870 60 60 747.
For more information and
full listings turn to TV Travel
Shop Text, from page 200.

FOX KIDS FAMILY PACK

6.00am Oggy 6.10 Bad Dog 6.30
Bobby's World 6.55 Jim Button
7.15 Walter Melon 7.40 Inspector
Gadget 8.00 Oggy 8.10 Biker
Mice 8.30 Dennis 8.55 Sailor
Moon 9.00 Digimon 10.00 Power
Rangers 10.20 Monster Rancher
10.45 Masked Rider 11.05 X-
Men 11.30 Spy Dogs 11.50 Ace
Ventura 12.15pm Walter Melon
12.35 Inspector Gadget 1.00
Woody 1.10 Casper 1.30 Donkey
Kong 1.55 Dennis 2.20 Life with
Louie 2.40 Princess Sissi

3.00 Princess Starla
and the Jewel Riders

3.20 Sailor Moon
Cult Japanese cartoon.

3.45 Mighty Morphin'
Power Rangers
Live-action adventures.

4.05 Mighty Morphin'
Power Rangers
4.30 Digimon

4.50 Masked Rider
The adventures of a
teenage alien superhero.

5.15
Monster Rancher
5.35
Biker Mice from Mars

Heroic rock'n'roll rodents.

6.00 The New
Addams Family
6.25 Casper

6.35-7.00pm
Goosebumps

SHOP! LIFESTYLE/ SELECTION PACKS

6.00am Shop! Selection
7.00 Sports Shop!
Camping equipment and
accessories.

8.00 Home Shop!
9.00 Clothes Shop!
10.00 Kitchen Shop!

11.00 Jewellery Shop!
12.00 Shop! Outlet
1.00pm Shop! Special

Another chance to view some
best-selling items.

2.00 Shop! Selection
3.00 Home Shop!
4.00 Technology Shop!

A look at lifestyle CD-ROMs.

5.00 Shop! Preview
6.00 Shop! Selection
7.00-7.30pm Kitchen Shop!

GMTV 2 ACCESS PACK

GMTV2 offers pre-school
and lifestyle shows between
6.00am and 9.25am.

Weekdays: The News Hour
at 6.00am followed by
children's shows.

Saturdays: Children's
programming and a
round-up of the week's
news in The Review.

Sundays: Highlights include
a Pokémon triple bill and
The Review.

QVC LIFESTYLE/ SELECTION PACKS

QVC The Shopping
Channel is at your service
24-hours-a-day - so watch
when you can and tape
when you can't. All you
need is an item number.
Call free phone on 0800-
50-40-30 at any time.
Today's highlight is
Cosmetics at 9.00pm.

NEWS AND INTERNATIONAL

BBC NEWS 24 NEWS & SPORT/ ACCESS PACKS

6.00am News 7.00 News
8.00 News 9.00 News 9.30
The World Today 10.00
News 11.00 News 12.00
News 1.00pm News 2.00
News 3.00 News 4.00
News 5.00 News 6.00
News 7.00 News 7.30
Sportsday 8.00 News 9.00
News 9.30 HARDtalk 10.00
News 11.00 News 11.30
World Business Report
12midnight News 1.00am
News 2.00 News 2.30
World Business Report
3.00 News 3.30 HARDtalk
4.00 News 4.45 Asia Today
5.00-6.00am News

CNN INTERNATIONAL NEWS & SPORT PACK

News throughout the day, plus:
5.00am This Morning 5.30
World Business 6.00 This
Morning 6.30 World Business
7.00 This Morning 7.30 World
Business 8.00 This Morning
8.30 Sport 9.00 Larry King
10.30 Sport 11.30 Biz Asia
12.30pm Arcticle 1.15 Asian
Edition 1.30 World Report 2.30
Showbiz 3.00 Movers with Jan
Hopkins 3.30 Sport 4.30 CNN
Hotspots 5.00 Larry King Live
7.30 World Business Today 8.30
Q&A 9.30 Insight 10.00 World
Business Today 10.30 Sport
11.00 WorldView 11.30
Moneyline 12.30am Showbiz
1.00 This Morning 1.15 Asia
Business 1.45 Asia Business
2.00 Larry King 4.30-5.00am
American Edition

SKY NEWS NEWS & SPORT/ ACCESS PACKS

News on the hour,
every hour, plus:
6.00am Sunrise 10.30 Sky
World News 11.30 Money
12.00 Sky News Today
2.30pm Your Call 3.00 Sky
News Today 4.30 Sky
World News 5.00 Live at
Five 8.30 Sky Business
Report 9.30 Fashion TV
10.00 Sky News at Ten
10.30 Sportsline 12.30am
CBS Evening News
1.30 Your Call
2.30 Sky Business Report
3.30 Fashion TV
4.30 The Book Show
5.30-6.00am
CBS Evening News

INTERNATIONAL

TV5 5.00am Journal
Télévisé 5.15 Journal des
Journaux 5.30 Télématin et
le Journal du Temps 7.00
Journal Télévisé 7.30 A
Bon Entendeur 8.00 Infos
8.05 Zig Zag Café 9.00
Journal 9.15 Le Cri Coupé
11.00 Infos 11.05 100%
Questions 11.30 Journal
Télévisé 12.00 Infos
12.05pm Dunia 1.00 Journal
Télévisé 1.15 Le Cri Coupé
3.00 Journal Télévisé 3.15
Questions 3.30
Télématin 4.00 Infos
4.05 Pyramide 4.30
Questions pour un
Champion 5.00 Journal
Télévisé 5.15 Le Cri Coupé
7.00 Journal Télévisé 7.30
Journal Télévisé 8.00 Infos
8.05 Les Aventuriers
de la Science
9.15-12midnight
La Nuit des Etoiles

ASIANET ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am Akhir Kyon 8.00 DD
News 8.30 DD Programme
9.00 FILM 11.30 News
12.00 Fuldani Forum
12.30pm Thekikaat 1.00
Katha Sagar 1.30 FILM 4.00
Take 2 4.30 Music Fusion
5.00 Kaala Daira 6.00
Mumkin 6.30 Doosra
Kewal 7.00 Katha Sagar
7.30 News 8.00 Wilaytee
Babu 8.30 FILM 11.30
News 12midnight Wilaytee
Babu 12.30am MTV 123
1.15 FILM 4.00 Thekikaat
4.30 Mumkin 5.00 Dooriyan
6.00 Holy Quran 6.30 DD
Programme 7.00-7.30am
Bhule Bisre Geet

ZEE TV ADD-ON CHANNEL

6.00am Kal Bhi Aaj Bhi 6.30
Bhakti Songs 7.00 Faith:
Sai Baba 7.30 News 8.00
Karobar Duniya 8.30
Kartavya 9.00 Daayre 9.30
Bodymatters 10.00 Tum Hi
To Ho 11.00 Dear Women
11.30 Aangan 12.00 FILM
3.00pm Hum Paanch 3.30
Sampat Aur Sampat 4.00
Kartavya 4.30 Pride
Antakshari 5.00 Chingari
5.30 Aangan 6.00 Banegi
Apni Baat 7.00 Hotel
Hindustani 7.30 Aashiqui
8.00 News Bulletin
8.30 Pride Ka Aashirwad
9.00 Yehi To Pyar Hai
9.30 Kasak
10.00 Thriller at 10
10.30 Pakistan News Link
11.00 Saath Saath
11.30 Woh
12midnight Punjabi News
12.30am FILM
3.30 Hum Paanch
4.00 Daraar
4.30 Campus
5.00 V3
5.30-6.00am Hey Ha Ho

CHRISTIAN CHANNEL EUROPE WORLD PACK

5.00am CMTV 5.30 Gospel
Truth - Andrew Wommack
6.00 Winning Edge 6.30
Changing Your World 7.00
Believers' Voice of Victory
7.30 This is Your Day 8.00
CMTV 8.20 Thought for the
Day 8.30 Life in the Word
9.00 Pottery House 9.30
Winning Ways - Matthew
Ashimolowo 10.00 CMTV
10.30-11.00pm
700 Club Replay

BLOOMBERG WORLD PACK

2.00am Asian Market
Report 2.30 Live Market
from New York 3.30 Wall
Street Report 5.05-6.00am
US Market Report

BBC PARLIAMENT NEWS & SPORT PACK

Parliament is in recess.

PowerCable Teens

Corr blimey!



THE multi-talented Corr siblings have plenty to shout about. The stylish foursome from the east coast of Ireland have taken the international music industry by storm with their unique Irish folk-pop.

Their debut album *Forgiven Not Forgotten*, and the follow-up *Talk on Corners*, created something of a phenomenon – and not many musicians can boast a private audience with Pope John Paul II at the Vatican!

The appeal of The Corrs can be largely attributed to the sheer breadth of talent encompassed in the group. Andrea, however, puts the global popularity of the music down to their style: 'It's very melodic. Also, there's something about

- the traditional Irish music element that, all around the world, seems to capture everybody's heart.'

- If you are a fan of Jim, Caroline, Sharon and Andrea, you'll not want to miss The Corrs Day on VH1 on Thursday 3rd. Along with other highlights, settle down for the premiere of *VH1 to One: The Corrs*, in which the band talk in-depth to Kate Thornton about their latest album, *In Blue*, the song Andrea penned for her father after their mother's death, and how it all began for the Celtic quartet.



All white on the night with The Corrs:
l-r: Andrea, Sharon, Caroline and Jim



Family affairs:
l-r: Neve Campbell, Matthew Fox, baby Salinger, Scott Wolf and Lacey Chabert

Party piece

THEY spent six years in the top-rated American series, but now the show is over for the cast of *Party of Five*. While the plug may have been pulled on the series, as of this month the story of the Salinger family will be told again on Living (weekdays, 3.10pm).

The critically acclaimed drama series, about five siblings coping by themselves after the tragic death of their parents, made big names of its little-known stars.

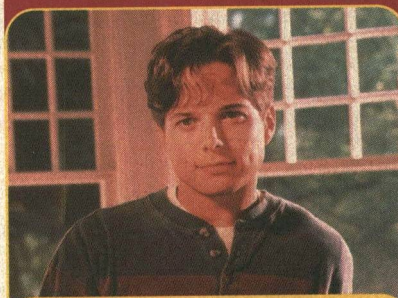
Neve Campbell (Julia) has perhaps gone on to become the biggest name of the lot, having successfully carved out a film career with the help of hits such as the three *Scream* movies.

Lacey Chabert, who played little Claudia, has grown up into a mature 17-year-old, with big-screen appearances in *Lost in Space* and the forthcoming movie *Tart*.

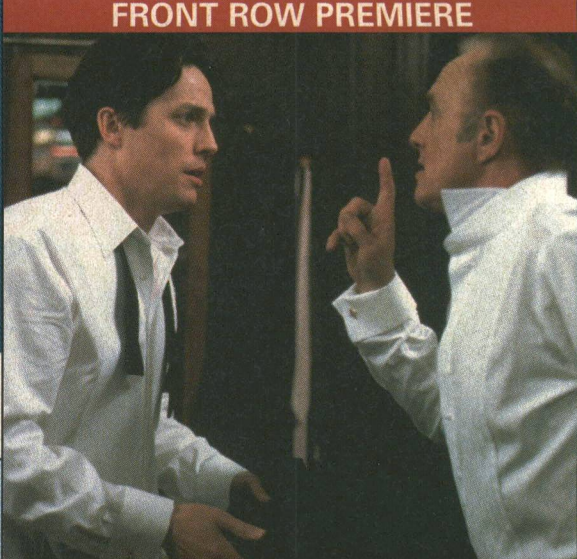
Better known for her role in *I Know What You Did Last Summer* and its sequel, Jennifer Love Hewitt had a long-running role in the show as Bailey's friend, Sarah. Her career is currently riding high with film and television credits galore.

And Scott Wolf, some 12 years older than his *Party of Five* character, Bailey, is enjoying continued success, having starred in the films *White Squall*, *Evening Star* and *Go* (on Front Row this month), with many stage appearances to his name as well.

So, as the stars of *Party of Five* look forward to a bright future beyond the hit show, sit back, relax and enjoy as Living takes you back to the very beginning ...



To read a special feature on *Party of Five's* Scott Wolf visit www.cableguide.co.uk

	SKY PREMIER PREMIUM CHANNEL	SKY MOVIEMAX PREMIUM CHANNEL	MOVIE RATINGS Sky U: Suitable for viewing by all Sky PG: Parental Guidance suggested Sky 12: Suitable for viewers aged 12 years and over Sky 15: Suitable for viewing by people of 15 years or over Sky 18: Suitable for viewing by adults only Text: film is subtitled on page 888 of Fastext Widescreen: shown in cinema (letterbox) format	FRONT ROW PREMIERE	
MORNING	6.00am Field of Dreams 1989, rating Sky PG, DS, 101 mins 8.00 Lionheart 1986, rating Sky PG, DS, 100 mins 10.00 Wind River 1999, rating Sky PG, 93 mins 11.45 Field of Dreams Kevin Costner, Amy Madigan 1989, rating Sky PG, DS, 101 mins 1.45pm Seven Years in Tibet Brad Pitt, David Thewlis, BD Wong Drama based on the true story of an Austrian mountain-climber who travels to Tibet during the 1940s. There he meets the previously isolated and voraciously curious Dalai Lama, a 14-year-old boy considered a god in his own land. Text 1997, rating Sky PG, 130 mins	6.00am Spirit of the Eagle 1989, rating Sky U, 89 mins 8.00 Where the Truth Lies 1999, rating Sky PG, 87 mins 10.00 Blue Moon Sharon Lawrence, Jeffrey Nordling 1999, rating Sky PG, 88 mins 12noon Dance 'Til Dawn Alyssa Milano, Christina Applegate 1988, rating Sky PG, 92 mins 2.00pm Spirit of the Eagle Dan Haggerty, Ken Carpenter, William Smith, Jeri Arredondo Family adventure. A map-maker and his son arrive in the mountain wilderness together with their eagle, which proves invaluable when the son is kidnapped. 1989, rating Sky U, 89 mins			
3.00 PM	4.00 Lionheart Eric Stoltz, Gabriel Byrne, Nicola Cowper, Dexter Fletcher Epic adventure following the mythical Children's Crusade of the 12th century. A band of intrepid juvenile knights travels to the Holy Land in search of King Richard II, battling against the evil forces of the ominous Black Prince as they go. 1986, rating Sky PG, DS, 100 mins	4.00 Danielle Steel's Palomino Lindsay Frost, Lee Horsley, Eva Marie Saint, Rod Taylor Romantic drama about a successful photographer who is not so lucky in matters of the heart. However, when a riding accident leaves her partially paralysed, she is finally able to discover true love. 1991, rating Sky PG, 90 mins	4.00pm A Chump at Oxford Stan Laurel, Oliver Hardy Comedy in which the bumbling duo hit the English establishment. 1940, rating Sky U, 61 mins 5.05 Saps at Sea Stan Laurel, Oliver Hardy, James Finlayson, Ben Turpin Comedy in which the pair take to the water for a holiday. 1940, rating Sky U, 56 mins 6.05 The Busy Body Robert Ryan, Sid Caesar, Anna Baxter, Richard Pryor Comedy crime caper. A dead man, whose suit is filled with millions of dollars, becomes the focus of attention for both the mob and the police. Hilarity and chaos ensue as both parties battle to be the first to retrieve the wealthy but elusive corpse. 1967, rating Sky PG, 98 mins 8.00 Night Shift Henry Winkler, Michael Keaton, Shelley Long, Bobby Di Cicco Comedy about a timid man who takes a job as a mortuary attendant. A bizarre turn of events leads his obnoxious partner to suggest using the morgue at night as a brothel. Against his better judgement, he reluctantly agrees. 1982, rating Sky 15, 102 mins 10.00 Which Way is Up? Richard Pryor, Lonette McKee Comedy about a migrant fruit picker and his accidental rise to management. Manipulated by his boss and seduced by the appearance of power, he loses everything and is exiled to LA. 1977, rating Sky 15, 90 mins 11.35 THX 1138 Robert Duvall, Donald Pleasance Sci-fi thriller about a man's rebellion in a world of drug-induced conformity. 1971, rating Sky 15, 82 mins 1.05am Heroes 1977, rating Sky 15, 108 mins 3.00 Mack the Knife 1989, rating Sky 15, 117 mins 5.00-6.00am The Directors: The Films of Mark Rydell	Mob rules: Hugh Grant learns about the business from James Caan in 'Mickey Blue Eyes'. Front Row, see below	
5.00 PM	6.00 Wind River Karen Allen, Blake Heron, A Martinez, Russell Means Drama based on a true story. A young white settler is taken by an Indian tribe after a woman has a vision that only a yellow-haired boy can save her family. However the boy soon adapts to his new way of life and becomes a hero among the people. 1999, rating Sky PG, 93 mins	6.00 Where the Truth Lies Marlee Matlin, Regina King, Philip Lester, Robert Blanche Drama. A successful lawyer must defend a campaign manager accused of her political candidate's murder. Convinced of her innocence, the lawyer pursues the truth. 1999, rating Sky PG, 87 mins 7.35 UK Top Ten British box office chart rundown.	FILMFOUR ADD-ON CHANNEL	Create your own personal TV diary: www.cableguide.co.uk	
6.00 PM	8.00 There's Something About Mary Ben Stiller, Cameron Diaz, Matt Dillon, Lee Evans Comedy. A hapless man believes his life has been a failure ever since an accident with a zipper made him miss the prom with a beautiful girl. Unable to rid himself of the memory, he hires a detective to find her. Text 1998, rating Sky 15, 114 mins	8.00 Lethal Weapon 3 Mel Gibson, Danny Glover, Joe Pesci, Rene Russo, Stuart Wilson Action sequel. The mismatched detectives return for another high-octane adventure. When an ex-cop deviates from the straight and narrow and sets himself up as a major crime lord, the daring duo are assigned to track him down. Text 1992, rating Sky 15, DS, 116 mins 10.00 The Last Boy Scout Bruce Willis, Damon Wayans Action. When one of a private detective's clients is murdered, he teams up with her lover to find those responsible. This leads them on a trail of blackmail and corruption. Text 1991, rating Sky 18, 101 mins 11.45 Conan the Destroyer Fantasy adventure sequel. 1987, rating Sky 15, 97 mins 1.25am Hawks 1988, rating Sky 15, 105 mins 3.15 Trial and Error Courtroom comedy. Text Last Play 1997, rating Sky 12, 94 mins 4.55-6.30am Barbara Taylor Bradford's Secret Affair 1999, rating Sky PG, 84 mins	6.00pm Short Attention Span Cinema - Short Films A two-hour selection of short films, commercials and music videos, plus interviews, reports and insights into the world of short film-making. View various examples of the form from all around the world and gain an introduction to some of the directors who are currently working in this field.	CARLTON CINEMA LIFESTYLE PACK	
7.00 PM	10.00 The Object of My Affection Jennifer Aniston, Paul Rudd, Kali Rocha, Lena Cardwell Romantic comedy. A woman discovers she is pregnant and persuades her homosexual flatmate to take on the role of husband and father. But this proves to have implications for their relationship. Text 1998, rating Sky 15, 107 mins 12midnight Good Will Hunting Robin Williams, Matt Damon Text 1997, rating Sky 15, 121 mins 2.10am There's Something About Mary Ben Stiller, Cameron Diaz Text 1998, rating Sky 15, 114 mins 4.10-5.45am Nowhere James Duval, Rachel True Text 1997, rating Sky 18, 78 mins		8.00 Planet of the Apes Charlton Heston, Roddy McDowall, Kim Hunter Sci-fi drama. An astronaut becomes caught in a time warp and lands on a planet where apes rule and the humans are merely a sub-species. However, his ability to speak makes him the subject of curiosity and experimentation that could prove fatal. Text 1968, 108 mins 10.00 Desperado Antonio Banderas, Salma Hayek, Steve Buscemi, Cheech Marin Action thriller. A brooding stranger turns up in a Mexican border town with a guitar case full of weapons. He sets about quenching his desire to avenge the murder of his lover and soon finds himself entangled in a web of love, corruption and death. 1995, 100 mins 12midnight Eraserhead John Nance, Charlotte Stewart Fantasy drama about a man in a nightmare world. Text 1976, 85 mins 1.35am My Name is Joe Peter Mullan, Louise Goodhall Romantic drama. 1997, 101 mins 3.20-6.00am La Grande Bouffe Marcello Mastroianni, Ugo Tognazzi French satire. 1973, 124 mins	7.00pm Meet John Doe Gary Cooper, Barbara Stanwyck, Edward Arnold, Walter Brennan Comic drama. A tramp is plucked off the street to politically represent the common man and his inspirational speeches cause a national sensation. However, the goodwill drive he spearheads is only a scheme to benefit a corrupt politician's election campaign. 1941, 132 mins 9.10 Paul Newman - Hollywood's Charming Rebel A profile of the Oscar-winning star of films such as <i>Cool Hand Luke</i> and <i>Hustler</i> . 10.00 Lord of Illusions Scott Bakula, Kevin J O'Connor, Famke Janssen, Wayne Grace Supernatural horror thriller. A New York private investigator is hired to protect a popular stage illusionist. However, he soon finds himself drawn into a dark, occult underworld where he comes face-to-face with the diabolical powers of a bizarre religious cult. 1995, 116 mins 12midnight Quatermass and the Pit Andrew Keir, James Donald Cult sci-fi thriller. 1967, 98 mins 1.45am Detour Film noir. 1945, 67 mins 3.00 The Collector Chilling drama. 1965, 119 mins 5.15-7.00am Brute Force Prison drama. 1947, 98 mins	
8.00 PM					
9.00 PM					
10.00 PM					
11.00 PM					
NIGHT TIME					

FRONT ROW	Channel 51 Matinee	Channel 51 Evening	Channel 52	Channel 53
SCREENING WHEN YOU'RE GOOD AND READY WITH CABLE & WIRELESS See channel 50 or your Front Row spread on pages 14,15 for further details. KEY TO FILM CONTENT T/C: Theme/Content BL: Bad Language S/N: Sex/Nudity V: Violence	MY FAVOURITE MARTIAN <i>Rating PG, 90 mins</i> Comedy. A Martian crash-lands his spaceship on Earth and is pursued by an ambitious, Pulitzer prize-hunting reporter. Stars Jeff Daniels, Elizabeth Hurley and Christopher Lloyd. T/C: Comedy, sci-fi fantasy. BL: Infrequent, mild. S/N: Once, mild, comic nudity. V: Infrequent, mild horror. 7.30am, 9.30am, 11.30am, 1.30pm	MICKEY BLUE EYES <i>Rating 15, 98 mins</i> Comedy. An English auctioneer, working in New York, proposes to his American girlfriend, not realising that her family are all mobsters. Stars Hugh Grant and Jeanne Tripplehorn. T/C: Comedy, mafia. BL: Infrequent, strong. S/N: None. V: Infrequent, moderate. 4.00pm, 6.00pm, 8.00pm, 10.00pm, 12midnight, 2.00am, 4.00am	THE MATCH <i>Rating 12, 93 mins</i> Romantic comedy. A traditional village pub faces closure if it loses a football match against its modern rival. Stars Max Beesley and Laura Fraser. T/C: Comedy, drama, football. BL: Some, strong. S/N: Some, strong comic references. V: Infrequent, mild. 6.30pm, 8.30pm, 10.30pm, 12.30am, 2.30am	10 THINGS I HATE ABOUT YOU <i>Rating 12, 94 mins</i> Teen comedy, based on Shakespeare's <i>The Taming of the Shrew</i>, about two very different sisters and their romantic trials and tribulations. Stars Larisa Oleynik and Julia Stiles. T/C: Teen romance. BL: Occasional, moderate. S/N: Some mild references. V: Once, mild. 7.00pm, 9.00pm, 11.00pm, 1.00am, 3.00am

SKY ONE ACTION/ SELECTION PACKS	UK GOLD LIFESTYLE/ SELECTION PACKS	LIVING LIFESTYLE PACK	GRANADA PLUS ACTION PACK	DISNEY CHANNEL ADD-ON/ PREMIUM CHANNEL	
6.00am Long Play 7.30 Mega Babies 8.00 Godzilla 8.30 Mummies Alive 9.00 Pokémon 9.30 Pokémon 10.00 Pokémon 10.30 The Simpsons Text 11.00 The Best of Star Trek 1.00pm Dream Team Text 2.00 Mega Babies 2.30 Godzilla 3.00 Mummies Alive <i>The Egyptu Kid</i> 3.30 Pokémon <i>Git Along, Little Pokémon</i> Ash, Misty and Tracey head for the next Orange League gym. 4.00 Pokémon <i>The Mystery Menace</i> Ash finds a monster in the sewer. 4.30 Pokémon <i>Misty Meets Her Match</i> A boy falls in love with Misty. 5.00 Star Trek Sci-fi adventure series. 6.00 Early Edition <i>In Gary We Trust</i> Gary is put into protective custody as the lone witness in an attempted murder. Stars Kyle Chandler and Ron Dean. 7.00 The Simpsons <i>Burns, Baby Burns</i> Mr Burns' long-lost son stages his own kidnapping. Text 7.30 The Simpsons <i>The Principal and the Pauper</i> 8.00 The Best of Star Trek More from the long-running sci-fi adventure series. 10.00 The Outer Limits <i>The Other Side</i> Sci-fi mystery series. 11.00 Cops <i>Las Vegas</i> Officers arrest a bike rider. Text 11.30 Cops <i>Las Vegas</i> Officers arrest a shoplifter. Text 12midnight Star Trek 1.00am LAPD 1.30 LAPD 2.00 In the Heat of the Night 2.50 In the Heat of the Night 3.40 In the Heat of the Night 4.30 In the Heat of the Night 5.20 The Newlywed Game 5.40-6.00am The Newlywed Game	6.00am Going Straight 6.40 Bread Text 7.15 The Good Life Text 7.50 Open All Hours 8.25 EastEnders Text 9.00 The Bill Text 9.30 The Bill Text 10.00 Bergerac 11.00 Knots Landing 11.55 Neighbours 12.25pm EastEnders Text 1.00 Ballykissangel 2.00 Knots Landing 3.00 The Bill <i>These Foolish Things</i> When a toddler is snatched, CID uncover a blackmail case. Text 3.30 The Bill <i>Neighbours</i> Text 4.00 EastEnders Sharon and Michelle get together for a girlie night in. Text 4.35 Neighbours Beth and Wayne get physical, but Brad refuses to let go. Text 5.00 Going Straight <i>Going Off the Rails</i> Comedy sequel to <i>Porridge</i>. Starring Ronnie Barker and Richard Beckinsale. 5.40 Bread Sitcom about the Boswells. Text 6.20 The Brittas Empire <i>The Disappearing Act</i> The Brittas staff are competing for the Employee of the Month award. Stars Chris Barrie. 7.00 The Good Life <i>Backs to the Wall</i> Tom and Barbara receive help from an unexpected quarter. 7.40 Birds of a Feather <i>Women's Troubles</i> Whilst Sharon is out enjoying herself with her new boyfriend, Tracey is convinced she is pregnant. Stars Linda Robson. 8.20 Open All Hours Stars Ronnie Barker. 9.00 The Royle Family Comedy series about a working-class family from Manchester. Nana has a cataract removed. 9.40 Men Behaving Badly <i>Watching TV</i> Tony gets everyone down. 10.20 Absolutely Fabulous <i>Jealous</i> PR-land quakes with anticipation as the time for dishing out awards approaches. 11.00 Gimme Gimme Gimme <i>Prison Visitor</i> Tom gets a new cat that he hopes is destined for fame. Text 11.40 The Bill Text 12.15am The Bill Text 12.45 Live at Jongleurs 1.20 The Royle Family 2.00 Men Behaving Badly 2.35 Monty Python's Flying Circus 3.10 EastEnders Text 3.45 Dangerfield 4.40 The Two Ronnies 5.30-6.00am Angels	6.00am Ready, Steady, Cook 6.30 Can't Cook, Won't Cook 7.00 Tiny Living 9.00 Brookside 9.30 Home and Away 10.00 The Jerry Springer Show 10.50 Forgive or Forget 11.40 Maury Povich 12.30pm Special Babies 1.00 Reality Slot 1.30 Judge Judy 2.00 Streetmate 2.30 Maury Povich Compelling talk show. 3.20 Party of Five <i>Something Out of Nothing</i> Drama about five siblings coping after the death of their parents. The arrival of an old friend disrupts the Salinger household. 4.10 Mystic Challenge Paul Ross presents a game show where psychics and palmists are invited to test their powers. 4.40 Forgive or Forget Host Mother Love deals with real problems in a variety of relationships. 5.30 Ready, Steady, Cook Fern Britton hosts the cookery show in which two top chefs compete against the clock. 6.10 The Jerry Springer Show Talk show in which Jerry and his guests engage in a discussion about relationship issues. 7.00 Judge Judy Judge Sheindlin presides over a series of real-life cases. 7.30 Streetmate Davina McCall scours the country for single people. 8.00 Charmed Drama series about three sisters who inherit magic powers when they move into a San Francisco house left to them by their grandmother. 9.00 Profiler Suspense thriller series about Dr Sam Waters, a brilliant forensic psychologist with a gift for understanding the criminal mind. Stars Ally Walker. 10.00 FILM: She Knows Too Much Meredith Baxter Birney, Robert Ulrich, John Bennett Perry Comedy thriller. A cat burglar is prematurely released from jail to partner a bumbling FBI agent trying to solve a string of Washington murders. 1989 11.50-12midnight Sex Bites Fun with Katrina Buchanan. CABLE CHECK Some of the channels listed may not be available in your area	6.00am Hawaii Five-0 7.00 Plus on Plus 7.30 Jokers Wild 8.00 Hogan's Heroes 8.30 George and Mildred 9.00 Classic Coronation Street Text 9.30 Second Thoughts 10.00 Mission: Impossible 11.00 That's My Boy 11.30 Batman 12noon Classic Coronation Street Text 12.30pm Second Thoughts 1.00 George and Mildred 1.30 Robin's Nest 2.00 Hawaii Five-0 3.00 Mission: Impossible <i>The Martyr</i> To prevent a student congress from being abused by a repressive premier, the IMF sets Phelps up for capture. 4.00 The Sweeney <i>Thin Ice</i> Detective Inspector Regan tries to entice a top crook back into the country by using the dog he loves as bait. Stars John Thaw. 5.00 Hart to Hart <i>Ex-Wives Can Be Murder</i> The adventure-seeking husband and wife team attempt to solve another mystery. Stars Robert Wagner and Stefanie Powers. 6.00 Bullseye Darts quiz show. 6.30 Classic Coronation Street Audrey has to flirt with Alf to get him to buy a house. Text 7.00 Batman The Joker lures Batman and Robin to a live broadcast by the Gotham City Opera Company. 7.30 Robin's Nest <i>Day Trippers</i> 8.00 Boon <i>The Eyes of Texas</i> Ken begins the search for Rebecca's missing husband and Harry looks for a club to buy. Stars Michael Elphick. 9.00 The Sweeney <i>Queen's Pawn</i> Detective Inspector Jack Regan breaks up a close band of three top crooks. Stars John Thaw. 10.00-11.00pm Taggart <i>Dead Ringer - Part II</i> GRANADA MEN & MOTORS ACTION PACK 11.00pm Strippers Fly-on-the-wall documentary series that focuses on the world of lap dancing and stripping. 11.30 Beaver Espans Danni Hunt travels to Magaluf. 12midnight Sex TV Late-night series which goes under the covers of the steamy world of movie making. 12.30am On the Job 1.00 E! Wild On... <i>The Beach '99</i> 1.50-2.00am Wicked Willie Based on Gray Jolliffe's best-selling series of cartoon books.	4.30am Winnie the Pooh 4.45 Music Time 4.50 Rolie Polie Olie 5.00 Bear in the Big Blue House 5.25 Art Play 5.30 PB and J 5.45 Bite Size 6.00 Toons 6.05 Circle Time 6.10 Rolie Polie Olie 6.20 Spot 6.30 Out of the Box 7.00 Mickey Mouseworks 7.30 101 Dalmatians 8.00 Aladdin 8.30 Recess 9.00 Art Attack 9.35 Sabrina 10.00 FILM: Peter Pan 1953 11.15 Recess 11.30 Miami 7 12.00 Circus Kids 12.30pm Boy Meets World 1.00 FILM: Genius 1999 2.30 Mickey Mouseworks 3.00 101 Dalmatians Animation. 3.15 100 Deeds for Eddie McDowd Text 3.45 The Famous Jett Jackson Series about a former superstar. 4.15 Honey, I Shrunk the Kids: The TV Show More crazy scientific antics courtesy of the Szalinski family where dad's an inventor. Text 5.00 Recess Animated series from the creators of <i>Rugrats</i>. Text 5.30 Smart Guy <i>Baby it's You... and You... and You</i> Text 6.00 Teen Angel Steve, Marty, Jordan and Uncle Lou Text 6.30 Home Improvement <i>Sisters and Brothers</i> Stars Tim Allen. Text 7.00 FILM: Pete's Dragon <i>Voices of Helen Reddy, Mickey Rooney, Jim Dale, Red Buttons</i> Family adventure. A magical and mischievous dragon causes chaos in a Maine fishing village when he tries to help a young orphan escape from his evil foster parents. Text 1977 8.45 Honey, I Shrunk the Kids: The TV Show <i>Honey, We're Past Tense</i> Wayne's latest invention is hit by lightning and transports them all back in time. Text 9.30 Dinosaurs Prehistoric adventure based on an idea by Jim Henson. Text 10.00 Home Improvement Comedy double bill. Text 11.00 Touched by an Angel Text 11.50-12midnight Toons THE BOX MUSIC & GAMES PACK Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh - latest videos available; BOXTalk - unique interviews with artists/bands; Breakin' Out of THE BOX - videos tipped for the top. Plus weekly competitions. FRIDAY CONTINUES OVERLEAF...	6.00 AM MORNING 3.00 PM 4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM NIGHT TIME 12.00

CABLE CHOICE

FILM

There's Something About Mary
Sky Premier 8.00pm
Hilarious, risqué comedy romp from the Farrelly brothers. Ben Stiller plays a disaffected twentysomething who decides to track down his high school sweetheart. The humour is unambiguous, lewd and in your face - despite that, it's an absolute corker.

GENERAL

Extreme Machines: Pedal Power
Discovery 10.00pm
This series, dedicated to the impact of modern machines on society, today focuses on the bicycle. Behind-the-scenes stories from the gruelling Tour de France as well as secrets from the likes of supercyclist Chris Boardman and extreme BMX stunt rider Matt Hoffman.

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UK STYLE



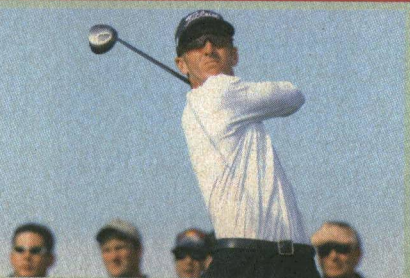
GROUND FORCE 9.00PM

The greenfingered trio of Alan Titchmarsh, Charlie Dimmock and Tommy Walsh continue to do what they do best - gardening. The team launch the new series in typical bantering mode, despite the weather, and continue to delight the locals with their timely garden makeovers.

	EUROSPORT NEWS & SPORT/ SELECTION PACKS	SKY SPORTS 1 PREMIUM CHANNEL	SKY SPORTS 2 PREMIUM CHANNEL	SKY SPORTS 3 PREMIUM CHANNEL	SCI-FI ACTION PACK	MTV MUSIC & GAMES PACK
MORNING	7.30am Golf Action from the US PGA Tour in Colorado. 8.30 Equestrianism 9.30 Xtreme Sports 10.30 Superbike 11.00 Racing Line 12noon Athletics The IAAF Grand Prix II Meeting in Linz, Austria. 1.30pm Motocross 2.00 Football A Uefa Cup qualifying round first-leg match.	7.00am Sky Sports Centre 7.15 Porsche Cup 7.45 Australian Rally Championships 8.15 Sky Sports Centre 8.30 Racing News 9.00 Aerobics Oz Style 9.30 Trans World Sport 10.30 Euro Tour Golf: Victor Chandler British Masters - LIVE 1.30pm FIFA TV 2.00 Gaelic Games	7.00am Aerobics Oz Style 7.30 Sky Sports Centre 7.45 Racing News 8.15 FIFA TV 8.45 Sky Sports Centre 9.00 Tight Lines 10.00 Football Special: How the Premiership Was Won - 94/95 Season 12noon World Cup Show Jumping: Oaks International 1.00pm Elite Speedway League Race action focusing on another clash in the league.	11.30am X-Zone 2000 From the National Watersport Centre at Home Pier Point in Nottingham. 12noon Trans World Sport The latest sports stories from across the world. 1.00pm Tight Lines The show for fishing fanatics with advice for viewers. 2.00 Watersports World	8.00am Buck Rogers in the 25th Century 9.00 Land of the Giants 10.00 Swamp Thing 10.30 Swamp Thing 11.00 The Six Million Dollar Man 12noon Babylon 5 1.00pm Amazing Stories 1.30 Amazing Stories 2.00 Buck Rogers in the 25th Century	6.00am Select MTV 8.00 MTV Hits 9.00 Bytesize MTV Highlights from different MTV stations around the world. 11.00 MTV Hits 12.30pm Daily Edition 1.00 MTV Hits Big hits and exclusives, providing viewers with the latest from their favourite stars.
3.00 PM	3.45 Formula 3000 High-speed action from the FIA Formula 3000 International Championship in Hungary. 4.30 Formula 3000 - LIVE Coverage from the FIA Formula 3000 International Championship in Hungary. 5.00 Xtreme Sports Action from the YOZ Ispo Summer Games in Munich, Germany.	3.00 Euro Tour Golf: Victor Chandler British Masters - LIVE Further live coverage from Woburn as the stars of the European Tour battle to make the cut and mount a serious championship challenge.	3.30 Watersports World An insight into watersports, such as sailing, jetskiing and scuba diving. 4.30 Porsche Cup The new series get into gear with motorsport action from some of Britain's finest circuits. 5.00 Moto Plus News and features on the very latest auto action. 5.30 Wild Spirits Action from the world of extreme sports. 6.00 X-Zone 2000 Teams of four in relays take part in swimming, cycling and running. 6.30 The Winning Post: Newmarket/Haydock - LIVE The famous venues of Newmarket and Haydock provide the settings for the evening's racing action.	3.00 Gillette World Sports Special 3.30 Football Special: How the Premiership Was Won - 94/95 Season A look back at the unforgettable 1994/95 Premier League season, focusing on the men who made the headlines. 5.30 Futbol Mundial Reviews of all the action from the world game. 6.00 Gaelic Games Action from the annual summer festival including Gaelic football and hurling. 7.00 Inside the Senior PGA Tour Life behind the scenes. 7.30 Extreme Sailing Sailing action from around the world. 8.00 Football League Special: The Story of the Play-Offs Re-live all the agony and ecstasy of the 1999/2000 divisional play-offs. 9.30 Moto Plus The motoring show with news and features for those who enjoy life in the fast lane. 10.00 Sky Sports Centre All of the latest news from the world of sport. 11.00-12midnight Motor Rally: London - Sydney Marathon Motor racing action.	3.00 Max Headroom <i>Body Banks</i> When a girl is kidnapped and taken to Dr Mason's Body Bank her friend threatens Theora's life. 4.00 Land of the Giants <i>The Mechanical Man</i> The space travellers meet a giant scientist and his robot creation. 5.00 Swamp Thing <i>Judgement Day</i> 5.30 Swamp Thing <i>Eye of the Storm</i> Tressa's long-lost sister returns home. 6.00 The Six Million Dollar Man <i>The Song and Dance Spy</i> A famous entertainer is suspected of being a courier of stolen secrets. 7.00 Amazing Stories <i>You Gotta Believe Me</i> A man tries to alter fate after dreaming that a plane crashes into his home. 7.30 Cybernet 8.00 Quantum Leap <i>Running for Honour</i> Sam leaps to 1964, and into the body of a cadet, to help a colleague who has been hounded off campus. 9.00 The Hunger <i>Clarimonde, The Beautiful Vampire</i> 9.30 The Hunger <i>Bridal Suite</i> With Sally Kirkland. 10.00 FILM: The Dentist <i>Corbin Bernstein</i> An insane Beverly Hills dentist inflicts horrible torture on his patients when he discovers his wife's infidelity. 1996 11.45 Sci-Focus Special Behind the scenes of a science fiction movie. 12midnight FILM: House III Horror about a man who returns from the grave. 1989 1.45am Sci-Focus Special 2.00 Cybernet 2.30 100 Years of Horror <i>Dinosaurs</i> 3.00-4.00am Babylon 5 <i>Endgame</i>	3.00 Bytesize MTV Clips and videos from different MTV stations around the world. 3.55 MTV's Pop Single of the Week 4.00 Select MTV Make MTV your personal video jukebox. Just call the special hotline, pick your video from the on-screen menu and MTV do the rest. Plus chat from top celebrity guests. 6.00 Bytesize MTV Weird and wonderful highlights from MTV stations around the world. 7.00 MTV Hits Back-to-back music videos, featuring the latest from the MTV play list. 9.00 Weekend Edition 9.30 Essential All Saints MTV examines the rise of the girl band which is never out of the papers. 10.00 The Tom Green Show Man-on-the-street comedy. 10.30 The Blame Game Mock court proceedings. 11.00 Singled Out Marathon Four episodes of the dating show. 1.00am MTV Dance <i>Floor Chart Show</i> MTV's dance music expert June Sarpong hits the clubs and counts down the hit tracks that are filling dancefloors. 2.00-6.00am Night Videos
NIGHT TIME	10.30 SportsCentre Live sports news bulletin. 10.45 Boxing Action from a top international contest. 11.45 Formula 3000 Action from the FIA Formula 3000 International Championship in Hungary. 12.15am-1.00am SportsCentre All the latest sporting news.	12.30am Super League Highlights from the top game in the latest round. 2.30 World Wrestling Federation: Late Night - Raw 4.30 Sky Sports Centre Catch up with the latest from the world of sport. 5.30-6.00am Extreme Sailing	11.30 Euro Tour Golf: Victor Chandler British Masters Catch up with the best of the action from day two. 1.30am X-Zone 2000 From the British National Watersport Centre. 2.00 Sky Sports Centre 3.00 Gillette World Sport Special 3.30-6.00am Ford Golf USA: Buick Open Action from Michigan.			

LIVE FORD GOLF USA: BUICK OPEN SKY SPORTS 2 9.00PM

There's a staggering \$2.7m in prize money for this year's Buick Open at the Warwick Hills Golf & Country Club at Grand Blanc, Michigan. Tom Pernice Jr was victorious last year securing his first ever tournament win with a field-splitting final round 65. He was the seventh player last season to record his opening Tour victory. Among his many competitors still waiting to come into contention this season will be the long-time world No. 2 David Duval (pictured), who is due a big win.



PLAYBOY TV/ ADULT CHANNEL ADD-ON CHANNEL

10.00pm Freeview 10.06 The Best of Anna Nicole Smith 11.15 Compromising Situations 12midnight Freeview 12.10am Adult Feature 12.25 The Sex Clinic with Dr Jenny Tulls 12.55 FILM: A Woman's Need 2.10 New Model File 2.35-4.00am FILM: Stargirl

Adult Nightview is now available as a TV on-demand service between 10.00pm and 4.00am at £4.95. See channel 50 for details

TELEVISION X ADD-ON CHANNEL

12midnight Ten Minute Preview 12.10am Stripper of the Year 12.20 Extreme Close-Up 12.45 FILM: Bliss 1.00 Freeview 1.05 FILM continues 2.00 Freeview 2.05 Adult Feature 2.30 FILM: Snow Leopard 3.00 Freeview 3.05-4.00am FILM continues

Adult Nightview is now available as a TV on-demand service between 12midnight and 4.00am at £4.95. See channel 50 for details

VH1 MUSIC & GAMES PACK	ANIMAL PLANET WORLD PACK	 'Treasure Seekers' <i>goes in search of Troy.</i> <i>National Geographic Channel 8.00pm</i>	UK STYLE LIFESTYLE PACK	UK HORIZONS WORLD/ ACCESS PACKS	CARLTON FOOD NETWORK LIFESTYLE PACK	
6.00am Power Breakfast 8.00 Pop-Up Video 9.00 Upbeat 12noon Behind the Music: Celine Dion The story of the diva of pop music and the relationship with her husband/manager. 1.00pm Greatest Hits: Take That 1.30 Pop-Up Video 2.00 VH1 Divas 2000 Another chance to see the all-star female line-up spectacular, which includes Diana Ross, Mariah Carey and Destiny's Child singing solo tracks as well as one-off duets.	12noon Croc Files 12.30pm Going Wild with Jeff Corwin <i>Venezuela</i> 1.00 Zoo Chronicles With Pam St Clements. 1.30 Zoo Chronicles 2.00 Pet Rescue Follow the progress of more RSPCA rescue cases. 2.30 Kratt's Creatures <i>Lion - King of the Beasts</i> 3.00 Woof! It's a Dog's Life Find out how to make your home puppy proof. 3.30 Woof! It's a Dog's Life 4.00 Animal Planet Unleashed Howie finds out how to make animal casts. 4.30 Croc Files A look at sea snakes. 5.00 Pet Rescue Follow the fortunes of abandoned animals. 5.30 Going Wild with Jeff Corwin <i>Louisiana</i> 6.00 The Aquanauts Baby leatherback turtles are released into the wild. 6.30 Croc Files A look inside the habitat of the python. 7.00 Survivors <i>Wolf</i> A look at the progress of a grey wolf that was reintroduced into the Rocky mountains. 8.00 Wild Rescues A report on the Blackfeet conservation project. 8.30 Wild Rescues An walrus suffers from muscle spasms. 9.00 Crocodile Hunter <i>Travelling the Dingo Fence</i> 9.30 Crocodile Hunter <i>Wild in the USA</i> 10.00 Charging Back A study of how conservation has aided the recovery of the rhino, whose numbers had dropped to under 7,000. 11.00 Emergency Vets A Scottish terrier suffers from heart failure. 11.30-12midnight Emergency Vets	ITV2 ACCESS PACK 4.00pm Trisha Another double bill of heartwarming and hair-raising true stories with Trisha Goddard and a studio audience. Text 6.00 The Extremists Series about extreme sports and activities. 6.30 Feature 7.00 Feature 7.30 Feature 8.00 Sunset Beach Ben has problems juggling the women in his life. Cole and Caitlin have a close encounter. 8.50 Chart Choice 9.00 Bad Girls Drama series set in a prison. Jim is accused of having an affair with Shell. Zandra goes into labour. Nikki is hurt by Helen. 10.00 Coronation Street Catch up with tonight's episode from ITV. Text 10.30 Nuts and Bolts Susan makes a decision. 11.00 The Jerry Springer Show More outrageous relationship revelations and confrontations. 11.50 The Late Show with David Letterman Chat show with host and humourist David Letterman and celebrity guests. 12.40am Freaky Stories Ghoulish animation. 12.50 The Extremists Extreme sports programme. 1.20-1.50am Feature	7.00am Holiday in Style 8.00 Ready, Steady, Cook 8.30 Can't Cook, Won't Cook 9.00 Changing Rooms Down Under 9.30 Real Rooms 10.00 Change That 10.30 A Room with a Clue 11.00 How Does Your Wallpaper Hang? 12noon Good Living 12.30pm Style Challenge 1.00 Rick Stein's Seafood Odyssey 1.30 Ready, Steady, Cook 2.00 Ground Force 2.30 Gardening Neighbours 3.00 Learn to Garden with Stefan Buczacki Skills for the new gardener. 3.30 Gardeners' World Gardening magazine. 4.00 Stefan's Garden Roadshow Gardening advice roadshow hosted by Professor Stefan Buczacki. 4.30 Good Living 5.00 Can't Cook, Won't Cook Youth cookery challenge. 5.30 Changing Rooms Down Under Interior design makeovers. 6.00 Antiques Roadshow <i>Newport</i> Inhabitants of Newport, on the Isle of Wight bring in their antiques. 7.00 Real Rooms <i>Bethnal Green Bedroom</i> Decorating experts refresh tired or problem rooms.. 7.30 Change That <i>Bath</i> 8.00 Style Challenge Stylists give people the makeover of their dreams. 8.30 Antiques Treasure Trail Advice on buying antiques. 9.00 Ground Force The team travel to Saltash where they transform a chef's front garden. 9.30 Home Front: Inside Out The team modernise a contemporary town house. 10.30 House Invaders The DIY show in which homes are given a free facelift. 11.00 BBC Gardener of the Year 11.30 Garden Stories <i>Personality</i> A look at how gardens can reflect our personalities. 12midnight Garden Magic Toby Buckland and Lisa Davis offer instant solutions to gardening dilemmas. 12.30am-1.00am Stefan's Garden Roadshow Professor Stefan Buczacki offers help and advice on gardening dilemmas.	7.00am Tomorrow's World Plus 7.50 Night of the Leopard 8.20 The Essential Guide to Rocks 8.50 Vets to the Rescue 9.20 Tomorrow's World Plus 10.15 Killing Queen 11.15 Top Gear GTI 12.15pm The Air Show 12.45 The Air Show 1.15 Passport to the Sun 1.45 Doctors to Be 2.45 Ballet School The pupils of one of Britain's leading dance schools are followed for one term, and their ambitions and frustrations are highlighted. 3.45 Vets to the Rescue Stories of pets in need. 4.20 Animal Hospital Rolf Harris visits the RSPCA Harmsworth Hospital. 4.50 Zoo Series about the animals and keepers at London and Whipsnade zoos. 5.25 What Went Wrong? 5.55 The Cruise <i>Le Grand Buffet</i> Sean the juggler confronts 300 born-again Christians. 6.25 Passport to the Sun 6.55 Crime Squad <i>Beat the Burglar</i> Looking at different ways of defeating burglars. 7.30 Meet the Ancestors <i>At the Sign of the Eagle</i> 8.00 Animal Hospital Rolf Harris visits the RSPCA Harmsworth Hospital. 8.30 What Went Wrong? A show featuring disasters. 9.00 The Cruise <i>Le Grand Buffet</i> Jane has a crisis when the audience walks out. 9.35 Castaway 2000 Documenting the development of an experimental community. 10.35 A Life of Grime The work of environmental health officers at London's Haringey council. 11.05 A Life of Grime 11.35 Paddington Green Documentary series. 12.05am-1.00am Noise Patrol	7.00am Tessa's Tastebuds 7.30 Coxon's Kitchen College 8.00 Network Daily 8.45 Quick Cooks 9.00 Jenny Bristow Cooking in the Kitchen 9.30 Classic Dishes 10.00 Caribbean Kitchen 10.30 Simply Puddings 11.00 Flash in the Pan 11.30 Newman Meets 12noon Four Burners and a Grill 12.30pm Peter Gordon's Pacific Food 1.00 Coxon's Kitchen College 1.30 Aldo's Italian Job 2.00 Food Network Daily 2.45 Quick Cooks 3.00 Jenny Bristow Cooking in the Kitchen <i>Simply Saucy</i> 3.30 Tessa's Tastebuds 4.00 Simply Puddings <i>Chocolate Puddings</i> Lotte Duncan prepares traditional sweets. 4.30 Classic Dishes 5.00 A to Z of Food and Beauty 5.30 Four Burners and a Grill 6.00 Coxon's Kitchen College 6.30-7.00pm Peter Gordon's Pacific Food	6.00 AM MORNING 3.00 PM 4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00
4.00 Greatest Hits: Madonna Thirty minutes of the Material Girl's biggest hits. 4.30 Greatest Hits: Take That 5.00 Ten of the Best: Ronan Keating Boyzone front man Ronan Keating picks his ten favourite videos of all time.			5.00 Can't Cook, Won't Cook Youth cookery challenge. 5.30 Changing Rooms Down Under Interior design makeovers. 6.00 Antiques Roadshow <i>Newport</i> Inhabitants of Newport, on the Isle of Wight bring in their antiques. 7.00 Real Rooms <i>Bethnal Green Bedroom</i> Decorating experts refresh tired or problem rooms.. 7.30 Change That <i>Bath</i> 8.00 Style Challenge Stylists give people the makeover of their dreams. 8.30 Antiques Treasure Trail Advice on buying antiques. 9.00 Ground Force The team travel to Saltash where they transform a chef's front garden. 9.30 Home Front: Inside Out The team modernise a contemporary town house. 10.30 House Invaders The DIY show in which homes are given a free facelift. 11.00 BBC Gardener of the Year 11.30 Garden Stories <i>Personality</i> A look at how gardens can reflect our personalities. 12midnight Garden Magic Toby Buckland and Lisa Davis offer instant solutions to gardening dilemmas. 12.30am-1.00am Stefan's Garden Roadshow Professor Stefan Buczacki offers help and advice on gardening dilemmas.	6.25 Passport to the Sun 6.55 Crime Squad <i>Beat the Burglar</i> Looking at different ways of defeating burglars. 7.30 Meet the Ancestors <i>At the Sign of the Eagle</i> 8.00 Animal Hospital Rolf Harris visits the RSPCA Harmsworth Hospital. 8.30 What Went Wrong? A show featuring disasters. 9.00 The Cruise <i>Le Grand Buffet</i> Jane has a crisis when the audience walks out. 9.35 Castaway 2000 Documenting the development of an experimental community. 10.35 A Life of Grime The work of environmental health officers at London's Haringey council. 11.05 A Life of Grime 11.35 Paddington Green Documentary series. 12.05am-1.00am Noise Patrol	6.30-7.00pm Peter Gordon's Pacific Food	
6.00 The VH1 Album Chart Show Paul King presents news on the biggest and best-selling albums of the week. 7.00 VH1 Hits Two hours of the uninterrupted music videos, featuring the latest from the VH1 playlist.			6.00 The Extremists Series about extreme sports and activities. 6.30 Feature 7.00 Feature 7.30 Feature 8.00 Sunset Beach Ben has problems juggling the women in his life. Cole and Caitlin have a close encounter. 8.50 Chart Choice 9.00 Bad Girls Drama series set in a prison. Jim is accused of having an affair with Shell. Zandra goes into labour. Nikki is hurt by Helen. 10.00 Coronation Street Catch up with tonight's episode from ITV. Text 10.30 Nuts and Bolts Susan makes a decision. 11.00 The Jerry Springer Show More outrageous relationship revelations and confrontations. 11.50 The Late Show with David Letterman Chat show with host and humourist David Letterman and celebrity guests. 12.40am Freaky Stories Ghoulish animation. 12.50 The Extremists Extreme sports programme. 1.20-1.50am Feature	6.25 Passport to the Sun 6.55 Crime Squad <i>Beat the Burglar</i> Looking at different ways of defeating burglars. 7.30 Meet the Ancestors <i>At the Sign of the Eagle</i> 8.00 Animal Hospital Rolf Harris visits the RSPCA Harmsworth Hospital. 8.30 What Went Wrong? A show featuring disasters. 9.00 The Cruise <i>Le Grand Buffet</i> Jane has a crisis when the audience walks out. 9.35 Castaway 2000 Documenting the development of an experimental community. 10.35 A Life of Grime The work of environmental health officers at London's Haringey council. 11.05 A Life of Grime 11.35 Paddington Green Documentary series. 12.05am-1.00am Noise Patrol	6.30-7.00pm Peter Gordon's Pacific Food	
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CHALLENGE TV MUSIC & GAMES PACK 5.00pm Cross Wits 5.30 Sale of the Century 6.00 Family Fortunes 6.30 100% 7.00 Stars in Their Eyes 7.30 Beadle's About 8.00 Gladiators Super-fit members of the public challenge the legendary Gladiators. 9.00 Whittle 9.30 Strike it Lucky 10.00 Sale of the Century 10.30 Family Fortunes	11.00 Stars in Their Eyes 11.30 Winner Takes All 12midnight Beadle's About 12.30am Gladiators 1.30 The Cooler 2.00 Karaoke Challenge 2.30 3-2-1 3.30 The Krypton Factor A gruelling test of physical stamina and mental agility. 4.00 Say the Word 4.30 Whittle 5.00-6.00am Shopping with Screenshop	DISCOVERY HOME & LEISURE WORLD PACK 6.00am The Joy of Painting 6.30 Grassroots 7.00 The Great Gardening Plot 7.30 Doing it Up 8.00 How to with B & Q 8.05 The House Doctor 8.35 Our House Down Under 9.05 The Joy of Painting 9.35 Grassroots 10.05 How to with B & Q 10.10 The Great Gardening Plot 10.40 Two's Country 11.10 Model Magic 11.40 Home Savvy	12.10pm How to with B & Q 12.15 Hometime 12.45 This Old House 1.15 Home Again with Bob Vila 1.45 Wood Wizard 2.15 How to with B & Q 2.20 The New Yankee Workshop 2.50 Kingsbury Square 3.20 Rex Hunt Fishing Adventures 3.50-4.00pm How to with B & Q	RAPTURE BONUS CHANNEL 10.00am Freesport Special 10.30 World Wind Surf 11.00 High Adrenalin Action 11.30 Adrenalize 12noon Chilli Factor 12.30pm Mountain Bikes 1.00 World Wind Surf 1.30 Byte Me 2.00 Adrenalize 2.30 High Adrenalin Action 3.00 Fearless 3.30 Mountain Bikes 4.00 Freesport Special 4.30 World Wind Surf 5.00-6.00pm High Adrenalin Action	LOCAL CHANNEL ACCESS PACK 6.00pm LLTV - Local Life 6.30 What's On TV *London area: Blue Tomorrow Chelsea FC fanzine. Derby area: Vision Rams Derby County FC fanzine. 7.00 LLTV - Local Life 7.30 YCTV 8.00 Student Showcase 8.30 What's On TV 9.00-9.30pm LLTV - Local Life * Repeated Saturday 9.30am	NIGHT TIME

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME

CABLE CHECK
Some of the channels listed may not be available in your area

DISCOVERY WORLD PACK

4.00pm Rex Hunt Fishing Adventures
Portsmouth, UK
Steve tries to hook bass.

4.30 Discovery Today
Science magazine series.

5.00 The Adventurers
Edmund Hillary and Tenzing
A profile of the first people to reach the summit of Mount Everest in 1953.

6.00 Ultimate Guide
Whales
A look at the latest scientific research that uncovers the secrets of these ocean leviathans.

7.00 Wonders of Weather
The Weather Machine
A look at avalanches.

7.30 Discovery Today
Science magazine series.

8.00 The Barefoot Bushman
Dancing with Dingoes
Rob Bredl looks at the dingo and the infamous Lindy Chamberlain case.

9.00 Extreme Contact
Nurse Shark Adventure

9.30 O'Shea's Big Adventure
Back from the Brink

10.00 Extreme Machines
Pedal Power
NEW A look at the bicycle, featuring the Tour de France and BMX stunts.

11.00 Ultimate Aircraft
Airstrike
How fighters enacted Operation Deliberate Force in the 1995 war in Bosnia.

12midnight Time Team
The Fortress in the Lake
A look at the site of a Dark Age man-made island.

1.00am Great Escapes
Lost in the Desert
How a couple survived an ordeal in the Sahara.

1.30-2.00am
Discovery Today

CARTOON NETWORK FAMILY PACK

5.00am Flying Rhino Junior
High 6.00 Fat Dog Mendoza
7.00 Tom and Jerry
8.00 Dexter's Laboratory
9.00 Angela Anaconda
10.00 The Powerpuff Girls
11.00 Dragonball Z
12noon Fiddle Your Friday
12.30pm Looney Tunes
1.00 Fiddle Your Friday
1.30 Cow and Chicken
2.00 Fiddle Your Friday
2.30 Mike, Lu and Og

3.00 Fiddle Your Friday
3.30 Dexter's Laboratory
Chemical chaos with the bedroom professor.

4.00 Fiddle Your Friday
4.30 The Powerpuff Girls
Trouble in Townsville calls for the three heroines.

5.00 Fiddle Your Friday
5.30 Pinky and the Brain
The lab mice return with another dastardly plan.

6.00 Tom and Jerry
Madcap comic antics with the cat and mouse duo.

6.30 The Flintstones
Prehistoric men behaving badly in Bedrock.

7.00 Scooby-Doo
More spooky tales.

7.30 Looney Tunes
8.00 Angela Anaconda
8.30-9.00pm Courage the Cowardly Dog

TCM FAMILY PACK

9.00pm Some Came Running
Frank Sinatra, Dean Martin, Shirley MacLaine
Drama. A writer embarks on a voyage of self discovery when he returns from World War II to his hometown.

Widescreen 1958

11.35-1.00am Katharine Hepburn: All About Me
A candid self-portrait.

CARTOON NETWORK:
1.00am The Moomins 1.30 The Magic Roundabout
2.00 Tabaluga 2.30 Blinky Bill 3.00 The Tidings
3.30 The Fruitties
4.00 The Moomins
4.30-5.00am The Magic Roundabout

THE HISTORY CHANNEL WORLD PACK

12noon The Mysteries of Amelia Earhart: Part II
12.55pm Photos for the Future II
1.00 Crown and Country
1.30 Gardens of the Millennium
2.00 Biography
Richard Nixon - Part II
2.55 A Small Piece of History
3.00 World War I
3.30 I Witness from Bomb to Beatles

4.00 Armoured Attack
5.00 Battleships
6.00 Disappearance
6.55 Photos for the Future II
7.00 Crown and Country
7.30 Gardens of the Millennium
8.00 Biography
Beethoven
8.55 A Small Piece of History
9.00 Great Crimes and Trials
9.30-10.00pm Great Crimes and Trials

NICKELODEON FAMILY PACK

7.00am Transylvania Pet Shop
7.30 Transylvania Pet Shop 8.00 Ren and Stimpy 8.30 Ren and Stimpy 9.00 Kenan and Kel 9.30 Kenan and Kel 10.00 Sister Sister 10.30 Sister Sister 11.00 Cousin Skeeter 12noon Rugrats
12.30pm Rugrats
1.00 Rocko's Modern Life
1.30 Rocko's Modern Life
2.00 Rocko's Modern Life
2.30 Rocko's Modern Life

3.00 Rocko's Modern Life
Cartoon satire on consumer society with a squirrel.

3.30 Rocko's Modern Life
4.00 Kenan and Kel
The adventures of two funky friends.

4.30 Kenan and Kel
Starring Kenan Thompson and Kel Mitchell.

5.00 Sabrina
5.30 Sabrina
5.30 Sabrina
6.00 Are You Afraid of the Dark?
6.30-7.00pm Are You Afraid of the Dark?

PARAMOUNT COMEDY CHANNEL FAMILY PACK

7.00pm Grace Under Fire
7.30 King of Queens
Dog Days

8.00 Ellen
Kiss My Bum
Ellen invites a homeless man for Thanksgiving.

8.30 Just Shoot Me
Funny Girl

9.00 Married... With Children
The Razor's Edge
Steve returns with a beard.

9.30 Spin City
The Apartment

10.00 FILM: Stir Crazy
Gene Wilder, Richard Pryor, Jobeth Williams
Comedy. After being fired from their jobs, two men head to California to seek fame and fortune. But a bizarre turn of events sees the hapless duo sent to prison for a crime they did not commit. 1980

12.05am Cheers 12.35 Cheers 1.05 NewsRadio 1.30 Whose Line is it Anyway? 2.00 Hitz
2.30 Desmond's
3.00 It's Garry Shandling's Show
3.30-4.00am Abbott and Costello

TV TRAVEL SHOP BONUS CHANNEL

A total travel service in your own home. Video brochures give a guided tour of resorts around the world, with regular bulletins and programmes featuring late holidays and special offers. Viewers can then book holidays 24-hours-a-day, seven-days-a-week, by calling 0870 60 60 747. For more information and full listings turn to TV Travel Shop Text, from page 200.

FOX KIDS FAMILY PACK

6.00am Oggy 6.10 Bad Dog 6.30 Bobby's World 6.55 Jim Button 7.15 Walter Melon 7.40 Inspector Gadget 8.00 Oggy 8.10 Biker Mice 8.30 Dennis and Gnasher 8.55 Sailor Moon 9.15 Sailor Moon 9.40 Digimon 10.00 Power Rangers 10.20 Monster Rancher 10.45 Masked Rider 11.05 X-Men 11.30 Spy Dogs 11.50 Ace Ventura 12.15pm Walter Melon 12.35 Inspector Gadget 1.00 Woody 1.10 Casper 1.30 Donkey Kong 1.55 Dennis and Gnasher 2.20 Life with Louie 2.40 Princess Sissi

3.00 Princess Starla and the Jewel Riders
Cult Japanese cartoon.

3.45 Mighty Morphin' Power Rangers
4.05 Mighty Morphin' Power Rangers
4.30 Digimon
The adventures of seven kids in a bizarre world.

4.50 Masked Rider
5.15 Monster Rancher
Genki and Holly try to save Monster Rancher world.

5.35 Biker Mice from Mars
6.00 The New Addams Family
6.25 Casper
6.35-7.00pm Goosebumps

SHOP! LIFESTYLE/ SELECTION PACKS

6.00am Shop! Selection
7.00 Kitchen Shop!
8.00 Jewellery Shop!
9.00 Technology Shop!
10.00 Home Shop!
11.00 Clothes Shop!
12noon Shop! Outlet
1.00pm Kitchen Shop!
2.00 Shop! Selection
A round-up of bestsellers.
3.00 Collectors' Shop!
Collectibles from the *Classic Pooh* range.
3.30 Kids Shop!
Outdoor toys special.
4.00 Entertainment Shop!
5.00 Shop! Preview
6.00 Shop! Selection
7.00-7.30pm Home Shop!

GMTV 2 ACCESS PACK

GMTV2 offers pre-school and lifestyle shows between 6.00am and 9.25am. Weekdays: *The News Hour* at 6.00am followed by children's shows. Saturdays: Children's programming and a round-up of the week's news in *The Review*. Sundays: Highlights include a *Pokémon* triple bill and *The Review*.

QVC LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day - so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Fashion at 5.00pm.

NEWS AND INTERNATIONAL

BBC NEWS 24 NEWS & SPORT/ ACCESS PACKS

6.00am News 7.00 News
8.00 News 9.00 News 9.30 World News 10.00 News
11.00 News 12noon News
1.00pm News 2.00 News
4.00 News 5.00 News
6.00 News 7.00 News 7.30 Sportsday 8.00 News 9.00 News 9.30 HARDtalk 10.00 News 11.00 News 11.30 World Business Report
12midnight News 1.00am News 2.00 News 2.30 World Business Report
3.00 News 3.30 HARDtalk
4.00 News 4.45 Asia Today
5.00 News 5.30-6.00am Talking Movies

CNN INTERNATIONAL NEWS & SPORT PACK

News throughout the day, plus:
5.00am Morning 5.30 World Business 6.00 This Morning
6.30 World Business 7.00 This Morning 7.30 World Business
This Morning 8.00 This Morning
8.30 Sport 9.00 Larry King 10.30 Sport 11.30 Biz Asia 12.30pm Style 1.15 Asian Edition 1.30 World Report 2.30 Showbiz 3.00 Pinnacle 3.30 Sport 4.30 Inside Europe 5.00 Larry King Live
7.30 World Business Today 8.30 Q&A 9.30 Insight 10.00 World Business Today 10.30 Sport
11.00 World View
11.30 Moneyline
12.30am Showbiz
1.00 World News Americas
1.30 Inside Europe
2.00 Larry King
4.30-5.00am American Edition

SKY NEWS NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus:
6.00am Sunrise 10.30 Sky World News 11.30 Money
12noon Sky News Today
2.30pm Your Call 3.00 Sky News Today 4.30 Sky World News 5.00 Live at Five 8.30 Sky Business Report 9.30 Answer the Question 10.00 Sky News at Ten 10.30 Sportsline
12.30am CBS Evening News 1.30 Your Call
2.30 Sky Business Report
3.30 Answer the Question
4.30 Week in Review
5.30-6.00am CBS Evening News

INTERNATIONAL

TV5 5.00am Journal 5.15 Journal des Journaux 5.30 Télématin et le Journal du Temps 7.00 Journal 7.30 Fête des Bébés 8.00 Infos 8.05 Zig Zag Café 9.00 Journal 9.15 Thalassa 11.00 Infos 11.05 100% Questions 11.30 Journal 12noon Infos 12.05pm Passe-Moi les Jumelles 1.00 Journal 1.15 Fort en Tête 2.15 C'est Mon Choix 3.00 Journal 3.15 Questions 3.30 Les Carnets du Bourlingueur 4.00 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal 5.15 Thalassa 7.00 Journal 7.30 Journal et Le Journal du Temps 8.00 Infos 8.05 Diva 9.00 Journal 9.30 Fous d'Humour/ Parlez-Moi D'Amour 11.00 Journal 11.30-12midnight Soir 3

ASIANET ADD-ON CHANNEL CABLE EXCLUSIVE

7.30am Juke Box 8.00 DD News 8.30 DD Programme
9.00 FILM 11.30 News
12noon Rajni 12.30pm Baaje Payal 1.00 Swabimaan 1.30 FILM 4.00 Jaldi Jaldi 4.30 Juke Box
5.00 Agar 6.00 Tiger 6.30 Asianet Legal Live 7.15 Swabimaan 7.40 News
8.00 Aarzo 8.30 Dard 9.00 FILM 11.30 News
12midnight MTV Fresh
12.30am Asianet Legal Show 1.15 FILM
4.00 Music Box
4.30 Dard
5.00 MTV 123
6.00 Jaldi Jaldi
6.30 DD Programme
7.00-7.30am DD Programme

ZEE TV ADD-ON CHANNEL

6.00am Boegi Ki Pg 6.30 Bhakti Songs 7.00 Faith: Islam 7.30 Daily News 8.00 Pakistan News Link 8.30 Kartavya 9.00 Sanskar 10.00 Deewangi 11.00 Zaike Ka Safar 11.30 Making of a Legend
12noon FILM 3.00pm Dear Women 3.30 Zee Premiere Show 4.00 Kartavya 4.30 Aashiqui 5.00 Sare Jahan Se Acha 5.30 Amanat 6.00 Yehi to Pyar Hai 6.30 Footloose 7.00 Net Asia Up Beat 7.30 Entertainment Express 8.00 News Bulletin 8.30 Muskan 9.00 Sampat Aur Sampat 9.30 Mehendi Tere Naam Ki 10.00 Thriller at 10 10.30 The X Zone 11.30 Kasak 12midnight Punjabi News 12.30am FILM 3.30 Hum Paanch 4.00 Daraar 4.30 Campus 5.00 Commander 5.30-6.00am Flu

CHRISTIAN CHANNEL EUROPE WORLD PACK

5.00am 700 Club 5.30 Gospel Truth - Andrew Wommack 6.00 Good News 6.30 Changing Your World 7.00 Believers Voice of Victory
7.30 This is Your Day
8.00 Behind the Screens
8.20 Thought for the Day
8.30 Life in the Word
9.00 The Messenger
9.30 Winning Ways - Matthew Ashimolowo
10.00 CMTV
10.30-11.00am 700 Club Replay

BLOOMBERG WORLD PACK

2.00am Clarke's Chronicles
2.30 Asian Market Report
3.30 Tokyo Live 4.45 Wall Street Report 5.05-6.00am US Market Report

BBC PARLIAMENT NEWS & SPORT PACK

Parliament is in recess.

Week 2

Saturday 12th August-Friday 18th August

A state of siege

New York City is gripped by fear. Islamic terrorists are striking at the very heart of the Big Apple and there seems little the authorities can do to stop them. This is the plot premise of *The Siege*, which balances the US paranoia of terrorist attack against the dangers of singling out ethnic minorities. Denzel Washington plays a brooding, under-fire FBI chief whose search for answers is thwarted at every turn by scheming CIA operatives, led by Annette Bening (below). As the situation spirals out of control and the body count mounts, gung-ho general Bruce Willis is called in to dispense justice in the form of the implementation of zero-tolerance martial law. Director Edward Zwick summons suspense with aplomb and the crowd scenes are orchestrated with the sort of skill he demonstrated in the Civil War drama *Glory*. The director encourages universally excellent performances, but it is Washington, in his third film for Zwick (the others being *Glory*, for which he won an Oscar, and *Courage Under Fire*), who anchors the film with another of his typically authoritative portrayals. *Sky Premier, Saturday 12th, 8.00pm*



File under 'series finale'

The controversial current series of *The X-Files* draws to a close this week with an episode entitled *Requiem*, which signals the belated re-emergence of creator Chris Carter as a screenwriting force. It's a supremely suspenseful story that sees agents Mulder and Scully returning to the scene of their very first investigation seven years ago, before dropping a final plot bombshell that will leave fans desperate for the next series. There are lots of references to past episodes for die-hard X-philes to relish and that this celebration of the unexpected still has the power to shock and surprise is testament to Carter's script. Still, many card-carrying fans have expressed desperate disappointment with this season, which they believe offers proof that the series is finally passed its sell-by date. It has been an eventful series both on-screen (Mulder finally found out what happened to his sister and Scully uncovered a space craft off the coast of west Africa that held the codes of all earth-bound existence) and behind the scenes. Both leads, Gillian Anderson and David Duchovny (left), wrote and directed episodes and there was a huge amount of speculation about the future of *The X-Files*. The truth may still be out there somewhere, but how long have our heroes got left to find it? *Sky One, Sunday 13th, 9.00pm*

	SKY PREMIER PREMIUM CHANNEL	SKY MOVIE MAX PREMIUM CHANNEL	SKY CINEMA PREMIUM CHANNEL		
MORNING	6.00am The Legend of Cryin' Ryan 1998, rating Sky PG, 89 mins 7.45 Mel 1999, rating Sky PG, 88 mins 9.30 The Simple Life of Noah Dearborn 1999, rating Sky PG, 88 mins 11.15 Muppets Take Manhattan 1984, rating Sky U, 94 mins 1.00pm Look Who's Talking Too 1990, rating Sky PG, DS, 77 mins 2.30 Freaky Friday Jodie Foster, Barbara Harris Family comedy. A schoolgirl and her mother each think that the other has an easy life. They wish they could swap places for a day and it comes true – they then must cope with living as the other. 1977, rating Sky U, 97 mins 4.15 Wild America Jonathan Taylor Thomas, Devon Sawa, Scott Bairstow True-life adventure about three brothers who became acclaimed nature film-makers. Set in 1967, it follows their true experiences once they leave home in a bid to film endangered species. 1997, rating Sky PG, 102 mins	6.25am Blue Valley Songbird 1999, rating Sky PG, 88 mins 8.00 Mystery Monsters 1997, rating Sky PG, 83 mins 10.00 Airspeed Joe Mantegna, Elisha Cuthbert 1997, rating Sky PG, DS, 84 mins 12noon Cannonball Run II Burt Reynolds, Dom DeLuise 1984, rating Sky PG, 104 mins 2.00pm ChiPs '99 Larry Wilcox, Erik Estrada Crime. Movie spin-off from the popular TV series in which a Chicago police officer rejoins the force determined to help his friend, and former partner, investigate a series of unsolved car crimes. 1998, rating Sky PG, 94 mins 4.00 Imminent Danger Connie Sellecca, Matt McCoy Action thriller. A widowed expert wilderness guide takes her children on a rafting adventure so that they can get to know her new boyfriend. But as if the perils of the wild were not enough to contend with, they get caught up in a hostage situation with an escaped convict. 1998, rating Sky PG, 89 mins 6.00 Airspeed Joe Mantegna, Elisha Cuthbert Action thriller about a girl who faces a life or death decision when the plane in which she is travelling is struck by lightning and the crew and passengers are injured. As the plane plummets towards the ground, she is left with only one choice – to fly the plane herself. 1997, rating Sky PG, DS, 84 mins 8.00 Cannonball Run II Burt Reynolds, Dom DeLuise, Shirley MacLaine, Dean Martin Action comedy sequel. A sheikh offers one million dollars to the first driver to complete an illegal road race from Connecticut to Redondo Beach, California. This inspires the drivers to embark on a frenetic car chase. 1984, rating Sky PG, 104 mins 10.00 Halloween: H2O Jamie Lee Curtis, Janet Leigh, Adam Arkin, Michelle Williams Twenty years after their first encounter, an alcoholic learns that a psychopathic killer has escaped from an asylum. Still tormented, she is certain that he is after her. Text 1998, rating Sky 18, 83 mins 11.30 The Assignment Aidan Quinn, Donald Sutherland Thriller. A Naval officer trains to impersonate a terrorist. Text 1997, rating Sky 18, 114 mins 1.30am Tennessee Nights 1989, rating Sky 15, 100 mins 3.15 Breaking Up Text 1997, rating Sky 15, 86 mins 4.45-6.00am Blue Valley Songbird 1999, rating Sky PG, 88 mins	11.00am Pimpernel Smith Leslie Howard, Francis L Sullivan War-time adventure about a rescue mission to occupied Europe. 1941, rating Sky U, 116 mins 1.00pm Run Wild, Run Free John Mills, Fiona Fullerton Family adventure in which a mute boy befriends a horse. 1969, rating Sky U, 95 mins 2.40 Uforia Cindy Williams, Fred Ward Sci-fi comedy about a deeply religious and lonely supermarket assistant who predicts the imminent arrival of a UFO and convinces several prominent locals of her credentials as an ambassador for the human race. 1980, rating Sky PG, 90 mins 4.15 Pimpernel Smith Leslie Howard, Francis L Sullivan, Mary Morris War adventure. An archaeology professor embarks on a rescue mission to Nazi-occupied Europe to help out some stranded refugees. But things become complicated when a woman who is secretly working for the Gestapo enters his circle. 1941, rating Sky U, 116 mins 6.15 The Southern Star George Segal, Ursula Andress, Orson Welles, Ian Hendry Jungle adventure, set in Africa at the turn of the century. An itinerant wanderer comes into possession of a valuable diamond which, unfortunately for him, many people would quite happily kill to possess. 1969, rating Sky PG, 102 mins 8.00 The Odessa File Jon Voight, Mary Tamm, Maximilian Schell, Maria Schell Thriller. After reading the diary of an elderly Jewish man who committed suicide, a freelance journalist stumbles upon Odessa, a secret cell of Nazis, while investigating the alleged sighting of a former SS captain who commanded a concentration camp during World War II. 1974, rating Sky 12, 123 mins 10.10 Silver Sharon Stone, William Baldwin Mystery thriller. A new tenant in an apartment building where fatal accidents have occurred embarks on an affair with her neighbour. With a sense that she is continually being watched, she begins to wonder exactly what is going on in her new environment. 1993, rating Sky 18, 104 mins 12midnight The Pope Must Die Robbie Coltrane, Herbert Lom A former rock 'n' roll musician is inadvertently elected as Pope. 1991, rating Sky 15, DS, 96 mins 1.40am The Odessa File Jon Voight, Mary Tamm 1974, rating Sky 12, 123 mins 3.50-5.00am Silver 1993, rating Sky 18, 104 mins	 Annette Bening, Denzel Washington and Tony Shalhoub star in the premiere of 'The Siege'. Sky Premier 8.00pm MOVIE RATINGS Sky U: Suitable for viewing by all Sky PG: Parental Guidance suggested Sky 12: Suitable for viewers aged 12 years and over Sky 15: Suitable for viewing by people of 15 years or over Sky 18: Suitable for viewing by adults only Text: film is subtitled on page 888 of Fastext Widescreen: shown in cinema (letterbox) format	
	3.00 PM				
	4.00 PM				
	5.00 PM				
	6.00 PM				
7.00 PM					
8.00 PM					
9.00 PM					
10.00 PM					
11.00 PM					
NIGHT TIME					
				FILMFOUR ADD-ON CHANNEL 6.00pm Head Micky Dolenz, David Jones, Peter Tork, Mike Nesmith Cult comedy. The Monkees get involved in a fascinating mix of psychedelic sequences and madcap pranks plus the usual mix of songs. To add to the fun the film features many celebrity cameos and clips, including Boris Karloff's <i>The Black Cat</i> . 1968, 86 mins 8.00 Les Visiteurs Jean Reno, Christian Clavier Time-travel comedy. A medieval nobleman and his servant are accidentally transported to the 20th century by a senile sorcerer. The knight enlists the aid of his descendant to try to find a way to return home, while trying to cope with the technological changes that distinguish his time from ours. 1993, 102 mins 10.00 Austin Powers: International Man of Mystery Mike Myers, Elizabeth Hurley A sex-mad British secret agent, cryogenically frozen in the 1960s, is woken up 30 years later to face his arch nemesis who is holding the world hostage and demanding a ransom. Text 1997, 91 mins 11.40 The Valley Obscured by Clouds Bulle Ogier, Jérôme Beauvarlet Action drama. A woman joins an expedition to explore a hidden valley and, in doing so, finds herself. Text 1972, 101 mins 1.30am Trader Hornee Adventure. Text 1970, 84 mins 3.00-6.00am Kingpin Comedy. 1996, 110 mins	
				Create your own personal TV diary: www.cableguide.co.uk CARLTON CINEMA LIFESTYLE PACK 7.00pm Hombre Paul Newman, Fredric March, Richard Boone, Diane Cilento Western. A white policeman becomes the victim of racism at the hands of white society because he was brought up by a tribe of Apache Indians. He is forced to come to terms with his position between both worlds, not feeling comfortable in either. Text 1967, 111 mins 9.00 The Darklings Suzanne Somers, Martin Sheen, Ryan DeBoer, Tippi Hedren Mystery thriller. A teenager believes he has witnessed the murder of a neighbour by her husband. When no body is found he recruits his friends to go to any lengths to prove a crime has been committed – even if it means invading the man's home. 1999, 120 mins 11.00 Starman Jeff Bridges, Karen Allen Romantic adventure. An alien lands on Earth, takes on the appearance of a woman's dead husband and enlists her help to escape from pursuing authorities. Widescreen 1984, 115 mins 1.00am The Challenge Martial arts thriller. 1982, 112 mins 3.00 Two Lane Blacktop Drama. 1971, 100 mins 5.00-7.00am The Wolves of Willoughby Chase Fantasy drama. 1989, 89 mins	

FRONT ROW	Channel 51 Matinee	Channel 51 Evening	Channel 52	Channel 53
SCREENING WHEN YOU'RE GOOD AND READY WITH CABLE & WIRELESS See channel 50 or your Front Row spread on pages 14, 15 for further details. KEY TO FILM CONTENT T/C: Theme/Content BL: Bad Language S/N: Sex/Nudity V: Violence	MY FAVOURITE MARTIAN Rating PG, 90 mins Comedy. A Martian crash-lands his spaceship on Earth and is pursued by an ambitious, Pulitzer prize-hunting reporter. Stars Jeff Daniels, Elizabeth Hurley and Christopher Lloyd. T/C: Comedy, sci-fi fantasy. BL: Infrequent, mild. S/N: Once, mild, comic nudity. V: Infrequent, mild horror. 7.30am, 9.30am, 11.30am, 1.30pm	MICKEY BLUE EYES Rating 15, 98 mins Comedy. An English auctioneer, working in New York, proposes to his American girlfriend, not realising that her family are all mobsters. Stars Hugh Grant and Jeanne Tripplehorn. T/C: Comedy, mafia. BL: Infrequent, strong. S/N: None. V: Infrequent, moderate. 4.00pm, 6.00pm, 8.00pm, 10.00pm, 12midnight, 2.00am, 4.00am	THE MATCH Rating 15, 93 mins Romantic comedy. A traditional village pub faces closure if it loses a football match against its modern rival. Stars Max Beesley and Laura Fraser. T/C: Comedy, drama, football. BL: Some, strong. S/N: Some, strong comic references. V: Infrequent, mild. 6.30pm, 8.30pm, 10.30pm, 12.30am, 2.30am	10 THINGS I HATE ABOUT YOU Rating 12, 94 mins Teen comedy, derived from Shakespeare's <i>The Taming of the Shrew</i> , about two very different sisters and their romantic trials and tribulations. Stars Larisa Oleynik and Julia Stiles. T/C: Teen romance. BL: Occasional, moderate. S/N: Some mild references. V: Once, mild. 7.00pm, 9.00pm, 11.00pm, 1.00am, 3.00am

SKY ONE ACTION/ SELECTION PACKS	UK GOLD LIFESTYLE/ SELECTION PACKS	LIVING LIFESTYLE PACK	GRANADA PLUS ACTION PACK	DISNEY CHANNEL ADD-ON/ PREMIUM CHANNEL	
6.00am Long Play 7.30 Mega Babies 8.00 Godzilla 8.30 Mummies Alive 9.00 Pokémon 9.30 Pokémon 10.00 Pokémon 10.30 The Simpsons Text 11.00 World Wrestling Federation - Smackdown 1.00pm World Wrestling Federation - Livewire 2.00 AXN Text 2.30 Storm Warning Text 3.00 Melrose Place No Time for Sperm Banks American soap. Samantha and Craig put the past behind them and Michael and Megan go to marriage guidance sessions. 4.00 Star Trek: Deep Space Nine Things Past Four crew members are placed in the roles of Bajorans executed seven years earlier. Text 5.00 Star Trek More adventures in outer space. The enduring and phenomenally popular science fiction series which began some 30 years ago and inspired several spin-offs. 6.00 Pokémon Bound for Trouble 6.30 The Simpsons Homer at the Bat Homer signs up for the nuclear power plant's softball team. Text 7.00 Futurama When Aliens Attack A broadcast is interrupted. Text 7.30 The Simpsons The Last Temptation of Krusty Krusty tries new material. Text 8.00 Futurama How Hermes Requisitioned His Groove Back Text 8.30 Suddenly Susan Models and Strippers and Wasps, Oh My! Text 9.00 Xena: Warrior Princess Warrior, Princess, Tramp Xena must foil an attempt to dethrone her friend and uncanny lookalike, Princess Diana. 10.00 Cops Fort Myers A transvestite prostitute and an alleged customer argue. Text 10.30 Cops Fort Myers Text 11.00 Hot Summer Downunder Rob and Anne tie the knot in idyllic circumstances in a ceremony filled with love and raucous behaviour. Text 12midnight Showbiz Weekly 12.30am Tekwar Text 1.30 Manhunter 2.30 In the Heat of the Night 3.20 In the Heat of the Night 4.10 In the Heat of the Night 5.00 The Newlywed Game 5.20 The Newlywed Game 5.40-6.00am The Newlywed Game	6.00am Going Straight 6.40 Bread Text 7.20 Neighbours Omnibus 9.25 Dynasty Omnibus 12.10pm EastEnders Omnibus Carol has some harsh words for David, and Alan is in for a nasty shock. Natalie plans a girls' night out clubbing with Bianca - until Ricky comes along too. Cindy and Gita manage to get a day away from Albert Square. 3.05 The Bill Omnibus Slater and Ackland are called upon to investigate a teenage catfight over an older man. But, on closer inspection, there are more serious implications to the case. Meanwhile, Daly takes on drug smugglers who are using intimidation to force prisoners to smuggle drugs into a prison. A few underhand methods may be needed to stop them. Elsewhere, a young man has a gun confiscated by officers who may be doing him a big favour. 5.35 'Allo 'Allo! Rene is forced to masquerade as the head of the Gestapo to rescue Herr Flick. Text 6.05 Due South Mountie Sings the Blues A country-music star receives a death threat and needs police protection but the stalker may not be a stranger. 7.10 FILM: Perry Mason - The Case of the Reckless Romeo Raymond Burr, Barbara Hale, William R Moses, Tracy Nelson Courtroom drama with the celebrated lawyer. Perry encounters show business when he is asked to defend a famous TV actress accused of murdering a popular talk show host. 1993 9.00 Daiziel and Pascoe An Advancement of Learning Mystery series, adapted from the award-winning novels of Reginald Hill. A surprising discovery is made when a memorial to the former principal of a teacher training college for young women is removed after the college becomes part of a university. Text 10.55 Silent Witness Drama series about a forensic pathologist. A terminally-ill patient dies and his body is donated for medical research, but his death seems suspicious to Sam who starts to investigate. 12midnight Silent Witness Second part of the drama. 1.05am Harbour Lights 2.10 Whatever Happened to the Likely Lads? 2.50 Monty Python's Flying Circus 3.30 Silent Witness 4.25 Silent Witness 5.25-6.00am Angels	6.00am Ready, Steady, Cook 6.30 Can't Cook, Won't Cook 7.00 Tiny Living 9.00 Forgive or Forget 9.50 Relationship SOS 10.25 Home and Away Omnibus 12.30pm FILM: Little Girls in Pretty Boxes Swoosie Kurtz, Philip Casnoff Family drama about a junior gymnastic champion. 1997 2.20 FILM: Stormy Weather Cybill Shepherd, Robert Beltran, Charlie Schlatter, Kurt Fuller Comedy adventure. A female private eye is hired by a handsome Italian aristocrat to track down a missing relative, and she uncovers a plot involving drug smuggling, murder and politics. 1992 4.10 Special Babies Documentary series on babies born with special needs, their parents, and medical carers. 4.40 Maury Povich A double bill of the compelling and personal talk show dealing with emotional conflicts, hosted by veteran broadcast journalist Maury Povich. 6.20 Chat's Moral Dilemmas Julia Bradbury hosts the talk show which offers advice to people who are in a dilemma and don't know where to turn. 7.10 Forgive or Forget Host Mother Love deals with real problems in a variety of relationships and tries to help guests to forgive each other. 8.00 Judge Judy Double bill of the show in which outspoken New York City family court judge presides over a series of real-life cases and conflicts, trying to find solutions. 9.00 Profiler Suspense thriller series about a brilliant forensic psychologist with a gift for understanding the criminal mind which she uses to try and outwit her suspects. 10.00 Jerry Springer A double bill of the outrageous American talk show. Jerry Springer and his guests engage in lively and frequently heated discussion about relationship issues and alternative lifestyles. 11.45-12midnight Sex Bites Raunchy late-night fun with Katrina Buchanan.	6.00am On the Buses 6.30 On the Buses 7.00 Plus on Plus 7.30 Mind Your Language 8.00 Bowler 8.30 Supersonic 9.00 Mission: Impossible 10.00 Charlie's Angels 11.00 Terry and June 11.30 Terry and June 12noon Please Sir 12.30pm Plus on Plus 1.00 On the Buses 1.30 On the Buses 2.00 Agatha Christie's Partners in Crime 3.00 Emmerdale Omnibus A new couple moves into the Woolpack, and David's shoot goes badly. Meanwhile Chris sabotages Kim's business and Jessica has a shock. Text 4.00 Charlie's Angels Angels Belong in Heaven A paid assassin sets his sights on the Angels and an informer is gunned down before he can pass on any useful information. 5.00 Cagney and Lacey Recreational Use The detectives investigate complaints from a group of senior citizens who say they are being terrorised by their landlord. 6.00 Watching Exploding Brenda confesses to Malcolm. 6.30 George and Mildred Family Planning Mother-in-law is moving in. 7.00 Agatha Christie's Partners in Crime House of Lurking Death The husband and wife sleuths investigate a very real case of death by chocolates. 8.00 The Chief Police drama. An investigative journalist makes a programme about the spread of BSE from animals to humans, based on a leaked government document. 9.00 The New Statesman Waste Not, Want Not The MP's dirty tricks rebound. 9.30 Shelley The Distaff Side Comedy series. 10.00-11.00pm The Knock	6.00am PB and J Otter 6.20 Music Time 6.25 Pooh 6.40 Art Play 6.45 Classic Toons 6.55 Spot 7.05 Bite Size 7.20 Circle Time 7.25 Bear 7.50 Olle 8.00 Boy Meets World 8.30 Teen Angel 8.55 Art Attack 9.35 Sabrina 10.00 Doug 10.30 Pepper Ann 11.00 Smart Guy 11.30 Miami 7 12noon Boy Meets World 12.30pm Incredible Story Studio 1.00 FILM: Your Choice Your Voice 2.30 Mickey Mouseworks 3.00 101 Dalmatians Frisky Business/ Cadet of the Month Text 3.30 Timon and Pumbaa The Lion King duo in their own show. Text 4.00 FILM: Lion King II: Simba's Pride Voices of Neve Campbell and Matthew Broderick The Lion King's daughter falls in love with his old enemy's potential successor. Can love overcome old feuds? 1998 Text 5.20 Honey, I Shrank the Kids: The TV Show Honey, They're After Me Lucky Charms Text 6.05 Smart Guy Below the Rim A coach deserts his team. Text 6.30 Boy Meets World It's Not You, It's Me.... Cory and Shawn fight. Text 7.00 FILM: Model Behaviour Maggie Lawson, Kathie Lee Gifford Two teen girls have strikingly similar looks and are dissatisfied with their lives so they decide to try trading places. Text 8.25 Honey, I Shrank the Kids: The TV Show Honey, The Bunny Bit It The Resurrect-O-Mat revitalises a dead bunny too well. Text 9.10 Thunderstone Things are coming to a head in a tense hostage crisis. 9.35 Dinosaurs Prehistoric animatronics. Text 10.00 Home Improvement Comedy double bill. Text 11.00 Dr Quinn: Medicine Woman Text 11.50-12midnight Toons	MORNING 6.00 AM 3.00 PM 4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM NIGHT TIME 12.00

CABLE CHECK
Some of the channels listed may not be available in your area

CABLE CHOICE

FILM

Les Visiteurs
FilmFour 8.00pm
Infectious time travel comedy starring Jean Reno as a gormless 12th-century knight who, along with his manservant, is sent spinning through the ages into 20th-century France. Hilarious buffoonery ensues as the pair attempt to find a way back to their own time.

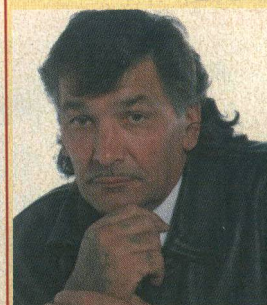
GENERAL

Otherworld
Sci Fi 6.00pm
Another parallel universe series, *Otherworld* finds the Sterling Family adrift in an alternative universe known as Thel. Journeying to its capital city, the family encounters the Signpost Astrologers, who may represent their last hope of returning to their own world.

ADVERTISEMENT UK HORIZONS

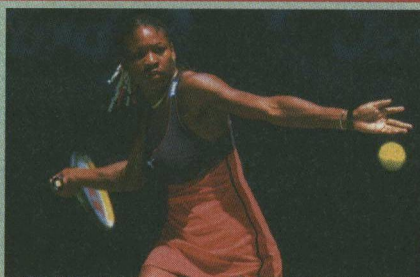
MUSCLE 9.00PM

Bouncers, doormen, call them what you like, they're the nightclub guardians, treading a fine line between keeping the peace and breaking the law. This moving documentary provides a gritty insight into the nightlife scene with strong characters, professional violence and real-life action.



Saturday 12 August

	EUROSPORT NEWS & SPORT/ SELECTION PACKS	SKY SPORTS 1 PREMIUM CHANNEL	SKY SPORTS 2 PREMIUM CHANNEL	SKY SPORTS 3 PREMIUM CHANNEL	SCI-FI ACTION PACK	MTV MUSIC & GAMES PACK
MORNING	7.30am Water Skiing 8.30 Cliff Diving 9.00 Xtreme Sports 10.00 Motocross 10.30 Rally 11.30 Live Triathlon 1.30pm Formula 3000 - LIVE Formula 3000 International action from Hungaroring in Hungary.	6.00am Aerobics Oz Style 6.30 Sky Sports Centre 7.30 Racing News 8.00 Gillette World Sport Special 8.30 Super League 10.30 Australian Rugby League: Play-Off 12.30pm Football League Special: The Story of the Play-Offs 2.00 Gillette Soccer Saturday Jeff Stelling and the usual studio guests preside over the afternoon's football action with expert analysis of the scores, results and stories as they come in.	6.00am Sports Unlimited 7.00 Football League Special: The Story of the Play-Offs 8.30 Racing News 9.00 Soccer AM 12noon Australian Rules Football Action from Australian Football League. 2.00pm Max Power Motorsport series.	10.00am X-Zone 2000 10.30 Johnny Mowlem Porsche Travels 11.00 Ford Golf USA: Buick Open Action from the Buick Open where the total prize money amounts to \$2.7 million. 1.30pm Euro Tour Golf: Victor Chandler British Masters - LIVE Action from the third day's play in the Victor Chandler Masters. The field includes Colin Montgomerie, Europe's top golfer over the last few years and Bob May, the player who beat him by one stroke in this event to win it last year.	8.00am Deepwater Black 8.30 FILM: Frankenweenie Sci-fi spoof. 1984 9.00 The Incredible Hulk 10.00 Lost in Space 11.00 The Six Million Dollar Man 12noon FILM: This Island Earth Sci-fi adventure. 1955 1.35pm Planet of the Apes 2.35 Cybernet	6.00am Select MTV 8.00 The Grind 9.00 Total Request 10.00 European Top 20 12noon Weekend Edition Catch up with last week's major showbiz news. 12.25pm MTV's Pop Single of the Week 12.30 Select MTV Richard Blackwood hosts the music request show.
	3.30 Cycling - LIVE Live seventh-round action of the Cycling World Cup coming from San Sebastian in Spain, where the cyclists will have to compete against each other on a course over 230km long. 4.30 Cycling Women's cycling action from La Grande Boucle in France, boasting a pack of 140 competitors from 26 different nationalities. 5.30 Ski-Jumping Action from the third event in the Summer Grand Prix from Villach, Austria.		3.00 World Motor Sport Series that provides racing enthusiasts with a guide to which meetings are taking place across the globe, who is racing where, in what vehicle and at what time. The series also provides a comprehensive round up of action from all the biggest meetings.		3.05 Robocop Trouble in Delta City Futuristic drama series. Robocop uncovers an insidious plot by the evil genius Dr Cray Mallardo. 4.00 Deepwater Black Prime 4.30 FILM: Frankenweenie Sci-fi spoof. 1984 5.00 Fantasy Island Fantasy Island returns as Roarke welcomes a new batch of unsuspecting guests to the resort. 6.00 Otherworld Rules of Attraction The Sterling family find themselves transported to a parallel universe after exploring a pyramid.	3.30 Weekend Edition Showbiz news and gossip. 4.00 Bytesize MTV More highlights from MTV stations across the globe, presented as a fast-cutting mix of short soundbites.
	4.00 PM					
	5.00 PM					
6.00 PM		6.00 Australian Rugby League: Play-Off Action from down under as the Australian rugby league season reaches a crescendo with the play-offs phase. The teams looking most likely to succeed this season are The Broncos, The Knights and The Panthers. 8.00 Fight Night: Joe Calzaghe v Omar Sheika - LIVE Paul Dempsey hosts this super-middleweight clash at Wembley Conference Centre. Joe Calzaghe will be looking to improve on his recent poor form as he takes on Omar Sheika. Commentary will be by Ian Darke and Glenn McCorty. 10.00 World Wrestling Federation: Late Night - Smackdown Another bout of uncut rough and tumble action from the stars of the World Wrestling Federation. 11.55 Premiership Shorts: - Newcastle United v Manchester United 12midnight Kick Boxing - Best of the Best 1.00am Fight Night: Calzaghe v Sheika 3.00 WWF: Late Night - Smackdown 4.55 Premiership Shorts: Liverpool v Newcastle 5.00-6.00am Kick Boxing - Best of the Best	6.00 Australian Rules Football Action from the Australian Football League. Sixteen teams compete in a 22-match premiership season. Top teams include the Brisbane Lions, the Mighty Kangaroos and the Western Bulldogs. 8.00 Ford Golf USA: Buick Open - LIVE Action from the third day of the Buick Open being played at the Warwick Hills Golf and Country Club in Grand Blanc, Michigan. The prize money for this year's winner is \$486,000.	5.30 Inside the Senior PGA Tour A behind the scenes look at the senior PGA Tour. 6.00 X-Zone 2000 The action comes from the National Watersport Centre in Nottingham. 6.30 Football Special: How the Premiership Was Won - 94/95 Season A look at the 1994/95 Premier League season, when Kenny Dalglish's Blackburn, spear-headed by Alan Shearer, wrestled with Manchester United for the Premiership. 8.30 Cricket: NatWest Trophy - Semi-Final Highlights of all the action from the first semi-final of the Nat West Trophy. Charles Colville presents.		
7.00 PM						
8.00 PM	7.30 Tennis - LIVE Semi-final action from the WTA tournament in Los Angeles, USA.				7.00 Weekend Edition 7.30 MTV Movie Special: Gone in 60 Seconds NEW Cinema preview. 8.00 Diary of Jennifer Lopez NEW Behind the scenes with the Latin diva. 8.30 Essential Robbie Williams 9.00 Biorhythm: Lenny Kravitz Chart the rise of the singer-songwriter. 9.30 The Blame Game 10.00 V99 Highlights Show Featuring performances from the likes of Suede, Travis, the Manics and Massive Attack. 11.00 True Life: I Live in a Brothel NEW Documentary. 11.30 Biorhythm: Mary J Blige NEW Profile of the singer. 12midnight The Late Lick Latest R&B videos and news presented by Trevor Nelson. 1.00am MTV Dance Floor Chart Show With June Sarpong. 2.00 Hit List UK 3.00 Chill Out Zone 5.00-6.00am Night Videos	
9.00 PM						
10.00 PM	10.30 SportsCentre Live sports news bulletin. 10.45 Jet-Skiing Indoor jet-skiing action from Paris-Bercy.		11.00 Euro Tour Golf: Victor Chandler British Masters Third-day highlights from play at the Victor Chandler British Masters at Woburn. Bob May is the defending champion. 1.00am X-Zone 2000 1.30 Australian Rules Football 3.30 Australian Rugby League: Play-Off 5.30-6.00am Johnny Mowlem Porsche Travels	10.30 Johnny Mowlem Porsche Travels Following the progress of the rising sports star. 11.00-12midnight Motor Rally: London-Sydney Marathon In-depth coverage of this high-speed event.	10.00 FILM: Ticks Rosalind Allen, Ami Döenz, Seth Green A group of inner city teenagers have to contend with mutated ticks that have an appetite for human flesh. 1993 11.35 Sci-Focus Special A look behind the scenes of a recent blockbuster. 12midnight FILM: Armageddon Japanese animation. The Earth is attacked by aliens. 1.40am Sci-Focus Special 2.00 Amazing Stories 2.30 The Ray Bradbury Theatre 3.00-4.00am Lost in Space	
11.00 PM						
12.00	12.15am Boxing Boxing action from an international contest. 12.45-1.00am SportsCentre All the latest sporting news.					
NIGHT TIME						
LIVE TENNIS: WTA TOURAMENT - LOS ANGELES EUROSPORT 7.30PM Tennis's remarkable Williams sisters return to their hometown of Los Angeles this week for the \$535,000 estyle.com Classic. The younger of the two, Serena (pictured), will be defending the tournament she won last year when she beat France's Julie Halard-Decugis in the final. Serena will have to overcome her older sibling rival Venus, as well as the likes of Martina Hingis, Monica Seles and Arantxa Sanchez Vicario, if she wants to retain her title and win the lion's share of the prize.					PLAYBOY TV/ ADULT CHANNEL ADD-ON CHANNEL 10.00pm Freeview 10.06 Night Calls 10.45 Intimate Sessions 11.15 Sexy Girl Next Door 12midnight Freeview 12.10am Adult Feature 12.40 Sam Gets Her Girl 1.00 FILM: Hard Driven 2.20 Dr Anna St John 2.45-4.00am FILM: Scarlet Woman Adult Nightview is now available as a TV on-demand service between 10.00pm and 4.00am at £4.95. See channel 50 for details	
					TELEVISION X ADD-ON CHANNEL 12midnight The Ten Minute Preview 12.10am Suburban Tales 12.20 Crazy Girls 12.45 FILM 1.00 The Five Minute Freeview 1.05 FILM continues 2.00 Freeview 2.05 Supervirility 2.30 FILM 3.00 Freeview 3.05 FILM continues 3.40-4.00am Julie Whelan Adult Nightview is now available as a TV on-demand service between 12midnight and 4.00am at £4.95. See channel 50 for details	



VH1 MUSIC & GAMES PACK	ANIMAL PLANET WORLD PACK	ITV2 ACCESS PACK	UK STYLE LIFESTYLE PACK	UK HORIZONS WORLD/ ACCESS PACKS	CARLTON FOOD NETWORK LIFESTYLE PACK	6.00 AM MORNING
6.00am Breakfast in Bed 10.00 Ten of the Best: Geri Halliwell 11.00 Elvis – The Great Performances 12.30pm Greatest Hits: 60s 1.00 The VH1 Album Chart Show Paul King presents the latest UK chart rundown. 2.00 Top 40 of the 80s A look back at the era of bands such as Duran Duran, Spandau Ballet, Culture Club and The Human League.	12noon Crocodile Hunter <i>Outlaws of the Outback – Part I</i> 1.00pm Emergency Vets More round-the-clock care for animal patients. 1.30 Emergency Vets More round-the-clock care for animal patients. 2.00 Adaptation An investigation into the evolution of life on Earth. 3.00 Wild Ones <i>Primate Rescue</i> Meet a group of people dedicated to rescuing primates from the threats posed by humans. 4.00 Families <i>Lions</i> Observe the day-to-day existence of lions, the only big cats that live together in a community. 5.00 Crocodile Hunter <i>Steve and the Dragon</i> Steve Irwin comes face to face with the world's largest living lizard. 6.00 The Aquanauts Featuring a visit to Osprey Reef, where nautilus creatures flourish. 6.30 The Aquanauts Another look at marine life. 7.00 Wild Rescues A puppy gets stranded in a sewer pipe in Houston. 7.30 Wild Rescues A homeless dalmatian is rescued by a fireman. 8.00 ESPU Two men are arrested after attempting to sell ivory. 8.30 ESPU Hidden cameras catch illegal rhino horn dealers. 9.00 Wildest Antarctica Explore the Antarctic and its wildlife, including penguins, elephant seals and minke whales. 10.00 Crocodile Hunter <i>Outlaws of the Outback – Part II</i> Steve Irwin looks at the problem of the black rat. 11.00 The Aquanauts Robyn and Aileen visit New Zealand's Fox Glacier. 11.30-12midnight The Aquanauts Another look at marine life.	9.25am The Extremists 10.00 The Extremists 10.30 Feature 11.00 Feature 11.30 The Extremists 12noon Transatlantic Wrestling Challenge Wrestlers from the UK take on their US counterparts. 2.00pm Football First Live football updates from around the country, employing the latest technology to bring viewers the scores from England and Scotland. 6.00 City in the Park Live from Wollaton Park, Nottingham, the City in the Park festival features top pop acts including All Saints, Vengaboys, Stephen Gately, Billie Piper, A1, Atomic Kitten, Precious and Fragma. Hosted by Cat Deeley.	7.00am Can't Cook, Won't Cook 7.30 Ready, Steady, Cook 8.00 House Invaders 8.30 The House Doctor 9.00 Antiques Roadshow US 10.00 Holiday in Style 11.00 Holiday Swaps 11.30 Spa Trek 12noon Style World 12.30pm Looking Good 1.00 à la mode 1.30 Ready, Steady, Cook 2.00 Gary Rhodes 2.30 Delia Smith's Summer Collection 3.00 Delia's How to Cook Delia shows how to make cakes and biscuits. 3.30 Party of a Lifetime 4.00 Can't Cook, Won't Cook 4.30 Ready, Steady, Cook Two top chefs compete against the clock. 5.00 House Invaders Linda Barker hosts the low-budget DIY show. 5.30 House Doctor Another house has its prospects improved. 6.00 Antiques Roadshow US Experts examine a rare piece of African-American memorabilia and a flag with an interesting history. 7.00 Holiday in Style Travel show featuring reports from Lanzarote, the Gambia, Hawaii, Costa de la Luz, Burgh Island and Longleat. 8.00 Holiday Swaps More holidaymakers exchange trips. 8.30 Spa Trek <i>Bahamas – Sandals Royal Bahamian Resort and Spa</i> 9.00 Style World <i>Paris</i> 9.30 Looking Good Lowri Turner looks at the spring and summer fashion trends. 10.00 à la mode Shebah Ronay meets haute couture legend Monsieur Le Sage in Paris. 10.30 Ready, Steady, Cook 11.00 Gary Rhodes <i>Footballing Grannies</i> 11.30 Delia Smith's Summer Collection <i>All the World Loves Ice Cream</i> 12midnight 12midnight Delia's How to Cook Delia shows how to make cakes and biscuits. 12.30am-1.00am Party of a Lifetime Ainsley Harriott plans a 60th birthday party with a Hollywood theme.	7.00am Night of the Leopard 7.30 The Dolphin Diaries 8.00 Supersense 8.30 Supersense 9.00 Zoo 9.30 Zoo 10.00 Ike and Monty: Generals at War 11.00 Allied to the Mafia 12noon Tomorrow's World Plus 1.00pm Animal People 1.30 Animal People 2.00 Night of the Leopard 2.30 The Dolphin Diaries 3.00 Sixth Sense Wildlife documentary. 3.30 Seeing Sense Learn how animals have adapted their vision to suit their environment. 4.00 Zoo A female Persian leopard arrives at the zoo. 4.30 Zoo A newcomer to Whipsnade is making a stir. 5.00 Top Gear GTI Specially extended edition of the popular motoring show, featuring extra information, interviews and consumer tips. 6.00 Full Circle with Michael Palin <i>Australia and New Zealand</i> Michael Palin's travels take him to the Antipodes. 7.00 Mysteries with Carol Vorderman Real-life mystery stories from around the world. 7.30 Mysteries with Carol Vorderman 8.00 The Human Body <i>As Time Goes By</i> Professor Robert Winston examines the onset of ageing in humans. 9.00 Money, Money, Money 9.30 Money, Money, Money <i>Who Really Wants to Be a Millionaire?</i> 10.00 The Tourist Trap Testing national stereotypes in a hotel. 10.30 The Tourist Trap 11.00 The Tourist Trap 11.30 999 – Fire Rescue 12midnight-1.00am Stalking the Stalkers	7.00am Food Factory 7.30 Coxon's Kitchen 8.00 Food Network Daily 8.45 More Simply Antony 9.30 Alive and Cooking 10.00 Waitrose in Season 10.30 Simply Puddings 11.00 Flash in the Pan 11.30 Picture This 12noon Four Burners and a Grill 12.30pm Ross's Barbecue Party 1.00 Coxon's Kitchen College 1.30 From the Ground Up 2.00 Food Network Daily 2.45 Quick Cooks 3.00 A Shared Table <i>Tasmania</i> A culinary tour of Australia. 3.30 Food from the Village <i>Fish</i> 4.00 Simply Puddings <i>Pies</i> 4.30 Cucina Valentina <i>Seafood</i> 5.00 A to Z of Food and Beauty 5.30 Four Burners and a Grill 6.00 Coxon's Kitchen College 6.30-7.00pm Five-Star Cooking NATIONAL GEOGRAPHIC CHANNEL FAMILY PACK 7.00pm Africa from the Ground Up <i>Monkeys and Dragons</i> 7.30 Rise of the Falcons Observe the art of falconry. 8.00 Time of the Elephants Follow the cautious century-long repopulation of Kruger National Park with elephants. 9.00 Born to Run Observe how the graceful impala has adapted from life on the open plains to the wooded country of Umfolozi National Park. 10.00 The Terminators Meet the African aardwolf. 10.30 Night Stalkers An investigation into the bat in myth and reality. 11.00 Survival of the Apes Discover how logging in East Cameroon has left virgin rainforests open to the hunters of local apes. 12midnight-1.00am Reflections on Elephants Share the insights gained by acclaimed wildlife filmmakers Beverly and Dereck Joubert, who have made an unprecedented study of some of the last free-roaming elephants in Africa.	3.00 PM 4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00 NIGHT TIME
CHALLENGE TV MUSIC & GAMES PACK	DISCOVERY HOME & LEISURE WORLD PACK	RAPTURE BONUS CHANNEL	LOCAL CHANNEL ACCESS PACK			
5.00pm Strike it Lucky 5.30 Sale of the Century 6.00 Family Fortunes Big money gameshow. 6.30 100% 7.00 Beadle's About Hidden camera pranks. 7.30 Winner Takes All With Bobby Davro. 8.00 Stars in Their Eyes 8.30 Candid Camera 9.00 Whittle 9.30 Strike it Lucky 10.00 Endurance UK	10.30 Family Fortunes 11.00 Gladiators 12midnight Beadle's About 12.30am Stars in Their Eyes 1.00 Candid Camera 1.30 Absolute Cobblers 2.00 Karaoke Challenge <i>South Shields</i> 2.30 3-2-1 3.30 The Krypton Factor 4.00 Say the Word 4.30 Whittle 5.00-6.00am Shopping with Screenshop	10.00am Freesport Special 10.30 Chili Factor 11.00 World Wind Surf 11.30 Adrenalize 12noon Fearless 12.30pm FILM 1.30 Chili Factor 2.00 Mountain Bikes 2.30 High Adrenalin Action 3.00 World Wind Surf 3.30 Fearless 4.00 Freesport Special 4.30 Chili Factor 5.00 World Wind Surf 5.30-6.00pm Adrenalize	6.00pm LLTV – Local Life A daily magazine programme featuring local news, events and lifestyle features. 6.30 What's On TV 7.00 LLTV – Local Life 7.30 YCTV Programmes made by the stars of tomorrow featuring the stars of today. 8.00 Student Showcase 8.30 What's On TV 9.00-9.30pm LLTV – Local Life			

CABLE CHECK
Some of the channels listed may not be available in your area

UK PLAY:
1.00am Goodness Gracious Me
1.20 The Fast Show
1.55 Hippies
2.30 Rock Profile
3.00 DJ Anthems
3.30-7.00am The Joy of Decks

Saturday 12 August

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME

CABLE CHECK
Some of the channels listed may not be available in your area

DISCOVERY WORLD PACK

4.00pm Great Commanders Zhukov
A focus on how Zhukov's leadership skills won him the Battle of Berlin.

5.00 Battlefield Battle of Berlin - Part I
The last major battle of the European war was fought between the Soviet Union and Hitler's Third Reich.

6.00 Battlefield Battle of Berlin - Part II
As the Third Reich was destroyed, the seeds of a new conflict between the East and West were sown.

7.00 Formula 1 Racing
An insight into the high speed world of Formula 1, including some violent explosions on the tracks.

8.00 Scrapheap Rockets
Two teams have to construct a fully-working machine using junk from a scrapheap.

9.00 The Leaning Tower of Pisa
An in-depth look at the movements of Italy's leaning tower of Pisa during its 800-year history.

10.00 Great Quakes San Francisco
Documentary which looks at the devastation caused in San Francisco by an earthquake in 1989.

11.00 Extreme Machines Pedal Power
Cycling show which profiles bicycles and features star interviews.

12.00 Trailblazers Tracking the Kalahari
Melanie McGrath travels to the remote Kalahari Desert.

1.00am-2.00am Tanks Tigers in the Desert
Series profiling the role played by the tank during World War II.

THE HISTORY CHANNEL WORLD PACK

12.00 Disappearances
12.55pm Photos for the Future II
1.00 Crown and Country
1.30 Gardens of the Millennium
2.00 Biography Beethoven
2.55 A Small Piece of History
3.00 Great Crimes and Trials
Son of Sam

3.30 Great Crimes and Trials
4.00 The Spying Game
4.30 Spies
5.00 Project Cancelled
The Fairly Rotodone
6.00 D-Day Part I
7.00 Biography Audrey Hepburn
8.00 When the Century was Young
9.00-10.00pm Secrets of Sex

CARTOON NETWORK FAMILY PACK

5.00am Tabaluga 5.30 Blinky Bill
6.00 Fly Tales 6.30 Flying Rhino Junior High 7.00 Fat Dog Mendoza 7.30 Ned's Newt 8.00 Mike, Lu and Og 8.30 Ed, Edd 'n' Eddy 9.00 Dexter's Laboratory 9.30 The Powerpuff Girls 10.00 Angela Anaconda 10.30 Cow and Chicken 11.00 Dragonball Z 12.00 Tom and Jerry 12.30pm Looney Tunes 1.00 The Flintstones 1.30 Scooby-Doo 2.00 Animaniacs 2.30 The Mask

3.00 I Am Weasel
Rodent fun.
3.30 Dexter's Laboratory
Chemical chaos with the bedroom professor.

4.00 Cow and Chicken 4.30 The Powerpuff Girls
Superheroine shenanigans in the city of Townsville.

5.00 Ed, Edd 'n' Eddy
Namesake nonsense featuring three friends with a fondness for jawbreakers.

5.30 Johnny Bravo
Egocentric antics.
6.00 Tom and Jerry
Madcap antics with the sparring cat and mouse.

6.30 FILM: Tom and Jerry - The Movie
Voices of Richard Kind, Dana Hill, Anndi McAfee
Animated adventure. The cat and mouse are homeless and end up helping out a young. 1992

8.30-9.00pm Courage the Cowardly Dog

TCM FAMILY PACK

9.00pm They All Laughed
Audrey Hepburn, John Ritter, Ben Gazzara
Romantic comedy about three detectives who are hired to follow some women, but end up falling in love with them. 1981

11.20-1.00am Chandler
Warren Bates, Leslie Caron
Mystery. 1972

CARTOON NETWORK:
1.00am The Moomins 1.30 The Magic Roundabout
2.00 Tabaluga 2.30 Blinky Bill 3.00 The Tidings
3.30 The Fruities
4.00 The Moomins
4.30-5.00am The Magic Roundabout

NICKELODEON FAMILY PACK

7.00am The Three Friends... and Jerry 7.30 The Three Friends... and Jerry 8.00 Kenan and Kel 8.30 Kenan and Kel 9.00 Rugrats 9.30 Rugrats 10.00 Hey Arnold! 10.30 Hey Arnold! 11.00 CatDog 11.30 CatDog 12.00 Angry Beavers 12.30pm Angry Beavers 1.00 Rocko's Modern Life 1.30 Rocko's Modern Life 2.00 Renford Rejects 2.30 Renford Rejects

3.00 The Secret World of Alex Mack
Fantasy series about a girl with strange powers.

3.30 The Secret World of Alex Mack 4.00 Sister Sister
Sitcom about twin sisters and their parents.

4.30 Sister Sister
Sitcom about twin sisters and their parents.

5.00 Sabrina the Teenage Witch 5.30 Sabrina the Teenage Witch 6.00 Are You Afraid of the Dark? 6.30-7.00pm Are You Afraid of the Dark?

PARAMOUNT COMEDY CHANNEL FAMILY PACK

7.00pm Grace Under Fire 7.30 King of Queens 8.00 Cheers
Carla Loves Clavin

8.30 Just Shoot Me
Two Girls for Every Boy
Finch is convinced a model likes him.

9.00 FILM: Ferris Bueller's Day Off
Matthew Broderick, Alan Ruck, Mia Sara
Comedy. A street-wise high school student is determined to take the day off, much to the disgust of the principal and his sister. Then he manages to persuade his girlfriend to go along for the ride. 1986

11.00 Monty Python: Parrot Sketch Not Included
An historic collection of the Python team's greatest sketches and songs. 12.25am

FILM: Prizzi's Honour
Jack Nicholson, Anjelica Huston, Kathleen Turner
Black comedy. 1985

2.50 Rex The Runt 3.00 Desmond's 3.30-4.00am Abbott and Costello

TV TRAVEL SHOP BONUS CHANNEL

A total travel service in your own home. Video brochures give a guided tour of resorts around the world, with regular bulletins and programmes featuring late holidays and special offers. Viewers can then book holidays 24-hours-a-day, seven-days-a-week, by calling 0870 60 60 747. For more information and full listings turn to TV Travel Shop Text, from page 200.

FOX KIDS FAMILY PACK

6.00am Oggy 6.10 Bad Dog 6.30 Bobby's World 6.55 Jim Button 7.15 Walter Melon 7.40 Inspector Gadget 8.00 Oggy 8.10 Biker Mice 8.30 Dennis and Gnasher 8.55 Sailor Moon 9.15 Sailor Moon 9.40 Digimon 10.00 Power Rangers 10.20 Monster Rancher 10.45 Masked Rider 11.05 X-Men 11.30 Spy Dogs 11.50 Ace Ventura 12.15pm Walter Melon 12.35 Inspector Gadget 1.00 Woody 1.10 Casper 1.30 Donkey Kong Country 1.55 Dennis and Gnasher 2.20 Louie 2.40 Princess Sissi

3.00 Princess Starla and the Jewel Riders 3.20 Sailor Moon
Cult Japanese cartoon.

3.45 Mighty Morphin' Power Rangers 4.05 Mighty Morphin' Power Rangers 4.30 Digimon
Adventures in the world of digital monsters.

4.50 Masked Rider 5.15 Monster Rancher 5.35 Biker Mice from Mars
Rock'n'roll rodents battle against the Plutarkians.

6.00 The New Addams Family 6.25 Casper 6.35-7.00pm Goosebumps

SHOP! LIFESTYLE/ SELECTION PACKS

6.00am Shop! Selection 7.00 Clothes Shop!
A collection of high street fashions on offer.

8.00 Kids Shop! 8.30 Sports Shop!
Ideas for children.

9.30 Warehouse Clearance
A collection of offers.
1.00pm Shop! Special
2.00 Collectors' Shop!
2.30 Warehouse Clearance
6.00 Shop! Selection
A chance to examine some of the best-selling items on the channel.

7.00-7.30pm Clothes Shop!
A look at some of the latest fashion items.

GMTV 2 ACCESS PACK

GMTV2 offers pre-school and lifestyle shows between 6.00am and 9.25am. Weekdays: The News Hour at 6.00am followed by children's shows.

Saturdays: Children's programming and a round-up of the week's news in The Review. Sundays: Highlights include a Pokémon triple bill and The Review.

QVC

LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day - so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Home Electronics at 1.00pm.

NEWS AND INTERNATIONAL

BBC NEWS 24 NEWS & SPORT/ ACCESS PACKS

6.00am News 8.00 Weekend 24 9.00 News 9.30 World News 10.00 News 10.30 Click Online 11.00 News 11.30 Simpson's World 12.00 News 12.30pm Correspondent 1.00 News 2.30 Click Online 3.00 News 3.30 Reporters 4.00 News 4.30 Talking Movies 5.00 News 5.30 Scoreline 6.00 News 6.30 Scoreline 7.00 News 7.30 Sportsday 8.00 News 10.30 Talking Movies 12.00midnight News 12.30am Correspondent 1.00 News 2.30 Simpson's World 3.00 News 3.30 Talking Movies 4.00 News 4.30 Reporters 5.00 News 5.30-6.00am Click Online

CNN INTERNATIONAL NEWS & SPORT PACK

News throughout the day, plus:
5.00am World 5.30 Your Health 6.30 World Business This Week 7.30 World Beat 8.30 Sport 9.00 Larry King 9.30 Larry King 10.30 World Sport 11.30 CNNdotCOM 12.30pm Moneyweek 1.00 News Update/World Report 2.30 Your Health 3.30 World Sport 4.30 Golf Plus 5.00 Inside Africa 5.30 Business Unusual 6.30 CNN Hotspots 7.30 World Beat 8.30 Style 9.30 The Artclub 10.30 World Sport 11.00 WorldView 11.30 Inside Europe 12.30am Showbiz This Week 1.00 WorldView 1.30 Diplomatic License 2.00 Larry King Weekend 3.00 WorldView 3.30 Both Sides 4.30-5.00am Evans, Novak, Hunt & Shields

SKY NEWS NEWS & SPORT PACK

News on the hour, every hour, plus:
6.00am Sunrise 9.30 Technofilextra 10.30 Showbiz Weekly 11.30 The Sharp End 12.00 Sky News Today 1.30pm Answer the Question 2.00 Sky News Today 2.30 Week in Review 3.30 Sharp End 4.30 Technofilextra 5.00 Live at Five 7.30 Sportsline 8.30 Answer the Question 9.30 The Sharp End 10.00 Sky News at Ten 12.30am Fashion TV 1.30 Showbiz Weekly 2.30 Technofilextra 3.30 Week in Review 4.30 Answer the Question 5.30-6.00am Showbiz Weekly

INTERNATIONAL

SAT 1 5.00am Blitz 5.40 Jason King 6.35 Jumanji 7.05 Fantastic Max 7.35 Schlumpfe 8.05 Rugrats 8.35 Der Regenbogenfisch 9.05 Scooby-Doo Show 9.35 Tom and Jerry Kids Show 10.05 Familie Feuerstein 10.35 Bugs Bunny 11.05 Men in Black 11.35 Die Peanuts 12.05pm Heartbreak High 1.05 Star-Trek Raumschiff Enterprise 2.00 Star Trek - Raumschiff Voyager 3.00 The Net 4.00 Echt Wahr! 4.30 Nachrichten 5.00 Verrückte Welt 5.45 Alf 6.15 Der Dicke und der Belgier 6.45 Hausmeister Krause 7.15 Star Trek V 9.30 Die Wochenshow 10.30 Die Wochenshow - Classics 11.00 Der Dicke und der Belgier 11.30-12midnight Freeze - Alptraum Nachtwache

TV5 5.00am Journal 5.15 Journal des Journaux 6.00 Infos 6.05 Les Zaps 6.30 Les Zaps 7.00 Journal 7.30 Les Zaps 8.00 Infos 8.05 Archimède 8.45 De Cause à Effet 9.00 Journal 9.15 Silence ça Pousse

9.30 Branché 10.00 Montagne 11.00 Infos 11.05 Design CTQC 11.30 Journal 12.00 Infos 12.05pm Reflets 1.00 Journal 1.15 Un Siècle d'Ecrivains 2.00 Portraits 3.30 Sport Africa 4.00 Info 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal 5.15 Quatre Histoires de Femmes 7.00 Journal 7.30 Journal et le Journal du Temps 8.00 Infos 8.05 Thalassa 9.00 Journal 9.15 La Vie à l'Endroit 11.00 Journal 11.30-12midnight Soir 3

ASIANET ADD-ON CHANNEL

CABLE EXCLUSIVE

7.00am DD Programme 7.30 News 8.00 Sant Darshan 9.00 Cultural Heritage 11.00 Interactive Live 12.00 News 12.30pm Sansaar 1.00 Pakistan This Week 1.30 FILM 4.00 Dil Dariya 4.30 Circus 5.00 MTV 123 6.00 Ek Mulaqat 6.30 Music Fusion 7.00 MTV Hitlist 8.00 Kabhie Kabhie 8.30 Junoon 9.00 FILM 12midnight MTV Hitlist 1.00am FILM 4.00 Kabhie Kabhie 4.30 Junoon 5.00 Circus 5.30 Dil Dariya 6.00 Balcony 6.30 DD Programme 7.00-7.30am Mehfil

ZEE TV ADD-ON CHANNEL

6.00am Mrs Madhuri Dixit 6.30 Shabads 7.00 Faith: Swami Narayan 7.30 Daily News 8.00 Pakistan Business 8.30 Gubbare 9.30 Quiz 10.00 Entertainment Express 10.30 Request Slot 11.30 Khana Khazana 12.00 FILM 3.00pm Pakistan Show Time 4.00 Sanskar 5.00 Khoobsurat 5.30 Rishtey the Love Stories 6.30 Hum Paanch 7.00 Callmate Top Ten 8.00 News Bulletin 8.30 FILM 11.30 Super 7 Muqabla 12midnight Punjabi News 12.30am FILM 3.30 Hum Paanch 4.00 Daraar 4.30 Campus 5.00 Aur Ek Minute 5.30-6.00am Gane Anjane

CHRISTIAN CHANNEL EUROPE WORLD PACK

5.00am CMTV 5.30 700 Club 6.00 CMTV 7.00 Jack Van Impe 7.30 Kids' Club 8.00 Donut Man 8.10 Colby's Clubhouse 8.40 Gospel Bill 9.00 This Generation 9.30 Jesse 10.00 CMTV Scene Dock 10.30-11.00am Fast Forward

BLOOMBERG WORLD PACK

2.00am European Weekly Review 2.30 Market Movers 3.15 Spread Your Bets 4.15 Alternative Investments 5.45-6.00am Spread Your Bets

BBC PARLIAMENT NEWS & SPORT PACK

Parliament is in recess.

No one brings the Premiership closer to home



SKY SPORTS 1

SKY SPORTS 2

SKY SPORTS 3

Exclusive live coverage kicks off on August 19th

The world's most popular football competition is back! Follow its glorious goals and glorious victories in your own home, with Sky Sports. To be at the very heart of live football, add all three channels to your existing package. You'll see the matches that really matter, as well as unmissable action in rugby, golf, cricket and much more. Sky Sports: your sport, as it happens.

Win a Premiership pay packet!

Upgrade to Sky Sports 1 and 2 now and enter our special prize draw. You could win an average Premier League weekly wage packet worth £7,865. Closing date is September 30th 2000.

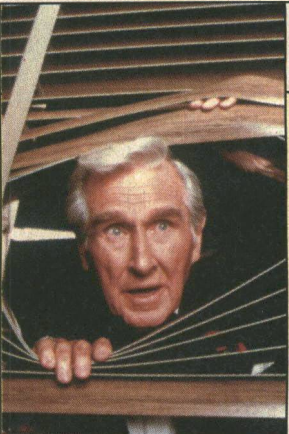
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CABLE & WIRELESS
UK Consumer Division

Terms & Conditions 1. Minimum commitment one month. Subject to contract and availability. To upgrade to Sky Sports, you must be a Cable & Wireless customer. Entry to the free prize draw is open to UK and Eire residents aged 18 years and over who are current Cable & Wireless subscribers. Employees of BSkyB Limited, Cable & Wireless, their families and their agents and any other individual involved in the creation and execution of this promotion are excluded. 2. Entry is automatic upon upgrading your current Cable & Wireless package to include Sky Sports 1 and Sky Sports 2, or by sending your name and full postal address on a plain piece of paper to the following address: Pay Packet Draw, Dept C, 8 Wake Green Road, Moseley, Birmingham B13 9EZ to arrive no later than the closing date, September 30th 2000. No purchase necessary. Only one entry per stamped envelope. The prize of a cheque to the value of £7,865 - an amount equivalent to the average weekly salary paid to an English Premiership player (Source: The Independent newspaper 18/04/00) - will be awarded to the first entry drawn at random after the closing date. 3. The winner will be notified by post no later than October 9th 2000. Details of the winner will be available by sending a S.A.E marked 'Results' to the entry address after October 16th 2000. 4. No responsibility will be accepted for entries that are lost in the post or not delivered by the closing date. Proof of posting will not be accepted as proof of delivery. No correspondence will be entered into. 5. By entering the promotion all entrants will be deemed to have accepted and be bound by these terms and conditions. All entry instructions form part of these rules. The Promoter reserves the right to amend these terms and conditions or withdraw the promotion at any time without notice if events or circumstances occur outside of its control that make this unavoidable. Promoter: British Sky Broadcasting Limited, Grant Way, Isleworth, Middlesex TW7 5QD.

	SKY PREMIER PREMIUM CHANNEL	SKY MOVIEMAX PREMIUM CHANNEL	SKY CINEMA PREMIUM CHANNEL	FILMFOUR ADD-ON CHANNEL	
MORNING	6.00am Curtain Call <i>Text</i> 1998, rating Sky PG, 90 mins 7.45 Undercover Angel 1998, rating Sky PG, DS, 88 mins 9.30 The Adventures of Slappy the Sea Lion 1998, rating Sky PG, DS, 75 mins 10.55 Ever After <i>Drew Barrymore, Anjelica Huston</i> <i>Text</i> 1998, rating Sky PG, 116 mins 12.55pm The Parent Trap <i>Dennis Quaid, Natasha Richardson</i> <i>Text</i> 1998, rating Sky PG, 123 mins	6.20am Danielle Steel's Secrets 1992, rating Sky PG, 88 mins 8.00 A Perfect Tribute 1991, rating Sky PG, 91 mins 10.00 Damnation Alley 1977, rating Sky PG, 87 mins 12noon Romantic Undertaking <i>William Katt, Valerie Buhagiar</i> , 1995, rating Sky PG, 95 mins 2.00pm Au Pair <i>Gregory Harrison, Heidi Noelle Lenhart, Jane Sibbett</i> Romantic comedy in which a high-flying graduate believes she has landed the job of her dreams – only to discover that she has actually been employed as a nanny to her boss' spoilt children. 1999, rating Sky U, DS, 90 mins	11.00am Eagle and the Hawk <i>Fredric March, Cary Grant</i> World War I drama about a pair of rival pilots forced to work together. 1933, rating Sky PG, 70 mins 12.30pm Tammy and the Bachelor <i>Debbie Reynolds, Leslie Nielsen</i> Comedy about a young woman who nurses a wealthy bachelor back to health after a plane crash. 1957, rating Sky U, 86 mins 2.00 The Battle of the Bulge <i>Henry Fonda, Robert Ryan, Pier Angeli, Robert Shaw</i> Epic World War II drama focusing on the titular 1944 battle in the Ardennes. This massive German counter-offensive against the Allied invasion forces was to turn out to be one of the most dramatic events of the entire conflict. 1965, rating Sky PG, 142 mins	2.00pm Dancing At Lughansa <i>Michael Gambon, Meryl Streep, Catherine McCormack, Kathy Burke</i> Drama, based on Brian Friel's acclaimed stage play. A boy tells the story of growing up in a fatherless home with his unmarried mother and four spinster aunts in 1930s Ireland. Each of the five siblings, unique in temperament and capability, provides emotional support for the others. However, when their elder brother returns after a lifetime spent in Africa, and their father also makes a brief reappearance on the scene, the ensuing events threaten to tear the family apart. 1998, 91 mins 4.00 The Young Ones <i>Cliff Richard, Robert Morley, Carole Grey, Richard O'Sullivan</i> Musical. A young would-be pop singer finds his local youth club threatened by the plans of a ruthless property developer who intends to build a new office block on the site. The budding music star hides a guilty secret – the villain of the piece is his own father. 1961, 104 mins 6.00 Nelly and Monsieur Arnaud <i>Emmanuelle Béart, Michel Serrault, Jean-Hugues Anglade</i> Drama. A woman leaves her disinterested husband to act as secretary to an old judge dictating his memoirs. As their professional relationship blossoms, it gradually gives rise to surprising emotional complications. 1995, 102 mins 8.00 The Graduate <i>Dustin Hoffman, Anne Bancroft, Katharine Ross, Murray Hamilton</i> Classic drama about a young college leaver seduced by a close family friend old enough to be his mother. Attracted to the woman's daughter, he finds himself torn between the lure of a predatory adulteress and the relative innocence of a youthful romance. <i>Text</i> 1967, 101 mins 10.00 The Silencers <i>Dean Martin, Stella Stevens, Victor Buono, Daliah Lavi</i> Spy thriller spoof. A suave American secret agent steps in to save the world when a ruthless master villain concocts a fiendish scheme to incite nuclear war across the globe by bombing New Mexico. <i>Text</i> 1966, 103 mins 11.50 Broken English <i>12 10am Girl on a Motorcycle</i> <i>Marianne Faithfull, Alain Delon</i> Drama about a girl who hits the open road. 1968, 90 mins 1.45 The Wild Reeds War-time drama. 1994, 109 mins 3.40 The Girl and the Almond 4.00-6.00am The 400 Blows <i>Jean-Pierre Leaud, Claire Maurier</i> Drama. 1959, 95 mins	 Looking for laughs: Lloyd Bridges gives his final performance in 'Mafia!'. Sky MovieMax 9.30pm Find your favourite TV shows in seconds: www.cableguide.co.uk CARLTON CINEMA LIFESTYLE PACK 7.00pm Pete 'n' Tillie <i>Walter Matthau, Carol Burnett, Geraldine Page, Barry Nelson</i> Romantic comedy drama which charts the relationship between an eccentric middle-aged American couple. Following the pair's married life over a period of eleven years, the story chronicles their various ups and downs, mixing humour with sadness. 1972, 100 mins 9.00 Kes <i>David Bradley, Freddie Fletcher, Lynne Perrie, Colin Welland</i> Gritty drama, adapted from the novel by Barry Hines, which focuses on the life of a working-class English schoolboy. The youngster's bleak existence in a Yorkshire town is suddenly transformed when he discovers and cares for a baby kestrel. 1969, 108 mins 11.00 Sweet Revenge <i>Rosanna Arquette, Carrie Fisher, François Eric Gendron</i> Offbeat romantic comedy about a female lawyer who hires a young woman to seduce and marry her ex-husband. 1990, 84 mins 12.45am Avalon <i>Armin Mueller-Stahl, Aidan Quinn</i> Drama. 1990, 123 mins 3.00 Theatre of Death <i>Christopher Lee, Lella Goldoni</i> Horror. <i>Widescreen</i> 1966, 90 mins 5.00-7.00am What Price Hollywood? Satirical comedy. 1932, 90 mins
	3.05 The Adventures of Slappy the Sea Lion <i>BD Wong, Bronson Pinchot, Sam McMurray, David Dukes</i> Family adventure. A group of bored children tries to set free a captive sea lion. <i>Text</i> 1998, rating Sky PG, DS, 75 mins 4.30 Barry Norman Interview with Woody Allen and Samantha Morton 5.00 Ever After <i>Drew Barrymore, Anjelica Huston, Dougray Scott, Patrick Godfrey</i> Costume romance based on the traditional story of Cinderella. In 16th century Europe, a young girl endures an unhappy life with her mean stepmother, but finds she has a chance for happiness through an encounter with a handsome prince. <i>Text</i> 1998, rating Sky PG, 116 mins 7.00 The Parent Trap <i>Dennis Quaid, Natasha Richardson, Lindsay Lohan</i> Family comedy in which a pair of identical twins meet one another for the first time and start plotting to bring their divorced parents back together. Their scheme involves switching places, with each twin posing as the other – a ploy which has all manner of comic repercussions. <i>Text</i> 1998, rating Sky PG, 123 mins 9.10 Star Trek: Insurrection <i>Patrick Stewart, Jonathan Frakes, Brent Spiner</i> Sci-fi adventure. The captain of the <i>Enterprise</i> finds himself opposing Federation orders when he uncovers a plot to depopulate a planet which holds the secret of eternal youth. <i>Text</i> 1998, rating Sky PG, 99 mins 11.00 Gattaca <i>Ethan Hawke, Uma Thurman, Jude Law, Alan Arkin</i> Sci-fi drama set in a future where genetic modification has created a physically perfect elite. <i>Text</i> 1997, rating Sky 15, 87 mins 2.20 That Old Feeling <i>Bette Midler, Dennis Farina</i> <i>Text</i> 1997, rating Sky 12, 100 mins 4.05-6.00am Undercover Angel <i>Dean Cain, Yasmine Bleeth</i> 1998, rating Sky PG, DS, 88 mins	4.00 The Soul Collector <i>Melissa Gilbert, Bruce Greenwood, Christina Carls</i> Romantic fantasy. When an angel is chosen to experience life as a human for a short time, he does not count on the huge range of emotions he will experience – especially when he meets a beautiful young widow. 1999, rating Sky PG, 87 mins 5.45 UK Top Ten 6.00 Into Thin Air: Death on Everest <i>Peter Horton, Christopher McDonald, Nathaniel Parker</i> Drama telling the tragic real-life story of two groups of amateur mountaineers attempting to scale the world's most challenging peak. When a storm overtakes the climbers, their adventure becomes a terrifying ordeal. <i>Text</i> 1997, rating Sky PG, 86 mins 8.00 Police Academy 3: Back in Training <i>Steve Guttenberg, Bubba Smith, Michael Winslow, David Graf</i> Comedy sequel. Budget cuts force two police academies to compete against one another in order to remain in operation. 1986, rating Sky PG, 90 mins 9.30 Mafia! <i>Jay Mohr, Billy Burke, Christina Applegate, Pamela Gidley</i> Gangster spoof from the makers of <i>Airplane!</i> and <i>The Naked Gun</i> . An Italian boy comes to America and finds himself entangled with the all-powerful Mob. <i>Text</i> 1998, rating Sky 12, 90 mins 11.00 My Cousin Vinny <i>Joe Pesci, Ralph Macchio, Marisa Tomei, Mitchell Whitfield</i> Comedy. A lawyer comes to the rescue when his young cousin is accused of murder. <i>Text</i> 1992, rating Sky 15, DS, 114 mins 1.00am Mad Dog and Glory <i>Robert De Niro, Uma Thurman</i> <i>Text</i> 1993, rating Sky 15, 93 mins 2.40 Almost Dead <i>Shannen Doherty, Costas Mandylor</i> <i>Text</i> 1993, rating Sky 15, 88 mins 4.15-6.05am Romantic Undertaking 1995, rating Sky PG, 95 mins	4.30 Eagle and the Hawk <i>Fredric March, Cary Grant, Carole Lombard, Jack Oakie</i> World War II drama. A pair of pilots find themselves enemies while on the ground, yet must put aside their differences and work together as a team in the air. 1933, rating Sky PG, 70 mins 6.00 Strangers on a Train <i>Farley Granger, Robert Walker, Ruth Roman, Leo G Carroll</i> Hitchcock thriller. When a tennis player engages in conversation with a fellow train passenger, he is disturbed by the other man's suggestion that if two strangers were each to carry out a murder on behalf of the other, the result would be a pair of perfect crimes. 1951, rating Sky PG, 99 mins 8.00 Dial H for Hitchcock <i>Narrated by Kevin Spacey</i> Made for Alfred Hitchcock's 100th birthday in June 1999, this TV special honours the work of the legendary suspense filmmaker. Featuring classic film clips and home movies, interviews, plus rare footage from <i>Kaleidoscope</i> , Hitchcock's never-completed 1961 film. 1999, rating Sky 15, 101 mins 10.00 Shirley Valentine <i>Pauline Collins, Tom Conti, Alison Steadman, Julia McKenzie</i> Comedy about a dissatisfied Liverpool housewife who, tired of talking to her kitchen wall, takes off to the Greek island of Mykonos on her own for a life-changing holiday. 1989, rating Sky 15, DS, 104 mins 11.50 The Battle of the Bulge <i>Henry Fonda, Robert Ryan</i> 1965, rating Sky PG, 142 mins 2.20am Visiting Hours <i>Michael Ironside, Lee Grant</i> 1982, rating Sky 18, 100 mins 4.05 Pack Up Your Troubles <i>Stan Laurel, Oliver Hardy</i> 1932, rating Sky PG, 64 mins 5.15-6.00am Hollywood Hall of Fame: Robert Mitchum		
NIGHT TIME					

FRONT ROW	Channel 51 Matinee	Channel 51 Evening	Channel 52	Channel 53
SCREENING WHEN YOU'RE GOOD AND READY WITH CABLE & WIRELESS See channel 50 or your Front Row spread on pages 14, 15 for further details. KEY TO FILM CONTENT T/C: Theme/Content BL: Bad Language S/N: Sex/Nudity V: Violence	MY FAVOURITE MARTIAN <i>Rating PG, 90 mins</i> Comedy. A Martian crash-lands his spaceship on Earth and is pursued by an ambitious, Pulitzer prize-hunting reporter. Stars Jeff Daniels, Elizabeth Hurley and Christopher Lloyd. T/C: Comedy, sci-fi fantasy. BL: Infrequent, mild. S/N: Once, mild, comic nudity. V: Infrequent, mild horror. 7.30am, 9.30am, 11.30am, 1.30pm	MICKEY BLUE EYES <i>Rating 15, 98 mins</i> Comedy. An English auctioneer, working in New York, marries his American girlfriend, not realising that her family are all mobsters. Stars Hugh Grant and Jeanne Tripplehorn. T/C: Comedy, mafia. BL: Infrequent, strong. S/N: None. V: Infrequent, moderate. 4.00pm, 6.00pm, 8.00pm, 10.00pm, 12midnight, 2.00am, 4.00am	THE MATCH <i>Rating 15, 98 mins</i> Romantic comedy. A traditional village pub faces closure if it loses a football match against its modern rival. Stars Max Beesley and Laura Fraser. T/C: Comedy, drama, football. BL: Some, strong. S/N: Some, strong comic references. V: Infrequent, mild. 6.30pm, 8.30pm, 10.30pm, 12.30am, 2.30am	10 THINGS I HATE ABOUT YOU <i>Rating 12, 94 mins</i> Teen comedy, based on Shakespeare's <i>The Taming of the Shrew</i> , about two very different sisters and their romantic trials and tribulations. Stars Larisa Oleynik and Julia Stiles. T/C: Teen romance. BL: Occasional, moderate. S/N: Some mild references. V: Once, mild. 7.00pm, 9.00pm, 11.00pm, 1.00am, 3.00am

SKY ONE ACTION/ SELECTION PACKS	UK GOLD LIFESTYLE/ SELECTION PACKS	LIVING LIFESTYLE PACK	GRANADA PLUS ACTION PACK	DISNEY CHANNEL ADD-ON/ PREMIUM CHANNEL	
6.30am Hour of Power 7.30 Mega Babies 8.00 Godzilla 8.30 Mummies Alive 9.00 Pokémon 9.30 Pokémon 10.00 Pokémon 10.30 The Simpsons Text 11.00 World Wrestling Federation – Metal 12noon World Wrestling Federation – Superstars 1.00pm America's Dumbest Criminals Text 1.30 America's Dumbest Criminals Text 2.00 Beverly Hills, 90210 Text 3.00 Earth: Final Conflict <i>Horizon Zero</i> Lili's shuttle is stolen by a friend whose mission to Mars has been cancelled and Boone must help the Resistance. Text 4.00 Star Trek: Deep Space Nine <i>The Ascent</i> Stranded on a desolate planet, adversaries Odo and Quark must rely on each other to survive. Text 5.00 Police Stop <i>The Liver Run</i> A look at the frantic journey as a liver is rushed from Hull to the waiting transplant patient at London's Cromwell Hospital. 6.00 The Simpsons Animated series about the dysfunctional family. 6.30 The Simpsons More comic animation with the population of Springfield. 7.00 The Simpsons Animation. The further adventures of America's first family. 7.30 The Simpsons Animation. More fun with the dysfunctional family. 8.00 Buffy the Vampire Slayer <i>Out of Mind, Out of Sight</i> As the May Queen election approaches, an invisible force attacks Cordelia's friends. Text 9.00 The X-Files <i>Requiem</i> The agents investigate the disappearance of Oregon abductees that they encountered some seven years earlier. 10.00 V.I.P. <i>Val Goes to Town</i> An unscrupulous city councilwoman and a mobster use stolen biological weapons to threaten Los Angeles. 11.00 Prey <i>Existence</i> A new species of intelligent and bold homo genus, known as dominants, has evolved as vicious serial killers. Text 12midnight LAPD 1.00am Stand and Deliver 1.30 Chicago Hope Text 2.30 In the Heat of the Night 3.20 In the Heat of the Night 4.10 In the Heat of the Night 5.00 The Newlywed Game 5.20 The Newlywed Game 5.40-6.00am The Newlywed Game	6.00am 'Allo 'Allo! Text 6.30 Waiting for God 7.05 Waiting for God 7.40 Due South 8.35 Blake's 7 9.35 Dr Who Omnibus 11.10 Dynasty Omnibus 1.05pm FILM: Herbie Goes Bananas <i>Cloris Leachman, John Vernon, Stephen W Burns, Elyssa Davalos</i> Comedy adventure. 1980 2.55 The Bill Omnibus Omnibus edition of the police drama series. When a small clothes shop is burnt down, Deakin and Beech look into possible reasons for the arson. Skase and Boulton investigate when illegally imported body parts of endangered animals are stolen from a Chinese pharmacy. Meanwhile, Daly and Carver investigate a burglary at an antiques shop and are struck by the sales assistant's strange behaviour. A toddler is snatched from its pram and the police uncover a seedy case of blackmail. Text 5.25 'Allo 'Allo! <i>The Camera in the Potato</i> War-time sitcom. Rene has to photograph the plans of a German invasion. Text 6.00 Lovejoy <i>God Helps Those</i> Lady Jane and Lovejoy become involved with fundraising for the local hospital, but his motives are not beyond reproach. 7.05 Yes, Prime Minister <i>A Conflict of Interest</i> Sitcom about Jim Hacker's life as a beleaguered Prime Minister. 7.45 Goodnight Sweetheart <i>The Leaving of Liverpool</i> Gary and Phoebe look likely to change the course of history in wartime Liverpool. 8.25 Birds of a Feather Sitcom about sisters in Essex and their sex-mad neighbour. 9.05 FILM: Mother's Boys <i>Jamie Lee Curtis, Peter Gallagher, Vanessa Redgrave</i> A woman returns three years after deserting her family expecting things to carry on from where they left off. But her husband is seeing another woman. Realising that she must drive the newcomer away, she sets out to use her sons to get rid of her love rival. 1993 11.00 Taggart <i>Black Orchid</i> The detectives embark on a bizarre murder investigation in which they find themselves wondering whether a person can be hypnotised to kill. 1.10am Dangerfield <i>Down by the Riverside</i> 2.15 Monty Python's Flying Circus 3.00 Lovejoy <i>God Helps Those</i> 4.00 Waiting for God 4.40 Dynasty 5.30-6.00am Angels	6.00am Ready, Steady, Cook 6.30 Can't Cook, Won't Cook 7.00 Tiny Living 9.00 Forgive or Forget 9.50 Relationship SOS 10.30 Brookside Omnibus 12.30pm FILM: What Love Sees <i>Richard Thomas, Annabeth Gish, Edward Herrmann, Kathleen Noone</i> Romantic drama. 1996 2.20 FILM: Their Second Chance <i>Lindsay Wagner, Perry King, Tracy Griffith, Sheila Moore, Chris Owens</i> Romantic drama. Two students have a child while at college but are fearful of the reprisals of being unmarried parents and put her up for adoption. Now an adult, their daughter traces them and is determined to reunite the former lovers. 1997 4.20 Maury Povich A double bill of the compelling and personal talk show dealing with emotional conflicts. Hosted by veteran broadcast journalist Maury Povich. 6.00 Plastic Fantastic Series about people who undergo plastic surgery. 6.30 Little Miracles Fly-on-the-wall look at a children's hospital in Toronto. 7.00 Real Romance Tales of first meetings and nostalgic accounts of love. 7.30 Family Confidential A glimpse of the lives of people in extraordinary circumstances. 8.00 Judge Judy Outspoken New York City family court judge Judy Sheindlin presides over a series of real-life cases, trying to find solutions for all kinds of issues. 9.00 Profiler Thriller series about a brilliant forensic psychologist with a gift for understanding criminals. Stars Ally Walker, Robert Davi, Roma Maffia and Erica Gimpel. 10.00 Jerry Springer A double bill of the outrageous American talk show in which Jerry Springer and his guests engage in lively – and sometimes heated – discussion about relationship issues and alternative lifestyles which can shock their more conventional friends and relatives. 11.45-12midnight Sex Bites	6.00am Nearest and Dearest 6.30 Nearest and Dearest 7.00 Plus on Plus 7.30 Please Sir 8.00 How's Your Father? 8.30 Supersonic 9.00 The Persuaders 10.00 The Darling Buds of May 11.00 The Rag Trade 11.30 Bless This House 12noon Nearest and Dearest 12.30pm Nearest and Dearest 1.00 Maggie and Her 1.30 Second Thoughts 2.00 Bonanza 3.00 Classic Coronation Street – The Omnibus Catch up with the week's events on the most famous street in Britain. The factory boiler goes wrong and Ida decides it's too cold for the girls to work. Ken finds out that Susan is with Mike and marches into the factory and hits him. Audrey flirts with Alf to get him to agree to buying a house. Meanwhile, Phyllis discovers that Sam won a fortune on the pools in the 1950s. Text 5.30 Bullseye Quiz show in which contestants test their darts skills and their general knowledge. 6.00 The Darling Buds of May <i>A Season of Heavenly Gifts – Part II</i> Pop finds £30,000 in a suitcase and the Larkins are taken hostage. 7.00 The Benny Hill Show Sketches featuring a host of quirky characters and a bevy of beauties. This episode features a comical artistic confrontation with a three-year-old girl. 8.00 In Suspicious Circumstances <i>Murder of a Memsahib/ A Place of Execution</i> 9.00 Agatha Christie's Partners in Crime <i>Why Didn't They Ask Evans?</i> 10.00 Tales of the Unexpected 10.30-11.00pm Tales of the Unexpected	6.00am PB and J Otter 6.20 Music Time 6.25 Pooch 6.40 Art Play 6.45 Toons 6.55 Spot 7.05 Bite Size 7.20 Circle Time 7.25 Bear 7.50 Olie 8.00 Boy Meets World 8.30 Teen Angel 8.55 Art Attack 9.30 Steps in Concert with Youngstown 10.30 Pepper Ann 11.00 Britney Spears in Concert 12noon Miami 7 12.30pm Smart Guy 1.00 FILM: Annie Text 1999 2.30 Mickey Mouseworks 3.00 101 Dalmatians Canine capers. Text 3.30 Timon and Pumbaa Animation. <i>The Lion King</i> characters are back. Text 4.00 FILM: Rodgers and Hammerstein's Cinderella <i>Whitney Houston, Brandy</i> Classic fairy tale about a poor downtrodden girl who, despite the evil plans of her ugly sisters, manages to go to a ball – with the help of a fairy godmother. Text 1997 5.25 Honey, I Shrunk the Kids: The TV Show <i>Honey, They Call Me the Space Cowboy</i> Text 6.10 Smart Guy TJ's a kid who is put into tenth grade instead of the fourth. Text 6.35 Boy Meets World <i>Fraternity Row</i> Text 7.00 FILM: Sister Act 2: Back in the Habit <i>Whoopi Goldberg, Kathy Najimy, James Coburn, Maggie Smith</i> A Las Vegas singer agrees to dress as a nun to help teach kids at an inner-city school to sing and causes all kinds of fun and frolics for the sisters. 1993 Text 8.45 Honey, I Shrunk the Kids: The TV Show <i>Honey, I'm the Sorcerer's Apprentice</i> Wayne is persuaded to try alchemy to save the firm. Text 9.30 Dinosaurs Animated adventures from the studios of Jim Henson. Text 10.00 Home Improvement Comedy double bill. Text 11.00 Touched by an Angel Text 11.50-12midnight Toons	6.00 AM MORNING 3.00 PM 3.00 PM 4.00 PM 4.00 PM 5.00 PM 5.00 PM 6.00 PM 6.00 PM 7.00 PM 7.00 PM 8.00 PM 8.00 PM 9.00 PM 9.00 PM 10.00 PM 10.00 PM 11.00 PM 11.00 PM 12.00 NIGHT TIME

CABLE CHECK
Some of the channels listed may not be available in your area

CABLE CHOICE

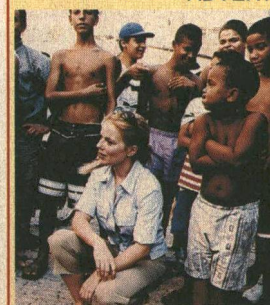
FILM

My Cousin Vinny
Sky MovieMax 11.00pm
Likeable tale featuring Joe Pesci as a New York lawyer who races to the rescue of a cousin with a murder charge hanging over him. Unfortunately, Pesci has no real courtroom experience but, with the help of girlfriend Marisa Tomei, sets up a grandstand finale.

GENERAL

The X-Files
Sky One 9.00pm
The last episode in the current series is more convoluted and mind-bending than ever. The reappearance of such key *X-Files* figures as the dastardly Cigarette Smoking Man, Alex Krycek and Maria Covarrubias makes it essential viewing for all *X-Files* fanatics.

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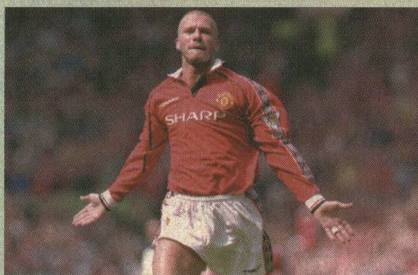


GERI'S WORLD WALKABOUT – PART 1 9.00PM

Former Spice Girl Geri Halliwell presents the first of two documentaries made on her whirlwind tour of South East Asia, North America, South America and Europe. Geri takes time out to meet talented, extraordinary young people who leave a lasting impression on her.

Sunday 13 August

	EUROSPORT NEWS & SPORT/ SELECTION PACKS	SKY SPORTS 1 PREMIUM CHANNEL	SKY SPORTS 2 PREMIUM CHANNEL	SKY SPORTS 3 PREMIUM CHANNEL	SCI-FI ACTION PACK	MTV MUSIC & GAMES PACK
MORNING	7.30am Triathlon 8.30 Cycling World Cup action from the San Sebastian Classic. 9.30 Formula 3000 10.45 Motocross - LIVE Action from the World Championship. 12noon Ski Jumping Footage of the FIS Summer Grand Prix in Villach, Austria. 1.30pm Tennis Action from the WTA Tournament in Los Angeles.	6.00am Aerobics Oz Style 6.30 Moto Plus 7.00 Ford Golf USA: Buick Open The third day of action from the Warwick Hills Golf and Country Club in Michigan. 10.00 Fight Night: Joe Calzaghe v Omar Sheika All the action from the fight. 12noon Euro Tour Golf: Victor Chandler British Masters - LIVE Woburn Golf and Country Club, Milton Keynes, plays host to the Victor Chandler British Masters as the tournament draws to a close with coverage of the final round. Bob May was last year's victor when he finally captured his first success as a professional after 22 second place finishes around the world.	6.00am Watersports World 7.00 Aerobics Oz Style 7.30 European Drag Racing: Alastaro 8.00 Polo: Prince Philip Polo Tournament 9.00 Soccer Extra 12noon First Division Football: Wolverhampton Wanderers v Sheffield Wednesday - LIVE 2.30pm Football Special: FA Charity Shield - Chelsea v Manchester United - LIVE The last ball in Euro 2000 has barely been kicked and already the stars of Chelsea and Manchester United are back in domestic action. The traditional curtain-raiser to the new football season sees two of the country's glamour sides battling it out. Richard Keys introduces the action.	10.00am X-Zone 2000 10.30 Australian Rugby League: Play-Offs More exhilarating action from the play-offs. 12.30pm European Drag Racing: Alastaro Leg Europe's top stars compete. 1.00 Triathlon: Triathlon Sprint Championship 2.00 Polo: Prince Philip Polo Tournament	8.00am Destination Space 8.30 Cybernet 9.00 The Incredible Hulk 10.00 Lost in Space 11.00 The Six Million Dollar Man Nuclear Alert 12noon Mystery Science Theatre 3000 Hobgoblins 1.45pm Sci-Focus Special 2.00 FILM: The Day After Jason Robards Jr, John Lithgow, Steve Guttenburg Made-for-TV drama following the lives of a group of survivors after the United States is subjected to a nuclear attack. 1983	6.00am Select MTV All the happenings from yesterday's live show. 9.00 Hit List UK 10.00 Road Rules 12noon Weekend Edition 12.25pm MTV's Pop Single of the Week 12.30 Select MTV A special edition of the nation's favourite music request show, featuring top guests in the studio.
	3.30 Motocross Coverage from the World Championship in Luxembourg.			3.00 Australian Rugby League: Play-Offs More exhilarating action from the Australian rugby league play-offs. Brisbane Broncos, Melbourne Storm et al set the standards which the likes of Bradford and Wigan must follow.	4.00 FILM: The Fantastic Journey Scott Thomas, Ike Eisenmann Sci-fi fantasy about a scientific expedition which meets with a catastrophe while it is passing through the Bermuda Triangle - only for its survivors to find themselves awakening in a mysterious land. 1977	3.30 Weekend Edition Get all the top stories from the worlds of music, showbiz and entertainment as they break.
	4.30 Football Highlights of this year's Euro 2000 tournament.				4.00 FILM: The Babylon 5 Point of No Return Sheridan clashes with Nightwatch when martial law is imposed and London's future is revealed.	4.00 Bytesize MTV Highlights from MTV stations across the world in the form of short soundbites.
		5.00pm Gillette World Sport Special A comprehensive report on the more alternative sports from across the globe. 5.30 Ford Scottish Football: St Mirren v Rangers - LIVE Newly promoted St Mirren entertain champions Rangers at Love Street in the Scottish Premier League. Jim White introduces the live action while Ian Crocker and Davie Provan supply the commentary.	5.30 Extreme Sailing The programme that shows the most daring seafarers in action, risking life and limb for their craft. 6.00 Polo: Prince Philip Polo Tournament Two teams contest the Prince Phillip Trophy.	5.00 European Drag Racing: Alastaro Leg 5.30 Triathlon: Triathlon Sprint Championships 6.30 Super League - LIVE Eddie Hemmings and Mike Stephenson present live coverage of a top match in Super League V as the regular season comes to the boil and play-off places are decided and the League title won.	6.00 Babylon 5 Severed Dreams Earthforce sends destroyers to seize control, but Sheridan rallies the crew to fight back. 7.00 Babylon 5 Welcome to Paradox Alien Jane The arrival of a new inmate sparks both tragedy and liberation.	7.00 Weekend Edition 7.30 Biorhythm: Lenny Kravitz A focus on the artist, examining his career and personal life.
NIGHT TIME	6.30 Football Behind-the-scenes stories from the Euro 2000 competition. 7.30 Tennis - LIVE Coverage from the WTA Tournament.	8.30 Goals on Sunday Clare Tomlinson presents a comprehensive roundup of all the latest goals.	7.00 Ford Golf USA: US PGA Film 1999 A chance to relive the best of the action from the last US PGA Championship. 8.00 Ford Golf USA: Buick Open - LIVE The prestigious Buick Open is the longest-running corporate sponsored event on the Tour. The tournament first began in 1958 - the great Billy Casper won through that year - and since then has had a special place in the hearts of American golf fans. There's a total prize fund of \$2.7m up for grabs as the action reaches the final day. Tiger Woods is the defending champion.	8.45 Cricket: NatWest Trophy - Semi-final Nail-biting NatWest Trophy semi-final action and a chance to find out who will be competing in one of domestic cricket's most prestigious finals at the end of August. 10.45 Motor Rally: London - Sydney Marathon Motor racing action from a long-distance event. 11.45-12midnight Sky Sports Classics Action from a classic sporting contest.	8.00 PSI Factor: Chronicles of the Paranormal Regeneration A genetically-altered female displays alien traits. 9.00 Welcome to Paradox Alien Jane The arrival of a new inmate sparks both tragedy and liberation. 10.00 Fortean TV Strange phenomena. 10.30 Perversions of Science Planely Possible A man grieves for his wife. 11.00 Millennium Dead Letters Frank teams up with a group candidate who is obsessed with capturing a serial killer.	8.00 FANatic: Mandy Moore 8.30 Making the Video: Travis - Coming Around The making of the video. 9.00 Diary of Jennifer Lopez The daily rituals of the chart-topping star. 9.30 The Blame Game 10.00 Bytesize MTV A two hour smorgasbord of bizarre moments from different MTV stations around the world in short, digestible soundbites.
	9.00 Boxing Action from a top international contest.				12midnight Twin Peaks 1.00am FILM: The Bride of Frankenstein. 1935 3.15 Perversions of Science 3.45-4.00am Sci-Focus Special	12midnight brand:new A look at some of the best new music around. 1.00am The Lick R&B Chart Show Trevor Nelson is the guide to some of the smoothest R&B sounds of the moment. 2.00-6.00am Night Videos
	10.00 SportsCentre Live sports news bulletin. 10.15 Stunts A programme dedicated to the most spectacular crashes in motorsports. 11.15 Motocross Action from the World Championship in Luxembourg.	11.00 Australian Rugby League: Play-Offs More exhilarating action from the Australian rugby league play-offs. Repeat from Sky Sports 3 1.00am-3.15am Super League More thrills and spills from the world of Super League V.	11.00 Euro Tour Golf: Victor Chandler British Masters The race to the top of the leaderboard is on as the Victor Chandler British Masters draws to a close. The action comes thick-and-fast from Woburn. 1.00am-3.30am Goals on Sunday Clare Tomlinson presents a comprehensive roundup of all the latest goals.			
	12.15am-12.30am SportsCentre					
LIVE FA CHARITY SHIELD - CHELSEA V MANCHESTER UNITED SKY SPORTS 2 2.30PM The FA Charity Shield sees FA Cup winners Chelsea and the Premier League champions Manchester United in action. David Beckham (pictured), Dennis Wise and the Neville brothers will have returned from Euro 2000 with something to prove to the foreign legions of English league football. Meanwhile, managers Gianluca Vialli and Sir Alex Ferguson will want a good work-out for a hard season ahead. United's new French international goalkeeper, Fabien Barthez, hopes to make his debut today.					PLAYBOY TV/ ADULT CHANNEL ADD-ON CHANNEL 10.00pm Freeview 10.06 FILM: Love in the Night 11.45 Sneak Peak 12midnight Freeview 12.10am FILM: On with the Show 1.30 Adult Feature 1.45 FILM: Full Metal Babes 3.00 Caught At Home 3.10-4.00am Streets of New York Adult Nightview is now available as a TV on-demand service between 10.00pm and 4.00am at £4.95. See channel 50 for details	TELEVISION X ADD-ON CHANNEL 12midnight Ten Minute Preview 12.10am FILM: Hidden Desire 1.00 Five Minute Freeview 1.05 FILM continues 1.20 FILM: Boobsville 2.30 FILM: Beach Patrol 3.40-4.00am Have It Away Day Adult Nightview is now available as a TV on-demand service between 12midnight and 4.00am at £4.95. See channel 50 for details



VH1 MUSIC & GAMES PACK	ANIMAL PLANET WORLD PACK	ITV2 ACCESS PACK	UK STYLE LIFESTYLE PACK	UK HORIZONS WORLD/ ACCESS PACKS	CARLTON FOOD NETWORK LIFESTYLE PACK	
6.00am Breakfast in Bed 10.00 Behind the Music: Andy Gibb The man behind the music. 11.00 Top 40 of the 90s A look back at the best music of the decade to date, with the ultimate countdown of the biggest hits of the 1990s so far. Featuring Oasis, the Spice Girls, The Corrs and U2.	12noon Croc Files 12.30pm Croc Files 1.00 Emergency Vets 1.30 Emergency Vets Trouble and life at the animal ER in Denver. 2.00 Vets on the Wildside 2.30 Vets on the Wildside Series about the problems faced by vets caring for South Africa and Zimbabwe's diverse wildlife species.	9.25am Sunset Beach Omnibus Another chance to see last week's episodes. 1.10pm Home and Away More sun, surf and high drama at Summer Bay.	7.00am Can't Cook, Won't Cook 7.30 Ready, Steady, Cook 8.00 House Invaders 8.30 The House Doctor 9.00 All the Right Moves 9.30 Antiques Treasure Trail 10.00 Holiday in Style 11.00 Holiday Swaps 11.30 Spa Trek 12noon Style World 12.30pm Your Money or Your Life 1.00 Looking Good 1.30 Delia Smith's Summer Collection 2.00 Delia's How to Cook 2.30 Gary Rhodes	7.00am Reefwise 7.30 The Fastest Claw in the West 8.00 Sharks - The Truth 9.00 Zoo 9.30 Zoo 10.00 Clash of the Titans 11.00 Clash of the Titans 11.55 Top Gear GTi 1.00pm Top Gear Special 1.30 Top Gear Special 2.00 The Fastest Claw in the West 2.30 Reefwise	7.00am Food Factory 7.30 Kitchen College 8.00 Network Daily 8.45 More Simply Antony 9.30 Newman Meets 10.00 Spice World 10.30 Simply Puddings 11.00 Flash in the Pan 11.30 From the Ground Up 12noon Four Burners and a Grill 12.30pm Peter Gordon's Pacific Food 1.00 Kitchen College 1.30 Gordon Ramsay's Passion for Flavour 2.00 Food Network Daily 2.45 Quick Cooks	6.00 AM MORNING
3.00pm Top 40 Millennium Honours List A count down of the greatest 40 artists of the millennium as voted for by members of the public.	3.00 Wild Rescues Incredible tales of people saving animals - and animals saving people. 3.30 Wild Rescues More heroic tales. 4.00 Lassie Swamp Thing The collie saves Timmy from an alligator. 4.00 Lassie The Raft 5.00 Monkey Business Jim and Alison rescue a chimp in Dubai. 5.30 Monkey Business 6.00 Animal Legends The legend of the Loch Ness monster. 6.30 Animal X Tales of a ghostly animal in Ireland.	3.10 Emmerdale Omnibus A chance to catch last week's episodes from the long-running soap. Text 4.35 Coronation Street Omnibus Catch up with last week's episodes from the popular Weatherfield soap. Text 6.30 Heartbeat Nostalgic police drama series set in a 1960s Yorkshire village. Text	3.00 Party of a Lifetime Arabian Nights Springing surprise parties. 3.30 Party of a Lifetime 4.00 Can't Cook, Won't Cook Cookery challenge. 4.30 Ready, Steady, Cook Cookery show. 5.00 House Invaders The team visit a house in Goole. With Linda Barker. 5.30 The House Doctor With Ann Maurice. 6.00 All the Right Moves Consumer property series. 6.30 Antiques Treasure Trail From Montpellier. 7.00 Holiday in Style Featuring reports from Gozo, Cephalonia, Florida, Scotland and Keswick. Presented by Jayne Constantinis. 8.00 Holiday Swaps A couple exchange their cycling holiday for a shopping trip in Hong Kong. 8.30 Spa Trek Hungary 9.00 Style World Barcelona Interiors, architecture and design in Barcelona. 9.30 Your Money or Your Life 10.00 Looking Good With Lowrie Turner. 10.30 Delia Smith's Summer Collection All the World Loves Ice Cream 11.00 Delia's How to Cook Delia Smith creates cakes and biscuits. 11.30 Gary Rhodes Footballing Grannies 12midnight Party of a Lifetime Arabian Nights A group of amateur belly dancers want to raise money for a local hospital. 12.30am-1.00am Party of a Lifetime With Ainsley Harriott.	3.00 Sharks - The Truth Explore the behaviour of the feared underwater predator in its natural habitat, hunting its prey. 4.00 Zoo The ape house awaits the arrival of an enormous male gorilla. 4.30 Zoo Jomie the gorilla arrives. 5.00 Top Gear GTi Testing the latest models and casting an experienced eye over the hottest motoring news, with interviews and tips. 6.00 Return with Honour Tom Hanks presents the powerful story of American pilots shot down over North Vietnam. 7.00 Romans in Britain Coming of Age 7.30 A Rough History Of... Tower of London 8.00 Love Town Trish is set to marry Rob, but she still hasn't told her teenage daughter. 8.30 Love Town Wedding day rows. 9.00 Geri's World Walkabout Geri Halliwell meets Kris Aquino, whose father was assassinated on his return to the Philippines. 10.00 The Tourist Trap The tourists board a coach and the driver seems drunk. 10.30 The Tourist Trap 11.00 The Tourist Trap Fly-on-the-wall series. 12midnight-1.00am V is for Vengeance	3.00 Cocktail Challenge Hosted by Paul Coia. 3.30 Cucina Valentina Seafood 4.00 Simply Puddings Ice Creams and Sorbets With Lotte Duncan. 4.30 Picture This With Jackie Knight. 5.00 A to Z of Food and Beauty 5.30 Four Burners and a Grill 6.00 Coxon's Kitchen College 6.30-7.00pm Use Your Loaf	3.00 PM 4.00 PM 5.00 PM 6.00 PM
7.00 The VH1 Album Chart Show Paul King presents the latest rundown of the best-selling albums of the week in the UK. 8.00 Egos and Icons: Ricky Martin An in-depth look at the Latino sensation's career to date and rise to superstardom. 9.00 Classic Albums: Paul Simon - Graceland A look at the inspiration behind Paul Simon's celebrated album. 10.00 Behind the Music: Celine Dion The incredible rise of the diva and her relationship with her husband and manager, Rene Angeliil. 11.00 Top 40 Love Songs A rundown of the greatest love songs of all time, featuring Bryan Adams, Luther Vandross, Wet Wet Wet and Prince. 1.00am VH1 Country A look at the main artists on the current country scene. 2.00 VH1 Soul Vibration Top soul tracks. 3.00-6.00am VH1 Late Shift A selection of music tracks to take you through the night.	7.00 ESPU A look at the fight against rhino poaching. 7.30 ESPU A report on the trade in endangered animals. 8.00 Wild Rescues A sperm whale trapped in the coastal waters off Mexico is freed. 8.30 Wild Rescues More incredible tales. 9.00 The Last Paradises River Ebro Delta - River and Sea Birds 9.30 The Last Paradises 10.00 The Mating Game How genetic information has enabled wildlife to improve itself from generation to generation. 11.00-12midnight The Savage Season Witness winter setting in on the perimeters of the great Kalahari desert in northern Botswana.	7.30 CD:UK Music chart show with the latest acts performing live in the studio. 8.00 The Planet's Funniest Animals Humorous video clips of pets and other animals. 8.30 Trevor McDonald Meets... 9.00 Bad Girls Shell attempts to frame Nikki for taunting Jim's wife on a hidden mobile phone when she is actually behind the calls. 10.00 Coronation Street A chance to catch tonight's episode from ITV. Text 10.30 In Defence Drama series about a Crown Prosecution lawyer struggling with personal and professional dilemmas. With Ross Kemp, Sophie Okonedo and Tim Woodward. 12midnight A Week on the Wild Side Series which reveals the extraordinary side of seemingly ordinary people. 1.00am-2.00am Trisha Trisha Goddard shares more heartwarming and hair-raising true stories. Text	UK PLAY: 1.00am Flatmates 1.30 Pick 'n' Mix 2.00 DJ Anthems 2.30 Soundtrack 3.00 Soundtrack to My Life 3.30 Bally Dung Radio 4.00 Bally Dung Radio 4.30 Chris Moyles 4.55 Next Stop, Phil Kay 5.20 Cherry Pop 5.35 Sound of Play 6.30-7.00am Phone Zone	NATIONAL GEOGRAPHIC CHANNEL FAMILY PACK 7.00pm Africa from the Ground Up Top to Tail 7.30 Shark Feeders Come face-to-face with the jaws of the shark. 8.00 Polar Bear Alert A fascinating documentary which takes a unique, close-up look at the habits and habitats of polar bears in the wild. 9.00 Snow Monkey Roundup A look at snow monkeys in the Texas bush. 9.30 Chimp Rescue Relocating lab chimps. 10.00 Social Climbing A look at the complexities and similarities of social survival in the world of humans and apes. 11.00 Big Snake A look at one man's attempts to provide the Bronx Zoo with a live and healthy 30-foot snake and collect the \$50,000 prize. 12midnight-1.00am American Trickster A rare look at the American coyote as it thrives in the wild and in the city.	7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00 NIGHT TIME	
CHALLENGE TV MUSIC & GAMES PACK	CABLE CHECK Some of the channels listed may not be available in your area	DISCOVERY HOME & LEISURE WORLD PACK	RAPTURE BONUS CHANNEL	LOCAL CHANNEL ACCESS PACK		
5.00pm Strike it Lucky 5.30 Sale of the Century 6.00 Family Fortunes 6.30 100% 7.00 Beadle's About 7.30 Winner Takes All 8.00 Stars in Their Eyes 8.30 Candid Camera 9.00 Whittle 9.30 Strike it Lucky 10.00 Endurance UK 10.30 Family Fortunes 11.00 Gladiators 12midnight Beadle's About	12.30am Stars in Their Eyes 1.00 Candid Camera 1.30 Absolute Cobblers 2.00 Karaoke Challenge 2.30 3-2-1 3.30 The Krypton Factor Gordon Burns hosts the gruelling test of physical stamina and mental agility. 4.00 Say the Word 4.30 Whittle 5.00-6.00am Shopping with Screenshop	6.00am Set in Stone 6.30 Diceman 7.00 Screaming Reels 7.30 Charlie West Fishing 8.00 How to with B & Q 8.05 A Car is Born 8.35 Our House Down Under 9.05 This Old House with Steve and Norm 9.35 This Old House with Steve and Norm 10.05 How to with B & Q 10.10 Total Fishing with Matt Hayes 10.40 Hooked on Fishing	11.10 Rex Hunt Fishing Adventures 11.40 Wood Wizard 12.10pm How to with B & Q 12.15 The House Doctor 12.45 The House Doctor 1.15 Home Again with Bob Vila 1.45 The New Yankee Workshop 2.15 How to with B & Q 2.20 Village Green 2.50 Time Team 3.50-4.00pm How to with B & Q	10.00am Freesport Special 10.30 World Wind Surf 11.00 High Adrenalin Action 11.30 Adrenalize 12noon Chili Factor 12.30pm Fearless 1.00 Mountain Bikes 1.30 Freesport Special 2.00 World Wind Surf 2.30 Chili Factor 3.00 Fearless 3.30 Adrenalize 4.00 Freesport Special 4.30 World Wind Surf 5.00 Adrenaline Action 5.30-6.00pm Adrenalize	6.00pm LLTV - Local Life A daily magazine programme featuring local news, events and lifestyle features. 6.30 What's On TV 7.00 LLTV - Local Life 7.30 YCTV Programmes made by the stars of tomorrow featuring the stars of today. 8.00 Student Showcase 8.30 What's On TV 9.00-9.30pm LLTV - Local Life	

Sunday 13 August

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME

CABLE CHECK
Some of the channels listed may not be available in your area

DISCOVERY WORLD PACK

4.00pm Ultimate Aircraft
Airstrike
Combat footage of NATO fighters during the 1995 war in Bosnia.

5.00 Firepower 2000
Digital Dogfight
Explore new design concepts with dramatic coverage of the latest in fighter designs.

6.00 Extreme Contact
Nurse Shark Adventure
6.30 O'Shea's Big Adventure
Back from the Brink

7.00 Century in Motion
Explore 100 years of transport innovation.

7.30 Century in Motion
8.00 Grand Canyons and Great Parks
Explore the natural wonders of The Grand Canyon, Yosemite and Yellowstone parks through all aspects of their natural history, wildlife and geology. Although visited by millions each year, how many understand their mysterious origins?

10.00 Extreme Alaska
A look at how population movements and natural forces have changed the Alaskan landscape.

11.00 Medical Detectives
Bitter Potion
11.30 Medical Detectives
Fatal Fungus

12.00 Planet Ocean
Waves and Tides
A look at why waves and tides are vital to the ocean ecosystem, circulating nutrients and setting the rhythm by which marine organisms lay their eggs.

1.00am-2.00am Seawings

CARTOON NETWORK FAMILY PACK

5.00am Tabaluga 5.30 Blinky Bill
6.00 Fly Tales 6.30 Flying Rhino
Junior High 7.00 Fat Dog
Mendoza 7.30 Ned's Newt 8.00 Mike, Lu and Og 8.30 Ed, Edd 'n' Eddy 9.00 Dexter's Laboratory 9.30 The Powerpuff Girls 10.00 Angela Anaconda 10.30 Cow and Chicken 11.00 Dragonball Z 12.00 Tom and Jerry 12.30pm Looney Tunes 1.00 The Flintstones 1.30 Scooby-Doo 2.00 Animaniacs 2.30 The Mask

3.00 I Am Weasel
Frantic animation.
3.30 Dexter's Laboratory
Bedroom mayhem with the mad professor.

4.00 Cow and Chicken
4.30 The Powerpuff Girls
More trouble in Townsville for the three heroines.

5.00 Ed, Edd 'n' Eddy
The threesome unhatch money-making mayhem.
5.30 Johnny Bravo
More pec-flexing with the bequipped egomaniac.

6.00 Tom and Jerry
Madcap antics with the sparring cat and mouse.
6.30 FILM: The Phantom Tollbooth
Animation about a young boy, bored with life in San Francisco, who finds himself in a bizarre world where numbers and letters are at war. 1969

8.30-9.00pm Courage the Cowardly Dog

TCM FAMILY PACK

9.00pm Footlight Parade
James Cagney, Joan Blondell, Ruby Keeler
Musical comedy about a Broadway producer who's put out of business when talking pictures arrive. However, he takes New York by storm with his new inventive and highly ambitious projects. 1933

11.00-1.00am Jailhouse Rock
Elvis Presley, Judy Tyler
Rock musical in prison. **Widescreen 1957**

CARTOON NETWORK:
1.00am The Moomins 1.30 The Magic Roundabout 2.00 Tabaluga 2.30 Blinky Bill 3.00 The Tidings 3.30 The Fruitties 4.00 The Moomins 4.30-5.00am The Magic Roundabout

THE HISTORY CHANNEL WORLD PACK

12.00 **War - The Inside Story**
Mission Berlin
1.00pm **Biography**
Audrey Hepburn
2.00 **When the Century Was Young**
The World Belongs to Us
3.00 **Secrets of Sex**
4.00 **Biography**
Winston Churchill
5.00 **War - The Inside Story**
Mission Berlin

6.00 **Secrets of War**
The Battle of Britain
7.00 **Secret Luftwaffe of World War II**
NEW Trace the Luftwaffe's development of high production combat planes.
8.00-10.00pm **Station X**
Explore the wartime events that took place at Bletchley Park, where the Enigma code breakers, some argue, won the war.

NICKELODEON FAMILY PACK

7.00am The Three Friends... and Jerry 7.30 The Three Friends... and Jerry 8.00 Kenan and Kel 8.30 Kenan and Kel 9.00 Rugrats 9.30 Rugrats 10.00 Hey Arnold! 10.30 Hey Arnold! 11.00 CatDog 11.30 CatDog 12.00 Angry Beavers 12.30pm Angry Beavers 1.00 Rocko's Modern Life 1.30 Rocko's Modern Life 2.00 Renford Rejects 2.30 Renford Rejects

3.00 The Secret World of Alex Mack
More goings-on with the girl and her superpowers.
3.30 The Secret World of Alex Mack

4.00 Sister Sister
Sitcom about twin sisters and their parents.
4.30 Sister Sister
There's double the fun with Tia and Tamera.

5.00 Sabrina the Teenage Witch
5.30 Sabrina the Teenage Witch
6.00 Are You Afraid of the Dark?
6.30-7.00pm Are You Afraid of the Dark?

PARAMOUNT COMEDY CHANNEL FAMILY PACK

7.00pm Grace Under Fire
7.30 King of Queens
Saint Valentines

8.00 Cheers
Pitch it Again Sam
8.30 Just Shoot Me
The Withholder
Elliot finds herself in bed with Finch's ex.

9.00 Frasier
Dial M for Martin
The Seattle shrink and his father clash.
9.30 Frasier
Hot Ticket

10.00 FILM: Class
Rob Lowe, Andrew McCarthy, John Cusack
Sex comedy about a naive country boy at prep school who loses his virginity and begins a steamy affair with an older woman. But the woman turns out to be his room-mate's mother. 1993

11.50 Tavaré Time
Comedy show.

12.00am Clive Anderson Talks Back 1.00 NewsRadio 1.30 Whose Line is it Anyway? 2.00 Dressing for Breakfast 2.30 Desmond's 3.00 It's Garry Shandling's Show 3.30-4.00am Abbott and Costello

TV TRAVEL SHOP BONUS CHANNEL

A total travel service in your own home. Video brochures give a guided tour of resorts around the world, with regular bulletins and programmes featuring late holidays and special offers. Viewers can then book holidays 24-hours-a-day, seven-days-a-week, by calling 0870 60 60 747. For more information and full listings turn to TV Travel Shop Text, from page 200.

FOX KIDS FAMILY PACK

6.00am Oggy 6.10 Bad Dog 6.30 Bobby's World 6.55 Jim Button 7.15 Walter Melon 7.40 Inspector Gadget 8.00 Oggy 8.10 Biker Mice 8.30 Dennis and Gnasher 8.55 Sailor Moon 9.15 Sailor Moon 9.40 Digimon 10.00 Power Rangers 10.20 Monster Rancher 10.45 Masked Rider 11.05 X-Men 11.30 Spy Dogs 11.50 Ace Ventura 12.15pm Walter Melon 12.35 Inspector Gadget 1.00 Woody 1.10 Casper 1.30 Donkey Kong 1.55 Dennis and Gnasher 2.20 Life with Louie 2.40 Princess Sissi

3.00 Princess Starla and the Jewel Riders
Cult Japanese cartoon.
3.45 Mighty Morphin' Power Rangers
4.05 Mighty Morphin' Power Rangers

4.30 Digimon
Seven kids' adventures in a bizarre digital world.
4.50 Masked Rider
The adventures of Dex, a teenage alien superhero.

5.15 Monster Rancher
5.35 Biker Mice from Mars
6.00 The New Addams Family
6.25 Casper
6.35-7.00pm Goosebumps

SHOP! LIFESTYLE/ SELECTION PACKS

6.00am Shop! Selection Round-up of the best sellers.
7.00 Home Shop! Style ideas for your home.
8.00 Collector's Shop! A display of the range of Winnie the Pooh collectibles.
8.30 Technology Shop! 9.30 Warehouse Clearance 1.00pm Shop! Special Round-up of the best sellers.

2.00 Sports Shop! Clothing and footwear for the new season.
2.30 Shop! Outlet 6.00 Shop! Selection Round-up of the best sellers.
7.00-7.30pm Shop! Special Round-up of the best sellers.

GMTV 2 ACCESS PACK

GMTV2 offers pre-school and lifestyle shows between 6.00am and 9.25am. Weekdays: *The News Hour* at 6.00am followed by children's shows. Saturdays: Children's programming and a round-up of the week's news in *The Review*. Sundays: Highlights include a *Pokemon* triple bill and *The Review*.

QVC LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day - so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is DIY with Harry Greene at 10.00am.

NEWS AND INTERNATIONAL

BBC NEWS 24 NEWS & SPORT/ ACCESS PACKS

6.00am News 9.30 World News 10.00 News 10.30 Reporters 11.00 News 11.10 Dateline London 12.00 News 12.30pm Talking Movies 1.00 News 2.30 Simpson's World 3.00 News 3.30 Correspondent 4.00 News 4.30 Click Online 5.00 News 7.30 Sportsday 8.00 News 10.30 Dateline London 11.00 News 11.30 Reporters 12midnight News 12.30am Simpson's World 1.00 News 2.00 Agenda 3.00 News 3.30 Dateline London 4.00 News 4.45 Asia 5.00-6.00am News

CNN INTERNATIONAL NEWS & SPORT PACK

News throughout the day, plus: 5.30am CNNdotCOM 6.30 World Business 7.30 Inside Europe 8.30 Sport 9.30 World Beat 10.30 Sport 11.30 Hotspots 12.30pm Diplomatic License 1.00 World Report 2.30 Inside Africa 3.30 Sport 4.30 Showbiz This Weekend 5.00 Late Edition 6.30 Business Unusual 7.30 Inside Europe 8.30 Arclub 9.30 CNNdotCOM 10.30 Sport 11.00 WorldView 11.30 Style 12midnight WorldView 12.30am Science Week 1.00 WorldView 1.30 Asian Edition 1.45 Asia Business 2.00 TIME 3.30 Arclub 4.30-5.00am Pinnacle

SKY NEWS NEWS & SPORT PACK

News on the hour, every hour, plus: 6.00am Sunrise 9.30 The Sharp End 10.00 Adam Boulton 11.30 The Book Show 12.00 Sky News Today 1.30pm Fashion TV 2.00 Sky News Today 2.30 Showbiz Weekly 3.30 Technoflixtra 4.30 Sunday with Adam Boulton 5.00 Live at Five 7.30 Sportsline 8.30 The Book Show 9.30 Showbiz Weekly 10.00 Sky News at Ten 12.30am CBS Evening News 1.30 Adam Boulton 2.30 Fashion TV 3.30 The Book Show 4.30 Week in Review 5.30-6.00am CBS Evening News

INTERNATIONAL

SAT1 6.00am Das Urteil 7.05 Week Up 8.00 Die Wochenshow 9.00 Alf 9.30 Hausmeister Kraus 10.00 Zwei Zum Verlieben 11.00 Baywatch 12.00 VIP 1.00pm MacGyver 2.00 Air America 3.00 Radrennen 5.00 Blitz 5.30 Wetter 5.45 Die Barilla Comedy-Küche 6.00 Nur die Liebe Zählt 7.15 Die Wochenshow Live 9.15 Danke Anke! 9.45 Planetopia 10.30 News & Stories 11.20 So Gesehen 11.25-12midnight MacGyver

TV5 5.00am Journal Télévisé 5.15 Journal des Journeaux 6.00 Infos 6.05 Les Zaps 6.30 Les Zaps 7.00 Journal Télévisé 7.30 Les Zaps 8.00 Infos 8.05 Découverte 8.30 Les Carnets du Bourlingueur 9.00 Journal 9.15 La Fête des Bébés 9.30 Va Savoir 10.00 Thalassa 11.00 Infos 11.05 Grands Gourmands 11.30 Journal 12.00 Infos

12.05pm Géopolis 1.00 Journal Télévisé 1.15 Théâtre 3.00 Journal Télévisé 3.15 Questions 3.30 Gros Plan 4.00 Union Libre 5.00 Journal Télévisé 5.15 Nature des Champions 7.00 Journal Télévisé 7.30 Journal Télévisé et Le Journal du Temps 8.00 Infos 8.05 Montagne 9.00 Journal Télévisé 9.15 Le Chasseur de la Nuit 11.00 Journal Télévisé 11.30-12midnight Soir 3

ASIANET ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am Sant Darshan 8.30 Swami Viswaas 9.30 In Search of Peace 10.00 Holy Quran 10.30 Vishwamitra 11.30 Health 12.30pm Pakistan 1.00 Khiladi 1.30 FILM 4.00 MTV 4.45 MTV 5.45 Na Kaam Na Ziade 6.30 Aur Aap 7.00 Close Up Encounters 7.30 FILM 8.00 Wilaytee Babu 8.30 MTV 11.30 Toofan TV 12midnight MTV 12.30am Aur Aap 1.00 FILM 4.00 Wilaytee Babu 4.30 Na Kaam Na Ziade 5.30 Geet Baney Sangeet 6.00 Khiladi 6.30 Programme 7.00-7.30am Bhule Bisre Geet

ZEE TV ADD-ON CHANNEL

6.00am Kya Scene Hai 6.30 Shabads 7.00 Faith: Sikhism 7.30 News 8.00 Karobar Duniya 8.30 Best of India 9.00 Guftugu 9.30 Out and About 10.00 Mahabharat 11.00 Bodymatters 11.30 Zee in Europe 12.00 FILM 3.00pm Sa Re Ga Ma Classic 4.00 Zee and You 4.30 Ibrat 5.30 Super 7 Muqabla 6.00 A Day Out with a Star 6.30 Yeh Hain Mere Apne 7.00 Pride Antakshari 7.30 Basara 8.00 News 8.30 FILM 11.30 Agni Chakra 12midnight News 12.30am FILM 3.30 Hum Paanch 4.00 Daraar 4.30 Campus 5.00 Mama Miya 5.30-6.00am Sa Re Ga Ma

CHRISTIAN CHANNEL EUROPE WORLD PACK

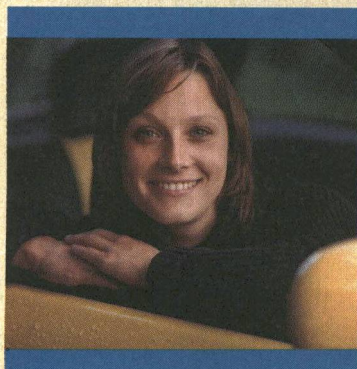
5.00am CMTV - Ballads 5.30 Life is for Living 6.00 Life in the Word 6.30 A Voice to the Nations 7.00 Changing Your World 7.30 CMTV 8.00 In Touch 9.00 Order My Steps 9.30 A Voice to the Nations 10.00 Life is for Living 10.30-11.00am A Word from God

BLOOMBERG WORLD PACK

2.00am Market Movers 2.45 Market Review 3.15 European Market Review 5.00 Market Movers 5.54-6.00am Bloomberg Helpdesk

BBC PARLIAMENT NEWS & SPORT PACK

Parliament is in recess.



Vicki Butler-Henderson
GIRL RACER

The pollution solution

Filling up at the pump may be a thing of the past in the not-too-distant future – **Vicki Butler-Henderson** has mixed feelings about it ...

OVER the years, I've tested a few, how shall I say, unconventionally powered cars, and I have to say I'm not the biggest fan of them (I'm too in love with big engines and big power). But I do fully recognise their benefits and understand why people are tempted to buy them – fuel economy being the biggest temptation of the lot, with a nod to helping the environment coming a close second.

I'll throw a rather shocking statistic at you here: did you know that every 6000 miles your car travels, it roughly produces its own weight in CO₂? Shocking, huh?

The effect of pollution on the environment and the outrageous hike in petrol prices are two important reasons why more people are taking a look at the alternatives.

There are three main rivals to the unleaded petrol market to look at:

LPG (Liquefied Petroleum Gas)

Plus Side: It is cheaper to buy than petrol by about a half, and it is the most popular conversion choice – a projected 16,000 cars will be running on it in this country by the end of this year.

Down Side: There are only about 350 refuelling outlets in the UK.

Natural gas

Plus Side: Cheaper to run than LPG and quieter than a diesel engine.

Down Side: More expensive to convert to than LPG (though popular for trucks and buses), and there are limited point-of-sale outlets.

Electric/Hybrid

Plus Side: Great for city-based cars, costs 1p per mile to run in full electric mode and zero exhaust emissions.

Down Side: Very limited range between re-charges (approximately 50 miles) but that's where the hybrid bit comes in – you can switch to a low-emission petrol engine when travelling out of town or when the battery's flat.

Solar power is another, albeit limited, option but the only sun-powered 'everyday' cars I know of have been converted and run by private individuals (who usually have a solar panel or two to run things in their home, also).

But if you're not so keen on after-market fuel conversions, there are cars you can buy 'ready-made'. For example, the **Insight**

– Honda's recently launched coupé – combines a

three-cylinder gasoline engine and a ten-kilowatt electric motor (a hybrid).

There's no skimping on equipment and it does drive pretty well.

A handful of other car manufacturers have similarly powered cars on sale, but if you're happy with the motor that you've got, but want to convert it from petrol to LPG, then you'll be happy to hear

you can get a government grant to assist you. The only snag being that your car must be less than 12 months old and have done no more than 25,000 miles.

The conversion itself costs somewhere between £1000-£2000 and you can get the grant for anything up to 75 per cent of that, paid for by Powershift (a subsidiary of the government-backed Energy Saving Trust). However, if your car is older than one year or has travelled more than 25,000 miles, Powershift has a list of approved converters to steer you away from 'backstreet' shoddy jobs.

But as much as all these alternatives are commendably good ideas, I can't see myself giving up a tankful of unleaded just yet. I'm too much of a petrolhead, I guess!

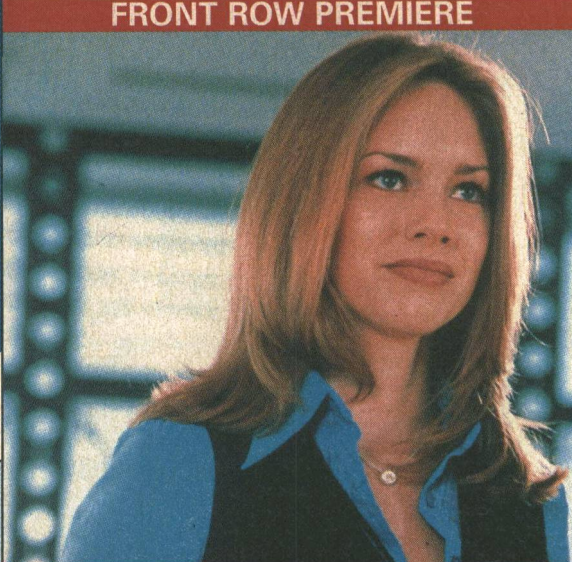


Old-fashioned pump action – but what are the alternatives?

Visit the Powershift website at www.est-powershift.org.uk

Catch Vicki in
Top Gear GTi on
UK Horizons,
Saturday 5th, 4.55pm;
Sundays, 11.55am



	SKY PREMIER PREMIUM CHANNEL	SKY MOVIEMAX PREMIUM CHANNEL	MOVIE RATINGS	FRONT ROW PREMIERE	
MORNING	6.00am The Goodbye Bird 1993, rating Sky U, 87 mins 7.45 Picture Perfect 1997, rating Sky PG, DS, 98 mins 9.30 The Beniker Gang 1985, rating Sky PG, 83 mins 11.00 Treehouse Hostage 1998, rating Sky PG, 87 mins 12.45pm Picture Perfect Romantic comedy. Text 1997, rating Sky PG, DS, 98 mins 2.30 The Beniker Gang Andrew McCarthy, Charles Fields Drama. An orphaned teenager tries to stop his close friends from being adopted by leading a break-out from their orphanage where they are all living at the time. 1985, rating Sky PG, 83 mins	6.05am A Father's Son John Schneider, Cheryl Ladd 1999, rating Sky PG, 92 mins 8.00 Take My Advice: The Ann and Abby Story 1999, rating Sky PG, 87 mins 10.00 Harvest 1993, rating Sky U, 90 mins 12noon The Duke 1999, rating Sky U, DS, 85 mins 2.00pm The Hurricane Andrew Story Ted Wass, Eileen Heckart Drama. This dramatic reconstruction mixes real footage with reconstructions of Hurricane Andrew's bombardment of South Florida in 1992. 1993, rating Sky PG, 92 mins	Sky U: Suitable for viewing by all Sky PG: Parental Guidance suggested Sky 12: Suitable for viewers aged 12 years and over Sky 15: Suitable for viewing by people of 15 years or over Sky 18: Suitable for viewing by adults only Text: film is subtitled on page 888 of Fastext Widescreen: shown in cinema (letterbox) format		
3.00 PM			SKY CINEMA PREMIUM CHANNEL	Robot wars: Heidi Schanz stars in the sci-fi sequel 'Universal Soldier: The Return'. Front Row, see below	
4.00 PM	4.00 Treehouse Hostage Jim Varney, Joey Zimmerman, Todd Bosley, Mark Moses A boy and his two friends hold an escaped convict hostage in their treehouse so that one of them can use him as a school project. But the idea soon goes very wrong. 1998, rating Sky PG, 87 mins 5.30 Buzz News: M:I-2 Special 6.00 Star Kid Joseph Mazzello, Richard Gilliland, Corinne Bohrer Sci-fi adventure. A young boy's geeky existence changes drastically after he befriends an alien who permits him to use its technology. Now with amazing powers, he is able to face the school bullies. Text 1998, rating Sky PG, DS, 97 mins 7.40 Godzilla Matthew Broderick, Jean Reno, Maria Pitillo, Hank Azaria The latest remake for the classic Japanese monster. A giant, radiation-mutated lizard emerges from the sea and chooses New York as its nest site. An American scientist and a French secret service agent join forces to defeat the monster and its lethal offspring. 1998, rating Sky PG, 132 mins 10.00 Saving Private Ryan Tom Hanks, Tom Sizemore, Edward Burns, Matt Damon War drama following the efforts of a small team of US soldiers sent into the front lines to find a young soldier and return him home during World War II. As the group travel through the battlefields of France, they struggle to understand the horrors around them. Text 1998, rating Sky 15, DS, 162 mins 12.50am Fear and Loathing in Las Vegas Quirky road movie. 1998, rating Sky 18, DS, 113 mins 2.50 The Directors: The Films of James Cameron 3.50-6.00am Incognito Thriller about a top art forger. Text 1997, rating Sky 15, DS, 103 mins	4.00 A Father's Son John Schneider, Cheryl Ladd Drama, based on the true story of actor Michael Landon, whose affair with a younger woman almost shattered his family. But when he breaks the news of his terminal illness to his family, his children realise just how much they love their father, despite all of his many faults. 1999, rating Sky PG, 92 mins 6.00 Take My Advice: The Ann and Abby Story Wendy Malick, Robert Desiderio, Kip Gilman, Tyler Gannon Biography of twin advice columnists, starting with their lives in the Mid West, following them through their double weddings and looking at the personal and professional feuds that have dogged their lives. 1999, rating Sky PG, 87 mins 8.00 Three Secrets Jaclyn Smith, Tyne Daly, Nicole Forester, Katy Boyer PREMIERE Drama. A trio of very different women, all of whom gave up a baby years ago unknown to their spouses, decide to find out which of them is the mother of an adopted boy who has just survived a harrowing air crash. 1999, rating Sky PG, 94 mins 10.00 Scream 2 Neve Campbell, Courteney Cox Horror sequel. When the gory events of the first film are made into a movie, <i>Stab</i>, the survivors find themselves terrorised anew by a knife-wielding man in a terrifyingly familiar Halloween mask. But the cast are as familiar with sequel conventions as the audience. Text 1998, rating Sky 18, 115 mins 12midnight Pet Sematary II Edward Furlong, Anthony Edwards Text 1992, rating Sky 18, 96 mins 1.40am In Gold We Trust 1990, rating Sky 15, 87 mins 3.10 Friends 'Till the End Drama. Text Last Play 1997, rating Sky 15, 90 mins 4.45-6.15am Harvest 1993, rating Sky U, 90 mins	4.00pm Titanic Clifton Webb, Barbara Stanwyck, Audrey Dalton, Harper Carter Drama, telling the famous story of the disaster aboard the luxury liner. The plot here is focused on a snobbish socialite, his wife, who is desperate to leave him and their children. 1953, rating Sky PG, 94 mins 5.45 The Audrey Hepburn Story Jennifer Love Hewitt, Frances Fisher, Eric McCormack Biography of the woman who became one of Hollywood's most famous and best loved screen legends, including all of the highs and lows of her eventual life, from her birth in Brussels to wealthy parents to her amazing celluloid career in America and her troubled marriage to Mel Ferrer. 1999, rating Sky PG, 129 mins 8.00 Cool Hand Luke Paul Newman, George Kennedy, Jo Van Fleet, JD Cannon Prison comedy drama. A chain-gang prisoner in the Deep South refuses to kowtow to the bullying ways of the inmate in charge, beating him at physical and cerebral pursuits. He becomes a hero and even a martyr of sorts to his fellow convicts. 1967, rating Sky 15, 121 mins 10.10 Badlands Sissy Spacek, Martin Sheen, Warren Oates, Ramon Bieri A stark thriller following two young innocents on a murder spree across America, following them as they progress from fugitives to national celebrities. 1973, rating Sky 18, 90 mins 11.45 Crossroads Ralph Macchio, Joe Seneca Drama. A boy is taught to play the guitar by a musician who's made a deal with the devil. 1986, rating Sky 15, 95 mins 1.25am Maniac 1962, rating Sky 15, 83 mins 2.55 Convicts 4 1962, rating Sky PG, 101 mins 4.45-6.00am The Directors: The Films of Martha Coolidge	FILMFOUR ADD-ON CHANNEL	Create your own personal TV diary: www.cableguide.co.uk
5.00 PM				CARLTON CINEMA LIFESTYLE PACK	
6.00 PM				7.00pm A Song is Born Danny Kaye, Virginia Mayo, Benny Goodman, Hugh Herbert Musical. A gangster's moll has to go into hiding when her boyfriend is under investigation by the police. So she chooses a musical research institute staffed by lonely bachelors and it complicates matters when the head of the institute falls for her. 1948, 113 mins 9.00 Agnes of God Jane Fonda, Anne Bancroft, Meg Tilly, Anne Pitoniak When a nun gives birth to a child who dies at a convent, the police are brought in. But then a battle of wills ensues between the mother superior, who wants the girl left alone, and a psychiatrist, who is determined to help the nun and reveal any wrongdoers. 1985, 98 mins 11.00 Red King, White Knight Tom Skerritt, Max von Sydow, Helen Mirren, Tom Bell Thriller. The CIA has to foil a plot to murder the Soviet General Secretary. 1989, 107 mins. 1.00am Old Gringo Jane Fonda, Gregory Peck 1989, 119 mins 3.00 18 Again! George Burns, Charlie Schlatter Comedy. 1988, 100 mins 5.00-7.00am Les Miserables Drama, adapting the Victor Hugo novel. 1935, 108 mins	
7.00 PM					
8.00 PM					
9.00 PM					
10.00 PM					
11.00 PM					
NIGHT TIME					

FRONT ROW	Channel 51 Matinee	Channel 51 Evening	Channel 52	Channel 53
SCREENING WHEN YOU'RE GOOD AND READY WITH CABLE & WIRELESS See channel 50 or your Front Row spread on pages 14, 15 for further details. KEY TO FILM CONTENT T/C: Theme/Content BL: Bad Language S/N: Sex/Nudity V: Violence	FORCES OF NATURE Rating 12, 102 mins Romantic comedy. Fate throws two travellers together after a series of strange events - even though one of them is on the way to his own wedding. Stars Ben Affleck and Sandra Bullock. T/C: Comedy, romance. BL: Once, strong. S/N: Some mild references. V: Once mild. 6.00am, 8.00am, 10.00am, 12noon, 2.00pm	MICKEY BLUE EYES Rating 15, 98 mins Comedy. An English auctioneer, working in New York, marries his American girlfriend, not realising that her family are all mobsters. Stars Hugh Grant and Jeanne Tripplehorn. T/C: Comedy, mafia. BL: Infrequent, strong. S/N: None. V: Infrequent, moderate. 4.00pm, 6.00pm, 8.00pm, 10.00pm, 12midnight, 2.00am, 4.00am	UNIVERSAL SOLDIER: THE RETURN Rating 18, 80 mins Action. A project to create a new breed of soldier seems to be going well, but then a computer develops a mind of its own. Stars Jean-Claude Van Damme. T/C: Action, sci-fi. BL: Occasional, strong. S/N: Some moderate nudity. V: Frequent, strong. 6.50pm, 8.30pm, 10.10pm, 11.50pm, 1.30am, 3.10am	10 THINGS I HATE ABOUT YOU Rating 12, 94 mins Teen comedy, derived from Shakespeare's <i>The Taming of the Shrew</i>, about two very different sisters and their romantic trials and tribulations. Stars Larisa Oleynik and Julia Stiles. T/C: Teen romance. BL: Occasional, moderate. S/N: Some mild references. V: Once, mild. 7.00pm, 9.00pm, 11.00pm, 1.00am, 3.00am

SKY ONE ACTION/ SELECTION PACKS	UK GOLD LIFESTYLE/ SELECTION PACKS	LIVING LIFESTYLE PACK	GRANADA PLUS ACTION PACK	DISNEY CHANNEL ADD-ON/ PREMIUM CHANNEL	
6.00am Long Play 7.30am Mega Babies 8.00 Godzilla 8.30 Mummies Alive 9.00 Pokémon 9.30 Pokémon 10.00 Pokémon 10.30 The Simpsons Text 11.00 World Wrestling Federation - Smackdown 1.00pm Dream Team Text 2.00 Mega Babies 2.30 Godzilla 3.00 Mummies Alive <i>Sleight of Hand</i> Scarab gets the upper hand. 3.30 Pokémon <i>Showdown in Pewter City</i> Ash goes to a Pokémon gym. 4.00 Pokémon <i>Clefairy and the Moon Stone</i> The gang finds a powerful stone. 4.30 Pokémon <i>The Water Flowers of Cerulean City</i> 5.00 Star Trek Popular sci-fi series in which a space crew goes out into unexplored space seeking new life and having many strange adventures along the way. Text 6.00 Hercules: The Legendary Journeys <i>Top God</i> When Alcmena dies Zeus asks Hercules to give up his mortality and rule Olympus with him. Text 7.00 The Simpsons <i>Mr Lisa Goes to Washington</i> Lisa does well in a quiz. Text 7.30 The Simpsons <i>The City of New York</i> Text 8.00 Star Trek: Voyager <i>Child's Play</i> Seven of Nine's maternal instincts are aroused when the parents of a Borg child suddenly try to reclaim him Text 9.00 Feature 10.00 Red Light Girls In Los Angeles, porn actress Angelica Sin pursues a job on Playboy TV and in Melbourne, Genevieve reveals secrets about her clients. Text 11.00 Coppers Real-life action on the busy motorways of Surrey. 11.30 Coppers Criminal activity in Liverpool comes under the spotlight. 12midnight Star Trek 1.00am LAPD 1.30 LAPD 2.00 In the Heat of the Night 2.50 In the Heat of the Night 3.40 In the Heat of the Night 4.30 In the Heat of the Night 5.20 The Newlywed Game 5.40-6.00am <i>The Newlywed Game</i>	6.00am 'Allo 'Allo! 6.40 Birds of a Feather 7.15 Yes, Prime Minister 7.50 Goodnight Sweetheart 8.25 EastEnders Text 9.00 The Bill Text 9.30 The Bill Text 10.00 Bergerac 11.00 Knots Landing 11.55 Neighbours 12.25pm EastEnders Text 1.00 Ballykissangel 2.00 Knots Landing 3.00 The Bill <i>Glass House</i> A wife has a dilemma. Text 3.30 The Bill <i>This Old Man</i> A death upsets Garfield. Text 4.00 EastEnders Bianca tries to contact Ricky while Carol talks to Alan. Text 4.35 Neighbours Lauren threatens to become a live-in Barabian. 5.00 May to December <i>It Never Entered My Mind</i> Romance between a middle aged man and a young woman. 5.40 Bread Sitcom about the Boswells, a family of loveable rogues. Text 6.20 The Brittias Empire <i>Gavin Featherly, RIP</i> When Gavin goes missing from a weekend retreat everyone assumes he is dead. 7.00 The Good Life <i>Just My Bill</i> Tom finds selling his garden produce quite a difficult task. 7.40 Birds of a Feather <i>Cheati!</i> Dorian's actions have ulterior motives. Text 8.20 Open All Hours Sitcom about miserly shopkeeper Arkwright and his downtrodden assistant nephew. 9.00 The Royle Family Tensions run high in the Royle household as Antony finally loses his temper. 9.40 Men Behaving Badly <i>Ten</i> Tony tries unsuccessfully to impress Deborah's mother. 10.20 Absolutely Fabulous <i>Fear</i> Patsy moves in with Edina when Saffy moves out. 11.00 Gimme, Gimme, Gimme <i>Dirty Thirty</i> It's Tom's birthday, but his party doesn't go to plan. Text 11.40 The Bill Text 12.15am The Bill Text 12.45 Live at Jongleurs 1.20 The Royle Family 2.00 Men Behaving Badly 2.35 Monty Python's Flying Circus 3.10 EastEnders Text 3.45 Dangerfield 4.40 Dynasty 5.30-6.00am Angels	6.00am Ready, Steady, Cook 6.30 Can't Cook, Won't Cook 7.00 Tiny Living 9.00 Brookside 9.30 Home and Away 10.00 The Jerry Springer Show 10.50 Forgive or Forget 11.40 Maury Povich 12.30pm Special Babies 1.00 Reality Slot 1.30 Judge Judy 2.00 Streetmate 2.30 Maury Povich 3.20 Party of Five <i>Thanksgiving</i> The Salinger children learn that the driver responsible for their parents' accident is to be released and wants to meet them. 4.10 Mystic Challenge Paul Ross presents a game show that tests psychics. 4.40 Forgive or Forget Host Mother Love attempts to resolve real problems for people in various situations. 5.30 Ready, Steady, Cook Fern Britton hosts the cookery show in which two top chefs compete against the clock. 6.10 The Jerry Springer Show Outrageous American talk show in which Jerry Springer and his guests engage in lively - and sometimes heated - discussions. 7.00 Judge Judy The New York judge presides over a series of real-life cases. 7.30 Streetmate Davina McCall tries to find dates for single people. 8.00 LA Doctors Drama series about a group of LA physicians who set up their own practice. Starring Ken Olin, Rick Roberts, Sheryl Lee and Matt Craven. 9.00 FILM: Scandal <i>John Hurt, Leslie Phillips, Joanne Whalley-Kilmer</i> Drama which tells the story of a well-known 1960s scandal involving a Conservative cabinet minister and a good-time girl who was involved with the Minister and a Soviet naval attache at the same time. A scandal that rocked the Government. 1988 11.05 Secret Suburbia A look at seemingly ordinary suburban residents and their extraordinary lives. 11.30-12midnight Sex Bites	6.00am Hawaii Five-0 7.00 Plus on Plus 7.30 Jokers Wild 8.00 Hogan's Heroes 8.30 George and Mildred 9.00 Classic Coronation Street Text 9.30 Emmerdale Text 10.00 Mission: Impossible 11.00 That's My Boy 11.30 Batman 12noon Classic Coronation Street Text 12.30pm Emmerdale Text 1.00 George and Mildred 1.30 Robin's Nest 2.00 Hawaii Five-0 3.00 Mission: Impossible <i>The Butterfly</i> The IMF attempts to clear an American businessman in Japan of false charges that he has murdered his wife. 4.00 The Sweeney <i>Queen's Pawn</i> Regan gets a crook to turn Queen's evidence against his partners. With John Thaw and Dennis Waterman. 5.00 Hart to Hart <i>Murder is a Drag</i> Adventure-seeking husband and wife team Jonathan and Jennifer Hart solve crimes together in various exotic locations. 6.00 Emmerdale Seth and Vic are brewing up trouble in the woods. Text 6.30 Classic Coronation Street Mike wants to marry Susan. Text 7.00 Batman <i>Batman is Riled</i> The Joker is after Batman. 7.30 Robin's Nest <i>The Long Distance Runner</i> Robin takes up jogging. 8.00 Boon <i>Tales from the Riverbank</i> An ex-fireman becomes the proud owner of a run-down Birmingham hotel - and that's when the fun really starts. 9.00 The Sweeney <i>Jigsaw</i> A nightwatchman is attacked and Eddie Boys, just released from prison, is the key suspect. 10.00-11.00pm Taggart <i>Dead Ringer - Part III</i>	4.30am Pooh 4.45 Music Time 4.50 Olie 5.00 Bear 5.25 Art Play 5.30 PB and J Otter 5.45 Bite Size 6.00 Toons 6.05 Circle Time 6.10 Rolie Polie Olie 6.20 Spot 6.30 Out of the Box 7.00 Mickey Mouseworks 7.30 101 Dalmatians 8.00 Aladdin 8.30 Recess 9.00 Art Attack 9.35 Sabrina 10.00 FILM: Toy Story 1995 11.15 Recess 11.30 Miami 7 12noon Circus Kids 12.30pm Boy Meets World 1.00 FILM: Horse Sense 1999 2.30 Mickey Mouseworks 3.00 101 Dalmatians 3.15 100 Deeds for Eddie McDowd Eddie must repent. Text 3.45 The Famous Jett Jackson Jett wants a normal life. 4.15 Honey, I Shrunk the Kids: The TV Show <i>Honey, the Future's Coming Back to Me</i> Wayne's latest invention breaks. 5.00 Recess Animated series about fourth-grade kids Text 5.30 Smart Guy <i>Primary Brothers</i> T.J runs for student council. Text 6.00 Teen Angel <i>Look Ma, No Face</i> Marty has a date. Text 6.30 Home Improvement <i>Tool Time After Dark - Part I</i> Tim watches past shows. Text 7.00 FILM: Toy Story <i>Voices of Tom Hanks, Tim Allen John Ratzenburger</i> Fully animated story about a rivalry between two toys - one a classic cowboy and a new space doll who doesn't realise he's actually a toy. 1995 Text 8.20 Honey, I Shrunk the Kids: The TV Show <i>Honey, I'm the King of the Rocket Guys</i> Text 9.00 Flipper <i>Ghost Ship</i> Cap's promotional film is disrupted by a pirate ship. Text 9.45 Dinosaurs Prehistoric animation series. Text 10.10 Home Improvement Comedy double bill. Text 11.00 Touched by an Angel 11.50-12midnight Toons	6.00 AM MORNING 3.00 PM 4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00 NIGHT TIME
CABLE CHECK Some of the channels listed may not be available in your area			GRANADA MEN & MOTORS ACTION PACK 11.00pm The Big Bang A series showing spectacular motorizing stunts. Hosted by ex-model Natasha Vale. 11.30 Madder Maxx All-action motorizing series. 12midnight 2 Wheels Weekly biking programme. 12.30am Motor Week Magazine series about motorizing. 1.00 Motorsport Mundial Behind-the-scenes look at motorizing. 1.30-2.00am Carfile Motorizing magazine devoted to one major new or contemporary car.	THE BOX MUSIC & GAMES PACK Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh - latest videos available; BOXTalk - unique interviews with artists/bands; Breakin' Out of THE BOX - videos tipped for the top. Plus weekly competitions. MONDAY CONTINUES OVERLEAF...	

CABLE CHOICE

FILM

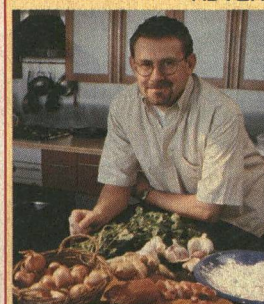
Saving Private Ryan
Sky Premier 10.00pm
Steven Spielberg shook the film world with the ferocity of this wartime epic with its uncompromising and utterly breathtaking combat sequences. Tom Hanks's US army captain embarks on a search-and-rescue mission in the aftermath of the D-Day landings.

GENERAL

Nigel Slater's Real Food
UK Style 1.00pm
Best-selling cookery writer Nigel Slater's first television series should prove handy for those with too much on their plate. Each of the eight programmes is dedicated to an ingredient or subject. From potatoes to chocolate, Nigel presents dishes that anyone can make.

ADVERTISEMENT

UK STYLE



NIGEL SLATER'S REAL FOOD 1.00PM

Nigel believes passionately in eating simply but well and presents the perfect programme for those with hectic lives who need tasty recipes in a fraction of the time.

Monday 14 August

	EUROSPORT NEWS & SPORT/ SELECTION PACKS	SKY SPORTS 1 PREMIUM CHANNEL	SKY SPORTS 2 PREMIUM CHANNEL	SKY SPORTS 3 PREMIUM CHANNEL	SCI-FI ACTION PACK	MTV MUSIC & GAMES PACK
MORNING	6.00 AM 7.30am Rally 8.30 Ski Jumping 10.00 Motorcycling 11.30 Cycling 12.30pm Triathlon 1.30 Athletics The best moments of the US Olympic Team Trials 2000 in Sacramento, USA. 2.30 Tennis Highlights of the WTA Tournament in Los Angeles which is likely to attract a top field, including the Williams sisters, Martina Hingis, Monica Seles and Lindsay Davenport.	7.00am World Wrestling Federation - Classics 8.00 Triathlon: Triathlon Sprint Championship 9.00 Racing News 9.30 Aerobics Oz Style 10.00 Football Special: How the Premiership Was Won - 95/96 Season 12noon Aerobics Oz Style A daily dose of aerobics. 12.30pm Goals on Sunday	7.00am Aerobics Oz Style 7.30 Racing News 8.00 Euro Tour Golf: Victor Chandler British Masters The best of the action from the final day of the Victor Chandler British Masters. Repeat from Sunday 10.00 Super League 12noon Ford Golf USA: Buick Open Action from the final day.	12noon What a Weekend 12.30pm Australian Rugby League: Play-Offs More exhilarating action from the Australian rugby league play-off stages. 2.30 Super League More thrills and spills and blood-and-thunder from the dynamic world of Super League V. Can anyone put a halt to Bradford, St Helens and Wigan's relentless pursuit of glory?	8.00am Buck Rogers in the 25th Century 9.00 Land of the Giants 10.00 Swamp Thing 10.30 Swamp Thing 11.00 The Six Million Dollar Man 12noon Babylon 5 1.00pm Amazing Stories 2.00 Buck Rogers in the 25th Century The Cosmic Whiz Kid	6.00am Select MTV 9.00 MTV Hits 10.00 Bytesize MTV 11.00 MTV Hits 12.30pm News Weekend Edition The latest news from the world of music, showbiz and entertainment. 1.00 MTV Hits 2.00 European Top 20 All of the top-selling singles.
3.00 PM		3.00 Football Special: How the Premiership Was Won - 95/96 Season A look back at the 95/96 Premier League season, when Blackburn Rovers were defending their title.	3.00pm Showjumping: Spruce Meadows - Canadian Pacific World Cup A top-class North American field is in action in the latest big money equestrian event to grace Spruce Meadows where the competitors will be hoping for a share of the \$100,000 up for grabs.		3.00 Max Headroom War The ratings for Network XXIII are declining as Breakthru TV pushes up its own viewing figures.	3.00 Bytesize MTV A constant barrage of bizarre moments from the global MTV network. 3.55 MTV's Pop Single of the Week 4.00 Select MTV Enjoy special guest appearances as some of pop's brightest stars drop in for a chat, and choose a video from the special Select menu.
4.00 PM	4.00 Ski Jumping - LIVE Coverage of the fourth and final European round of the FIS Summer Ski Jumping Grand Prix in Courchevel, France. Andreas Widhölzl from Austria won the 1999 event ahead of Masahiko Harada from Japan and team-mate Andreas Goldberg.		5.00 World Ten Pin Masters Action from the World Ten Pin Masters, featuring the biggest purse on offer in the UK - £28,125.	4.30 Ford Golf USA: US PGA Film 99 A chance to relive the very best of the action from last year's \$3m US PGA Championship, held at Medinah Country Club.	4.00 Land of the Giants Six Hours to Live The Earth people try to prove that a man, about to be executed, is innocent.	
5.00 PM		5.00 World Wrestling Federation - Classics A chance to relive action from the World Wrestling Federation's classic rough and tumble events.	5.00 World Ten Pin Masters Action from the World Ten Pin Masters, featuring the biggest purse on offer in the UK - £28,125.	5.30 Wheelbase Club Aspiring motorsport enthusiasts get tips on the ways in which to succeed in this field. Featuring club rallying, karting and sprints.	5.00 Swamp Thing Vendetta Sunderland's daughter arrives in town.	
6.00 PM	6.00 Tennis - LIVE Further coverage of the WTA Tournament in Montreal, Canada. As usual, there is a top participating field which may well include the likes of Martina Hingis, Lindsay Davenport, Mary Pierce, Monica Seles, Amélie Mauresmo, Anna Kournikova and Jennifer Capriati.	6.00 Sky Sports Centre Catch up with the latest from the world of sport.	6.00 Horsepower 6.30 Winning Post: Kempton/ Thirsk - LIVE The latest racing action.	6.30 What a Weekend A round-up of the weekend's sporting action.	5.30 Swamp Thing The Hurting 6.00 The Six Million Dollar Man The Wolf Boy A World War II pilot asks Steve to join him in a search for a young boy.	6.00 Bytesize MTV A constant barrage of bizarre moments from different MTVs around the world in short soundbites.
7.00 PM		6.30 Football League Review The latest action from the Football League.		7.00 Telegraph Action Sport An adventure into the world of action sports.	6.30 What a Weekend A round-up of the weekend's sporting action.	7.00 MTV Hits Another hour of back-to-back hits.
8.00 PM		7.30 Golf Special: Tiger Woods - Making Major History A profile of the legendary golf star who, at the tender age of 24, has already managed to win the US Open title by a record number of shots and two other majors as well.	8.30 Wheelbase Club Aspiring motorsport enthusiasts get tips on the ways in which to succeed in this field. Featuring club rallying, karting and sprints.	7.30 Total Sport World sport issues.	7.00 Amazing Stories Go to the Head of the Class A teenaged horror buff uses black magic on his loathsome English teacher.	
9.00 PM	9.30 Boxing Action from an international contest.	9.00 Football Special More football action which takes a detailed look at the most memorable games and players.	9.30 World Motor Sport The programme which takes viewers to the heart of the race world and provides a guide to who is racing where, when and how. Includes a round-up of the biggest and most exciting meetings and a preview of the major events in store.	8.00 International Bowls: Australia v Wales - Doubles Action with recently crowned World Champions Australia as they enter the doubles phase against Wales at Tweed Heads Bowls Club.	8.00 Fantasy Island Superfriends As two old friends test their unrequited love, an overworked banker becomes a superhero.	8.00 Hit List UK MTV delivers the hottest UK chart action with host Cat Deeley.
10.00 PM	10.00 Eurogoals A look back at some of the spectacular goals scored in the European Cup.	10.00 You're On Sky Sports! Football fans get the opportunity to air their views on the major issues facing the sport today.		10.00 Shell's Wonderful World of Golf: Elder v Knudson v Archer A classic encounter from 1970.	9.00 First Wave Playland The psychiatric records of a man who killed nine people leads Foster to look into an alien experiment.	9.00 An Audience with All Saints The girl group perform all their greatest hits live in the MTV studios.
11.00 PM		11.00 Football League Review The latest action from the Football League.		11.00-11.30pm Cue Masters: Pearce v Harold More classic green baize action from yesteryear.	10.00 FILM: Once Bitten Jim Carey, Lauren Hutton, Karen Kopins Comedy. In order to maintain her youthfulness, a 400-year-old vampire needs the blood of three male virgins before Halloween. 1985	10.00 The Tom Green Show More anarchic humour from the street.
12.00	11.30-12.30am Ski Jumping Highlights of the FIS Summer Grand Prix in Courchevel, France.	12midnight World Football Show 12.30am Football Special: United City - Manchester Football Special A look at the city's teams. 1.30 World Ten Pin Masters 2.30-3.30am You're On Sky Sports!	12.30am Golf Special: Tiger Woods - Making Major History 2.00 Show Jumping: Spruce Meadows - Canadian Pacific World Cup 4.00 Horsepower 4.30-5.00am Telegraph Action Sport		11.45 Sci-Focus Special 12midnight Lexx Heaven and Hell 1.00am FILM: Vampira David Niven, Andrea Allen Satirical comedy. 1976	10.30 The Blame Game 11.00 brand:new Zane Lowe introduces the most noteworthy performances from the V99 festival as this year's event approaches.

LIVE TENNIS: WTA TOURNAMENT - MONTREAL EUROSPORT 6.00PM

The WTA Tour is off to Canada for the prestigious du Maurier Open which can boast prize money of \$1.08m. The tournament takes place this year at the du Maurier Stadium in Montreal, which is the birthplace of Mary Pierce (pictured), who will be a strong favourite after her French Open triumph earlier in the year. Many of the former champions are also likely to be in the field, including the revitalised Jennifer Capriati - who took the title as long ago as 1991 - and last year's winner Martina Hingis.



PLAYBOY TV/ ADULT CHANNEL ADD-ON CHANNEL

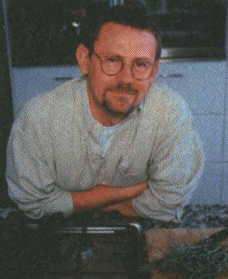
10.00pm Freeview 10.06
Playboy's Hardbodies:
Uncut 11.15 Beverly Hills
Bordello 12midnight
Freeview 12.10am Rude
Not To! 12.30 Adult feature
12.50 FILM: Goldenrod
2.05 New Public Places
2.35-4.00am
FILM: Maneater

Adult Nightview is now available as a TV on-demand service between 10.00pm and 4.00am at £4.95. See channel 50 for details

TELEVISION X ADD-ON CHANNEL

12midnight
The Ten Minute Preview
12.10am Vice World
12.40 FILM: Limousine
1.00
The Five Minute Free View
1.05 FILM continues
1.55 Bad Fellas
2.20 FILM: The Sex Sting
3.30-4.00am Private Party

Adult Nightview is now available as a TV on-demand service between 12midnight and 4.00am at £4.95. See channel 50 for details

VHI MUSIC & GAMES PACK 6.00am Power Breakfast 8.00 Pop-Up Video 9.00 Upbeat 12noon Behind the Music: Duran Duran Follow the career of this hugely popular 1980s group from its Birmingham roots. 1.00pm Greatest Hits: Will Smith 1.30 Pop-Up Video 2.00 Jukebox Pop favourites chosen by VHI viewers. 4.00 The Millennium Classic Years: 1992 Paul King reviews the news and music that made the year of 1992. 5.00 Ten of the Best: Gary Numan The man who influenced the likes of Courtney Love and Damon Albarn reveals who has inspired him. 6.00 Video Timeline: Mariah Carey Explore the career of the New York diva. 6.30 Greatest Hits: Will Smith 7.00 VHI Hits The latest chart hits. 9.00 The VHI Album Chart Show Paul King introduces the biggest selling albums of the week in the UK. 10.00 Behind the Music: Mamas and the Papas The folk rock group speak openly about their life in the band. 11.00 Phil Collins Live in Paris Catch singer, songwriter and former Genesis frontman, Phil Collins, in concert in Paris. 1.00am Storytellers: Rod Stewart A live performance of the peroxide rocker. 2.00 VHI Country Back-to-back country hits. 2.30 Soul Vibration A selection of smooth soul. 3.00-6.00am VHI Late Shift	ANIMAL PLANET WORLD PACK 12noon Croc Files 12.30pm Going Wild with Jeff Corwin 1.00 Harry's Practice 1.30 Harry's Practice 2.00 Pet Rescue Follow the fortunes of abandoned animals. 2.30 Kratt's Creatures Marshmania Discover some of the world's weird and wonderful animals. 3.00 Good Dog U Joel Silverman presents a series on dog training. 3.30 Good Dog U A canine digging contest in California. 4.00 Animal Planet Unleashed Howie Watkins samples life at Mudchute Farm. 4.30 Croc Files Australian wildlife series. 5.00 Pet Rescue Follow the fortunes of abandoned animals. 5.30 Going Wild with Jeff Corwin Great Smoky Mountains 6.00 The Aquanauts Exploring aquatic landscapes and creatures. 6.30 Croc Files Steve and Terri Irwin take a wild ride on pigs' backs. 7.00 A Herd of Their Own A look at the work of Doug and Sandi Groves who are raising three orphaned elephants in the bush. 8.00 Wild Rescues Tales of people and animals saving each other. 8.30 Wild Rescues Tales of humans and animals saving each other. 9.00 Crocodile Hunter Return to the Wild Steve and Terri Irwin trek into the wild to capture a rogue saltwater crocodile. 10.00 Profiles of Nature Bear Attack - Polar Bears A look at ways to limit human encounters with polar bears. 11.00 Emergency Vets Stories from Alameda East Veterinary Hospital. 11.30-12midnight Animal Emergency CABLE CHECK Some of the channels listed may not be available in your area	 <i>'Nigel Slater's Real Food' offers tasty recipes for busy people. UK Style 1.00pm</i> ITV2 ACCESS PACK 4.00pm Trisha Another double bill of heartwarming and hair-raising true stories with Trisha Goddard and a studio audience. Text 6.00 The Extremists Hair-raising sports and activities. 6.30 Dealer's Choice The used car show. 7.00 F1: Hungarian Grand Prix Highlights Jim Rosenthal introduces highlights of the Hungarian Grand Prix with Murray Walker commentating. 8.00 Sunset Beach A Valentine's Day costume party is on the agenda while Tiffany accepts Sean's offer. 8.50 Chart Choice 9.00 Bad Girls Drama series set in a women's prison. Jim is interviewed by the police about the assault on the conniving Shell. 10.00 Coronation Street Text 10.30 Nuts and Bolts Carys and Richey are concerned when Lip starts up a new business. 11.00 The Jerry Springer Show Outrageous US talk show in which guests engage in lively discussion. 11.50 Late Show with David Letterman 12.40am Freaky Stories Ghoulish animation. 12.50 The Extremists Hair-raising sports and activities. 1.20-1.50am Dealer's Choice The used car show.	UK STYLE LIFESTYLE PACK 7.00am Holiday in Style 8.00 Ready, Steady, Cook 8.30 Can't Cook, Won't Cook 9.00 Changing Rooms Down Under 9.30 Real Rooms 10.00 Change That 10.30 A Room with a Clue 11.00 Changing Rooms 11.30 Repair to Remember 12noon Good Living 12.30pm Style Challenge 1.00 Nigel Slater's Real Food 1.30 Ready, Steady, Cook 2.00 More Front Gardens 2.30 BBC Gardener of the Year 3.00 Garden Stories Personality A look at how gardens can reflect our personalities. 3.30 Ground Force With Alan Titchmarsh. 4.00 Stefan's Garden Roadshow Stefan Buczacki offers gardening advice. 4.30 Good Living Jane Asher talks lifestyle. 5.00 Can't Cook, Won't Cook Cookery challenge. 5.30 Changing Rooms Down Under Makeover show. 6.00 The Antiques Inspectors Carol Vorderman and experts visit people at home to help identify and value their antiques. 7.00 Real Rooms Birmingham Dining Room The room makeover show with Simon Biagi. 7.30 Change That Alexandra Palace 8.00 Style Challenge Fashion experts give people dream makeovers. 8.30 à la mode Meet the haute couture legend Monsieur Le Sage. 9.00 Rick Stein's Seafood Odyssey The chef soaks up the tastes of Thailand. 9.30 Antiques Roadshow US The experts enjoy the historic riches of Minneapolis, Minnesota. 10.30 House Invaders The DIY show in which homes are given a facelift. 11.00 Garden Magic The show that offers instant gardening advice. 11.30 Gardeners' World With Alan Titchmarsh. 12midnight Ground Force Rainham The team travels to Rainham in Kent to rejuvenate a defuncted front garden. 12.30am-1.00am Stefan's Garden Roadshow Stefan Buczacki offers help and advice on gardening.	UK HORIZONS WORLD/ ACCESS PACKS 7.00am Tomorrow's World Plus 7.50 Future Fantastic 8.20 Future Fantastic 8.50 Vets to the Rescue 9.20 Tomorrow's World Plus 10.15 Killing for a Living 11.15 Top Gear GTi 12.15pm The Builders 12.45 The Builders 1.15 Passport to the Sun 1.45 Doctors to Be 2.45 Biggest Wheel in the World Documentary following the crisis-riddled construction of the London Eye. 3.45 Vets to the Rescue Heartwarming stories of pets in need. 4.20 Animal Hospital Rolf Harris catches up with the action at RSPCA Harmsworth Hospital. 4.50 Zoo The latest from London and Whipsnade zoos. 5.25 What Went Wrong? More catastrophic events. 5.55 The Cruise Teach Me Tonight Romance is aboard when Laura marries Gary. 6.25 Passport to the Sun 6.55 Crime Squad Cracking Car Crime Features a look at a new car crime project. 7.30 Meet the Ancestors The Ultimate Sacrifice 8.00 Animal Hospital Catches up with the action at RSPCA Harmsworth. 8.30 What Went Wrong? More catastrophic events. 9.00 The Cruise Teach Me Tonight Romance is aboard when Laura marries Gary. 9.35 Jobs for the Boys Gareth and Norman in the Commentary Box 10.35 Prom Daze - USA Explore the US institution, the high school prom, and how it has developed since the 1950s. 11.35 Paddington Green 12.05am-1.00am Hollywood Women UK PLAY: 1.00am Shooting Stars 1.30 Fast Show 2.05 Vic Reeves 2.35 We Are History 2.50 Anthems 3.20 Soundtrack 3.50 Dream Performances 4.15 Moyles 4.40 Footage and Mouth 4.55 Next Stop, Phil Kay 5.20 Cherry Pop 5.35-7.00am The Sound of Play	CARLTON FOOD NETWORK LIFESTYLE PACK 7.00am Tessa's Tastebuds 7.30 Coxon's Kitchen College 8.00 Food Network Daily 8.45 Quick Cooks 9.00 Red Hot 'n' Smokin' 9.30 Classic Dishes 10.00 Slice of Life 10.30 A Year at Ballymaloe 11.00 Flash in the Pan 11.30 Passion for Flavour 12noon Four Burners and a Grill 12.30pm Cucina Valentina 1.00 Kitchen College 1.30 Five-Star Cooking 2.00 Food Network Daily 2.45 Quick Cooks 3.00 Red Hot 'n' Smokin' With the Nosh brothers. 3.30 Tessa's Tastebuds Woody Herbs 4.00 A Year at Ballymaloe Chargrilled steak with salsa verde. 4.30 Classic Dishes 5.00 A to Z of Food and Beauty 5.30 Four Burners and a Grill 6.00 Coxon's Kitchen College 6.30-7.00pm Waitrose in Season NATIONAL GEOGRAPHIC CHANNEL FAMILY PACK 7.00pm Don't Say Goodbye A look at a project to create a portfolio of the 100 rarest and most endangered US species. 8.00 Wave Warriors Meet a group of unique sea kayakers. 8.30 Treks in a Wild World Washington, Arizona 9.00 The Most Dangerous Jump in the World 9.30 Stikine River Fever Follow daring kayakers. 10.00 Touching Space Follow Bertrand Piccard and Brian Jones on their non-stop flight around the world by hot air balloon. 11.00 Height of Courage An inspiring account of 88-year-old Colonel Norman D Vaughan's bid to climb an Antarctic peak. 12midnight-1.00am Inside the White House Academy Award-winner Morgan Freeman narrates a tour around what is arguably the most famous house in the world and what is certainly one of America's greatest national symbols.	6.00 AM MORNING 3.00 PM 4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00 NIGHT TIME
CHALLENGE TV MUSIC & GAMES PACK 5.00pm Cross Wits 5.30 Sale of the Century 6.00 Family Fortunes 6.30 100% 7.00 Stars in Their Eyes 7.30 Beadle's About 8.00 Gladiators 9.00 Whittle 9.30 Strike it Lucky 10.00 Sale of the Century 10.30 Family Fortunes 11.00 Stars in Their Eyes 11.30 Winner Takes All 12midnight Beadle's About	12.30am Gladiators 1.30 The Cooler 2.00 Karaoke Challenge 2.30 3-2-1 Ted Rogers hosts the quiz and entertainment show. 3.30 The Krypton Factor Gordon Burns hosts the gruelling test of physical stamina and mental agility. 4.00 Say the Word 4.30 Whittle 5.00-6.00am Shopping with Screenshop	DISCOVERY HOME & LEISURE WORLD PACK 6.00am The Joy of Painting 6.30 Grassroots 7.00 The Great Gardening Plot 7.30 Doing It Up 8.00 How to with B & Q 8.05 The House Doctor 8.35 Our House Down Under 9.05 The Joy of Painting 9.35 Grassroots 10.05 How to with B & Q 10.10 The Great Gardening Plot 10.40 Two's Country 11.10 Model Magic 11.40 Home Savvy 12.10pm How to with B & Q	12.15 Hometime 12.45 This Old House 1.15 Home Again with Bob Vila 1.45 Wood Wizard 2.15 How to with B & Q 2.20 The New Yankee Workshop 2.50 Mod Cons NEW SERIES 3.20 Rex Hunt Fishing Adventures 3.50-4.00pm How to with B & Q	RAPTURE BONUS CHANNEL 10.00am Freesport Special 10.30 Mountain Bikes 11.00 High Adrenaline Action 11.30 Adrenalize 12noon World Wind Surf 12.30pm Byte Me 1.00 FILM 2.00 Board Stupid 2.30 Freesport Special 3.00 Fearless 3.30 Byte Me 4.00 Freesport Special 4.30 Mountain Bikes 5.00 High Adrenaline Action 5.30-6.00pm Adrenalize	LOCAL CHANNEL ACCESS PACK 6.00pm LLTV - Local Life A daily magazine programme featuring local news, events and lifestyle features. 6.30 What's On TV 7.00 LLTV - Local Life 7.30 YCTV Programmes made by the stars of tomorrow featuring the stars of today. 8.00 Student Showcase 8.30 What's On TV 9.00-9.30pm LLTV - Local Life	

Monday 14 August

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME

CABLE CHECK
Some of the channels listed may not be available in your area

DISCOVERY WORLD PACK

4.00pm Rex Hunt Fishing Adventures
Yarra River
Rex searches for Murray cod in Melbourne.

4.30 Discovery Today
5.00 Lost Treasures of the Ancient World
Stonehenge
An insight into the original use of the incredible monument of Stonehenge.

6.00 Rhino and Co
On the Edge of a Glacier.
An investigation into the rhino, a large creature which has survived for over 60 million years.

7.00 Future Tense
Cities
A look at the creation of a virtual city designed to end urban transport gridlock.

7.30 Discovery Today
8.00 Lonely Planet
Food in Vietnam
Megan McCormick takes a culinary tour of Vietnam and is treated to a seafood feast in Ha Long Bay.

9.00 Great Quakes
Mexico City
A reconstruction of the two massive earthquakes in 1985 which devastated Mexico City.

10.00 Mir Chronicles - A Life in Space
NEW Discover how Russian cosmonauts live and carry out their experiments on *Mir*.

11.00 Firepower 2000
High-Tech Navy
A look at stealth technology within the navy such as the *Sea Shadow*.

12midnight Time Team
The team revisits Burslem, the site of Wedgwood's first pottery factory.

1.00am
Wonders of Weather
The Weather Machine
How avalanches occur.

1.30-2.00am
Discovery Today

CARTOON NETWORK FAMILY PACK

5.00am
Flying Rhino Junior High
6.00 Fat Dog Mendoza
7.00 Tom and Jerry
8.00 Mission Impossible-Doo
The gang return more mysteries.

10.00 FILM: Scooby-Doo on Zombie Island
12noon-8.30pm
Mission Impossible-Doo



SCOOBY-DOO
Full name: Scoobert
Age: 7 (in dog years)
Hair: Brown with black spots
Dress: Blue collar with golden, diamond-shaped tag saying SD
Occupation: Man's best friend (Daphne and Velma's, too)
Likes: Scooby snacks, pizza, ice cream and assorted junk food
Dislikes: Anything that goes bump in the night
Favourite Phrases: "Scooby-Dooby-Do!" "Scooby snack?" "Relp!"

8.30-9.00pm
FILM: Scooby-Doo on Zombie Island
More adventures. 1988

TCM FAMILY PACK

9.00pm Get Carter
Michael Caine, Britt Ekland, Ian Hendry, John Osborne
Classic British thriller about a London villain who investigates the suspicious death of his brother and follows a trail of cover-ups and deceit through Newcastle's underworld to get to the man responsible for his gangland death.

Widescreen 1971
11.15-1.00am
The Slams
Jim Brown, Judy Pace
Action thriller. 1973

CARTOON NETWORK:
1.00am The Moomins 1.30
The Magic Roundabout
2.00 Tabauga 2.30 Blinky Bill
3.00 The Tidings
3.30 The Fruitties
4.00 The Moomins
4.30-5.00am
The Magic Roundabout

THE HISTORY CHANNEL WORLD PACK

12noon Secrets of War
1.00pm Secret Luftwaffe of World War II
2.00 Biography Hermann Goering
3.00 World War I
3.30 Pearl Harbour
4.00 Occult History of the Third Reich
Enigma of the Swastika
5.00 Classic Aircraft
5.30 Classic Aircraft
6.00 The Strange Case of Lizzie Borden

6.55
Photos For the Future II
7.00 Crown and Country
7.30
Gardens of the Millennium
8.00 Biography Albert Goering
8.55 A Small Piece of History
9.00
Great Crimes And Trials
Lucky Luciano and the Mob
9.30-10.00pm
Great Crimes And Trials

NICKELODEON FAMILY PACK

7.00am Transylvania Pet Shop
7.30 Transylvania Pet Shop
8.00 Ren and Stimpy
8.30 Ren and Stimpy
9.00 Kenan and Kel
9.30 Kenan and Kel
10.00 Sister Sister
10.30 Sister Sister
11.00 Cousin Skeeter
11.30 Cousin Skeeter
12noon Rugrats
12.30pm Rugrats
1.00 Rugrats
1.30 Rugrats
2.00 Rugrats
2.30 Rugrats

3.00 Rugrats
Fun and games with the tousle-headed nippers.

3.30 Rugrats
The mischievous nippers return for more antics.

4.00 Kenan and Kel
The adventures of two funky friends.

4.30 Kenan and Kel
Stars Kenan Thompson and Kel Mitchell.

5.00 Sabrina the Teenage Witch
5.30 Sabrina the Teenage Witch
6.00 Are You Afraid of the Dark?
6.30-7.00pm
Are You Afraid of the Dark?

PARAMOUNT COMEDY CHANNEL FAMILY PACK

7.00pm
Grace Under Fire
7.30 King of Queens
Court Date

8.00 Ellen
Bowl Baby Bowl
Ellen and Ed compete against each other in a sports contest.

8.30 Just Shoot Me
9.00 Married... With Children
How Do You Spell Revenge?

9.30 Spin City
Pride and Prejudice

10.00 Frasier
First Do No Harm
With guest star Teri Hatcher.

10.30 Harry Hill
Surreal comedy show.

11.00 Jack Dee
Stand-up from the poker-faced funnyman.

11.30 Cheers
Rat Girl
Lilith's favourite lab rat dies.

12midnight Roseanne
12.30am Clive Anderson
Talks Back
1.10 NewsRadio
1.40 Whose Line is it Anyway?
2.10 Dressing For Breakfast
2.40 Desmond's
3.10 It's Garry Shandling's Show
3.40 Rex the Runt
3.50-4.00am Rex the Runt

TV TRAVEL SHOP BONUS CHANNEL

A total travel service in your own home. Video brochures give a guided tour of resorts around the world, with regular bulletins and programmes featuring late holidays and special offers. Viewers can then book holidays 24-hours-a-day, seven-days-a-week, by calling 0870 60 60 747. For more information and full listings turn to TV Travel Shop Text, from page 200.

FOX KIDS FAMILY PACK

6.00am Oggy 6.10 Bad Dog 6.30
Bobby's World 6.55 Jim Button
7.15 Walter Melon 7.40 Inspector
Gadget 8.00 Oggy 8.10 Biker Mice
from Mars 8.30 Dennis 8.55 Sailor
Moon 9.15 Sailor Moon 9.40
Digimon 10.00 Power Rangers
10.20 Monster Rancher 10.45
Masked Rider 11.05 X-Men 11.30
The Spy Dogs 11.50 Ace Ventura
12.15pm Walter Melon 12.35
Inspector Gadget 1.00 Woody
Woodpecker 1.10 Casper 1.30
Donkey Kong 1.55 Dennis 2.20
Life with Louie 2.40 Princess Sissi

3.00 Princess Starla and the Jewel Riders
More mystical adventures.

3.20 Sailor Moon
Cult Japanese cartoon.

3.45 Mighty Morphin' Power Rangers
4.05 Mighty Morphin' Power Rangers
4.30 Digimon
4.50 Masked Rider
More adventures with Dex, the teenage alien.

5.15
Monster Rancher
Genki and Holly return.

5.35
Biker Mice from Mars

6.00 The New Addams Family
6.25 Casper
6.35-7.00pm
Goosebumps

SHOP! LIFESTYLE/ SELECTION PACKS

6.00am Shop! Selection
Round-up of the best sellers.

7.00 Kitchen Shop!
Kitchen equipment.

8.00 Clothes Shop!
Stylish casual wear.

9.00 Sports Shop!
New season brand clothing.

9.30 Warehouse Clearance
1.00pm Shop! Special
Another look at the best selling items.

2.00 Shop! Special
An opportunity to view some of the best-selling items.

2.30 Warehouse Clearance
6.00-7.00pm
Shop! Selection
Round-up of the bestsellers.

GMTV 2 ACCESS PACK

GMTV2 offers pre-school and lifestyle shows between 6.00am and 9.25am. Weekdays: *The News Hour* at 6.00am followed by children's shows. Saturdays: Children's programming and a round-up of the week's news in *The Review*. Sundays: Highlights include a *Pokémon* triple bill and *The Review*.

QVC LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day - so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is US Glamour at 9.00pm.

NEWS AND INTERNATIONAL

BBC NEWS 24 NEWS & SPORT/ ACCESS PACKS

6.00am News 7.00 News
8.00 News 9.00 News 9.30
World News 10.00 News
11.00 News 12noon News
1.00pm News 2.00 News
3.00 News 4.00 News
5.00 News 6.00 News
7.00 News 7.30 Sportsday
8.00 News 9.00 News
9.30 HARDtalk 10.00 News
11.00 News 11.30 World
Business Report
12midnight News 1.00am
News 2.00 News 2.30
World Business Report
3.00 News 3.30 HARDtalk
4.00 News 4.45 Asia Today
5.00-6.00am News

CNN INTERNATIONAL NEWS & SPORT PACK

News throughout the day, plus: **5.00am** Morning 5.30
World Business 6.00
Morning 6.30 World
Business 7.00 Morning
7.30 World Business 8.00
Morning 8.30 Sport 9.00
TIME 10.30 Sport 11.30 Biz
Asia 12.30pm Inside
Europe 1.15 Asian Edition
1.30 World Report 2.30
Showbiz 3.00 CNNdotCOM
3.30 Sport 4.30 Artclub 5.00
TIME 7.30 World Business
8.30 Q&A 9.30 Insight
10.00 World Business 10.30
Sport 11.00 World View
11.30 Moneyline 12.30am
Showbiz 1.00 Morning
1.15 Asia Business 2.00
Larry King 4.30-5.00am
American Edition

SKY NEWS NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus:
6.00am Sunrise 10.30 Sky
World News 11.30 Money
12noon Sky News Today
2.30pm Your Call 3.00 Sky
News Today 4.30 Sky
World News 5.00 Live at
Five 8.30 Sky Business
Report 9.30 Showbiz
Weekly 10.00 Sky News at
Ten 10.30 Sportsline
12.30am CBS Evening
News 1.30 Your Call
2.30 Sky Business Report
3.30 Showbiz Weekly
4.30 The Book Show
5.30-6.00am
CBS Evening News

INTERNATIONAL

TV5 **5.00am** Journal 5.15
Journal des Journaux 5.30
Télématin et le Journal du
Temps 7.00 Journal 7.30
Sindbad 8.00 Infos 8.05 Zig
Zag Café 9.00 Journal 9.15
Le Chasseur de la Nuit
11.00 Infos 11.05 100%
Questions 11.30 Journal
12noon Infos 12.05pm
Mise au Point 1.00 Journal
1.15 Le Chasseur de la
Nuit 3.00 Journal 3.15
Questions 3.30
Méditerranée 4.00 Infos
4.05 Pyramide 4.30
Questions pour un
Champion 5.00 Journal
5.15 Une Semaine au Salon
7.00 Journal
7.30 Journal
8.00 Infos
8.05 Le Point
9.00 Journal
9.15 Cinéma:
L'indiscrétion
11.00 Journal
11.30-12midnight Soir 3

ASIANET ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am Chote Babu 8.00
DD News 8.30 DD
Programme 9.00 FILM
11.30 News 12noon Geet
Baney Sangeet 12.30pm
Junoon 1.00 Swabimaan
1.30 FILM 4.00 Darpan 4.30
Kachwa Aur Kargosh 5.00
Music Box 5.30 MTV Fresh
6.00 Tiger 6.30 Rajni 7.00
Swabimaan 7.30 News 8.00
Aarzo 8.30 FILM
11.30 News
12midnight MTV Hitlist
1.00am FILM
4.00 Kachwa Aur Kargosh
4.30 Music Box
5.00 Chand Grehan
6.00 Bhakti Sagar
6.30 DD News
7.00-7.30pm
Bhule Bisre Geet

ZEE TV ADD-ON CHANNEL

6.00am Yaadein 6.30 Bhakti
Songs 7.00 Faith: Hindu
7.30 News 8.00 Zaike Ka
Safar 8.30 Kartavya 9.00
Mehendi Tere Naam Ki 9.30
Basera 10.00 Amar Bail
11.00 Jhat Pat Khana 11.30
Aangan 12noon FILM
3.00pm Lok Folk 3.30 Pride
Ka Aashirwad 4.00
Kartavya 4.30 Pakistan
Show Time 5.30 Aangan
6.00 Independence Special
6.30 Ghar Salamet Rahe
8.00 News 8.30 Chingari
9.00 Sa Re Ga Ma 10.00
Thriller 10.30 Net Asia Up
Beat 11.00 Independence
Special 11.30 Pakistan
Business Week 12midnight
News 12.30am FILM
3.30 Hum Paanch
4.00 Daraar
4.30 Campus
5.00
Rishtey the Love Stories
5.30-6.00am
Independence Day special

CHRISTIAN CHANNEL EUROPE WORLD PACK

5.00am CMTV 5.30 Gospel
Truth - Andrew Wommack
6.00 CMTV 6.30 Changing
Your World 7.00 Believers'
Voice of Victory 7.30 This is
Your Day 8.00 Money
Matters 8.15 Thought for
the Day 8.30 Life in the
Word 9.00 CMTV 9.30
Winning Ways - Matthew
Ashimolowo 10.00 Israel
Vision 10.30-11.00am
The Dream Replay Cross
Rhythms Edition

BLOOMBERG WORLD PACK

2.00am Asian Market
Report 3.00 Tokyo Live
3.30 Wall Street Report
5.00 US Market Report
5.05-6.00am Tokyo Live

BBC PARLIAMENT NEWS & SPORT PACK

4.45pm-3.00am
Democratic Party
Convention
Coverage of the Democratic
Party convention from Los
Angeles.

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FUJI FINEPIX 1400 ZOOM DIGITAL CAMERA WORTH £399.99

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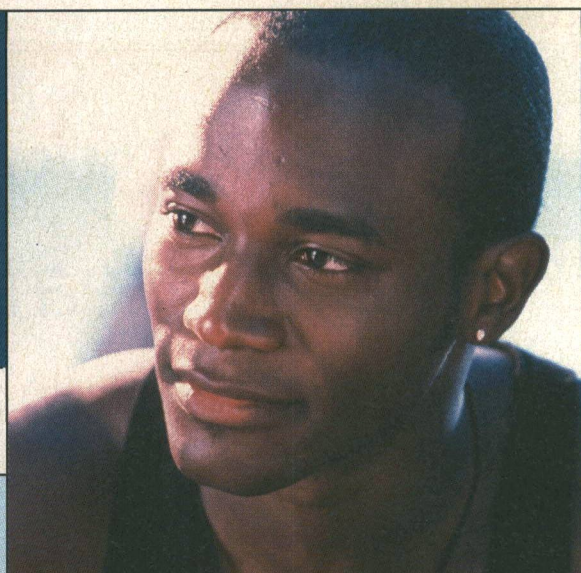
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0% Entertainment Studio Power – PC cash price £1499 (inc. Delivery @ £39.95 inc VAT England & Wales mainland only). No deposit, 11 monthly instalments of £50.85, 12th and final payment of £939.65, total amount payable £1499 (0%). Or no deposit, 48 monthly instalments of £50.85, total amount payable £2440.80 (APR 29.8%). Interest calculated from day one of the agreement. Written quotations upon request. Finance subject to status.

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Taye Diggs demonstrates 'How Stella Got Her Groove Back' in this premiere. Sky Premier 11.00pm

FILMFOUR ADD-ON CHANNEL

6.00pm Strictly Ballroom
Paul Mercurio, Tara Morice
Australian satire on the world of ballroom dancing and a romantic comedy about a talented dancer who won't dance by the rules. He aims for the Pan-Pacific Grand Prix, but wants to do it his way, and the only woman who'll dare to partner him is a frumpy novice who needs a major makeover.
Text 1992, 88 mins

8.00 Wilde
Stephen Fry, Jude Law
Biopic about the life and trial of flamboyant playwright Oscar Wilde. Neither the writer's success on the London stage nor a marriage which was more than just a public front stopped the Irish writer from falling in love with a spoilt, aristocratic boy who was the catalyst for his downfall.
Text 1996, 87 mins

10.00 Valley of the Dolls
Barbara Perkins, Sharon Tate, Patty Duke, Lee Grant
Camp, cult classic based on the bestselling novel about life in New York and the frantic pursuit of celebrity. Three young innocents are seduced by all the pleasures and perils of the big city. Too many pep pills are only the beginning of their downfall.
1967, 118 mins

12midnight
Beyond the Valley of the Dolls
Dolly Read, Cynthia Myers
Camp classic. 1970, 104 mins
1.55am Gas Huffer Bad Gals
2.25 Nudes on the Moon
Charles Allen, Hugh Brooks
Bawdy comedy. 1962, 70 mins
3.40-6.00am Gazon Maudit
Comedy. 1995, 103 mins

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CARLTON CINEMA LIFESTYLE PACK

7.00pm Daddy Long Legs
Fred Astaire, Leslie Caron, Terry Moore, Thelma Ritter
Hollywood romance in which a millionaire takes a trip to France and sees a girl in an orphanage. He sponsors her to college in New England and she writes him letters - which he doesn't read. After three years, he goes to visit her, not telling her that he is her benefactor. But will they fall in love? 1955, 121 mins

9.15 Apprentice to Murder
Chad Lowe, Mia Sara, Donald Sutherland, Eddie Jones
Period drama based on a true story. A fire-and-brimstone preacher sees Satan everywhere he goes and trains a gullible young boy in the art of detecting evil - but the two of them go on to commit several murders in the name of Jesus. 1987, 98 mins

11.00 True Romance
Christian Slater, Brad Pitt, Patricia Arquette, Gary Oldman
Fast-paced thriller in which two young newbies run from gangsters who are on their tail.
Widescreen 1993, 113 mins

1.15am A War of Children
Jenny Agutter, John Ronane
1972, 95 mins
3.00 A Killing Affair
Kathy Baker, Peter Weller
Drama. 1988, 98 mins
5.00-7.00am Ten North Frederick
Gary Cooper, Diane Varsi
Western. 1958, 102 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

SKY CINEMA PREMIUM CHANNEL

4.00pm Back to Bataan
John Wayne, Anthony Quinn, Beulah Bondi, Leonard Strong
World War II action film set in the South Pacific. When the Japanese capture Bataan, a gutsy American colonel stays behind to mobilise the local guerilla movement in the Philippines in order to undermine the Japanese invaders.
Text 1945, rating Sky PG, 87 mins

6.00 Merrill's Marauders
Ty Hardin, Jeff Chandler
World War II drama about a group of American soldiers in Burma. A force of 3,000 American volunteers in a Composite Provisional Unit behind Japanese lines, push beyond their limits and fight pitched battles at strong-points held by the Japanese. 1962, rating Sky PG, 94 mins

8.00 Attack Force Z
John Phillip Law, Mel Gibson, Sam Neill, John Waters
Australian adventure film set during World War II. The action follows a crack commando squad called upon to launch a highly dangerous rescue mission in an attempt to recover survivors of a plane which has crashed inside Japanese-held territory. 1981, rating Sky 15, 90 mins

10.00 Guadalcanal Diary
Preston Foster, Lloyd Nolan, William Bendix, Anthony Quinn
World War II, drama filmed in an unusual documentary style, which follows the progress of the famous battle for Guadalcanal. 1943, rating Sky 12, 89 mins

11.35 First to Fight
Chad Everett, Marilyn Devin, Dean Jagger, Gene Hackman
World War II drama. 1967, rating Sky 15, 93 mins
1.15am Attack Force Z
John Phillip Law, Mel Gibson
1981, rating Sky 15, 90 mins
2.50 Deadline USA
Humphrey Bogart, Ethel Barrymore
1952, rating Sky PG, 83 mins

4.20-6.10am Merrill's Marauders
1962, rating Sky PG, 94 mins

SKY MOVIE MAX PREMIUM CHANNEL

6.20am Marilyn and Me
1991, rating Sky PG, 89 mins
8.00 Hi Honey, I'm Dead
Curtis Armstrong, Catherine Hicks
1991, rating Sky PG, 88 mins
10.00 Beauty
Janine Turner, Jamey Sheridan
1998, rating Sky U, 87 mins
12noon

Alien Contact: Are We Alone?
1998, rating Sky U, 91 mins
2.00pm In Your Wildest Dreams
Trevor Black, Lisa Williams, Sarah Schraub, Brett Palmer
Drama about a high school senior who uses the wrong computer to make a simulated stock purchase and accidentally makes a million dollars. 1993, rating Sky U, 84 mins

4.00 Hi Honey, I'm Dead
Curtis Armstrong, Catherine Hicks, Kevin Conroy
Comedy about an arrogant and affluent real estate developer who dies and is reincarnated in the body of a poor and dishevelled man. He must atone for the sins of his previous life by wooing back the wife he treated so badly first time around. 1991, rating Sky PG, 88 mins

6.00 Beauty
Janine Turner, Jamey Sheridan
Romantic drama based on the fairy tale of *Beauty and the Beast*. An artist is commissioned to paint the likeness of a wealthy and romantic man whose facial deformities have led to his being misunderstood by the outside world - but the artist sees the beauty within this gentle man. 1998, rating Sky U, 87 mins

8.00 National Lampoon's European Vacation
Chevy Chase, Beverly D'Angelo, Dana Hill, Jason Lively, Eric Idle
Comedy which follows the style of other *National Lampoon* movies. The loud Stateside family win a competition for a European holiday and leave a trail of total havoc in their wake. 1985, rating Sky 15, 90 mins

10.00 The Fury Within
Ally Sheedy, Costas Mandylor, Vincent Berry, Steve Bastoni
PREMIERE Psychological thriller about a family haunted by paranormal experiences when a marital split is threatened. 1998, rating Sky 12, 87 mins

11.35 Shelter
John Allen Nelson, Brenda Bakke
Drama in which a cop falls for the wife of a Greek mafia boss. 1999, rating Sky 18, DS, 95 mins
1.15am Flypaper
Robert Loggia, Illeana Douglas
1998, rating Sky 18, DS, 108 mins
3.10 Taken
Dabney Coleman, Stewart Bick
1999, rating Sky 15, DS, 93 mins
4.50-6.25am

Alien Contact: Are We Alone?
1998, rating Sky U, 91 mins

SKY PREMIER PREMIUM CHANNEL

6.00am Little Men
1997, rating Sky PG, 94 mins
7.45 McCinsey's Island
Text 1997, rating Sky PG, 89 mins
9.15 Madeline
1998, rating Sky U, DS, 85 mins
11.00 Heartwood PREMIERE
1998, rating Sky PG, DS, 88 mins
12.30pm Care Bears
Movie II: A New Generation
1986, rating Sky U, 76 mins
2.00 Hope Floats
Sandra Bullock, Harry Connick Jr
Sentimental romance in which a former beauty queen returns home to rebuild her shattered life after she is humiliated on a national talk show. **Text** 1998, rating Sky PG, DS, 110 mins

4.00 McCinsey's Island
Hulk Hogan, Grace Jones, Todd Sheeler, Robert Vaughn
Comic adventure movie about a secret agent who decides to retire to a peaceful life on a remote tropical island. However, when news gets out that there is treasure buried on the island, he finds himself caught up in a furious hunt for riches. **Text** 1997, rating Sky PG, 89 mins

6.00 Madeline
Frances McDormand, Nigel Hawthorne, Hatty Jones
Family adventure based on the popular series of books. A feisty orphan learns that her school is destined to be sold and decides to run away and join the circus. **Text** 1998, rating Sky U, DS, 85 mins
7.30 Stuart Little - Making It Big
8.00 Meet Joe Black
Brad Pitt, Anthony Hopkins, Claire Forlani, Jake Weber
Romantic drama about a mysterious young man who arrives unexpectedly at the house of a millionaire and media mogul. Though no-one knows the stranger's identity, the mogul invites him to stay. However, when the handsome stranger falls in love with the mogul's daughter matters become more complicated than they seem as he is actually Death, the Grim Reaper, and has come to take her father away. 1998, rating Sky 12, DS, 173 mins

11.00 How Stella Got Her Groove Back
Angela Bassett, Regina King, Taye Diggs, Whoopi Goldberg, **PREMIERE** Romantic comedy about a 40-year-old mother who realises her life is heading in the wrong direction. **Text** 1998, rating Sky 15, 119 mins
1.05am Les Misérables
Liam Neeson, Uma Thurman
Star-studded period drama. 1998, rating Sky 12, DS, 128 mins
3.20-5.45am Kundun
Text 1997, rating Sky 12, 129 mins

FRONT ROW

SCREENING WHEN YOU'RE
GOOD AND READY

WITH CABLE & WIRELESS

See channel 50 or your Front Row spread on pages 14, 15 for further details.

KEY TO FILM CONTENT

T/C: Theme/Content

BL: Bad Language

S/N: Sex/Nudity

V: Violence

Channel 51 Matinee

FORCES OF NATURE

Rating 12, 102 mins
Romantic comedy. Fate throws two travellers together after a series of strange events - even though one of them is on the way to his own wedding. Stars Ben Affleck and Sandra Bullock.
T/C: Comedy, romance.
BL: Once, strong.
S/N: Some mild references.
V: Once mild.
6.00am, 8.00am, 10.00am, 12noon, 2.00pm

Channel 51 Evening

MICKEY BLUE EYES

Rating 15, 98 mins
Comedy. An English auctioneer, working in New York, marries his American girlfriend, not realising that her family are all mobsters. Stars Hugh Grant and Jeanne Tripplehorn.
T/C: Comedy, mafia.
BL: Infrequent, strong.
S/N: None.
V: Infrequent, moderate.
6.00pm, 8.00pm, 8.00pm, 10.00pm, 12midnight, 2.00am, 4.00am

Channel 52

UNIVERSAL SOLDIER: THE RETURN

Rating 18, 80 mins
Action. A project to create a new breed of soldier seems to be going well, but then a computer develops a mind of its own. Stars Jean-Claude Van Damme.
T/C: Action, sci-fi.
BL: Occasional, strong.
S/N: Some moderate nudity.
V: Frequent, strong.
6.50pm, 8.30pm, 10.10pm, 11.50pm, 1.30am, 3.10am

Channel 53

10 THINGS I HATE ABOUT YOU

Rating 12, 94 mins
Teen comedy, derived from Shakespeare's *The Taming of the Shrew*, about two very different sisters and their romantic trials and tribulations. Stars Larisa Oleynik and Julia Stiles.
T/C: Teen romance.
BL: Occasional, moderate.
S/N: Some mild references.
V: Once, mild.
7.00pm, 9.00pm, 11.00pm, 1.00am, 3.00am

SKY ONE ACTION/ SELECTION PACKS	UK GOLD LIFESTYLE/ SELECTION PACKS	LIVING LIFESTYLE PACK	GRANADA PLUS ACTION PACK	DISNEY CHANNEL ADD-ON/ PREMIUM CHANNEL	
6.00am Long Play 7.30 Mega Babies 8.00 Godzilla 8.30 Mummies Alive 9.00 Pokémon 9.30 Pokémon 10.00 Pokémon 10.30 The Simpsons Text 11.00 World Wrestling Federation – Live Wire 12noon The New Adventures of Superman Text 1.00pm Dream Team Text 2.00 Mega Babies 2.30 Godzilla	6.00am May to December 6.40 Bread Text 7.15 Birds of a Feather Text 7.50 Open All Hours 8.25 EastEnders Text 9.00 The Bill Text 9.30 The Bill Text 10.00 Bergerac 11.00 Knots Landing 11.55 Neighbours 12.25pm EastEnders Text 1.00 Ballykissangel 2.00 Knots Landing	6.00am Ready, Steady, Cook 6.30 Can't Cook, Won't Cook 7.00 Tiny Living 9.00 Brookside 9.30 Home and Away 10.00 The Jerry Springer Show 10.50 Forgive or Forget 11.40 Maury Povich 12.30pm Special Babies 1.00 Reality Slot 1.30 Judge Judy 2.00 Streetmate 2.30 Maury Povich Personal talk show.	6.00am Hawaii Five-0 7.00 Plus on Plus 7.30 Jokers Wild 8.00 Hogan's Heroes 8.30 George and Mildred 9.00 Classic Coronation Street Text 9.30 Emmerdale Text 10.00 Mission: Impossible 11.00 That's My Boy 11.30 Batman 12noon Classic Coronation Street Text 12.30pm Emmerdale Text 1.00 George and Mildred 1.30 Robin's Nest 2.00 Hawaii Five-0	4.30am New Adventures of Winnie the Pooh 4.45 Music Time 4.50 Rolie Polie Oie 5.00 Bear in the Big Blue House 5.25 Art Play 5.30 PB and J Otter 5.45 Bite Size 6.00 Classic Toons 6.05 Circle Time 6.10 Rolie Polie Oie 6.20 Spot 6.30 Out of the Box 7.00 Mickey Mouseworks 7.30 101 Dalmatians 8.00 Aladdin 8.30 Recess 9.00 Double Art Attack 9.35 Sabrina 10.00 FILM: Parent Trap 1961 12.05pm Miami 7 12.30 Boy Meets World 1.00 FILM: Oliver and Company 1988 2.15 Mickey Mouseworks 2.45 101 Dalmatians	6.00 AM
3.00 Mummies Alive Missing Ja-Kal 3.30 Pokémon The Path to the Pokémon League Ash challenges the leader of an unauthorised gym. 4.00 Pokémon The School of Hard Knocks 4.30 Pokémon Bulbasaur The friends find themselves in a village full of injured Pokémon. 5.00 Star Trek More intergalactic adventures with the crew from the long-running sci-fi series.	3.00 The Bill Tommy the Hero Rawton has to decide which of two cases she should solve. Text 3.30 The Bill Driven to It Text 4.00 EastEnders Sharon is angry when she hears about the date of Phil and Kathy's engagement party. Text 4.35 Neighbours Debbie falls out with Craig. 5.00 May to December Fools Rush In Alec arranges a lunch meeting with Zoe to discuss her divorce. 5.40 Bread Sitcom about the Boswells, a family of loveable rogues. Text 6.20 The Brittas Empire Exposed A journalist tricks Gordon.	3.20 Party of Five Private Lies The Salinger family have been keeping secrets from each other and when a social worker finds out, it looks as if they could be split up. Stars Neve Campbell. 4.10 Mystic Challenge Paul Ross presents. 4.40 Forgive or Forget Mother Love deals with problems in a variety of relationships. 5.30 Ready, Steady, Cook Fern Britton hosts the cookery show in which two top chefs compete against the clock to create exciting recipes from mystery ingredients. 6.10 The Jerry Springer Show American talk show in which Jerry Springer and his guests engage in lively discussions. 7.00 Judge Judy Judge Sheindlin presides over a series of real-life cases. 7.30 Streetmate Davina McCall scours the country to arrange more dates. 8.00 LA Doctors Drama series about a group of LA physicians who turn their backs on the corporate medical system to set up their own practice. Stars Ken Olin. 9.00 FILM: Sweetheart's Dance Don Johnson, Susan Sarandon, Jeff Daniels, Elizabeth Perkins Comedy drama. A married couple, who are former high-school sweethearts, feel their affection for one another waning for the first time. 1988 10.50 Secret Suburbia Another chance to witness what happens behind the net curtains in suburbia. 11.20-12midnight Eden Adult drama series.	3.00 Mission: Impossible Homecoming Phelps returns to his hometown on personal business only to find his once-happy surroundings in a state of panic. 4.00 The Sweeney Jigsaw A nightwatchman is coshed and a recently released ex-con is the suspect. But unfortunately for Regan he has the perfect alibi. 5.00 Hart to Hart The Heart Shaped Murders The adventure-seeking husband and wife team jet across continents investigating new mysteries. With Stefanie Powers. 6.00 Emmerdale Cricketer Ian Botham opens the new-look Woolpack. Text 6.30 Classic Coronation Street Northern soap. Text 7.00 Batman A Riddle a Day Keeps Riddler Away 7.30 Robin's Nest At Ham's Length Stars Richard O'Sullivan. 8.00 Boon Rival Eyes Teaming up with his best friend, Harry Crawford, Ken becomes the proud owner of a run-down Birmingham hotel. 9.00 The Sweeney Night Out There's a bank raid and a girl's room is used to smuggle equipment over the rooftops. 10.00-11.00pm Taggart Murder in Season – Part I	3.15 100 Deeds for Eddie McDowd Stars Seth Green. Text 3.45 The Famous Jett Jackson Series about a 13-year-old star. Stars Lee Thompson Young. 4.15 Honey, I Shrank the Kids: The TV Show Honey, It's a Miracle Amy gives her brain power a boost with the Neuron Nudger. 5.00 Recess Animated series. Text 5.30 Smart Guy Working Guy A school work-study programme has TJ working long hours. Text 6.00 Teen Angel Back to De Polo Text 6.30 Home Improvement Tool Time After Dark – Part II Tim continues watching Tool Time episodes. Text 7.00 FILM: Joey Jamie Croft, Alex McKenna, Rebecca Gibney Adventure. A young boy and a baby kangaroo leave the outback and journey to the city, but problems arise when poachers endanger the lives of the kangaroo's parents. 1997 Text 8.35 Honey, I Shrank the Kids: The TV Show Honey, There's a Fox on Our House Wayne's in trouble again. Text 9.20 Flipper The Sword of Carlos De Cabral A young man is rescued by Tom and Quinn. Text 10.05 Home Improvement Comedy double bill. Text 11.00 Dr Quinn: Medicine Woman Text 11.50-12midnight Toons	3.00 PM
6.00 Veronica's Closet Veronica's on the Herb Guest stars Tia Carrere. 6.30 Friends The One Where Rachel Smokes Joey has an audition. Text 7.00 The Simpsons Pygmoelion Moe has plastic surgery. Text 7.30 The Simpsons The Joy of Sect The family is brainwashed. Text 8.00 JAG The Colonel's Wife Mac and Harm go undercover to investigate a colonel suspected of drug trafficking in Panama. Stars Catherine Bell. 9.00 World Wrestling Federation – Smackdown Uncut Jim Ross, Michael Cole and Kevin Kelly host the latest event from the World Wrestling Federation. Smackdown promises the latest antics from the biggest wrestling names.	7.00 The Good Life The Guru of Surbiton Tom attracts two disciples. 7.40 Birds of a Feather Substitute Tracey finds herself attracted to another man for the first time since her husband went to jail. 8.20 Open All Hours Sitcom about miserly shopkeeper Arkwright and his downtrodden nephew. 9.00 The Royle Family A celebration buffet is held at the Royle's house in honour of Antony's 18th birthday. 9.40 Men Behaving Badly Sofa Gary has to get rid of his beloved sofa. Stars Martin Clunes. 10.20 Absolutely Fabulous The End Edina goes to a retreat to find herself. Stars Jennifer Saunders.				
11.00 Toughman Chattanooga Courageous men step into a boxing ring and fight for three fast, intense one-minute rounds, determined to win. 12midnight Star Trek 1.00am LAPD 1.30 LAPD 2.00 In the Heat of the Night 2.50 In the Heat of the Night 3.40 In the Heat of the Night 4.30 In the Heat of the Night 5.20 The Newlywed Game 5.40-6.00am The Newlywed Game	11.00 Gimme Gimme Gimme Glad to Be Gay? Tom finds that he has acquired a boyfriend from hell. Text 11.40 The Bill Text 12.15am The Bill Text 12.45 Live at Jongleurs 1.20 The Royle Family 2.00 Men Behaving Badly 2.35 Monty Python's Flying Circus 3.10 EastEnders Text 3.45 Dangerfield 4.40 Dynasty 5.30-6.00am Angels				
CABLE CHECK Some of the channels listed may not be available in your area			GRANADA MEN & MOTORS ACTION PACK 11.00pm Jo Guest's Private Parts Tonight Jo meets Ian, a photographer who gives his opinions on plastic surgery. 11.30 Best of Beverly Hills See over 60 covergirls join John Cross for bikini, lingerie and miniskirt competition action. 12.30am Centrefolds A fly-on-the-wall documentary about a troupe of touring centrefolds. 1.00 E! Wild On... The Vegas Strip 1.50-2.00am Hot Body	THE BOX MUSIC & GAMES PACK Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions. TUESDAY CONTINUES OVERLEAF...	11.00 PM
					12.00 NIGHT TIME

CABLE CHOICE

FILM

Meet Joe Black
Sky Premier 8.00pm
In the guise of an eccentric young man, Death himself (Brad Pitt, in a role better suited to Nicolas Cage) has come to claim the life of a powerful businessman, played, superbly, by Anthony Hopkins. Overlong and lightweight, but occasionally affecting.

GENERAL

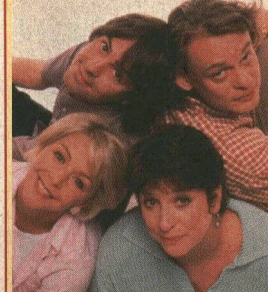
The Famous Jett Jackson
Disney Channel 3.45pm
Young TV superstar Jett Jackson (Lee Thompson Young) returns to his hometown of Wilsted, North Carolina and discovers that life with his father (Gordon Greene) and his great-grandmother (Montrose Higgins) is much harder than he expected it to be.

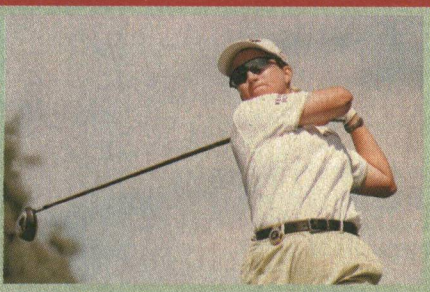
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UK GOLD

SUMMER NIGHTS OF COMEDY FROM 9.00PM

I don't believe it! This month UK Gold is devoting weekday evenings to some of the nation's favourite comedy programmes. From One Foot in the Grave and Only Fools and Horses to Men Behaving Badly and Absolutely Fabulous, there's something here for everyone.



	EUROSPORT NEWS & SPORT/ SELECTION PACKS	SKY SPORTS 1 PREMIUM CHANNEL	SKY SPORTS 2 PREMIUM CHANNEL	SKY SPORTS 3 PREMIUM CHANNEL	SCI-FI ACTION PACK	MTV MUSIC & GAMES PACK
MORNING	6.00 AM 7.30am Motorsports Magazine show. 8.30 Ski Jumping 10.00 Motorcycling 11.30 Eurogoals 1.00pm Triathlon Coverage of the ITU World Cup in Toronto, Canada. 1.30 Athletics Action from the IAAF Grand Prix I Meeting in Stockholm. 2.30 Tennis Coverage of the WTA Tournament in Montreal.	7.00am WWF - Livewire 8.00 You're On Sky Sports! 9.00 Racing News 9.30 Aerobics Oz Style 10.00 Football Special: A United City - Manchester Football Special 11.00 Wheelbase Club 12.00 Aerobics Oz Style 12.30pm Football League Review 1.30 Football Special: A United City - Manchester Football Special 2.30 Golf Special	7.00am Aerobics Oz 7.30 Racing News 8.00 Asian Sports Show 8.30 Telegraph Action Sport 9.00 Motor Rally: London to Sydney Marathon 10.00 International Bowls: Australia v Wales - Doubles 12.00 Showjumping: Spruce Meadows - Canadian Pacific World Cup 2.00pm World Motor Sport World Motor Sport takes viewers to the heart of the race world and provides an essential guide to who is racing where, when and how. From a round up of the biggest and most exciting meetings, to a preview of the major events in store, this programme covers most major motor sports events. Hit the road with some of the fastest drivers in the world.	12.00 Wheelbase Club Action including club rallying, karting, sprints and hill climbs and drag racing plus a look back at memorable motor racing events. 1.00pm Telegraph Action Sport 1.30 Total Sport 2.00 Shell's Wonderful World of Golf: Elder v Knudson v Archer	8.00am Buck Rogers in the 25th Century 9.00 The Time Tunnel 10.00 Project UFO 11.00 The Incredible Hulk 12.00 Babylon 5 1.00pm Highlander: The Raven The French Connection 2.00 Buck Rogers in the 25th Century Escape from Wedded Bliss	6.00am Select MTV 8.00 MTV Hits Uninterrupted music videos. 9.00 Bytesize MTV Gossip from MTV's stations situated around the world. 11.00 MTV Hits 12.30pm Essential All Saints The rise of the girl band. 1.00 MTV Hits 2.00 Hit List UK
3.00 PM				3.00 International Bowls: Australia v Wales - Doubles International bowls action as recently crowned World Champions Australia enter the doubles phase against Wales at Tweed Heads Bowls Club. Both teams decided to field new look sides in this clash and will be eager for victory.	3.00 Sightings Extraordinary real-life stories of the paranormal involving luck, superstition, UFOs or near-death experiences.	3.00 Bytesize MTV Bizarre moments from MTV's channels situated around the world.
4.00 PM	4.30 Xtreme Sports YOZ Extreme sports action.	4.00 Cricket: National Cricket League - Lancashire v Kent - LIVE Domestic cricket action from the Norwich Union National League as Lancashire face Kent at Old Trafford. Lancashire were the winners of the inaugural one-day league last year and are looking to make it two in a row despite a disappointing start to the campaign. Points are vital for both sides as they look towards the top of the table.	5.00 World Wrestling Federation - Livewire Michael Cole presents coverage of the latest World Wrestling Federation bouts.	5.00 Rugby League Academy The show that takes a look at tomorrow's stars of the game in action on the field.	4.00 The Time Tunnel End of the World Tony and Doug land in an American town at the time of Halley's Comet.	3.55 MTV's Pop Single of the Week 4.00 Select MTV A chance for viewers to make MTV their personal video jukebox. Just call the special hotline, pick your video from the on-screen menu and wait for it to be aired. Also includes chat and celebrity guests live and direct from the studios in London.
5.00 PM				5.00 Rugby League Academy The show that takes a look at tomorrow's stars of the game in action on the field.	5.00 Project UFO The Camouflage Incident When a UFO attacks three prominent businessmen, one of them manages to successfully film the craft.	
6.00 PM	6.00 Tennis - LIVE The WTA Tournament in Montreal continues on its second day.		6.00 Asian Sports Show A look at sports throughout Asia and the Arab world.	6.00 Sky Sports Centre Catch up with the latest from the world of sport.	6.00 The Incredible Hulk Goody Eddie Caine A detective, investigating a blackmailing attempt, picks Banner as a prime suspect.	6.00 Bytesize MTV Another helping of weird highlights from the different MTV channels all around the world.
7.00 PM		7.00 Sky Sports Centre Catch up with the latest from the world of sport.	6.30 Sports Unlimited A look at the world of alternative sport.	6.30 World Football Show A look at the competitors in the fast lane.	7.00 Highlander: The Raven The French Connection Recovering from his wound, Nick continues to pursue Andre Korda.	7.00 MTV Hits Uninterrupted music videos featuring the latest videos from the play list.
8.00 PM		7.30 Ford Scottish Football: Dundee v Dundee United - LIVE Coverage from Dens Park of the Dundee derby, one of the highlights of the season on Tayside as the Tangerines and the Dark Blues battle it out for the honour of being the city's premier team. With Ian Crocker and Davie Provan.	7.30 Euro Seniors' Golf: Bad Ragaz PGA Seniors' Open The superstars of the Euro Seniors' Tour prove they haven't lost their touch as they compete in the Bad Ragaz PGA Seniors' Open.	7.30 Cricket: National Cricket League - Lancashire v Kent LIVE More action from Old Trafford as Lancashire face Kent.	8.00 Twin Peaks The identity of Laura Palmer's killer is finally revealed after Cooper and Truman's investigation receives some vital help.	8.00 European Top 20 A rundown of the top selling singles on the Continent. Presented by Cat Deeley.
9.00 PM	9.30 Boxing Action from a top class international contest.		8.30 LPGA Golf: du Maurier Classic Action from one of four major tournaments that make up the LPGA Grand Slam. Karrie Webb won by two strokes from Laura Davies in 1999 and they are among the favourites in the competition which this year takes place at the Royal Ottawa Golf Club.	10.00 Big Fights: Sugar Ray Robinson A look at the career of one of the greatest fighters of the 20th century, and double World Champion.	9.00 Millennium Kingdom Come Frank searches for the serial killer responsible for the deaths of several clergymen.	9.00 Biorhythm: Britney Spears 9.30 Essential Boyzone A look at the Irish popsters' popularity.
10.00 PM		10.15 You're On Sky Sports! The show that allows enthusiasts to vent their spleen on the key issues facing the world of football.	10.30 World Cup Showjumping: Grand Prix of Denver Top riders from around the world compete against the clock, and each other.	11.00-11.30pm A to Z of Motorsport Trace the roots and history of the motor racing circuit.	10.00 FILM: Deepstar Six Taurean Blacque, Nancy Everhard, Greg Evigan Drama. The crew of an experimental underwater nuclear base are forced to struggle for their lives when their explorations disturb a creature that threatens to destroy their base. 1989	10.00 The Tom Green Show Man-on-the-street comedy.
11.00 PM	11.00 Golf Action from the US PGA Tour and the Buick Open in Grand Blanc, Michigan. Last year's winner was Tom Pernice Jr.	11.15 Euro Seniors' Golf: Bad Ragaz PGA Seniors' Open Action from Switzerland, with some of the veteran stars of the game.	11.30 Premier Snooker League 1.30am Fastrax 2.00 Asian Sports Show Sports magazine.		12midnight The Net Deleted 1.00am FILM: Poltergeist 2: The Other Side JoBeth Williams A family is pursued by a malevolent spirit. 1986	11.00 brand:new Zane Lowe takes a look at some of the best new music around and chats to the hottest young and alternative acts.
12.00 NIGHT TIME	12midnight-12.30am Cliff Diving The World Tour reaches Brontallo, Switzerland.	12.15am Ford Scottish Football: Dundee v Dundee United 2.15 World Cup Showjumping The world's top riders compete against the clock. 3.15-4.15am You're On Sky Sports!	2.30 Sports Unlimited 3.30-5.30am LPGA Golf: du Maurier Classic Further action from the first day of this LPGA grand slam event from Canada.		2.40 Sci-Focus Special 3.00-4.00am Babylon 5	12midnight Alternative Nation Embark upon another journey into the MTV underground. 1.00am-6.00am Night Videos Music tracks to take you through the small hours.
LPGA GOLF: DU MAURIER CLASSIC SKY SPORTS 2 8.30PM There are four major tournaments that make up the LPGA grand slam, and the \$1.2m du Maurier Classic at the Royal Ottawa Golf Club at Aylmer, Quebec, is the final one of the year. This Canada-based tournament first began in 1973 and became a major in 1979. Twenty years after gaining premier status, the tournament was won by Australian Karrie Webb (pictured) who capped her remarkable year by winning with a two-stroke victory over Britain's Laura Davies. 						
					PLAYBOY TV/ ADULT CHANNEL ADD-ON CHANNEL 10.00pm Freeview 10.06 FILM: Nightshade 11.45 Sneak Peak 12midnight Freeview 12.10am Sam Gets Her Girl 12.25 Banged Up 12.55 FILM: No Man's Land 2.15 Lesbian Fantasies 2.35 Madame Dominance 3.00-4.00am FILM: Haunted Cottage	TELEVISION X ADD-ON CHANNEL 12midnight The Ten Minute Preview 12.10am Extreme Close-Up 12.40 FILM: Badlands 2 1.00 The Five Minute Free View 1.05 FILM continues 1.55 Fantasy Night Calls 2.55-4.00am Night Videos Music tracks to take you through the small hours.
					Adult Nightview is now available as a TV on-demand service between 10.00pm and 4.00am at £4.95. See channel 50 for details	Adult Nightview is now available as a TV on-demand service between 12midnight and 4.00am at £4.95. See channel 50 for details

VH1 MUSIC & GAMES PACK		ANIMAL PLANET WORLD PACK		UK STYLE LIFESTYLE PACK		UK HORIZONS WORLD/ ACCESS PACKS		CARLTON FOOD NETWORK LIFESTYLE PACK					
6.00am Power Breakfast 8.00 Pop-Up Video 9.00 Upbeat 12noon Behind the Music: The Carpenters Hear the story of The Carpenters as told by family, friends, colleagues and Richard Carpenter himself. 1.00pm Greatest Hits: Sade 1.30 Pop-Up Video 2.00 Jukebox Another edition of the VH1 viewers' request show.		12noon Croc Files 12.30pm Going Wild with Jeff Corwin 1.00 All Bird TV Arizona Hummingbirds 1.30 All Bird TV Arizona Desert Birds 2.00 Pet Rescue 2.30 Kratt's Creatures The Why Show The team travels the world discovering weird creatures. 3.00 Breed All About It Doberman Pinscher 3.30 Breed All About It Portuguese Water Dogs		 Maxwell Hutchinson builds all the 'Mod Cons'. Discovery Home & Leisure 2.50pm ITV2 ACCESS PACK		7.00am Spa Trek 7.30 Spa Trek 8.00 Ready, Steady, Cook 8.30 Can't Cook, Won't Cook 9.00 Changing Rooms Down Under 9.30 Real Rooms 10.00 Change That 10.30 A Room with a Clue 11.00 Big Strong Girls 11.30 House Doctor 12noon Good Living 12.30pm Style Challenge 1.00 A Taste of Africa 1.30 Ready, Steady, Cook 2.00 The Green Room 2.30 Learn to Garden with Stefan Buczacki		7.00am Tomorrow's World Plus 7.50 Future Fantastic 8.20 Future Fantastic 8.50 Vets to the Rescue 9.20 Tomorrow's World Plus 10.15 Wolf: A Wildlife Special 11.15 Top Gear GTI 12.15pm The Builders 12.45 The Builders 1.15 Passport to the Sun 1.45 Doctors to Be 2.45 Mystics A look at the world of mystics which examines the veracity of their predictions and their enduring popularity.		7.00am Tessa's Tastebuds 7.30 Coxon's Kitchen College 8.00 Network Daily 8.45 Quick Cooks 9.00 Red Hot 'n' Smokin' 9.30 Classic Dishes 10.00 Ross's Barbecue 10.30 A Year at Ballymaloe 11.00 Flash in the Pan 11.30 Alive and Cooking 12noon Four Burners and a Grill 12.30pm Frances Bissell's Kitchen 1.00 Coxon's Kitchen College 1.30 Use Your Loaf 2.00 Network Daily 2.45 Quick Cooks		6.00 AM MORNING	
4.00 The VH1 Album Chart Show Paul King presents news on the biggest and best-selling albums of the week.		4.00 Animal Planet Unleashed Howie Watkins presents this magazine programme. 4.30 Croc Files With Steve and Terri Irwin.		4.00pm Trisha Another double bill of heartwarming and hair-raising true stories with Trisha Goddard and a studio audience. Text		3.00 Gardeners' World With Alan Titchmarsh. 3.30 Gardening Neighbours Garden transformations.		3.45 Vets to the Rescue Stories of pets in need, with vet Trude Mostue. 4.20 Animal Hospital Rolf Harris visits the RSPCA Harnsworth Hospital. 4.50 Zoo Series about the animals and keepers at London and Whipsnade zoos.		3.00 Red Hot 'n' Smokin' Italian chicken. 3.30 Tessa's Tastebuds Rice 4.00 A Year at Ballymaloe Learn to make gooseberry and elderflower compote. 4.30 Classic Dishes 5.00 A to Z of Food and Beauty 5.30 Four Burners and a Grill 6.00 Coxon's Kitchen College 6.30-7.00am Picture This		3.00 PM 4.00 PM	
5.00 Ten of the Best: Des'ree The British soul singer-songwriter picks her ten favourite videos of all time.		5.00 Pet Rescue With Wendy Turner and Mark Evans. 5.30 Going Wild with Jeff Corwin Khao Yai, Thailand				5.00 Can't Cook, Won't Cook Youth cookery challenge. 5.30 Changing Rooms: Down Under Decor makeover show.		5.25 What Went Wrong? 5.55 Airport A behind-the-scenes look at Heathrow airport and the people who rely on it.		5.00 PM			
6.00 VH1 to One: Tina Turner Tina Turner talks about life, love and her career. 6.30 Greatest Hits: Sade 7.00 VH1 Hits Two hours of uninterrupted music videos, featuring the latest from the VH1 playlist.		6.00 The Aquanauts A look at species of ray on the Galapagos Islands. 6.30 Croc Files Steve and Terri Irwin look at the fearsome predator. 7.00 The Dolphin: Born to Be Wild An activist tries to set captive dolphins free and reduce the Bahamian trade in these mammals. 8.00 Wild Rescues Tales of humans and animals saving each other. 8.30 Wild Rescues More tales of humans and animals saving each other.		6.00 The Extremists Hair-raising sports. 6.30 Dealer's Choice Experts offer advice on buying used cars. 7.00 Rugby World Sevens Nine teams battle it out against reigning champs Fiji to become 2000 world sevens champions. 8.00 Sunset Beach Elaine receives some shocking news and Cole begins to grapple with his emotions. 8.50 Chart Choice 9.00 Bad Girls After the rejections from Josh and Dominic, Shell falls into a fit of self-loathing and Jim has had enough of Sylvia's order. 10.00 Emmerdale Catch up on the latest from Emmerdale. Text 10.30 Nuts and Bolts Dave is experiencing some domestic unease. 11.00 The Jerry Springer Show More outrageous relationship revelations and confrontations. 11.50 The Late Show with David Letterman Chat show with host and humorist David Letterman and celebrity guests. 12.40am Freaky Stories Ghoulish animation. 12.50 The Extremists 1.20-1.50am Dealer's Choice		6.00 Antiques Roadshow Hull Members of the public in Hull bring along their antiques for examination. 7.00 Real Rooms Ealing Flat Decorating experts refresh tired or problem rooms. 7.30 Change That Rugby School 8.00 Style Challenge Stylists give people the makeover of their dreams. 8.30 The Green Room Solutions for tiny gardens. 9.00 Home Front The team creates a billiard room for a barn conversion. 9.30 Big Strong Girls With Fiona Quigley and Siobhan Palmer. 10.00 The House Doctor Ann Maurice improves another house's prospects. 10.30 House Invaders Caversham 11.00 Ground Force Alan Titchmarsh and his crew go to work again. 11.30 BBC Gardener of the Year Four gardens in Wales. 12midnight Garden Stories Cycles A look at relationships with nature and the seven stages of 'gardening man'. 12.30am-1.00am Stefan's Garden Roadshow Stefan Buczacki offers more gardening help and advice.		6.25 Passport to the Sun 6.55 Crime Squad Making a Clean Sweep This programme looks at criminal damage. 7.30 Meet the Ancestors Tomb That Time Forgot 8.00 Animal Hospital Rolf Harris visits the RSPCA Harnsworth Hospital. 8.30 What Went Wrong? A show featuring disasters. 9.00 Airport A look at Heathrow airport. 9.35 Jobs for the Boys Gareth and Norman Write a Song for Europe Hale and Pace try to write the UK's entry for the Eurovision Song Contest. 10.35 Rush Under the Sun A look at how US college fraternities and sororities recruit new members. 11.35 Paddington Green 12.05am-1.00am Hollywood Women		7.00pm The Gift of the Monsoon The village of Purrakad, where the fishermen know that the monsoon will trap millions of fish. 8.00 Creatures of the Mojave Desert Scientists and volunteers work to save a prehistoric and now endangered desert tortoise. 9.00 Alligator! Explore the alligator's amazing adaptability to its environment and the problems affecting its continued survival. 10.00 Tales of the Tiger Shark Discover how new findings may help define ways to protect humans and sharks from each other. 11.00 Alaska's Bush Pilots An exploration of Alaska's vanishing wilderness and the danger of flying with veteran bush pilots. 12midnight-1.00am The Survival Game Learn how evolution has equipped predators with an array of lethal weapons with which to dispatch their prey.		6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00	
		CABLE CHECK Some of the channels listed may not be available in your area						UK PLAY: 1.00am Shooting Stars 1.30 League of Gentlemen 2.05 Vic Reeves 2.35 History 2.50 Anthems 3.20 Soundtrack 3.50 Dream Performances 4.15 Chris Moyles 4.40 Footage and Mouth 4.55 Phil Kay 5.20 Cherry Pop 5.35-7.00am Sound of Play					
CHALLENGE TV MUSIC & GAMES PACK		DISCOVERY HOME & LEISURE WORLD PACK		RAPTURE BONUS CHANNEL		LOCAL CHANNEL ACCESS PACK							
5.00pm Cross Wits 5.30 Sale of the Century Presented by Keith Chegwin. 6.00 Family Fortunes Big money gameshow. 6.30 100% 7.00 Stars in Their Eyes Amateur singing contest. 7.30 Beadle's About Hidden camera pranks. 8.00 Gladiators 9.00 Whittle 9.30 Strike it Lucky 10.00 Sale of the Century		10.30 Family Fortunes Big money gameshow. 11.00 Stars in Their Eyes 11.30 Winner Takes All 12midnight Beadle's About 12.30am Gladiators 1.30 The Cooler 2.00 Karaoke Challenge 2.30 3-2-1 3.30 The Krypton Factor 4.00 Say the Word 4.30am Whittle 5.00-6.00am Shopping with Screenshop		6.00am The Joy of Painting 6.30 Garden Calendar 7.00 Garden Rescue 7.30 Doing it Up 8.00 How to with B & Q 8.05 The House Doctor 8.35 Our House Down Under 9.05 The Joy of Painting 9.35 Garden Calendar 10.05 How to with B & Q 10.10 Garden Rescue 10.40 Two's Country 11.10 Model Magic 11.40 Home Savvy		12.10pm How to with B & Q 12.15 Hometime 12.45 This Old House 1.15 Home Again with Bob Vila 1.45 Wood Wizard 2.15 How to with B & Q 2.20 The New Yankee Workshop 2.50 Mod Cons 3.20 Rex Hunt Fishing Adventures 3.50-4.00pm How to with B & Q		10.00am Byte Me 10.30 World Wind Surf 11.00 Fearless 11.30 Freesport Special 12noon Chilli Factor 12.30pm Adrenalize 1.00 Fearless 1.30 Boardstupid 2.00 World Wind Surf 2.30 High Adrenaline Action 3.00 Chilli Factor 3.30 Freesport Special 4.00 Byte Me 4.30 World Wind Surf 5.00 Fearless 5.30-6.00pm Freesport Special		6.00pm LLTV - Local Life A daily magazine programme featuring local news, events and lifestyle features. 6.30 What's On TV 7.00 LLTV - Local Life 7.30 YCTV Programmes made by the stars of tomorrow featuring the stars of today. 8.00 Student Showcase 8.30 What's On TV 9.00-9.30pm LLTV - Local Life		NIGHT TIME	

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00 PM

NIGHT TIME

CABLE CHECK
Some of the channels listed may not be available in your area

DISCOVERY WORLD PACK

4.00pm Rex Hunt Fishing Adventures
Mallacoota
Rex goes fishing for mullet.

4.30 Discovery Today
Science magazine series.

5.00 The History of Writing
A survey of writing from its origins in Mesopotamia to the most modern multimedia technologies.

6.00 Rhino and Co
If Animals Could Talk - Part 1
First of a two-part wildlife documentary about the rhinoceros.

7.00 Secret Mountain
Chris Bonington is near to collapse and forced to return to base camp.

7.30 Discovery Today
Science magazine series.

8.00 The Future of the Car
An investigation into the space-age technology that looks set to power the cars of the future.

9.00 Century in Motion
A look at two inventors.

9.30 Century in Motion
Culture and transport.

10.00 Blast Off
Two-part documentary investigating the challenges that have been faced during the exploration of space.

11.00 Tanks!
Barbarossa
Documentary series which examines the importance and role of the tank during World War II.

12midnight Time Team Papcastle
Uncovering a Roman fort in a backyard in Cumbria.

1.00am Future Tense Cities
A look at what science can do to improve city life.

1.30-2.00am
Discovery Today

CARTOON NETWORK FAMILY PACK

5.00am
Flying Rhino Junior High
6.00 Fat Dog Mendoza
7.00 Tom and Jerry
8.00
Mission Impossible-Doo
10.00 FILM: Scooby-Doo and the Ghoul School
The intrepid agents of Mysteries Inc investigate more strange goings-on. 1988



SHAGGY
Full name: Norville Rogers
Age: 17
Hair: Brown
Dress: Olive V-neck T-shirt, brown jeans, black shoes
Occupation: Beatnik teenager
Likes: Food - lots of it - particularly pizza
Dislikes: Ghosts, monsters and the general domain of scary stuff
Favourite Phrases: 'Scooby-Doo, where are you?' 'Like wow!' 'Here we go again!' 'Zoinks!'

12noon-8.30pm Mission Impossible-Doo
8.30-9.00pm FILM: Scooby-Doo and the Ghoul School 1988

TCM FAMILY PACK

9.00pm The Barkleys of Broadway
Fred Astaire, Ginger Rogers, Oscar Levant
Comedy musical. A successful, but argumentative, couple find their showbiz marriage and professional career under threat when new opportunities arise. 1949

11.05-1.00am One is a Lonely Number
Trish Van Devere, Monte Markham, Janet Leigh
Sentimental drama. 1972

CARTOON NETWORK:
1.00am The Moomins 1.30 The Magic Roundabout
2.00 Tabaluga 2.30 Blinky Bill 3.00 The Tidings
3.30 The Fruities
4.00 The Moomins
4.30-5.00am The Magic Roundabout

THE HISTORY CHANNEL WORLD PACK

12noon The Strange Case of Lizzie Borden
12.55pm
Photos for the Future II
1.00 Crown and Country
1.30
Gardens of the Millennium
2.00 Biography
Albert Goering
2.55
A Small Piece of History
3.00 World War I
3.30 The Riddle of Rudolph Hess

4.00 Occult
History of the Third Reich
5.00 Firefighting
6.00 The End of the World
6.55 Photos for the Future II
7.00 Crown and Country
7.30 Gardens of the Millennium
8.00 Biography
8.55 A Small Piece of History
9.00 Great Crimes and Trials
9.30-10.00pm
Great Crimes and Trials

NICKELODEON FAMILY PACK

7.00am Transylvania Pet Shop
7.30 Transylvania Pet Shop
8.00 Ren and Stimpy
8.30 Ren and Stimpy
9.00 Kenan and Kel
9.30 Kenan and Kel
10.00 Sister Sister
10.30 Sister Sister
11.00 Cousin Skeeter
11.30 Cousin Skeeter
12noon Rugrats
12.30pm Rugrats
1.00 Rocket Power
1.30 Rocket Power
2.00 Rocket Power
2.30 Rocket Power

3.00 Rocket Power
Animation following a group of friends who indulge in extreme sports.

3.30 Rocket Power
Californian cartoon.

4.00 Kenan and Kel
The wild adventures of two funky friends.

4.30 Kenan and Kel
With Kenan Thompson and Kel Mitchell.

5.00 Sabrina
The Teenage Witch

5.30 Sabrina
The Teenage Witch

6.00 Are You Afraid of the Dark?

6.30-7.00pm
Are You Afraid of the Dark?

PARAMOUNT COMEDY CHANNEL FAMILY PACK

7.00pm
Grace Under Fire
7.30 King of Queens
White Collar

8.00 Ellen
Flea Navidad
Ellen rescues an abandoned dog.

8.30 Just Shoot Me
The List

9.00 Married... With Children
Earth Angel

9.30 Spin City
The Rivals
Problems arise for Mike.

10.00 Frasier
Secret Admirer
Maris sends Nils gifts to try and woo him back.

10.30 Harry Hill
Surreal comedy show.

11.00
The Jack Dee Show
Acerbic humour with the deadpan comedian.

11.30 Cheers
Home Malone
12midnight Roseanne

12.00am Clive Anderson
Talks Back 1.10 NewsRadio

1.40 Whose Line is it Anyway?

2.10 Dressing for Breakfast

2.40 Desmond's 3.10

It's Garry Shandling's Show

3.40 Rex the Runt

3.50-4.00am Rex the Runt

TV TRAVEL SHOP BONUS CHANNEL

A total travel service in your own home. Video brochures give a guided tour of resorts around the world, with regular bulletins and programmes featuring late holidays and special offers. Viewers can then book holidays 24-hours-a-day, seven-days-a-week, by calling 0870 60 60 747. For more information and full listings turn to TV Travel Shop Text, from page 200.

FOX KIDS FAMILY PACK

6.00am Oggy 6.10 Bad Dog
6.30 Bobby's World
6.55 Jim Button
7.15 Walter Melon
7.40 Inspector Gadget
8.00 Oggy 8.10 Biker Mice
8.30 Dennis and Gnasher
8.55 Sailor Moon
9.15 Sailor Moon
9.40 Digimon
10.00 Power Rangers
10.20 Scooter
10.45 Masked Rider
11.05 X-Men
11.30 Spy Dogs
11.50 Ace Ventura
12.15pm Walter Melon
12.35 Inspector Gadget
1.00 Woody
1.10 Casper
1.30 Donkey Kong
1.55 Dennis and Gnasher
2.20 Life with Louie
2.40 Princess Sissi

3.00 Princess Starla and the Jewel Riders
More magical adventures.

3.20 Sailor Moon

3.45 Mighty Morphin' Power Rangers

4.05 Mighty Morphin' Power Rangers

4.30 Digimon

4.50 Masked Rider
More adventures with the teenage alien superhero.

5.15
Monster Rancher

Genki and Holly try to save Monster Rancher world.

5.35
Biker Mice from Mars

6.00 The New Addams Family

6.25 Casper

6.35-7.00pm
Goosebumps

SHOP! LIFESTYLE/ SELECTION PACKS

6.00am Shop! Selection
7.00 Clothes Shop!
8.00 Home Shop!
9.00 Holiday Shop!
10.00 Jewellery Shop!
A selection of gold jewellery.
11.00 Entertainment Shop!
12noon Shop! Outlet
1.00pm Shop! Special
2.00 Shop! Selection
A round-up of the bestsellers on the channel.
3.00 Home Shop!
Laundry special.
4.00 Kitchen Shop!
5.00 Shop! Preview
6.00 Shop! Selection
7.00-7.30pm
Jewellery Shop!

GMTV 2 ACCESS PACK

GMTV2 offers pre-school and lifestyle shows between 6.00am and 9.25am. Weekdays: The News Hour at 6.00am followed by children's shows. Saturdays: Children's programming and a round-up of the week's news in The Review. Sundays: Highlights include a Pokémon triple bill and The Review.

QVC LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day - so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Supernails Special at 3.00pm.

NEWS AND INTERNATIONAL

BBC NEWS 24 NEWS & SPORT/ ACCESS PACKS

6.00am News
7.00 News
8.00 News
9.00 News
9.30 World News
10.00 News
11.00 News
12noon News
1.00pm News
2.00 News
3.00 News
4.00 News
5.00 News
6.00 News
7.00 News
7.30 Sportsday
8.00 News
9.00 News
9.30 HARDtalk
10.00 News
11.00 News
11.30 World Business Report
12midnight News
1.00am News
2.00 News
2.30 World Business Report
3.00 News
3.30 HARDtalk
4.00 News
4.45 Asia Today
5.00-6.00am News

CNN INTERNATIONAL NEWS & SPORT PACK

News throughout the day, plus:
5.00am Morning 5.30 World Business
6.00 This Morning
6.30 World Business
7.00 This Morning
7.30 World Business
8.00 This Morning
8.30 Sport
9.00 Larry King
10.30 Sport
11.30 Biz Asia
12.30pm Hotspots
1.15 Asian Edition
1.30 World Report
2.30 Showbiz Today
3.00 Science
3.30 Sport
4.30 World Beat
5.00 Larry King Live
7.30 World Business Today
8.30 Q&A
9.30 Insight
10.00 World Business Today
10.30 Sport
11.00 World View
11.30 Moneyline
12.30am Showbiz Today
1.00 This Morning Asia
1.15 Asia Business
1.30 Asian Edition
1.45 Asia Business
2.00 Larry King
4.30-5.00am American Edition

SKY NEWS NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus:
6.00am Sunrise
10.30 Sky World News
11.30 Money
12noon Sky News Today
2.30pm Your Call
3.00 Sky News Today
4.30 Sky World News
5.00 Live at Five
8.30 Sky Business Report
9.30 Technoflextra
10.00 Sky News at Ten
10.30 Sportsline
12.30am CBS Evening News
1.30 Your Call
2.30 Sky Business Report
3.30 The Book Show
4.30 Technoflextra
5.30-6.00am CBS Evening News

INTERNATIONAL

TV5 5.00am Journal 5.15 Journal des Journaux 5.30 Télématin et le Journal du Temps 7.00 Journal 7.30 Découverte 8.00 Infos 8.05 Zig Zag Café 9.00 Journal 9.15 Inédits 10.00 Claire Lamarche 11.00 Infos 11.05 100% Questions 11.30 Journal Télévisé 12noon Infos 12.05pm Documentaire ARTE 1.00 Journal Télévisé 1.15 Cinéma: L'Indiscrétion 3.00 Journal Télévisé 3.15 Questions 3.30 Taxi pour l'Amérique 4.00 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal Télévisé 5.15 Cinéma: L'Indiscrétion 7.00 Journal Télévisé 7.30 Journal Télévisé 8.00 Infos 8.05 Temps Présent 9.00 Journal Télévisé 9.15 Police Judiciaire 11.00 Journal Télévisé 11.30-12midnight Soir 3

ASIANET ADD-ON CHANNEL CABLE EXCLUSIVE

7.30am Kachwa Aur Khargosh
8.00 DD News
8.30 DD Programme
9.00 FILM 11.30 News 12noon Kabhi Yeh Kabhi Woh
12.30pm Galatnaama
1.00 Katha Sagar
1.30 FILM 4.00 Rajni Gandha
4.30 Aarthi
5.00 Majdhaar
6.00 Main Anari Tu Anari
6.30 MTV
7.00 Katha Sagar
7.30 News
8.00 Kabhie
8.30 FILM
11.30 News
12midnight MTV
12.30am Kabhie
1.00 FILM 4.00 Main Anari Tu Anari
4.30 Kabhi
5.00 Majdhaar
6.00 Rajni Gandha
6.30 DD Programme
7.00-7.30am Vishwamitra

ZEE TV ADD-ON CHANNEL

6.00am Aap Ki Farnais
6.30 Bhakti Songs
7.00 Faith: Iskcon
7.30 Daily News
8.00 Out and About
8.30 Kartavya
9.00 Aashinana
9.30 Lakeerein
10.00 Antakshari
11.00 Khana Khazana
11.30 Aangan
12noon FILM
3.00pm Raksha Bandhan
Special 4.00 Kartavya
4.30 Callmate
Top Ten 5.30
Aangan 6.00 Independence Day
Special 6.30 Legends
8.00 News Bulletin
8.30 Janam
9.00 A Day Out with a Star
9.30 Daayre
10.00 Thriller at 10
10.30 Mahabharat
11.30 Nagin
12midnight Punjabi News
12.30am FILM
3.30 Hum Paanch
4.00 Daraar
4.30 Campus
5.00-6.00am VCD Zabardast

CHRISTIAN CHANNEL EUROPE WORLD PACK

5.00am Good News
5.30 Gospel Truth - Andrew Wommack
6.00 Hour of Deliverance
6.30 Changing Your World
7.00 Believers' Voice of Victory
7.30 This is Your Day
8.00 CMTV
8.20 Thought for the Day
8.30 Life in the Word
9.00 Rhema Praise
9.30 Winning Ways - Matthew Ashimolowo
10.00 CMTV
10.30-11.00am
700 Club Replay

BLOOMBERG WORLD PACK

2.00am Asian Market Report
2.30 Wall Street Report
2.45 Focus on Eastern Europe
5.45-6.00am Kavanagh's Picks

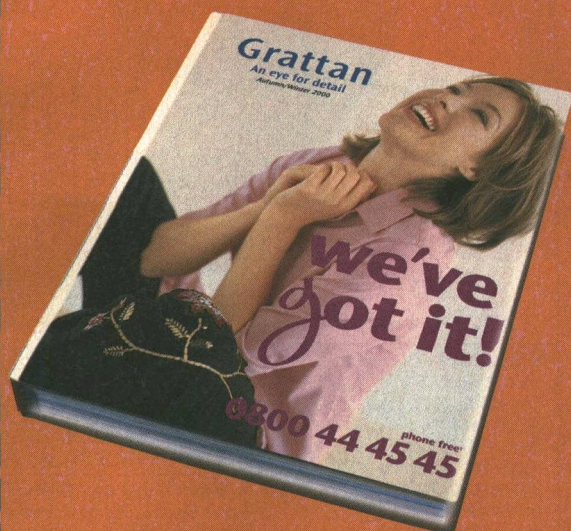
BBC PARLIAMENT NEWS & SPORT PACK

4.45pm-3.00am
Democratic Party Convention
Live coverage of the Democratic Party convention from Los Angeles.

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An eye for detail

	SKY PREMIER PREMIUM CHANNEL	SKY MOVIEMAX PREMIUM CHANNEL	MOVIE RATINGS	 <i>Nastassja Kinski tries to be sociable in the premiere of 'Your Friends & Neighbors'. Sky Premier 10.10pm</i>	
MORNING	6.00am The Little Ghost 1996, rating Sky U, 78 mins 7.30 Let's Ruin Dad's Day 1998, rating Sky U, 92 mins 9.30 Just Like Dad 1995, rating Sky PG, 97 mins 11.15 Pit Pony 1997, rating Sky PG, 88 mins 1.15pm The Little Ghost Kristina Wayborn, James Fitzpatrick 1996, rating Sky U, 78 mins 2.45 Bartok the Magnificent Voice of Hank Azaria, Kelsey Grammer, Andrea Martin Animated sequel to <i>Anastasia</i>, in which the loveable bat and his friends embark on yet another exciting quest. Text 1999, rating Sky U, DS, 65 mins	6.25am All of It 1998, rating Sky PG, 81 mins 8.00 I'll Be Home for Christmas 1988, rating Sky PG, 91 mins 10.00 The Entertainers Bob Newhart, Linda Gray 1991, rating Sky U, 87 mins 12noon Where the Red Fern Grows 1974, rating Sky PG, 97 mins 2.00pm All of It Lesley Ann Warren, Alanna Ubach, James Rebhorn, Michael Silver Drama about a professional woman from a dysfunctional family. 1998, rating Sky PG, 81 mins	Sky U: Suitable for viewing by all Sky PG: Parental Guidance suggested Sky 12: Suitable for viewers aged 12 years and over Sky 15: Suitable for viewing by people of 15 years or over Sky 18: Suitable for viewing by adults only Text: film is subtitled on page 888 of Fastext Widescreen: shown in cinema (letterbox) format	SKY CINEMA PREMIUM CHANNEL	
3.00 PM					
4.00 PM	4.00 Let's Ruin Dad's Day Judge Reinhold, Tony Rosato Comedy about a 12-year-old boy who misinterprets his father's decision to attend a job interview in Chicago as a signal that his parents are on the brink of divorce. Determined to keep his folks together, he and his sister set about ruining their father's chances of getting the job. 1998, rating Sky U, 92 mins	3.30 Movie Magic: The Transformer 4.00 I'll Be Home for Christmas Hal Holbrook, Nancy Travis, Courteney Cox, Peter Gallagher Seasonal drama, set during World War II, which focuses on the festivities of one couple who are determined to ensure that their three children, who are all involved in the war effort, have an enjoyable Christmas. 1988, rating Sky PG, 91 mins	4.00pm To Be or Not to Be Jack Benny, Carole Lombard, Stanley Ridges, Robert Stack Comedy about a band of amateur Polish stage actors who find themselves drawn into a complex plot which involves them posing as Nazis during World War II to prevent a spy from delivering top secret information to the Germans. 1942, rating Sky U, 95 mins		
5.00 PM					
6.00 PM	6.00 Just Like Dad Wallace Shawn, Ben Diskin, Nick Cassevetes, Laura Innes Comedy about a young boy who, embarrassed by his dull father, invents a more exciting stand-in to take to a picnic to impress his friends. The plan is successful and the boy's popularity soars but he soon discovers there is no substitute for his real dad. 1995, rating Sky PG, 97 mins	6.00 School Ties Brendan Fraser, Chris O'Donnell, Andrew Lowery, Matt Damon Drama, set in the Fifties, about a high school kid who is head-hunted by a New England prep school which wants him to be its football team's new quarterback. He arrives at the new school with high hopes, but also with a secret - he is Jewish. 1992, rating Sky PG, DS, 103 mins	6.00 Roustabout Elvis Presley, Barbara Stanwyck, Joan Freeman, Sue Ann Langdon Musical about a singer who rides around on his motorbike looking for work. He joins a travelling carnival and becomes so successful that he prevents the place from closing down. While there, he also manages to learn the meaning of true love. 1964, rating Sky U, 97 mins	FILMFOUR ADD-ON CHANNEL	
7.00 PM					
8.00 PM	8.00 Enemy of the State Will Smith, Gene Hackman, Jon Voight, Lisa Bonet Paranoia-thriller about an attorney who, by bumping in to the wrong guy at the wrong time, accidentally receives key evidence about a serious politically motivated crime. He finds his life destroyed and himself pursued by shadowy forces who seem to know his every move. Text 1998, rating Sky 15, DS, 127 mins	8.00 Mortal Kombat - Annihilation Robin Shou, Talisa Soto, Brian Thompson, James Remar Adventure. The evil overlord of the Outworld has Earth in his sights. Fortunately, there's a band of warriors, including Earth's champion fighter and the mighty thunder god, who will not let their homeworld go without a fight. Text 1997, rating Sky 15, 91 mins	8.00 Change of Habit Elvis Presley, Mary Tyler Moore, Ed Asner, Barbara McNair Drama about a medic who finds himself working alongside a trio of three nuns, one of whom he falls in love with. The object of his affection is forced to make a difficult decision between her profession which she adores and the dashing young doctor. 1969, rating Sky PG, 89 mins	6.00pm Jean De Florette Gerard Depardieu, Elisabeth Depardieu, Yves Montand French drama which was the prequel to <i>Manon Des Sources</i>. A city dweller inherits a picturesque plot of land in Provence and, dreaming of the country life, he moves there with his family but soon finds that greed and jealousy exists as much in the country as in the town. 1986, 120 mins	
9.00 PM					
10.00 PM	10.10 Your Friends and Neighbors Jason Patric, Ben Stiller, Amy Brenneman, Aaron Eckhart PREMIERE Powerful, intelligent drama about a group of young people and their various relationships. Text 1998, rating Sky 18, DS, 96 mins	10.00 The Base Mark Dacascos, Tim Abeck, Paula Trickey, Noah Blake PREMIERE Drama about a senior army officer who becomes involved in drug-smuggling. Trouble starts when he recruits some of his men into the trade. Text 1999, rating Sky 18, 93 mins	10.00 Body Heat William Hurt, Kathleen Turner, Richard Crenna, Ted Danson Crime thriller about a slow-witted Florida lawyer who embarks upon a passionate affair with an icy seductress who subtly persuades him to do away with her rich husband. 1981, rating Sky 18, 109 mins	8.05 Prêt A Porter Kim Basinger, Richard E Grant, Tim Robbins and Julia Roberts Satirical overview of the fashion industry, directed by Robert Altman, focusing on the entourage of models, designers, photographers, reporters and magazine editors as they descend on the glamorous city of Paris for the annual fashion show. 1994, 127 mins	
11.00 PM					
12.00	11.50 Living Out Loud Holly Hunter, Danny DeVito Drama. Text 1998, rating Sky 15, DS, 96 mins 1.30am Mrs Dalloway Drama. 1997, rating Sky 12, 93 mins 3.10 Payback Corey Michael Eubanks 1990, rating Sky 15, 91 mins 4.45-5.30am The Directors: The Films of Garry Marshall	11.40 Nowhere Land Peter Dinklage, Dina Meyer Thriller in which an ex-con is hidden away from the criminals that he must testify against. 1999, rating Sky 18, 88 mins 1.15am Overnight Delivery Text 1996, rating Sky 15, 84 mins 2.45 In God We Trust 1980, rating Sky 12, 93 mins 4.25-5.00am The Entertainers 1991, rating Sky U, 87 mins	11.55 Firepower Sophia Loren, James Coburn Thriller. 1979, rating Sky 15, 99 mins 1.40am Welcome Home 1989, rating Sky 15, 88 mins 3.15 Change of Habit 1969, rating Sky PG, 89 mins 4.50-6.00am Boston Blackie Booked on Suspicion 1944, rating Sky PG, 64 mins	9.30 The Phantom of the Opera William Finley, Jessica Harper, Paul Williams, George Memmoli Reworking of <i>The Phantom of the Opera</i> about a disfigured rock composer who haunts a rock venue where he falls in love with a singer and promotes her career by turning to murder. 1974, 88 mins 12.05am Tonight Let's All Make Love in London Mick Jagger, Michael Caine Documentary of London in the Swinging Sixties. 1967, 69 mins 1.15 Céline and Julie Go Boating Comedy drama. 1974, 193 mins 4.30-6.00am Invaders from Mars Science-fiction. 1953, 75 mins	
NIGHT TIME					

FRONT ROW	Channel 51 Matinee	Channel 51 Evening	Channel 52	Channel 53
SCREENING WHEN YOU'RE GOOD AND READY WITH CABLE & WIRELESS See channel 50 or your Front Row spread on pages 14, 15 for further details. KEY TO FILM CONTENT T/C: Theme/Content BL: Bad Language S/N: Sex/Nudity V: Violence	FORCES OF NATURE Rating 12, 102 mins Romantic comedy. Fate throws two travellers together after a series of strange events - even though one of them is on the way to his own wedding. Stars Ben Affleck and Sandra Bullock. T/C: Comedy, romance. BL: Once, strong. S/N: Some mild references. V: Once mild. 6.00am, 8.00am, 10.00am, 12noon, 2.00pm	MICKEY BLUE EYES Rating 15, 98 mins Comedy. An English auctioneer, working in New York, marries his American girlfriend, not realising that her family are all mobsters. Stars Hugh Grant and Jeanne Tripplehorn. T/C: Comedy, mafia. BL: Infrequent, strong. S/N: None. V: Infrequent, moderate. 4.00pm, 6.00pm, 8.00pm, 10.00pm, 12midnight, 2.00am, 4.00am	UNIVERSAL SOLDIER: THE RETURN Rating 18, 80 mins Action. A project to create a new breed of soldier seems to be going well, but then a computer develops a mind of its own. Stars Jean-Claude Van Damme. T/C: Action, sci-fi. BL: Occasional, strong. S/N: Some moderate nudity. V: Frequent, strong. 6.50pm, 8.30pm, 10.10pm, 11.50pm, 1.30am, 3.10am	10 THINGS I HATE ABOUT YOU Rating 12, 94 mins Teen comedy, based on Shakespeare's <i>The Taming of the Shrew</i>, about two very different sisters and their romantic trials and tribulations. Stars Larisa Oleynik and Julia Stiles. T/C: Teen romance. BL: Occasional, moderate. S/N: Some mild references. V: Once, mild. 7.00pm, 9.00pm, 11.00pm, 1.00am, 3.00am

SKY ONE ACTION/ SELECTION PACKS	UK GOLD LIFESTYLE/ SELECTION PACKS	LIVING LIFESTYLE PACK	GRANADA PLUS ACTION PACK	DISNEY CHANNEL ADD-ON/ PREMIUM CHANNEL	
6.00am Long Play 7.30 Mega Babies 8.00 Godzilla 8.30 Mummies Alive 9.00 Pokémon 9.30 Pokémon 10.00 Pokémon 10.30 The Simpsons Text 11.00 World Wrestling Federation - Superstars 12noon The New Adventures of Superman Text 1.00pm Dream Team Text 2.00 Mega Babies 2.30 Godzilla 3.00 Mummies Alive <i>Ghouls' Gold</i> Scarab invokes gold miners. 3.30 Pokémon <i>Charmander - The Stray Pokémon</i> 4.00 Pokémon <i>Here Comes The Squirtle Squad</i> Team Rocket threatens Ash. 4.30 Pokémon <i>Mystery at the Lighthouse</i> The gang visits a lighthouse. 5.00 Star Trek Popular sci-fi action series in which a crew goes out into unexplored space seeking new life and having many strange adventures along the way. 6.00 Xena: Warrior Princess <i>Livia</i> Xena and Gabrielle finally escape their tombs of ice and immediately go in search of Eve. 7.00 The Simpsons <i>The Springfield Files</i> Extra-terrestrial encounters. Text 7.30 The Simpsons <i>Girly Edition</i> Bart tries to upstage Lisa. Text 8.00 The Best of Stargate SG-1 <i>Shades of Grey</i> O'Neill commits an indiscretion which jeopardises Earth's relations with its allies. Text 9.00 Good vs Evil <i>Wonderful Life</i> Blaming himself for the death of a young woman who'd just renounced him, Chandler leaves the Corps. 10.00 We Can Rebuild You The final programme revisits the patients whose bravery has pulled them through disaster, and the surgeons whose skill has rebuilt their damaged bodies. 11.00 America's Dumbest Criminals Robbers use identical IDs. Text 11.30 America's Dumbest Criminals An inept bank robber. Text 12midnight Star Trek 1.00am LAPD 1.30 LAPD 2.00 When Stunts Go Bad 1 Text 3.00 Busted on the Job Text 3.40 Forces of Nature Text 4.30 Manhunter 5.20 The Newlywed Game 5.40-6.00am The Newlywed Game	6.00am May to December 6.40 Bread Text 7.15 Birds of a Feather Text 7.50 Open All Hours 8.25 EastEnders Text 9.00 The Bill Text 9.30 The Bill Text 10.00 Bergerac 11.00 Knots Landing 11.55 Neighbours 12.25pm EastEnders Text 1.00 Ballykissangel 2.00 Knots Landing 3.00 The Bill <i>A Man Out Walking His Dog</i> A suicide looks suspicious. Text 3.30 The Bill <i>Hunt</i> Boyden and Beech clash. Text 4.00 EastEnders Grant finds Sharon and Michelle's tape recording. Text 4.35 Neighbours Lauren's religious devotion is starting to make things awkward. 5.00 May to December <i>Send in the Clouds</i> Alec makes a fool of himself. 5.40 Bread Carla Lane's popular sitcom about a Liverpool family of loveable rogues. Text 6.20 The Brittias Empire <i>Curse of the Tiger Women</i> Brittas decides he wants to celebrate the seventh anniversary of the sports centre. 7.00 The Good Life Tom and Barbara are paid a visit by the press. 7.40 Birds of a Feather <i>Getting a Grip</i> Sharon and Tracey enlist Dorian's help. Text 8.20 Open All Hours Sitcom about miserly shopkeeper Arkwright and his downtrodden nephew. Starring Ronnie Barker and David Jason. 9.00 Only Fools and Horses <i>Watching the Girls Go By</i> Rodney needs a girlfriend. 9.40 dinnerladies <i>Monday</i> Jean is catalogue shopping. 10.20 One Foot in the Grave <i>Alive and Buried</i> Sitcom about grumpy senior citizen Victor Meldrew. 11.00 Operation Good Guys <i>The Informant</i> The cops arrest the wrong guy. 11.40 The Bill <i>A Man Out Walking His Dog</i> Text 12.15am The Bill Text 12.45 Live at Jingleurs 1.20 Only Fools and Horses 2.00 One Foot in the Grave 2.35 Monty Python's Flying Circus 3.10 EastEnders Text 3.45 Dangerfield 4.40 Dynasty 5.30-6.00am Angels	6.00am Ready, Steady, Cook 6.30 Can't Cook, Won't Cook 7.00 Tiny Living 9.00 Brookside 9.30 Home and Away 10.00 The Jerry Springer Show 10.50 Forgive or Forget 11.40 Maury Povich 12.30pm Special Babies 1.00 Reality Slot 1.30 Judge Judy 2.00 Streetmate 2.30 Maury Povich Personal talk show. 3.20 Party of Five <i>Games People Play</i> Julia and Claudia are both trying to keep secrets from prospective boyfriends. Kristen tells Charlie something personal. 4.10 Mystic Challenge Paul Ross presents a gameshow that tests psychics. 4.40 Forgive or Forget Host Mother Love attempts to resolve real problems for people in various situations. 5.30 Ready, Steady, Cook Fern Britton hosts the cookery show in which two top chefs compete against the clock. 6.10 The Jerry Springer Show Outrageous American talk show in which Jerry Springer and his guests engage in lively and energetic discussions. 7.00 Judge Judy A New York judge presides over a series of real-life cases. 7.30 Streetmate Davina McCall tries to find dates for single people. 8.00 LA Doctors Drama series about a group of LA physicians who turn their backs on the corporate medical system and proceed to set up their own practice. 9.00 FILM: St Elmo's Fire <i>Rob Lowe, Demi Moore, Andrew McCarthy, Judd Nelson</i> Episodic drama following the experiences of seven recent college graduates coming to terms with adult life in their own very different ways. Love, money and morals are the central themes of the film. 1985 11.00 Secret Suburbia A look at seemingly ordinary suburban residents and their extraordinary lives. 11.30-12midnight Eden Adult series.	6.00am Hawaii Five-0 7.00 Plus on Plus 7.30 Jokers Wild 8.00 Hogan's Heroes 8.30 George and Mildred 9.00 Classic Coronation Street Text 9.30 Second Thoughts 10.00 Mission: Impossible 11.00 That's My Boy 11.30 Batman 12noon Classic Coronation Street Text 12.30pm Second Thoughts 1.00 George and Mildred 1.30 Robin's Nest 2.00 Hawaii Five-0 3.00 Mission: Impossible <i>The Rebel</i> Phelps poses as an archaeology professor and Dana as a student as the IMF goes to the aid of young guerrilla fighters. 4.00 The Sweeney <i>Night Out</i> Police drama series. There is a bank raid near a pub and a girl's room is used to smuggle equipment over the rooftops. 5.00 Hart to Hart <i>Slow Boat to Murder</i> Adventure-seeking husband and wife team Jonathan and Jennifer Hart solve crimes together in various exotic locations. 6.00 Bullseye Dart quiz show hosted by funnyman Jim Bowen. 6.30 Classic Coronation Street Audrey is in for a shock. 7.00 Batman <i>When the Rat's Away</i> The Mice Will Play 7.30 Robin's Nest <i>The Happy Hen</i> Seventies comedy. 8.00 Boon <i>A Night at the Ballet</i> An ex-fireman becomes the proud owner of a run-down Birmingham Hotel - and that's when the fun really starts. 9.00 The Sweeney <i>The Placer</i> Regan poses as a lorry driver so that he can uncover a ring of ruthless car thieves. 10.00-11.00pm Taggart <i>Murder in Season - Part II</i>	4.30am Pooh 4.45 Music Time 4.50 Rolie Polie Olie 5.00 Bear 5.25 Art Play 5.30 PB & J Otter 5.45 Bite Size 6.00 Toons 6.05 Circle Time 6.10 Rolie Polie Olie 6.20 Spot 6.30 Out of the Box 7.00 Mickey Mouseworks 7.30 101 Dalmatians 8.00 Aladdin 8.30 Recess 9.00 Art Attack 9.35 Sabrina 10.00 FILM: Song of the South: 1946 11.30 Miami 7 12noon Circus Kids 12.30pm Boy Meets World 1.00 FILM: H.E.Double Hockey Sticks 1999 2.30 Mickey Mouseworks 3.00 101 Dalmatians 3.15 100 Deeds for Eddie McDowd Eddie must repent. Text 3.45 The Famous Jett Jackson Jett wants a normal life. 4.15 Honey I Shrunk the Kids: The TV Show <i>Honey, I'm Going to Teach You a Lesson</i> Wayne becomes a teacher. Text 5.00 Recess Animated series about fourth grade kids. Text 5.30 Smart Guy <i>Dateline</i> TJ starts to feel jealous. Text 6.00 Teen Angel <i>The Un-Natural</i> Casey thinks he's skilful. Text 6.30 Home Improvement <i>Back in the Saddle Shoes Again</i> Text 7.00 FILM: Toothless <i>Kirstie Alley, Lynn Redgrave</i> When a dentist is killed in an accident, she's not allowed into heaven until she can show some human compassion and is appointed Tooth Fairy to prove her worth. Text 1997 8.25 Honey, I Shrunk the Kids: The TV Show <i>Honey, You'll Always Be a Princess to Me</i> Text 9.10 Flipper <i>Radio Free Flipper</i> Flipper and his friends turn out to be rock and roll fans when they hear music played on the radio and become enthusiastic. Text 10.00 Home Improvement Comedy double bill. Text 11.00 Touched by an Angel Text 11.50-12midnight Toons	6.00 AM MORNING 3.00 PM 4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00 NIGHT TIME
CABLE CHECK Some of the channels listed may not be available in your area			GRANADA MEN & MOTORS ACTION PACK 11.00pm SexTV Series devoted to exploring the world of adult movie making. 11.30 Sexy Shorts Late-night music show looking at cheeky and erotic videos. 12midnight G Spot Entertainment show which looks into the naughty side of life. 12.30am El Wild On... The Riviera Programme taking viewers on a tour of exotic locations. 1.20 Sexy Shorts Late-night music show. 1.50-2.00am Crash of the Titans	THE BOX MUSIC & GAMES PACK Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh - latest videos available; BOXTalk - unique interviews with artists/bands; Breakin' Out of THE BOX - videos tipped for the top. Plus weekly competitions. WEDNESDAY CONTINUES OVERLEAF...	

CABLE CHOICE

FILM

Enemy of the State
Sky Premier 8.00pm
An energetic conspiracy thriller from designer/director Tony Scott, this owes a great debt to Hitchcock's *North by Northwest*. A lawyer (Will Smith) is forced to run for his life after finding he has deadly evidence implicating a high-ranking security official in a murder.

GENERAL

We Can Rebuild You
Sky One 10.00pm
The concluding part of a compelling series about real-life body reconstructions after major limb injuries. Follow the fortunes of Gerry and his seven-year-old granddaughter six months after they were trapped in a gas explosion.

ADVERTISEMENT

UK STYLE



REAL

ROOMS 7.00PM

Simon Biagi and his team of designers and DIY experts are back with this popular interior makeover show. The emphasis however is still very much on the rooms of everyday people, and among the transformations carried out this month is a croupier's living room in Watford.

	EUROSPORT NEWS & SPORT/ SELECTION PACKS	SKY SPORTS 1 PREMIUM CHANNEL	SKY SPORTS 2 PREMIUM CHANNEL	SKY SPORTS 3 PREMIUM CHANNEL	SCI-FI ACTION PACK	MTV MUSIC & GAMES PACK
6.00 AM	7.30am Eurogoals 9.00 Free Climbing 9.30 Triathlon 10.00 Motorcycling 11.30 Mountain Bike 12.00 Sailing 12.30pm Golf Coverage of the Buick Open. 1.30 Equestrianism Action from the Samsung Nations Cup. 2.30 Tennis Coverage from the WTA Tournament in Montreal.	7.00am World Wrestling Federation - Metal 8.00 You're On Sky Sports! Football fans' opportunity to air their views on the sport. 9.00 Racing News 9.30 Aerobics Oz Style 10.00 Football Special 12.00 Ford Scottish Football: Dundee v Dundee United 2.00pm Football Special: How the Premiership Was Won - 96/97 Season Another opportunity to witness all the best moments from the 96/97 Premier League campaign.	7.00am Aerobics Oz Style 7.30 Racing News 8.00 Fastax 8.30 Horsepower 9.00 Motor Rally: London - Sydney Marathon 10.00 Premier Snooker League 12.00 Euro Seniors' Golf: Bad Ragaz PGA Seniors' Open 1.00pm LPGA Golf: du Maurier Classic	12.00 World Cup Showjumping: Grand Prix of Denver Top riders from around the world compete against the clock, and each other. 1.00pm Sports Unlimited A comprehensive look, with spectacular footage, at the world of alternative sports. 2.00 Big Fights: Sugar Ray Robinson	8.00am Buck Rogers in the 25th Century 9.00 Land of the Giants 10.00 Swamp Thing 10.30 Swamp Thing 11.00 The Six Million Dollar Man 12.00 Babylon 5 1.00pm Amazing Stories 1.30 Amazing Stories 2.00 Buck Rogers in the 25th Century	6.00am Select MTV All the action from yesterday's live show. 8.00 MTV Hits 9.00 Bytesize MTV 11.00 MTV Hits 12.30pm Richard Ashcroft Special NEW 1.00 MTV Hits 2.00 The Lick R&B Chart Show With Trevor Nelson.
3.00 PM			3.00 Golf Extra Dominik Hoyer hosts the show that keeps golf fans up-to-date with all the latest news from the major tours on the current golfing circuit. Including a look ahead to forthcoming events, behind the scenes features and interviews with the stars.	3.00 Football Special: How the Premiership Was Won - 96/97 Season A look back at the unforgettable 1996/97 Premier League season, focusing on the men who made the headlines.	3.00 Max Headroom The Blanks The cops begin to round up the people who have no computer records, then a computer failure occurs.	3.00 Bytesize MTV A window onto the world of music television, featuring all the highlights from MTV.
4.00 PM		4.00 Cricket: National Cricket League - Warwickshire v Middlesex - LIVE Ball-by-ball coverage of the latest Norwich Union National Cricket League Division Two encounter as Warwickshire face Middlesex at Edgbaston. Warwickshire are the favourites to reach the top flight this term but Middlesex have some quality players who are capable of upsetting the odds in this fixture.	5.00 World Wrestling Federation - Metal Catch the sport at its best, as Michael Cole and Kevin Kelly provide the news from the previous week.	5.00 A to Z of Motorsport 5.30 Euro Tour Weekly The essential guide to the latest golf tour news.	4.00 Land of the Giants The Inside Rail Fitzhugh leads his friends into danger because of his love of ponies.	3.55 MTV's Pop Single of the Week 4.00 Select MTV The viewers select the videos from the on-screen menu, and MTV plays them. Plus appearances from top pop guests.
5.00 PM	5.00 CART Highlights from the 13th round of the FedEx Championship Series in Ohio, USA.		6.00 Australian Rally Championships Action from the championships.	6.00 Sky Sports Centre The latest news from the world of sport.	5.00 Swamp Thing The Burning Times A woman arrives in town telling Will she is a witch.	
6.00 PM	6.00 Tennis - LIVE Coverage from the WTA Tournament in Montreal.	7.00 Boxing: Big Fight Countdown 7.30 Cricket: National Cricket League - Warwickshire v Middlesex - LIVE Further action as the Norwich Union Cricket League fixture between Warwickshire and Middlesex reaches the second session at Edgbaston.	6.00 The Winning Post: Epsom/Hamilton - LIVE The latest edition of the horse racing show focuses on the meetings at Epsom and Hamilton.	6.30 Rugby League World With all the latest rugby league developments from around the world, this is essential viewing for fans of the sport.	5.30 Swamp Thing Specter of Death 6.00 The Six Million Dollar Man The Deadly Test Steve attempts to find out who is behind a plot to kill a young trainee.	6.00 Bytesize MTV A constant barrage of bizarre moments from different MTV stations around the world in short soundbites.
7.00 PM			8.30 Golf Extra Action from the fairways.	8.00 Football Special: How the Premiership Was Won - 96/97 Season A look back at the unforgettable 1996/97 Premier League season, focusing on the men who made the headlines.	7.00 Amazing Stories Life on Death Row A murderer attains the power to heal by touch.	7.00 MTV Hits Uninterrupted music videos featuring the latest from the MTV play list plus a number of exclusives, and chart busting hits.
8.00 PM					7.30 Amazing Stories Thanksgiving 8.00 Quantum Leap Temptation Eyes Sam leaps into the body of a TV newsreader whose viewing figures have started to receive a boost.	8.00 The Lick R&B Chart Show Trevor Nelson with the hottest tracks from the UK R&B scene.
9.00 PM	9.30 Football Coverage of a friendly preparation match.				9.00 The Burning Zone On Wings of Angels An escapee from a California state prison is exposed to a deadly drug.	9.00 Ultrasound: Will Smith The MTV news team takes a look at the phenomenal rise to fame of the Hollywood icon.
10.00 PM		10.00 You're On Sky Sports! The programme that allows football fans to phone in about issues surrounding the game.	10.30 British Superbike: Knockhill Leg With just a handful of stages to go, the race for the British Superbike crown is heating up. Keith Huewen introduces the action from both races in the Knockhill leg.	10.00 Steve Davis and Friends: Barry McGuigan Snooker legend Steve Davis chats with boxer Barry McGuigan.	10.00 FILM: Shocker Mitch Pileggi, Peter Berg, Michael Murphy Horror directed by Wes Craven. A local TV repairman is sentenced to death by electric chair after a murder spree. However, the killer makes a pact with the devil and returns from the dead with special powers. 1989	10.00 The Tom Green Show 10.30 The Blame Game Former lovers try to apportion blame in court.
11.00 PM	11.00-12.30am Xtreme Sports YOZ Extreme sports action.	11.00 Boxing: Big Fight Countdown 11.30 Trans World Sport Sports news from across the globe. 12.30am Futbol Mundial A global view of the world game, with an insight into the best of the current action. 1.00 Rugby League World 2.30 Trans World Sport 3.30 You're On Sky Sports! 4.30-5.00am Boxing: Big Fight Countdown	12.30am Watersports World 1.30 Telegraph Action Sport 2.00 Wild Spirits News and action from the world of extreme sports. 2.30-4.30am British Superbike: Knockhill Leg	11.00-11.30pm Brian Moore Interviews: Charlie Mitten Stories about life as a footballer.	10.00 FILM: The Immortaliser Chris Crone Horror about a scientist who discovers a method of transplanting bodies. 1989 3.00-4.00am Babylon 5	11.00 The Late Lick Brand new videos, news and interviews with the heavyweights of the R&B scene, presented by Trevor Nelson. 12midnight Yo! Hip hop and rap show. 1.00am-6.00am Night Videos A selection of music videos throughout the night.
12.00						
NIGHT TIME						
	BRITISH SUPERBIKE: KNOCKHILL LEG SKY SPORTS 2 10.30PM, 2.30AM The little-known Knockhill circuit, near Dunfermline, Scotland, stages the eighth round in the 12-race series for the British Superbike Championship. The season, that began at Brands Hatch in March and climaxes in October at Donington, is being hotly contested. This proving ground for the international circuit is filled with hopefuls like Neil Hodgson (pictured) and John Reynolds, who holds the track record, which he set last year. 				PLAYBOY TV/ ADULT CHANNEL ADD-ON CHANNEL 10.00pm Freeview 10.06 Strip Search 11.15 Passion Cove 12midnight Freeview 12.10am The Sex Clinic with Dr Jenny Tulls 12.35 Adult Feature 1.05 FILM: Adult Feature 2.20 Panties 2.50-4.00am FILM: Cafe Fantasy Adult Nightview is now available as a TV on-demand service between 10.00pm and 4.00am at £4.95. See channel 50 for details	TELEVISION X ADD-ON CHANNEL 12midnight Ten Minute Preview 12.10 FILM: The Bottom Line 1.00 Five Minute Free View 1.05 FILM continues 1.20 FILM: Shayla Laveaux 2.30 FILM: Nudist Vacation 3.40-4.00am Women in Uniform Adult Nightview is now available as a TV on-demand service between 12midnight and 4.00am at £4.95. See channel 50 for details

VHI MUSIC & GAMES PACK	ANIMAL PLANET WORLD PACK	 <i>The Nosh Brothers in 'Red Hot 'n' Smokin''. Carlton Food Network 9.00am, 3.00pm</i>	UK STYLE LIFESTYLE PACK	UK HORIZONS WORLD/ ACCESS PACKS	CARLTON FOOD NETWORK LIFESTYLE PACK	
6.00am Power Breakfast 8.00 Pop-Up Video 9.00 Elvis in Memphis 10.00 Elvis in Hollywood 11.30 Ed Sullivan's Rock'n'Roll Classics: Elvis Presley 12noon Elvis The Great Performances 2.00pm FILM: Elvis: The Movie Kurt Russell, Shelley Winters, Pat Hingle The dramatised story of the life of Elvis Presley, probably the most popular entertainer in music history. The film traces his rise from poverty to wealth and from his childhood to his unparalleled worldwide popularity, ending on his 1969 Las Vegas comeback concert. 1979	12noon Croc Files 12.30pm Going Wild with Jeff Corwin <i>Khao Yai, Thailand</i> 1.00 Aspinall's Animals <i>Eye of the Tiger</i> Profile of a zoo. 1.30 Aspinall's Animals <i>The Tale of Three Elephants</i> 2.00 Pet Rescue 2.30 Kratt's Creatures <i>Koalas and Wombats</i>	ITV2 ACCESS PACK	7.00am Style World 7.30 Holiday Swaps 8.00 Ready, Steady, Cook 8.30 Can't Cook, Won't Cook 9.00 Changing Rooms 9.30 Real Rooms 10.00 Change That 10.30 A Room with a Clue 11.00 Home Front 12noon Good Living 12.30pm Style Challenge 1.00 Gary Rhodes 1.30 Ready, Steady, Cook 2.00 BBC Gardener of the Year 2.30 Garden Stories	7.00am Tomorrow's World Plus 7.50 Future Fantastic 8.20 Future Fantastic 8.50 Vets to the Rescue 9.20 Tomorrow's World Plus 10.15 The Wolf Man 11.15 Top Gear GTI 12.15pm The Builders 12.45 The Builders 1.15 Passport to the Sun 1.45 Love, Lies and Bigamy 2.45 The Visit <i>Rebecca's Secret</i> Rebecca's world was shattered when she discovered that her entire family were infected with HIV.	7.00am Tessa's Tastebuds 7.30 Kitchen College 8.00 Food Network Daily 8.45 Quick Cooks 9.00 Red Hot 'n' Smokin' 9.30 Classic Dishes 10.00 Cocktail Challenge 10.30 A Year at Ballymaloe 11.00 Flash in the Pan 11.30 Chef for a Day 12noon Four Burners and a Grill 12.30pm The Spice Trail 1.00 Kitchen College 1.30 Spice World 2.00 Food Network Daily 2.45 Quick Cooks	6.00 AM MORNING 3.00 PM 4.00 PM 5.00 PM 6.00 PM
5.00 Elvis in Memphis David Hepworth takes a trip to Memphis in Tennessee to trace the roots of the superstar. 6.00 Elvis in Hollywood A profile of Elvis at the height of his Hollywood fame in the four films he made in the 1950s, using archive footage. 7.30 Ed Sullivan's Rock'n'Roll Classics: Elvis Presley The King captured at his best performing live. 8.00 Elvis One Night with You NEW Featuring rare footage of Presley at a unique concert recorded for Presley's critically-acclaimed 1968 television comeback special. 9.30 Ed Sullivan's Rock'n'Roll Classics Elvis performing live. 10.00 FILM: Elvis the Movie Kurt Russell, Shelley Winters, Pat Hingle The dramatised story of the life of Elvis Presley, probably the most popular entertainer in music history. The film traces his rise from poverty to wealth and from his childhood to his unparalleled worldwide popularity, ending on his 1969 Las Vegas comeback concert. 1979 1.00am Storytellers: Elton John All of Elton's hits. 2.00 VH1 Flipside 3.00-6.00am VH1 Late Shift	3.00 K-9 to 5 Series profiling the good work that dogs do around the world. 3.30 K-9 to 5 More amazing canines. 4.00 Animal Planet Unleashed Howie Watkins presents the animal magazine. 4.30 Croc Files With Steve and Terri Irwin. 5.00 Pet Rescue Follow the RSPCA as they rehabilitate animals. 5.30 Going Wild with Jeff Corwin <i>Khao Sok, Thailand</i> 6.00 The Aquanauts Series exploring aquatic landscapes and creatures. 6.30 Croc Files Wildlife series aimed at young animal-lovers. 7.00 Cousins Beneath the Skin <i>Ntlohi, the Political Animal</i> The story of a chimpanzee leader who ruled using violence and diplomacy. 8.00 Wild Rescues Incredible tales of people saving animals – and animals saving people. 8.30 Wild Rescues More tales of bravery. 9.00 Crocodile Hunter <i>Outlaws of the Outback</i> The threat posed to indigenous Aussie wildlife by introduced species. 10.00 Hunters <i>Savage Pack</i> Animal survival strategies, focusing on wild dogs, who are among the most formidable predators. 11.00 Animal Emergency A look at daily life at a British veterinary practice. 11.30-12midnight Animal Emergency	4.00pm Trisha A double bill of heartwarming and hair-raising true stories with Trisha Goddard and a studio audience. Text 6.00 The Extremists Extreme sports. 6.30 Dealer's Choice An offbeat look at the world of buying used cars, including experts' advice. 7.00 Rugby World Sevens Champions Fiji defend their title as 10 teams battle it out to become 2000 World Champions. 8.00 Sunset Beach Eddie hides the briefcase full of jewels, while Mark learns that Meg is trying to contact Ben again. 8.50 Chart Choice 9.00 Bad Girls A case of mistaken identity leads to a series of violent incidents when an HIV-positive prisoner is brought to Larkhall. 10.00 Coronation Street Catch up on tonight's episode from ITV. Text 10.30 Emmerdale Tonight's episode. Text 11.00 The Jerry Springer Show More outrageous revelations and confrontations. 11.50 The Late Show with David Letterman Top-rated chat show with host and humorist and celebrity guests. 12.40am Freaky Stories Ghoulish animation. 12.50 The Extremists 1.20-1.50am Dealer's Choice	3.00 Ground Force <i>North Baddersley</i> 3.30 Front Gardens John Brookes takes up the challenge to give a new look to a 1930s semi. 4.00 Stefan's Garden Roadshow Help and advice on gardening dilemmas. 4.30 Good Living Lifestyle series. 5.00 Can't Cook, Won't Cook Cookery challenge. 5.30 Changing Rooms Down Under Interior makeover show. 6.00 Antiques Roadshow US The US version of the popular BBC series, this edition comes from Minneapolis, Minnesota. 7.00 Real Rooms <i>Bath School</i> 7.30 Change That The interior design roadshow goes to Ragley Hall in Warwickshire. 8.00 Style Challenge People get the makeover of their dreams. 8.30 A Room with a Clue Quiz show with Fi Glover. 9.00 Your Money or Your Life Financial advice. 9.30 The House Doctor Real estate hints. 10.00 The House Doctor Home improvement series. 10.30 House Invaders More homes get given a cost-free facelift. 11.00 Learn to Garden with Stefan Buczacki Lessons in fundamental gardening skills. 11.30 Ground Force 12midnight Gardeners' World Britain's best-loved gardening show returns. 12.30am-1.00am Stefan's Garden Roadshow Stefan Buczacki offers more help and advice on gardening dilemmas.	3.45 Vets to the Rescue 4.20 Animal Hospital Action from the 24-hour RSPCA Harmsworth Hospital for Sick Pets. 4.50 Zoo A behind-the-scenes tour of London Zoo and Whipsnade Park. 5.25 What Went Wrong? Worldwide disasters. 5.55 Airport Behind the scenes at the world's busiest airport. 6.25 Passport to the Sun A look at life in Majorca. 6.55 Crime Squad Crime investigation series. 7.30 Meet the Ancestors A couple discover that their home is built over a 5th-century graveyard. 8.00 Animal Hospital Presented by Rolf Harris. 8.30 What Went Wrong? More worldwide stories of disaster and destruction. 9.00 Airport Behind the scenes at the world's busiest airport. 9.35 Jobs for the Boys Hale and Pace learn what it takes to succeed in a variety of challenging roles. 10.35 Arnold Schwarzenegger Film paying tribute to and tracing the life of one of cinema's superstars. 11.35 Paddington Green West London docu-soap. 12.05am-1.00am Hollywood Women	3.00 Red Hot 'n' Smokin' 3.30 Tessa's Tastebuds <i>Beetroot, Radish and Horseradish</i> 4.00 A Year at Ballymaloe 4.30 Classic Dishes Top chefs demonstrate the cooking of classic dishes. 5.00 A to Z of Food and Beauty 5.30 Four Burners and a Grill 6.00 Coxon's Kitchen College 6.30-7.00pm Celebrations NATIONAL GEOGRAPHIC CHANNEL FAMILY PACK 7.00pm Wild Horses of Namib A look at the desert horses of Africa's Namib Desert. 7.30 Race for the Palio 8.00 Barefoot Cowboys of Colombia The cowboys of the Orinoco River Basin. 8.30 Head-Smashed-In Buffalo Jump 9.00 Under Fire A scientific look at the nature of fire, exploring whether better knowledge of this phenomenon could save lives. 10.00 Danger: Quicksand Meet the survivors and the relatives of victims who have encountered this terrifying force of nature. 11.00 Blind Leading the Blind Four Aussie backpackers, two of them almost blind, retrace the footsteps of World War II soldiers. 12midnight Shola: India's Jungle of Rain A fascinating facet of India's natural splendour. 12.30am-1.00am Little Love Stories A look at the relationship between insects and plants.	7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00 PM NIGHT TIME
CHALLENGE TV MUSIC & GAMES PACK		DISCOVERY HOME & LEISURE WORLD PACK		RAPTURE BONUS CHANNEL	LOCAL CHANNEL ACCESS PACK	
5.00pm Cross Wits 5.30 Sale of the Century 6.00 Family Fortunes 6.30 100% 7.00 Stars in Their Eyes Hosted by Matthew Kelly. 7.30 Beadle's About 8.00 Gladiators 9.00 Whittle 9.30 Strike it Lucky 10.00 Sale of the Century Presented by Keith Chegwin. 10.30 Family Fortunes 11.00 Stars in Their Eyes	11.30 Winner Takes All 12midnight Beadle's About 12.30am Gladiators 1.30 The Cooler With Donna Air. 2.00 Karaoke Challenge Yvette Fielding hosts the karaoke contest. 2.30 3-2-1 3.30 The Krypton Factor 4.00 Say the Word 4.30 Whittle 5.00-6.00am Shopping with Screenshop	6.00am The Joy of Painting 6.30 Bloom 7.00 Garden Rescue 7.30 Doing it Up 8.00 How to with B & Q 8.05 The House Doctor 8.35 Our House Down Under 9.05 The Joy of Painting 9.35 Bloom 10.05 How to with B & Q 10.10 Garden Rescue 10.40 Two's Country 11.10 Model Magic	11.40 Home Savvy 12.10pm How to with B & Q 12.15 Hometown 12.45 This Old House 1.15 Home Again with Bob Vila 1.45 Wood Wizard 2.15 How to with B & Q 2.20 New Yankee Workshop 2.50 Mod Cons 3.20 Rex Hunt Fishing Adventures 3.50-4.00pm How to with B & Q	10.00am Mountain Bikes 10.30 Fearless 11.00 Freesport Special 11.30 Byte Me 12noon FILM 1.00pm World Wind Surf 1.30 Fearless 2.00 Chilli Factor 2.30 Adrenalize 3.00 High Adrenaline Action 3.30 Byte Me 4.00 Mountain Bikes 4.30 Fearless 5.00 Freesport Special 5.30-6.00pm Byte Me	6.00pm LLTV - Local Life A daily magazine programme featuring local news, events and lifestyle features. 6.30 What's On TV 7.00 LLTV - Local Life 7.30 YCTV Programmes made by the stars of tomorrow featuring the stars of today. 8.00 Student Showcase 8.30 What's On TV 9.00-9.30pm LLTV - Local Life	

CABLE CHECK
Some of the
channels
listed may not be
available in your area

UK PLAY:
1.00 Shooting Stars 1.30 Reeves
and Mortimer 2.05 Vic Reeves
2.35 We Are History 2.50 Anthems
3.20 Soundtrack 3.50 Dream
Performances 4.15 Chris Moyles
4.40 Footage and Mouth 4.55 Phil
Kay 5.20 Cherry Pop 5.35 Sound
of Play 6.30-7.00am Phone Zone

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME

CARTOON NETWORK FAMILY PACK

5.00am Flying Rhino Junior High
6.00 Fat Dog Mendoza
7.00 Tom and Jerry
8.00 Mission Impossible-Doo
10.00 FILM: Scooby-Doo and the Arabian Nights
Animated fantasy. 1994
12noon-8.30pm Mission Impossible-Doo



FRED
Full name: Fred Jones
Age: 16
Hair: Blond
Dress: White sweater, red scarf, blue trousers, brown monkstrap shoes
Occupation: Leader of the pack
Likes: Inventing gadgets, piecing together a mystery before it is solved
Dislikes: Getting tricked by villains
Favourite Phrases: 'Let's split up gang.' 'I guess that wraps up another mystery.' 'Here's our plan.'

8.30-9.00pm
FILM: Scooby-Doo and the Arabian Nights
Animated fantasy. 1994

TCM FAMILY PACK

9.00pm Torpedo Run
Glenn Ford, Ernest Borgnine, Diane Brewster
World War II naval drama. The commander of an American submarine becomes obsessed with destroying the Japanese aircraft carrier which was responsible for the deaths of his wife and child. 1958
10.55-1.00am
Brainstorm
Natalie Wood, Christopher Walken, Louise Fletcher
Science fiction thriller. Widescreen 1983

CARTOON NETWORK:
1.00am The Moomins 1.30 The Magic Roundabout
2.00 Tabaluga 2.30 Blinky Bill 3.00 The Tidings 3.30 The Fruitties 4.00 The Moomins 4.30-5.00am The Magic Roundabout

THE HISTORY CHANNEL WORLD PACK

12noon The End of the World
12.55pm Photos for the Future II
1.00 Crown and Country
1.30 Gardens of the Millennium
2.00 Biography
2.55 A Small Piece of History
3.00 World War I
3.30 Kill Hitler
4.00 Occult History of the Third Reich

5.00 Tales of the Gun
6.00 Forbidden City
6.55 Photos for the Future II
7.00 Crown and Country
7.30 Gardens of the Millennium
8.00 Biography
8.55 A Small Piece of History
9.00 Great Crimes and Trials
John Dillinger
9.30-10.00pm Great Crimes and Trials

NICKELODEON FAMILY PACK

7.00am Transylvania Pet Shop
7.30 Transylvania Pet Shop 8.00 Ren and Stimpy 8.30 Ren and Stimpy 9.00 Kenan and Kel 9.30 Kenan and Kel 10.00 Sister Sister 10.30 Sister Sister 11.00 Cousin Skeeter 11.30 Cousin Skeeter 12noon Rugrats 12.30pm Rugrats 1.00 The Wild Thornberrys 1.30 The Wild Thornberrys 2.00 The Wild Thornberrys 2.30 The Wild Thornberrys

3.00 The Wild Thornberrys
Animated jungle capers.
3.30 The Wild Thornberrys
Animated jungle capers.
4.00 Kenan and Kel
The adventures of two funky friends.

4.30 Kenan and Kel
With KenanThompson and Kel Mitchell.
5.00 Sabrina the Teenage Witch
5.30 Sabrina the Teenage Witch
6.00 Are You Afraid of the Dark?
6.30-7.00pm Are You Afraid of the Dark?

PARAMOUNT COMEDY CHANNEL FAMILY PACK

7.00pm Grace Under Fire
7.30 King of Queens
Rayny Day
8.00 Ellen
Alone Again Naturally
8.30 Just Shoot Me
How Nina Got Her Groove Back
Nina gets into a fight.
9.00 Married... With Children
You Better Watch Out
9.30 Spin City
A Star is Born
Ashley seeks TV stardom.
10.00 Frasier
How to Bury a Millionaire
Niles drives Frasier crazy when he stays with him.
10.30 Harry Hill
Surreal comedy.
11.00 Jack Dee
Stand-up comedy.
11.30 Cheers
Uncle Sam Wants You
Sam looks for someone who will bear his child.
12midnight Roseanne
12.30am Clive Anderson
Talks Back 1.10 NewsRadio
1.40 Whose Line is it Anyway? 2.10 Dressing for Breakfast 2.40 Desmond's
3.10 It's Garry Shandling's Show
3.40 Rex the Runt
3.50-4.00am Rex the Runt

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TV TRAVEL SHOP BONUS CHANNEL

A total travel service in your own home. Video brochures give a guided tour of resorts around the world, with regular bulletins and programmes featuring late holidays and special offers. Viewers can then book holidays 24-hours-a-day, seven-days-a-week, by calling 0870 60 60 747. For more information and full listings turn to TV Travel Shop Text, from page 200.

FOX KIDS FAMILY PACK

6.00am Oggy 6.10 Bad Dog 6.30 Bobby's World 6.55 Jim Button 7.15 Walter Melon 7.40 Inspector Gadget 8.00 Oggy 8.10 Biker Mice 8.30 Dennis 8.55 Sailor Moon 9.40 Digimon 10.00 Power Rangers 10.20 Monster Rancher 10.45 Masked Rider 11.05 X-Men 11.30 Spy Dogs 11.50 Ace Ventura 12.15pm Walter Melon 12.35 Inspector Gadget 1.00 Woody 1.10 Casper 1.30 Donkey Kong 1.55 Dennis 2.20 Life with Louie 2.40 Princess Sissi

3.00 Princess Starla and the Jewel Riders
3.20 Sailor Moon
Cult Japanese cartoon.
3.45 Mighty Morphin' Power Rangers
Live-action adventures.
4.05 Mighty Morphin' Power Rangers
4.30 Digimon
4.50 Masked Rider
The adventures of a teenage alien superhero.

5.15 Monster Rancher
5.35 Biker Mice from Mars
Heroic rock'n'roll rodents.
6.00 The New Addams Family
6.25 Casper
6.35-7.00pm Goosebumps

SHOP! LIFESTYLE/ SELECTION PACKS

6.00am Shop! Selection
7.00 Home Shop!
8.00 Entertainment Shop!
A selection of home entertainment equipment.
9.00 Jewellery Shop!
10.00 Sports Shop!
10.30 Kids Shop!
11.00 Home Shop!
12noon Shop! Outlet
1.00pm Shop! Special
Another opportunity to view some best-selling items.
2.00 Shop! Selection
3.00 Entertainment Shop!
4.00 Jewellery Shop!
5.00 Shop! Preview
6.00 Shop! Selection
7.00-7.30pm Home Shop

GMTV 2 ACCESS PACK

GMTV2 offers pre-school and lifestyle shows between 6.00am and 9.25am. Weekdays: The News Hour at 6.00am followed by children's shows. Saturdays: Children's programming and a round-up of the week's news in The Review. Sundays: Highlights include a Pokémon triple bill and The Review.

QVC LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day - so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Fashion at 11.00am.

NEWS AND INTERNATIONAL

BBC NEWS 24 NEWS & SPORT/ ACCESS PACKS

6.00am News 7.00 News
8.00 News 9.00 News 9.30 World News 10.00 News
11.00 News 12noon News
1.00pm News 2.00 News
3.00 News 4.00 News 5.00 News 6.00 News 7.00
News 7.30 Sportsday 8.00 News 9.00 News 9.30
HARDtalk 10.00 News
11.00 News 11.30 World Business Report
12midnight News 1.00am News 2.00 News 2.30
World Business Report
3.00 News 3.30 HARDtalk
4.00 News 4.45 Asia Today
5.00-6.00am News

CNN INTERNATIONAL NEWS & SPORT PACK

News throughout the day, plus:
5.00am This Morning 5.30 World Business 6.00 This Morning 6.30 World Business 7.00 This Morning 7.30 World Business 8.00 This Morning 8.30 Sport 9.00 Larry King 10.30 Sport 11.30 Biz Asia 12.30pm World Beat 1.15 Asian Edition 1.30 World Report 2.30 Showbiz Today 3.00 Business Unusual 3.30 Sport 4.30 Style 5.00 Larry King Live 7.30 World Business Today 8.30 Q&A 9.30 Insight 10.00 World Business Today 10.30 Sport 11.00 World View 11.30 Moneyline 12.30am Showbiz Today 1.00 Morning 1.15 Asia Business 1.30 Asian Edition 1.45 Asia Business 2.00 Larry King 4.30-5.00am American Edition

SKY NEWS NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus:
6.00am Sunrise 10.30 Sky World News 11.30 Money 12noon Sky News Today 2.30pm Your Call 3.00 Sky News Today 4.30 Sky World News 5.00 Live at Five 8.30 Sky Business Report 9.30 The Book Show 10.00 Sky News at Ten 10.30 Sportsline 12.30am CBS Evening News 1.30 Your Call 2.30 Sky Business Report 3.30 Technofilextra 4.30 Fashion TV 5.30-6.00am CBS Evening News

INTERNATIONAL

TV5 5.00am Journal 5.15 Journal des Journaux 5.30 Télématin et le Journal du Temps 7.00 Journal 7.30 Magellan 8.00 Infos 8.05 Zig Zag Café 9.00 Journal Télévisé 9.15 Police Judiciaire 11.00 Infos 11.05 100% Questions 11.30 Journal 12noon Infos 12.05pm Le Temps Présent 1.00 Journal Télévisé 1.15 Police Judiciaire 3.00 Journal Télévisé 3.15 Questions 3.30 Grands Gourmands 4.00 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal Télévisé 5.15 Police Judiciaire 7.00 Journal Télévisé 7.30 Journal Télévisé et le Journal du Temps 8.00 Infos 8.05 Pulsations 9.00 Journal Télévisé 9.15 Fiction: Mademoiselle O 11.00 Le Journal 11.30-12midnight Soir 3

ASIANET ADD-ON CHANNEL CABLE EXCLUSIVE

7.30am DD News 8.00 DD Programmes 9.00 FILM 11.30 News 12noon Non Stop Hungama 12.30pm Suzhal 1.00 Sansar 1.30 FILM 4.00 Inspector Vijay 4.30 Kakaji Kahen 5.00 Is Hafte Ki Kahani 5.30 Eik Raat 6.30 Asianet Aur Aap 7.15 Sansar 7.40 News 8.00 Aarzo 8.30 FILM 11.30 News 12midnight MTV Fresh 12.30am Asianet Aur Aap 1.15 FILM 4.00 Aainey 5.00 Sansar 5.30 Nashaib 6.00 Inspector Vijay 6.30 DD News 7.00-7.30am Satsang Sudha

ZEE TV ADD-ON CHANNEL

6.00am Out and About 6.30 Bhakti Songs 7.00 Faith: Christianity 7.30 Daily News 8.00 Gufftugu 8.30 Kartavya 9.00 Rishitey the Love Stories 10.00 Rasm E Ashnai 11.00 Khoobsurat 11.30 Aangan 12noon FILM 3.00pm Yeh Hain Mere Apne 3.30 Footloose 4.00 Kartavya 4.30 Alvida Darling 5.00 Muskan 5.30 Aangan 6.00 Sa Re Ga Ma 7.00 Lakeerein 7.30 Saath Saath 8.00 News Bulletin 8.30 Amanat 9.00 Tum Hi To Ho 10.00 Thriller at 10 10.30 Nagin 11.00 Agni Chakra 11.30 Making of a Legend 12midnight Punjabi News 12.30am FILM 3.30 Hum Paanch 4.00 Daraar 4.30 Campus 5.00 Filmi Deewane 5.30-6.00am Hit Thi Hit Hai

CHRISTIAN CHANNEL EUROPE WORLD PACK

5.00am CMTV 5.30 Gospel Truth - Andrew Wommack 6.00 Life is for Living 6.30 Changing Your World 7.00 Believers' Voice of Victory 7.30 This is Your Day 8.00 CMTV 8.20 Thought for the Day 8.30 Life in the Word 9.00 Winning in Life 9.30 Winning Ways - Matthew Ashimolowo 10.00 Deciding Your Destiny 10.30-11.00am 700 Club Replay

BLOOMBERG WORLD PACK

2.00am Asian Market Report 2.45 Focus on Eastern Europe 3.45 Kavanagh's Picks 5.05-6.00am Tokyo Live

BBC PARLIAMENT NEWS & SPORT PACK

4.45pm-3.00am Democratic Party Convention
Live coverage from the US Democratic Party convention in Los Angeles.

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£30,000	244.41	297.89	374.21			
£20,000	162.94	198.59	249.47			
£50,000	439.08	524.05	648.75	1051.66	398.50	9.9%
£30,000	263.45	314.43	389.25	631.00	239.10	
£25,000	219.54	262.03	324.38	525.83	199.25	
£20,000	175.63	209.62	259.50	420.67	159.40	
£17,000	165.64	192.37	233.41	368.95	154.70	11.4%
£15,000	146.16	169.74	205.95	325.54	136.50	
£12,000	116.93	135.79	164.76	260.44	109.20	
£10,000	97.44	113.16	137.30	217.03	91.00	
£8,500	91.27	103.53	123.32	190.27	86.96	12.9%
£7,500	80.53	91.35	108.81	167.89	76.73	
£6,000	64.43	73.08	87.05	134.31	61.38	
£5,000	53.69	60.90	72.54	111.93	51.15	

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**YELLOW
PAGES**



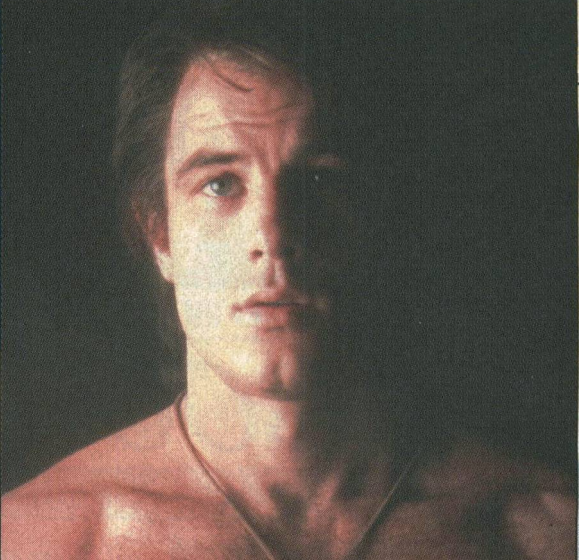
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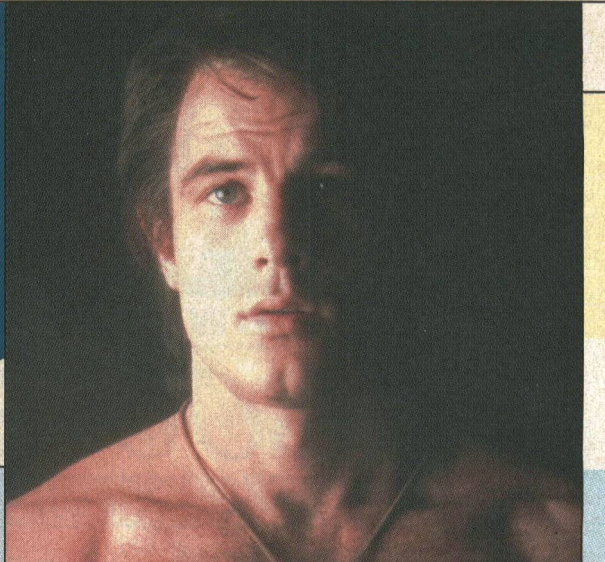


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	SKY PREMIER PREMIUM CHANNEL	SKY MOVIE MAX PREMIUM CHANNEL	MOVIE RATINGS	
6.00 AM	6.00am The Alamo: 13 Days to Glory 1987, rating Sky PG, 160 mins 8.45 Kid Cop 1996, rating Sky U, 89 mins 10.45 Cop and a Half 1993, rating Sky PG, 89 mins 12.30pm The Legend of Cryin' Ryan 1998, rating Sky PG, 89 mins 2.15 The Second Jungle Book: Mowgli and Baloo Jamie Williams, Roddy McDowall Family adventure. A jungle boy gets to civilisation pursued by a circus scout. He hires a local grandee to help find the boy, but it turns out the jungle boy is the bigwig's nephew. Text 1997, rating Sky PG, 86 mins	6.00am A Time to Heal 1994, rating Sky PG, 90 mins 8.00 Dance 'til Dawn 1988, rating Sky PG, 92 mins 10.00 Special Delivery 1999, rating Sky PG, DS, 95 mins 12noon Medicine River Graham Greene, Sheila Tousey 1993, rating Sky PG, DS, 96 mins 2.00pm A Time to Heal Nicollette Sheridan, Gary Cole Emotional drama based on a true story. A woman suffers a stroke just before giving birth. Although the baby is fine, she is confined to a wheelchair and her husband is forced to juggle his career with the responsibilities of being a father. 1994, rating Sky PG, 90 mins	Sky U: Suitable for viewing by all Sky PG: Parental Guidance suggested Sky 12: Suitable for viewers aged 12 years and over Sky 15: Suitable for viewing by people of 15 years or over Sky 18: Suitable for viewing by adults only Text: film is subtitled on page 888 of Fastext Widescreen: shown in cinema (letterbox) format	
3.00 PM			SKY CINEMA PREMIUM CHANNEL	
4.00 PM	4.00 Kid Cop Alexandra Paul, Edward Albert, Cindy Pickett, Tim Thomerson Action adventure. A ten-year-old boy's obsession with detective work plunges him into danger when a local shop is burgled. The police treat it as a minor incident but his intuition tells him it is something more serious and sets out to uncover the truth. 1996, rating Sky U, 89 mins 6.00 Cop and a Half Burt Reynolds, Ruby Dee, Norman D Golden II Family comedy. An eight-year-old kid, who wants to be a cop, witnesses a serious crime and refuses to disclose any of the details to the police unless they allow him to join in with the case - complete with his own badge and regulation handcuffs. 1993, rating Sky PG, 89 mins 8.00 A Perfect Murder Michael Douglas, Gwyneth Paltrow, Viggo Mortensen Thriller. A businessman learns that his wife is having an affair with an artist, who was convicted of defrauding rich women. He makes an intriguing proposal to the artist: he will give him half a million dollars in exchange for murdering his wife. Text 1998, rating Sky 15, 103 mins 10.00 Lock, Stock and Two Smoking Barrels Jason Fletmyng, Nick Moran, Dexter Fletcher, Vinnie Jones Crime drama. Owing big money to a local gangster, a quartet of Cockney wide boys plan to filch the necessary funds from their drug-dealer neighbours. Text 1998, rating Sky 18, 103 mins 11.50 Pecker Edward Furlong, Christina Ricci Comedy. 1998, rating Sky 15, DS, 83 mins 1.20am Lord of the Flies 1990, rating Sky 15, 87 mins 2.50 Dying Young 1991, rating Sky 15, 107 mins 4.45-6.30am The Second Jungle Book: Mowgli & Baloo 1997, rating Sky PG, 86 mins	4.00pm Wild River Montgomery Clift, Lee Remick Drama. A field administrator goes to a rural town to oversee the building of a dam and encounters opposition from the local people. He then has to coax them out of their valley before it is flooded. However, one elderly resident refuses to move out of town. 1960, rating Sky PG, 105 mins 6.00 Soldier of Fortune Clark Gable, Susan Hayward, Gene Barry, Alex D'Arcy Adventure set in China. A man is arrested by the Chinese government on trumped-up charges and his wife is willing to use any means possible to rescue him. This means recruiting a mysterious man, thought to be a bandit. 1955, rating Sky PG, 92 mins 8.00 Once Around Richard Dreyfuss, Holly Hunter Romantic comedy. A woman who feels that she has failed in her life and her career finds the antidote for her feelings of failure in the form of a flamboyant salesman. But the very traits which she finds romantic in him lead to bitter conflict between her and her family. 1991, rating Sky 15, DS, 110 mins 10.00 State of Grace Sean Penn, Ed Harris, Gary Oldman, Robin Wright Crime drama. An undercover cop returns home after a ten year absence to infiltrate an organised crime syndicate presided over by his childhood friend. He also reunites with an old flame - his friend's sister - and is torn between his loyalty to his friends and his loyalty to others. 1990, rating Sky 18, DS, 128 mins 12.15am First Monday in October Walter Matthau, Jill Clayburgh 1981, rating Sky 15, 95 mins 1.55 Once Around Holly Hunter, Richard Dreyfuss 1991, rating Sky 15, DS, 110 mins 3.50 Soldier of Fortune 1955, rating Sky PG, 92 mins 5.30-6.00am Dean Martin		
5.00 PM			FILMFOUR ADD-ON CHANNEL	Create your own personal TV diary: www.cableguide.co.uk
6.00 PM			6.00pm Manon Des Sources Emmanuelle Béart, Yves Montand, Daniel Auteuil Conclusion to the story begun in Jean De Florette. It sees the young girl transformed into a beautiful shepherdess who learns the truth behind her father's untimely death and seeks out those responsible. 1986, 113 mins 8.00 Austin Powers: International Man of Mystery Mike Myers, Liz Hurley Comedy. A sex-mad British secret agent, cryogenically frozen in the Sixties, is woken up 30 years later to face his arch nemesis and his dwarfish doppelgänger of a sidekick who are holding the world hostage. 1997, 91 mins 10.00 Bedazzled Peter Cook, Dudley Moore, Eleanor Bron, Raquel Welsh Comedy. A cook falls head over heels in love with a waitress. About to commit suicide, he is approached by the devil who offers him seven wishes to aid his amorous pursuit in exchange for his soul. Text 1967, 99 mins 11.50 The Graduate Dustin Hoffman, Anne Bancroft Classic drama. A young college leaver is seduced by a close family friend. Text 1967, 101 mins 1.35am Action, Verite Short film. 1994 1.40 Cold Water Drama. 1994, 90 mins 3.15-6.00am Nenette et Boni Drama. 1996, 103 mins	CARLTON CINEMA LIFESTYLE PACK 7.00pm Betty Grable: Behind the Pin-Up A look at the life and career of Betty Grable, the biggest box office star of the 1940s and a World War II pin-up. 8.00 Down Argentine Way Don Ameche, Betty Grable, Carmen Miranda Musical. An American heiress, who collects horses for a hobby, meets and falls in love with a very rich racehorse breeder while holidaying in Argentina. The trouble is the fact that an age-old feud between their two families looks set to keep them apart. Text 1940, 90 mins 10.00 Midnight Express Brad Davis, Irene Miracle, Bo Hopkins, Randy Quaid Drama. A young American tourist is arrested for drug smuggling and thrown into a brutal Turkish prison run by a sadistic commander. Although the sentence for this crime is normally four years, the government decides to make an example of him. 1978, 120 mins 12.15am The House of 1000 Dolls Thriller. 1967, 83 mins 1.45 A Streetcar Named Desire Drama. 1984, 124 mins 3.45 Lucky Lady Comedy drama. Widescreen 1975, 113 mins 5.45-7.00am Indiscretion of an American Wife Melodrama. 1953, 87 mins
7.00 PM				
8.00 PM				
9.00 PM				
10.00 PM				
11.00 PM				
NIGHT TIME				



Brad Davis experiences hell on earth in a Turkish prison in 'Midnight Express'. Carlton Cinema 10.00pm

FILMFOUR ADD-ON CHANNEL

6.00pm
Manon Des Sources
Emmanuelle Béart, Yves Montand, Daniel Auteuil
Conclusion to the story begun in Jean De Florette. It sees the

young girl transformed into a beautiful shepherdess who learns the truth behind her father's untimely death and seeks out those responsible. 1986, 113 mins
8.00 **Austin Powers: International Man of Mystery**
Mike Myers, Liz Hurley
Comedy. A sex-mad British secret agent, cryogenically frozen in the Sixties, is woken up 30 years later to face his arch nemesis and his dourish doppelgänger of a sidekick who are holding the world hostage. 1997, 91 mins

10.00 **Bedazzled**
Peter Cook, Dudley Moore, Eleanor Bron, Raquel Welsh
Comedy. A cook falls head over heels in love with a waitress. About to commit suicide, he is approached by the devil who offers him seven wishes to aid his amorous pursuit in exchange for his soul. Text 1967, 99 mins
11.50 **The Graduate**
Dustin Hoffman, Anne Bancroft
Classic drama. A young college leaver is seduced by a close family friend. Text 1967, 101 mins

1.40 **Cold Water**
Drama. 1994, 90 mins
3.15-6.00am **Netette et Boni**
Drama. 1996, 103 mins

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CARLTON CINEMA LIFESTYLE PACK

7.00pm **Betty Grable: Behind the Pin-Up**
A look at the life and career of Betty Grable, the biggest box office star of the 1940s and a World War II pin-up.

8.00 **Down Argentine Way**
Don Ameche, Betty Grable, Carmen Miranda
Musical. An American heiress, who collects horses for a hobby, meets and falls in love with a very rich racehorse breeder while holidaying in Argentina. The trouble is the fact that an age-old feud between their two families looks set to keep them apart. Text 1940, 90 mins

10.00 **Midnight Express**
Brad Davis, Irene Miracle, Bo Hopkins, Randy Quaid
Drama. A young American tourist is arrested for drug smuggling and thrown into a brutal Turkish prison run by a sadistic commander. Although the sentence for this crime is normally four years, the government decides to make an example of him. 1978, 120 mins
12.15am **The House of 1000 Dolls**
Thriller. 1967, 83 mins
1.45 **A Streetcar Named Desire**
Drama. 1984, 124 mins
3.45 **Lucky Lady**
Comedy drama. Widescreen 1975, 113 mins
5.45-7.00am
Indiscretion of an American Wife
Melodrama. 1953, 87 mins

FRONT ROW

SCREENING WHEN YOU'RE
GOOD AND READY
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See channel 50 or your Front Row spread on pages 14, 15 for further details.

KEY TO FILM CONTENT

T/C: Theme/Content
BL: Bad Language
S/N: Sex/Nudity
V: Violence

Channel 51 Matinee

FORCES OF NATURE

Rating 12, 102 mins
Romantic comedy. Fate throws two travellers together after a series of strange events - even though one of them is on the way to his own wedding. Stars Ben Affleck and Sandra Bullock.
T/C: Comedy, romance.
BL: Once, strong.
S/N: Some mild references.
V: Once mild.
6.00am, 8.00am, 10.00am, 12noon, 2.00pm

Channel 51 Evening

MICKY BLUE EYES

Rating 15, 98 mins
Comedy. An English auctioneer, working in New York, marries his American girlfriend, not realising that her family are all mobsters. Stars Hugh Grant and Jeanne Tripplehorn.
T/C: Comedy, mafia.
BL: Infrequent, strong.
S/N: None.
V: Infrequent, moderate.
4.00pm, 6.00pm, 8.00pm, 10.00pm, 12midnight, 2.00am, 4.00am

Channel 52

UNIVERSAL SOLDIER: THE RETURN

Rating 18, 80 mins
Action. A project to create a new breed of soldier seems to be going well, but then a computer develops a mind of its own. Stars Jean-Claude Van Damme.
T/C: Action, sci-fi.
BL: Occasional, strong.
S/N: Some moderate nudity.
V: Frequent, strong.
6.50pm, 8.30pm, 10.10pm, 11.50pm, 1.30am, 3.10am

Channel 53

10 THINGS I HATE ABOUT YOU

Rating 12, 94 mins
Teen comedy, derived from Shakespeare's *The Taming of the Shrew*, about two very different sisters and their romantic trials and tribulations. Stars Larisa Oleynik and Julia Stiles.
T/C: Teen romance.
BL: Occasional, moderate.
S/N: Some mild references.
V: Once, mild.
7.00pm, 9.00pm, 11.00pm, 1.00am, 3.00am

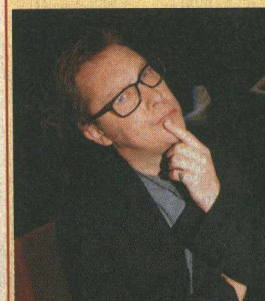
SKY ONE ACTION/ SELECTION PACKS	UK GOLD LIFESTYLE/ SELECTION PACKS	LIVING LIFESTYLE PACK	GRANADA PLUS ACTION PACK	DISNEY CHANNEL ADD-ON/ PREMIUM CHANNEL	
6.00am Long Play 7.30 Mega Babies 8.00 Godzilla 8.30 Mummies Alive 9.00 Pokémon 9.30 Pokémon 10.00 Pokémon 10.30 The Simpsons Text 11.00 World Wrestling Federation - Metal 12noon The New Adventures of Superman Text 1.00pm Dream Team Text 2.00 Mega Babies 2.30 Godzilla	6.00am May to December 6.40 Bread Text 7.15 Birds of a Feather Text 7.50 Open All Hours 8.25 EastEnders Text 9.00 The Bill Text 9.30 The Bill Text 10.00 Bergerac 11.00 Knots Landing 11.55 Neighbours 12.25pm EastEnders Text 1.00 Ballykissangel 2.00 Knots Landing	6.00am Ready, Steady, Cook 6.30 Can't Cook, Won't Cook 7.00 Tiny Living 9.00 Brookside 9.30 Home and Away 10.00 The Jerry Springer Show 10.50 Forgive or Forget 11.40 Maury Povich 12.30pm Special Babies 1.00 Reality Slot 1.30 Judge Judy 2.30 Maury Povich Compelling talk show.	6.00am Hawaii Five-0 7.00 Plus on Plus 7.30 Jokers Wild 8.00 Hogan's Heroes 8.30 George and Mildred 9.00 Classic Coronation Street Text 9.30 Second Thoughts 10.00 Mission: Impossible 11.00 That's My Boy 11.30 Batman 12noon Classic Coronation Street Text 12.30pm Second Thoughts 1.00 George and Mildred 1.30 Robin's Nest 2.00 Hawaii Five-0	4.30am Pooh 4.45 Music Time 4.50 Olie 5.00 Bear 5.25 Art Play 5.30 PB and J Otter 5.45 Bite Size 6.00 Classic Toons 6.05 Circle Time 6.10 Olie 6.20 Spot 6.30 Out of the Box 7.00 Mickey Mouseworks 7.30 101 Dalmatians 8.00 Aladdin 8.30 Recess 9.00 Art Attack 9.35 Sabrina 10.00 FILM: Alice in Wonderland 1951 11.15 Recess 11.30 Miami 7 12noon Circus Kids 12.30pm Boy Meets World 1.00 FILM: Incredible Journey 1963 2.00 Mickey Mouseworks 2.45 101 Dalmatians	6.00 AM MORNING
3.00 Mummies Alive Tempting Offer Chantra tries to trap Presley. 3.30 Pokémon Electric Shock Showdown Pikachu has a problem. 4.00 Pokémon Battle Aboard the St Anne Ash and friends are trapped. 4.30 Pokémon Pokémon Shipwreck The gang joins Team Rocket. 5.00 Star Trek Popular sci-fi series in which a space crew goes out into unexplored space seeking new life and having many strange adventures along the way. 6.00 Veronica's Closet Veronica's Breast Effort There's an office scandal. 6.30 Friends The One Where Ross Can't Flirt Ross tries to be cool. Text 7.00 The Simpsons Homer Versus The 18th Amendment Text 7.30 The Simpsons Das Bus Bart's class gets stranded. Text 8.00 Popular Queen B The tension mounts as the competition for Homecoming Queen gets properly under way. 9.00 Friends The One with Phoebe's Uterus Phoebe is asked a favour. Text 9.30 ER Sharp Relief/Carter's Choice Dr Weaver is openly critical of Synergix's management practices and the serial rapist claims another elderly victim, much to the distress of everyone involved. Meanwhile, Dr Ross is planning a secret wedding. Starring Anthony Edwards as Dr Mark Green and George Clooney as Dr Doug Ross. 11.30 Friends The One Where Ross Can't Flirt Text 12midnight Star Trek 1.00am LAPD 1.30 LAPD 2.00 Prisoners Out of Control: Caught on Tape Text 2.50 World's Wildest Police Videos Text 3.40 The Untouchables Text 4.30 Manhunter 5.20 The Newlywed Game 5.40-6.00am The Newlywed Game	3.00 The Bill Has Anybody Here Seen Bigmouth? Text 3.30 The Bill On the Hurry-Up Slater needs a car. Text 4.00 EastEnders Pat lets Geoff off the hook while Steve has salon worries. Text 4.35 Neighbours Lauren runs away from the Children of Barabas cult. 5.00 May to December Anything You Can Do Zoe invites Alec over to her flat for dinner. 5.40 Bread Sitcom about the Boswells, a family of loveable rogues. Text 6.20 Waiting for God Tom and Diana decide that in future funerals will be carnivals. Starring Graham Crowden and Stephanie Cole. 7.00 The Good Life The Day Peace Broke Out Tom Good feels forced to take the law into his own hands. 7.40 Birds of a Feather Sweet Smell of Success Tracey wonders about selling Darryl's old car. Text 8.20 Open All Hours Sitcom about miserly shopkeeper Arkwright and his down-trodden nephew. 9.00 Only Fools and Horses One Door Closes Del needs money fast. 9.40 dinnerladies Royals Bren is desperate to clear tables. 10.20 One Foot in the Grave The Big Sleep Margaret gives Victor a book about coping with old age. 11.00 Operation Good Guys Radio Silence 11.40 The Bill Has Anybody Here Seen Bigmouth? Text 12.15am The Bill Text 12.45 Live at Jangleurs 1.20 Only Fools and Horses 2.00 One Foot in the Grave 2.35 Monty Python's Flying Circus 3.10 EastEnders Text 3.45 Dangerfield 4.40 Dynasty 5.30-6.00am Angels	3.20 Party of Five Grown-ups Charlie proposes to Kirsten while Bailey finds himself in the middle of a relationship that is based entirely on sex. 4.10 Mystic Challenge Paul Ross presents a gameshow that tests psychics. 4.40 Forgive or Forget Host Mother Love attempts to resolve real problems for people in various situations. 5.30 Ready, Steady, Cook Fern Britton hosts the cookery show in which two top chefs compete against the clock. 6.10 The Jerry Springer Show Outrageous American talk show in which Jerry Springer and his guests engage in lively, and occasionally heated, discussions. 7.00 Judge Judy A New York judge presides over a series of real-life cases. 7.30 Streetmate Davina McCall tries to find dates for single people. 8.00 LA Doctors Drama series about a group of LA physicians who decide to set up their own practice. Starring Ken Olin, Rick Roberts and Sheryl Lee. 9.00 FILM: Going Underground Tim Matheson, Joanna Kerns Tense drama in which a mother and her children go underground to hide from her cruel and abusive husband. After suffering years of abuse, the woman finally escapes, but is initially forced to leave her children behind. 1993 10.50 Secret Suburbia A look at seemingly ordinary suburban residents and their extraordinary lives. 11.20-12midnight Eden Adult drama.	3.00 Mission: Impossible The Killer The IMF force must prevent an assassin from carrying out his assignment without knowing who his target is. 4.00 The Sweeney Regan poses as a lorry driver in an attempt to uncover a ring of ruthless car thieves. Starring John Thaw, Dennis Waterman and Garfield Morgan. 5.00 Hart to Hart Murder in the Saddle Adventure-seeking husband and wife team Johnathan and Jennifer Hart solve crimes together in exotic locations. 6.00 Bullseye Dart quiz show hosted by funnyman Jim Bowen. 6.30 Classic Coronation Street Kevin has a night out. Text 7.00 Batman True or False Face A priceless crown is stolen. 7.30 Robin's Nest Should Auld Acquaintance Robin meets a friend in need. 8.00 Boon Work, Rest and Play An ex-fireman refuses to believe he is on the scrap heap and becomes the proud owner of a run-down Birmingham hotel. 9.00 The Sweeney Cover Story There's romance between Regan and a beautiful journalist, but she becomes implicated in a crime. 10.00-11.00pm Taggart Murder in Season - Part III	3.15 100 Deeds for Eddie McDowd Eddie must repent. Text 3.45 The Famous Jett Jackson Jett wants a normal life. 4.15 Honey, I Shrunk the Kids: The TV Show Honey, It's Your Party The Szalinski house is having three parties at once. Text 5.00 Recess Animated series about fourth-grade kids. Text 5.30 Smart Guy Dumbstruck TJ enjoys being average. Text 6.00 Teen Angel Marty Buys the Farm Marty eats a burger and dies. 6.30 Home Improvement He Ain't Heavy, He's Just Irresponsible Text 7.00 FILM: Alice in Wonderland Voices of Kathryn Beaumont, Ed Wynn, Sterling Holloway Animated version of Lewis Carroll's classic, with all the original characters. Text 1951 8.15 Honey, I Shrunk the Kids: The TV Show Honey, It's a Blunderful Life Wayne gets lost in a blizzard and ends up in Dreamworld. Text 9.00 Flipper A Day at the Boat Races There are dastardly deeds afoot as the day of the regatta draws near. Text 9.45 Dinosaurs 10.10 Home Improvement Comedy double bill. Text 11.00 Dr Quinn: Medicine Woman Text 11.50-12midnight Toons	3.00 PM 4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM
CABLE CHECK Some of the channels listed may not be available in your area			GRANADA MEN & MOTORS ACTION PACK	THE BOX MUSIC & GAMES PACK	12.00 NIGHT TIME
			11.00pm Motor Week Series which takes a look at the motoring industry. 11.30 Motorsport Mundial A behind-the-scenes look at the world of motorsport. 12midnight Carfile Programme devoted to one major new or contemporary car, 12.30am Kits 'n' Cruising Series specialising in kit cars. 1.00 Motomania! Explore people's passion for cars. 1.30-2.00am The Big Bang Spectacular motoring stunts, hosted by ex-model Natasha Vale.	Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh - latest videos available; BOXTalk - unique interviews with artists/bands; Breakin' Out of THE BOX - videos tipped for the top. Plus weekly competitions.	THURSDAY CONTINUES OVERLEAF...

CABLE CHOICE

FILM	GENERAL
An American in Paris TCM 9.00pm One of the most elegant examples of the golden-age Hollywood musical. Gene Kelly is star and choreographer of the stunning dance sequences that perfectly capture the joyful nature of composer George Gershwin's evocative celebration of 'Gay Paree'.	Dan Pearson: Routes Around the World UK Style 3.30pm He's the bright young hope of British garden design and he's got two successful runs of <i>Garden Doctor</i> for Channel 4 behind him. In this series Dan Pearson calls upon his own diverse knowledge and experience travelling all over the world to find inspiration.

ADVERTISEMENT

UK PLAY



THE COMEDY ZONE FROM 1.00AM

Get your laughing gear around this lot as UK Play presents The Comedy Zone featuring cult essentials such as People Like Us, Vic Reeves Examines and Shooting Stars.

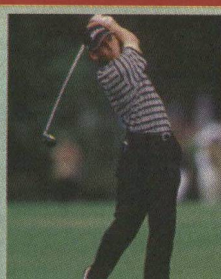
Thursday 17 August

	EUROSPORT NEWS & SPORT/ SELECTION PACKS	SKY SPORTS 1 PREMIUM CHANNEL	SKY SPORTS 2 PREMIUM CHANNEL	SKY SPORTS 3 PREMIUM CHANNEL	SCI-FI ACTION PACK	MTV MUSIC & GAMES PACK
MORNING	6.00 AM 7.30am Equestrianism 8.30 Football 10.00 Motorcycling 11.30 Motocross 12noon Superbike 12.30pm Motorsports Magazine show. 1.30 Mountain Bike Action from the UCI World Cup in Kaprun, Austria. 2.00 Triathlon 2.30 Tennis Action from the WTA Tournament in Montreal.	7.00am WWF - Superstars 8.00 You're On Sky Sports! 9.00 Racing News 9.30 Aerobics Oz Style 10.00 Football Special: How the Premiership Was Won - 98/99 Season 12noon Aerobics Oz Style 12.30pm Trans World Sport 1.30 Boxing: Big Fight Countdown 2.00 Football Special: How the Premiership Was Won - 98/99 Season A look back at the 98/99 Premier League season which was as usual dominated by Manchester United, Chelsea and Arsenal.	7.00am Aerobics Oz Style 7.30 Racing News 8.00 Futbol Mundial 8.30 Boxing: Big Fight Special 9.00 Motor Rally: London-Sydney Marathon 10.00 Rugby League World 11.30 British Superbike: Knockhill 1.30pm Australian Rally Championships 2.00 Euro Tour Weekly 2.30 Rugby League World All the latest rugby league developments around the world, from the battlefields of the Super League to the intensity of the Australian National Rugby League championship.	12noon Watersports World 1.00pm Telegraph Action Sport 1.30 Wild Spirits News, gossip and, of course, action from the world of extreme sports. 2.00 Steve Davis and Friends: Joe Johnson Snooker legend Steve Davis chats with the 1986 World Champion Joe Johnson.	8.00am Buck Rogers in the 25th Century 9.00 The Time Tunnel 10.00 Project UFO 11.00 The Incredible Hulk 12noon Babylon 5 1.00pm Highlander: The Raven The Rogue 2.00 Buck Rogers in the 25th Century Space Vampire	6.00am Select MTV 8.00 MTV Hits 9.00 Bytesize MTV 11.00 MTV Hits 12.30pm Making the Video: REM 1.00 MTV Hits 2.00 V2000 Preview: Part I A chance to see hit videos from the headliners, including Travis and Richard Ashcroft.
	3.00 PM	4.00 Watersports World A comprehensive insight into a number of watersports, such as sailing and jet-skiing.	4.00 Gaelic Games Action from the annual summer festival that is the Gaelic Games: one of the last truly amateur sporting festivals in the world.	3.00 British Superbike: Knockhill Leg With just a handful of stages to go, the race for the British Superbike crown is hotting up. Keith Huewen introduces the action from both races in the Knockhill leg as the top riders go full throttle for priceless points.	3.00 Sightings Extraordinary real-life stories of the paranormal involving luck, superstition, UFOs or near-death experiences. 4.00 The Time Tunnel The Day the Sky Fell In The time travellers are trapped in Pearl Harbour on December 6, 1941.	3.00 Bytesize MTV A barrage of highlights from MTVs around the world in short soundbites. 3.55 MTV's Pop Single of the Week 4.00 Select MTV The show that gives the viewer the chance to make their own music choices.
	5.00 PM	5.00 Racing Line Motorsports magazine with action from the World Rally Championship in Finland and Formula 3000 racing from Hungary.	5.00 Inside the PGA Tour The show that gives an insight into life behind the scenes on the PGA Tour.	5.00 Football League Review All the recent Nationwide League action.	5.00 Project UFO The Island Incident A brilliant doctor and three natives of a South Pacific island see a small UFO fly out of a huge mothership.	
	6.00 PM	6.00 Tennis - LIVE Further coverage of the WTA Tournament in Montreal, Canada.	5.30 Ford Golf USA: US PGA Championship - LIVE Action from the opening day of the last major of the year. For the next four days, the eyes of the golf world will be focused on the Valhalla Golf Club in Louisville, Kentucky, as the US PGA Championship takes centre stage. American fans will be hoping that Tiger Woods can regain the title he won in 1999. Meanwhile, across the Atlantic, European fans will be looking to the likes of Colin Montgomerie, Lee Westwood and Sergio Garcia to engineer a surprise victory. The US PGA Championship first began in 1916; James Barnes won that year and he won again in 1919 when the tournament resumed after World War I. Previous winners include Walter Hagen, Gene Sarazen, Byron Nelson and Sam Snead. David Livingstone introduces the action while Ewen Murray and Bruce Critchley provide the commentary.	5.30 Boxing: Big Fight Countdown 6.00 What a Weekend The show that takes a look at the very best of the weekend's sporting action. 6.30 Tight Lines Bruno Brookes hosts the show for fishing fanatics and offers advice to viewers phoning in with their questions. 7.30 FIFA TV World football show.	6.00 The Incredible Hulk King of the Beach A worker in a beach-side restaurant dreams of having a cafe of his own. 7.00 Highlander: The Raven The Rogue An immortal returns to seek vengeance on an old enemy of his.	6.00 Bytesize MTV A barrage of highlights from MTVs around the world in short soundbites.
NIGHT TIME	7.00 PM	7.00 Football League Review A blow-by-blow account of all the recent Nationwide League action, including every goal scored, plus a look ahead to the forthcoming weekend's action.	7.00 Football League Review A blow-by-blow account of all the recent Nationwide League action, including every goal scored, plus a look ahead to the forthcoming weekend's action.	8.00 Football Special: How the Premiership Was Won - 98/99 Season A look back at the season which saw Manchester United going for the league title as part of an unprecedented treble - but they faced competition from defending champions Arsenal and Chelsea.	8.00 Babylon 5 Ceremonies of Light and Dark When Babylon 5 officially declares independence, terrorists kidnap Delenn.	7.00 MTV Hits A roller coaster of uninterrupted music videos featuring the latest from the MTV play list.
	8.00 PM	7.30 Speedway: Elite Speedway League - LIVE The latest action from the Elite Speedway League, featuring some of the world's finest riders in action. With Jonathan Green and Suzi Perry.	7.30 Speedway: Elite Speedway League - LIVE The latest action from the Elite Speedway League, featuring some of the world's finest riders in action. With Jonathan Green and Suzi Perry.	8.00 Football Special: How the Premiership Was Won - 98/99 Season A look back at the season which saw Manchester United going for the league title as part of an unprecedented treble - but they faced competition from defending champions Arsenal and Chelsea.	8.00 Babylon 5 Ceremonies of Light and Dark When Babylon 5 officially declares independence, terrorists kidnap Delenn.	8.00 MTV Dance Floor Chart Show MTV's dance expert June Sarpong hits the clubs and counts down the top tracks on the UK's dance floors.
	9.00 PM	9.30 Football Action from a pre-season friendly match.	10.00 You're On Sky Sports! Rob McCaffrey gives football fans the chance to have their say on the issues of the day.	10.00-11.30pm Test Cricket: England v West Indies - Fourth Test Highlights from the opening day's play in the Cornhill Insurance Fourth Test as Nasser Hussain's England side face Jimmy Adams's West Indies team at Headingley.	9.00 Babylon 5 Sic Transit Vir Vir causes controversy by aiding the Narn without authorisation. He also meets his fiancées. 10.00 FILM: Stephen King's Silver Bullet Gary Busey, Corey Haim, Everett McGill Horror, adapted from Stephen King's <i>Cycle of the Werewolf</i> . The inhabitants of a town are being brutally murdered - finally it dawns on them that the culprit is a werewolf. 1985 12midnight The Net Transplant 1.00am FILM: Bad Dreams Jennifer Rubin, Bruce Abbot A girl wakes after a 20-year coma to find that a hippie guru has returned. 1988 2.35 Cybernet 3.00-4.00am Babylon 5	9.00 Essential Prodigy Interviews and live footage with the Essex band. 9.30 Biorhythm: Eminem 10.00 The Tom Green Show 10.30 The Blame Game Ex-lovers sue each other to win a holiday. 11.00 MTV Dance Floor Chart Show MTV's June Sarpong hits the clubs and counts down the tracks filling the UK's dancefloors. 12midnight Partyzone Long-running and award-winning club culture show with an in-depth look at the dance scene, and a number of exclusives and rarities. 1.00am-6.00am Night Videos
	11.00 PM	11.00 Racing Line Motorsports magazine with action from the World Rally Championship and Formula 3000 racing.	11.00 Boxing: Big Fight Countdown 11.30 Football League Review All the recent Nationwide League action.	12midnight-12.30am Superbike News and features from the world of Superbike racing.	12midnight The Net Transplant 1.00am FILM: Bad Dreams Jennifer Rubin, Bruce Abbot A girl wakes after a 20-year coma to find that a hippie guru has returned. 1988 2.35 Cybernet 3.00-4.00am Babylon 5	12midnight The Ten Minute Preview 12.10am Voyeur 12.20 Digg'n' the Dirt 12.40 FILM: Back to Melrose 1.00 The Five Minute Free View 1.05 FILM continues 1.55 Crazy Girls 2.20 FILM: Sex Sells 3.30-4.00am Zeta's Sexy Video Show

LIVE FORD GOLF USA: US PGA CHAMPIONSHIP SKY SPORTS 2 5.30PM



The final major title of the year - the \$3m US PGA Championship - swings into action today and it's that same man that everyone has to beat - Tiger Woods (pictured, left). The tale of the Tiger this year has been one of awesome domination of golf and even the No 2 and No 3 golfers in the world - David Duval and Colin Montgomerie - have paled before him. Woods won this title last year with a one-stroke victory over Sergio Garcia (pictured, right) and who would bet against him today?



PLAYBOY TV/ ADULT CHANNEL ADD-ON CHANNEL

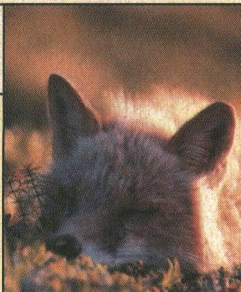
10.00pm Freeview 10.06 Amy Lyn Baxter 11.15 Rendez Vous 12midnight Freeview 12.10am Banged Up 12.35 Fraulein Debutantes 12.55 FILM: No Man's Land: Picture This 2.15 Our First Time 2.35 Biker Annie 3.10-4.00am FILM: Lay-By Lovers

Adult Nightview is now available as a TV on-demand service between 10.00pm and 4.00am at £4.95. See channel 50 for details

TELEVISION X ADD-ON CHANNEL

12midnight The Ten Minute Preview 12.10am Voyeur 12.20 Digg'n' the Dirt 12.40 FILM: Back to Melrose 1.00 The Five Minute Free View 1.05 FILM continues 1.55 Crazy Girls 2.20 FILM: Sex Sells 3.30-4.00am Zeta's Sexy Video Show

Adult Nightview is now available as a TV on-demand service between 12midnight and 4.00am at £4.95. See channel 50 for details

VH1 MUSIC & GAMES PACK	ANIMAL PLANET WORLD PACK	UK STYLE LIFESTYLE PACK	UK HORIZONS WORLD/ ACCESS PACKS	CARLTON FOOD NETWORK LIFESTYLE PACK		
6.00am Power Breakfast 8.00 Pop-Up Video 9.00 Upbeat 12noon Behind the Music: Fleetwood Mac 1.00pm Greatest Hits: R.E.M. 1.30 Pop-Up Video More tongue-in-cheek captions from the team. 2.00 Jukebox	12noon Croc Files 12.30pm Going Wild with Jeff Corwin 1.00 Jack Hanna's Zoo Life <i>Bringing Up Baby</i> 1.30 Jack Hanna's Zoo Life <i>Northwest Trek - Tacoma, Washington</i> 2.00 Pet Rescue RSPCA animal rescues. 2.30 Kratt's Creatures <i>Backyard Bandits</i> 3.00 Zig and Zag A gameshow and sports competition for dogs. 3.30 Zig and Zag A gameshow and sports competition for dogs. 4.00 Animal Planet Unleashed A visit to the Isle of Dogs. 4.30 Croc Files Encounters with Australia's venomous snakes 5.00 Pet Rescue Abandoned animals are rescued by the RSPCA. 5.30 Going Wild with Jeff Corwin <i>Borneo</i> 6.00 The Aquanauts Explore the world of the gentle manatee. 6.30 Croc Files Follow the story of a sea turtle's life. 7.00 Penguins and Oil Don't Mix A look at the work of South Africa's SANCCOB Centre which treats oil-contaminated birds. 8.00 Wild Rescues A baby whale is stranded on Venice Beach. 8.30 Wildlife SOS Documentary about a wildlife sanctuary in Surrey. 9.00 Crocodile Hunter <i>Wildest Home Videos</i> The Australian expert recalls his encounters with crocs and snakes. 10.00 Fjord of the Giant Crabs A film that sets out to prove the existence of giant crabs, thought to live in the deep icy waters. 11.00 Animal Emergency A dramatic and gritty look at a vet's daily routine. 11.30-12midnight Emergency Vets CABLE CHECK Some of the channels listed may not be available in your area	 A fox cub arrives at the Sussex sanctuary in 'Wildlife SOS'. <i>Animal Planet 8.30pm</i> ITV2 ACCESS PACK 4.00pm Trisha A double bill of the popular UK chat show. Trisha Goddard and a studio audience discuss moving and sometimes hair-raising true stories. Text 6.00 The Extremists Series about hair-raising sports and activities. 6.30 Dealer's Choice A look at used cars. 7.00 Rugby World Sevens Coverage from the World Sevens Champions 2000. Reigning champions Fiji defend their title. 8.00 Sunset Beach Cole is confused by his feelings. Ben tells Meg that Annie is just a friend. 8.50 Chart Choice Two top music videos. 9.00 Bad Girls The new therapy sessions have a violent effect on both Shell and the rest of the prison. Nikki receives an unexpected visitor. 10.00 Emmerdale Tonight's episode of the rural soap from ITV. Text 10.30 Nuts and Bolts Drama about life in Wales. 11.00 The Jerry Springer Show Outrageous revelations and love confrontations. 11.50 The Late Show with David Letterman Irreverent US chat show. 12.40am Freaky Stories 12.50 The Extremists Hair-raising sports. 1.20 Dealer's Choice A look at buying used cars. 1.50-3.20am Emmerdale Three episodes of the rural soap back-to-back. Text	7.00am Holiday in Style 8.00 Ready, Steady, Cook 8.30 Can't Cook, Won't Cook 9.00 Changing Rooms Down Under 9.30 Real Rooms 10.00 Change That 10.30 A Room with a Clue 11.00 Repair to Remember 11.30 Changing Rooms 12noon Good Living 12.30pm Style Challenge 1.00 Delia Smith's Summer Collection 1.30 Ready, Steady, Cook 2.00 Gardening Neighbours 2.30 Gardeners' World 3.00 Garden Magic Gardening advice show. 3.30 Dan Pearson - Routes around the World <i>Kyoto</i> 4.00 Stefan's Garden Roadshow With Stefan Buczaccki. 4.30 Good Living Tips for taking the stress out of children's parties. 5.00 Can't Cook, Won't Cook Cookery challenge. 5.30 Changing Rooms Down Under Top Australian designers transform rooms. 6.30 Antiques Roadshow <i>Burghley</i> Members of the public bring along their antiques. 7.00 Real Rooms <i>Plymouth Study</i> Makeover show. 7.30 Change That <i>Bath</i> Interior design roadshow. 8.00 Style Challenge Fashion experts give people dream makeovers. 8.30 Which Craft? A look at the ancient art of basket weaving. 9.00 Looking Good Lowri Turner presents the fashion and beauty series. 9.30 How Does Your Wallpaper Hang? More problem solving and DIY help with Mark Jeffries and a team of experts. 10.30 House Invaders The DIY show in which homes are given a fresh facelift for no money. 11.00 Front Gardens <i>1930s Semi Garden</i> John Brookes gives a new look to a front garden 11.30 Garden Magic Instant gardening solutions. 12midnight Gardeners' World Gardening show presented by Alan Titchmarsh. 12.30am-1.00am Stefan's Garden Roadshow Stefan Buczaccki offers help and advice on a variety of gardening dilemmas.	7.00am Tomorrow's World Plus 7.50 Future Fantastic 8.20 Future Fantastic 8.50 Animal Hospital 9.20 Tomorrow's World Plus 10.15 Orang-utan Rescue 11.15 Top Gear GTI 12.15pm The Builders 12.45 The Builders 1.15 Passport to the Sun 1.45 Naked Eurovision 2.45 The Visit <i>Claudia's Story</i> Claudia McKibbin is one of the oldest survivors of the rare Vater Syndrome. 3.45 Animal Hospital Rolf Harris catches up with the action at the RSPCA Harmsworth Hospital. 4.20 Vets in Practice <i>Breaking and Entering</i> A disturbance at Trude's practice causes an error. 4.50 Animal People <i>The Story of Little Lion</i> A tame adult lion must be reintroduced into the wild. 5.25 What Went Wrong? 5.55 Airport Behind the scenes at Heathrow, the busy international airport. 6.25 Passport to the Sun 6.55 Crime Squad A series focusing on all aspects of crime. 7.30 Meet the Ancestors <i>The Black Hand</i> Excavating a chapel. 8.00 Vets in Practice <i>Breaking and Entering</i> A disturbance at Trude's practice causes an error. 8.30 What Went Wrong? 9.00 Airport A look behind the scenes at Heathrow, the busy international airport. 9.35 Jobs for the Boys <i>Gareth and Norman Design a Collection</i> The two comedians learn the hard route to success. 10.35 The Mike Tyson Story Interviews with the boxer and the men around him. 11.30 Paddington Green 12midnight-1.00am Hollywood Women UK PLAY: 1.00 Shooting Stars 1.30 People Like Us 2.05 Vic Reeves 2.35 We Are History 2.50 DJ Anthems 3.20 Soundtrack to My Life 3.50 Stereophonics 4.15 Chris Moyles 4.40 Footage and Mouth 4.55 Phil Kay 5.20 Cherry Pop 5.35 Sound of Play 6.30-7.00am Phone Zone	7.00am Tessa's Tastebuds 7.30 Kitchen College 8.00 Network Daily 8.45 Quick Cooks 9.00 Red Hot 'n' Smokin' 9.30 Classic Dishes 10.00 The Green Gourmet 10.30 A Year at Ballymaloe 11.00 Flash in the Pan 11.30 Loyd's Louisiana 12noon Four Burners 12.30pm Waitrose in Season 1.00 Kitchen College 1.30 Food from the Village 2.00 Network Daily 2.45 Quick Cooks 3.00 Red Hot 'n' Smokin' How to barbecue food. 3.30 Tessa's Tastebuds <i>Nutmeg and Mace</i> 4.00 A Year at Ballymaloe 4.30 Classic Dishes Henry Harris prepares beef Wellington. 5.00 A to Z of Food and Beauty 5.30 Four Burners and a Grill 6.00 Coxon's Kitchen College 6.30-7.00pm Cocktail Challenge NATIONAL GEOGRAPHIC CHANNEL FAMILY PACK 7.00pm Foxes of the Kalahari Follow the fortunes of the bat-eared fox, the only insectivorous member of the dog family. 8.00 Ancient Graves From the Iceman found in the Austrian Alps to Peruvian mountain burials, human remains continue to shed light on our origins. 9.00 To the Moon Documentary about one of the most difficult engineering feats of all time - putting men on the moon. 10.00 To the Moon The second programme interviews engineer John Houbolt, scientist Ralph Baldwin and astronaut Frank Borman. 11.00 Against Wind and Tide How professional football player and triathlete, John Maclean, overcame losing his legs after an accident. 12midnight-1.00am Tana Toraja In the rocky Indonesian hinterland of Sulawesi Island, dwells an ancient civilisation with boat-like dwellings and ancient traditional rituals.	6.00 AM MORNING 3.00 PM 4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00 NIGHT TIME
CHALLENGE TV MUSIC & GAMES PACK	DISCOVERY HOME & LEISURE WORLD PACK	RAPTURE BONUS CHANNEL	LOCAL CHANNEL ACCESS PACK			
5.00pm Cross Wits 5.30 Sale of the Century 6.00 Family Fortunes 6.30 100% 7.00 Stars in Their Eyes 7.30 Beadle's About 8.00 Gladiators Muscle-bashing challenges between super-fit members of the public and the likes of Wolf and Hunter. 9.00 Whittle 9.30 Strike it Lucky 10.00 Sale of the Century	10.30 Family Fortunes 11.00 Stars in Their Eyes 11.30 Winner Takes All 12midnight Beadle's About 12.30am Gladiators 1.30 The Cooler 2.00 Karaoke Challenge <i>Porthcawl</i> 2.30 3-2-1 3.30 The Krypton Factor 4.00 Say the Word 4.30 Whittle 5.00-6.00am Shopping with Screenshop	6.00am The Joy of Painting 6.30 Garden Calendar 7.00 Garden Rescue 7.30 Doing it Up 8.00 How to with B & Q 8.05 The House Doctor 8.35 Our House Down Under 9.05 The Joy of Painting 9.35 Garden Calendar 10.05 How to with B & Q 10.10 Garden Rescue 10.40 Two's Country 11.10 Village Green 11.40 Home Savvy 12.10pm How to with B & Q	12.15 Hometime 12.45 Classic This Old House 1.15 Home Again with Bob Vila 1.45 Wood Wizard 2.15 How to with B & Q 2.20 The New Yankee Workshop 2.50 Mod Cons 3.20 Rex Hunt Fishing Adventures 3.50-4.00pm How to with B & Q	10.00am World Wind Surf 10.30 Boardstupid 11.00 Mountain Bikes 11.30 Byte Me 12noon Chilli Factor 12.30pm World Wind Surf 1.00 High Adrenalin Action 1.30 Boardstupid 2.00 Mountain Bikes 2.30 Chilli Factor 3.00 Skateboard Special 3.30 Adrenalize 4.00 World Wind Surf 4.30 Boardstupid 5.00 Mountain Bikes 5.30-6.00pm Byte Me	6.00pm LLTV - Local Life A daily magazine programme featuring local news, events and lifestyle features. 6.30 What's On TV 7.00 LLTV - Local Life 7.30 YCTV Programmes made by the stars of tomorrow featuring the stars of today. 8.00 Student Showcase 8.30 What's On TV 9.00-9.30pm LLTV - Local Life	

CABLE CHECK
Some of the channels listed may not be available in your area

UK PLAY:
1.00 Shooting Stars 1.30 People Like Us 2.05 Vic Reeves 2.35 We Are History 2.50 DJ Anthems 3.20 Soundtrack to My Life 3.50 Stereophonics 4.15 Chris Moyles 4.40 Footage and Mouth 4.55 Phil Kay 5.20 Cherry Pop 5.35 Sound of Play 6.30-7.00am Phone Zone

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00 PM

NIGHT TIME

CABLE CHECK
Some of the channels listed may not be available in your area

DISCOVERY WORLD PACK

4.00pm Rex Hunt Fishing Adventures
Portsea
Rex fishes for King George whiting in Portsea, Victoria.
4.30 Discovery Today
5.00 Century of Discoveries
Bigger, Better, Faster
A look at technological advances within society, such as weapons of war.
6.00 Rhino and Co Harpy Eagle
A profile of the beautiful bird of prey.

7.00 Red Chapters
The Hunt for True October
A report on the Bolshevik uprising of 1917.

7.30 Discovery Today
Scientific issues.

8.00 Medical Detectives
Something's Fishy
Forensic technology.

8.30 Medical Detectives

9.00 The FBI Files
22 Calibre Killer
How the FBI attempted to flush out a sniper who was targeting African-American men in New York.

10.00 Forensic Detectives
Lasting Impressions
A look at crucial evidence left behind by criminals at the scene of a crime.

11.00 Weapons of War
Amphibious Warfare
A focus on new strategies which added to the concept of global warfare.

12midnight Time Team
Cooper's Hole
Tony Robinson and the team visit Cooper's Hole in the Cheddar Gorge.

1.00am Diving School
The students start the last week of their course.

1.30-2.00am
Discovery Today

CARTOON NETWORK FAMILY PACK

5.00am
Flying Rhino Junior High
6.00 Fat Dog Mendoza
7.00 Tom and Jerry
8.00
Mission Impossible-Doo
10.00 FILM: Scooby-Doo and the Boo Brothers 1987
12noon-8.30pm
Mission Impossible-Doo



VELMA
Full name: Velma Dinkley
Age: 16
Hair: Brown
Dress: Orange cowl-neck sweater, red skirt, Clark Kent-style frames
Occupation: Super-bright teenage detective
Likes: A good intellectual challenge, reviewing the clues of a mystery after a case is solved, science class
Dislikes: Recognising a clue later than when it first appeared
Favourite Phrases: 'Jinkies!' 'What would you do for a Scooby snack?' 'I think we've got our mystery solved.'

8.30-9.00pm FILM: Scooby-Doo and the Boo Brothers 1987

TCM FAMILY PACK

9.00pm
An American in Paris
Gene Kelly, Leslie Caron, Oscar Levant, Nina Foch
Oscar-winning musical about an American artist living in Paris who is torn between a wealthy beauty and a poor orphan girl. In any case, the latter is already engaged to a cabaret singer. 1951

11.05-1.00am
That Midnight Kiss
Kathryn Grayson
Musical about a budding singer. 1949

CARTOON NETWORK:
1.00am The Moomins 1.30
The Magic Roundabout
2.00 Tabaluga 2.30
Blinky Bill 3.00
The Tidings 3.30
The Fruitties 4.00
The Moomins 4.30-5.00am
The Magic Roundabout

NICKELODEON FAMILY PACK

7.00am Transylvania Pet Shop
7.30 Transylvania Pet Shop 8.00
Ren and Stimpy 8.30
Ren and Stimpy 9.00
Kenan and Kel 9.30
Kenan and Kel 10.00
Sister Sister 10.30
Sister Sister 11.00
Cousin Skeeter 11.30
Cousin Skeeter 12noon
Rugrats 12.30pm
Rugrats 1.00
Hey Arnold! 1.30
Hey Arnold! 2.00
Hey Arnold! 2.30
Hey Arnold!

3.00 Hey Arnold!
Another adventure with the kid with the coolest quiff.
3.30 Hey Arnold!
More antics with the kid with the odd-shaped head.
4.00 Kenan and Kel
The adventures of two funky friends.

4.30 Kenan and Kel
Stars Kenan Thompson and Kel Mitchell.

5.00 Sabrina
5.30 Sabrina
the Teenage Witch
6.00 Are You Afraid of the Dark?
6.30-7.00pm Are You Afraid of the Dark?

PARAMOUNT COMEDY CHANNEL FAMILY PACK

7.00pm
Grace Under Fire
7.30 King of Queens
Train Wreck

8.00 Ellen
Joe's Kept Secret
Ellen accepts a favour.
8.30 Just Shoot Me
How the Finch Stole Christmas

9.00 Married... With Children
Guys and Dolls
9.30 Spin City
Grand Illusion
A fake wedding is planned.

10.00 Frasier
The Seal Who Came to Dinner
10.30 Harry Hill
More surreal fun with the big-collared comedian.

11.00 Jack Dee
11.30 Cheers
Baby Balk
Sam and Rebecca turn to Frasier and Lilith for help with having a baby.

12midnight Roseanne
12.30am Clive Anderson
Talks Back 1.10 NewsRadio
1.40 Whose Line is it Anyway? 2.10 Dressing For Breakfast 2.40 Desmond's 3.10 It's Garry Shandling's Show 3.40 Rex the Runt 3.50-4.00am Rex the Runt

TV TRAVEL SHOP BONUS CHANNEL
A total travel service in your own home. Video brochures give a guided tour of resorts around the world, with regular bulletins and programmes featuring late holidays and special offers. Viewers can then book holidays 24-hours-a-day, seven-days-a-week, by calling 0870 60 60 747. For more information and full listings turn to TV Travel Shop Text, from page 200.

FOX KIDS FAMILY PACK

6.00am Oggy 6.10 Bad Dog 6.30
Bobby's World 6.55 Jim Button
7.15 Walter Melon 7.40 Inspector
Gadget 8.00 Oggy 8.10 Biker Mice
from Mars 8.30 Dennis 8.55 Sailor
Moon 9.40 Digimon 10.00 Power
Rangers 10.20 Monster Rancher
10.45 Masked Rider 11.05 X-Men
11.30 The Spy Dogs 11.50 Ace
Ventura 12.15pm Walter Melon
12.35 Inspector Gadget 1.00
Woody Woodpecker 1.10 Casper
1.30 Donkey Kong 1.55 Dennis
and Gnasher 2.20 Life with Louie
2.40 Princess Sissi

3.00 Princess Starla and the Jewel Riders
More mystical adventures.
3.20 Sailor Moon
Cult Japanese cartoon.

3.45 Mighty Morphin' Power Rangers
4.05 Mighty Morphin' Power Rangers
4.30 Digimon
4.50 Masked Rider
The adventures of Dex, a handsome teenage alien.

5.15
Monster Rancher
5.35
Biker Mice from Mars
The rodents return.

6.00 The New Addams Family
6.25 Casper
6.35-7.00pm
Goosebumps

SHOP! LIFESTYLE/ SELECTION PACKS

6.00am Shop! Selection
7.00 Sports Shop!
7.30 Kids Shop!
8.00 Home Shop!
9.00 Jewellery Shop!
A collection of jewellery.

10.00 Kitchen Shop!
Kitchen equipment.
11.00 Sports Shop!
11.30 Home Shop!
12noon Shop! Outlet
1.00pm Shop! Special
2.00 Shop! Selection
3.00 Technology Shop!
4.00 Clothes Shop!
5.00 Shop! Preview
6.00 Shop! Selection
7.00-7.30pm
Jewellery Shop!

GMTV 2 ACCESS PACK
GMTV2 offers pre-school and lifestyle shows between 6.00am and 9.25am. Weekdays: *The News Hour* at 6.00am followed by children's shows. Saturdays: Children's programming and a round-up of the week's news in *The Review*. Sundays: Highlights include a *Pokemon* triple bill and *The Review*.

QVC LIFESTYLE/ SELECTION PACKS
QVC The Shopping Channel is at your service 24-hours-a-day - so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Deans Bears at 6.00pm.

NEWS AND INTERNATIONAL

BBC NEWS 24 NEWS & SPORT/ ACCESS PACKS

6.00am News 7.00 News
8.00 News 9.00 News 9.30
World News 10.00 News
11.00 News 12noon News
1.00pm News 2.00 News
3.00 News 4.00 News 5.00
News 6.00 News 7.00
News 7.30 Sportsday 8.00
News 9.00 News 9.30
HARDtalk 10.00 News
11.00 News 11.30 World
Business Report
12midnight News 1.00am
News 2.00 News 2.30
World Business Report
3.00 News 3.30 HARDtalk
4.00 News 4.45 Asia Today
5.00-6.00am News

CNN INTERNATIONAL NEWS & SPORT PACK

News throughout the day, plus:
5.00am This Morning 5.30
World Business 6.00 This
Morning 6.30 World Business
7.00 This Morning 7.30 World
Business 8.00 This Morning
8.30 Sport 9.00 Larry King
10.30 Sport 11.30 Biz Asia
12.30pm The Artclub 1.15 Asian
Edition 1.30 World Report 2.30
Showbiz Today 3.00 Movers
with Jan Hopkins 3.30 Sport
4.30 Hotspots 5.00 Larry King
Live 7.30 World Business Today
8.30 Q&A 9.30 Insight 10.00
World Business Today 10.30
Sport 11.00 WorldView 11.30
Moneyline 12.30am Showbiz
Today 1.00 This Morning Asia
1.15 Asia Business 1.45 Asia
Business 2.00 Larry King
4.30-5.00am American Edition

SKY NEWS NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus:
6.00am Sunrise 10.30 Sky
World News 11.30 Money
12noon Sky News Today
2.30pm Your Call 3.00 Sky
News Today 4.30 Sky
World News 5.00 Live at
Five 8.30 Sky Business
Report 9.30 Fashion TV
10.00 Sky News at Ten
10.30 Sportsline 12.30am
CBS Evening News
1.30 Your Call
2.30 Sky Business Report
3.30 Fashion TV
4.30 The Book Show
5.30-6.00am
CBS Evening News

INTERNATIONAL

TV5 5.00am Journal
Télévisé 5.15 Journal des
Journaux 5.30 Télématin et
le Journal du Temps 7.00
Journal Télévisé 7.30 A
Bon Entendeur 8.00 Infos
8.05 Zig Zag Café 9.00
Journal 9.15 Mademoiselle
O 11.00 Infos 11.05 100%
Questions 11.30 Journal
Télévisé 12noon Infos
12.05pm Dunia 1.00 Journal
Télévisé 1.15 Mademoiselle
O 3.00 Journal Télévisé
3.15 Questions 3.30
Télénotisme 4.00 Infos
4.05 Pyramide 4.30
Questions pour un
Champion 5.00 Journal
Télévisé 5.15 Mademoiselle
O 7.00 Journal Télévisé
7.30 Journal Télévisé 8.00
Infos 8.05 Les Aventuriers
de la Science 9.00 Journal
Télévisé 9.15 Des Trains Pas
Comme les Autres
11.00 Journal
11.30-12midnight Soir 3

ASIANET ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am Akhir Kyon 8.00 DD
News 8.30 DD Programme
9.00 FILM 11.30 News
12noon Fuldani Forum
12.30pm Thekikaat 1.00
Katha Sagar 1.30 FILM
4.00 Take-2 4.30 Music
Fusion 5.00 Kaala Daira
6.00 Mumkin 6.30 Doosra
Kewal 7.00 Katha Sagar
7.30 News 8.00 Wilaytee
Babu 8.30 FILM
11.30 News
12midnight Wilaytee Babu
12.30am MTV 123
1.15 FILM
4.00 Thekikaat
4.30 Mumkin 5.00 Dooriyan
6.00 Holy Quran
6.30 DD Programme
7.00-7.30am
Bhule Bisre Geet

ZEE TV ADD-ON CHANNEL

6.00am Kal Bhi Aaj Bhi
6.30 Bhakti Songs 7.00am
Faith: Sai Baba 7.30 News
8.00 Karobar Duniya 8.30
Kartavya 9.00 Daayre 9.30
Bodymatters 10.00 Tum Hi
To Ho 11.00 Dear Women
11.30 Aangan 12noon FILM
3.00pm Hum Paanch 3.30
Sampat Aur Sampat 4.00
Kartavya 4.30 Pride
Antakshari 5.00 Chingari
5.30 Aangan 6.00 Banegi
Apni Baat 7.00 Hotel
Hindustani 7.30 Aashiqui
8.00 News 8.30 Pride Ka
Aashirwad 9.00 Raahen
9.30 Kasak 10.00 Thriller at
Ten 10.30 News 11.00
Saath Saath 11.30 Woh
12midnight News
12.30am FILM
3.30 Hum Paanch
4.00 Daraar
4.30 Campus
5.00 V3
5.30-6.00am Hey Ha Ho

CHRISTIAN CHANNEL EUROPE WORLD PACK

5.00am CMTV
5.30 Gospel Truth -
Andrew Wommack
6.00 Winning Edge
6.30 Changing Your World
7.00
Believers' Voice of Victory
7.30 This is Your Day
8.00 CMTV
8.20 Thought for the Day
8.30 Life in the Word
9.00 Potters House
9.30 Winning Ways -
Matthew Ashimolowo
10.00 CMTV 10.30-11.00am
700 Club Replay

BLOOMBERG WORLD PACK

2.00am Asian Market
Report 2.30 Live Market
from New York 3.30 Wall
Street Report 5.05-6.00am
US Market Report

BBC PARLIAMENT NEWS & SPORT PACK

4.45pm-3.00am
Democratic Party
Convention
Live coverage of the
Democratic Party convention
from Los Angeles.

THE HISTORY CHANNEL WORLD PACK

12noon Forbidden City
12.55pm
Photos For the Future II
1.00
Crown and Country
1.30 Gardens
of the Millennium
2.00 Biography
2.55
A Small Piece of History
3.00 World War I
3.30 The Phantom Invasion
4.00 Occult
History of Third Reich

5.00 Classic Cars
6.00 The Rosetta Stone
6.55
Photos For the Future II
7.00 Crown and Country
7.30 Gardens of the
Millennium
8.00 Biography
8.55
A Small Piece of History
9.00
Great Crimes and Trials
9.30-10.00pm
Great Crimes and Trials

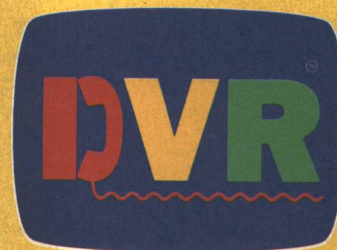
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QVC LIFESTYLE/ SELECTION PACKS

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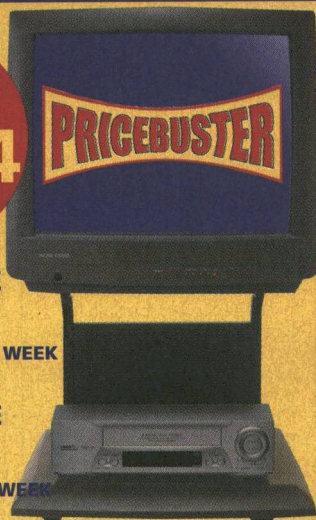


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SKY PREMIER PREMIUM CHANNEL

SKY MOVIE MAX PREMIUM CHANNEL

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

SKY CINEMA PREMIUM CHANNEL

Toxic avenger: Steven Seagal tries to prevent a chemical catastrophe in 'The Patriot'. Sky MovieMax 8.00pm

FILMFOUR ADD-ON CHANNEL

6.00pm Short Attention Span Cinema - Short Films

A two-hour selection of short films, commercials and music videos, plus interviews, reports and insights into the world of short film-making. View various examples of the form from all around the world and gain an introduction to some of the directors who are currently working in this field.

8.00 I'm Gonna Git You Sucka
Keenan Ivory Wayans, Isaac Hayes, Antonio Fargas
Sharp spoof about an ex-GI who comes home to avenge the death of his brother who died of an OG - an overdose of gold chains. 1988, rating 15, 85 mins

9.30 Made in France
An appraisal of the French film industry, including interviews.

10.00 La Haine
Drama focusing on a French immigrant community. An Arab boy is shot by the police but one of their guns finds its way into the hands of a Jewish skinhead. He spends the rest of the day trying to suppress the urge to fight back against a system that has fought him but as the day progresses it becomes impossible to resist. 1995, 94 mins

12midnight Dobermann
Vincent Cassel
Thriller. 1997, 99 mins

1.50am An Eye for an Eye
2.00 Myra Breckinridge
Camp comedy. 1970, 90 mins

3.35 Chocolat
Cecile de Casse, Isaach De Bankole
Drama. 1988, 105 mins

5.25-7.00am Sabriya

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www.cableguide.co.uk

CARLTON CINEMA LIFESTYLE PACK

7.00pm There's No Business Like Show Business
Walter Lang, Ethel Merman, Dan Dailey, Marilyn Monroe.
Musical about a family of vaudeville performers whose professional and personal contentment is threatened when a glamorous singer catches the eye of their grown-up son.

9.00 Clean Slate
Dana Carvey, Valeria Golino, James Earl Jones, Kevin Pollak
Black comedy about a wacky private eye who wakes everyday with no memory. Unfortunately, he finds himself called to court to act as a key witness in a case of which he has no recollection. He also has to contend with a developing romance. 1994, 107 mins

11.00 The Gunrunner
Kevin Costner, Sara Botsford, Ron Lea, Daniel Nalbach
Drama. A Canadian arms dealer tries his luck at liquor smuggling but soon gets his fingers burnt by the mob. 1984, 92 mins

12.45am Atlantic City
Burt Lancaster, Susan Sarandon
Poignant drama. 1980, 105 mins

2.45 The Rose
Bette Midler, Alan Bates
Widescreen 134 mins

5.00-7.00am Man of Conquest
Western. 1939, 105 mins

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME

6.15am Breakout
1998, rating Sky PG, 86 mins
8.00 Mel
1999, rating Sky PG, 88 mins
10.00 Home Alone 3
Family comedy. Text 1997, rating Sky PG, DS, 98 mins
12noon Class Action
1991, rating Sky PG, 105 mins
2.00pm Breakout
Robert Carradine, James Hong
The son and two friends of an eccentric inventor are kidnapped by a gang of villains. But the villains soon discover that their captives are less than totally defenseless. 1998, rating Sky PG, 86 mins

3.30 Stuart Little Making It Big
4.00 Home Alone 3

Alex D Linz, Olek Krupa, Rya Kihlstedt, Lenny von Dohlen
Second sequel to the successful family comedy. A young boy gets his hands on a toy car that has a top-secret microchip hidden within and the spies who stashed it want to get it back before anybody notices it - but the lad has other plans. Text 1997, rating Sky PG, DS, 98 mins

6.00 The Parent Trap
Dennis Quaid, Natasha Richardson, Lindsay Lohan
Family comedy. A remake of the popular Disney film in which a pair of identical twins with red hair meet one another for the first time at a summer camp and, after initial rivalry, plot to bring their divorced parents back together, by swapping places with each other. Text 1998, rating Sky PG, 123 mins

8.10 Psycho
Vince Vaughn, Anne Heche
Re-make of the Hitchcock classic thriller. A woman is brutally stabbed to death after checking in to the Bates Motel and it is down to her sister, her lover and a private investigator to solve the crime before they themselves become victims. 1998, rating Sky 15, 99 mins

10.00 Red Corner
Richard Gere, Bai Ling, Bradley Whitford, Byron Mann
Tense thriller about a lawyer on business in China who finds himself charged with a murder he did not commit. A stranger in a strange land, he faces a race against time to prove his innocence before standing trial for an offence that carries the ultimate penalty. 1997, rating Sky 15, 117 mins

12.05am Copland
Sylvester Stallone, Harvey Keitel
Text 1997, rating Sky 18, 101 mins

1.50 What Rats Won't Do
Text 1998, rating Sky 15, 83 mins

3.20 Look Who's Talking
1989, rating Sky PG, DS, 90 mins

4.55-6.00am The Directors:
The Films of John Badham

6.00am Charley and the Angel
Drama. 1974, rating Sky U, 91 mins
8.00 He's Not Your Son
Donna Mills, John James
1984, rating Sky PG, 91 mins
10.00 The Wedding
Halle Berry, Lynn Whitfield
1997, rating Sky PG, 108 mins
12noon Danielle Steel's Daddy
Patrick Duffy, Lynda Carter
1991, rating Sky PG, 91 mins
2.00pm Charley and the Angel
Fred MacMurray, Harry Morgan
Drama. A man, upon learning that he is not long for this world, sets about putting to rights the wrongs he has done to his family in the course of his life. 1974, rating Sky U, 91 mins

4.00 He's Not Your Son
Donna Mills, John James, Ken Howard, Ann Dusenberry
Drama in which the loving parents of a six-month-old boy are shocked to learn that the child needs heart surgery. What is even harder to come to terms with, however, is the news that he is not their real son. 1984, rating Sky PG, 91 mins

5.45 The Wedding
Halle Berry, Lynn Whitfield, Shirley Knight, Eric Thal
Romantic drama about a young bride-to-be who finds herself the subject of another man's advances a matter of days before her wedding to a jazz musician that her parents disapprove of. Torn between two lovers, which way will she turn? 1997, rating Sky PG, 108 mins

7.35 UK Top Ten
8.00 The Patriot
Steven Seagal, Camilla Beale, LQ Jones, Gaillard Sartain
Thriller about a Neo-Nazi cult leader who releases a deadly toxin, which has no antidote, into the atmosphere of a small town in Montana. A ex-chemical researcher for the CIA has to race against time to find a cure and save the town. Text 1998, rating Sky 15, 86 mins

10.00 Fire Down Below
Steven Seagal, Kris Kristofferson, Harry Dean Stanton
Action adventure, set in the beautiful Appalachian mountains, about a rich man who is intent on becoming richer by allowing toxic waste to be dumped into abandoned mineshafts. Text 1997, rating Sky 18, 100 mins

11.45 Out for Justice
Steven Seagal, William Forsythe
1991, rating Sky 18, DS, 87 mins

1.20am Nico
Steven Seagal, Pam Grier
1988, rating Sky 18, 95 mins

3.00 Someone to Love Me
Lynda Carter, Jessica Bowman
1998, rating Sky 15, 86 mins

4.30-6.00am Danielle Steel's Daddy
1991, rating Sky PG, 91 mins

4.00pm Gunfight at the OK Corral
Burt Lancaster, Kirk Douglas, Rhonda Fleming, Jo Van Fleet
Epic Western. After a long career the lawman Wyatt Earp decides to quit but soon becomes involved in a bitter feud which leads to the infamous shoot-out at Tombstone alongside his trusted pal Doc Holliday. Text 1957, rating Sky PG, 118 mins

6.00 Butch Cassidy and the Sundance Kid
Robert Redford, Paul Newman, Katharine Ross, Strother Martin
Western about a couple of outlaws who get involved in a variety of bank and railroad heists. When they feel the heat rising, they set off for Bolivia where they face a showdown with the law. Text 1968, rating Sky PG, 106 mins

8.00 Three Days of the Condor
Robert Redford, Faye Dunaway, Max von Sydow, Cliff Robertson
Thriller about a CIA worker who uncovers some closely-guarded secrets within his own organisation. He is then forced to go on the run from his own colleagues - who now seem to want him dead. 1975, rating Sky 15, 112 mins

10.00 Havana
Robert Redford, Lena Olin
Romance set against the backdrop of Cuba in 1958. With the first signs of revolutionary rumblings hitting the beleaguered but ever-romantic Havana, a gambler arrives in the city for the biggest card game of his life but instead finds himself caught up in the insurgency against a dictator that could endanger his life. 1990, rating Sky 15, 138 mins

12.25am Iron Maze
Bridget Fonda, Jeff Fahey
1991, rating Sky 15, 97 mins

2.10 Three Days of the Condor
Robert Redford, Faye Dunaway
1975, rating Sky 15, 112 mins

4.10-6.00am Run Wild, Run Free
1969, rating Sky U, 95 mins

Channel 51 Matinee

FORCES OF NATURE
Rating 12, 102 mins
Romantic comedy. Fate throws two travellers together after a series of strange events - even though one of them is on the way to his own wedding. Stars Ben Affleck and Sandra Bullock.
T/C: Comedy, romance.
BL: Once, strong.
S/N: Some mild references.
V: Once mild.
6.00am, 8.00am, 10.00am, 12noon, 2.00pm

Channel 51 Evening

MICKEY BLUE EYES
Rating 15, 98 mins
Comedy. An English auctioneer, working in New York, marries his American girlfriend, not realising that her family are all mobsters. Stars Hugh Grant and Jeanne Tripplehorn.
T/C: Comedy, mafia.
BL: Infrequent, strong.
S/N: None.
V: Infrequent, moderate.
4.00pm, 6.00pm, 8.00pm, 10.00pm, 12midnight, 2.00am, 4.00am

Channel 52

UNIVERSAL SOLDIER: THE RETURN
Rating 18, 80 mins
Action. A project to create a new breed of soldier seems to be going well, but then a computer develops a mind of its own. Stars Jean-Claude Van Damme.
T/C: Action, sci-fi.
BL: Occasional, strong.
S/N: Some moderate nudity.
V: Frequent, strong.
6.50pm, 8.30pm, 10.10pm, 11.50pm, 1.30am, 3.10am

Channel 53

THE MATRIX
Rating 15, 131 mins
Sci-fi thriller. A young man, who has been searching for the truth all his life, finds himself pitched into a sinister world of virtual reality. Stars Keanu Reeves, Carrie-Anne Moss and Laurence Fishburne.
T/C: Sci-fi, adventure, virtual reality.
BL: Occasional, mild.
S/N: None.
V: Frequent, strong, fantasy.
6.30pm, 9.00pm, 11.30pm, 2.00am

FRONT ROW

SCREENING WHEN YOU'RE
GOOD AND READY

WITH CABLE & WIRELESS

See channel 50 or your Front Row spread on pages 14, 15 for further details.

KEY TO FILM CONTENT

T/C: Theme/Content
BL: Bad Language
S/N: Sex/Nudity
V: Violence

SKY ONE ACTION/ SELECTION PACKS	UK GOLD LIFESTYLE/ SELECTION PACKS	LIVING LIFESTYLE PACK	GRANADA PLUS ACTION PACK	DISNEY CHANNEL ADD-ON/ PREMIUM CHANNEL	
6.00am Long Play 7.30 Mega Babies 8.00 Godzilla 8.30 Mummies Alive 9.00 Pokémon 9.30 Pokémon 10.00 Pokémon 10.30 The Simpsons Text 11.00 The Best of Star Trek 1.00pm Dream Team Text 2.00 Mega Babies 2.30 Godzilla 3.00 Mummies Alive <i>Loss of Face</i> Nefertina becomes a famous fashion model. 3.30 Pokémon <i>Island of the Giant Pokémon</i> 4.00 Pokémon <i>Tentacool and Tentacruel</i> Ash, Misty and Brock are drawn into a battle. 4.30 Pokémon <i>The Ghost of Maidens Peak</i> 5.00 Star Trek Sci-fi adventure in which a space crew goes out into unexplored space to seek new planets and life forms and experience many strange adventures. 6.00 Early Edition <i>Nest Egg</i> After being defrauded in a phoney investment scheme, Gary's mother enlists him to help recover the cash. 7.00 The Simpsons <i>I Married Marge</i> Marge believes she may be pregnant. Text 7.30 The Simpsons <i>The Trouble with Trillions</i> Text 8.00 The Best of Star Trek Highlights from the long-running sci-fi adventure franchise which see another space crew on yet another mission to seek out new planets and peoples. 10.00 The Outer Limits <i>Joyride</i> Mystery series starring Angeline Ball and Robbie Chong. 11.00 Cops <i>Las Vegas</i> Officers respond to a call involving a woman. Text 11.30 Cops <i>Las Vegas</i> Text 12midnight Star Trek 1.00am LAPD 1.30 LAPD 2.00 World's Wildest Police Videos Text 2.50 World's Wildest Police Videos Text 3.40 The Untouchables Text 4.30 Manhunter 5.20 The Newlywed Game 5.40-6.00am The Newlywed Game	6.00am May to December 6.40 Bread Text 7.15 Birds of a Feather Text 7.50 Open All Hours 8.25 EastEnders Text 9.00 The Bill Text 9.30 The Bill Text 10.00 Bergerac 11.00 Knots Landing 11.55 Neighbours 12.25pm EastEnders Text 1.00 Ballykissangel 2.00 Knots Landing 3.00 The Bill <i>Paying the Piper</i> Boulton's informant is getting in the way of a result. Text 3.30 The Bill <i>This Land Is Ours</i> Text 4.00 EastEnders Michelle tries to cheer up Pauline by taking her on a night out. Text 4.35 Neighbours Wayne lies in order to maintain his relationship with Beth. 5.00 May to December <i>They Didn't Believe Me</i> It's Alec's birthday and he thinks it's time Zoe met his family. 5.40 Bread Sitcom about a family of loveable Liverpudlian rogues. Text 6.20 Waiting for God Sitcom about the elderly. When Diana spurns Tom's offer of cohabitation, he turns his attentions to a new resident. 7.00 The Good Life <i>Mutiny</i> Seventies sitcom about a couple who become self-sufficient. 7.40 Birds of a Feather <i>Young Guns</i> Tracey becomes increasingly concerned about her son Garth's sexual inclinations. 8.20 Open All Hours Sitcom about a miserly shopkeeper and his nephew. 9.00 Only Fools and Horses <i>May the Force Be with You</i> An old schoolmate returns to Peckham to catch up with Del. 9.40 dinnerladies <i>Scandal</i> Bren's mother causes mayhem with her ill-considered romance. 10.20 One Foot in the Grave <i>The Valley of Fear</i> 11.00 Operation Good Guys <i>Frisk 'Em</i> Beach invites a New Yorker to demonstrate his style of policing. 11.40 The Bill Text 12.15am The Bill Text 12.45 Live at Jinglelours 1.20 Only Fools and Horses 2.00 One Foot in the Grave 2.35 Monty Python's Flying Circus 3.10 EastEnders Text 3.45 Dangerfield 4.40 First of the Summer Wine 5.30-6.00am Angels	6.00am Ready, Steady, Cook 6.30 Can't Cook, Won't Cook 7.00 Tiny Living 9.00 Brookside 9.30 Home and Away 10.00 The Jerry Springer Show 10.50 Forgive or Forget 11.40 Maury Povich 12.30pm Special Babies 1.00 Reality Slot 1.30 Judge Judy 2.00 Streetmate 2.30 Maury Povich Compelling and personal talk show hosted by the veteran journalist. 3.20 Party of Five <i>Not Fade Away</i> Sparks fly when Charlie moves Kirsten in without consulting his siblings beforehand. 4.10 Mystic Challenge Psychics, astrologers and palmists are invited to put their powers to the test. 4.40 Forgive or Forget Host Mother Love deals with more real problems in a variety of relationships. 5.30 Ready, Steady, Cook Two top chefs compete against the clock to create exciting recipes from mystery ingredients. 6.10 The Jerry Springer Show Outrageous American talk show with Jerry presiding over more vigorously-argued disputes. 7.00 Judge Judy Judy Sheindlin presides over a series of real-life cases. 7.30 Streetmate Davina McCall scours the country for single people. 8.00 LA Doctors Drama series about a group of LA physicians who turn their backs on the corporate medical system to set up their own practice. With Ken Olin. 9.00 Profiler Suspense thriller series about Dr Sam Waters, a brilliant forensic psychologist with a gift for understanding the criminal mind. Stars Ally Walker. 10.00 FILM: Death Dreams <i>Christopher Reeve, Marg Helgenberger, Taylor Fry</i> Supernatural thriller about a happily married couple who are devastated by the accidental death of their young daughter. Their grief proves to be the source of a series of psychic experiences. 1991 11.50-12midnight Sex Bites	6.00am Hawaii Five-0 7.00 Plus on Plus 7.30 Jokers Wild 8.00 Hogan's Heroes 8.30 George and Mildred 9.00 Classic Coronation Street Text 9.30 Second Thoughts 10.00 Mission: Impossible 11.00 That's My Boy 11.30 Batman 12noon Classic Coronation Street Text 12.30pm Second Thoughts 1.00 George and Mildred 1.30 Robin's Nest 2.00 Hawaii Five-0 3.00 Mission: Impossible <i>Flip Side</i> The IMF attempts to break up an international narcotics ring, headed by a particularly ruthless young operator. 4.00 The Sweeney <i>Cover Story</i> There's romance between Inspector Regan and a beautiful journalist, but she seems to be implicated in a major crime. 5.00 Hart to Hart <i>Homemade Murder</i> Husband-and-wife team Jonathan and Jennifer Hart jet across continents to investigate new mysteries. 6.00 Bullseye Dart quiz show. 6.30 Classic Coronation Street Phyllis realises she's spending a small fortune on Sam. Text 7.00 Batman <i>Holy Rat Race</i> The dynamic duo escapes False-Face's clutches. 7.30 Robin's Nest <i>Person Friday Required</i> 8.00 Boon <i>Bully Boys</i> Comedy drama series starring Michael Elphick as Ken Boon, a fireman who refuses to accept he's on the scrap heap. 9.00 The Sweeney <i>Golden Boy</i> Regan and Carter uncover a cunning plot to ship out gold bullion to the Middle East. 10.00-11.00pm Taggart <i>Knife Edge - Part I</i>	4.30am Winnie the Pooh 4.45 Music Time 4.50 Rolie Olie 5.00 Bear 5.25 Art Play 5.30 PB and J Otter 5.45 Bite Size 6.00 Classic Toons 6.05 Circle Time 6.10 Rolie Olie 6.20 Spot 6.30 Out of the Box 7.00 Mickey Mouseworks 7.30 101 Dalmatians 8.00 Aladdin 8.30 Recess 9.00 Double Art Attack 9.35 Sabrina 10.00 FILM: Lion King II: Simba's Pride 1998 11.15 Recess 11.30 Miami 7 12noon Circus Kids 12.30pm Boy Meets World 1.00 FILM: Honey, I Shrunk the Kids 1989 2.30 Mickey Mouseworks 3.00 101 Dalmatians Canine animation. 3.15 100 Deeds for Eddie McDowd 3.45 The Famous Jett Jackson Stars Lee Thompson Young. 4.15 Honey, I Shrunk the Kids: The TV Show <i>Honey, It's the Ghostest with the Mostest</i> Wayne summons a ghost. Text 5.00 Recess Life in the fourth grade. Text 5.30 Smart Guy <i>Trial and Error</i> Mo is accused of starting a fire in school. Text 6.00 Teen Angel <i>Date with an Angel</i> Marty finds an effective way to look after Steve. Text 6.30 Home Improvement <i>Death Begins at Forty</i> Text 7.00 FILM: The Gift of Love: The Daniel Huffman Story <i>Elden Hensen, Debbie Reynolds</i> PREMIERE A young boy is faced with a stark choice between giving a kidney to help his grandmother live and following a sporting career. 1999 8.30 Honey, I Shrunk the Kids: The TV Show <i>Honey, I'll Be Right With You</i> Wayne insults three witches. Text 9.15 Flipper Further marine adventures in Florida with the most famous dolphin on television. Text 10.00 Home Improvement Comedy double bill. Text 11.00 Touched by an Angel Text 11.50-12midnight Toons	MORNING 6.00 AM 3.00 PM 4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM
CABLE CHECK Some of the channels listed may not be available in your area			GRANADA MEN & MOTORS ACTION PACK 11.00pm Strippers Fly-on-the-wall documentary series that focuses on the world of lap dancing and stripping. 11.30 Beaver Espana Danni Hunt travels to Magaluf. 12midnight Jo Guest in Jamaica Raunchy travel show, filmed at the Hedonism II resort in Jamaica. 12.30am On the Job A look at glamour photography. 1.00 El Wild On... <i>The Greek Isles</i> Jules visits Mykonos and Santorini and searches for Atlantis. 1.50-2.00am Wicked Willie	THE BOX MUSIC & GAMES PACK Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh - latest videos available; BOXTalk - unique interviews with artists/bands; Breakin' Out of THE BOX - videos tipped for the top. Plus weekly competitions. FRIDAY CONTINUES OVERLEAF...	NIGHT TIME 11.00 PM 12.00

CABLE CHOICE

FILM

Copland
Sky Premier 12.05am
Sylvester Stallone piles on the pounds in this intriguing cop drama. A small-town New Jersey sheriff lives in awe of the glamorous lifestyles of a group of corrupt NYPD cops but soon finds his loyalties tested when he is asked to testify against them.

GENERAL

One Foot in the Grave
UK Gold 10.20pm
A chance to enjoy the trials and tribulations of retired security officer Victor Meldrew in one of the 1990s best-written sitcoms. In this episode, Victor is forced to tackle graffiti, a noisy central heating system and a nasty smell coming from the other room.

ADVERTISEMENT

UK STYLE

GROUND FORCE 9.00PM

The greenfingered trio of Alan Titchmarsh, Charlie Dimmock and Tommy Walsh continue to do what they do best - gardening. The team launch the new series in typical bantering mode, despite the weather, and continue to delight the locals with their timely garden makeovers.



	EUROSPORT NEWS & SPORT/ SELECTION PACKS	SKY SPORTS 1 PREMIUM CHANNEL	SKY SPORTS 2 PREMIUM CHANNEL	SKY SPORTS 3 PREMIUM CHANNEL	SCI-FI ACTION PACK	MTV MUSIC & GAMES PACK
MORNING 6.00 AM 3.00 PM 4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM	7.30am Golf 8.30 Sailing 9.00 Football 10.30 Racing Line 11.30 Motorcycling - LIVE Coverage from the Czech Grand Prix in Brno. 12noon Motorcycling - LIVE 1.00pm Motorcycling - LIVE 2.15 Motorcycling - LIVE Coverage of the 250cc qualifying practice from the Czech Grand Prix.	7.00am TVR Tuscan Challenge 7.30 Formula Palmer Audi 8.00 You're On Sky Sports! 9.00 Racing News 9.30 Aerobics Oz Style 10.00 Football Special: 99/00 Season 12noon Aerobics Oz Style 12.30pm FIFA TV 1.00 Football League Review 1.30 Boxing: Big Fight Countdown 2.00 Football Special: How the Premiership Was Won - 99/00 Season Relive every significant moment from the 99/00 season when Manchester United were the team to beat.	7.00am Aerobics Oz Style 7.30 Racing News 8.00 FIFA TV 8.30 Boxing: Big Fight Countdown 9.00 The Rugby Club 10.00 Ford Golf USA: US PGA Championship Day one highlights from Louisville, Kentucky. 2.00pm Elite Speedway League The latest rip-roaring action as two teams compete on the dirt tracks of the Elite Speedway League. Repeat from Thursday.	12noon Trans World Sport An hour-long foray into sports news, tournaments and competitions across the globe from the past week. 1.00pm Tight Lines Bruno Brookes hosts the show for fishing fanatics. 2.00 The Rugby Club Stuart Barnes looks at the latest rugby union action and previews the week ahead.	8.00am Buck Rogers in the 25th Century 9.00 Land of the Giants 10.00 Swamp Thing 10.30 Swamp Thing 11.00 The Six Million Dollar Man 12noon Babylon 5 1.00pm Amazing Stories 1.30 Amazing Stories 2.00 Buck Rogers in the 25th Century	6.00am Select MTV 8.00 MTV Hits 9.00 Bytesize MTV 11.00 MTV Hits 12.30pm Making the Video: Travis 1.00 MTV Hits 2.00 V2000 Preview: Part II More video hits from the headliners of V2000, being held in Chelmsford and Weston Park, Staffordshire.
	3.30 Tennis WTA Tournament quarter-final action from Montreal.	4.00 Trans World Sport The latest, ground-breaking stories from across the world on every sport there is.	4.30 Moto Plus News and features on the very latest auto action.	3.00 Gillette World Sports Special David Jensen reports on alternative sports. 3.30 Gaelic Games Action from the annual summer festival that is the Gaelic Games. 4.30 Wild Spirits Action from the world of extreme sports, including white water rafting.	3.00 Max Headroom Academy Someone, somewhere is hijacking the network's frequencies, even disrupting Max himself. 4.00 Land of the Giants Deadly Pawn The Earth people are forced into a life or death game of chess. 5.00 Swamp Thing Cross-Fired Arcane becomes a nice guy through an accident. 5.30 Swamp Thing Patient Zero	3.00 Bytesize MTV Another parade of highlights from MTV stations all over the globe. 3.55 MTV's Pop Single of the Week 4.00 Select MTV A chance for viewers to make MTV their personal video jukebox. Just call the special hotline, choose your video from the on-screen menu and wait for it to get an airing.
	5.00 Motorcycling Highlights of today's qualifying practices in the three categories, from the Czech Grand Prix in Brno.	5.00 Futbol Mundial A global view of the world game with an insight into the best current action. 5.30 What a Weekend The weekend's sport. 6.00 Sky Sports Centre The latest news from the world of sport.	5.00 Inside the Senior PGA Tour An insight into life behind the scenes on the Senior PGA Tour. 5.30 Ford Golf USA: US PGA Championship - LIVE Coverage from the Valhalla Golf Club in Louisville as the US PGA Championship continues. Tiger Woods is going for his third major championship after winning at Medinah in 1999. Last year's event will always be remembered for the battle between two of golf's brightest young stars as Woods and Spain's Sergio Garcia topped the leaderboard.	5.00 TVR Tuscan Challenge Motorsports racing action. 5.30 Formula Palmer Audi High octane action. 6.00 Rugby Club A review of the latest rugby union action, match previews, plus interviews with some of the biggest names in the game. 7.00 First Division Football: Birmingham City v Fulham - LIVE Live Nationwide First Division action featuring two of the title favourites locking horns at St Andrews. Birmingham City entertain ambitious Fulham under their new coach, Jean Tigana.	6.00 The Six Million Dollar Man Target in the Sky Steve Austin travels to timber country to look for a stolen missile. 7.00 Amazing Stories The Pumpkin Competition 7.30 Cybernet A weekly look at what's new and what's hot in the world of computer games. 8.00 Quantum Leap The Last Gunfighter Sam is transported back to the Wild West and into the body of a gun-slinger who has cleaned up a town.	6.00 Bytesize MTV Another parade of highlights from MTV stations all over the globe. 7.00 MTV Hits Uninterrupted music videos featuring the latest from the MTV playlist.
	6.00 Tennis - LIVE Further coverage of the WTA Tournament in Montreal, Canada.	7.00 Boxing: Big Fight Countdown 7.30 Super League - LIVE The latest action from the Tetley's Bitter Super League as the season heats up. Bradford are the current champions and are chasing another title along with Wigan Warriors and St Helens.	9.45 Rally Action from the 9th round of the FIA World Rally Championship in Finland.	9.45 Boxing: Big Fight Countdown 10.15-12midnight Test Cricket: England v West Indies - Fourth Test Catch up with the best of the action from day two at Headingley. Home soil is clearly an advantage for Nasser Hussain and his team but the Windies, in spite of their erratic form, can never be written off.	9.00 The Hunger The Sloan Men 9.30 The Hunger Plain Brown Envelope A journalist decides to write a story on hitchhiking. 10.00 FILM: Panga Christopher Lee, Jenilee Harrison, Gavin Hood An African sugar cane plantation becomes host to a horrible nightmare when a voodoo curse is placed upon the owners. 1991 11.40 Sci-Focus Special A look behind the scenes of a recent movie. 12midnight FILM: Reflection of Fear Robert Shaw, Mary Ure A girl becomes a crucial link in a chain of violence. 1973 1.40am Sci-Focus Special 2.00 Cybernet 2.30 100 Years of Horror 3.00-4.00am Babylon 5	9.00 Biorhythm: Spice Girls MTV takes a look at the rapid rise to fame of the phenomenally popular, chart-topping girl group. 10.00 The Tom Green Show 10.30 The Blame Game Judge where the fault lies in failed relationships. 11.00 Singled Out Marathon A quartet of back-to-back episodes of the dating show, as another bunch of hopeful youngsters battle to win the hearts of the eager contestants. 1.00am MTV Dance Floor Chart Show Join June Sarpong as she checks out the tunes that are filling the dancefloors of Ibiza and the UK this summer. 2.00-6.00am Night Videos
	10.00 SportsCentre Live sports news bulletin. 10.15 Darts Action from the International Open and Speed Darts Challenge in Augsburg, Germany.	11.30 Hold the Back Page Three leading football journalists analyse the back page headlines. 12.30am Boxing: Big Fight Countdown 1.00 Sky Sports Centre The latest sports news. 2.00 Super League Action from the latest clash. 4.00-6.00am World Wrestling Federation: Late Night - Raw	12midnight First Division Football 1.30am Sky Sports Centre 2.30 Test Cricket: England v West Indies Repeat from Sky Sports 3. 4.00 First Division Football 5.30-6.00am Extreme Sailing			
	12.00 12midnight Rally FIA World Rally Championship action. 12.15-12.30am SportsCentre					
NIGHT TIME						
LIVE FIRST DIVISION FOOTBALL: BIRMINGHAM CITY V FULHAM SKY SPORTS 3 7.00PM   Two sides that got left behind in last season's promotion race were Birmingham (whose Bryan Hughes is pictured, left) and Fulham (whose Bjarne Goldbaek is pictured, right), but neither team will let that stop them try again. The sides meet tonight with both managers under the spotlight. Trevor Francis has promised much at Birmingham, yet ultimately failed to deliver, and time is running out. Jean Tigana will bring fresh hope to the Craven Cottagers' attempt to return to the big time.					PLAYBOY TV/ ADULT CHANNEL ADD-ON CHANNEL 10.00pm Freeview 10.06 LaToya Jackson 11.15 Compromising Situations 12midnight Freeview 12.10am Adult Feature 12.25 The Sex Clinic with Dr Jenny Tulls 12.55 FILM: Sue 2.10 New Model File 2.35-4.00am FILM: The Skin Game Adult Nightview is now available as a TV on-demand service between 10.00pm and 4.00am at £4.95. See channel 50 for details	TELEVISION X ADD-ON CHANNEL 12midnight Preview 12.10am Stripper of the Year 12.20 Extreme Close-Up 12.45 FILM: Catchme.com 1.00 Free View 1.05 FILM 2.00 Free View 2.05 Adult Feature 2.30 FILM: Lust Runners 3.00 Free View 3.05 FILM 3.40-4.00am Nella Adult Nightview is now available as a TV on-demand service between 12midnight and 4.00am at £4.95. See channel 50 for details

VHI MUSIC & GAMES PACK	ANIMAL PLANET WORLD PACK	 The duo play house in 'Mark and Lard's Pop Upstairs Downstairs'. UK Play 3.00am	UK STYLE LIFESTYLE PACK	UK HORIZONS WORLD/ ACCESS PACKS	CARLTON FOOD NETWORK LIFESTYLE PACK	
6.00am Power Breakfast 8.00 Pop-Up Video 9.00 Upbeat 12noon Behind the Music: TLC 1.00pm Greatest Hits: Bon Jovi Featuring tracks such as <i>Living on a Prayer</i> and <i>You Give Love a Bad Name</i>. 1.30 Pop-Up Video 2.00 Jukebox 3.00 The Men Strike Back The masculine retort to the VH1 Divas shows, highlighting the talents of, among others, Sting, Tom Jones, The Backstreet Boys and Enrique Iglesias.	12noon Croc Files 12.30pm Going Wild with Jeff Corwin <i>Borneo</i> 1.00 Zoo Chronicles 1.30 Zoo Chronicles Marcus the baby giraffe is let out to play for the first time. 2.00 Pet Rescue More RSCPA rescue cases. 2.30 Kratt's Creatures <i>Hanging with the Monkeys</i> 3.00 Woof! It's a Dog's Life More tips on canine obedience problems. 3.30 Woof! It's a Dog's Life 4.00 Animal Planet Unleashed Howie Watkins finds out how to make pond nets. 4.30 Croc Files With Steve and Terri Irwin. 5.00 Pet Rescue With Wendy Turner and Mark Evans. 5.30 Going Wild with Jeff Corwin <i>Olympic National Park</i> 6.00 The Aquanauts Mason and Thor travel to Micronesia. 6.30 Croc Files Steve and Terri Irwin explore Fraser Island. 7.00 Survivors <i>Reptiles</i> Discover how reptiles fight for survival in a changing environment and deal with threats to their existence. 8.00 Wildlife SOS A litter of woodniece is rescued from a lawnmower. 8.30 Wildlife SOS A hose pipe helps to cool down a wandering swan. 9.00 Crocodile Hunter <i>Island in Time</i> Steve and Terri Irwin encounter the wild horses of Fraser Island. 10.00 Flies Attack A profile of humanity's relationship with the fly, which is said to have killed more people than all the wars in history. 11.00 Emergency Vets Round-the-clock care for animal patients. 11.30-12midnight Emergency Vets	ITV2 ACCESS PACK 4.00pm Trisha Another double bill of heartwarming and hair-raising true stories with Trisha Goddard and a studio audience. Text	7.00am Holiday in Style 8.00 Ready, Steady, Cook 8.30 Can't Cook, Won't Cook 9.00 Repair to Remember 9.30 Real Rooms 10.00 Change That 10.30 A Room with a Clue 11.00 How Does Your Wallpaper Hang? 12noon Good Living 12.30pm Style Challenge 1.00 Rick Stein's Seafood Odyssey 1.30 Ready, Steady, Cook 2.00 Ground Force 2.30 Gardening Neighbours 3.00 Learn to Garden with Stefan Buczacki Lessons in horticultural skills for the novice. 3.30 Gardeners' World 4.00 Stefan's Garden Roadshow More gardening advice. 4.30 Good Living Lifestyle series presented by Jane Asher. 5.00 Can't Cook, Won't Cook 5.30 Changing Rooms Down Under Decor makeovers Antipodean-style. 6.00 Antiques Roadshow <i>Porthmadog</i> More members of the public bring along their antiques for evaluation. 7.00 Real Rooms <i>Cheltenham Bathroom</i> More rooms get a revamp. 7.30 Change That <i>Ragley Hall</i> Interior design roadshow. 8.00 Style Challenge Fashion experts perform more dream makeovers. 8.30 Antiques Treasure Trail Advice on buying antiques. 9.00 Ground Force <i>North Baddersley</i> Garden makeover series. 9.30 Home Front: Inside Out Laurence Llewelyn-Bowen and Diarmuid Gavin help some first-time buyers to decorate their new home. 10.30 House Invaders Linda Barker hosts the low-budget DIY show. 11.00 BBC Gardener of the Year Presented by Alan Titchmarsh. 11.30 Garden Stories <i>Cycles</i> 12midnight Garden Magic Toby Buckland and Lisa Davis come up with solutions to gardening dilemmas. 12.30am-1.00am Stefan's Garden Roadshow Stefan Buczacki offers help and advice on various horticultural problems.	7.00am Tomorrow's World Plus 7.50 Future Fantastic 8.20 Local Heroes 8.50 Animal Hospital 9.20 Tomorrow's World Plus 10.15 Island of the Vampire Birds 11.15 Top Gear GTI 12.15pm Nightmarch at Canary Wharf 1.15 Passport to the Sun 1.45 Billingsgate 2.45 The Visit <i>Chariots of Wire</i> Learn about a charity which is transforming the lives of the disabled in developing countries by making cheap and durable wheelchairs. 3.45 Animal Hospital Rolf Harris observes more RSPCA medical cases. 4.20 Vets in Practice <i>A First Time for Everything</i> 4.50 Animal People Documentary exploring the bond between humans and animals. 5.25 What Went Wrong? Disasters examined. 5.55 Airport Life behind the scenes at busy Heathrow. 6.25 Passport to the Sun With Liza Tarbuck. 6.55 Crime Squad Series focusing on all aspects of crime. 7.30 Meet the Ancestors <i>Princess of the City</i> Archaeological series. 8.00 Vets in Practice <i>A First Time for Everything</i> Joe fights to save a fawn. 8.30 What Went Wrong? Disasters examined. 9.00 Airport Heathrow documentary. 9.35 Jobs for the Boys Gareth and Norman Make an Ad The duo try their hands at producing a commercial. 10.35 Sex, Lies and Aliens A look behind the scenes at the <i>Daily Sport</i> and <i>Sunday Sport</i> newspapers. 11.35 Paddington Green West London docusoap. 12.05am-1.00am Road Rage	7.00am Tessa's Tastebuds 7.30 Coxon's Kitchen College 8.00 Network Daily 8.45 Quick Cooks 9.00 Red Hot 'n' Smokin' 9.30 Classic Dishes 10.00 Caribbean Kitchen 10.30 A Year at Ballymaloe 11.00 Flash in the Pan 11.30 Celebrations 12noon Four Burners and a Grill 12.30pm Peter Gordon's Pacific Food 1.00 Coxon's Kitchen College 1.30 Aldo's Italian Job 2.00 Network Daily 2.45 Quick Cooks 3.00 Red Hot 'n' Smokin' With the Nosh brothers. 3.30 Tessa's Tastebuds <i>Saffron</i> 4.00 A Year at Ballymaloe 4.30 Classic Dishes Paul Heathcote prepares Spanish tapas. 5.00 A to Z of Food and Beauty 5.30 Four Burners and a Grill 6.00 Coxon's Kitchen College 6.30-7.00pm Peter Gordon's Pacific Food	6.00 AM MORNING 3.00 PM 4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00 NIGHT TIME
5.00 Ten of the Best: Gary Barlow The Take That star chooses his ten favourite music videos. 6.00 The VH1 Album Chart Show Paul King presents news on the biggest and best-selling albums of the week in the United Kingdom. 7.00 VH1 Hits Two more hours of uninterrupted music videos, featuring the latest from the VH1 playlist. 9.00 Ten of the Best: Tom Jones The Welsh vocal powerhouse selects his ten favourite music videos. 10.00 Behind the Music: Def Leppard Band members, family and colleagues talk about the highs and lows on the rocky road to fame. 11.00 Storytellers: Phil Collins The singer and drummer performs a live set and chats about the influences behind his music. 12midnight The Rolling Stones - Bridges to Babylon Catch the legendary band in performance. 2.00am Anorak 'n' Roll Trivia quiz show. 3.00-6.00am VH1 Late Shift Music through the night.	6.00 The Extremists Series about extreme sports and activities. 6.30 Dealer's Choice An offbeat look at the world of buying used cars. 7.00 Rugby World Sevens Champions Fiji defend their title as 10 teams battle it out to become 2000 World Sevens Champions. 8.00 Sunset Beach Cole has rented a room to Olivia, who is still in love with her husband despite his cruelty towards her. 8.50 Chart Choice 9.00 Bad Girls Prison drama series. Jim is accused of having an affair with Shell, while Zandra goes into labour and Nikki is hurt by Helen. 10.00 Coronation Street Catch up with tonight's episode from ITV. Text 10.30 Nuts and Bolts Rizzla plays with fire. 11.00 The Jerry Springer Show Jerry presides over more outrageous revelations and confrontations. 11.50 The Late Show with David Letterman Top-rated chat show. 12.40am Freaky Stories Ghoulish animation. 12.50 The Extremists Series about extreme sports and activities. 1.20-1.50am Dealer's Choice	6.00 The Extremists Series about extreme sports and activities. 6.30 Dealer's Choice An offbeat look at the world of buying used cars. 7.00 Rugby World Sevens Champions Fiji defend their title as 10 teams battle it out to become 2000 World Sevens Champions. 8.00 Sunset Beach Cole has rented a room to Olivia, who is still in love with her husband despite his cruelty towards her. 8.50 Chart Choice 9.00 Bad Girls Prison drama series. 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Text 10.30 Nuts and Bolts Rizzla plays with fire. 11.00 The Jerry Springer Show Jerry presides over more outrageous revelations and confrontations. 11.50 The Late Show with David Letterman Top-rated chat show. 12.40am Freaky Stories Ghoulish animation. 12.50 The Extremists Series about extreme sports and activities. 1.20-1.50am Dealer's Choice	NATIONAL GEOGRAPHIC CHANNEL FAMILY PACK 7.00pm Koala Miracle Follow the unusual pregnancy of Robyn, a five-year-old koala, from her artificial insemination to the birth of her young. 8.00 Treasure Seekers <i>Lost Cities of the Inca</i> Professor Hiram Bingham seeks out a lost empire left abandoned after the Incas were wiped out. 9.00 Masters and Madmen A fascinating investigation into the possible link between manic-depressive disorder and genius. 10.00 In Search of Human Origins Discover when human ancestors began to look and behave anatomically like modern man. 11.00 The Last Wild River Ride Richard Bangs takes on the challenge of a river raft descent down Ethiopia's Tekeze River. 12midnight-1.00am Wild Wheels Witness this personal exploration of the wacky world of Car Art as filmmaker Harrod Blank drives across America to document various artists and their unconventional vehicles.	6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00 NIGHT TIME
CHALLENGE TV MUSIC & GAMES PACK 5.00pm Cross Wits 5.30 Sale of the Century Presented by Keith Chegwin. 6.00 Family Fortunes Big money gameshow. 6.30 100% 7.00 Stars in Their Eyes Hosted by Matthew Kelly. 7.30 Beadle's About Hidden camera pranks. 8.00 Gladiators Physical challenge show. 9.00 Whittle 9.30 Strike it Lucky	10.00 Sale of the Century 10.30 Family Fortunes 11.00 Stars in Their Eyes 12midnight Beadle's About 12.30am Gladiators 1.30 The Cooler 2.00 Karaoke Challenge <i>Morecambe</i> 2.30 3-2-1 3.30 The Krypton Factor 4.00 Say the Word 4.30 Whittle 5.00-6.00am Shopping with Screenshop	DISCOVERY HOME & LEISURE WORLD PACK 6.00am The Joy of Painting 6.30 Grass Roots 7.00 Garden Rescue 7.30 Doing it Up 8.00 How to with B & Q 8.05 House Doctor 8.35 Our House Down Under 9.05 The Joy of Painting 9.35 Grass Roots 10.05 How to with B & Q 10.10 Garden Rescue 10.40 Two's Country 11.10 Village Green 11.40 Home Savvy	12.10pm How to with B & Q 12.15 Hometime 12.45 This Old House 1.15 Home Again with Bob Vila 1.45 Wood Wizard 2.15 How to with B & Q 2.20 The New Yankee Workshop 2.50 Mod Cons 3.20 Rex Hunt Fishing Adventures 3.50-4.00pm How to with B & Q	RAPTURE BONUS CHANNEL 10.00am Freesport Special 10.30 World Wind Surf 11.00 High Action Adrenalin 11.30 Adrenalize 12noon Chill Factor 12.30pm Mountain Bikes 1.00 World Wind Surf 1.30 Byte Me 2.00 Adrenalize 2.30 High Adrenaline Action 3.00 Fearless 3.30 Mountain Bikes 4.00 Freesport Special 4.30 World Wind Surf 5.00-6.00pm High Adrenaline Action	LOCAL CHANNEL ACCESS PACK 6.00pm LLTV - Local Life 6.30 What's On TV *London area: Blue Tomorrow Chelsea FC fanzine. *Derby area: Vision Rams Derby County FC fanzine. 7.00 LLTV - Local Life 7.30 YCTV 8.00 Student Showcase 8.30 What's On TV 9.00-9.30pm LLTV - Local Life * Repeated Saturday 9.30am	6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00 NIGHT TIME

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

NIGHT TIME

CABLE CHECK
Some of the channels listed may not be available in your area

DISCOVERY WORLD PACK

4.00pm Rex Hunt Fishing Adventures
South West Rocks
4.30 Discovery Today
A look ahead to the coming week's highlights.

5.00 The Adventurers
August Piccard and Jacques Piccard
Profile of the father and son Swiss physicists and altitude balloonists.

6.00 Rhino and Co
The Ocean
Discover some of the vast, unexplored wildernesses of the planet.

7.00 Wonders of Weather
Killer Weather
A look at hurricanes, tornados and floods.

7.30 Discovery Today
8.00 The Barefoot Bushman
Living with Lizards
Rob Bredl heads out into the wild to track and catch dangerous reptiles.

9.00 Extreme Contact
Shark Frenzy
9.30 O'Shea's Big Adventure
Swamp Dinosaur

10.00 Runaway Trains
An express ride through some of the most spectacular train accidents in history.

11.00 Ultimate Aircraft
Battle Chopper
A look at America's AH-64 Apache and Russia's Mi-24 Hind.

12midnight Time Team
Plympton
Tony Robinson leads the team in Plympton, Devon.
1.00am Red Chapters
The Hunt for True October
A look at Lenin's Bolshevik Revolution of 1917.
1.30-2.00am
Discovery Today

THE HISTORY CHANNEL WORLD PACK

12noon The Rosetta Stone
12.55pm
Photos for the Future II
1.00pm Crown and Country
1.30
Gardens of the Millennium
2.00 Biography
2.55
A Small Piece of History
3.00 World War I
3.30 The Secret War
4.00 The Assassination of Reinhard Heydrich
5.00 Salvage Ships

CARTOON NETWORK FAMILY PACK

5.00am
Flying Rhino Junior High
6.00 Fat Dog Mendoza
7.00 Tom and Jerry
8.00
Mission Impossible-Doo
10.00 FILM:
Scooby-Doo and the Reluctant Werewolf 1988
12noon-8.30pm
Mission Impossible-Doo



DAPHNE
Full name: Daphne Blake
Age: 16
Hair: Red
Dress: Aubergine-coloured dress with pink stripes, purple headband, violet pumps with bows
Occupation: Beautiful teenager
Likes: A good mystery, the spoils of wealth - like the Mystery Machine - and keeping coiffured
Dislikes: Abandoning a case, the fact that she inevitably becomes trouble's target
Favourite Phrases: 'I don't see anything to be afraid of...' 'Ohhh, Scooby!'

8.30-9.00pm FILM:
Scooby-Doo and the Reluctant Werewolf

TCM FAMILY PACK

9.00pm The Fearless Vampire Killers
Jack MacGowran, Roman Polanski, Sharon Tate
Horror comedy about an ageing bat researcher and his assistant who travel to a remote Transylvanian village looking for vampires. Meanwhile, a count housed in a nearby creepy castle has his eyes on them. **Widescreen 1967**
11.05-1.00am
Demon Seed
Julie Christie
Horror. **Widescreen 1977**

CARTOON NETWORK:
1.00am The Moomins 1.30
The Magic Roundabout
2.00 Tabaluga 2.30
Blinky Bill 3.00
The Tidings
3.30 The Fruitties
4.00 The Moomins
4.30-5.00am
The Magic Roundabout

NICKELODEON FAMILY PACK

7.00am *Transylvania Pet Shop*
7.30 *Transylvania Pet Shop* 8.00
Ren and Stimpy 8.30
Ren and Stimpy 9.00
Kenan and Kel 9.30
Kenan and Kel 10.00
Sister Sister 10.30
Sister Sister 11.00
Cousin Skeeter 11.30
Cousin Skeeter 12.00
Rugrats 12.30pm
Rugrats 1.00
Rocko's Modern Life 1.30
Rocko's Modern Life 2.00
Rocko's Modern Life 2.30

3.00
Rocko's Modern Life
Cartoon satire on consumer society.

3.30
Rocko's Modern Life
4.00 Kenan and Kel
Stars Kenan Thompson and Kel Mitchell.

4.30 Kenan and Kel
The adventures of two funky friends.

5.00 Sabrina the Teenage Witch
5.30 Sabrina the Teenage Witch
6.00 Are You Afraid of the Dark?
6.30-7.00pm Are You Afraid of the Dark?

PARAMOUNT COMEDY CHANNEL FAMILY PACK

7.00pm
Grace Under Fire
7.30 King of Queens
Hungry Man
8.00 Ellen
Makin' Whoppee
Spence takes Ellen to a party to impress a surgeon.
8.30 Just Shoot Me
Slow Donnie

9.00 Married... With Children
Build a Better Mousetrap
The Bundys are invaded.
9.30 Spin City
The High and the Mighty

10.00 FILM:
Beverly Hills Cop
Eddie Murphy, Judge Reinhold, Lisa Eilbacher
Action comedy about a renegade detective from Detroit on the trail of his best friend's killers. The trail leads to glitzy California but the rules of the game are different in that particular state. **1980**
12midnight Cheers
12.30am Cheers
1.10 NewsRadio
1.35 Duckman
2.00 Dressing for Breakfast
2.30 Desmond's
3.00 It's Garry Shandling's Show
3.30-4.00am
Abbott and Costello

12midnight Cheers
12.30am Cheers
1.10 NewsRadio
1.35 Duckman
2.00 Dressing for Breakfast
2.30 Desmond's
3.00 It's Garry Shandling's Show
3.30-4.00am
Abbott and Costello

TV TRAVEL SHOP BONUS CHANNEL

A total travel service in your own home. Video brochures give a guided tour of resorts around the world, with regular bulletins and programmes featuring late holidays and special offers. Viewers can then book holidays 24-hours-a-day, seven-days-a-week, by calling 0870 60 60 747. For more information and full listings turn to TV Travel Shop Text, from page 200.

FOX KIDS FAMILY PACK

6.00am *Oggy* 6.10
Bad Dog 6.30
Bobby's World 6.55
Jim Button 7.15
Walter Melon 7.40
Inspector Gadget 8.00
Oggy 8.10
Biker Mice 8.30
Dennis and Gnasher 8.55
Sailor Moon 9.15
Sailor Moon 9.40
Digimon 10.00
Monster Rancher 10.45
Masked Rider 11.05
X-Men 11.30
Spy Dogs 11.50
Ace Ventura 12.15pm
Walter Melon 12.35
Inspector Gadget 1.00
Woody 1.10
Casper 1.30
Donkey Kong 1.55
Dennis and Gnasher 2.20
With Louie 2.40
Princess Sissi

3.00 Princess Starla and the Jewel Riders
3.20 Sailor Moon
3.45 Mighty Morphin' Power Rangers
Action adventure series.

4.05 Mighty Morphin' Power Rangers
4.30 Digimon
The adventures of seven kids in a digital world.

4.50 Masked Rider
The adventures of Dex, a teenage alien superhero.

5.15
Monster Rancher
5.35
Biker Mice from Mars
6.00 The New Addams Family
6.25 Casper
6.35-7.00pm
Goosebumps

SHOP! LIFESTYLE/ SELECTION PACKS

6.00am *Shop! Selection*
7.00 Technology Shop!
PCs and accessories.
8.00 Sports Shop!
Fishing equipment.
8.30 Home Shop!
9.00 Clothes Shop!
10.00 Home Shop!
Ideas for the bathroom.
11.00 Kitchen Shop!
12noon Shop! Outlet
1.00pm Shop! Special
2.00 Shop! Selection
Round-up of the best sellers.
3.00 Clothes Shop!
4.00 Jewellery Shop!
5.00 Shop! Preview
6.00 Shop! Selection
7.00-7.30pm *Clothes Shop!*

GMTV 2 ACCESS PACK

GMTV2 offers pre-school and lifestyle shows between 6.00am and 9.25am. Weekdays: *The News Hour* at 6.00am followed by children's shows. Saturdays: Children's programming and a round-up of the week's news in *The Review*. Sundays: Highlights include a *Pokémon* triple bill and *The Review*.

QVC LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day - so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is In the Kitchen with Tefal at 6.00pm.

NEWS AND INTERNATIONAL

BBC NEWS 24 NEWS & SPORT/ ACCESS PACKS

6.00am *News* 7.00 *News* 9.30 *World News* 10.00 *News* 11.00 *News* 12noon *News* 1.00pm *News* 2.00 *News* 3.00 *News* 4.00 *News* 5.00 *News* 6.00 *News* 7.00 *News* 7.30 *Sportsday* 8.00 *News* 9.00 *News* 9.30 *HARDtalk* 10.00 *News* 11.00 *News* 11.30 *World Business Report* 12midnight *News* 1.00am *News* 2.00 *News* 2.30 *World Business Report* 3.00 *News* 3.30 *HARDtalk* 4.00 *News* 4.45 *Asia Today* 5.00 *News* 5.30-6.00am *Talking Movies*

CNN INTERNATIONAL NEWS & SPORT PACK

News throughout the day, plus:
5.00am *Morning* 5.30 *World Business* 6.00 *This Morning* 6.30 *World Business* 7.00 *This Morning* 7.30 *World Business* 8.00 *This Morning* 8.30 *Sport* 9.00 *Larry King* 10.30 *Sport* 11.30 *Biz Asia* 12.30pm *Style* 1.15 *Asian Edition* 1.30 *World Report* 2.30 *Showbiz* 3.00 *Pinnacle* 3.30 *Sport* 4.30 *Inside Europe* 5.00 *Larry King Live* 7.30 *World Business Today* 8.30 *Q&A* 9.30 *Insight* 10.00 *World Business Today* 10.30 *Sport* 11.00 *CNN WorldView* 11.30 *Moneyline* 12.30am *Showbiz Today* 1.00 *World News Americas* 1.30 *Inside Europe* 2.00 *Larry King* 4.30-5.00am *American Edition*

SKY NEWS NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus:
6.00am *Sunrise* 10.30 *Sky World News* 11.30 *Money* 12noon *Sky News Today* 2.30pm *Your Call* 3.00 *Sky News Today* 4.30 *Sky World News* 5.00 *Live at Five* 8.30 *Sky Business Report* 9.30 *Answer the Question* 10.00 *Sky News at Ten* 10.30 *Sportslive* 12.30am *CBS Evening News* 1.30 *Your Call* 2.30 *Sky Business Report* 3.30 *Answer the Question* 4.30 *Week in Review* 5.30-6.00am *CBS Evening News*

INTERNATIONAL

TV5 5.00am *Journal* 5.15 *Journal des Journaux* 5.30 *Télématin et le Journal du Temps* 7.00 *Journal* 7.30 *Fête des Bébés* 8.00 *Infos* 8.05 *Zig Zag Café* 9.00 *Journal* 9.15 *Des Trains Pas Comme les Autres* 10.00 *Les Conflits Verts* 11.00 *Infos* 11.05 100% *Questions* 11.30 *Journal* 12noon *Infos* 12.05pm *Passe-Moi les Jumelles* 1.00 *Journal* 1.15 *Fort en Tête* 2.15 *C'est Mon Choix* 3.00 *Journal* 3.15 *Questions* 3.30 *Les Carnets du Bourlingueur* 4.00 *Infos* 4.05 *Pyramide* 4.30 *Questions pour un Champion* 5.00 *Journal* 5.15 *Les Années Belges* 6.00 *Les Conflits Verts* 7.00 *Journal* 7.30 *Journal et Le Journal du Temps* 8.00 *Infos* 8.05 *Diva* 9.00 *Journal* 9.30 *Parlez-Moi D'Amour* 11.00 *Journal* 11.30-12midnight *Soir 3*

ASIANET ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am *Juke Box* 8.00 *DD News* 8.30 *DD Programme* 9.00 *FILM* 11.30 *News* 12noon *Rajni* 12.30pm *Baaje Payal* 1.00 *Swabimaan* 1.30 *FILM* 4.00 *Jaldi Jaldi* 4.30 *Juke Box* 5.00 *Agar* 6.00 *Tiger* 6.30 *AsiaNet Legal Live* 7.15 *Swabimaan* 7.40 *News* 8.00 *Aarzoo* 8.30 *Dard* 9.00 *FILM* 11.30 *News* 12midnight *MTV Fresh* 12.30am *Asianet Legal Show* 1.15 *FILM* 4.00 *Music Box* 4.30 *Dard* 5.00 *MTV 123* 6.00 *Jaldi Jaldi* 6.30 *DD Programme* 7.00-7.30am *DD Programme*

ZEE TV ADD-ON CHANNEL

6.00am *Beegi Ki Pg* 6.30 *Bhakti Songs* 7.30 *Faith Islam* 7.30 *Daily News* 8.00 *Pakistan News Link* 8.30 *Kartavya* 9.00 *Sanskar* 10.00 *Deewangi* 11.00 *Zaika Ka Safar* 11.30 *Making of a Legend* 12noon *FILM* 3.00pm *Dear Women* 3.30 *Chalo Cinema* 4.00 *Kartavya* 4.30 *Aashiqui* 5.00 *Choti Choti Baatein* 5.30 *Amanat* 6.00 *Yehi to Pyar Hai* 6.30 *Footloose* 7.00 *Net Asia Up Beat* 7.30 *Entertainment Express* 8.00 *News Bulletin* 8.30 *Muskan* 9.00 *Sampat Aur Sampat* 9.30 *Mehendi Tere Naam Ki* 10.00 *Thriller* at 10.10 *The X Zone* 11.30 *Kasak* 12midnight *Punjabi News* 12.30am *FILM* 3.30 *Hum Paanch* 4.00 *Daraar* 4.30 *Campus* 5.00 *Commander* 5.30-6.00am *Flu*

CHRISTIAN CHANNEL EUROPE WORLD PACK

5.00am *700 Club* 5.30 *Gospel Truth* - Andrew Wommack 6.00 *Good News* 6.30 *Changing Your World* 7.00 *Believers Voice of Victory* 7.30 *This is Your Day* 8.00 *Behind the Screens* 8.20 *Thought for the Day* 8.30 *Life in the Word* 9.00 *The Messenger* 9.30 *Winning Ways* - Matthew Ashimolowo 10.00 *CMTV* 10.30-11.00am *700 Club Replay*

BLOOMBERG WORLD PACK

2.00am *Clarke's Chronicle Report* 2.30 *Asian Market Report* 4.45 *Wall Street Report* 5.05-6.00am *US Market Report*

BBC PARLIAMENT NEWS & SPORT PACK

Parliament is in recess.

Week 3

Saturday 19th August-Friday 25th August



Bard company

Bawdy comedy is skilfully counterpointed with lyrical romance in *Shakespeare in Love*, the richly written historical crowd-pleaser which captured the hearts of audiences and collected seven Oscars. Set in London in 1593, and capitalising on the paucity of knowledge surrounding this period of the Bard's life, this fancifully conceived movie finds William Shakespeare (Joseph Fiennes) struggling with his latest opus, *Romeo and Ethel, the Pirate's Daughter*. But his feelings for Lady Viola De Lesseps (Best Actress recipient Gwyneth Paltrow), who disguises herself as a man to infiltrate the all-male preserve of the acting profession and win a part in the play, inspires Shakespeare to transform his awkward comic tale into the enduring, tragic love story *Romeo and Juliet*.

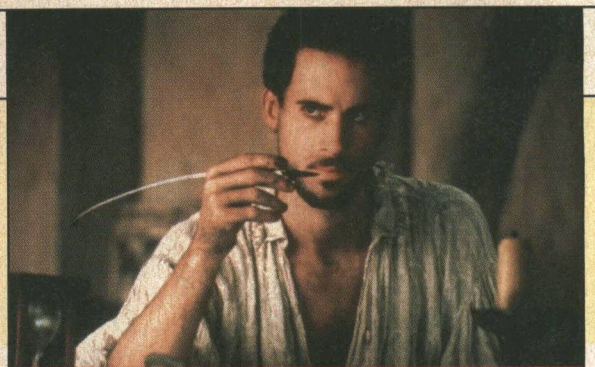
Sky Premier, Saturday 19th, 8.00pm



The second coming of the King

The adventures of New York parcel delivery man Doug Heffernan (Kevin James, right) in *King of Queens* make a welcome addition to Paramount's comedy roster. And the hit sitcom starts its second series this week, though you can whet your appetite by catching episodes from the first in the lead up to it. Doug's a simple guy; he's married to Carrie (Leah Remini, left), and depends on his giant TV and his old drinking buddies Richie, Spence and Deacon for his entertainment. The main fly in Doug's ointment is Carrie's father Arthur (played by *Seinfeld* star Jerry Stiller). Arthur lives in the basement and regales Doug and Carrie with a constant litany of complaints and reports on his bodily functions, while he tries out all manner of get-rich-quick schemes. In the season opener, entitled Queasy Rider, Doug buys a motorbike against Carrie's wishes, and she takes up smoking in a bid to annoy him. *Paramount Comedy Channel, new series daily from Wednesday 23rd, 7.30pm*





Joseph Fiennes plays the amorous Bard in the premiere of 'Shakespeare in Love'. Sky Premier 8.00pm

MOVIE RATINGS

Sky U: Suitable for viewing by all
 Sky PG: Parental Guidance suggested
 Sky 12: Suitable for viewers aged 12 years and over
 Sky 15: Suitable for viewing by people of 15 years or over
 Sky 18: Suitable for viewing by adults only
 Text: film is subtitled on page 888 of Fastext
 Widescreen: shown in cinema (letterbox) format

FILMFOUR ADD-ON CHANNEL

6.00pm Summer Holiday
 Cliff Richard, Lauri Peters, Melvyn Hayes, Una Stubbs
 British musical. Four young friends driving an old London double-decker bus to the south of France, pick up an American pop singer who is posing as a boy to hide from her press agent and get caught up in a supposed kidnapping plot. 1962, 104 mins

8.00 House Party
 Christopher Reid, Christopher Martin, Tisha Campbell
 Comedy. A teenager has been invited to a cool party at his friend's house but gets grounded after a fight at school. Determined to go, he sneaks out when his father falls asleep and finds out that the thugs from school want to teach him a lesson he'll never forget. **Text** 1990 97 mins

10.00 Leon
 Jean Reno, Natalie Portman
 Action thriller. A professional hitman takes in a 12-year-old girl who is the sole survivor after her family was wiped out by a rogue cop. He teaches her his trade and helps her to harness her revenge-fuelled desires into his mould of professionalism before she goes after the man who murdered her parents in cold blood. 1994, 105 mins

12.20am More
 Mimsy Farmer, Klaus Grünberg
 Drama. 1969, rating 18, 112 mins

2.15 Head
 Micky Dolenz, David Jones
 Cult comedy. 1968, 86 mins

3.40-6.00am I Can't Sleep
 Katerina Golubeva, Richard Courcet
 French drama. 1994, 110 mins

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 personal TV diary:
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CARLTON CINEMA LIFESTYLE PACK

7.00pm William Holden: The Golden Boy
 A star-studded tribute to the actor with a wild streak, whose films included *The Wild Bunch*, *Sunset Boulevard* and *Network*.

8.00 The Horse Soldiers
 John Wayne, William Holden, Constance Towers, Anna Lee
 War adventure. A Union Cavalry outfit and an apathetic doctor are sent 300 miles behind Confederate lines to destroy railroads and a supply centre. The secret plans for the mission are overheard by a southern belle who they must take along to assure that she is kept quiet. 1959, 114 mins

10.15 Perfect Prey
 Kelly McGillis, Bruce Dern, D W Moffett, David Keith
 Crime thriller. When a string of businesswomen are murdered, an ex-Texas Ranger is enlisted by a Houston cop to help find the serial killer. But she has a secret past of her own – the reason she's obsessed with catching him. 1998, 95 mins

12midnight The Revolutionary
 Jon Voight, Jennifer Salt
 Political drama about a revolutionary. 1970, 100 mins

1.45am Nightbreed
 Horror. **Widescreen** 98 mins

3.30 Blue Desert
 Action thriller. 1990, 90 mins

5.15-7.00am The White Tower
 Adventure drama. 1950, 98 mins

	SKY PREMIER PREMIUM CHANNEL	SKY MOVIEMAX PREMIUM CHANNEL	SKY CINEMA PREMIUM CHANNEL
6.00 AM	6.00am Blackbeard's Ghost 1967, rating Sky U, 103 mins	6.05am Never Tell Me Never 1997, rating Sky U, DS, 96 mins	11.00am The Absent Minded Professor 1961, rating Sky U, 92 mins
MORNING	8.00 Switching Channels 1987, rating Sky PG, 100 mins	8.00 Enchanted 1999, rating Sky PG, 92 mins	12.45pm Seven Miles from Alcatraz James Craig, Bonita Granville, Frank Jenks, Cliff Edwards Drama. A group of prison runaways seek refuge in a lighthouse. 1943, rating Sky PG, 59 mins
	9.45 Fools Rush In Romantic comedy. Text 1997, rating Sky PG, DS, 105 mins	10.00 McHale's Navy Text 1996, rating Sky PG, 104 mins	2.00 Macbeth Orson Welles, Jeanette Nolan Drama. A Scottish nobleman is led by an evil prophecy and his ruthless wife to the treasonous act that makes him king. But he does not enjoy his newfound kingship. 1948, rating Sky PG, 103 mins
	11.45 Candleshoe 1977, rating Sky PG, 97 mins	12noon Finding Kelly 1998, rating Sky PG, 84 mins	3.50 The Jolson Story Larry Parks, Evelyn Keyes, William Demarest, Bill Goodwin Musical. A biopic on the career of the famous singer of <i>The Jazz Singer</i> fame. A little Jewish boy ignores his religious studies and, against his father's will, chooses popular music and showbiz. He becomes a star and falls in love with an dancer but chooses success on the stage. 1946, rating Sky U, 124 mins
	1.30pm The Karate Kid Part II Ralph Macchio, Pat Morita Family action. A teenage martial arts hero makes a new enemy when he travels to Japan with his mentor who is visiting his dying father. 1986, rating Sky PG, 113 mins	1.30pm UK Top Ten A countdown of the top ten films at the British box office this week.	6.00 Jolson Sings Again Larry Parks, Barbara Hale Musical. A continuation of the biopic of the legendary performer. As performing has lost its appeal and his wife has left him, the legendary performer gives up his career in favour of life in the fast lane. It takes his mother's death and World War II to bring him back to earth – and to the stage. 1949, rating Sky U, 95 mins
3.00 PM	3.30 Always Richard Dreyfuss, Holly Hunter Romantic comedy about a firefighter who's killed in the line of duty. His love for his wife is so strong that he watches over her fortunes from the spirit world, selflessly guiding her through a new romance. 1989, rating Sky PG, DS, 117 mins	4.00 Never Tell Me Never Claudia Karvan, Diane Craig, Paul Bishop, Malcolm Kennard Drama based on the true story of an Olympic hopeful cross-country skier whose career dreams are shattered after an accident. Rendered paraplegic, she summons up the willpower and strength to defy the odds and learn to walk again. 1997, rating Sky U, DS, 96 mins	8.00 Alive Ethan Hawke, Vincent Spano, Josh Hamilton, Bruce Ramsay Drama based on a true story. A plane carrying a college rugby team crashes in the middle of the Andes mountains and most of passengers die instantly. When the rescue effort is called off, the survivors are forced to do the unthinkable to stay alive – and eat the corpses of their former friends. 1993, rating Sky 15, DS, 121 mins
4.00 PM	5.30 Fools Rush In Matthew Perry, Salma Hayek Romantic comedy. A yuppie travels to Las Vegas to build a nightclub for his company. But a night of passion with a fiery Latino woman results in her getting pregnant – and the pair decide that the best thing to do is get married. Text 1997, rating Sky PG, DS, 105 mins	6.00 McHale's Navy Tom Arnold, Tim Curry, Ernest Borgnine, Dean Stockwell Comedy adventure based on the 60s US series about a Naval Commander and his men who lead a charmed life stationed on a sleepy Caribbean island until a maniacal Major invades a nearby island, putting a damper on the sailor's easy lifestyle. Text 1996, rating Sky PG, 104 mins	10.10 Desperate Hours Mickey Rourke, Anthony Hopkins Thriller. A psychopath escapes from prison and invades the house of a weak-willed man, who manages to muster up incredible strength to protect his family. 1990, rating Sky 15, DS, 101 mins
5.00 PM	7.30 Preview Show Clare Grogan presents a sneak preview at the coming week on Sky Movies, focusing on film seasons and special features.	8.00 Black Dog Patrick Swayze, Randy Travis, Meat Loaf, Charles Dutton Action thriller. An ex-con is blackmailed into transporting an illegal shipment of guns and finds himself dodging gun runners and FBI agents. 1998, rating Sky 12, DS, 85 mins	11.55 Renegades Kiefer Sutherland, Jami Gertz Action thriller. A renegade cop and an American Indian put their differences aside and team up in order to catch a criminal. 1989, rating Sky 18, 101 mins
6.00 PM	8.00 Shakespeare in Love Joseph Fiennes, Gwyneth Paltrow, Geoffrey Rush PREMIERE Romantic comedy about William Shakespeare. A young playwright has an idea for a new play but is having writer's block. However, it is not until a beautiful woman enters his life that he receives a boost and his creative juices start to flow on his attempts to woo her. Text 1998, rating Sky 15, DS 119 mins	9.30 Cube Nicole de Boer, Nicky Guadagni, David Hewlett, Andrew Miller Sci-fi drama. A group of people, including a mentally-disturbed man, are thrown into a set of interlocking cubes which contain deadly traps. Text 1997, rating Sky 15, 86 mins	1.40am Alive 1993, rating Sky 15, DS, 121 mins
7.00 PM	10.05 The X-Files David Duchovny, Gillian Anderson, Mitch Pileggi Sci-fi. After five years of chasing paranormal activity, two FBI agents get close to proving the existence of extra-terrestrial life, but there are unknown forces desperate to stop them from knowing the truth. Text 1998, rating Sky 15, 117 mins	11.00 With Friends Like These Elle MacPherson Comedy. Four friends compete for the same part in a proposed gangster flick and play their own underhand tricks to try and win the prestigious role. 1999, rating Sky 15, 101 mins	3.50-6.30am Desperate Hours 1990, rating Sky 15, DS, 101 mins
8.00 PM	12.05am Shakespeare in Love Romantic comedy. Text 1998, rating Sky 15, DS, 119 mins	2.30 Kiss Me Guido Text 1997, rating Sky 15, 85 mins	
9.00 PM	2.10 Paradise Road Glenn Close, Pauline Collins Moving drama. Text 1997, rating Sky 15, 117 mins	4.00-5.40am Best Men Text 1997, rating Sky 15, 86 mins	
10.00 PM	4.15-6.00am Candleshoe Jodie Foster, David Niven 1977, rating Sky PG, 97 mins		

FRONT ROW

SCREENING WHEN YOU'RE
 GOOD AND READY
 WITH CABLE & WIRELESS

See channel 50 or your Front Row spread on pages 14, 15 for further details.

KEY TO FILM CONTENT

T/C: Theme/Content
 BL: Bad Language
 S/N: Sex/Nudity
 V: Violence

Channel 51 Matinee

FORCES OF NATURE

Rating 12, 102 mins
 Romantic comedy. Fate throws two travellers together after a series of strange events – even though one of them is on the way to his own wedding. Stars Ben Affleck and Sandra Bullock.
 T/C: Comedy, romance.
 BL: Once, strong.
 S/N: Some mild references.
 V: Once mild.
 6.00am, 8.00am, 10.00am, 12noon, 2.00pm

Channel 51 Evening

MICKEY BLUE EYES

Rating 15, 98 mins
 Comedy. An English auctioneer, working in New York, marries his American girlfriend, not realising that her family are all mobsters. Stars Hugh Grant and Jeanne Tripplehorn.
 T/C: Comedy, mafia.
 BL: Infrequent, strong.
 S/N: None.
 V: Infrequent, moderate.
 4.00pm, 6.00pm, 8.00pm, 10.00pm, 12midnight, 2.00am, 4.00am

Channel 52

UNIVERSAL SOLDIER: THE RETURN

Rating 18, 80 mins
 Action. A project to create a new breed of soldier seems to be going well, but then a computer develops a mind of its own. Stars Jean-Claude Van Damme.
 T/C: Action, sci-fi.
 BL: Occasional, strong.
 S/N: Some moderate nudity.
 V: Frequent, strong.
 6.50pm, 8.30pm, 10.10pm, 11.50pm, 1.30am, 3.10am

Channel 53

THE MATRIX

Rating 15, 131 mins
 Sci-fi thriller. A young man, who has been searching for the truth all his life, finds himself pitched into a sinister world of virtual reality. Stars Keanu Reeves, Carrie-Anne Moss and Laurence Fishburne.
 T/C: Sci-fi, adventure, virtual reality.
 BL: Occasional, mild.
 S/N: None.
 V: Frequent, strong, fantasy.
 6.30pm, 9.00pm, 11.30pm, 2.00am

SKY ONE ACTION/ SELECTION PACKS	UK GOLD LIFESTYLE/ SELECTION PACKS	LIVING LIFESTYLE PACK	GRANADA PLUS ACTION PACK	DISNEY CHANNEL ADD-ON/ PREMIUM CHANNEL	
6.00am Long Play 7.30 Mega Babies 8.00 Godzilla 8.30 Mummies Alive 9.00 Pokémon 9.30 Pokémon 10.00 Pokémon 10.30 The Simpsons Text 11.00 World Wrestling Federation – Smackdown 1.00pm World Wrestling Federation – Livewire 2.00 AXN Text 2.30 Storm Warning Text 3.00 Melrose Place <i>The Doctor is in... Deep</i> Coop receives a phone call from his ex-wife and Peter finds himself having a fling with a mysterious woman. Text 4.00 Star Trek: Deep Space Nine <i>Rapture</i> Sisko is plagued by threatening visions that may hold the key to Bajor's future. Text 5.00 Star Trek Popular sci-fi series in which a space crew goes out into unexplored space seeking new life forms and having strange adventures along the way. 6.00 Pokémon <i>Bye Bye, Butterfree</i> Ash's Butterfree falls in love. 6.30 The Simpsons <i>Saddlesore Gallactica</i> Homer buys a racehorse. Text 7.00 Futurama <i>Mars University</i> Text 7.30 The Simpsons <i>Trash of the Titans</i> Homer is elected Sanitation Commissioner. Text 8.00 Futurama <i>A Clone of My Own</i> The Professor's clone doesn't want to be his successor. Text 8.30 Suddenly Susan <i>Poetry in Notion</i> Text 9.00 Xena: Warrior Princess <i>Intimate Stranger</i> Callisto enlists the help of Ares in the underworld and switches bodies with Xena. Text 10.00 Cops <i>Fort Myers</i> A food dispute is dealt with. Text 10.30 Cops <i>Fort Myers</i> A trapped owl is set free. Text 11.00 Hot Summer Downunder Following events at the Desperate and Dateless Ball in Melbourne on Valentines Day where people search for love. 12midnight Showbiz Weekly 12.30am Tekwar Text 1.30 Manhunter 2.30 World's Wildest Police Videos Text 3.20 The Untouchables Text 4.10 Manhunter 5.00 The Newlywed Game 5.20 The Newlywed Game 5.40-6.00am The Newlywed Game	6.00am May to December 6.40 Bread Text 7.20 Neighbours Omnibus 9.25 Dynasty Omnibus 12.10pm EastEnders Omnibus Sharon and Grant look set to put the past behind them as Sharon goes about organising a party for Cathy. Unfortunately Grant finds a tape of Sharon and Michelle having an unguarded conversation. Cindy goes back to the swimming pool. 3.05 The Bill Omnibus Episodes from earlier this week. Garfield takes the death of an old man to heart while Boyden wonders if a suicide is as straightforward as it appears. Boulton and Lines help a woman when she discovers that her husband is involved in a drug deal. Daly jumps at the offer of help from a cab driver to ensnare a drug pusher and Rawton must choose between settling a minor domestic dispute and finding two violent robbers. 5.35 Allo Allo! Leclerc and Rene plan to blow up Lt Gruber's safe. Text 6.05 Due South <i>Good for the Soul</i> When Fraser and Ray arrest a mob boss, his lawyers threaten the Chicago police department with a harassment suit, much to the dismay of their captain. 7.10 FILM: Perry Mason – The Case of the Skin-Deep Scandal <i>Raymond Burr, Barbara Hale, William R Moses</i> A beautiful cosmetics queen is murdered after announcing a revolutionary new anti-ageing cream. Mason gets involved when the husband is charged with her murder. 1993 9.00 Dalziel and Pascoe <i>An Autumn Shroud</i> Mystery drama series. While Ellie and Pascoe are on honeymoon, Dalziel goes on a touring holiday and finds himself drawn into fraud, murder and family conspiracy at a country house. Despite the charms of its widowed owner, Dalziel suspects that all is not as it seems. Text 10.55 Silent Witness <i>Only the Lonely – Part I</i> Ross thinks there could be a link with an unsolved murder. 11.55 Silent Witness <i>Only the Lonely – Part II</i> Helen Matthews's killer may have struck again. 1.00am Harbour Lights 2.05 The Lenny Henry Show 2.40 Monty Python's Flying Circus 3.15 Silent Witness 4.10 Silent Witness 5.05 Angels 5.30-6.00am Angels	6.00am Ready, Steady, Cook 6.30 Can't Cook, Won't Cook 7.00 Tiny Living 9.00 Forgive or Forget 9.50 Relationship SOS 10.25 Home and Away Omnibus 12.30pm FILM Addicted to His Love Drama about three women out for revenge against one man. 1988 2.20 FILM: Elvis and the Beauty Queen <i>Don Johnson, Stephanie Zimbalist, Ann Dusenberry, Rick Lenz</i> Factually based story of a Miss Universe contestant who gets the chance to date Elvis. It turns into a five-year relationship, in which she ends up trying to steer the star away from self-destruction. 1981 4.10 Special Babies Babies with special needs. 4.40 Maury Povich Double helping of this compelling and personal talk show that deals with emotional conflicts and explores reasons why these conflicts may occur. Hosted with considerable skill and compassion by veteran journalist Maury Povich. 6.20 Chat's Moral Dilemmas Julia Bradbury hosts the talk show which offers advice to people who are in a dilemma and don't know where to turn. 7.10 Forgive or Forget Host Mother Love tries to resolve relationship problems by giving guests the opportunity to forgive each other. 8.00 Judge Judy Outspoken New York City family court judge Judy Sheindlin presides over a series of real-life cases, trying to find solutions for all kinds of family issues. 9.00 Profiler Suspense thriller series about Dr Sam Waters, a brilliant forensic psychologist with an intuitive gift for understanding the workings of the criminal mind. 10.00 The Jerry Springer Show Outrageous American talk show in which Jerry Springer and his guests engage in lively – and sometimes heated – discussions about relationship issues. 11.45-12midnight Sex Bites Presented by Katrina Buchanan.	6.00am On the Buses 6.30 On the Buses 7.00 Plus on Plus 7.30 Mind Your Language 8.00 Bowler 8.30 Supersonic 9.00 Mission: Impossible 10.00 Charlie's Angels 11.00 Terry and June 11.30 Terry and June 12noon Please Sir 12.30pm Plus on Plus 1.00 On the Buses 1.30 On the Buses 2.00 Agatha Christie's Partners in Crime 3.00 Emmerdale Omnibus Episodes shown earlier this week. Seth and Vic are brewing up trouble in the woods and a mystery celebrity opens the new-look Woolpack. Text 4.00 Charlie's Angels <i>Angels in the Stretch</i> Sabrina gets in trouble when she recognises the markings of a horse racing scam that has already led to murder. 5.00 Cagney and Lacey <i>Hopes and Dreams</i> All-action thriller series. Cagney and Lacey investigate a slick burglary gang who prey on grief-stricken families. 6.00 Watching <i>Repairing</i> Chris's job provides a shock. 6.30 George and Mildred <i>Jumble Pie</i> George's budgie dies. 7.00 Agatha Christie's Partners in Crime <i>The Sunningdale Mystery</i> Tommy enlists the help of his wife to prove that the police have arrested the wrong man. 8.00 The Chief The Chief tries to strike a deal when two boys kill a police officer. He will provide better policing on the estate for information about the killers. 9.00 The New Statesman A case of mistaken identity nearly proves fatal for B'Stard. 9.30 Shelley <i>Riders and Betters</i> Shelley meets Fran's father. 10.00-11.00pm The Knock	6.00am PB and J Otter 6.20 Music Time 6.25 Pooh 6.40 Art Play 6.45 Toons 6.55 Spot 7.05 Bite Size 7.20 Circle Time 7.25 Bear 7.50 Rolie Polie Olie 8.00 Boy Meets World 8.30 Teen Angel 8.55 Art Attack 9.35 Sabrina 10.00 Doug 10.30 Pepper Ann 11.00 Smart Guy 11.30 Miami 7 12noon Boy Meets World 12.30pm Incredible Story Studio 1.00 FILM: Your Choice Your Voice 2.30 Mickey Mouseworks 3.00 101 Dalmatians Animated series based on the original story. Text 3.30 Timon and Pumbaa The mad meerkat and wacky wart hog in action. Text 4.00 FILM: The Rescuers Down Under <i>Voices of Bob Newhart, Eva Gabor, John Candy</i> Two mice from a rescue society set out to free an eagle and a young boy. Text 1990 5.15 Honey, I Shrank the Kids: The TV Show <i>Honey, You're Living in the Past</i> Nick relives his own birth. Text 6.00 Smart Guy <i>The Big Picture</i> TJ directs a class video. Text 6.30 Boy Meets World <i>Donna Karan</i> Shawn falls in love. Text 7.00 FILM: Tron <i>Jeff Bridges, Bruce Boxleitner, David Warner</i> A computer genius finds himself trapped inside a video game after trying to prove his ideas had been stolen and is forced to fight for his life against an electronic warrior. Text 1982 8.35 Honey, I Shrank the Kids: The TV Show <i>Honey, I'm Not</i> <i>Just Clowning Around</i> Text 9.20 Thunderstone Noah's plans come to fruition as the Comet hurtles towards Earth. 9.45 Dinosaurs Prehistoric animation series. Text 10.10 Home Improvement Comedy double bill. Text 11.00 Dr Quinn: Medicine Woman Text 11.50-12midnight Toons	6.00 AM MORNING 3.00 PM 4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00 NIGHT TIME
CABLE CHECK Some of the channels listed may not be available in your area			GRANADA MEN & MOTORS ACTION PACK 11.00pm Sexy Shorts Late-night music show that looks at recent raunchy videos. 11.30 Sunny Hotspots and Girls Series highlighting holiday sex. 12midnight Centrefolds Fly-on-the-wall series that follows a group of centrefolds. 12.30am Beaver Espana Danni Hunt and team scour the beaches of Magaluf in search of the perfect man. 1.00-2.00am Lusty Lovelies Erotic late-night series.	THE BOX MUSIC & GAMES PACK Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions. SATURDAY CONTINUES OVERLEAF...	

CABLE CHOICE

FILM

Shakespeare in Love
Sky Premier 8.00pm
Best Actress Oscar recipient Gwyneth Paltrow takes to moonlighting as a male actor to court the attentions of the titular playwright (Joseph 'brother of Ralph' Fiennes) in this exquisitely paced romantic comedy written by Tom Stoppard and Marc Norman.

GENERAL

Project X: The Castration Experiment
UK Horizons 11.00pm
In 1996 six American states voted in legislation to castrate sex offenders, either physically or chemically. This gruelling documentary, which premieres in the UK tonight, investigates the barbaric solution that halves the cost of keeping sex offenders in prison.

ADVERTISEMENT

UK GOLD

DALZIEL

AND PASCOE 9.00PM
Detective Superintendent Andy Dalziel (Warren Clarke) is big, brash and belligerent. His sergeant, Peter Pascoe (Colin Buchanan), is clever and cultured. These chalk-and-cheese cops are called upon to investigate nail-biting crimes.



Saturday 19 August

	EUROSPORT NEWS & SPORT/ SELECTION PACKS	SKY SPORTS 1 PREMIUM CHANNEL	SKY SPORTS 2 PREMIUM CHANNEL	SKY SPORTS 3 PREMIUM CHANNEL	SCI-FI ACTION PACK	MTV MUSIC & GAMES PACK
MORNING	6.00 AM 7.30am Xtreme Sports 9.00 Triathlon 9.30 CART 10.30 Stunts 11.30 Motorcycling - LIVE 12noon Motorcycling - LIVE 1.00pm Motorcycling - LIVE 2.15 Motorcycling - LIVE Action from the 250cc qualifying practice at the Czech Grand Prix in Brno.	6.00am Hold the Back Page 7.00 Sky Sports Centre 8.00 Boxing: Big Fight Countdown 8.30 Racing News 9.00 Ford Golf USA: US PGA Championship Day two highlights. 11.30 Boxing: Big Fight Countdown 12noon Gillette Soccer Saturday Jeff Stelling and the usual studio guests preside over the afternoon's football action with expert analysis of the scores, results and stories as they come in.	6.00am Sports Unlimited 7.00 Aerobics Oz Style 7.30 Racing News 8.00 Soccer AM 12noon Max Power Material from around the world, including both two- and four-wheel motorsports. 1.00pm Australian Rules Football The latest action from one of the Australian Football League.	10.00am Total Sport 10.30 Australian Rugby League: Play-Offs - LIVE 12.30pm Extreme Sailing 1.00 Boxing: Big Fight Countdown 1.30 Ford Rugby Union: Allied Dunbar Premiership - LIVE Mark Durden-Smith presents the latest live action from one of the top clashes in the Allied Dunbar Premiership. The championship was won again by Leicester Tigers last season and they are tipped for another successful campaign. Commentary comes from Miles Harrison.	8.00am Earth Star Voyager 9.00 The Incredible Hulk 10.00 Lost in Space 11.00 The Six Million Dollar Man 12noon FILM: Konga Michael Gough, Margo Johns A scientist discovers how to make plants and animals grow to a massive size. 1961 1.40pm Planet of the Apes 2.40 Sci-Focus Special	6.00am Select MTV 8.00 The Grind The hottest R&B tunes. 9.00 Total Request 10.00 European Top 20 12noon Weekend Edition Catch up with the latest in the worlds of music, showbiz and entertainment. 12.25pm MTV's Pop Single of the Week 12.30 Select MTV Richard Blackwood presents the video request show.
3.00 PM	3.30 Tennis Action from the semi-finals of the WTA Tournament in Montreal, Canada.		3.00 Ford Golf USA: US PGA Championship - LIVE The golfing action continues on day three of this year's US PGA Championship at Valhalla Golf Club in Louisville, Kentucky. Last year, Tiger Woods continued his burgeoning career as he became the youngest player since Seve Ballesteros in 1980 to win a second major title. With the tournament edging into its final stages, expect an intense atmosphere as the remaining players look towards victory in this prestigious event and eye the individual prize money of £630,000.	4.00 Ford International Rugby Union: Tri-Nations - South Africa v New Zealand - LIVE Mark Durden-Smith hosts another live clash from this year's Tri-Nations competition. The Springboks failed to make an impact on this tournament last year but the former world champions are blessed with a talented squad. 6.30 Motor Racing: NASCAR Busch - Napa Online.Com Motor racing action from this year's NASCAR Busch NAPA Online.Com 250 event in Brooklyn, Michigan. Looking for more points in their championship quest are Jeff Green, Todd Bodine and Matt Kenseth. Presented by Keith Huelwen.	3.00 Robocop Officer Missing When OCP institutes cost-cutting nightly power blackouts, a roving gang terrorises the streets. 4.00 Earth Star Voyager Several fatal accidents plague the maiden voyage of the Earth Star Voyager and its young crew 5.00 Fantasy Island Superfriends As two old friends test their unrequited love, an overworked banker becomes a superhero. 6.00 Otherworld The Zone Troopers Build Men Trace decides to go all out and become an officer, since only they can resign. 7.00 The Burning Zone On Wings of Angels Taft is kidnapped by a gang, ordering him to save an escaped prisoner's life. 8.00 FILM: Babylon 5: The River of Souls Ian McShane, Martin Sheen, Joel Brooks Space adventure. Babylon 5 is under siege from a band of Soul Hunters, when an archaeologist steals one of their ancient artefacts. 1998 9.45 Sci-Focus Special 10.00 FILM: Progeny Arnold Vosloo, Brad Dourif, Jillian McWhirter A couple believe that they have undergone some sort of alien encounter when they are engulfed by a blinding blue light. As a result, when they wake up, they find they cannot account for two hours of their lives. 1998 12midnight FILM: Violence Jack Japanese animation set in a dystopian future. 2.35am The Ray Bradbury Theatre The Day it Rained Forever 3.05-4.00am Lost in Space Attack of the Monster Plants	3.30 Weekend Edition The most current music news and stories. 4.00 MTV Bytesize Weird moments and highlights from MTV stations around the world.
4.00 PM						
5.00 PM	5.00 Motorcycling All today's action from qualifying in the Czech Grand Prix.					
6.00 PM	6.00 Tennis - LIVE Further action from the WTA Tournament in Montreal, Canada.	6.00pm Boxing: Big Fight Countdown 6.30 The Winning Post: Haydock/Wolverhampton - LIVE The Winning Post team presents more live summer horse racing action, this time focusing on the evening meetings at Haydock and Wolverhampton.				
7.00 PM						
8.00 PM		8.30 Test Cricket: England v West Indies - Fourth Test Fourth Test highlights from Headingley as England strive for a morale-boosting victory over mighty West Indies. With David Gower, Ian Botham, and Bob Willis.				
9.00 PM				9.00 Max Power Touring cars, single seaters, road racing and off road events are packed together in a weekly dose of international action.		7.00 Weekend Edition The latest music news. 7.30 MTV Movie Special: Gone in 60 Seconds 8.00 Biorhythm: TLC The MTV news team turns the spotlight on TLC. 8.30 Essential Madonna Profile of a megastar. 9.00 Making the Video: Travis A look at Travis' bizarre video Coming Around. 9.30 The Blame Game
10.00 PM	9.45 Rally FIA World Rally Championship action. 10.00 SportsCentre Live Sports news bulletin. 10.15 Roller Skating Coverage of the event in Paris.	10.00 World Wrestling Federation: Late Night - Smackdown Jim Ross, Kevin Kelly and Michael Cole host another bout of rough-and-tumble action from the World Wrestling Federation. 11.55 Premiership Shorts: Favourite Goal - Tony Yeboah 12midnight Gillette World Sport Special 12.30am Test Cricket: England v West Indies - Fourth Test 2.00 WWF: Late Night - Smackdown 3.55 Premiership Shorts: Tony Yeboah 4.00-6.00am Australian Rules Football		10.00-12midnight Ford Rugby Union Special: Tri-Nations - South Africa v New Zealand and Allied Dunbar Premiership Catch up with the day's rugby union action from South Africa and in the English Championship.		10.00 V99 Highlights Show A look at last year's Chelmsford music festival as a preview to this year's V2000 next weekend. 11.00 An Audience with the All Saints The British tabloids' favourite girl group perform live at MTV in front of a studio audience. 12midnight The Late Lick The latest on the R&B scene with Trevor Nelson. 1.00am MTV Dance Floor Chart Show 2.00 Hit List UK With Cat Deeley. 3.00 Chill Out Zone 5.00-6.00am Night Videos
11.00 PM			11.30 Motor Racing: NASCAR Busch - Napa Online.Com Motor racing action from the NASCAR race in Brooklyn, Michigan. 2.00am Ford Rugby Union Special: Allied Dunbar Premiership 4.00 Gillette World Sport Special 4.30 Max Power 5.30-6.00am Moto Plus			
NIGHT TIME	12.30am Rally Action from the FIA World Rally Championship stages in Finland. 12.45-1.00am SportsCentre					
LIVE TRI-NATIONS - SOUTH AFRICA V NEW ZEALAND SKY SPORTS 3 4.00PM The South Africans were definitely shaken by their two Test performances against England earlier this summer, but were they stirred to the degree of losing touch with their Tri-Nations opponents? We will find out this afternoon as the Boks entertain New Zealand in the latest battle in the seasonal round robin tournament between the three big southern hemisphere nations. New Bok skipper Andre Vos will urge his men to curb the talent of All Black runners like Pita Alatini (pictured). 						
PLAYBOY TV/ ADULT CHANNEL ADD-ON CHANNEL					TELEVISION X ADD-ON CHANNEL	
10.00pm Freeview 10.06 Best of Nightcalls 10.45 Intimate Sessions 11.15 Girl Next Door 12midnight Freeview 12.10am Adult Feature 12.25 Sam Gets Her Girl 12.45 FILM: A Seller's Market 2.05 Dr Anna St John 2.35-4.00am FILM: Little Girl Lost					12midnight Preview 12.10am Suburban Tales 12.20 Crazy Girls 12.45 FILM: Princess 1.00 Free View 1.05 FILM continues 2.00 Free View 2.05 Supervillity 2.30 FILM: Every Woman 3.00 Free View 3.05 FILM 3.40- 4.00am The Cannasser	
Adult Nightview is now available as a TV on-demand service between 10.00pm and 4.00am at £4.95. See channel 50 for details					Adult Nightview is now available as a TV on-demand service between 12midnight and 4.00am at £4.95. See channel 50 for details	

VHI MUSIC & GAMES PACK	ANIMAL PLANET WORLD PACK	ITV2 ACCESS PACK	UK STYLE LIFESTYLE PACK	UK HORIZONS WORLD/ ACCESS PACKS	CARLTON FOOD NETWORK LIFESTYLE PACK	
6.00am Breakfast in Bed Back-to-back hits. 10.00 Ten of the Best: Martine McCutcheon 11.00 Fleadh 2000 Highlights from the London music festival. 1.00pm The VH1 Album Chart Show The UK's best-selling albums of the week with Paul King. 2.00 Top 40 of the 90s A look back at the best music of the decade, with the ultimate countdown of the biggest hits of the 1990s, from Oasis to the Spice Girls, The Corrs and U2.	12noon Crocodile Hunter Outlaws of the Outback 1.00pm Emergency Vets Stories from the Veterinary Hospital in Denver. 1.30 Emergency Vets Stories from the Veterinary Hospital in Denver. 2.00 Adaptation An investigation that begins at the dawn of time and traces the evolution of life. 3.00 Wild Ones II Perfect Partners – Horses The history of man's relationship with more than 200 breeds of horse. 4.00 Families Hyenas Enter the fascinating world of the hyena, governed by a highly organised matriarchal system. 5.00 Crocodile Hunter Australia's Wild Frontier Steve and Terri Irwin travel through Queensland's Cape York. 6.00 The Aquanauts Explore underground Mayan caves in Belize. 6.30 The Aquanauts Diving with whale sharks near Mozambique. 7.00 Wild Rescues A reunion of two circus elephants. 7.30 Wild Rescues A visit to a bird-of-prey sanctuary. 8.00 ESPU A look at the fight against rhino poaching. 8.30 ESPU A report on the trade in endangered animals. 9.00 Wildest Arctic Documents the natural beauty and diverse range of wildlife found in the Arctic, such as polar bears and killer whales. 10.00 Crocodile Hunter Wildest Home Videos Watch some of the most frightening encounters with crocs and snakes. 11.00 The Aquanauts Travel to the tropical waters of Polynesia. 11.30-12midnight The Aquanauts A look at Belize manatees.	9.25am The Extremists 10.00 Rugby World Sevens 11.00 The Extremists 11.30 Dealer's Choice 12noon Rugby World Sevens 1.00pm Trisha Trisha Goddard shares heartwarming and hair-raising true stories with a studio audience. Text 2.00 Football First Live football updates from around the country, using the latest technology to bring all the latest scores in England and Scotland. 6.00 Total Action: The Extremists Series about hair-raising sports and activities. 6.30 Dealer's Choice The used-car show. 7.00 Rugby World Sevens Coverage of the World Sevens Champions as reigning champions Fiji defend their title. 8.00 Behind the Scenes Night How some of ITV's most recent dramas were made. 8.30 The Making of Rebus 9.00 The Making of Cold Feet On location with Cold Feet. 9.45 The Making of Extremely Dangerous 10.15 The Making of The Last Musketeer 10.45 Chart Choice 11.00 Pleasure Island 11.30 Pleasure Island 12midnight Videotech The latest chart videos and news from the music world. 12.30am Trisha More true, heartwarming stories with Trisha Goddard and a studio audience. 1.30-2.00am Planet Rock Profiles	7.00am Can't Cook, Won't Cook 7.30 Ready, Steady, Cook 8.00 House Invaders 8.30 The House Doctor 9.00 Antiques Roadshow US 10.00 Holiday in Style 11.30 Spa Trek 12noon Style World 12.30pm Looking Good 1.00 à la mode 1.30 Style Challenge 2.00 Gary Rhodes 2.30 Delia Smith's Summer Collection 3.00 Delia's How to Cook Delia Smith creates simple recipes for novices. 3.30 Party of a Lifetime 4.00 Can't Cook, Won't Cook Cookery challenge. 4.30 Ready, Steady, Cook Cookery show. 5.00 House Invaders Halifax 5.30 The House Doctor A look at how to increase the value of your home. 6.00 Antiques Roadshow US The experts land in Albuquerque, New Mexico, and appraise Mexican silver and Indian pottery. 7.00 Holiday in Style Features reports from Gozo, Cephalonia, Florida, Scotland and Keswick. Hosted by Jayne Constantinis. 8.00 Holiday Swaps Daring holidaymakers swap their pre-booked breaks at the airport. 8.30 Spa Trek New York – New Age Spa 9.00 Style World New York A look at New York design, interiors and architecture. 9.30 Looking Good A look at holistic therapy. 10.00 à la mode Shebah Ronay hosts the fashion show. 10.30 Style Challenge Fashion makeover show. 11.00 Gary Rhodes Bedales With Gary Rhodes. 11.30 Delia Smith's Summer Collection Summer Fish and Shellfish 12midnight Delia's How to Cook Delia Smith creates foolproof flour-based sauces and batters for novices. 12.30am-1.00am Party of a Lifetime Features a beach party held in a village hall car park.	7.00am Island of the Fire Goddess 8.00 Sound Sense 8.30 Super Scents 9.00 Zoo 9.30 Zoo 10.10 Clash of the Titans 11.00 Matt Busby 12noon Tomorrow's World Plus 1.00pm Animal People 1.30 Animal People 2.00 Island of the Fire Goddess 3.00 Sound Sense Investigates the use of sound in the animal world. 3.30 Super Scents An exploration of how animals use smell. 4.00 Zoo A look at life at London Zoo and Whipsnade Park. 4.30 Zoo Whipsnade awaits the arrival of an Asian rhino. 5.00 Top Gear GTi The automotive experts lend their opinions on the hottest motoring news, with interviews and consumer tips. 6.00 Full Circle with Michael Palin Chile and Bolivia Michael Palin heads for La Paz, Bolivia, the highest capital city in the world. 7.00 The Boy Who Lived with Monkeys Sally Magnusson and Professor Doug Candland meet a boy reared by primates in Uganda. 8.00 The Human Body The End of Life Professor Robert Winston explores what happens to our bodies when we die. 9.00 Money, Money, Money Where There's a Will 9.30 Money, Money, Money Unlimited Liability 10.00 Destination Nightmare Includes tales of sinking cruise liners, wrongful imprisonment, terrorism and jet-ski tragedies. 11.00 Castration Experiment: Project X NEW Proposals to punish sex offenders. 12midnight-1.00am The Kung Fu Business	7.00am Food Factory 7.30 Coxon's Kitchen College 8.00 Food Network Daily 8.45 More Simply Antony 9.30 Alive and Cooking 10.00 Waitrose in Season 10.30 A Year at Ballymaloe 11.00 Flash in the Pan 11.30 Picture This 12noon Four Burners and a Grill 12.30pm Barbecue Party 1.00 Kitchen College 1.30 From the Ground Up 2.00 Food Network Daily 2.45 Quick Cooks 3.00 A Shared Table Sydney A culinary trip down under. 3.30 Food from the Village Bread 4.00 A Year at Ballymaloe Dishes from Morocco. 4.30 Cucina Valentina 5.00 A to Z of Food and Beauty 5.30 Four Burners and a Grill 6.00 Coxon's Kitchen College 6.30-7.00pm Five-Star Cooking	6.00 AM MORNING 3.00 PM 4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00 NIGHT TIME
CHALLENGE TV MUSIC & GAMES PACK		DISCOVERY HOME & LEISURE WORLD PACK		RAPTURE BONUS CHANNEL	LOCAL CHANNEL ACCESS PACK	
5.00pm Strike it Lucky 5.30 Sale of the Century 6.00 Family Fortunes 6.30 100% 7.00 Beadle's About 7.30 Winner Takes All 8.00 Stars in Their Eyes Hosted by Matthew Kelly. 9.00 Whittle 9.30 Strike It Lucky 10.00 Endurance UK 10.30 Family Fortunes 11.00 Gladiators 12midnight Beadle's About	12.30am Stars in Their Eyes 1.30 Absolute Cobblers 2.00 Karaoke Challenge 2.30 3-2-1 3.30 The Krypton Factor Gordon Burns challenges contestants in mental and physical puzzles. 4.00 Say the Word 4.30 Whittle 5.00-6.00am Shopping with Screenshop Home shopping service.	6.00am Set in Stone 6.30 The Diceman 7.00 Screaming Reels 7.30 Charlie West Fishing 8.00 How to with B & Q 8.05 A Car is Born 8.35 Our House Down Under 9.05 Home Savvy 9.35 Home Savvy 10.05 How to with B & Q 10.10 Total Fishing with Matt Hayes 10.40 Hooked on Fishing 11.10 Rex Hunt Fishing Adventures	11.40 Whacky Racers 12.10pm How to with B & Q 12.15 Two's Country 12.45 Doing it Up 1.15 Home Again with Bob Vila 1.45 The New Yankee Workshop 2.15 How to with B & Q 2.20 Village Green 2.50 Our House 3.20 Go Fishing 3.50-4.00pm How to with B & Q	10.00am Freesport Special 10.30 Chilli Factor 11.00 World Wind Surf 11.30 Adrenalize 12noon Fearless 12.30pm FILM 1.30 Chilli Factor 2.00 Mountain Bikes 2.30 High Adrenalin Action 3.00 World Wind Surf 3.30 Fearless 4.00 Freesport Special 4.30 Chilli Factor 5.00 World Wind Surf 5.30-6.00pm Adrenalize	6.00pm LLTV – Local Life A daily magazine programme featuring local news, events and lifestyle features. 6.30 What's On TV 7.00 LLTV – Local Life 7.30 YCTV Programmes made by the stars of tomorrow featuring the stars of today. 8.00 Student Showcase 8.30 What's On TV 9.00-9.30pm LLTV – Local Life	

CABLE CHECK
Some of the channels listed may not be available in your area

UK PLAY:
1.00am **Goodness Gracious Me**
1.30 **The Fast Show**
2.10 **Smashie and Nicey – The End of an Era**
3.00 **Judge Jules's DJ Anthems**
3.30 **The Joy of Decks**
6.30-7.00am **Sound of Play**

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME

CARTOON NETWORK FAMILY PACK

5.00am Tabaluga 5.30 Blinky Bill 6.00 Fly Tales 6.30 Flying Rhino Junior High 7.00 Fat Dog Mendoza 7.30 Ned's Newt 8.00 Mike, Lu and Og 8.30 Ed, Edd 'n' Eddy 9.00 Dexter's Laboratory 9.30 The Powerpuff Girls 10.00 Angela Anaconda 10.30 Cow and Chicken 11.00 Dragonball Z 12noon Tom and Jerry 12.30pm Looney Tunes 1.00 The Flintstones 1.30 Scooby-Doo 2.00 Animaniacs 2.30 The Mask

3.00 I Am Weasel

More madcap antics with the friendly rodent.

3.30 Dexter's Laboratory

Chemical chaos.

4.00 Cow and Chicken

4.30 The Powerpuff Girls Trouble in Townsville calls out the three heroines.

5.00 Ed, Edd 'n' Eddy

More namesake nonsense with the three friends.

5.30 Johnny Bravo

The bequipped egomaniac returns for more preening.

6.00 Tom and Jerry

Madcap adventures with the cat and mouse duo.

6.30 FILM: The Pagemaster

Macaulay Culkin, Christopher Lloyd

Family fantasy about a nervous boy who is transported into an animated world. 1994

8.30-9.00pm **Courage the Cowardly Dog**

TCM FAMILY PACK

9.00pm

Where Eagles Dare

Richard Burton, Clint Eastwood, Michael Horden

World War II thriller. A group of elite commandos are sent to rescue an American general held by the Nazis in a Bavarian castle fortress.

Widescreen 149 mins

11.55-1.00am Fonda on Fonda

A personal tribute to the late Hollywood actor Henry Fonda, hosted by his daughter Jane.

CARTOON NETWORK:

1.00am The Moomins 1.30 The Magic Roundabout

2.00 Tabaluga 2.30 Blinky Bill 3.00 The Tidings 3.30 The Fruitties 4.00 The Moomins 4.30-5.00am The Magic Roundabout

NICKELODEON FAMILY PACK

7.00am The Three Friends... and Jerry 7.30 The Three Friends... and Jerry 8.00 Kenan and Kel 8.30 Kenan and Kel 9.00 Rugrats 9.30 Rugrats 10.00 Hey Arnold! 10.30 Hey Arnold! 11.00 CatDog 11.30 CatDog 12noon Angry Beavers 12.30pm Angry Beavers 1.00 Rocko's Modern Life 1.30 Rocko's Modern Life 2.00 Renford Rejects 2.30 Renford Rejects

3.00 The Secret World of Alex Mack

More from the schoolgirl with extraordinary powers.

3.30 The Secret World of Alex Mack

4.00 Sister Sister Tia and Tamera and their respective single parents all try to live together.

4.30 Sister Sister

Fun with Tia and Tamera.

5.00 Sabrina

The Teenage Witch

5.30 Sabrina

The Teenage Witch

6.00 Are You Afraid of the Dark?

6.30-7.00pm Are You Afraid of the Dark?

PARAMOUNT COMEDY CHANNEL FAMILY PACK

7.00pm

Grace Under Fire

7.30 King of Queens

Time Share

8.00 Cheers

The Norm Who Came to Dinner

8.30 Just Shoot Me

A Spy in the House of Me

Maya's first love returns.

9.00 FILM: Airplane!

Leslie Nielsen, Lloyd Bridges, Robert Hayes

Classic spoof airplane disaster. The crew of a jumbo jet are hit by food poisoning and the fate of the passengers lies in the hands of an ex-pilot who's afraid of flying. 1980

10.40 Newman and Baddiel

- Live in Pieces

Live performance from the ex-Mary Whitehouse Experience duo, featuring solo stand-up slots and all their regular sketches.

12midnight

FILM: Hanky Panky

Hitchcock style thriller. 1982

2.00am Dressing for Breakfast 2.30 Desmond's

3.00 It's Garry Shandling's Show

3.30-4.00am Abbott and Costello

FOX KIDS FAMILY PACK

6.00am X-Men: The Movie - Behind the Scenes 6.10 X-Men 6.30 X-Men 6.55 X-Men 7.15 X-Men 7.40 X-Men 8.00 X-Men: The Movie - Behind the Scenes 8.10-1.00pm X-Men 1.00 X-Men: The Movie - Behind the Scenes 1.10-6.25pm X-Men Prepare for the X-Men summer blockbuster movie with a marathon of world-saving adventures with the mutant super-heroes. So join Wolverine, Cyclops, Storm, Rogue, Gambit, Jubilee and Beast for more human/mutant conflict throughout the day.

6.25 X-Men: The Movie - Behind the Scenes

Take a peak behind the scenes of this summer's big blockbuster hit.

6.35-7.00pm X-Men

SHOP! LIFESTYLE/ SELECTION PACKS

6.00am Shop! Selection

7.00 Kitchen Shop!

8.00 Clothes Shop!

9.00 Home Shop!

Ideas for your bathroom.

10.00 Sports Shop!

A selection of sports and fitness equipment.

11.00 Technology Shop!

12noon Shop! Outlet

1.00pm Shop! Special

A round-up of the bestsellers on the channel.

2.00 Shop! Selection

3.00 Kitchen Shop!

4.00 Entertainment Shop!

5.00 Shop! Preview

6.00 Shop! Selection

7.00-7.30pm Home Shop

GMTV 2 ACCESS PACK

GMTV2 offers pre-school and lifestyle shows between 6.00am and 9.25am.

Weekdays: The News Hour at 6.00am followed by children's shows.

Saturdays: Children's programming and a round-up of the week's news in The Review.

Sundays: Highlights include a Pokémon triple bill and The Review.

QVC LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day - so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Hairstyling by Michael di Cesare at 4.00pm.

NEWS AND INTERNATIONAL

BBC NEWS 24 NEWS & SPORT/ ACCESS PACKS

6.00am News 7.00 News 8.00

Weekend 24 9.00 News 9.30

World News 10.00 News 10.30

Click Online 11.00 News 11.30

Simpson's World 12noon News 12.30pm Correspondent

1.00 News 2.00 News 2.30

Click Online 3.00 News

3.30 Reporters 4.00 News

4.30 Talking Movies 5.00 News

5.30 Scoreline 6.00 News

6.30 Scoreline 7.00 News

7.30 Sportsday 8.00 News 10.30

Talking Movies 11.00 News

12midnight News 12.30am

Correspondent 1.00 News 2.00

News 2.30 Simpson's World

3.00 News 3.30 Talking Movies

4.00 News 4.30 Reporters 5.00

News 5.30-6.00am Click Online

CNN INTERNATIONAL NEWS & SPORT PACK

News throughout the day, plus:

5.00am World News 5.30 Your

Health 6.30 World Business

This Week 7.30 World Beat 8.30

World Sport 9.00 Larry King

9.30 Larry King 10.30 World

Sport 11.30 CNNdotCOM

12.30pm Moneyweek 1.00

News Update/World Report

2.30 Your Health 3.30 World

Sport 4.30 Golf Plus 5.00 Inside

Africa 5.30 Business Unusual

6.30 CNN Hotspots 7.30 World

Beat 8.30 Style 9.30 The Artclub

10.30 World Sport 11.00 CNN

WorldView 11.30 Inside Europe

12.30am Showbiz This

Weekend 1.00 WorldView 1.30

Diplomatic License 2.00 Larry

King Weekend 3.00 WorldView

3.30 Both Sides 4.30-5.00am

Evans, Novak, Hunt & Shields

SKY NEWS NEWS & SPORT PACK

News on the hour, every hour, plus:

6.00am Sunrise 9.30

Technofile 10.30 Showbiz

Weekly 11.30 Fashion TV

12noon Sky News Today

1.30pm Answer the

Question 2.00 Sky News

Today 2.30 Week in Review

3.30 Showbiz Weekly 4.30

Technofile 5.00 Live at

Five 7.30 Sportsline 8.30

Answer the Question 9.30

Technofile 10.00 Sky News

at Ten 12.30am Fashion TV

1.30 Showbiz Weekly 2.30

Technoflextra 3.30 Week

in Review 4.30 Answer the

Question 5.30-6.00am

Showbiz Weekly

INTERNATIONAL

SAT1 5.00am Blitz 5.40 Jason

King 6.35 Jumanji 7.05

Fantastic Max 7.35 Schlümpfe

8.05 Rugrats 8.35 Der

Regenbogenfisch 9.05 Scooby-

Doo 9.35 Tom and Jerry Kids

Show 10.05 Familie Feuerstein

10.35 Bugs Bunny 11.05 Men in

Black 11.35 Die Peanuts

12.05pm Heartbreak High 1.05

Star-Trek Raumschiff Enterprise

2.00 Star-Trek Raumschiff

Voyager 3.00 Net 4.00 Echt

Wahr! 4.30 Nachrichten 5.00

Verrückte Welt 5.45 Alf 6.15 Der

Dicke und der Belgier 6.45

Hausmeister Krause 7.15 Star

Trek V 9.30 Die Wochenshow

10.30 Die Wochenshow -

Classics 11.00 Der Dicke und

der Belgier 11.30-12midnight

Freeze-Alptraum Nachtwache

TV5 5.00am Journal 5.15

Journal des Journaux 6.00 Infos

6.05 Les Zaps 6.30 Les Zaps

7.00 Journal 7.30 Les Zaps 8.00

Infos 8.05 Archimède 8.45 De

Cause à Effet 9.00 Journal 9.15

Silence ça Pousse 9.30

Branché 10.00 Infos 10.05

Montagne 11.00 Infos 11.05 D Comme Design 11.30 Journal 12noon Infos 12.05pm Reflets 1.00 Journal 1.15 Un Siècle d'Ecrivains 2.00 Portraits 3.30 Journal 4.00 Questions 4.30 Sport Africa 5.00 Infos 5.15 Pyramide 7.00 Questions pour un Champion 7.30 Journal 8.00 Quatre Histoires de Femmes 8.05 Journal 9.00 Journal et le Journal du Temps 9.15 Infos 11.00 Thalassa 11.30-12midnight Journal

ASIANET ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am News 8.00 Sant

Darshan 9.00 Cultural

Heritage 11.00 Interactive

Live 12noon News 12.30pm

Sansar 1.00 Pakistan This

Week 1.30 FILM 4.00 Dil

Dariya 4.30 Circus 5.00

MTV 123 6.00 Ek Mulaqat

6.30 Music Fusion 7.00

MTV Hitlist 8.00 Kabhie

Kabhie 8.30 Junoon 9.00

FILM 12midnight MTV

Hitlist 1.00am FILM 4.00

Kabhie Kabhie 4.30 Junoon

5.00 Circus 5.30 Dil Dariya

6.00 Balcony

6.30 DD Programme

7.00-7.30am Mehfil

ZEE TV ADD-ON CHANNEL

6.00am Mrs Madhuri Dixit

6.30 Shabads 7.00 Faith:

Swami Narayan 7.30 News

8.00 Business 8.30 Gubbare

9.30 Quiz 10.00 Entertain-

ment 10.30 Request Slot

11.30 Khana Khazana

12noon FILM 3.00pm Show

Time 4.00 Sanskar 5.00

Khoobsurat 5.30 Rishrey

the Love Stories 6.30 Hum

Paanch 7.00 Top Ten 8.00

News 8.30 FILM 11.30

Super 7 12midnight News

12.30am FILM 3.30 Hum

Paanch 4.00 Daraar 4.30

Campus 5.00 Aur Ek Minute

5.30-6.00am Gane Anjane

OUT OF THIS WORLD

SCI-FI, HORROR & FANTASY

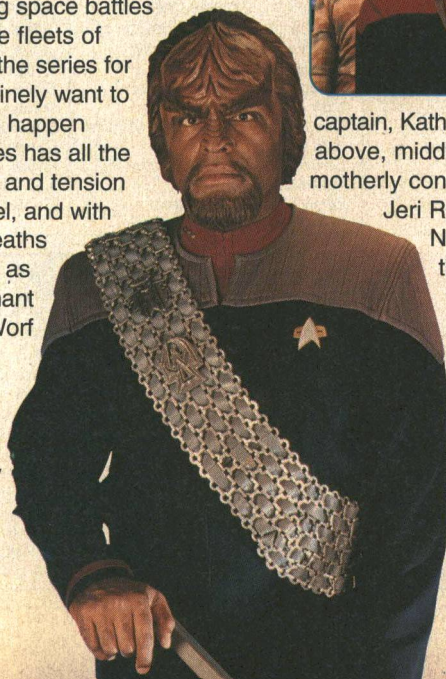
BATTLE FOR SCI-FI SUPREMACY

DO YOU LIKE THE PRESENT OR PREFER THE FUTURE?
ARE YOU A TREKKER OR A GATER?

THE *STAR TREK* FRANCHISE AND *STARGATE SG-1* ALL FEATURE HUMANS AND ALIENS WORKING SIDE BY SIDE, BATTLING AGAINST OTHER ALIENS WHO DON'T STAND FOR THE SAME UPRIGHT PRINCIPLES OUR HEROES HOLD DEAR. BUT LOOK BENEATH THE SURFACE, AND, AS PAUL SIMPSON DISCOVERS, YOU'LL FIND THREE VERY DIFFERENT SERIES:

STAR TREK: DEEP SPACE NINE

Unlike the two earlier *Star Trek* series, *Deep Space Nine* isn't set on board a starship cruising around the galaxy – it takes place on a space station guarding a wormhole connected to a different part of the galaxy. The early fascination was finding out who'd come through the wormhole next, and we met some fascinating new species. But it is the affairs of the planet Bajor, near which *DS9* is located, that has captivated fans. Anything up to a dozen characters can appear in an episode, so the show never gets boring – if you don't like this week's lead, you can bet that the next episode will deal with someone else. And if you want to see big space battles between whole fleets of ships, *DS9* is the series for you. You genuinely want to know what will happen next. The series has all the depth, intrigue and tension of a good novel, and with unexpected deaths along the way, as well as Lieutenant Commander Worf (Michael Dorn, right) from *The Next Generation* joining halfway through, you can always expect the unexpected.



STAR TREK: VOYAGER

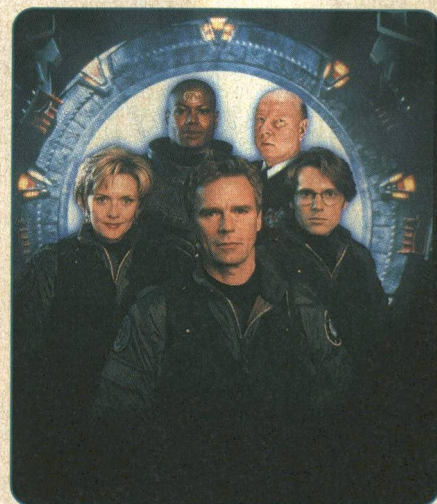
The starship *Voyager* is trying to get home after being thrown over 70,000 light years across the galaxy while in pursuit of Maquis rebels. Its crew comprises the surviving Starfleet officers of the *Voyager* and the renegades they were chasing, with whom they have formed a grudging truce. *Voyager's* real strength is in its identifiable characters. The female



captain, Kathryn Janeway (Kate Mulgrew, above, middle, with cast), conveys a motherly concern about her charges.

Jeri Ryan as the Borg Seven of Nine thinks nothing of telling the Captain, in blunt terms, when she's wrong. Even those who started as comic relief (Neelix and The Doctor) have developed into rounded characters. So even if the crew do get home, we'll still want to know what happens to them.

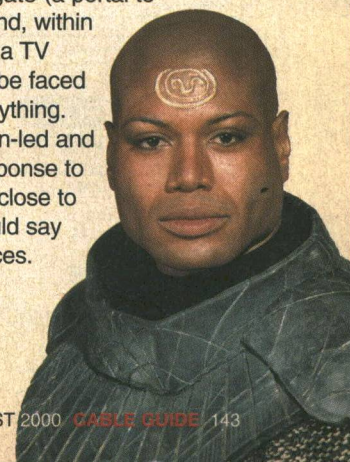
The Best of Star Trek,
Fridays, 8.00pm

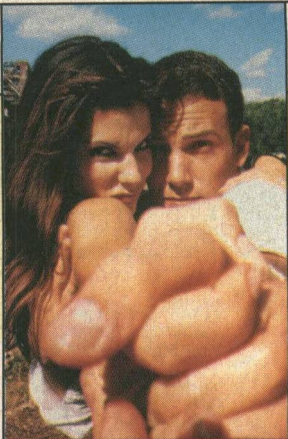


STARGATE SG-1

Stargate SG-1 is far better than the 1994 film that inspired it. Following the adventures of Colonel Jack O'Neill (Richard Dean Anderson, above, middle, with cast) and his team, it's the only current sci-fi series that's grounded in the present. O'Neill, Major Samantha Carter, scientist Daniel Jackson and alien Teal'c (Christopher Judge, below) can only rely on contemporary knowledge, unlike *Star Trek*, which can fall back on techno talk to save the day. The *SG-1* team don't know what they are going to find the first time they go through the Stargate (a portal to other galaxies), and, within the restrictions of a TV budget, they can be faced with just about anything. The show is action-led and Jack O'Neill's response to situations seems close to what you or I would say in his circumstances.

The Best of Stargate SG-1,
Wednesdays,
8.00pm



	SKY PREMIER PREMIUM CHANNEL	SKY MOVIE MAX PREMIUM CHANNEL	SKY CINEMA PREMIUM CHANNEL	FILMFOUR ADD-ON CHANNEL	
6.00 AM	6.00am The Land Before Time VI 1998, rating Sky U, DS, 73 mins 7.20 The Scarlet Tunic 1997, rating Sky PG, 88 mins 9.00 Arthur's Quest 1998, rating Sky U, 84 mins 10.30 Teenage Mutant Ninja Turtles II: Secret of the Ooze 1991, rating Sky PG, DS, 84 mins 12.15pm Flubber Text 1997, rating Sky U, 90 mins 2.00 Doctor Dolittle Eddie Murphy, Ossie Davis Family comedy about the doctor who can talk to animals. Text 1998, rating Sky PG, 82 mins	6.00am Blues Brothers 2000 Comedy sequel. Text 1998, rating Sky PG, DS, 119 mins 8.05 Blue Valley Songbird 1999, rating Sky PG, 88 mins 10.00 Troop Beverly Hills Girl scout comedy. Text 1989, rating Sky PG, DS, 102 mins 12noon Chips '99 Larry Wilcox, Erik Estrada 1998, rating Sky PG, 94 mins 2.00pm Where the Truth Lies Marlee Matlin, Regina King Drama about a lawyer who must defend a political campaign manager accused of murder. 1999, rating Sky PG, 87 mins 3.45 UK Top Ten A rundown of the box office hits. 4.00 Nightmare in Big Sky Country Patricia Wettig, Matt McCoy, M Emmet Walsh Fact-based drama about a judge and single mother who fights to protect herself and her children from attacks by a vicious member of a local militia. Text 1998, rating Sky PG, 86 mins 5.45 Action Heroes: Sylvester Stallone A profile of the phenomenally successful action movie star. 6.15 Blues Brothers 2000 Dan Aykroyd, John Goodman, Joe Morton, BB King All-singing, all-action sequel to the 1980 cult favourite. The remaining Blues brother is released from prison and sets about reforming the notorious band. He needs to find a new front man to replace his brother. Various real-life R&B stars turn up in cameo roles. Text 1998, rating Sky PG, DS, 119 mins 8.15 The Pentagon Wars Kelsey Grammer, Cary Elwes Political comedy satire about a Pentagon official trying to suppress an inquiry into a multi- billion-dollar development project that has failed to deliver. 1998, rating Sky 15, DS, 99 mins 10.00 Soldier Kurt Russell, Jason Scott Lee, Jason Isaacs, Connie Nielsen Futuristic thriller in which a part- man, part-machine fighter finds himself banished to a remote planet when a new generation of cyborg warriors is created. Text 1998, rating Sky 18, DS 94 mins 11.40 When Trumpets Fade Ron Eldard, Frank Whaley World War II drama about a stressed soldier. 1998, 89 mins 1.15am Excess Baggage Alicia Silverstone, Benicio Del Toro, Text 1997, rating Sky 12, 97 mins 3.05 Neon City 1991, rating Sky 15, 103 mins 4.55-6.25am Where the Truth Lies 1999, rating Sky PG, 87 mins	11.00am Sword of Sherwood Forest Richard Greene, Peter Cushing Robin Hood adventure. 1960, rating Sky U, 77 mins 12.30pm The Dark Avenger Errol Flynn, Christopher Lee Action-packed adventure about a patriotic swordsman. Widescreen 1955, rating Sky PG, 82 mins 2.00 The Sea Wolves Gregory Peck, Roger Moore, David Niven, Trevor Howard Comical action adventure set in World War II. A retired unit of British soldiers find themselves called back into heroic action when the Germans cruise into Goa harbour. 1980, rating Sky PG, 115 mins 4.00 A Kind of Loving Alan Bates, June Ritchie, Thora Hird, Gwen Nelson Genre-creating British drama about the strains placed on a troubled young man who is forced to live with his loathsome mother-in-law at the same time as he is trying to cope with the new-found pressures of being a young husband. 1962, rating Sky PG, 107 mins 6.00 The Dark Avenger Errol Flynn, Joanne Dru, Peter Finch, Christopher Lee Action-packed adventure set during the 100 Years War. A royal-blooded swordsman is made a duke and appointed to protect English gains. He goes into vigorous battle with anyone who threatens the English empire. Widescreen 1955, rating Sky PG, 82 mins 8.00 Taps George C Scott, Timothy Hutton, Sean Penn, Tom Cruise Siege drama set in an American military training academy, with a variety of fresh-faced stars as the rebellious young recruits. Their leader decides to organise an occupation of the college when plans for its closure are mooted but their attempt at resistance has a terrible outcome. 1981, rating Sky 12, 121 mins 10.10 Metroland Christian Bale, Emily Watson British drama in which a young man's best friend reappears after a ten-year absence, throwing his conventional, dull life into disarray. He starts to reflect on his wilder days and his marriage. 1998, rating Sky 18, 97 mins 11.55 A Kind of Loving Alan Bates, June Ritchie Genre-creating British drama. 1962, rating Sky 15, 107 mins 1.50am Taps George C Scott, Timothy Hutton Military academy siege drama. 1981, rating Sky 12, 121 mins 3.55-6.00am Metroland Christian Bale, Emily Watson 1998, rating Sky 18, 97 mins	2.00pm Planet of the Apes Charlton Heston, Roddy McDowall, Kim Hunter, Maurice Evans Science fiction drama adapted from a French fantasy novel. An astronaut becomes caught in a time warp and lands on a planet remarkably similar to Earth – except that its apes have acquired speech and walk upright. They rule the planet and humans are merely a mute sub-species who are exploited by the apes for their own benefit. The astronaut's power of speech makes him the subject of dangerous curiosity and subversive experimentation by simian scientists. Text 1968, 108 mins 4.00 Ponette Violette Thivisol, Xavier Beauvois Award-winning, moving drama about a four-year-old child who has survived the dreadful car accident that killed her mother. She must cope with her own feelings, the grief of her father and the innocently casual incomprehension of her young playmates. 1996, 93 mins 5.35 Avondale Dogs 6.00 The Freshman Matthew Broderick, Marlon Brando, Bruno Kirby Comedy about a film student fresh to New York, who is conned out of his money and luggage. The conman then arranges a job for the newcomer with a Mafia boss who is running a bizarre scam involving exotic animals and crooked restauranters. 1990, 98 mins 8.00 Cyrano De Bergerac Gérard Depardieu, Anne Brochet Epic-scale adaptation of the classic stage play. A 17th century musketeer is the greatest swordsman of his day, loved by all and a romantic whose poetry melts hearts. Only his hideously large nose prevents him from being a romantic adventurer until he becomes the go-between for a beautiful young woman and and a handsome musketeer who doesn't know how to woo with words. 1990, 132 mins 10.30 Bound Jennifer Tilly, Gina Gershon Thriller in which two women bump into each other in a corridor and realise they are destined to be lovers. They run away together but one of them is deserting a gangster husband and taking with her \$2 million of mob money. 1996, 104 mins 12.30am Austin Powers: International Man of Mystery Mike Myers, Elizabeth Hurley Outrageous comedy. 1997, 91 mins 2.05 Les Voleurs Crime drama. 1996, 110 mins 4.00-6.00am Once We Were Strangers Romance. 1997, 92 mins	 Sandra Bullock and Ben Affleck are thrown together by the 'Forces of Nature'. Front Row, see below Find your favourite TV shows in seconds: www.cableguide.co.uk CARLTON CINEMA LIFESTYLE PACK 7.00pm Jesus Christ Superstar Ted Neeley, Yvonne Elliman, Carl Anderson, Joshua Mostel A rock opera based on the concept album and Broadway musical, this film tells the story of the final six days in the life of Jesus Christ through the eyes of Judas. There are no spoken lines, everything is expressed in song. 1973, 103 mins 9.00 Desk Set Spencer Tracy, Katharine Hepburn, Joan Blondell Comedy in which a mysterious man, hanging about at the research department of a TV network, proves to be an engineer hired to computerise the office. The department head must balance fear of redundancy against her attraction to the engineer. Text 1957, 103 mins 11.00 Who Dares Wins Lewis Collins, Judy Davis Action adventure in which a commando with the British Special Air Service infiltrates a radical and dangerous terrorist group. 1982 125mins 1.15am All of Me Steve Martin, Lily Tomlin Comedy. 1984, 93 mins 3.00 Bunny Lake is Missing Laurence Olivier, Carol Lynley Thriller. 1965, 107 mins 5.00-7.00am Murder on a Honeymoon Comic mystery. 1935, 74 mins

FRONT ROW

SCREENING WHEN YOU'RE
GOOD AND READY
WITH CABLE & WIRELESS

See channel 50 or your Front
Row spread on pages 14, 15
for further details.

KEY TO FILM CONTENT
T/C: Theme /Content
BL: Bad Language
S/N: Sex/Nudity
V: Violence

Channel 51 Matinee	Channel 51 Evening	Channel 52	Channel 53
FORCES OF NATURE Rating 12, 102 mins Romantic comedy. Fate throws two travellers together after a series of strange events – even though one of them is on the way to his own wedding. Stars Ben Affleck and Sandra Bullock. T/C: Comedy, romance. BL: Once, strong. S/N: Some mild references. V: Once mild. 6.00am, 8.00am, 10.00am, 12noon, 2.00pm	MICKEY BLUE EYES Rating 15, 98 mins Comedy. An English auctioneer, working in New York, marries his American girlfriend, not realising that her family are all mobsters. Stars Hugh Grant and Jeanne Tripplehorn. T/C: Comedy, mafia. BL: Infrequent, strong. S/N: None. V: Infrequent, moderate. 4.00pm, 6.00pm, 8.00pm, 10.00pm, 12midnight, 2.00am, 4.00am	UNIVERSAL SOLDIER: THE RETURN Rating 18, 80 mins Action. A project to create a new breed of soldier seems to be going well, but then a computer develops a mind of its own. Stars Jean-Claude Van Damme. T/C: Action, sci-fi. BL: Occasional, strong. S/N: Some moderate nudity. V: Frequent, strong. 6.50pm, 8.30pm, 10.10pm, 11.50pm, 1.30am, 3.10am	THE MATRIX Rating 15, 131 mins Sci-fi thriller. A young man, who has been searching for the truth all his life, finds himself pitched into a sinister world of virtual reality. Stars Keanu Reeves, Carrie-Anne Moss and Laurence Fishburne. T/C: Sci-fi, adventure, virtual reality. BL: Occasional, mild. S/N: None. V: Frequent, strong, fantasy. 6.30pm, 9.00pm, 11.30pm, 2.00am

SKY ONE ACTION/ SELECTION PACKS	UK GOLD LIFESTYLE/ SELECTION PACKS	LIVING LIFESTYLE PACK	GRANADA PLUS ACTION PACK	DISNEY CHANNEL ADD-ON/ PREMIUM CHANNEL	
6.00am Long Play 6.30 Hour of Power 7.30 Mega Babies 8.00 Godzilla 8.30 Mummies Alive 9.00 Pokémon 9.30 Pokémon 10.00 Pokémon 10.30 The Simpsons Text 11.00 World Wrestling Federation – Metal 12noon World Wrestling Federation – Superstars 1.00pm America's Dumbest Criminals Text 1.30 America's Dumbest Criminals Text 2.00 Beverly Hills, 90210 Text 3.00 Earth: Final Conflict <i>Live Free or Die</i> Mystery sci-fi series. After a spectator releases nerve gas at a planetarium, Da'an is kidnapped. Stars Leni Parker. 4.00 Star Trek: Deep Space Nine <i>The Darkness, The Light</i> A mysterious assassin targets the members of Kira's resistance for execution. Text 5.00 Star Trek Popular sci-fi action series in which a space crew goes out into unexplored space seeking new life forms and have strange adventures along the way. Text 6.00 The Simpsons Cartoon fun courtesy of the wacky inhabitants of Springfield. 6.30 The Simpsons Phenomenally popular US animated series. 7.00 The Simpsons Phenomenally popular US animated series. 7.30 The Simpsons Cartoon fun courtesy of the wacky inhabitants of Springfield. 8.00 Buffy the Vampire Slayer <i>Prophecy Girl</i> Giles discovers an ancient book foretelling Buffy's death at the hands of The Master. Text 9.00 The Best of the X-Files <i>Leonard Betts</i> A headless corpse walks out of a morgue, triggering a hunt for a new life form. 10.00 V.I.P. <i>Mao Better Blues</i> Val and company are caught up in a battle for control of a legendary Chinese artefact. Guest starring Billy Blanks. 11.00 Prey <i>Discovery</i> Attwood hampers Sloan and Ray's attempts to investigate the new breed and Tom reveals the deadly truth to Sloan. Text 12midnight LAPD 1.00am Stand and Deliver 1.30 Chicago Hope Text 2.30 World's Wildest Police Videos Text 3.20 The Untouchables Text 4.10 Manhunter 5.00 The Newlywed Game 5.20 The Newlywed Game 5.40-6.00am The Newlywed Game	6.00am 'Allo 'Allo! Text 6.30 Waiting for God 7.10 Due South 8.05 Blake's 7 9.10 Dr Who Omnibus 11.10 Dynasty Omnibus 1.05pm FILM: Bugsy Malone <i>Scott Baio, Jodie Foster, Florrie Dugger, John Cassisi, Martin Lev</i> Children's musical spoof of old gangster movies. 1976 2.55 The Bill Omnibus Omnibus edition of the police drama series based in Sun Hill. Slater finds his investigation impaired by the lack of a car while Daly and Deakin desperately try to find a snout who has disappeared after a failed operation – before someone else does. Meanwhile, Boulton finds that an informant's feelings of brotherly love are getting in the way of a result and Cryer and Brownlow have to turn peacekeepers when protesters on a development site are threatened with violence. 5.25 'Allo 'Allo! Having blown open the safe in Lt Gruber's bedroom, Rene and Leclerc get a surprise when they discover the contents. 6.00 Lovejoy <i>They Call Me Midas</i> Lovejoy's old mentor invites him, Eric, Tinker and Lady Jane to take part in a dastardly con at a country house. 7.05 Yes, Prime Minister <i>Power to the People</i> Bumbling minister Jim Hacker finds himself surprisingly elevated to Number Ten. 7.45 Goodnight Sweetheart <i>How Long Has This Been Going On?</i> 8.25 Birds of a Feather <i>Loyalty</i> Essex comedy. 9.05 FILM: Narrow Margin <i>Gene Hackman, Anne Archer, James B Sicking, JT Walsh</i> Tense thriller about a district attorney who goes to a remote Canadian cabin to find a reluctant witness to a mob slaying. But he accidentally reveals her whereabouts to the hit men hired to silence her. 1990 10.55 Taggart <i>Legends</i> Jardine and his team are drawn into the world of pop music when the lead guitarist of a legendary 1960s group is found dead in his swimming pool. With an old song back in the charts and talk of a comeback, is murder the way to stop them in their tracks? 2.05am Dangerfield Drama about a police surgeon. 3.05 Monty Python's Flying Circus 3.40 Lovejoy 4.40 Dynasty 5.30-6.00am Angels Soap set in St Angela's Hospital.	6.00am Ready, Steady, Cook 6.30 Can't Cook, Won't Cook 7.00 Tiny Living 9.00 Forgive or Forget 9.50 Relationship SOS 10.30 Brookside Omnibus 12.30pm FILM: Florence Nightingale <i>Jaclyn Smith, Claire Bloom</i> Historical drama about the life of the 19th-century woman who, despite opposition from her family, chose the profession of nursing. 1985 3.10 FILM: Baby Brokers <i>Cybill Shepherd, Nina Siemaszko, Anna Maria Horsford</i> Drama based on a true story about a woman who, in the process of adopting a baby from a surrogate mother, discovers that the mother has promised the baby to nine others. 1994 5.00 Special Babies Documentary series. 5.30 Maury Povich Compelling and personal talk show. 6.00 Plastic Fantastic Series about people who have undergone plastic surgery. 6.30 Little Miracles Life on the wards of the Hospital for Sick Children in Toronto. 7.00 Real Romance Nostalgic accounts of love and romances that have endured through the years. 7.30 Family Confidential Fly-on-the-wall documentary. 8.00 Judge Judy Double bill of the show in which outspoken New York City family court judge Judy Sheindlin presides over a series of real-life cases and conflicts. 9.00 Profiler Suspense thriller series about Dr Sam Waters, a brilliant forensic psychologist with a gift for understanding the criminal mind. Stars Ally Walker. 10.00 Jerry Springer A double bill of the outrageous American talk show in which Jerry Springer and his guests engage in lively – and sometimes heated – discussions about relationship issues. 11.45-12midnight Sex Bites Raunchy late-night fun with Katrina Buchanan.	6.00am Nearest and Dearest 6.30 Nearest and Dearest 7.00 Plus on Plus 7.30 Please Sir 8.00 How's Your Father? 8.30 Supersonic 9.00 The Persuaders 10.00 The Darling Buds of May 11.00 The Rag Trade 11.30 Bless This House 12noon Nearest and Dearest 12.30pm Nearest and Dearest 1.00 Maggie and Her 1.30 Second Thoughts 2.00 Bonanza 3.00 Classic Coronation Street – The Omnibus Omnibus edition of the week's events in this classic soap set in the most famous street in Britain. Mike tells Terry and Curly that he has some work for them but Curly refuses to do business with him. Mike tells Susan he doesn't want to rush her but he would like her to marry him. Hilda asks Terry and Curly to try to get Kevin away from Sally by taking him on a lads' night out. Meanwhile, Audrey is in for a shock. Text 5.30 Bullseye Darts quiz show. 6.00 The Darling Buds of May <i>The Happiest Days of Your Life – Part I</i> Pop and Ma Larkin are summoned to the twins' school. 7.00 The Benny Hill Show Benny does an American Music Hall, proves it's a funny old world in song and gets stopped, started and edited out of his own show. With Henry McGhee. 8.00 In Suspicious Circumstances <i>An Evil Business/Dearest Pet</i> Edward Woodward presents two unsolved true-crime mysteries. With Helen Baxendale. 9.00 Agatha Christie's Partners in Crime <i>Why Didn't They Ask Evans?</i> 10.00 Tales of the Unexpected 10.30-11.00pm Tales of the Unexpected	6.00am PB and J Otter 6.20 Music Time 6.25 Winnie the Pooh 6.40 Art Play 6.45 Classic Toons 6.55 The Adventures of Spot 7.05 Bite Size 7.20 Circle Time 7.25 Bear in the Big Blue House 7.50 Rolie Polie Olie 8.00 Boy Meets World 8.30 Teen Angel 8.55 Art Attack 9.25 Kids' Awards Update 9.30 Recess 10.00 Recess 10.30 Recess 12noon Recess 12.30pm Recess 1.00 FILM: Life Size 1999 2.30 Mickey Mouseworks 3.00 101 Dalmatians Canine capers. Text . 3.30 Timon and Pumbaa Animated series featuring the crazy characters from <i>The Lion King</i> . Text 4.00 FILM: One of Our Dinosaurs is Missing <i>Peter Ustinov, Derek Nimmo</i> Comic spy adventure. A British agent steals a top secret formula, contained in a microfilm, from a Chinese war lord. He arrives in London and hides the formula in a museum dinosaur. Text 1975 5.30 Honey, I Shrank the Kids: The TV Show <i>Honey, I'm Strakin' Text</i> 6.10 Smart Guy <i>The Dating Game</i> A school Romeo won't leave Yvette alone. Text 6.35 Boy Meets World <i>No Guts, No Cory Text</i> 7.00 FILM: George of the Jungle <i>Brendan Fraser, Leslie Mann, Thomas Hayden Church</i> Comedy based on a well-known animated TV series. A clumsy jungle dweller causes chaos in a big city. Text 1997 8.30 Honey, I Shrank the Kids: The TV Show <i>Honey, It Takes Two to Mambo</i> Wayne tries out another of his inventions. Text 9.10 Thunderstone Dolly, the Nomads' dog, is discovered by Noah. Text 9.35 Dinosaurs Prehistoric animatronics. Text 10.00 Home Improvement Comedy double bill. Text 11.00 Touched by an Angel Text 11.50-12midnight Toons	6.00 AM

CABLE CHOICE

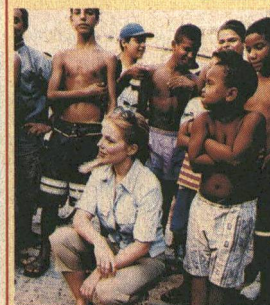
FILM

A Kind of Loving
Sky Cinema 4.00pm, 11.55pm
Honest and unpretentious adaptation of Stan Barstow's novel marking the directorial debut of John Schlesinger. A pithy, brass tacks script from Keith Waterhouse and Willis Hall helps convey the wretched state of Alan Bates and June Ritchie's shotgun marriage.

GENERAL

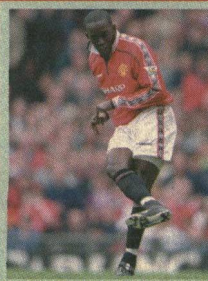
Taggart
UK Gold 10.55pm
Emotion-packed episodes filmed shortly after the death of the actor Mark McManus, who established the series as the hard-bitten Scottish detective of the title. Tonight Jardine and his team investigate the mysterious death of a 1960s pop star.

ADVERTISEMENT UK HORIZONS



GERI'S WORLD WALKABOUT – PART 2 9.00PM

In this concluding part of Geri's whirlwind tour of South East Asia, North America, South America and Europe, she meets a variety of people who have shown enormous strength and spirit. Geri tries to understand what motivates these remarkable people.

	EUROSPORT NEWS & SPORT/ SELECTION PACKS	SKY SPORTS 1 PREMIUM CHANNEL	SKY SPORTS 2 PREMIUM CHANNEL	SKY SPORTS 3 PREMIUM CHANNEL	SCI-FI ACTION PACK	MTV MUSIC & GAMES PACK	
MORNING	7.30am Mountain Bike 8.00 Adventure 9.00 Motorcycling - LIVE 9.30 Motorcycling - LIVE 10.00 Motorcycling - LIVE 11.15 Motorcycling - LIVE 12.30pm Motorcycling - LIVE Coverage from Brno of the Czech Grand Prix. 2.00 Cycling - LIVE Action from the Zurich Championship as the Züri-Metzgete race, the eighth round of the UCI World Cup 2000, gets under way.	6.00am Aerobics Oz Style 6.30 Max Power 7.30 Test Cricket: England v West Indies - Fourth Test 9.00 Ford Golf USA: US PGA Championship 1.00pm Ford Rugby Union Special: Tri-Nations - South Africa v New Zealand/Allied Dunbar Highlights from the Tri-Nations in Johannesburg.	6.00am Watersports World 7.00 Aerobics Oz Style 7.30 European Drag Racing: Alastaro 8.00 Polo: Cartier Polo Tournament 9.00 Soccer Extra 12noon First Division Football: Crystal Palace v Queen's Park Rangers - LIVE Top soccer action.	10.00am European Drag Racing: Alastaro Leg 10.30 Australian Rugby League: Play-Offs 12.30pm Polo: Cartier Polo Tournament 1.30 European Drag Racing: Alastaro Leg Action from the latest round in the FIA European Drag Racing Championship. 2.00 The Winning Post: Chester/Pontefract - LIVE Chester and Pontefract are the venues for this afternoon's horse racing action with the runners and riders under starter's orders.	8.00am Destination Space 8.30 Cybernet 9.00 The Incredible Hulk 10.00 Lost in Space 11.00 The Six Million Dollar Man Pilot Error 12noon Mystery Science Theatre 3000 Puma Man 1.45pm Sci-Focus Special 2.00 FILM: Babylon 5 - The River of Souls Ian McShane, Martin Sheen An archaeologist steals an ancient artefact that may be the key to eternal life. 1998 3.45 Sci-Focus Special 4.00 FILM: It Came from Outer Space Richard Carlson, Barbara Rush, Charles Drake Science fiction drama about a group of extra-terrestrials whose spaceship crash-lands in the Arizona desert. 1953 5.35 Cybernet What's new and hot in the world of computer games. 6.00 Babylon 5 Ceremonies of Light and Dark When Babylon 5 declares independence, Nightwatch terrorists kidnap Delenn.	6.00am Select MTV 9.00 Hit List UK Cat Deeley delivers the hottest UK chart action. 10.00 Road Rules 12noon Weekend Edition 12.25pm MTV's Pop Single of the Week 12.30 Select MTV Richard Blackwood presents a three hour edition of the music request show, featuring top guests in the studio and viewers' calls.	
	4.00 Tennis Coverage from Montreal, Canada, of the WTA Tournament.	3.00 Ford Super Sunday: Manchester United v Newcastle United - LIVE Richard Keys introduces this afternoon's top soccer action as Manchester United begin the defence of their Premier League title against Newcastle United. Martin Tyler and Andy Gray supply the commentary from a packed Old Trafford.	3.00pm Ford Golf USA: US PGA Championship - LIVE Golfing coverage from Valhalla Golf Club in Louisville, Kentucky, as the 2000 US PGA Championship reaches its conclusion on day four. Despite winning the title last year and further establishing himself as one of the sport's leading stars of the future, Tiger Woods was not the only player who made the headlines in this event. Rising Spanish sensation Sergio Garcia became involved in a tantalising duel with Woods and ended up finishing second after the American star won by a single stroke. Garcia clearly had the crowd on his side, however, and proved that it may not be long before he wins a major tournament himself. Find out who gets the glory this year, as the remaining players compete for the trophy - not to mention the winner's share of the prize money.	5.00 Polo: Cartier Polo Tournament An Argentina side with two of the best players in the world faces England for the Coronation Cup. 6.00 Australian Rules Football More dynamic action from the rough-and-tumble world of the Australian Football League.	7.00 Babylon 5 Sic Transit Vir Vir meets his fiancées - for the first time, and Sheridan has a romantic dinner with Delenn.	3.30 Weekend Edition The latest news and gossip from Tinseltown. 4.00 Bytesize MTV Highlights and bizarre moments from different MTV stations around the world in short soundbites.	
	5.00 Cycling Two-wheeled action from the Pierrelaye-Paris stage of La Grande Boucle. 5.30 Motorcycling Highlights from the Czech Grand Prix.	6.30 Super League - LIVE Eddie Hemmings and Mike Stephenson introduce coverage of another Super League V encounter.		8.00 European Drag Racing: Alastaro High-octane action. 8.30 Test Cricket: England v West Indies - Fourth Test Catch up with the action from Headingley as the fourth Cornhill Insurance Test reaches its fourth day. With commentary from David Gower, Ian Botham, Paul Allott, Bob Willis, David Lloyd and Michael Holding. 10.30 Polo: Cartier Polo Tournament An Argentina side with two of the best players in the world faces England for the Coronation Cup. 11.30-12midnight Telegraph Action Sport	8.00 PSI Factor: Chronicles of the Paranormal Wendigo The OSIR uncovers a case of cannibalism. 9.00 Welcome to Paradox Hemeac A computer-run university subjugates its students into obedience. 10.00 Fortean TV Father Lionel Fanthorpe looks at more curiosities. 10.30 Perversions of Science Given the Heir 11.00 Millennium Kingdom Come Frank searches for a serial killer who is believed to be responsible for the deaths of several clergymen. 12midnight Twin Peaks The identity of Lara Palmer's killer is revealed. 1.00am FILM: Grizzly Christopher George Thriller about a giant grizzly bear on the loose. 1976 2.45 Sci-Focus Special 3.00-4.00am Lost in Space	7.00 Weekend Edition 7.30 Richard Ashcroft Special Meet the former frontman of The Verve. 8.00 Making the Video: Travis Behind the scenes at the making of <i>Coming Around</i> . 8.30 FANatic: Jackie Chan/Dru Hill 9.00 Biorhythm: TLC A look at the biggest-selling female trio ever. 9.30 The Blame Game Ex-partners battle it out. 10.00 V2000 Preview In the run up to V2000 at the end of the month, here's a chance to see hit videos from the headliners. Featuring Travis, Richard Ashcroft, Macy Gray, Underworld, Supergrass and Moby.	
	6.00		8.45 Goals on Sunday Clare Tomlinson presents a comprehensive roundup of all the latest net-busters.				
7.00	7.00 Tennis - LIVE Coverage from Montreal in Canada of the final of the WTA Tournament.						
8.00							
9.00	8.45 Boxing Ringside action from an international contest. 9.45 Rally FIA World Rally Championship action. 10.00 SportsCentre 10.15 Cycling Action from the Zurich Championship in Switzerland.						
10.00							
11.00	11.15 Motorcycling MotoGP action from Brno, Czech Republic.	11.15 Sporting Auction Preview 11.45 Australian Rugby League Featuring the likes of Brisbane Broncos, Canberra Raiders and Newcastle Knights. 1.45am-3.45am Super League Join Eddie Hemmings and Mike Stephenson for highlights from the pick of the weekend's matches.	11.30 Inside the Senior PGA Tour Gain an insight into life behind the scenes. 12midnight Test Cricket: England v West Indies Catch up with the action from Headingley as the fourth Cornhill Insurance Test reaches its fourth day. 2.00am-3.00am Polo: Cartier Polo Tournament Argentina faces England for the Coronation Cup.				
12.00	12midnight Rally Coverage from Finland. 12.15am-12.30am SportsCentre				12midnight brand:new Zane Lowe takes a look at music and new talent. 1.00am The Lick R&B Chart Show Trevor Nelson presents the latest R&B news, reviews and interviews. 2.00-6.00am Night Videos		
NIGHT TIME							
LIVE MANCHESTER UNITED V NEWCASTLE UNITED SKY SPORTS 1 3.00PM				PLAYBOY TV/ ADULT CHANNEL ADD-ON CHANNEL		TELEVISION X ADD-ON CHANNEL	
 The annual battles between the two Uniteds, Manchester and Newcastle, have become part of Premier League folklore. Five-nil score lines are not uncommon so goals are guaranteed. At Old Trafford this afternoon, the class of Dwight Yorke (pictured, left) could tell for the home team or the dogged persistence of Alan Shearer (pictured, right) for the visitors. Neither manager will want to give an inch, and Sir Alex Ferguson and Bobby Robson will want an open game with plenty of skill. Should be a cracker.						10.00pm Freeview 10.06 FILM: Over the Wire 11.40 Sex Court 12midnight Freeview 12.10am FILM: Seduced by the Flames 1.25 Rude Not To! 1.45 FILM: The Right Connection 3.05 Caught at Home 3.10-4.00am Vanity Adult Nightview is now available as a TV on-demand service between 10.00pm and 4.00am at £4.95. See channel 50 for details	12midnight The Ten Minute Preview 12.10am FILM: Not a Loving Kind 1.00 Five Minute Preview 1.05 FILM continues 1.20 FILM: Uncontrollable 2.30 FILM: Naughty 3.40-4.00am Women in Uniform Adult Nightview is now available as a TV on-demand service between 12midnight and 4.00am at £4.95. See channel 50 for details

VHI MUSIC & GAMES PACK	ANIMAL PLANET WORLD PACK	ITV2 ACCESS PACK	UK STYLE LIFESTYLE PACK	UK HORIZONS WORLD/ ACCESS PACKS	CARLTON FOOD NETWORK LIFESTYLE PACK	
6.00am Breakfast in Bed 10.00 Behind the Music: Madonna 11.30 Pop Up Video 12noon Ten of the Best: Madonna 1.00 Behind the Music: Madonna Madonna talks about her famous Sex book. 2.30pm Pop-Up Video More top pop trivia. 3.00 Top 40 of Madonna with Pip Dann To celebrate the legendary superstar's 42nd birthday, take a look at the best-selling 40 records of her career to date. Featuring all her massive hits from her debut Holiday to Austin Powers theme track Beautiful Stranger. 7.00 The VH1 Album Chart Show Paul King presents the latest rundown of the best-selling albums of the week in the UK. 8.00 Ten of the Best: Madonna The enduring star selects her ten favourite music videos of all time. 9.00 Video Timeline: Madonna 9.30 Pop-Up Video Special: Madonna Top facts and trivia about the original Material Girl. 10.00 Behind the Music: Madonna A comprehensive exploration of every phase of Madonna's career, featuring never-before-seen footage and exclusive interviews. 11.30 Greatest Hits: Madonna All the top tracks from the remarkable star. 12midnight Video Timeline: Madonna 12.30am Pop-Up Video Special - Madonna 1.00 Top 40 of Country A countdown of the biggest and best country and crossover tracks of all time. 4.00-6.00am VH1 Late Shift	12noon Croc Files 12.30pm Croc Files 1.00 Emergency Vets Dr Fitzgerald operates on an iguana to remove her eggs. 1.30 Emergency Vets Innovative technology is used to help heal a dog's leg. 2.00 Vets on the Wildside 2.30 Vets on the Wildside Vets caring for wildlife in southern Africa. 3.00 Wild Rescues Incredible tales of people saving animals – and animals saving people. 3.30 Wild Rescues More incredible tales. 4.00 Lassie The Horse Healer 4.30 Lassie Biker Boys Timmy and Lassie save a young boy. 5.00 Monkey Business Baby Hebe is caught up in a tug of love. 5.30 Monkey Business 6.00 Animal X The phantom black dogs of East Anglia. 6.30 Animal X Visit the mysterious Howick Falls in South Africa. 7.00 ESPU Documentary about the fight against poaching. 7.30 ESPU The unit goes to Holland and Germany. 8.00 Wild Rescues A dog is given an award for saving its owner's life. 8.30 Wild Rescues More incredible tales. 9.00 The Last Paradises Villafafila – The Secret of Tierra de Campos 9.30 The Last Paradises 10.00 Savannah Cats Documentary looking at how the lion and the cheetah rear their young and how they hunt food for their families. 11.00-12midnight The Killing Game A look at the story of a desperate fight for survival between a pride of lions and a giraffe herd. CABLE CHECK Some of the channels listed may not be available in your area	9.25am Sunset Beach Omnibus Another chance to see last week's episodes. 1.10pm Home and Away More sun, surf and high drama at Summer Bay. 3.10 Emmerdale Omnibus A chance to catch last week's episodes from the long-running soap. Text 4.35 Coronation Street Omnibus Catch up with last week's episodes from the popular Weatherfield soap. Text 6.30 Heartbeat Nostalgic police drama series set in a 1960s Yorkshire village. Text 7.30 CD:UK Music chart show with the latest acts performing live in the studio. 8.30 Trevor McDonald Meets... The newscaster talks to a wide range of guests. 9.00 Bad Girls Crystal is torn between caring for Zandra and starting a new life with Josh and Zandra's test results affect Dominic. 10.00 Coronation Street A chance to catch tonight's episode from ITV. Text 10.30 In Defence Lucas steals a case from Bernie – the appeal of an ex-prostitute and junkie convicted of arson and murder – in an attempt to prove himself in his new job. With Ross Kemp. 12midnight A Week on the Wild Side The extraordinariness of seemingly ordinary people. 1.00am-2.00am Trisha Trisha Goddard shares more heartwarming and hair-raising true stories. Text	7.00am Can't Cook, Won't Cook 7.30 Ready, Steady, Cook 8.00 House Invaders 8.30 The House Doctor 9.00 All the Right Moves 9.30 Antiques Treasure Trail 10.00 Holiday in Style 11.00 Holiday Swaps 11.30 Spa Trek 12noon Style World 12.30pm Your Money or Your Life 1.00 Looking Good 1.30 Style Challenge 2.00 Delia Smith's Summer Collection 2.30 Delia's How to Cook 3.00 Gary Rhodes Bedales 3.30 Party of a Lifetime Featuring a Grease-style graduation party. 4.00 Can't Cook, Won't Cook Cookery challenge. 4.30 Ready, Steady, Cook Cookery show. 5.00 House Invaders DIY show in which homes are given a free facelift. 5.30 The House Doctor With Ann Maurice. 6.00 All the Right Moves Consumer property series. 6.30 Antiques Treasure Trail From Parma in Italy. 7.00 Holiday in Style Featuring reports from Malaysia, Lake Garda, Thailand, Italy, York and Oxford. Hosted by Jayne Constaninis. 8.00 Holiday Swaps Two party animals trade in their holiday on Ibiza for a trip to the Orkney Islands. 8.30 Spa Trek France – Evian-les-Bains 9.00 Style World Nice Interiors, architecture and design in the city of Nice. 9.30 Your Money or Your Life 10.00 Looking Good A look at the search for eternal youth. 10.30 Style Challenge Makeover show. 11.00 Delia Smith's Summer Collection Summer Fish and Shellfish 11.30 Delia's How to Cook Cookery show. 12midnight Gary Rhodes Bedales Gary helps the sixth-formers of Bedales public school to prepare a meal for their retiring housemistress. 12.30am-1.00am Party of a Lifetime With Ainsley Harriott.	7.00am Comrades of the Kalahari 8.00 Unearthing the Mole 8.30 War of the Termites 9.00 Zoo 9.30 Zoo 10.05 Victoria and Albert 11.00 Victoria and Albert 11.55 Top Gear GTi 1.00pm Dream Wheels 1.30 Dream Wheels 2.00 Unearthing the Mole 2.30 War of the Termites 3.00 Comrades of the Kalahari A look at a family of yellow mongooses in the Kalahari desert and their constant struggle to survive. 4.00 Zoo Series about life at London and Whipsnade zoos. 4.30 Zoo Jomie, a young male gorilla, is ready to mate. 5.00 Top Gear GTi Testing the latest models and casting an experienced eye over the hottest motoring news, with interviews and tips. 6.00 The Lost World of El Dorado Archaeologist Dr Tony Spawforth goes in search of the legendary lost world of El Dorado. 7.00 Romans in Britain Hadrian's Wall – the Edge of Empire 7.30 A Rough History Of... 8.00 Love Town Documentary series. 8.30 Love Town A 16-year-old girl elopes to marry a man almost twice her age. 9.00 Geri's World Walkabout Geri Halliwell interviews the first British woman to be trained by the army to fight on the frontline. 10.00 Health Farm Opening day looms and all is not well. 10.30 Health Farm The first guests arrive at Forest Mere health farm. 11.00 Health Farm It is give-up-smoking week at Forest Mere. 11.30 Health Farm 12midnight Health Farm 12.30am-1.00am Disaster UK PLAY: 1.00am Dave Pearce's DJ Anthems 1.30 Judge Jules's DJ Anthems 2.00 Steve Lamacq's DJ Anthems 2.30 Robbie Williams's Dream Performances 3.00 The Joy of Decks 5.35 The Sound of Play 6.30-7.00am The Phone Zone	7.00am Food Factory 7.30 Kitchen College 8.00 Network Daily 8.45 More Simply Antony 9.30 Celebrations 10.00 Spice World 10.30 A Year at Ballymaloe 11.00 Flash in the Pan 11.30 From the Ground Up 12noon Four Burners and a Grill 12.30pm Pacific Food 1.00 Coxon's Kitchen College 1.30 Gordon Ramsay's Passion for Flavour 2.00 Food Network Daily 2.45 Quick Cooks 3.00 Cocktail Challenge With Paul Coia. 3.30 Cucina Valentina Seafood 4.00 A Year at Ballymaloe With Darina Allen. 4.30 Picture This With Amanda Grant. 5.00 A to Z of Food and Beauty 5.30 Four Burners and a Grill 6.00 Coxon's Kitchen College 6.30-7.00pm Use Your Loaf NATIONAL GEOGRAPHIC CHANNEL FAMILY PACK 7.00pm Africa From the Ground Up Danger in Little Eden The wildlife of Victoria Falls. 7.30 The Orphanages Helping animal orphans. 8.00 The Grizzlies A fascinating portrait of the endangered grizzly bear, featuring footage of them in the wild as they hunt and nurture their young. 9.00 The Secret World of the Proboscis Monkeys How Elizabeth Bennett has devoted her life to studying the proboscis monkey. 10.00 Hearts and Minds How sharing 98.4% of their genes with humans has made chimpanzees both heroes and victims. 11.00 Wild Passions A look at the people who have filmed some of the most spectacular natural history sequences ever to be recorded. 12midnight Spunky Monkey How the monkey has learnt to survive as an urban animal in India. 12.30am-1.00am Silvereyes in Paradise A look at the small olive green bird of Heron Island.	6.00 AM MORNING 3.00 PM 4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00 NIGHT TIME
CHALLENGE TV MUSIC & GAMES PACK	DISCOVERY HOME & LEISURE WORLD PACK	RAPTURE BONUS CHANNEL	LOCAL CHANNEL ACCESS PACK			
5.00pm Strike it Lucky 5.30 Sale of the Century 6.00 Family Fortunes Big money gameshow. 6.30 100% 7.00 Beadle's About 7.30 Winner Takes All 8.00 Stars in Their Eyes 8.30 Candid Camera 9.00 Whittle 9.30 Strike it Lucky 10.00 Endurance UK 10.30 Family Fortunes 11.00 Gladiators	12midnight Beadle's About 12.30am Stars in Their Eyes 1.00 Candid Camera 1.30 Absolute Cobblers 2.00 Karaoke Challenge 2.30 3-2-1 3.30 The Krypton Factor A gruelling test of physical stamina and mental agility. 4.00 Say the Word 4.30 Whittle 5.00-6.00am Shopping with Screenshop	6.00am Set in Stone 6.30 Diceman 7.00 Screaming Reels 7.30 Charlie West Fishing 8.00 How to with B & Q 8.05 A Car is Born 8.35 Our House Down Under 9.05 This Old House with Steve and Norm 9.35 This Old House with Steve and Norm 10.05 How to with B & Q 10.10 Total Fishing with Matt Hayes 10.40 Hooked on Fishing 11.10 Rex Hunt Fishing Adventures 11.40 Wood Wizard 12.10pm How to with B & Q 12.15 The House Doctor 12.45 The House Doctor 1.15 Home Again with Bob Vila 1.45 New Yankee Workshop 2.15 How to with B & Q 2.20 Mod Cons 2.50 Time Team 3.50-4.00pm How to with B & Q	10.00am Freesport Special 10.30 World Wind Surf 11.00 High Adrenalin Action 11.30 Adrenalize 12noon Chilli Factor 12.30pm Fearless 1.00 Mountain Bikes 1.30 Freesport Special 2.00 World Wind Surf 2.30 Chilli Factor 3.00 Fearless 3.30 Adrenalize 4.00 Freesport Special 4.30 World Wind Surf 5.00 Adrenalin Action 5.30-6.00pm Adrenalize	6.00pm LLTV – Local Life A daily magazine programme featuring local news, events and lifestyle features. 6.30 What's On TV 7.00 LLTV – Local Life 7.30 YCTV Programmes made by the stars of tomorrow featuring the stars of today. 8.00 Student Showcase 8.30 What's On TV 9.00-9.30pm LLTV – Local Life		

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME

CARTOON NETWORK FAMILY PACK

5.00am Tabaluga 5.30 Blinky Bill
6.00 Fly Tales 6.30 Flying Rhino
Junior High 7.00 Fat Dog
Mendoza 7.30 Ned's Newt 8.00
Mike, Lu and Og 8.30 Edd, Edd
'n' Eddy 9.00 Dexter's Laboratory
9.30 The Powerpuff Girls 10.00
Angela Anaconda 10.30 Cow
and Chicken 11.00 Dragonball Z
12noon Tom and Jerry 12.30pm
Looney Tunes 1.00 The
Flintstones 1.30 Scooby-Doo
2.00 Animaniacs 2.30 Mask

3.00 I Am Weasel
3.30 Dexter's Laboratory
Chemical chaos with the
bedroom professor and his
sister DeeDee.

4.00 Cow and Chicken
4.30 The Powerpuff Girls
Trouble in Townsville calls
out the three heroines

5.00 Edd, Edd 'n' Eddy
More namesake nonsense
with the three pals.

5.30 Johnny Bravo
More posturing and posing
from the egomaniac.

6.00 Tom and Jerry
Madcap comic antics with
the cat and mouse duo.

6.30 FILM: Wakko's Wish
Animated comedy
adventure following the
antics of the characters
from the *Animaniacs*
series as they embark
upon a magical quest. 1999

8.30-9.00pm Courage
the Cowardly Dog

TCM
FAMILY PACK

9.00pm
For Me and My Gal
Judy Garland, George
Murphy, Gene Kelly
Musical drama about two
entertainers whose dream
of Broadway success is
disrupted by war. 1942

11.00-1.00am
The Last Run
George C Scott, Tony
Musante, Trish Van Devere
Crime thriller. 1971

CARTOON NETWORK:
1.00am The Moomins 1.30
The Magic Roundabout
2.00 Tabaluga 2.30 Blinky
Bill 3.00 The Tidings
3.30 The Fruitties
4.00 The Moomins
4.30-5.00am
The Magic Roundabout

12.00am
The Last Run
George C Scott, Tony
Musante, Trish Van Devere
Crime thriller. 1971

1.00am
The Last Run
George C Scott, Tony
Musante, Trish Van Devere
Crime thriller. 1971

2.00am
The Last Run
George C Scott, Tony
Musante, Trish Van Devere
Crime thriller. 1971

3.00am
The Last Run
George C Scott, Tony
Musante, Trish Van Devere
Crime thriller. 1971

4.00am
The Last Run
George C Scott, Tony
Musante, Trish Van Devere
Crime thriller. 1971

5.00am
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Crime thriller. 1971

12.00am
The Last Run
George C Scott, Tony
Musante, Trish Van Devere
Crime thriller. 1971

NICKELODEON FAMILY PACK

7.00am The Three Friends...
and Jerry 7.30 The Three
Friends... and Jerry 8.00 Kenan
and Kel 8.30 Kenan and Kel
9.00 Rugrats 9.30 Rugrats 10.00
Hey Arnold! 10.30 Hey Arnold!
11.00 CatDog
11.30 CatDog
12noon Angry Beavers
12.30pm Angry Beavers
1.00 Rocko's Modern Life
1.30 Rocko's Modern Life
2.00 Renford Rejects
2.30 Renford Rejects

3.00 The Secret
World of Alex Mack
More from the schoolgirl
with extraordinary powers.

3.30 The Secret
World of Alex Mack
4.00 Sister Sister
There's twice the comedy
and double the fun with Tia
and Tamera.

4.30 Sister Sister
More twin trouble and fun.

5.00 Sabrina
the Teenage Witch
5.30 Sabrina
the Teenage Witch
6.00 Are You
Afraid of the Dark?
6.30-7.00pm Are You
Afraid of the Dark?

PARAMOUNT
COMEDY
CHANNEL
FAMILY PACK

7.00pm
Grace Under Fire
7.30 King of Queens
Where's Poppa?

8.00 Cheers
Ma's Little Maggie

8.30 Just Shoot Me
Lies and Dolls

9.00 Frasier
Roz Alone

9.30 Frasier
Merry Christmas

10.00
FILM: Pretty in Pink
Molly Ringwald, Andrew
McCarthy, Jon Cryer
Comedy drama. A poor girl
at an upmarket high school
struggles to contend with
her snobbish schoolmates
and her embarrassing dad
while experiencing the joys
of teen romance. 1986

11.55 Taware Time
12.25am Clive Anderson
Talks Back 1.05 Still in Bed
with McDinner

1.35
Whose Line is it Anyway?

2.05 Dressing for Breakfast

2.35 Desmond's

3.05 It's Garry
Shandling's Show

3.35-4.00am Duckman

4.00am
The Last Run
George C Scott, Tony
Musante, Trish Van Devere
Crime thriller. 1971

5.00am
The Last Run
George C Scott, Tony
Musante, Trish Van Devere
Crime thriller. 1971

6.00am
The Last Run
George C Scott, Tony
Musante, Trish Van Devere
Crime thriller. 1971

7.00am
The Last Run
George C Scott, Tony
Musante, Trish Van Devere
Crime thriller. 1971

8.00am
The Last Run
George C Scott, Tony
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Crime thriller. 1971

9.00am
The Last Run
George C Scott, Tony
Musante, Trish Van Devere
Crime thriller. 1971

10.00am
The Last Run
George C Scott, Tony
Musante, Trish Van Devere
Crime thriller. 1971

11.00am
The Last Run
George C Scott, Tony
Musante, Trish Van Devere
Crime thriller. 1971

FOX KIDS FAMILY PACK

6.00am X-Men: The Movie
- Behind the Scenes 6.10
X-Men 6.30 X-Men 6.55
X-Men 7.15 X-Men 7.40
X-Men 8.00 X-Men: The
Movie - Behind the Scenes
8.10-1.00pm X-Men
1.00 X-Men: The Movie -
Behind the Scenes
1.10-6.25 X-Men
Prepare for the X-Men
summer blockbuster movie
with a marathon of world-
saving adventures with the
mutant super-heroes. So join
Wolverine, Cyclops, Storm,
Rogue, Gambit, Jubilee and
Beast for more
human/mutant conflict
throughout the day.

6.25
X-Men: The Movie -
Behind the Scenes
6.35-7.00pm X-Men

SHOP!
LIFESTYLE/
SELECTION PACKS

6.00am Shop! Selection
7.00 Kids Shop!
7.30 Sports Shop!
8.30 Home Shop!
9.00 Technology Shop!
10.00 Collectors' Shop!
10.30 Home Shop!
11.30 Jewellery Shop!
12noon Shop! Outlet
1.00pm Shop! Special
Another opportunity to see
some best-selling items.

2.00 Shop! Selection

3.00 Entertainment Shop!

4.00 Home Shop!

5.00 Shop! Preview

6.00 Shop! Selection

7.00-7.30pm Sports Shop!

7.30-8.00pm Sports Shop!

8.00-8.30pm Sports Shop!

8.30-9.00pm Sports Shop!

9.00-9.30pm Sports Shop!

9.30-10.00pm Sports Shop!

10.00-10.30pm Sports Shop!

10.30-11.00pm Sports Shop!

11.00-11.30pm Sports Shop!

11.30-12.00am Sports Shop!

12.00-12.30am Sports Shop!

12.30-1.00am Sports Shop!

1.00-1.30am Sports Shop!

1.30-2.00am Sports Shop!

2.00-2.30am Sports Shop!

2.30-3.00am Sports Shop!

3.00-3.30am Sports Shop!

NEWS AND INTERNATIONAL

BBC NEWS 24 NEWS & SPORT/ ACCESS PACKS

6.00am News 8.00 News 9.00
News 9.30 News 10.00
News 10.30 Reporters 11.00
News 11.10 Dateline London
12noon News 12.30pm Talking
Movies 1.00 News 2.00 News
2.30 Simpson's World 3.00
News 3.30 Correspondent 4.00
News 4.30 Click Online 5.00
News 6.00 News 7.00 News
7.30 Sportsday 8.00 News 9.00
News 10.00 News 10.30
Dateline London 11.00 News
11.30 Reporters 12midnight
News 12.30am Simpson's World
1.00 News 2.00 News
2.30 Agenda 3.00 News
3.30 Dateline London
4.00 News 4.45 Asia Today
5.00-6.00am News

CNN INTERNATIONAL NEWS & SPORT PACK

News throughout the day, plus:
5.00am News 5.30 CNNdotCOM
6.30 World Business 7.30 Inside
Europe 8.30 World Sport 9.30
World Beat 10.30 World Sport
11.30 CNN Hotspots 12.30pm
Diplomatic License 1.00 World
Report 2.30 Inside Africa 3.30
World Sport 4.30 Showbiz This
Weekend 5.00 Late Edition 6.30
Business Unusual 7.30 Inside
Europe 8.30 The Artclub 9.30
CNNdotCOM 10.30 World Sport
11.00 CNN WorldView 11.30
Style 12midnight CNN
WorldView 12.30am Science &
Technology Week 1.00 CNN
WorldView 1.30 Asian Edition
1.45 Asia Business Morning
2.00 CNN & TIME
3.30 The Artclub
4.30-5.00am Pinnacle

SKY NEWS NEWS & SPORT PACK

News on the hour, every
hour, plus: 6.00am Sunrise
9.30 Week in Review 10.00
Sunday with Adam Boulton
11.30 The Book Show
12noon Sky News Today
1.30pm Fashion TV 2.00
Sky News Today 2.30
Showbiz Weekly 3.30
Technofilextra 4.30 Sunday
with Adam Boulton 5.00
Live at Five 7.30 Sportsline
8.30 The Book Show 9.30
Showbiz Weekly 10.00 Sky
News at Ten 12.30am CBS
Evening News 1.30 Sunday
with Adam Boulton 2.30
Fashion TV 3.30 The Book
Show 4.30 Week in Review
5.30-6.00am CBS News

INTERNATIONAL

SAT1 6.00am Moving -
Rückwärts ins Chaos 7.00
Week Up 8.00 Die Wochenshow
9.00 Alf 9.30 Hausmeister
Krause 10.00 Zwei Zum
Verlieben 11.00 Baywatch
Hawaii 12noon V.I.P. - Die
Bodyguards 1.00pm MacGyver
2.00 JAG 3.00 Radrennen
5.00 Blitz 5.30 Wetter
5.45 Die Barilla Comedy-Küche
6.00 Nur die Liebe Zählt
7.15 Die Wochenshow Live
9.15 Danke Anke!
9.45 Planetopia
10.30 News & Stories
11.20 So Gesehen
11.25-12midnight MacGyver

TV5 5.00am Journal Télévisé
5.15 Journal des Journaux
6.00 Infos 6.05 Les Zaps 6.30
Les Zaps 7.00 Journal Télévisé
7.30 Les Zaps 8.00 Infos 8.05
Découverte CTQC 8.30 Les
Carnets du Bourlingueur 9.00
Journal Télévisé 9.15 La Fête
des Bébés 9.30 Va Savoir 10.00
Thalassa 11.00 Infos 11.05
Grands Gourmands 11.30
Journal Télévisé 12noon Infos

12.05pm Géopolis 1.00 Journal
Télévisé 1.15 Théâtre: Les
Enfants d'Edouard 3.00 Journal
3.15 Questions 3.30 Gros Plan
4.00 Union Libre
5.00 Journal Télévisé
5.15 Nature des Champions
7.00 Journal Télévisé
7.30 Journal Télévisé
et Le Journal du Temps
8.00 Infos
8.05 Montagne
9.00 Journal Télévisé
9.15 Terres Gelées
11.00 Journal Télévisé
11.30-12midnight Soir 3

ASIANT ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am Sant Darshan 8.30
Swami Viswaas 9.30 In
Search of Peace 10.00 Holy
Quran 10.30 Vishwamitra
11.30 Health 12.30pm
Pakistan Week 1.00 Khiladi
1.30 FILM 4.00 MTV 123
4.45 MTV 5.45 Na Kaam Na
Ziade 6.30 Aur Aap 7.00
Close Up 7.30 MTV India
8.00 Wilaytee Babu 8.30 Na
FILM 11.30 Toofan TV
12midnight MTV 12.30am
Aur Aap 1.00 FILM 4.00
Wilaytee Babu 4.30 Na
Kaam Na Ziade 5.30 Geet
Baney Sangeet 6.00 Khiladi
6.30 DD Programme 7.00-
7.30am Bhule Bisre Geet

ZEE TV ADD-ON CHANNEL

6.00am Kya Scene Hai 6.30
Shabads 7.00 Faith:
Sikhism 7.30 News 8.00
Karobar Duniya 8.30 Best
of India 9.00 Guftugu 9.30
Out and About 10.00
Mahabharat 11.00
Bodymatters 11.30 Zee in
Europe 12noon FILM
3.00pm Sa Re Ga Ma 4.00
Zee and You 4.30 Ibrat 5.30
Double Mix 6.00 A Day Out
with a Star 6.30 Yeh Hain
Mere Apne 7.00 Pride
Antakshari 7.30 Basera 8.00
News 8.30 FILM 11.30 Agni
Chakra 12midnight News
12.30am FILM 3.30 Hum
Paanch 4.00 Daraar 4.30
Campus 5.00 Mama Miya
5.30-6.00am Sa Re Ga Na

CHRISTIAN CHANNEL EUROPE WORLD PACK

5.00am CMTV - Ballads
5.30 Life is for Living 6.00
Life in the Word 6.30 A
Voice to the Nations 7.00
Changing Your World 7.30
CMTV 8.00 In Touch 9.00
Order My Steps 9.30 A
Voice to the Nations 10.00
Life is for Living 10.30-
11.00am A Word from God

BLOOMBERG WORLD PACK

2.00am Market Movers
2.45 Market Review 3.15
European Weekly Review
3.45 Food for Thought 4.30
Market Movers 5.54-6.00am
Bloomberg Helpdesk

BBC PARLIAMENT NEWS & SPORT PACK

Parliament is in recess.

THE HISTORY CHANNEL WORLD PACK

12noon D-Day - Total Story
H-Hour
1.00pm Biography
Elizabeth Taylor
2.00 When
the Century Was Young
From the Past to the Future
3.00
Lost Castles of England
4.00 Warhorse
In the Face of Fire
5.00 Alcatraz
A look at the notorious prison.

6.00
Rome - The Great Empire
Building an Empire
Explore the vastness of an
empire which came to span
three continents.
7.00 Suicide Missions
Ball Turret Gunners
Meet the men who operated
the guns on B-17 bombers.
8.00-10.00pm
The Berlin Airlift - First
Battle of the Cold War

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are DIY with Harry
Greene at 10.00am and
Honora Pearls at 6.00pm.

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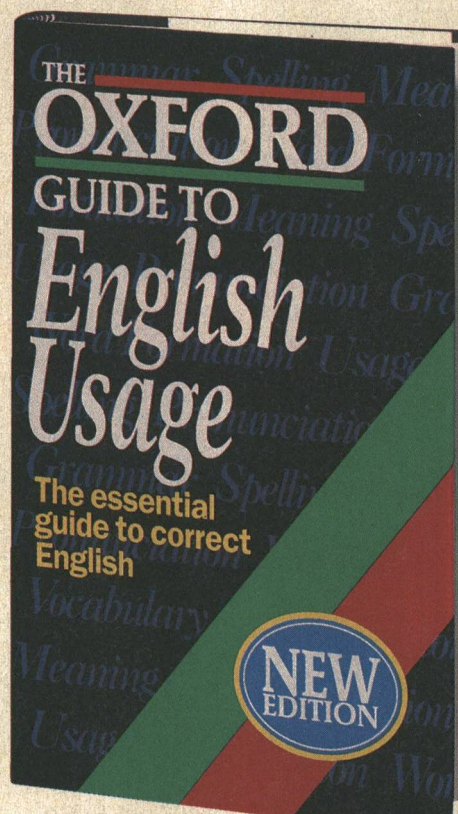
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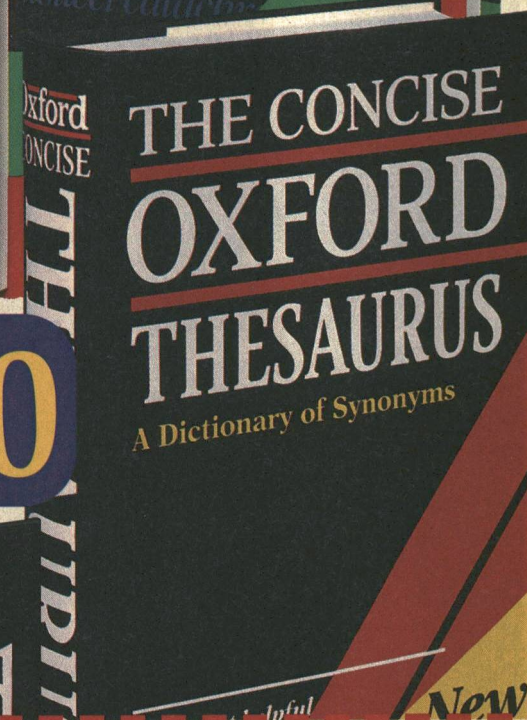
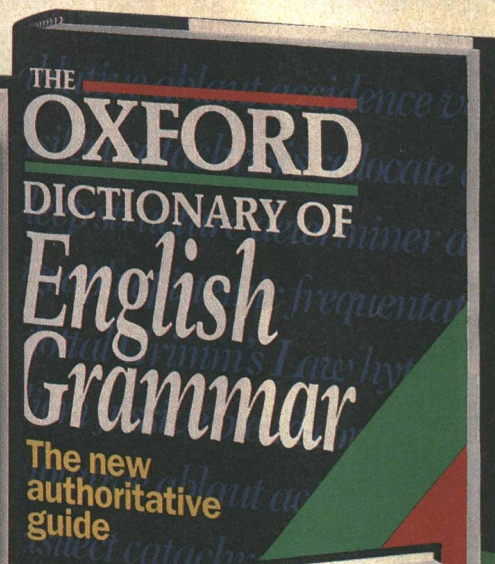
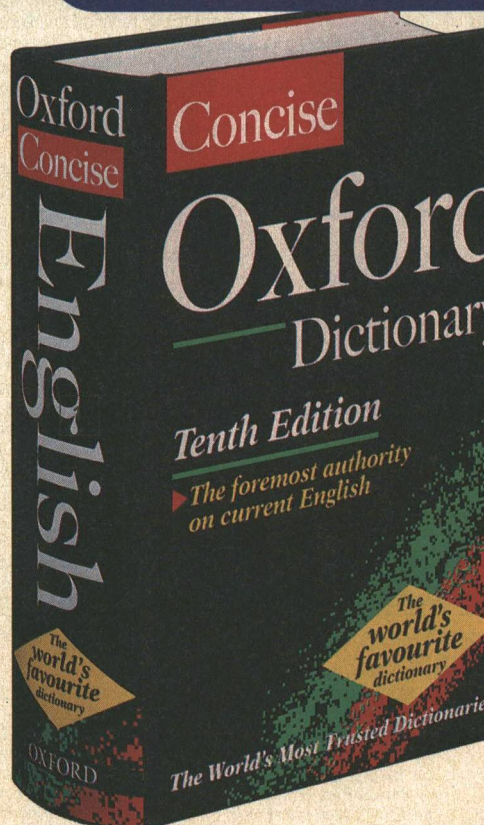
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Monday 21 August

SKY PREMIER PREMIUM CHANNEL

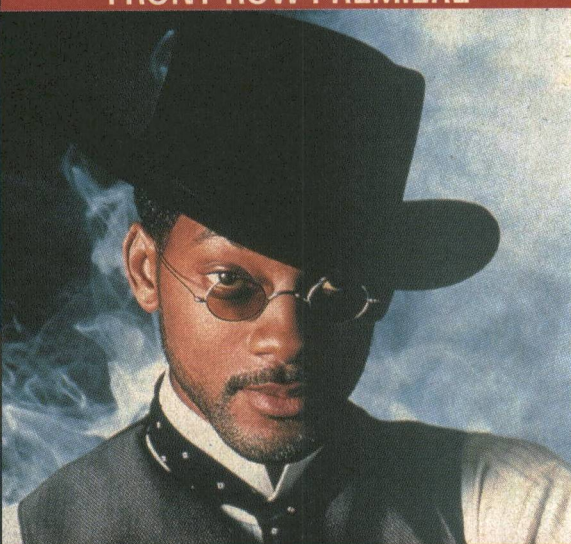
SKY MOVIEMAX PREMIUM CHANNEL

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

SKY CINEMA PREMIUM CHANNEL

FRONT ROW PREMIERE



How the West was won: Will Smith plays a fast-talking lawman in 'Wild Wild West'. Front Row, see below

FILMFOUR ADD-ON CHANNEL

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CARLTON CINEMA LIFESTYLE PACK

7.00pm Buffalo Bill
Joel McCrea, Maureen O'Hara, Linda Darnell, Thomas Mitchell
Colourful, fictionalised account of the legendary Wild West hero. His life and times are traced from his beginnings in the military as a colonel to the larger-than-life showman, touring the globe with his spectacular and world famous Wild West entertainment show. **Text** 1944, 90 mins

9.00pm Beverly Hills Ninja
Chris Farley, Nicollette Sheridan, Robin Shou, Chris Rock
Martial arts comedy about an overweight loafer's efforts to become a master ninja as prophesied in ancient scrolls. When a young white boy washes up on Japanese shores, the elite society of ninjas believe their chosen one has arrived in this unlikely candidate. **Text** 1997, 89 mins

11.00 Young Doctors in Love
Michael McKean, Sean Young
Hospital spoof following the romantic escapades of the staff that work there. **Text** 1982, 95 mins

1.00am Windy City
John Shea, Kate Capshaw
Melodrama about a group of childhood friends. **Text** 1984, 102 mins

3.00 Pete 'n' Tillie
Walter Matthau, Carol Burnett
Romantic comedy. **Text** 1972, 100 mins

5.00-7.00am Moonrise
Dane Clark, Gail Russell
Melodrama. **Text** 1948, 90 mins

6.00pm The Umbrellas of Cherbourg
Catherine Deneuve, Nini Castelnuovo, Anne Vernon
Romantic musical in which a beautiful young assistant in an umbrella shop makes love with a young and dashing mechanic just before he takes off for the military in war-torn Algeria, leaving her pregnant and alone. **Text** 1964, 90 mins

8.00 Kingpin
Woody Harrelson, Bill Murray, Randy Quaid, Vanessa Angel
Anarchic comedy in which a tenpin bowling hustler seeks revenge on his old partner. Twenty years earlier his buddy betrayed him, mangling his hand in the process, so when he finds a talented Amish boy, he trains him to take on his now famous adversary. **Text** 1996, 113 mins

10.00 Breaking the Waves
Emily Watson, Stellan Skarsgård, Katrin Cartlidge, Jean-Marc Barr
Psychological drama, set in a remote Scottish coastal town, about the wife of a paralysed oilrig worker who is given permission by her husband to have sex with other men so her later descriptions can rekindle their once physical passion for each other. **Text** 1996, 152 mins

12.35am My Beautiful Laundrette
Daniel Day Lewis
Comedy drama set in a fleabag London laundrette. **Text** 1985, 93 mins

2.10 Night of the Living Dead
Zombie horror. **Text** 1968, 96 mins

3.50 Fever
Samantha Morton
Occult horror. **Text** 1996, 79 mins

4.00pm Crimson Pirate
Burt Lancaster, Nick Cravat, Torin Thatcher, Eva Bartok
Rip-roaring adventure about a pirate who leads a rebel uprising against a tyrant. The unscrupulous seaman and his band arrive at an island to sell a cache of arms. However, his plot to double-cross is influenced by a beautiful islander. **Text** 1952, rating Sky U, 100 mins

6.00 Farewell to the King
Nick Nolte, Nigel Havers, Frank McRae, Gerry Lopez
War-time adventure about an ex-US sergeant who turned his back on the war effort to become king of a tribe of natives in the wilds of Borneo. His idyllic lifestyle is soon to be shattered, however, when he is ordered to lead his tribe against the Japanese. **Text** 1989, rating Sky PG, 112 mins

8.00 All About Eve
Bette Davis, Gary Merrill, Anne Baxter, George Sanders
Hollywood classic about a young aspiring actress and her ruthless rise to stardom. The ambitious thespian skillfully slithers her way into the showbiz world by first weaving a melancholy tale that invites a Broadway superstar to take pity on her, and from there on manipulates her way through to the very top. **Text** 1950, rating Sky U, 133 mins

10.20 Night Game
Roy Scheider, Karen Young, Paul Gleason, Lane Smith
Offbeat thriller in which a detective links a series of murders to the home record of the Houston Astros baseball team, leading him into the dark world of a disturbed killer. **Text** 1989, rating Sky 18, 92 mins

12midnight
These Are the Damned
MacDonald Carey, Oliver Reed
1962, rating Sky 18, 91 mins

1.40am The Laughing Policeman
Walter Matthau, Bruce Dern
1973, rating Sky 18, 107 mins

3.30 Farewell to the King
1989, rating Sky PG, 112 mins

5.30-6.00am Judy Garland

6.25am The Entertainers
1991, rating Sky U, 87 mins

8.00 Young Ivanhoe
Stacy Keach, Margot Kidder
1995, rating Sky PG, 88 mins

10.00 Airspeed
Joe Mantegna, Elisha Cuthbert
1997, rating Sky PG, DS, 84 mins

12noon Romantic Undertaking
William Katt, Valerie Buhagiar
1995, rating Sky PG, 95 mins

2.00pm Shattered Hearts
Beth Broderick, Scott Vickaryous, Katie Herrod, Malcolm Stewart
Emotional drama about the fairy tale romance between a popular high school football star, and his devoted girlfriend. **Text** 1998, rating Sky PG, 86 mins

4.00 The Entertainers
Bob Newhart, Linda Gray, Richard Romanus
Comedy drama about a washed-up nightclub comedian who makes a last ditch attempt to hit the big time in Las Vegas. However, he won't get hired unless he reteams with his longterm sidekick - a cheeky chimpanzee. **Text** 1991, rating Sky U, 87 mins

6.00 Airspeed
Joe Mantegna, Elisha Cuthbert, Charles Powell, Lynne Adams
Action thriller about a teenage girl who faces a life or death decision when the plane she is travelling in is struck by lightning. As the plane plummets towards the ground, she must call on all her bravery to save herself and the passengers. **Text** 1997, rating Sky PG, DS, 84 mins

8.00 Home Fries
Drew Barrymore, Catherine O'Hara, Luke Wilson, Jake Busey
Black comedy. When the father of her unborn child is killed, a mother-to-be becomes the killers' next target. However, when the plan calls for one of the killers to get close to her in order to carry out the murder, he finds himself falling in love instead. **Text** 1998, rating Sky 12, DS, 90 mins

10.00 Wrongfully Accused
Leslie Nielsen, Richard Crenna, Kelly LeBrock, Melinda McGraw
Spoof of the classic film *The Fugitive*. A superstar violinist goes on the run after being found guilty of a murder he did not commit. **Text** 1998, rating Sky PG, DS, 82 mins

11.30 Circle of Deception
Kari Wuhrer, Farrah Foeke
Psychological thriller. **Text** 1999, rating Sky 18, 87 mins

1.00am Switchback
Dennis Quaid, Danny Glover
Crime thriller. **Text** 1997, rating Sky 15, 113 mins

3.00 Where's Jack?
Tommy Steele, Stanley Baker
1969, rating Sky 12, 114 mins

5.00-6.45am Young Ivanhoe
1995, rating Sky PG, 88 mins

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME

FRONT ROW

SCREENING WHEN YOU'RE
GOOD AND READY
WITH CABLE & WIRELESS

See channel 50 or your Front Row spread on pages 14, 15 for further details.

KEY TO FILM CONTENT

T/C: Theme/Content
BL: Bad Language
S/N: Sex/Nudity
V: Violence

Channel 51 Matinee

WILD WILD WEST
Rating 12, 102 mins
Comedy Western. A pair of special agents are sent to track down a diabolical genius who is plotting to kill the US President with a huge walking weapon transporter. Stars Will Smith and Kevin Kline.
T/C: Comedy, western.
BL: Occasional, mild.
S/N: Some moderate references.
V: Frequent, moderate.
6.00am, 8.00am, 10.00am, 12noon, 2.00pm, 4.00pm

Channel 51 Evening

WILD WILD WEST
Rating 12, 102 mins
Comedy Western. A pair of special agents are sent to track down a diabolical genius who is plotting to kill the US President with a huge walking weapon transporter. Stars Will Smith and Kevin Kline.
T/C: Comedy, western.
BL: Occasional, mild.
S/N: Some moderate references.
V: Frequent, moderate.
6.00pm, 8.00pm, 10.00pm, 12midnight, 2.00am, 4.00am

Channel 52

UNIVERSAL SOLDIER: THE RETURN
Rating 18, 80 mins
Action. A project to create a new breed of soldier seems to be going well, but then a computer develops a mind of its own. Stars Jean-Claude Van Damme.
T/C: Action, sci-fi.
BL: Occasional, strong.
S/N: Some moderate nudity.
V: Frequent, strong.
6.50pm, 8.30pm, 10.10pm, 11.50pm, 1.30am, 3.10am

Channel 53

THE MATRIX
Rating 15, 131 mins
Sci-fi thriller. A young man, who has been searching for the truth all his life, finds himself pitched into a sinister world of virtual reality. Stars Keanu Reeves, Carrie-Anne Moss and Laurence Fishburne.
T/C: Sci-fi, adventure, virtual reality.
BL: Occasional, mild.
S/N: None.
V: Frequent, strong, fantasy.
6.30pm, 9.00pm, 11.30pm, 2.00am

SKY ONE ACTION/ SELECTION PACKS	UK GOLD LIFESTYLE/ SELECTION PACKS	LIVING LIFESTYLE PACK	GRANADA PLUS ACTION PACK	DISNEY CHANNEL ADD-ON/ PREMIUM CHANNEL	
6.00am Long Play 7.30 Mega Babies 8.00 Godzilla . 8.30 Mummies Alive 9.00 Pokémon 9.30 Pokémon 10.00 Pokémon 10.30 The Simpsons Text 11.00 World Wrestling Federation - Smackdown 1.00pm Dream Team Text 2.00 Mega Babies 2.30 Godzilla 3.00 Mummies Alive <i>Water Water Everywhere</i> Nuhn, the water spirit, returns. 3.30 Pokémon <i>Hypno's Naptime</i> Children are disappearing. 4.00 Pokémon <i>Pokémon Fashion Flash</i> There's trouble in a small town. 4.30 Pokémon <i>The Punchy Pokémon</i> Ash enters a tough tournament. 5.00 Star Trek Popular sci-fi series in which a space crew goes out into unexplored space seeking new life forms and have strange adventures along the way. 6.00 Hercules: The Legendary Journeys <i>Reunions</i> Hercules must decide whether to help his father Zeus keep his title of ruler of Olympus. Text 7.00 The Simpsons <i>Tree House of Horror</i> Scary story-telling time. Text 7.30 The Simpsons <i>Brother's Little Helper</i> Bart is given medication. Text 8.00 Star Trek: Voyager <i>Good Shepherd</i> Captain Janeway takes three of the young recruits on a mission aboard the <i>Delta Flyer</i>. Stars Kate Mulgrew. 9.00 Feature 10.00 Red Light Girls In this episode Mistress Anya is chasing her dream of being a corset designer, and Madame Lyn throws opens her brothel to the public. Text 11.00 Coppers A look at how the police and the RSPCA work together. Text 11.30 Coppers Criminal activity in Southend with the real-life coppers. Text 12midnight Star Trek 1.00am LAPD 1.30 LAPD 2.00 World's Wildest Police Videos Text 2.50 World's Wildest Police Videos Text 3.40 The Untouchables Text 4.30 Manhunter 5.20 The Newlywed Game 5.40-6.00am The Newlywed Game	6.00am 'Allo 'Allo! 6.40 Birds of a Feather 7.15 Yes, Prime Minister 7.50 Goodnight Sweetheart 8.25 EastEnders Text 9.00 The Bill Text 9.30 The Bill Text 10.00 Bergerac 11.00 Knots Landing 11.55 Neighbours 12.25pm EastEnders Text 1.00 Ballykissangel 2.00 Knots Landing 3.00 The Bill <i>Not in the Script</i> Nick's operation fails. Text 3.30 The Bill <i>Flower Power</i> Hollis goes undercover. Text 4.00 EastEnders David tells Pauline some home truths about Pete. Text 4.35 Neighbours Ally's foray into Rick's bedroom isn't quite what she expected. 5.00 May to December <i>There's a Small Hotel</i> Alec decides to take Zoe to a small hotel he knows. 5.40 Bread Aveline is preoccupied with pregnancy and Joey has got into real trouble. Text 6.20 Waiting for God Diana is concerned about the new resident and her intentions towards Tom. 7.00 The Good Life <i>Home Sweet Home</i> The Goods get some help with their pigs. 7.40 Birds of a Feather <i>Muesli</i> Tracey decides to create a prison in the attic. Text 8.20 Open All Hours Sitcom about miserly shopkeeper Arkwright and his downtrodden nephew. 9.00 Only Fools and Horses <i>Wanted</i> An old school friend of Del's turns up unexpectedly. Text 9.40 dinnerladies <i>Moods</i> Can Philippa's bright idea for raising the mood really work? 10.20 One Foot in the Grave <i>I'll Retire to Bedlam</i> 11.00 Operation Good Guys <i>Holiday</i> DI Beach's gives his team the day off. 11.40 The Bill Text 12.15am The Bill Text 12.45 Live at Jongleurs 1.20 Only Fools and Horses 2.00 One Foot in the Grave 2.35 Monty Python's Flying Circus 3.10 EastEnders Text 3.45 Dangerfield 4.40 Dynasty 5.30-6.00am Angels	6.00am Ready, Steady, Cook 6.30 Can't Cook, Won't Cook 7.00 Tiny Living 9.00 Brookside 9.30 Home and Away 10.00 The Jerry Springer Show 10.50 Forgive or Forget 11.40 Maury Povich 12.30pm Special Babies 1.00 Reality Slot 1.30 Judge Judy 2.00 Streetmate 2.30 Maury Povich Talk show hosted by veteran talkshow journalist Maury Povich. 3.20 Party of Five <i>It's Not Easy Being Green</i> The Salingers are in turmoil when they each discover the problems relationships cause. 4.10 Mystic Challenge Paul Ross presents the show that puts psychics to the test. 4.40 Forgive or Forget Host Mother Love tries to resolve real problems by asking guests to forgive each other. 5.30 Ready, Steady, Cook Fern Britton hosts the cookery show in which two top chefs compete against the clock to create exciting new recipes. 6.10 The Jerry Springer Show Outrageous American talk show in which guests discuss relationship issues in a somewhat animated fashion. 7.00 Judge Judy Judge Judy Sheindlin presides over a series of real-life cases. 7.30 Streetmate Davina McCall scours the country to find dates for people. 8.00 LA Doctors Drama series about a group of LA physicians who turn their backs on the entire corporate medical system to set up their own practice. 9.00 FILM: She-Devil <i>Meryl Streep, Roseanne</i> Comedy. An overweight, unliberal housewife sets about methodically destroying her husband's life after he leaves her for a glamorous romance novelist. In the process, she manages to create a life for herself. 1989 10.50 Secret Suburbia A look at what goes on behind the net curtains. 11.20-12midnight Eden Erotic drama.	6.00am Hawaii Five-0 7.00 Plus on Plus 7.30 Jokers Wild 8.00 Shang-a-Lang 8.30 George and Mildred 9.00 Classic Coronation Street Text 9.30 Emmerdale Text 10.00 Mission: Impossible 11.00 That's My Boy 11.30 Batman 12noon Classic Coronation Street 12.30pm Emmerdale Text 1.00 George and Mildred 1.30 Robin's Nest 2.00 Hawaii Five-0 3.00 Mission: Impossible <i>My Friend, My Enemy</i> A glamorous double agent uses all her feminine wiles on Paris in an attempt to make him vulnerable to an enemy plot. 4.00 The Sweeney <i>Golden Boy</i> Regan and Carter uncover a cunning plot to ship out gold bullion to the Middle East disguised as weights. 5.00 Hart to Hart <i>A Solid Gold Murder</i> Adventure-seeking husband and wife team Jonathan and Jennifer Hart solve crimes across the globe in glamorous locations. 6.00 Emmerdale Dave's night on the tiles becomes public knowledge. Text 6.30 Classic Coronation Street Wedding tension is in the air. Text 7.00 Batman <i>Joker Goes to School</i> The joker recruits from school. 7.30 Robin's Nest <i>Lost Weekend</i> Albert wins a weekend away. 8.00 Boon <i>The Belles of St Godwalds</i> Ken becomes the proud owner of a run-down Birmingham hotel, and that's just when the fun really starts. 9.00 The Sweeney <i>Stoppo Driver</i> Thieves kidnap a man's wife and force him to drive their get-away car. With John Thaw. 10.00-11.00pm Taggart <i>Knife Edge - Part II</i>	4.30am Pooh 4.45 Music Time 4.50 Olie 5.00 Bear 5.25 Art Play 5.30 PB and J Otter 5.45 Bite Size 6.00 Toons 6.05 Circle Time 6.10 Olie 6.20 Spot 6.30 Out of the Box 7.00 Mickey Mouseworks 7.30 101 Dalmatians 8.00 Aladdin 8.30 Recess 9.00 Art Attack 9.35 Sabrina 10.00 FILM: Cinderella 1997 11.30 Miami 7 12noon Circus Kids 12.30pm Boy Meets World 1.00 FILM: Up, Up and Away 2000 2.15 Mickey Mouseworks 2.45 101 Dalmatians 3.15 100 Deeds for Eddie McDowd Eddie must make amends. Text 3.45 The Famous Jett Jackson Jett wants a normal life away from the fame game. 4.15 Honey, I Shrunk the Kids: The TV Show <i>Honey, He Ain't Rude, He's My Brother</i> Wayne helps his brother. Text 5.00 Recess Animated series about six friends in the fourth grade. Text 5.30 Smart Guy <i>Book Smart</i> TJ is annoying his teachers. Text 6.00 Teen Angel <i>Wrestling with an Angel</i> Steve wants to wrestle. Text 6.30 Home Improvement <i>Don't Tell Momma</i> Tim drives Jill crazy. Text 7.00 FILM: Genius A child prodigy enrolls in a small-town school while doing a scholarship elsewhere in an effort to have a normal life, but attending school and college brings its own problems. 1999 8.25 Honey, I Shrunk the Kids: The TV Show <i>Honey, It's a Billion Dollar Brain</i> Wayne is shocked to receive his first ever bribe. Text 9.10 Flipper Live action marine adventure in Florida with the world's most famous dolphin. Text 10.00 Home Improvement Comedy double bill. Text 11.00 Touched by an Angel Text 11.50-12midnight Toons	6.00 AM MORNING 3.00 PM 4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00 PM NIGHT TIME
CABLE CHECK Some of the channels listed may not be available in your area			GRANADA MEN & MOTORS ACTION PACK 11.00pm The Big Bang Spectacular motoring stunts, crashes and amazing escapes. 11.30 Madder Maxx All-action motoring series aimed at car enthusiasts. 12midnight 2 Wheels Weekly biking magazine series. 12.30am Motor Week Magazine series which takes a look at the motoring industry. 1.00 Motorsport Mundial A behind-the-scenes look at everything from Formula One to truck racing. 1.30-2.00am Carfile	THE BOX MUSIC & GAMES PACK Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh - latest videos available; BOXTalk - unique interviews with artists/bands; Breakin' Out of THE BOX - videos tipped for the top. Plus weekly competitions. MONDAY CONTINUES OVERLEAF...	11.00 PM 12.00 PM NIGHT TIME

CABLE CHOICE

FILM

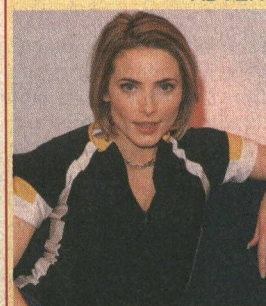
Crimson Pirate
Sky Cinema 4.00pm
Thrilling matinee adventure featuring Burt Lancaster as the eponymous hero. One of the great genre movies of all time and a joy for old and young alike, the pace of the film is an unrelenting series of gags, brawls and battles, all beautifully crafted in Technicolor.

GENERAL

Violent Planet
UK Horizons 9.35pm
The first of a three-part series looking at extreme forces of nature such as volcanic eruptions, earthquakes and floods and how man and nature survive these catastrophes. Tonight's edition investigates the ecological effects of too much or too little water.

ADVERTISEMENT

UK PLAY



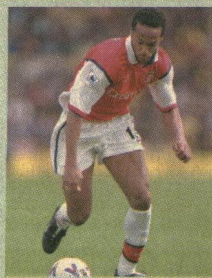
THE PHONE ZONE FROM 4.00PM

Live and lairy, Vernon Kaye, Joe Mace, Lisa Rogers and Josie D'Arby present this interactive request show featuring live performances, interviews and exclusive videos.

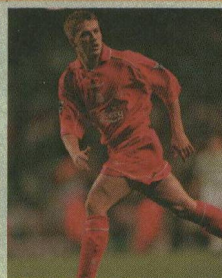
Monday 21 August

	EUROSPORT NEWS & SPORT/ SELECTION PACKS	SKY SPORTS 1 PREMIUM CHANNEL	SKY SPORTS 2 PREMIUM CHANNEL	SKY SPORTS 3 PREMIUM CHANNEL	SCI-FI ACTION PACK	MTV MUSIC & GAMES PACK
MORNING	7.30am Sumo 8.30 Cycling 9.30 Cycling 10.00 Motorcycling 11.30 Tennis Women's tennis action from the WTA Tournament in Montreal, Canada. 1.00pm Triathlon Coverage of the Ironman event in Zurich, Switzerland. 2.00 Athletics Track and field athletics action from the 1999 World Championships held in Seville, Spain.	7.00am World Wrestling Federation - Classics 8.00 Max Power 9.00 Racing News 9.30 Aerobics Oz Style 10.00 Super League 12noon Aerobics Oz Style 12.30pm Goals on Sunday Find out who has made the headlines by hitting the back of the net in the latest Premier League matches.	7.00am Aerobics Oz Style 7.30 Racing News 8.00 Ford Golf USA: US PGA Championship Highlights of the closing day's play at Valhalla Golf Club in Louisville, Kentucky. 12noon Motor Racing: NASCAR Busch - Napa Online.Com Racing action from Michigan. 2.30pm Australian Rules Football Hard and fast action on the pitch with Australian Rules Football match coverage.	12noon What a Weekend 12.30pm Australian Rugby League: Play-Offs Thunderous action featuring teams like Brisbane Broncos, and Newcastle Knights. 2.30 Polo: Cartier Polo Tournament The tournament features the team which triumphed in the Cowdray Gold Cup plus an England team playing over six chukkas for the Prince Philip Trophy.	8.00am Buck Rogers in the 25th Century 9.00 Land of the Giants 10.00 Swamp Thing 10.30 Swamp Thing 11.00 The Six Million Dollar Man 12noon Babylon 5 1.00pm Amazing Stories 1.30 Amazing Stories 2.00 Buck Rogers in the 25th Century	6.00am Select MTV 9.00 MTV Hits 10.00 Bytesize MTV 11.00 MTV Hits 12.30pm Weekend Edition The latest news from the world of music, showbiz and entertainment. 1.00 MTV Hits 2.00 European Top 20 All of the top-selling singles.
3.00 PM		3.00 Super League Another chance to catch the latest action in the Super League V season. St Helens, Wigan Warriors and Bradford Bulls are leading the charge. With Eddie Hemmings and Mike Stephenson.		3.30 Sporting Auction Preview A taste of what's on offer in a forthcoming auction.	3.00 Max Headroom <i>Deities</i> Carter investigates a church which promises life after death to its followers, but he smells a lethal rat.	3.00 Bytesize MTV A constant barrage of bizarre moments from the global MTV network.
4.00 PM	4.00 Motorcycling Racing action from the 24-hour Endurance World Championship in Oschersleben, Germany.		4.30 Horsepower News and highlights from horse racing and other equestrian action in the Emerald Isle.	4.00 Wheelbase Club Motorsport featuring club rallying, karting, sprints and hill climbs and drag racing, plus a look back at memorable racing events.	4.00 Land of the Giants <i>The Unsuspected</i> Steve starts to turn dangerously paranoid after eating toadstool spores.	3.55 MTV's Pop Single of the Week 4.00 Select MTV Enjoy special guest appearances as some of pop's brightest stars drop in for a chat, and choose a video from the special <i>Select</i> menu.
5.00 PM	5.00 Truck Sports Highlights of the FIA European Truck Racing Cup in Alastaro, Finland. 5.30 Eurogoals European football action.	5.00 World Wrestling Federation - Classics Classic action from the rough and tumble World Wrestling Federation events of recent years.	5.00 What a Weekend A look at the very best of the weekend's sport.	5.00 World Tenpin Masters Bowling alley action from the spacious Milton Keynes Shopping Centre in Middleton Hall.	5.00 Swamp Thing <i>The Chains of Forever</i> A young couple search for a fountain of youth.	
6.00 PM		6.00 Sky Sports Centre News and results in sport.	5.30 Football League Review Action from each division.	6.00 Horsepower Racing and other equestrian sports.	5.30 Swamp Thing <i>In the Beginning</i>	6.00 Bytesize MTV A constant barrage of bizarre moments from different MTVs around the world in short soundbites.
7.00 PM	7.00 Truck Sports Action and fifth round highlights of the 2000 Europa Truck Trial from Osnabrück in Germany.	6.30 Football League Review Action from each division.	6.00 Telegraph Action Sport Action in extreme sports.	6.30 International Bowls: Australia v Wales - Triples Australia's new-look side face Wales in the triples section of their one-off bowling Test match at the Tweed Heads Bowls Club's indoor stadium.	6.00 The Six Million Dollar Man <i>One of Our Running Backs is Missing</i> Pro-football players take Steve Austin into battle.	7.00 MTV Hits Another hour of back-to-back hits.
8.00 PM	8.00 Strongest Man Coverage of the World Strongest Team event in Cserkeszlo, Hungary. Finland hold the current world title.	7.00 Ford Monday Night Football: Arsenal v Liverpool - LIVE A chance to assess early season championship contenders and relegation candidates with another night of live Premier League action. Arsenal and Liverpool, two of the title contenders, lock horns at Highbury. Richard Keys and Andy Gray introduce coverage of what promises to be a titanic battle.	7.00 Wheelbase Club Motorsport featuring club rallying, karting, sprints and hill climbs and drag racing plus a look back at memorable racing events.	8.00 World Motor Sport Action and news from the heart of the race world with a guide to who is racing where, when and how. Features a very comprehensive round-up of the biggest and most exciting meetings and previews of the major events in store.	7.00 Amazing Stories <i>Lane Change</i>	8.00 Hit List UK MTV delivers the hottest UK chart action with host Cat Deeley.
9.00 PM	9.00 Rally Motor sport highlights from the FIA World Rally Championship in Finland.		8.00 World Motor Sport Action and news from the heart of the race world with a guide to who is racing where, when and how. Features a very comprehensive round-up of the biggest and most exciting meetings and previews of the major events in store.	8.30 Test Cricket: England v West Indies - Fourth Test The best of the action from the fifth and final day of the fourth Test between England and the West Indies at Headingley. With commentary from David Gower, Ian Botham, Paul Allott, Bob Willis, David Lloyd and Michael Holding.	8.00 Fantasy Island <i>Worthy</i> While granting beauty to a homely woman, Roarke helps a wealthy husband explore his wife's thoughts.	9.00 Daily Edition News and gossip from the music and showbiz worlds.
10.00 PM	10.00 Eurogoals European football action.	10.30 You're On Sky Sports Controversial footballing moments are discussed by fans keen to have their say in this lively phone-in.	11.00 World Ten Pin Masters Bowling alley action from the spacious Milton Keynes Shopping Centre in Middleton Hall.	10.30 Shell's Wonderful World of Golf: Boros v Beard v Trevino Vintage golfing action at the Club de Golf Belleval.	9.00 First Wave <i>The Harvest</i> The aliens are found to be secretly harvesting human hormones to reap their healing properties.	9.30 FANatic: Christina Aguilera and Beck 10.00 The Tom Green Show More anarchic humour from the street.
11.00 PM	11.30-12.30am Motorsports <i>Formula Magazine</i> Action and news from the world of motor sport.	11.30 Football League Review A look at action from the Nationwide League.	12midnight Horsepower Equestrian sports action.	11.30-12midnight Cue Masters: O'Sullivan v Williams Vintage golfing action at the Club de Golf Belleval.	10.00 FILM: Asteroid <i>Michael Biehn, Annabella Sciorra, Anne-Marie Johnson, Don Franklin</i> First part of a lavish two-part mini-series about the crisis triggered when a huge and deadly asteroid is discovered to be on a collision course with Earth. Can the impact be prevented? 1997	10.30 The Blame Game 11.00 brand:new Zane Lowe introduces Oasis live in Brussels, recorded earlier this year, and featuring Noel on guitar and vocals.
NIGHT TIME		12midnight Ford Monday Night Football: Arsenal v Liverpool Highlights from the match.	12.30am Telegraph Action Sport Extreme sports footage.	1.00 Total Sport 1.30 Wheelbase Club 2.30-3.30am Football League Review	12midnight FILM: Orguss 2 First part of a Japanese animated film about robotic war machines. 1983	1.00am-6.00am Night Videos A selection of music videos, charts and features to take you through the night.

LIVE FORD MONDAY NIGHT FOOTBALL: ARSENAL V LIVERPOOL SKY SPORTS 1 7.00PM



If you could pick two teams this season to challenge Manchester United's dominance, then the chances are they would be Arsenal and Liverpool. The Gunners, with their striker Thierry Henry (pictured, left) fresh from France's Euro 2000 triumph, entertain Liverpool tonight, with Michael Owen (pictured, right) hoping to lead the line for the visitors. Both teams have spent a few million pounds in the close season, so expect a few new faces in the line-ups.



PLAYBOY TV/ ADULT CHANNEL ADD-ON CHANNEL

10.00pm Freeview 10.06
 Playboy's Twins and Sisters
 11.15 Beverly Hills Bordello
 12midnight Freeview
 12.10am Rude Not To
 12.30 Adult Feature
 12.50 FILM: From the Heart
 2.05 New Public Places
 2.30-4.00am
 FILM: Cirque De Sex 2

Adult Nightview is now available as a TV on-demand service between 10.00pm and 4.00am at £4.95. See channel 50 for details

TELEVISION X ADD-ON CHANNEL

12midnight
 The Ten Minute Preview
 12.10am Vice World
 12.40 FILM: Nina Hartley 2
 1.00
 The Five Minute Free View
 1.05 FILM continues
 1.55 Bad Fellas
 2.20 FILM: MZTV Gyration
 3.30-4.00am Dawn

Adult Nightview is now available as a TV on-demand service between 12midnight and 4.00am at £4.95. See channel 50 for details

VH1 MUSIC & GAMES PACK 6.00am Power Breakfast 8.00 Pop-Up Video 9.00 Upbeat 12noon Behind the Music: Billy Joel Trace the struggles, setbacks and triumphs of the <i>Uptown Girl</i> singer. 1.00pm Greatest Hits: The Police 1.30 Pop-Up Video 2.00 Jukebox The viewers' request show that turns your TV into a music video jukebox. 4.00 The Millennium Classic Years: 1989 Music and news from the year that saw the dismantling of the Berlin Wall. With Paul King. 5.00 Ten of the Best: Geri Halliwell The former Spice Girl selects her favourite music videos of all time. 6.00 Video Timeline: Celine Dion A look at the life and career of the diva singer. 6.30 Greatest Hits: The Police 7.00 VH1 Hits Two hours of top tracks from the VH1 playlist. 9.00 The VH1 Album Chart Show Paul King presents the biggest-selling albums of the week in the UK. 10.00 Behind the Music: Cher A look at the life and career of the singer and actress. Featuring previously unseen footage and archive material, plus interviews with friends, family and the lady herself. 11.30 Pop-Up Video Pop trivia from the <i>Pop-Up Video</i> collection. 12midnight Revolver Music show featuring Peter Cook as the caustic host of a 1970s club. 1.00am Storytellers: Tom Waits 2.00 VH1 Country 2.30 Soul Vibration 3.00-6.00am VH1 Late Shift	ANIMAL PLANET WORLD PACK 12noon Croc Files 12.30pm Going Wild with Jeff Corwin <i>Olympic National Park</i> 1.00 Harry's Practice Featuring advice on first aid for dogs. 1.30 Harry's Practice How to make an aquarium. 2.00 Pet Rescue 2.30 Kratt's Creatures <i>The Best of the Best</i> 3.00 Good Dog U <i>Basic Obedience</i> Teaching an untrained dog. 3.30 Good Dog U <i>Leash Training</i> Featuring pet health advice. 4.00 Animal Planet Unleashed Howie meets William the hearing dog and checks into the vet's open surgery. 4.30 Croc Files 5.00 Pet Rescue With Wendy Turner. 5.30 Going Wild with Jeff Corwin <i>North Cascades National Park</i> 6.00 The Aquanauts A look at river tours in Belize. 6.30 Croc Files Meet some of the deadliest creatures of the sea. 7.00 Twisted Tales <i>Crocodile</i> A look at killer crocodiles and alligators. 7.30 Twisted Tales <i>Bat</i> 8.00 Hunters <i>Crawling Kingdom</i> A look at the world of insects and spiders who rule the animal kingdom by their strength in numbers. 9.00 Crocodile Hunter <i>Reptiles of the Deep</i> An underwater adventure featuring sea snakes, turtles and crocodiles. 10.00 Animal Weapons <i>Chemical Warfare</i> A look at how wildlife uses natural chemicals to fend off predators. 11.00 Emergency Vets Trouble and life at the animal ER in Denver. 11.30-12midnight Emergency Vets CABLE CHECK Some of the channels listed may not be available in your area	 Vic Reeves and Bob Mortimer quiz more 'Shooting Stars'. UK Play 1.00am ITV2 ACCESS PACK 4.00pm Trisha A double bill of more heartwarming and hair-raising true stories with Trisha Goddard and a studio audience. Text 6.00 International Motor Racing Coverage of the latest motor racing action. 6.30 Dealer's Choice A look at buying used cars. 7.00 Rugby World Sevens 10 teams face an intense and gruelling battle to become 2000 World Sevens Champions. 8.00 Sunset Beach Caitlin apologises to Cole for her behaviour and Paula tries to get herself out of a tricky situation. 8.50 Chart Choice 9.00 Bad Girls Drama series. Zandra's party goes disastrously wrong. Shell is still bullying Barbara and a new arrival causes a stir. 10.00 Coronation Street A chance to catch tonight's episode from ITV. Text 10.30 Nuts and Bolts Jenni Ann looks for help. 11.00 The Jerry Springer Show Jerry Springer and his guests engage in lively and heated discussion. 11.50 The Late Show with David Letterman Top-rated chat show with David Letterman and celebrity guests. 12.40am Freaky Stories Ghoulish animation. 12.50-1.50am Rugby World Sevens Rugby action.	UK STYLE LIFESTYLE PACK 7.00am Holiday in Style 8.00 Ready, Steady, Cook 8.30 Can't Cook, Won't Cook 9.00 Repair to Remember 9.30 Real Rooms 10.00 Change That 10.30 A Room with a Clue 11.00 Changing Rooms 11.30 Our House 12noon Good Living 12.30pm Style Challenge 1.00 Nigel Slater's Real Food Show 1.30 Ready, Steady, Cook 2.00 More Front Gardens 2.30 BBC Gardener of the Year 3.00 Garden Stories <i>Cycles</i> A look at the seven ages of 'gardening man'. 3.30 Ground Force With Alan Titchmarsh. 4.00 Stefan's Garden Roadshow Help and advice on gardening dilemmas. 4.30 Good Living Lifestyle series. 5.00 Can't Cook, Won't Cook Cookery challenge. 5.30 Changing Rooms Down Under Presented by Suzie Wilks. 6.00 The Antiques Inspectors The team is guided round the Isle of Man by rock musician and pen collector Rick Wakeman. 7.00 Real Rooms <i>Stockport</i> <i>Bathroom and Bedroom</i> Makeover show. 7.30 Change That <i>Bath</i> 8.00 Style Challenge Fashion experts give people dream makeovers. 8.30 à la mode Shebah Ronay lifts the lid on the hottest fashions. 9.00 Rick Stein's Seafood Odyssey Cookery series. 9.30 Antiques Roadshow US Experts appraise Mexican silver, Native American pottery and a Durer engraving in Albuquerque. 10.30 House Invaders <i>Leighton Buzzard</i> Makeover show. 11.00 Garden Magic Instant solutions to gardening dilemmas. 11.30 Gardeners' World With Alan Titchmarsh. 12midnight Ground Force The team travels to Saltash to transform the front garden of a chef who works on a nuclear submarine. 12.30am-1.00am Stefan's Garden Roadshow Help and advice on gardening dilemmas.	UK HORIZONS WORLD/ ACCESS PACKS 7.00am Tomorrow's World Plus 7.50 Badlands 8.50 Animal Hospital 9.20 Tomorrow's World Plus 10.15 Alligator Swamp 11.15 Top Gear GTI 12.15pm Airport 12.45 Airport 1.15 Passport to the Sun 1.45 Frankfurt Airport 2.45 Katie and Eilish The true story of Siamese twins Eilish and Katie Holton. 3.45 Animal Hospital Rolf Harris catches up with the action at the busy 24-hour RSPCA Harmsworth Hospital for Sick Pets in Holloway, North London. 4.20 Vets in Practice Highlights from the series. 4.50 Animal People <i>The Croc Crusader</i> A look at the biggest crocodile sanctuary in India. 5.25 What Went Wrong? A look at disasters. 5.55 Lakesiders Fly-on-the-wall series set at Lakeside in Essex. 6.25 Passport to the Sun With Liza Tarbuck. 6.55 Crime Squad Series focusing on all aspects of crime. 7.30 Meet the Ancestors <i>Dark Age Treasures</i> With Julian Richards. 8.00 Vets in Practice <i>All Things Weird and Wonderful</i> 8.30 What Went Wrong? A look at disasters. 9.00 Soldiers To Be Switching On The infantrymen prepare for the front line. 9.35 Violent Planet <i>Deluge</i> How too much water can result in widespread chaos and destruction. 10.35 Hoffa: The Man Who Vanished A look at the disappearance of US union leader, Jimmy Hoffa. 11.35 Paddington Green 12.05am-1.00am Trouble at the Top UK PLAY: 1.00am Shooting Stars 1.30 The Fast Show 2.05 Vic Reeves Examines 2.35 We Are History 2.50 Trevor and Spooky Do Napa 3.50 Robbie Williams's Dream Performances 4.15 The Sound of Play 5.35 The Sound of Play 6.30-7.00am The Phone Zone	CARLTON FOOD NETWORK LIFESTYLE PACK 7.00am Tessa's Tastebuds 7.30 Kitchen College 8.00 Network Daily 8.45 Quick Cooks 9.00 Red Hot 'n' Smokin' 9.30 Classic Dishes 10.00 Slice of Life 10.30 A Year at Ballymaloe 11.00 Flash in the Pan 11.30 Passion for Flavour 12noon Four Burners and a Grill 12.30pm Cucina Valentina 1.00 Kitchen College 1.30 Five-Star Cooking 2.00 Food Network Daily 2.45 Quick Cooks 3.00 Red Hot 'n' Smokin' With the Nosh brothers. 3.30 Tessa's Tastebuds <i>Ginger</i> 4.00 A Year at Ballymaloe With Darina Allen. 4.30 Classic Dishes With Lesley Waters. 5.00 A to Z of Food and Beauty 5.30 Four Burners and a Grill 6.00 Coxon's Kitchen College 6.30-7.00pm Waitrose in Season NATIONAL GEOGRAPHIC CHANNEL FAMILY PACK 7.00pm The Man Who Saved the Animals The life of Richard Leakey, one of the world's most important and famous conservationists. 8.00 Extreme Skiing A group of skiers attempts to ski every day for a year. 8.30 Treks in a Wild World <i>West Virginia, Colorado</i> 9.00 Cheating Gravity Follow the history of parachuting and meet some of the people who push the boundaries of human endurance. 10.00 Freeze Frame: An Arctic Adventure With Lisa Truitt. 10.30 On Hawaii's Giant Wave Stunning surfing footage. 11.00 Hawaii Born of Fire Explore the fiery moonscapes and lush rainforests of the world's most isolated archipelago. 12midnight-1.00am The Superliners <i>Twilight of an Era</i> Recall an era of luxurious travel in this nostalgic look at the modern <i>Queen Elizabeth II</i> and other majestic superliners that once traversed the Atlantic.	6.00 AM MORNING 3.00 PM 4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00 PM NIGHT TIME
CHALLENGE TV MUSIC & GAMES PACK 5.00pm Cross Wits 5.30 Sale of the Century 6.00 Family Fortunes 6.30 100% 7.00 Stars in Their Eyes 7.30 Beadle's About 8.00 Gladiators More muscle-bashing challenges between super-fit members of the public and the legendary Gladiators. 9.00 Whittle 9.30 Strike it Lucky 10.00 Sale of the Century 10.30 Family Fortunes 11.00 Stars in Their Eyes 11.30 Winner Takes All 12midnight Beadle's About 12.30am Gladiators 1.30 The Cooler With Donna Air. 2.00 Karaoke Challenge 2.30 3-2-1 3.30 The Krypton Factor 4.00 Say the Word 4.30 Whittle 5.00-6.00am Shopping with Screenshop	DISCOVERY HOME & LEISURE WORLD PACK 6.00am The Joy of Painting 6.30 Grass Roots 7.00 Garden Rescue 7.30 Doing It Up 8.00 How to with B & Q 8.05 The House Doctor 8.35 Our House Down Under 9.05 The Joy of Painting 9.35 Grass Roots 10.05 How to with B & Q 10.10 Garden Rescue 10.40 Two's Country 11.10 Village Green 11.40 Home Savvy 12.10pm How to with B & Q 12.15 Hometime 12.45 This Old House 1.15 Home Again with Bob Vila 1.45 Wood Wizard 2.15 How to with B & Q 2.20 The New Yankee Workshop 2.50 Mud Cons 3.20 Rex Hunt Fishing Adventures 3.50-4.00pm How to with B & Q	RAPTURE BONUS CHANNEL 10.00am Freesport Special 10.30 Mountain Bikes 11.00 High Adrenalin Action 11.30 Adrenalize 12noon World Wind Surf 12.30pm Byte Me 1.00 FILM 2.00 Boardstupid 2.30 Freesport Special 3.00 Fearless 3.30 Byte Me 4.00 Freesport Special 4.30 Mountain Bikes 5.00 High Adrenalin Action 5.30-6.00pm Adrenalize	LOCAL CHANNEL ACCESS PACK 6.00pm LLTV - Local Life A daily magazine programme featuring local news, events and lifestyle features. 6.30 What's On TV 7.00 LLTV - Local Life 7.30 YCTV Programmes made by the stars of tomorrow featuring the stars of today. 8.00 Student Showcase 8.30 What's On TV 9.00-9.30pm LLTV - Local Life			

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME

CABLE CHECK
Some of the channels listed may not be available in your area

DISCOVERY WORLD PACK

4.00pm Rex Hunt Fishing Adventures
South West Rocks
Rex goes bonito and mac tuna fishing.

4.30 Discovery Today
Hadrian's Wall
A look at the history of Hadrian's Wall which was built by the Romans.

6.00 Lions - Finding Freedom
Staff at a nature reserve in the Kruger National Park introduce a group of lions back to the wild.

7.00 Future Tense Climate
This edition explores global climate change.

7.30 Discovery Today
Forensic technology.

8.00 Lonely Planet Madagascar
Ian Wright pays a visit to the Ranomafana National Park in Madagascar and encounters vicious sharks.

9.00 Great Quakes Kobe
A report on the destruction caused by the devastating earthquake in 1995 which shook Kobe.

10.00 The Lusitania Story - A Damned Dirty Business
A look at the tragedy of the sinking of the *Lusitania* on 7 May 1915.

11.00 Supertrains
Highlighting the huge steam locomotives that unlocked the American West and the latest magnetic levitation trains.

12midnight Time Team Smalhythe
The team travel to the village of Smalhythe in Kent to determine if the village was a royal dockyard.

1.00am Wonders of Weather
1.30-2.00am
Discovery Today

CARTOON NETWORK FAMILY PACK

5.00am Flying Rhino Junior
High 6.00 Fat Dog Mendoza
7.00 Tom and Jerry
8.00 Dexter's Laboratory
9.00 Angela Anaconda
10.00 The Powerpuff Girls
11.00 Dragonball Z
12noon Dexter's Laboratory
12.30pm Looney Tunes
1.00 Dexter's Laboratory
1.30 Ned's Newt
2.00 Dexter's Laboratory
2.30 Courage the Cowardly Dog

3.00 Dexter's Laboratory
Chemical chaos with the bedroom professor.
3.30 Johnny Bravo
The egomaniac returns.

4.00 Dexter's Laboratory
Chemical chaos with the bedroom professor.
4.30 Angela Anaconda

5.00 Dexter's Laboratory
Chemical chaos with the bedroom professor.
5.30 Ed, Edd 'n' Eddy
More namesake madness.

6.00 Tom and Jerry
Comic antics with the sparring cat and mouse.
6.30 The Flintstones
More adventures with the prehistoric goons.

7.00 Scooby-Doo
More spooky tales.
7.30 Looney Tunes
Classic cartoons.

8.00 Angela Anaconda
8.30-9.00pm Courage the Cowardly Dog

TCM FAMILY PACK

9.00pm The Hill
Sean Connery, Harry Andrews, Ian Bannen
Powerful drama about a group of prisoners in a North African disciplinary camp who are subjected to a harrowing regime by a sadistic sergeant. The film follows the lives of five of the prisoners and highlights how each one copes with their ordeal.

11.25-1.00am Little Caesar
Gangster thriller. 1930

Widescreen 1965

CARTOON NETWORK:
1.00am The Moomins 1.30 The Magic Roundabout
2.00 Tabaluga 2.30 Blinky Bill 3.00 The Tidings
3.30 The Fruitties
4.00 The Moomins
4.30-5.00am
The Magic Roundabout

THE HISTORY CHANNEL WORLD PACK

12noon
Rome - The Great Empire
Building an Empire
1.00pm **Suicide Missions**
Ball Turret Gunners
2.00 **Biography**
The Duke of Marlborough
3.00 **World War I**
Over Here
3.30
Enigma of the Swastika
4.00 **No Price Too High**
Folly
5.00 **The Wright Stuff**

6.00 **The Infamous**
Dreyfus Affair
6.55 **Photos for the Future II**
7.00 **Crown and Country:**
7.30 Time Tourists
Medieval
8.00 **Biography**
Attila the Hun
8.55
A Small Piece of History
9.00-10.00pm
Roman War Machine
First Our Neighbours, and then the World

NICKELODEON FAMILY PACK

6.00am Rocko's Modern Life
6.30 Rocko's Modern Life 7.00
Transylvania Pet Shop 7.30
Transylvania Pet Shop 8.00 Ren and Stimpy 8.30 Ren and Stimpy 9.00 Kenan and Kel 9.30
Kenan and Kel 10.00 Sister Sister 10.30 Sister Sister 11.00
Cousin Skeeter 11.30 Cousin Skeeter 12noon Rugrats
12.30pm Rugrats 1.00 Rugrats
1.30 Rugrats 2.00 Rugrats
2.30 Rugrats

3.00 Rugrats
More fun with the tousle-headed nippers.
3.30 Rugrats
The nippers with the over-fertile imaginations return.

4.00 Kenan and Kel
The adventures of two funky friends.
4.30 Kenan and Kel
Stars Kenan Thompson and Kel Mitchell.

5.00 Sabrina the Teenage Witch
5.30 Sabrina the Teenage Witch
6.00 Are You Afraid of the Dark?
6.30-7.00pm Are You Afraid of the Dark?

PARAMOUNT COMEDY CHANNEL FAMILY PACK

7.00pm Grace Under Fire
7.30 King of Queens
Art House

8.00 Ellen
Ellen Unplugged
Ellen goes to rock and roll dream camp.
8.30 Just Shoot Me
Nina seeks Red

9.00 Married... With Children
Master the Possibilities
The Bundys go shopping.
9.30 Spin City
Meet Tommy Dugan

10.00 Frasier
Good Samaritan
Frasier begins to doubt humankind's goodness.
10.30 Harry Hill
Surreal comedy show.

11.00 Jack Dee
Stand-up from the poker-faced funnyman.
11.30 Cheers
The Norm Who Came to Dinner
12midnight *Roseanne*
12.30am *Clive Anderson Talks Back* 1.10 *NewsRadio*
1.40 *Whose Line is it Anyway?* 2.10 *Dressing For Breakfast* 2.40 *Desmond's*
3.10 *It's Garry Shandling's Show*
3.40 *Rex the Runt*
3.50-4.00am *Rex the Runt*

TV TRAVEL SHOP BONUS CHANNEL

QVC LIFESTYLE/ SELECTION PACKS

A total travel service in your own home. Video brochures give a guided tour of resorts around the world, with regular bulletins and programmes featuring late holidays and special offers. Viewers can then book holidays 24-hours-a-day, seven-days-a-week, by calling 0870 60 60 747. For more information and full listings turn to TV Travel Shop Text, from page 200.

FOX KIDS FAMILY PACK

6.00am Oggy 6.10 Bad Dog 6.30
Bobby's World 6.55 Jim Button
7.15 Walter Melon 7.40 Inspector
Gadget 8.00 Oggy 8.10 Biker Mice
from Mars 8.30 Dennis 8.55 Sailor
Moon 9.40 Digimon 10.00 Power
Rangers 10.30 Monster Rancher
10.45 Masked Rider 11.05 X-Men
11.30 The Spy Dogs 11.50 Ace
Ventura 12.15pm Walter Melon
12.35 Inspector Gadget 1.00
Woody Woodpecker 1.10 Casper
1.30 Donkey Kong 1.55 Dennis
and Gnasher 2.20 Life with Louie
2.40 Princess Sissi

3.00 Princess Starla and the Jewel Riders
More magical adventures.
3.20 Sailor Moon
Cult Japanese cartoon.

3.45 Mighty Morphin' Power Rangers
4.05 Mighty Morphin' Power Rangers
4.30 Digimon
4.50 Masked Rider
The adventures of Dex, a handsome teenage alien.

5.15 Monster Rancher
More animated antics.
5.35 Biker Mice from Mars
6.00 The New Addams Family
6.25 Casper
6.35-7.00pm Goosebumps

SHOP! LIFESTYLE/ SELECTION PACKS

6.00am Shop! Selection
7.00 Home Shop!
Cleaning appliances.
8.00 Entertainment Shop!
9.00 Jewellery Shop!
Diamond-look jewellery.
9.30 Collectors' Shop
10.00 Home Shop!
Household items.

11.00 Clothes Shop!
12noon Shop! Outlet
1.00pm Shop! Special
2.00 Shop! Selection
3.00 Jewellery Shop!
4.00 Holiday Shop!
Travel information.

5.00 Shop! Preview
6.00 Shop! Selection
7.00-7.30pm Home Shop!

GMTV 2 ACCESS PACK

GMTV2 offers pre-school and lifestyle shows between 6.00am and 9.25am. Weekdays: *The News Hour* at 6.00am followed by children's shows. Saturdays: Children's programming and a round-up of the week's news in *The Review*. Sundays: Highlights include a *Pokémon* triple bill and *The Review*.

QVC LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day - so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is *Fashion* at 3.00pm

NEWS AND INTERNATIONAL

BBC NEWS 24 NEWS & SPORT/ ACCESS PACKS

6.00am News 7.00 News
8.00 News 9.00 News 9.30
World News 10.00 News
11.00 News 12noon News
1.00pm News 2.00 News
3.00 News 4.00 News 5.00
News 6.00 News 7.00
News 7.30 Sportsday 8.00
News 9.00 News 9.30
HARDtalk 10.00 News
11.00 News 11.30 World
Business Report
12midnight News 1.00am
News 2.00 News 2.30
World Business Report
3.00 News 3.30 HARDtalk
4.00 News 4.45 Asia Today
5.00-6.00am News

CNN INTERNATIONAL NEWS & SPORT PACK

News throughout the day, plus: 5.00am Morning
5.30 Business 6.00 This
Morning 6.30 Business
7.00 This Morning 7.30
Business 8.00 This
Morning 8.30 Sport 9.00
CNN & TIME 10.30 Sport
11.30 Asia 12.30pm Europe
1.15 Asian 1.30 Report 2.30
Showbiz 3.00 CNNdotCOM
3.30 Sport 4.30 Artclub 5.00
CNN & TIME 7.30 Business
8.30 Q&A 9.30 Insight 10.00
Business 10.30 Sport 11.00
WorldView 11.30 Moneyline
12.30am Showbiz 1.00
Morning 1.15 Asia 2.00
Larry King 4.30-5.00am
American Edition

SKY NEWS NEWS & SPORT/ ACCESS PACKS

News on the Hour, every hour, plus: 6.00am Sunrise
10.30 Sky World News
11.30 Money 12noon Sky
News Today 2.30pm Your
Call 3.00 Sky News Today
4.30 Sky World News
5.00 Live at Five
8.30 Sky Business Report.
9.30 Showbiz Weekly
10.00 Sky News At Ten
10.30 Sportsline 12.30am
CBS Evening News
1.30 Your Call
2.30 Sky Business Report
3.30 Showbiz Weekly
4.30 The Book Show
5.30-6.00am
CBS Evening News

INTERNATIONAL

TV5 5.00am Journal 5.15
Journal des Journaux 5.30
Télématin et le Journal du
Temps 7.00 Journal 7.30
Sindbad 8.00 Infos 8.05 Zig
Zag Café 9.00 Journal 9.15
Terres Gelées 11.00 Infos
11.05 100% Questions
11.30 Journal 12noon Infos
12.05pm Mise au Point 1.00
Journal 1.15 Terres Gelées
3.00 Journal 3.15 Questions
3.30 Méditerranée
4.00 Infos
4.05 Pyramide
4.30 Questions
pour un Champion
5.00 Journal
5.15 Terres Gelées
7.00 Journal Télévisé
Suisse 7.30 Journal
Télévisé de France
8.00 Infos 8.05 Le Point
9.00 Journal 9.15 Cinéma:
Le Jeune Marié
11.00
Journal Télévisé Belge
11.30-12midnight Soir 3

ASIANET ADD-ON CHANNEL CABLE EXCLUSIVE

7.30am Chote Babu 8.00
D.D. News 8.30 D.D.
Programme 9.00 FILM
11.30 News 12noon Geet
Baney Sangeet 12.30pm
Junoon 1.00 Swabimaan
1.30 FILM 4.00 Darpan 4.30
Kachwa Aur Khargosh 5.00
Music Box 5.30 MTV Fresh
6.00 Tiger 6.30 Rajni 7.00
Swabimaan 7.30 News 8.00
Aarzo 8.30 FILM
11.30 News
12midnight MTV Hitlist
1.00am FILM
4.00 Kachwa Aur Khargosh
4.30 Music Box
5.00 Chand Grehan
6.00 Bhakti Sagar
6.30 D.D. News
7.00-7.30am
Bhule Bisre Geet

ZEE TV ADD-ON CHANNEL

6.00am Yaadein 6.30 Bhakti
Songs 7.00 Faith: Hindu
7.30 News 8.00 Zaike Ka
Safar 8.30 Kartavya 9.00
Mehendi Tere Naam Ki 9.30
Basera 10.00 Amar Bail
11.00 Jhat Pat Khana 11.30
Aangan 12noon FILM
3.00pm Hotel Hindustani
3.30 Pride Ka Aashirwad
4.00 Kartavya 4.30 Quiz
Contest 5.00 Hum Paanch
5.30 Aangan 6.00 Pakistan
Show Time 7.00 Hadd Kar
Di 7.30 Time of the Tops
8.00 News Bulletin 8.30
Chingari 9.00 Sa Re Ga Ma
10.00 Thriller at Ten 10.30
Net Asia Up Beat 11.00 Zee
in Europe 11.30 Pakistan
Business Week 12midnight
Punjabi News 12.30am
FILM 3.30 Hum Paanch
4.00 Daraar
4.30 Campus
5.00-6.00am My Choice

CHRISTIAN CHANNEL EUROPE WORLD PACK

5.00am CMTV 5.30 Gospel
Truth - Andrew Wommack
6.00 CMTV
6.30 Changing Your World
7.00
Believers' Voice of Victory
7.30 This is Your Day
8.00 Money Matters
8.15 Thought for the Day
8.30 Life in the Word
9.00 CMTV
9.30 Winning Ways -
Matthew Ashimolowo
10.00 CMTV
10.30-11.00am
The Dream Replay Cross
Rhythms Edition

BLOOMBERG WORLD PACK

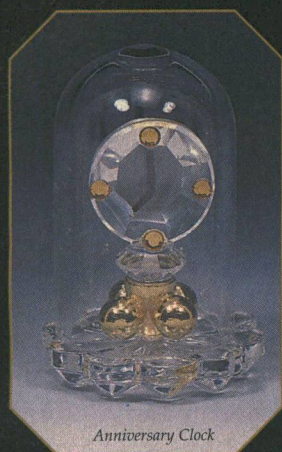
2.00am Asian Market
Report 3.00 Tokyo Live
3.30 Wall Street Report
5.00 US Market Report
5.05-6.00am Tokyo Live

BBC PARLIAMENT NEWS & SPORT PACK

Parliament is in recess.

The Crystal Curios Collection

A magnificent new collection of thirty crystal miniatures luxuriously embellished in gleaming 18 carat gold for you to cherish always



Anniversary Clock

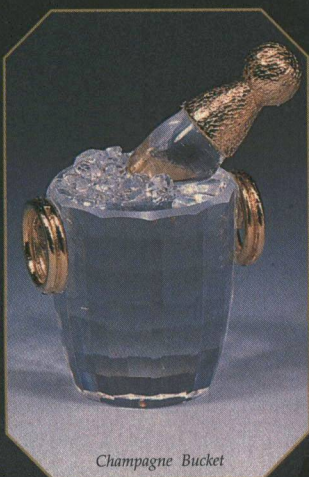
Announcing *The Crystal Curios Collection*, an enchanting new collection of exquisite crystal treasures, brought to you exclusively from the master artists of Brooks & Bentley.

Delight in the charm and splendour of the finest Austrian crystal works of art, beautifully embellished with delicate touches of precious 18 carat gold to stunning effect.

In all there are thirty magnificent Crystal Curios for you to collect and enjoy over the coming months.

Wonder at the magical beauty of a tiny Watering Can, a traditional Ship in a Bottle and an elegant Vase of Flowers. Be enthralled by a dapper Champagne Bucket, a romantic Anniversary Clock and an old fashioned Spinning Top to name but a few. I'm sure you'll agree that each distinctive work of crystal art is a classic, to be loved and admired for many years to come.

Your *Crystal Curios Collection* will be sent to you at the rate of two every other month and are available at the remarkable issue



Champagne Bucket



Ship in a Bottle

price of only £12.95* each. In addition, each celebrated collection comes to you complete with a luxury custom designed display case for you to show your collection to its very best advantage.

To share in the dazzling beauty of *The Crystal Curios Collection*, simply

complete and return your subscription form by 31st August, 2000. Alternatively why not call our 24 Hour Express Order Line on 0870 444 0011 today to secure your collection. You need send no money now.

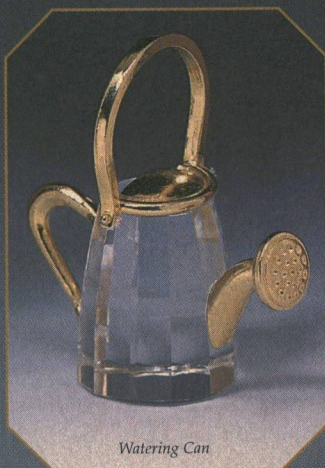
Ref: 2026540

OUR PLEDGE OF COMPLETE SATISFACTION

Brooks & Bentley takes pride in offering works of uncompromisingly high standards of quality, created with care and dedication by skilled craftsmen. If you are not satisfied with your purchase for any reason, simply return it within one year for a replacement or full refund. This pledge is in addition to your statutory rights.

BROOKS & BENTLEY

Weald Court, 101-103 Tonbridge Road, Hildenborough, Tonbridge, Kent TN11 9RY. © B&B 2000. Company Registered in the U.K. No. 2675093. e-mail: orders@brooks-and-bentley.co.uk



Watering Can



The luxury display cabinet is included at no extra charge. Size approximately 12 1/2" (32cm) high and 10" (25cm) wide. The crystal miniatures are approximately 1" (2.5cm) high.

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MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME

SKY PREMIER PREMIUM CHANNEL

6.00am
Don't Go Breaking My Heart
Text 1998, rating Sky PG, 90 mins
8.00 Buddy
Text 1997, rating Sky U, 80 mins
9.30 Slappy the Sea Lion
Text 1998, rating Sky PG, 75 mins
10.55 Invisible Child
1998, rating Sky PG, 87 mins
12.55pm Life of Noah Dearborn
1999, rating Sky PG, 88 mins
2.25 Don't Go Breaking My Heart
Charles Dance, Tom Conti, Jenny Seagrove, Anthony Edwards
Feelgood comedy in which a recently widowed woman finds herself back in the dating game whether she likes it or not. Text 1998, rating Sky PG, 90 mins
4.00 Buddy
Rene Russo, Robbie Coltrane, Alan Cumming, Irma P Hall
True story about socialite and animal lover Gertrude Lintz who fills her estate with all sorts of creatures, including the gorilla of the title which she treats as her own son - literally. Text 1997, rating Sky U, DS, 80 mins
5.30 Stuart Little Making It Big
6.00 The Adventures of Slappy the Sea Lion
BD Wong, Bronson Pinchot
Adventure in which five seven-year-olds decide to set a sea lion free. They manage to smuggle him onto their school bus, but find that this is where their problems begin. Text 1998, rating Sky PG, DS, 75 mins
7.30 Buzz News M:1-2 Special
8.00 The Siege
Denzel Washington, Bruce Willis, Annette Bening, Tony Shalhoub
When a series of bombs are set off in the heart of New York an FBI agent investigates. Before he can root out the terrorists, however, New York descends into panic, martial law is declared and the troops move in. Have the terrorists won? Text 1998, rating Sky 15, DS, 111 mins
10.00 The Opposite of Sex
Christina Ricci, Martin Donovan, Lisa Kudrow, Lyle Lovett
PREMIERE Drama about a pregnant girl who is intent on seducing her gay brother's lover and convincing him that he is the father of her baby. Text 1998, rating Sky 18, DS, 97 mins
11.40 The Last Days of Disco
Chloë Sevigny, Kate Beckinsale
Drama focusing on the early 1980s disco era. Text 1998, rating Sky 15, DS, 109 mins
1.35am
A Weekend in the Country
Text 1995, rating Sky 15, 90 mins
3.10 Polish Wedding
Text 1998, rating Sky 15, 101 mins
5.00-6.00am The Directors: The Films of Robert Zemeckis

SKY MOVIEMAX PREMIUM CHANNEL

6.35am Mystery Monsters
1997, rating Sky PG, 83 mins
8.05 Southern Heart
1998, rating Sky U, DS, 91 mins
10.00 Jules Verne's 800 Leagues Down the Amazon
1993, rating Sky PG, 83 mins
12noon Spirit of the Eagle
1989, rating Sky U, 89 mins
2.00pm To Catch a Yeti
Meat Loaf, Chantallese Kent, Jim Gordon, Leigh Lewis
Adventure about the abominable snowman, who is only the size of a teddy bear, seeking refuge in the rucksack of an American explorer when he is pursued by a gamekeeper and his sidekick. 1993, rating Sky PG, 88 mins
4.00 Invisible Mom 2
Dee Wallace Stone, Justin Berfield, Barry Livingston
Family adventure sequel. A mother with special powers and her clan adopt an orphan. When she discovers that he is the heir to his grandfather's fortune and that his wicked aunt and uncle want his inheritance, the super mom must save the day. 1999, rating Sky PG, DS, 89 mins
6.00 Southern Heart
Peter DeLuise, Jamie Hendrix Collins, Emily Carpenter
Drama about the head of a New York-based coal mining company who must oversee the development of a new mine. But when he travels to the town that must be decimated, he is struck by the beauty of the landscape - and of a local woman. 1998, rating Sky U, DS, 91 mins
8.00 My Mother the Spy
Dyan Cannon, Gloria Stuart, Jayne Brook, Kevin Kilner
PREMIERE Fast-moving drama about a woman who is shocked to discover that her mother is actually an undercover operative for the US Central Intelligence Agency, and appears to be up to her neck in all manner of espionage and intrigue. 1999, rating Sky PG, 88 mins
10.00 I Know What You Did Last Summer
Jennifer Love Hewitt, Sarah Michelle Gellar, Ryan Phillippe
Thriller about four teenagers who accidentally kill a pedestrian and hide the body. But someone is aware of their secret. Text 1997, rating Sky 15, 96 mins
11.40 Safe Men
Sam Rockwell, Steve Zahn
1998, rating Sky 15, 84 mins
1.10am
The People Under the Stairs
Brandon Adams, Everett McGill
1991, rating Sky 18, 98 mins
2.55 Tennessee Nights
Julian Sands, Ned Beatty
1989, rating Sky 15, 100 mins
4.40-6.00am To Catch a Yeti
Meat Loaf, Chantallese Kent
1993, rating Sky PG, 88 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

SKY CINEMA

PREMIUM CHANNEL

4.00pm Sinbad the Sailor
Anthony Quinn, Douglas Fairbanks Jr, Maureen O'Hara
Adventure about the legendary pirate who sets sail in search of the island where Alexander The Great is said to have buried his treasure. Along the way he meets a beautiful princess and an evil villain who wants the treasure to rule the world. 1947, rating Sky U, 112 mins
6.00 The Whales of August
Bette Davis, Lillian Gish, Vincent Price, Ann Sothern, Harry Carey
Moving drama in which two elderly New England sisters bicker and banter as they wait for the end of summer, the coming of the whales of August and a visiting Russian who manages to charm the loveable pair. 1987, rating Sky U, 87 mins
8.00 20,000 Leagues Under the Sea
Kirk Douglas, James Mason, Peter Lorre, Paul Lukas
Disney version of Jules Verne's classic novel, in which a group of scientists is sent to investigate a wave of mysterious sinkings in which sailors report sightings of a vicious narwhal. The group are eventually enlightened when they encounter an eccentric captain and his advanced submarine. 1954, rating Sky U, 122 mins
10.10 Whatever Happened to Baby Jane?
Bette Davis, Joan Crawford, Victor Buono, Marjorie Bennett
Classic tale of sibling rivalry focusing on two ageing sisters whose careers as Hollywood actresses have long since ended and are now living an existence of co-dependence. 1962, rating Sky 18, 128 mins
12.25am Alex and the Gypsy
Jack Lemmon, James Woods
1976, rating Sky 15, 95 mins
2.05 The Hunters
1958, rating Sky PG, 103 mins
3.55 The Lone Wolf Spy Hunt
1939, rating Sky PG, 68 mins
5.10-6.00am Bette Davis: Hollywood Hall of Fame



Friend in need: Lisa Kudrow offers advice in the premiere of 'The Opposite of Sex'. Sky Premier 10.00pm

FILMFOUR

ADD-ON CHANNEL

6.00pm
Eat Drink Man Woman
Sihun Lung, Kuei-Mei Yang, Chien-Lien Wu, Yu-Wen Wang
Oscar-nominated bitter-sweet comedy drama about a retired and widowed Taiwanese master chef who finds that his close knit-family of three adult daughters, who still live alone, is disrupted by their various failing romances and relatively chaotic lives. 1994, 118 mins
8.15 Ma Vie En Rose
Georges Du Fresne, Michele Laroque, Jean-Phillippe Ecoffey
Alain Berliner's Golden Globe award-winning film about a seven-year-old who has already decided he wants to grow up to be a girl. His parents are torn between conforming to society's expectations and letting down their child. 1997, 89 mins
10.00 Barton Fink
John Turturro, Michael Lerner, John Goodman, Judy Davies
Drama set in the Hollywood of the 1940s where an intellectual New York playwright has been brought to LA to write for a studio mogul. But, while staying in an eerie hotel, he develops writer's block and finds himself plunged into a world of murder and worse. 1991, 111 mins
12midnight The Fourth Man
Jeroen Krabbe, Renee Soutendijk
Dark comedy. 1983, 104 mins
1.40am See the Sea
2.35 My Childhood
Autobiography. Text 1972, 45 mins
3.20 My Ain Folk
Text 1973, 53 mins
4.15-6.00am My Way Home
Text 1978, 69 mins

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CARLTON CINEMA LIFESTYLE PACK

7.00pm
The More the Merrier
Jean Arthur, Joel McCrea, Charles Coburn, Richard Gaines
War-time comedy in which a mischievous businessman, forced to share a flat with two men and a woman, due to the World War II housing shortage, decides to play Cupid to his unsuspecting housemates. 1943, 104 mins
9.00 The Black Windmill
Michael Caine, Joseph O'Connor, Donald Pleasence, John Vernon
Tense thriller in which a secret agent attempts to track down a gang who have kidnapped his beloved son in order to hold him hostage for a number of precious diamonds. The agent soon finds he can't even rely on his friends for assistance and so decides to work alone. 1974, 106 mins
11.00 Greetings
Robert De Niro, Jonathan Warden, Gerrit Graham
Satirical comedy drama following the misadventures of three young men as they attempt to avoid their call to the Vietnam conflict. 1968, 88 mins
1.00am Streets of Fire
Adventure fable. 1984, 94 mins
3.00 The Return of a Man Called Horse
Adventure sequel. 1976, 129 mins
5.15-7.00am It's Love Again
Musical comedy. 1936, 95 mins

FRONT ROW

SCREENING WHEN YOU'RE
GOOD AND READY

WITH CABLE & WIRELESS

See channel 50 or your Front Row spread on pages 14, 15 for further details.

KEY TO FILM CONTENT

T/C: Theme/Content
BL: Bad Language
S/N: Sex/Nudity
V: Violence

Channel 51 Matinee

WILD WILD WEST
Rating 12, 102 mins
Comedy Western. A pair of special agents is sent to track down a diabolical genius who is plotting to kill the US President with a huge walking weapon transporter. Stars Will Smith and Kevin Kline. T/C: Comedy, Western. BL: Occasional, mild. S/N: Some moderate references. V: Frequent, moderate. 6.00am, 8.00am, 10.00am, 12noon, 2.00pm, 4.00pm

Channel 51 Evening

WILD WILD WEST
Rating 12, 102 mins
Comedy Western. A pair of special agents is sent to track down a diabolical genius who is plotting to kill the US President with a huge walking weapon transporter. Stars Will Smith and Kevin Kline. T/C: Comedy, Western. BL: Occasional, mild. S/N: Some moderate references. V: Frequent, moderate. 6.00pm, 8.00pm, 10.00pm, 12midnight, 2.00am, 4.00am

Channel 52

UNIVERSAL SOLDIER: THE RETURN
Rating 18, 80 mins
Action. A project to create a new breed of soldier seems to be going well, but then a computer develops a mind of its own. Stars Jean-Claude Van Damme. T/C: Action, sci-fi. BL: Occasional, strong. S/N: Some moderate nudity. V: Frequent, strong. 6.50pm, 8.30pm, 10.10pm, 11.50pm, 1.30am, 3.10am

Channel 53

THE MATRIX
Rating 15, 131 mins
Sci-fi thriller. A young man, who has been searching for the truth all his life, finds himself pitched into a sinister world of virtual reality. Stars Keanu Reeves, Carrie-Anne Moss and Laurence Fishburne. T/C: Sci-fi, adventure, virtual reality. BL: Occasional, mild. S/N: None. V: Frequent, strong, fantasy. 6.30pm, 9.00pm, 11.30pm, 2.00am

SKY ONE ACTION/ SELECTION PACKS	UK GOLD LIFESTYLE/ SELECTION PACKS	LIVING LIFESTYLE PACK	GRANADA PLUS ACTION PACK	DISNEY CHANNEL ADD-ON/ PREMIUM CHANNEL	
6.00am Long Play 7.30 Mega Babies 8.00 Godzilla 8.30 Mummies Alive 9.00 Pokémon 9.30 Pokémon 10.00 Pokémon 10.30 The Simpsons Text 11.00 World Wrestling Federation - Livewire 12noon The New Adventures of Superman Text 1.00pm Dream Team Text 2.00 Mega Babies 2.30 Godzilla 3.00 Mummies Alive <i>A Dark and Shrieky Night</i> The Mummies are far from home. 3.30 Pokémon <i>Sparks Fly for Magnemite</i> Pikachu acts strangely. 4.00 Pokémon <i>Dig Those Diglett</i> Ash meets other trainers. 4.30 Pokémon <i>The Ninja Poke - Showdown</i> Ash reaches the Fuschia gym. 5.00 Star Trek: Voyager <i>Prototype</i> When the crew finds a deactivated robot floating in space, a curious Torres brings it back to life. 6.00 Veronica's Closet <i>Veronica's Thanksgiving</i> That Keeps on Giving 6.30 Friends <i>The One with the Ride-Along</i> The guys meet the police. Text 7.00 The Simpsons <i>Tree House of Horror II</i> The family has bad dreams. Text 7.30 The Simpsons <i>Margie, May I Sleep with Danger?</i> Text 8.00 JAG <i>Contemptuous Words</i> A letter condemning the Clinton administration printed on the op-ed page is traced back to Harm's computer. 9.00 World Wrestling Federation - Smackdown Uncut Jim Ross, Michael Cole and Kevin Kelly host the latest event from the World Wrestling Federation as Smackdown promises more wild antics from some of the world's biggest wrestling names. 11.00 Toughman <i>Albany</i> Courageous men step into a boxing ring and fight for three fast, intense one-minute rounds determined to win. 12midnight Star Trek: Voyager 1.00am LAPD 1.30 LAPD 2.00 World's Wildest Police Videos Text 2.50 World's Wildest Police Videos Text 3.40 The Untouchables Text 4.30 Manhunter 5.20 The Newlywed Game 5.40-6.00am The Newlywed Game	6.00am May to December 6.40 Bread Text 7.15 Birds of a Feather Text 7.50 Open All Hours 8.25 EastEnders Text 9.00 The Bill Text 9.30 The Bill Text 10.00 Bergerac 11.00 Knots Landing 11.55 Neighbours 12.25pm EastEnders Text 1.00 Ballykissangel 2.00 Knots Landing 3.00 The Bill <i>A Breach of Trust - Part I</i> A nurse reports receiving malicious phone calls. Text 3.30 The Bill <i>A Breach of Trust - Part II</i> Text 4.00 EastEnders Grant gives Sharon an expensive gift for her 25th birthday. Text 4.35 Neighbours Debbie is not the only one to get a surprise at her birthday party. 5.00 May to December <i>What Kind of Fool Am I</i> Zoe's divorce comes through and Alec wants to celebrate - but she's not so sure. 5.40 Bread Billy's divorce is overshadowed by Jack's return home. Text 6.20 Waiting for God Tom and Diana decide to investigate a spate of mysterious thefts at Bayview. 7.00 The Good Life <i>Going to Pot?</i> Tom and Barbara's evening classes become very productive. 7.40 Birds of a Feather <i>Keep Off the Grass</i> Tracey and Sharon are faced with a moral dilemma. Text 8.20 Open All Hours Sitcom about miserly shopkeeper Arkwright and his downtrodden nephew and assistant, Granville. 9.00 Only Fools and Horses <i>Who's a Pretty Boy?</i> The Trotters embark on a decorating venture. 9.40 dinnerladies <i>Party</i> The works 'do' becomes incredibly formal and mock-Japanese. 10.20 One Foot in the Grave <i>Eternal Quadrangle</i> 11.00 Operation Good Guys <i>Safe As Houses</i> DI Beach persuades a star witness to make a revelation. 11.40 The Bill Text 12.15am The Bill Text 12.45 Live at Jingleurs 1.20 Only Fools and Horses 2.00 One Foot in the Grave 2.35 Monty Python's Flying Circus 3.10 EastEnders Text 3.45 Dangerfield 4.40 Dynasty 5.30-6.00am Angels	6.00am Ready, Steady, Cook 6.30 Can't Cook, Won't Cook 7.00 Tiny Living 9.00 Brookside 9.30 Home and Away 10.00 The Jerry Springer Show 10.50 Forgive or Forget 11.40 Maury Povich 12.30pm Special Babies 1.00 Reality Slot 1.30 Judge Judy 2.00 Streetmate 2.30 Maury Povich 3.20 Party of Five <i>Aftershocks</i> Bailey discovers Jill is using drugs and Charlie regrets accepting a loan from Kirsten. 4.10 Mystic Challenge Paul Ross presents a game show where psychics, astrologers and palmists are invited to put their powers to the test. 4.40 Forgive or Forget Host Mother Love deals with a series of real problems in a variety of relationships. 5.30 Ready, Steady, Cook Fern Britton hosts the cookery show in which two top chefs compete against the clock. 6.10 The Jerry Springer Show Outrageous American talk show in which Jerry Springer and his guests engage in lively chat. 7.00 Judge Judy New York City's family court judge presides over real-life cases. 7.30 Streetmate Davina McCall scours the country for single people. 8.00 LA Doctors Drama series about a group of LA physicians who turn their backs on the corporate medical system to set up their own practice. With Sheryl Lee. 9.00 The Politician's Wife: Part I A mini drama series about the titular spouse who learns that her husband, a Member of Parliament, is having an affair, and wastes little time in wreaking her vengeance upon him With Trevor Eve and Juliet Stevenson. 10.50 Secret Suburbia A look at seemingly ordinary suburban residents who have extraordinary lives. 11.20-12midnight Eden Adult series.	6.00am Hawaii Five-0 7.00 Plus on Plus 7.30 Jokers Wild 8.00 Shang-a-Lang 8.30 George and Mildred 9.00 Classic Coronation Street Text 9.30 Emmerdale Text 10.00 Mission: Impossible 11.00 That's My Boy 11.30 Batman 12noon Classic Coronation Street Text 12.30pm Emmerdale Text 1.00 George and Mildred 1.30 Robin's Nest 2.00 Hawaii Five-0 3.00 Mission: Impossible <i>The Innocent</i> The IMF must secure the services of an uncooperative young computer genius who has dropped out of society. 4.00 The Sweeney <i>Stoppo Driver</i> Regan discovers that a man was forced by crooks to drive their get-away car because they had kidnapped his new wife. 5.00 Hart to Hart <i>Getting Away with Murder</i> The adventures of husband and wife detectives Jonathan and Jennifer Hart. With Robert Wagner and Stefanie Powers. 6.00 Emmerdale Soap opera serial, set in the heart of the Yorkshire Dales. Text 6.30 Classic Coronation Street Sam confronts Percy. Text 7.00 Batman <i>He Meets His Match, the Grisly Ghoul</i> 7.30 Robin's Nest <i>Too Many Waiters Spoil the Bistro</i> Nicholls wants higher profits. 8.00 Boon <i>Trouble in the Fields</i> Teaming up with his best friend, Ken becomes the proud owner of a run-down Birmingham hotel - and that's when the fun begins. 9.00 The Sweeney <i>Big Spender</i> Regan uncovers a multi-thousand pound car parking fraud, which ends in a shoot-out. 10.00-11.00pm Taggart <i>Knife Edge - Part III</i>	4.30am Winnie the Pooh 4.45 Music Time 4.50 Rolie Polie Olie 5.00 Bear in the Big Blue House 5.25 Art Play 5.30 PB and J Otter 5.45 Bite Size 6.00 Toons 6.05 Circle Time 6.10 Rolie Polie Olie 6.20 Spot 6.30 Out of the Box 7.00 Mickey Mouseworks 7.30 101 Dalmatians 8.00 Aladdin 8.30 Recess 9.00 Art Attack 9.35 Sabrina 10.00 FILM: Pocahontas 1995 11.15 Recess 11.30 Miami 7 12noon Circus Kids 12.30pm Boy Meets World 1.00 FILM: Song of the South 1946 2.30 Mickey Mouseworks 3.00 101 Dalmatians 3.15 100 Deeds for Eddie McDowd <i>The Students Are Revolting</i> Text 3.45 The Famous Jett Jackson With the teen TV superstar. 4.15 Honey, I Shrunk the Kids: The TV Show Science is serious fun in the Szalinski household, where dad's an eccentric inventor. Text 5.00 Recess Youngsters cope with the problems of growing up. Text 5.30 Smart Guy <i>Love Letters</i> TJ tries to help a romance. Text 6.00 Teen Angel <i>I Love Nitzke</i> Marty tries to play Cupid. Text 6.30 Home Improvement <i>The Eyes Don't Have It</i> Mark needs glasses. Text 7.00 FILM: Pocahontas <i>Voices of Irene Bedard, Mel Gibson, David Ogden Stiers</i> The powerful and moving story of a Native American princess and her ill-fated love for an English sea captain. Text 1995 8.20 Honey, I Shrunk the Kids: The TV Show Science is serious fun in the Szalinski household, where dad's an eccentric inventor. Text 9.05 Flipper More aquatic adventures with television's most underwater hero and famous dolphin. 9.50 Dinosaurs Prehistoric comedy. Text 10.15 Home Improvement Comedy double bill. Text 11.05 Dr Quinn: Medicine Woman Text 11.50-12midnight Toons	6.00 AM

CABLE CHOICE

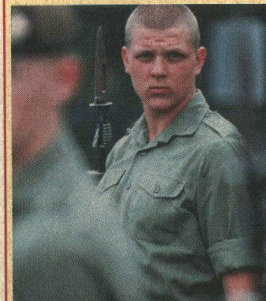
FILM

The Opposite of Sex
Sky Premier 10.00pm
Incredibly sassy dark comedy starring Christina Ricci as a foul-mouthed 16-year-old who sweeps along like a mini tornado, destroying all relationships in her path. After falling pregnant she tracks down her gay older brother and sets about dismantling his life.

GENERAL

Cooking School
Carlton Food Network 1.30pm
A 13-part series following six students' progress at top chef Alex Mackay's Le Baou D'Infer cookery school in Provence. During their week-long stay they learn how to make traditional Provençal dishes in addition to sampling local produce and wine.

ADVERTISEMENT UK HORIZONS



SOLDIERS TO BE 9.00PM

Take an uncompromising look at life in today's armed forces. Filmed at the Army Training Camps at Pirbright and Winchester, this series follows the first stages of training for new recruits of the British Army.

Tuesday 22 August

	EUROSPORT NEWS & SPORT/ SELECTION PACKS	SKY SPORTS 1 PREMIUM CHANNEL	SKY SPORTS 2 PREMIUM CHANNEL	SKY SPORTS 3 PREMIUM CHANNEL	SCI-FI ACTION PACK	MTV MUSIC & GAMES PACK
6.00 AM	7.30am Sumo 8.30 Motorsports 9.30 Athletics Coverage of the IAAF Grand Prix Meeting in Stockholm. 11.30 Eurogoals 1.00pm Beach Soccer Football action from the European Golden League in Athens, Greece. 2.00 Football A look back at the best of the World Cup 1998, featuring match highlights and all the top goals scored.	7.00am World Wrestling Federation – Livewire 8.00 You're On Sky Sports! 9.00 Racing News 9.30 Aerobics Oz Style 10.00 Football League Review 10.30 World Football Show 11.00 Cricket: PPP Healthcare County Championship – LIVE 1.15pm World Football Show 1.45 Cricket: PPP Healthcare County Championship – LIVE Further action from the opening day's play in a top PPP Healthcare County Championship match, which sees Surrey looking to maintain their position as the defending champions. As the season reaches a tumultuous crescendo, relegation, promotion and championship issues are coming to the fore. Presented by Charles Colville.	7.00am Aerobics Oz Style 7.30 Racing News 8.00 Asian Sports Show 8.30 World Football Show 9.00 Telegraph Action Sport 9.30 Total Sport 10.00 World Ten Pin Masters 11.00 International Bowls: Australia v Wales – Triples 1.00pm Ford Monday Night Football	12noon Wheelbase Club 1.00pm Telegraph Action Sport 1.30 Total Sport 2.30 Shell's Wonderful World of Golf: Boros v Beard v Trevino Club de Golf Bellevista in Mexico City sees Julius Boros, Frank Beard and Lee Trevino facing one another in a contest from 1970.	8.00am Buck Rogers in the 25th Century 9.00 The Time Tunnel 10.00 Project UFO 11.00 The Incredible Hulk 12noon Babylon 5 1.00pm Highlander: The Raven Inferno 2.00 Buck Rogers in the 25th Century <i>Ardala Returns</i>	6.00am Select MTV 8.00 MTV Hits 9.00 Bytesize MTV 11.00 MTV Hits 12.30pm Daily Edition Showbiz news and gossip. 1.00 MTV Hits Sixty minutes of chart-toppers and new entries. 2.00 Hit List UK Cat Deeley presents the latest chart rundown.
3.00 PM			3.00 World Motor Sport Hit the road with some of the fastest drivers in the world and go to the heart of the race world with a guide to who is racing where, when and how. Featuring a round-up of the biggest and most exciting meetings and a preview of the major events to come.	3.00 Cue Masters: O'Sullivan v Williams Snooker action from the British Open in 1996. 3.30 Asian Sports Show 4.00 Showjumping: Spruce Meadows – ATCO Structures Double Slalom The latest competition in the national tournament. 5.00 World Wrestling Federation – Livewire Michael Cole presents coverage of the latest World Wrestling Federation bouts.	3.00 Sightings Featuring a series of extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences. 4.00 The Time Tunnel <i>The Last Patrol</i> The time travellers face danger when they land in the War of 1812. 5.00 Project UFO <i>The Superstition Mountain Incident</i> A student finds two artefacts of pure magnesium left by a UFO.	3.00 Bytesize MTV Another parade of highlights from MTV stations across the globe. 3.55 MTV's Pop Single of the Week 4.00 Select MTV A chance for viewers to make MTV their personal video jukebox. Just call the special hotline, pick your video from the on-screen menu and wait for it to be aired. Also includes chat and celebrity guests.
4.00 PM	4.00 Rally High-speed action from the FIA World Rally Championship in Finland.		6.00 Golf: Euro Tour – North West of Ireland Open Action from the Slieve Russell Hotel Golf & Country Club. 7.00 Fastrax A look at the lives and performances of drivers in the fast lane. 7.30 Worthington Cup Football – LIVE Join Marcus Buckland for coverage of one of the top games in the first round first leg of this season's Worthington Cup.	6.00 Rugby League Academy Featuring match action involving the youngsters who are currently impressing the coaches. 7.00 Golf: Star Golf Open The players head for Dublin to pit their wits against the Portmarnock Links course. 8.00 Premier Snooker League Action from the prestigious showcase for seven of the world's best players. The defending champion is John Higgins, who beat Jimmy White in a nail-biting final in 1999. Also competing are Stephen Hendry, Ronnie O'Sullivan and Marco Fu. 10.00 Big Fights: Nino Benvenuti A look at the talents of Italian former middleweight sensation Nino Benvenuti.	6.00 The Incredible Hulk Wax Museum David helps a woman suffering the trauma of seeing her father killed. 7.00 Highlander: The Raven Inferno Nick thinks Talia Bauer is behind a fiery explosion, causing divided loyalties. 8.00 Twin Peaks Episode 15 The search for Bob gets a boost from the one-armed man who is suffering from an identity crisis. 9.00 Millennium <i>The Judge</i> A judge metes out his own form of punishment to right the wrongs that have befallen the innocent. 10.00 FILM: Asteroid: Part II <i>Michael Biehn, Annabella Sciorra, Don Franklin</i> Conclusion to the science fiction thriller about the crisis triggered by a huge asteroid on a direct collision course with the Earth. Time is running out for the inhabitants to save their planet. 1997 12midnight FILM: Orguss 2 Animation. For two centuries huge war machines have lain, almost forgotten, on the ocean floor. 1993 2.00am The Net <i>Death of an Angel</i> 3.00-4.00am Babylon 5	
5.00 PM	5.00 Triathlon Action from round seven of the ITU World Cup in Tokyo, Japan. 5.30 Xtreme Sports YOZ Coverage of the YOZ Ispo summer games in Munich. The contests include skateboard, BMX, motocross and inline competition.	6.00 Sky Sports Centre Catch up with the latest from the world of sport. 6.30 Inside Scottish Football All the goals, transfers, news and views from the Scottish Premier Division. 7.30 Gillette Soccer Special Football magazine.				
6.00 PM	7.00 Stunts <i>And They Walked Away</i> A hair-raising look at dare-devil stunts and the men who survived them.					
8.00 PM	8.00 Boxing Hard-hitting action from a top international contest.					
9.00 PM						
10.00 PM	10.00 Football A look at classic action from the Uefa Champions League, featuring some of the greatest matches of the 1990s. 11.00 Golf Coverage of the International Trophy.	10.00 You're On Sky Sports! Football fans air their views on the the major issues facing the sport today. With Rob McCaffrey. 11.00 Sporting Auction Preview 11.30 Inside Scottish Football Domestic football action from north of the border. 12.30am Golf: Euro Tour – North West of Ireland Open 1.30 Golf: Star Golf Open 2.30 Golf: Mastercard British Professional Tour – Hawkstone Park Tournament 2.00-4.30am You're On Sky Sports!	10.00 World Cup Showjumping: Showpark Racing Special A showjumping special from California. 11.00 Golf: Mastercard British Professional Tour – Hawkstone Park Tournament Golfing action. 12midnight Worthington Cup Football Highlights from the pick of the first round matches in the Worthington Cup. 1.30am Asian Sports Show 2.00-4.00am Premier Snooker League Top snooker action.			
11.00 PM						
12.00	12midnight-12.30am Sailing Breathtaking sailing action from around the world.					
NIGHT TIME						

GOLF: EURO TOUR – NORTH WEST OF IRELAND OPEN
SKY SPORTS 2 6.00PM

Ireland is a country that loves its heroes and Dublin-based Padraig Harrington (pictured) is definitely one of them, but this talented young Ryder Cup star needs to win on his home turf to feel the true warmth of his fellow countryman. The North West of Ireland Open at the Slieve Russell Hotel Golf & Country Club in County Cavan has a prize fund of 350,000 euros and Harrington will be aiming to go one better than his second-placed finish of last year when he was runner-up to Constantino Rocca.



**PLAYBOY TV/
ADULT CHANNEL
ADD-ON CHANNEL**

10.00pm Freeview 10.06
FILM: Treasure 11.45 Adult
Stars Close-Up 12midnight
Freeview 12.10am Sam
Gets Her Girl 12.25 Banged
Up 12.50 FILM: No Man's
Land 2.15 Lesbian
Fantasies 2.35 Madame
Dominance 3.00-4.00am
FILM: Love Under Fire

Adult Nightview is now available as a TV on-demand service between 10.00pm and 4.00am at £4.95. See channel 50 for details

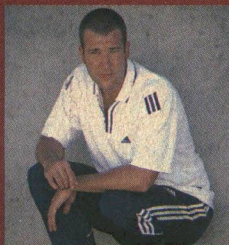
TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute
Preview 12.10am Extreme
Close-Up 12.40 FILM:
Sunset in Paradise
1.00
The Five Minute Freeview
1.05 FILM continues
1.55 Fantasy Night Calls
2.55-4.00am
FILM: Adult Feature

Adult Nightview is now available as a TV on-demand service between 12midnight and 4.00am at £4.95. See channel 50 for details

VH1 MUSIC & GAMES PACK	ANIMAL PLANET WORLD PACK	 <i>'Making the Video: Janet Jackson' sees the pop diva on set. MTV 9.30pm</i> ITV2 ACCESS PACK	UK STYLE LIFESTYLE PACK	UK HORIZONS WORLD/ ACCESS PACKS	CARLTON FOOD NETWORK LIFESTYLE PACK	
6.00am Power Breakfast 8.00 Pop-Up Video 9.00 Upbeat 12noon Behind the Music: Gloria Estefan Hear the remarkable story of the Cuban-born singer. 1.00pm Greatest Hits: Gloria Estefan 1.30 Pop-Up Video 2.00 Jukebox Another edition of the VH1 viewers' request show.	12noon Croc Files 12.30pm Going Wild with Jeff Corwin North Cascades National Park 1.00 All Bird TV Seabirds 1.30 All Bird TV Salt Marsh Birds 2.00 Pet Rescue 2.30 Kratt's Creatures Polyp Power 3.00 Breed All About It Pugs 3.30 Breed All About It Newfoundland Dogs	4.00pm Trisha Another double bill of heartwarming and hair-raising true stories with Trisha Goddard and a studio audience. Text	7.00am Spa Trek 7.30 Spa Trek 8.00 Ready, Steady, Cook 8.30 Can't Cook, Won't Cook 9.00 Repair to Remember 9.30 Real Rooms 10.00 Change That 10.30 A Room with a Clue 11.00 Big Strong Girls 11.30 The House Doctor 12noon Good Living 12.30pm Style Challenge 1.00 Della's How to Cook 1.30 Ready, Steady, Cook 2.00 Dan Pearson 2.30 Learn to Garden with Stefan Buczacki 3.00 Gardeners' World With Alan Titchmarsh. 3.30 Gardening Neighbours With Diarmuid Gavin. 4.00 Stefan's Garden Roadshow Horticultural advice. 4.30 Good Living Lifestyle series presented by Jane Asher. 5.00 Can't Cook, Won't Cook 5.30 Changing Rooms Down Under Antipodean decor makeover challenge. 6.00 Changing Rooms Redecorated Former Changing Rooms contestants reveal whether they genuinely approved of their room makeovers. 7.00 Real Rooms Devon Playroom With Simon Biagi. 7.30 Change That Ragley Hall Interior design roadshow. 8.00 Style Challenge Fashion experts perform more dream makeovers. 8.30 The Green Room Ideas for small gardens. 9.00 Home Front Kevin Allen shows why 1970s style is back to stay. 9.30 Big Strong Girls DIY tips from Fiona Quigley and Siobhan Palmer. 10.00 The House Doctor More homes have their prospects improved. 10.30 Real Rooms Decor makeover show. 11.00 Ground Force The team travels to Alloo to transform a garden. 11.30 BBC Gardener of the Year With Alan Titchmarsh. 12midnight Dan Pearson: Routes Around the World Kyoto Dan Pearson meets the last Zen priest practising garden design. 12.30am-1.00am Stefan's Garden Roadshow Horticultural advice.	7.00am Tomorrow's World Plus 7.50 Everglades - to Hell and Back 8.50 Animal Hospital 9.20 Tomorrow's World Plus 10.15 Deserts of the Cheetah 11.15 Top Gear GTI 12.15pm Airport 12.45 Airport 1.15 Passport to the Sun 1.45 Caribbean Holiday 2.15 Caribbean Holiday 2.45 Elilish - Life Without Katie Continuing the story of the only survivor of two separated Siamese twin girls. 3.45 Animal Hospital Rolf Harris catches up with the action at the RSPCA Harmsworth Hospital. 4.20 Vets in Practice Under Pressure Trude fights to save the lives of a litter of kittens. 4.50 Animal People Anything to Declare? 5.25 Driving School Maureen needs a driving licence in order to start her own business. 5.55 Lakesiders Fly-on-the-wall series. 6.25 Passport to the Sun Series looking at life in holiday season Majorca. 6.55 Crime Squad Series focusing on all aspects of crime. 7.30 Meet the Ancestors The Lost Souls Archaeological series. 8.00 Vets in Practice Under Pressure Trude fights to save the lives of a litter of kittens. 8.30 Accident and Emergency 9.00 Soldiers To Be I'm Alright Jack The female recruits take a three-day survival course. 9.35 Violent Planet Inferno A look at fire and how the natural world is able not only to survive it, but actually craves it. 10.35 John Gotti: Gangland Chart the meteoric rise of the so-called Teflon Don. 11.35 Paddington Green 12.05am-1.00am Trouble at the Top	7.00am Tessa's Tastebuds 7.30 Coxon's Kitchen College 8.00 Network Daily 8.45 Quick Cooks 9.00 Red Hot 'n' Smokin' 9.30 Classic Dishes 10.00 Ross's Barbecue Party 10.30 Ballymaloe 11.00 Flash in the Pan 11.30 Alive and Cooking 12noon Four Burners and a Grill 12.30pm West Country Kitchen 1.00 Kitchen College 1.30 Cooking School NEW SERIES 2.00 Network Daily 2.45 Quick Cooks 3.00 Red Hot 'n' Smokin' With the Nosh brothers. 3.30 Tessa's Tastebuds Tea 4.00 A Year at Ballymaloe Darina Allen prepares smoked Irish salmon. 4.30 Classic Dishes 5.00 A to Z of Food and Beauty 5.30 Four Burners and a Grill 6.00 Coxon's Kitchen College 6.30-7.00pm Picture This	6.00 AM MORNING 3.00 PM 4.00 PM 5.00 PM 6.00 PM
4.00 The VH1 Album Chart Show Paul King presents news on the biggest and best-selling albums of the week in the UK. 5.00 Ten of the Best: Pete Townshend The Who lead guitarist and songwriter chooses his top ten music videos. 6.00 VH1 to One: The Corrs Kate Thornton meets the photogenic family band. 6.30 Greatest Hits: Gloria Estefan 7.00 VH1 Hits Two hours of uninterrupted music videos, featuring the latest from the VH1 playlist.	4.00 Animal Planet Unleashed With Howie Watkins. 4.30 Croc Files Steve and Terri Irwin enter the world of spiders. 5.00 Pet Rescue More RSPCA rescue cases followed. 5.30 Going Wild with Jeff Corwin Alaska 6.00 The Aquanauts Thor and Mason dive with the mighty lemon shark. 6.30 Croc Files Steve and Terri Irwin have to relocate some alligators. 7.00 Animal X Hear the legend behind the Komodo dragon. 7.30 Animal X The secrets of the biblical lion are unlocked. 8.00 Flies Attack A profile of humanity's relationship with the fly, which is said to have killed more people than all the wars in history. 9.00 Crocodile Hunter Where Devils Run Wild Join an adventure through the rugged and beautiful terrain of Tasmania. 10.00 Animal Weapons Armed to the Teeth Learn how animals' physical adaptations follow environmental conditions. 11.00 Emergency Vets Round-the-clock care for animal patients. 11.30-12midnight Emergency Vets	6.00 The Extremists Hair-raising sports. 6.30 Dealer's Choice Experts offer advice on buying used cars. 7.00 Rugby World Sevens Nine teams battle it out against reigning champs Fiji to become 2000 World Sevens champions. 8.00 Sunset Beach Ricardo wants his job back so he can look for Paula, who he believes has been kidnapped. 8.50 Chart Choice 9.00 Bad Girls Women's prison drama. Denny and Shaz are getting closer, while a new arrival at Larkhall threatens to cause trouble. 10.00 Emmerdale Catch up on the latest from the rural soap. Text 10.30 Nuts and Bolts Rizzla and the gang take things too far. 11.00 The Jerry Springer Show Jerry presides over more outrageous revelations and confrontations. 11.50 The Late Show with David Letterman Top-rated chat show with David Letterman and his celebrity guests. 12.40am Freaky Stories Ghoulish animation. 12.50 The Extremists 1.20-1.50am Dealer's Choice	6.00 Changing Rooms Redecorated Former Changing Rooms contestants reveal whether they genuinely approved of their room makeovers. 7.00 Real Rooms Devon Playroom With Simon Biagi. 7.30 Change That Ragley Hall Interior design roadshow. 8.00 Style Challenge Fashion experts perform more dream makeovers. 8.30 The Green Room Ideas for small gardens. 9.00 Home Front Kevin Allen shows why 1970s style is back to stay. 9.30 Big Strong Girls DIY tips from Fiona Quigley and Siobhan Palmer. 10.00 The House Doctor More homes have their prospects improved. 10.30 Real Rooms Decor makeover show. 11.00 Ground Force The team travels to Alloo to transform a garden. 11.30 BBC Gardener of the Year With Alan Titchmarsh. 12midnight Dan Pearson: Routes Around the World Kyoto Dan Pearson meets the last Zen priest practising garden design. 12.30am-1.00am Stefan's Garden Roadshow Horticultural advice.	6.25 Passport to the Sun Series looking at life in holiday season Majorca. 6.55 Crime Squad Series focusing on all aspects of crime. 7.30 Meet the Ancestors The Lost Souls Archaeological series. 8.00 Vets in Practice Under Pressure Trude fights to save the lives of a litter of kittens. 8.30 Accident and Emergency 9.00 Soldiers To Be I'm Alright Jack The female recruits take a three-day survival course. 9.35 Violent Planet Inferno A look at fire and how the natural world is able not only to survive it, but actually craves it. 10.35 John Gotti: Gangland Chart the meteoric rise of the so-called Teflon Don. 11.35 Paddington Green 12.05am-1.00am Trouble at the Top	NATIONAL GEOGRAPHIC CHANNEL FAMILY PACK 7.00pm The Mountain People Explorer Herve de Maigret returns to New Guinea to find the pygmy tribes he first encountered in 1969. 8.00 Stairway to the Sky Travel to the Philippines to hear how some 2000-year-old rice terraces are now under threat. 9.00 Lions of the African Night Follow the activities of a pride of lions through their daily cycle in the African bush. 10.00 Sharks of Pirate Island A team of divers travels out to Cocos Island in search of the elusive hammerhead shark. 11.00 Miracle at Sea Hear the remarkable story of Tony Bullimore, who survived for five days under a capsized boat in freezing waters. 12midnight-1.00am The Elephants of Timbuktu Join a Malian scholar as he sets out into north Mali in search of a little-known population of elephants, and gain a fascinating insight into the natural history of these remarkable creatures.	7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00
9.00 Egos and Icons: Nirvana A fascinating look at the short history of the key 1990s band, with concert footage and interviews. 10.00 Behind the Music: Sting Gain an insight into the life and music of the former Police man turned successful solo artist and occasional actor, with a formidable collection of hits to his credit. 11.30 Pop-Up Video More pop trivia from the Pop-Up team. 12midnight Revolver Vintage TV music show hosted by Peter Cook. 1.00am Storytellers: Stevie Nicks 2.00 Soul Vibration 2.30 VH1 Country 3.00-6.00am VH1 Late Shift	9.00 Crocodile Hunter Where Devils Run Wild Join an adventure through the rugged and beautiful terrain of Tasmania. 10.00 Animal Weapons Armed to the Teeth Learn how animals' physical adaptations follow environmental conditions. 11.00 Emergency Vets Round-the-clock care for animal patients. 11.30-12midnight Emergency Vets	6.00 The Extremists Hair-raising sports. 6.30 Dealer's Choice Experts offer advice on buying used cars. 7.00 Rugby World Sevens Nine teams battle it out against reigning champs Fiji to become 2000 World Sevens champions. 8.00 Sunset Beach Ricardo wants his job back so he can look for Paula, who he believes has been kidnapped. 8.50 Chart Choice 9.00 Bad Girls Women's prison drama. Denny and Shaz are getting closer, while a new arrival at Larkhall threatens to cause trouble. 10.00 Emmerdale Catch up on the latest from the rural soap. Text 10.30 Nuts and Bolts Rizzla and the gang take things too far. 11.00 The Jerry Springer Show Jerry presides over more outrageous revelations and confrontations. 11.50 The Late Show with David Letterman Top-rated chat show with David Letterman and his celebrity guests. 12.40am Freaky Stories Ghoulish animation. 12.50 The Extremists 1.20-1.50am Dealer's Choice	6.00 Changing Rooms Redecorated Former Changing Rooms contestants reveal whether they genuinely approved of their room makeovers. 7.00 Real Rooms Devon Playroom With Simon Biagi. 7.30 Change That Ragley Hall Interior design roadshow. 8.00 Style Challenge Fashion experts perform more dream makeovers. 8.30 The Green Room Ideas for small gardens. 9.00 Home Front Kevin Allen shows why 1970s style is back to stay. 9.30 Big Strong Girls DIY tips from Fiona Quigley and Siobhan Palmer. 10.00 The House Doctor More homes have their prospects improved. 10.30 Real Rooms Decor makeover show. 11.00 Ground Force The team travels to Alloo to transform a garden. 11.30 BBC Gardener of the Year With Alan Titchmarsh. 12midnight Dan Pearson: Routes Around the World Kyoto Dan Pearson meets the last Zen priest practising garden design. 12.30am-1.00am Stefan's Garden Roadshow Horticultural advice.	6.25 Passport to the Sun Series looking at life in holiday season Majorca. 6.55 Crime Squad Series focusing on all aspects of crime. 7.30 Meet the Ancestors The Lost Souls Archaeological series. 8.00 Vets in Practice Under Pressure Trude fights to save the lives of a litter of kittens. 8.30 Accident and Emergency 9.00 Soldiers To Be I'm Alright Jack The female recruits take a three-day survival course. 9.35 Violent Planet Inferno A look at fire and how the natural world is able not only to survive it, but actually craves it. 10.35 John Gotti: Gangland Chart the meteoric rise of the so-called Teflon Don. 11.35 Paddington Green 12.05am-1.00am Trouble at the Top	NATIONAL GEOGRAPHIC CHANNEL FAMILY PACK 7.00pm The Mountain People Explorer Herve de Maigret returns to New Guinea to find the pygmy tribes he first encountered in 1969. 8.00 Stairway to the Sky Travel to the Philippines to hear how some 2000-year-old rice terraces are now under threat. 9.00 Lions of the African Night Follow the activities of a pride of lions through their daily cycle in the African bush. 10.00 Sharks of Pirate Island A team of divers travels out to Cocos Island in search of the elusive hammerhead shark. 11.00 Miracle at Sea Hear the remarkable story of Tony Bullimore, who survived for five days under a capsized boat in freezing waters. 12midnight-1.00am The Elephants of Timbuktu Join a Malian scholar as he sets out into north Mali in search of a little-known population of elephants, and gain a fascinating insight into the natural history of these remarkable creatures.	7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00
CHALLENGE TV MUSIC & GAMES PACK	DISCOVERY HOME & LEISURE WORLD PACK	DISCOVERY HOME & LEISURE WORLD PACK	DISCOVERY HOME & LEISURE WORLD PACK	RAPTURE BONUS CHANNEL	LOCAL CHANNEL ACCESS PACK	CHALLENGE TV MUSIC & GAMES PACK
5.00pm Cross Wits 5.30 Sale of the Century Presented by Keith Chegwin. 6.00 Family Fortunes Big money gameshow. 6.30 100% 7.00 Stars in Their Eyes 7.30 Beadle's About Hidden camera pranks. 8.00 Gladiators Physical challenge show. 9.00 Whittle 9.30 Strike it Lucky 10.00 Sale of the Century	10.30 Family Fortunes Big money gameshow. 11.00 Stars in Their Eyes 11.30 Winner Takes All 12midnight Beadle's About 12.30am Gladiators 1.30 The Cooler 2.00 Karaoke Challenge 2.30 3-2-1 3.30 The Krypton Factor 4.00 Say the Word 4.30 Whittle 5.00-6.00am Shopping with Screenshop	6.00am Joy of Painting 6.30 Garden Calendar 7.00 Garden Rescue 7.30 Doing It Up 8.00 How to with B & Q 8.05 House Doctor 8.35 Our House Down Under 9.05 Joy of Painting 9.35 Garden Calendar 10.05 How to with B & Q 10.10 Garden Rescue 10.40 Two's Country 11.10 Village Green 11.40 Home Savvy	12.10pm How to with B & Q 12.15 Hometime 12.45 This Old House 1.15 Home Again with Bob Vila 1.45 Wood Wizard 2.15 How to with B & Q 2.20 The New Yankee Workshop 2.50 Mod Cons 3.20 Rex Hunt Fishing Adventures 3.50-4.00pm How to with B & Q	10.00am Byte Me 10.30 World Wind Surf 11.00 Fearless 11.30 Freesport Special 12noon Chilli Factor 12.30pm Adrenalize 1.00 Fearless 1.30 Boardstupid 2.00 World Wind Surf 2.30 High Adrenaline Action 3.00 Chilli Factor 3.30 Freesport Special 4.00 Byte Me 4.30 World Wind Surf 5.00 Fearless 5.30-6.00pm Freesport Special	6.00pm LLTV - Local Life A daily magazine programme featuring local news, events and lifestyle features. 6.30 What's On TV 7.00 LLTV - Local Life 7.30 YCTV Programmes made by the stars of tomorrow featuring the stars of today. 8.00 Student Showcase 8.30 What's On TV 9.00-9.30pm LLTV - Local Life	CHALLENGE TV MUSIC & GAMES PACK

6.00 AM <
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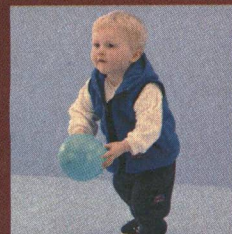
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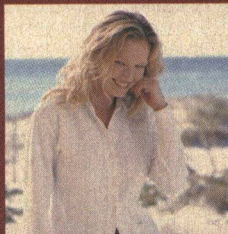
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children's wear



women's wear



modern home

empire

	SKY PREMIER PREMIUM CHANNEL	SKY MOVIEMAX PREMIUM CHANNEL	MOVIE RATINGS		
			Sky U: Suitable for viewing by all Sky PG: Parental Guidance suggested Sky 12: Suitable for viewers aged 12 years and over Sky 15: Suitable for viewing by people of 15 years or over Sky 18: Suitable for viewing by adults only Text: film is subtitled on page 888 of Fastext Widescreen: shown in cinema (letterbox) format		
MORNING	6.00am Curtain Call Text 1998, rating Sky PG, 90 mins 8.00 The Second Jungle Book: Mowgli and Baloo Text 1997, rating Sky PG, DS, 86 mins 9.30 Mousehunt Text 1997, rating Sky PG, 94 mins 11.15 Soccer Dog: The Movie Comedy about a smart dog. 1998, rating Sky PG, 94 mins 1.00pm The Horse Whisperer Robert Redford, Kristin Scott-Thomas, Sam Neill, Dianne Wiest Lushly romantic drama in which a legendary rancher and horse-trainer tries to rehabilitate a young girl and her horse after a terrible accident. Text 1998, rating Sky PG, 162 mins	6.15am To Live Again 1998, rating Sky PG, 86 mins 8.00 A Perfect Tribute Jason Robards, Lukas Haas 1991, rating Sky PG, 91 mins 10.00 The Creator's Game Dakota House, Matt Falcone Sports drama. 1999, 103 mins 12noon Au Pair Gregory Harrison, Jane Sibbett 1999, rating Sky U, DS, 90 mins 2.00pm To Live Again Bonnie Bedelia, Annabeth Gish Tense drama about a mother who locks her teenage daughter in her room after she shows signs of having a mental illness. Over a decade later, the girl is freed. 1998, rating Sky PG, 86 mins		SKY CINEMA PREMIUM CHANNEL	
	4.00 The Second Jungle Book: Mowgli and Baloo Jamie Williams, Bill Campbell, Roddy McDowall, Dyck Ashton Live action prequel to the classic original. The jungle boy raised by animals comes into the human world where he is pursued by a circus scout as a curiosity act. It later turns out that the boy is heir to a rich estate. Text 1997, rating Sky PG, DS, 86 mins 6.00 Mousehunt Nathan Lane, Lee Evans, Vicki Lewis, Maury Chaykin Slapstick comedy which follows the misfortunes of hard-up brothers whose plans to renovate a valuable building are thwarted by a tricky rodent in residence. To sell the building they must defeat the mouse which is no ordinary rodent. Text 1997, rating Sky PG, 94 mins 8.00 The Object of My Affection Jennifer Aniston, Paul Rudd, Kali Rocha, Lena Cardwell Romantic comedy about a young woman who, on discovering she is pregnant, persuades her homosexual flatmate to take on the role of husband and father in an unconventional partnership based on friendship alone. Text 1998, rating Sky 15, 107 mins 10.00 The Negotiator Samuel L Jackson, Kevin Spacey, David Morse, Ron Rifkin Action drama about a hostage situation in which a negotiator is framed for the murder of his partner. Unwilling to go down without a fight, he takes some hostages of his own. When another negotiator is brought in, they both know the game. Text 1998, rating Sky 15, DS, 134 mins 12.20am Playing God David Duchovny, Timothy Hutton Text 1997, rating Sky 18, 90 mins 1.55 That Old Feeling Text 1997, rating Sky 12, 100 mins 3.40 Scissors 1990, rating Sky 18, 92 mins 5.20-6.00am Femmes Fatales: Susan Sarandon	4.00 A Perfect Tribute Jason Robards, Lukas Haas, Campbell Scott, José Ferrer Period drama evocatively recreating the most turbulent time in US history. A young Southern boy travels across an America torn apart by the Civil War on a mission to find his dying brother at Gettysburg and ends up meeting Lincoln. 1991, rating Sky PG, 84 mins 6.00 Barbara Taylor Bradford's Secret Affair Janine Turner, Paudge Behan Emotional romantic drama from the blockbuster novelist that follows the changing fortunes of a beautiful American engaged to be married. She meets and falls in love with a reporter while in Venice but he is kidnapped while reporting on the war in Serbia. 1999, rating Sky PG, 84 mins 8.00 Alien Cargo Warwick Young, Missy Crider, Jason London, Brandon Burke PREMIERE Sci-fi monster movie in which the crew of a spaceship wakes from hibernation to find something is wrong – something alive in the cargo hold. Text 1999, rating Sky PG, 86 mins 9.30 Chameleon Bobbie Phillips, Philip Casnoff, Jerome Ehlers, Eric Lloyd PREMIERE Sci-fi thriller set in the year 2028. A female cyborg, programmed to kill, is able to transform herself into other shapes and forms. Text 1998, rating Sky 15, 86 mins 11.00 Atomic Dog Isabella Hofmann, Cindy Pickett Tense drama about a dog abandoned at a nuclear plant after a reactor leak. The radiation has a sinister effect on the dog which sires strange puppies. 1998, rating Sky PG, 83 mins 12.30am Always Outnumbered Laurence Fishburne, Bill Cobbs 1998, rating Sky 15, DS, 104 mins 2.20 The Lion of Africa 1987, rating Sky 15, 105 mins 4.10-6.00am Au Pair 1999, rating Sky U, DS, 90 mins	4.00pm The Story on Page One Rita Hayworth, Gig Young, Anthony Franciosa Tense murder trial drama about a lawyer who agrees to defend a woman accused of murdering her husband. It transpires that she was certainly cheating on him – but did she go further and actually kill her husband? 1959, rating Sky PG, 118 mins 6.00 Knock on Any Door Humphrey Bogart, John Derek, Allene Roberts, Mickey Knox Film noir about an attorney who has made it out of the slums and attempts to defend a young man on trial for murder. His client lost his paycheck gambling and then found out his wife was pregnant – after her suicide. Turning to crime again, he shot a cop. 1948, rating Sky PG, 96 mins 8.00 The Flying Leathernecks John Wayne, Robert Ryan, Janis Carter, Jay C Flippen World War II drama set during the run-up to the Battle of Guadalcanal. Two United States Air Force officers start to clash over their fundamentally different approaches to the treatment of the men under their command. 1951, rating Sky PG, 97 mins 10.00 Clean and Sober Michael Keaton, Kathy Baker, Morgan Freeman, Tate Donovan Detox drama about a fast-living, money-embezzling, drug-taking, alcoholic yuppie who gets into even more trouble when his girlfriend dies of an overdose. He won't admit to his problems but takes refuge in a drug and alcohol rehabilitation centre. 1988, rating Sky 15, 119 mins 12midnight Backstreet Dreams Brooke Shields, Jason O'Malley 1991, rating Sky 18, 96 mins 1.40am Lady Caroline Lamb 1972, rating Sky 15, 118 mins 3.40 The Lone Wolf Strikes 1940, rating Sky U, 64 mins 4.50-6.00am Lone Wolf Keeps a Date 1940, rating Sky PG, 62 mins	Jason London and Missy Crider battle a space stowaway in the premiere of 'Alien Cargo'. Sky MovieMax 8.00pm	
				FILMFOUR ADD-ON CHANNEL 6.00pm The Young Ones Cliff Richard, Robert Morley, Carole Grey, Richard O'Sullivan Musical in which a young would-be pop singer finds his local youth club threatened by the plans of a ruthless property developer who intends to build a new office block on the site. The budding music star hides a guilty secret – the villain of the piece is his own father. 1961, 104 mins 8.00 Birdman of Alcatraz Burt Lancaster, Karl Malden, Thelma Ritter, Neville Brand Fact-based drama about a man condemned to life in jail in the notorious prison hewn out of rock in San Francisco Bay. He seeks solace from this forbidding existence by raising and selling birds. Eventually his expertise is recognised and sought out and he becomes a world-renowned authority on birds. Text 1961, 143 mins 10.30 Pulp Fiction John Travolta, Uma Thurman, Bruce Willis, Samuel L Jackson Oscar-winning crime thriller which presents three linked stories. A mobster is hired to look after his boss's wife, a fading boxer is trying to pull a fast one on the mob and two hitmen have an accident in a car which requires specialist valeting. Text 1994, 148 mins 1.00am Bande à Part Anna Karina, Sami Frey Robbery caper. 1964, 97 mins 2.40 Get Shorty John Travolta, Gene Hackman Action comedy. Text 1995, 101 mins 4.25-6.00am Head Monkees comedy 1968, 86 mins	Create your own personal TV diary: www.cableguide.co.uk CARLTON CINEMA LIFESTYLE PACK 7.00pm The Primrose Path Ginger Rogers, Joel McCrea, Miles Mander, Henry Travers Drama about a relationship that leads to marriage but sours when the husband starts to find out more about his bride's past and family. Her family not only come from a bad part of town, but her father is a drunk and her mother is a prostitute. 1940, 93 mins 9.00 Rancho Deluxe Jeff Bridges, Sam Waterston, Clifton James, Slim Pickens Raunchy comedy Western about two modern-day cattle rustlers. Against the spectacular backdrop of Montana's wide, open spaces, the rustlers arrive from wildly different backgrounds. They scrape together a living targeting cattle from a wealthy rancher. 1975, 93 mins 11.00 Trouble in Mind Kris Kristofferson, Lori Singer, Keith Carradine, Divine Offbeat tale in which an ex-cop fresh out of jail arrives in a town run by gangsters. He falls for one of their wives. 1985, 112 mins 1.00am Gorky Park William Hurt, Lee Marvin Thriller. Text 1983, 128 mins 3.15 Memories of Me Billy Crystal, Alan King Comic drama. 1988, 105 mins 5.00-7.00am The Rains Came Myrna Loy, Tyrone Power Colonial drama. 1939, 104 mins

FRONT ROW

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See channel 50 or your Front Row spread on pages 14, 15 for further details.

KEY TO FILM CONTENT

T/C: Theme/Content

BL: Bad Language

S/N: Sex/Nudity

V: Violence

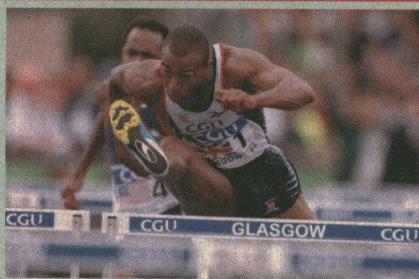
Channel 51 Matinee	Channel 51 Evening	Channel 52	Channel 53
WILD WILD WEST Rating 12, 102 mins Comedy Western. A pair of special agents are sent to track down a diabolical genius who is plotting to kill the US President with a huge walking weapon transporter. Stars Will Smith and Kevin Kline. T/C: Comedy, Western. BL: Occasional, mild. S/N: Some moderate references. V: Frequent, moderate. 6.00am, 8.00am, 10.00am, 12noon, 2.00pm, 4.00pm	WILD WILD WEST Rating 12, 102 mins Comedy Western. A pair of special agents are sent to track down a diabolical genius who is plotting to kill the US President with a huge walking weapon transporter. Stars Will Smith and Kevin Kline. T/C: Comedy, Western. BL: Occasional, mild. S/N: Some moderate references. V: Frequent, moderate. 6.00pm, 8.00pm, 10.00pm, 12midnight, 2.00am, 4.00am	UNIVERSAL SOLDIER: THE RETURN Rating 18, 80 mins Action. A project to create a new breed of soldier seems to be going well, but then a computer develops a mind of its own. Stars Jean-Claude Van Damme. T/C: Action, sci-fi. BL: Occasional, strong. S/N: Some moderate nudity. V: Frequent, strong. 6.50pm, 8.30pm, 10.10pm, 11.50pm, 1.30am, 3.10am	THE MATRIX Rating 15, 131 mins Sci-fi thriller. A young man, who has been searching for the truth all his life, finds himself pitched into a sinister world of virtual reality. Stars Keanu Reeves, Carrie-Anne Moss and Laurence Fishburne. T/C: Sci-fi, adventure, virtual reality. BL: Occasional, mild. S/N: None. V: Frequent, strong, fantasy. 6.30pm, 9.00pm, 11.30pm, 2.00am

SKY ONE ACTION/ SELECTION PACKS	UK GOLD LIFESTYLE/ SELECTION PACKS	LIVING LIFESTYLE PACK	GRANADA PLUS ACTION PACK	DISNEY CHANNEL ADD-ON/ PREMIUM CHANNEL	
6.00am Long Play 7.30 Mega Babies 8.00 Godzilla 8.30 Mummies Alive 9.00 Pokémon 9.30 Pokémon 10.00 Pokémon 10.30 The Simpsons Text 11.00 World Wrestling Federation – Superstars 12noon The New Adventures of Superman Text 1.00pm Dream Team Text 2.00 Mega Babies 2.30 Godzilla	6.00am May to December 6.40 Bread Text 7.15 Birds of a Feather Text 7.50 Open All Hours 8.25 EastEnders Text 9.00 The Bill Text 9.30 The Bill Text 10.00 Bergerac 11.00 Knots Landing 11.55 Neighbours 12.25pm EastEnders Text 1.00 Ballykissangel 2.00 Knots Landing	6.00am Ready, Steady, Cook 6.30 Can't Cook, Won't Cook 7.00 Tiny Living 9.00 Brookside 9.30 Home and Away 10.00 The Jerry Springer Show 10.50 Forgive or Forget 11.40 Maury Povich 12.30pm Special Babies 1.00 Reality Slot 1.30 Judge Judy 2.00 Streetmate 2.30 Maury Povich 2.30 Compelling talk show.	6.00am Hawaii Five-0 7.00 Plus on Plus 7.30 Jokers Wild 8.00 Shang-a-Lang 8.30 George and Mildred 9.00 Classic Coronation Street Text 9.30 Second Thoughts 10.00 Mission: Impossible 11.00 That's My Boy 11.30 Batman 12noon Classic Coronation Street Text 12.30pm Second Thoughts 1.00 George and Mildred 1.30 Robin's Nest 2.00 Hawaii Five-0	4.30am Winnie the Pooh 4.45 Music Time 4.50 Olie 5.00 Bear in the Big Blue House 5.25 Art Play 5.30 PB and J Otter 5.45 Bite Size 6.00 Toons 6.05 Circle Time 6.10 Olie 6.20 Spot 6.30 Out of the Box 7.00 Mickey Mouseworks 7.30 101 Dalmatians 8.00 Aladdin 8.30 Recess 9.00 Art Attack 9.35 Sabrina 10.00 FILM: The Phoenix and the Carpet 1997 11.30 Miami 7 12noon Circus Kids 12.30pm Boy Meets World 1.00 FILM: Basil the Great Mouse Detective 1986 2.15 Mickey Mouseworks 2.45 101 Dalmatians	6.00 AM MORNING
3.00 Mummies Alive <i>Pepped With Good Intentions</i> Apep romances Nefertina. 3.30 Pokémon <i>The Flame Pokémon-Athon</i> The friends arrive at a prairie. 4.00 Pokémon <i>The Kangaskhan Kid</i> Ash is in a safari zone. 4.30 Pokémon <i>The Bridge Bike Gang</i> The friends are trapped. 5.00 Star Trek: Voyager <i>Alliances</i> To strengthen Voyager's position in the quadrant, Janeway reluctantly seeks to form an alliance with the Kazon. 6.00 Xena: Warrior Princess <i>Eve</i> Xena must decide whether she can kill her own daughter who continues a murderous campaign. 7.00 The Simpsons <i>Treehouse of Horror VII</i> A trio of terrifying tales. Text 7.30 The Simpsons <i>Lost Our Lisa</i> Lisa becomes lost. Text 8.00 The Best of Stargate SG-1 <i>Dead Man's Switch</i> While on an exploration, SG-1 is captured by a seemingly unfeeling bounty hunter. Text 9.00 Good vs Evil <i>Love Conquers Evil</i> A Morlock dating service tries to wipe out the entire Hollywood Division by sending the agents on dates with demons. 10.00 Unmasked! Secrets of Deception Experts, skilled in the techniques of deception, expose the mysteries behind bizarre world-wide phenomena. Text 11.00 America's Dumbest Criminals Text 11.30 America's Dumbest Criminals A slow-witted crook returns to the scene of his crime. Text 12midnight Star Trek: Voyager 1.00am LAPD 1.30 LAPD 2.00 World's Wildest Police Videos Text 2.50 World's Wildest Police Videos Text 3.40 The Untouchables Text 4.30 Manhunter 5.20 The Newlywed Game 5.40-6.00am The Newlywed Game	3.00 The Bill <i>Fool</i> Text 3.30 The Bill <i>Animals</i> Ackland and Blake investigate dog fighting. Text 4.00 EastEnders Grant receives bad news and David has business trouble. Text 4.35 Neighbours The beauty of cricket brings Wayne, Mark and Brad together. 5.00 May to December <i>I Remember it Well</i> Alec starts to get on so well with Zoe's parents that she begins to feel left out. 5.40 Bread Adrian's in love, and Jack's back buying and selling. Text 6.20 Waiting for God Tom decides on a policy of complete honesty and Diana has to cope with her niece. 7.00 The Good Life <i>The Early Birds</i> With Richard Briers. 7.40 Birds of a Feather <i>Mice</i> Tracey plans to hold a perfume-selling party. Text 8.20 Open All Hours Sitcom about miserly shopkeeper Arkwright and his downtrodden nephew and assistant, Granville. 9.00 Only Fools and Horses <i>Thicker Than Water</i> It's Christmas time for the Trotters. 9.40 dinnerladies <i>Nightshift</i> Tony is away and Bren finds it difficult to motivate Twinkle. 10.20 One Foot in the Grave <i>Return of the Speckled Band</i> Victor celebrates his birthday. 11.00 Operation Good Guys <i>Open Day</i> DI Beach decides it is time for some emergency fund-raising. 11.40 The Bill Text 12.15am The Bill Text 12.45 Live at Jongleurs 1.20 Only Fools and Horses 2.00 One Foot in the Grave 2.35 Monty Python's Flying Circus 3.10 EastEnders Text 3.45 Dangerfield 4.40 Dynasty 5.30-6.00am Angels	3.20 Party of Five <i>In Loco Parentis</i> Bailey has to confront the effects of drugs on a friend and Charlie enters a father's support group. 4.10 Mystic Challenge Paul Ross presents a game show where psychics, astrologers and palmists have their powers put to the test. 4.40 Forgive or Forget Host Mother Love deals with a series of real problems in a variety of relationships. 5.30 Ready, Steady, Cook Fern Britton hosts the cookery show in which two top chefs compete against the clock. 6.10 The Jerry Springer Show Outrageous American talk show in which Jerry Springer and his guests engage in lively chat. 7.00 Judge Judy The New York family court judge presides over real-life cases. 7.30 Streetmate Davina McCall scours the country looking for single people. 8.00 LA Doctors Drama series about a group of LA physicians who turn their backs on the corporate medical system to set up their own practice. With Sheryl Lee. 9.00 The Politician's Wife: Part II Conclusion of the mini-series about a spouse who learns that her husband, a Member of Parliament, is having an affair, and how she sets about wreaking her vengeance upon him. With Trevor Eve and Juliet Stevenson. 10.50 Secret Suburbia A look at seemingly ordinary suburban residents who live extraordinary lives. 11.20-12midnight Eden Adult series.	3.00 Mission: Impossible <i>Decoy</i> Phelps happens to fall in love with a woman who the IMF has been assigned to bring out of an Iron Curtain country. 4.00 The Sweeney <i>Big Spender</i> While on a routine surveillance, Regan uncovers a multi-thousand pound car parking fraud which ends in a shoot-out. 5.00 Hart to Hart <i>The Murder of Jonathan Hart</i> The adventures of husband and wife detectives Jonathan and Jennifer Hart. With Robert Wagner and Stefanie Powers. 6.00 Bullseye Dart quiz show hosted by the comic Jim Bowen. 6.30 Classic Coronation Street Classic soap drama. Text 7.00 Batman <i>The Bookworm Turns</i> The Bookworm gases Robin. 7.30 Robin's Nest <i>September Song</i> Comedy with Richard O'Sullivan. 8.00 Boon <i>Burning Ambition</i> Teaming up with his best friend, Ken becomes the proud owner of a run-down Birmingham hotel – and that's when the fun begins. 9.00 The Sweeney <i>Contact Breaker</i> A shop is used for access to rob a bank and Regan thinks there was inside assistance. 10.00-11.00pm Taggart <i>Death Call – Part I</i>	4.30am Winnie the Pooh 4.45 Music Time 4.50 Olie 5.00 Bear in the Big Blue House 5.25 Art Play 5.30 PB and J Otter 5.45 Bite Size 6.00 Toons 6.05 Circle Time 6.10 Olie 6.20 Spot 6.30 Out of the Box 7.00 Mickey Mouseworks 7.30 101 Dalmatians 8.00 Aladdin 8.30 Recess 9.00 Art Attack 9.35 Sabrina 10.00 FILM: The Phoenix and the Carpet 1997 11.30 Miami 7 12noon Circus Kids 12.30pm Boy Meets World 1.00 FILM: Basil the Great Mouse Detective 1986 2.15 Mickey Mouseworks 2.45 101 Dalmatians	3.00 PM MORNING
				3.15 100 Deeds for Eddie McDowd <i>False Hero</i> Text 3.45 The Famous Jett Jackson The adventures of the top television superstar. 4.15 Honey, I Shrunk the Kids: The TV Show Science is serious fun in the Szalinski household, where dad's an eccentric inventor. Text 5.00 Recess Youngsters cope with the problems of growing up. Text 5.30 Smart Guy <i>TJ versus the Machine</i> TJ battles a computer. Text 6.00 Teen Angel <i>One Dog Night</i> Steve has a flashback. Text 6.30 Home Improvement <i>Let's Go to the Videotape</i> Tim's gets in trouble. Text 7.00 FILM: The Phoenix and the Carpet <i>Miriam Margoyles, David Suchet, Christopher Biggins</i> Exciting adventure based on E Nesbit's classic children's story. Some children experience an adventure when a strange egg produces a magical phoenix and his friend. Text 1997 8.35 Honey, I Shrunk the Kids: The TV Show Science is serious fun in the Szalinski household. Text 9.20 Flipper Live action marine adventure in Florida with TV's most famous dolphin. Text 10.05 Home Improvement Comedy double bill. Text 11.00 Touched by an Angel Text 11.50-12midnight Toons	4.00 PM MORNING
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	EUROSPORT NEWS & SPORT/ SELECTION PACKS	SKY SPORTS 1 PREMIUM CHANNEL	SKY SPORTS 2 PREMIUM CHANNEL	SKY SPORTS 3 PREMIUM CHANNEL	SCI-FI ACTION PACK	MTV MUSIC & GAMES PACK
MORNING	6.00 AM 7.30am Sumo 8.30 Eurogoals 10.00 Truck Sports 10.30 Motorcycling 11.30 Rally 12.30pm Sailing 1.00 Beach Soccer Third round action from the Golden League competition in Velden, Austria. 2.00 Football Highlights from all the best, most tense and most dramatic moments from the Euro 2000 competition, following the progress – or lack of it – of the minnows as well as the favourites.	7.00am World Wrestling Federation – Metal 8.00 You're On Sky Sports! 9.00 Racing News 9.30 Worthington Cup Football 11.00 Cricket: PPP Healthcare County Championship – LIVE 1.15pm Sporting Auction Preview: Premier League Charity Auction 1.45 Cricket: PPP Healthcare County Championship – LIVE Live ball-by-ball action from the second day's play in a top PPP Healthcare County Championship match. Charles Colville presents the action as it happens.	7.00am Aerobics Oz Style 7.30 Racing News 8.00 Fastrax 8.30 Horsepower 9.00 Premier Snooker League 11.00 Inside Scottish Football 12noon Total Sport 12.30pm Worthington Cup Football 2.00 Golf: Euro Tour – North West of Ireland Open	12noon Golf: Mastercard British Professional Tour – Hawkstone Park Action from the British professional tour. 1.00pm Sports Unlimited A comprehensive look at the world of alternative sports. 2.00 Big Fights: Nino Benvenuti Focusing on Italian former champion Nino Benvenuti.	8.00am Buck Rogers in the 25th Century 9.00 Land of the Giants 10.00 Swamp Thing 10.30 Swamp Thing 11.00 The Six Million Dollar Man 12noon Babylon 5 1.00pm Amazing Stories 1.30 Amazing Stories 2.00 Buck Rogers in the 25th Century	6.00am Select MTV 8.00 MTV Hits 9.00 Bytesize MTV 11.00 MTV Hits 12.30pm Daily Edition Music and entertainment news with Edith Bowman and Emma Ledden. 1.00 MTV Hits 2.00 The Lick R&B Chart Show Presented by Trevor Nelson.
3.00 PM	4.00 Start Your Engines Motor programme that gives racing news and racing highlights from the Indy Lights competition.		3.00 Golf Extra Golf show hosted by Dominik Hoyer that keeps golf fans up to date with all the latest news from the major tours on the current golfing circuit. The show also looks ahead to forthcoming events, offers behind-the-scenes features and interviews all the worlds top golfers.	3.00 A to Z of Motorsport Programme tracing the history of motor racing. 3.30 Fastrax Alternative sport series. 4.00 World Cup Showjumping: Showpark Racing Special A focus on the Showpark Racing Festival. 5.00 World Wrestling Federation – Metal Wrestling programme featuring all the latest action. Presented by Michael Cole.	3.00 Max Headroom Grossberg's Return Grossberg blames Cheviot, Carter, Theora and Max for a past failing and intends revenge. 4.00 Land of the Giants Giants, and All That Jazz An expert trumpeter uses his skill to help his friends and a kindly giant. 5.00 Swamp Thing Brotherly Love Tressa is wisely hesitant. 5.30 Swamp Thing An Eye for an Eye A deadly panther appears.	3.00 Bytesize MTV Highlights and bizarre moments from different MTVs around the world. 3.55 MTV's Pop Single of the Week 4.00 Select MTV Viewers make MTV their personal jukebox. Live from London every day, two hours of chat, videos and guest appearances from some of the most promising names in pop.
4.00 PM	5.00 CART Extensive coverage of the 14th round of the FedEx Championship series at Road America in Elkhart Lake, America.		5.00 Watersports World Series that offers a guide to all sporting action on water, from powerboating to canoeing.	5.00 World Wrestling Federation – Metal Wrestling programme featuring all the latest action. Presented by Michael Cole.	5.00 Swamp Thing Brotherly Love Tressa is wisely hesitant. 5.30 Swamp Thing An Eye for an Eye A deadly panther appears.	
5.00 PM	6.00 Athletics – LIVE Coverage of the EAA Outdoor Permit Meeting in Cottbus, Germany. Tonight's field should include world champion Colin Jackson in the 110m hurdles and Heike Drechsler in the long jump. 7.30 Football – LIVE Coverage of the Uefa Champions League qualifying round. Teams that did not manage to qualify for the Champions League automatically are given the opportunity to compete against each other in a bid to gain entry.	6.00 Sky Sports Centre 6.30 Sporting Auction Preview: Premier League Charity Auction 7.00 World Football Show 7.30 Gillette Soccer Special Presented by Jeff Stelling with a panel of respected footballing pundits.	6.00 Telegraph Action Sport Programme offering an insight into action sports. 6.30 The Winning Post: Brighton/Perth – LIVE The runners and riders are under starter's orders at Brighton and Perth for coverage of the evening's horse racing.	6.00 Euro Tour Weekly Roundup of all the latest Euro Tour Golf action. 6.30 Wild Spirits Extreme sports news.	6.00 The Six Million Dollar Man The Bionic Criminal A second bionic man is using his abilities for criminal purposes 7.00 Amazing Stories Blue Man Down A cop gets strange aid. 7.30 Amazing Stories The 21-Inch Sun A plant starts writing.	6.00 Bytesize MTV A non-stop mix of highlights and bizarre moments from around the MTV network.
6.00 PM	7.00 PM Coverage of the Uefa Champions League qualifying round. Teams that did not manage to qualify for the Champions League automatically are given the opportunity to compete against each other in a bid to gain entry.		8.30 Golf Extra Dominik Hoyer hosts the show that keeps golf fans up to date with all the latest news from the major tours on the current golfing circuit. The programme also looks ahead to forthcoming events, offers behind-the-scenes features and interviews all the top golfing stars.	7.00 Trans World Sport In-depth news and information, including reports on every sporting activity imaginable. 8.00 Rugby League World Programme that keeps viewers up to date with all the latest rugby league developments from around the world, from the UK to Australia. 9.30 Australian Rally Championships Action from the Australian Rally Championships.	7.00 Amazing Stories Blue Man Down A cop gets strange aid. 7.30 Amazing Stories The 21-Inch Sun A plant starts writing. 8.00 Quantum Leap Song for the Soul Sam becomes a member of the all-girl group the Lovettes and deals with their dodgy manager. 9.00 Rocket Men Documentary programme that tells the human-interest story of the men who were the true pioneers of the space age.	7.00 MTV Hits A rollercoaster of uninterrupted music videos featuring the latest from the MTV play list.
7.00 PM	8.00 PM Coverage of the Uefa Champions League qualifying round. Teams that did not manage to qualify for the Champions League automatically are given the opportunity to compete against each other in a bid to gain entry.		10.30 British Superbike: Full Throttle Coverage of the British Superbike race with just two legs left in the season. 11.30 Australian Rally Championships Action from the Australian Rally Championships. 12midnight Euro Tour Weekly 12.30am Showjumping: Spruce Meadows – ATCO Structures Double Slalom 1.30 Telegraph Action Sport: Action Sport 2.00 Wild Spirits 2.30-3.30am Watersports	8.00 Rugby League World Programme that keeps viewers up to date with all the latest rugby league developments from around the world, from the UK to Australia. 9.30 Australian Rally Championships Action from the Australian Rally Championships.	8.00 Quantum Leap Song for the Soul Sam becomes a member of the all-girl group the Lovettes and deals with their dodgy manager. 9.00 Rocket Men Documentary programme that tells the human-interest story of the men who were the true pioneers of the space age.	8.00 The Lick R&B Chart Show Soul music aficionado Trevor Nelson takes a look at the hottest tracks on the UK scene.
8.00 PM	9.00 PM Coverage of the Uefa Champions League qualifying round. Teams that did not manage to qualify for the Champions League automatically are given the opportunity to compete against each other in a bid to gain entry.			10.00 Steve Davis and Friends: Barry McGuigan Boxing legend Barry McGuigan chats with Steve Davis.	8.00 Quantum Leap Song for the Soul Sam becomes a member of the all-girl group the Lovettes and deals with their dodgy manager. 9.00 Rocket Men Documentary programme that tells the human-interest story of the men who were the true pioneers of the space age.	8.00 The Lick R&B Chart Show Soul music aficionado Trevor Nelson takes a look at the hottest tracks on the UK scene.
9.00 PM	10.00 PM Coverage of the Uefa Champions League qualifying round. Teams that did not manage to qualify for the Champions League automatically are given the opportunity to compete against each other in a bid to gain entry.	10.00 You're On Sky Sports! The show that allows enthusiasts to talk about the key issues facing the world of football. 11.00 Futbol Mundial Football action from around the world. 11.30 Trans World Sport Programme covering sports news, tournaments and competitions all around the world. 12.30am Rugby League World 2.00 British Superbike: Full Throttle 3.00-4.00am You're On Sky Sports!		11.00-11.30pm Brian Moore Interviews Brian Moore interviews famous footballers.	9.00 Rocket Men Documentary programme that tells the human-interest story of the men who were the true pioneers of the space age.	9.00 Daily Edition All the latest music and entertainment news. 9.30 Biorhythm: TLC Featuring the biggest-selling female trio ever.
10.00 PM	11.00-12.30am Xtreme Sports Coverage of the extreme sports summer games.				9.00 Rocket Men Documentary programme that tells the human-interest story of the men who were the true pioneers of the space age.	9.00 Daily Edition All the latest music and entertainment news. 9.30 Biorhythm: TLC Featuring the biggest-selling female trio ever.
11.00 PM					10.00 FILM: Bad Taste Terry Potter, Pete O'Heren A sleepy coastal region is being invaded by aliens from another planet searching for human flesh to use as meat in their fast-food chain. 1988 11.45 Sci-Focus Special A look at a recent film. 12midnight FILM: Monster City Animated Japanese horror movie. 1993 1.30am Cybernet 2.00 The Net Bulls and Bears 3.00-4.00am Babylon 5 Strange Relations	10.00 The Tom Green Show Anarchic comedy show. 10.30 The Blame Game Mock court drama. 11.00 The Late Lick Trevor Nelson brings you up to date with the world of R&B. With new videos, news and interviews with the scene's heavyweights. 12midnight Yo! All the best hip-hop and rap. 1.00am Lyricists Lounge Launch Preview NEW A special preview of the forthcoming season of the hip-hop variety show. 1.30-6.00am Night Videos Music through the night.
12.00						
NIGHT TIME						

LIVE ATHLETICS: EAA OUTDOOR PERMIT MEETING, COTTBUS EUROSPORT 6.00PM

Tonight's EAA Outdoor Permit Meeting in Cottbus, Germany, offers another pre-Olympic warm-up for a host of track and field stars. It's the right moment for a superb run, jump or throw at a top international meeting, but the wrong time to sustain any form of injury, with Sydney 2000 only a month away. Among those taking this opportunity will be Britain's world champion 110m hurdler Colin Jackson (pictured), home favourites Heike Drechsler in the long jump and Lars Riedel in the discus.



PLAYBOY TV/ ADULT CHANNEL ADD-ON CHANNEL

10.00pm Freeview 10.06
FILM: Stripsearch Seattle
11.15 Passion Cove
12midnight Freeview
12.10am The Sex Clinic
with Dr Jenny Tulls
12.30 Adult Feature
1.05 FILM: Adult Feature
2.15 Panties 2.45-4.00am
FILM: American Pie

Adult Nightview is now available as a TV on-demand service between 10.00pm and 4.00am at £4.95. See channel 50 for details

TELEVISION X ADD-ON CHANNEL

12midnight
The Ten Minute Preview
12.10am FILM: Planet X 1.00
The Five Minute Freeview
1.05 FILM continues
1.20 FILM: Taboo
2.30 FILM: Alert
3.40-4.00am
Pistols 'n' Petticoats

Adult Nightview is now available as a TV on-demand service between 12midnight and 4.00am at £4.95. See channel 50 for details

VHI MUSIC & GAMES PACK	ANIMAL PLANET WORLD PACK	 Alvin Hall offers more financial advice in 'Your Money or Your Life'. UK Style 9.00pm	UK STYLE LIFESTYLE PACK	UK HORIZONS WORLD/ ACCESS PACKS	CARLTON FOOD NETWORK LIFESTYLE PACK	
6.00am Power Breakfast 8.00 Pop-Up Video 9.00 Upbeat 12noon Behind the Music: Donna Summer A look at the many sides of the resilient singer. 1.00pm Greatest Hits: Bob Marley All the legendary hits. 1.30 Pop-Up Video 2.00 Jukebox The viewers' request show that turns your TV into a music video jukebox.	12noon Croc Files 12.30pm Going Wild with Jeff Corwin <i>Alaska</i> 1.00 Aspinall's Animals <i>Bongos - With Care</i> 1.30 Aspinall's Animals <i>Lions and Leopards</i> 2.00 Pet Rescue More RSPCA rescues. 2.30 Kratt's Creatures <i>Wings</i> 3.00 K-9 to 5 Profiling the pooches with unique jobs - from snake sniffers to truffle hunters. 3.30 K-9 to 5 A look at working dogs.	ITV2 ACCESS PACK	7.00am Style World 7.30 Holiday Swaps 8.00 Ready, Steady, Cook 8.30 Can't Cook, Won't Cook 9.00 Repair to Remember 9.30 Real Rooms 10.00 Change That 10.30 A Room with a Clue 11.00 Home Front: Inside Out 12noon Good Living 12.30pm Style Challenge 1.00 Gary Rhodes 1.30 Ready, Steady, Cook 2.00 BBC Gardener of the Year 2.30 Charlie's Garden Army 3.00 Ground Force Treherbert The team transform a small corner patio. 3.30 Front Gardens The Sloping Garden 4.00 Stefan's Garden Roadshow Help and advice on gardening dilemmas. 4.30 Good Living Lifestyle series. 5.00 Can't Cook, Won't Cook Cookery challenge. 5.30 Repair to Remember With Mag Ruffman. 6.00 Antiques Roadshow US Experts appraise Mexican silver, Native American pottery and a Durer engraving in Albuquerque. 7.00 Real Rooms Bristol Kitchen Makeover show. 7.30 Change That Alexandra Palace Interior design roadshow. 8.00 Style Challenge Fashion experts give people dream makeovers. 8.30 The Flower Show Floral and interior design. 9.00 Your Money or Your Life Pecuniary advice. 9.30 The House Doctor With Ann Maurice. 10.00 Our House Brightening up a room in West Bridgford fire station. 10.30 Real Rooms Loxley School Loos Interior makeover show. 11.00 Learn to Garden with Stefan Buczaccki Gardening for the novice. 11.30 Ground Force Treherbert 12midnight Gardeners' World Gardening show presented by Alan Titchmarsh. 12.30am-1.00am Stefan's Garden Roadshow Stefan Buczaccki offers help and advice on a variety of gardening dilemmas.	7.00am Tomorrow's World Plus 7.50 Himalaya 8.50 Animal Hospital 9.20 Tomorrow's World Plus 10.15 Amazon - Forest of Cats 11.15 Top Gear GTi 12.15pm Airport 12.45 Airport 1.15 Passport to the Sun 1.45 The Cruise 2.15 The Cruise 2.45 Twins A look at the mysteries surrounding the links between twins. 3.45 Animal Hospital Rolf Harris catches up with the action at the busy 24-hour RSPCA hospital. 4.20 Vets in Practice Bonnie and Clyde Trude has to treat a dog with an itch. 4.50 Animal People Nibha of the Elephants Explore the bond between humans and animals. 5.25 Driving School Fly-on-the-wall series. 5.55 Lakesiders Fly-on-the-wall series. 6.25 Passport to the Sun Peter Stringfellow takes Liza out on his boat. 6.55 Crime Squad Series focusing on all aspects of crime. 7.30 Meet the Ancestors The French Connection With Julian Richards. 8.00 Vets in Practice Bonnie and Clyde A dog has an itch. 8.30 Accident and Emergency A nurse breaks bad news. 9.00 Soldiers to Be One of the Boys The platoon prepares for a dawn attack. 9.35 Violent Planet Storm A look at hurricanes. 10.35 Young Guns An investigation into America's obsession with guns and gun culture and how gun ownership has affected young people. 11.35 Paddington Green 12.05am-1.00am Trouble at the Top Robin Rides Again	7.00am Tessa's Tastebuds 7.30 Coxon's Kitchen College 8.00 Food Network Daily 8.45 Quick Cooks 9.00 Red Hot 'n' Smokin' 9.30 Classic Dishes 10.00 Cocktail Challenge 10.30 A Year at Ballymaloe 11.00 Flash in the Pan 11.30 Chef for a Day 12noon Four Burners and a Grill 12.30pm The Spice Trail 1.00 Coxon's Kitchen College 1.30 Spice World 2.00 Network Daily 2.45 Quick Cooks 3.00 Red Hot 'n' Smokin' With the Nosh brothers. 3.30 Tessa's Tastebuds Celeri and Celeriac 4.00 A Year at Ballymaloe With Darina Allen. 4.30 Classic Dishes With Mridula Baljekar. 5.00 A to Z of Food and Beauty 5.30 Four Burners and a Grill 6.00 Coxon's Kitchen College 6.30-7.00pm Celebrations	6.00 AM MORNING 3.00 PM 4.00 PM 5.00 PM 6.00 PM
4.00 Video Timeline: Elton John A video exploration of the flamboyant star's career. 4.30 Greatest Hits: Elton John 5.00 Ten of the Best: Mick Hucknall The Simply Red singer selects his top ten music videos of all time. 6.00 VH1 to One: Whitney Houston The pop sensation talks about her career to date. 6.30 Greatest Hits: Bob Marley 7.00 VH1 Hits Two hours of top tracks from the VH1 playlist.	4.00 Animal Planet Unleashed It is reptile day on the Isle of Dogs in London. 4.30 Croc Files With Steve and Terri Irwin. 5.00 Pet Rescue Follow the fortunes of abandoned animals. 5.30 Going Wild with Jeff Corwin Hawaii 6.00 The Aquanauts A look at Tahiti's shark-infested waters. 6.30 Croc Files Behind the scenes at Steve and Terri Irwin's zoo. 7.00 Devil's Playground Explore the world of the Tasmanian devil, whose jaw pressure is eight times greater than a Doberman's. 8.00 Tarantulas and Their Venomous Relations A look at several new spider species which have recently been discovered. 9.00 Crocodile Hunter Sharks Down Under Steve Irwin takes a close look at several different species of shark. 10.00 Animal Weapons Fatal Encounters How wildlife use traps and sensory detectors to find and kill their prey. 11.00 Emergency Vets Trouble and life at the animal ER in Denver. 11.30-12midnight Emergency Vets	4.00pm Trisha A double bill of more heartwarming and hair-raising true stories with Trisha Goddard and a studio audience. Text 6.00 The Extremists Series about hair-raising sports and activities. 6.30 Dealer's Choice An offbeat look at the world of buying used cars. 7.00 Rugby World Sevens Ten teams face an intense and gruelling battle to become 2000 World Sevens Champions. 8.00 Sunset Beach Annie is annoyed about Ben's party date and Paula frees herself while Eddie tries to help her escape. 8.50 Chart Choice 9.00 Bad Girls A new prisoner, Renee, makes enemies fast which leaves a growing list of inmates harbouring murderous intentions. 10.00 Coronation Street A chance to catch tonight's episode from ITV. Text 10.30 Emmerdale Rural soap. Text 11.00 The Jerry Springer Show More revelations and confrontations from the outrageous US talk show. 11.50 The Late Show with David Letterman Top-rated chat show with David Letterman and celebrity guests. 12.40am Freaky Stories Ghoulis animation. 12.50 The Extremists 1.20-1.50am Dealer's Choice	6.00 The Extremists Series about hair-raising sports and activities. 6.30 Dealer's Choice An offbeat look at the world of buying used cars. 7.00 Rugby World Sevens Ten teams face an intense and gruelling battle to become 2000 World Sevens Champions. 8.00 Sunset Beach Annie is annoyed about Ben's party date and Paula frees herself while Eddie tries to help her escape. 8.50 Chart Choice 9.00 Bad Girls A new prisoner, Renee, makes enemies fast which leaves a growing list of inmates harbouring murderous intentions. 10.00 Coronation Street A chance to catch tonight's episode from ITV. Text 10.30 Emmerdale Rural soap. Text 11.00 The Jerry Springer Show More revelations and confrontations from the outrageous US talk show. 11.50 The Late Show with David Letterman Top-rated chat show with David Letterman and celebrity guests. 12.40am Freaky Stories Ghoulis animation. 12.50 The Extremists 1.20-1.50am Dealer's Choice	6.25 Passport to the Sun Peter Stringfellow takes Liza out on his boat. 6.55 Crime Squad Series focusing on all aspects of crime. 7.30 Meet the Ancestors The French Connection With Julian Richards. 8.00 Vets in Practice Bonnie and Clyde A dog has an itch. 8.30 Accident and Emergency A nurse breaks bad news. 9.00 Soldiers to Be One of the Boys The platoon prepares for a dawn attack. 9.35 Violent Planet Storm A look at hurricanes. 10.35 Young Guns An investigation into America's obsession with guns and gun culture and how gun ownership has affected young people. 11.35 Paddington Green 12.05am-1.00am Trouble at the Top Robin Rides Again	7.00pm The Coastal People Follow Hervé de Maigret as he hopes to gain a final glimpse of the primitive tribes of New Guinea. 8.00 Lost in the Grand Canyon How John Wesley Powell braved the dangers of the Colorado River to explore the Grand Canyon. 9.00 Bushfires: The Summer Wars A look at some of the deadly blazes in Australia's history and meet the firefighters who fight them. 10.00 Volcanoes of the Deep Discover the chimneys that build up around deep sea vents and spit scalding water. 11.00 Riding the Rails How thousands of teenagers sought adventure on America's railroads during the Depression. 12midnight-1.00am Valley of Ten Thousand Smokes Follow the story of the Katmai region of Alaska, which was decimated by a monstrous volcano over 80 years ago.	6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00 PM
9.00 Classic Albums: Paul Simon - Graceland A look at the story and inspiration behind the acclaimed album. 10.00 Behind the Music: Madonna A comprehensive exploration of every phase of Madonna's long-standing career, featuring never-before-seen footage and interviews with the star and those around her. 11.30 Pop-Up Video More pop trivia from the irreverent Pop-Up team. 12midnight Revolver Peter Cook candidly introduces more acts to the legendary Revolver club. 1.00am Storytellers: The Pretenders With performance and chat. 2.00 VH1 Flipside 3.00-6.00am VH1 Late Shift	9.00 Crocodile Hunter Sharks Down Under Steve Irwin takes a close look at several different species of shark. 10.00 Animal Weapons Fatal Encounters How wildlife use traps and sensory detectors to find and kill their prey. 11.00 Emergency Vets Trouble and life at the animal ER in Denver. 11.30-12midnight Emergency Vets	6.00 The Extremists Series about hair-raising sports and activities. 6.30 Dealer's Choice An offbeat look at the world of buying used cars. 7.00 Rugby World Sevens Ten teams face an intense and gruelling battle to become 2000 World Sevens Champions. 8.00 Sunset Beach Annie is annoyed about Ben's party date and Paula frees herself while Eddie tries to help her escape. 8.50 Chart Choice 9.00 Bad Girls A new prisoner, Renee, makes enemies fast which leaves a growing list of inmates harbouring murderous intentions. 10.00 Coronation Street A chance to catch tonight's episode from ITV. Text 10.30 Emmerdale Rural soap. Text 11.00 The Jerry Springer Show More revelations and confrontations from the outrageous US talk show. 11.50 The Late Show with David Letterman Top-rated chat show with David Letterman and celebrity guests. 12.40am Freaky Stories Ghoulis animation. 12.50 The Extremists 1.20-1.50am Dealer's Choice	6.00 The Extremists Series about hair-raising sports and activities. 6.30 Dealer's Choice An offbeat look at the world of buying used cars. 7.00 Rugby World Sevens Ten teams face an intense and gruelling battle to become 2000 World Sevens Champions. 8.00 Sunset Beach Annie is annoyed about Ben's party date and Paula frees herself while Eddie tries to help her escape. 8.50 Chart Choice 9.00 Bad Girls A new prisoner, Renee, makes enemies fast which leaves a growing list of inmates harbouring murderous intentions. 10.00 Coronation Street A chance to catch tonight's episode from ITV. Text 10.30 Emmerdale Rural soap. Text 11.00 The Jerry Springer Show More revelations and confrontations from the outrageous US talk show. 11.50 The Late Show with David Letterman Top-rated chat show with David Letterman and celebrity guests. 12.40am Freaky Stories Ghoulis animation. 12.50 The Extremists 1.20-1.50am Dealer's Choice	6.25 Passport to the Sun Peter Stringfellow takes Liza out on his boat. 6.55 Crime Squad Series focusing on all aspects of crime. 7.30 Meet the Ancestors The French Connection With Julian Richards. 8.00 Vets in Practice Bonnie and Clyde A dog has an itch. 8.30 Accident and Emergency A nurse breaks bad news. 9.00 Soldiers to Be One of the Boys The platoon prepares for a dawn attack. 9.35 Violent Planet Storm A look at hurricanes. 10.35 Young Guns An investigation into America's obsession with guns and gun culture and how gun ownership has affected young people. 11.35 Paddington Green 12.05am-1.00am Trouble at the Top Robin Rides Again	7.00pm The Coastal People Follow Hervé de Maigret as he hopes to gain a final glimpse of the primitive tribes of New Guinea. 8.00 Lost in the Grand Canyon How John Wesley Powell braved the dangers of the Colorado River to explore the Grand Canyon. 9.00 Bushfires: The Summer Wars A look at some of the deadly blazes in Australia's history and meet the firefighters who fight them. 10.00 Volcanoes of the Deep Discover the chimneys that build up around deep sea vents and spit scalding water. 11.00 Riding the Rails How thousands of teenagers sought adventure on America's railroads during the Depression. 12midnight-1.00am Valley of Ten Thousand Smokes Follow the story of the Katmai region of Alaska, which was decimated by a monstrous volcano over 80 years ago.	7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00 PM
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CHALLENGE TV MUSIC & GAMES PACK 5.00pm Cross Wits 5.30 Sale of the Century 6.00 Family Fortunes 6.30 100% 7.00 Stars in Their Eyes Hosted by Matthew Kelly. 7.30 Beadle's About 8.00 Gladiators 9.00 Whittle 9.30 Strike it Lucky 10.00 Sale of the Century Presented by Keith Chegwin. 10.30 Family Fortunes 11.00 Stars in Their Eyes	11.30 Winner Takes All 12midnight Beadle's About 12.30am Gladiators 1.30 The Cooler With Donna Air. 2.00 Karaoke Challenge Yvette Fielding hosts the exclusive karaoke contest. 2.30 3-2-1 3.30 The Krypton Factor 4.00 Say the Word 4.30 Whittle 5.00-6.00am Shopping with Screenshop	DISCOVERY HOME & LEISURE WORLD PACK 6.00am The Joy of Painting 6.30 Bloom 7.00 Garden Rescue 7.30 Doing it Up 8.00 How to with B & Q 8.05 The House Doctor 8.35 Our House Down Under 9.05 The Joy of Painting 9.35 Bloom 10.05 How to with B & Q 10.10 Garden Rescue 10.40 Two's Country 11.10 Village Green 11.40 Home Savvy	12.10pm How to with B & Q 12.15 Hometime 12.45 This Old House 1.15 Home Again with Bob Vila 1.45 Wood Wizard 2.15 How to with B & Q 2.20 The New Yankee Workshop 2.50 Mod Cons 3.20 Rex Hunt's Fishing World 3.50-4.00pm How to with B & Q	RAPTURE BONUS CHANNEL 10.00am Mountain Bikes 10.30 Fearless 11.00 Freesport Special 11.30 Byte Me 12noon FILM 1.00pm World Wind Surf 1.30 Fearless 2.00 Chili Factor 2.30 Adrenalin 3.00 High Adrenalin Action 3.30 Byte Me 4.00 Mountain Bikes 4.30 Fearless 5.00 Freesport Special 5.30-6.00pm Byte Me	LOCAL CHANNEL ACCESS PACK 6.00pm LLTV - Local Life A daily magazine programme featuring local news, events and lifestyle features. 6.30 What's On TV 7.00 LLTV - Local Life 7.30 YCTV Programmes made by the stars of tomorrow featuring the stars of today. 8.00 Student Showcase 8.30 What's On TV 9.00-9.30pm LLTV - Local Life	NIGHT TIME

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME

CABLE CHECK
Some of the channels listed may not be available in your area

DISCOVERY WORLD PACK

4.00pm Rex Hunt Fishing Adventures
Coolangatta
A look at the importance of depth sounders.

4.30 Discovery Today
5.00 Legends of History
Terror of Rome
The story of the Roman Empire's fiercest enemy - Hannibal of Carthage.

6.00 Lions - Finding Freedom
The Lion Timebomb
The first and only film to reveal the terrible threat of bovine tuberculosis.

7.00 The Inventors
Kramer
The tale of the originator of metal paint.

7.30 Discovery Today
A look at crime fighting.

8.00 Endgame
The story of the siege of the Japanese embassy in Lima, where members of the Tupac Amaru took a large group hostage.

9.00 Hoover Dam
The Hoover Dam stands testimony to unparalleled determination and sacrifice during the Great Depression in America.

10.00 Titanic's Lost Sister
Documentary which tries to solve the mystery surrounding the strange disaster of the *Britannic*.

11.00 The Fastest Car on Earth
Follow the Thrust Supersonic Car project, as it attempts to break the sound barrier.

12midnight Time Team
Reedham Marshes
The team excavates the remains of two World War II bombers which collided with each other in mid air.

1.00am Secret Mountain
With Chris Bonnington.

1.30-2.00am
Discovery Today

2.00 Biography
Elizabeth I
2.55

A Small Piece of History
3.00 World War I
3.30

Hitler's Secret Weapons
4.00 No Price Too High

CARTOON NETWORK FAMILY PACK

5.00am Flying Rhino Junior
High 6.00 Fat Dog Mendoza
7.00 Tom and Jerry
8.00 Dexter's Laboratory
9.00 Angela Anaconda
10.00 The Powerpuff Girls
11.00 Dragonball Z 12noon The Powerpuff Girls
12.30pm Looney Tunes
1.00 The Powerpuff Girls
1.30 Ned's Newt
2.00 The Powerpuff Girls
2.30 Courage the Cowardly Dog

3.00 The Powerpuff Girls
Trouble in Townsville calls out the trio for a mission.

3.30 Johnny Bravo
Egotistical adventures.

4.00 The Powerpuff Girls
Trouble in Townsville calls out the trio for a mission.

4.30 Angela Anaconda
5.00 The Powerpuff Girls
5.30 Ed, Edd 'n' Eddy
Namesake nonsense with the three jawbreaker-loving young friends.

6.00 Tom and Jerry
Madcap comic antics with the cat and mouse.

6.30 The Flintstones
Prehistoric men behaving badly in Bedrock.

7.00 Scooby-Doo
More spooky adventures.

7.30 Looney Tunes
8.00 Angela Anaconda
8.30-9.00pm Courage the Cowardly Dog

TCM FAMILY PACK

9.00pm Lolita
James Mason, Shelley Winters, Sue Lyon
Darkly satiric drama, based on the novel by Vladimir Nabokov, directed by Stanley Kubrick. It tells the story of a middle-aged man's fatal obsession with his young stepdaughter.

Widescreen 1962

12midnight-1.00am
Warner Bros:
75 Years of Comedies
A celebration of 75 years of Warner comedies, hosted by Billy Crystal.

CARTOON NETWORK:
1.00am The Moomins 1.30
The Magic Roundabout
2.00 Tabaluga 2.30 Blinky Bill 3.00 The Tidings
3.30 The Fruitties
4.00 The Moomins
4.30-5.00am
The Magic Roundabout

THE HISTORY CHANNEL WORLD PACK

12noon
Hitler's Secret Diaries
12.55pm
Photos for the Future II
1.00 Crown and Country
1.30 Time Tourists
2.00 Biography
Elizabeth I
2.55
A Small Piece of History
3.00 World War I
3.30
Hitler's Secret Weapons
4.00 No Price Too High

5.00 Tales of the Gun
6.00 Curse on the Gypsies
6.55 Photos for the Future II
7.00 Crown and Country
Portsmouth
7.30 Time Tourists
The English Civil War
8.00 Biography
Oliver Cromwell
8.55
A Small Piece of History
9.00-10.00pm
Roman War Machine
Roman Siege Warfare

NICKELODEON FAMILY PACK

7.00am Transylvania Pet Shop
7.30 Transylvania Pet Shop
8.00 Ren and Stimpy 8.30 Ren and Stimpy 9.00 Kenan and Kel 9.30 Kenan and Kel 10.00 Sister Sister 10.30 Sister Sister 11.00 Cousin Skeeter 11.30 Cousin Skeeter 12noon Rugrats 12.30pm Rugrats
1.00 The Wild Thornberrys
1.30 The Wild Thornberrys
2.00 The Wild Thornberrys
2.30 The Wild Thornberrys

3.00 The Wild Thornberrys
Jungle adventures.

3.30 The Wild Thornberrys
More jungle fun.

4.00 Kenan and Kel
The adventures of two funky friends.

4.30 Kenan and Kel
Starring Kenan Thompson and Kel Mitchell.

5.00 Sabrina the Teenage Witch
5.30 Sabrina the Teenage Witch
6.00 Are You Afraid of the Dark?
6.30-7.00pm Are You Afraid of the Dark?

PARAMOUNT COMEDY CHANNEL FAMILY PACK

7.00pm
Grace Under Fire
7.30 King of Queens
NEW SERIES US comedy.

8.00 Ellen
Hello Dalai
Peter confronts Ellen.

8.30 Just Shoot Me
Hostess to Murder
Maya throws a party.

9.00 Married... With Children
The Great Escape
9.30 Spin City
Dog Day Afternoon
Mike honours a police dog.

10.00 Frasier
The Show Where Woody Turns Up
Woody visits Frasier.

10.30 Harry Hill
Surreal comedy show.

11.00 Jack Dee
Stand up comedy.

11.30 Cheers
Unplanned Pregnancy
Sam and Rebecca have second thoughts.

12midnight Roseanne
12.30am Clive Anderson Talks Back
1.10 NewsRadio 1.40 Whose Line is it Anyway?
2.10 Dressing For Breakfast
2.40 Desmond's
3.10 It's Garry Shandling's Show
3.40 Rex the Runt
3.50-4.00am Rex the Runt

TV TRAVEL SHOP BONUS CHANNEL

A total travel service in your own home. Video brochures give a guided tour of resorts around the world, with regular bulletins and programmes featuring late holidays and special offers. Viewers can then book holidays 24-hours-a-day, seven-days-a-week, by calling 0870 60 60 747. For more information and full listings turn to TV Travel Shop Text, from page 200.

FOX KIDS FAMILY PACK

6.00am Oogy 6.10 Bad Dog 6.30 Bobby's World 6.55 Jim Burton 7.15 Walter Melon 7.40 Inspector Gadget 8.00 Oogy 8.10 Biker Mice 8.30 Dennis and Gnasher 8.55 Sailor Moon 9.15 Sailor Moon 9.40 Digimon 9.55 Power Rangers 10.20 Monster Rancher 10.45 Masked Rider 11.05 X-Men 11.30 Spy Dogs 11.50 Ace Ventura 12.15pm Walter Melon 12.35 Inspector Gadget 1.00 Woody 1.10 Casper 1.30 Donkey Kong Country 1.55 Dennis and Gnasher 2.20 Life with Louie 2.40 Princess Sissi

3.00 Princess Starla and the Jewel Riders
Magical adventures.

3.20 Sailor Moon
3.45 Mighty Morphin' Power Rangers
4.05 Mighty Morphin' Power Rangers
4.30 Digimon
4.50 Masked Rider
The adventures of Dex, a teenage alien superhero.

5.15 Monster Rancher
5.35 Biker Mice from Mars
The heroic rock'n'roll rodents return.

6.00 The New Addams Family
6.25 Casper
6.35-7.00pm
Goosebumps

SHOP! LIFESTYLE/ SELECTION PACKS

6.00am Shop! Selection
7.00 Home Shop!
8.00 Entertainment Shop!
Hi-fi equipment.

9.00 Kitchen Shop!
10.00 Clothes Shop!
11.00 Home Shop!
12noon Shop! Outlet
1.00pm Shop! Special
Features some of the channel's best-selling items.

2.00 Shop! Selection
3.00 Entertainment Shop!
4.00 Jewellery Shop!
5.00 Shop! Preview
6.00 Shop! Selection
7.00-7.30pm Home Shop!
A selection of appliances for the home.

GMTV 2 ACCESS PACK

GMTV2 offers pre-school and lifestyle shows between 6.00am and 9.25am.

Weekdays: The News Hour
at 6.00am followed by children's shows.

Saturdays: Children's
programming and a round-up of the week's news in *The Review*.

Sundays: Highlights
include a *Pokémon* triple bill and *The Review*.

QVC LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day - so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Molton Brown Studio at 7.00pm.

NEWS AND INTERNATIONAL

BBC NEWS 24 NEWS & SPORT/ ACCESS PACKS

6.00am News 7.00 News
8.00 News 9.00 News 9.30
World News 10.00 News
11.00 News 12noon News
1.00pm News 2.00 News
3.00 News 4.00 News
5.00 News 6.00 News
7.00 News 7.30 Sportsday
8.00 News 9.00 News
9.30 HARDtalk 10.00
News 11.00 News 11.30
World Business Report
12midnight News 1.00am
News 2.00 News 2.30
World Business Report
3.00 News 3.30 HARDtalk
4.00 News 4.45 Asia Today
5.00-6.00am News

CNN INTERNATIONAL NEWS & SPORT PACK

News throughout the day, plus:
5.00am Morning 5.30 World
Business 6.00 CNN This
Morning 6.30 World Business
7.00 CNN This Morning 7.30
World Business This Morning
8.00 CNN This Morning 8.30
Sport 9.00 Larry King 10.30
Sport 11.30 Biz Asia 12.30pm
World Beat 1.15 Asian Edition
1.30 World Report 2.30 Showbiz
3.00 Business Unusual 3.30
Sport 4.30 Style 5.00 Larry King
Live 7.30 World Business Today
8.30 Q&A 9.30 Insight 10.00
World Business Today 10.30
Sport 11.00 World View 11.30
Moneyline 12.30am Showbiz
1.00 Morning 1.15 Asia
Business 1.45 Asia Business
2.00 Larry King Live
4.30-5.00am American Edition

SKY NEWS NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus:
6.00am Sunrise 10.30 Sky
World News 11.30 Money
12.00 Sky News Today
2.30pm Your Call
3.00 Sky News Today
4.30 Sky World News
5.00 Live at Five
8.30 Sky Business Report
9.30 The Book Show
10.00 Sky News at Ten
10.30 Sportline 12.30am
CBS Evening News
1.30 Your Call
2.30 Sky Business Report
3.30 Technoflextra
4.30 Fashion TV 5.30-
6.00am CBS Evening News

INTERNATIONAL

TV5 5.00am Journal 5.15
Journal des Journaux 5.30
Télématin et le Journal du
Temps 7.00 Journal 7.30
Magellan 8.00 Infos 8.05
Zig Zag Café 9.00 Journal
Télévisé 9.15 Police
Judiciaire 11.00 Infos 11.05
100% Questions 11.30
Journal 12noon Infos
12.05pm Le Temps Présent
1.00 Journal Télévisé 1.15
Police Judiciaire 3.00
Journal Télévisé 3.15
Questions 3.30 Grands
Gourmands 4.00 Infos 4.05
Pyramide 4.30 Questions
pour un Champion 5.00
Journal Télévisé 5.15
Police Judiciaire 7.00
Journal Télévisé 7.30
Journal Télévisé et le
Journal du Temps 8.00
Infos 8.05 Pulsations 9.00
Journal Télévisé 9.15
Fiction: Reveuse Jeunesse
11.00 Le Journal
11.30-12midnight Soir 3

ASIANET ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am DD News 8.00 DD
Programmes 9.00 FILM
11.30 News 12noon Non
Stop Hungama 12.30pm
Suzhal 1.00 Sansar 1.30
FILM 4.00 Inspector Vijay
4.30 Kakaji Kahen 5.00 Is
Hafte Ki Kahani 5.30 Elk
Raft 6.30 Asianet Aur Aap
7.15 Sansar 7.40 News
8.00 Aarzoo
8.30 FILM
11.30 News
12midnight MTV Fresh
12.30am Asianet Aur Aap
1.15 FILM
4.00 Aainey 5.00 Sansar
5.30 Nashaib
6.00 Inspector Vijay
6.30 DD News
7.00-7.30am
Satsang Sudha

ZEE TV ADD-ON CHANNEL

6.00am Out and About 6.30
Bhakti Songs 7.00 Faith:
Christianity 7.30 Daily
News 8.00 Guftugu 8.30
Kartavya 9.00 Rishitey the
Love Stories 10.00 Rasm E
Ashani 11.00 Khoobsurat
11.30 Aangan 12noon FILM
3.00pm Yeh Hain Mere
Apne 3.30 Footloose 4.00
Kartavya 4.30 Alvida
Darling 5.00 Muskan
5.30 Aangan
6.00 Sa Re Ga Ma
7.00 Lakeerein
7.30 Saath Saath
8.00 News Bulletin
8.30 Amanat
9.00 Tum Hi to Ho
10.00 Thriller at 10
10.30 Nagin
11.00 Agni Chakra
11.30 Making of a Legend
12midnight Punjabi News
12.30am FILM
3.30 Hum Paanch
4.00 Daraar
4.30 Campus
5.00 Filmi Deewane
5.30-6.00am Hit Thi Hit Hi

CHRISTIAN CHANNEL EUROPE WORLD PACK

5.00am CMTV 5.30 Gospel
Truth - Andrew Wommack
6.00 Life is for Living 6.30
Changing Your World 7.00
Believers' Voice of Victory
7.30 This is Your Day 8.00
CMTV 8.20 Thought for the
Day 8.30 Life in the Word
9.00 Winning in Life 9.30
Winning Ways - Matthew
Ashimolowo 10.00
Deciding Your Destiny
10.30-11.00am
700 Club Replay

BLOOMBERG WORLD PACK

2.00am Asian Market
Report 2.45 Focus on
Eastern Europe 3.45
Kavanagh's Picks
5.05-6.00am Tokyo Live

BBC PARLIAMENT NEWS & SPORT PACK

Parliament is in recess.

UP TO

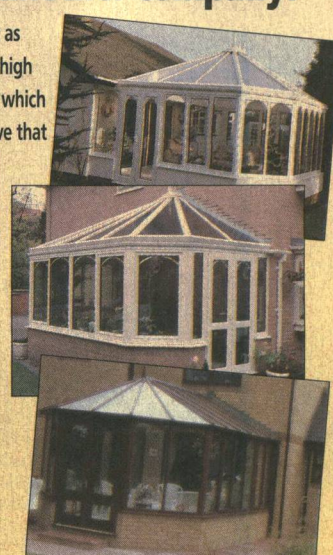
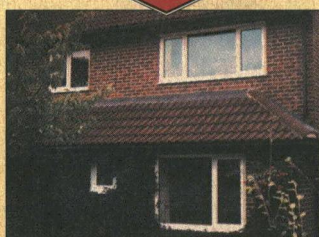
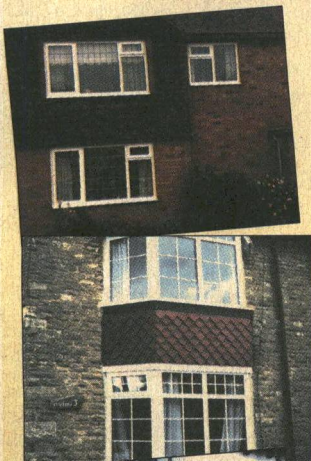
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MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME

SKY PREMIER PREMIUM CHANNEL

6.00am The Incredible Genie
1997, rating Sky PG, DS, 87 mins
8.00 Pit Pony
1997, rating Sky PG, 88 mins
10.00 Air Bud
Michael Jeter, Kevin Zegers
Family comedy. **Text** 1997, rating Sky U, DS, 94 mins
12noon Mel
Julie Hagerty, Greg Evigan
1999, rating Sky PG, 88 mins

2.00pm Class Action
Gene Hackman, Mary Elizabeth Mastrantonio, Colin Friels
Courtroom drama. When a father and a daughter find themselves facing one another in court, the stage is set for a tense showdown. 1991, rating Sky PG, 105 mins

4.00 Pit Pony
Richard Donat, Denny Doherty
Period drama based on a hugely successful Canadian novel about a young boy and his pony who are sent to work in the local coal mine. Although the boy dreads this new job at first, he soon comes to learn that life in the pit is not all bad. 1997, rating Sky PG, 88 mins

6.00 Air Bud
Michael Jeter, Kevin Zegers, Wendy Makkena, Bill Cobbs
Family comedy. When a lonely boy finds a golden retriever on the streets, he adopts it and soon discovers that the animal has a talent for basketball. The basketball playing dog's skills in the court help the young boy rediscover his lust for life. **Text** 1997, rating Sky U, 94 mins

8.00 Practical Magic
Sandra Bullock, Nicole Kidman, Stockard Channing
Supernatural romance about two sisters from a long line of witches, whose powers come at a price. The pair are cursed to have any man they fall in love with die, but these witches decide to find the life they want despite the curse. **Text** 1998, rating Sky 12, DS, 100 mins

10.00 Fallen
Denzel Washington, John Goodman, Donald Sutherland
Supernatural thriller. A detective is both hunting and hunted by an evil spirit demon which inhabits human bodies, transferring from host to host with a single touch. The evil spirit is unleashed after a serial killer is executed and it seeks a new host body. **Text** 1997, rating Sky 15, 119 mins

12.05am How Stella Got Her Groove Back
Angela Bassett, Taye Diggs
Romantic comedy. **Text** 1998, rating Sky 15, 119 mins
2.10 Incognito
Jason Patric, Irene Jacob
Text 1997, rating Sky 15, 103 mins
4.00-5.45am Nowhere
Text 1997, rating Sky 18, 78 mins

SKY MOVIE MAX PREMIUM CHANNEL

6.00am Imminent Danger
1998, rating Sky PG, 89 mins
8.00 Final Descent
1997, rating Sky PG, 88 mins
10.00 The Laker Girls
Tina Yothers, Paris Vaughan
1990, rating Sky PG, 90 mins
12noon Running Brave
Robby Benson, Graham Greene
1983, rating Sky PG, 102 mins
2.00pm
Into Thin Air: Death on Everest
Peter Horton, Christopher McDonald, Nathaniel Parker
Drama covering the tragedy of two groups of amateur mountaineers as they pursue their quest to scale the world's most challenging peak. **Text** 1997, rating Sky PG, 86 mins

4.00 Imminent Danger
Connie Sellecca, Matt McCoy, Alana Austin, Anthony DeFilippo
Action thriller. A widowed expert wilderness guide takes her children on a rafting adventure so that they can get to know her new boyfriend. But as if the perils of the white water were not enough, they find themselves caught up in a hostage situation. 1998, rating Sky PG, 89 mins
6.00 Final Descent
Robert Ulrich, Annette O'Toole, Jim Byrnes, Ken Pogue
Airline disaster movie. A mid-air collision sends a commercial charter on a potentially deadly descent. To evade this, the crew must put aside their personal differences and pull together to avert catastrophe. 1997, rating Sky PG, 88 mins

8.00 Inferno
James Remar, Jonathan LaPaglia, Stephanie Niznik
PREMIERE Action thriller. A solar anomaly causes the temperature to rise to fatal heights in LA, leading to deaths, floods and famine, and a criminal tries to take advantage. **Text** 1998, rating Sky 12, DS, 86 mins
9.40 Mother's Day
Dark comedy.

10.00 Bloodsport
Jean-Claude Van Damme, Donald Gibb, Leah Ayres
Action thriller. An American special forces commando goes AWOL to compete in the Kumite, a clandestine martial arts contest held in Hong Kong. 1988, rating Sky 18, 88 mins
11.35 Chubby Goes Down Under
Roy 'Chubby' Brown
Stand-up comedy. **Text** 1998, rating Sky 18, 82 mins
1.05am Sprung
Text 1997, rating Sky 15, 104 mins
2.55 Kidnapped in Paradise
1998, rating Sky 15, 87 mins
4.30-6.15am Into Thin Air: Death on Everest
Text 1997, rating Sky PG, 86 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

SKY CINEMA

PREMIUM CHANNEL

4.00pm Zorba the Greek
Anthony Quinn, Alan Bates, Lila Kedrova, Irene Papas
Oscar-winning drama which tells the story of a young British writer who, while struggling with writer's block on a small Greek island, comes to befriend a friendly, ageing peasant. Their adventures introduce the visitor to a whole new way of life as he begins to appreciate different aspects of existence. 1964, rating Sky PG, 136 mins

6.20 When Worlds Collide
Richard Derr, Barbara Rush, Peter Hanson, John Hoyt
Classic award-winning special effects disaster movie in which a scientist must convince a doubting world that the Earth is on a collision course with another planet before it is too late. 1951, rating Sky U, 79 mins

8.00 Castle Keep
Burt Lancaster, Peter Falk, Patrick O'Neal, Scott Wilson
World War II action adventure. A US Army major is based in a Belgian castle and attempts to protect the precious treasures stored within from Nazi attacks, and from the often reckless but always humorous antics of his own soldiers. **Text** 1969, rating Sky 15, 103 mins

10.00 A Rage in Harlem
Forest Whitaker, Gregory Hines, Robin Givens, Zakes Mokae
Comedy thriller. The mistress of a vicious Harlem hood returns to Harlem with a trunkful of gold. Once there, she seduces a naïve undertaker's assistant and the man immediately assumes the role of protector. 1991, rating Sky 18, DS, 104 mins

11.50 Cruising
Al Pacino, Paul Sorvino
1980, rating Sky 18, 96 mins
1.35am Castle Keep
Text 1969, rating Sky 15, 103 mins
3.25 The Lone Wolf Takes a Chance
1941, rating Sky PG, 71 mins
4.45-6.00am Passport to Suez
1942, rating Sky PG, 69 mins

Anthony Hopkins and Jodie Foster trade deadly secrets in 'The Silence of the Lambs'. Carlton Cinema 10.00pm

FILMFOUR ADD-ON CHANNEL

6.00pm Jour De Fete
Jacques Beauvais, Guy Decombe, Delcassan
Comedy. A bored postman in a small French village perks up when a travelling carnival arrives. One of the attractions is a film depicting the United States Postal Service's fast and efficient postal delivery system which inspires him to Americanise his work style. 1949, 77 mins

8.00 This Boy's Life
Leonardo DiCaprio, Ellen Barkin, Robert De Niro
Teenage rites-of-passage film. A boy and his mother flee his abusive father and elder brother back East and end up in Washington. There she falls under the spell of an old fashioned lover little realising his hidden penchant for tyranny. 1993, 110 mins

10.00 Marvin's Room
Diane Keaton, Meryl Streep, Leonardo DiCaprio
Drama. A woman who's spent 20 years looking after her father has been diagnosed with cancer. She needs her estranged sister and her family for their father's day-to-day nursing – and also for a possible bone marrow transplant. 1996, 94 mins

11.45 Cyrano De Bergerac
Gérard Depardieu, Anne Brochet
Epic-scale adaptation of the stage play. 1990, 132 mins
2.00am Eraserhead
John Nance, Charlotte Stewart
Bleak fantasy drama. 1976, 85 mins
3.35 Avondale Dogs
3.55-6.00am Ponette
French drama. 1996, 93 mins

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CARLTON CINEMA LIFESTYLE PACK

7.00pm Foreign Correspondent
Joel McCrea, Laraine Day, Edmund Gwenn, George Sanders
Drama directed by Alfred Hitchcock. The all-action reporter on a New York newspaper is sent to Europe by an editor who is fed up of the dry reports he normally receives. His first task once there is to report on a secret treaty signed by two European powers, but he gets entangled in a spying ring while investigating. 1940, 120 mins

9.30 Celebrity Biographies: Anthony Hopkins

10.00 The Silence of the Lambs
Jodie Foster, Anthony Hopkins, Ted Levine, Scott Glenn
Crime thriller about a female FBI agent assigned to catch a serial killer. She tries to get an insight into his mind by talking to another psychopath who was once a respected psychiatrist and who may provide a vital clue. **Text** 1991, 114 mins

12midnight Black Moon Rising
Tommy Lee Jones, Linda Hamilton
Drama. 1986, 100 mins
1.45am Behold a Pale Horse
Gregory Peck, Anthony Quinn
Complex drama. 1964, 118 mins
4.00 Housekeeping
Comedy drama. 1987, 116 mins
6.00-7.00am John Ford: An American Vision

FRONT ROW

SCREENING WHEN YOU'RE GOOD AND READY
WITH CABLE & WIRELESS

See channel 50 or your Front Row spread on pages 14, 15 for further details.

KEY TO FILM CONTENT

T/C: Theme/Content
BL: Bad Language
S/N: Sex/Nudity
V: Violence

Channel 51 Matinee

WILD WILD WEST
Rating 12, 102 mins

Comedy Western. A pair of special agents is sent to track down a diabolical genius who is plotting to kill the US President with a huge walking weapon transporter. Stars Will Smith and Kevin Kline. T/C: Comedy, Western. BL: Occasional, mild. S/N: Some moderate references. V: Frequent, moderate. 6.00am, 8.00am, 10.00am, 12noon, 2.00pm, 4.00pm

Channel 51 Evening

WILD WILD WEST
Rating 12, 102 mins

Comedy Western. A pair of special agents is sent to track down a diabolical genius who is plotting to kill the US President with a huge walking weapon transporter. Stars Will Smith and Kevin Kline. T/C: Comedy, Western. BL: Occasional, mild. S/N: Some moderate references. V: Frequent, moderate. 6.00pm, 8.00pm, 10.00pm, 12midnight, 2.00am, 4.00am

Channel 52

UNIVERSAL SOLDIER: THE RETURN
Rating 18, 80 mins

Action. A project to create a new breed of soldier seems to be going well, but then a computer develops a mind of its own. Stars Jean-Claude Van Damme. T/C: Action, sci-fi. BL: Occasional, strong. S/N: Some moderate nudity. V: Frequent, strong. 6.50pm, 8.30pm, 10.10pm, 11.50pm, 1.30am, 3.10am

Channel 53

THE MATRIX
Rating 15, 131 mins

Sci-fi thriller. A young man, who has been searching for the truth all his life, finds himself pitched into a sinister world of virtual reality. Stars Keanu Reeves, Carrie-Anne Moss and Laurence Fishburne. T/C: Sci-fi, adventure, virtual reality. BL: Occasional, mild. S/N: None. V: Frequent, strong, fantasy. 6.30pm, 9.00pm, 11.30pm, 2.00am

SKY ONE ACTION/ SELECTION PACKS	UK GOLD LIFESTYLE/ SELECTION PACKS	LIVING LIFESTYLE PACK	GRANADA PLUS ACTION PACK	DISNEY CHANNEL ADD-ON/ PREMIUM CHANNEL	
6.00am Long Play 7.30 Mega Babies 8.00 Godzilla 8.30 Mummies Alive 9.00 Pokémon 9.30 Pokémon 10.00 Pokémon 10.30 The Simpsons Text 11.00 World Wrestling Federation – Metal 12noon The New Adventures of Superman Text 1.00pm Dream Team Text 2.00 Mega Babies 2.30 Godzilla	6.00am May to December 6.40 Bread Text 7.15 Birds of a Feather Text 7.50 Open All Hours 8.25 EastEnders Text 9.00 The Bill Text 9.30 The Bill Text 10.00 Bergerac 11.00 Knots Landing 11.55 Neighbours 12.25pm EastEnders Text 1.00 Ballykissangel 2.00 Knots Landing	6.00am Ready, Steady, Cook 6.30 Can't Cook, Won't Cook 7.00 Tiny Living 9.00 Brookside 9.30 Home and Away 10.00 The Jerry Springer Show 10.50 Forgive or Forget 11.40 Maury Povich 12.30pm Special Babies 1.00 Reality Slot 1.30 Judge Judy 2.00 Streetmate 2.30 Maury Povich Compelling talk show.	6.00am Hawaii Five-0 7.00 Plus on Plus 7.30 Jokers Wild 8.00 Shang-a-Lang 8.30 George and Mildred 9.00 Classic Coronation Street Text 9.30 Second Thoughts 10.00 Mission: Impossible 11.00 That's My Boy 11.30 Batman 12noon Classic Coronation Street Text 12.30pm Second Thoughts 1.00 George and Mildred 1.30 Robin's Nest 2.00 Hawaii Five-0	4.30am Pooh 4.45 Music Time 4.50 Rolie Polie Olie 5.00 Bear 5.25 Art Play 5.30 PB and J Otter 5.45 Bite Size 6.00 Toons 6.05 Circle Time 6.10 Rolie Polie Olie 6.20 Spot 6.30 Out of the Box 7.00 Mickey Mouseworks 7.30 101 Dalmatians 8.00 Aladdin 8.30 Recess 9.00 Double Art Attack 9.35 Sabrina 10.00 FILM: H.E. Double Hockey Sticks! 1999 11.30 Miami 7 12noon Circus Kids 12.30pm Boy Meets World 1.00 FILM: Secret of Nimb 2 – Timmy to the Rescue 1992 2.05 Mickey Mouseworks 2.45 101 Dalmatians	6.00 AM
3.00 Mummies Alive <i>Dr Jekyll and Mr Huxley</i> Presley's teacher changes.	3.00 The Bill <i>Look into My Eyes</i> A girl accuses a stage hypnotist of attempted rape. Text	3.20 Party of Five <i>Who Cares?</i> Claudia's 12th birthday is just around the corner but no one seems to be making party plans.	3.00 Mission: Impossible <i>Flight</i> The IMF tackles a rebellious Caribbean official who plans to take over his country by having his president assassinated.	3.15 100 Deeds for Eddie McDowd <i>A Dog's Life</i> Text	3.00 PM
3.30 Pokémon <i>Ditto's Mysterious Mansion</i> The friends seek shelter.	3.30 The Bill <i>Performance Anxiety</i> Text	4.10 Mystic Challenge Paul Ross presents a game show where psychics are invited to put their powers to the test.	4.00 The Sweeney <i>Contact Breaker</i> An antique shop is being used as an access point to rob a bank and Regan believes there was inside assistance.	3.45 The Famous Jett Jackson The adventures of the top television superstar.	4.00 PM
4.00 Pokémon <i>Pikachu's Goodbye</i> Animated adventure.	4.00 EastEnders Phil and Kathy's party goes off with a bang. Text	4.40 Forgive or Forget Host Mother Love deals with, and tries to resolve, a number of real problems in a variety of close relationships.	5.00 Hart to Hart <i>The Latest Fashion in Murder</i> Action with the adventure-seeking husband and wife Jonathan and Jennifer Hart. Stars Robert Wagner and Stefanie Powers.	4.15 Honey, I Shrank the Kids: The TV Show Science is serious fun in the Szalinski household, where dad's an eccentric inventor. Text	5.00 PM
4.30 Pokémon <i>The Battling Eevee Brothers</i> The friends find a Pokémon.	4.35 Neighbours Craig's mental state leaves Debbie in a terrible dilemma.	5.30 Ready, Steady, Cook Two top chefs compete against the clock to create exciting recipes from mystery ingredients.	6.00 Bullseye Dart quiz show hosted by the comic Jim Bowen.	5.00 Recess Youngsters cope with the problems of growing up. Text	6.00 PM
5.00 Star Trek: Voyager <i>Threshold</i> Paris makes history by shutting to Warp Ten, but the experience causes startling biochemistry changes that transform him.	5.00 May to December <i>You're Driving Me Crazy</i> Alec tries to teach Zoe to drive. With Anton Rogers.	6.10 The Jerry Springer Show Outrageous American talk show in which Jerry Springer and his guests engage in lively discussion.	6.30 Classic Coronation Street Terry and Curly's job ends. Text	5.30 Smart Guy <i>Men Working Badly</i> Floyd tries to please Yvette. Text	7.00 PM
6.00 Veronica's Closet <i>Veronica's Cheating Partners</i> Ronnie behaves jealously. Text	5.40 Bread The recovery of a stolen piano causes repercussions in the Boswell house. Text	7.00 Judge Judy The New York family court judge presides over real-life cases.	7.00 Batman <i>While Gotham City Burns</i> Batman rescues Robin.	6.00 Teen Angel <i>Jeremiah Was a Bullfrog</i> Marty uses his magic. Text	8.00 PM
6.30 Friends <i>The One with the Ball</i> The smash-hit US sitcom. Text	6.20 Waiting for God Diana's chances of ruining her niece's wedding are drastically reduced when she is hospitalised.	7.30 Streetmate Davina McCall scours the country for more single people.	7.30 Robin's Nest <i>Sorry Partner</i> With Richard O'Sullivan.	6.30 Home Improvement <i>Quibbling Siblings</i> Brad guest hosts. Text	9.00 PM
7.00 The Simpsons <i>Treehouse of Horror VIII</i> Homer battles killer mutants. Text	7.00 The Good Life <i>The Happy Event</i> Tom and Barbara have babies. With Felicity Kendal.	8.00 LA Doctors Drama series about a group of LA physicians who turn their backs on the corporate medical system to set up their own practice. With Ken Olin.	8.00 Boon <i>Undercover</i> Comedy drama series starring Michael Elphick as Ken Boon, a fireman who refuses to accept that he's on the scrap heap.	7.00 FILM: The Nightmare Before Christmas <i>Voice of Chris Sarandon</i> Animated fantasy created by Tim Burton, about the Pumpkin King who decides that he wants to be a part of the celebratory Christmas spirit. Text 1993	10.00 PM
7.30 The Simpsons <i>Bart the Mother</i> Bart tends to a nest of eggs. Text	7.40 Birds of a Feather <i>Brief Encounter</i> Sharon fends off a mugger who is attacking a businessman.	9.00 FILM: 'Til Murder Do Us Part <i>Meredith Baxter, Stephen Collins, Michelle Johnson</i> Drama, based on a true story, in which a high-flying lawyer leaves his wife for a younger woman. But after years of devotion to him and their children, she vows to get even – at any price. 1992	9.00 The Sweeney <i>Abduction</i> Regan sets out to retrieve his daughter from kidnappers and discovers an even deeper plot.	8.15 Honey, I Shrank the Kids: The TV Show Science is serious fun in the Szalinski household. Text	11.00 PM
8.00 Popular <i>Tonight's the Night</i> Comedy drama. The teenagers discuss sex and Josh and Brooke make a life-changing decision.	8.20 Open All Hours Sitcom about miserly shopkeeper Arkwright and his downtrodden nephew and assistant Granville.	10.50 Secret Suburbia A look at seemingly ordinary suburban residents who live extraordinary lives.	10.00-11.00pm Taggart <i>Death Call – Part II</i>	9.45 Dinosaurs Prehistoric comedy. Text	12.00 PM
9.00 Friends <i>The One with the Free Pom</i> Phoebe has some news. Text	9.00 Only Fools and Horses <i>Happy Returns</i> Del meets an old flame.	11.20-12midnight Eden Adult series.		10.10 Home Improvement Comedy double bill. Text	
9.30 Once and Again NEW SERIES American drama series.	9.40 dinnerladies <i>Catering</i> Bren struggles with two youngsters on work experience.			11.00 Dr Quinn: Medicine Woman Text	
10.30 ER <i>The Storm – Part I</i> Drama set in a Chicago hospital. Dr Ross finds his career in jeopardy, the relationship between Lucy and Carter takes a playful turn, and Dr Benton attends sign-language classes.	10.20 One Foot in the Grave <i>Monday Morning Will Be Fine</i> Victor and Margaret are burgled.			11.50-12midnight Toons	
11.30 Friends <i>The One with the Ball</i> The smash-hit US sitcom. Text	11.00 Operation Good Guys Despite DI Beach's efforts, the operation has been a disaster.				
12midnight Star Trek: Voyager 1.00am LAPD 1.30 LAPD 2.00 World's Wildest Police Videos Text 2.50 World's Wildest Police Videos Text 3.40 The Untouchables Text 4.30 Manhunter 5.20 The Newlywed Game 5.40-6.00am The Newlywed Game	11.40 The Bill <i>Look into My Eyes</i> Text 12.15am The Bill Text 12.45 Live at Jongleurs 1.20 Only Fools and Horses 2.00 One Foot in the Grave 2.35 Monty Python's Flying Circus 3.10 EastEnders Text 3.40 Dangerfield 4.40 Dynasty 5.30-6.00am Angels				
CABLE CHECK Some of the channels listed may not be available in your area			GRANADA MEN & MOTORS ACTION PACK	THE BOX MUSIC & GAMES PACK	
			11.00pm Motor Week Magazine series which takes a look at the motoring industry.	Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.	
			11.30 Motorsport Mundial Behind-the-scenes from Formula 1 to truck racing.		
			12midnight Carfile <i>Nissan Micro</i> Motoring programme devoted to one major new or contemporary car.		
			12.30am Kits 'n' Cruising The motoring magazine series that specialises in the weird, wild world of specialist vehicles.		
			1.00 Motorman! 1.30-2.00am The Big Bang		
				THURSDAY CONTINUES OVERLEAF...	

CABLE CHOICE

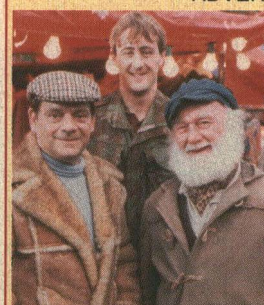
FILM

A Rage in Harlem
Sky Cinema 10.00pm
A God-fearing nerd played by Forest Whitaker falls for the charms of a sassy Southern gal (Robin Givens) in this ripping adaptation of Chester Himes's novel. Givens is in possession of a trunk of stolen gold and every ne'er-do-well in town is after a piece of the action.

GENERAL

Only Fools and Horses
UK Gold 9.00pm
David Jason and Nicholas Lyndhurst established themselves as comedy heroes in this classic series charting the dodgy deals of loveable geezers Del Boy and Rodney and their Independent Trading Company. Tonight there's love in the air for the brothers.

ADVERTISEMENT



SUMMER NIGHTS OF COMEDY FROM 9.00PM

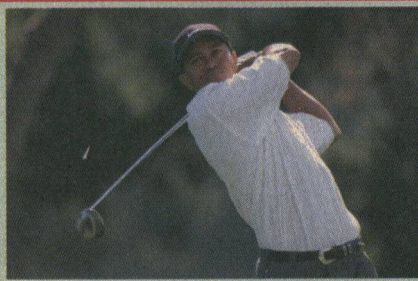
Summer Nights of Comedy continues tonight as UK Gold brings you some of the nation's favourite comedy programmes including Only Fools and Horses, Dinnerladies, One Foot in the Grave and Harry Enfield and Chums.

Thursday 24 August

	EUROSPORT NEWS & SPORT/ SELECTION PACKS	SKY SPORTS 1 PREMIUM CHANNEL	SKY SPORTS 2 PREMIUM CHANNEL	SKY SPORTS 3 PREMIUM CHANNEL	SCI-FI ACTION PACK	MTV MUSIC & GAMES PACK
MORNING	7.30am Sumo 8.30 Sailing 9.00 Football Action from the Uefa Champions League qualifying round. 10.30 Superbike <i>Superbike Magazine Show</i> 11.00 Start Your Engines 12noon CART 1.00pm Beach Soccer 2.00 Olympic Games A chance to see highlights from the 100th Olympic Games in Atlanta in 1996.	7.00am World Wrestling Federation - Superstars 8.00 You're On Sky Sports! 9.00 Racing News 9.30 Aerobics Oz Style 10.00 British Superbike: Full Throttle 11.00 Cricket: PPP Healthcare County Championship - LIVE 1.15pm Futbol Mundial 1.45 Cricket: PPP Healthcare County Championship - LIVE Promotion, relegation and championship points are at stake as the latest live PPP Healthcare Championship match reaches day three. Charles Colville introduces the action from one of the top games in the First or Second Division.	7.00am Aerobics Oz Style 7.30 Racing News 8.00 Futbol Mundial 8.30 Australian Rally Championships 9.00 Telegraph Action Sport 9.30 Wild Spirits 10.00 Golf Extra 12noon Trans World Sport 1.00pm Australian Rally Championships 1.30 Euro Tour Weekly 2.00 Watersports World	12noon Showjumping: Spruce Meadows - ATCO Structures Double Slalom The Spruce Meadows complex plays host to this international contest. 1.00pm Telegraph Action Sport Action sports. 1.30 Wild Spirits 2.00 Steve Davis and Friends: Barry McGuigan	8.00am Buck Rogers in the 25th Century 9.00 The Time Tunnel 10.00 Project UFO 11.00 The Incredible Hulk 12.30pm Babylon 5 1.00pm Highlander: The Raven <i>The Frame</i> 2.00 Buck Rogers in the 25th Century <i>Olympiad</i>	6.00am Select MTV 8.00 MTV Hits 9.00 Bytesize MTV Gossip from MTV's stations. 11.00 MTV Hits 12.30pm Daily Edition The latest music news. 1.00 MTV Hits The latest chart-toppers. 2.00 V2000 Preview Music videos from the headlines of V2000.
3.00 PM			3.00 British Superbike: Full Throttle Just two legs remain in the season and the fight for the crown is hotting up.	3.00 Brian Moore Interviews Brian Moore chats with a famous football name.	3.00 Sightings Extraordinary real-life stories of the paranormal involving luck, superstition, UFOs or near-death experiences.	3.00 Bytesize MTV Bizarre moments from MTV's channels situated around the world.
4.00 PM	4.00 Olympic Games <i>Olympic Magazine Today</i> A special look at gymnastics. 4.30 Racing Line Highlights from the World Rally Championship, the Porsche Supercup and the motorcycling Czech Grand Prix. 5.30 Football - LIVE Action from a Uefa Cup second round qualifying second leg match.		4.00 Formula Palmer Audi High octane action. 4.30 Saloon Car Championship More motorsports action. 5.00 Football League Review A look at all of the recent action from the Nationwide League, including every goal scored.	3.30 Rugby League World All the latest rugby league developments around the world from the battlefields of the Super League to the intensity of the Australian National Rugby League. 5.00 World Wrestling Federation - Superstars Kevin Kelly hosts more entertainment from the WWF circuit.	4.00 The Time Tunnel <i>The Crack of Doom</i> Doug and Tony find themselves on the volcanic island of Krakotoa in 1883. 5.00 Project UFO <i>The I-Man Incident</i> A large but extremely delicate unidentified flying object hovers over a 10-year-old girl on a beach.	3.55 MTV's Pop Single of the Week 4.00 Select MTV A chance for viewers to make MTV their personal video jukebox. Just call the special hotline, pick your video from the on-screen menu and wait for it to be aired. Also includes chat and celebrity guests live and direct from the studios in London.
5.00 PM			6.00 The Rugby Club Mark Durden-Smith, Stuart Barnes and Dewi Morris preview the latest rugby union action and interview some of the big names.	6.00 What a Weekend The show that takes a look at the very best of the weekend's sporting action.	6.00 The Incredible Hulk <i>East Winds</i> Banner is unknowingly living with a fortune in gold hidden in his apartment.	6.00 Bytesize MTV Another helping of weird and wonderful gossip from the different MTV channels around the world.
6.00 PM		6.00 Sky Sports Centre Catch up with the latest from the world of sport. 6.30 Football League Review All the recent action from the Nationwide League. 7.30 FIFA TV An insight into all areas and levels of football across the world.	7.00 Ford Golf USA: NEC Invitational - LIVE The NEC Invitational returns to Firestone Country Club in Akron, Ohio. The defending champion is US superstar Tiger Woods.	6.30 Tight Lines Bruno Brookes hosts the show for fishing fanatics and offers advice to viewers phoning in with their questions. 7.30 Speedway: Elite Speedway League - LIVE Jonathan Green and Suzi Perry host the very latest live action from the Elite Speedway League, won last season by Peterborough. Kings Lynn made a solid start to the season during the early summer and are expected to be among those battling for the title.	7.00 Highlander: The Raven <i>The Frame</i> A \$20 million painting is stolen from under Amanda and Nick's noses.	7.00 MTV Hits A feast of uninterrupted music videos featuring the latest tracks from the MTV playlist.
7.00 PM	7.30 Tennis - LIVE Coverage of the quarter-final stages of the WTA Tournament in New Haven, Connecticut. This year's Wimbledon champion Venus Williams captured last year's title by defeating Lindsay Davenport 6-2, 7-5.	8.00 Sporting Auction: Premier League Charity Auction Coverage of the latest charity auction featuring a whole host of Premier League memorabilia. 9.30 What a Weekend The show that takes a look at the very best of the weekend's sporting action.		7.30 Speedway: Elite Speedway League - LIVE Jonathan Green and Suzi Perry host the very latest live action from the Elite Speedway League, won last season by Peterborough. Kings Lynn made a solid start to the season during the early summer and are expected to be among those battling for the title.	8.00 Babylon 5 <i>A Late Delivery from Avalon</i> A mysterious traveller claims to be the legendary King Arthur.	8.00 MTV Dance Floor Chart Show June Sarpong finds out which tunes are ripping up the dancefloors across Ibiza and the UK.
8.00 PM	9.00 Boxing Coverage of a top international contest.	10.00 You're On Sky Sports! Rob McCaffrey allows football fans to phone in and shout about issues surrounding the game.	11.00 Formula Palmer Audi High-octane action. 11.30 Saloon Car Championship Domestic motorsport. 12midnight The Rugby Club Mark Durden-Smith, Stuart Barnes and Dewi Morris preview and review the latest rugby union action.	10.00-11.30pm World Cup Classics: Brazil v Romania Step back in time to the 1970 World Cup as Pele and company face the Romanians.	9.00 Babylon 5 <i>Ship of Tears</i> As free speech is curtailed on Earth, the Shadows continue to expand their conquest.	9.00 Daily Edition A round-up of the biggest music news and interviews.
9.00 PM		11.00 Football League Review A look at all of the recent action from the Nationwide League with every goal scored in the divisions. 12midnight What a Weekend Weekend sporting highlights. 12.30am FIFA TV 1.00 Formula Palmer Audi 1.30 Football League Review 2.30-3.30am You're On Sky Sports!	1.00am-2.00am Tight Lines Bruno Brookes hosts the show for fishing fanatics.		10.00 FILM: The Running Man Arnold Schwarzenegger, Maria Conchita Alonso Futuristic thriller. In 2019 a TV host faces a problem: his show, <i>The Running Man</i> , in which convicts bid for their freedom in a race against trained athlete assassins, is boring the public. 1987 12midnight FILM: Lensman Japanese animated space adventure. 1984 2.00am The Net <i>Kill the Buddha</i> 3.00 Babylon 5 <i>Secrets of the Soul</i> Doctor Franklin discovers a centuries-old secret.	9.30 FANatic: Jackie Chan/Dru Hill Show for the star-struck. 10.00 The Tom Green Show Man-on-the-street comedy. 10.30 The Blame Game Mock court proceedings. 11.00 MTV Dance Floor Chart Show A rundown of the biggest tunes ripping up the dancefloors across Ibiza and the UK this week. 12midnight Partyzone Club culture show with an in-depth look at the dance scene, with a number of exclusives and rarities. 1.00am-6.00am Night Videos VJ-free music videos throughout the night.
10.00 PM	10.00 Football <i>Uefa Champions League Classics</i> This programme features some of the greatest matches of the Nineties.					
11.00 PM	11.00 Racing Line Highlights from the World Rally Championship, the Porsche Supercup and the motorcycling Czech Grand Prix. 12midnight-12.30am Truck Sports Coverage from the FIA European Truck Racing Cup in Alastaro, Finland.					
NIGHT TIME						

LIVE FORD GOLF USA: NEC INVITATIONAL SKY SPORTS 2 7.00PM

The \$5m NEC Invitational is a tournament limited to members of the 2000 President's Cup teams, as well as the 1999 US Ryder Cup team, and the top 12 players who are eligible for the European Ryder Cup team, plus special guests. The event returns to the Firestone Country Club in Akron, Ohio, and, almost inevitably, the defending champion is US superstar Tiger Woods (pictured), who will again be the favourite to pocket the \$1m first prize and take home the Gary Player Cup.



PLAYBOY TV/ ADD-ON CHANNEL

10.00pm Freeview 10.06 Amy Lynn Baxter 11.15 Rendezvous 12midnight Freeview 12.10am Banged Up 12.40 Fräulein Debutantes 12.55 FILM: No Man's Land: The Therapist 2.15 Our First Time 2.35 Biker Annie 3.00-4.00am Camcorder Capers

Adult Nightview is now available as a TV on-demand service between 10.00pm and 4.00am at £4.95. See channel 50 for details

TELEVISION X ADD-ON CHANNEL

12midnight The Ten Minute Preview 12.10am Voyeur 12.20 Diggin' the Dirt 12.40 FILM: Deep Waters 1.00 The Five Minute Freeview 1.05 FILM continues 1.55 Crazy Girls 2.20 FILM: Memoirs of a Madam 3.30-4.00am Tabatha

Adult Nightview is now available as a TV on-demand service between 12midnight and 4.00am at £4.95. See channel 50 for details

VH1 MUSIC & GAMES PACK		ANIMAL PLANET WORLD PACK		UK HORIZONS WORLD/ ACCESS PACKS		CARLTON FOOD NETWORK LIFESTYLE PACK					
6.00am Power Breakfast 8.00 Pop-Up Video 9.00 Upbeat 12noon Behind the Music: Celine Dion The story of the rise of the diva of pop music. 1.00pm Greatest Hits: Celine Dion 1.30 Pop-Up Video Irreverent trivia. 2.00 Jukebox A chance for viewers to choose the records played. 4.00 Video Timeline: Celine Dion The musical history of the Quebecois diva. 4.30 Greatest Hits: Celine Dion 5.00 Behind the Music: Celine Dion Looks behind the music and headlines at a woman who has had a very successful career. 6.00 Greatest Hits: Celine Dion All the biggest selling hits from the songstress. 6.30 VH1 to One - Au Revoir Celine 7.00 VH1 Hits A chance to catch up with some of the latest hits. 9.00 VH1 to One: Au Revoir Celine 9.30 Greatest Hits: Celine Dion All the biggest selling hits from the songstress. 10.00 Behind the Music: Celine Dion Dion talks about her retirement, her husband's battle against cancer, and her last performance. 11.00 Video Timeline: Celine Dion A look at the life, career and ups and downs of the songstress. 11.30 Pop-Up Video 12midnight Revolver Music show from the 1960s, hosted by Peter Cook. 1.00am Storytellers: Tom Petty Petty tells how the song <i>Free Fallin'</i> came into being. 2.00 VH1 Flipside 3.00-6.00am VH1 Late Shift		12noon Croc Files 12.30 Going Wild with Jeff Corwin <i>Hawaii</i> 1.00 Jack Hanna's Zoo Life <i>Zimbabwe, Africa</i> 1.30 Jack Hanna's Zoo Life <i>Columbus Zoo</i> 2.00 Pet Rescue With Wendy Turner. 2.30 Kratt's Creatures <i>Phantom Wolves</i> 3.00 Zig and Zag A gameshow and sports competition for dogs. 3.30 Zig and Zag Two teams of family dogs and their owners compete. 4.00 Animal Planet Unleashed Howie tries to keep foxes and rabbits apart. 4.30 Croc Files With Steve and Terri Irwin. 5.00 Pet Rescue Follow the fortunes of abandoned animals. 5.30 Going Wild with Jeff Corwin <i>Palau</i> 6.00 The Aquanauts Aileen and Thor travel to the shark-infested waters of Durban, South Africa. 6.30 Croc Files More crocodile encounters. 7.00 Cannibal Mites Documentary exploring the world of microscopic insects. These creatures adapt to all conditions - earth, air and even water. 8.00 Animal X What makes Australia's dingoes natural killers? 8.30 Animal X The mystery behind Israel's sacred red heifer. 9.00 Crocodile Hunter <i>Legends of the Galapagos</i> Steve and Terry Irwin travel to the Galapagos to see the wildlife there. 10.00 Hunters <i>The Deadly Game</i> Predation is one of nature's basic principles, with a long and distinguished pedigree. 11.00 Emergency Vets Stories from Alameda East Veterinary Hospital. 11.30-12midnight Emergency Vets CABLE CHECK Some of the channels listed may not be available in your area		Visit exotic gardens in 'Dan Pearson - Routes Around the World'. UK Style 3.30pm ITV2 ACCESS PACK 4.00pm Trisha Another double bill of heartwarming and hair-raising true stories with Trisha Goddard and a studio audience. Text 6.00 The Extremists Series about hair-raising sports and activities. 6.30 Dealer's Choice An offbeat look at the world of buying used cars. 7.00 Rugby World Sevens Champions Fiji defend their title, as 10 teams battle it out to become World Sevens Champions. 8.00 Sunset Beach Ben refuses to believe that Annie killed her father. Meg demands that Annie tells the truth. 8.50 Chart Choice 9.00 Bad Girls Helen's date with Dominic causes tension between her and Nikki and sends out some confusing signals to Dominic. 10.00 Emmerdale A chance to see tonight's episode from ITV. Text 10.30 Nuts and Bolts Drama series. Jenni faces an uncertain future. 11.00 The Jerry Springer Show More outrageous revelations and confrontations. 11.50 The Late Show with David Letterman Top-rated chat show with host and humourist David Letterman and guests. 12.40am Freaky Stories 12.50 The Extremists 1.20 Dealer's Choice 1.50-3.20am Emmerdale Rural soap. Text		7.00am Holiday in Style 8.00 Ready, Steady, Cook 8.30 Can't Cook, Won't Cook 9.00 Repair to Remember 9.30 Real Rooms 10.00 Change That 10.30 A Room with a Clue 11.00 Our House 11.30 Changing Rooms 12noon Good Living 12.30pm Style Challenge 1.00 Della Smith's Summer Collection 1.30 Ready, Steady, Cook 2.00 Gardening Neighbours 2.30 Gardeners' World 3.00 Garden Magic Gardening solutions. 3.30 Dan Pearson - Routes Around the World <i>Tokyo</i> 4.00 Stefan's Garden Roadshow Help and advice on gardening dilemmas. 4.30 Good Living Features meat substitutes. 5.00 Can't Cook, Won't Cook More young cooks are helped to prepare meals. 5.30 Repair to Remember 6.00 Antiques Roadshow <i>St David's</i> Hugh Scully and a team of experts visit St David's to examine antiques. 7.00 Real Rooms Simon Biagi tries to give a new look to a living room in Watford. 7.30 Change That <i>Ragley Hall</i> 8.00 Style Challenge Leading fashion experts give people the makeover of their dreams. 8.30 Which Craft? Arts and crafts. 9.00 Looking Good Tara Palmer-Tomkinson finds an outfit which costs a total of £50. 9.30 How Does Your Wallpaper Hang? More DIY advice with Mark Jeffries and his team of interior design experts. 10.30 Real Rooms <i>Dutch Diner</i> With Simon Biagi. 11.00 Front Gardens <i>The Sloping Garden</i> Paul and Gill Wallis have to find room for three cars. 11.30 Garden Magic Gardening solutions. 12midnight Gardeners' World Britain's best-loved gardening show is presented by Alan Titchmarsh. 12.30am-1.00am Stefan's Garden Roadshow Stefan Buczaccki offers advice on gardening dilemmas.		7.00am Tomorrow's World Plus 7.50 Three Monkeys 8.50 Animal Hospital 9.20 Tomorrow's World Plus 10.15 Savage Wilderness 11.15 Top Gear GTi 12.15pm Airport 12.45 Airport 1.15 Passport to the Sun 1.45 The Cruise 2.15 The Cruise 2.45 Health Farm Visit Henlow Grange Health Farm to discover the lengths which some people will go to to lose weight. 3.45 Animal Hospital Rolf Harris catches up with the action at the busy 24-hour RSPCA Harmsworth Hospital for Sick Pets. 4.20 Vets in Practice Highlights from the series <i>Vets' School</i>. 4.50 Animal People <i>Gladys - The African Vet</i> 5.25 Driving School Teenager Danny from Bristol is desperate to see his girlfriend in Preston. 5.55 Lakesiders Fly-on-the-wall series set at Lakeside in Essex. 6.25 Passport to the Sun A look at life in Majorca in the holiday season. 7.00 Tourist Trouble This programme follows a sightseeing guide. 7.30 Meet the Ancestors <i>Domesday Fire</i> 8.00 Vets in Practice <i>On Call</i> Sam Robinson struggles to save a horse. 8.30 Accident and Emergency 9.00 Soldiers to Be <i>Four Platoon and a Wedding</i> 9.35 Health Farm Visit Henlow Grange Health Farm. 10.35 Shipman: The Man who Played God On 31 January 2000, Dr Harold Shipman was jailed for life for the murder of 15 of his patients. Includes interviews with relatives of his victims. 11.35 Paddington Green 12.05am-1.00am Trouble at the Top UK PLAY: 1.00am Shooting Stars 1.30 People Like us 2.05 Vic Reeves Examiners 2.35 We are History 2.50 Trevor and Spooky Do Napa 3.20 DJ Anthems 3.45 Dream Performances 4.15 Sound of Play 6.30-7.00am The Sound of Play		7.00am Tessa's Tastebuds 7.30 Kitchen College 8.00 Network Daily 8.45 Quick Cooks 9.00 Red Hot 'n' Smokin' 9.30 Classic Dishes 10.00 Green Gourmet 10.30 A Year at Ballymaloe 11.00 Flash in the Pan 11.30 Loyd's Louisiana 12noon Four Burners and a Grill 12.30pm Waitrose in Season 1.00 Kitchen College 1.30 Food from the Village 2.00 Network Daily 2.45 Quick Cooks 3.00 Red Hot 'n' Smokin' With the Nosh brothers. 3.30 Tessa's Tastebuds <i>Melon and Pumpkin</i> 4.00 A Year at Ballymaloe 4.30 Classic Dishes Anton Edelmann prepares salad niçoise. 5.00 A to Z of Food and Beauty 5.30 Four Burners and a Grill 6.00 Coxon's Kitchen College 6.30-7.00pm Cocktail Challenge NATIONAL GEOGRAPHIC CHANNEL FAMILY PACK 7.00pm A Year in the Wild John Varty and Lynne Eayrs explore Africa's Shanaga culture and traditions. 8.00 Deadly Shadow of Vesuvius The Italian government's volcanic eruption early warning team go into the crater of Mount Vesuvius. 9.00 Identified Flying Objects A variety of scientific explanations for the appearance of bright and erratic lights in the sky. 10.00 The Day Earth Was Hit In 1908, something with the power of 10 megatons of TNT collided with the Earth in Tunguska, Siberia. 11.00 Deep Diving with the Russians Scientists explore life forms clustered around hydrothermal vents in the mid-Atlantic ridge. 12midnight-1.00am Everest: Climb for Hope Join a Canadian team as it attempts to climb Mount Everest to help raise money for a small girl suffering from a rare and debilitating disease - retts.	
CHALLENGE TV MUSIC & GAMES PACK		DISCOVERY HOME & LEISURE WORLD PACK		RAPTURE BONUS CHANNEL		LOCAL CHANNEL ACCESS PACK					
5.00pm Cross Wits 5.30 Sale of the Century 6.00 Family Fortunes 6.30 100% 7.00 Stars in Their Eyes 7.30 Beadle's About 8.00 Gladiators Muscle-bashing challenges. 9.00 Whittle Audience participation quiz. 9.30 Strike it Lucky 10.00 Sale of the Century Hosted by Keith Chegwin. 10.30 Family Fortunes		11.00 Stars in Their Eyes 11.30 Winner Takes All 12midnight Beadle's About 12.30am Gladiators 1.30 The Cooler With Donna Air. 2.00 Karaoke Challenge <i>Brighton</i> 2.30 3-2-1 3.30 The Krypton Factor 4.00 Say the Word 4.30 Whittle 5.00-6.00am Shopping with Screenshop		6.00am The Joy of Painting 6.30 Grow for It 7.00 Garden Rescue 7.30 Doing it Up 8.00 How to with B & Q 8.05 The House Doctor 8.35 Our House Down Under 9.05 The Joy of Painting 9.35 Grow for It 10.05 How to with B & Q 10.10 Garden Rescue 10.40 Two's Country - Eastern Europe 11.10 Village Green 11.40 Home Savvy		12.10pm How to with B & Q 12.15 Hometime 12.45 This Old House 1.15 Home Again with Bob Vila 1.45 Wood Wizard 2.15 How to with B & Q 2.20 The New Yankee Workshop 2.50 Mod Cons 3.20 Rex Hunt's Fishing World 3.50-4.00pm How to with B & Q		10.00am World Wind Surf 10.30 Boardstupid 11.00 Mountain Bikes 11.30 Byte Me 12noon Chilli Factor 12.30pm World Wind Surf 1.00 High Adrenalin Action 1.30 Boardstupid 2.00 Mountain Bikes 2.30 Chilli Factor 3.00 Skateboard Special 3.30 Adrenalize 4.00 World Wind Surf 4.30 Boardstupid 5.00 Mountain Bikes 5.30-6.00pm Byte Me		6.00pm LLTV - Local Life A daily magazine programme featuring local news, events and lifestyle features. 6.30 What's On TV 7.00 LLTV - Local Life 7.30 YCTV Programmes made by the stars of tomorrow featuring the stars of today. 8.00 Student Showcase 8.30 What's On TV 9.00-9.30pm LLTV - Local Life	

Thursday 24 August

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME

CARTOON NETWORK FAMILY PACK

5.00am Flying Rhino Junior
High 6.00 Fat Dog Mendoza
7.00 Tom and Jerry
8.00 Dexter's Laboratory
9.00 Angela Anaconda
10.00 The Powerpuff G'irls
11.00 Dragonball Z
12noon Cow and Chicken
12.30pm Looney Tunes
1.00 Cow and Chicken
1.30 Ned's Newt
2.00 Cow and Chicken
2.30 Courage the Cowardly Dog

3.00 Cow and Chicken
More antics with the bizarre brother and sister.
3.30 Johnny Bravo
More from Mr Suave.

4.00 Cow and Chicken
More antics with the bizarre brother and sister.
4.30 Angela Anaconda
5.00 **Cow and Chicken**
5.30 Ed, Edd 'n' Eddy
More money-making schemes by the friends who just love jawbreakers.

6.00 Tom and Jerry
Comic antics with the sparring cat and mouse.
6.30 The Flintstones
Prehistoric men behaving badly in Bedrock.

7.00 Scooby-Doo
More creepy cases.
7.30 Looney Tunes
8.00 **Angela Anaconda**
8.30-9.00pm Courage the Cowardly Dog

TCM FAMILY PACK
9.00pm Gigi
Leslie Caron, Maurice Chevalier, Louis Jordon
Musical romance in which a young girl reared by veteran Parisian

courtesans follows their trade but falls in love with a wealthy young aristocrat, much to the disgust of her nosey guardians.
Widescreen 1958
11.10-1.00am On the Town
Gene Kelly, Frank Sinatra
Musical about three sailors. **Widescreen 1949**

CARTOON NETWORK:
1.00am The Moomins 1.30 The Magic Roundabout
2.00 Tabaluga 2.30 Blinky Bill 3.00 The Tidings
3.30 The Fruitties
4.00 The Moomins
4.30-5.00am The Magic Roundabout

THE HISTORY CHANNEL WORLD PACK
12noon Curse on the Gypsies
12.55pm Photos for the Future II
1.00pm Crown and Country
1.30 Time Tourists
The English Civil War
2.00 Biography
Oliver Cromwell
2.55 A Small Piece of History
3.00 World War I
3.30 Stalin's Secret Armies

4.00 No Price Too High
5.00 Classic Cars
6.00 Curse on the Gypsies
6.55 Photos for the Future II
7.00 Crown and Country
Winchester
7.30 Time Tourists
8.00 Biography
Sherlock Holmes
8.55 A Small Piece of History
9.00-10.00pm Roman War Machine

TV TRAVEL SHOP BONUS CHANNEL
A total travel service in your own home. Video brochures give a guided tour of resorts around the world, with regular bulletins and programmes featuring late holidays and special offers. Viewers can then book holidays 24-hours-a-day, seven-days-a-week, by calling 0870 60 60 747. For more information and full listings turn to TV Travel Shop Text, from page 200.

QVC LIFESTYLE/SELECTION PACKS
QVC The Shopping Channel is at your service 24-hours-a-day - so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Big Boys' Toys at 11.00pm.

GMTV 2 ACCESS PACK
GMTV2 offers pre-school and lifestyle shows between 6.00am and 9.25am. Weekdays: The News Hour at 6.00am followed by children's shows. Saturdays: Children's programming and a round-up of the week's news in The Review. Sundays: Highlights include a Pokémon triple bill and The Review.

INTERNATIONAL
TV5 5.00am Journal 5.15 Journal des Journaux 5.30 Télématin et le Journal du Temps 7.00 Journal 7.30 Autant Savoir 8.00 Infos 8.05 Zig Zag Café 9.00 Journal 9.15 Révéuse Jeunesse 11.00 Infos 11.05 100% Questions 11.30 Journal 12noon Infos 12.05pm Dunia 1.00 Journal 1.15 Révéuse Jeunesse 3.00 Journal 3.15 Questions 3.30 Télématin 4.00 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal 5.15 Révéuse Jeunesse 7.00 Journal 7.30 Journal 8.00 Infos 8.05 Les Aventuriers de la Science 9.00 Journal 9.15 Des Trains Pas Comme les Autres 10.00 Les Chevaliers d'Ivoire 11.00 Journal 11.30 -12midnight Soir 3

NICKELODEON FAMILY PACK

7.00am Transylvania Pet Shop
7.30 Transylvania Pet Shop 8.00 Ren and Stimpy 8.30 Ren and Stimpy 9.00 Kenan and Kel 9.30 Kenan and Kel 10.00 Sister Sister 10.30 Sister Sister 11.00 Cousin Skeeter 11.30 Cousin Skeeter 12noon Rugrats 12.30pm Rugrats 1.00 Hey Arnold! 1.30 Hey Arnold! 2.00 Hey Arnold! 2.30 Hey Arnold!

3.00 Hey Arnold!
More adventures with the kid with the coolest quiff.
3.30 Hey Arnold!
More adventures with the kid with the coolest quiff.

4.00 Kenan and Kel
The adventures of two funky friends.
4.30 Kenan and Kel
More adventures of two funky friends.

5.00 Sabrina the Teenage Witch
5.30 Sabrina the Teenage Witch
6.00 Are You Afraid of the Dark?
6.30-7.00pm Are You Afraid of the Dark?

PARAMOUNT COMEDY CHANNEL FAMILY PACK
7.00pm Grace Under Fire
7.30 King of Queens
Female Problems
8.00 Ellen
Secrets and Ellen
Ellen comes clean with her grandmother.

8.30 Just Shoot Me
Toy Story
9.00 Married... With Children
Impo-dent
Marcy dents Steve's car.
9.30 Spin City
Criss Cross
10.00 Frasier
Three Valentines
The day brings differing fortunes to the Cranes.

10.30 Harry Hill
More surreal fun.
11.00 Jack Dee
More pan-faced humour from the comedian.
11.30 Cheers
Bar Wars V:
The Final Judgement
12midnight Roseanne
12.30am Clive Anderson
Talks Back 1.10 NewsRadio
1.40 Whose Line is it Anyway? 2.10 Dressing For Breakfast 2.40 Desmond's
3.10 It's Garry Shandling's Show
3.40 Rex the Runt
3.50-4.00am Rex the Runt

FOX KIDS FAMILY PACK
6.00am Oggy 6.10 Bad Dog
6.30 Bobby's World 6.55 Jim Button 7.15 Walter Melon 7.40 Inspector Gadget 8.00 Oggy 8.10 Biker Mice 8.30 Dennis and Gnasher 8.55 Sailor Moon 9.15 Sailor Moon 9.40 Digimon 10.00 Power Rangers 10.20 Monster Rancher 10.45 Masked Rider
11.05 X-Men 11.30 Spy Dogs
11.50 Ace Ventura 12.15pm Walter Melon 12.35 Gadget 1.00 Woody
1.10 Casper 1.30 Donkey Kong
1.55 Dennis and Gnasher 2.20 Life with Louie 2.40 Princess Sissi

3.00 Princess Starla and the Jewel Riders
3.20 **Sailor Moon**
Cult Japanese cartoon.
3.45 Mighty Morphin' Power Rangers
4.05 Mighty Morphin' Power Rangers
4.30 Digimon
The adventures of kids stranded in a digital world.
4.50 Masked Rider
The adventures of Dex, a handsome teenage alien.

5.15 Monster Rancher
5.35 Biker Mice from Mars
6.00 The New Addams Family
6.25 Casper
6.35-7.00pm Goosebumps

SHOP! LIFESTYLE/SELECTION PACKS
6.00am Shop! Selection
7.00 Clothes Shop!
Leisure clothing.
8.00 Home Shop!
Smart storage solutions.
9.00 Jewellery Shop!
10.00 Kitchen Shop!
11.00 Clothes Shop!
12noon Shop! Outlet
1.00pm Shop! Special
2.00 Shop! Selection
Round-up of the best sellers.
3.00 Jewellery Shop!
4.00 Technology Shop!
PC packages for beginners.
5.00 Shop! Preview.
6.00 Shop! Selection
7.00-7.30pm Entertainment Shop!

GMTV 2 ACCESS PACK
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BBC NEWS 24 NEWS & SPORT/ACCESS PACKS
6.00am News 7.00 News 8.00 News 9.00 News 9.30 World News 10.00 News 11.00 News 12noon News 1.00pm News 2.00 News 3.00 News 4.00 News 5.00 News 6.00 News 7.00 News 7.30 Sportsday 8.00 News 9.00 News 9.30 HARDtalk 10.00 News 11.00 News 11.30 World Business Report 12midnight News 1.00am News 2.00 News 2.30 World Business Report 3.00 News 3.30 HARDtalk 4.00 News 4.45 Asia Today 5.00-6.00am News

CNN INTERNATIONAL NEWS & SPORT PACK
News throughout the day, plus:
5.00am Morning 5.30 World Business 6.00 CNN This Morning 6.30 World Business 7.00 CNN This Morning 7.30 World Business This Morning 8.00 CNN This Morning 8.30 Sport 9.00 Larry King 10.30 Sport 11.30 Biz Asia 12.30pm artclub 1.15 Asian Edition 1.30 World Report 2.30 Showbiz 3.00 Movers with Jan Hopkins 3.30 Sport 4.30 CNN Hotspots 5.00 Larry King Live 7.30 World Business Today 8.30 Q&A 9.30 Insight 10.00 World Business Today 10.30 Sport 11.00 View 11.30 Moneyline 12.30am Showbiz 1.00 Morning 1.15 Asia Business 1.45 Asia Business 2.00 Larry King Live 4.30-5.00am American Edition

SKY NEWS NEWS & SPORT/ACCESS PACKS
News on the hour, every hour, plus:
6.00am Sunrise 10.30 Sky World News 11.30 Money 12noon Sky News Today 2.30pm Your Call 3.00 Sky News Today 4.30 Sky World News 5.00 Live at Five 8.30 Sky Business Report 9.30 Fashion TV 10.00 Sky News at Ten 10.30 Sportsline 12.30am CBS Evening News 1.30 Your Call 2.30 Sky Business Report 3.30 Fashion TV 4.30 The Book Show 5.30-6.00am CBS Evening News

INTERNATIONAL
TV5 5.00am Journal 5.15 Journal des Journaux 5.30 Télématin et le Journal du Temps 7.00 Journal 7.30 Autant Savoir 8.00 Infos 8.05 Zig Zag Café 9.00 Journal 9.15 Révéuse Jeunesse 11.00 Infos 11.05 100% Questions 11.30 Journal 12noon Infos 12.05pm Dunia 1.00 Journal 1.15 Révéuse Jeunesse 3.00 Journal 3.15 Questions 3.30 Télématin 4.00 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal 5.15 Révéuse Jeunesse 7.00 Journal 7.30 Journal 8.00 Infos 8.05 Les Aventuriers de la Science 9.00 Journal 9.15 Des Trains Pas Comme les Autres 10.00 Les Chevaliers d'Ivoire 11.00 Journal 11.30 -12midnight Soir 3

ASIANET ADD-ON CHANNEL CABLE EXCLUSIVE
7.30am Akhir Kyon 8.00 DD News 8.30 DD Programme 9.00 FILM 11.30 News 12noon Fuldani Forum 12.30pm Thekikaat 1.00 Katha Sagar 1.30 FILM 4.00 Take 2 4.30 Music Fusion 5.00 Kaala Daira 6.00 Mumkin 6.30 Doosra Kewal 7.00 Katha Sagar 7.30 News 8.00 Wilaytee Babu 8.30 FILM 11.30 News 12midnight Wilaytee Babu 12.30am MTV 123 1.15 FILM 4.00 Thekikaat 4.30 Mumkin 5.00 Dooriyan 6.00 Holy Quran 6.30 DD Programme 7.00-7.30am Bhule Bisre Geet

ZEE TV ADD-ON CHANNEL
6.00am Kal Bhi Aaj Bhi 6.30 Bhakti Songs 7.00 Faith: Sai Baba 7.30 Daily News 8.00 Karobar Duniya 8.30 Kartavya 9.00 Daayre 9.30 Bodymatters 10.00 Tum Hi to Ho 11.00 Dear Women 11.30 Aangan 12noon FILM 3.00pm Hum Paanch 3.30 Sampat Aur Sampat 4.00 Kartavya 4.30 Pride Antakshari 5.00 Chingari 5.30 Aangan 6.00 Banegi Apni Baat 7.00 Hotel Hindustani 7.30 Aashiqui 8.00 News Bulletin 8.30 Pride Ka Aashirwad 9.00 Raahein 9.30 Kasak 10.00 Thriller at 10 10.30 Pakistan News Link 11.00 Saath Saath 11.30 Woh 12midnight Punjabi News 12.30am FILM 3.30 Hum Paanch 4.00 Daraar 4.30 Campus 5.00 V3 5.30-6.00am Hey Ha Ho

CHRISTIAN CHANNEL EUROPE WORLD PACK
5.00am CMTV 5.30 Gospel Truth - Andrew Wommack 6.00 Winning Edge 6.30 Changing Your World 7.00 Believers' Voice of Victory 7.30 This is Your Day 8.00 CMTV 8.20 Thought for the Day 8.30 Life in the Word 9.00 Potter's House 9.30 Winning Ways - Matthew Ashimolowo 10.00 CMTV 10.30-11.00am 700 Club Replay

BLOOMBERG WORLD PACK
2.00am Asian Market Report 2.30 Live Market from New York 3.30 Wall Street Report 5.05-6.00am US Market Report

BBC PARLIAMENT NEWS & SPORT PACK
Parliament is in recess

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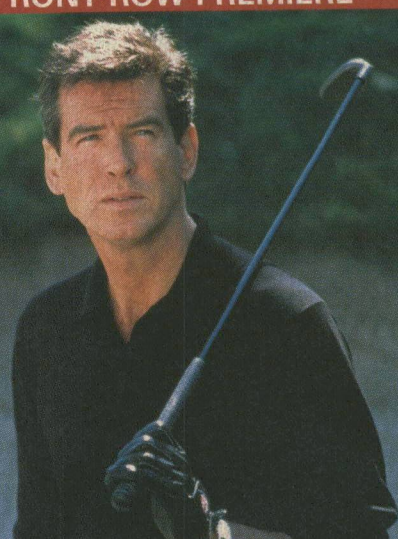
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SKY PREMIER PREMIUM CHANNEL		SKY MOVIEMAX PREMIUM CHANNEL		MOVIE RATINGS	FRONT ROW PREMIERE			
MORNING	6.00am Lionheart 1986, rating Sky PG, DS, 100 mins 8.00 Paulie Text 1998, rating Sky U, 88 mins 10.00 Doctor Dolittle Eddie Murphy, Ossie Davis Text 1998, rating Sky PG, 82 mins 12noon Escape to Witch Mountain Eddie Albert, Kim Richards 1975, rating Sky U, 93 mins 2.00pm Fools Rush in Matthew Perry, Salma Hayek, Jon Tenney, Carlos Gómez Turbulent romantic comedy about a Manhattan yuppie who enjoys a night of passion with a fiery Latino who becomes pregnant. Text 1997, rating Sky PG, DS, 105 mins	6.00am Melanie Darrow 1997, rating Sky PG, 83 mins 8.00 Special Delivery Sean Young, Brett Cullen 1999, rating Sky PG, DS, 95 mins 10.00 Meteorites Roxanne Hart, Tom Wopat 1998, rating Sky PG, 85 mins 12noon Hi Honey, I'm Dead Curtis Armstrong, Catherine Hicks 1991, rating Sky PG, 88 mins 2.00pm Melanie Darrow Delta Burke, Brian Bloom, Bruce Abbott, Wendel Meldrum Crime drama about a flamboyant female lawyer who fervently believes in the innocence of a man accused of killing his wife. 1997, rating Sky PG, 83 mins	4.00 Special Delivery Sean Young, Brett Cullen, Paul Dooley, Penny Marshall Supernatural drama about a successful lawyer and mother whose life seems to be complete. That is, until she meets an angel who delivers some unbelievable news to her which will test her faith and that of those close to her. 1999, rating Sky PG, DS, 95 mins 6.00 Meteorites Roxanne Hart, Tom Wopat, Abby Meates, Darrin Klimat Disaster movie in which an ex-cop and his science teacher wife discover that their small town is about to fall victim to a meteorite shower. They take it upon themselves to lead their townsfolk to safety. 1998, rating Sky PG, 85 mins 7.35 UK Top Ten 8.00 The Coneheads Dan Aykroyd, Michael McKean, Jane Curtin, Jason Alexander Comedy in which visitors from a far-off planet crash land in suburbia and find themselves integrating into everyday human life with hilarious results. 1993, rating Sky PG, DS, 83 mins 9.30 I Married a Monster Richard Burgi, Susan Walters, Tim Ryan, Barbara Niven Sci-fi thriller in which a man wanders into the woods the night before his wedding and in an encounter becomes possessed by a demon alien. Text 1998, rating Sky 12, 86 mins 11.00 Species II Michael Madsen, Natasha Henstridge, Marg Helgenberger Sci-fi sequel. A team of astronauts returns from Mars unaware of a deadly stowaway. 1998, rating Sky 18, DS, 89 mins 12.35am Border Line Sherry Stringfield, James LeGros 1999, rating Sky PG, 82 mins 2.05 Sacred Cargo Text 1998, rating Sky 15, 93 mins 3.45 Friday the 13th 1980, rating Sky 18, 91 mins 5.20-5.50am Action Heroes: Andy Garcia	Sky U: Suitable for viewing by all Sky PG: Parental Guidance suggested Sky 12: Suitable for viewers aged 12 years and over Sky 15: Suitable for viewing by people of 15 years or over Sky 18: Suitable for viewing by adults only Text: film is subtitled on page 888 of Fastext Widescreen: shown in cinema (letterbox) format	 Club class: Pierce Brosnan lives the high life in 'The Thomas Crown Affair'. Front Row, see below			
	4.00 Paulie Gena Rowlands, Tony Shalhoub, Cheech Marin, Bruce Davison Family fun with a super-smart talking parrot who tells the tale of his life with wit and charm. After his first owner is forced to give him up, he embarks on a cross- country escapade which sees him join forces with a selection of outcasts and oddballs. Text 1998, rating Sky U, 88 mins 6.00 Doctor Dolittle Eddie Murphy, Ossie Davis, Oliver Platt, Peter Boyle Family comedy about the doctor who discovers that he can talk to and understand all kinds of animals. Word spreads around the animal kingdom and soon he is inundated with patients. Text 1998, rating Sky PG, 82 mins 7.30 Stuart Little Making it Big 8.00 Enemy of the State Will Smith, Gene Hackman, Jon Voight, Lisa Bonet Blockbusting conspiracy thriller about an ordinary attorney who, by bumping into the wrong person at the wrong time, finds his life destroyed and himself paranoid and pursued by dark forces who seem to know his every move. Text 1998, rating Sky 15, DS, 127 mins	4.00 Special Delivery Sean Young, Brett Cullen, Paul Dooley, Penny Marshall Supernatural drama about a successful lawyer and mother whose life seems to be complete. That is, until she meets an angel who delivers some unbelievable news to her which will test her faith and that of those close to her. 1999, rating Sky PG, DS, 95 mins 6.00 Meteorites Roxanne Hart, Tom Wopat, Abby Meates, Darrin Klimat Disaster movie in which an ex-cop and his science teacher wife discover that their small town is about to fall victim to a meteorite shower. They take it upon themselves to lead their townsfolk to safety. 1998, rating Sky PG, 85 mins 7.35 UK Top Ten 8.00 The Coneheads Dan Aykroyd, Michael McKean, Jane Curtin, Jason Alexander Comedy in which visitors from a far-off planet crash land in suburbia and find themselves integrating into everyday human life with hilarious results. 1993, rating Sky PG, DS, 83 mins 9.30 I Married a Monster Richard Burgi, Susan Walters, Tim Ryan, Barbara Niven Sci-fi thriller in which a man wanders into the woods the night before his wedding and in an encounter becomes possessed by a demon alien. Text 1998, rating Sky 12, 86 mins 11.00 Species II Michael Madsen, Natasha Henstridge, Marg Helgenberger Sci-fi sequel. A team of astronauts returns from Mars unaware of a deadly stowaway. 1998, rating Sky 18, DS, 89 mins 12.35am Border Line Sherry Stringfield, James LeGros 1999, rating Sky PG, 82 mins 2.05 Sacred Cargo Text 1998, rating Sky 15, 93 mins 3.45 Friday the 13th 1980, rating Sky 18, 91 mins 5.20-5.50am Action Heroes: Andy Garcia	SKY CINEMA PREMIUM CHANNEL					
	3.00 PM	4.00 Paulie Gena Rowlands, Tony Shalhoub, Cheech Marin, Bruce Davison Family fun with a super-smart talking parrot who tells the tale of his life with wit and charm. After his first owner is forced to give him up, he embarks on a cross- country escapade which sees him join forces with a selection of outcasts and oddballs. Text 1998, rating Sky U, 88 mins 6.00 Doctor Dolittle Eddie Murphy, Ossie Davis, Oliver Platt, Peter Boyle Family comedy about the doctor who discovers that he can talk to and understand all kinds of animals. Word spreads around the animal kingdom and soon he is inundated with patients. Text 1998, rating Sky PG, 82 mins 7.30 Stuart Little Making it Big 8.00 Enemy of the State Will Smith, Gene Hackman, Jon Voight, Lisa Bonet Blockbusting conspiracy thriller about an ordinary attorney who, by bumping into the wrong person at the wrong time, finds his life destroyed and himself paranoid and pursued by dark forces who seem to know his every move. 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The one knight brave enough to face him must pay with his life unless he can solve a riddle within a year. 1982, rating Sky PG, DS, 97 mins 8.00 The Hunt for Red October Sean Connery, Alec Baldwin, Scott Glenn, Sam Neill Tense underwater espionage thriller. The commander of the Soviet Typhoon nuclear submarine Red October arouses CIA and KGB suspicions when he is discovered to be piloting his submarine towards the US eastern seaboard. 1990, rating Sky PG, 130 mins 10.15 Outland Sean Connery, Peter Boyle Tense space-station saga which draws heavily on the Western High Noon. A federal marshal, obsessed with justice, investigates crime and corruption amongst a mining crew on one of Jupiter's moons. 1981, rating Sky 15, DS, 105 mins 12.05am Roadgames Stacy Keach, Jamie Lee Curtis Thriller. 1981, rating Sky 15, 96 mins 1.50 Bright Angel Dermot Mulroney, Lili Taylor 1991, rating Sky 15, 89 mins 3.25 The Reptile Horror. 1966, rating Sky 15, 86 mins 5.00-5.30am Hollywood Hall of Fame: Steve McQueen			FILMFOUR ADD-ON CHANNEL 6.00pm Short Attention Span Cinema - Short Films A selection of short films, commercials, and music videos sitting alongside interviews, reports and insights into the often-neglected world of short films. There is a chance to watch some of the latest short films from around the world plus a look at up-and-coming directors of the genre. 8.00 Au Revoir, Les Enfants Gaspard Manesse, Raphael Fetjő, Philippe Morier-Genoud Semi-autobiographical drama set in a Catholic boarding school in France in 1944. A 12-year-old becomes friends with a Jewish fellow-pupil who is being hidden from the Nazis in the school by the anti-fascist headmaster. 1987, 103 mins 10.00 Heavenly Creatures Melanie Lynskey, Kate Winslet, Sarah Peirse, Diana Kent Dark psychological drama, based on a true story, about the obsessive relationship between two New Zealand teenagers. It leads to the murder of one of their mothers when she threatens to separate them from each other. 1994, 99 mins 11.40 Mary Mary 12midnight Eyes Without a Face Pierre Brasseur, Edith Scob Horror. 1959, 88 mins 1.35am 10 Rillington Place Richard Attenborough, John Hurt Chiller. Text 1971, 111 mins 3.25 Jules et Jim Jeanne Moreau, Oskar Werner Romance. 1961, 104 mins 5.10-6.00am Une Histoire D'eau	Create your own personal TV diary: www.cableguide.co.uk
	4.00 PM	6.00 Doctor Dolittle Eddie Murphy, Ossie Davis, Oliver Platt, Peter Boyle Family comedy about the doctor who discovers that he can talk to and understand all kinds of animals. Word spreads around the animal kingdom and soon he is inundated with patients. Text 1998, rating Sky PG, 82 mins 7.30 Stuart Little Making it Big 8.00 Enemy of the State Will Smith, Gene Hackman, Jon Voight, Lisa Bonet Blockbusting conspiracy thriller about an ordinary attorney who, by bumping into the wrong person at the wrong time, finds his life destroyed and himself paranoid and pursued by dark forces who seem to know his every move. Text 1998, rating Sky 15, DS, 127 mins	4.00 Special Delivery Sean Young, Brett Cullen, Paul Dooley, Penny Marshall Supernatural drama about a successful lawyer and mother whose life seems to be complete. That is, until she meets an angel who delivers some unbelievable news to her which will test her faith and that of those close to her. 1999, rating Sky PG, DS, 95 mins 6.00 Meteorites Roxanne Hart, Tom Wopat, Abby Meates, Darrin Klimat Disaster movie in which an ex-cop and his science teacher wife discover that their small town is about to fall victim to a meteorite shower. They take it upon themselves to lead their townsfolk to safety. 1998, rating Sky PG, 85 mins 7.35 UK Top Ten 8.00 The Coneheads Dan Aykroyd, Michael McKean, Jane Curtin, Jason Alexander Comedy in which visitors from a far-off planet crash land in suburbia and find themselves integrating into everyday human life with hilarious results. 1993, rating Sky PG, DS, 83 mins 9.30 I Married a Monster Richard Burgi, Susan Walters, Tim Ryan, Barbara Niven Sci-fi thriller in which a man wanders into the woods the night before his wedding and in an encounter becomes possessed by a demon alien. Text 1998, rating Sky 12, 86 mins 11.00 Species II Michael Madsen, Natasha Henstridge, Marg Helgenberger Sci-fi sequel. A team of astronauts returns from Mars unaware of a deadly stowaway. 1998, rating Sky 18, DS, 89 mins 12.35am Border Line Sherry Stringfield, James LeGros 1999, rating Sky PG, 82 mins 2.05 Sacred Cargo Text 1998, rating Sky 15, 93 mins 3.45 Friday the 13th 1980, rating Sky 18, 91 mins 5.20-5.50am Action Heroes: Andy Garcia	SKY CINEMA PREMIUM CHANNEL			CARLTON CINEMA LIFESTYLE PACK 7.00pm Sullivan's Travels Joel McCrea, Veronica Lake, Robert Warwick, Eric Blore Comedy about a successful director who wants to make a serious film. He decides that, in order to research it, he should go out into the real world. Disguised as a tramp he wanders out onto the streets and experiences more harsh reality than he bargained for. 1941, 91 mins 9.00 Avalon Armin Mueller-Stahl, Aidan Quinn, Joan Plowright Drama focusing on an extended Jewish family living in Baltimore in the early 20th century. Over a period of 40 years the clan experience culture clashes that are inevitable, which place stress on the ties between the different generations of the family. 1990, 123 mins 11.15 Under Suspicion Liam Neeson, Kenneth Cranham Psychological thriller about a sleazy private eye couple who investigate adultery cases. Text Widescreen 1992, 95 mins 1.00am The Border Jack Nicholson, Harvey Keitel Thriller about a corrupt Mexican border guard. 1982, 107 mins 3.00 My Tutor Matt Lattanzi, Caren Kaye Sex comedy. 1983, 97 mins 5.00-7.00am She Wore a Yellow Ribbon Western. 1949, 103 mins	
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6.00am Long Play 7.30 Mega Babies 8.00 Godzilla 8.30 Mummies Alive 9.00 Pokémon 9.30 Pokémon 10.00 Pokémon 10.30 The Simpsons Text 11.00 The Best of Star Trek 1.00pm Dream Team Text 2.00 Dream Team Text Ray fears relegation. 3.00 Mummies Alive <i>Monster Truck Mania</i> A truck rally disturbs Geb. 3.30 Pokémon <i>Wake Up, Snorlax</i> The friends investigate a drought. 4.00 Pokémon <i>Showdown at Dark City</i> A small town is devastated. 4.30 Pokémon <i>The March of the Exeggcuter</i> A carnival comes to town. 5.00 Star Trek: Voyager <i>Meld</i> One crewman murders another, leading Tuvok to attempt to understand violent impulses through a mind-meld. 6.00 Early Edition <i>Teen Angels</i> Gary has to piece together a shredded newspaper in order to prevent a shooting at school, but time is against him. 7.00 The Simpsons <i>Treehouse of Horror IX</i> Homer gets possessed. Text 7.30 The Simpsons <i>Treehouse of Horror X</i> Homer causes world chaos. Text 8.00 The Best of Star Trek Especially for enthusiasts of the phenomenally successful sci-fi series, some of the most popular episodes are once again shown so fans of the show can relax and enjoy their favourite characters exploring space and having strange adventures. 10.00 The Outer Limits <i>The Human Operators</i> Science fiction anthology series featuring stories of strange and unusual events. 11.00 Cops <i>Las Vegas</i> A dazed burglar is caught. Text 11.30 Cops <i>Las Vegas</i> Vice officers make a raid. Text 12midnight Star Trek: Voyager 1.00am LAPD 1.30 LAPD 2.00 World's Wildest Police Videos Text 2.50 World's Wildest Police Videos Text 3.40 The Untouchables 4.30 Manhunter 5.20 The Newlywed Game 5.40-6.00am The Newlywed Game	6.00am May to December 6.40 Bread 7.15 Birds of a Feather 7.50 Open All Hours 8.25 EastEnders Text 9.00 The Bill Text 9.30 The Bill Text 10.00 Bergerac 11.00 Knots Landing 11.55 Neighbours 12.25pm EastEnders Text 1.00 Ballykissangel 2.00 Knots Landing 3.00 The Bill <i>Different Strokes</i> The search is on for a thief. Text 3.30 The Bill <i>Sparks</i> Beech loses his cool. Text 4.00 EastEnders Nigel acts quickly to help Phil, but then he feels guilty. Text 4.35 Neighbours Helen discovers a cure for the curse of Uluru. Text 5.00 May to December <i>Time after Time</i> Zoe asks Alec to move in. Text 5.40 Bread Mrs Boswell seeks the help of a psychiatrist when the entire family start acting strangely. Text 6.20 Waiting for God A glamorous granny competition comes to Bayview and Diana tries to be nice for a bet. She doesn't win. 7.00 The Good Life <i>Tug of the Forelock</i> Classic 1970s comedy. 7.40 Birds of a Feather <i>You Pays Yer Money</i> Election fever hits Chigwell, but Sharon isn't registered so she wants to use Darryl's vote. Text 8.20 Open All Hours Sitcom about miserly shopkeeper Arkwright and his downtrodden nephew and assistant Granville. 9.00 Only Fools and Horses <i>Strained Relations</i> 9.40 dinnerladies <i>Trouble</i> Tony wants Bren to go to Marbella with him. 10.20 One Foot in the Grave <i>Dreamland</i> Relations between Victor and Margaret become strained. 11.00 Harry Enfield and Chums Comic characterisations from Harry Enfield. 11.40 The Bill <i>Different Strokes</i> Text 12.15am The Bill Text 12.45 Live at Jingleurs 1.20 Only Fools and Horses 2.00 One Foot in the Grave 2.35 Monty Python's Flying Circus 3.10 EastEnders Text 3.40 Dangerfield 4.35 Juliet Bravo 5.30-6.00am Angels	6.00am Ready, Steady, Cook 6.30 Can't Cook, Won't Cook 7.00 Tiny Living 9.00 Brookside 9.30 Home and Away 10.00 The Jerry Springer Show 10.50 Forgive or Forget 11.40 Maury Povich 12.30pm Special Babies 1.00 Reality Slot 1.30 Judge Judy 2.00 Streetmate 2.30 Maury Povich Compelling talk show. 3.20 Party of Five <i>Brother's Keeper</i> Charlie is made a great offer to expand his furniture business, the problem is it would mean the family moving to Seattle. 4.10 Mystic Challenge Paul Ross presents this show that puts psychics to the test. 4.40 Forgive or Forget Mother Love tries to resolve relationship problems by giving guests the opportunity to forgive each other. 5.30 Ready, Steady, Cook Fern Britton hosts the cookery show in which two top chefs compete against the clock. 6.10 The Jerry Springer Show Outrageous American talk show dealing with relationship issues, hosted by Jerry Springer. 7.00 Judge Judy Judge Judy Sheindlin presides over a series of real-life cases. 7.30 Streetmate Davina McCall scours the country to find single people dates. 8.00 LA Doctors Drama series about a group of LA physicians who turn their backs on the entire corporate medical system to set up their own practice. 9.00 Profiler Suspense thriller series about Dr Sam Waters, a brilliant forensic psychologist with an intuitive gift for understanding the workings of the criminal mind. 10.00 FILM: Extremities Farrah Fawcett, James Russo, Diana Scarwid, Alfre Woodward A woman is trapped in her own home by a rapist, but the tables are turned when she manages to overpower him. She then extracts revenge by playing her own games of power and fear. 1986 11.50-12midnight Sex Bites Presented by Katrina Buchanan.	6.00am Hawaii Five-0 7.00 Plus on Plus 7.30 Jokers Wild 8.00 Shang-a-Lang 8.30 George and Mildred 9.00 Classic Coronation Street Text 9.30 Second Thoughts 10.00 Mission: Impossible 11.00 That's My Boy 11.30 Batman 12noon Classic Coronation Street Text 12.30pm Second Thoughts 1.00 George and Mildred 1.30 Robin's Nest 2.00 Hawaii Five-0 3.00 Mission: Impossible Hunted Barney is wounded while rescuing an imprisoned patriot and must be left behind if the IMF is to complete its mission. 4.00 The Sweeney <i>Abduction</i> Regan isn't happy when he discovers his daughter has been kidnapped. With John Thaw and Dennis Waterman. 5.00 Hart to Hart <i>Operation Murder</i> Adventure-seeking husband and wife team Jonathan and Jennifer Hart solve crimes together in exotic locations. 6.00 Bullseye Dart quiz show hosted by comedian Jim Bowen. 6.30 Classic Coronation Street Sally is annoying Kevin. Text 7.00 Batman <i>The Thirteenth Hat</i> The Mad Hatter is on the loose. 7.30 Robin's Nest <i>Albert's Ball</i> Albert upsets a customer. 8.00 Boon <i>Daddy's Girl</i> Comedy drama series starring Michael Elphick as Ken Boon, a fireman who refuses to accept he's on the scrap heap. 9.00 The Sweeney <i>Chalk and Cheese</i> Regan and Carter set off to pursue some thieves after an affluent couple are attacked. 10.00-11.00pm Taggart <i>Death Call - Part III</i>	4.30am Pooh 4.45 Music Time 4.50 Olie 5.00 Bear 5.25 Art Play 5.30 PB and J Otter 5.45 Bite Size 6.00 Toons 6.05 Circle Time 6.10 Olie 6.20 Spot 6.30 Out of the Box 7.00 Mickey Mouseworks 7.30 101 Dalmatians 8.00 Aladdin 8.30 Recess 9.00 Art Attack 9.35 Sabrina 10.00 FILM: Father of the Bride 1991 11.40 Miami 7 12noon Circus Kids 12.30pm Boy Meets World 1.00 FILM: Pete's Dragon 1977 2.45 Mickey Mouseworks 3.15 100 Deeds for Eddie McDowd Eddie must make amends. Text 3.45 The Famous Jett Jackson Jett wants a normal life away from his adoring fans. 4.15 Honey I Shrunk the Kids: The TV Show Comedy about the eccentric scientist Ted Szalinski and his family. Text 5.00 Recess Animated series about six kids in the fourth grade. Text 5.30 Smart Guy <i>Roofman, Take One</i> Floyd's advert does well. Text 6.00 Teen Angel <i>Feathers Day</i> Katie's meeting is a disaster. Text 6.30 Home Improvement <i>Ye Olde Shoppe Teacher</i> Tim helps a former teacher. Text 7.00 FILM: Father of the Bride Steve Martin, Diane Keaton, Martin Short, Kimberly Williams Light-hearted comedy in which a doting father experiences feelings of jealousy and resentment when his 22-year-old daughter announces that she is getting married. Text 1991 8.45 Honey, I Shrunk the Kids: The TV Show <i>Honey, the House is Trying to Kill Us</i> The Szalinskis are burgled. Text 9.30 Dinosaurs Animated comedy about a family of dinosaurs. Text 10.00 Home Improvement Comedy double bill. Text 11.00 Touched by an Angel Text 11.50-12midnight Toons	6.00 AM

CABLE CHOICE

FILM

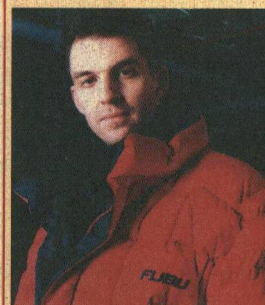
Taxi Driver
Film Four 10.15pm
Searing drama from Martin Scorsese charting the descent of an unstable Vietnam veteran into a deranged urban vigilante. Paul Schrader's dialogue perfectly complements the pressure cooker atmosphere and the score by Bernard Herrmann is a classic.

GENERAL

Time Tourists: The Roaring Twenties
History Channel 7.30pm
Mark, a car mechanic from Southampton, and Harriet, from Bishops Waltham, are transported back to the jazz age to experience life as it was then in a Hampshire country estate. Mark grapples with a Bentley while Harriet is kept under nanny's strict guidance.

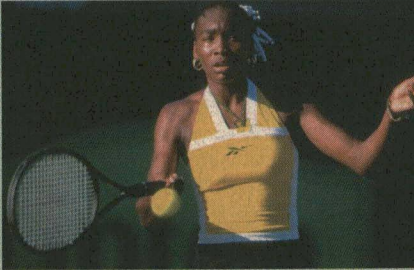
ADVERTISEMENT

UK PLAY



WESTWOOD PRESENTS 2.00AM
Award-winning Radio 1 and club DJ Tim Westwood presents this exclusive new series celebrating hip-hop music from both sides of the Atlantic. Tim interviews key exponents of the music industry with the latest hip-hop videos alongside classic old skool tracks.

Friday 25 August

	EUROSPORT NEWS & SPORT/ SELECTION PACKS	SKY SPORTS 1 PREMIUM CHANNEL	SKY SPORTS 2 PREMIUM CHANNEL	SKY SPORTS 3 PREMIUM CHANNEL	SCI-FI ACTION PACK	MTV MUSIC & GAMES PACK
6.00 AM MORNING	7.30am Sumo 8.30 Olympic Games 9.00 Football Action from the Champions League qualifying round. 11.00 Football - LIVE The Uefa Cup draw. 12noon Racing Line 1.00pm Beach Soccer 2.00 Football Action from the Champions League qualifying round.	7.00am Saloon Car Championship 7.30 Formula Palmer Audi 8.00 You're On Sky Sports! 9.00 Racing News 9.30 Aerobics Oz Style 10.00 Football League Review 11.00 Interactive Cricket: PPP Healthcare County Championship - LIVE 1.00pm What a Weekend 1.30 Interactive Cricket: PPP Healthcare County Championship - LIVE Charles Colville presents further live action from the fourth and final day's play from a top County Championship match.	7.00am Aerobics Oz Style 7.30 Racing News 8.00 FIFA TV 8.30 What a Weekend 9.00 The Rugby Club 10.00 Gaelic Games 11.00 Elite Speedway League 1.30pm Football League Review 2.30 Trans World Sport In-depth news programme that provides information about varied types of sports.	10.00am Ford Golf USA: NEC Invitational Highlights from the first day of the NEC Invitational tournament from the Firestone Country Club in Akron, Ohio. 2.00pm World Cup Classics: Brazil v Romania This show features the 1970 group encounter between Romania and Pele's Brazilian team.	8.00am Buck Rogers in the 25th Century 9.00 Land of the Giants 10.00 Swamp Thing 10.30 Swamp Thing 11.00 The Six Million Dollar Man 12noon Babylon 5 1.00pm Amazing Stories 1.30 Amazing Stories 2.00 Buck Rogers in the 25th Century	6.00am Select MTV 8.00 MTV Hits 9.00 Bytesize MTV 11.00 MTV Hits 12.30pm Daily Edition All the latest music news. 1.00 MTV Hits Uninterrupted music videos. 2.00 V2000 Preview Hit videos from the V2000 headliners, including Travis, Macy Gray and Underworld.
3.00 PM	3.00 Formula 3000 - LIVE Action from the tenth round of the International Championship in Belgium. 3.45 Football - LIVE More from the Champions League draw. 4.30 Formula 3000 - LIVE Tenth-round action from the 3000 Championship.		3.30 The Rugby Club Mark Durden-Smith and Dewi Morris preview and review all the latest rugby union action and interview top rugby stars. 4.30 Watersports World A comprehensive guide to all the action from the world of water sports, from powerboating to canoeing. 5.30 Moto Plus Show that contains news and features on the latest motoring action.	3.30 What a Weekend The show that takes a look at the highlights of the weekend's sporting action.	3.00 Max Headroom <i>Dream Thieves</i> Carter meets a down-and-out guy who was in line for the same top reporter job that Edison got.	3.00 Bytesize MTV A feed of bizarre moments from different parts of the global MTV network. 3.55 MTV's Pop Single of the Week 4.00 Select MTV Make MTV your personal video jukebox. Just call the special hotline, pick your video from the on-screen menu and MTV will do the rest.
4.00 PM	5.00 Superbike Series covering the Superbike League. 5.30 Truck Sports Coverage of the fifth round of the 2000 Europa Truck Trial being held in Osnabrück, Germany. 6.30 Motorcycling Show that offers features on biking action.	6.00 Sky Sports Centre All the latest news from the world of sport.	6.00 Extreme Sailing Show that shows the most daring seafarers in action. 6.30 Gillette World Sport Special Alternative sports show.	4.00 Trans World Sport Sports show that covers a wide range of sports and sporting events and news from the past week. 5.00 Futbol Mundial World football action. 5.30 Inside the Senior PGA Tour Show that gives an insight into the Senior PGA Tour.	4.00 Land of the Giants <i>Collector's Item</i> A penniless giant captures Valerie and tries to use her in an evil plot. 5.00 Swamp Thing <i>Yo-Ho-Ho</i> Arcane threatens a boy. 5.30 Swamp Thing <i>Heart of Stone</i> Medusa comes to Houma.	
5.00 PM			7.00 Ford Golf USA: NEC Invitational - LIVE Live action from the second day of the NEC Invitational tournament from Firestone Country Club in Akron, Ohio, where the champion receives the Gary Player Cup. This is a stroke play event with a first prize of \$1m, and a total purse of \$5m. Tiger Woods was last year's winner.	7.00 First Division Football: Gillingham v Portsmouth - LIVE Marcus Buckland introduces live action from a Nationwide League match between Gillingham and Portsmouth. Newly promoted Gillingham will be looking to make a good start in the Nationwide League after last season's impressive promotion campaign. Match commentary is provided by Alan Brazil and Rob Hawthorne.	6.00 The Six Million Dollar Man <i>The Blue Flash</i> Steve Austin investigates the plot of some devious waterfront smugglers. 7.00 Amazing Stories <i>The Family Dog</i> A trilogy of cartoon stories. 7.30 Cybernet A weekly look at the world of computer games.	6.00 Bytesize MTV A constant feed of bizarre moments from different MTVs around the world in short soundbites.
6.00 PM		7.00 Super League - LIVE Eddie Hemmings and Mike Stephenson introduce the pick of the weekend's matches from the Rugby Super League.			8.00 Quantum Leap <i>Ghost Ship</i> Sam finds himself flying a private plane taking a honeymoon couple across the Bermuda Triangle.	7.00 MTV Hits A roller coaster of uninterrupted music videos featuring the latest from the MTV play list.
7.00 PM	7.30 Tennis - LIVE Coverage of the semi-finals from the WTA Tournament in New Haven, Connecticut, USA.				9.00 The Hunger <i>A Matter of Style</i> Lessons for a vampire. 9.30 The Hunger <i>Anais</i> A married man strays.	8.00 V2000 Preview Watch hit videos from the V2000 headliners, including Travis, Macy Gray, Underworld, Supergrass and Moby.
8.00 PM		9.30 Hold the Back Page Three of the country's leading football journalists analyse the newspapers' back page headlines. 10.30 Sky Sports Centre A roundup of all the very latest happenings from the world of sport.	11.00 Powerboating: World Offshore Powerboats 11.30 Extreme Sailing Aquatic action.	10.00-12midnight World Wrestling Federation: Late Night - Raw Jim Ross, Kevin Kelly and Michael Cole report on the latest action and adventure from the World Wrestling Federation circuit. The show also includes classic matches and some celebrity guests.	10.00 FILM: Galaxy of Terror Edward Albert, Erin Moran, Ray Walston, Sid Haig While on a rescue mission going to a marooned spaceship, astronauts are mysteriously murdered one by one. 1981 11.30 Urban Chiller Dramatisations of familiar urban legends. 12midnight FILM: Wings of Honneamise Japanese animation that shows a distant planet trying to launch its very own piloted spacecraft. 1994 2.30am Cybernet 3.00-4.00am Babylon 5 <i>Day of the Dead</i>	9.00 Weekend Edition All the biggest music news and interviews. 9.30 Essential Madonna 10.00 The Tom Green Show The anarchic Canadian comic returns. 10.30 The Blame Game 11.00 The Best of the Tom Green Show The very best of Tom Green's anarchic humour.
9.00 PM	9.00 Football Preview of the Uefa Champions League group phase matches.					
10.00 PM	10.00 Football Programme showing some of the most exciting Champions League matches from the Nineties.					
11.00 PM	11.00 SportsCentre 11.15 Boxing Action from a top international contest.	11.30 Premier League Preview Preview of the weekend's Premiership action. 12midnight Super League 2.00am Sky Sports Centre Sports news. 3.00 World Wrestling Federation: Late Night - Raw 5.00 Extreme Sailing 5.30-6.00am Gillette World Sport Special	12midnight First Division Football 1.30am Moto Plus 2.00 Hold the Back Page Expert football analysis. 3.00 Fasttrax 3.30 First Division Football 5.00-6.00am Sky Sports Centre			12midnight V2000 Preview Hit videos from the headliners of V2000, including Richard Ashcroft, Macy Gray, Underworld, Travis, Supergrass and Moby. 1.00am MTV Dance Floor Chart Show June Sarpong hits UK clubs.
12.00 NIGHT TIME	12.15-12.30am SportsCentre					
LIVE TENNIS: WTA TOURNAMENT - NEW HAVEN EUROSPORT 7.30PM Tennis fans are ready for more top women's hard court action with the \$535,000 Pilot Pen tournament taking place this week in New Haven, Connecticut. It's semi-final day, with many of the usual suspects in town aiming for another title. The new Wimbledon ladies' singles and doubles champion Venus Williams (pictured) took this trophy in 1999 with a two-set victory in the final against fellow American Lindsay Davenport. Monica Seles, who won way back in 1990, may also be on hand. 						
					PLAYBOY TV/ ADULT CHANNEL ADD-ON CHANNEL	TELEVISION X ADD-ON CHANNEL
					10.00pm Freeview 10.06 The Best of Pamela Anderson 11.15 Compromising Situations 12midnight Freeview 12.10am Feature 12.25 Dr Jenny Tulls 12.50 Adult Feature 1.15 Capital Ride 1.40 FILM: Ace Mullholland 3.05-4.00am Bloopers	12midnight Preview 12.10am Stripper 12.20 Close-Up 12.45 FILM 1.00 Freeview 1.05 FILM continues 2.00 Freeview 2.05 Adult Feature 2.30 FILM: Illusions 3.00 Freeview 3.05 FILM continues 3.40-4.00am Lydia
					Adult Nightview is now available as a TV on-demand service between 10.00pm and 4.00am at £4.95. See channel 50 for details	Adult Nightview is now available as a TV on-demand service between 12midnight and 4.00am at £4.95. See channel 50 for details

VH1 MUSIC & GAMES PACK		ANIMAL PLANET WORLD PACK		UK HORIZONS WORLD/ ACCESS PACKS		CARLTON FOOD NETWORK LIFESTYLE PACK									
6.00am Power Breakfast 8.00 Pop-Up Video 9.00 Upbeat 12noon Behind the Music: Milli Vanilli 1.00pm Greatest Hits: Queen Solid back-to-back hits. 1.30 Pop-Up Video Top trivia from the irreverent pop-up-video collection. 2.00 Jukebox Turn your television set into your very own music video selector jukebox.		12noon Croc Files 12.30pm Going Wild with Jeff Corwin <i>Palau</i> 1.00 Zoo Chronicles 1.30 Zoo Chronicles 2.00 Pet Rescue Follow the fortunes of abandoned animals. 2.30 Kratt's Creatures <i>Australia - Land of Mystery</i> The Kratt family wildlife show. 3.00 Woof! A Guide to Dog Training Dog trainer Matthew Margolis offers advice on how to get to know one's dog better. 4.00 Animal Planet Unleashed Magazine programme. 4.30 Croc Files Wildlife series aimed at the next generation. 5.00 Pet Rescue Follow the fortunes of abandoned animals. 5.30 Going Wild with Jeff Corwin <i>Papua New Guinea</i> 6.00 The Aquanauts Exploring aquatic landscapes and creatures. 6.30 Croc Files More reptilian adventures with Steve and Terri Irwin. 7.00 Wild Ones <i>Funnel-Webs</i> A look at the venomous funnel-web spider. 7.30 Twisted Tales <i>Snake</i> 8.00 Animals of the Mountains of the Moon <i>Lions - Night Hunters</i> Observe the nocturnal activities of lions. 9.00 Ten of the Best: Kevin the Teenager Kevin (alias Harry Enfield) takes time out in between strops to share his top 10 music videos. 10.00 Behind the Music: Tina Turner A look at the extraordinary musical career of the soulful songstress that has spanned almost 50 years. 11.00 Storytellers: Duran Duran NEW A specially recorded performance by the 1980s band, celebrating 20 years in the industry. 12midnight Tommy's Top 40 Rockers Watch the rundown of the greatest rock and metal bands in the top 40 rockers of all time. 3.00-6.00am VH1 Late Shift A selection of music videos to take you through the night.		7.00am Holiday in Style 8.00 Ready, Steady, Cook 8.30 Can't Cook, Won't Cook 9.00 Repair to Remember 9.30 Real Rooms 10.00 Change That 10.30 A Room with a View 11.00 How Does Your Wallpaper Hang? 12noon Good Living 12.30pm Style Challenge 1.00 Rick Stein's Seafood Odyssey 1.30 Ready, Steady, Cook 2.00 Ground Force 2.30 Gardening Neighbours 3.00 Learn to Garden with Stefan Buczacki Gardening skills for the novice gardener. 3.30 Gardeners' World 4.00 Stefan's Garden Roadshow The gardening Professor gives advice. 4.30 Good Living Lifestyle series. 5.00 Can't Cook, Won't Cook Cookery challenge. 5.30 Repair to Remember With Mag Ruffman. 6.00 Antiques Roadshow <i>Minehead</i> Hugh Scully and a team of experts invite the public to bring along their antiques. 7.00 Real Rooms Interior decorating series with Simon Biagi. 7.30 Change That Bath With host Mark Curry. 8.00 Style Challenge The makeover show. 8.30 Antiques Treasure Trail A look at the largest indoor fair in Europe. 9.00 Ground Force <i>Treherbert</i> Garden makeover series. 9.30 Changing Rooms <i>New Zealand</i> 10.00 Changing Rooms Down Under Top Australian designers transform rooms. 10.30 Real Rooms <i>Shropshire Courthouse</i> 11.00 BBC Gardener of the Year The search for the best amateur gardener. 11.30 Charlie's Garden Army 12midnight Garden Magic Toby Buckland and Lisa Davis offer instant solutions to gardening dilemmas. 12.30am-1.00am Stefan's Garden Roadshow Stefan Buczacki offers help and expert advice on gardening dilemmas.		7.00am Tomorrow's World Plus 7.50 The Crater Lions of Ngorongoro 8.50 Animal Hospital 9.20 Tomorrow's World Plus 10.15 American Plains: Coyote Country 11.15 Top Gear GTI 12.15pm Airport 12.45 Airport 1.15 Passport to the Sun 1.45 Airport 2.15 Tomorrow's Airport 2.45 A Very Special Baby A unique record of the experiences of infertile couples using surrogacy. 3.45 Animal Hospital Rolf Harris catches up with the action at RSPCA Harmsworth Hospital. 4.20 Vets in Practice <i>Under Pressure</i> Trude fights to save the lives of a litter of kittens. 4.50 Battersea Dogs' Home Simon Callow talks about the lurcher he chose. 5.25 Driving School Documentary series. 5.55 Lakesiders Fly-on-the-wall series set at Lakeside in Essex. 6.25 Passport to the Sun Series looking at summer life in Majorca. 7.00 Tourist Trouble Series from the front line of Britain's tourist industry. 7.30 Meet the Ancestors <i>Hunter of the Plain</i> 8.00 Vets in Practice <i>Love and Marriage</i> 8.30 Accident and Emergency Fly-on-the-wall series on Leeds General Infirmary. 9.00 Soldiers to Be Series following a group of army recruits. 9.35 On Behalf of the State <i>Memories of Hanging</i> An examination of the processes of capital punishment. 10.35 Vampire Murders Five Kentucky teens and their horrific experiments with vampirism. 11.35 Paddington Green 12.05am-1.00am Trouble at the Top		7.00am Tessa's Tastebuds 7.30 Coxon's Kitchen College 8.00 Food Network Daily 8.45 Quick Cooks 9.00 Red Hot 'n' Smokin' 9.30 Classic Dishes 10.30 A Year at Ballymaloe 11.00 Flash in the Pan 11.30 Celebrations 12noon Four Burners and a Grill 12.30pm Pacific Food 1.00 Kitchen College 1.30 Aldo's Italian Job 2.00 Food Network Daily 2.45 Quick Cooks 3.00 Red Hot 'n' Smokin' With the Nosh brothers. 3.30 Tessa's Tastebuds <i>Chocolate</i> 4.00 A Year at Ballymaloe Wild Irish salmon and blackcurrant leaf sorbet. 4.30 Classic Dishes 5.00 A to Z of Food and Beauty 5.30 Four Burners and a Grill 6.00 Coxon's Kitchen College 6.30-7.00pm Peter Gordon's Pacific Food		NATIONAL GEOGRAPHIC CHANNEL FAMILY PACK 7.00pm The Rhino War A close-up look at Africa's desperate battle to save one of the world's oldest surviving land mammals. 8.00 Treasure Seekers <i>Glories of Angkor Wat</i> An astonishing look at the ancient cities and temples of the Khmer kingdom. 9.00 The Paths of Genius Explore the many differing perceived ideas, varied definitions and quantifying levels of genius. 10.00 Kumari <i>The Strange Secret of the Kingdom of Nepal</i> 10.30 Maya Mysteries Explore a Mayan tomb. 11.00 The Beast of Bardia Discover how reports of a huge beast in Nepal led scientists to question the extinction of the mammoth. 12midnight-1.00am The City of Gold... And How to Get There Discover the legend that the first Conquistadors encountered in Mexico of a lost city endowed with unimaginable riches.		6.00 AM MORNING 3.00 PM 4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00 PM NIGHT TIME			
ITV2 ACCESS PACK 4.00pm Trisha Another double bill of heartwarming and hair-raising true stories with Trisha Goddard and a studio audience. Text 6.00 The Extremists Series about hair-raising sports and activities. 6.30 Dealer's Choice The used car show. 7.00 Rugby World Sevens Reigning champions Fiji defend their title as ten teams battle it out to become World Champions. 8.00 Sunset Beach Paula is in grave danger, despite Eddie's attempts to save her, while Annie tries to win Ben over. 8.50 Chart Choice 9.00 Bad Girls Drama series set in a women's prison. Crystal bids an emotional farewell to G Wing as her release date arrives. 10.00 Coronation Street Text 10.30 Nuts and Bolts A look at modern life in the valleys of south Wales, in the fictional town of Ystrad. 11.00 The Jerry Springer Show More outrageous revelations and confrontations. 11.50 The Late Show with David Letterman Top-rated chat show with the host and humourist. 12.40am Freaky Stories Ghoulish animation. 12.50 The Extremists 1.20-1.50am Dealer's Choice The used car show.		CABLE CHECK Some of the channels listed may not be available in your area		CHALLENGE TV MUSIC & GAMES PACK 5.00pm Cross Wits 5.30 Sale of the Century 6.00 Family Fortunes 6.30 100% 7.00 Stars in Their Eyes Final 8.00 Gladiators 9.00 Whittle 9.30 Strike it Lucky 10.00 Sale of the Century Presented by Keith Chegwin. 10.30 Family Fortunes 11.00 Stars in Their Eyes Final		12midnight Beadle's About 12.30am Gladiators Muscle-bashing mayhem. 1.30 The Cooler 2.00 Karaoke Challenge 2.30 3-2-1 3.30 The Krypton Factor Gordon Burns challenges contestants in a series of mental and physical tests. 4.00 Say the Word 4.30 Whittle 5.00-6.00am Shopping with Screenshop		DISCOVERY HOME & LEISURE WORLD PACK 6.00am The Joy of Painting 6.30 Grass Roots 7.00 Garden Rescue 7.30 Doing it Up 8.00 How to with B & Q 8.05 The House Doctor 8.35 Our House Down Under 9.05 The Joy of Painting 9.35 Grass Roots 10.05 How to with B & Q 10.10 Garden Rescue 10.40 Two's Country - Eastern Europe 11.10 Village Green 11.40 Home Savvy		12.10pm How to with B & Q 12.15 Hometime 12.45 This Old House 1.15 Home Again with Bob Vila 1.45 Wood Wizard 2.15 How to with B & Q 2.20 The New Yankee Workshop 2.50 Mod Cons 3.20 Rex Hunt's Fishing World 3.50-4.00pm How to with B & Q		RAPTURE BONUS CHANNEL 10.00am Freesport Special 10.30 World Wind Surf 11.00 High Action Adrenalin 11.30 Adrenalize 12noon Chilli Factor 12.30pm Mountain Bikes 1.00 World Wind Surf 1.30 Byte Me 2.00 Adrenalize 2.30 High Adrenalin Action 3.00 Fearless 3.30 Mountain Bikes 4.00 Freesport Special 4.30 World Wind Surf 5.00-6.00pm High Adrenalin Action		LOCAL CHANNEL ACCESS PACK 6.00pm LLTV - Local Life 6.30 What's On TV *London area: Blue Tomorrow Chelsea FC fanzine. *Derby area: Vision Rams Derby County FC fanzine. 7.00 LLTV - Local Life 7.30 YCTV 8.00 Student Showcase 8.30 What's On TV 9.00-9.30pm LLTV - Local Life * Repeated Saturday 9.30am	

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available in your area

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME

CARTOON NETWORK FAMILY PACK

5.00am Flying Rhino Junior High
6.00 Fat Dog Mendoza
7.00 Tom and Jerry
8.00 Dexter's Laboratory
9.00 Angela Anaconda
10.00 The Powerpuff Girls
11.00 Dragonball Z
12.00 Fiddle Your Friday
12.30pm Looney Tunes
1.00 Fiddle Your Friday
1.30 Ned's Newt
2.00 Fiddle Your Friday
2.30 Courage the Cowardly Dog

DISCOVERY WORLD PACK

4.00pm Rex Hunt Fishing Adventures Sydney
4.30 Discovery Today
A look ahead to the coming week's highlights.
5.00 The Adventurers
Neil Armstrong
A profile of the American astronaut who, in 1969, became the first man to set foot on the moon.
6.00 Forest Tigers - Sita's Story
The story of a Bengal tigress who lives with her cubs in Bandhavgarh in the heart of India.
7.00 Wonders of Weather
Dangerous Games
Trek with mountaineers as they battle with avalanches.
7.30 Discovery Today
8.00 Crocodile Country
A look at crocodile farming in Australia, plus the work of professional crocodile hunter Tom Nichols.
9.00 Extreme Contact
Giant Grouper Adventure
9.30 O'Shea's Big Adventure
Monsters of the Madre
10.00 Extreme Machines
Speed Freaks
Find out what drives people to create new speed records.
11.00 Wings
Instant Thunder
A profile of the formidable B-52 bomber, built during the Cold War to deliver NATO's nuclear deterrent.
12.00 Time Team
Kemerton
Tony Robinson and the team unlock the secrets of an Iron Age village in Kemerton in the Malvern Hills.
1.00am Red Chapters
A Fatal Stroke
1.30-2.00am
Discovery Today

3.00 Fiddle Your Friday
3.30 Johnny Bravo
More posing, preening and posturing from the self-obsessed hunk.
4.00 Fiddle Your Friday
4.30 Angela Anaconda
More from the girl with the over-active imagination.
5.00 Fiddle Your Friday
5.30 Ed, Edd 'n' Eddy
Another half-hour of namesake nonsense with the trio of friends.
6.00 Tom and Jerry
Madcap comic antics with the sparring cat and mouse.
6.30 The Flintstones
Hang out with the cavemen behaving badly.
7.00 Scooby-Doo
Another spooky scheme.
7.30 Looney Tunes
8.00 Angela Anaconda
8.30-9.00pm Courage the Cowardly Dog

7.00pm Grace Under Fire
7.30 King of Queens
Assaulted Nuts
8.00 Ellen
Reversal of Misfortune
Ellen is eager to support her parents' divorce.
8.30 Just Shoot Me
Miss Pretty
9.00 Married... With Children
Just Married...
With Children
9.30 Spin City
Bye Bye Love
10.00 FILM: Cousins
Ted Danson, Isabella Rossellini, Sean Young
Romantic comedy about a man and a woman, both married to other people, who gradually find themselves drawn together during a series of family engagements as their partners' infidelity is revealed. 1989
12.10am Cheers
12.40 Cheers
1.10 NewsRadio
1.40 Whose Line is it Anyway?
2.10 Dressing for Breakfast
2.40 Desmond's
3.10 It's Garry Shandling's Show
3.40 Rex the Runt
3.50-4.00am Rex the Runt

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NICKELODEON FAMILY PACK

7.00am Transylvania Pet Shop
7.30 Transylvania Pet Shop
8.00 Ren and Stimpy
8.30 Ren and Stimpy
9.00 Kenan and Kel
9.30 Kenan and Kel
10.00 Sister Sister
10.30 Sister Sister
11.00 Cousin Skeeter
11.30 Cousin Skeeter
12.00 Rugrats
12.30pm Rugrats
1.00 Rocko's Modern Life
1.30 Rocko's Modern Life
2.00 Rocko's Modern Life
2.30 Rocko's Modern Life

3.00 Rocko's Modern Life
Animated satire on consumer society.
3.30 Rocko's Modern Life
The adventures of two funky friends.
4.00 Kenan and Kel
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5.00 Sabrina the Teenage Witch
5.30 Sabrina the Teenage Witch
6.00 Are You Afraid of the Dark?
6.30-7.00pm Are You Afraid of the Dark?

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6.00 Are You Afraid of the Dark?
6.30-7.00pm Are You Afraid of the Dark?

3.00 Rocko's Modern Life
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FOX KIDS FAMILY PACK

6.00am Oggy 6.10 Bad Dog 6.30 Bobby's World 6.55 Jim Button 7.15 Walter Melon 7.40 Inspector Gadget 8.00 Oggy 8.10 Biker Mice 8.30 Dennis and Gnasher 8.55 Sailor Moon 9.15 Sailor Moon 9.40 Digimon 10.00 News 10.45 Masked Rider 11.05 X-Men 11.30 Spy Dogs 11.50 Ace Ventura 12.15pm Walter Melon 12.35 Inspector Gadget 1.00 Woody 1.10 Casper 1.30 Donkey Kong 1.55 Dennis and Gnasher 2.20 Life with Louie 2.40 Princess Sissi

3.00 Princess Starla and the Jewel Riders
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3.45 Mighty Morphin' Power Rangers
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NEWS AND INTERNATIONAL

Week 4

Saturday 26th August-Thursday 31st August



Sarah keeps on slaying 'em

It's hard to believe that it's now more than three years since young Buffy Summers (Sarah Michelle Gellar) arrived in Sunnydale to start at a new school and at the same time rid the world of vampires, demons and other underworld nasties with the help of some nifty kick-boxing moves and a handy wooden stake. Buffy's long-term on-again, off-again love interest Angel (David Boreanaz) now has his own show. But while we wait for the fifth series, we can be grateful to Sky One, who have been re-showing the early episodes – a great way to catch up if you're a recent convert to Joss Whedon's brilliantly written, darkly comic creation. And after last week's gripping finale to the first season, which climaxed with the Master getting impaled on a wooden shard after a rooftop confrontation with Buffy, it's back to normal (as far as that's possible) with this first episode from the second season, *When She Was Bad*. The gang are back to school after the summer break, and Buffy's been away. But Xander (Nicholas Brendon) and Willow (Alyson Hannigan) are worried about her – she's turned cold and distant. And no wonder, as she continues to worry about her relationship with the mysterious Angel while upholding her duties as a slayer. It seems the Master is not nearly as dead as Buffy had at first thought, and his followers scheme with the Anointed One to resurrect him. Their macabre plan includes killing Willow, Cordelia, Giles and computer teacher Ms Calender. It's up to our high-kicking heroine to save them.

Sky One, Sunday 27th, 8.00pm



The West was never this wild

Straddling an alarming number of seemingly incompatible genres with ease and confidence, the sci-fi/Western/gadget-laden spy thriller, *Wild Wild West*, is a determinedly different adventure. Set in the wake of the American Civil War, this update of the fondly remembered US television series features a demented criminal mastermind, Arliss Loveless (Kenneth Branagh), who plans to re-start the war with the aid of an incredible mechanical armoury. Will Smith, who plays gunslinger James West, is partnered by an eccentric US Marshall (Kevin Kline) and sent to put an end to the dastardly Dr Loveless's scheme.

Front Row, from Monday 21st, see listings for times



Viva Villa?

There is no love lost between the two Premiership teams you can watch battling it out on Sky Sports this Sunday. Aston Villa play host to their triumphant FA Cup final opponents, Chelsea. As if having their hopes of Cup glory dashed wasn't depressing enough, Villa then had to contend with an outburst by Chelsea chairman Ken Bates, who said he thought they played like 'some two-bob team'. The home side will no doubt be seeking revenge. There has been a lack of morale in the Villa camp of late, but the boundless drive of players such as Dion Dublin (pictured), whose spirit is epitomised by the fact that he broke his neck last December yet still managed to put in some first-team action at the end of the season, will compensate. *Sky Sports 1, Thursday 27th 3.00pm – LIVE*

Saturday 26 August

	SKY PREMIER PREMIUM CHANNEL	SKY MOVIEMAX PREMIUM CHANNEL	SKY CINEMA PREMIUM CHANNEL		
MORNING	6.00am Little Men 1997, rating Sky PG, 94 mins 7.45 Young Hearts Unlimited 1997, rating Sky PG, 93 mins 9.25 Let's Ruin Dad's Day 1998, rating Sky U, 92 mins 11.05 Sabrina Down Under 1999, rating Sky PG, 83 mins 12.35pm Pirates of the Plain Tim Curry, Seth Adkins 1999, rating Sky PG, DS, 90 mins 2.05 Seven Years in Tibet Brad Pitt, David Thewlis, BD Wong, Lhakpa Tsemchoe Drama based on a true story. An Austrian mountain-climber travels to the hauntingly beautiful and utterly alien civilisation of 1940s Tibet and encounters its young ruler, who is considered a god in his own land. Text 1997, rating Sky PG, 130 mins	6.00am Danielle Steel's Secrets 1992, rating Sky PG, 88 mins 8.00 Treacherous Crossing 1992, rating Sky PG, 84 mins 10.00 Medicine River 1993, rating Sky PG, DS, 96 mins 12noon The Legend of Wolf Mountain 1992, rating Sky PG, 88 mins 1.30pm UK Top Ten 2.00 Take My Advice: The Ann and Abby Story Wendy Mallick, Robert Desiderio Fact-based drama. Identical twin sisters rise to fame in the 1950s as pioneer agony aunts, yet are unable to find a cure for their own personal feud. 1999, rating Sky PG, 87 mins	11.00am House of Bamboo Robert Ryan, Robert Stack Crime drama set in postwar Japan. 1955, rating Sky PG, 102 mins 1.00pm Dr. Strangelove or: How I Learned to Stop Worrying and Love the Bomb Peter Sellers, Sterling Hayden Classic satirical dark comedy. 1963, rating Sky PG, 91 mins 2.35 Sons of the Desert Stan Laurel, Oliver Hardy Classic comedy. A pair of bumbling husbands seek to defy their shrewish wives and attend a racy convention. However, the duo's scheme soon goes awry, leaving them to face the wrath of their womenfolk. 1933, rating Sky U, 63 mins	Tom Hanks and Meg Ryan sample digital romance in the premiere of 'You've Got Mail'. Sky Premier 8.00pm	
	4.00 Let's Ruin Dad's Day Judge Reinhold, Tony Rosato, Comedy. Misinterpreting his father's decision to attend a distant job interview as a sign that his parents are divorcing, a young boy resorts to drastic measures in order to try and keep the family together. 1998, rating Sky U, 92 mins 6.00 Sabrina Down Under Melissa Joan Hart, Peter O'Brien, Remi Broadway Family adventure. A teenage witch finds herself in Australia, where romance blossoms between herself and a mysterious merman. 1999, rating Sky PG, 83 mins 7.30 Preview Show A sneak peek at some coming attractions on Sky Movies.	4.00 The Soul Collector Melissa Gilbert, Christina Carls, Bruce Greenwood, Todd Allen Romantic fantasy about an angel who is chosen to experience life as a human for a short time. The heavenly being does not count on the huge range of emotions he will experience – especially when he meets a beautiful young widow and her son. 1999, rating Sky PG, 87 mins 6.00 Marilyn and Me Susan Griffiths, Jesse Dabson, Joel Grey, Terry Moore, Drama focusing on an alleged love affair between Marilyn Monroe and a young reporter from Ohio. He remains with her as she ascends the ladder of success and the two eventually marry – but the studio powers- that-be have other plans for her. 1991, rating Sky PG, 89 mins 8.00 The Art of Murder Michael Moriarty, Joanna Pacula, Boyd Kestner, Peter Onorati Thriller. When a female artist finds her marriage turning sour on account of her husband's excessive drinking, she seeks comfort in the arms of another man. However, when her spouse is found murdered, she finds herself the prime suspect. 1999, rating Sky 15, DS, 88 mins 10.00 Web of Lies Brad Rowe, Seth Green Thriller. When a farm boy's hopes of attending college on a scholarship are placed in jeopardy, he turns to crime in order to fund his studies. 1999, rating Sky 12, DS, 88 mins 11.35 Cobra Sylvester Stallone, Brigitte Nielsen, Brian Thompson Action adventure. 1986, rating Sky 18, 83 mins 1.05am Kidnapped 1987, rating Sky 18, 94 mins 2.45 This World, Then the Fireworks Text 1996, rating Sky 18, 96 mins 4.25-6.00am Take My Advice: The Ann & Abby Story 1999, rating Sky PG, 87 mins	4.00 House of Bamboo Robert Ryan, Robert Stack, Cameron Mitchell, Brad Dexter Crime drama. An American ex-serviceman is sent to infiltrate a ruthless criminal gang made up of former GIs in postwar Japan. He finds it no easy task to establish himself as a trustworthy member of the group and win the confidence of its leader. 1955, rating Sky PG, 102 mins 6.00 Dr. Strangelove or: How I Learned to Stop Worrying and Love the Bomb Peter Sellers, Sterling Hayden, George C. Scott, Slim Pickens Classic satirical dark comedy about the panic that ensues when a demented US Air Force general initiates a nuclear strike against the Soviets. 1963, rating Sky PG, 91 mins 8.00 Miracle Mile Anthony Edwards, Mare Winningham, John Agar Drama. A man receives a bizarre message warning of impending nuclear doom. Unsure whether to take the claim seriously, he desperately tries to find the woman with whom he is in love. 1989, rating Sky 15, 84 mins 9.30 The Beguiled Clint Eastwood, Geraldine Page, Jo Ann Harris, Elizabeth Hartman Drama set during the US Civil War. When a wounded soldier finds shelter in a girls' school, his arrival sparks a series of unexpected incidents. 1971, rating Sky 15, 100 mins 11.15 The Panic in Needle Park Al Pacino, Kitty Winn, Richard Bright, Kiel Martin Drama about drug addiction. 1971, rating Sky 18, 104 mins 1.05am Miracle Mile Anthony Edwards, John Agar 1989, rating Sky 15, 84 mins 2.35 The Beguiled Clint Eastwood, Geraldine Page 1971, rating Sky 15, 100 mins 4.20-6.00am Pony Soldier Tyrone Power, Cameron Mitchell 1952, rating Sky PG, 79 mins	MOVIE RATINGS Sky U: Suitable for viewing by all Sky PG: Parental Guidance suggested Sky 12: Suitable for viewers aged 12 years and over Sky 15: Suitable for viewing by people of 15 years or over Sky 18: Suitable for viewing by adults only Text: film is subtitled on page 888 of Fastext Widescreen: shown in cinema (letterbox) format	
	7.00pm 7.00pm 8.00pm 9.00pm 10.00pm 11.00pm 12.00pm	7.00pm 8.00pm 9.00pm 10.00pm 11.00pm 12.00pm	7.00pm 8.00pm 9.00pm 10.00pm 11.00pm 12.00pm	FILMFOUR ADD-ON CHANNEL	
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	7.00pm 8.00pm 9.00pm 10.00pm 11.00pm 12.00pm	7.00pm 8.00pm 9.00pm 10.00pm 11.00pm 12.00pm	7.00pm 8.00pm 9.00pm 10.00pm 11.00pm 12.00pm	6.00pm The 5,000 Fingers of Dr T Tommy Rettig, Hans Conried, Peter Lind Hayes, Mary Healy Children's fantasy about a young boy who would rather play baseball than attend his piano lessons. One night he dreams that he is one of 500 reluctant junior pianists forced to practise on a giant piano under his tutor's stem supervision. 1953, 85 mins 8.00 Toys Robin Williams, Michael Gambon, Joan Cusack Fantasy comedy. An eccentric film-maker unwisely leaves his toy factory to his war-mongering brother, an army general. Before long, the original owner's two children find themselves ousted as the teddy bears and dolls are swept aside to make way for a formidable miniature arsenal. 1992, 116 mins 10.05 Falling Down Michael Douglas, Robert Duvall, Barbara Hershey, Tuesday Weld Drama about a stressed-out US everyman who suddenly snaps. Railing against the frustrations of modern life, he embarks upon an improvised reign of terror, pursued by a police officer who is almost equally world-weary. 1993, 108 mins 12midnight Taxi Driver Robert De Niro, Harvey Keitel Classic drama about a disturbed Vietnam veteran. 1976, 109 mins 1.55am La Haine Vincent Cassel, Hubert Koundé Gritty French drama. 1995, 94 mins 3.30-6.00am Valley of the Dolls Barbara Parkins, Patty Duke Drama. 1967, 118 mins	
	7.00pm 8.00pm 9.00pm 10.00pm 11.00pm 12.00pm	7.00pm 8.00pm 9.00pm 10.00pm 11.00pm 12.00pm	7.00pm 8.00pm 9.00pm 10.00pm 11.00pm 12.00pm	7.00pm Charlton Heston – For all Seasons Profile of the veteran Hollywood actor featuring comments from, among others, Gregory Peck, Janet Leigh and Heston himself. 8.00 It Runs in the Family Charles Grodin, Mary Steenburgen, Kieran Culkin Family comedy which, told through the eyes of the young son, chronicles the trials and tribulations of everyday life in 1940s America. Prominent among the various disruptions to domestic bliss is an ongoing feud with their hillbilly neighbours. 1994, 85 mins 10.00 Albino Alligator Matt Dillon, Faye Dunaway, Gary Sinise, William Fichtner Crime thriller. A hostage situation develops at an all-night New Orleans bar. As the police are called in and the tension mounts, various characters' relationships are re-evaluated. 1997, 94 mins 11.45 The Philadelphia Experiment Michael Pare, Nancy Allen Science fiction time-travel drama. Widescreen 1984, 102 mins 1.30am The Awakening Charlton Heston, Stephanie Zimbalist Horror thriller. Text 1980, 101 mins 3.15 The Big Picture Widescreen 1989, 101 mins 5.00-7.00am Lured Mystery drama. 1947, 102 mins	

FRONT ROW	Channel 51 Matinee	Channel 51 Evening	Channel 52	Channel 53
SCREENING WHEN YOU'RE GOOD AND READY WITH CABLE & WIRELESS See channel 50 or your Front Row spread on pages 14, 15 for further details. KEY TO FILM CONTENT T/C: Theme/Content BL: Bad Language S/N: Sex/Nudity V: Violence	WILD WILD WEST Rating 12, 102 mins Comedy Western. A pair of special agents is sent to track down a diabolical genius who is plotting to kill the US President with a huge walking weapon transporter. Stars Will Smith and Kevin Kline. T/C: Comedy, Western. BL: Occasional, mild. S/N: Some moderate references. V: Frequent, moderate. 6.00am, 8.00am, 10.00am, 12noon, 2.00pm, 4.00pm	WILD WILD WEST Rating 12, 102 mins Comedy Western. A pair of special agents is sent to track down a diabolical genius who is plotting to kill the US President with a huge walking weapon transporter. Stars Will Smith and Kevin Kline. T/C: Comedy, Western. BL: Occasional, mild. S/N: Some moderate references. V: Frequent, moderate. 6.00pm, 8.00pm, 10.00pm, 12midnight, 2.00am, 4.00am	THE THOMAS CROWN AFFAIR Rating 15, 109 mins Crime thriller. A millionaire steals art for the challenge, and a beautiful insurance investigator hunts him in a way which brings them perilously close together. Stars Pierce Brosnan and Rene Russo. T/C: Thriller, art theft. BL: Occasional, strong. S/N: Infrequent, moderate. V: None. 6.25pm, 8.30pm, 10.35pm, 12.40am, 2.45am	GO Rating 18, 98 mins Comedy, with two intertwining plots, told from different perspectives about a drug deal gone wrong and a road journey to Las Vegas. Stars William Fichtner, JE Freeman and Katie Holmes. T/C: Thriller, art theft. BL: Frequent, coarse. S/N: Occasional, strong. V: Occasional, strong. 7.00pm, 9.00pm, 11.00pm, 1.00am, 3.00am

SKY ONE ACTION/ SELECTION PACKS	UK GOLD LIFESTYLE/ SELECTION PACKS	LIVING LIFESTYLE PACK	GRANADA PLUS ACTION PACK	DISNEY CHANNEL ADD-ON/ PREMIUM CHANNEL	
6.00am Long Play 7.30 Mega Babies 8.00 Godzilla 8.30 Mummies Alive 9.00 Pokémon 9.30 Pokémon 10.00 Pokémon 10.30 The Simpsons Text 11.00 World Wrestling Federation – Smackdown 1.00pm World Wrestling Federation – Livewire 2.00 AXN 9 2.30 Storm Warning 3.00 Melrose Place <i>Desperately Seeking Samantha</i> Taylor causes problems for Michael and Megan. Meanwhile, Billy tries to get Samantha back. Stars Brooke Langton. 4.00 Star Trek: Deep Space Nine <i>The Begotten</i> While Kira gives birth, Odo raises an infant Changeling. Stars Avery Brooks. Text 5.00 Star Trek: Voyager <i>Dreadnought</i> Voyager spots a Cardassian-designed, self-guided missile carrying a warhead capable of significant destructive force. 6.00 Pokémon <i>The Problem with Paras</i> 6.30 The Simpsons <i>Two Cars in Every Garage and Three Eyes on Every Fish</i> A three-eyed fish appears. Text 7.00 Futurama <i>A Flight to Remember</i> The team holidays aboard the Starship <i>Titanic</i>. Text 7.30 The Simpsons <i>Monty Can't Buy Me Love</i> Text 8.00 Futurama <i>The Deep South</i> Fry meets a mermaid. Text 8.30 Suddenly Susan <i>Pucker Up</i> Stars Brooke Shields. 9.00 Xena: Warrior Princess <i>Ten Little Warlords</i> King Sisyphus, recently escaped from the underworld, brings Xena and some warlords together. Text 10.00 Cops <i>Fort Meyers</i> Officers arrest a man for driving with a suspended licence. Text 10.30 Cops <i>Las Vegas</i> Text 11.00 Hot Summer Downunder It's Valentines Day and the hottest place to be is in Melbourne for the Desperate and Dateless Ball. Text 12midnight Showbiz Weekly 12.30am Revelations 1.00 Revelations 1.30 Manhunter 2.30 World's Wildest Police Videos Text 3.20 The Untouchables Text 4.10 Manhunter 5.00 The Newlywed Game 5.20 The Newlywed Game 5.40-6.00am The Newlywed Game	6.00am May to December 6.35 Bread Text 7.10 Neighbours Omnibus 9.15 Dynasty Omnibus Omnibus edition of the soap about the lives of the oil-rich Carringtons. 12noon EastEnders Omnibus A chance to catch up with the week's activities in Albert Square. Geoff asks Michelle some awkward questions. David tells Pauline some home truths about Pete. 3.00pm The Bill Omnibus Omnibus edition of the police drama series. When his first undercover operation goes awry, Nick Slater has to think fast to save face and Hollis goes undercover with Customs and Excise when he discovers a hoard of illegally imported wildflower bulbs. Meanwhile, Daly's worst fears are realised when a nurse reports that she has received malicious phone calls from a mentally disturbed ex-prisoner. 5.30 'Allo 'Allo! Rene could be facing a fate worse than life with Edith. 6.10 Due South <i>Dead Men Don't Throw Rice</i> Fraser takes on a dangerous assignment as an undercover corpse in a funeral home in order to search for a missing body. 7.10 FILM: Perry Mason – The Case of the Killer Kiss <i>Raymond Burr, Barbara Hale, William R Moses, Stuart Damon</i> Murder mystery featuring the popular crime-solving detective. When a celebrity soap star dies after an unscripted clinch causes an allergic reaction, a former co-star is accused of killing him. But Perry finds the studio swarming with potential suspects. 1993 9.00 Dalziel and Pascoe <i>Ruling Passion</i> When Pascoe and Ellie go to visit four friends in an Oxfordshire village, they end up investigating the murders of three people and the disappearance of another. And while Dalziel investigates a series of burglaries, Pascoe gets some good news. Text 10.55 Silent Witness <i>Friends Like These – Part I</i> Drama series about a forensic pathologist. Sam is enjoying her relationship with Peter Ross, when a savage and apparently random murder demands their attention. Stars Amanda Burton. 12midnight Silent Witness <i>Friends Like These – Part II</i> 1.05am Harbour Lights 2.10 The Lenny Henry Show 2.45 Monty Python's Flying Circus Seminal comedy. 3.25 Silent Witness 4.20 Silent Witness 5.25-6.00am Angels	6.00am Ready, Steady, Cook 6.30 Can't Cook, Won't Cook 7.00 Tiny Living 9.00 Forgive or Forget 9.50 Relationship SOS 10.25 Home and Away Omnibus 12.30pm FILM: The Karen Carpenter Story <i>Cynthia Gibb, Mitchell Anderson</i> Biopic of the singer. 1988 2.20 FILM: The Care and Handling of Roses <i>Ann Jillian, Lee Horsley, Garrett M Brown, Sheila McCarthy</i> Romantic drama about two strangers, both happily married, who fall in love after attending regular Monday night screenings of classic romance films. 1996 4.10 Special Babies Documentary about babies born with special needs and the medical staff who care for them. 4.40 Maury Povich Double Bill Compelling and personal talk show dealing with emotional conflicts, hosted by broadcast journalist Maury Povich. 6.20 Chat's Moral Dilemmas Julia Bradbury hosts the talk show which offers advice to people who are in a dilemma. What will they decide? 7.10 Forgive or Forget Mother Love deals with real problems in a variety of relationships by giving guests the opportunity to forgive each other. 8.00 Judge Judy New York City family court judge Judy Sheindlin presides over a series of real-life cases and conflicts, trying to find solutions for all kinds of issues. 9.00 Profiler Suspense thriller series about Dr Sam Waters, a brilliant forensic psychologist with a gift for understanding the criminal mind. Stars Ally Walker. 10.00 Jerry Springer A double bill of the outrageous American talk show in which Jerry Springer and his guests engage in lively – and sometimes heated – discussions about relationship issues. 11.45-12midnight Sex Bites Raunchy late-night fun with Katrina Buchanan.	6.00am On the Buses 6.30 On the Buses 7.00 Plus on Plus 7.30 Mind Your Language 8.00 Bowler 8.30 Supersonic 9.00 Mission: Impossible 10.00 Charlie's Angels 11.00 Terry and June 11.30 Terry and June 12noon Please Sir 12.30pm Plus on Plus 1.00 On the Buses 1.30 On the Buses 2.00 Agatha Christie's Partners in Crime 3.00 Emmerdale Omnibus A chance to catch up with the past week's events in this celebrated soap. Dave's night on the tiles becomes public knowledge. Text 4.00 Charlie's Angels <i>Angels on Vacation</i> While holidaying in the small town of Payton, the Angels stumble upon an elaborate plan to free a well-known syndicate strongman. 5.00 Kojak <i>Siege of Terror</i> Three men kill a guard in an armoured truck robbery. Their escape plan fails and they flee to an Army surplus store. 6.00 Watching <i>Petting</i> Malcolm and Brenda incur the wrath of their landlady. 6.30 George and Mildred <i>All Around the Clock</i> 7.00 Agatha Christie's Partners in Crime <i>The Clergyman's Daughter</i> The husband and wife team, Tommy and Tuppence, investigate frightening incidences. 8.00 The Chief Protestors from an environmental group demonstrate against a ship with a cargo of mercury waste bound for South Africa. 9.00 The New Statesman <i>Three Line Whipping</i> B'Stard makes a fool of himself on television. 9.30 Shelley <i>May the Best Man Win</i> 10.00-11.00pm Kojak	6.00am PB and J Otter 6.20 Music Time 6.25 New Adventures of Winnie the Pooh 6.40 Art Play 6.45 Classic Toons 6.55 The Adventures of Spot 7.05 Bite Size 7.20 Circle Time 7.25 Bear in the Big Blue House 7.50 Rolie Polie Olie 8.00 Boy Meets World 8.30 Teen Angel 8.55 Art Attack 9.35 Sabrina 10.00 Doug 10.30 Pepper Ann 11.00 Smart Guy 11.30 Miami 7 12noon Boy Meets World 12.30pm Incredible Story Studio 1.00 FILM: Your Choice Your Voice 2.30 Mickey Mouseworks 3.00 101 Dalmatians Canine capers. Text 3.30 Timon and Pumbaa Two characters from <i>The Lion King</i> in their own series. Text 4.00 FILM: Ratz <i>Kathy Baker, Ron Silver</i> When wishes start coming true in the small town of Glenwood, Indiana, two teenage girls and an eccentric junk store owner have to join forces to set things right. Text 2000 5.30 Honey, I Shrunk the Kids: The TV Show <i>Honey, Meet the Barbarians</i> Diane decides to run for the school board. Text 6.10 Smart Guy <i>Goodbye, Mr Chimps</i> Text 6.35 Boy Meets World <i>Chasing Angela</i> It's Thanksgiving time. Text 7.00 FILM: Annie <i>Victor Garber, Kathy Bates</i> New remake of the classic musical story of a little orphan girl in the harsh world of pre-war America. When she meets a billionaire who takes her in for the Christmas holidays, he is so charmed by the winsome waif that he adopts her. Text 1999 8.30 Honey, I Shrunk the Kids: The TV Show <i>Honey, We've Been Swallowed By Grandpa</i> Text 9.10 Thunderstone Becky is trying to cover for Noah's absences. Text 9.35 Dinosaurs Text 10.00 Home Improvement Comedy double bill. Text 11.00 Dr Quinn: Medicine Woman Text 11.50-12midnight Toons	6.00 AM MORNING 3.00 PM 4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00 NIGHT TIME
CABLE CHECK Some of the channels listed may not be available in your area			GRANADA MEN & MOTORS ACTION PACK 11.00pm Sexy Shorts Music show which takes a cheeky look at the hottest videos. 11.30 Sunny Hotspots and Girls A holiday show with a difference. 12midnight Laptop Dancer 2 The new series which offers a sexy guide through the World Wide Web and, in particular, cybersex sites. 12.30am Beaver España Danni Hunt goes in search of the perfect fella. 1.00-2.00am Exotic Babes Erotic late-night series with a hint of the Orient.	THE BOX MUSIC & GAMES PACK Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXfresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions. SATURDAY CONTINUES OVERLEAF...	11.00 PM 12.00

CABLE CHOICE

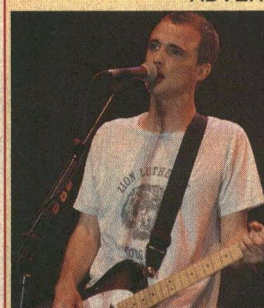
FILM	GENERAL
Dr Strangelove Sky Cinema 1.00pm, 6.00pm Stanley Kubrick's darkly comic nuclear satire remains as relevant today as it was on its release 37 years ago. The irony of the final apocalyptic scene set to Vera Lynn's WWII anthem <i>We'll Meet Again</i> brilliantly sums up the precarious nature of the world we live in.	V2000 Weekend MTV from 4.00pm Filmed at the festivals on 19th and 20th August at Chelmsford and Staffordshire, this year's V2000 was headlined by the likes of Travis and Macy Gray. MTV's coverage provides highlights and background to both main events and their own MTV/peoplesound.com stage.

ADVERTISEMENT

UK PLAY UK PLAY

PRESENTS GLASTONBURY 2000 FROM 5.00PM

It's now the biggest outdoor music festival in the world. With David Bowie, Chemical Brothers, Travis and the Stereophonics, you won't want to miss any of it. UK Play presents an eight-part series comprising the very best of Glastonbury 2000.

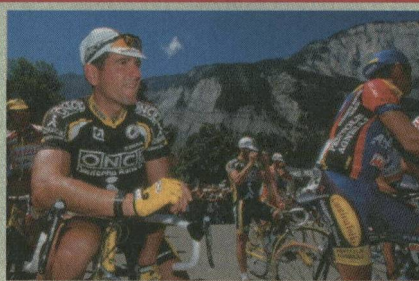


Saturday 26 August

	EUROSPORT NEWS & SPORT/ SELECTION PACKS	SKY SPORTS 1 PREMIUM CHANNEL	SKY SPORTS 2 PREMIUM CHANNEL	SKY SPORTS 3 PREMIUM CHANNEL	SCI-FI ACTION PACK	MTV MUSIC & GAMES PACK
6.00 AM MORNING	7.30am Xtreme Sports 9.00 Triathlon 10.00 Football 11.00 CART 12noon Strongest Man 1.00pm Truck Sports Coverage of the 2000 Europa Truck Trial in Osnabrück, Germany. 1.30 Formula 3000 - LIVE Action from the FIA Formula 3000 International Championship in Spa-Francorchamps, Belgium.	6.00am Hold the Back Page 7.00 Aerobics Oz Style 7.30 Racing News 8.00 Soccer AM 12noon Gillette Soccer Saturday Jeff Stelling and the usual studio guests preside over the afternoon's football action with expert analysis of the scores, results and stories as they come in.	6.00am Sports Unlimited 7.00 Sky Sports Centre 8.00 Aerobics Oz Style 8.30 Racing News 9.00 Max Power 10.00 Super League 12noon Johnny Mowlem Porsche Travels 12.30pm McClaren Mercedes Karting 1.00 Powerboating: World Offshore Powerboats 1.30 Ford Rugby Union: Allied Dunbar Premiership - LIVE Mark Durden-Smith hosts the latest live action from the Allied Dunbar Premiership.	10.00am Ford Golf USA: NEC Invitational The Firestone Country Club plays host as the big names jostle for day-two advantage. 2.00pm Australian Rules Football Dynamic action from the rough-and-tumble world of the Australian Football League. Sixteen teams, including the Brisbane Lions, Western Bulldogs and the mighty Kangaroos, compete in an exhausting 22-match Premiership season.	8.00am Earth Star Voyager 9.00 The Incredible Hulk 10.00 Lost in Space 11.00 The Six Million Dollar Man 12noon FILM: The Day the Fish Came Out Tom Courtenay A plane carrying a dangerous weapon crash-lands near Greece. 1967 2.00pm Project UFO	6.00am Select MTV 8.00 The Grind 9.00 Total Request 10.00 European Top 20 12noon Weekend Edition A round-up of last week's music and showbiz stories. 12.25pm MTV's Pop Single of the Week 12.30 Select MTV Richard Blackwood presents the video request show.
3.00 PM	3.30 Tennis Semi-final action from the WTA Tournament in New Haven, Connecticut.				3.00 Robocop What Money Can't Buy Robocop's rescue of a young boy in need of a lung transplant is thwarted by a ruthless criminal.	3.30 Weekend Edition Music and showbiz stories.
4.00 PM			4.00 Ford International Rugby Union: Tri-Nations - South Africa v Australia - LIVE The Tri-Nations continues apace as South Africa face Australia with live action from The ABSA Stadium in Durban. In the corresponding fixture last year, the Springboks continued their impressive home form against the Wallabies.	4.00 Gillette World Sport Special David Jensen reports on alternative sports. 4.30 Johnny Mowlem Porsche Travels 5.00 World Cup Showjumping: Lake Tahoe Grand Prix The state-of-the-art Lake Tahoe complex hosts the latest leg in the World Cup.	4.00 Earth Star Voyager During its long journey, the Earth Star Voyager ventures into the dreaded Outlaw Technology Zone. 5.00 Fantasy Island Worthy While granting beauty to a homely woman, Roarke helps a wealthy husband explore his wife's thoughts.	4.00 V2000 Video Diaries Show: Part I NEW MTV follows one of the V2000 performers throughout the weekend festival.
5.00 PM			6.30 Powerboating: World Offshore Powerboats	6.00 McClaren Mercedes Karting Motorsports action. 6.30 Premier Snooker League Action from a showcase for some of the world's finest players as they compete in a round of matches at venues all over the country.	6.00 Otherworld Paradise Lost A hypnotically attractive woman attempts to lure Hal away from June in a beautiful tropical zone.	5.00 The MTV Presenters At V2000: Part 1 NEW The MTV crew turns up at Chelmsford to get the backstage gossip.
6.00 PM	6.00 Cycling - LIVE Action from the first stage of the Tour of Spain, a 12km prologue in Malaga. The Vuelta is one of the three big tours in the cycling season and always attracts a top class field. Spain's Abraham Olano is a favourite to win this year.	6.00pm The Winning Post: Redcar/Windsor - LIVE Redcar and Windsor provide the venues for the evening's horse racing.	7.00 Max Power Featuring material from around the world, including two- and four-wheel motorsport, one-off events and championships.		7.00 Sleepwalkers Sleepwalkers Haunted by a persistent, disturbing dream that is literally killing him, Ben Costigan seeks help.	6.00 V2000 Performance Highlights Show: Part I NEW Live performances from top bands.
7.00 PM	7.30 Tennis - LIVE Coverage of the final of the WTA Tournament in New Haven, Connecticut.		8.00 Ford Golf USA: NEC Invitational - LIVE The NEC Invitational returns to the Firestone Golf & Country Club in Ohio for another two days of top-class golf action. With no cut in operation, this is a rare chance to take a prolonged look at the very best players in the world. Tiger Woods won this stage of golf's world championship and is the favourite again this year.	8.30 Cricket: NatWest Trophy - Final Highlights from the final of this year's NatWest Trophy final, which takes place at Lord's. In 1999, Gloucestershire won this trophy to complete a successful year.	8.00 FILM: Cocoon: The Return Don Ameche, Wilford Brimley, Courteney Cox Sci-fi adventure sequel. After leaving Earth for the planet of Antarea, three elderly couples return to rescue the remaining cocoons from damage caused by earthquakes. 1988	7.00 Weekend Edition 7.30 MTV Movie Special: Gone in 60 Seconds Behind the scenes of Nicolas Cage's latest film.
8.00 PM		8.30 Big Fight Special Action from the latest first-class boxing contest.		10.00-12midnight Ford Rugby Union Special: Tri-Nations - South Africa v Australia & Allied Dunbar Premiership Highlights of the Tri-Nations plus a chance to catch up with the latest action from the Allied Dunbar Premiership.	8.00 FILM: Roujin Z Japanese animation. A pretty young student nurse is suspicious when the authorities choose an elderly man in her care to test a new computerised method of caring for the elderly and infirm. 1994	8.00 Essential Mariah Carey Mariah opens up about her personal life.
9.00 PM	9.00 Football Uefa Champions' League Classics Featuring some of the greatest matches of the 1990s.		11.00 Ford Golf USA: US Amateur 2000 A chance for US golf's top amateurs to make a name for themselves in the most prestigious event on the non-professional calendar.		11.35 Ghost in the Shell Report The making of the movie.	8.30 Ultrasound: Brandy 9.00 Biorhythm: Jennifer Lopez
10.00 PM	10.00 SportsCentre Sports news. 10.15 Boxing Coverage of a top international contest.	10.00 World Wrestling Federation: Late Night - Smackdown Jim Ross, Kevin Kelly and Michael Cole host another bout of uncut rough-and-tumble action. 11.55 Premiership Shorts: Favourite Player - Gianfranco Zola 12midnight Kick Boxing 1.00am Cricket: NatWest - Final 2.30 WWF: Late Night - Smackdown 4.25 Premiership Shorts: Newcastle v Manchester United 4.30 Max Power 5.30-6.00am McClaren Mercedes Karting	3.00 Kick Boxing: Best of the Best 4.00 Big Fight Special 5.30-6.00am Powerboating: World Offshore Powerboats		10.00 FILM: Ghost in the Shell Japanese animation. 1995 1.30am The Hunger 2.00 Amazing Stories 2.30 The Ray Bradbury Theatre Exorcism 3.00-4.00am Lost in Space	9.30 The Blame Game Couples air their real-life grievances.
11.00 PM						10.00 V2000 Performance Highlights Show: Part II NEW More live action from the main stage.
12.00 NIGHT TIME	12.15am Cliff Diving Action from the World Tour in Brantallo, Switzerland. 12.45-1.00am SportsCentre					11.00 The MTV Presenters at V2000: Part II More gossip and backstage frolics at the festival. 12midnight V2000 Video Diaries Show: Part II NEW A headliner's experience of the festival. 1.00am MTV Dance Floor Chart Show 2.00 Hit List UK 3.00 Chill Out Zone 5.00-6.00am Night Videos

LIVE CYCLING: TOUR OF SPAIN EUROSPORT 6.00PM

The Tour of Spain starts today with the first stage - a 12km individual time trial in the pleasing holiday town of Malaga - being just a muscle-warmer. The event (also known as the Vuelta) was first held in 1935, and annually from 1955. This year the tour covers a distance of 2933km, with the finish in the capital, Madrid, on September 17. The Spaniard Abraham Olano (pictured) is one of the favourites, along with the German Jan Ullrich, who enjoyed a convincing win last year.



PLAYBOY TV/ ADULT CHANNEL ADD-ON CHANNEL

10.00pm Freeview 10.06
Night Calls 10.45 Intimate
Sessions 11.15 Girl Next
Door 12midnight Freeview
12.10am Adult Feature
12.25 Sam Gets Her Girl
12.45 Adult Feature 1.05
Capital Ride 1.30 FILM:
Reel Sex 2.55 Neil Down
3.25-4.00am Capital Ride

Adult Nightview is now available as a TV on-demand service between 10.00pm and 4.00am at £4.95. See channel 50 for details

TELEVISION X ADD-ON CHANNEL

12midnight Preview
12.10am Suburban Tales
12.20 Crazy Girls 12.45
FILM: Angel's Delights 1.00
Freeview 1.05 FILM
continues 2.00 Freeview
2.05 Supervillain 2.30 FILM:
Adult Feature 3.00 Freeview
3.05 FILM continues
3.40-4.00am Gina

Adult Nightview is now available as a TV on-demand service between 12midnight and 4.00am at £4.95. See channel 50 for details

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT

VH1 MUSIC & GAMES PACK	ANIMAL PLANET WORLD PACK	ITV2 ACCESS PACK	UK STYLE LIFESTYLE PACK	UK HORIZONS WORLD/ ACCESS PACKS	CARLTON FOOD NETWORK LIFESTYLE PACK	
6.00am Breakfast in Bed 10.00 Ten of the Best: The Bee Gees 11.00 Greatest Hits: The Bee Gees The ultimate Bee Gees' hits, including <i>Staying Alive</i> . 12noon Behind the Music: Duran Duran 1.00pm The VH1 Album Chart Show 2.00 Top 40 Women The girls are fighting it out to be the supreme number one in the top 40 female artists of all time.	12noon Crocodile Hunter <i>Wildest Home Videos</i> 1.00pm Emergency Vets 1.30 Emergency Vets There's an emergency admission when a dog hit by a car is brought in by a member of the public. A dachshund is brought in for surgery by her owner who tests the surgeon's patience. 2.00 Adaptation 3.00 Wild Ones <i>Elephants, Friends of Giants</i> The work of people who have championed the cause of the elephant. 4.00 Families <i>Zebras</i> In the zebra world, the young stallions select the females that will make up their harem. 5.00 Crocodile Hunter <i>Faces in the Forest</i> Steve Irwin falls in love with the endangered orang-utans of Sumatra. 6.00 The Aquanauts A chance to meet the pupfish of California. 6.30 The Aquanauts Dive with the Zambezi shark in Mozambique. 7.00 Wild Rescues Incredible tales of people saving animals – and animals saving people. 7.30 Wild Rescues Incredible animal tales. 8.00 ESPU Documentary on the fight against poaching. 8.30 ESPU More from the protectors of endangered species. 9.00 Wildest South America The diversity of South American wildlife, including a look at the pumas of the Patagonian foothills. 10.00 Behind the Music: 1984 A look at the year that changed the face of pop forever with the birth of the music video. 11.00 Storytellers: Duran Duran Simon Le Bon and Nick Rhodes celebrate their third decade in the industry. 12midnight Top 40 of the 90s A look back at the best music of the decade, with the ultimate countdown of the biggest hits of the 1990s, including Oasis. 3.00am-6.00am VH1 Late Shift	9.25am The Extremists 10.00 Rugby World Sevens 11.00 The Extremists 11.30 Dealer's Choice 12noon High Five 12.30pm ISKA Karate 1.00 Trisha The agony aunt deals with more real-life dilemmas. 2.00 Football First Live football updates from around the country. 6.00 The Extremists Series about hair-raising sports and activities. 6.30 Dealer's Choice With Richard Simmonds. 7.00 High Five Extreme-sports action. 7.30 ISKA Karate Martial arts action from the International Sport Kickboxing Association. 8.00 A Night of Speed An evening dedicated to wheels, handbrakes and fast action, including a look at the domestic car market, and behind the scenes on the professional racing circuit. 11.00 Pleasure Island 11.30 Pleasure Island 12midnight Videotech 12.30am Trisha More true stories – both heartwarming and shocking – with Trisha Goddard and a studio audience. 1.30-2.00am Planet Rock Profiles In-depth musical profile.	7.00am Can't Cook, Won't Cook 7.30 Ready, Steady, Cook 8.00 Change that 8.30 The House Doctor 9.00 Antiques Roadshow US 10.00 Holiday in Style 11.30 Spa Trek 12noon Style World 12.30pm Looking Good 1.00 à la mode 1.30 Style Challenge 2.00 Gary Rhodes 2.30 Delia Smith's Summer Collection 3.00 Delia's How to Cook Delia Smith prepares a Roquefort salad. 3.30 Party of a Lifetime 4.00 Can't Cook, Won't Cook Cookery challenge. 4.30 Ready, Steady, Cook Cookery show. 5.00 Change That Wren Loasby adds a touch of upholstery magic to a chair frame. 5.30 The House Doctor 6.00 Antiques Roadshow US The team travels to historic Concord, Massachusetts and examine beautiful Art Nouveau jewellery. 7.00 Holiday in Style Jayne Constaninis introduces reports from Gran Canaria, Toronto, Umbria, Malawi, Bath, Bournemouth and Brighton. 8.00 Holiday Swaps A family exchanges Butlins for a caravaning holiday. 8.30 Spa Trek Arizona – <i>Miraval Life in Balance</i> 9.00 Style World Venice A look at all that's new in the world of interiors and design in Venice. 9.30 Looking Good 10.00 à la mode A milliner has top advice on the best hats. 10.30 Style Challenge People get makeovers. 11.00 Gary Rhodes Hen Night Gary organises a hen night. 11.30 Delia Smith's Summer Collection A Holiday at Home 12midnight Delia's How to Cook Delia Smith creates a Roquefort salad and two versions of potato gnocchi. 12.30am-1.00am Party of a Lifetime Ainsley and the team surprise a couple from Teesside.	7.00am 21st-Century Safari 7.30 Squirrels Under Seige 8.00 Sense of Timing 8.30 Making Sense 9.00 Zoo 9.30 Zoo 10.00 Nazi Gold 11.30 War Walks 12noon Tomorrow's World Plus 1.00pm Tomorrow's Airport 1.30 Tomorrow's World Plus Dinosaur Special 2.00 21st-Century Safari 2.30 Squirrels Under Seige 3.00 Sense of Timing <i>Supersense</i> The ways in which different animals experience time. 3.30 Making Sense <i>Supersense</i> 4.00 Zoo From Whipsnade Zoo. 4.30 Zoo A report on the keepers and animals at London and Whipsnade Zoo. 5.00 Top Gear GTi The team tests the latest models and casts an experienced eye over the hottest motoring news and consumer tips. 6.00 Full Circle with Michael Palin <i>Bolivia and Peru</i> The intrepid traveller visits Lake Titicaca, on the roof of the Andes. 7.00 Atlantis Revisited – Uncovered Explore the age-old mystery of whether Atlantis really did exist. 8.00 Atlantis Revisited – Reborn A look at how belief in the Atlantis myth is growing stronger, despite all the evidence to the contrary. 9.00 Money, Money, Money <i>Eye of the Needle</i> 9.30 Blues and Twos 196 Emergency Message Documentary. 10.00 Blues and Twos 10.30 Blues and Twos 11.00 Blues and Twos 11.30 Blues and Twos 12midnight Blues and Twos 12.30am-1.00am Blues and Twos	7.00am Newman Meets 7.30 Coxon's Kitchen College 8.00 Food Network Daily 8.45 More Simply Antony 9.30 Use Your Loaf 10.00 Classic Dishes 10.30 Costa del Nosh 11.00 Cucina Valentina 11.30 Simply Baking 12noon Coxon's Kitchen College 12.30pm Ross's Barbecue Party 1.00 Waitrose in Season 1.30 Use Your Loaf 2.00 Food Network Daily 2.45 Quick Cooks 3.00 Food from the Village <i>Honey</i> Thane Prince explores the food and history of Cyprus. 3.30 Tastes of Britain 4.00 Costa del Nosh Mick and Nick Nosh prepare marinated olives followed by gazpacho. 4.30 Cucina Valentina <i>Seafood</i> 5.00 Classic Dishes Top chefs prepare dishes. 5.30 Newman Meets 6.00 Coxon's Kitchen College 6.30-7.00pm Use Your Loaf	
					NATIONAL GEOGRAPHIC CHANNEL FAMILY PACK	
					7.00pm Africa from the Ground Up <i>Beauty and the Beast</i> 7.30 Rocky Mountain Beaver Pond The industrious beaver. 8.00 Lunge Lizards Find out more about the mysterious lizard. 8.30 Kimberley's Sea Crocodiles A report on sea crocodiles. 9.00 Wolfman Join Werner Freund, who has been accepted as the dominant male by wolves, and has lived among them for 25 years. 10.00 Rat Wars Discover how some people in India care for wild rats. 10.30 Beeman Meet a man who studies bees at close range. 11.00 Wings Over the Serengeti Soar high above the beautiful but savage Serengeti with the imposing African vultures. 12midnight-1.00am Donana – The Last Resort A look at Donana in Spain, one of Europe's most important wildlife reserves, which is being threatened by developers.	
CHALLENGE TV MUSIC & GAMES PACK		DISCOVERY HOME & LEISURE WORLD PACK		RAPTURE BONUS CHANNEL	LOCAL CHANNEL ACCESS PACK	
5.00pm Strike it Lucky 5.30 Sale of the Century 6.00 Family Fortunes 6.30 100% 7.00 Beadle's About 7.30 Winner Takes All 8.00 Stars in Their Eyes Amateur singers become a star for the night. 8.30 Candid Camera 9.00 Whittle 9.30 Strike it Lucky 10.00 Endurance UK 10.30 Family Fortunes		6.00am Set in Stone 6.30 The Diceman 7.00 Screaming Reels 7.30 Charlie West Fishing 8.00 How to with B & Q 8.05 A Car is Born 8.35 Our House Down Under 9.05 Home Savvy 9.35 Home Savvy 10.05 How to with B & Q 10.10 Total Fishing with Matt Hayes 10.40 Hooked on Fishing 11.10 Rex Hunt Fishing Adventures		11.40 Whacky Racers 12.10pm How to with B & Q 12.15 Two's Country 12.45 Doing it Up 1.15 Home Again with Bob Vila 1.45 The New Yankee Workshop 2.15 How to with B & Q 2.20 Mod Cons 2.50 Our House 3.20 Go Fishing 3.50-4.00pm How to with B & Q	10.00am Freesport Special 10.30 Chill Factor 11.00 World Wind Surf 11.30 Adrenalize 12noon Fearless 12.30pm FILM 1.30 Chill Factor 2.00 Mountain Bikes 2.30 High Adrenalin Action 3.00 World Wind Surf 3.30 Fearless 4.00 Freesport Special 4.30 Chill Factor 5.00 World Wind Surf 5.30-6.00pm Adrenalize	6.00pm LLTV – Local Life A daily magazine programme featuring local news, events and lifestyle features. 6.30 What's On TV 7.00 LLTV – Local Life 7.30 YCTV Programmes made by the stars of tomorrow featuring the stars of today. 8.00 Student Showcase 8.30 What's On TV 9.00-9.30pm LLTV – Local Life

6.00 AM
MORNING

CABLE CHECK
Some of the channels listed may not be available in your area

3.00 PM

DISCOVERY WORLD PACK

4.00 PM

4.00pm The Fastest Car on Earth
Follow the Thrust Supersonic Car project and its attempt to break the sound barrier.

5.00 PM

5.00 Battlefield
The Battle of the Atlantic - Part II
A look at the effort and sacrifice taken to defeat the U-boats in World War II.

6.00 PM

6.00 Battlefield
The Battle for Russia - Part I
How the German Army prepared for a long and gruelling conflict.

7.00 PM

7.00 Endgame
The story of the siege of the Japanese embassy in Lima, Peru, where a party was hostage for four terrifying months.

8.00 PM

8.00 Scrapheap
Power Pullers
The two teams are on a mission to build a high-powered tractor in less than ten hours.

9.00 PM

9.00 Hoover Dam
A look at the construction which stands testimony to determination and sacrifice during the depression of the late 20s and 30s.

10.00 PM

10.00 Great Quakes
Kobe
Featuring the tragic tale of the earthquake which shook the Japanese city of Kobe in 1995.

11.00 PM

11.00 Extreme Machines
Speed Freaks
A look at speed records, the people behind them and what the future holds.

12.00

NIGHT TIME

12midnight Trailblazers
Nomads of the Sahara
Nick Danziger discovers the nomadic culture of the Tuareg people.

1.00am-2.00am Tanks
Battle of Kursk
A look at the greatest tank battle ever fought.

CARTOON NETWORK FAMILY PACK

5.00am Tabaluga 5.30 Blinky Bill 6.00 Fly Tales 6.30 Flying Rhino Junior High 7.00 Fat Dog Mendoza 7.30 Ned's Newt 8.00 Mike, Lu and Og 8.30 Ed, Edd 'n' Eddy 9.00 Dexter's Laboratory 9.30 Powerpuff Girls 10.00 Angela Anaconda 10.30 Cow and Chicken 11.00 Dragonball Z 12noon-6.30pm Cheatathon
A marathon stint featuring top cartoon baddies, including Dick Dastardly and Muttley (pictured).



6.30 FILM: The Jetsons Meet the Flintstones
Animation. A time machine catapults the Jetson family back to prehistoric times where they come face-to-face with the Flintstones and the Rubbles. 1987
8.30-9.00pm Courage the Cowardly Dog

TCM FAMILY PACK

9.00pm When Dinosaurs Ruled the Earth
Victoria Vetri, Robin Hawdon, Patrick Allen
Prehistoric fantasy about two lovers' survival. 1970
10.50-1.00am Catlow
Yul Brynner, Richard Crenner, Leonard Nimoy
Comedy Western about a cattle rustler who tries to recover some booty. 1971

CARTOON NETWORK:
1.00am The Moomins 1.30 The Magic Roundabout 2.00 Tabaluga 2.30 Blinky Bill 3.00 The Tidings 3.30 The Fruitties 4.00 The Moomins 4.30-5.00am The Magic Roundabout

NICKELODEON FAMILY PACK

7.00am The Three Friends... and Jerry 7.30 The Three Friends... and Jerry 8.00 Kenan and Kel 8.30 Kenan and Kel 9.00 Rugrats 9.30 Rugrats 10.00 Hey Arnold! 10.30 Hey Arnold! 11.00 CatDog 11.30 CatDog 12noon Angry Beavers 12.30pm Angry Beavers 1.00 Rocko's Modern Life 1.30 Rocko's Modern Life 2.00 Renford Rejects 2.30 Renford Rejects

3.00 The Secret World of Alex Mack
More from the schoolgirl with extraordinary powers.
3.30 The Secret World of Alex Mack
4.00 Sister Sister
Tia and Tamera and their respective single parents all try to live together.
4.30 Sister Sister
Fun with Tia and Tamera.

5.00 Sabrina the Teenage Witch
5.30 Sabrina the Teenage Witch
6.00 Are You Afraid of the Dark?
6.30-7.00pm Are You Afraid of the Dark?

PARAMOUNT COMEDY CHANNEL FAMILY PACK

7.00pm Grace Under Fire
7.30 King of Queens
Parent Trapped
8.00 Cheers
Go Make
Rebecca and Sam get imaginative.
8.30 Just Shoot Me
Maya's Nude Photos

9.00 FILM: Monty Python and the Holy Grail
John Cleese, Eric Idle, Graham Chapman
Comedy following the story of King Arthur and his Knights of the Round Table and their search for the legendary Holy Grail. 1975
10.40 Monty Python Reunion Special
A special montage of sketches and interviews with the Monty Python team.

11.55 FILM: The History of the World Part I
Comedy. 1981
1.40am Rex the Runt 1.50 Rex the Runt 2.00 Dressing for Breakfast 2.30 Desmond's 3.00 It's Garry Shandling's Show 3.30-4.00am Abbott and Costello

TV TRAVEL SHOP BONUS CHANNEL

A total travel service in your own home. Video brochures give a guided tour of resorts around the world, with regular bulletins and programmes featuring late holidays and special offers. Viewers can then book holidays 24-hours-a-day, seven-days-a-week, by calling 0870 60 60 747. For more information and full listings turn to TV Travel Shop Text, from page 200.

FOX KIDS FAMILY PACK

6.00am Oggy 6.10 Bad Dog 6.30 Bobby's World 6.55 Jim Button 7.15 Walter Melon 7.40 Inspector Gadget 8.00 Oggy 8.10 Biker Mice 8.30 Dennis and Gnasher 8.55 Sailor Moon 9.15 Sailor Moon 9.40 Digimon 10.00 Power Rangers 10.20 Monster Rancher 10.45 Masked Rider 11.05 X-Men 11.30 Spy Dogs 11.50 Ace Ventura 12.15pm Walter Melon 12.35 Inspector Gadget 1.00 Woody 1.10 Casper 1.30 Donkey Kong 1.55 Dennis and Gnasher 2.20 Life with Louie 2.40 Princess Sissi

3.00 Princess Starla and the Jewel Riders
More magical adventures.
3.20 Sailor Moon
3.45 Mighty Morphin' Power Rangers
4.05 Mighty Morphin' Power Rangers
4.30 Digimon
Adventures in a world of digital monsters.

4.50 Masked Rider
5.15 Monster Rancher
Genki and Holly try to save Monster Rancher world.
5.35 Biker Mice from Mars
6.00 The New Addams Family
6.25 Casper
6.35-7.00pm Goosebumps

SHOP! LIFESTYLE/ SELECTION PACKS

6.00am Shop! Selection 7.00 Jewellery Shop! 8.00 Clothes Shop! 9.00 Home Shop! 10.00 Sports Shop! 11.00 Technology Shop! 12noon Clothes Shop! 1.00pm Shop! Special 2.00 Shop! Special 2.30 Kids Shop! Back-to-school special. 3.00 Kitchen Shop! Cookery advice and essential kitchen equipment. 4.00 Entertainment Shop! 5.00 Shop! Selection 6.00 Clothes Shop! 7.00-7.30pm Entertainment Shop!

GMTV 2 ACCESS PACK

GMTV2 offers pre-school and lifestyle shows between 6.00am and 9.25am. Weekdays: *The News Hour* at 6.00am followed by children's shows. Saturdays: Children's programming and a round-up of the week's news in *The Review*. Sundays: Highlights include a *Pokémon* triple bill and *The Review*.

QVC LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day - so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is 9ct Gold Mine at 1.00pm.

NEWS AND INTERNATIONAL

BBC NEWS 24 NEWS & SPORT/ ACCESS PACKS

6.00am News 8.00 Weekend 24 9.00 News 9.30 World News 10.00 News 10.30 Click Online 11.00 News 11.30 Australia Direct 12noon News 12.30pm Correspondent 1.00 News 2.00 News 2.30 Click Online 3.00 News 3.30 Reporters 4.00 News 4.30 Talking Movies 5.00 News 5.30 Scoreline 6.00 News 6.30 Scoreline 7.00 News 7.30 Sportsday 8.00 News 9.00 News 10.00 News 10.30 Talking Movies 11.00 News 12midnight News 12.30am Correspondent 1.00 News 2.00 News 2.30 Australia Direct 3.00 News 3.30 Talking Movies 4.00 News 4.30 Reporters 5.00 News 5.30-6.00am Click Online

CNN INTERNATIONAL NEWS & SPORT PACK

News throughout the day, plus: 5.00am World News 5.30 Your Health 6.30 World Business This Week 7.30 World Beat 8.30 World Sport 9.00 Larry King 9.30 Larry King 10.30 World Sport 11.30 CNNdotCOM 12.30pm Moneyweek 1.00 News Update/World Report 2.30 Your Health 3.30 World Sport 4.30 Golf Plus 5.00 Inside Africa 5.30 Business Unusual 6.30 CNN Hotspots 7.30 World Beat 8.30 Style 9.30 The arclub 10.30 World Sport 11.00 CNN WorldView 11.30 Inside Europe 12.30am Showbiz This Weekend 1.00 WorldView 1.30 Diplomatic License 2.00 Larry King Weekend 3.00 WorldView 3.30 Both Sides 4.30-5.00am Evans, Novak, Hunt & Shields

SKY NEWS NEWS & SPORT PACK

News on the hour, every hour, plus: 6.00am Sunrise 9.30 Technofile 10.30 Showbiz Weekly 11.30 Fashion TV 12noon Sky News Today 1.30pm Answer the Question 2.00 Sky News Today 2.30 Week in Review 3.30 Showbiz Weekly 4.30 Technofile 5.00 Live at Five 7.30 Sportline 8.30 Media Monthly 9.30 Technofileextra 10.00 Sky News at Ten 12.30am Fashion TV 1.30 Showbiz Weekly 2.30 Technofile 3.30 Week in Review 4.30 Answer the Question 5.30-6.00am Showbiz Weekly

INTERNATIONAL

SAT1 5.00am Blitz 5.40 Jason King 6.35 Jumanji 7.05 Fantastic Max 7.35 Schlumpfe 8.05 Rugrats 8.35 Der Regenbogenfisch 9.05 Scooby-Doo 9.35 Tom and Jerry Kids Show 10.05 Familie Feuerstein 10.35 Bugs Bunny 11.05 Men in Black 11.35 Die Peanuts 12.05pm Heartbreak High 1.05 Star-Trek Raumschiff Enterprise 2.00 Star-Trek Raumschiff Voyager 3.00 Net 4.00 Echt Wahr! 4.30 Nachrichten 5.00 Alf 5.30 Bundesliga 7.00 Sport 7.15 FILM 9.45 Der Jürgen von der Lippe 11.45-12midnight Das Tour Des Feuers

TV5 5.00am Journal 5.15 Journal des Journaux 6.00 Infos 6.05 Les Zaps 6.30 Les Zaps 7.00 Journal 7.30 Les Zaps 8.00 Infos 8.05 Archimède 8.45 De Cause à Effet 9.00 Journal 9.15 Silence ca Pousse 9.30 Branché 10.00 Infos 10.05 Montagne 11.00 Infos 11.05 D Comé Design

11.30 Journal 12noon Infos 12.05pm Reflets 1.00 Journal 1.15 Un Siècle d'Écrivains 2.00 Portraits 3.00 Sport 3.15 Questions 3.30 Sport Africa 4.00 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal 5.15 La Marche du Siècle 7.00 Journal 7.30 Journal 8.00 Infos 8.05 Thalassa 9.00 Journal 9.15 La Vie à l'Endroit 11.00 Journal 11.30-12midnight Soir 3

ASIANET ADD-ON CHANNEL CABLE EXCLUSIVE

7.30am News 8.00 Sant Darshan 9.00 Cultural Heritage 11.00 Interactive Live 12noon News 12.30pm Sansaar 1.00 Pakistan This Week 1.30 FILM 4.00 Dil Dariya 4.30 Circus 5.00 MTV 12.3 6.00 Ek Mulaqat 6.30 Music Fusion 7.00 MTV Hitlist 8.00 Kabhie Kabhie 8.30 Junoon 9.00 FILM 12midnight MTV Hitlist 1.00am FILM 4.00 Kabhie Kabhie 4.30 Junoon 5.00 Circus 5.30 Dil Dariya 6.00 Balcony 6.30 DD Programme 7.00-7.30am Mehfil

ZEE TV ADD-ON CHANNEL

6.00am Mrs Madhuri Dixit 6.30 Shabads 7.00 Faith: Swami Narayan 7.30 News 8.00 Business 8.30 Gubbare 9.30 Quiz 10.00 Entertainment 10.30 Request 11.30 Khana Khazana 12noon FILM 3.00pm Show Time 4.00 Sanskar 5.00 Khoob-surat 5.30 Rishtey the Love Stories 6.30 Hum Paanch 7.00 Top Ten 8.00 News 8.30 FILM 11.30 Double Mix 12midnight News 12.30am FILM 3.30 Hum Paanch 4.00 Daraar 4.30 Campus 5.00 Aur Ek Minute 5.30-6.00am Gane Anjane

CHRISTIAN CHANNEL EUROPE WORLD PACK

5.00am CMTV 5.30 700 Club 6.00 CMTV 6.30 Jack Van Impe Presents 7.00 Kids Club 7.30 Donut Man 8.00 Colby's Clubhouse 9.00 Gospel Bill 9.30 This Generation 10.00 Jesse 10.00-11.00am CMTV Scene Dock

BLOOMBERG WORLD PACK

2.00am European Weekly Review 3.15 Spread Your Bets 4.15 Bloomberg Money 5.00am Market Movers 5.45-6.00am Spread Your Bets

BBC PARLIAMENT NEWS & SPORT PACK

Parliament is in recess.

THE HISTORY CHANNEL WORLD PACK

12noon Barbarian Hordes 12.55pm Photos for the Future II 1.00 Crown and Country 1.30 Time Tourists *The Roaring Twenties* 2.00 Biography *Caligula* 2.55 A Small Piece of History 3.00 Great Crimes and Trials 3.30 Great Crimes and Trials

4.00 The Spying Game 4.30 Spies 5.00 Great Planes *The Apache* 6.00 D-Day 7.00 Biography *Julius Caesar* 8.00 When the Century was Young *The New Metropolis* 9.00-10.00pm Life and Death in Britain's Ancient Theatres

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TELETEXT PAGE 386

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	£20,000	420.66	311.97	259.23	209.33	186.95
11.4% Variable or fixed for up to 5 years NO FEES	£17,500	379.79	285.65	240.27	198.03	179.68
	£15,000	325.54	244.85	205.95	169.74	154.01
	£12,500	271.28	204.04	171.62	141.45	128.34
	£11,000	238.73	179.55	151.03	124.47	112.94
	£10,000	217.03	163.23	137.30	113.16	102.67
12.9% Variable or fixed for up to 5 years NO FEES	£9,000	201.29	153.30	130.38	109.41	100.61
	£8,000	178.93	136.27	115.89	97.25	89.43
	£7,500	167.74	127.75	108.65	91.17	83.84
	£6,000	134.20	102.20	86.92	72.94	67.07
	£5,000	111.83	85.17	72.43	60.78	55.89

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3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME

SKY PREMIER PREMIUM CHANNEL

6.00am Anastasia
Text 1997, rating Sky U, 90 mins
8.00 The White Pony
1999, rating Sky U, 89 mins
9.45 Rusty: The Great Rescue
1997, rating Sky U, DS, 88 mins
11.30 Mr. Magoo
Leslie Nielsen, Kelly Lynch
Text 1997, rating Sky PG, 84 mins
1.15pm Anastasia
Voices of Meg Ryan, John Cusack, Kelsey Grammer, Christopher Lloyd
Musical adventure about the story of the last member of the Russian royal family who escaped the curse of the mad Rasputin. *Text* 1997, rating Sky U, 90 mins
3.15 Bartok the Magnificent
Voices of Hank Azaria, Kelsey Grammer, Andrea Martin
Animated sequel to *Anastasia* in which Bartok the Bat embarks on a new quest. *Text* 1999, rating Sky U, DS, 65 mins
5.00 Mr. Magoo
Leslie Nielsen, Kelly Lynch, Ernie Hudson, Miguel Ferrer
Slapstick fun with an endearingly short-sighted man who unwittingly causes chaos wherever he goes. *Text* 1997, rating Sky PG, 84 mins
6.30 Superman
Christopher Reeve, Margot Kidder, Gene Hackman
Family adventure about a superhero who is sent to Earth as a baby to escape the destruction of his home. As he grows into a man, he realises that he must use his super powers to help fight against evil. This becomes even more apparent when he encounters the world's greatest criminal mind – a lunatic who plans to take over the world. 1978, rating Sky PG, DS, 137 mins
9.00 Titanic
Leonardo DiCaprio, Kate Winslet, Billy Zane, Kathy Bates
Blockbusting romantic drama focusing on the relationship between a hard-up young rogue and an unwilling society bride who are both passengers on the doomed liner. The lad has little in the way of wealth, but his lust for life brings the young girl back from the brink of suicide and the pair begin an intense affair which is tragically cut short when the liner suddenly hits an iceberg and begins to sink. Can the force of true love overcome the imminent disaster? *Text* 1997, rating Sky 12, 187 mins
12.15am One Night Stand
Wesley Snipes, Nastassja Kinski
Text 1997, rating Sky 18, 99 mins
2.00 Buffalo 66
Text 1998, rating Sky 15, 105 mins
3.50 Lord of the Flies
1990, rating Sky 15, 87 mins
5.25-6.00am Femmes Fatales: Michelle Pfeiffer

SKY MOVIEMAX PREMIUM CHANNEL

6.00am Dangerous Evidence
1999, rating Sky PG, 86 mins
8.00 Oklahoma City: A Survivor's Story
Text 1998, rating Sky PG, 87 mins
10.00 I'll Be Home for Christmas
1988, rating Sky PG, 91 mins
12noon The Last Great Ride
Ernest Borgnine, Eileen Brennan
1998, rating Sky U, DS, 89 mins
2.00pm Dangerous Evidence
Lynn Whitfield, Richard Lineback, Richard Yearwood
Drama based on the true story of a female lawyer who takes up the cause of a young marine accused of a brutal rape that she firmly believes he did not commit. 1999, rating Sky PG, 86 mins
4.00 Oklahoma City: A Survivor's Story
Kathy Baker, Ray Baker, John Hawkes, Patrick Cassidy
Drama based on the events surrounding the terrorist bombing in Oklahoma City in 1995. The story centres around the heroic rescue of one victim and her traumatic day in court. *Text* 1998, rating Sky PG, 87 mins
5.45 UK Top Ten
6.00 Masterminds
Vincent Kartheiser, Patrick Stewart, Brenda Fricker
Action adventure about a new security officer at an exclusive school who concocts a plan to kidnap the wealthiest children in the school for massive ransoms. Everything goes according to plan until an expelled student sets out to save the day. *Text* 1997, rating Sky PG, 101 mins
8.00 Turbulence II: Fear of Flying
Tom Berenger, Craig Sheffer, Jennifer Beals
Action thriller. A team of nervous flyers pick the wrong flight to cure their phobia when a dangerous terrorist holds the passengers hostage and threatens to set off a nerve gas bomb. 1999, rating Sky 15, 96 mins
9.40 Deep Rising
Treat Williams, Famke Janssen, Anthony Heald, Kevin J O'Connor
Action spectacular in which a gang boards an ocean liner intent on robbing everyone. However, someone, or something, has beaten them to it and is still on the ship – and it's hungry. *Text* 1998, rating Sky 15, 102 mins
11.25 U-Turn
Sean Penn, Jennifer Lopez
Thriller about a drifter with car trouble. *Text* 1997, rating Sky 18, 119 mins
1.30am Flypaper
1998, rating Sky 18, DS, 108 mins
3.25 Silencing Mary
1998, rating Sky 12, 85 mins
4.55-6.00am
I'll Be Home for Christmas
1988, rating Sky PG, 91 mins

SKY CINEMA PREMIUM CHANNEL

11.00am
The Pirates of Blood River
1962, rating Sky PG, 81 mins
12.30pm You're Telling Me
WC Fields, Joan Marsh
Comedy about a humble man who gains admiration from the locals when he takes up with a princess. 1934, rating Sky U, 63 mins
2.00
Sinbad and the Eye of the Tiger
Patrick Wayne, Jane Seymour
Fantasy about a sea-going hero. He attempts to set a prince free from a curse which has turned him into a monkey, before his coronation. On the way he must defeat a series of fearsome creatures. 1977, rating Sky PG, 108 mins
4.00
20 Million Miles to Earth
William Hopper, Joan Taylor, Frank Puglia, Jan Arvan
Sci-fi horror about a spacecraft returning to Earth from the planet Venus that harbours an alien within. When the ship crashes, the deadly creature is unleashed. 1957, rating Sky PG, 90 mins
5.30
First Men in the Moon
Lionel Jeffries, Edward Judd, Martha Hyer, Erik Chitty
Sci-fi tale, based on the HG Wells story, about a group of Victorian astronauts who travel to the lunar surface only to discover that someone has beaten them to it. The team attempts to locate the original travellers. 1964, rating Sky U, 99 mins
7.30
Hollywood Hall of Fame
8.00 California Split
George Segal, Elliott Gould, Ann Prentiss, Gwen Welles
Drama focusing on two compulsive gamblers, highlighting the different ways in which they fritter away their easily-earned money. Both men struggle to find happiness as they experience feelings of emptiness whether they win or lose. 1974, rating Sky 15, 104 mins
10.00 Working Girl
Melanie Griffith, Harrison Ford, Sigourney Weaver, Joan Cusack
Corporate comedy about an ambitious secretary who impersonates her boss when she is taken ill. The highflyer poses as a top executive and uses the opportunity to implement some of her own business plans. 1988, rating Sky 15, 109 mins
11.55
First Men in the Moon
1964, rating Sky U, 99 mins
1.40am California Split
Drama about two gamblers. 1974, rating Sky 15, 104 mins
3.35 Working Girl
Comedy about a secretary. 1988, rating Sky 15, 109 mins
5.30-6.00am Hollywood Hall of Fame: Charlton Heston

FILMFOUR ADD-ON CHANNEL

2.00pm Escape from the Planet of the Apes
Roddy McDowell, Kim Hunter, Sal Mineo, Bradford Dillman
Sci-fi adventure sequel. A group of apes escape their doomed planet, following a destructive war, and arrive on 20th century Earth. However, they face persecution when it becomes clear to their human hosts that they are intelligent creatures capable of speech and may eventually come to supplant humans as the dominant species. The travellers are treated as experimental research animals and so once more they must plan their escape. *Text* 1971, 93 mins
4.00 Ghostbusters
Bill Murray, Sigourney Weaver, Dan Aykroyd, Harold Ramis
Supernatural action comedy about a trio of unemployed New York parapsychology professors who hire themselves out as eliminators of spooks. Before long, they find their work well and truly cut out when they are called in to get rid of a malevolent spirit. *Text* 1984, 101 mins
6.00 The Seven Samurai
Takashi Shimura, Toshiro Mifune, Yoshio Inaba, Minoru Chiaki
Epic drama set in the 16th century, directed by Akira Kurosawa. It tells the story of seven mercenary Samurai warriors who agree to defend a village against a gang of bandits who are continually attacking them. The defence is led by a veteran Samurai who recruits six other warriors and together they set about training the entire village. Will the people be prepared for the onslaught when an entire legion of blood-thirsty bandits mass to attack the vulnerable town? 1954, 190 mins
9.20 My Name is Joe
Peter Mullan, Louise Goodall, David McKay II, David Hayman
Romantic drama directed by Ken Loach about a recovering alcoholic, turned amateur soccer coach, who, despite all advice, falls for a health service worker. Their growing romance is told against a backdrop of seedy drug deals and violence in the city of Glasgow. 1997, 101 mins
11.10 High Art
Radha Mitchell, Ally Sheedy
Drama about a woman whose career rises at the magazine where she works because of her relationship with a once-brilliant photographer – now burnt out on drugs. 1998, 98 mins
12.50am Beefcake
Drama. *Text* 1999, 91 mins
2.25 Sitcom
Black comedy. 1998 77 mins
3.45-6.00am Meantime
Drama. 1983, 102 mins

FRONT ROW



Night on the tiles: It's all 'GO' for Sarah Polley over a hectic 24 hours. Front Row, see below

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CARLTON CINEMA LIFESTYLE PACK

7.00pm
The Trip to Bountiful
Geraldine Page, John Heard, Carlin Glynn, Richard Bradford
Touching drama about a woman who is living unhappily with her son and daughter-in-law and is determined to go back to her hometown for one last look before she dies. Unfortunately, her family refuses to allow her one last wish. 1985, 106 mins
9.00 Rebecca
Laurence Olivier, Joan Fontaine, George Sanders, Nigel Bruce
Thriller, based on the novel by Daphne Du Maurier, about a young woman who marries a handsome widower, supposedly grieving for his first wife. The young bride finds it impossible to overcome the spectre of her beloved's loss until the truth surrounding the death of his first wife is revealed. 1940, 130 mins
11.15 Against Her Will
Walter Matthau, Harry Morgan, Susan Blakely, Brian Kerwin
Legal tale set in the 1940s about an attorney who believes a woman has been wrongly institutionalised. 1992, 100 mins
1.00am Biloxi Blues
Matthew Broderick, Matt Mulhern
Comedy drama. 1988, 106 mins
3.00 Rent-a-Cop
Crime thriller. 1987, 95 mins
5.00-7.00am The October Man
Murder mystery. 1947, 100 mins

FRONT ROW

SCREENING WHEN YOU'RE GOOD AND READY
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See channel 50 or your Front Row spread on pages 14, 15 for further details.

KEY TO FILM CONTENT

T/C: Theme /Content
BL: Bad Language
S/N: Sex/Nudity
V: Violence

Channel 51 Matinee

WILD WILD WEST
Rating 12, 102 mins
Comedy Western. A pair of special agents are sent to track down a diabolical genius who is plotting to kill the US President with a huge walking weapon transporter. Stars Will Smith and Kevin Kline.
T/C: Comedy, Western.
BL: Occasional, mild.
S/N: Some moderate references.
V: Frequent, moderate.
6.00am, 8.00am, 10.00am, 12noon, 2.00pm, 4.00pm

Channel 51 Evening

WILD WILD WEST
Rating 12, 102 mins
Comedy Western. A pair of special agents are sent to track down a diabolical genius who is plotting to kill the US President with a huge walking weapon transporter. Stars Will Smith and Kevin Kline.
T/C: Comedy, Western.
BL: Occasional, mild.
S/N: Some moderate references.
V: Frequent, moderate.
6.00pm, 8.00pm, 10.00pm, 12midnight, 2.00am, 4.00am

Channel 52

THE THOMAS CROWN AFFAIR
Rating 15, 109 mins
Crime thriller. A millionaire steals art for the challenge. A beautiful insurance investigator hunts him in a way which brings them perilously close together. Stars Pierce Brosnan and Rene Russo.
T/C: Thriller, art theft.
BL: Occasional, strong.
S/N: Infrequent, moderate.
V: None.
6.25pm, 8.30pm, 10.35pm, 12.40am, 2.45am

Channel 53

GO
Rating 18, 98 mins
Comedy, with two intertwining plots told from different perspectives, about a drug deal gone wrong and a road journey to Las Vegas. Stars William Fichtner, JE Freeman and Katie Holmes.
T/C: Black comedy, drugs.
BL: Frequent, coarse.
S/N: Occasional, strong.
V: Occasional, strong.
7.00pm, 9.00pm, 11.00pm, 1.00am, 3.00am

SKY ONE ACTION/ SELECTION PACKS	UK GOLD LIFESTYLE/ SELECTION PACKS	LIVING LIFESTYLE PACK	GRANADA PLUS ACTION PACK	DISNEY CHANNEL ADD-ON/ PREMIUM CHANNEL	
6.00am Long Play 6.30 Hour of Power 7.30 Mega Babies 8.00 Godzilla 8.30 Mummies Alive 9.00 Pokémon 9.30 Pokémon 10.00 Pokémon 10.30 The Simpsons Text 11.00 World Wrestling Federation – Metal 12noon World Wrestling Federation – Superstars 1.00pm America's Dumbest Criminals Text 1.30 America's Dumbest Criminals Text 2.00 Beverly Hills, 90210 Text 3.00 Earth: Final Conflict <i>Sandoval's Run</i> Sandoval collapses and finds out that his life is in danger as a result of the gradual breakdown of his CVI implant. Text 4.00 Star Trek: Deep Space Nine Bashir is chosen as the model for a holographic doctor program which may expose a dark secret from his past. Text 5.00 Star Trek: Voyager <i>Death Wish</i> The omnipotent Q returns to the Starfleet vessel. 6.00 The Simpsons Animated comedy about a nuclear family. Text 6.30 The Simpsons Another look at Springfield's most dysfunctional family. Text 7.00 The Simpsons Animated comedy from the Simpson family. Text 7.30 The Simpsons Animated comedy from the residents of Springfield. Text 8.00 Buffy the Vampire Slayer <i>When She Was Bad</i> Buffy returns from her summer vacation with an attitude problem and recurring nightmares. Text 9.00 The Best of the X-Files <i>Small Potatoes</i> Mulder and Scully search for a man who can change his form, but he's adopted Mulder's form. 10.00 V.I.P. <i>Why Too Kay</i> On the eve of the millennium, Val and company must keep a terrorist militia from creating global chaos. 11.00 Prey <i>Pursuit</i> Sloan manages to gain Tom's trust and then puts his life in danger while learning more about the new species. Text 12midnight LAPD 12.30am LAPD 1.00 Stand and Deliver 1.30 Chicago Hope Text 2.30 World's Wildest Police Videos 3.20 The Untouchables Text 4.10 Manhunter 5.00 The Newlywed Game 5.20 The Newlywed Game 5.40-6.00am The Newlywed Game	6.00am 'Allo 'Allo! 6.25 Blake's 7 7.25 Dr Who Omnibus 10.50 Dynasty Omnibus 12.45pm FILM: Splash <i>Tom Hanks, Daryl Hannah, John Candy, Eugene Levy</i> Comedy about a young boy saved from drowning by a beautiful mermaid, only to fall in love with her 20 years later. 1984 2.50 The Bill Omnibus Omnibus edition of the police drama series. Nick tries to salvage his undercover operation after it appears to have failed, Daly is convinced a mentally disturbed ex-prisoner is making obscene phone calls, but he's having difficulty proving it. Ackland and Blake find themselves investigating the dangerous world of dog fighting and June leads the investigation when a girl accuses a stage hypnotist of rape. 5.20 'Allo 'Allo! <i>A Marriage of Inconvenience</i> René's friends try to save him from his impending marriage, but they may be too late. 5.55 Yes, Prime Minister <i>Patron of the Arts</i> Classic political satire. 6.35 Only Fools and Horses <i>Modern Men</i> The second part of a Christmas three-part special from 1996. The Trotters' finances hit an all-time low while Del tries to improve himself with a new manual. 7.55 FILM: Romancing the Stone <i>Michael Douglas, Kathleen Turner, Danny DeVito</i> Fast-paced action comedy in which a dowdy romance writer is hurled into a real-life adventure in the Colombian jungle when she reluctantly joins up with a brash mercenary in pursuit of a priceless gem. Unfortunately, there is also a ruthless gang of thieves on the trail of the gem. 1984 10.00 FILM: The Color of Night <i>Bruce Willis, Ruben Blades, Jane March, Lesley Ann Warren</i> Suspense drama. A psychotherapist becomes embroiled with a sultry and dangerous patient when he takes over a dead colleague's therapy group, eventually finding himself drawn into the murky depths of psychosis and murder. 1994 12.15am The Lenny Henry Show 12.55 The Lenny Henry Show 1.35 Dangerfield 2.35 Monty Python's Flying Circus 3.10 Lovejoy <i>Irish Stew</i> 4.05 The Lenny Henry Show 4.40 Dynasty 5.30-6.00am Angels	6.00am Ready, Steady, Cook 6.30 Can't Cook, Won't Cook 7.00 Tiny Living 9.00 Forgive or Forget 9.50 Relationship SOS 10.30 Brookside Omnibus 12.30pm FILM: The Good Mother <i>Diane Keaton, Liam Neeson, Asia Vieira, James Naughton</i> Drama about a tense and emotional custody battle. 1988 2.30 FILM: Eternally Yours <i>Loretta Young, David Niven, Hugh Herbert, Billie Burke</i> Comedy. A young woman ditches her conventional society sweetheart for a more adventurous life with a daredevil travelling magician until she becomes bored and yearns for stability. 1939 4.20 Maury Povich A double helping of this compelling and personal talk show that deals with the emotional conflicts and everyday human issues that cause people to become stressed and anxious. Hosted with skill and compassion by veteran broadcast journalist, Maury Povich. 6.00 Plastic Fantastic Series about people who undergo plastic surgery. 6.30 Little Miracles Fly-on-the-wall glimpse of life on a children's ward in Toronto. 7.00 Real Romance Nostalgic accounts of love that has endured through the years. 7.30 Family Confidential A look at ordinary people in extraordinary circumstances. 8.00 Judge Judy Double bill of the show in which outspoken New York City family court judge Judy Sheindlin presides over a series of real-life cases and conflicts. 9.00 Profiler Suspense thriller series about Dr Sam Waters, a brilliant forensic psychologist with an intuitive gift for understanding the workings of the criminal mind. 10.00 Jerry Springer A double helping of this outrageous American talk show in which Jerry Springer and his guests engage in lively – and sometimes heated – discussions about relationship issues. 11.45-12midnight Sex Bites Presented by Katrina Buchanan.	6.00am Nearest and Dearest 6.30 Nearest and Dearest 7.00 Plus on Plus 7.30 Please Sir 8.00 How's Your Father? 8.30 Supersonic 9.00 The Persuaders 10.00 The Darling Buds of May 11.00 The Rag Trade 11.30 Bless This House 12noon Nearest and Dearest 12.30pm Nearest and Dearest 1.00 Holding the Fort 1.30 Second Thoughts 2.00 Bonanza 3.00 Classic Coronation Street – Omnibus Catch up with the week's events on the most famous street in Britain. Jenny is impressed to learn that Rita used to be a singer, while Susan considers returning to work for Ken at the Recorder, but Mike tries to warn her off. Terry breaks the news to Curly that their job with Mike is finished and Hilda is sad to find her old friend in hospital. Kevin is getting annoyed that Sally keeps missing dates. Text 5.30 Bullseye Darts quiz show hosted by comic Jim Bowen. 6.00 The Darling Buds of May <i>The Happiest Days of Your Life – Part II</i> Pop finds the twins then finds himself involved in school repairs. 7.00 The Benny Hill Show A series of naughty sketches featuring a host of characters from cheeky slapstick comedian Benny Hill. Also appearing are Henry McGee and Bob Todd. 8.00 In Suspicious Circumstances <i>The Monster of Reading/ The Letter Kill</i> Edward Woodward presents two unsolved true-crime mysteries. 9.00 Agatha Christie's Why Didn't They Ask Evans? Part four of the mystery based on a dying man's last words. 10.00-11.00pm Tales of the Unexpected	6.00am PB and J Otter 6.20 Music Time 6.25 Poot 6.40 Art Play 6.45 Toons 6.55 Spot 7.05 Bite Size 7.20 Circle Time 7.25 Bear 7.50 Olie 8.00 Boy Meets World 8.30 Teen Angel 8.55 Art Attack 9.25 Kids' Awards Update 9.30 Sabrina 10.00 Doug 10.30 Pepper Anne 10.55 Kids' Awards Update 11.00 Smart Guy 11.30 Miami 7 12noon Boy Meets World 12.30pm Incredible Story Studio 1.00 FILM: The Thirteenth Year 1999 2.30 Mickey Mouseworks 3.00 101 Dalmations Cartoon based on the film. 3.30 Timon and Pumbaa See the mad Meerkat and wacky Warthog in action in this spin-off from <i>The Lion King</i>. Text 4.00 FILM: Bad Baby <i>Voices of Kathleen Turner, James Belushi, Debi Derryberry</i> A baby boy is just two years old, and he's already a superstar. Famous from a long-running comic strip, now he's soon to star in a movie. 1997 5.20 Honey, I Shrank the Kids: The TV Show <i>Honey, You Drained My Brain</i> Comedy series. Text 6.05 Smart Guy <i>The Dawgburger Rebellion</i> TJ leads a school protest. Text 6.30 Boy Meets World <i>How to Succeed in Business</i> Shawn gets into advertising. Text 7.00 FILM: Getting Even with Dad <i>Macaulay Culkin, Ted Danson, Glenn Headley, Saul Rubinek</i> An 11-year-old boy hits on a great idea to make his dad give him some attention and hides the proceeds from one of Dad's burglaries. Unfortunately, his father's associates don't see the funny side. 1995 8.45 Honey, I Shrank the Kids: The TV Show <i>Honey, We're Stuck in the 70s</i> Amy travels back in time. Text 9.30 Dinosaurs Comedy about a prehistoric family of dinosaurs. Text 10.00 Home Improvement Comedy double bill. Text 11.00 Touched by an Angel Text 11.50-12midnight Toons	6.00 AM MORNING 3.00 PM 4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00 NIGHT TIME
CABLE CHECK Some of the channels listed may not be available in your area			GRANADA MEN & MOTORS ACTION PACK 11.00pm 2 Wheels Weekly programme focusing on the world of biking. 11.30 Kits 'n' Cruising Series that specialises in the weird, wild world of kit cars. 12midnight Classic Motors A classic series that gets under the bonnet of classic cars. 12.30am Drivetime Programme which covers every aspect of motoring. This edition looks at the Jaguar XJ220. 1.30-2.00am Motor Week Magazine series which takes a look at the motoring industry.	THE BOX MUSIC & GAMES PACK Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions. SUNDAY CONTINUES OVERLEAF...	

CABLE CHOICE

FILM

The Seven Samurai
FilmFour 6.00pm
Poetic, richly entertaining three-hour epic from Japanese film maestro Akira Kurosawa. Set in 16th-century Japan, a rural community suffers at the hands of merciless bandits until they hire seven samurai. A masterpiece that inspired *The Magnificent Seven*.

GENERAL

Blood and Flowers – In Search of the Aztecs
UK Horizons 6.00pm
Historian Dr Tony Spawforth reveals the complex culture of the Aztec civilization. Best remembered for their human sacrifices, they were also principled people with a high moral code which dictated that torture was prohibited.

ADVERTISEMENT

UK STYLE

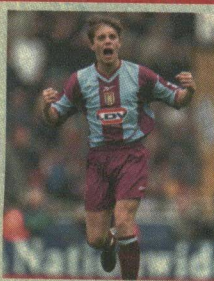


SPA TREK 8.30PM

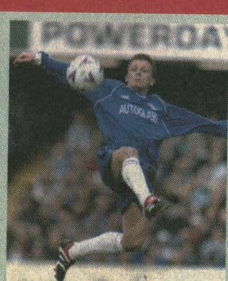
For the first time on UK screens, this is the series for everyone who wants to experience the beauty, luxury and fun of a great spa. Follow host Brigitte Gall as she travels across five continents and twenty countries in search of the most fascinating and elegant spas in the world.

	EUROSPORT NEWS & SPORT/ SELECTION PACKS	SKY SPORTS 1 PREMIUM CHANNEL	SKY SPORTS 2 PREMIUM CHANNEL	SKY SPORTS 3 PREMIUM CHANNEL	SCI-FI ACTION PACK	MTV MUSIC & GAMES PACK
6.00 AM	7.30am Sailing 8.00 Triathlon 8.30 Football 9.30 Formula 3000 10.45 Motocross - LIVE 12noon Football 1.00pm Football Classic highlights in the Uefa Champions League. 2.00 Cycling - LIVE Coverage of the Tour of Spain. Previous winners include many of cycling's greatest names but the record of victories is owned by the Spaniards, with 22 wins. This 169km stage covers Malaga to Cordoba.	6.00am Australian Rugby League: Grand Final - LIVE 8.30 Big Fight Special 10.00 Ford Rugby Union Special: Tri-Nations - South Africa v Australia and Allied Dunbar Premiership Repeat from Saturday 12noon Ford Scottish Football: Celtic v Rangers - LIVE	6.00am Watersports World 7.00 Aerobics Oz Style 7.30 European Drag Racing: Manthorp Park 8.00 Triathlon: World Clydesdale Championships 9.00 Soccer Extra 12noon Gillette World Sports Special 12.30pm Triathlon: Gold Coast Triathlon 2000 1.00 Australian Rugby League	10.00am Ford Golf USA: NEC Invitational Day-three action from Ohio's Firestone Country Club. 1.00pm Shooting: White Gold Cup Clay Pigeon Shooting 2.00 European Drag Racing: Manthorp Park 2.30 THQ British Motocross Action from Cookstown.	8.00am Destination Space 8.30 Cybernet 9.00 The Incredible Hulk 10.00 Lost in Space 11.00 The Six Million Dollar Man 12noon Mystery Science Theatre 3000 1.45pm Sci-Focus Special 2.00 FILM: Gamera - The Guardian of the Universe Yonemori Yoshinari, Naoya Kusanagi, Asagi Kusanagi A convoy at sea in the Pacific Ocean encounters a mysterious island. 1997	6.00am Select MTV 9.00 Hit List UK Cat Deeley presents the hottest UK chart action. 10.00 Road Rules 11.30 Road Rules Extreme Special NEW Five strangers are sent on an extreme adventure. 12.25pm MTV's Pop Single of the Week 12.30 Select MTV Richard Blackwood presents a three-hour edition of the music request show.
3.00 PM	4.00 Motocross - LIVE Action from the World Championship held in Teutschenthal, Germany.	3.00pm Ford Super Sunday: Aston Villa v Chelsea - LIVE Aston Villa and Chelsea play out a repeat of the 1999 FA Cup final in the latest live offering from the new Premier League Season. Presented by Richard Keys.	3.00pm World Motor Sport Action and news from the heart of the race world and an essential guide to who is racing where, when and how. The programme offers a comprehensive round-up of the biggest and most exciting meetings and previews of the major events in store.	3.00 Triathlon: World Clydesdale Championships Coverage of the triple test of endurance, skill, fitness and athleticism. 4.00 Triathlon World 4.30 Powerboating: World Offshore Powerboats - Scandinavian Leg Twelve teams compete.	3.45 Sci-Focus Special 4.00 FILM: Journey to the Far Side of the Sun Ian Hendry, Roy Thinnes, Herbert Lom, Lynn Loring Science fiction adventure in which an astronaut is dispatched to a new planet on the other side of the sun and finds himself in a world that is a mirror image of our own. 1969	3.30 Weekend Edition Showbiz news and gossip. 4.00 V2000 Video Diaries Show: Part II Follow another V2000 performer throughout the weekend festival.
4.00 PM	5.00 Equestrianism International showjumping action from the Samsung Nations Cup in Rotterdam, with top riders jumping for their home countries. 6.00 Football A complete review of the Uefa Champions League 1999-2000 season, with action from the first phase right through to the finals. 7.00 Football Real Madrid's Legend A special programme dedicated to the legend of the famous Spanish club. 7.30 Football A look back at great matches in the Uefa Champions League. 8.30 Football A preview of the next Uefa Champions League. 9.00 Football A look back at a classic match from the Nineties in recent Uefa Champions League history.	6.30 Super League - LIVE Eddie Hemmings and Mike Stephenson host the very latest action from one of the crucial clashes in the Tetley's Bitter Super League as the season draws to a conclusion. 8.45 Goals on Sunday Clare Tomlinson presents a comprehensive round-up of all the latest goals.	6.00 Shooting: White Gold Cup Clay Pigeon Shooting This blue riband event takes place at Blenheim Palace in Oxfordshire. 7.00 Ford Golf USA: NEC Invitational - LIVE The gleaming trophy and division of the \$5m prize fund is but a few putts away as the NEC Invitational field closes in on the title. The fourth and final day's play comes live from Ohio's Firestone Country Club.	5.00 World Cup Showjumping: Olympic Trials Riders and horses bid for glory in the Olympic Trials. 6.00 Triathlon: World Clydesdale Championships Coverage of the triple test of endurance, skill, fitness and athleticism. 7.00 Motocross: THQ British Motocross 7.30 Motor Racing: Indy Racing League - Belterra Resort Indy - LIVE Keith Huewen presents the latest fast-paced Indy Racing League action from the Belterra Resort Indy Racing 300 in Kentucky.	6.00 Babylon 5 A Late Delivery from Avalon A mysterious space-traveller claims to be the legendary King Arthur. 7.00 Babylon 5 Ship of Tears As free speech is curtailed on Earth, the Shadows continue to expand their oppressive conquest. 8.00 PSI Factor: Chronicles of the Paranormal Elevator A time pocket needs further investigation. 9.00 Welcome to Paradox All Our Sins Forgotten A doctor removes painful memories for others but cannot banish his own.	5.00 The MTV Presenters At V2000: Part II Get all the gossip, interviews and backstage frolics from Chelmsford. 6.00 V2000 Performance Highlights Show: Part II Catch more performances from this year's festival. 7.00 Weekend Edition Last week's music and showbiz stories. 7.30 Biorhythm: Jennifer Lopez
5.00 PM	10.00 SportsCentre A live sports news bulletin. 10.15 Beach Volleyball Coverage of an event in Bilbao, Spain, in this fast and fun sport. 11.15 Motocross Action on the track in the World Championship at Teutschenthal, Germany. 12.15am-12.30am SportsCentre A live sports news update.	10.45 Motor Racing: Indy Racing League - Belterra Resort Indy 300 Keith Huewen presents the latest Indy Racing League action from the Belterra Resort Indy Racing 300 in Kentucky, out on the 1.5-mile circuit. 12.45am Sky Sports Classics: First Division Play-Off Final - Sunderland v Charlton 1.00 World Wrestling Federation - Summerslam - LIVE 4.00-6.00am Goals on Sunday	11.00 Ford Golf USA: US Amateur 2000 Day-four action from Baltusrol Golf Club in New Jersey as US golf's top 312 amateurs participate in the 100th championship. 1.00am Super League The best of the latest action. 3.00 Australian Rules Football 5.00-6.00am Shooting: White Gold Cup Clay Pigeon Shooting	9.30 Triathlon World Inside the exhausting and challenging triathlon event. 10.00-12midnight Australian Rugby League: Grand Final Highlights from this season's Australian Rugby League Grand Final. The Grand Final was won last season by Melbourne Storm when they narrowly beat St George Illawarra Dragons 20-18.	8.00 PSI Factor: Chronicles of the Paranormal Elevator A time pocket needs further investigation. 9.00 Welcome to Paradox All Our Sins Forgotten A doctor removes painful memories for others but cannot banish his own. 10.00 Fortean TV Father Lionel Fanthorpe looks at more curiosities. 10.30 Perversions of Science Snap Ending 11.00 Millennium The Judge A New Age, renegade judge tries to right the wrongs that have befallen the innocent. 12midnight Twin Peaks Episode 15 1.00am FILM: Don't Look Now Julie Christie Supernatural chiller about a haunted couple. 1973 3.00-4.00am Lost in Space The Keeper - Part II	8.00 FANatic: Backstreet Boys/ Britney Spears 8.30 Making the Video: Janet Jackson A look behind the scenes. 9.00 Essential Mariah Carey 9.30 The Blame Game More of the broken-hearted seek their revenge. 10.00 V2000 Performance Highlights Show: Part I Catch the action from this year's V2000 festival. 11.00 The MTV Presenters at V2000: Part II Gossip, interviews and backstage frolics at the festival. 12midnight V2000 Video Diaries Show: Part II More fly-on-the-wall coverage of a V2000 headliner's experience of this year's music festival. 1.00am The Lick R&B Chart Show 2.00-6.00am Night Videos
6.00 PM						
7.00 PM						
8.00 PM						
9.00 PM						
10.00 PM						
11.00 PM						
12.00						

LIVE FORD SUPER SUNDAY: ASTON VILLA V CHELSEA SKY SPORTS 1 3.00PM



A replay of last season's FA Cup final between Aston Villa and Chelsea might not set the imagination on fire based on that particular game, but with the Midlanders playing in front of their own fans, it should be more of a spectacle. Young players on view, like the home team's Lee Hendrie (pictured, left) and the Londoners' Jody Morris (pictured, right), will want to impress, and both teams will look for solid performances for the marathon ahead, which is the Premier League.



PLAYBOY TV/ ADULT CHANNEL ADD-ON CHANNEL

10.00pm Freeview 10.06
FILM: Borrowed Life, Stolen Love 11.45 Sneak Peek 12midnight Freeview 12.10am Adult Feature 1.20 Rude Not To! 1.45 Adult Feature 2.05 Capital Ride 2.35 Adult Feature 3.35-4.00am Adult Feature

Adult Nightview is now available as a TV on-demand service between 10.00pm and 4.00am at £4.95. See channel 50 for details

TELEVISION X ADD-ON CHANNEL

12midnight The Ten Minute Preview 12.10am FILM: Bad Behaviour 1.00 The Five Minute Freeview 1.05 FILM continues 1.20 FILM: Perverted Women 2.30 FILM: PJ Sparxxx 3.40-4.00am Marbella

Adult Nightview is now available as a TV on-demand service between 12midnight and 4.00am at £4.95. See channel 50 for details

VH1 MUSIC & GAMES PACK		ANIMAL PLANET WORLD PACK		ITV2 ACCESS PACK		UK HORIZONS WORLD/ ACCESS PACKS		CARLTON FOOD NETWORK LIFESTYLE PACK			
6.00am Breakfast in Bed 10.00 Behind the Music: Donna Summer 11.00 Party in the Park '99 With performances by The Corns, Eurythmics, Steps, Shania Twain, Culture Club, Blondie and Madness. 1.00pm The Men Strike Back Featuring Sting, Tom Jones and The Backstreet Boys. 3.00 Top 40 Men See whether you agree with VH1's choices as the music world's top 40 male artists are counted down.		12noon Croc Files 12.30pm Croc Files 1.00 Emergency Vets 1.30 Emergency Vets An unvaccinated puppy is suffering from a virus. 2.00 Vets on the Wildside A look at the problems faced by vets caring for South Africa and Zimbabwe's diverse wildlife. 2.30 Vets on the Wildside 3.00 Wild Rescues More tales of human and animal courage. 3.30 Wild Rescues More tales of human and animal courage. 4.00 Lassie Where's Timmy? It's Timmy's birthday, but he has disappeared. 4.30 Lassie Lassie is Missing 5.00 Monkey Business Jim comes face-to-face with a smuggled chimp. 5.30 Monkey Business 6.00 Animal X A look at the power of Aboriginal mythology. 6.30 Animal X What makes Australia's dingoes natural born killers? 7.00 ESPU Suspected rhino poachers cross into South Africa. 7.30 ESPU The Unit investigates the Durban skin trade. 8.00 Wild Rescues Five chimps retire from their NASA jobs. 8.30 Wild Rescues Stranded pilot whales are saved by Florida islanders. 9.00 The Last Paradises Torres del Paine 9.30 The Last Paradises Samburu 10.00 Love in the Wild Gain a fascinating insight into the complex social behaviour and mating rituals of animals. 11.00-12midnight Selous - The Forgotten Eden Explore this little-known conservation area in south-eastern Tanzania.		9.25am Sunset Beach Omnibus Another chance to see last week's episodes of the glossy transatlantic soap. 1.10pm Home and Away Spend some time in the sunny world of Summer Bay and catch up on events in the Antipodean soap. 3.10 Emmerdale Omnibus A chance to catch up with last week's episodes of the rural soap. Text 4.35 Coronation Street Omnibus Get up to date with last week's goings-on in the long-running northern soap. Text 6.30 Heartbeat Nostalgic police drama series set in a 1960s Yorkshire village. Text 7.30 CD:UK The music chart show with the latest acts performing live in the studio. 8.00 The Planet's Funniest Animals More humorous video clips of animal antics. 8.30 Trevor McDonald Meets... 9.00 Cold Feet Pete is becoming obsessed with the imminent birth of his child, while David and Karen continue to argue. 10.00 Coronation Street Tonight's episode of the soap from ITV. Text 10.30 In Defence Drama series about the personal and professional dilemmas faced by a former defence lawyer who is now working for the Crown Prosecution Service. With Ross Kemp. 12midnight A Week on the Wild Side The extraordinariness of seemingly ordinary people. 1.00am-2.00am Trisha Trisha Goddard shares more heartwarming and hair-raising true stories. Text		7.00am Can't Cook, Won't Cook 7.30 Ready, Steady, Cook 8.00 Change That 8.30 The House Doctor 9.00 House in Spain 9.30 Antiques Treasure Trail 10.00 Holiday in Style 11.00 Holiday Swaps 11.30 Spa Trek 12noon Style World 12.30pm Your Money or Your Life 1.00 Looking Good 1.30 Style Challenge 2.00 Delia Smith's Summer Collection 2.30 Ready, Steady, Cook 3.00 Gary Rhodes Hen Night 3.30 Party of a Lifetime Ainsley Harriott joins a Mad Hatters' Tea Party. 4.00 Can't Cook, Won't Cook 4.30 Ready, Steady, Cook Two top chefs compete against the clock. 5.00 Change That Interior design roadshow. 5.30 The House Doctor More homes have their prospects improved. 6.00 House in Spain Follow the renovation of a property in Spain. 6.30 Antiques Treasure Trail Featuring a visit to Bath. 7.00 Holiday in Style Today's destinations include Gran Canaria, Toronto, Umbria, Malawi, Bath, Brighton and Bournemouth. 8.00 Holiday Swaps More holidaymakers swap pre-booked breaks. 8.30 Spa Trek Belize - Maruba Jungle Resort and Spa 9.00 Style World Rome 9.30 Your Money or Your Life Financial advice show with expert Alvin Hall. 10.00 Looking Good Learn how to achieve an expensive look without spending the cash. 10.30 Style Challenge 11.00 Delia Smith's Summer Collection A Holiday at Home 11.30 Ready, Steady, Cook Cookery challenge. 12midnight Gary Rhodes Hen Night Gary helps create a surprise hen party for a devoted fan and eats at a South Indian restaurant in London. 12.30am-1.00am Party of a Lifetime With Ainsley Harriott.		7.00am The Boy Who Lived with Monkeys 8.00 Orang-Utan Rescue 9.00 Chimps on Death Row 10.05 In Search of William the Conqueror 11.00 Empire of Death 11.55 Top Gear GTi 1.00pm Dream Wheels 1.30 Dream Wheels 2.00 The Boy Who Lived with Monkeys 3.00 Orang-Utan Rescue Michaela Strachan reports from Borneo where she helps rescue orphaned orang-utans. 4.00 Chimps on Death Row An investigation into the troubled history of scientific experimentation on man's closest living relatives. 5.00 Top Gear GTi Specially extended edition of the popular motoring show, featuring extra information, interviews and consumer tips. 6.00 Blood and Flowers - In Search of the Aztecs Discover what greeted the Aztecs when they first came to Mexico. 7.00 Mazes and Labyrinths Trace the 3000-year history of the maze, from Theseus and the Minotaur to Lara Croft. 8.00 Private Lives of Little People Hear the story of twelve- year-old Hollei Morrison, who was born with a common form of dwarfism. 9.00 We Are Not Alone Sky Watchers Documentary which investigates the possibility of extraterrestrial life. 10.00 We Are Not Alone Alien Hunters Featuring an Arizona couple who claim to have photographed aliens. 11.00 We Are Not Alone Conclusion of the UFO sightings series. 12midnight-1.00am MSD: The Unknown Protectors UK PLAY: 1.00am Dave Pearce's DJ Anthems 1.15 Judge Jules's DJ Anthems 1.45 Steve Lamacq's DJ Anthems 2.15 The Fugees' Dream Performances 2.45 Joy of Decks 5.35 The Sound of Play 6.30-7.00am The Phone Zone		7.00am Newman Meets 7.30 Coxon's Kitchen College 8.00 Food Network Daily 8.45 More Simply Antony 9.30 Use Your Loaf 10.00 Classic Dishes 10.30 Costa del Nosh 11.00 Cucina Valentina 11.30 Simply Baking 12noon Coxon's Kitchen College 12.30pm Peter Gordon's Pacific Food 1.00 Spice World 1.30 Use Your Loaf 2.00 Food Network Daily 2.45 Quick Cooks 3.00 Food from the Village Wine 3.30 Tastes of Britain Dorinda Hafner explores the diversity of UK cuisines. 4.00 Costa del Nosh Mick and Nick Nosh go to Grenada in search of tapas. 4.30 Cucina Valentina Vegetables 5.00 Classic Dishes With Aldo Zilli. 5.30 Newman Meets 6.00 Coxon's Kitchen College 6.30-7.00pm Cooking School NATIONAL GEOGRAPHIC CHANNEL FAMILY PACK 7.00pm Africa From the Ground Up Size Isn't Everything A look at elephants. 7.30 Big Guy - The Florida Panther 8.00 Wildlife Warriors Venture into the combat zone of Botswana's war against poachers, exploring alternative solutions to the problem. 9.00 Jane Goodall: Reason for Hope Hear the fascinating true story of the scientist, turned environmentalist, Jane Goodall. 10.00 Among the Wild Chimpanzees See rare footage depicting some of Jane Goodall's startling findings about chimpanzee behaviour. 11.00 Realm of the Asiatic Lion A look at the work of conservationists, park managers and rangers in India's Gir National Forest 12midnight-1.00am Kingdom of the Bear Documentary following the day-to-day lives and continual domestic dramas of the bears who inhabit the harsh natural wilderness of northern Siberia.	
CHALLENGE TV MUSIC & GAMES PACK		DISCOVERY HOME & LEISURE WORLD PACK		RAPTURE BONUS CHANNEL		LOCAL CHANNEL ACCESS PACK					
5.00pm Strike it Lucky 5.30 Sale of the Century 6.00 Family Fortunes Big money gameshow. 6.30 100% 7.00 Beadle's About Hidden camera pranks. 7.30 Winner Takes All 8.00 Stars in Their Eyes 8.30 Candid Camera 9.00 Whittle 9.30 Strike it Lucky 10.00 Endurance UK 10.30 Family Fortunes		6.00am Time Traveller 6.30 The Diceman 7.00 Screaming Reels 7.30 Charlie West Fishing 8.00 How to with B & Q 8.05 A Car is Born 8.35 Our House Down Under 9.05 This Old House with Steve and Norm 9.35 This Old House with Steve and Norm 10.05 How to with B & Q 10.10 Total Fishing with Matt Hayes 10.40 Hooked on Fishing		11.10 Rex Hunt Fishing Adventures 11.40 Wood Wizard 12.10pm How to with B & Q 12.15 The House Doctor 12.45 The House Doctor 1.15 Home Again with Bob Vila 1.45 New Yankee Workshop 2.15 How to with B & Q 2.20 Mod Cons 2.50 Time Team 3.50-4.00pm How to with B & Q		10.00am Freesport Special 10.30 World Wind Surf 11.00 High Adrenalin Action 11.30 Adrenalize 12noon Chili Factor 12.30pm Fearless 1.00 Mountain Bikes 1.30 Freesport Special 2.00 World Wind Surf 2.30 Chili Factor 3.00 Fearless 3.30 Adrenalize 4.00 Freesport Special 4.30 World Wind Surf 5.00 Adrenalin Action 5.30-6.00pm Adrenalize		6.00pm LLTV - Local Life A daily magazine programme featuring local news, events and lifestyle features. 6.30 What's On TV 7.00 LLTV - Local Life 7.30 YCTV Programmes made by the stars of tomorrow featuring the stars of today. 8.00 Student Showcase 8.30 What's On TV 9.00-9.30pm LLTV - Local Life			

6.00 AM

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00 NIGHT

CABLE CHECK
Some of the
channels
listed may not be
available in your area

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 PM
NIGHT TIME

CABLE CHECK
Some of the channels listed may not be available in your area

DISCOVERY WORLD PACK

4.00pm Wings
Instant Thunder
A profile of the massive B-52 bomber which is built to deliver NATO's nuclear deterrent.

5.00 Supertrains
A look at the huge steam locomotive that unlocked the American West and the latest levitation trains that hover above the track.

6.00 Extreme Contact
Giant Grouper Adventure
6.30 O'Shea's Big Adventure
Monsters of the Madre

7.00 Century in Motion
Stirling Moss reflects on racing technology.

7.30 Century in Motion
8.00 Treasures of the Royal Captain
NEW Follow an expedition to excavate the shipwreck of an 18th-century flagship.
● **FEATURE: page 9**

9.00 Cleopatra's Palace: In Search of a Legend
Underwater footage reveals the submerged royal city of Alexandria.

10.00 Napoleon's Lost Fleet
Follow French underwater explorer Franck Goddio as he reveals the remains of Napoleon's fleet.

11.00 Medical Detectives
Body of Evidence
11.30 Medical Detectives
Core Evidence
12midnight Planet Ocean
A Delicate Balance
A look at the effect that pollution is having on the world's oceans and on the role that the oceans play in supporting life on Earth.
1.00am-2.00am *Seawings*
The Panther

CARTOON NETWORK FAMILY PACK

5.00am Tabaluga 5.30 Blinky Bill 6.00 Fly Tales 6.30 Flying Rhino Junior High 7.00 Fat Dog Mendoza 7.30 Ned's Newt 8.00 Mike, Lu and Og 8.30 Ed, Edd 'N' Eddy 9.00 Dexter's Laboratory 9.30 The Powerpuff Girls 10.00 Angela Anaconda 10.30 Cow and Chicken 11.00 Dragonball Z 12noon Tom and Jerry 12.30pm Looney Tunes 1.00 The Flintstones 1.30 Scooby-Doo 2.00 Animaniacs 2.30 The Mask

3.00 I Am Weasel
More hapless capers.

3.30 Dexter's Laboratory
Chemical chaos with the bedroom professor.

4.00 Cow and Chicken
4.30 The Powerpuff Girls
Trouble in Townsville calls out the three heroines.

5.00 Ed, Edd 'n' Eddy
More namesake madness.

5.30 Johnny Bravo
More action from the bequipped, pec-flexing egomaniac.

6.00 Tom and Jerry
Madcap antics with the sparring cat and mouse.

6.30 Holly Rock-A-Bye Baby

8.30-9.00pm Courage the Cowardly Dog

TCM FAMILY PACK

9.00pm Take Me Out to the Ball Game
Frank Sinatra, Esther Williams, Gene Kelly
Musical about a woman who becomes the owner of a baseball team and has to charm the boys in the locker room into accepting her as coach. 1949

10.50-1.00am Alex in Wonderland
Donald Sutherland
Comedy about a young film director who sets out to follow up his smash-hit debut. 1970

CARTOON NETWORK:
1.00am The Moomins 1.30 The Magic Roundabout 2.00 Tabaluga 2.30 Blinky Bill 3.00 The Tidings 3.30 The Fruities 4.00 The Moomins 4.30-5.00am The Magic Roundabout

NICKELODEON FAMILY PACK

7.00am The Three Friends... and Jerry 7.30 The Three Friends... and Jerry 8.00 Kenan and Kel 8.30 Kenan and Kel 9.00 Rugrats 9.30 Rugrats 10.00 Hey Arnold! 10.30 Hey Arnold! 11.00 CatDog 11.30 CatDog 12noon Angry Beavers 12.30pm Angry Beavers 1.00 Rocko's Modern Life 1.30 Rocko's Modern Life 2.00 Renford Rejects 2.30 Renford Rejects

3.00 The Secret World of Alex Mack
3.30 The Secret World of Alex Mack
More freaky shape-shifting activity from the schoolgirl.

4.00 Sister Sister
There's twice the comedy and double the fun with Tia and Tamera.

4.30 Sister Sister
More from Tia and Tamera.

5.00 Sabrina the Teenage Witch
5.30 Sabrina the Teenage Witch
6.00 Are You Afraid of the Dark?
6.30-7.00pm Are You Afraid of the Dark?

PARAMOUNT COMEDY CHANNEL FAMILY PACK

7.00pm Grace Under Fire
7.30 King of Queens
Tube Stakes

8.00 Cheers
Don't Shoot, I'm Only the Psychiatrist

8.30 Just Shoot Me
And the Femmy Goes To...
The Femmy awards arrive.

9.00 Frasier
To Tell the Truth
Niles plans a retreat to the ski lodge.

9.30 Frasier
Decoys

10.00 FILM: Ruthless People
Danny DeVito, Bette Midler, Judge Reinhold
Comedy about a man who is desperate to get rid of his wife and plots her murder until he gets his greatest wish fulfilled when she is kidnapped and held to ransom. 1983

11.45 Tavaré Time
12.15am Clive Anderson Talks Back 12.55 Still In Bed with McDinner 1.25 Whose Line is it Anyway? 1.55 Rex the Runt 2.05 Dressing for Breakfast 2.30 Desmond's 3.00 It's Garry Shandling's Show 3.30-4.00am Abbott and Costello

FOX KIDS FAMILY PACK

6.00am Oggy 6.10 Bad Dog 6.30 Bobby's World 6.55 Jim Button 7.15 Walter Melon 7.40 Inspector Gadget 8.00 Oggy 8.10 Biker Mice 8.30 Dennis and Gnasher 8.55 Sailor Moon 9.15 Sailor Moon 9.40 Digimon 10.00 Power Rangers 10.20 Monster Rancher 10.45 Masked Rider 11.05 X-Men 11.30 Spy Dogs 11.50 Ace Ventura 12.15pm Walter Melon 12.35 Inspector Gadget 1.00 Woody 1.10 Casper 1.30 Donkey Kong 1.55 Dennis and Gnasher 2.20 Life with Louie 2.40 Princess Sissi

3.00 Princess Starla and the Jewel Riders
More mystical adventures.

3.20 Sailor Moon
Cult Japanese cartoon.

3.45 Mighty Morphin' Power Rangers
4.05 Mighty Morphin' Power Rangers
4.30 Digimon
4.50 Masked Rider
More adventures with Dex.

5.15 Monster Rancher
5.35 Biker Mice from Mars
More heroic adventures with the rock'n'roll mice.

6.00 The New Addams Family
6.25 Casper
6.35-7.00pm Goosebumps

SHOP! LIFESTYLE/ SELECTION PACKS

6.00am Shop! Selection
7.00 Sports Shop!
8.00 Kitchen Shop!
9.00 Technology Shop!
A focus on digital photography.
10.00 Jewellery Shop!
Gem-set jewellery.
11.00 Home Shop!
12noon Holiday Shop!
A range of travel essentials.
1.00pm Kids Shop!
1.30 Kitchen Shop!
2.30 Technology Shop!
3.00 Entertainment Shop!
4.00 Home Shop!
5.00 Shop! Selection
6.00 Holiday Shop!
7.00-7.30pm Home Shop!

GMTV 2 ACCESS PACK

GMTV2 offers pre-school and lifestyle shows between 6.00am and 9.25am. Weekdays: *The News Hour* at 6.00am followed by children's shows. Saturdays: Children's programming and a round-up of the week's news in *The Review*. Sundays: Highlights include a *Pokémon* triple bill and *The Review*.

QVC LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day - so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlights are DIY With Harry Greene at 10.00am and Joan Collins Fashion Jewellery at 4.00pm.

NEWS AND INTERNATIONAL

BBC NEWS 24 NEWS & SPORT/ ACCESS PACKS

6.00am News 9.30 World News 10.00 News 10.30 Reporters 11.00 News 11.10 Dateline London 12noon News 12.30pm Talking Movies 1.00 News 2.30 Australia Direct 3.00 News 3.30 Correspondent 4.00 News 4.30 Click Online 5.00 News 7.30 Sportsday 8.00 News 10.30 Dateline London 11.00 News 11.30 Reporters 12midnight News 12.30am Australia Direct 1.00 News 2.30 Agenda 3.00 News 3.30 Dateline London 4.00 News 4.45 Asia Today 5.00-6.00am News

CNN INTERNATIONAL NEWS & SPORT PACK

News throughout the day, plus:
5.00am News 5.30 CNNdotCOM 6.30 World Business 7.30 Inside Europe 8.30 World Sport 9.30 World Beat 10.30 World Sport 11.30 CNN Hotspots 12.30pm Diplomatic License 1.00 World Report 2.30 Inside Africa 3.30 World Sport 4.30 Showbiz This Weekend 5.00 Late Edition 6.30 Business Unusual 7.30 Inside Europe 8.30 The artclub 9.30 CNNdotCOM 10.30 World Sport 11.00 CNN WorldView 11.30 Style 12midnight CNN WorldView 12.30am Science & Technology Week 1.00 CNN WorldView 1.30 Asian Edition 1.45 Asia Business Morning 2.00 CNN & TIME 3.30 The artclub 4.30-5.00am Pinnacle

SKY NEWS NEWS & SPORT PACK

News on the hour, plus:
6.00am Sunrise 9.30 Media Monthly 10.00 Sunday with Adam Boulton 11.30 The Book Show 12noon Sky News Today 1.30pm Fashion TV 2.00 Sky News Today 2.30 Showbiz Weekly 3.30 Technoflextra 4.30 Sunday with Adam Boulton 5.00 Live at Five 7.30 Sportsline 8.30 Book Show 9.30 Showbiz Weekly 10.00 Sky News 12.30am CBS Evening News 1.30 Sunday with Adam Boulton 2.30 Fashion TV 3.30 Book Show 4.30 Media Monthly 5.30-6.00am CBS Evening News

INTERNATIONAL

SAT1 6.00am Keine Angst Liebling 7.00 Week Up 8.00 Die Wochenshow 9.00 Alf 9.30 Bugs Bunny 10.00 Zwei Zum Verlieben 11.00 Baywatch Hawaii 12noon V.I.P. - Die Bodyguards 1.00pm MacGyver 2.00 JAG 3.00 Clueless 3.30 Sabrina 4.00 Dawson's Creek 5.00 Blitz 5.30 Wetter 5.45 Bundesliga 7.15 Matilda 9.15 Die Witzigsten Werbespots der Welt 9.45 Planetopia 10.30 News & Stories 11.20 So Gesehen 11.25-12midnight MacGyver

TV5 5.00am Journal Télévisé 5.15 Journal des Journaux 6.00 Infos 6.05 Les Zaps 6.30 Les Zaps 7.00 Journal Télévisé 7.30 Les Zaps 8.00 Infos 8.05 Découverte CTCQ 8.30 Les Carnets du Bourlingueur 9.00 Journal Télévisé 9.15 La Fête des Bébés 9.30 Va Savoir 10.00 Thalassa 11.00 Infos 11.05 Grands Gourmands 11.30 Journal Télévisé 12noon Infos

12.05pm Géopolis 1.00 Journal Télévisé 1.15 Théâtre: Réver Peut-être 3.00 Journal 3.15 Questions 3.30 Gros Plan 4.00 Union Libre 5.00 Journal Télévisé 5.15 Nature des Champions 7.00 Journal Télévisé 7.30 Journal Télévisé et Le Journal du Temps 8.00 Infos 8.05 Montagne 9.00 Journal Télévisé 9.15 La Serre aux Truffes 11.00 Journal Télévisé 11.30-12midnight Soir 3

ASIANET ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am Sant Darshan 8.30 Swami Viswas 9.30 In Search of Peace 10.00 Holy Quran 10.30 Vishwamitra 11.30 Health 12.30pm Pakistan 1.00 Khiladi 1.30 FILM 4.00 MTV 4.45 Hitlist 5.45 Na Kaam Na Ziade 6.30 Aur Aap 7.00 Encounters 7.30 Made in India 8.00 Wilaytee Babu 8.30 FILM 11.30 Toofan 12midnight Made 12.30am Asianet Aur Aap 1.00 FILM 4.00 Wilaytee Babu 4.30 Na Kaam Na Ziade 5.30 Geet Baney 6.00 Khiladi 6.30 DD 7.00-7.30am Bhule Bisre Geet

ZEE TV ADD-ON CHANNEL

6.00am Kya Scene Hai 6.30 Shabads 7.00 Faith: Sikhism 7.30 News 8.00 Karobar Duniya 8.30 Best of India 9.00 Guftuggu 9.30 Out and About 10.00 Mahabharat 11.00 Bodymatters 11.30 Europe 12noon FILM 3.00pm Sa Re Ga Ma 4.00 Zee and You 4.30 Ibrat 5.30 Double Mix 6.00 A Day Out 6.30 Yeh Hain Mere Apne 7.00 Anaktshari 7.30 Basera 8.00 News 8.30 FILM 11.30 Chakra 12midnight News 12.30am FILM 3.30 Hum Paanch 4.00 Daraar 4.30 Campus 5.00 Mama Miya 5.30-6.00am Sa Re Ga Na

CHRISTIAN CHANNEL EUROPE WORLD PACK

5.00am CMTV 5.30 Gospel Truth 6.00 Winning Edge 6.30 Changing Your World 7.00 Believer's Voice 7.30 This is Your Day 8.00 CMTV 8.30 Life in the Word 9.00 Potter's House 9.30 Winning Ways 10.00 CMTV 10.30-11.00am 700 Club Replay

BLOOMBERG WORLD PACK

2.00am Market Movers 3.15 European Weekly Review 4.30 Market Movers 5.54-6.00am Bloomberg Helpdesk

BBC PARLIAMENT NEWS & SPORT PACK

Parliament is in recess.

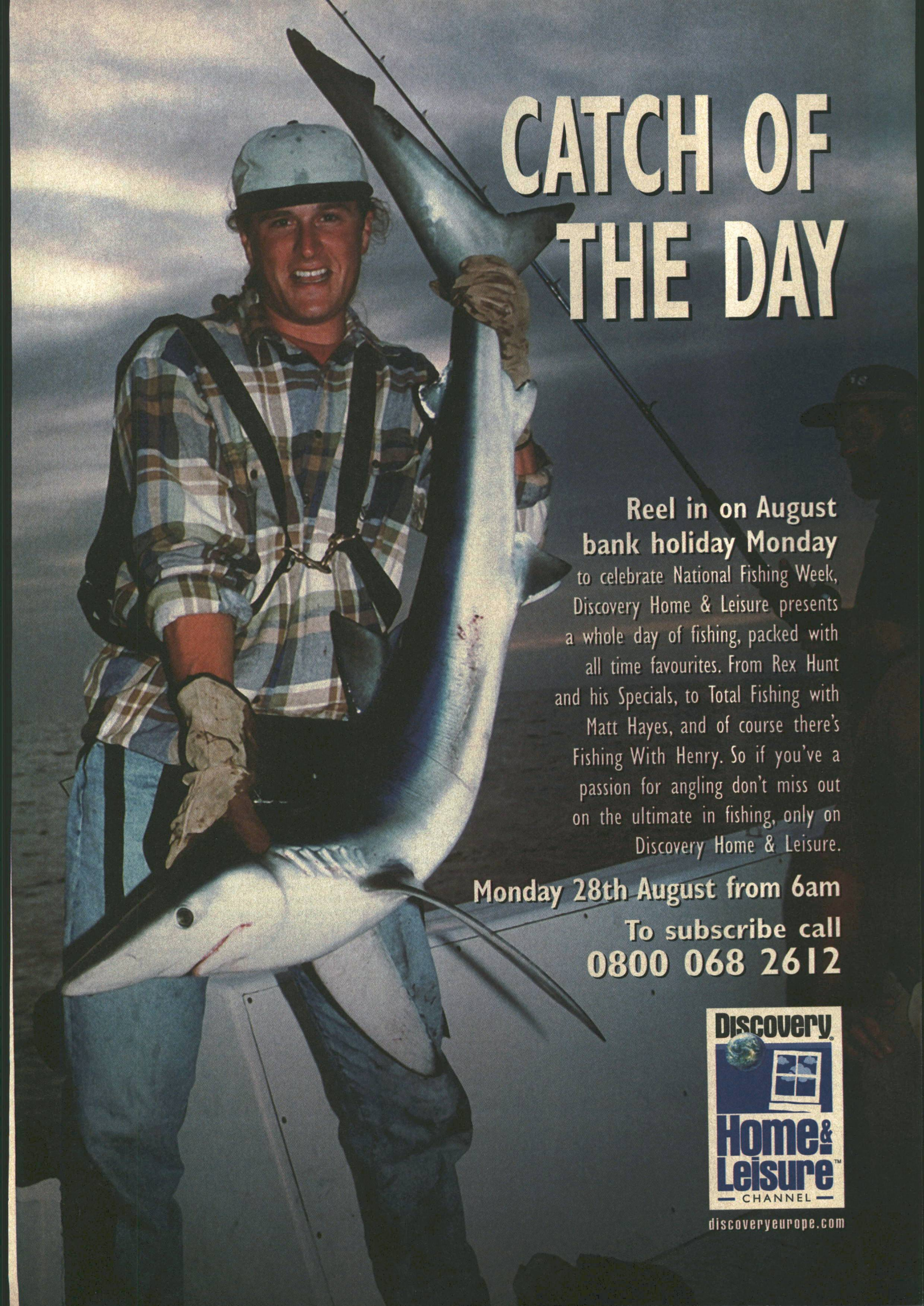
THE HISTORY CHANNEL WORLD PACK

12noon D-Day Total Story Breakout 1.00pm Biography Julius Caesar 2.00 When the Century Was Young The New Metropolis 3.00 Life and Death in Britain's Ancient Theatres 4.00 Warhorse The Last Charge A look at the role of the horse in warfare.

5.00 Sing Sing 6.00 Rome - The Great Empire The Enduring Legacy A look at the birth of Christianity, a religion that changed the Roman Empire. 7.00 Suicide Missions Combat Medics A look at the dangerous role of the combat medic. 8.00-10.00pm Battle of the Clans

TV TRAVEL SHOP BONUS CHANNEL

A total travel service in your own home. Video brochures give a guided tour of resorts around the world, with regular bulletins and programmes featuring late holidays and special offers. Viewers can then book holidays 24-hours-a-day, seven-days-a-week, by calling 0870 60 60 747. For more information and full listings turn to TV Travel Shop Text, from page 200.

A man wearing a light blue cap, a plaid shirt, and a harness is smiling while holding a large shark vertically. The shark is on a boat, and the background shows a cloudy sky and the sea.

CATCH OF THE DAY

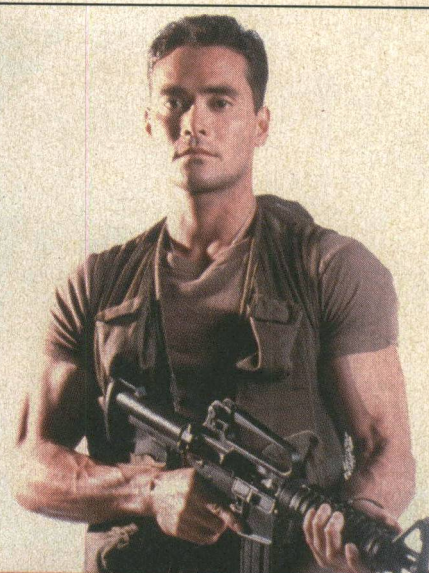
Reel in on August bank holiday Monday to celebrate National Fishing Week, Discovery Home & Leisure presents a whole day of fishing, packed with all time favourites. From Rex Hunt and his Specials, to Total Fishing with Matt Hayes, and of course there's Fishing With Henry. So if you've a passion for angling don't miss out on the ultimate in fishing, only on Discovery Home & Leisure.

Monday 28th August from 6am

**To subscribe call
0800 068 2612**



discoveryeurope.com

	SKY PREMIER PREMIUM CHANNEL	SKY MOVIEMAX PREMIUM CHANNEL	MOVIE RATINGS		
MORNING	6.00am The Legend of Errol Flynn 1984, rating Sky PG, 136 mins 8.30 Willy Wonka and the Chocolate Factory 1971, rating Sky U, 96 mins 10.10 Madeline Adventure about an orphan. Text 1998, rating Sky U, DS, 85 mins 11.40 The Mask of Zorro Swashbuckling epic. Text 1998, rating Sky PG, DS, 132 mins 2.00pm Hope Floats Sandra Bullock, Harry Connick Jr Sentimental romance in which a former beauty queen returns home to rebuild her shattered life after she is humiliated on a national talk show. Text 1998, rating Sky PG, DS, 110 mins	6.30am CHiPs '99 1998, rating Sky PG, 94 mins 8.10 Where the Truth Lies Marlee Matlin, Regina King 1999, rating Sky PG, 87 mins 10.00 And the Beat Goes On: The Sonny and Cher Story Text 1999, rating Sky PG, 86 mins 12noon Beauty Janine Turner, Jamey Sheridan 1998, rating Sky U, 87 mins 2.00pm CHiPs '99 Larry Wilcox, Erik Estrada Movie spin-off from the popular TV series in which the two California highway patrol police officers are reunited and must investigate an outbreak of linked car crimes. 1998, rating Sky PG, 94 mins	Sky U: Suitable for viewing by all Sky PG: Parental Guidance suggested Sky 12: Suitable for viewers aged 12 years and over Sky 15: Suitable for viewing by people of 15 years or over Sky 18: Suitable for viewing by adults only Text: film is subtitled on page 888 of Fastext Widescreen: shown in cinema (letterbox) format		
	3.00 PM		SKY CINEMA PREMIUM CHANNEL		
	4.00 PM	4.00 Willy Wonka and the Chocolate Factory Gene Wilder, Jack Albertson, Peter Ostrum, Roy Kinnear Children's film, based on the Roald Dahl novel, about an eccentric recluse who invites a group of lucky children and their parents on a tour of his sweet empire. One by one, the children misbehave and are punished. 1971, rating Sky U, 96 mins 6.00 Madeline Frances McDormand, Nigel Hawthorne, Hatty Jones Family adventure based on the popular children's books. A spunky orphan learns that her school is destined to be sold and decides to join the circus. Text 1998, rating Sky U, DS, 85 mins 7.45 The Mask of Zorro Antonio Banderas, Anthony Hopkins, Catherine Zeta-Jones Epic swashbuckling adventure based on the classic legend of Zorro who fought the Spanish in Alta California. Those days are long gone now, but the retired hero must embark on a quest to find a successor when a brutal overlord plans to buy California from the Mexican President. A young bandit arrives and could become a hero. Text 1998, rating Sky PG, DS, 132 mins 10.00 Blade Wesley Snipes, Stephen Dorff Action movie adapted from the cult comic-book. A half-vampire is on a mission to destroy every single one of the blood-sucking undead. When a rogue vampire puts in motion a crazed plan to bring permanent night to the world, he must be destroyed, whatever the cost. Text 1998, rating Sky PG, DS, 115 mins 12midnight Mad City Text 1997, rating Sky 12, 110 mins 1.55am A Weekend in the Country Rita Rudner, Dudley Moore Text 1995, rating Sky 15, 90 mins 3.30 The Scarlet Tunic 1997, rating Sky 12, 88 mins 5.05-6.00am Femmes Fatales: Demi Moore	4.00 And the Beat Goes On: The Sonny and Cher Story Jay Underwood, Renee Faia, Christian Leffler, Jim Pirri Behind-the-scenes drama based on the autobiography of Sonny Bono, focusing on the volatile relationship between the singing duo from the 1960s up to their divorce. Text Last Play 1999, rating Sky PG, DS, 86 mins 6.00 Where the Truth Lies Marlee Matlin, Regina King, Philip Lester, Robert Blanche Drama about a successful lawyer defending a campaign manager who stands accused of her political candidate's murder. Convinced of the woman's innocence, the lawyer pursues the truth but shocking revelations may turn the trial around. 1999, rating Sky PG, 87 mins 8.00 Tick-Tock Megan Ward, Kristin Minter, Linden Ashby PREMIERE Gripping thriller about an attempt to pull off the perfect murder. Two women hatch a complex plot in which they murder one of their partners. Then stage two of the plan begins, as they try to frame the other woman's boyfriend for the crime. 1999, 90 mins 10.00 The Base Mark Dacascos, Noah Blake, Paula Trickey, Christian Bocher Army drama about a senior officer who becomes involved in drug-smuggling. Trouble flares though, when he recruits some of his men into the trade. Text 1999, rating Sky 18, 93 mins 11.40 The Pentagon Wars Kelsey Grammer, Cary Elwes Political comedy about the Pentagon suppressing the truth. 1998, rating Sky 15, DS, 99 mins 1.25am Resurrection 1999, rating Sky 15, 86 mins 2.55 Hoodlum Text 1997, rating Sky 18, DS, 125 mins 5.05-6.40am Beauty 1998, rating Sky U, 87 mins		4.00 Without a Clue Michael Caine, Ben Kingsley, Jeffrey Jones, Lysette Anthony Spoof version of the Sherlock Holmes stories in which the usually bumbling doctor is actually the brilliant detective. In order to keep his identity a secret, he hires an alcoholic, down-and-out actor to be the public face of his operation. 1988, rating Sky PG, 101 mins 6.00 Who's Harry Crumb? John Candy, Jeffery Jones, Annie Potts, Barry Corbin Comedy about a pompous, accident-prone private detective. He is the latest generation in a long line of vastly more talented detectives whose gifts appear to have skipped a generation. He tries to solve a kidnapping case and may finally be learning. 1989, rating Sky PG, 86 mins 8.00 Lethal Weapon 3 Mel Gibson, Danny Glover, Joe Pesci, Rene Russo Big-budget action thriller in which the two tough cops return to investigate an ex-cop gone bad, while a beautiful Internal Affairs detective seems intent on investigating one of them. The ex-cop is running guns with high-tech ammunition. Text 1992, rating Sky 15, DS, 116 mins 10.00 Dirty Harry Clint Eastwood, Harry Guardino, Reni Santoni, John Vernon Popular cop thriller about a San Francisco police officer whose uncompromising methods of crime prevention may not endear him to his superiors, but mark him as the man to stop a sniper. 1971, rating Sky 18, 98 mins 11.45 Sharky's Machine Burt Reynolds, Rachel Ward Violent police thriller. 1981, rating Sky 18, DS, 117 mins 1.45am Renegades Kiefer Sutherland, Jami Gertz Cop thriller about a diamond heist. 1989, rating Sky 18, 101 mins 3.30-6.00am Harper Paul Newman, Lauren Bacall 1966, rating Sky 15, 116 mins
	5.00 PM				FILMFOUR ADD-ON CHANNEL
	6.00 PM				6.00pm The Beautiful Blonde from Bashful Bend Betty Grable, Rudy Vallee, Cesar Romero, Porter Hall Comedy Western about a sharp-shooting saloon singer who, after shooting a judge in the rear, ends up chasing a gold mine owner. Text 1949, 74 mins 7.30 Edinburgh Film Festival Review A look at the festival's films. 8.00 La Fille de D'Artagnan Sophie Marceau, Nils Tavernier Costume drama about the hot-headed daughter of the famous, but now very retired, musketeer. Suspecting a plot against the boy king, she leaves the nunnery where she is a novice in the company of a poet to find her father and enlist his aid to protect the throne of France. 1994, 125 mins 10.15 Barb Wire Pamela Anderson Lee, Temuera Morrison, Udo Kier Futuristic sci-fi thriller based on the comic-strip heroine. She is a leather-clad nightclub owner and bounty hunter in an authoritarian America. When her estranged lover seeks her help with a political refugee, the high-kicking heroine's world starts to fall apart. Text 1995, 94 mins 12.05am Body Double Craig Wasson, Melanie Griffith, Thriller. Text 1984, 109 mins 2.00am Les Diaboliques Simone Signoret, Vera Clouzot French thriller. 1955, 111 mins 3.55-6.00am The Whole Wide World Romantic drama. 1996, 112 mins
7.00 PM			CARLTON CINEMA LIFESTYLE PACK		
8.00 PM			7.00pm The Egg and I Claudette Colbert, Marjorie Main, Fred MacMurray, Richard Long Romantic comedy in which a husband tells his new bride that he has bought a chicken farm – an abandoned chicken farm, to be exact, which is obvious when the two move in. Her patience is really tested when a glamorous neighbour starts to flirt with her husband. 1947, 108 mins 9.00 Hook Robin Williams, Dustin Hoffman, Julia Roberts, Bob Hoskins Big budget fantasy in which children's hero Peter Pan has grown up to be a cut-throat merger and acquisitions lawyer and is now married. An old enemy from his magical past kidnaps his children, and the grown-up hero must remember how to be his boyish self again in order to go back and rescue them. 1991, 144 mins 11.30 Booty Call Tommy Davidson, Jamie Foxx, Tamala Jones, Vivica A Fox Sex comedy about adolescent dating. 1997, 77 mins 1.00am Ragtime James Cagney, Howard E Rollins US period drama. 1981, 160 mins 3.45 Tough Enough Dennis Quaid, Carlene Watkins Fist-fighting drama. 1983, 106 mins 5.45-7.00am Tyrone Power – the Last Idol Profile of the matinee idol.		
9.00 PM					
10.00 PM					
11.00 PM					
NIGHT TIME					

FRONT ROW	Channel 51 Matinee	Channel 51 Evening	Channel 52	Channel 53
SCREENING WHEN YOU'RE GOOD AND READY WITH CABLE & WIRELESS See channel 50 or your Front Row spread on pages 14, 15 for further details. KEY TO FILM CONTENT T/C: Theme/Content BL: Bad Language S/N: Sex/Nudity V: Violence	WILD WILD WEST Rating 12, 102 mins Comedy Western. A pair of special agents is sent to track down a diabolical genius who is plotting to kill the US President with a huge walking weapon transporter. Stars Will Smith and Kevin Kline. T/C: Comedy, Western. BL: Occasional, mild. S/N: Some moderate references. V: Frequent, moderate. 6.00am, 8.00am, 10.00am, 12noon, 2.00pm, 4.00pm	WILD WILD WEST Rating 12, 102 mins Comedy Western. A pair of special agents is sent to track down a diabolical genius who is plotting to kill the US President with a huge walking weapon transporter. Stars Will Smith and Kevin Kline. T/C: Comedy, Western. BL: Occasional, mild. S/N: Some moderate references. V: Frequent, moderate. 6.00pm, 8.00pm, 10.00pm, 12midnight, 2.00am, 4.00am	THE THOMAS CROWN AFFAIR Rating 15, 109 mins Crime thriller. A millionaire steals art for the challenge. A beautiful insurance investigator hunts him in a way which brings them perilously close together. Stars Pierce Brosnan and Rene Russo. T/C: Thriller, art theft. BL: Occasional, strong. S/N: Infrequent, moderate. V: None. 6.25pm, 8.30pm, 10.35pm, 12.40am, 2.45am	GO Rating 18, 98 mins Comedy, with two intertwining plots, told from different perspectives about a drug deal gone wrong and a road journey to Las Vegas. Stars William Fichtner, JE Freeman and Katie Holmes. T/C: Black comedy, drugs. BL: Frequent, coarse. S/N: Occasional, strong. V: Occasional, strong. 7.00pm, 9.00pm, 11.00pm, 1.00am, 3.00am

SKY ONE ACTION/ SELECTION PACKS	UK GOLD LIFESTYLE/ SELECTION PACKS	LIVING LIFESTYLE PACK	GRANADA PLUS ACTION PACK	DISNEY CHANNEL ADD-ON/ PREMIUM CHANNEL	
6.00am Long Play 7.30 Mega Babies 8.00 Godzilla 8.30 Mummies Alive 9.00 Pokémon 9.30 Pokémon 10.00 Pokémon 10.30 The Simpsons Text 11.00 World Wrestling Federation - Smackdown 1.00pm Dream Team Text 2.00 Mega Babies 2.30 Godzilla	6.00am 'Allo 'Allo! 6.40 Birds of a Feather 7.15 Yes, Prime Minister 7.50 Waiting for God 8.25 EastEnders Text 9.00 The Bill Text 9.30 The Bill Text 10.00 Bergerac 11.00 Knots Landing 12noon Neighbours 12.30pm EastEnders Text 1.05 Due South 2.00 Knots Landing	6.00am Ready, Steady, Cook 6.30 Can't Cook, Won't Cook 7.00 Tiny Living 9.00 Brookside 9.30 Home and Away 10.00 The Jerry Springer Show 10.50 Forgive or Forget 11.40 Maury Povich 12.30pm Special Babies 1.00 Reality Slot 1.30 Judge Judy 2.00 Streetmate 2.30 Maury Povich Compelling talk show.	6.00am Hawaii Five-0 7.00 Plus on Plus 7.30 Jokers Wild 8.00 Shang-a-Lang 8.30 George and Mildred 9.00 Classic Coronation Street Text 9.30 Emmerdale 10.00 Mission: Impossible 11.00 That's My Boy 11.30 Batman 12noon Classic Coronation Street Text 12.30pm Emmerdale 1.00 George and Mildred 1.30 Robin's Nest 2.00 Hawaii Five-0	4.30am Winnie the Pooh 4.45 Music Time 4.50 Rolie Polie Olie 5.00 Bear 5.25 Art Play 5.30 PB and J Otter 5.45 Bite Size 6.00 Toons 6.05 Circle Time 6.10 Rolie Polie Olie 6.20 Spot 6.30 Out of the Box 7.00 Mickey Mouseworks 7.30 101 Dalmatians 8.00 Aladdin 8.30 Recess 9.00 Double Art Attack 9.35 Sabrina 10.00 FILM: It Takes Two 1996 11.35 Miami 7 12noon Circus Kids 12.30pm Boy Meets World 1.00 FILM: Peter Pan 1953 2.20 Mickey Mouseworks	6.00 AM
3.00 Mummies Alive <i>Object of His Affections</i> Scarab tricks Talos.	3.00 The Bill <i>The Lion's Den</i> Nick pursues a drug dealer. Text	3.20 Party of Five <i>The Trouble with Charlie</i> Bailey, still suffering over his break-up with Jill, is caught off guard when Kate pays him a surprise visit.	3.00 Mission: Impossible <i>The Amateur</i> Part of a weapon falls into the hands of an unscrupulous nightclub owner. With Peter Graves and Barbara Bain.	3.00 FILM: It Takes Two Steve Guttenberg, Kirstie Alley, Mary Kate Olsen, Ashley Olsen A billionaire widower gets involved with a woman who happens to be looking after a child who is identical to his own daughter. The similarities between the two girls soon cause chaos. Text 1996	3.00 PM
3.30 Pokémon <i>Bulbasaur's Mysterious Garden</i> The friends arrive at a festival.	3.30 The Bill <i>The Needs of the Many</i> Slater gets a shock. Text	4.10 Mystic Challenge Paul Ross presents a game show where psychics are invited to put their powers to the test.	4.00 The Sweeney <i>Chalk and Cheese</i> Regan and Carter pursue two young men who robbed an affluent couple who were taking a drive down a country lane.	4.35 Mickey Mouseworks Animated tales. Text	4.00 PM
4.00 Pokémon <i>The Case of the K-9 Caper</i> Ash makes a discovery.	4.00 EastEnders Sharon and Michelle find themselves under attack. Text	4.40 Forgive or Forget Host Mother Love deals with real problems in a variety of close but troubled relationships.	5.00 Hart to Hart <i>Murder Takes a Bow</i> Action with the adventure-seeking husband and wife detective team of Jonathan and Jennifer Hart.	5.00 FILM: Peter Pan <i>Voices of Bobby Driscoll, Kathryn Beaumont, Hans Conried</i> Animated version of JM Barrie's classic story set in Never Never Land, and featuring the legendary Captain Hook. Text 1953	5.00 PM
4.30 Pokémon <i>Pokémon Paparazzi</i> A new friend harbours a secret.	4.35 Neighbours Debbie is forced to rethink her relationship with Craig.	5.30 Ready, Steady, Cook Fern Britton hosts the cookery show in which two top chefs compete against the clock.	6.00 Emmerdale Soap opera serial, set in the Yorkshire Dales. Text	6.15 Teen Angel Steve, Marty, Jordan and Uncle Lou Text	6.00 PM
5.00 Star Trek: Voyager <i>Lifesigns</i> While treating a Viidian female for the Phage, the Doctor feels romantic for the first time.	5.00 May to December <i>There's a Place for Us</i> Alec is unsure about moving into Zoe's flat. With Anton Rogers.	6.10 The Jerry Springer Show American talk show in which Jerry Springer and his guests engage in lively discussion.	6.30 Classic Coronation Street Sally makes a confession. Text	6.35 Home Improvement <i>My Dinner with Wilson</i> Text	7.00 PM
6.00 Pokémon <i>The Ultimate Test</i> Ash signs up for an exam.	5.40 Bread The Boswell's pet dog, Mongy, is accused of biting a neighbour's child. With Jean Boht.	7.00 Judge Judy Outspoken court judge Sheindlin presides over real cases.	7.00 Batman <i>Batman Stands Pat</i> With guest villain The Mad Hatter.	7.00 FILM: It Takes Two Steve Guttenberg, Kirstie Alley, Mary Kate Olsen, Ashley Olsen A billionaire widower gets involved with a woman who happens to be looking after a child who is identical to his own daughter. The similarities between the two girls soon cause chaos. Text 1996	8.00 PM
6.30 Pokémon <i>The Breeding Centre Secret</i> Ash visits a breeding centre.	6.20 Waiting for God Harvey cuts costs by employing illegal immigrants and the knives are out on the croquet lawn.	7.30 Streetmate Davina McCall scours the country for more single people.	7.30 Robin's Nest <i>Pastures New</i> Robin is fed up slaving.	8.40 Honey, I Shrank the Kids: The TV Show <i>Honey, I'm Haunted</i> Nick gets enhanced vision - allowing him to see ghosts. Text	9.00 PM
7.00 The Simpsons <i>Bart the Genius</i> Bart cheats on a school test. Text	7.00 The Good Life <i>I Talk to the Trees</i> Tom starts playing music to the trees. With Richard Briers.	8.00 LA Doctors Drama series about a group of LA physicians who turn their backs on the corporate medical system to set up their own practice. With Ken Olin.	8.00 Boon <i>Best Left Buried</i> Comedy drama series starring Michael Elphick as Ken Boon, a fireman who refuses to accept that he's on the scrap heap.	9.25 Flipper Live action marine adventure in Florida with the dolphin. Text	10.00 PM
7.30 The Simpsons <i>Homer's Odyssey</i> Homer contemplates suicide. Text	7.40 Birds of a Feather <i>Trust</i> Tracey quits smoking with the help of psychotherapy. Text	9.00 FILM: Terror in the Shadows <i>Genie Francis, Leigh J McCloskey, Marcy Walker</i> Thriller about a psychopath who is out for revenge. A couple find that their idyllic life threatened when a woman from the husband's past escapes from a mental hospital. 1995	9.00 The Sweeney <i>Faces</i> Police drama series. A gang hi-jack an armoured security truck and steal the money. With John Thaw.	10.10 Home Improvement Comedy double bill. Text	11.00 PM
8.00 Star Trek: Voyager <i>Live Fast and Prosper</i> Captain Janeway and her officers are blamed for the deceptions a gang of con artists who impersonate them.	7.40 Birds of a Feather <i>Trust</i> Tracey quits smoking with the help of psychotherapy. Text	10.50 Secret Suburbia A look at seemingly ordinary suburban residents who live extraordinary lives.	10.00-11.00pm Kojak	11.00 Touched by an Angel Text	12.00 PM
9.00 Special Victims Unit	8.20 Open All Hours Sitcom about miserly shopkeeper Arkwright and his downtrodden nephew.	11.20-12midnight Eden Adult series.	GRANADA MEN & MOTORS ACTION PACK	11.50-12midnight Toons	
10.00 The Hard Evidence of Aliens Among Us First of a two-part special hosted by actor Robert Davi, which examines actual physical evidence of alien contact. Text	9.00 Only Fools and Horses <i>Hole in One</i> Uncle Albert makes a revelation.		11.00pm The Big Bang Spectacular motor racing stunts, crashes and amazing escapes.		
11.00 Coppers A fly-on-the-wall documentary following the work of the police.	9.40 dinnerladies <i>Holidays</i> Bren is excited about her forthcoming holiday.		11.30 Madder Maxx All-action motoring series which focuses on more bizarre areas.		
11.30 Coppers Documentary following the work of the police around Britain.	10.20 One Foot in the Grave <i>The Broken Reflection</i> Victor's brother, Alfred, visits.		12midnight 2 Wheels Jeff Stone, Paul Johnston and Wayne Kershaw present the weekly biking magazine programme.		
12midnight Star Trek: Voyager	11.00 Harry Enfield and Chums More comedy sketches with Harry Enfield and Kathy Burke.		12.30am Motor Week Magazine series which presents a look at the motoring industry.		
1.00am LAPD	11.35 The Bill <i>The Lion's Den</i> Text		1.00 Motorsport Mundial		
1.30 LAPD	12.10am The Bill Text		1.30-2.00am Carfile <i>Renault Scenic</i>		
2.00 World's Wildest Police Videos Text	12.40 Live at Jongleurs				
2.50 The Untouchables Text	1.15 Only Fools and Horses				
3.40 The Untouchables Text	1.55 One Foot in the Grave				
4.30 Manhunter	2.30 Monty Python's Flying Circus				
5.20 The Newlywed Game	3.10 EastEnders Text				
5.40-6.00am The Newlywed Game	3.45 Dangerfield				
	4.40 Dynasty				
	5.30-6.00am Angels				

CABLE CHECK
Some of the channels listed may not be available in your area

CABLE CHOICE

FILM

Without a Clue
Sky Cinema 4.00pm
Hugely entertaining dismissal of the deductive powers of super sleuth, Sherlock Holmes. Michael Caine plays an inebriate, second-rate actor who adopts the guise of the Victorian detective after being plucked from obscurity by the eminent Dr Watson.

GENERAL

The Naked Chef
UK Style from 9.00pm
The boyish charms and unpretentious cooking style of Naked Chef Jamie Oliver have won him legions of fans. Today Oliver fans have a chance to enjoy a whole evening of his highly personal approach to entertaining in back-to-back episodes of the second series.

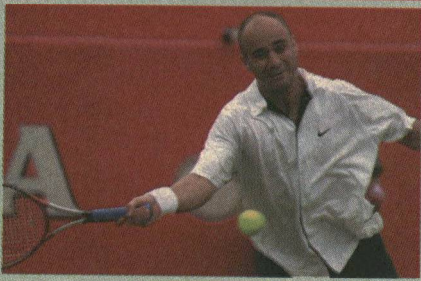
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UK STYLE

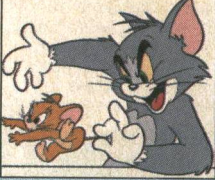


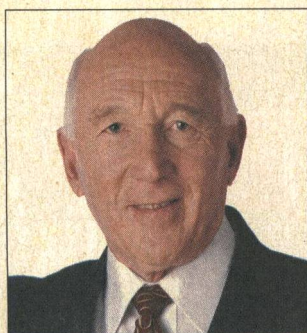
NAKED

CHEF FROM 9.00PM
Jamie Oliver is back combining a hectic social life and a passion for entertaining with an unrivalled ability to create unpretentious dishes. This screening of the second series finds Jamie cooking everything from a post-club fry-up for his friends to a meal for his future in-laws.

	EUROSPORT NEWS & SPORT/ SELECTION PACKS	SKY SPORTS 1 PREMIUM CHANNEL	SKY SPORTS 2 PREMIUM CHANNEL	SKY SPORTS 3 PREMIUM CHANNEL	SCI-FI ACTION PACK	MTV MUSIC & GAMES PACK
MORNING	6.00 AM 7.30am Cycling 9.00 Motocross 10.00 Motorcycling 11.00 Tennis WTA Tournament action from New Haven, Connecticut, USA. 1.30pm Cycling Second-stage Tour of Spain coverage, proceeding from Malaga to Cordoba. 2.00 Cycling - LIVE Third-stage Tour of Spain coverage, as the riders battle it out between Montoro and Valdepeñas.	6.00am Triathlon: Triathlon - World Clydesdale Champs 7.00 World Wrestling Federation - Classics 8.00 Max Power 9.00 Racing News 9.30 Aerobics Oz Style 10.00 Soccer Extra 11.30 World Wrestling Federation - Summerslam 2.00pm Gillette Soccer Special Jeff Stelling and a panel of studio guests from the world of football keep track of the latest action.	6.00am World Cup Showjumping 7.00 Aerobics Oz Style 7.30 Racing News 8.00 Shooting: White Gold Cup Clay Pigeon Shooting 9.00 Super League 11.00 Ford Golf USA: NEC Invitational Final-day highlights from the NEC Invitational, with Tiger Woods the defending champion.	12noon Triathlon: Gold Coast Triathlon 2000 12.30pm World Motor Sport Another edition of the show that gets to the very heart of the motor racing experience, offering a comprehensive round-up of the biggest and most exciting meetings. Tune in for a preview of the major events in store, and gain a fascinating insight into life behind the wheel.	8.00am Buck Rogers in the 25th Century 9.00 Land of the Giants 10.00 Swamp Thing 10.30 Swamp Thing 11.00 The Six Million Dollar Man 12noon Babylon 5 1.00pm Amazing Stories 1.30 Amazing Stories 2.00 Buck Rogers in the 25th Century	6.00am Select MTV 9.00 Bytesize MTV 11.00 MTV Hits 12.30pm Weekend Edition The latest showbiz news and gossip with Edith Bowman and Emma Ledden. 1.00 MTV Hits 2.00 European Top 20 A rundown of the singles currently topping the charts on the Continent.
3.00 PM			3.00pm Wheelbase Club Featuring club rallying, karting, sprints, hill climbs and drag racing, plus a look back at the archives.	3.30 Total Sport Another edition of the show that highlights all sides of the sporting world.	3.00 Max Headroom Whackit A spate of television thefts breaks out - even though TV sets are free to anyone who wants one.	3.00 Bytesize MTV More highlights from a variety of MTV stations all around the world. 3.55 MTV's Pop Single of the Week 4.00 Select MTV Viewers get another chance to make MTV their personal jukebox.
4.00 PM			4.00 Tennis: US Open - LIVE The National Tennis Center, better known as Flushing Meadows, plays host to the first US Open tennis championship of the new millennium. Andre Agassi and Serena Williams are the defending singles champions and among the favourites to regain the titles they won in 1999. All the stars are here: Sampras, Rafter, Philippoussis, Rusedski and Henman, not to mention Hingis, Davenport, Seles and Kournikova. Andrew Castle introduces the opening day's action, while commentary comes courtesy of Bill Threlfall and Gerry Williams.	4.00 Cricket: National Cricket League: Gloucestershire v Leicestershire - LIVE Gloucestershire face Leicestershire at Bristol in the latest match in the National Cricket League season. One-day specialists Gloucestershire would dearly love to add the First Division championship to a trophy room which also includes the Benson & Hedges Cup.	4.00 Land of the Giants Every Dog Needs a Boy Barry courts danger when he takes his injured pet to a veterinarian.	
5.00 PM					5.00 Swamp Thing Romancing Arcane A Columbian hit squad strikes at Arcane.	
6.00 PM	5.30 Eurogoals A round-up of recent net-busters from the European soccer scene.	6.00 Sky Sports Centre 6.30 World Football Show The latest results and news for soccer fans.		7.00 Total Sport The show that lifts the lid on the biggest issues facing world sport.	5.00 Swamp Thing Swamp of Dreams 6.00 The Six Million Dollar Man The White Lightning War Steve Austin gets involved with moonshiners after two federal agents are killed.	6.00 Bytesize MTV A non-stop mix of some of the highlights and bizarre moments from different MTVs around the world in short soundbites.
7.00 PM	7.00 Athletics Coverage of the IAAF Grand Prix from Gateshead International Stadium.	7.00 First Division Football: Sheffield Wednesday v Blackburn Rovers - LIVE Sheffield Wednesday must adapt to life in the Nationwide First Division under new manager Paul Jewell, after being relegated from the Premier League last season. They now face title favourites Blackburn Rovers at Hillsborough.		7.30 Cricket: National Cricket League: Gloucestershire v Leicestershire - LIVE Further action between Gloucestershire and Leicestershire.	6.00 The Six Million Dollar Man The White Lightning War Steve Austin gets involved with moonshiners after two federal agents are killed.	7.00 MTV Hits Another hour of back-to-back hits and music videos.
8.00 PM	8.00 Stunts And They Walked Away Spectacular motorsport crashes and survivals against the odds.				7.00 Amazing Stories Such Interesting Neighbours 7.30 Amazing Stories Without Diana A ghostly girl returns.	
9.00 PM	9.00 Strongest Man Fourth event action from the European Strongest Man competition held in Sevenum, Holland.				8.00 Fantasy Island Dying to Dance A disillusioned horror writer searches for answers to his questions about the existence of an afterlife.	8.00 Hit List UK Cat Deeley delivers the latest UK chart action, with all the movers, shakers and chart breakers.
10.00 PM	10.00 Eurogoals A round-up of recent net-busters from the European soccer scene.	10.15 You're On Sky Sports! Another edition of the show that lets soccer fans phone in and have their say. 11.15 World Football Show 11.45 Wheelbase Club Featuring a look back at the motor racing archives.	10.00 Horsepower Get up to date with the latest equestrian action from Ireland. 10.30 Total Sport Irreverent sports show. 11.00 World Cup Showjumping Look on as riders and horses from around the world bid for glory in the Olympic Trials. 12midnight Horsepower 12.30am-4.00am Tennis: US Open - LIVE Andrew Castle introduces further coverage from the opening day's play in the US Open. With commentary provided by Bill Threlfall and Gerry Williams.	10.00 Wheelbase Club Featuring club rallying, karting, sprints, hill climbs and drag racing, plus a look back at the archives. 11.00 Telegraph Action Sport 11.30-12midnight Powerboating: World Offshore Powerboats - Scandinavian Boats	9.00 First Wave Rubicon Science fiction drama series. The aliens test Foster's resolve by making him a national hero.	9.00 Daily Edition Showbiz news and gossip. 9.30 Biorhythm: Eminem A look at the life and music of the irreverent rapper.
11.00 PM	11.30-12.30am Motorcycling Offroad Magazine Motorsport magazine programme.	12.45am Sky Sports Classics 1.00-4.00am Golf: Battle at Bighorn: Woods v Garcia - LIVE Golfing action as Sergio Garcia takes on Tiger Woods at Bighorn Golf Club.			10.00 FILM: The Tommyknockers: Part I Jimmy Smits, Marg Helgenberger Horror thriller by Stephen King. A small New England town is faced with the revival of an ancient evil force. 1993	10.00 The Tom Green Show Comedy and variety show. 10.30 The Blame Game Former lovers fight it out. 11.00 brand:new Live Zane Lowe introduces more highlights from this year's V2000 festival.
NIGHT TIME					11.40 Sci-Focus Special 12midnight The Net Fireball High-tech thriller series. 1.00am FILM: Son of Darkness: To Die For: Part II Rosalind Allen, Michael Praed Horror thriller. 1991 3.00-4.00am Babylon 5	12midnight Superrock Check out the very latest releases from the world of rock and metal. 1.00am-6.00am Night Videos A selection of music tracks to take you through the night.
	LIVE TENNIS: US OPEN SKY SPORTS 2 4.00PM, 12.30AM The first US Open of the new millennium begins today with Andre Agassi (pictured) and Serena Williams the defending champions in the men's and women's singles competitions. But they will need to be on top form to retain the titles at the noisy Flushing Meadows arena. The men's game is full of possible winners these days for Agassi to stumble over including the wonder of Wimbledon, Pete Sampras, while Williams is sure to face a challenge from her big sister Venus. 				PLAYBOY TV/ ADULT CHANNEL ADD-ON CHANNEL 10.00pm Freeview 10.06 Girls in Uniform 11.15 Beverly Hills Bordello 12midnight Freeview 12.10am Rude Not To! 12.30 Adult Feature 12.50 FILM: Night Games 2.05 New Public Places 2.30-4.00am FILM: Adult Feature Adult Nightview is now available as a TV on-demand service between 10.00pm and 4.00am at £4.95. See channel 50 for details	TELEVISION X ADD-ON CHANNEL 12midnight The Ten Minute Preview 12.10am Vice World 12.40 FILM: Leather 1.00 The Five Minute Freeview 1.05 FILM continues 1.55 Bad Fellas 2.20 FILM: Helen and Louise 3.30-4.00am Profiles Adult Nightview is now available as a TV on-demand service between 12midnight and 4.00am at £4.95. See channel 50 for details

VH1 MUSIC & GAMES PACK	ANIMAL PLANET WORLD PACK	UK STYLE LIFESTYLE PACK	UK HORIZONS WORLD/ ACCESS PACKS	CARLTON FOOD NETWORK LIFESTYLE PACK		
6.00am Power Breakfast 8.00 Top 40 Summer Hits Top tracks for summer. 12noon Ten of the Best: The Bee Gees The enduring sibling stars select their favourite music videos of all time. 1.00pm Greatest Hits: The Bee Gees 2.00 Top 40 Millennium Honours List The greatest 40 artists of the millennium as voted for by members of the public.	12noon Croc Files 12.30pm Going Wild with Jeff Corwin <i>Papua New Guinea</i> 1.00 Harry's Practice 1.30 Harry's Practice Dr Cooper treats an injured ring-tailed possum. 2.00 Pet Rescue More RSPCA rescues. 2.30 Kratt's Creatures <i>The When Show</i> 3.00 Good Dog U <i>Chasing Dog</i> With Joel Silverman. 3.30 Good Dog U <i>The Jealous Dog</i> Dealing with jealous dogs. 4.00 Animal Planet Unleashed There is another visit from the horse dentist. 4.30 Croc Files A look at the python. 5.00 Pet Rescue More RSPCA rescues. 5.30 Going Wild with Jeff Corwin <i>Kentucky - Mammoth Caves</i> 6.00 The Aquanauts A look at a sea-otter tagging programme. 6.30 Croc Files Steve shares the depths of the sea with sharks. 7.00 Mountain Rivals The true story of a caracal lynx and a pair of black eagles who share the same terrain in the mountains of South Africa. 8.00 Wildlife SOS A fox seems too friendly for its own good. 8.30 Wildlife SOS Some ducklings are rescued from a drain. 9.00 Crocodile Hunter <i>Reptiles of the Deep - Sea Snakes</i> A look at the world's most venomous snakes. 10.00 Land of the Giant Bats Follow in the footsteps of the Scottish missionary and famous explorer Dr David Livingstone. 11.00-12midnight Emergency Vets Special The best of the series from the busy animal ER hospital in Denver. CABLE CHECK Some of the channels listed may not be available in your area	 The self-tagged Slim Shady rapper is the focus of 'Biorhythm: Eminem'. MTV 9.30pm ITV2 ACCESS PACK 4.00pm Trisha A double bill of more heartwarming and hair-raising true stories with Trisha Goddard and a studio audience. Text 6.00 The Extremists Series about hair-raising sports and activities. 6.30 Extra Time with Ron Atkinson Football discussion show. 7.00 Formula 1: Belgian Grand Prix Highlights Jim Rosenthal introduces highlights of the Belgian Grand Prix. 8.00 Sunset Beach Drama series. Ricardo denies being part of Paula's kidnapping and Tiffany is up to no good again. 8.50 Chart Choice 9.00 Cold Feet Adam and Rachel move in together, but Rachel's past catches up with her as they begin to unpack. With Helen Baxendale. 10.00 Coronation Street A chance to catch tonight's episode from ITV. Text 10.30 Nuts and Bolts Pete offers Darren support. 11.00 The Jerry Springer Show Jerry Springer and his guests engage in lively and heated discussion. 11.50 The Late Show with David Letterman Top-rated chat show with David Letterman and celebrity guests. 12.40am Freaky Stories Ghoulish animation. 12.50 The Extremists Extreme sporting action. 1.20-1.50am Extra Time	7.00am Holiday in Style 8.00 Ready, Steady, Cook 8.30 Can't Cook, Won't Cook 9.00 Repair to Remember 9.30 Real Rooms 10.00 Change That 10.30 A Room with a Clue 11.00 Changing Rooms 11.30 Our House 12noon Good Living 12.30pm Style Challenge 1.00 Nigel Slater's Real Food Show 1.30 Ready, Steady, Cook 2.00 More Front Gardens 2.30 BBC Gardener of the Year 3.00 Charlie's Garden Army The team creates a tranquil rooftop garden. 3.30 Ground Force Garden makeover series. 4.00 Stefan's Garden Roadshow Help and advice on gardening dilemmas. 4.30 Good Living Lifestyle series. 5.00 Can't Cook, Won't Cook Cookery challenge. 5.30 Repair to Remember With Mag Ruffman. 6.00 The Cable Guide Awards UK Style presents the Cable Guide TV Awards from the Hilton Hotel, Park Lane. Alan Titchmarsh and Carol Smillie host the evening, celebrating all your favourite cable TV shows and personalities. 7.30 Change That <i>Rugby School</i> 8.00 Style Challenge Fashion experts give people dream makeovers. 8.30 à la mode Milliner Philip Treacy has top advice for hats. 9.00-1.00am The Naked Chef 9.00 Reunion Jamie prepares a reunion supper for old friends. 9.30 Girls, Girls, Girls 10.00 A Perfect Day Jamie whips up a feast after a day spent karting. 10.30 Going to the Dogs Jamie prepares a hearty spread for friends. 11.00 Picnic on the Pier Jamie prepares a picnic for a day at the seaside. 11.30 Jamie cooks a meal of fish pie and special baked carrots. 12midnight A Birthday Barbecue Jamie creates a birthday barbecue for a friend. 12.30am-1.00am Wedding Bells Featuring a recipe for linguine with olive oil, pancetta, clams and white wine.	7.00am Tomorrow's World Plus 7.50 Chimpzee Diary 8.20 Orang-Utan Rescue 9.10 Reefwise 9.40 Shark Encounters 10.30 Smile of the Shark 11.30 Animal Hospital - Fleas and All 12noon-6.30pm Animal Hospital A marathon of heart-warming tales of tragedy and triumph from the busy 24-hour RSPCA Harmsworth Hospital for Sick Pets in Holloway, North London. With Rolf Harris (pictured) and his team of co-presenters.  3.00 Red Hot 'n' Smokin' With the Nosh Brothers. 3.30 Tessa's Tastebuds <i>Coffee</i> 4.00 A Year at Ballymaloe With Darina Allen. 4.30 Classic Dishes With Aldo Zilli. 5.00 Three Chefs in the Cape 5.30 Four Burners and a Grill 6.00 Coxon's Kitchen College 6.30-7.00pm Waitrose in Season NATIONAL GEOGRAPHIC CHANNEL FAMILY PACK 7.00pm The Body Changers A look at the creatures which take on different guises to protect and disguise themselves. 8.00 Journey Through the Underworld 8.30 Treks in a Wild World <i>Florida, California</i> 9.00 Above All Else Follow Jamie Clarke and Alan Hobson as they attempt to reach the summit of Mount Everest for the third time. 10.00 Rafting Through the Outer Canyon Raft down the river that created the awe-inspiring Grand Canyon. 11.00 Return to Everest Sir Edmund Hillary visits the people who spend their lives in the shadows of the mountain he conquered. 12midnight-1.00am Submarines, Secrets and Spies Take a close look under the waves to discover how submarines helped to win the Cold War.	6.00 AM MORNING 3.00 PM 4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00 NIGHT TIME	
CHALLENGE TV MUSIC & GAMES PACK		DISCOVERY HOME & LEISURE WORLD PACK	RAPTURE BONUS CHANNEL	LOCAL CHANNEL ACCESS PACK		
5.00pm Cross Wits 5.30 Sale of the Century 6.00 Family Fortunes 6.30 100% 7.00 Stars in Their Eyes 7.30 Beadle's About 8.00 Gladiators More muscle-bashing challenges between super-fit members of the public and the legendary Gladiators. 9.00 Whittle 9.30 Strike it Lucky 10.00 Sale of the Century	10.30 Family Fortunes 11.00 Stars in Their Eyes 11.30 Winner Takes All 12midnight Beadle's About 12.30am Gladiators 1.30 The Cooler With Donna Air. 2.00 Karaoke Challenge 2.30 3-2-1 3.30 The Krypton Factor 4.00 Say the Word 4.30 Whittle 5.00-6.00am Shopping with Screenshop	6.00am A Passion for Angling 7.00 A Passion for Angling 8.00 A Passion for Angling 9.00 Catch of the Day 9.05 Rex Hunt Specials 9.35 Rex Hunt Specials 10.05 Catch of the Day 10.15 Rex Hunt Specials 10.45 Rex Hunt Specials 11.15 Catch of the Day 11.25 Total Fishing with Matt Hayes 11.55 Total Fishing with Matt Hayes 12.25pm Catch of the Day	12.35 Fishing with Henry 1.05 Fishing with Henry 1.35 Catch of the Day 1.45 Hooked on Fishing with Paul Young 2.15 Hooked on Fishing with Paul Young 2.45 Catch of the Day 2.55 Hooked on Fishing with Paul Young 3.25 Hooked on Fishing with Paul Young 3.55-4.00pm Catch of the Day	10.00am Freesport Special 10.30 Mountain Bikes 11.00 High Adrenalin Action 11.30 Adrenalize 12noon World Wind Surf 12.30pm Byte Me 1.00 FILM 2.00 Boardstupid 2.30 Freesport Special 3.00 Fearless 3.30 Byte Me 4.00 Freesport Special 4.30 Mountain Bikes 5.00 High Adrenalin Action 5.30-6.00pm Adrenalize	6.00pm LLTV - Local Life A daily magazine programme featuring local news, events and lifestyle features. 6.30 What's On TV 7.00 LLTV - Local Life 7.30 YCTV Programmes made by the stars of tomorrow featuring the stars of today. 8.00 Student Showcase 8.30 What's On TV 9.00-9.30pm LLTV - Local Life	

		CARTOON NETWORK FAMILY PACK	NICKELODEON FAMILY PACK	FOX KIDS FAMILY PACK	NEWS AND INTERNATIONAL	
		5.00am-9.00pm Tom and Jerry Marathon An all-day marathon of crazy cat and mouse capers as the famous duo seek to outmanoeuvre each other throughout the day.	7.00am Transylvania Pet Shop 7.30 Transylvania Pet Shop 8.00 Ren and Stimpy 8.30 Ren and Stimpy 9.00 Kenan and Kel 9.30 Kenan and Kel 10.00 Sister Sister 10.30 Sister Sister 11.00 Cousin Skeeter 11.30 Cousin Skeeter 12.00 Rugrats 12.30pm Rugrats 1.00 Rugrats 1.30 Rugrats 2.00 Rugrats 2.30 Rugrats	6.00am Oggy 6.10 Bad Dog 6.30 Bobby's World 6.55 Jim Button 7.15 Walter Melon 7.40 Inspector Gadget 8.00 Oggy 8.10 Biker Mice 8.30 Dennis and Gnasher 8.55 Sailor Moon 9.15 Sailor Moon 9.40 Digimon 10.00 Power Rangers 10.20 Monster Rancher 10.45 Masked Rider 11.05 X-Men 11.30 Spy Dogs 11.50 Ace Ventura 12.15pm Walter Melon 12.35 Inspector Gadget 1.00 Woody 1.10 Casper 1.30 Donkey Kong Country 1.55 Dennis and Gnasher 2.20 Louie 2.40 Princess Sissi	BBC NEWS 24 NEWS & SPORT/ ACCESS PACKS	ASIANET ADD-ON CHANNEL
6.00 AM	CABLE CHECK Some of the channels listed may not be available in your area				6.00am News 8.00 News 9.00 News 9.30 World News 10.00 News 12noon News 1.00pm News 2.00 News 2.30 HARDtalk 3.00 News 3.30 Reporters 4.00 News 6.00 News 7.00 News 7.30 Sportsday 8.00 News 8.30 Reporters 9.00 News 9.30 HARDtalk 10.00 News 11.00 News 11.30 World Business Report 12midnight News 1.00am News 2.00 News 2.30 World Business Report 3.00 News 3.30 HARDtalk 4.00 News 4.45 Asia Today 5.00-6.00am News	7.30am Chote Babu 8.00 DD News 8.30 DD Programme 9.00 FILM 11.30 News 12noon Geet Baney Sangeet 12.30pm Junoon 1.00 Swabimaan 1.30 FILM 4.00 Darpan 4.30 Kachwa Aur Khargosh 5.00 Music Box 5.30 MTV Fresh 6.00 Tiger 6.30 Rajni 7.00 Swabimaan 7.30 News 8.00 Aarzo 8.30 FILM 11.30 News 12midnight MTV Hitlist 1.00am FILM 4.00 Kachwa Aur Khargosh 4.30 Music Box 5.00 Chand Grehan 6.00 Bhakti Sagar 6.30 DD News 7.00-7.30am Bhule Bisre Geet
3.00 PM	DISCOVERY WORLD PACK		3.00 Rugrats Fun with the tousle-headed nippers with the over-fertile imaginations. 3.30 Rugrats Ankle-biting antics. 4.00 Kenan and Kel The adventures of two funky friends. 4.30 Kenan and Kel Starring Kenan Thompson and Kel Mitchell. 5.00 Sabrina the Teenage Witch 5.30 Sabrina the Teenage Witch 6.00 Are You Afraid of the Dark? 6.30-7.00pm Are You Afraid of the Dark?	3.00 Princess Starla and the Jewel Riders The magical adventures of Princess Starla. 3.20 Sailor Moon 3.45 Mighty Morphin' Power Rangers 4.05 Mighty Morphin' Power Rangers 4.30 Digimon Bizarre adventures. 4.50 Masked Rider The adventures of a teenage alien superhero. 5.15 Monster Rancher 5.35 Biker Mice from Mars 6.00 The New Addams Family 6.25 Casper 6.35-7.00pm Goosebumps	CNN INTERNATIONAL NEWS & SPORT PACK News throughout the day, plus: 5.00am Morning 5.30 Business 6.00 This Morning 6.30 Business 7.00 This Morning 7.30 Business 8.00 This Morning 8.30 Sport 9.00 CNN & TIME 10.30 Sport 11.30 Asia 12.30pm Europe 1.15 Asian 1.30 Report 2.30 Showbiz 3.00 CNNdotCOM 3.30 Sport 4.30 artcluc 5.00 CNN & TIME 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 WorldView 11.30 Moneyline 12.30am Showbiz 1.00 Morning 1.15 Asia Business 2.00 Larry King 4.30- 5.00am American Edition	ZEE TV ADD-ON CHANNEL 6.00am Yaadein 6.30 Bhakti Songs 7.00 Faith: Hindu 7.30 Daily News 8.00 Zaik Ka Safar 8.30 Kartavya 9.00 Mehendi Tere Naam Ki 9.30 Basera 10.00 Amar Bail 11.00 Jhat Pat Khana 11.30 Aangan 12noon FILM 3.00pm Hotel Hindustani 3.30 Pride KA Aashirwad 4.00 Kartavya 4.30 Quiz Contest 5.00 Hum Paanch 5.30 Aangan 6.00 Pakistan Show Time 7.00 Hadd Kar Di 7.30 Top of the Tops 8.00 News Bulletin 8.30 Chingari 9.00 Sa Re Ga Ma 10.00 Thriller at 10 10.30 Net Asia Up Beat 11.00 Zee in Europe 11.30 Pakistan Business Week 12midnight Punjabi News 12.30am FILM 3.30 Hum Paanch 4.00 Daraar 4.30 Campus 5.00-6.00am My Choice
4.00 PM	4.00pm Rex Hunt Fishing Adventures Tips on how to use beach worms and pilchards. 4.30 Discovery Today A look at new technology. 5.00 Lost Treasures of the Ancient World <i>The Lost City of Pompeii</i> A look at the story of Pompeii, lost under volcanic ash in AD 63. 6.00 African Summer Follow the efforts of one lioness in the heart of the African bush as she fends for her newlyborn cubs until they reach adulthood. 7.00 Future Tense <i>Sport</i> Examination of the role science can play in sport. 7.30 Discovery Today Avalanches investigated. 8.00 Time Team <i>Turkdean</i> An edited version of a live dig in the village of Turkdean near Cheltenham.		PARAMOUNT COMEDY CHANNEL FAMILY PACK 7.00pm Grace Under Fire 7.30 King of Queens <i>Doug Out</i> 8.00 Ellen <i>The Clip Show Patient</i> Ellen volunteers to help at a local hospital. 8.30 Just Shoot Me <i>Softball</i> 9.00 Married... With Children <i>Father Lode</i> 9.30 Spin City <i>Starting Over</i> Mike has a date. 10.00 Frasier <i>Dinner Party</i> Frasier and Niles plan to host a dinner party. 10.30 Harry Hill <i>Surreal humour.</i> 11.00 Jack Dee <i>Dead-pan comic.</i> 11.30 Cheers <i>A Fine French Wine</i> Woody wants to propose to Kelly. 12midnight Roseanne 12.30am Clive Anderson <i>Talks Back</i> 1.10 NewsRadio 1.40 <i>Whose Line Is It Anyway?</i> 2.10 <i>Dressing For Breakfast</i> 2.40 <i>Desmond's</i> 3.10 <i>It's Garry Shandling's Show</i> 3.40 <i>Rex The Runt</i> 3.50-4.00am <i>Rex The Runt</i>	SHOP! LIFESTYLE/ SELECTION PACKS 6.00am Shop! Selection 7.00 Sports Shop! 8.00 Kids Shop! Back-to-school special. 8.30 Clothes Shop! 9.30 Kitchen Shop! Cookery advice from top chef, Paul Brodel. 10.30 Holiday Shop! 11.30 Entertainment Shop! 12.30pm Technology Shop! 1.00 Home Shop! 2.00 Shop! Selection 3.00 Jewellery Shop! 4.00 Home Shop! 5.00 Holiday Shop! 6.00 Shop! Selection 7.00-7.30pm Jewellery Shop!	SKY NEWS NEWS & SPORT/ ACCESS PACKS News on the hour, every hour, plus: 6.00am Sunrise 10.30 Sky World News 11.30 Money 12noon Sky News Today 2.30pm Your Call 3.00 Sky News Today 4.30 Sky World News 5.00 Live at Five A round-up of all the day's major stories. 8.30 Sky Business Report 9.30 Showbiz Weekly 10.00 Sky News at Ten The day's sport. 10.30 Sportsline 12.30am CBS Evening News 1.30 Your Call 2.30 Sky Business Report 3.30 Showbiz Weekly 4.30 The Book Show 5.30-6.00am CBS Evening News	CHRISTIAN CHANNEL EUROPE WORLD PACK 5.00am CMTV 5.30 Gospel Truth - Andrew Wommack 6.00 CMTV 6.30 Changing Your World 7.00 Believers' Voice of Victory 7.30 This is Your Day 8.00 Money Matters 8.15 Thought for the Day 8.30 Life in the Word 9.00 CMTV 9.30 Winning Ways - Matthew Ashimolowo 10.00 Israel Vision 10.30-11.00am The Dream Replay Cross Rhythms Editions
5.00 PM	5.00pm Rex Hunt Fishing Adventures Tips on how to use beach worms and pilchards. 4.30 Discovery Today A look at new technology. 5.00 Lost Treasures of the Ancient World <i>The Lost City of Pompeii</i> A look at the story of Pompeii, lost under volcanic ash in AD 63. 6.00 African Summer Follow the efforts of one lioness in the heart of the African bush as she fends for her newlyborn cubs until they reach adulthood. 7.00 Future Tense <i>Sport</i> Examination of the role science can play in sport. 7.30 Discovery Today Avalanches investigated. 8.00 Time Team <i>Turkdean</i> An edited version of a live dig in the village of Turkdean near Cheltenham.			GMTV 2 ACCESS PACK GMTV2 offers pre-school and lifestyle shows between 6.00am and 9.25am. Weekdays: <i>The News Hour</i> at 6.00am followed by children's shows. Saturdays: Children's programming and a round-up of the week's news in <i>The Review</i> . Sundays: Highlights include a <i>Pokémon</i> triple bill and <i>The Review</i> .	INTERNATIONAL TV5 5.00am Journal 5.15 Journal des Journaux 5.30 Télématin et le Journal du Temps 7.00 Journal 7.30 Magellan 8.00 Infos 8.05 Zig Zag Café 9.00 Journal 9.15 La Serre aux Truffes 11.00 Infos 11.05 100% Questions 11.30 Journal 12noon Infos 12.05pm Mise au Point 1.00 Journal 1.15 La Serre aux Truffes 3.00 Journal 3.15 Questions 3.30 Méditerranée 4.00 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal 5.15 La Serre aux Truffes 7.00 Journal 7.30 Journal 8.00 Infos 8.05 Le Point 9.00 Journal 9.15 Cinéma: Salle Comme un Ange 11.00 Journal 11.30-12midnight Soir 3	BLOOMBERG WORLD PACK 2.00am Asian Market Report 3.00 Tokyo Live 3.30 Wall Street Report 5.00 US Market Report 5.05-6.00am Tokyo Live
6.00 PM	6.00pm Rex Hunt Fishing Adventures Tips on how to use beach worms and pilchards. 4.30 Discovery Today A look at new technology. 5.00 Lost Treasures of the Ancient World <i>The Lost City of Pompeii</i> A look at the story of Pompeii, lost under volcanic ash in AD 63. 6.00 African Summer Follow the efforts of one lioness in the heart of the African bush as she fends for her newlyborn cubs until they reach adulthood. 7.00 Future Tense <i>Sport</i> Examination of the role science can play in sport. 7.30 Discovery Today Avalanches investigated. 8.00 Time Team <i>Turkdean</i> An edited version of a live dig in the village of Turkdean near Cheltenham.				SKY NEWS NEWS & SPORT/ ACCESS PACKS News on the hour, every hour, plus: 6.00am Sunrise 10.30 Sky World News 11.30 Money 12noon Sky News Today 2.30pm Your Call 3.00 Sky News Today 4.30 Sky World News 5.00 Live at Five A round-up of all the day's major stories. 8.30 Sky Business Report 9.30 Showbiz Weekly 10.00 Sky News at Ten The day's sport. 10.30 Sportsline 12.30am CBS Evening News 1.30 Your Call 2.30 Sky Business Report 3.30 Showbiz Weekly 4.30 The Book Show 5.30-6.00am CBS Evening News	BBC PARLIAMENT NEWS & SPORT PACK Parliament is in recess.
7.00 PM	7.00pm Rex Hunt Fishing Adventures Tips on how to use beach worms and pilchards. 4.30 Discovery Today A look at new technology. 5.00 Lost Treasures of the Ancient World <i>The Lost City of Pompeii</i> A look at the story of Pompeii, lost under volcanic ash in AD 63. 6.00 African Summer Follow the efforts of one lioness in the heart of the African bush as she fends for her newlyborn cubs until they reach adulthood. 7.00 Future Tense <i>Sport</i> Examination of the role science can play in sport. 7.30 Discovery Today Avalanches investigated. 8.00 Time Team <i>Turkdean</i> An edited version of a live dig in the village of Turkdean near Cheltenham.					
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12.00	12midnight Time Team <i>Richmond</i> Tony Robinson descends on an immaculate croquet lawn at Trumpeters House. 1.00am Wonders of Weather Dangerous Games 1.30-2.00am Discovery Today	CARTOON NETWORK: 1.00am-5.00am Tom and Jerry Marathon The marathon cat and mouse battles continue.				
NIGHT TIME						
	THE HISTORY CHANNEL WORLD PACK		TV TRAVEL SHOP BONUS CHANNEL	QVC LIFESTYLE/ SELECTION PACKS		
	12noon Rome: The Great Empire <i>The Enduring Legacy</i> 1.00pm Suicide Missions <i>Combat Medics</i> 2.00 Biography <i>Sidney Poitier</i> 3.00 World War I <i>The Tide Turns</i> 3.30 Spies <i>The Pearl Harbor Spies</i> 4.00 No Price Too High <i>Victory</i> 5.00 Spy in the Sky	6.00 Killer Submarine 6.55 Photos for the Future II 7.00 Crown and Country <i>Sandringham</i> 7.30 Time Travels <i>Prison</i> 8.00 Biography <i>Casanova</i> 8.55 A Small Piece of History 9.00-10.00pm Line of Fire <i>Hastings</i> Recreation of a battle.	A total travel service in your own home. Video brochures give a guided tour of resorts around the world, with regular bulletins and programmes featuring late holidays and special offers. Viewers can then book holidays 24-hours-a-day, seven-days-a-week, by calling 0870 60 60 747. For more information and full listings turn to TV Travel Shop Text, from page 200.	QVC The Shopping Channel is at your service 24-hours-a-day - so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is KNC Fashion at 3.00pm.		

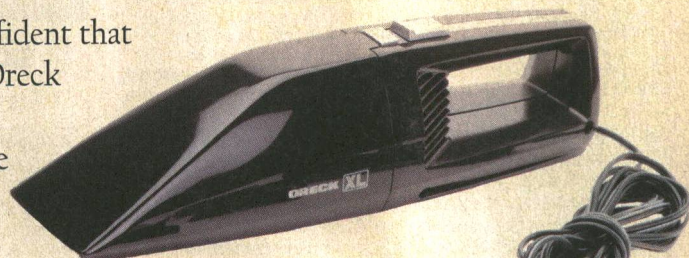


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Hi, I'm David Oreck. I'm so confident that my 50% more powerful, 8½-lb. Oreck XL is pound for pound, the best vacuum in the world that I'll give you my Oreck Car Vac just for taking The Oreck Challenge.

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Decide to keep the 8½-lb. Oreck XL and I'll also give you my super-powerful 5-lb. Compact Vacuum, as a gift. It's the one you've seen on TV pick up a bowling ball. So take The 15-Day Oreck Challenge and get your home and your car Oreck clean.



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- ☐ YES I want to learn how I can get my home ORECK clean. Please send me a free information pack without cost or obligation. I understand I will receive absolutely FREE an Oreck Super Compact Canister with the purchase of the ORECK XL vacuum cleaner.
- ☐ Also include details of ORECK's Payment Plan. No Interest or Finance Charge.

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Postcode

Tel: Day Eve:

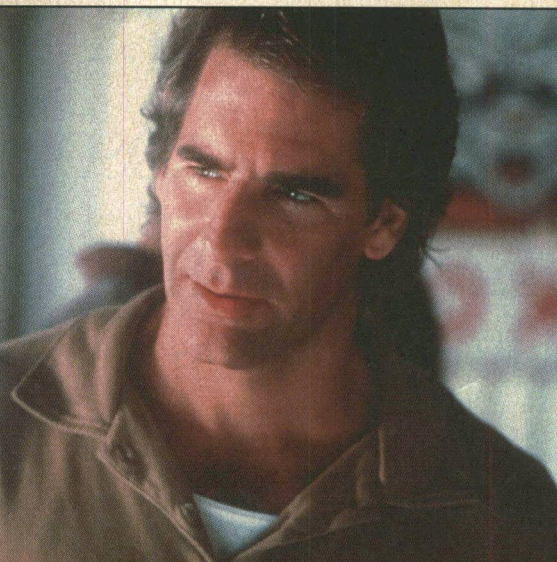
Please return this coupon to Oreck Corporation, FREEPOST (SWB 30675), Exeter EX1 1ZY.

We'll pay the postage – you do not need a stamp.

Send no money now. No obligation. No sales person will visit.

Right to refuse application reserved. For credit purposes we may consult the files of a Credit Reference Agency who may record the search. If you do not wish to receive further special offers from companies we recommend, please tick the box ☐. Calls may be monitored for quality assurance.

35190

	SKY PREMIER PREMIUM CHANNEL	SKY MOVIE MAX PREMIUM CHANNEL	MOVIE RATINGS Sky U: Suitable for viewing by all Sky PG: Parental Guidance suggested Sky 12: Suitable for viewers aged 12 years and over Sky 15: Suitable for viewing by people of 15 years or over Sky 18: Suitable for viewing by adults only Text: film is subtitled on page 888 of Fastext Widescreen: shown in cinema (letterbox) format	
MORNING	6.00am Pit Pony 1997, rating Sky PG, 88 mins 7.45 Flubber Text 1997, rating Sky U, 90 mins 9.30 Addams Family Reunion Text 1997, rating Sky PG, 88 mins 11.05 Class Action 1991, rating Sky PG, 105 mins 12.55pm Undercover Angel 1998, rating Sky PG, DS, 88 mins 2.30 The Second Jungle Book: Mowgli and Baloo Jamie Williams, Roddy McDowall Family adventure. A jungle boy gets to civilisation pursued by a circus scout who hires a local grandee to help find the boy, but it turns out the jungle boy is the bigwig's nephew. Text 1997, rating Sky PG, 86 mins	6.40am All of It 1998, rating Sky PG, 81 mins 8.05 Columbo: Ashes to Ashes 1998, rating Sky PG, 86 mins 10.00 Finding Kelly 1998, rating Sky PG, 84 mins 12noon Danielle Steel's Daddy 1991, rating Sky PG, 91 mins 2.00pm Never Tell Me Never Claudia Karvan, Diane Craig, Paul Bishop, Malcolm Kennard Drama based on the true story of an Olympic hopeful cross-country skier whose career dreams are shattered after an accident. Rendered paraplegic, she summons up the willpower to defy the odds and learn to walk again. 1997, rating Sky U, DS, 96 mins		
3.00 PM	4.00 Flubber Robin Williams, Marcia Gay Harden, Christopher McDonald Family comedy about an absent-minded professor who invents a green, rubbery polymer with an extraordinary life of its own. The invention could make the school rich, but the rival for the professor's fiancée's affections is determined to steal it for himself. Text 1997, rating Sky U, 90 mins	4.00 Action Heroes: John Travolta A profile of the all-dancing, all-shooting legend. 4.30 All of It Lesley Ann Warren, Alanna Ubach, James Rebhorn Drama about a professional woman whose visit home opens her eyes to the dysfunctional family life she left behind. 1998, rating Sky PG, 81 mins	4.00pm Tender Mercies Robert Duvall, Tess Harper, Allan Hubbard, Betty Buckley Drama. A once-famous country singer wakes up broke in a tiny motel. However, he finds love and a new lease of life when he moves in with the widow who runs it and resumes his singing career. 1983, rating Sky PG, 88 mins 5.30 The Gallant Blade Marguerite Chapman, Larry Parks, Victor Jory Period adventure. A peace-loving soldier in 17th century France risks everything to save the life of his general. 1948, rating Sky U, 78 mins	Scott Bakula pitches for laughs in the premiere of 'Major League: Back to the Minors'. Sky MovieMax 8.00pm
5.00 PM	6.00 Addams Family Reunion Tim Curry, Daryl Hannah, Estelle Harris, Ed Begley Jr Comedy sequel. The kooky relations receive an invitation to a family reunion. However, when they arrive, it becomes clear that a spelling mistake has brought them together with the wrong family. Text 1997, rating Sky PG, 88 mins	6.00 Columbo: Ashes to Ashes Peter Falk, Patrick McGeehan, Rue McClanahan, Ron Masak Drama. A detective is called in to investigate the disappearance of a Hollywood gossip reporter. All evidence points to her former lover – a smooth-talking funeral director – who was one of the last people to see her alive. 1998, rating Sky PG, 86 mins	FILMFOUR ADD-ON CHANNEL	Create your own personal TV diary: www.cableguide.co.uk
6.00 PM	8.00 Shakespeare in Love Joseph Fiennes, Gwyneth Paltrow, Geoffrey Rush Romantic comedy about William Shakespeare. The young playwright has an idea for a new play but is having writer's block. However, it is not until a beautiful woman enters his life that his creative juices start to flow in his attempts to woo her. Text 1998, rating Sky 15, DS, 119 mins	8.00 Major League: Back to the Minors Scott Bakula, Corbin Bernsen, Dennis Haysbert PREMIERE Comedy sequel. A minor league team prepares for a crunch match with an arrogant major league team. The only problem they face is that they are about nine players short of a decent team. Text 1998, rating Sky 12, DS, 96 mins	6.00pm The Freshman Matthew Broderick, Marlon Brando, Bruno Kirby Comedy about a film student who is conned out of his money and luggage. The conman then arranges a job for the newcomer with a Mafia boss who is running a bizarre scam involving exotic animals and crooked restaurateurs. 1990, 98 mins 7.30 Une Histoire D'Eau 8.00 The Big Blue Jean-Marc Barr, Jean Reno, Rosanna Arquette, Marc Duret Romantic drama. A pair of childhood friends both become professional divers. To the amazement of scientists, they have the ability to adjust their heart rates and breathing, so that their vital signs resemble that of a dolphin. They become rivals over who can dive the deepest without scuba gear, until one falls in love and he finds that he must choose between his love for her and the sea. 1988, 162 mins 10.50 Leon Jean Reno, Natalie Portman Action thriller. A hitman takes in a little girl, teaches her his trade and helps her to harness her revenge-fuelled desires before she goes after the man who killed her parents in cold blood. 1994, 105 mins 1.05am French Shorts 2.10 The Texas Chainsaw Massacre Gunnar Hansen, Marilyn Burns Horror. 1974, 80 mins 3.35 The Last Broadcast Horror. 1998, 86 mins 5.05-6.00am The Blair Witch Phenomenon	CARLTON CINEMA LIFESTYLE PACK
7.00 PM	10.00 Two Girls and a Guy Robert Downey Jr, Natasha Gregson Wagner, Angel David PREMIERE Drama. Two women waiting to surprise their boyfriends after a trip discover that they have been sharing the same one for months. Text 1997, rating Sky 18, 81 mins 11.25 Black Rain Michael Douglas, Andy Garcia Thriller. Two New York detectives go to Japan to find a killer. 1989, rating Sky 18, 120 mins	10.00 Double Team Jean-Claude Van Damme, Dennis Rodman, Mickey Rourke Action. A criminal kidnaps the son of an anti-terrorist agent. The father knows he must act fast to save the boy and teams up with an arms dealer to form a double act. Text 1997, rating Sky 18, 89 mins 11.35 Night of the Warrior Lorenzo Lamas, Arlene Dahl Martial arts action. An ex-convict gets embroiled in a murder hunt. 1990, rating Sky 18, 95 mins 1.15am The Spiral Staircase 1999, rating Sky 15, DS, 88 mins 2.50 A Nightmare on Elm Street Part 2: Freddy's Revenge 1985, rating Sky 18, 82 mins 4.20-6.00am Finding Kelly 1998, rating Sky PG, 84 mins	8.00 The Big Blue Jean-Marc Barr, Jean Reno, Rosanna Arquette, Marc Duret Romantic drama. A pair of childhood friends both become professional divers. To the amazement of scientists, they have the ability to adjust their heart rates and breathing, so that their vital signs resemble that of a dolphin. They become rivals over who can dive the deepest without scuba gear, until one falls in love and he finds that he must choose between his love for her and the sea. 1988, 162 mins 10.50 Leon Jean Reno, Natalie Portman Action thriller. A hitman takes in a little girl, teaches her his trade and helps her to harness her revenge-fuelled desires before she goes after the man who killed her parents in cold blood. 1994, 105 mins 1.05am French Shorts 2.10 The Texas Chainsaw Massacre Gunnar Hansen, Marilyn Burns Horror. 1974, 80 mins 3.35 The Last Broadcast Horror. 1998, 86 mins 5.05-6.00am The Blair Witch Phenomenon	7.00pm Experiment in Terror Lee Merrick, Ross Martin, Stephanie Powers, Glenn Ford Mystery. A bank teller is accosted by psychopath who forces her to go through with a elaborate robbery scheme. An FBI agent advises her to play along with the kidnapper, hoping in this way to capture this dangerous criminal with a minimum of bloodshed. 1962, 123 mins 9.15 Mystic Pizza Julia Roberts, Annabeth Gish, Lili Taylor, William R. Moses Romantic drama. Two sisters work in a local pizza parlour. One is beautiful but seems to be wasting her life, the other is going to college. The story revolves around the love lives of the two sisters and their friend. Text 1988, 104 mins 11.00 The Collector Terence Stamp, Samantha Eggart, Mona Washbourne Thriller. A socially withdrawn bank clerk kidnaps a woman and holds her hostage. 1965, 119 mins 1.00am ...And Justice for All Al Pacino, Jack Warden Drama. A corrupt judge is charged with rape. 1979, 119 mins 3.15 Ishtar Warren Beatty, Dustin Hoffman Comedy. 1987, 103 mins 5.15-7.00am Island of Desire Romantic drama. 1952, 105 mins
8.00 PM	1.30am Inventing the Abbotts Joaquin Phoenix, Liv Tyler Text 1997, rating Sky 15, 103 mins 3.20 Dead Ringers 1988, rating Sky 18, 111 mins 5.15-6.00am Femmes Fatales: Angela Bassett			
9.00 PM				
10.00 PM				
11.00 PM				
NIGHT TIME				

FRONT ROW SCREENING WHEN YOU'RE GOOD AND READY WITH CABLE & WIRELESS See channel 50 or your Front Row spread on pages 14, 15 for further details. KEY TO FILM CONTENT T/C: Theme/Content BL: Bad Language S/N: Sex/Nudity V: Violence	Channel 51 Matinee WILD WILD WEST Rating 12, 102 mins Comedy Western. A pair of special agents are sent to track down a diabolical genius who is plotting to kill the US President with a huge walking weapon transporter. Stars Will Smith and Kevin Kline. T/C: Comedy, Western. BL: Occasional, mild. S/N: Some moderate references. V: Frequent, moderate. 6.00am, 8.00am, 10.00am, 12noon, 2.00pm, 4.00pm	Channel 51 Evening WILD WILD WEST Rating 12, 102 mins Comedy Western. A pair of special agents are sent to track down a diabolical genius who is plotting to kill the US President with a huge walking weapon transporter. Stars Will Smith and Kevin Kline. T/C: Comedy, Western. BL: Occasional, mild. S/N: Some moderate references. V: Frequent, moderate. 6.00pm, 8.00pm, 10.00pm, 12midnight, 2.00am, 4.00am	Channel 52 THE THOMAS CROWN AFFAIR Rating 15, 109 mins Crime thriller. A millionaire steals art for the challenge. A beautiful insurance investigator hunts him in a way which brings them perilously close together. Stars Pierce Brosnan and Rene Russo. T/C: Thriller, art theft. BL: Occasional, strong. S/N: Infrequent, moderate. V: None. 6.25pm, 8.30pm, 10.35pm, 12.40am, 2.45am	Channel 53 GO Rating 18, 98 mins Comedy, with two intertwining plots, told from different perspectives about a drug deal gone wrong and a road journey to Las Vegas. Stars William Fichtner, JE Freeman and Katie Holmes. T/C: Black comedy, drugs. BL: Frequent, coarse. S/N: Occasional, strong. V: Occasional, strong. 7.00pm, 9.00pm, 11.00pm, 1.00am, 3.00am
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SKY ONE ACTION/ SELECTION PACKS	UK GOLD LIFESTYLE/ SELECTION PACKS	LIVING LIFESTYLE PACK	GRANADA PLUS ACTION PACK	DISNEY CHANNEL ADD-ON/ PREMIUM CHANNEL	
6.00am Long Play 7.30 Mega Babies 8.00 Godzilla 8.30 Mummies Alive 9.00 Pokémon 9.30 Pokémon 10.00 Pokémon 10.30 The Simpsons Text 11.00 World Wrestling Federation – Live Wire 12noon The New Adventures of Superman Text 1.00pm Dream Team Text 2.00 Mega Babies 2.30 Godzilla	6.00am May to December 6.40 Bread Text 7.15 Birds of a Feather Text 7.50 Open All Hours Text 8.25 EastEnders 9.00 The Bill Text 9.30 The Bill Text 10.00 Bergerac 11.00 Knots Landing 12noon Neighbours 12.30pm EastEnders Text 1.05 Due South 2.00 Knots Landing	6.00am Ready, Steady, Cook 6.30 Can't Cook, Won't Cook 7.00 Tiny Living 9.00 Brookside 9.30 Home and Away 10.00 The Jerry Springer Show 10.50 Forgive or Forget 11.40 Maury Povich 12.30pm Special Babies 1.00 Reality Slot 1.30 Judge Judy 2.00 Streetmate 2.30 Maury Povich Compelling and personal talk show.	6.00am Hawaii Five-0 7.00 Plus on Plus 7.30 Jokers Wild 8.00 Shang-a-Lang 8.30 George and Mildred 9.00 Classic Coronation Street Text 9.30 Emmerdale Text 10.00 Mission: Impossible 11.00 That's My Boy 11.30 Batman 12noon Classic Coronation Street Text 12.30pm Emmerdale Text 1.00 George and Mildred 1.30 Robin's Nest 2.00 Hawaii Five-0	4.30am Winnie the Pooh 4.45 Music Time 4.50 Rolie Polie Olie 5.00 Bear in the Big Blue House 5.25 Art Play 5.30 PB and J Otter 5.45 Bite Size 6.00 Classic Toons 6.05 Circle Time 6.10 Rolie Polie Olie 6.20 The Adventures of Spot 6.30 Out of the Box 7.00 Mickey Mouseworks 7.30 101 Dalmatians 8.00 Aladdin 8.30 Recess 9.00 Double Art Attack 9.35 Sabrina 10.00 FILM: Honey, I Shrunk the Kids 1989 11.30 Miami 7 12noon Circus Kids 12.30pm Boy Meets World 1.00 FILM Tron 1982 2.30 Mickey Mouseworks	6.00 AM
3.00 Mummies Alive Bird Mummy of Alcatraz 3.30 Pokémon Princess v Princess Misty and Jessie compete against one another. 4.00 Pokémon The Purr-fect Hero Meowth decides to become a good guy – or does he? 4.30 Pokémon Riddle Me This 5.00 Star Trek: Voyager Investigations Neelix hears a rumour that a fellow crew member has expressed displeasure with Starfleet and requested leave. 6.00 Veronica's Closet Veronica's Secret Santa Leo becomes frantic. Text 6.30 Friends The One with Joey's Big Break Joey gets a major film role. Text 7.00 The Simpsons There's No Disgrace Like Homer Homer decides his family needs therapy. Text 7.30 The Simpsons Bart the General Text 8.00 JAG Mishap Harm defends his former RIO in a court-martial, after a near-tragic plane crash aboard the aircraft carrier. Stars Patrick Henry. 9.00 World Wrestling Federation – Smackdown Uncut Jim Ross, Michael Cole and Kevin Kelly host the latest event from the World Wrestling Federation, with more spectacular grappling action, as the Smackdown series promises the usual crazy antics from some of the world's biggest and most ferocious wrestling names. 11.00 Toughman Fort Myers More courageous men step into a boxing ring and fight for three fast, intense one-minute rounds determined to win. 12midnight Star Trek: Voyager 1.00am LAPD 1.30 LAPD 2.00 World's Wildest Police Videos Text 2.50 The Untouchables 3.40 The Untouchables 4.30 Manhunter 5.20 The Newlywed Game 5.40-6.00am The Newlywed Game	3.00 The Bill Cross Purposes Text 3.30 The Bill Free to Speak Will Slater seduce Keane when he takes her for a meal? Text 4.00 EastEnders More drama from the residents of Albert Square Text 4.35 Neighbours Mark has Pam's help to beat Wayne in the triathlon. 5.00 May to December No Other Love Alec and Zoe are now living together – but jealousy soon rears its ugly head. 5.40 Bread There's trouble for Shifty but good news for Aveline. Text 6.20 Waiting for God Harvey is determined to have Diana expelled from the home after she ruins one of his suits. 7.00 The Good Life The Windbreak War Seventies sitcom about a couple who are self-sufficient. 7.40 Birds of a Feather Thirty Something Sharon is approaching her 30th birthday. Text 8.20 Open All Hours Sitcom about miserly shopkeeper Arkwright and his downtrodden nephew and assistant, Granville. 9.00 Only Fools and Horses It's Only Rock and Roll Rodney's aspirations to be a singer are dashed by Del Boy. 9.40 dinnerladies Fog A prisoner escapes in the fog on his way to Strangeways. 10.20 One Foot in the Grave Beware the Trickster on the Roof 11.00 Harry Enfield and Chums Wayne and Waynetta try to give up smoking and the Scousers burgle a building society. 11.40 The Bill Text 12.15am The Bill Text 12.45 Live at Jingleurs 1.20 Only Fools and Horses 2.00 One Foot in the Grave 2.35 Monty Python's Flying Circus 3.10 EastEnders Text 3.45 Dangerfield 4.40 Dynasty 5.30-6.00am Angels	3.20 Party of Five All-Nighters Charlie decides to move out of the house and starts looking for flats. Meanwhile, Claudia and Artie are witnesses to a crime. 4.10 Mystic Challenge Gameshow in which psychics, astrologers and palmists put their powers to the test. 4.40 Forgive or Forget Host Mother Love attempts to solve a series of real problems in a variety of relationships. 5.30 Ready, Steady, Cook Fern Britton hosts the cookery show in which two top chefs compete against the clock. 6.10 The Jerry Springer Show Outrageous US talk show in which Jerry and his guests engage in lively discussion. 7.00 Judge Judy The outspoken New York City family court judge presides over a series of real-life cases. 7.30 Streetmate With Davina McCall. 8.00 LA Doctors Drama series about a group of LA physicians who turn their backs on the corporate medical system to set up their own practice. Stars Ken Olin. 9.00 FILM: A Kiss So Deadly Charles Shaughnessy Thriller about a businessman who falls for his daughter's college roommate. Finding himself in a mid-life crisis, a man is lured into a one night stand by his daughter's friend. But what begins as a fling quickly turns into a nightmare. 1996. 10.50 Secret Suburbia A look at what goes on behind the net curtains of suburbia. 11.20-12midnight Eden Erotic adult drama.	3.00 Mission: Impossible The Catafalque Cult With the threat of a missile crisis and a confrontation that could lead to war, the IMF tries to expose a nuclear arms treaty. 4.00 The Sweeney Faces Regan, Carter and the Flying Squad set up an ambush to catch the crooks who hi-jacked an armoured security truck. 5.00 Hart to Hart The Blue Chip Murders The adventure-seeking husband and wife team investigate new mysteries and intrigues in this all-action series. 6.00 Emmerdale Yorkshire Dales soap. Text 6.30 Classic Coronation Street Gloria finds out that Jack has been sending her roses. Text 7.00 Batman The Purr-fect Crime Batman and Robin investigate a robbery masterminded by the vicious feline, Catwoman. 7.30 Robin's Nest 8.00 Boon Thicker Than Water Comedy drama series about a fireman who refuses to accept he's on the scrap heap and teams up with his best friend. 9.00 The Sweeney Supersnout An informant of Regan's reveals there's going to be a hi-jack – a lorry load of cigarettes, but he is also the look-out man. 10.00-11.00pm Kojak	3.00 101 Dalmatians 3.15 100 Deeds for Eddie McDowd Eddie continues his quest to become human again. Text 3.45 The Famous Jett Jackson More fun with the superstar who is looking for a quiet life. 4.15 Honey I Shrunk the Kids: The TV Show Honey, You've Got Nine Lives 5.00 Recess The adventures of life in the fourth grade. Text 5.30 Smart Guy Something Wicked This Way Comes Text 6.00 Teen Angel Grumpy Young Men Steve gets a lesson in respecting and appreciating his elders. Text 6.30 Home Improvement Some Like it Hot Rod Text 7.00 FILM: Lion King II: Simba's Pride Sequel to The Lion King. An heir is born to Simba and grows up with the knowledge that her father has exiled all lions loyal to Scar to the Outlands – a place she must never go. But the lioness decides to go there anyway and falls in love. Text 1998 8.20 Honey, I Shrunk the Kids: The TV Show Honey, I Know What You're Thinking Text 9.05 Flipper Text 9.50 Dinosaurs Prehistoric comedy based on a concept by Jim Henson. Text 10.15 Home Improvement Comedy double bill. Text 11.05 Dr Quinn: Medicine Woman Text 11.50-12midnight Toons	3.00 PM 4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM
			GRANADA MEN & MOTORS ACTION PACK	THE BOX MUSIC & GAMES PACK	
			11.00pm Superfolds 11.30 Hot Booty Contest Erotic late-night series with the arrival of the sizzling Rear of The Year Competition, featuring eight covergirls strutting their stuff and parading their best assets at the Butt Palace in California. 12.30am Hot Temps A group of British lads spend their working day with a glamour girl. 1.00 E! Wild On... The Runway 1.50-2.00am Hot Body	Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.	12.00 NIGHT TIME
		CABLE CHECK Some of the channels listed may not be available in your area		TUESDAY CONTINUES OVERLEAF...	

CABLE CHOICE

FILM

Two Girls and a Guy
Sky Premier 10.00pm
Two strangers meet in a New York apartment block and discover they share the same boyfriend in James Toback's quirky comedy. On his return from a business trip, the duplicitous lover (Robert Downey Jr) has to come up with some pretty good answers.

GENERAL

Ultimate Guide
Discovery 8.00pm
High-tech probes provide the viewer with unique insight into how and why planes are able to fly. A variety of planes are featured in this documentary including a commercial airliner preparing for flight, following ground and flight crew doing both banal and vital safety checks.

ADVERTISEMENT

UK GOLD

SUMMER NIGHTS OF COMEDY 9.00PM

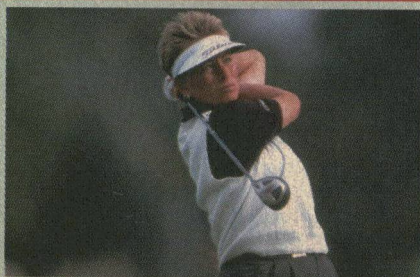
Summer Nights of Comedy continues tonight as UK Gold brings you some of the nation's favourite comedy programmes including Only Fools and Horses, Dinnerladies, One Foot in the Grave and Harry Enfield and Chums.



	EUROSPORT NEWS & SPORT/ SELECTION PACKS	SKY SPORTS 1 PREMIUM CHANNEL	SKY SPORTS 2 PREMIUM CHANNEL	SKY SPORTS 3 PREMIUM CHANNEL	SCI-FI ACTION PACK	MTV MUSIC & GAMES PACK
MORNING	6.00 AM 7.30am Cycling 9.00 Football Charity match. 11.00 Eurogoals 12.30pm Athletics Action from the IAAF Grand Prix meeting in Gateshead. 1.30 Cycling Action from the 3rd stage of the Tour of Spain. 2.00 Cycling - LIVE Coverage of the Tour of Spain. The fourth stage takes the riders from Valdepeñas to Albacete.	7.00am World Wrestling Federation - Livewire 8.00 You're On Sky Sports! 9.00 Racing News 9.30 Aerobics Oz Style 10.00 Premiere Snooker League 12noon First Division Football: Sheffield Wednesday v Blackburn Rovers 1.30pm Golf: Battle at Bighorn - Woods v Garcia Highlights from the event held at Bighorn Golf Club in Palm Beach, California. The world's number one, Tiger Woods, faces rising Spanish sensation Sergio Garcia.	7.00am Aerobics Oz Style 7.30 Racing News 8.00 First Division Football: Sheffield v Blackburn 9.30 Telegraph Action Sport 10.00 World Cup Showjumping 11.00 Asian Sports Show 11.30 Triathlon 12.30pm Shooting: White Gold Cup Clay Pigeon Shooting 1.30 Horsepower 2.00 Tennis: US Open Action from the US Open Championship.	12noon Wheelbase Club 1.00pm Telegraph Action Sport A brand new adventure into the world of action sports. 1.30 Total Sport Extreme sporting action from around the globe. 2.00 Triathlon World A behind-the-scenes look at the world of triathlon. 2.30 Wheelbase Club Featuring club rallying, karting, sprints and hill climbs and drag racing.	8.00am Buck Rogers in the 25th Century 9.00 The Time Tunnel 10.00 Project UFO 11.00 The Incredible Hulk 12noon Babylon 5 1.00pm Highlander: The Raven Love and Death 2.00 Buck Rogers in the 25th Century Buck's Duel to the Death	6.00am Select MTV 8.00 MTV Hits 9.00 Bytesize MTV Bizarre moments from different MTVs. 11.00 MTV Hits Uninterrupted music videos. 12.30pm Daily Edition 1.00 MTV Hits Chartbusting smashes. 2.00 Hit List UK The hottest UK chart action.
3.00 PM				3.30 Asian Sports Show Coverage of Asian sport.	3.00 Max Headroom Baby Grobags Carter investigates the theft of babies from the Ovu-Vat Grobag centre where they are grown.	3.00 Bytesize MTV A fast-cut window into the world of music television, featuring highlights of MTV.
4.00 PM	4.30 Cycling Highlights from this year's women's tour from La Grande Boucle, France.	4.00 Cricket: National Cricket League - Durham v Hampshire - LIVE Charles Colville presents the latest domestic cricket action from the Norwich Union National League Second Division as Nick Speak's Durham side take on Robin Smith's Hampshire team at Chester-Le-Street.	4.00 Tennis: US Open - LIVE Andrew Castle introduces the action from the second day's play as the singles draw begins to take shape. More than half a million tennis fans flock to Flushing Meadows in New York to witness the spectacle that is the US Open. Of the four grand slam tournaments, this event is the richest.	4.00 Sports Unlimited Features spectacular footage and in-depth coverage of some of the world's wackier sports.	4.00 The Time Tunnel Revenge of the Gods Doug and Tony become involved in the ancient Greek and Trojan war.	3.55 MTV's Pop Single of the Week 4.00 Select MTV Viewers make MTV their personal jukebox with this programme live from London every day, featuring two hours of chat, videos and guest appearances from some of the most promising names in pop music.
5.00 PM	5.30 Xtreme Sports More high-adrenalin action from the world of fast and dangerous sports with news, interviews and lifestyle features.			5.00 World Wrestling Federation - Livewire Michael Cole presents coverage of the latest spectacular World Wrestling Federation bouts.	5.00 Project UFO The Scoutmaster Incident A Vietnam veteran with a dark secret has a dangerous encounter with an unidentified object.	
6.00 PM				6.00 Sky Sports Centre Catch up with the latest from the world of sport.	6.00 The Incredible Hulk The First: Part I Banner investigates the legend of another Hulk-like metamorphosis.	6.00 Bytesize MTV A constant barrage of bizarre moments from different MTVs around the world, in short soundbites.
7.00 PM		7.00 Sky Sports Centre Catch up with the latest from the world of sport.		6.30 Inside Scottish Football Gain a valuable insight into life in the new Scottish Premier League.	7.00 Highlander: The Raven Love and Death Myers suspects that Amanda is connected to a kidnapping attempt.	7.00 MTV Hits Another hour of back-to-back hits and videos.
8.00 PM	8.00 Boxing - LIVE Action from an international bout between two world-class fighters.	7.30 Cricket: National Cricket League - Durham v Hampshire - LIVE The Norwich Union cricket action continues from Chester-Le-Street as Durham aim to record a convincing victory over Hampshire. Charles Colville hosts the action from the second session.		7.30 Golf: Battle at Bighorn - Woods v Garcia Highlights of the event from the Bighorn Golf Club in Palm Beach, California, where the world's number one, Tiger Woods, faces rising Spanish sensation Sergio Garcia in a head-to-head match-play duel.	8.00 Twin Peaks Cooper needs 24 hours to prove who murdered Laura Palmer while Donna Hayward is stunned by Deputy Andy's French.	8.00 European Top 20 Featuring the dominant pop singles from across the Continent.
9.00 PM					9.00 Millennium 522666 Frank searches for a mad bomber. Starring Terry O'Quinn, Brittany Tiplady and Sam Anderson.	9.00 Daily Edition Edith Bowman delivers the latest gossip and intrigue.
10.00 PM	10.00 Adventure Featuring a special project that sent seven women on a four-wheel drive expedition in Tunisia, plus free-diving in Turkey.	10.00 You're On Sky Sports! The show that lets fanatics have their say. With Rob McCaffrey and a panel of regular guests.	10.00 LPGA Golf: Oldsmobile Classic Action from the Walnut Hills Country Club in Michigan that sets the scene for the 2000 Oldsmobile Classic on the latest leg of the LPGA Tour. Dottie Pepper will want to repeat last year's victory and take a share of the \$750,000 prize.	10.00 Rugby League Academy A look at tomorrow's stars of the game, with match action involving talented youngsters of the moment.	9.30 FANatic: Britney Spears/ Backstreet Boys	9.30 FANatic: Britney Spears/ Backstreet Boys
11.00 PM	11.00 Triathlon Coverage of the gruelling Ironman Switzerland competition in Zurich.	11.00 Inside Scottish Football All the goals, all the transfers, all the news and all the views from the Scottish Premier Division.	12midnight Rugby League Academy 1.00am LPGA Golf: Oldsmobile Classic Golfing action. 3.00-4.00am You're On Sky Sports! Rob McCaffrey hosts the sporting fanatics' talk show.	11.00 Fastrax A look at the lives and performances of drivers.	10.00 FILM: The Tommyknockers: Part II Jimmy Smits, Marg Helgenberger, John Ashton Horror based on the Stephen King novel about an unearthly evil that comes to a small New England town. 1993	10.00 The Tom Green Show More anarchic humour.
12.00 NIGHT TIME	12midnight-12.30am Sailing A look at the latest in the sailing world, featuring spectacular action footage.		12.30am-4.00am Tennis: US Open - LIVE Further tennis coverage.	11.30-12midnight Asian Sports Show Coverage of Asian sport.	11.40 Sci-Focus Special 12midnight The Net Jump Vector 1.00am FILM: Halloween III: Season of the Witch Tom Atkins, Stacy Nelkin Horror about a crazed inventor. 1982	11.00 brand:new Zane Lowe takes a look at some of the best new music around, and chats with the hottest young and alternative acts around.
					3.00-4.00am Babylon 5 A Tragedy of Telepaths	12midnight V2000 Video Diaries The video diary of one of the performers at this year's sell-out V2000 music festival gives you a chance to see the festival from an entirely different point of view.

LPGA GOLF: OLDSMOBILE CLASSIC SKY SPORTS 2 10.00PM, SKY SPORTS 1 1.00AM

The delightful surroundings of the Walnut Hills Country Club in Michigan sets the scene for this year's Oldsmobile Classic on the latest leg of the LPGA Tour. This event belonged to the Florida-based Dottie Pepper (pictured) last year as she beat a strong field, including Karrie Webb and Rosie Jones, to win the \$105,000 first prize. Another home winner is on the cards as the ladies get ready for the Solheim Cup in the autumn. This year's total prize money is \$750,000.



PLAYBOY TV/ ADULT CHANNEL ADD-ON CHANNEL

10.00pm Freeview 10.06
FILM: Testing the Limits
11.45 Sneak Peak
12midnight Freeview
12.10am Sam Gets Her Girl
12.25 Banged Up 12.55
FILM: Girls' Affair 4 1.55
Our First Time 2.15
Mistress Domination 2.45-
4.00am FILM: Girls' Affair 7

Adult Nightview is now available as a TV on-demand service between 10.00pm and 4.00am at £4.95. See channel 50 for details

TELEVISION X ADD-ON CHANNEL

12midnight
The Ten Minute Preview
12.10am Extreme Close-Up
12.40 FILM: Violations
1.00
The Five Minute Freeview
1.05 FILM continues
1.55 Unearthly Passions
2.55-4.00am
FILM: Love's Passions

Adult Nightview is now available as a TV on-demand service between 12midnight and 4.00am at £4.95. See channel 50 for details

VH1 MUSIC & GAMES PACK

6.00am Power Breakfast
12noon Behind the Music:
Gladys Knight and the Pips
1.00pm
Greatest Hits: Madness
The biggest smashes from
the gang, including *It Must
Be Love* and *Our House*.
1.30 Pop-Up Video
Top trivia from the irreverent
pop-up-video collection.
2.00 Jukebox
Viewers have the opportunity
to select the records played.

4.00 The VH1
Album Chart Show
With Paul King.
4.30 Ten of the
Best: Leann Rimes
The young singer reveals
the ten songs that she
can't live without.

6.00 VH1 to One:
Whitney Houston
VH1 chats to the diva.
6.30 Greatest
Hits: Madness
With Suggs and the gang
7.00 VH1 Hits
Some of the very latest
chart hits.

9.00 Behind
the Music: Oasis
Featuring the Manchester
lads who put Brit guitar
bands back on the map –
and back in the tabloids.
10.00 Behind the
Music: Def Leppard
All the band members,
family and colleagues talk
about the tough road to
rock'n'roll fame.
11.00 Eurythmics
Live in Heaven
NEW With live footage of
the enduring duo playing
their biggest smash hits,
plus award-winning videos.
12.30am Pop-Up Video
Top trivia from the collection.
1.00 Storytellers:
Pete Townshend
A special edition of VH1's
live performance series.
2.00 Soul Vibration
2.30 VH1 Country
3.00-6.00am VH1 Late Shift

ANIMAL PLANET WORLD PACK

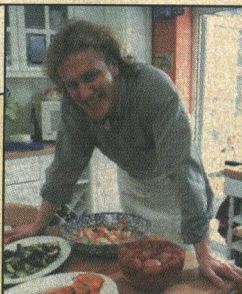
12noon Croc Files
12.30pm Going
Wild with Jeff Corwin
Kentucky – Mammoth Caves
1.00 All Bird TV
Washington Flight
1.30 All-Bird TV
Washington Predators
2.00 Pet Rescue
2.30 Kratt's Creatures
*Parched and
Thirsty in the Outback*

3.00
Breed All About It
Mastiffs
3.30
Breed All About It
Papillon

4.00 Animal
Planet Unleashed
With Howie Watkins.
4.30 Croc Files
A venture into the
Australian outback.
5.00 Pet Rescue
Follow the fortunes of
abandoned animals.
5.30 Going Wild
with Jeff Corwin
Manitoba

6.00 The Aquanauts
Exploring aquatic
landscapes and creatures.
6.30 Croc Files
Steve and Terri Irwin
search for a male croc.
7.00 Candamo – A
Journey Beyond Hell
Three men embark on a
treacherous journey
through the hazardous
Peruvian rainforest.
8.00 Wildlife SOS
Follow staff at a wildlife
sanctuary in Surrey.
8.30 Wildlife SOS
CT the badger has a
groundbreaking operation.
9.00
Crocodile Hunter
*Reptiles of the
Deep: Saurians*
A trip to the Galapagos
and Fiji Islands.
10.00 In Search of
the Man-Eaters
Biologist Tessa McGregor
has the dangerous task of
carrying out a head-count
of Bengali tigers.
11.00
Emergency Vets
Stories from Alameda East
Veterinary Hospital.
11.30-12midnight
Emergency Vets

CABLE CHECK
Some of the
channels
listed may not be
available in your area



Alex Mackay trains
chefs at his 'Cooking
School'. Carlton Food
Network 1.30pm

ITV2 ACCESS PACK

4.00pm Trisha
More heartwarming and
hair-raising true stories
with Trisha Goddard and a
studio audience. Text

6.00 The Extremists
Hair-raising sports.
6.30 Extra Time
with Ron Atkinson
Football discussion show.

7.00 High Five
More coverage of extreme-
sports action.
7.30 ISKA Karate
Martial arts action in 20
weight categories.
8.00 Sunset Beach
Glossy soap drama series.
Paula resorts to drastic
measures.
8.50 Chart Choice
Top music videos.
9.00 Cold Feet
Romantic comedy drama
in which three
thirtysomething couples
wrestle with impotence,
infidelity and in-laws.
10.00 Emmerdale
Tonight's episode repeated
from ITV. Text
10.30 Nuts and Bolts
A look at modern life in the
valleys of South Wales.
11.00 The Jerry
Springer Show
More outrageous chat
show revelations and
confrontations.
11.50 The Late Show
with David Letterman
Top-rated chat show with
host and humorist David
Letterman and guests.
12.40am Freaky Stories
12.50 Total Action:
The Extremists
1.20-1.50am Extra Time
with Ron Atkinson

UK STYLE LIFESTYLE PACK

7.00am Spa Trek 7.30 Spa Trek
8.00 Ready, Steady, Cook 8.30
Can't Cook, Won't Cook 9.00
Repair to Remember 9.30 Real
Rooms 10.00 Change That
10.30 A Room with a Clue 11.00
Big Strong Girls 11.30 The
House Doctor 12noon Good
Living 12.30pm Style Challenge
1.00 Delia's How to Cook 1.30
Ready, Steady, Cook 2.00 Dan
Pearson – Routes Around the
World 2.30 Learn to Garden
with Stefan Buczacki

3.00
Gardeners' World
With Alan Titchmarsh.

3.30 Gardening
Neighbours
With Diarmuid Gavin.

4.00 Stefan's
Garden Roadshow
With Stefan Buczacki.
4.30 Good Living
Lifestyle series hosted by
Jane Asher.

5.00 Can't Cook,
Won't Cook
Cookery challenge.
5.30
Repair to Remember
With Mag Ruffman.

6.00
Antiques Roadshow
Brecon
Hugh Scully and the
experts invite the public to
bring antiques.

7.00 Real Rooms
Interior decorating series
hosted by Simon Biagi.
7.30 Change That
Alexandra Palace
With Mark Curry.

8.00 Style Challenge
Leading fashion experts
give people makeovers.

8.30
The Green Room
Restyling tiny gardens.

9.00 Home Front
Tessa Shaw presents the
decorating programme.
9.30 Big Strong Girls
DIY with Fiona Quigley
and Siobhan Palmer.

10.00
The House Doctor
With Ann Maurice.

10.30 Real Rooms
Worcester Bedroom
With Simon Biagi.

11.00 Ground Force
Alan Titchmarsh presents
garden makeovers.

11.30 BBC
Gardener of the Year
Alan Titchmarsh presents
the search for the best
amateur gardener in
Britain, who must
demonstrate a flair for
design and horticulture.
12.30am-1.00am Stefan's
Garden Roadshow
Stefan Buczacki offers help
and advice on gardening.

UK HORIZONS WORLD/ ACCESS PACKS

7.00am Tomorrow's World
Plus 7.50 21st-Century
Safari 8.20 Battersea Dogs'
Home 8.50 Animal Hospital
9.20 Tomorrow's World
Plus 10.15 Cheetahs: The
Blood Brothers 11.15
Mosquito 12.15pm The
Secret Life of Twins 1.15
Passport to the Sun 1.45
Doctors at Large 2.15
Doctors at Large 2.45
Igor: Child of Chernobyl
Focus on a child who was
born in Chernobyl shortly
after the nuclear disaster.

3.45 Animal Hospital
Rolf Harris catches up with
the action at the busy 24-
hour RSPCA Harmsworth.
4.20 Vets in Practice
A Walk on the Wild Side
Documentary series.

4.50 Battersea
Dogs' Home
At the famous dogs' home.
5.25 Driving School
Series following seven
learner drivers.

5.55 Lakesiders
Fly-on-the-wall series set
at Lakeside in Essex.

6.25
Passport to the Sun
A look at life in Majorca
during the holiday season.

7.00 Tourist Trouble
Series from the front line of
Britain's tourist industry.

7.30 Disaster
Severn Tunnel Rail Crash
A major rail accident.

8.00 Vets in Practice
A Walk on the Wild Side
Documentary series.

8.30 Accident
and Emergency
Fly-on-the-wall series.

9.00 Pleasure Beach
The dramas of the staff of
Blackpool Pleasure Beach.

9.35 The
Execution Machine:
Texas Death Row

Programme about life on
Ellis Unit 1, America's
busiest death row.

10.35 MSD: The
Unknown Protectors
The unit with the daunting

task of protecting US
embassies.

11.35
To Russia for Love
12.30am-1.00am Money,
Money, Money

UK PLAY:
1.00am Shooting Stars 1.30 The
League of Gentlemen 2.05 Vic
Reeves Examines 2.35 We Are
History 2.50 DJ Anthems 3.20 UK
Play Presents Glastonbury 2000
4.15 The Sound of Play
5.35 The Sound of Play
6.30-7.00am The Phone Zone

CARLTON FOOD NETWORK LIFESTYLE PACK

7.00am Tessa's Tastebuds 7.30
Coxon's Kitchen College 8.00
Food Network Daily 8.45 Quick
Cooks 9.00 Red Hot 'n' Smokin'
9.30 Classic Dishes 10.00 Ross's
Barbecue Party 10.30 A Year at
Ballymaloe 11.00 Flash in the
Pan 11.30 Alive and Cooking
12noon Four Burners and a Grill
12.30pm Crazy About Cheese
1.00 Coxon's Kitchen College
1.30 Cooking School 2.00 Food
Network Daily 2.45 Quick Cooks

3.00
Red Hot 'n' Smokin'
With the Nosh Brothers.

3.30
Tessa's Tastebuds
Honey

4.00
A Year at Ballymaloe
With Darina Allen.
4.30 Classic Dishes
With Tony Tobin.

5.00 Three
Chefs in the Cape
5.30 Four Burners
and a Grill

6.00 Coxon's
Kitchen College
6.30-7.00pm
Picture This

6.00 PM

NATIONAL GEOGRAPHIC CHANNEL FAMILY PACK

7.00pm
Avian Advocates
Volunteers study penguins.

7.30 Crowned Eagle:
King of the Forest
Above the forests of Kenya.

8.00 Ancient
Forest of Temagami
Travel deep into Ontario's
ancient forest where an
ecologist struggles to
document the area.

9.00
Man-Eaters of India
Follow the story of Dr RC
Singh's hunt for a predator
claimed by many to be
supernatural.

10.00
Shark Attack Files
Those who have been
attacked by sharks and
have survived tell their
stories.

11.00 The Source
of the Mekong
A team of explorers delves
into the remote reaches of
Tibet in search of the
source of the Mekong River.

12midnight-1.00am
Bird Brains
The remarkable research of
several scientists who have
discovered that birds are
capable of much greater
intelligence than many
would assume.

11.00 PM

12.00
NIGHT
TIME

CHALLENGE TV MUSIC & GAMES PACK

5.00pm Cross Wits
5.30 Sale of the Century
Presented by Keith Chegwin.
6.00 Family Fortunes
Big money gameshow.
6.30 100%
7.00 Stars in Their Eyes
7.30 Beadle's About
Hidden camera pranks.
8.00 Gladiators
More super-fit challenges.
9.00 Whistle
9.30 Strike it Lucky
10.00 Sale of the Century

10.30 Family Fortunes
Big money gameshow.
11.00 Stars in Their Eyes
11.30 Winner Takes All
12midnight Beadle's About
12.30am Gladiators
1.30 The Cooler
2.00 Karaoke Challenge
2.30 3-2-1
3.30 The Krypton Factor
4.00 Say the Word
4.30 Whistle
5.00-6.00am
Shopping with Screenshop

DISCOVERY HOME & LEISURE WORLD PACK

6.00am The Joy of Painting
6.30 Garden Calendar 7.00
Garden Rescue 7.30 Doing
it Up 8.00 How to with
B & Q 8.05 The House
Doctor 8.35 Our House
Down Under 9.05 The Joy
of Painting 9.35 Garden
Calendar 10.05 How to with
B & Q 10.10 Garden Rescue
10.40 Two's Country –
Get Stuck In
11.10 Village Green
11.40 Home Savvy

12.10pm How to with B & Q
12.15 Hometown
12.45 This Old House
1.15
Home Again with Bob Vila
1.45 Wood Wizard
2.15 How to with B & Q
2.20
The New Yankee Workshop
2.50 Mod Cons
3.20
Rex Hunt's Fishing World
3.50-4.00pm
How to with B & Q

RAPTURE BONUS CHANNEL

10.00am Byte Me 10.30
World Wind Surf 11.00
Fearless 11.30 Freesport
Special 12noon Chilli
Factor 12.30pm Adrenalize
1.00 Fearless 1.30
Boardstupid 2.00 World
Wind Surf 2.30 High
Adrenalin Action 3.00 Chilli
Factor 3.30 Freesport
Special 4.00 Byte Me 4.30
World Wind Surf 5.00
Fearless 5.30-6.00pm
Freesport Special

LOCAL CHANNEL ACCESS PACK

6.00pm LLTV – Local Life
A daily magazine programme
featuring local news, events
and lifestyle features.
6.30 What's On TV
7.00 LLTV – Local Life
7.30 YCTV
Programmes made by the
stars of tomorrow featuring
the stars of today.
8.00 Student Showcase
8.30 What's On TV
9.00-9.30pm
LLTV – Local Life

6.00 AM
MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00 PM

NIGHT TIME

CABLE CHECK
Some of the channels listed may not be available in your area

DISCOVERY WORLD PACK

4.00pm Rex Hunt Fishing Adventures
Rex, Steve and Buschy continue their sojourn along Munda's coral reefs.

4.30 Discovery Today

5.00 Behind the Badge
Documentary examining the lives of Detroit police officers as they try to deal with racial tensions.

6.00 Wildest Antarctica
An exploration of the Antarctic and its wildlife, including penguins, minke whales and elephant seals.

7.00 Confessions Of... Microlight
The experiences of three people as they try to get to grips with a microlight.

7.30 Discovery Today

8.00 Ultimate Guide Planes
NEW A comprehensive look at the plane, explaining how it has developed and how it is able to fly.

9.00 The Unnatural History of the Car
NEW A look at the history of the motor car in terms of an evolutionary process similar to living organisms.

10.00 Forest Tigers
Sita's Story
The story of a 16-year-old Bengal tigress and her cubs living in Bandhavgarh in the heart of India.

11.00 Tanks
Battle for Normandy
An exploration of the success of Allied tanks during the Normandy invasion of 1944.

12.00 Midnight Time Team
Greylake
The team visits Somerset in search of a 4000-year-old wooden trackway.

1.00am Future Tense
Sport
A look at science in sport.

1.30-2.00am
Discovery Today

THE HISTORY CHANNEL WORLD PACK

12.00 Killer Submarine
12.55pm
Photos for the Future II

1.00 Crown and Country
1.30 Time Travels

2.00 Biography
Casanova

2.55
A Small Piece of History

3.00 World War I
Battle of the Argonne

3.30 Spies

4.00 Airborne

CARTOON NETWORK FAMILY PACK

5.00am Flying Rhino Junior
6.00 Fat Dog Mendoza
7.00 Tom and Jerry
8.00 Dexter's Laboratory
9.00 Angela Anaconda
10.00 The Powerpuff Girls
11.00 Dragonball Z
12.00 Mike, Lu and Og
12.30pm Looney Tunes
1.00 Mike, Lu and Og
1.30 Ned's Newt
2.00 Mike, Lu and Og
2.30 Courage the Cowardly Dog

3.00 Mike, Lu and Og
Island adventures with three friends and a turtle.

3.30 Johnny Bravo
Egocentric adventures with the ever-preening hunk.

4.00 Mike, Lu and Og
More island adventures with three kids and a turtle.

4.30 Angela Anaconda
More from the girl with the over-active imagination.

5.00 Mike, Lu and Og
The island adventures of a girl from Manhattan, her two friends and a turtle.

5.30 Ed, Edd 'n' Eddy
Namesake nonsense.

6.00 Tom and Jerry
Madcap antics with the sparring cat and mouse.

6.30 The Flintstones
Prehistoric men behaving badly in Bedrock.

7.00 Scooby-Doo
7.30 Looney Tunes
Classic capers from some top cartoon characters.

8.00 Angela Anaconda
8.30-9.00pm Courage the Cowardly Dog

TCM FAMILY PACK

9.00pm
The Band Wagon
Fred Astaire, Oscar Levant, Cyd Charisse
Musical comedy. A pretentious artistic director takes over a new Broadway musical and changes it beyond all recognition by hiring a ballerina. 1953

11.05-1.00am
Hearts of the West
Jeff Bridges, Andy Griffith
Western. 1975

CARTOON NETWORK:
1.00am The Moomins
1.30 The Magic Roundabout
2.00 Tabaluga
2.30 Blinky Bill
3.00 The Tidings
3.30 The Fruitties
4.00 The Moomins
4.30-5.00am
The Magic Roundabout

5.00 Norad
The Electronic Sentinel

6.00 Camelot
6.55 Photos for the Future II

7.00 Crown and Country
Cambridge

7.30 Time Travels
Smugglers

8.00 Biography
Nostradamus

8.55
A Small Piece of History

9.00-10.00pm Line of Fire

NICKELODEON FAMILY PACK

7.00am Transylvania Pet Shop
7.30 Transylvania Pet Shop
8.00 Ren and Stimpy
8.30 Ren and Stimpy
9.00 Kenan and Kel
9.30 Kenan and Kel
10.00 Sister Sister
10.30 Sister Sister
11.00 Cousin Skeeter
11.30 Cousin Skeeter
12.00 Rugrats
12.30pm Rugrats
1.00 Rocket Power
1.30 Rocket Power
2.00 Rocket Power
2.30 Rocket Power

3.00 Rocket Power
Animation following a group of friends who indulge in extreme sports.

3.30 Rocket Power
Extreme sports cartoon.

4.00 Kenan and Kel
The wild adventures of two funky friends.

4.30 Kenan and Kel
With Kenan Thompson and Kel Mitchell.

5.00 Sabrina
the Teenage Witch

5.30 Sabrina
the Teenage Witch

6.00 Are You Afraid of the Dark?

6.30-7.00pm Are You Afraid of the Dark?

PARAMOUNT COMEDY CHANNEL FAMILY PACK

7.00pm
Grace Under Fire

7.30 King of Queens
Get Away

8.00 Ellen
Puppy - Part I

Ellen senses she has found a kindred spirit.

8.30 Just Shoot Me
Shaking Private Trainer

9.00 Married... With Children
All in the Family

Peggy's relatives visit.

9.30 Spin City
An Affair to Remember

10.00 Frasier
Taps at the Montana

Niles reacquires his prestigious apartment.

10.30 Harry Hill
Surreal comedy show.

11.00 Jack Dee
More acerbic humour from the deadpan comedian.

11.30 Cheers
I'm Okay, You're Defective

12.00 Roseanne
12.30am Clive Anderson
Talks Back 1.10 NewsRadio

1.40 Whose Line is it Anyway?

2.10 Dressing for Breakfast
2.40 Desmond's 3.10

It's Garry Shandling's Show
3.40-4.00am
Rex the Runt

TV TRAVEL SHOP BONUS CHANNEL

A total travel service in your own home. Video brochures give a guided tour of resorts around the world, with regular bulletins and programmes featuring late holidays and special offers. Viewers can then book holidays 24-hours-a-day, seven-days-a-week, by calling 0870 60 60 747. For more information and full listings turn to TV Travel Shop Text, from page 200.

FOX KIDS FAMILY PACK

6.00am Oggy 6.10 Bad Dog 6.30
Bobby's World 6.55 Jim Button
7.15 Walter Melon 7.40 Inspector
Gadget 8.00 Oggy 8.10 Biker Mice
8.30 Dennis and Gnasher 8.55
Sailor Moon 9.15 Sailor Moon 9.40
Digimon 9.55 Sailor Moon 9.40
Digimon 10.20 Monster Ranger 10.45
Masked Rider 11.05 X-Men 11.30
Spy Dogs 11.50 Ace Ventura
12.15pm Walter Melon 12.35
Inspector Gadget 1.00 Woody
1.10 Casper 1.30 Donkey Kong
Country 1.55 Dennis and Gnasher
2.20 Louie 2.40 Princess Sissi

3.00 Princess Starla and the Jewel Riders

3.20 Sailor Moon
The adventures of a group of schoolgirl crime-fighters.

3.45 Mighty Morphin' Power Rangers

4.05 Mighty Morphin' Power Rangers

4.30 Digimon
The adventures of a teenage alien superhero.

4.50 Masked Rider

5.15
Monster Rancher

5.35
Biker Mice from Mars
The rodents battle it out.

6.00 The New Addams Family

6.25 Casper
6.35-7.00pm
Goosebumps

SHOP! LIFESTYLE/ SELECTION PACKS

6.00am Shop! Selection
7.00 Kitchen Shop!
8.00 Home Shop!
9.00 Jewellery Shop!
10.00 Sports Shop!
10.30 Kids Shop!
11.00 Entertainment Shop!
Educational CD-ROMs.
12.00 Shop! Outlet
1.00pm Shop! Special
2.00 Shop! Selection
3.00 Home Shop!
4.00 Kitchen Shop!
5.00 Shop! Preview
6.00 Shop! Selection
A round-up of the best sellers on the channel.
7.00-7.30pm
Entertainment Shop!

GMTV 2 ACCESS PACK

GMTV2 offers pre-school and lifestyle shows between 6.00am and 9.25am. Weekdays: *The News Hour* at 6.00am followed by children's shows. Saturdays: Children's programming and a round-up of the week's news in *The Review*. Sundays: Highlights include a *Pokemon* triple bill and *The Review*.

QVC LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day - so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Sound and Vision at 4.00pm.

NEWS AND INTERNATIONAL

BBC NEWS 24 NEWS & SPORT/ ACCESS PACKS

6.00am News 7.00 News
8.00 News 9.00 News 9.30
World News 10.00 News
11.00 News 12.00 News
1.00pm News 2.00 News
3.00 News 4.00 News 5.00
News 6.00 News 7.00
News 7.30 Sportsday 8.00
News 9.00 News 9.30
HARDtalk 10.00 News
11.00 News 11.30
World Business Report
12.00 News 1.00am
News 2.00 News 2.30
World Business Report
3.00 News 3.30 HARDtalk
4.00 News 4.45 Asia Today
5.00-6.00am News

CNN INTERNATIONAL NEWS & SPORT PACK

News throughout the day, plus: 5.00am This Morning
5.30 Business 6.00 This Morning 6.30 Business 7.00 This Morning 7.30 Business 8.00 This Morning 8.30 Sport 9.00 Larry King 10.30 Sport 11.30 Asia 12.30pm Hotspots 1.15 Asian 1.30 Report 2.30 Showbiz 3.00 Technology 3.30 Sport 4.30 World Beat 5.00 Larry King 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 WorldView 11.30 Moneyline 12.30am Showbiz 1.00 This Morning 1.15 Asia 2.00 Larry King 4.30-5.00am American Edition

SKY NEWS NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise 10.30 Sky World News 11.30 Money 12.00 Sky News Today 2.30pm Your Call 3.00 Sky News Today 4.30 Sky World News 5.00 Live at Five 8.30 Sky Business Report 9.30 Technofilextra 10.00 Sky News at Ten 10.30 Sportsline 12.30am CBS Evening News 1.30 Your Call 2.30 Sky Business Report 3.30 The Book Show 4.30 Technofilextra 5.30-6.00am CBS Evening News

INTERNATIONAL

TV5 5.00am Journal
5.30 Télématin 7.00 Journal
7.30 Découverte 8.00 Infos
8.05 Zig Zag Café
10.00 Claire Lamarche
11.00 Infos
11.05 100% Questions
11.30 Journal
12.00 Infos
12.05pm Arte
1.00 Journal
1.15 FILM
3.00 Journal
3.15 Questions
3.30 Taxi pour l'Amérique
4.00 Infos
4.05 Pyramide
4.30 Questions
5.00 Journal
5.15 FILM
7.00 Journal
7.30 Le Journal du Temps
8.00 Infos
8.05 Temps Présent
9.00 Journal
9.15 Police Judiciaire
11.00 Journal
11.30-12.00am Soir 3

ASIANET ADD-ON CHANNEL CABLE EXCLUSIVE

7.30am Kachwa Aur
Khargosh 8.00 DD News
8.30 DD Programme 9.00
FILM 11.30 News 12.00
Kabhi Yeh Kabhi Woh
12.30pm Galatnaama 1.00
Katha Sagar 1.30 FILM
4.00 Rajni Gandha 4.30
Aarthi 5.00 Majdhaar 6.00
Main Anari Tu Anari 6.30
MTV 7.00 Katha Sagar 7.30
News 8.00 Kabhie Kabhie
8.30 FILM 11.30 News
12.00am Kabhie Kabhie
1.00 FILM
4.00 Main Anari Tu Anari
4.30 Kabhie Kabhie
5.00 Majdhaar
6.00 Rajni Gandha
6.30 DD Programme
7.00-7.30am Vishwamitra

ZEE TV ADD-ON CHANNEL

6.00am Aap Ki Farmaish
6.30 Bhakti Songs 7.00am
Faith: Iskan 7.30 News
8.00 Out and About 8.30
Kartavya 9.00 Aashiana
9.30 Lakeerein 10.00
Parchain 11.00 Khana
Khanzana 11.30 Aangan
12.00 FILM 3.00pm Hadd
Kar Di 3.30 Top of the Tops
4.00 Kartavya
4.30 Callmate Top Ten
5.30 Aangan
6.00 Gubbare
7.00 Alvida Darling
7.30 Zee Premiere Show
8.00 News 8.30 Janam
9.00 A Day Out with a Star
9.30 Daayre
10.00 Thriller at 10
10.30 Mahabharat
11.30 Nagin 12.00am
Punjabi News
12.30am FILM
3.30 Hum Paanch
4.00 Daraar
4.30 Campus
5.00-6.00am
VCD Zabardast

CHRISTIAN CHANNEL EUROPE WORLD PACK

5.00am Good News
5.30 Gospel
Truth - Andrew Wommack
6.00 Hour of Deliverance
6.30 Changing your World
7.00
Believers' Voice of Victory
7.30 This is your Day
8.00 CMTV
8.20 Thought for the Day
8.30 Life in the Word
9.00 Rhema Praise
9.30 Winning Ways -
Matthew Ashimolowo
10.00 CMTV
10.30-11.00am
700 Club Replay

BLOOMBERG WORLD PACK

2.00am Asian Market
Report 2.30 Wall Street
Report 2.45 Focus on
Eastern Europe 5.45-
6.00am Kavanagh's Picks

BBC PARLIAMENT NEWS & SPORT PACK

Parliament is in recess

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Wednesday 30 August

SKY PREMIER PREMIUM CHANNEL

SKY MOVIEMAX PREMIUM CHANNEL

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

SKY CINEMA PREMIUM CHANNEL



Good, clean fun: Winona Ryder, Christina Ricci, Cher and Bob Hoskins star in 'Mermaids'. Carlton Cinema 9.15pm

FILMFOUR ADD-ON CHANNEL

6.00pm Bigger Than Life
James Mason, Walter Matthau, Barbara Rush, Robert F Simon
Psychological drama about a man on the verge of a breakdown who is diagnosed with a life-threatening disease and put on to a course of cortisone – a mood altering drug that leads him to madness and the destruction of his family. **Text** 1956, 91 mins

8.00 Night of the Hunter
Robert Mitchum, Shelley Winters, Lillian Gish, Billy Chapin
Thriller about a psychopathic yet charming preacher who finds out the whereabouts of some stolen loot. However, first he must connive his way into the confidence of the robber's family. 1955, 89 mins

9.40 I Was Robert Mitchum
10.00 Heathers
Winona Ryder, Christian Slater, Shannen Doherty, Lianne Falk
An original black comedy following the plans by two high school students to exact their revenge on the tyranny of a high school clique. The malicious group who make life a misery for many are brutally avenged. **Text** 1989, 98 mins

11.50 Dead Eye Dick
12.05am Trainspotting
Ewan McGregor, Ewen Bremner
Black comedy. 1996, 90 mins

1.40 Skin
1.55 J'Embrasse Pas
Phillippe Noiref, Emmanuelle Béart
Drama. 1991, 111 mins

3.40-6.00am The Wild Reeds
Elodie Bouchez, Gael Morel
War-time drama. 1994, 109 mins

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www.cableguide.co.uk

CARLTON CINEMA LIFESTYLE PACK

7.00pm Murder on the Orient Express
Albert Finney, Lauren Bacall, Martin Balsam, Ingrid Bergman
Murder mystery set on a train. When a young girl is kidnapped and found murdered, all fingers point at a suspicious financier, until he himself becomes a victim. Luckily a brilliant Belgian detective happens to be a passenger on board. **Text** 1956, 91 mins

9.15 Mermaids
Cher, Winona Ryder, Bob Hoskins, Christina Ricci
Domestic comedy, set in the 1960s, about an unorthodox single mother and the two daughters that have to cope with her eccentricities. The tale humourously explores the joys and pains of life growing up in this most dysfunctional of families. 1990, 106 mins

11.15 Walter
Ian McKellen, Sarah Miles
Drama detailing the life of a moderately retarded man after his parents' death. 1986, 105 mins

1.00am Leaving Normal
Christine Lahti, Meg Tilly
Drama. **Text** 1992, 105 mins

3.00 A Soldier's Tale
Gabriel Byrne, Marianne Basler
Drama. 1988, 98 mins

5.00-6.35am Dangerous Moonlight
Anton Wallbrook, Sally Gray
War drama. 1941, 83 mins

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME

6.00am The Tin Soldier
Jon Voight, Ally Sheedy
1995, rating Sky PG, 99 mins

8.00 Bedknobs and Broomsticks
1971, rating Sky PG, 112 mins

10.00 Antz
Animated adventure. **Text** 1998, rating Sky PG, DS, 80 mins

11.50 Lost in Space
Matt Le Blanc, Gary Oldman
Text 1997, rating Sky PG, 125 mins

2.00pm The Education of Little Tree
James Cromwell, Tantoo Cardinal, Joseph Ashton, Mika Boorem
Drama about a young orphan who returns to live with his Cherokee grandparents. **Text** 1997, rating Sky PG, 111 mins

4.00 Bedknobs and Broomsticks
Angela Lansbury, David Tomlinson, Roddy McDowall
Musical Disney adventure. An amateur witch plans to help the British war effort during World War II. Her meddling takes her and the children she is caring for on a magical adventure to the bottom of the sea. 1971, rating Sky PG, 112 mins

6.00 Antz
Voices of Woody Allen, Sharon Stone, Gene Hackman
Animation adventure about a neurotic ant struggling to express his individuality in a colony of conformists whose love for the beautiful princess leads him to become a hero. **Text** 1998, rating Sky PG, DS, 80 mins

7.45 Lost in Space
Matt Le Blanc, Gary Oldman, William Hurt, Mimi Rogers
High-energy space adventure. The Earth is dying and one man, a professor, volunteers to travel with his family into space in order to set up a base camp on an alternative habitable planet. Unfortunately, something goes wrong and the family find themselves lost in space along with a dastardly villain. **Text** 1997, rating Sky PG, 125 mins

10.00 Ronin
Robert De Niro, Jean Reno, Natascha McElhone, Sean Bean
Thriller in which a team of international special agents is hired to carry out a mysterious and dangerous mission. Unaware of who they are working for or what exactly they are stealing, the agents quickly learn that some of them will die. 1998, rating Sky 15, 116 mins

12midnight Painted Angels
PREMIERE Western drama. 1996, rating Sky 18, 105 mins

1.50am Fathers' Day
Comedy caper. **Text** 1997, rating Sky 12, DS, 95 mins

3.30 Incognito
Text 1997, rating Sky 15, 103 mins

5.20-5.50am Femmes Fatales: Kim Basinger

6.00am To Catch a Yeti
1993, rating Sky PG, 88 mins

8.00 Airspeed
Joe Mantegna, Elisha Cuthbert
1997, rating Sky PG, DS, 84 mins

10.00 Romantic Undertaking
William Katt, Valerie Buhagiar
1995, rating Sky PG, 95 mins

12noon Wind Dancer
Mel Harris, Matt McCoy
1993, rating Sky PG, 90 mins

1.50pm Young Ivanhoe
Stacy Keach, Margot Kidder
Adventure based on the early life of the eponymous hero. When his father is captured, he must defend the absent King's honour. 1995, rating Sky PG, 88 mins

3.50 To Catch a Yeti
Meatloaf, Chantalle Kent, Jim Gordon, Leigh Lewis
Children's adventure. A pint-sized yeti finds himself in New York being protected by a young girl from an evil pair of hunters. 1993, rating Sky PG, 88 mins

5.20 Romantic Undertaking
William Katt, Valerie Buhagiar, Ishwar Mooljee, Paul Berry
Romantic comedy in which a young woman takes on the running of her late father's funeral parlour and learns a dark secret about the past. 1995, rating Sky PG, 95 mins

7.00 Airspeed
Joe Mantegna, Elisha Cuthbert, Charles Powell, Lynne Adams
Action thriller about a teenage girl who faces a life or death decision when the plane she is travelling in is struck by lightning and the pilot is injured. 1997, rating Sky PG, DS, 84 mins

8.30 Police Academy 3: Back in Training
Steve Guttenberg, Bubba Smith, Michael Winslow, David Graf
More fun and frolics from the law-enforcing half-wits, who this time are at least kept well away from the general public. 1986, rating Sky PG, 80 mins

10.00 Y2K
Louis Gossett Jr, Sarah Chalke
PREMIERE Topical drama about the disaster that is triggered when the Y2K bug creates an international crisis. Missiles aimed at Russia may have been fired and it is up to the US military to save the day. 1998, rating Sky 18, DS, 99 mins

11.45 Cyborg
Jean-Claude Van Damme
1989, rating Sky 18, 81 mins

1.10am Switchback
Dennis Quaid, Danny Glover
Text 1997, rating Sky 15, 113 mins

3.10 Pet Sematary II
Horror. **Text** 1992, rating Sky 18, DS, 96 mins

4.50-6.35am Young Ivanhoe
1995, rating Sky PG, 88 mins

FRONT ROW

SCREENING WHEN YOU'RE
GOOD AND READY
WITH CABLE & WIRELESS

See channel 50 or your Front Row spread on pages 14, 15 for further details.
KEY TO FILM CONTENT
T/C: Theme/Content
BL: Bad Language
S/N: Sex/Nudity
V: Violence

Channel 51 Matinee

WILD WILD WEST
Rating 12, 102 mins
Comedy Western. A pair of special agents are sent to track down a diabolical genius who is plotting to kill the US President with a huge walking weapon transporter. Stars Will Smith and Kevin Kline. T/C: Comedy, Western. BL: Occasional, mild. S/N: Some moderate references. V: Frequent, moderate. 6.00am, 8.00am, 10.00am, 12noon, 2.00pm, 4.00pm

Channel 51 Evening

WILD WILD WEST
Rating 12, 102 mins
Comedy Western. A pair of special agents are sent to track down a diabolical genius who is plotting to kill the US President with a huge walking weapon transporter. Stars Will Smith and Kevin Kline. T/C: Comedy, Western. BL: Occasional, mild. S/N: Some moderate references. V: Frequent, moderate. 6.00pm, 8.00pm, 10.00pm, 12midnight, 2.00am, 4.00am

Channel 52

THE THOMAS CROWN AFFAIR
Rating 15, 109 mins
Crime thriller. A millionaire steals art for the challenge. A beautiful insurance investigator hunts him in a way which brings them perilously close together. Stars Pierce Brosnan and Rene Russo. T/C: Thriller, art theft. BL: Occasional, strong. S/N: Infrequent, moderate. V: None. 6.25pm, 8.30pm, 10.35pm, 12.40am, 2.45am

Channel 53

GO
Rating 18, 98 mins
Comedy, with two intertwining plots told from different perspectives, about a drug deal gone wrong and a road journey to Las Vegas. Stars William Fichtner, JE Freeman and Katie Holmes. T/C: Black comedy, drugs. BL: Frequent, coarse. S/N: Occasional, strong. V: Occasional, strong. 7.00pm, 9.00pm, 11.00pm, 1.00am, 3.00am

SKY ONE ACTION/ SELECTION PACKS	UK GOLD LIFESTYLE/ SELECTION PACKS	LIVING LIFESTYLE PACK	GRANADA PLUS ACTION PACK	DISNEY CHANNEL ADD-ON/ PREMIUM CHANNEL	
6.00am Long Play 7.30am Mega Babies 8.00 Godzilla 8.30 Mummies Alive 9.00 Pokémon 9.30 Pokémon 10.00 Pokémon 10.30 The Simpsons Text 11.00 World Wrestling Federation - Superstars 12noon The New Adventures of Superman Text 1.00pm Dream Team Text 2.00 Mega Babies 2.30 Godzilla	6.00am May to December 6.40 Bread Text 7.15 Birds of a Feather Text 7.50 Open All Hours 8.25 EastEnders Text 9.00 The Bill Text 9.30 The Bill Text 10.00 Bergerac 11.00 Knots Landing 12noon Neighbours 12.30pm EastEnders Text 1.05 Due South 2.00 Knots Landing	6.00am Ready, Steady, Cook 6.30 Can't Cook, Won't Cook 7.00 Tiny Living 9.00 Brookside 9.30 Home and Away 10.00 The Jerry Springer Show 10.50 Forgive or Forget 11.40 Maury Povich 12.30pm Special Babies 1.00 Reality Slot 1.30 Judge Judy 2.00 Streetmate 2.30 Maury Povich Compelling and personal talk show.	6.00am Hawaii Five-0 7.00 Plus on Plus 7.30 Jokers Wild 8.00 Shang-a-Lang 8.30 George and Mildred 9.00 Classic Coronation Street Text 9.30 Second Thoughts 10.00 Mission: Impossible 11.00 That's My Boy 11.30 Batman 12noon Classic Coronation Street Text 12.30pm Second Thoughts 1.00 George and Mildred 1.30 Robin's Nest 2.00 Hawaii Five-0	4.30am Pooh 4.45 Music Time 4.50 Olie 5.00 Bear 5.25 Art Play 5.30 PB and J Otter 5.45 Bite Size 6.00 Toons 6.05 Circle Time 6.10 Olie 6.20 Spot 6.30 Out of the Box 7.00 Mickey Mouseworks 7.30 101 Dalmatians 8.00 Aladdin 8.30 Recess 9.00 Double Art Attack 9.35 Sabrina 10.00 FILM: The Rescuers 1977 11.15 Recess 11.30 Miami 7 12noon Circus Kids 12.30pm Boy Meets World 1.00 FILM: Model Behaviour 1999 2.30 Mickey Mouseworks	6.00 AM
3.00 Mummies Alive Honey, I Shrunk the Mummies A Rath magic spell backfires. 3.30 Pokémon Volcanic Panic Ash earns his volcano badge. 4.00 Pokémon The Misty Mermaid An underwater ballet is danced. 4.30 Pokémon Clefairy Tales The group get a close encounter. 5.00 Star Trek: Voyager Deadlock Voyager, while attempting to evade pursuing Vidlian vessels, enters a plasma cloud.	3.00 The Bill Dishonour among Thieves A burglar has his own house broken into. Text 3.30 The Bill Coup de Grace Text 4.00 EastEnders Michelle receives some rather unwelcome advice at the pub. 4.35 Neighbours Rick causes trouble and will Beth accept Wayne's lying? 5.00 May to December My Funny Valentine Sitcom. It's Valentine's Day - but Alec and Zoe have split up. 5.40 Bread Liverpoolian sitcom. Jack has hit the bottle and Freddie can't decide between his wife and his mistress, Lilo Lili. Text 6.20 Waiting for God Tom's son leaves his wife and moves into Bayview. 7.00 The Good Life Whose Fleas Are These? Tom and Barbara try to keep their fleas to themselves. 7.40 Birds of a Feather Love on the Run Sharon sees an opportunity to enjoy some entertaining of her own. Text 8.20 Open All Hours Sitcom about a miserly shopkeeper and his assistant. 9.00 Only Fools and Horses Sleeping Dogs Lie 9.40 dinnerladies Gamble Christmas tree lights spark a furious and unseasonal row between Stan and Philippa. 10.20 One Foot in the Grave The Worst Horror of All Vermin control is called for. 11.00 Harry Enfield and Chums Character-based comedy show. 11.40 The Bill Dishonour among Thieves A burglar has a break-in. Text 12.15am The Bill Text 12.45 Live at Jongleurs 1.20 Only Fools and Horses 2.00 One Foot in the Grave 2.35 Monty Python's Flying Circus 3.10 EastEnders Text 3.45 Dangerfield 4.40 Dynasty 5.30-6.00am Angels	3.20 Party of Five The Ides of March Bailey's life is changed forever when Jill's drug habit leads to disaster and Charlie decides to propose to Kirsten. 4.10 Mystic Challenge Psychics, astrologers and palmists test their powers. 4.40 Forgive or Forget Host Mother Love tries to resolve problems by giving guests the opportunity to forgive each other. 5.30 Ready, Steady, Cook Fern Britton hosts the cookery show in which two top chefs compete against the clock to create exciting recipes. 6.10 The Jerry Springer Show Jerry Springer and his guests engage in lively discussions about relationship issues. 7.00 Judge Judy The outspoken New York family court judge presides over more real-life cases and conflicts. 7.30 Streetmate With Davina McCall. 8.00 LA Doctors Drama series about a group of LA physicians who turn their backs on the corporate medical system to set up their own practice. With Ken Olin. 9.00 FILM: Seeds of Deception Melissa Gilbert, Shanna Reed, Tom Verica, Shannon Lawson Tense drama about a young woman whose faith in a successful doctor is shattered when his sperm donor programme is revealed to be a sham. 1994 10.50 Secret Suburbia A look at the extraordinary lives of the seemingly ordinary residents of suburbia. 11.20-12midnight Eden Adult drama.	3.00 Mission: Impossible Squeeze The IMF is called upon to intercept a drugs list containing vital information and prevent the perpetuation of a heroin empire. 4.00 The Sweeney Supersnout Regan is tipped-off about the hi-jack of a lorry-load of cigarettes, but his informant manages to escape. With John Thaw. 5.00 Hart to Hart Harts and Flowers The husband and wife detectives investigate more mysteries and intrigues. With Robert Wagner and Stefanie Powers. 6.00 Bullseye Darts quiz show. 6.30 Classic Coronation Street Audrey finds housewarming very tame. Text 7.00 Batman Better Luck Next Time The caped crusaders face the feline trap of Catwoman. 7.30 Robin's Nest If You Pass Go Collect £200 8.00 Boon The Tender Trap Comedy drama series about a fireman who refuses to accept he's on the scrap heap. With Michael Elphick. 9.00 The Sweeney Big Brother Police drama series. Deacon and Lee attack a man in the street and steal the briefcase that is chained to his wrist. 10.00-11.00pm Kojak	3.00 101 Dalmatians Canine capers. Text 3.15 100 Deeds for Eddie McDowd Tagged Text 3.45 The Famous Jett Jackson More teenage superstar antics. 4.15 100 Honey, I Shrunk the Kids: The TV Show Honey, I Got Duped Text Wayne clones himself. 5.00 Recess Animated series from the creators of Rugrats. Text 5.30 Smart Guy My Two Dads Floyd has competition. Text 6.00 Teen Angel Who's the Boss Marty gets an earthly visit. Text 6.30 Home Improvement The Route of All Evil Brad takes on his first job. Text 7.00 FILM: The Rescuers Voices of Eva Gabor, Bob Newhart, Geraldine Page Animated adventure. The intrepid heroes set out on a perilous journey to find an orphan girl who has been kidnapped. Text 1977 8.15 Honey, I Shrunk the Kids: The TV Show Honey, They're After Me Lucky Charms Wayne has some problems. Text 9.00 Flipper Live action marine adventure in Florida with TV's most famous dolphin. Text 9.45 Dinosaurs Refrigerator Day 10.10 Home Improvement Sitcom double bill. Text 11.00 Touched by an Angel Text 11.50-12midnight Toons	3.00 PM
6.00 Xena: Warrior Princess Motherhood With lives hanging in the balance, Xena faces the gods in a final dramatic showdown. 7.00 The Simpsons Moaning Lisa Lisa gets the blues. Text 7.30 The Simpsons The Telltale Head Bart becomes a vandal. Text 8.00 The Best of Stargate SG-1 Maternal Instinct Science fiction series. SG-1 races against Apophis to find the Harsesis child. Text 9.00 Good vs Evil Portrait of Evil Wheelchair-bound after an accident, Chandler spies on his neighbours and thinks he sees a woman make a Faustian pact. 10.00 The Hard Evidence of Aliens Among Us Concluding part of a special, hosted by actor Robert Davi, which examines actual physical evidence of alien contact. Text 11.00 America's Dumbest Criminals Thieves are caught stealing. Text 11.30 America's Dumbest Criminals A bathroom bandit strikes. Text 12midnight Star Trek: Voyager 1.00am LAPD 1.30 LAPD 2.00 Wildest Police Videos Text 2.50 The Untouchables 3.40 The Untouchables 4.30 Manhunter 5.20 The Newlywed Game 5.40-6.00am The Newlywed Game			11.00pm SexTV Late-night series which goes under the covers of the steamy world of adult movie making. 11.30 Sexy Shorts Late-night music show. 12midnight G Spot Entertainment show which takes a peek at the naughty side of life. Presented by Terry Christian and Danni Hunt. 12.30am E! Wild On... The UK What's hot and what's not in the UK. 1.20 Sexy Shorts 1.50-2.00am Crash of the Titans		
		CABLE CHECK Some of the channels listed may not be available in your area	GRANADA MEN & MOTORS ACTION PACK	THE BOX MUSIC & GAMES PACK Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh - latest videos available; BOXTalk - unique interviews with artists/bands; Breakin' Out of THE BOX - videos tipped for the top. Plus weekly competitions. WEDNESDAY CONTINUES OVERLEAF...	11.00 PM

CABLE CHOICE

FILM

Walter
Carlton Cinema 11.15pm
Ian McKellen stars as a mentally handicapped man struggling to find his place in the world after the loss of his parents in Stephen Frears's thoughtful, socially perceptive critique. An uplifting example of the prolific British director's cinema output.

GENERAL

Hollywood Aliens and Monsters
Sci-Fi 8.00pm
A two-hour documentary chronicling the history of aliens and monsters in the evolution of Hollywood. From the Wolfman to HR Giger's Alien to the T Rex in Jurassic Park, there's an array of clips as well as interviews with the people who brought them to life on the big screen.

ADVERTISEMENT

SUMMER NIGHTS OF COMEDY 9.00PM

Summer Nights of Comedy continues tonight as UK Gold brings you some of the nation's favourite comedy programmes including Only Fools and Horses, Dinnerladies, One Foot in the Grave and Harry Enfield and Chums.



Wednesday 30 August

	EUROSPORT NEWS & SPORT/ SELECTION PACKS	SKY SPORTS 1 PREMIUM CHANNEL	SKY SPORTS 2 PREMIUM CHANNEL	SKY SPORTS 3 PREMIUM CHANNEL	SCI-FI ACTION PACK	MTV MUSIC & GAMES PACK
MORNING	6.00 AM 7.30am Cycling Action from the fourth stage of the Tour of Spain, from Valdepeñas to Albacete. 8.30 Eurogoals 10.00 Athletics Action from the IAAF Grand Prix meeting in Gateshead. 11.00 Cycling - LIVE Coverage of the fifth stage of the Tour of Spain, from Albacete to Xorret de Cati.	7.00am World Wrestling Federation - Metal 8.00 You're On Sky Sports! 9.00 Racing News 9.30 Aerobics Oz Style 10.00 Inside Scottish Football 11.00 Euro Tour Golf: Scottish PGA Championship 12.00 Aerobics Oz Style 12.30pm Fastrax 1.00 LPGA Golf: Oldsmobile Classic	7.00am Aerobics Oz Style 7.30 Racing News 8.00 Fastrax 8.30 Sports Unlimited 9.30 World Motor Sport 12.30pm Inside Scottish Football 1.30 Asian Sports Show 2.00 Tennis: US Open Coverage from the second day of the US Open and a look at the results from the majority of first round matches that will have been completed.	12.00 Ladies' Euro Tour Golf: Compaq Swedish Open Action from Barseback Golf & Country Club in Malmo. 1.00pm Sports Unlimited 2.00 Telegraph Action Sport 2.30 Wild Spirits All the news, gossip, and red-hot action from the world of extreme sports.	8.00am Buck Rogers in the 25th Century 9.00 Land of the Giants 10.00 Swamp Thing 10.30 Swamp Thing 11.00 The Six Million Dollar Man 12.00 Babylon 5 1.00pm Amazing Stories 1.30 Amazing Stories 2.00 Buck Rogers in the 25th Century	6.00am Select MTV 8.00 MTV Hits 9.00 Bytesize MTV 11.00 MTV Hits 12.30pm Daily Edition Catch up with all the latest showbiz gossip. 1.00 MTV Hits Back-to-back smash hits. 2.00 The Lick R&B Chart Show The hottest R&B tracks.
3.00 PM		3.00 Inside Scottish Football Jim White presents the show that takes a look behind the scenes of the Scottish Premier Division.		3.00 Rugby League Academy A look at tomorrow's stars of the game, with match action involving up-and-coming youngsters.	3.00 Max Headroom Nurostim Sci-fi drama series. At Network 66, Grossberg kidnaps Bryce and prepares to destroy Max.	3.00 Bytesize MTV A fast-cut window into the world of music television with highlights of MTV.
4.00 PM	4.30pm Sports Car Racing Coverage of the seventh round of the FIA Sports Racing World Cup being held at Donington Park.	4.00 Cricket: National Cricket League - Somerset v Leicestershire - LIVE Cricketing action as Somerset take on Leicestershire in a National League game.	4.00 Tennis: US Open - LIVE Live coverage of the second day of the US Open, boasting a total prize fund of over \$15m. British hopes will be resting on Greg Rusedski, a finalist in 1997 but in a run of poor form at present, and Tim Henman, who has never managed to progress past the fourth round of this event.	4.00 Watersports World Featuring exclusive footage, interviews and news from the world of aquatic sports.	4.00 Land of the Giants Chamber of Fear The space travellers become involved with jewel thieves.	3.55 MTV's Pop Single of the Week 4.00 Select MTV A chance for viewers to select videos from the on-screen menu.
5.00 PM	5.30 Start Your Engines Features coverage of the NASCAR race in Bristol and news from NASCAR and Euro drag competitions.			5.00 World Wrestling Federation - Metal Michael Cole and Kevin Kelly provide the latest news, plus commentary on the featured bouts.	5.30 Swamp Thing That's a Wrap Arcane gets a chance to play himself in a film.	
6.00 PM	6.30 Athletics - LIVE Coverage of the IAAF Permit Meeting from Thessaloniki, Greece.			6.00 Sky Sports Centre Latest sports news.	6.00 The Six Million Dollar Man Divided Loyalty Steve Austin helps to bring a scientist and his young son out of Russia.	6.00 Bytesize MTV Easily digestible chunks of pop gossip and bizarre moments from different MTVs around the world, in short soundbites.
7.00 PM		7.00 Sky Sports Centre Catch up with all of the latest sports news.		6.30 Rugby League World The programme that keeps you up to date with all the latest global rugby league developments.	7.00 Amazing Stories Moving Day A family prepares to move to another planet.	7.00 MTV Hits Back-to-back and uninterrupted - it's an hour of music videos with a number of exclusives and the best hits from the stars.
8.00 PM		7.30 Cricket: National Cricket League - Somerset v Leicestershire - LIVE More action from the match between Somerset and Leicestershire.		7.30 Speedway: Elite Speedway League - LIVE Jonathan Green presents the action from the Elite Speedway League as the world's best riders hurtle around the oval without any gears or brakes in the ultimate test of nerve and high-speed endurance.	7.30 Amazing Stories Miss Stardust	8.00 The Lick R&B Chart Show Soul music aficionado Trevor Nelson takes a look at the hottest tracks from the UK R&B scene.
9.00 PM	9.00 Handball Coverage of the increasingly popular Handball Eurotournament in Strasbourg, France.				8.00 Hollywood Aliens and Monsters Documentary chronicling the history of aliens and monsters and their role in the evolution of Hollywood, from the silent days to the fantasy classics of the 1930s and 1950s, right up to the modern post-Star Wars era. Narrated by Mark Hamill.	9.00 Daily Edition Catch up with all the latest showbiz gossip.
10.00 PM		10.00 You're On Sky Sports! Rob McCaffrey hosts the show that lets fans voice their opinions on the latest soccer issues.	10.00 Ladies' Euro Tour Golf: Compaq Swedish Open Coverage of the Ladies' Tour Compaq Swedish Open.	10.00 British Superbike: Cadwell Park Leg Keith Huewen introduces more two-wheeled action as the dynamic British Superbike championship roadshow arrives at Cadwell Park for the first time this season.	10.00 FILM: The Awakening Charlton Heston, Jill Townsend, Susannah York Horror thriller. An archaeologist, having disturbed an ancient burial site, finds that the vengeful spirit of a long-dead Egyptian princess has taken possession of his daughter. 1980	9.30 Biorhythm: Mary J Blige The first lady of R&B.
11.00 PM	11.00-12.30am Xtreme Sports Coverage of extreme sporting action.	11.00 Rugby League World The show that follows all of the latest developments in rugby league from around the world.	11.00 Euro Tour Golf: Scottish PGA Championship Coverage of the Scottish PGA Championship, coming from Gleneagles.	11.30-12midnight Futbol Mundial	12midnight The Net Go Like You Know 1.00am FILM: Pumpkinhead Lance Henriksen, Jeff East Horror thriller. 1988 2.35 Urban Chiller 3.00-4.00am Babylon 5 Phoenix Rising	10.30 The Blame Game 11.00 The Late Lick Brand new videos, news and interviews with the movers and shakers of the R&B scene, presented by Trevor Nelson.
NIGHT TIME		12midnight Wild Spirits Action from the world of extreme sports. 12.30am Trans World Sport 1.30 Futbol Mundial World football programme 2.00 Rugby League World 3.00-4.00am You're On Sky Sports!	12midnight Euro Tour Weekly A guide to the latest news on the Tour circuit. 12.30am-4.00am Tennis: US Open - LIVE Further coverage of the US Open Championship from Flushing Meadows.			12midnight Yo! Check out the world of rap music from Grandmaster Flash all the way through to Busta Rhymes. 1.00-6.00am Night Videos A selection of music videos, charts and features to take you through the night.

LIVE NATIONAL CRICKET LEAGUE: SOMERSET V LEICESTERSHIRE SKY SPORTS 1 4.00PM, 7.30PM

The quaint setting of the County Ground in Taunton is the scene for the latest day/night National League cricket clash. The home boys, Somerset - whose star players include the likes of Andy Caddick - are looking for a solid finish to their First Division season, having started very strongly and silencing many of their detractors. But Leicestershire are nobody's pushovers in any match and can boast fringe Test batsmen like Aftab Habib (pictured) and Darren Maddy in their line-up.



PLAYBOY TV/ ADULT CHANNEL ADD-ON CHANNEL

10.00pm Freeview
10.06 Stripsearch: Australia
11.15 Passion Cove
12midnight Freeview
12.10am The Sex Clinic
with Dr Jenny Tullis
12.40 Feature
12.55 FILM: Light My Fire
2.10 FILM: The Pawn Shop
3.30-4.00am Electric Blue

Adult Nightview is now available as a TV on-demand service between 10.00pm and 4.00am at £4.95. See channel 50 for details

TELEVISION X ADD-ON CHANNEL

12midnight
The Ten Minute Preview
12.10am
FILM: Sweet Pervet
1.00
The Five Minute Freeview
1.05 FILM continues
1.20 FILM: Ravished
2.30 FILM: Sensations
3.40-4.00am Cathy

Adult Nightview is now available as a TV on-demand service between 12midnight and 4.00am at £4.95. See channel 50 for details

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME

VH1 MUSIC & GAMES PACK

6.00am Power Breakfast
12noon Behind the Music: Shania Twain
The story of the remarkable country music sensation that rocketed into the charts with her breakthrough single *You're Still the One*.
1.00pm Greatest Hits: Mariah Carey
1.30 Pop-Up Video
2.00 Jukebox
A chance for viewers to get their favourite tunes on air.

4.00 VH1 to One: Ronan Keating
A profile of the Boyzone frontman.
4.30pm Greatest Hits: Robbie Williams
5.00 Ten of the Best: Phil Collins
The successful singer and drummer picks his ten favourite videos of all time.

6.00 Video Timeline: Mariah Carey
A look at the career of the New York diva.
6.30 Greatest Hits: Mariah Carey
7.00 VH1 Hits
The latest chart hits.

9.00 Behind the Music: Depeche Mode
Interviews with the band members including Dave Gahan and Martin Gore.
10.00 Behind the Music: 1970
Trace the musical and social currents of this year which saw a climate of militant confrontation.
11.00 Sheryl Crow Live in London
NEW A rock concert from Sheryl Crow filmed at London's Shepherd Bush Empire. The show includes Sheryl's smash hit single *All I Wanna Do* and *If It Makes You Happy*.
12.30am Pop-Up Video
1.00 Storytellers: The Pretenders
2.00 VH1 Flipside
3.00-6.00am VH1 Late Shift

ANIMAL PLANET WORLD PACK

12noon Croc Files
Wildlife series aimed at young animal-lovers.
12.30pm Going Wild with Jeff Corwin
Manitoba
1.00 Aspinall's Animals
1.30 Aspinall's Animals
2.00 Pet Rescue
Abandoned animals.
2.30 Kratt's Creatures
Gatorglades

3.00 K-9 to 5
Meet the hounds who work like a dog from nine to five each day.

3.30 K-9 to 5
Pooches with unique jobs.

4.00 Animal Planet Unleashed
Howie is joined by a farrier, who fits the horses with new shoes.

4.30 Croc Files
5.00 Pet Rescue
Follow the fortunes of abandoned animals.

5.30 Going Wild with Jeff Corwin
Australia - Red Center

6.00 The Aquanauts
Robyn and Aileen go surfing in California.

6.30 Croc Files
The world of Australia's venomous spiders.

7.00 Rhino Conservation
A look at why the white rhino is still at risk.

7.30 The Turtles at Lara
8.00 Wildlife SOS
A hedgehog is rescued from a drain.

8.30 Wildlife SOS
A duck family are taken to a new home.

9.00 Crocodile Hunter
Steve and the Dragon

Steve Irwin comes face to face with the largest living lizard in the world.

10.00 Hunters
Rulers of the Deep

An examination of the predatory instincts of sharks, the sea creatures most feared by man.

11.00 Emergency Vets
Alameda East Veterinary Hospital saves more pets.

11.30-12midnight Emergency Vets

CABLE CHECK
Some of the channels listed may not be available in your area



'Turtles at Lara' looks at the endangered species in Cyprus. *Animal Planet 7.30pm*

ITV2 ACCESS PACK

4.00pm Trisha
Another double bill of heartwarming and hair-raising true stories with Trisha Goddard and a studio audience. **Text**

6.00 The Extremists
Series about hair-raising sports and activities.

6.30 Extra Time with Ron Atkinson

7.00 High Five
Extreme-sports action.

7.30 ISKA Karate
Martial arts action from the International Sport Kickboxing Association.

8.00 Sunset Beach
Glitzy soap opera. Bette confides in Annie and Eddie questions Tiffany about Ralph's van.

8.30 Chart Choice
9.00 Cold Feet
When Karen contemplates an affair with an author, David attempts to exact revenge by trying to sleep with their nanny. **Text**

10.00 Coronation Street
Drama with the residents of Weatherfield. **Text**

10.30 Emmerdale
An episode from ITV. **Text**

11.00 The Jerry Springer Show
More outrageous revelations and confrontations.

11.50 The Late Show with David Letterman
Top-rated chat show with David Letterman.

12.40am Freaky Stories
Ghoulish animation.

12.50 Total Action: The Extremists
1.20-1.50am Extra Time with Ron Atkinson

UK STYLE LIFESTYLE PACK

7.00am Style World 7.30 Holiday Swaps 8.00 Ready, Steady, Cook 8.30 Can't Cook, Won't Cook 9.00 Repair to Remember 9.30 Real Rooms 10.00 Change That 10.30 A Room with a Clue 11.00 Changing Rooms: New Zealand 11.30 Changing Rooms Down Under 12noon Good Living 12.30pm Style Challenge 1.00 Gary Rhodes 1.30 Ready, Steady, Cook 2.00 BBC Gardener of the Year

3.00 Ground Force Okehampton
The team create a beautiful flower garden for a Dartmoor resident.

3.30 Front Gardens
4.00 Stefan's Garden Roadshow
Help and advice on gardening dilemmas.

4.30 Good Living
Pudding recipes.

5.00 Can't Cook, Won't Cook
Cookery challenge.

5.30 Repair to Remember
A repair show.

6.00 Antiques Roadshow US
The team visit historic Concord, Massachusetts.

and examine beautiful Art Nouveau jewellery.

7.00 Real Rooms
Simon Biagi lend his skills to a hall, some stairs and a landing.

7.30 Change that Ragley Hall
8.00 Style Challenge
Leading fashion experts give people the makeover of their dreams.

8.30 The Flower Show
9.00 Your Money or Your Life
Alvin Hall offers monetary advice to ordinary people.

9.30 The House Doctor
10.00 Our House
Designers brighten up a room for some OAPs.

10.30 Real Rooms
Rooms that are in need of a revamp get treatment.

11.00 Learn to Garden with Stefan Buczacki
Lessons in fundamental gardening skills.

11.30 Ground Force
12midnight Gardeners' World

Gardening show presented by Alan Titchmarsh, packed with good ideas and timely reminders to get the most out of your garden.

12.30am-1.00am Stefan's Garden Roadshow

UK HORIZONS WORLD/ ACCESS PACKS

7.00am Tomorrow's World 7.50 A Graze with Danger 8.20 Battersea Dogs' Home 8.50 Animal Hospital 9.20 Tomorrow's World Plus 10.15 Year of the Jackal 11.15 Fire and Ice 12.15pm The Secret Life of Twins 1.15 Passport to the Sun 1.45 Doctors at Large 2.15 Doctors at Large 2.45 Igor - The Boy Who Dared

An update on how Igor, now nearly ten, is coping with his disabilities and how he continues to adjust to his new life in England.

3.45 Animal Hospital
From RSPCA Harmsworth Hospital for Sick Pets.

4.20 Vets in Practice
Making the Move

4.50 Battersea Dogs' Home
A cat with skin cancer receives treatment.

5.25 Driving School
Joan gets her pet passenger to belt up.

5.55 Lakesiders
Fly-on-the-wall series set at Lakeside in Essex.

6.25 Passport to the Sun
Series looking at Majorca during the holiday season.

7.00 Tourist Trouble
A look at the macho world of ticket-selling in London.

7.30 Disaster
JAL 123: A Japanese Tragedy

8.00 Vets in Practice
Making the Move

Keith Leonard prepares to leave his job.

8.30 Accident and Emergency
9.00 Pleasure Beach
Follow the highs and headaches of the staff of Blackpool Pleasure Beach.

9.35 Ballet School
Ballet's future stars.

10.35 The Bookie
How independent bookmakers like East Ender Barry Dennis are finding it increasingly difficult to compete with corporate giants.

11.30 Muhammad Ali - More Than Just a Boxer?
12.30am-1.00am Money, Money, Money

UK PLAY:
1.00am Shooting Stars 1.30 Reeves and Mortimer 2.05 Vic Reeves 2.35 We Are History 2.50 DJ Anthems 3.20 Glastonbury 4.15 Sound of Play 5.35 Sound of Play 6.30-7.00am Phone Zone

CARLTON FOOD NETWORK LIFESTYLE PACK

7.00am Tessa's Tastebuds 7.30 Coxon's Kitchen College 8.00 Food Network Daily 8.45 Quick Cooks 9.00 Red Hot 'n' Smokin' 9.30 Classic Dishes 10.00 Cocktail Challenge 10.30 A Year at Ballymaloe 11.00 Flash in the Pan 11.30 Chef for a Day 12noon Four Burners and a Grill 12.30pm The Spice Trail 1.00 Coxon's Kitchen College 1.30 Taste of the Times 2.00 Food Network Daily 2.45 Quick Cooks

3.00 Red Hot 'n' Smokin'
Italian chicken with lemon, rosemary and garlic.

3.30 Tessa's Tastebuds
4.00 A Year at Ballymaloe
4.30 Classic Dishes
Top chefs demonstrate the presentation of dishes.

5.00 Three Chefs in the Cape
5.30 Four Burners and a Grill
6.00 Coxon's Kitchen College
6.30-7.00pm Celebrations

NATIONAL GEOGRAPHIC CHANNEL FAMILY PACK

7.00pm Bunny Allen
A Gypsy in Africa

The amazing tale of Bunny Allen, the most famous white hunter and womaniser in Africa.

8.00 Vanished!
Join naturalist and filmmaker Dyanna Taylor as she investigates the disappearance of Everett Ruess, a young explorer.

9.00 The New Mutators
Controversial bullfighting.

9.30 Honey Hunters and the Making of the Honey Hunters
10.00 Violent Volcano
Witness the deterioration of the island of Montserrat, torn apart by the ferocious volcano which remains a very real threat.

11.00 Icebound
A report celebrating 100 years of Antarctic discovery, featuring the knowledge of walking Antarctic encyclopedias.

12midnight-1.00am Tempest from the Deep
Discover how the giant waves and devastating currents caused by El Niño have heralded a rebirth of life and habitats.

CHALLENGE TV MUSIC & GAMES PACK

5.00pm Cross Wits
5.30 Sale of the Century
6.00 Family Fortunes
6.30 100%
7.00 Stars in Their Eyes
Amateur singers get the chance to be their favourite star for the night.
7.30 Beadle's About
8.00 Gladiators
9.00 Whittle
9.30 Strike it Lucky
10.00 Sale of the Century
10.30 Family Fortunes

11.00 Stars in Their Eyes
11.30 Winner Takes All
12midnight Beadle's About
12.30am Gladiators
Muscle-bashing challenges.
1.30 The Cooler
2.00 Karaoke Challenge
With Ross King.
2.30 3-2-1
3.00 The Krypton Factor
4.00 Say the Word
4.30 Whittle
5.00-6.00am Shopping with Screenshop

DISCOVERY HOME & LEISURE WORLD PACK

6.00am The Joy of Painting
6.30 Bloom 7.00 Garden Rescue 7.30 Doing it Up 8.00 How to with B & Q 8.05 House Doctor 8.35 Our House Down Under 9.05 The Joy of Painting 9.35 Bloom 10.05 How to with B & Q 10.10 Garden Rescue 10.40 Two's Country 11.10 Village Green 11.40 Home Savvy

12.10pm How to with B & Q
12.15 Hometime
12.45 This Old House
1.15 Home Again with Bob Vila 1.45 Wood Wizard 2.15 How to with B & Q 2.20 The New Yankee Workshop 2.50 Mod Cons 3.20 Rex Hunt's Fishing World 3.50-4.00pm How to with B & Q

RAPTURE BONUS CHANNEL

10.00am Mountain Bikes
10.30 Fearless 11.00 Freesport Special 11.30 Byte Me 12noon FILM 1.00pm World Wind Surf 1.30 Fearless 2.00 Chilli Factor 2.30 Adrenalize 3.00 High Adrenalin Action 3.30 Byte Me 4.00 Mountain Bikes 4.30 Fearless 5.00 Freesport Special 5.30-6.00pm Byte Me

LOCAL CHANNEL ACCESS PACK

6.00pm LLTV - Local Life
A daily magazine programme featuring local news, events and lifestyle features.
6.30 What's On TV
7.00 LLTV - Local Life
7.30 YCTV
Programmes made by the stars of tomorrow featuring the stars of today.
8.00 Student Showcase
8.30 What's On TV
9.00-9.30pm LLTV - Local Life

Wednesday 30 August

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME

CABLE CHECK
Some of the channels listed may not be available in your area

DISCOVERY WORLD PACK

4.00pm Rex Hunt Fishing Adventures
Fraser Island
Catching dolphin fish.

4.30 Discovery Today
Science magazine series.

5.00 Legends of History
Storm from the East
A look at the terror spread by the Huns across Europe in the 4th century.

6.00 Orcas: Killers I Have Known
A journey of discovery through the eyes of one researcher intimately involved with orcas.

7.00 The Inventors
Babic
A profile of the inventor of a new fire-fighting system.

7.30 Discovery Today
Explore avalanches.

8.00 Crime Tech
An examination of how modern technology enables police officers to successfully track and capture criminals.

9.00 Big Stuff
Air
A fascinating look at some of the unfeasibly massive structures that have taken to the air.

10.00 Ultimate Guide
House Cats
An examination of why the domestic cat has retained many of the features of its wild ancestry.

11.00 Runaway Trains II
An investigation into what the experts are doing in order to prevent future train accidents.

12midnight Time Team
Orkney
The team goes in search of evidence of the invasion of the Vikings and its influence on ancient Britain.

1.00am Confessions Of...
Microlight
1.30-2.00am
Discovery Today

THE HISTORY CHANNEL WORLD PACK

12noon Camelot
12.55pm
Photos for the Future II
1.00 Crown and Country
1.30 Time Travellers
Smugglers
2.00 Biography
Nostradamus
2.55 Small Piece of History
3.00 World War I
The Day the Guns Stopped Firing
3.30 Spies
4.00 Airborne

CARTOON NETWORK FAMILY PACK

5.00am Flying Rhino Junior
6.00 Fat Dog Mendoza
7.00 Tom and Jerry
8.00 Dexter's Laboratory
9.00 Angela Anaconda
10.00 The Powerpuff Girls
11.00 Dragonball Z
12noon The Powerpuff Girls
12.30pm Looney Tunes
1.00 The Powerpuff Girls
1.30 Ned's Newt
2.00 The Powerpuff Girls
2.30 Courage the Cowardly Dog

3.00 The Powerpuff Girls
Trouble in Townsville calls out the trio for a mission.
3.30 Johnny Bravo
Egotistical adventures.

4.00 The Powerpuff Girls
Trouble in Townsville calls out the trio for a mission.

4.30 Angela Anaconda
5.00

The Powerpuff Girls
5.30 Ed, Edd 'n' Eddy
Namesake nonsense with the three jawbreaker-loving young friends.

6.00 Tom and Jerry
Madcap comic antics with the cat and mouse duo.
6.30 The Flintstones
Prehistoric men behaving badly in Bedrock.

7.00 Scooby-Doo
More spooky adventures.
7.30 Looney Tunes
8.00

Angela Anaconda
8.30-9.00pm **Courage the Cowardly Dog**

TCM FAMILY PACK

9.00pm
Cat on a Hot Tin Roof
Elizabeth Taylor, Paul Newman, Jack Carson
Powerful melodrama adapted from the Tennessee Williams play.

Temperatures rise as the family of a dying plantation owner succumb to the torments of suspicion and jealousy. **1958**

11.05-1.00am
Going Home
Robert Mitchum, Brenda Vaccaro, Jason Bernard
Gritty drama. **1971**

CARTOON NETWORK:
1.00am The Moomins **1.30**
The Magic Roundabout
2.00 TabaLuga **2.30** Blinky Bill **3.00** The Tidings
3.30 The Fruitties
4.00 The Moomins
4.30-5.00am
The Magic Roundabout

NICKELODEON FAMILY PACK

7.00am Transylvania Pet Shop
7.30 Transylvania Pet Shop
8.00 Ren and Stimpy
8.30 Ren and Stimpy
9.00 Kenan and Kel
9.30 Kenan and Kel
10.00 Sister Sister
10.30 Sister Sister
11.00 Cousin Skeeter
11.30 Cousin Skeeter
12noon Rugrats
12.30pm Rugrats
1.00 The Wild Thornberrys
1.30 The Wild Thornberrys
2.00 The Wild Thornberrys
2.30 The Wild Thornberrys

3.00 The Wild Thornberrys
Jungle adventures.
3.30 The Wild Thornberrys
More jungle fun.

4.00 Kenan and Kel
The adventures of two funky friends.

4.30 Kenan and Kel
Starring Kenan Thompson and Kel Mitchell.

5.00 Sabrina the Teenage Witch
5.30 Sabrina the Teenage Witch
6.00 Are You Afraid of the Dark?
6.30-7.00pm **Are You Afraid of the Dark?**

PARAMOUNT COMEDY CHANNEL FAMILY PACK

7.00pm
Grace Under Fire
7.30 King of Queens
Dire Strays

8.00 Ellen
Puppy Episode - Part II
Ellen seeks the guidance of a therapist.
8.30 Just Shoot Me
Nina's Choice

9.00 Married... With Children
He Thought He Could
Al tastes fame.
9.30 Spin City
Gabby's Song

10.00 Frasier
IQ
Niles and Frasier compete over an IQ test.
10.30 Harry Hill
Surreal comedy show.

11.00 Jack Dee
More deadpan comedy.
11.30 Cheers
Go Make
Sam and Rebecca get imaginative.

12midnight Roseanne
12.30am Clive Anderson
Talks Back **1.10** NewsRadio
1.40 Whose Line is it Anyway? **2.10** Dressing for Breakfast
2.40 Desmond's
3.10 It's Garry Shandling's Show
3.40 Rex the Runt
3.50-4.00am Rex the Runt

TV TRAVEL SHOP BONUS CHANNEL

A total travel service in your own home. Video brochures give a guided tour of resorts around the world, with regular bulletins and programmes featuring late holidays and special offers. Viewers can then book holidays 24-hours-a-day, seven-days-a-week, by calling 0870 60 60 747. For more information and full listings turn to TV Travel Shop Text, from page 200.

FOX KIDS FAMILY PACK

6.00am Oggy **6.10** Bad Dog **6.30**
Bobby's World **6.55** Jim Button
7.15 Walter Melon **7.40** Inspector Gadget
8.00 Oggy **8.10** Biker Mice
8.30 Dennis and Gnasher **8.55**
Sailor Moon **9.15** Sailor Moon **9.40**
Digimon **10.00** Power Rangers
10.20 Monster Rancher **10.45**
Masked Rider **11.05** X-Men **11.30**
Spy Dogs **11.50** Ace Ventura
12.15pm Walter Melon **12.35**
Inspector Gadget **1.00** Woody **1.10**
Casper **1.30** Donkey Kong Country
1.55 Dennis and Gnasher **2.20** Life with Louie **2.40** Princess Sissi

3.00 Princess Starla and the Jewel Riders
Magical adventures.
3.20 Sailor Moon
3.45 Mighty Morphin' Power Rangers
4.05 Mighty Morphin' Power Rangers
4.30 Digimon
4.50 Masked Rider
The adventures of Dex, a teenage alien superhero.

5.15 Monster Rancher
5.35 Biker Mice from Mars
The heroic rock'n'roll rodents return.

6.00 The New Addams Family
6.25 Casper
6.35-7.00pm **Goosebumps**

SHOP! LIFESTYLE/ SELECTION PACKS

6.00am Shop! Selection
7.00 Home Shop!
Quilts and pillows.
8.00 Sports Shop!
A selection of sports clothing and footwear.

8.30 Kids Shop!
Back-to-school special.
9.00 Kitchen Shop!
10.00 Clothes Shop!
11.00 Home Shop!
12noon Shop! Outlet
1.00pm Shop! Special
2.00 Shop! Selection
3.00 Entertainment Shop!
4.00 Jewellery Shop!
5.00 Shop! Preview
6.00 Shop! Selection
7.00-7.30pm Home Shop!

GMTV 2 ACCESS PACK

GMTV2 offers pre-school and lifestyle shows between **6.00am** and **9.25am**. Weekdays: *The News Hour* at **6.00am** followed by children's shows. Saturdays: Children's programming and a round-up of the week's news in *The Review*. Sundays: Highlights include a *Pokémon* triple bill and *The Review*.

QVC LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day - so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Buckley Fashion Jewellery at **5.00pm**.

NEWS AND INTERNATIONAL

BBC NEWS 24 NEWS & SPORT/ ACCESS PACKS

6.00am News **7.00** News
8.00 News **9.00** News **9.30**
World News **10.00** News
11.00 News **12noon** News
1.00pm News **2.00** News
3.00 News **4.00** News
5.00 News **6.00** News
7.00 News **7.30** Sportsday
8.00 News **9.00** News
9.30 HARDtalk **10.00**
News **11.00** News **11.30**
World Business Report
12midnight News **1.00am**
News **2.00** News **2.30**
World Business Report
3.00 News **3.30** HARDtalk
4.00 News **4.45** Asia Today
5.00-6.00am News

CNN INTERNATIONAL NEWS & SPORT PACK

News throughout the day, plus:
5.00am Morning **5.30** World Business **6.00** CNN This Morning **6.30** World Business **7.00** CNN This Morning **7.30** World Business This Morning **8.00** CNN This Morning **8.30** Sport **9.00** Larry King **10.30** Sport **11.30** Biz Asia **12.30pm** World Beat **1.15** Asian Edition **1.30** World Report **2.30** Showbiz **3.00** Business Unusual **3.30** Sport **4.30** Style **5.00** Larry King Live **7.30** World Business Today **8.30** Q&A **9.30** Insight **10.00** World Business Today **10.30** Sport **11.00** World View **11.30** Moneyline **12.30am** Showbiz **1.00** Morning **1.15** Asia Business **1.45** Asia Business **2.00** Larry King Live **4.30-5.00am** American Edition

SKY NEWS NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus:
6.00am Sunrise **10.30** Sky World News **11.30** Money **12noon** Sky News Today **2.30pm** Your Call **3.00** Sky News Today **4.30** Sky World News **5.00** Live at Five **8.30** Sky Business Report **9.30** The Book Show **10.00** Sky News at Ten **10.30** Sportsline **12.30am** CBS Evening News **1.30** Your Call **2.30** Sky Business Report **3.30** Technofilextra **4.30** Fashion TV **5.30-6.00am** CBS Evening News

INTERNATIONAL

TV5 **5.00am** Journal **5.15** Journal des Journaux **5.30** Télématin et le Journal du Temps **7.00** Journal **7.30** Magellan **8.00** Infos **8.05** Zig Zag Café **9.00** Journal Télévisé **9.15** Police Judiciaire **11.00** Infos **11.05** 100% Questions **11.30** Journal **12noon** Infos **12.05pm** Le Temps Présent **1.00** Journal Télévisé **1.15** Police Judiciaire **3.00** Journal Télévisé **3.15** Questions **3.30** Grands Gourmands **4.00** Infos **4.05** Pyramide **4.30** Questions pour un Champion **5.00** Journal Télévisé **5.15** Police Judiciaire **7.00** Journal Télévisé **7.30** Journal Télévisé et le Journal du Temps **8.00** Infos **8.05** Pulsations **9.00** Journal **9.15** Fiction: Boulevard des Hironnelles **11.00** Le Journal **11.30-12midnight** Soir **3**

ASIANET ADD-ON CHANNEL CABLE EXCLUSIVE

7.30am DD News **8.00** DD Programmes **9.00** FILM **11.30** News **12noon** Non Stop Hungama **12.30pm** Suzhal **1.00** Sansar **1.30** FILM **4.00** Inspector Vijay **4.30** Kakaji Kahan **5.00** Is Hafte Ki Kahani **5.30** Eik Raat **6.30** Asianet Aur Aap **7.15** Sansar **7.40** News **8.00** Aarzo **8.30** FILM **11.30** News **12midnight** MTV Fresh **12.30am** Asianet Aur Aap **1.15** FILM **4.00** Aainey **5.00** Sansar **5.30** Nashaib **6.00** Inspector Vijay **6.30** DD News **7.00-7.30am** Satsang Sudha

ZEE TV ADD-ON CHANNEL

6.00am Out and About **6.30** Bhakti Songs **7.00** Faith: Christianity **7.30** Daily News **8.00** Guftugu **8.30** Kartavya **9.00** Rishtey the Love Stories **10.00** Rasm E Ashani **11.00** Khoobsurat **11.30** Aangan **12noon** FILM **3.00pm** Yeh Hain Mere Apne **3.30** Footloose **4.00** Kartavya **4.30** Alvida **5.00** Muskan **5.30** Aangan **6.00** Sa Re Ga Ma **7.00** Lakeerein **7.30** Saath Saath **8.00** News Bulletin **8.30** Amanat **9.00** Tum Hi to Ho **10.00** Thriller at 10 **10.30** Nagin **11.00** Agni Chakra **11.30** Making of a Legend **12midnight** Punjabi News **12.30am** FILM **3.30** Hum Paanch **4.00** Daraar **4.30** Campus **5.00** Filmi Deewane **5.30-6.00am** Hit Thi Hit Hai

CHRISTIAN CHANNEL EUROPE WORLD PACK

5.00am CMTV **5.30** Gospel Truth - Andrew Wommack **6.00** Life is for Living **6.30** Changing Your World **7.00** Believers' Voice of Victory **7.30** This is Your Day **8.00** CMTV **8.20** Thought for the Day **8.30** Life in the Word **9.00** Winning in Life **9.30** Winning Ways - Matthew Ashimolowo **10.00** Deciding Your Destiny **10.30-11.00am** **700 Club** Replay

BLOOMBERG WORLD PACK

2.00am Asian Market Report **2.45** Focus on Eastern Europe **3.45** Kavanagh's Picks **5.05-6.00am** Tokyo Live

BBC PARLIAMENT NEWS & SPORT PACK

Parliament is in recess.

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MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME

SKY PREMIER PREMIUM CHANNEL

6.00am Fools Rush In
Romantic comedy. **Text** 1997, rating Sky PG, DS, 105 mins

7.45 Beethoven
1991, rating Sky U, DS, 83 mins

9.15 Mousehunt
Text 1997, rating Sky PG, 94 mins

11.00 Love After Death
1998, rating Sky U, 87 mins

12.45pm The Beniker Gang
1985, rating Sky PG, 83 mins

2.15 Beyond the Prairie
Tess Harper, Lindsay Crouse, Richard Thomas, Meredith Monroe
Drama based on the *Little House on the Prairie* stories and the tough life lived by their author in 19th-century South Dakota. 1998, rating Sky U, 87 mins

4.00 Beethoven
Charles Grodin, Bonnie Hunt, Dean Jones, Oliver Platt
Family comedy centring on a loveable St Bernard who is found by an all-American family and promptly adopted, to the father's increasing chagrin. However, the arrival on the scene of a dognapper serves to soften his attitude toward the animal. 1991, rating Sky U, DS, 83 mins

6.00 Mousehunt
Nathan Lane, Lee Evans, Vicki Lewis, Maury Chaykin
Comedy. Two hapless brothers find their plans to renovate and sell a valuable building repeatedly thwarted by a devious and determined rodent tenant. Before long, their diminutive quarry is turning the tables on its human hunters. **Text** 1997, rating Sky PG, 94 mins

8.00 Snake Eyes
Nicolas Cage, Gary Sinise, John Heard, Carla Gugino
Thriller. A cop sets out to clear the name of his bodyguard friend when a politician the latter was protecting is assassinated. It soon becomes apparent that a massive conspiracy is afoot – and the truth is worse than the cop ever imagined. **Text** 1998, rating Sky 15, 94 mins

10.00 The Opposite of Sex
Christina Ricci, Martin Donovan, Lisa Kudrow, Lyle Lovett
Drama about a pregnant teenage girl who sets out to seduce her gay brother's lover and make him believe that he is the father of her child. **Text** 1998, rating Sky 18, DS, 97 mins

11.40 Great Expectations
Ethan Hawke, Gwyneth Paltrow
Drama. **Text** 1997, rating Sky 15, 107 mins

1.35am Joseph Conrad's The Secret Agent
Bob Hoskins, Patricia Arquette
Text 1997, rating Sky 12, 91 mins

3.10 The Myth of Fingerprints
Text 1997, rating Sky 15, 87 mins

4.45-6.25am The Beniker Gang
1985, rating Sky PG, 83 mins

SKY MOVIE MAX PREMIUM CHANNEL

6.25am Au Pair
1999, rating Sky U, DS, 90 mins

8.00 Her Own Rules
Emotional drama. **Last Play** 1998, rating Sky PG, DS, 83 mins

9.35 Danielle Steel's Fine Things
1995, rating Sky PG, 137 mins

12noon
Where the Red Fern Grows
James Whitmore, Jack Ging
1974, rating Sky PG, 97 mins

2.00pm A Perfect Tribute
Jason Robards, Lukas Haas
Period drama focusing on a young Southern boy who travels across an America torn apart by the ravages of Civil War to visit his wounded brother at Gettysburg. 1991, rating Sky PG, 91 mins

4.00 Perfect Body
Amy Jo Johnson, Brett Cullen, Cathy Rigby, Wendie Malick
Drama. A gymnast with Olympic potential develops anorexia as a result of her obsession with attaining physical perfection. Her determination to achieve sporting glory and her growing problem with bulimia soon threaten to destroy her life. **Last Play** 1997, rating Sky PG, 85 mins

6.00
Don't Look Behind You
Patrick Duffy, Pam Dawber, Anne Marie Loder
Action thriller. When a man is the sole witness to a money laundering scam, he and his family are placed on the FBI's witness relocation programme. However, attempts are soon made to silence him. 1999, rating Sky PG, 88 mins

8.00 On Thin Ice
Nicholle Tom, Tara Lipinski, Thomas Calabro
PREMIERE Comedy drama about an Olympic ice hockey player whose life is claimed prematurely. Returned to Earth to live a little longer, he finds himself reincarnated in the form of a female figure skater. 1999, rating Sky PG, 85 mins

9.40 Another Life
10.00 The President's Man
Chuck Norris, Dylan Neal, Jennifer Tung, Ralph Waite
Action thriller. When the US First Lady is kidnapped by a gang of ruthless terrorists, a top espionage operative is called in to stage a rescue mission. 1999, rating Sky 18, DS, 86 mins

11.35 Scream 2
Neve Campbell, Courteney Cox
Horror thriller sequel. **Text** 1998, rating Sky 18, 115 mins

1.35am Love Walked In
Denis Leary, Aitana Sánchez-Gijón
Text 1998, rating Sky 15, 87 mins

3.10 Ride
Malik Yoba, Melissa DeSousa
Text 1998, rating Sky 15, 80 mins

4.35-6.25am
Where the Red Fern Grows
1974, rating Sky PG, 97 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

SKY CINEMA PREMIUM CHANNEL

4.00pm
The Palm Beach Story
Claudette Colbert, Joel McCrea, Rudy Vallee, Mary Astor
Comedy. Exasperated with her inventor husband's lack of success, a woman goes off to Florida to get a divorce. Her spouse follows, determined to win her back, giving rise to all manner of farcical complications. 1942, rating Sky U, 84 mins

6.00 The Fugitive
Henry Fonda, Dolores Del Rio, Pedro Armendariz, Ward Bond
Allegorical drama set in Latin America. A priest on the run from the anti-clerical authorities is eventually captured and sentenced to death. But his martyrdom serves to teach the country's rulers that religious repression is futile. 1947, rating Sky PG, 98 mins

8.00 The Searchers
John Wayne, Jeffrey Hunter, Natalie Wood, Vera Miles
Classic Western drama. A former Confederate soldier, alienated by his wartime experiences and prejudiced against Indians, sets out on a determined quest to track down his niece, who was captured by a Comanche raiding party several years earlier. 1956, rating Sky PG, 114 mins

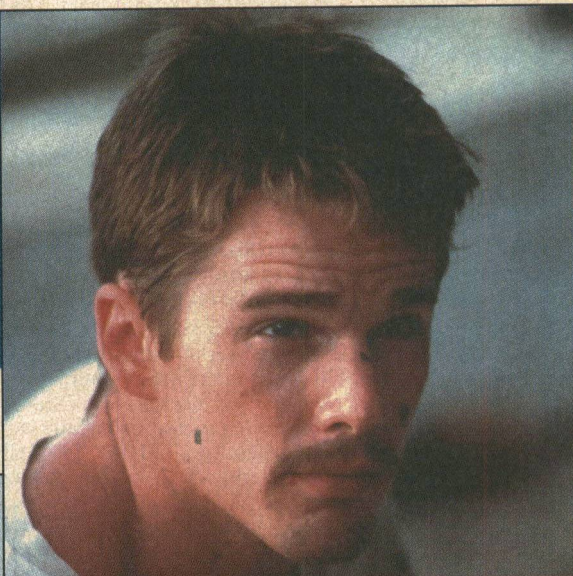
10.00 The Conversation
Gene Hackman, John Cazale, Allen Garfield, Cindy Williams
Thriller. A surveillance expert is hired to gather information for what at first appears to be a routine case of marital infidelity. However, the various pieces of evidence that he gleans soon point to a conspiracy with terrifying implications. 1974, rating Sky 15, 114 mins

12midnight Visiting Hours
Michael Ironside, Lee Grant
1982, rating Sky 18, 100 mins

1.45am Maniac
Kerwin Mathews, Nadia Gray
1962, rating Sky 15, 83 mins

3.15 The Conversation
1974, rating Sky 15, 114 mins

5.15-6.00am Hollywood Hall of Fame: The Films of Cary Grant



High hopes: Ethan Hawke has 'Great Expectations' in this reworking of Dickens's classic. Sky Premier 11.40pm

FILMFOUR ADD-ON CHANNEL

6.00pm The Silencers
Dean Martin, Stella Stevens, Victor Buono, Daliah Lavi
Spy thriller spoof. A suave American secret service agent is called out of semi-retirement to save the world yet again. His services are required because a ruthless master villain is seeking to set off a global nuclear conflict by bombing the US state of New Mexico. **Text** 1966, 103 mins

8.00 Austin Powers: International Man of Mystery
Mike Myers, Elizabeth Hurley, Mimi Rogers, Michael York
Spoof of Sixties spy movies. Britain's grooviest secret agent is defrosted in the present day to deal with the re-emergence onto the world stage of his old arch-enemy – a bald, mad supervillain. **Text** 1997, 91 mins

10.00 Desert Hearts
Helen Shaver, Patricia Charbonneau, Audra Lindley
Drama set in 1950s Nevada. A female college professor, whose marriage is on the rocks, falls in love with the free-spirited young daughter of a rancher. 1985, 87 mins

11.40 Ma Vie Sexuelle
Mathieu Amalric, Emmanuelle Devos, Emmanuel Salinger
Drama. A young man has important decisions to make about his future. 1996, 173 mins

2.35am-7.00am
The Seven Samurai
Takashi Shimura, Toshiro Mifune
Classic Japanese epic about a band of mercenaries defending a village against bandits. 1954, 190 mins

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CARLTON CINEMA LIFESTYLE PACK

7.00pm
Operation Amsterdam
Peter Finch, Eva Bartok, Tony Britton, Alexander Knox
World War II action adventure. British commandos assist a group of Dutch partisans in a daring bid to get a quantity of industrial diamonds out of Amsterdam before they fall into the clutches of the invading Nazis. 1960, 105 mins

9.00 White Nights
Mikhail Baryshnikov, Gregory Hines, Helen Mirren
Drama. An expatriate Russian ballet dancer finds himself back in his home country when his plane crash-lands in Soviet territory. He encounters an exiled American who, he believes, may be able to help him return to the West. However, the authorities have other plans for their star performer. 1985, 131 mins

11.15 Sam Whiskey
Burt Reynolds, Angie Dickinson, Clint Walker, Ossie Davis
Comedy Western. A gambler is hired by a beautiful widow to retrieve a fortune in gold bars. 1969, 96 mins

1.00am Two Lane Blacktop
James Taylor, Warren Oates
Road drama. 1971, 100 mins

3.00 Agnes of God
Drama. **Text** 1985, 98 mins

4.45-7.00am London Town
Musical drama. 1946, 100 mins

FRONT ROW

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See channel 50 or your Front Row spread on pages 14, 15 for further details.

KEY TO FILM CONTENT

T/C: Theme/Content
BL: Bad Language
S/N: Sex/Nudity
V: Violence

Channel 51 Matinee

WILD WILD WEST
Rating 12, 102 mins
Comedy Western. A pair of special agents are sent to track down a diabolical genius who is plotting to kill the US President with a huge walking weapon transporter. Stars Will Smith and Kevin Kline. T/C: Comedy, Western. BL: Occasional, mild. S/N: Some moderate references. V: Frequent, moderate. 6.00am, 8.00am, 10.00am, 12noon, 2.00pm, 4.00pm

Channel 51 Evening

WILD WILD WEST
Rating 12, 102 mins
Comedy Western. A pair of special agents are sent to track down a diabolical genius who is plotting to kill the US President with a huge walking weapon transporter. Stars Will Smith and Kevin Kline. T/C: Comedy, Western. BL: Occasional, mild. S/N: Some moderate references. V: Frequent, moderate. 6.00pm, 8.00pm, 10.00pm, 12midnight, 2.00am, 4.00am

Channel 52

THE THOMAS CROWN AFFAIR
Rating 15, 109 mins
Crime thriller. A millionaire steals art for the challenge, and a beautiful insurance investigator hunts him in a way which brings them perilously close together. Stars Pierce Brosnan and Rene Russo. T/C: Thriller, art theft. BL: Occasional, strong. S/N: Infrequent, moderate. V: None. 6.25pm, 8.30pm, 10.35pm, 12.40am, 2.45am

Channel 53

GO
Rating 18, 98 mins
Comedy, with two intertwining plots told from different perspectives, about a drug deal gone wrong and a road journey to Las Vegas. Stars William Fichtner, JE Freeman and Katie Holmes. T/C: Black comedy, drugs. BL: Frequent, coarse. S/N: Occasional, strong. V: Occasional, strong. 7.00pm, 9.00pm, 11.00pm, 1.00am, 3.00am

SKY ONE ACTION/ SELECTION PACKS	UK GOLD LIFESTYLE/ SELECTION PACKS	LIVING LIFESTYLE PACK	GRANADA PLUS ACTION PACK	DISNEY CHANNEL ADD-ON/ PREMIUM CHANNEL	
6.00am Long Play 7.30 Mega Babies 8.00 Godzilla 8.30 Mummies Alive 9.00 Pokémon 9.30 Pokémon 10.00 Pokémon 10.30 The Simpsons Text 11.00 World Wrestling Federation - Metal 12noon The New Adventures of Superman Text 1.00pm Dream Team Text 2.00 Mega Babies 2.30 Godzilla	6.00am May to December 6.40 Bread Text 7.15 Birds of a Feather Text 7.50 Open All Hours 8.25 EastEnders Text 9.00 The Bill 9.30 The Bill 10.00 Bergerac 11.00 Knots Landing 12noon Neighbours 12.30pm EastEnders Text 1.05 Due South 2.00 Knots Landing	6.00am Ready, Steady, Cook 6.30 Can't Cook, Won't Cook 7.00 Tiny Living 9.00 Brookside 9.30 Home and Away 10.00 The Jerry Springer Show 10.50 Forgive or Forget 11.40 Maury Povich 12.30pm Special Babies 1.00 Reality Slot 1.30 Judge Judy 2.00 Streetmate 2.30 Maury Povich	6.00am Hawaii Five-0 7.00 Plus on Plus 7.30 Jokers Wild 8.00 Shang-a-Lang 8.30 George and Mildred 9.00 Classic Coronation Street Text 9.30 Second Thoughts 10.00 Mission: Impossible 11.00 That's My Boy 11.30 Batman 12noon Classic Coronation Street Text 12.30pm Second Thoughts 1.00 George and Mildred 1.30 Robin's Nest 2.00 Hawaii Five-0	4.30am Pooh 4.45 Music Time 4.50 Rolie Polie Olie 5.00 Bear 5.25 Art Play 5.30 PB and J Otter 5.45 Bite Size 6.00 Toons 6.05 Circle Time 6.10 Rolie Polie Olie 6.20 Spot 6.30 Out of the Box 7.00 Mickey Mouseworks 7.30 101 Dalmatians 8.00 Aladdin 8.30 Recess 9.00 Double Art Attack 9.35 Sabrina 10.00 FILM: Oliver and Company 1988 11.15 Recess 11.30 Miami 7 12noon Circus Kids 12.30pm Boy Meets World 1.00 FILM: The Brave Little Toaster Goes to Mars 1997 2.15 Mickey Mouseworks 2.45 101 Dalmatians	6.00 AM MORNING
3.00 Mummies Alive <i>True Believer</i> A man stumbles upon Mummies.	3.00 The Bill <i>Night of the Long Knives</i> Knives are out at Sun Hill. Text	3.20 Party of Five American drama series about five orphaned siblings, whose ages range from twentysomething to just one. With Neve Campbell.	3.00 Mission: Impossible <i>The Merchant</i> Action-adventure series about the activities of a secret spy organisation. With Peter Graves, Barbara Bain and Martin Landau.	3.15 100 Deeds for Eddie McDowd More canine fun. Text	3.00 PM
3.30 Pokémon <i>Battle of the Badge</i> Ash and friends travel to Viridian.	3.30 The Bill <i>Straying</i> A dog and owner go missing. Text	4.10 Mystic Challenge Gita notices the benefits of Cindy's new exercise regime. Text	4.00 The Sweeney <i>Big Brother</i> A man carrying wages in a briefcase that is chained to his wrist is attacked by a couple of criminals. With John Thaw.	3.45 The Famous Jett Jackson The adventures of the top television superstar.	4.00 PM
4.00 Pokémon <i>It's Mr Mime Time</i> Ash meets a runaway Mr Mime.	4.00 EastEnders Gita notices the benefits of Cindy's new exercise regime. Text	4.40 Forgive or Forget Host Mother Love deals with real problems in a variety of close but troubled relationships.	5.00 Hart to Hart <i>A Couple of Harts</i> Action with the adventure-seeking husband and wife detective team Jonathan and Jennifer Hart.	4.15 Honey, I Shrunk the Kids: The TV Show <i>Honey, They Call Me The Space Cowboy</i> Wayne visits the year 1864. Text	5.00 PM
4.30 Pokémon <i>Holiday Hi-Jynx</i> Ash and friends meet Jynx.	4.35 Neighbours Gaby is excited about the new man in her life.	5.30 Ready, Steady, Cook Fern Britton hosts the cookery show in which two top chefs compete against the clock.	6.00 Bullseye Darts quiz show hosted by the comic Jim Bowen.	5.00 Recess Youngsters use the school break to cope with growing up.	6.00 PM
5.00 Star Trek: Voyager <i>Innocence</i> Tuvok and Bennet's shuttle crash lands on a sacred haven for the Drayan, an alien race which has long shunned outside contact.	5.00 May to December <i>That'll Be the Day</i> Alec and Zoe celebrate a year to the day together.	6.10 The Jerry Springer Show Outrageous American talk show in which Jerry Springer and his guests engage in lively and sometimes heated discussion.	6.30 Classic Coronation Street Rita makes a confession. Text	5.30 Smart Guy <i>A Beating is Fundamental</i> TJ meets a fellow genius. Text	7.00 PM
6.00 Friends <i>The One in Vegas - Parts I and II</i> The final episode of the current series in which the gang heads to Las Vegas to support Joey in his big movie break. Text	5.40 Bread There is a new look for Billy, a new love for Jack and a new problem for Freddie. Text	7.00 Judge Judy Family court judge Sheindlin presides over a series of cases.	7.00 Batman <i>Penguin Goes Straight</i> The Penguin competes with Batman.	6.00 Teen Angel <i>Look Ma, No Face</i> Marty tries to make a date. Text	8.00 PM
7.00 The Simpsons <i>Simpsons Roasting on an Open Fire</i> Text	6.20 Waiting for God A local vicar has a nervous breakdown and Tom and Diana set him off on a path to sanity.	7.30 Streetmate Davina McCall scours the country for more single people.	7.30 Robin's Nest <i>Never Look a Gift Horse...</i>	6.30 Home Improvement <i>Brother, Can You Spare a Hot Rod?</i> Text	9.00 PM
7.30 The Simpsons <i>Life in the Fast Lane</i> Marge is driven to distraction. Text	7.00 The Good Life <i>The Last Posh Frock</i> Barbara tries to remain a lady, despite her ruined clothes.	8.00 LA Doctors Drama series about a group of LA physicians who turn their backs on the corporate medical system to set up their own practice. With Ken Olin.	8.00 Boon <i>Cover Up</i> Comedy-drama series starring Michael Elphick as Ken Boon, a fireman who refuses to accept he's on the scrap heap.	7.00 FILM: Oliver and Company <i>Voices of Joey Lawrence, Billy Joel, Bette Midler, Cheech Marin</i> Mischievous mutts and a clever cat feature in this largely animal animated version of the Dickens' classic. 1988	10.00 PM
8.00 Popular <i>Wild Wild Mess</i> When the school sponsors the 'guest principal' programme, the cliques all lobby hard to get their chosen leaders picked.	7.40 Birds of a Feather <i>Old Friends</i> Tracey invites an old schoolfriend to stay in the guest room.	9.00 FILM: The Heart of the Lie <i>Lindsay Frost, Timothy Busfield</i> The true story of Laurie 'Bambi' Bembeneck, a former female police officer, who is sentenced to life imprisonment for the murder of her husband's ex-wife but claims that she was framed by her colleagues. 1992	9.00 The Sweeney <i>Hit and Run</i> Police drama series. A case of mistaken identity provides tragic circumstances when a hit job goes wrong.	8.15 Honey, I Shrunk the Kids: The TV Show <i>Honey, it's No Fun Being an Illegal Alien</i> Text	9.00 PM
9.00 Friends An episode of the American smash-hit sitcom.	8.20 Open All Hours Sitcom about miserly shopkeeper Arkwright and his downtrodden nephew and assistant Granville.	10.50 Secret Suburbia A look at seemingly ordinary suburban residents who live extraordinary lives.	10.00-11.00pm Kojak	9.00 Flipper Live action marine adventure in Florida with television's most famous dolphin. Text	11.00 PM
9.30 Once and Again American drama series.	9.00 Only Fools and Horses <i>Watching the Girls Go By</i> Rodney needs to find a girlfriend.	11.20-12midnight Eden Adult series.	GRANADA MEN & MOTORS ACTION PACK	9.45 Dinosaurs Prehistoric sitcom. Text	12.00 NIGHT
10.30 ER <i>The Storm - Part II</i> Ross makes a decision about his job at County General, and paramedics, firefighters and the hospital emergency room staff feverishly work to save the lives of children involved in a school bus crash.	9.40 dinnerladies <i>Christmas</i> Bren has blown it with Tony and Anita has left her inflatable man.		11.00pm Motor Week Magazine series that takes a look at the motoring industry.	10.10 Home Improvement Comedy double bill. Text	
11.30 Feature 12midnight Star Trek: Voyager 1.00am ER <i>Ambush</i> Text	10.20 One Foot in the Grave <i>Hole in the Sky</i> Margaret comes into money.		11.30 Motorsport Mundial With everything from Formula 1 to truck racing.	11.00 Dr Quinn: Medicine Woman Text	
2.00 The Untouchables <i>The Fever</i> Text	11.00 Harry Enfield and Chums Mr Cholmondeley-Warner presents <i>The Lovers' Guide</i> .		12midnight Carfile <i>Renault Scenic</i> Motoring programme devoted to the award winning Renault Scenic and the Mini MPV.	11.50-12midnight Toons	
2.50 The Untouchables Text	11.40 The Bill <i>Night of the Long Knives</i> Text		12.30am Kits 'n' Cruising The motoring magazine series.		
3.40 The Untouchables Text	12.15am The Bill Text		1.00 Motormania! Motoring magazine.		
4.30 Manhunter	12.45 Live at Jingleheurs		1.30-2.00am Crash and Burn		
5.20 The Newlywed Game	1.20 Only Fools and Horses				
5.40-6.00am The Newlywed Game	2.00 One Foot in the Grave				
	2.35 Monty Python's Flying Circus				
	3.10 EastEnders Text				
	3.45 Dangerfield				
	4.40 Dynasty				
	5.30-6.00am Angels				

CABLE CHECK
Some of the channels listed may not be available in your area

CABLE CHOICE

FILM

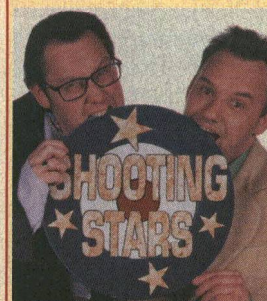
The Searchers
Sky Cinema 8.00pm
John Ford's Western saga charts John Wayne's quest to discover the fate of his niece, after she is carried off by renegade Indians. Wayne's 'outsider' character is synonymous with the film's theme of racial intolerance until the closing scenes bring about redemption.

GENERAL

Rolf's Amazing World of Animals
UK Horizons 4.20pm, 8.00pm
Fast becoming the nation's favourite pet rescuer, loveable Aussie Rolf Harris presents a series highlighting the unique bonds between animals and humans. Today, Rolf meets Robin Gibb, who is devoted to chinchillas, plus the tale of Boris the rare Siberian eagle owl.

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UK PLAY



THE COMEDY ZONE FROM 1.00AM

Get your laughing gear around this lot as UK Play presents The Comedy Zone featuring cult essentials such as People Like Us, Vic Reeves Examines and Shooting Stars.

	EUROSPORT NEWS & SPORT/ SELECTION PACKS	SKY SPORTS 1 PREMIUM CHANNEL	SKY SPORTS 2 PREMIUM CHANNEL	SKY SPORTS 3 PREMIUM CHANNEL	SCI-FI ACTION PACK	MTV MUSIC & GAMES PACK
MORNING	6.00 AM 7.30am Cycling 8.30 Sailing 9.00 Start Your Engines 10.00 Handball 11.00 Motorsports 12.00 Motocross 12.30pm Superbike 1.00 Cycling The Tour of Spain reaches the fifth stage from Albacete to Xorret de Cati, over 170km. 2.00 Cycling - LIVE Coverage of the Benidorm to Valencia stage in the Tour of Spain. The cyclists will be covering a distance of 175km.	7.00am World Wrestling Federation - Superstars 8.00 You're On Sky Sports! 9.00 Racing News 9.30 Aerobics Oz Style 10.00 Rugby League World 11.00 Total Sport 11.30 Futbol Mundial 12.00 Aerobics Oz Style 12.30pm Euro Tour Weekly 1.00 Euro Tour Golf: BMW International - LIVE Action from the opening day's play in this year's BMW International at Golfclub München Nord-Eichenried in Munich. Colin Montgomerie is the current champion and last year made this his fifth title success of the season. He is having a similarly successful season this time and few would bet against him retaining the title.	7.00am Aerobics Oz 7.30 Racing News 8.00 Futbol Mundial 8.30 Australian Rally 9.00 Telegraph Action Sport 9.30 Wild Spirits 10.00 Euro Tour Weekly 10.30 Australian Rally 11.00 Trans World Sport 12.00 British Superbike: Cadwell Park 1.30pm Australian Rally Championships 2.00 Tennis: US Open Day-three highlights from Flushing Meadows as the last leg of the Grand Slam tour gets into its stride. Americans Andre Agassi and Serena Williams are the current singles champions.	12.00am Watersports World A comprehensive look at the world of watersports. 1.00pm Telegraph Action Sport A brand new adventure into the world of action sports, featuring footage from extreme sports film-makers. 1.30 Speedway: Elite Speedway League Another chance to catch the best of the action from another adrenaline-fuelled episode in the Elite Speedway League story.	8.00am Buck Rogers in the 25th Century 9.00 The Time Tunnel 10.00 Project UFO 11.00 The Incredible Hulk 12.00am Babylon 5 1.00pm Highlander: The Raven 2.00 Buck Rogers in the 25th Century <i>Flight of the War Witch - Part II</i> 3.00 Max Headroom Lessons Max coaxes a speechless child into talking. With Matt Frewer, Amanda Pays and George Coe. 4.00 The Time Tunnel Massacre The time travellers land in the middle of the massacre of Custer's last stand. 5.00 Project UFO <i>The Whitman Tower Incident</i> Residents of an apartment block are startled by the appearance of a UFO.	6.00am Select MTV 8.00 MTV Hits 9.00 Bytesize MTV 11.00 MTV Hits 12.30pm Daily Edition All the latest gossip, interviews and music from the world of entertainment. Presented by Edith Bowman. 1.00 MTV Hits Two hours of uninterrupted top music videos. 3.00 Bytesize MTV Highlights and bizarre moments from different MTVs around the world. 3.55 MTV's Pop Single of the Week 4.00 Select MTV Viewers make MTV their personal jukebox, live from London everyday with two hours of chat, videos and guest appearances.
3.00 PM	4.30 Athletics Action from the IAAF Permit Meeting in Thessaloniki, Greece.	5.00 World Wrestling Federation - Superstars Kevin Kelly hosts the action from the World Wrestling Federation.	4.00 Tennis: US Open - LIVE The fourth day's play gets underway and the world's elite are out to stop Andre Agassi and Serena Williams from retaining their respective singles titles at the majestic Flushing Meadows complex in New York. Andrew Castle introduces the live action, while commentary comes courtesy of Bill Threlfall and Gerry Williams. A totally different atmosphere from the polite green lawns of Wimbledon, this is hard court tennis played out in front of a vociferous, frequently partisan crowd and competing against the roar of huge jet engines from the nearby airport.	4.00 Fastrax High-speed action from the world of action sports. 4.30 Gaelic Games Action from the annual summer festival that is the Gaelic Games - one of the last truly amateur sporting festivals in the world. 5.30 Football League Review Nationwide League action. 6.00 The Rugby Club Previews and reviews of the latest rugby union action, plus interviews with some of the biggest names in the game. 7.00 Tight Lines Bruno Brookes hosts the show for fishing fanatics and offers advice to viewers phoning in with their questions.	6.00 The Incredible Hulk <i>The First - Part II</i> Banner investigates the legend of another Hulk-like metamorphosis. 7.00 Highlander: The Raven <i>Thick as Thieves</i> Amanda begs Dexter to flee the country before Nick and Interpol catch him. 8.00 Babylon 5 <i>Interludes and Examinations</i> The Shadows punish Londo and Franklin's drug dependence affects his job.	6.00 Bytesize MTV A non-stop mix of some of the highlights and bizarre moments from different MTVs around the world in short soundbites. 7.00 MTV Hits Another hour of back-to-back hits and music videos.
4.00 PM	6.00 Athletics <i>Maurice Greene Special</i> An interview with the world champion 100m sprinter and a profile of his career. 6.30 Racing Line Action from Formula 3000, with highlights from Spa and a preview of the Portuguese Grand Prix. 7.30 Handball - LIVE Match action as France take on Germany in the Handball Eurotournament from Strasbourg.	6.00 Sky Sports Centre The latest sports news. 6.30 Football League Review Action from each division. 7.00 FIFA TV Interviews with big name players and football news. 7.30 International Football: England v Georgia - LIVE England's under-21 stars take on their Georgian counterparts in what could be an exciting match.	10.00 Ford Golf USA: Air Canada Open - LIVE Action from the opening day's play in the fifth Air Canada Open, which is being played out at the Northview Golf and Country Club in British Columbia. Mike Weir beat Fred Funk by two strokes to win the event in 1999. 12.00 Porsche Cup Motorsport action from some of Britain's finest circuits in the new Porsche Cup series. 12.30am-4.00am Tennis: US Open - LIVE Further live coverage from the third day's play in the US Open tennis championships.	8.00 Formula Palmer Audi Action from the world of Formula Palmer Audi. 8.30 Test Cricket: England v West Indies - Fifth Test Coverage of the final Test match between England and West Indies. David Gower introduces highlights from the first day's play. 10.00-12midnight Australian Rules Football Highlights from the Australian Rules Football semi-finals. Essendon, Carlton and the Kangaroos were all well-placed after 14 rounds and are expected to figure hugely as another season reaches a crescendo.	8.00 The Incredible Hulk <i>The First - Part II</i> Banner investigates the legend of another Hulk-like metamorphosis. 7.00 Highlander: The Raven <i>Thick as Thieves</i> Amanda begs Dexter to flee the country before Nick and Interpol catch him. 8.00 Babylon 5 <i>Interludes and Examinations</i> The Shadows punish Londo and Franklin's drug dependence affects his job. 9.00 Babylon 5 <i>War Without End - Part I</i> Sinclair returns to accompany Sheridan on a life-threatening mission involving Babylon 4.	8.00 MTV Dance Floor Chart Show June Sarpong hits the clubs and counts down the tracks that are filling the dancefloors of the UK. 9.00 Daily Edition Showbiz news and gossip. 9.30 Making the Video: Janet Jackson Behind the scenes of <i>It Doesn't Really Matter</i>. 10.00 The Tom Green Show Anarchic comedy show. 10.30 The Blame Game Mock courtroom drama.
5.00 PM	9.00 Boxing Action in the ring from an international contest.	10.00 World Wrestling Federation - Summerslam Highlights of this year's Summerslam tournament. This is the latest rough-and-tumble event in the outrageous World Wrestling Federation calendar. Who will prove to be king of the ring?	10.00 Ford Golf USA: Air Canada Open - LIVE Action from the opening day's play in the fifth Air Canada Open, which is being played out at the Northview Golf and Country Club in British Columbia. Mike Weir beat Fred Funk by two strokes to win the event in 1999. 12.00 Porsche Cup Motorsport action from some of Britain's finest circuits in the new Porsche Cup series. 12.30am-4.00am Tennis: US Open - LIVE Further live coverage from the third day's play in the US Open tennis championships.	8.00 Formula Palmer Audi Action from the world of Formula Palmer Audi. 8.30 Test Cricket: England v West Indies - Fifth Test Coverage of the final Test match between England and West Indies. David Gower introduces highlights from the first day's play. 10.00-12midnight Australian Rules Football Highlights from the Australian Rules Football semi-finals. Essendon, Carlton and the Kangaroos were all well-placed after 14 rounds and are expected to figure hugely as another season reaches a crescendo.	8.00 The Incredible Hulk <i>The First - Part II</i> Banner investigates the legend of another Hulk-like metamorphosis. 7.00 Highlander: The Raven <i>Thick as Thieves</i> Amanda begs Dexter to flee the country before Nick and Interpol catch him. 8.00 Babylon 5 <i>Interludes and Examinations</i> The Shadows punish Londo and Franklin's drug dependence affects his job. 9.00 Babylon 5 <i>War Without End - Part I</i> Sinclair returns to accompany Sheridan on a life-threatening mission involving Babylon 4.	8.00 MTV Dance Floor Chart Show June Sarpong hits the clubs and counts down the tracks that are filling the dancefloors of the UK. 9.00 Daily Edition Showbiz news and gossip. 9.30 Making the Video: Janet Jackson Behind the scenes of <i>It Doesn't Really Matter</i>. 10.00 The Tom Green Show Anarchic comedy show. 10.30 The Blame Game Mock courtroom drama.
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12.00	12midnight-12.30am Superbike Features and news for fans of <i>Superbike</i> magazine.	1.00am Euro Tour Golf: BMW International A chance to catch up with the opening day's golfing action from Munich. 2.30 What a Weekend 3.00 The Rugby Club 4.00-4.30am Football League Review	1.00am Euro Tour Golf: BMW International A chance to catch up with the opening day's golfing action from Munich. 2.30 What a Weekend 3.00 The Rugby Club 4.00-4.30am Football League Review	1.00am Euro Tour Golf: BMW International A chance to catch up with the opening day's golfing action from Munich. 2.30 What a Weekend 3.00 The Rugby Club 4.00-4.30am Football League Review	1.00am Euro Tour Golf: BMW International A chance to catch up with the opening day's golfing action from Munich. 2.30 What a Weekend 3.00 The Rugby Club 4.00-4.30am Football League Review	1.00am Euro Tour Golf: BMW International A chance to catch up with the opening day's golfing action from Munich. 2.30 What a Weekend 3.00 The Rugby Club 4.00-4.30am Football League Review

LIVE EURO TOUR GOLF: BMW INTERNATIONAL SKY SPORTS 1 1.00PM

There was once a time when every German golf event seemed to be won by Bernhard Langer - but not any more. The PGA European Tour boasts many champions nowadays, but the tournaments in Germany are definitely among the most prestigious. Colin Montgomerie (pictured) defends another title starting today at the 1.5m euros BMW International at Golfclub München Nord-Eichenried. A home challenge may come from the likes of Alex Cejka or perhaps Thomas Gögele.



PLAYBOY TV/ ADULT CHANNEL ADD-ON CHANNEL

10.00pm Freeview 10.06 Amy Lynn Baxter 11.15 Rendezvous 12midnight Freeview 12.10am Class Action 12.35 Fräulein Debutantes 12.55 FILM: Girls' Affair 2.05 Our First Time 2.25 Biker Annie 2.50-4.00am The Spicier Side of Felicia

Adult Nightview is now available as a TV on-demand service between 10.00pm and 4.00am at £4.95. See channel 50 for details

TELEVISION X ADD-ON CHANNEL

12midnight The Ten Minute Preview 12.10am Voyeur 12.20 Digg'n' the Dirt 12.40 FILM: Naked Scandal 1.00 The Five Minute Freeview 1.05 FILM continues 1.55 Crazy Girls 2.20 FILM: Shadow Dancers 3.30-4.00am Sadie

Adult Nightview is now available as a TV on-demand service between 12midnight and 4.00am at £4.95. See channel 50 for details

6.00 AM
MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT
TIME

VH1 MUSIC & GAMES PACK

6.00am Power Breakfast
10.00 Top 40 of the 80s
A countdown of the best music from the Eighties. featuring artists such as Duran Duran, Culture Club and Spandau Ballet.
2.00pm
Top 40 Female Artists
Mariah, Whitney, Celine and Britney battle it out to be the supreme number one of the greatest 40 female artists of all time.

6.00 Top 40 Videos of All Time
A look at the best music videos ever, as voted for by VH1 viewers, including all the greats from *Bohemian Rhapsody* to *Sledgehammer* and *Losing My Religion* to *Millennium*.

10.00 Behind the Music: 1984
A look at the year during which the importance of the music video became apparent.
11.00 The Blues Concert: Geno Washington Concert
Featuring the soul and blues star performing live in concert in the UK.
12.30am Pop-Up Video
More pop trivia from the *Pop-Up Video* collection.
1.00 Storytellers: The Bee Gees
Performance and chat with the enduring sibling stars.
2.00 VH1 Flipside
3.00-6.00am VH1 Late Shift

ANIMAL PLANET WORLD PACK

12noon Croc Files
12.30pm Going Wild with Jeff Corwin
Australia - Red Centre
1.00 Jack Hanna's Zoo Life
Denver Zoo, Colorado
1.30 Jack Hanna's Zoo Life
Nepal
2.00 Pet Rescue
More RSPCA rescues.
2.30 Kratt's Creatures
Spots and Stripes

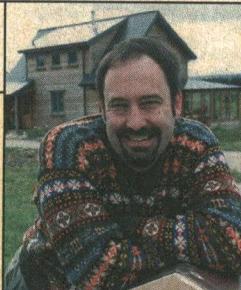
3.00 Zig and Zag
Gameshow and sports competition for dogs which tests intelligence, athletic ability and poise.
3.30 Zig and Zag

4.00 Animal Planet Unleashed
Sheep get an MOT, and Howie partakes in an evening bat watch.
4.30 Croc Files
5.00 Pet Rescue
Follow the fortunes of abandoned animals.
5.30 Going Wild with Jeff Corwin
Australia - Queensland

6.00 The Aquanauts
Featuring a look at diving in the Red Sea.
6.30 Croc Files
Steve and Terri traverse Australia's Dingo Fence.
7.00 Animals of the Mountains of the Moon
The Last of the Gorillas
How to ensure the survival of gorillas in Rwanda.
8.00 Wildlife SOS
A difficult decision is made about CT the badger cub.
8.30 Wildlife SOS
The team find a new home for a young weasel.
9.00 Crocodile Hunter
Australia's Wild Frontier
Steve and Terri Irwin travel through one of the last wild frontiers of Australia.

10.00 Profiles of Nature
Bear Attack - Polar Bears
A look at the steps taken to limit contact between humans and polar bears.
11.00-12midnight Emergency Vets
Stories from a Denver Veterinary Hospital, which works round the clock to save animals.

CABLE CHECK
Some of the channels listed may not be available in your area



Tom Morton presents 'Village Green'.
Discovery Home & Leisure 11.10am

ITV2 ACCESS PACK

4.00pm Trisha
A double bill of more heartwarming and hair-raising true stories with Trisha Goddard and a studio audience. **Text**

6.00 The Extremists
Series about hair-raising sports and activities.
6.30 Extra Time with Ron Atkinson
Football discussion show.

7.00 High Five
Extreme sports action.
7.30 ISKA Karate
Martial arts action from the International Sport Kickboxing Association.

8.00 Sunset Beach
Bette confides in Annie and Ricardo attempts to save Paula's life.
8.50 Chart Choice
Two top music videos.
9.00 Cold Feet
Adam is driving Rachel mad with antics such as taking an overly keen interest in their glamorous young neighbour.

10.00 Emmerdale
A chance to catch tonight's episode from ITV. **Text**
10.30 Nuts and Bolts
It's time to say goodbye for the gang.
11.00 The Jerry Springer Show
More revelations and confrontations from the outrageous US talk show.
11.50 The Late Show with David Letterman
Top-rated chat show with David Letterman and celebrity guests.
12.40am Freaky Stories
12.50 The Extremists
1.20 Extra Time with Ron Atkinson
1.50-3.20am Emmerdale

UK STYLE LIFESTYLE PACK

7.00am Holiday in Style
Ready, Steady, Cook 8.30 Can't Cook, Won't Cook 9.00 Repair to Remember 9.30 Real Rooms 10.00 Change That 10.30 A Room with a View 11.00 Our House 11.30 Changing Rooms 12noon Good Living 12.30pm Style Challenge 1.00 Delia Smith's Summer Collection 1.30 Ready, Steady, Cook 2.00 Gardening Neighbours 2.30 Gardeners' World

3.00 Garden Magic
Gardening series.

3.30 Dan Pearson - Routes around the World
New England

4.00 Stefan's Garden Roadshow
Help and advice on gardening dilemmas.

4.30 Good Living
Lifestyle series.

5.00 Can't Cook, Won't Cook
Cookery challenge.

5.30 Repair to Remember
With Mag Ruffman.

6.00 Antiques Roadshow
Canterbury

Members of the public bring their antiques for expert examination.

7.00 Real Rooms
Makeover show presented by Simon Biagi.

7.30 Change That
Buxton
Interior design roadshow.

8.00 Style Challenge
Fashion experts give people dream makeovers.

8.30 Which Craft?
Featuring a look at the art of enamelling.

9.00 Looking Good
How clothes, exercise and food affect people's moods.

9.30 How Does Your Wallpaper Hang?
More DIY advice with Mark Jeffries and his team of interior design experts.

10.30 Real Rooms
Lichfield Living Room
A late Victorian living room is revamped.

11.00 Front Gardens
The Low-Maintenance Garden

11.30 Garden Magic
Instant solutions to gardening dilemmas.

12midnight
Gardeners' World
Gardening show presented by Alan Titchmarsh.

12.30am-1.00am Stefan's Garden Roadshow
Stefan Buczacki offers help and advice on gardening dilemmas.

UK HORIZONS WORLD/ ACCESS PACKS

7.00am Tomorrow's World Plus
7.50 Squirrels Under Siege
8.20 Battersea Dogs' Home
8.50 Animal Hospital
9.20 Tomorrow's World Plus
10.15 Wild Dogs - A Tale of Two Sisters
11.15 Designer Babies
12.15pm
The Secret Life of Twins
1.15 Passport to the Sun
1.45 Doctors at Large
2.15 Doctors at Large
2.45

Private Lives of Little People
Follow the ambitions of a twelve-year-old girl who was born with a form of dwarfism.

3.45 Animal Hospital
Rolf Harris catches up with the action at the busy 24-hour RSPCA hospital.

4.20 Rolf's Amazing World of Animals
Family entertainment show.

4.50 Battersea Dogs' Home

Visit Battersea's other kennels near Windsor.

5.25 Pleasure Beach
Follow the staff of Blackpool Pleasure Beach.

5.55 Lakesiders
Fly-on-the-wall series set at Lakeside in Essex.

6.25 Passport to the Sun
A look at life in Majorca during the holiday season.

7.00 Tourist Trouble
A look at the front line of Britain's tourist industry.

7.30 Disaster
Cancer in the System
Drama-documentary.

8.00 Rolf's Amazing World of Animals
Rolf meets a man who keeps chinchillas as pets.

8.30 Accident and Emergency

9.00 Pleasure Beach
Follow the highs and headaches of the staff of Blackpool Pleasure Beach.

9.35 Prince William
A profile of the eldest son of the heir to the throne, exploring what the future may hold for him.

10.35 Queen Camilla
A look at the history of Charles and Camilla's relationship.

11.35 Matt Busby
A profile.

12.30am-1.00am Money, Money, Money
Unlimited Liability

UK PLAY:
1.00am Shooting Stars
1.30 People Like Us
2.05 Vic Reeves Examines
2.35 We Are History
2.50 DJ Anthems
3.20 Glastonbury 2000
4.15 The Sound of Play
5.35 The Sound of Play
6.30-7.00am The Phone Zone

CARLTON FOOD NETWORK LIFESTYLE PACK

7.00am Tessa's Tastebuds
7.30 Kitchen College
8.00 Network Daily
8.45 Quick Cooks
9.00 Red Hot 'n' Smokin'
9.30 Classic Dishes
10.00 Power Food
10.30 A Year at Ballymaloe
11.00 Flash in the Pan
11.30 Loyd's Louisiana
12noon Four Burners
and a Grill
12.30pm Waitrose in Season
1.00 Kitchen College
1.30 Food from the Village
2.00 Food Network Daily
2.45 Quick Cooks

3.00 Red Hot 'n' Smokin'
With the Nosh brothers.

3.30 Tessa's Tastebuds
Avocado

4.00 A Year at Ballymaloe
With Darina Allen.

4.30 Classic Dishes
With James Martin.

5.00 Three Chefs in the Cape

5.30 Four Burners and a Grill

6.00 Coxon's Kitchen College

6.30-7.00pm Cocktail Challenge

NATIONAL GEOGRAPHIC CHANNEL FAMILY PACK

7.00pm The Human Race
Adventure documentary set in an ancient landscape in north-western Australia.

8.00 Back From the Dead
Meet the sect called the Druze who claim when we die, our souls are born again into a new body.

9.00 The Small Pox Curse
A look at attempts to prevent the next big killer from claiming the lives of more victims.

10.00 Cool Science
Featuring a look at NASA scientists as they fly over Iceland to survey the destruction caused by a glacial flood.

11.00 Flight Over Africa
Join Tom Clayton as he hopes to be the first pilot to navigate all the continents in a single-engine plane.

12midnight-1.00am Tundra Hunters
Chart the progress of a Ngonnasan family and their return to their traditional nomadic existence in northern Siberia after an enforced sojourn in Soviet society during Stalin's reign.

CHALLENGE TV MUSIC & GAMES PACK

5.00pm Cross Wits
5.30 Sale of the Century
6.00 Family Fortunes
6.30 100%
7.00 Stars in Their Eyes
7.30 Beadle's About
8.00 Gladiators
Muscle-bashing challenges.
9.00 Whittle
Audience participation quiz.
9.30 Strike it Lucky
10.00 Sale of the Century
Hosted by Keith Chegwin.
10.30 Family Fortunes

11.00 Stars in Their Eyes
11.30 Winner Takes All
12midnight Beadle's About
12.30am Gladiators
1.30 The Cooler
With Donna Air.
2.00 Karaoke Challenge
2.30 3-2-1
With Ted Rogers.
3.30 The Krypton Factor
4.00 Say the Word
4.30 Whittle
5.00-6.00am
Shopping with Screenshop

DISCOVERY HOME & LEISURE WORLD PACK

6.00am The Joy of Painting
6.30 Grow for It
7.00 Garden Rescue
7.30 Doing it Up
8.00 How to with B & Q
8.05 The House Doctor
8.35 Our House Down
Under 9.05 The Joy of Painting 9.35 Grow for It 10.05 How to with B & Q 10.10 Garden Rescue 10.40 Two's Country - Ship to Shore 11.10 Village Green 11.40 Home Savvy

12.10pm How to with B & Q
12.15 Hometime
12.45 This Old House
1.15
Home Again with Bob Vila
1.45 Wood Wizard
2.15 How to with B & Q
2.20 The New Yankee Workshop
2.50 Mod Cons
3.20
Rex Hunt's Fishing World
3.50-4.00pm
How to with B & Q

RAPTURE BONUS CHANNEL

10.00am World Wind Surf
10.30 Boardstupid
11.00 Mountain Bikes
11.30 Byte Me
12noon Chill Factor
12.30pm World Wind Surf
1.00 High Adrenalin Action
1.30 Boardstupid
2.00 Mountain Bikes
2.30 Chill Factor
3.00 Skateboard Special
3.30 Adrenalize
4.00 World Wind Surf
4.30 Boardstupid
5.00 Mountain Bikes
5.30-6.00pm Byte Me

LOCAL CHANNEL ACCESS PACK

6.00pm LITV - Local Life
A daily magazine programme featuring local news, events and lifestyle features.
6.30 What's On TV
7.00 LITV - Local Life
7.30 YCTV
Programmes made by the stars of tomorrow featuring the stars of today.
8.00 Student Showcase
8.30 What's On TV
9.00-9.30pm
LITV - Local Life

MORNING

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME

CABLE CHECK
Some of the channels listed may not be available in your area

DISCOVERY WORLD PACK

4.00pm Rex Hunt Fishing Adventures
Rex and a local angler fish for giant kingfish.

4.30 Discovery Today
Science magazine series.

5.00 Century of Discoveries
Origins of the Universe - Part II
A look at religion, biology and the origin of life itself.

6.00 Tiger Hunt: The Elusive Sumatran
Follow the Tiger Project Team as they capture the rare Sumatran tiger in its natural habitat on film.

7.00 Red Chapters
The Murder of Sergei Kirov
A look at the assassination of the Leningrad Party Secretary in 1934.

7.30 Discovery Today

8.00 Medical Detectives
Haunting Vision

8.30 Medical Detectives
With Every Breath

9.00 The FBI Files
Deadly Paradise
How a chance discovery of bones on a deserted island led to the murder trial of a couple 11 years later.

10.00 Forensic Detectives
Body Count
How serial killers can be traced thanks to the accumulation of clues.

11.00 Weapons of War
Airborne Warfare
Recreate classic battles of World War II with computer graphics and rare footage.

12midnight Time Team
Turkdean
Capture the key moments when evidence was found of a Romano-British villa complex in Gloucestershire.

1.00am The Inventors
Babic

1.30-2.00am
Discovery Today

CARTOON NETWORK FAMILY PACK

5.00am
Flying Rhino Junior High
6.00 Fat Dog Mendoza
7.00 Tom and Jerry
8.00 Dexter's Laboratory
9.00 Angela Anaconda
10.00 The Powerpuff Girls
11.00 Dragonball Z
12noon Cow and Chicken
12.30pm Looney Tunes
1.00 Cow and Chicken
1.30 Ned's Newt
2.00 Cow and Chicken
2.30 Courage the Cowardly Dog

3.00 Cow and Chicken
More antics with the bizarre brother and sister.

3.30 Johnny Bravo
More from Mr Suave.

4.00 Cow and Chicken
More antics with the bizarre brother and sister.

4.30 Angela Anaconda

5.00 Cow and Chicken

5.30 Ed, Edd 'n' Eddy
More money-making schemes by the friends who just love jawbreakers.

6.00 Tom and Jerry
Comic antics with the sparring cat and mouse.

6.30 The Flintstones
Prehistoric men behaving badly in Bedrock.

7.00 Scooby-Doo
More creepy cases with the hungry hound.

7.30 Looney Tunes

8.00 Angela Anaconda

8.30-9.00pm Courage the Cowardly Dog

TCM FAMILY PACK

9.00pm Fame
Irene Cara, Lee Curreri, Paul McCrane, Barry Miller
Musical drama about the struggles and triumphs of life at New York's School for the Performing Arts. A chosen few battle to get to the top of their desired professions and realise their dream to be famous.

Widescreen 1980

11.30-1.00am

Viva Las Vegas
Elvis Presley, Cesare Danova, Ann-Margret
Musical romance. 1964

CARTOON NETWORK:
1.00am The Moomins 1.30 The Magic Roundabout
2.00 Tabaluga 2.30 Blinky Bill 3.00 The Tidings
3.30 The Fruitties
4.00 The Moomins
4.30-5.00am
The Magic Roundabout

NICKELODEON FAMILY PACK

7.00am Transylvania Pet Shop
7.30 Transylvania Pet Shop 8.00 Ren and Stimpy 8.30 Ren and Stimpy 9.00 Kenan and Kel 9.30 Kenan and Kel 10.00 Sister Sister 10.30 Sister Sister 11.00 Cousin Skeeter 11.30 Cousin Skeeter 12noon Rugrats
12.30pm Rugrats
1.00 Hey Arnold!
1.30 Hey Arnold!
2.00 Hey Arnold!
2.30 Hey Arnold!

3.00 Hey Arnold!
More adventures with the kid with the coolest quiff.

3.30 Hey Arnold!
More adventures with the kid with the coolest quiff.

4.00 Kenan and Kel
The adventures of two funky friends.

4.30 Kenan and Kel
With Kenan Thompson and Kel Mitchell

5.00 Sabrina the Teenage Witch

5.30 Sabrina the Teenage Witch

6.00 Are You Afraid of the Dark?

6.30-7.00pm Are You Afraid of the Dark?

PARAMOUNT COMEDY CHANNEL FAMILY PACK

7.00pm Grace Under Fire

7.30 King of Queens I Candy

8.00 Ellen
Hello Muddah, Hello Fuddah

8.30 Just Shoot Me
The Odd Couple - Part I
Finch has a date.

9.00 Married... With Children
The Camping Show
The Bundys go camping.

9.30 Spin City
Kiss Me Stupid

10.00 Frasier
Dr Nora
A new radio psychiatrist annoys Frasier.

10.30 Harry Hill
Surreal comedy show.

11.00 Jack Dee
More deadpan comedy.

11.30 Cheers
Don't Shoot, I'm Only the Psychiatrist

12midnight Roseanne
12.30am Clive Anderson
Talks Back 1.10 NewsRadio
1.40 Whose Line is it Anyway? 2.10 Dressing for Breakfast 2.40 Desmond's
3.10 It's Garry Shandling's Show
3.40 Rex the Runt
3.50-4.00am Rex the Runt

TV TRAVEL SHOP BONUS CHANNEL

A total travel service in your own home. Video brochures give a guided tour of resorts around the world, with regular bulletins and programmes featuring late holidays and special offers. Viewers can then book holidays 24-hours-a-day, seven-days-a-week, by calling 0870 60 60 747. For more information and full listings turn to TV Travel Shop Text, from page 200.

FOX KIDS FAMILY PACK

6.00am Oggy 6.10 Bad Dog
6.30 Bobby's World 6.55 Jim Button 7.15 Walter Melon 7.40 Inspector Gadget 8.00 Oggy 8.10 Biker Mice 8.30 Dennis and Gnasher 8.55 Sailor Moon 9.15 Sailor Moon 9.40 Digimon 10.00 Power Rangers 10.30 Monster Rancher 10.45 Masked Rider
11.05 X-Men 11.30 Spy Dogs
11.50 Ace Ventura 12.15pm Walter Melon 12.35 Gadget 1.00 Woody
1.10 Casper 1.30 Donkey Kong
1.55 Dennis and Gnasher 2.20 Life with Louie 2.40 Princess Sissi

3.00 Princess Starla and the Jewel Riders
Cult Japanese cartoon.

3.45 Mighty Morphin' Power Rangers

4.05 Mighty Morphin' Power Rangers

4.30 Digimon
The adventures of kids stranded in a digital world.

4.50 Masked Rider
The adventures of Dex, a handsome teenage alien.

5.15 Monster Rancher

5.35 Biker Mice from Mars

6.00 The New Addams Family

6.25 Casper

6.35-7.00pm Goosebumps

SHOP! LIFESTYLE/ SELECTION PACKS

6.00am Shop! Selection
7.00 Clothes Shop!
8.00 Home Shop!
9.00 Jewellery Shop!
A wide selection of 9-carat gold jewellery.

10.00 Kitchen Shop!

11.00 Jewellery Shop!

12noon Shop! Outlet

1.00pm Shop! Special

2.00 Shop! Selection

3.00 Technology Shop!
An hour of home communications equipment.

4.00 Clothes Shop!

5.00 Shop! Preview

6.00 Shop! Selection

7.00-7.30pm Entertainment Shop!

GMTV 2 ACCESS PACK

GMTV2 offers pre-school and lifestyle shows between 6.00am and 9.25am.

Weekdays: The News Hour
at 6.00am followed by children's shows.

Saturdays: Children's programming and a round-up of the week's news in *The Review*.

Sundays: Highlights include a *Pokémon* triple bill and *The Review*.

QVC LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day - so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-5040-30 at any time. Today's highlight is In the Salon with Pureline at 4.00pm.

NEWS AND INTERNATIONAL

BBC NEWS 24 NEWS & SPORT/ ACCESS PACKS

6.00am News 7.00 News
8.00 News 9.00 News 9.30 World News 10.00 News
11.00 News 12noon News
1.00pm News 2.00 News
3.00 News 4.00 News 5.00 News 6.00 News 7.00 News 7.30 Sportsday 8.00 News 9.00 News 9.30 HARDtalk 10.00 News
11.00 News 11.30 World Business Report
12midnight News 1.00am News 2.00 News 2.30 World Business Report
3.00 News 3.30 HARDtalk
4.00 News 4.45 Asia Today
5.00-6.00am News

CNN INTERNATIONAL NEWS & SPORT PACK

News throughout the day, plus: 5.00am Morning 5.30 Business 6.00 This Morning
6.30 Business 7.00 This Morning 7.30 Business 8.00 This Morning 8.30 Sport
9.00 Larry King 10.30 Sport
11.30 Asia 12.30pm The artclub 1.15 Asian 1.30 Report 2.30 Showbiz 3.00 Movers 3.30 Sport 4.30 Hotspots 5.00 Larry King
7.30 Business 8.30 Q&A
9.30 Insight 10.00 Business
10.30 Sport 11.00 View
11.30 Moneyline 12.30am Showbiz 1.00 Morning 1.15 Asia Business 2.00 Larry King 4.30-5.00am American Edition

SKY NEWS NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise
10.30 Sky World News
11.30 Money 12noon Sky News Today 2.30pm Your Call 3.00 Sky News Today 4.30 Sky World News 5.00 Live at Five
8.30 Sky Business Report
9.30 Fashion TV 10.00 Sky News at Ten 10.30 Sportsline 12.30am CBS Evening News
1.30 Your Call
2.30 Sky Business Report
3.30 Fashion TV
4.30 The Book Show
5.30-6.00am CBS Evening News

INTERNATIONAL

TV5 5.00am Journal 5.15 Journal des Journaux 5.30 Télématin et le Journal du Temps 7.00 Journal 7.30 Magellan 8.00 Infos 8.05 Zig Zag Café 9.00 Journal 9.15 Boulevard des Hironnelles 11.00 Infos 11.05 100% Questions
11.30 Journal 12noon Infos 12.05pm Dunia 1.00 Journal 1.15 Boulevard des Hironnelles 3.00 Journal 3.15 Questions 3.30 Télématin 4.00 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal 5.15 Boulevard des Hironnelles 7.00 Journal 7.30 Journal et le Journal du Temps 8.00 Infos 8.05 Les Aventuriers de la Science 9.00 Journal 9.15 Des Trains Pas Comme les Autres 10.00 Fiction: Soldats des Mers 11.00 Journal 11.30-12midnight Soir 3

ASIANET ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am Akhir Kyon 8.00 DD News 8.30 DD Programme
9.00 FILM 11.30 News
12noon Fuldani Forum
12.30pm Thekikaat 1.00 Katha Sagar 1.30 FILM 4.00 Take 2 4.30 Music Fusion
5.00 Kaala Daira 6.00 Mumkin 6.30 Doosra Kewal 7.00 Katha Sagar
7.30 News 8.00 Wilaytee Babu 8.30 FILM 11.30 News 12midnight Wilaytee Babu 12.30am MTV 123
1.15 FILM
4.00 Thekikaat
4.30 Mumkin
5.00 Dooriyan
6.00 Holy Quran
6.30 DD Programme
7.00-7.30am Bhule Bisre Geet

ZEE TV ADD-ON CHANNEL

6.00am Kal Bhi Aaj Bhi 6.30 Bhakti Songs 7.00 Faith: Sai Baba 7.30 Daily News
8.00 Karobari Duniya 8.30 Kartavya 9.00 Daayre 9.30 Bodymatters 10.00 Tum Hi To Ho 11.00 Dear Women
11.30 Aangan 12noon FILM
3.00pm Hum Paanch 3.30 Sampat Aur Sampat 4.00 Kartavya 4.30 Pride
Antakshari 5.00 Chingari 5.30 Aangan 6.00 Banegi Apni Baat 7.00 Hotel Hindustani 7.30 Aashiqui
8.00 News Bulletin 8.30 Pride Ka Aashirwad 9.00 Raahein 9.30 Kasak
10.00 Thriller at 10
10.30 Pakistan News Link
11.00 Saath Saath
11.30 Woh
12midnight Punjabi News
12.30am FILM
3.30 Hum Paanch
4.00 Daaar
4.30 Campus
5.00 V3
5.30-6.00am Hey Ha Ho

CHRISTIAN CHANNEL EUROPE WORLD PACK

5.00am CMTV 5.30 Gospel Truth - Andrew Wommack
6.00 Winning Edge 6.30 Changing Your World 7.00 Believers' Voice of Victory
7.30 This is Your Day
8.00 CMTV
8.20 Thought for the Day
8.30 Life in the Word
9.00 Potter's House
9.30 Winning Ways - Matthew Ashimolowo
10.00 CMTV
10.30-11.00am
700 Club Replay

BLOOMBERG WORLD PACK

2.00am Asian Market Report 2.30 Market from New York 3.00 Tokyo Live
4.30 Wall St Report 5.05-6.00am US Market Report

BBC PARLIAMENT NEWS & SPORT PACK

Parliament is in recess.

THE HISTORY CHANNEL WORLD PACK

12noon
Ish: The Last of His Kind
12.55pm
Photos for the Future II
1.00 Crown and Country
1.30 Time Travels
Celts
2.00 Biography
The Red Baron
2.55
A Small Piece of History
3.00 World War I
Wilson and Peace
3.30 Spies

4.00 Airborne
Under Eastern Skies
5.00 Classic Cars
Mustang
6.00 Reincarnation
6.55 Photos for the Future II
7.00 Crown and Country
Harwich and Colchester
7.30 Time Travels
8.00 When Diana Died
8.55
A Small Piece of History
9.00-10.00pm Line of Fire
The Kaiser's Battle 1918

Get the revolutionary new Flex - and the tummy you've always wanted.

Flex is absolutely unique. It's like no other muscle toning system you've ever seen before and it's clinically proven to work. This entirely new technology exercises all the stomach muscles - it's the new, smart way to a firmer, flatter stomach and a sexier body.

Clinically proven results

Flex uses clinically proven technology. In trials, 9 out of 10 users reported an improvement in firmness, and 8 out of 10 reported an improvement in flatness and there was a 20% improvement in muscle strength. Depending on your size and fitness level, you could start to feel a difference after only 10 days and see significant results in 4 to 8 weeks. Used with regular exercise and healthy eating, you can look forward to a firmer stomach, increased muscle strength and a better looking body.

Flex, available only from Slendertone, is designed to be so easy to use it will become part of your life. You'll use it because it works - and it works because you'll use it.

Easy to use

There are no fiddly wires, just a lightweight breathable belt. Simply wrap the belt around your waist, press the start button and Flex starts stimulating the nerves which cause all the stomach muscles to contract - even those that are not directly under the belt.

Sleek, compact and portable

Flex is small, sleek and portable - so you can use it just about whenever - and wherever - you want. While you're relaxing, at home, while using other equipment at the gym or even at work.

Smart training system

An "intelligent control" feature and in-built memory moves you through four exercise programmes and prompts you to increase your exercise levels for optimum results. The Flex system motivates, sets targets and includes a personal planner to record and co-ordinate your diet and exercise programme. And you can rely on our support - simply phone us or visit our website for advice and help when you need it. Flex could change the way you look - and the way you feel.

Easy payments and money-back guarantee

You can get the new Flex in three easy monthly instalments of just £52. And if, after using Flex for 8 weeks after purchase, you're not satisfied that it can help you get a firmer stomach call the Slendertone Careline and we'll give you your money back. To order or for more information, call the Careline now with your credit card details, quoting ref FFFAC/CG2/00 or complete and return the coupon below.

Flex works

- **C.S.I. technology™** - Flex uses unique C.S.I. technology (patent pending) developed by Slendertone, a world leader in muscle toning.
- **Nerve stimulation** - This breakthrough technology produces muscle contractions by stimulating the nerves which control the muscle fibres - pads are fixed to the belt and there are no wires.
- **Targets all the muscles** - Flex targets the nerves where they are closest together - between the ribcage and the hips - for a highly effective, totally safe* stimulation of all the abdominal muscles at the same time.
- **Harder working** - Flex works your muscles harder for you by producing strong and deep yet comfortable muscle contractions.

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www.slendertone.co.uk

Get regular Flex and the tummy you've always wanted.

Slendertone UK, 12 Fenton Way, Southfields, Basildon SS15 6TY www.slendertone.co.uk

*If you suffer any illness or on-going medical condition, please consult your doctor before ordering.

To order, simply complete this coupon and post in an envelope with your payment to:

Slendertone UK, 12 Fenton Way, Southfields, Basildon SS15 6TY

Please allow up to 7 working days for delivery.

YES, I would like to order a Slendertone Flex for women for just £150 plus £5.95 p&p (total £155.95).

Name (Mr/Mrs/Miss/Ms)

Address

Postcode

Tel. No.

E-mail

☐ I am ordering for myself

☐ I am ordering as a gift

Please tick method of payment:

A single payment of £155.95.

☐ By cheque payable to Slendertone UK (please write your cheque guarantee card number on the back)

☐ By credit/debit card. Please debit my Mastercard/Visa/Switch/Delta for £155.95.

By instalments.

☐ By cheque. I enclose 3 cheques payable to Slendertone UK for £52 each, dated at monthly intervals.

(Please write your cheque guarantee card number on the back of each cheque)

☐ By credit/debit card.

Please debit my Mastercard/Visa/Switch/Delta for 3 payments of £52 each dated at monthly intervals.

Acc't/card No.

(Switch only)

Card start date

Expiry date

Switch issue no.

Signature

£5.95 p&p applies to UK only. For non UK international courier delivery £35.95.

☐ Please send me more information on Flex for Women.

☐ Please send me more information on Flex for Men.

If you would prefer not to receive information from other companies with products or services which may be of interest to you, please tick this box ☐ FFFAC/CG2/00



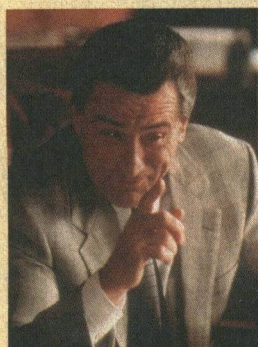
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Abdominal Training System

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NEXT MONTH
IN CABLE
GUIDE!

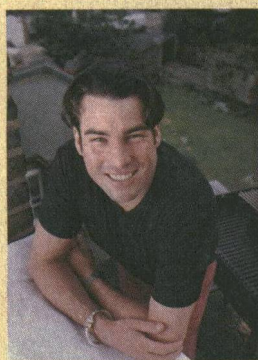
Drop us a line! Write to: The Editor, *Cable Guide*, 40 Bernard Street,
London WC1N 1LE or e-mail: viewers@cable-guide.co.uk



Robert de Niro
stars in
Analyze This



We profile the
Olympic hopefuls
going for gold



Chef Ross Burden
starts his *Cable
Guide* column



Sky One marks
ten years of
The Simpsons

STARGATE SG-1: SERIES FOUR!

STARGATE SG-1 is one of the best series ever. My family and I love it and have watched nearly every terrific, mindblowing and wonderful episode. When is Sky One going to air the next season? The series finished on a cliffhanger and I want to know what happens next!

Lazia Begum
Lancashire

● *Sky One informs us that the fourth series of Stargate SG-1 is set to start next month. And see page 143 for our Trekkers v Gaters feature – do you like the present or prefer the future?*

ANGEL DELIGHT

I HAVE to say that *Touched by an Angel* on Disney Channel is the most thought-provoking programme ever. It is so well made that you almost believe the actors are not actors at all but real angels. When my time comes, I hope I come face-to-face with an angel like Andrew [John Dye], then I really will have died and gone to heaven!

Tracy, e-mail

PRACTICAL MAGIC

A HUGE thank you to Sky One for showing *Magic Secrets Revealed* – it was brilliant! It's amazing how much time and effort is needed to make sure a magic trick goes as planned. The masked magician and his helpers showed real dedication to their work. After finally discovering who the masked magician is and why he gave away the secrets of magic, the series ended. Will it ever be repeated? I'd like to add that the masked magician's dream has come true – I am now amazed at, and have a greater respect for, magic and the people who perform it.

Jennifer Donnellan
Oldham

● *Sky One informs us that Magic Secrets Revealed will be repeated, but it has not yet been scheduled.*

WIN FANTASTIC WCW MERCHANDISE!

Keep that wrestling mania fighting fit and enter this great competition! Courtesy of Turner Broadcasting, we have 40 WCW packages, which include action figures, tour T-shirts, silver pewter keyrings and baseball caps up for grabs! The first 25 of the 40 winners drawn will also receive a limited edition signed photo of Hulk Hogan, Randy Savage or Scott Hall. Ten runners-up will get a WCW silver keyring!



To enter, answer this question: What does WCW stand for?

Send your answers on a postcard with your name and address to *Cable Guide*/WCW competition, PO BOX 2176, London W1A 5TW.

The first 50 correct entries will win. The signed photo prizes cannot be specified. Closing date 31 August 2000. Full *Cable Guide* competition rules below.

WCW IS STILL A WINNER!

ON HEARING that there is no TNT now, I would like to know what is happening about WCW Nitro and Thunder. I was heartbroken when I picked up July's *Cable Guide* to find that it wasn't on any more, and I am sure I am not alone.

Mrs D Barugh, Hampshire

● *At the time of going to press, Turner Broadcasting has not announced if another channel in the UK will show WCW. Watch this space for more news, and in the meantime, see above for some fabulous WCW gear to be won!*

SKY ONE'S NEW TESTAMENT

AFTER tired new episodes of *Friends*, *The Simpsons* and *The X-Files*, I am glad to see Sky One's new shows, such as *Shasta* (the best sitcom on TV before it was cancelled), *Family Guy* (as good as the *The Simpsons* was in its prime) and *Roswell High*. The big-name shows may make the money, but they are now running low on entertainment value. Is Sky One planning to show future series of the brilliant show *Family Guy*?

Jim Stevenson
e-mail

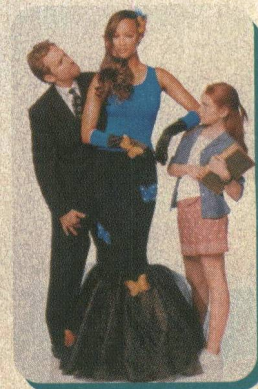
● *Sky One informs us that Family Guy will return with a second series, but it has yet to be scheduled.*

★ STRUCK BY LINDSAY

I HAVE just seen *The Parent Trap* on Sky Premier [24 June], and I have to say it was a delight to watch such a wholesome film. It had a good storyline, a happy ending and some wonderful acting. A great family film that everyone could enjoy. Has Lindsay Lohan (who played twins Annie James and Hallie Parker) been in anything else? She stood out in the film with a splendid performance.

Colin Peppiatt
Hertfordshire

● *Congratulations, Colin, you've won the £50 prize! Lindsay, who is 14, stars in the film Life Size (pictured below with Tyra Banks and Jere Burns), which premieres on Disney Channel on Saturday 5th. She is also in The Bette Show with Bette Midler, a new comedy set to air in America this autumn.*



BUFFY QUIZ: ANSWERS

THE incorrect set of answers for June's *Buffy the Vampire Slayer* quiz was published in last month's edition of *Cable Guide*. We would like to apologise for the confusion this caused and assure readers that all entries to this competition were judged by the correct answers to the quiz. These are as follows: 1: b, 2: a, 3: c, 4: b, 5: b, 6: c, 7: b, 8: c, 9: b, 10: a, 11: a, 12: a, 13: b, 14: c, 15: b, 16: c.

MAD ABOUT MAD ABOUT YOU!

I LOVE the Emmy Award-winning comedy *Mad About You*. It is consistently funny and has a wonderful cast of characters. I was very disappointed to read in July's *Cable Guide* that Paramount Comedy Channel seem to have dropped it from their schedule. I hope this is only for a short time as Jamie and Paul really are the best thing on cable.

Lawrence Carroll
e-mail

● *Paramount Comedy Channel responds: 'After two runs of series four, Mad About You has been replaced with Just Shoot Me in the run up to the launch of the new series in September. But Mad About You will return later this year with new episodes, if and when they become available.'*

'Viewers' Views' may be edited for length.

Cable Guide Competition Rules

1. Competition is open to all UK residents. Age of entrants may be specified. 2. There is no cash alternative to the prize. The prize must be taken on or between the dates specified relating to the competition prize in question. 3. In the event that a prizewinner is, for whatever reason, unable to take up the prize, *Cable Guide*/the channel concerned reserves the right to award the prize to the runner-up. *Cable Guide*/the channel concerned accepts no responsibility to provide the original prizewinner with any form of replacement. 4. Unless otherwise stated, a competition will be won by an eligible person who has submitted a correct entry on or before the closing date. The winning entry will be drawn at random by the judges. The Editor's decision is final in all matters relating to *Cable Guide* competitions. 5. No employee of *Cable Guide*, the channel or related companies shall be eligible to enter. 6. *Cable Guide*/the channel concerned can accept no responsibility for lost, damaged or unidentified entries. Proof of postage is not proof of delivery. 7. Winners may be asked to be involved in publicity. 8. For a list of winners send an SAE marked 'WINNERS', with the date the competition ran and the prize, to: *Cable Guide*, 1st Floor, 40 Bernard Street, London WC1N 1LE



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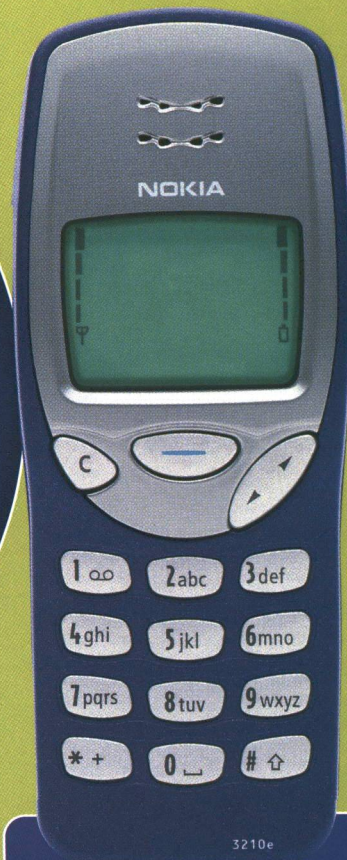
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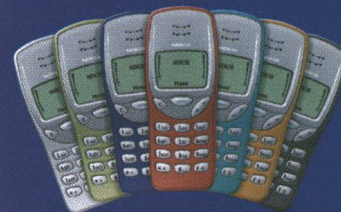


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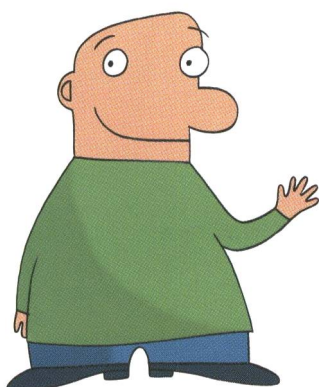
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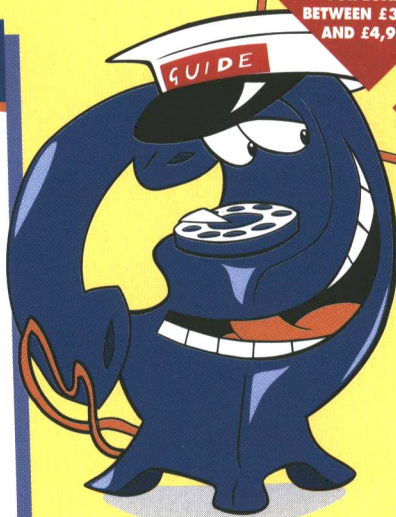
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36 Months Without RPP	£35.01	£99.92	£161.18	£257.89	£442.31
48 Months With RPP**	—	£96.82	£146.34	£234.15	£397.54
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TYPICAL APR
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FOR LOANS
BETWEEN £5,000
AND £9,999

TYPICAL APR
12.9%
FOR LOANS
BETWEEN £3,000
AND £4,999

TYPICAL APR
9.9%
FOR LOANS
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